

THE CASTLE NEWS

Your Community Newspaper Serving the Community Leagues of Baturyn, Caernarvon, Carlisle, Cumberland/Oxford, Dunluce & Lorelei/Beaumaris

March 2015

Winterfest 2015

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Castle Downs Recreation Society Executive

• President

Lynnette Thompson

• Past President

Mary Matthews

• Vice-president

Danny Burrell

• Treasurer

Loretta Wonitoy

• Secretary

Jennifer Schell

Advertising

To place an advertisement please phone

434-9732,

or visit our **WEB SITE:**

communityleaguenews.com

The day was perfect for this year's Winterfest on Saturday, January 17th – a few degrees below zero, no wind and sunny skies.

Volunteers from the Castle Downs Recreation Society and the community leagues in our area hosted a fun day for kids and families at the skating oval just east of the Castle Downs Recreation Centre.

There was hot chocolate and cookies for everyone (thank you Sobeys Beaumaris and Newcastle!) Thanks to the girls from Carlisle's U16 and U18 teams for working at the hot chocolate/cookies tent.

As usual the sleigh ride was a big hit. Coloured spray bottles let kids express their artistic creativity in the snow banks. Thanks to City staff for bringing skates and a "bannock" pit. Thanks to the Edmonton Public Library for their display and a puppet show for the kids. Thanks to Westcorp for their great music system.

This year saw the introduction of a new event – The Great Pallet Parade. Community leagues and families were invited to bring their pallets for all to see. Dunluce Community League led the way with two entries – Team Dunluce and Team Pierogi. Team Pierogi won the prize of a pizza party. The offer of steaming hot pierogis to the judges may have been a factor in their decision.

The challenge is now out to the rest of the leagues for next year – start planning your pallets for 2016.

A final thank you to the volunteers from the Castle Downs Recreation Society and the Community Leagues in our area (Baturyn, Caernarvon, Carlisle, Dunluce, Cumberland-Oxford and Lorelei-Beaumaris).

Winterfest Photos Page 2



AGM

**Baturyn AGM &
Sports Registration
Sun. March 1st, 12 to 3pm
Registration to follow
meeting**

**Carlisle AGM/Sports
Registration Mar. 1, 1:00 pm
at Carlisle Community Hall.
We now Accept Visa, MC & American
Express for Sports Registration.**

**Lorelei-Beaumaris
Annual General Meeting &
Spring Sports Registration
Tuesday, March 3, 6:30 p.m.
Community Hall**

SPASATION

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Winterfest 2015 Photos:

1. One on one hockey skills
2. Young spray artist at work on the snow banks
3. Learning to skate
4. Edmonton Public Library Puppet Show
5. Bannock making
6. Dunluce Queen Nadine Melnyk
7. Dunluce Pallet "Pullers" – Left to Right – Rob Melnyk, Ahmed Assaf, Lorna Melnyk, Keoma McMurren, Loretta Wonitoy
8. Team Pierogi dashing through the snow – Left to Right – Rob Melnyk, Pierogi Queen Jess Melnyk, Lorna Melnyk, Austin Urban

A BIG THANK YOU SOBEYS!!

The two Sobeys Stores in Castle Downs worked together to provide Hot Chocolate, Cookies and Plates and Napkins for those who attended Winterfest.

Thank You, Thank You for Your Community Spirit!
Sobeys Beaumaris
Sobeys Newcastle



WELCOMING
Men and Women 45-80+
SLO-PITCH PLAYERS

Online REGISTRATION
Deadline March 31st
info@esspa.ca

esspa.ca

AIRWAYS PARK
113 St and 113 Ave EDMONTON



45+ 1 Division - Competitive
 50+ 3 Drafted Divisions
 Competitive to Recreational

Baturyn News

Baturyn Community League Contacts

Your community league is operated on your behalf by volunteers, so please be patient when contacting us. We will attempt to get back to you as soon as possible.

Mailing Address	Hall Address	General Contact
P.O. Box 36030	10505 – 172 Ave	Phone
RPO Castle Downs	Edmonton, Alberta	780-457-4347 - leave voice mail. Checked weekly
Edmonton, Alberta	Between Baturyn and St	Website
T5X 5V9	Charles Elementary School	BATURYN.CA
		Facebook
		FACEBOOK.COM/BATURYNCOMMUNITYLEAGUE

Hall Rentals	rentals@baturyn.ca	780-457-4347
President	president@baturyn.ca	780-457-4347 (Kelly)
Hall Emergencies	Gary	780-498-5020
Membership	membership@baturyn.ca	780-457-4347 (Jody)
Volunteers	volunteers@baturyn.ca	780-456-9239 (Jan)
Soccer	soccer@baturyn.ca	780-457-4347 (Lynn)
Softball	softball@baturyn.ca	780-457-4347 (Colleen)

Baturyn TidBits

MASTER COMPOSTER RECYCLER TIP

Store your Fats, Oils and Grease (FOG) in a disposal container instead of pouring it down the drain and throw the container into the garbage. FOG can clog drains and cause problems in the main sewer lines. By storing and disposing you are helping keep the sewer lines running smoothly.

For any composting, recycling or composting questions, please email mcr.baturyn@gmail.com

SKATING OVAL, HOCKEY RINK AND RECREATION RINK

Great ice will be available for you, your friends and family near the Castle Downs Recreation Centre (Castledowns Road and 153 Avenue). Please note: the BCL rinks will again be closed during the 2014/2015 winter season. If you are interested in volunteering your time to set up the ice and operate the rink in 2015/2016, please contact the President at president@baturyn.ca.

NEIGHBOURHOOD WATCH

Helping you keep your neighbourhood safe.

One way to keep your neighbourhood safe is by keeping it well lit. Install motion lights that come on when movement is detected by your house or garage. Report any burnt out or flickering street lights or walkway lights to Epcor. This is easily done with an online form on epcor.com (click contact us) or calling 310-4300.


Remember to report any suspicious activity to the police (780)423-4567 or #377 on your cell phone. If it's a crime in progress call 911.

Please Consider Volunteering for the Baturyn Board


The Annual General Meeting (Spring Sports Registration) is just around the corner. Each year we have members stepping down, and need to fill those roles before we can offer the sports programs. Even if you don't have children in a program or your children are grown up, why not support your community by taking on a role on the Board.

Check the website and Facebook often to see the various roles that are available and consider volunteering for an Executive or Committee role. This is minimum of a one year commitment, and at minimum requires 3-4 hours per month. This is a great opportunity to grow your skills in managing the league operation, or contributing to one of the programs areas. As well, this counts as your volunteer commitment(s)


Please consider bringing your skills to this role. If you need more information please contact the President at president@baturyn.ca.




CASTLEDOWNS Dental Centre



Dr. Tarek Tarchichi
www.castledownsdentalcentre.com
780-456-2990
11816-145 Ave



**New Patients Welcome.
Emergency & Walkins.
Apointments Available
Gentle Dentistry for
the whole family.**






Dental Centre Hours
Monday to Friday 8 am to 5 pm
Saturdays 9 am to 4 pm
We are closed on Sunday & Public Holidays

At Castledowns Dental Centre, We are more than glad to offer you the following services:

- Root Canal Treatment
- White Fillings
- Wisdom Tooth Extractions
- Partial Dentures
- Dental Implants
- Sedation
- Crown & Bridges
- Veneers
- In office Zoom Teeth Whitening

We Accept:

SPORTS 2ND REGISTRATION

Held at the Hall

6:30 pm – 9:00 pm

Thursday, March 5, 2015

NOTE: After March 1, 2015 AGM & Registration; an additional volunteer commitment per registration is required.

