

# CASTLE NEWS

Serving the community leagues of  
Baturyn, Caernarvon, Carlisle,  
Cumberland / Oxford, Dunluce, Lorelie / Beaumaris.

November 2016



Published by Calder Publications. To advertise please call 780-905-7422 or email [info@communityleagueneews.com](mailto:info@communityleagueneews.com)



Castle Downs Recreation Society Fundraiser

## 32nd Annual CASTLE DOWNS VARIETY SHOW

*"Already Gone"*

**\$15**

• Adult Sketch Comedy • Live Band  
• Licensed Bar & Snacks

**2016 Show Dates:**  
**October 14\*, 15\*, 21, 22, 28, 29 November 4, 5, 11, 12**

**Tickets: \$15 \*Opening Weekend Special - Only \$10\***

**Advance Ticket Sales At Caernarvon Community Hall**  
**Sundays, 7-9 PM Starting in September**

*Reserved seating for groups of 8+. Outside food encouraged!*  
*No outside beverages allowed. Doors @ 6:30 Show @ 8:00 pm*

**[www.castledowns.ca](http://www.castledowns.ca)**  
**Join us on Facebook**

**Box Office:**  
**(780) 406-9070**



## Rose Rosenberger Commemorative Plaque

CASTLE DOWNS PLAYGROUND/WATERPARK  
(Located in Castle Downs Park)



The Project. The Castle Downs Recreation Society wants to install a plaque to commemorate the memory of Rose Rosenberger, a true community builder.

The plaque would be about 18" by 20", have a colour picture of Rose, and outline her dedication and accomplishments.

It would be mounted in a location in the playground/waterpark in Castle Downs Park where people could learn about a great Edmontonian.

Rose was a founding member of the Castle Downs Recreation Society in the early 1980s.

She helped set the vision for the development of the Castle Downs District Park with recreation facilities, sport fields and playgrounds.

The plaque will have a picture of Rose and outline her contributions to the community and the City of Edmonton (Public School Trustee, Edmonton Police Commission, City Councillor and founder of Edmonton Salutes).

WE WOULD APPRECIATE YOUR FEEDBACK

VISIT THE CDRS WEBSITE  
[www.castledowns.ca](http://www.castledowns.ca)

FILL OUT A PUBLIC INPUT SURVEY FORM

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## CDRS Volunteer Opportunities

The CDRS is also looking for volunteers and input for its two latest ventures.

We have begun planning for the 3rd Phase of the park development at castle downs park. Please check out the web site soon to view the plans and offer your insights!

Canada is Celebrating 150 great years next July 1st. As an individual or business do you have time and talent to share for this event??

Contact us at [castledowns.ca](http://castledowns.ca) to help plan a party!

# Baturyn News

Baturyn Community League  
Hall: 10505 172 Avenue  
Phone: 780 - 457- 4357  
Website: Baturyn.ca



Supporting the communities of  
Baturyn, Castlebrook (Elisnore, Chambery),  
Castlewood, & Newcastle (Rapperswill)

## Executive Board

Position	Name	Email
President	Courtney Barnes	president@baturyn.ca
Vice President	Nicole Yankee	vicepresident@baturyn.ca
Secretary	Tricia Stettner	secretary@baturyn.ca
Treasurer	Lynn Archer	treasurer@baturyn.ca
Buildings and Facilities Director	Earl Archer	admin@baturyn.ca
Hall Rental Rep	Nicole Yankee (Acting) - Vacant	rentals@baturyn.ca
Volunteer Director	Nicole Yankee (Acting) - Vacant	volunteers@baturyn.ca
Finance Director	Nicole Yankee (Acting) - Vacant	finance@baturyn.ca
Communications Director	Lorna King	communications@baturyn.ca
Communications Assistant	Angela Ferguson	communications@baturyn.ca
Program Director	Angela Phoon	programs@baturyn.ca
Sports Director	Lynn Archer	sports@baturyn.ca
Soccer Director	Candice Bevan	soccer@baturyn.ca
Soft Ball Director	Melissa Voll	softball@baturyn.ca
Social Director	Shyehana Goonewardena	social@baturyn.ca
Membership Rep	Samantha McRae	membership@baturyn.ca
Membership Rep (Online)	Val Borchuk	membership@baturyn.ca
Bingo Chairperson	Tricia Stettner	bingo@baturyn.ca
Bingo Chairperson	Holly Twerdochlib	bingo@baturyn.ca
CDRS Rep	Angela Ferguson	cdrs1@baturyn.ca
CDRS Rep	Lorna King	cdrs2@baturyn.ca
Variety Show Rep	Shyehana Goonewardena	varietyshow@shaw.ca
Neighbourhood Watch	Angela Ferguson	n_watch@baturyn.ca

Positions are filled on a voluntary basis.  
If you are interested in board positions or would like to get involved,  
please contact the Board President at president@baturyn.ca  
to inquire about vacancies and opportunities.

## Planning a big party or hosting a big event?

Baturyn Community Hall may be the place for you; located between St. Charles Elementary School and Baturyn Elementary School, Baturyn Community Hall features a full commercial kitchen, bar, coat room, covered back patio with large BBQ, Fire Pit, & 2 boarded sports fields. For events involving children there is also a community playground located in front of the hall and basketball court located beside the hall.



## Hall Features:

- Seating Capacity: 275
- Hall Size: 55ft x 65ft
- Tables: 43 rectangular tables (seats 8)
- Chairs: 275
- Wheel Chair Accessible
- Plenty of Parking
- Industrial Kitchen Appliances – Gas Stove, Walk In Fridge, Microwave, Freezer, Dishwasher
- Large Kitchen Preparation Space
- Separate Bar with 2 door fridge & freezer
- Large Dance Floor
- Air Conditioning

## Hall Rental Information:

Standard Rates	
Rental Period	Rates
Weekday Evenings	\$35/hr
Saturday 10:00 am – Sunday 10:00 am	\$425
Sunday 11:00 am – 5:00 pm	\$150
Sunday (Long Weekend)	\$250
Package Rates	
Rental Period	Rates
Friday 6:00 pm – Sunday 10:00 am	\$500
Saturday 10:00 am – Sunday 5:00 pm	\$550
Friday 6:00 pm – Sunday 5:00 pm	\$600

## Notes & Exceptions:

1. All rentals require a signed contract
2. Damage deposit is equal to the rental rate and will be refunded upon inspection of the hall after the event; final rental payment is due 30 days prior to the event.
3. Parking is constrained in the area and the parking lot is not available until after 5:00 pm during the school year.

To inquire about renting the hall, please email rentals@baturyn.ca.