The reason for this is in order to provide a sports program we must be an accredited Board and a licensed non-profit group. A board of directors is required. The only way to engage the community members is through a volunteer to step up. Please consider this important part of our communities to have a meeting place for all our neighbours and programs for our children.

Per registration bring:


- Please bring a copy of your child's health care or birth certificate for age confirmation.
- 1 undated \$100 uniform deposit (age group U8 and up) cheque
- 1 undated \$200 volunteer deposit cheque
- Registration fees
- \$25.00 membership fee – if you do not have one Valid Sept 1, 2014 – Aug. 31, 2015



BATURYN COMMUNITY LEAGUE INVITES YOU TO JOIN US FOR OUR

AGM & SPORTS REGISTRATION!

SUNDAY, MARCH 1, 2015 NOON TO 3:00 PM
BATURYN HALL 10505 – 172 AVENUE
REGISTRATION TO FOLLOW MEETING
VISIT WWW.BATURYN.CA FOR MORE INFO



Get or renew your BCL membership

Baturyn Community League

► 2014 Memberships are available

Do you have a current membership for Playschool or Fall Sports or just believe in the value of community membership? The 2014 memberships start on September 1, 2014 and end August 31, 2015

Memberships are required to access programs of your Baturyn Community League. Your membership fees help support the delivery of your various community league programs

Baturyn is offering online credit card payments using PayPal and the membership cards will be mailed to you.. As a reminder membership purchases are not refundable. Check the website for the link.

Fees

- Family \$25.00
- Single (16+) \$25.00
- Senior (55+) \$10.00

Email Jody at membership@baturyn.ca to get more information

Become a Fan of Baturyn Community League



to stay up to date on 'what's happening' in and around our neighbourhood.

<https://www.facebook.com/BaturynCommunityLeague>

The Edmonton Insight Community

The Edmonton Insight Community (<https://www.edmontoninsightcommunity.ca/Portal/default.aspx>) is an online space for Edmontonians to provide their views on a wide variety of city issues. It's a place to collaborate and communicate with us and others in our community. We want to hear your opinions, learn about your needs, share information with you, and ask you to express what's most important to you.

Our City has a lot to be proud of, and we face some big challenges and have some great opportunities. Your input is important in helping to stimulate thoughtful community-wide discussion and inform decision making.

As a City, it's important we address challenges head-on. That's why it is incredibly important for us to hear from a wide range of people, of all ages and backgrounds, as we continue to build an even better city.

We ask just a few minutes of your valuable time to join.

Why Join?

- Play a part in shaping your City with other engaged citizens
- Provide your views on important topics via the web or your mobile device
- Focus on topics that are important to you and your community
- Learn about exciting initiatives the City is planning
- Access opportunities to participate in workshops of interest
- Engage with the City regularly over a multi-year period

For more information:

Cory Segin

Manager - Office of Public Engagement

Telephone 780-495-0395

Email Cory.Segin@edmonton.ca

Baturyn Hall Rentals

10505—172 Ave, Edmonton, Alberta



Rental information on the website.
Contact us through rentals@baturyn.ca

Rates			
Package #	Description	Rate	Damage Deposit
1	Saturday (8:00 am - 2:30 am)	\$425.00	\$425.00
2	Sunday (8:00 am - 5:00 pm)	\$150.00	\$150.00
3	Friday (6:00 pm) - Sunday (2:30 am)	\$500.00	\$500.00
4	Saturday (8:00 am) - Sunday (noon)	\$500.00	\$500.00
5	Friday (6:00 pm) - Sunday (noon)	\$600.00	\$600.00

Additional Information

- We do not rent the hall during the weekday (8:00 am - 5:00 pm)
- Full payment for rental and damage deposit are required 30 days prior to event
- Hall availability information is on the website (baturyn.ca)
- We reserve the right to deny any rental application
- To apply for a rental, you may send an email to rentals@baturyn.ca (stating name, event date and description of the event), or leave a voice message at 780.457.4347 (stating name, event date and description of the event)



Your Baturyn Community League board has heard your feedback on the long lineups and frustration to complete registration of your child in one of the Baturyn sports programs. Our dedicated group of volunteers have developed an online registration capability which we feel will improve this process.

Check our website for the link to the system starting around February 7, 2015. It will close on February 28, 2015

IMPORTANT— You must attend the Annual General Meeting to complete payment of the fees so your child is confirmed in the selected sports program. All applications that are not paid at the AGM are discarded and your child will not be registered.

BCL Online Sports Registration

- BENEFITS**
- Complete your sports program application in the comfort of your home
 - Reduces the time in lineups at the registration meeting
 - Secure storage of personal data

With this system you can:

- FEATURES**
- Purchase your membership
 - Select your volunteer commitment
 - Complete all necessary registration information on your computer or tablet

Baturyn Community Playschool AGM and Pre-Registration

WHEN: Monday, March 2, 2015 at 7PM (doors open at 6:30PM)

WHERE: Baturyn Community Hall, 10505 172 Avenue

WHO: Parents wishing to register their 3 or 4 year old child for the 2015-2016 school year.

COST: \$40 non-refundable registration fee. Other payments will be handed in at the August final registration meeting.

The main focus of this meeting is to reserve a spot for your child in the playschool for the 2015-2016 school year. Registration will be completed at the August final registration meeting.

We offer a fun, play based program that builds both the social and academic skills of your child. Students are introduced to the joys of learning by going on regular field trips, taking part in pre-reading, science and math projects, crafts, games, songs and music, kinder-cooking and daily physical activity. Three year old and four year old classes are available.

Baturyn Playschool is parent run, therefore parental involvement is essential for a successful experience. Registration is available on a first come, first served basis. Please go visit our website for more information.



NEED MORE INFORMATION?

Email bcps.cochair@gmail.com

Visit our website at

baturynplayschoolEdmonton.weebly.com

Find us on



Baturyn Community Playschool



Ly's Tailors & Drycleaning

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Custom tailoring:
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Sat 10am to 5 pm,
Sun & holidays closed



U6 - U18 BOYS & GIRLS

FREE TRYOUTS
MARCH 9 - 12 & OPEN SESSIONS

MARCH 9, 10, 11, & 12
ALL TRYOUTS AT EAST SOCCER CENTER
12720 VICTORIA TRAIL
 Details & Registration on Website

STRIKERS SPRING BREAK
SOCCER CAMP - MARCH 30 & 31
EVERYONE WELCOME

WWW.EDMONTONSTRIKERS.COM

Childhood Immunizations

New Alberta website launches

When it comes to childhood immunizations, Albertans have questions. But where is the best place to get good answers?

Not only can you chat with your family doctor or local public health nurse about your child's immunization, you can also visit Alberta Health Services' new immunization website: ImmunizeAlberta.ca.

ImmunizeAlberta.ca was designed for, and is based on, insight and feedback from Albertan parents.

Whether it's a simple question about the childhood immunization schedule or what to expect after your child gets immunized, uncertainty about the real risk of diseases, or concerns about immunization safety: ImmunizeAlberta.ca has the info you need.

Visit ImmunizeAlberta.ca today.



Looking for something more challenging than swimming lessons? Come try competitive swimming with the Olympian Swim Club. For kids ages **5** and up, of all ability levels. Get professional coaching, have fun, and meet new friends!

FREE ROOKIE CAMP

Clareview Rec Centre | Mar 18th & 20th
 3804 139 Avenue, Edmonton
 4:00 - 4:45 & 5:00 - 5:45pm

For more information or to register:
Ph: 780-455-8457
minios@olympianswimclub.com
www.olympianswimclub.com

League Executive

Hall: 14830-118 St 456-3435

Position	Name	Contact Info
President	Evan Hellyer	780-641-4996 president@caernarvoncommunity.com
Vice President	Pam Irwin	780-473-5563 vice@caernarvoncommunity.com
Treasurer	Lisa Goertz	treasurer@caernarvoncommunity.com
Secretary	Vacant	secretary@caernarvoncommunity.com
Ball	Sheldon White	softball@caernarvoncommunity.com
Bingo	Lynne Hellyer	bingo@caernarvoncommunity.com
Equipment	Carolyn Scott	equipment@caernarvoncommunity.com
Hall Rental	Evan Hellyer	rental@caernarvoncommunity.com
Maintenance	Victor Springer	maintenance@caernarvoncommunity.com
Membership	Lynne Hellyer	membership@caernarvoncommunity.com
Neigh. Watch	Martin Rowe	neighbourhoodwatch@caernarvoncommunity.com
Newsletter	Angela Muir	newsletter@caernarvoncommunity.com
Signs	Kati Weir	signs@caernarvoncommunity.com
Program	Kyle Bundun	programs@caernarvoncommunity.com
CDRS	Danny Burrell	cdrs@caernarvoncommunity.com
CDRS	Jennifer Schell	cdrs@caernarvoncommunity.com
Soccer	Carolyn Scott	soccer@caernarvoncommunity.com
Social	Lisa Goertz	social@caernarvoncommunity.com
Variety Show	Pam Irwin	varietyshow@caernarvoncommunity.com
Casino	Anita Riva	casino@caernarvoncommunity.com
Casino	Rob Irwin	casino@caernarvoncommunity.com
Website	Rob Irwin	webmaster@caernarvoncommunity.com
Book Keeper	Sue Jorgenson	bookkeeper@caernarvoncommunity.com

Hall Rental

Our wheelchair accessible facility is approximately 50m x 60m accommodating 277 guests (non-fixed tables & seats) or 220 guests (dining and dance) we also have a Separate Boardroom with table & chairs for meetings holding up to 25 guests.

Features of our Hall include a Full Commercial Kitchen with gas stove & 2 ovens, a Wet Bar, a Coat Room, a Raised Stage; a New Sound System with wireless Microphone.

Also available is a Large BBQ and Theater Popcorn Machine.



Rates:

\$20 hourly, Boardroom
 \$35 hourly, Hall
 \$300 Daily (Sun thru Thurs) 8am, to 3am
 \$400 Friday 8am, to Saturday 3am
 \$450 Saturday 8am, to Sunday 3am
 \$550 Friday 5pm, to Sunday 3am
 \$550 Saturday 8am, to Sunday 5pm
 \$650 Friday 5pm, to Sunday noon
 \$50 Dishes rental (plates, cutlery, glassware, limited small wears)
 \$50 Large BBQ
 \$50 Theater Popcorn Machine
 Deposits on Daily rentals, \$1000
 Deposits on Hourly rentals, \$250
 Sound System Deposit, \$500
Call Evan at 780-456-3435 or email rental@caernarvoncommunity.com

For questions or an appointment to view the facilities (please leave a message).

Caerny Bucks

If you would like to be included on the Caerny Buck list, contact our Bingo Director at bingo@caernarvoncommunity.com. Caerny Bucks are worth \$35 and are given to people who work extra bingos when they cannot be filled with sports registration. The Caerny Bucks can be used towards any Caernarvon event, such as; sports registration, programs, and social functions.

New Website!

We now have a new website www.CaernarvonCommunity.com it is still a work in progress; new pages and sections are still being added to the site. If there is anything you would like to see on here, send us a message as we are always trying to find new ways to improve!

Facebook users; keep up to date in our community with: registrations, events, sports and so much more, don't forget to search Caernarvon Community League and select Like!

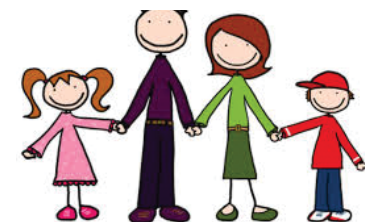


Wem Choice Pass

We just received a new supply of Passes that Expire Jan.2016 ONLY \$25 - PASS INCLUDES CHOICE OF:
 The passes include individual admission to one of the following: World Waterpark or Galaxyland Amusement Park; or any two of the following: Ice Palace, Sea Life Caverns, Professor WEM's Adventure Golf or Putt'n' Glow. Now also redeemable for Rope Quest and Fun Haunted House Contact Lynne at 780-641-4996 or email membership@caernarvoncommunity.com

The Caernarvon Playground

We are now into the planning phase for our new community playground. If you are interested in helping out, please contact Pam, vice@caernarvoncommunity.com



Castledowns Dental

General Dentistry

Dr. Matthew G. Ploboda D.D.S.

Family Dentistry Just Minutes Away

New Patients Always Welcome

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Cerec • Nitrous Oxide



#202, 15961 - 97th Street NW

780-456-4441

MEMBERSHIPS



2014/2015 Caernarvon Memberships are now for sale! Contact Lynne at 780-641-4996. Memberships are \$25

BENEFITS OF MEMBERSHIP

There are many reasons to join your Community League. Here are just a few:

- ☐ A great way to meet neighbours & make friends.
- ☐ Educational programs and recreation opportunities.

- ☐ Access to hall rentals, skating rinks, tennis courts, basketball courts, & more.
- ☐ Have a say in facility and park development, traffic management, & urban planning.

- ☐ Special community swim & skate times:

Swim Times:

- Grand Trunk Sunday 4:15pm-5:15pm
- Grand Trunk Friday 7:00pm-9:00pm
- Grand Trunk 8:00am-10:00am (aqua-size)
- Londenderry Sunday 4:15pm-5:15pm
- YMCA Castledowns Saturday 6:00pm-8:30pm

Skate Times:

- Castledowns Recreational Center Saturday 11:45am-1:00pm
- ☐ Discounts at City recreation centers for annual and multi-admission passes.
- ☐ Present your valid Edmonton community league membership card at any one of the City of Edmonton's sports and fitness facilities and choose from the following Community League Wellness Products:
 - Annual Pass* - 10% discount on Adult, Family, Child, and Youth/Senior Annual Passes
 - Multi Admission Pass* - 10% discount on our already discounted multi admission pass (10+ visits)
 - Continuous Monthly Pass - 10% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program
- ☐ Safety programs and crime watch cooperation
- ☐ Fun, socials & programs for cultural gatherings, parents, play schools, youth, seniors, you name it!

Skating Rink

Our skating rinks are now open! The Skating hours are Mon-Fri, 4:30pm - 9:00pm Sat & Sun 12:00pm - 5:00pm. Bring your skates and have some family fun! The ice will be closed if the temperature goes above +2 or below -20.

Caernarvon's Annual Ball Tournament

Caernarvon's annual ball tournament is being held on Friday, May 8th, and Saturday, May 9th. Space is limited so register early. Contact Evan @ president@caernarvoncommunity.com

Edmonton 311 App

Report your concerns on the go!

With the free Edmonton 311 app, you can use your smartphone to easily notify the city of:

- Potholes
- Damaged sidewalks
- Damaged trees
- Litter
- Graffiti

Help keep Edmonton great! Be the eyes and ears on the streets!

Send a photo with your request and use your smartphone's GPS function to pin point an issue's location.

By doing this, you're helping us to better assess, prioritize and determine the corrective action based on severity, location, and other factors.

Note: The 311 mobile app is one more way for you to report your concerns to the city.

Download 311 App

Search for "Edmonton 311" on: Google Play & iTunes App Store

For more information:

Online Contact 311 Online

Telephone

In Edmonton: 311

Outside Edmonton: 780-442-5311

TTY 780-944-5555

Email 311@edmonton.ca

Upcoming Bingo's

Next Bingo is March 15th

Kensington Bingo Hall 12538-132ave

Please be there for 5pm

Don't know when your upcoming bingo is please call Lynne at 780-641-4996.