## Baturyn Community League

Proudly supporting the communities of  
Baturyn, Castlebrook (Elisnore/Chambery),  
Castle Wood (Canossa) & New Castle (Rapperswill)  
Website: Baturyn.ca



## 2016 Membership Campaign

Whether it be hosting community events, providing valuable volunteer opportunities, or creating connections within our community, the Baturyn Community League has been an important partner in your community.

## Membership Benefits:

- Access to community hosted events
- Community League sports programs
- Free access to all Community League outdoor rinks
- Free access to community swim times at the YMCA, Grand Trunk Fitness & Leisure Centre, or O'Leary Fitness & Leisure Centre
- 10% discount on City of Edmonton Recreation Facilities Annual or Multi-Pass purchases

2016 community memberships now available for September 1, 2016 to August 31, 2017.

## Membership Fees:

Family \$25.00  
Single (16+) \$25.00  
Senior (55+) \$10.00

Memberships are required to access programs offered by your Baturyn Community League.

Get your membership today by going to  
Baturyn.ca or emailing membership@baturyn.ca  
Your membership fees help support the delivery of various community programs and events.

## Baturyn Community League

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Baturyn, Castlebrook (Elisnore/Chambery), Castle Wood (Canossa)  
& New Castle (Rapperswill)  
Website: Baturyn.ca



## Want to know what is going on in your community?

Get access through your mobile phone or computer for up to date information on community announcements and events.

Find us at [www.facebook.com/BaturynCommunityLeague](http://www.facebook.com/BaturynCommunityLeague)

Keep up to date by liking us and receiving community notifications





# Volunteer Opportunities

Volunteers are an important part of our community and many community events would not be successful without their important contribution. Volunteers share valuable skills and their time to help build strong communities and support many families & individuals within our community. Being a volunteer you can also benefit from your experience by building relationships within your community, building skills, and creating opportunities for personal growth. The benefits you receive from volunteering are endless. Are you interested in being a volunteer?

**Urgently Required:**

Bingo (Kensington Bingo Hall) - Tuesday, January 3rd and Monday, February 6th  
Winterfest - Monday, February 20th

**Additional Volunteers Opportunities:**

Finance Director – Responsible for fundraising activities for the league  
Volunteer Director – Responsible for the provision & management of volunteers for the league.

If you want to get involved in your community, or if you are a teen and have to fulfill volunteer hours for school requirements, or if you have a volunteer commitment for sports registration that you need to meet, contact Nicole at [volunteers@baturyn.ca](mailto:volunteers@baturyn.ca) to see how you can volunteer.



On Remembrance Day, we pay tribute to the brave men and women who've fought valiantly to defend our country and our freedom.

*Lest we Forget*

**MICHAEL COOPER, MP**  
ST. ALBERT—EDMONTON

Suite 220 20 Perron Street, St Albert, Alberta T8N 1E4  
[Michael.Cooper@parl.gc.ca](mailto:Michael.Cooper@parl.gc.ca) [www.michaelcoopermp.ca](http://www.michaelcoopermp.ca)  
780-459-0809



# CASTLEDOWNS Dental Centre



## Dr. Tarek Tarchichi

[www.castledownsdentalcentre.com](http://www.castledownsdentalcentre.com)  
**780-456-2990**  
**11816-145 Ave**



**New Patients Welcome.  
Emergency & Walkins.  
Apointments Available  
Gentle Dentistry for  
the whole family.**



At Castledowns Dental Centre, We are more than glad to offer you the following services:

- Root Canal Treatment
- White Fillings
- Wisdom Tooth Extractions
- Partial Dentures
- Dental Implants
- Sedation
- Crown & Bridges
- Veneers
- In office Zoom Teeth Whitening

### Dental Centre Hours

Monday to Friday 8 am to 5 pm  
Saturdays 9 am to 4 pm  
We are closed on Sunday & Public Holidays

We Accept:



## Beaumaris Lake

Beaumaris Lake is often referred to as the “Jewel of North Edmonton.” It is the home for wild life, the site of recreation and socializing, and an important aspect of North Edmonton. It is also Edmonton’s largest and oldest stormwater lake, and as such, it is starting to show its age. I have been advocating for, and working with, different City departments to develop a rehabilitation strategy to address the issues with Beaumaris Lake.

**Background:**

The City has been doing ongoing maintenance at Beaumaris Lake, but since the lake is nearing the end of its service life, this is no longer enough. In response to the on-going conditional issues, the City of Edmonton has initiated a task force divided into two working groups; one group to focus on short-term and immediate concerns, the other to focus on the medium and long term needs of Beaumaris.

**Update:**

The full rehabilitation work is planned to start in 2019. This is because the budget cycles for these types of projects are set for three years. This budget schedule ends in 2018 (2015-2018), and the next one starts 2019. All of the resources (both funding and personnel) have been allocated to other projects for this budget cycle. As a result, the full rehabilitation cannot start. However, supplementary budgets are approved on an annual basis that can be used to maintain land until then.

Right now, the priority for Beaumaris Lake is safety, which can be addressed with those supplementary budgets. There are issues that aren’t visible (such as inlet piping) that need to be considered. We realize that Beaumaris Lake is a valuable aspect of North Edmonton, and we want to keep it that way. If we do not address the issues with Beaumaris correctly, other issues may come up, or the repairs may not last long-term. Even replacing the park pieces around the lake will cost several million dollars, so we want to make sure the project is handled correctly. I am expecting a budget estimate soon.

I update my website with information I receive about Beaumaris Lake. Or, you can contact my office at [dave.loken@edmonton.ca](mailto:dave.loken@edmonton.ca) or 780-496-8128.



**Message from  
Dave Loken  
City Councillor Ward 3  
City of Edmonton  
780-496-8128  
[dave.loken@edmonton.ca](mailto:dave.loken@edmonton.ca)  
Twitter: @daveloken**

# FAMILY FRIENDLY NEW YEARS EVE PARTY



## WHEN

Dec 31st, 2016  
5pm - 9pm

## WHERE

Baturyn Community Hall  
10505 - 172Ave NW, Edmonton, AB

## INCLUDING

- Dinner (with vegetarian option) • Dance •
- Photo Booth • Games • And More! •

**FIREWORKS AT 9PM!**

**ALL AGES  
EVENT!**

## ADVANCE\* TICKETS ONLY

\$20 General  
\$15 Senior/Student  
\$10 Child (12 & Under)  
Under 3 FREE

\*Tickets on sale  
Nov. 1 - mid-Dec.



## FOR TICKETS CONTACT

Courtney:  
president@baturyn.ca  
or 780-278-6888  
Shyehana:  
social@baturyn.ca

# INNOVATION PHYSICAL THERAPY

is proud to welcome  
**NELSON WONG** and **MELISSA VOLL**  
to our Nmao office!



Nelson and Melissa are now accepting appointments for  
their Castledowns patients!

Call 587-524-8200 to schedule your appointment today  
and Love Getting Better!