Sledding Safety

Alberta Health Services, EMS would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects such as trees and rocks or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk - especially children. Educate your family how to stay safe by following these simple reminders and have a fun day on the toboggan hill.

Equipment

- Ensure your sled is in good condition. Do not use sleds with broken parts, sharp edges, or splits in the material.
- Currently, there are no helmets designed specifically for sledding. However children should wear a properly fitted helmet designed for high impact collisions, such as hockey, cycling, or climbing helmets.

Hazards

- Avoid hills that are too steep, or too icy - you can lose control very quickly.
- Choose hills free of obstacles such as trees, rocks, utility poles, or fences.
- Be mindful of clothing that contains drawstrings, or loose clothing, such as scarves, which can present a choking hazard if they become caught or snagged.

Plan ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks to warm up out of the cold.
- Ensure frostbite hasn't affected any exposed skin.
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (not hot; ~41°C max.) until re-warmed.

Elsafadi's second location 10807 Castledowns Rd Special Savings on Quality Produce

Locked In Pricing for the Month. While quantities last

Golden Delicious Apples 99¢/lb	Fresh loaf bread 99¢ each White/Brown/Whole Wheat	Fresh Baked Baklava Wide Variety	Turkey Breast \$1.69 /100gr	Kalamato Olives 99¢/100gr	Lebanese fresh baked meat pies. Spinach & cheese 3 cheese family pack \$9 ⁹⁹
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Elsafadi Bros. Supermarket

11316 - 134 Ave

780 - 475-4909

Local Community Owners

DATES
1 kg
\$5.99

20Lb
New Red or White
Potatoes \$5.99
\$5.99

Emma
Extra Virgin
Olive Oil 1lt
\$5.99

Carlisle Executive

Position	Filled by	Phone
President	Krista Hennigar	780- 951-7627
Vice-President	Heather Magnes	780-903-3583
Treasurer/Grants	Myer Valeriano	780-907-1198
Membership	Shelley Worsley	780-457-2377
Secretary	Tara Pohl-Gobeil	780-218-3399
Buildings and Grounds	Rick Zaplachinski	780-457-9000
Bingo Chairperson	Chantal Brown	780-238-6234
Casino Chairpersons	Krista Hennigar	780-951-7627
Sports Equipment	Rob Lewis	780-486-2893
Newsletter Editor/Website	Loretta Bertholet	780-457-0304
Rink Attendant	Fred Gregory	780-457-1044
Soccer Director	Rob Lewis	780-486-2893
Program Director	Zuzana Bado Faiza Khayal	780-914-1775 780-428-0947
Member at Large – Fitness	Diane Neiman	780 457-6239
Variety Show Representatives	Terry Bubar	780-716-2571
CDRS representatives	Neil Chymko Krista Hennigar	780-975-0421 780-951-7627
Hall Rental Director	John Paul Potestio	780-993-3503
Social Director	Tess Potestio & John Paul Potestio	780-974-3503 780-993-3503

Hall Rental



CARLISLE COMMUNITY HALL
14240 – 117 STREET
UPPER LEVEL CAPACITY SEATED 99
MEMBERS: 250 NON-MEMBERS \$275

Rental Inquiries Contact Hall Rental Director
John Paul Petestio @ 780-993-3503

Carlisle Community Programs, Fall 2014 – Spring 2015

For More Information or registration, please phone Zuzana 780-914-1775

Carlisle Community Hall 14240 117 Street

PROGRAM	AGE	TIME	FEE	DAY	LOCATION	NOTE
Preschool Recreational Programs – ABC – 123 & FIT KIDS	2 years and up	10:00 – 11:00 am	\$100 for 8 weeks for both programs	Monday	Carlisle Community Hall	This program provides fine motor and social skills development. ABC – 123: Painting, colouring, crafting, singing and interacting with other kids. Fit Kids: Soccer .basketball, gymnastics, dance and more.
GYMNASTICS	5-12	5:30 – 6:30 pm	\$50	Wednesday	Carlisle Community Hall	Girls: Bodysuit & Bare Feet Boys: T-Shirt, Sweat Pants & Bare Feet
LADY BUGS LITTLE BEES (dance classes)	3-4	5-30 – 6:00 pm 6:00 – 6:45 pm	\$100 \$120	Tuesday	Carlisle Community Hall	Ladybugs: Black Bodysuit with long sleeves, pink tights, pink slippers and Tap Shoes Little Bees: Black Bodysuit with long sleeves, white tights, black slippers and tap shoes
CARIO PILATES	Adult Teen	7:30 – 8:30 pm 9:30 – 10:30 AM	\$80 \$40	Mon & Wed Tue & Thur	Carlisle Community Hall	Floor Mat, exercise ball, water Bottle

**League
Memberships
Available
Please
Contact
Shelley
Worsley
780-457-2377.**

Congratulations to the U 16 and U 18 Girls for winning Gold in the 2015 FC Memorial Challenge.



CASTLEDOWNS VARIETY SHOW

"An Evening of Adult Comedy"

www.castledowns.ca

Box 31075 Namoo Center, Edmonton AB T5Z 3P3

Phone (780) 406-9070

CASTLE DOWNS VARIETY SHOW

WRITERS AND DIRECTORS NEEDED

It's that time of year already. We are looking for interested writers and directors for the 2015 Castle Downs Variety Show. The Castle Downs Variety Show is Evening of Adult Comedy comprised mostly of skits, stand-up comedy & dance numbers

Your submission should include all of the following:

- The Show Name,**
- Three sample skits**
- Black Light Number**
- A running order for the whole show**

Please submit package, including compensation expectations to:

*Variety Show Chairperson c/o Castle Downs Variety Show
P.O. Box 31075 Namoo RPO, Edmonton T5Z 3P3*

No later than May 16, 2015.

The Variety Show Committee will then review the submissions and set up interviews with the candidates.

Please check the website for more info: www.castledowns.ca and look under the Variety show tab, you can email any questions to:

varietyshow@castledowns.ca

Message from Dave Loken City Councillor Ward 3 City of Edmonton



So often, it is the things or the people that are taken for granted that most deserve thanks. Volunteers are living proof of this. Community volunteers put in countless hours of work to make their communities better. The work that goes into community events, fundraising events, community league meetings, and so many other important functions is extraordinary, and is so often overlooked. So I would like to take this opportunity to express my thanks for all of the volunteers that work day after day to make the communities of Edmonton, and particularly those in Ward 3, fantastic places to live. The volunteers truly are the backbone of our communities, and so many of the positive and unique aspects of our communities are because of these determined individuals.

In particular, I would like to extend my sincerest gratitude to the Castle Downs Recreation Society. For the past 30 years the Castle Downs Recreation Society has been a positive and integral part of the Castle Downs area. They were instrumental in the construction of the Castle Downs Recreation Centre, the Castle Downs Sports Field, and the YMCA, the playground and spray park. They worked to get free skate and swim days for community league members, developed a hockey school for young people, and they host multiple community events throughout the year. Whether it is fundraising, community events, sponsorship, or advocating for the area, the CDRS is tirelessly working for the betterment of their community.

The passion, dedication, and enthusiasm that members of the CDRS have for their communities are inspiring. Communities need individuals who care about their neighbourhoods. While it is not expressed as often as it should be, volunteers are vital to community life, and they will always have our thanks.

Cumberland/Oxford News

COCL Executive Contact List

Name	Position
Alison Mould	CRC
Calvin Cazes	President
Brittany Yerichuk	Vice President
Chris Cebula	Treasurer
Corina Michetti	Membership Director
Kimberley Johnson	Bingo Director
Sina Marzoughi	Programs/Social Director
Christine Crowe	Secretary
Stephanie Bryson	Webmaster
Malinda Rudyk	Fundraising Director
Michelle Innes	Baseball Director
Peter Balaban	Soccer Director
Vanessa Forster	Variety Show Director
Jean Deslauriers	Past President
Lynnette Thompson	CDRS Representative
Vini Buecken	CDRS Representative
Tim Atlee	Director at Large (Assisting with Soccer)
Christa Gagnon	Communications Director
Todd Boyer	Director at Large
Christina Brown	Director at Large
Don Durda	Director at Large

Mailing Address:

14804 - 129 Street, Edmonton, AB, T6V 1C4

BINGO DATES

COCL has some upcoming bingo dates at Castledowns bingo hall, please come out and support your local community!

March 6 – Wednesday
 April 7 – Tuesday
 May 12 – Tuesday
 June 10 – Wednesday
 July 7 – Tuesday

CAERNARVON SCHOOL

OPEN HOUSE

14820 - 118 Street

March 5, 2014 - 6:30 p.m.



Receiving School for Caernarvon
 and Cumberland Boundaries

Offering: Early Learning Program

Regular Kindergarten – Grade 6

Mandarin Bilingual Kindergarten – Grade 6

If you are unable to attend please call the office at 780-456-7020 to arrange for a tour of the school. We are currently accepting registrations for all our programs. Please bring Birth Certificate as well as Proof of Address.



Can't wait for the snow to melt? Love your neighbours and want to socialize more? Wondering who your neighbours are and want to get to know the people on your block? Why not get started on organizing a Block Party?

The City of Edmonton has published a guide to organizing your next neighbourhood block party, including information about permits, activities and getting the word out. So invite the neighbours, fire up the barbecue, and have fun! (You may need to wait for the snow to melt first...)

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PRESCHOOL & KINDERGARTEN

Open House & Registration

Wed., March 4 6:30 pm - 8 pm

*or call to set up a time to view the class and
pick up a registration package*

Check our website www.lcdskids.com | 13931-140 St | 780-473-7216

Progressive

Dennis Stolzmann

Realtor

Serving Edmonton and Area

Phone: 780-908-6651

Fax : 780-244-3530

Email: info@dennissells.ca

website: www.dennissells.ca

Call today for your **FREE** market analysis

City Services & General Information

Visit www.edmonton.ca/311 or call 311 for information and access to City of Edmonton programs and services such as:

- Inspections, licenses, permits
- Comments, commendations, bylaw complaints
- Roadway & waste management information
- Program registrations and bookings
- Transit information

311 agents are available 24 hours a day, every day.

Edmonton Police Alarm Green Stickers

We've noticed that a number of people have alarm company stickers by their front door, but no green Edmonton Police Permit Number sticker. Police will NOT respond to non-permitted, non monitored alarms unless a indication of criminal activity is present. Make sure you register your alarm with the Police. For more information go to <http://www.edmontonpolice.ca/alarmpermits>

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Castle News

www.communityleagueneews.com

March 2015

Dunluce News

DUNLUCE EXECUTIVE

Hall: 11620-162 Ave 456-3978
PO Box 36050; Castledowns RPO
Edmonton, AB T5X 5V9
www.dunlucecl.ca

PRESIDENT	Nadine Meads	780-456-6197
VICE PRESIDENT	Ahmed Assaf	
TREASURER	Loretta Wonitoy	780-457-9101
SECRETARY	Lorna Melnyk	780-456-4596
PAST PRESIDENT	Keoma McMurren	780-457-9101
CDRS REP	Loretta Wonitoy Mark Gross	780-457-9101 780-456-5700
VARIETY SHOW	Nadine Meads Mark Gross	780-456-6197 780-456-5700
CASINO	Maureen Ewart Mark Gross	780-457-0708 780-456-5700
MEMBERSHIP	Christina Fletcher	780-484-3051
PUBLICITY	Bev Gross	780-456-5700
SOCIAL	Lorna Melnyk	780-456-4596
BINGO DIRECTOR	Kristen Eek Tammy Hall	780-455-9177 780-457-9132
SOCCER	Marlene Miskiw	780-456-3978
SOFTBALL	Loretta Wonitoy	780-457-9101
PROGRAMS	Zuzana Bado	780-914-1775
WAYS & MEANS	Kristen Eek	780-455-9177
SOCCER EQUIP.	Arlene Pettifer	780-456-3978
BUILDING & ASSETS	Al Chapman	780-456-9292
PLAYSCHOOL	Registrar	780-499-0232
COMMUNITY SERVICES	Trudy Raadik	
HALL RENTALS	Al Chapman	780-457-4342

Upcoming Bingos

If you have an upcoming Bingo please see dates below and you will also be receiving a call as a reminder. If you have any questions or you have not received a registration bingo date, Kristen: (780) 455-9177
March 3rd, March 6th, April 1st, 2015
All Bingos are at Kensington Bingo Hall unless otherwise stated.

Hall Rental

Seating Capacity 120

Weekend rates:

Dunluce Community Members:

6pm Friday evening til 5pm Sunday evening \$300.00 plus \$350.00 damage deposit

Non-Dunluce Community Members:

6pm Friday evening til 5pm Sunday evening

\$350.00 plus \$350.00 damage deposit.

Daily rates:

Community Members: \$200.00 Damage deposit \$350.00

Non-Dunluce Community Members:

\$275.00 Damage deposit \$350.00

Hourly rate: \$30.00/Hr, minimum 3 hours

Damage deposit equals hourly rate

For more information contact Al Chapman at 457-4342.

www.dunlucecl.ca



Edmonton Police Alarm Green Stickers

We've noticed that a number of people have alarm company stickers by their front door, but no green Edmonton Police Permit Number sticker. Police will NOT respond to non-permitted, non monitored alarms unless a indication of criminal activity is present. Make sure you register your alarm with the Police. For more information go to <http://www.edmontonpolice.ca/alarmpermits>

Dunluce Community Programs, Fall 2014 – Spring 2015

For more information or registration please phone, Zuzana (780) 457-2759, or e-mail zuzana.bado@gmail.com

PROGRAM	AGE	TIME	FEE	DAY	DATE	LOCATION	NOTE
Dance Tinker bells	3-4	5:30-6:00	\$100	Tuesday	Sep. 30 -Dec.2 Jan.6-Mar.10	Dunluce hall	Black bodysuit with long sleeves, pink tights, pink ballet slippers and tap shoes
Dance Cool kids	5-6	6:00-6:45	\$120	Tuesday	Sep. 30-Dec.2 Jan.6-Mar.10	Dunluce hall	Black bodysuit with long sleeves, white tights, pink ballet slippers and tap shoes
Gymnastics	5-12	5:30-6:30	\$50	Wednesday	Oct.1-Dec.3	Carlisle hall	Body suit & bare feet
Fitness Classes	Teen-Adult	8:30-9:30	\$80/20 classes	Tuesday Thursday	Sep.2 Ongoing	Dunluce hall	Floor mat exercise ball
Spanish	Teen-Adult	7:30-8:30	\$50	Tuesday	Fall TBA	Dunluce hall	Learn or improve your Spanish



ALL KIDS MEALS

\$6.99


Comes with an activity pack and a create-your-own sundae.

Boston Pizza - Namao 16521 97 St 780-456-5554

BRENT RATHGEBER, MP

EDMONTON - ST. ALBERT

ACCOUNTABILITY TRANSPARENCY FISCAL RESPONSIBILITY



Constituency Office Services Offered

My office staff are available to assist you with any matter pertaining to the Federal Government. If you need help navigating the federal bureaucracy, do not hesitate to give them a call at **780-459-0809**.