209, 15823 - 97 STREET NW  
587-524-8200

[www.innovationphysio.com](http://www.innovationphysio.com)

# Look out for each other



[edmonton.ca/  
visionzero](http://edmonton.ca/visionzero)

EDMONTON  
POLICE  
SERVICE



**VISION ZERO:** zero traffic fatalities and serious injuries



## League Executive

Hall: 14830-118 St 456-3435

President	Evan Hellyer	780-641-4996 president@caernarvoncommunity.com
Vice President	Pam Irwin	780-473-5563 vice@caernarvoncommunity.com
Treasurer	Teena Burrell	treasurer@caernarvoncommunity.com
Secretary	Kat Furtado	secretary@caernarvoncommunity.com
Ball	VACANT	softball@caernarvoncommunity.com
Bingo	Lynne Hellyer	bingo@caernarvoncommunity.com
Equipment	Johnny Borrelli Darcy Sommer Sandi Reda	equipment@caernarvoncommunity.com
Hall Rental	Jennifer Schell Danny Burrell	rental@caernarvoncommunity.com
Maintenance	VACANT (Evan)	maintenance@caernarvoncommunity.com
Membership	Lynne Hellyer	membership@caernarvoncommunity.com
Neigh. Watch	VACANT	neighbourhoodwatch@caernarvoncommunity.com
Newsletter	Sarah Hunczak	newsletter@caernarvoncommunity.com
Signs	Kati Weir	signs@caernarvoncommunity.com
Programs	VACANT	programs@caernarvoncommunity.com
CDRS	Danny Burrell	cdrs@caernarvoncommunity.com
CDRS	Jennifer Schell	cdrs@caernarvoncommunity.com
Soccer	Toni Borrelli	soccer@caernarvoncommunity.com
Social	VACANT	social@caernarvoncommunity.com
Variety Show	Pam Irwin	varietyshow@caernarvoncommunity.com
Casino	Amanda Evans	casino@caernarvoncommunity.com
Website	Sarah Hunczak	webmaster@caernarvoncommunity.com
Book Keeper	Sue Jorgenson	bookkeeper@caernarvoncommunity.com

## Website!

Our website at [www.CaernarvonCommunity.com](http://www.CaernarvonCommunity.com) has had yet more updates lately! Please take a moment to check it out! It's still a work in progress, so new pages and sections are still being added to the site. If there is anything you would like to see on here, send us a message as we are always trying to find new ways to improve!

## FACEBOOK

Facebook users, keep up to date in our community with registrations, events, sports and so much more! Look up "Caernarvon Community League" and select Like!

## The Caernarvon Playground

We are now into the planning phase for our new community playground. If you are interested in helping out, please contact Pam at [vice@caernarvoncommunity.com](mailto:vice@caernarvoncommunity.com)

## Hall Rental

If you're looking for a site to host your next big event, give the Caernarvon Community Hall a try! It is wheelchair accessible, with a 50m x 60m space to seat up to 270 guests, or 200 guests for dining and dancing. There is also a Boardroom that can seat up to 25 guests.

The Hall includes a Full Commercial Kitchen with gas stove & 2 ovens, a Wet Bar, a Coat Room, a Raised Stage, and a Sound System with wireless Microphone. Also available is a Large BBQ and a Theatre Popcorn Machine.



Call Evan at 780-456-3435 or email [rental@caernarvoncommunity.com](mailto:rental@caernarvoncommunity.com) if you have questions or would like an appointment to view the facilities (please leave a message).

Rates:  
 \$20 hourly, Boardroom  
 \$35 hourly, Hall  
 \$300 Daily (Sun thru Thurs) 8am, to 3am  
 \$400 Friday 8am, to Saturday 3am  
 \$450 Saturday 8am, to Sunday 3am  
 \$550 Friday 5pm, to Sunday 3am  
 \$550 Saturday 8am, to Sunday 5pm  
 \$650 Friday 5pm, to Sunday noon  
 \$50 Dishes rental (plates, cutlery, glassware, limited small wears)  
 \$50 Large BBQ  
 \$50 Theater Popcorn Machine  
 Deposits on Daily rentals, \$1000  
 Deposits on Hourly rentals, \$250  
 Sound System Deposit, \$500

## Caerny Bucks

If you would like to be included on the Caerny Buck list, contact our Bingo Director at [bingo@caernarvoncommunity.com](mailto:bingo@caernarvoncommunity.com).

Caerny Bucks are worth \$35 and are given to people who work extra bingos when they cannot be filled with sports registration.


The Caerny Bucks can be used towards any Caernarvon event, such as sports registration, programs, and social functions.

## BINGO OPPORTUNITIES

We are looking for volunteers to work upcoming Bingo nights. If you are interested in earning some extra Caerny Bucks, please call Lynne at 780-641-4996.

## VOLUNTEER OPPORTUNITIES

There are currently several vacant positions on the Caernarvon Community's Board, particularly those of Social Director, Maintenance, and Ball Director. If you are interested in any of those positions, please contact Evan at [president@caernarvoncommunity.com](mailto:president@caernarvoncommunity.com) for more information.



### North Central Early Years Coalition

"Resilient children become resilient adults who together form resilient communities."

Coaches, teachers and mentors who influence the lives of children can also foster resilience through the same caring interactions needed from parents.

<http://www.urbanchildinstitute.org/articles/features/brain-awareness-night-highlights-importance-of-childhood-resilience>

To learn more about the Coalition or to get involved please contact us at:  
[ncearlyyears@gmail.com](mailto:ncearlyyears@gmail.com) [www.earlychildhooded.ca/northcentral/](http://www.earlychildhooded.ca/northcentral/)

Position	Filled by	Phone
President	Krista Hennigar	780-951-7627
Vice-President	Heather Magnes	780-903-3583
Treasurer/Grants	Myer Valeriano	780-907-1198
Membership	Shelley Worsley	780-457-2377
Secretary	Tara Pohl-Gobeil	780-218-3399
Buildings and Grounds	Ryan Simpson	780-267-7777
Bingo Chairperson	Chantal Brown	780-238-6234
Casino Chairpersons	Krista Hennigar	780-951-7627
Sports Equipment	Rob Lewis Rob Jarowka	780-486-2893 780-910-9450
Newsletter Editor/Website	Krista Hennigar	780-951-7627
Rink Attendant	Fred Gregory	780-457-1044
Soccer Director	Rob Lewis	Carlisesoccordirector@gmail.com
Program Director	Diane Neiman	780-457-6239
Variety Show Representatives	Diane Neiman vacant	780-457-6239
CDRS representatives	Neil Chymko Krista Hennigar	780-975-0421 780-951-7627
Hall Rental Director	John Paul Potestio	780-993-3503
Social Director	Tess Potestio Dianna DeCaluwe	780-974-3503 780-263-1109

## Carlisle Community Programs Fall 2016

**Gymnastics-** Ages 5-12 Wed 5:30-6:30pm

**ABC-123** Ages 2 and up Tues 10-11 am

**Fit Kids** Ages 2 and up Thurs 10-11 am

For more information or registration please contact  
Zuzana 780-457-2759

## Yoga

Yoga classes are for anyone who wants to learn the stretches, the breath and basic yoga postures. Also relaxation and meditation. Make sure you bring a yoga mat and blanket. Where: Carlisle Community Hall 14240-117 st. When: Sep. 13th to Nov. 15th Cost: \$80.00 for 20 classes, \$40.00 for 10.00 classes or \$10.00 for drop in Time: Tues and Thurs eve. From 7:30 to 8:30 For more information call Yvonne at 780 297 3147.