Canada Revenue Agency: Income Tax, GST Rebate Program; Employment Insurance; Canada Pension Plan / Old Age Security; Veteran's Affairs;

Citizenship and Immigration Canada (CIC); We can assist you with a myriad of immigration matters. Please note that any requests for action on any file, including status updates, can only be made by the individual directly involved with the file; or individuals who have been designated *Authorized Representatives* with CIC. It would be inappropriate for me to use my position to attempt to use political influence to sway the decision of a CIC officer. This would be in contravention of the *Immigration and Refugee Protection Act*. Requests of this nature will not be granted.

I will be holding Drop-In hours in my office on Wednesday March 18 from 2pm—4pm. Come by, have a coffee and chat about your concerns or views without having to make an appointment!

www.brentrathgeber.ca E-mail: Brent.Rathgeber.A1@parl.gc.ca

FITNESS CLASSES

**Dunluce Community League has
Fat burning and stomach flattening
WORKOUT**

**At Dunluce Community Hall 11620 – 162 ave.
Tuesdays & Thursdays from 8:00 to 9:00 PM**

**A prepaid registration is only \$80 for 20 classes
or drop in for \$10**

For more information please call Zuzana at: (780) 457-2759
AFLCA certified



DUNLUCE PRESCHOOL

Time for Play!



- a qualified, experienced, energetic and creative Early Childhood Educator
- a great facility- well equipped with lots of room to play
- movement to music, drama, exercise, sports, singing and finger play
- monthly themes and hands-on activities... everything from baking to!
- Learning through play-educational learning centres that ignite your child's passion for learning!
- Exciting field trips - onsite and offsite!
- A program dedicated to meeting your child's individual needs!
- Preparation for Kindergarten!
- Cooperative/Community-based preschool: a great way to meet new families and get involved in your community

Registration for 2015-2016 School Year OPEN HOUSE

Wednesday March 18th at 7:00 pm (doors open at 6:45)

Dunluce Community Hall 11620-162 Ave

Please bring \$40 registration fee and child's Alberta health care number

Registration will be on a first come first serve basis.

**For more information, please contact our registrar at 780-499-0232 or email
dunlucepreschool@hotmail.com or check us out on Facebook!**



PLAY BALL! DUNLUCE SOFTBALL 2015

LEVEL	COST	YEAR OF BIRTH
U6 (T-Ball)	\$45.00	Born 2009 and earlier
U8 (Coach Pitch)	\$45.00	2007-2008
U10 (Mite)	\$60.00	2005-2006
U12 (Squirt)	\$60.00	2003-2004
U14 (Peewee)	\$60.00	2001-2002
U16 (Bantam)	\$60.00	1999-2000
U18 (Midget)	\$60.00	1996-1997-1998

Still taking registrations

Check out our website at <http://dunlucecl.ca> for further information or send an email to

softball@dunlucecl.ca

Are Coyotes a Problem in Your Area

To help prevent conflicts with coyotes

- Do not feed coyotes
- Do not leave garbage out (take it out only on the morning of collection)
- Do not leave fallen fruit from trees or bird seed spilled from feeders on the ground
- Do not leave pet food outside
- Do not walk your dog off leash in areas frequented by coyotes
- Do not leave a small dog out in the yard unattended for long periods of time
- Do not leave cats out roaming

For more information on coyotes and tips to follow when you encounter a coyote, call the Edmonton Coyote Information Hotline at 780-644-5744 or visit:

- www.edmonton.ca/coyotes
- www.srd.alberta.ca/FishWildlife/HumanWildlifeConflict/Coyotes.aspx
- www.edmontonurbancoyotes.ca

To report a problem coyote(s), call:

- City of Edmonton Park Rangers at 780-496-2950, or • Alberta Fish and Wildlife at 780-427-3574

If someone is in danger, call Emergency 9-1-1.

Be wise at the wheel

During the winter, it's easy to blame vehicular collisions on snow, ice and poor visibility. Rarely do drivers point the finger at themselves. Yet, the truth is, no matter how skilled drivers are, winter or summer, road safety depends largely on their driving attitude. "A lot of people don't think they are part of the problem. They like to blame it on the other guy or the weather," says Sharon Richards of Alberta Motor Association Driver Education.

These tips can help drivers make the right decisions on the road.

Stop tailgating

In 2009 in Alberta, driving too close was the number one reason for crashes involving a death or serious injury. Many drivers may feel they are keeping a safe distance when they're not. "The rule we recommend is one car length for every 10 kilometres per hour of speed," says Rick Gardner, acting director/deputy chief of the Alberta Sheriff Highway Patrol. In icy winter condition the distance needs to be two to three times more.



Slow down

When we get behind the wheel of a car, strangely every minute seems to count and we recklessly disobey speed limits just to get to our destination one minute earlier.

The risks of speeding increase during the winter as ice and snow drastically reduce the ability of tires to grip the road. "On icy roads, everything your car does should be slower," says Gardner. "If you try to change lanes too quickly on black ice, or make any quick adjustments, you will lose control."

Plan your route

Before leaving on a trip during the winter, plan your route and give yourself lots of time to reach your destination. Paul Oss, a public affairs officer with Alberta Transportation, also suggests you let someone know where you're going, your planned route, destination and expected time of arrival. Alberta's 511 telephone information line and website have the latest reports and conditions across the province. You can also check AMA Road Reports, at AMARoadReports.ca.

— reprinted from Apple magazine

Using Neighbourhood Interactive Map

Explore Edmonton using the neighbourhood interactive map. http://edmonton.ca/for_residents/neighbourhoods/neighbourhood-maps.aspx

Find the City amenities - swimming pools, sports fields, parks, playgrounds, golf courses and spray parks - that are in your neighbourhood.

Locate fire stations, police stations and bus stops anywhere in the city.

You can mark your current location or home address with a red pin and search for City amenities within a 0.5km to 10km range.

Type in your address, click on the red pin and get your property assessment and waste collection schedule.

Know Your Risk: Fire Pit Burning

Source: used with permission from the Lung Association, Alberta & NWT http://www.ab.lung.ca/site/fire_pit_burning

Fire pit burning in both urban and rural areas creates smoke that contains many pollutants and irritants which can cause or aggravate lung health problems as well as negatively impact air quality. It is important that residents of Alberta and the Northwest Territories are aware that fire burning can lead to serious health and environmental consequences.

Environment Canada and Health Canada have identified many hazardous chemical substances in wood smoke, including:

- PM10 (inhalable particulate matter less than 10 microns in diameter) consists of a mixture of microscopic particles of varied size and composition, and has been declared a toxic substance under the [Environmental Protection Act](#). These particles can be inhaled deep into the lungs, leading to serious respiratory problems especially among those with pre-existing cardiopulmonary illness.
- Carbon Monoxide (CO) can reduce the blood's ability to supply necessary oxygen to the body's tissues, which can cause stress to the heart. When inhaled at higher levels, CO may cause fatigue, headaches, dizziness, nausea, confusion and disorientation and, at very high levels, can lead to unconsciousness and death. [Fire Prevention Canada](#) advises that CO detectors be installed in every home that has a combustion appliance or an attached garage as CO is a colourless, odourless and tasteless gas.
- Oxides of Nitrogen (NOx) can lower the resistance to lung infections. In particular, nitrogen dioxide can cause shortness of breath and irritate the upper airways, especially in people with lung diseases such as emphysema and asthma.
- Volatile organic compounds (VOCs) can cause respiratory irritation, loss of coordination and illness. Some VOCs emitted by wood-burning appliances, such as benzene, are known to be carcinogenic. • Formaldehyde can cause coughing, headaches and eye irritation and act as a trigger for people with asthma.
- Acrolein can cause eye and respiratory tract irritation.