**League Memberships Available Please Contact Shelley Worsley 780-457-2377.**

## Edmonton Leisure Access Program

(free admission to city of Edmonton Recreation facilities and attractions)

What is the Leisure Access Program? The program gives low income adults, seniors, youth and children from Edmonton free use of City of Edmonton recreation facilities and attractions including: 9 swimming pools, fitness centres, Edmonton Valley Zoo, and Fort Edmonton Park. And it provides discounts on registered programs (day camps, art classes, swimming lessons, etc.) for one year.

Who can get a card? You may qualify if you meet the following:

- if you are currently on an approved government program (AISH, income support, health benefits, etc.)
- have low income
- are a recently landed immigrant or refugee

How can I get a card? You will have to apply for the program by submitting an application form and required documents.

How can I get an application form?

- at any City of Edmonton leisure sports & fitness facility
- [www.edmonton.ca/lap](http://www.edmonton.ca/lap)
- 780-496-4918
- 14th floor, 10004 – 104 Avenue, Monday-Friday, 8:30am-4:30pm

## Hall Rental



**CARLISLE COMMUNITY HALL**  
**14240 – 117 STREET**  
**UPPER LEVEL CAPACITY SEATED 99**  
**Members \$300 and Non-Members - \$350**

**Rental Inquiries Contact Hall Rental Director**  
**John Paul Potestio @ 780-993-3503**  
**Now Accept VISA & Mastercard**

## Fitness Classes

Come and Join us

Carlisle Community Hall at 14240-117 St  
For fat burning and stomach flattening  
Cardio & Pilates



All levels welcome – beginner to pro

Monday and Wednesday 7:30 – 8:30 pm

Prepaid registrations is \$80 for 20 classes or \$10 drop in

For more information please call Zuzana at 780-457-2759

-AFLCA Certified Instructor



# Poison Prevention

The Poison & Drug Information Service (PADIS) offers a free, confidential poison line for Albertans, 24 hours a day, 7 days a week. The service offers expert advice about poisons and toxins, medications, chemicals, recreational drugs and plants. When calling the poison centre, callers speak with a specially-trained nurse or pharmacist who gives information and offers advice on how to best manage poisonings and exposures.

Medication and herbal advice is also available through PADIS offering up-to-date information for the safe use of over-the-counter products, prescriptions, medications and herbals. This includes potential interactions between medications and/or herbals and safe medication options for pregnant and breast-feeding women.

PADIS plays a key role in helping Albertans safely manage poison exposures and can offer advice on the most appropriate level of health care service should it be needed.

PADIS also operates a Drug Information Line for Health Care Professionals. This free service for health professionals provides drug information for clinical situations, with the support of an on-call Medical Toxicologist.

For more information and to access the services of PADIS call 1-800-332-1414 or visit [www.padis.ca](http://www.padis.ca).

# Arm your child against HPV now; protect from cancer in the future

As your kids head back to school, they're sure to bring lots of papers home, for your signature.


If your child is in Grade 5, one set of these papers will be immunization consent forms, including consent for your child to receive the Human Papillomavirus (HPV) vaccine. The HPV vaccine - one of Alberta's routine childhood immunizations- is recommended for all boys and girls in Grade 5, so as to safely and effectively protect them against developing human papillomavirus infection in the future.

Human papillomavirus is very common, and will affect more than seven out of 10 people in their lifetime. As the cause of almost 100 per cent of cervical cancer cases, 90 per cent of anal cancer cases, 50 per cent of penile cancer cases, and 35 per cent of oral cavity cancer cases, the consequences of HPV can be very serious.

We understand that decisions about immunizing your children can be complex. This is why Alberta Health Services has developed the HPV Decision Aid Tool: to help you, as a parent, understand how the HPV Vaccine can support your child's future wellness, and decide whether you feel it is right for your child, today.

To learn more, and access the tool, visit [www.albertapreventscancer.ca/hpv](http://www.albertapreventscancer.ca/hpv).

For more information on all routine childhood immunizations, including HPV, visit [www.immunizealberta.ca](http://www.immunizealberta.ca)



# Castledowns Dental


## General Dentistry

*Dr. Matthew G. Sloboda D.D.S.*

**Family Dentistry Just Minutes Away**

**New Patients Always Welcome**  
**Direct Billing • Invisalign**  
**Cerec • Nitrous Oxide**  
**Dental Implants**

**#202, 15961 - 97th Street NW      780-456-4441**



## Edmonton North Animal Hospital

15387 Castle Downs Rd.  
Next to Sobeys &  
Edmonton Public Library  
780-476-3444





New Clients & Walk-ins Welcome

We do:

- Vaccinations
- Spay/Neuter
- Dental cleaning
- Radiograph
- Soft tissue surgery
- Dog bite wound repair
- Abscess repair
- Laceration repair
- Bladder stone surgery
- Blocked cat procedure
- Blood work
- Porcupine quill removal
- Allergy testing
- Hill's & Medi Cal prescription Food



# Cumberland/Oxford News

## COCL Executive

### Board of Directors

Last Name	First	Position
Atlee	Tim	Director at Large (Assisting with Soccer)
Balaban	Peter	Soccer Director
Ballash	Jack	Vice President
Boyer	Todd Boyer	Director at Large
Brown	Christina	Director at Large
Buecken	Vini	CDRS Representative
Cazes	Calvin	President
Cebula	Chris	Treasurer
Cimino	Carol	Director at Large
Crowe	Christine	Secretary
Forster	Vanessa	Director at Large
Gagnon	Christa	Communications Director
Innes	Michelle	Baseball Director
Marzoughi	Sina	Social Director
Michetti	Corina	Director at Large
Mould	Alison	CRC
Nicholls	Jackie	Membership Director
Pelley	Denine	Bingo Director
Rudyk	Malinda	Director at Large
Sibanda	Rosemary	Director at Large
Thompson	Lynnette	CDRS Representative
Ushkowski	Pam	Volunteer Director
vacant		Fundraising Director
vacant		Registration Director
vacant		Variety Show Director
Clark	David	Neighbourhood Watch
	Carla	Building Committee Chair

## A SPOOKTACULAR EVENT: THE HAUNTED FOREST,



October 31, 2016

COCL will be hosting our annual Haunted Forest event again on Halloween night from 6:30 pm – 8:30 pm. The forest is located on approximately 137 Street and 150 Avenue and is an event not to be missed!

There will be hot chocolate and candy for all trick or treaters.

## Upcoming Bingo Dates

Please come out and support COCL at our upcoming Bingo dates:  
Castledowns Bingo Hall,  
12222 137 Ave.  
5pm – midnight.

Tuesday, November 29  
Thursday, December 29



## 2016 U14 BOYS PROVINCIAL CHAMPS



COCL U14 Boys went undefeated this year at Provincials





**Shelley Hys-Postill**  
Master Gardener

Landscape Consultation  
Design and Re-Design  
Educational Lectures

shelleypostill@shaw.ca  
cell: 780-995-4527

## Edmonton Police Alarm Green Stickers

We’ve noticed that a number of people have alarm company stickers by their front door, but no green Edmonton Police Permit Number sticker.

Police will NOT respond to non-permitted, non monitored alarms unless a indication of criminal activity is present.

Make sure you register your alarm with the Police.

For more information go to  
<http://www.edmontonpolice.ca/alarmpermits>


### Special Savings on Quality Produce

*Locked In Pricing for the Month. While quantities last*

<div> <b>DATES</b> 1 kg \$5.99                 </div> <div> <b>20Lb New Red or White Potatoes</b> \$5.99                 </div>	<b>Maple Lodge Halal Hot Dogs</b> \$2.49/Doz	<b>Fresh loaf bread</b> 99¢ each White/Brown/Whole Wheat	<div> <b>Emma Extra Virgin Olive Oil</b> 1lt \$6.99                 </div> 
	<b>Fresh Baked Baklava Wide Variety</b>	<b>Reggie Pasta</b> 99¢ /Pkg	
	<b>Compliments Canola Oil</b> \$6.99 3L bottle	Lebanese fresh baked meat pies. Spinach & cheese 3 cheese family pack \$9.99	

## Elsafadi Bros. Supermarket

Two Locations 11316 - 134 Ave & 10807 Castledowns Rd  
 780 - 475-4909      Local Community Owners




**Ziad Aboultaif, MP**  
Edmonton Manning

Phone: 780-822-1540  
 Fax: 780-822-1544  
 Email:ziad.aboultaif.c1@parl.gc.ca

Suite 204A, 8119-160 Ave.  
Edmonton, AB  
T5Z 0G8

[www.ziadaboultaif.ca](http://www.ziadaboultaif.ca)



### WORKING FOR YOU IN EDMONTON AND OTTAWA

If I can be of assistance to you on any federal matter, please do not hesitate to contact my office. We offer information on services provided by the Government of Canada, including:

<input checked="" type="checkbox"/> The Canada Pension Plan / Old Age Security	<input checked="" type="checkbox"/> Citizenship Inquiries
<input checked="" type="checkbox"/> Guaranteed Income Supplement	<input checked="" type="checkbox"/> Canadian Passport / Consular Affairs
<input checked="" type="checkbox"/> Immigration Matters	<input checked="" type="checkbox"/> Business Opportunities / Grants & Funding
<input checked="" type="checkbox"/> Student Loans	<input checked="" type="checkbox"/> Taxation Issues

# Dunluce News

## DUNLUCE EXECUTIVE

Hall: 11620-162 Ave 456-3978

PO Box 36050; Castledowns RPO

Edmonton, AB T5X 5V9

[www.dunlucecl.ca](http://www.dunlucecl.ca)

PRESIDENT	Nadine Meads	780-982-6260
VICE PRESIDENT	Sabrina Boutillier	780-232-1925
TREASURER	Loretta Wonitoy	780-457-9101
SECRETARY	Lorna Melnyk	780-456-4596
PAST PRESIDENT	Keoma McMurren	780-457-9101
CDRS REP	Ryan Korpesio	780 444-9212
VARIETY SHOW	Denyse Ward	587-983-9401
CASINO	Maureen Ewart Mark Gross	780-457-0708 780-456-5700
MEMBERSHIP	Christina Fletcher	780-484-3051
PUBLICITY	Bev Gross	780-456-5700
SOCIAL	Lorna Melnyk	780-456-4596
BINGO DIRECTOR	Angela Paris	780-920-8999
SOCCER	Ryan Korpesio	780-444-9212
SOFTBALL	Loretta Wonitoy	780-457-9101
PROGRAMS	Registrar	780-457-2759
WAYS & MEANS	Myah Westergreen	780-289-7706
SOCCER EQUIP.	Arlene Pettifer	780-456-3978
BUILDING & ASSETS	Al Chapman	780-456-9292
PLAYSCHOOL	Registrar	780-499-0232
COMMUNITY SERVICES	Trudy Raadik	
HALL RENTALS	Al Chapman	780-457-4342



Seating Capacity 120

### Weekend rates:

Dunluce Community Members:

6pm Friday evening til 5pm Sunday evening \$300.00 plus \$350.00 damage deposit

Non-Dunluce Community Members:

6pm Friday evening til 5pm Sunday evening

\$350.00 plus \$350.00 damage deposit.

### Daily rates:

Community Members: \$200.00 Damage deposit \$350.00

Non-Dunluce Community Members: \$275.00 Damage deposit \$350.00

**Hourly rate:** \$30.00/Hr, minimum 3 hours Damage deposit equals hourly rate

For more information contact Al Chapman at 457-4342.

[www.dunlucecl.ca](http://www.dunlucecl.ca)

## Does an offer seem too good to be true? Could be a scam

The Better Business Bureau (BBB) has launched a handy Scam Tracker that makes it easy for Canadian residents to stay informed about scams that may be occurring in their area. The tracker allows you to click on your province via an interactive map and review a list of common scams.

The free interactive online tool – found at [bbb.org/scamtracker](http://bbb.org/scamtracker) – offers a heat map showing where scams are being reported. Users can search using a variety of filters to see what scams are happening in their area, or track a particular type of scam, or even see how much money has been lost. Users can also report scams that they hear about, whether or not they have fallen victim.

In 2012, two local BBBs – one in Edmonton, Alberta, and one in Las Vegas, Nevada – were credited with helping bring down Jesse Willms, the notorious fraudster who bilked more than four million people.