Lorelei Beaumaris News

General Community Information

Memberships are available and are valid until August 31, 2015. Family memberships are \$25 and singles or seniors are \$15. To purchase a Lorelei-Beaumaris community league membership please email memberships@lbcl.ca or call Jenn at 587-520-7243. You may also purchase family memberships online by visiting <http://efcl.org/EFCL/JoinNow/tabid/433/Default.aspx> (\$2 administration fee) and we will deliver the card to you (single or senior memberships are not available online).

Facebook is where you will find the most recent updates and a forum for you to comment or add something of interest for our community members. Here is the facebook address <https://www.facebook.com/loreleibeamaris> (Lorelei-Beaumaris Community League) (Sorry, you will have to cut and paste the link)

Email News If you would like to receive our email news please email a request to communications@lbcl.ca or complete the consent form by visiting our website at www.lbcl.ca Note: You can unsubscribe at any time.

Indoor Soccer

U8 Mixed (Ewanyshyn):

The U8 Mixed team wrapped up their indoor season with the Mini-Fest on Saturday, Feb. 14. A huge thanks to Mark Ewanyshyn (coach) and Rob DiNicola (assistant coach) for their time and efforts!

U16 Girls (Rath):

The U16 Girls have had a very successful season so far with a Silver medal at the Polar Cup Tournament, a Bronze medal at the FC Memorial Challenge, and headed into City Playoffs and the Slush Cup Tournament which at time of print results were unknown but we are know they represented Lorelei-Beaumaris well, good job girls! A huge thanks to Luke Rath (coach), Crista Cristensen (assistant coach) and Rose Boyes (manager) for their time and dedication!

U18 Girls (Ryks)

The U18 Girls were in a tough pool this season and came up just short of playoffs. They finished 3rd in the Polar Cup and they finished 1st in their pool then battled it out for a Gold medal at the Family Day Classic in Calgary. Great way to wrap up their indoor season. Way to go Tigers! Our appreciation goes out to Rob Ryks (coach), Stacey Thorburn (assistant coach), Lisa Haraba (assistant coach), and Belinda Lalonde (manager) for all of their time and commitment to the girls!

Also, a big thanks to our Soccer Director Jennifer Roppelt for making this all possible!

We Still Have Outdoor Rinks in Lorelei

Recreational Skating or Shinny at Lorelei-Beaumaris

Tuesdays	6:00 - 9:00pm
Thursdays	6:00 - 9:00pm
Saturdays	1:00 - 6:00pm
Sundays	1:00 - 5:00pm

Access to the rink is free with your 2014-15 skate tag or community membership card; drop-in for non-members is available for \$2. We have some skates and helmets available to lend if you need some gear. We will do our best to have the rink open as scheduled weather permitting. Please check our facebook page: <https://www.facebook.com/loreleibeamaris> for rink updates and closures.

Lorelei-Beaumaris Community League Annual General Meeting & Spring Sports Registration

Who: Any Lorelei-Beaumaris resident

What: State of the Community, Fiscal Review, Board of Directors Election, New Bylaw Approval (will be posted on our website for your review), Registration for Outdoor Soccer and Softball, meet your neighbours, light snacks, and the Playschool room will be open for children while their parents are in the meeting.

When: Tuesday, March 3 6:30 pm

Where: Lorelei-Beaumaris Community Hall (16220 – 103 Street)

We will be looking to fill board positions, please consider joining the board to help strengthen our community. We have a great core group of people who have been working well together and we would love to have more people to share ideas, and share in the joy of knowing we make a difference!

Spring Sports Registration

Assuming all critical board positions are filled during the Annual General Meeting on Tuesday, March 3 at 6:30pm we would then be able to offer spring sports registrations. Late registrations are scheduled for Wed. March 11 from 7-9pm and Sat. March 14 from 11am-1pm.

For Lorelei-Beaumaris spring sports registrations you would need the following:

1. Valid Community Membership for Sept. 2014 – Aug. 2015 (available for \$25)
2. Deposit for \$200.00 Per Parental Commitment (cheques will be shredded after completion)
3. A cheque or cash for Registration Fees
4. A cheque may be requested for a uniform deposit depending on the age group.
5. Proof of age for registrants (Alberta Health Care Card, Birth Certificate, Passports)

Please Note:

- a) Registration cannot be accepted without all pieces of information or without all financial commitments being made in the form of cash or cheques.
- b) There are no refunds once registration has been done.
- c) We are unable to accept debit or credit card payments (sorry!)
- d) Parental Commitment (limited choices available, bingos are our most common available)
1 commitment per registrant for registration at AGM on March 3
2 commitments are required per registrant for registrations after March 3
- e) We rely on volunteers to fill the positions of coach, assistant coach, manager, etc... We are not responsible for the quality of your child's coach or team. We meet the requirements of the overseeing organization. If you would like to volunteer to coach or assist to help ensure that your child has a great experience, please indicate so on your registration form.

Community Softball Information

Level	Year Born	Cost
U6 (T-Ball)	2009 or earlier	To Be Determined (TBD)
U8 (Coach Pitch)	2007-2008	TBD
U10 (Mite)	2005-2006	TBD
U12 (Squirt)	2003-2004	TBD
U14 (Pewee)	2001-2002	TBD
U16 (Bantam)	1999-2000	TBD
U18 (Midget)	1996-1997-1998	TBD



Community Soccer Information:

Level	Year Born	Tentative Playing Days	Cost	Game Format
U4	2011/12	Fridays	\$75	Learning program
U6	2009/10	Mon. & Wed.	\$90	3 vs 3 modified field (2 x 20 min)
U8	2007/08	Tues. & Thurs. (Wed.)	\$100	4 vs 4 modified field (2 X 20 min)
U10	2005/06	Mon.& Wed. (Fri.)	\$120	7 vs 7 modified field (2 X 25 min)
U12	2003/04	*To be determined*	\$155	8 vs 8 modified field (2 X 30 min)
U14	2001/02	Mon. & Wed.	\$190	11 vs 11 full field (2 X 40 min)
U16	1999/00	Sun. & Thur. (Wed.)	\$195	11 vs 11 full field (2 X 45 min)
U18	1997/98	Sun. & Tues.(Thurs.)	\$195	11 vs 11 full field (2 X 45 min)

Soccer Notes:

You may pre-register for community soccer (not softball). You must still attend for payment and parental commitment but the initial information and forms will be done. You may pre-register by visiting: <http://emsanorth.com/play/register/community-registration/lorelei-beaumaris/>



The season is tentatively set to start on May 1, 2015. If the season start is delayed, tentative play days may be changed. U4-U8 will be done by the end of June. U10 and older may continue into July depending on their playoff standing.

Due to a FIFA rule, no organized soccer games may be played 1 hour before & 2 hours after the start of a FIFA game in the same geographical area. With the 2015 Women's World Cup being hosted across Canada, including in Edmonton, there will be possible changes to the tentative play days for all age groups and the U12 group has not been decided. This may affect games between June 6 and July 5. We hope that families will be able to take advantage of these nights off to enjoy some of the high caliber soccer offered by the FIFA Women's World Cup teams.

Smoking in Outdoor Shared Spaces

The City of Edmonton is proud to be one of more than 30 municipalities across Canada that has implemented outdoor smoking regulations.