## FITNESS CLASSES

**Dunluce Community League has  
Fat burning and stomach flattening  
WORKOUT**

**At Dunluce Community Hall 11620 – 162 ave.**

**Tuesdays & Thursdays from 8:00 to 9:00 PM**

**A prepaid registration is only \$80 for 20 classes  
or drop in for \$10**

**For more information please call Zuzana at: (780) 457-2759  
AFLCA certified**

## Upcoming Bingos

**If you have an upcoming Bingo please see  
dates below and you will also be receiving a  
call as a reminder. If you have any questions  
or you have not received a registration bingo  
date, call**

**Angela- 780-920-8999**

**Dates are as follows:**

**Oct.1st, Nov 1st , Dec 18th & Jan 30th 2017**

**All Bingos are at Kensington Bingo Hall unless  
otherwise stated.**





## Volunteer Needed

We are looking for a volunteer for the position of CDRS Rep. (Castle Downs Recreation Society)

If you would like information about the position contact the President, Nadine @ [president@dunlucecl.ca](mailto:president@dunlucecl.ca) or call her @ 780-982-6260.

### FOLLOW US! LIKE US!

Never miss another community event or announcement by liking our “Dunluce Community League” Facebook page and following us on twitter (@dclveg)



## DUNLUCE CASINO

Dunluce Community League will be having a Casino on Jan. 17th & 18th 2017, at Century Casino and are looking for volunteers to help on either of these days.

If you are able to do so, please contact the Casino Chair at: [casino@dunlucecl.ca](mailto:casino@dunlucecl.ca)



## LCDS Preschool & Kindergarten

13931-140 St. (By Leon's)

Is your child or will your child be 3 before January 1, 2017?

Registration Spots Available for January Start.

Please attend our Open House and Registration on **November 9, 2016** from 6:30 to 8:00 pm


Visit our Website at [www.lcdskids.com](http://www.lcdskids.com)

- ✓ Spacious bright environment
- ✓ Friendly, experienced staff
- ✓ Classroom teacher holds a B.Ed. Degree
- ✓ All staff have appropriate certification and criminal record checks
- ✓ Choice of attendance days
- ✓ Regular field trips
- ✓ Class parties
- ✓ Mild speech & language services for children who qualify (deadlines apply)
- ✓ Great parking, easy access
- ✓ Non-denominational






**For More Information or to Register**  
**780-473-7216 or [www.lcdskids.com](http://www.lcdskids.com)**



## DUNLUCE PRESCHOOL

### Time for play



- a qualified, experienced, energetic and creative Early Childhood Educator
- a great facility- well equipped with lots of room to play
- movement to music, drama, exercise, sports, singing and finger plays
- monthly themes and hands-on activities... everything from stargazing to baking
- Learning through play-educational learning centres that ignite your child's passion for learning
- Exciting fieldtrips - onsite and offsite
- A program dedicated to meeting your child's individual needs
- Preparation for Kindergarten
- Cooperative/Community-based playschool: a great way to meet new families and get involved in your community

Accepting students for our 3 and 4 year old class, starting September 2016. For more information please contact our registrar at 780-499-0232, by email at [dunlucepreschool@hotmail.com](mailto:dunlucepreschool@hotmail.com), or check us out on Facebook! We look forward to seeing you and your little ones.

[www.dunlucepreschool.com](http://www.dunlucepreschool.com)



## CHEF LOU'S KITCHEN

*Fine authentic Asian & Western cuisine*  
Breakfast - lunch - dinner

**Dine in Take out**

**Great food Friendly service**

**Banquets Special occasions**

Chef Lou is Red Seal Certified with 30 years experience  
5 Star current rating - Urban Spoons  
4 Star - Edmonton Sun

**Specialize in Canadian, Chinese, Vietnamese cuisine**

**10% off**  
Dine in or Take out with this coupon

TAKE HOME A FULLY COOKED TURKEY FOR CHRISTMAS. PHONE FOR DETAILS.

**15131 - 121 St**  
**Tel: 780-457-5630 Cell: 780-709-2511**

Dunluce Family Halloween Dance  
Saturday, October 29, 2016



Saturday, October 29, 2016  
Doors open at 5:00 p.m., Supper 5:30 - 6 p.m.  
Costume parade and dance 6:30 - 10:30 pm

Dunluce Community Hall, 11620 – 162 Avenue

TICKETS Before October 15th = \$7.00/ person. After October 15th \$10/person. (under 12 months free). Licensed cash bar and kids candy concession.

Call Lorna at 780-456-4596

\*Advance tickets only, NO tickets available at the door  
\*\* Adults must remain with all children under 17 years old  
\*\*Absolutely no outside food or drinks allowed

A GROWN-UP  
FIELD TRIP



Esks  
EXPRESS

**\$40**  
PER  
TICKET

- ONE LOWER BOWL TICKET TO AN EDMONTON ESKIMOS HOME GAME IN THE BP PARTY ZONE
- TRANSPORTATION TO AND FROM COMMONWEALTH STADIUM FROM BP
- A MOLSON BEVERAGE

Must be legal drinking age.  
Ask your server for more details.

**+** AN OPPORTUNITY TO  
PLAY BP SHUFFLE!

**Boston Pizza - Namao**  
**16521 97 St 780-456-5554**

Dunluce Community Programs  
Fall 2016/Spring 2017

For more information or registration please phone,  
(780) 457-2759, or e-mail [zuzana.bado@gmail.com](mailto:zuzana.bado@gmail.com)

PROGRAM	AGE	TIME	FEE	DAY	LOCATION	NOTE
Gymnastics	5-12	5:30 6:30	\$50	Wednesday	TBA	Body suit & bare feet
Dance Classes Ballet & Tap	3 yrs	Oct. 4-Dec. 6 Jan.10- Mar.14 6:15 – 7:00	\$100	Tuesday	Dunluce Hall	Pink tights, Black body suit
	4+5 yrs	Oct. 4-Dec. 6 Jan.10- Mar.14	\$120	Tuesday	Dunluce Hall	Ballet shoes, Tap shoes



# Lorelei Beaumaris News

## IMPORTANT: Lorelei-Beaumaris Special General Meeting

**Tuesday, November 29, 2016**  
**7pm | 16220 103 Street NW**  
**(Hall)**

All members of the community league are welcome to join us for a special general meeting. There is one item on the agenda: a ballot question on whether the Lorelei-Beaumaris Community League should keep or end its status as a member of the Castle Downs Recreation Society. There will be a debate at 7:00pm from both the “stay” and “leave” sides of the question, and then an opportunity to ask questions to both sides before the binding referendum vote.

Please note that you must hold a Lorelei-Beaumaris Community League membership to be eligible to vote; please bring your membership card to the event to receive a ballot.

For information on acquiring a membership, please email [presidentlbcl@gmail.com](mailto:presidentlbcl@gmail.com). For information on the debate and ballot question, please email [cody.bond@ualberta.ca](mailto:cody.bond@ualberta.ca)

## Lorelei-Beaumaris Indoor Soccer

### *Dribble, Pass and Shoot!*

Soccer is in full gear and our 3 teams are keeping busy with games and practices.