Residents and visitors to the City of Edmonton are not allowed to smoke within 10 metres, at all times, at or around playgrounds, water spray parks, sports fields and courts and temporary, seasonal outdoor ice skating rinks. Public Places Bylaw

An amendment to the Public Places Bylaw was passed on April 4, 2012 with the intention of keeping areas that are frequented by children, smoke free.

The smoking restrictions are in effect at all times but only apply to the outdoor structures and places listed above.

Not complying with the bylaw will result in a \$250 fine.

Enforcement

If you witness a violation of the bylaw, feel free to discuss your concerns with the smoker. You can also record the address and description of the violation and report it to 311.

The ability to enforce individual infractions is limited but areas with high reports can be targeted and patrolled by enforcement officials. Enforcement of the bylaw through targeted blitzes will be used in problem areas on a complaint basis only.

Please be aware, smoking is not permitted within 10 metres at or around sports fields in accordance with the Public Places Bylaw 14614. Failure to comply will result in loss of field privileges. For more information: 311

Hall Rentals

Lorelei-Beaumaris Hall Rentals
16220 – 103rd Street

Lorelei-Beaumaris Community League has the largest Hall facility in Castle Downs.

Hall dimensions are approximately 60 ft x 52 ft (bar to wall)
Accommodation for 448 guests (non-fixed seats), 354 (non-fixed tables & seats), 280 (dining and beverage).

Air conditioned, pot lighting, coatroom, wheelchair accessible washrooms
Raised stage setting (stage dimensions 13 ft x 20 ft wide)

Stage risers for the floor area (Risers consist of 5 units (ea 4' x 8') for a total raised floor stage setting of 20' x 8', grey carpeted & black skirting - \$100 with main hall rental)

Black lecturn (podium)

30 - 5ft round tables, 40 - 6ft rectangular tables 2 - 3ft accent tables

Full, commercial kitchen with natural gas stove & ovens

Spacious wet-bar area with bar-fridge and ice machine

Large BBQ available (cooks up to 65 burgers or 126 hotdogs all at once)

Multi media system available for power-point, slideshows, videos, etc...

We do not have linens or chair covers. Event rental companies will be able to assist you with these items.

All Rates include GST:

\$710 – Fri 4:00pm – Sunday noon

(Note: Sept. - May full weekend bookings must be made at least 8 weeks in advance)

\$450 – Friday or Saturday

\$240 – all day Sunday

\$40 hourly rate (weekdays and Sundays)

\$300 – media system rental

\$35 – music (if recorded music of any sort is played - Socan & Resound tariff)

\$100 - 20'x8' floor level stage risers (carpeted and skirted)

\$75 – Large BBQ (cooks up to 65 burgers or 126 hot dogs at once)

\$50 – dishes rental (plates, cutlery, glassware, limited small wares)

Deposits on ALL Rentals: Hall \$500

Media \$800 (Hall + Media = \$1300)

** Please note that all contracts signed for hall rentals will be required to purchase Renters Insurance for their event date at Lorelei Hall. We will give them the link to FPB Insurance to do this online. **

Call Tina 780-686-4415 for questions or an appointment to view (please leave a message). Email hallrentals@lbcl.ca If you would like to see photos of the hall from various angles to get a feel for it please visit our photos on our Facebook page located at <https://www.facebook.com/loreleibeumaris>

Lorelei-Beaumaris Board of Directors 2014-2015

President

Rosemary
president@lbcl.ca

Vice President

Vacant

Secretary

Cody
secretary@lbcl.ca

Treasurer

Chelsea
treasurer@lbcl.ca

Ways and Means

Zora

Bingo Chair

Barb
bingo@lbcl.ca
780- 920-3303

Facility Coordinator

Belinda
CDRS Representatives
Lorna & Sabrina
castledownsrec@lbcl.ca

Variety Show Reps

Donna & Sabrina

Sports Director

Stephanie
sports@lbcl.ca

Soccer Director

Jennifer
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Playschool President

Shaylenne
website: www.loreleibeumarisplay-school.com

Playschool Information

Heidi
780-475-7750

Hall Rentals

Tina
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780-686-4415

Website: www.lbcl.ca Facebook: <https://www.facebook.com/loreleibeumaris>

Sledding Safety

Alberta Health Services, EMS would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects such as trees and rocks or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Educate your family how to stay safe by following these simple reminders and have a fun day on the toboggan hill.

Equipment

- Ensure your sled is in good condition. Do not use sleds with broken parts, sharp edges, or splits in the material.
- Currently, there are no helmets designed specifically for sledding. However children should wear a properly fitted helmet designed for high impact collisions, such as hockey, cycling, or climbing helmets.

Hazards

- Avoid hills that are too steep, or too icy – you can lose control very quickly.
- Choose hills free of obstacles such as trees, rocks, utility poles, or fences.
- Be mindful of clothing that contains drawstrings, or loose clothing, such as scarves, which can present a choking hazard if they become caught or snagged.

Plan ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks to warm up out of the cold.
- Ensure frostbite hasn't affected any exposed skin.
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (not hot; ~41°C max.) until re-warmed.

Lorelei-Beaumaris Community Playschool

Now taking registrations for the 2015-16 school year.

Open House: Tuesday, March 10 6 to 8pm

Location – Separate entrance at Lorelei-Beaumaris Hall at 16220-103st.

* New - NO duty days required for 2015-16 enrollment

Classes Offered (9:00am-11:15am):

3/4 year olds	Tues & Thurs	\$90.00
4 year olds	Mon/Wed/Fri	\$135.00
4 year olds	Mon to Fri	\$225.00

To register, please contact Heidi (Registrar) at: 780-475-7750 or email corey.heidi@yahoo.ca

For information please visit the playschool website at www.loreleibeau-marissplayschool.com or to see what they have been up to you can visit their facebook page at:

<https://www.facebook.com/pages/Lorelei-Beaumaris-Playschool/1413656922252856>

Special Note:

Lorelei-Beaumaris Playschool would like to thank Home Depot for their support in replacing the countertops and cabinets in the playschool. THANKS HOME DEPOT!

Scrapbooking and Paper Crafting

Come join the scrappers at Lorelei hall 16220-103 street for an upcoming mini-retreat on:

Saturday, March 21 10:00am – 9:00pm

Registration is \$35 when you pre-register and pay two weeks ahead (\$50 after that). A crop gives you the time and space to scrapbook (traditional, digital, or other paper crafting), access to many tools, coffee, light snacks in the afternoon, sandwich/salad bar at supertime, and lots of free advice. For information or to register call Tannis at 780-456-1647, FB Tannis's Scrapaholics, or e-mail photos@telusplanet.net

Upcoming Bingos

Our next bingo dates, held at Kensington Bingo Hall are:

Thursday, March 12 (4:45-10:00pm)

Thursday, April 23 (4:45-10:00pm)

If you are scheduled for a bingo, Barb will give a courtesy phone reminder about a week prior (to the number you wrote down at registration time. You also have your parental commitment date on your copy of the registration form). For bingo inquiries please contact Barb at 780-920-3303 or email bingo@lbcl.ca.

Advice when volunteering at Bingo: Wear comfortable shoes, as most jobs require you to walk around the bingo hall for the shift. Please don't plan on texting friends or standing on the sides; we are expected to focus on our job and circulate throughout the room. You will get a 25 minute break which allows you to sit and relax and you can have a meal from the concession stand for free. Do call-backs quickly (calling out the bingo winner's number) which speeds up the games and gets you out earlier. Have fun; visit with your community members as you walk around, and think of all the good you are doing for your community and your body (it is exercise too!).



How can I help you?

Thomas A. Lukaszuk

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Phone 780-414-0705 Fax 780-414-0707

Email: edmonton.castledowns@assembly.ab.ca

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7-10 Year Olds

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