Thanks to all of our parents and our coaches for their commitment to these little athletes! good luck and have fun guys!

We look forward to seeing them on the field learning and having fun!

Please feel free to send us your great sports shots that capture our LBCL Tiger's moments to [commmlbcl@gmail.com](mailto:commmlbcl@gmail.com) for us to post on our website or facebook page.

If you have any questions about soccer registrations please contact our Sports Directors Directors Ghaida & David at [soccerlbcl@gmail.com](mailto:soccerlbcl@gmail.com) or [sportslbcl@gmail.com](mailto:sportslbcl@gmail.com)

**Stay tuned for our outdoor registration information!**

## Scrapbooking and Paper Crafting



Want a great way to escape the hustle of life and capture the moments that will last a lifetime?

Join the creative crew at Lorelei hall 16220-103 street for an upcoming mini-retreat on:

**Saturday, November 19**

Come join the crafty, scrappers at Lorelei-Beaumaris Hall!

You will have the time and space to scrapbook your favorite pictures either traditionally or digitally or do your card making, paper crafting and stamping.

Digital Tid-bits will now be included free in Funcrops, instead of being at a separate paid event.

You will have unlimited use of all Tannis' tools - including Cricut Expressions machine, and cartridges, Cuttlebug and dies, and scanner for conversion to digital file (must have your own USB), a limited amount of supplies will be available for purchase.

Coffee, muffins in the morning, light snacks in the afternoon and some kind of tasty food for supper.

Please contact Tannis for more information [photos@telusplanet.net](mailto:photos@telusplanet.net) 780-885-1647.

## Get Involved in Your Community

We are in need a of Secretary of the Board.

If you are interested in the overall picture of what is happening in your community, or if you would like to share your voice at our monthly meetings, please contact Oksana at 780-990-4696 or email: [commmlbcl@gmail.com](mailto:commmlbcl@gmail.com)

### *New Ideas and Activities*

Are you interested in starting a bridge club, a fitness group, a new parents group, or a seniors club? Do you have an idea for a social event? Are you willing to organize a block party or special event?

We are open to your ideas, your passions, and your skills and would love for you to join us and bring more ideas, activities and events to our community.

Please contact us to share!

## Lines of Communication Lorelei-Beaumaris

**Facebook** – Find the most recent updates and a forum for you to comment or add something of interest for our community members, and don't forget to “like” us at <https://www.facebook.com/loreleibeumaris> (Lorelei-Beaumaris Community League)

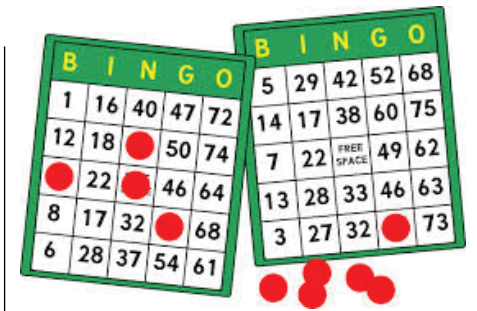
**Twitter** – Find the short and sweet updates at <https://twitter.com/LBCommLeague> Don't forget to follow us!

**Website** – Check out the new look and layout! Visit us at [www.lbcl.ca](http://www.lbcl.ca)

**Gmail** –All email addresses are now gmail addresses. You can find our email links on our website (here: <http://lbcl.ca/new-page-2>) If you don't get a reply within a week please email [commmlbcl@gmail.com](mailto:commmlbcl@gmail.com) (Communications) for assistance.

**Email News** - If you know of someone who would like to receive our email news please have them email a request to [commmlbcl@gmail.com](mailto:commmlbcl@gmail.com).

*Note:* You can unsubscribe at any time by replying to our email sent with “unsubscribe” in the body or subject line.



## Bingos

### Upcoming Bingos

Our next bingo dates, held at Kensington Bingo Hall from 4:45pm - 9:45pm

Monday, November 21

Thursday, December 1 (6 volunteers needed)

Wednesday, January 25 ( 8 volunteers needed)

Monday, February 20 (Family Day stat) (18 volunteers needed)

Please consider volunteering! **\$50 Tiger bucks will given for each volunteers spot filled.** Tiger bucks can be used for soccer registration fee or hall rentals.

If you are scheduled for a bingo, Jennifer will give a courtesy phone reminder about a week prior (to the number you wrote down at registration time. You also have your parental commitment date on your copy of the registration form).

**For bingo inquiries please contact Jennifer at 780-720-7843 or email: [bingolbcl@gmail.com](mailto:bingolbcl@gmail.com)**

**Advice when volunteering at Bingo:** Wear comfortable shoes, as most jobs require you to walk around the bingo hall for the shift. Please don't plan on texting friends or standing on the sides; we are expected to focus on our job and circulate throughout the room.

You will get a 25 minute break which allows you to sit and relax and you can have a meal from the concession stand for free.

Do call-backs quickly (calling out the bingo winner's number) which speeds up the games and gets you out earlier.

Have fun; visit with your community members as you walk around, and think of all the good you are doing for your community and your body (it is exercise too!).



Classes Offered (9:00am-11:15am):  
 3/4 year olds Tues & Thurs \$90.00  
 4 year olds Mon/Wed/Fri \$135.00  
 4 year olds Mon to Fri \$225.00

To register, please contact Heidi at: 780-475-7750. For more information or to see what they have been up to please visit the playschool website <http://www.loreleibeau-marisplayschool.com>

## 2015-2016 Lorelei-Beaumaris Board of Directors

President	Sonya	presidentlbcl@gmail.com
Vice President	Maria	vicepresidentlbcl@gmail.com
Secretary	VACANT	secylbcl@gmail.com
Treasurer	Christina	treasurerlbcl@gmail.com
Ways and Means	Taryn	waysmeans@gmail.com
Past President	Cody	pastpresidentlbcl@gmail.com
Bingo Chair	Jennifer	bingolbcl@gmail.com
Casino Chair	Lorna	casinolbcl@gmail.com
CDRS Representatives	Lorna & Jennifer	cdslbcl@gmail.com
Variety Show Reps	Taryn, Caroline, VACANT	<a href="mailto:varietyshowlbcl@gmail.com">varietyshowlbcl@gmail.com</a>
Sports Director	Ghaida & David	sportslbcl@gmail.com
Social Directors	Heidi & Liza	sociallbcl@gmail.com
Memberships	Sabrina	memberships1bcl@gmail.com
Communications	Oksana	comm1bcl@gmail.com
Community Safety Directors	Jennifer	communitysafetylbcl@gmail.com
Director at Large	Rosemary	
Director at Large	Arlene	
Website	Oksana	comm1bcl@gmail.com
Playschool Information		<a href="http://www.loreleibeau-marisplayschool.com">www.loreleibeau-marisplayschool.com</a>
General Manager	Tina	hallrentalslbcl@gmail.com 780-686-4415
City of Edmonton Community Recreation Coordinator	Alison Mould	<a href="mailto:alison.mould@edmonton.ca">alison.mould@edmonton.ca</a>
<b>LBCL Website:</b> <a href="http://www.lbcl.ca">www.lbcl.ca</a>		
<b>Facebook:</b> <a href="https://www.facebook.com/loreleibeau-maris">https://www.facebook.com/loreleibeau-maris</a>		
<b>Twitter:</b> <a href="https://twitter.com/LBCommLeague">https://twitter.com/LBCommLeague</a>		

**NOTE:** If you are having issues contacting someone please contact our Hall Manager who will pass on your message. **If you are interested in filling any open positions or would like to get involved please send an email to our president at presidentlbcl@gmail.com.**

## Hall Rentals

Lorelei-Beaumaris Community League has the largest Hall facility in Castle Downs.

- Hall dimensions are approximately 60 ft x 52 ft (bar to wall)
  - Accommodation for 448 guests (non-fixed seats), 354 (non-fixed tables & seats), 280 (dining and beverage).
  - Air conditioned, pot lighting, coatroom, wheelchair accessible washrooms
  - Raised stage setting (stage dimensions 13 ft x 20 ft wide)
  - Stage risers for the floor area (Risers consist of 5 units (ea 4' x 8') for a total raised floor stage setting of 20' x 8', grey carpeted & black skirting - \$100 with main hall rental)
  - Black lecturn (podium)
  - 30 - 5ft round tables, 40 - 6ft rectangular tables 2 - 3ft accent tables
  - Full, commercial kitchen with natural gas stove & ovens
  - Spacious wet-bar area with bar-fridge and ice machine
  - Large BBQ available (cooks up to 65 burgers or 126 hotdogs all at once)
  - Multi media system available for power-point, slideshows, videos, etc...
  - We do not have linens or chair covers.
- Event rental companies will be able to assist you with these items.  
 All Rates include GST:
- \$710 - Fri 4:00pm - Sunday noon (Note: Sept.- May full weekend bookings must be made at least 8 weeks in advance)
  - \$450 - Friday or Saturday
  - \$240 - all day Sunday
  - \$40 hourly rate (weekdays and Sundays)
  - \$300 - media system rental
  - \$35 - music (if recorded music of any sort is played - Socan & Resound tariff)
  - \$100 - 20'x8' floor level stage risers (carpeted and skirted)
  - \$75 - Large BBQ (cooks up to 65 burgers or 126 hot dogs at once)
  - \$50 - dishes rental (plates, cutlery, glassware, limited small wares)
  - Deposits on ALL Rentals: Hall \$500 Media \$800 (Hall + Media = \$1300)

**\*\* Please note that all contracts signed for hall rentals will be required to purchase Renters Insurance for their event date at Lorelei Hall. We will give them the link to FPB Insurance to do this online. \*\*** (Prices are subject to change. Please confirm with Hall Manager)  
 \* Discounts may be available to LBCL Members who are booking for their use. Please talk to the hall manager for more information.

Call Tina 780-686-4415 for questions or an appointment to view (please leave a message). Email [hallrentals@lbcl.ca](mailto:hallrentals@lbcl.ca) If you would like to see photos of the hall from various angles to get a feel for it please visit our photos on our website at [www.lbcl.ca](http://www.lbcl.ca) or on our [www.facebook.com/loreleibeau-maris](https://www.facebook.com/loreleibeau-maris).

## LEST WE FORGET

Remembrance Day is a time to take pause and thank those who have dedicated their lives to protect Canadians and our way of life.

As the Provincial Government Liaison for the Canadian Forces, I want to take this time to honour and express my sincere gratitude for the enormous sacrifice made by the members both past and present of the Canadian Forces.

I will have the pleasure of speaking with Alex Tsang, Major (ret'd) and President of the Edmonton United Services Institute at Mary Butterworth Junior High School on Nov 1. This collaboration is part of the nationwide Memory Project which connects Veterans and Canadian Forces Personnel with the opportunity to speak to classrooms across Canada.

As always, my office and staff are available to you if you require assistance with provincial governmental programs or agencies.



## Nicole Goehring

MLA for Edmonton Castle Downs

12120 161 Avenue NW

Edmonton AB, T5X 5M8

PH: 780-414-0705 FX: 780-414-0707

[Edmonton.castledowns@assembly.ab.ca](mailto:Edmonton.castledowns@assembly.ab.ca)



# Join Us!

## Lorelei-Beaumaris Community Memberships

2016-17 Memberships are now available and are valid until August 31, 2017.

Family memberships are \$25 and singles or seniors are \$15.

Lorelei-Beaumaris community league membership can be purchased:

- Mac's Convenience Store - Beaumaris (by Lakeside Landing – 113A street & 153 Ave).
- online by visiting EFCL online memberships (single or senior memberships are not available online)
- directly from the league. Please email [memberships@lbc1@gmail.com](mailto:memberships@lbc1@gmail.com)

## Outdoor Rinks in Lorelei

Are you looking for somewhere to play shinny or somewhere to practice skating where you can hang on to the boards, or somewhere you can work on that single axel? **Lorelei-Beaumaris is planning to have ice rinks available for you!**

Access to the rink is free with your 2016-17 skate tag or community membership card; a drop-in fee for non-members will be available.

We have some skates and helmets available to lend if you need some gear.

Rink hours has not been confirmed at this time.

Once days/times have been confirmed, we will post this information on our website [www.lbc1.ca](http://www.lbc1.ca) or our facebook page <https://www.facebook.com/loreleibeumaris>

We will do our best to have the rink open as scheduled weather permitting. (The rink will be closed at -20°C w/ windchill or above +1, or in heavy snow conditions.)

## City Services & General Information

Visit [www.edmonton.ca/311](http://www.edmonton.ca/311) or call 311 for information and access to City of Edmonton programs and services such as:

- Inspections, licenses, permits
- Comments, commendations, bylaw complaints
- Roadway & waste management information
- Program registrations and bookings
- Transit information

311 agents are available 24 hours a day, every day.



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[www.delucainsurance.ca](http://www.delucainsurance.ca)

**780-473-6421**



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**DOUBLE  
CHEESEBURGER  
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**TRIPLE  
CHEESEBURGER  
\$3<sup>99</sup>**



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12708-140 Ave  
780-454-5258

**Namoo DQ Grill & Chill**  
15837-97 St  
780-760-0037

**Newcastle DQ Grill & Chill**  
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780-705-6757



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