

CASTLE NEWS

*Serving the community leagues of
Baturyn, Caernarvon, Carlisle, Cumberland/Oxford,
Dunluce, Lorelei/Beaumaris*

Aug-Sep 2017



Published by Calder Publications. To advertise please call 780-434-9732 or email info@communityleagueneews.com

Double Gold for Carlisle U18 Girls

City Finals - Congratulations to the Carlisle U18 Girls team for winning GOLD at the Outdoor 2017 City Finals

Provincials - Congratulations to the Carlisle U18 Girls team for capturing GOLD at the Outdoor 2017 Provincial Championships. This marks the 5th time this team has been crowned the best team in the Province!



CASTLEDOWNS VARIETY SHOW

"An Evening of Adult Comedy"

www.castledowns.ca

Box 31075 Nmap Center, Edmonton AB T5Z 3P3

Phone (780) 406-9070

2017 Castle Downs Variety Show

Cast, Crew and Committee Call
33rd Annual Variety Show
Wednesday August 30th, 2017 at 7:00 pm
Caernarvon Hall 14830 -118 Street

If you would like to be on the committee, on stage or behind the scenes, come on out and meet the committee, the writers and directors and the returning cast and crew members.

Check us out to see if you would like to get involved. This is a Restricted Adult Comedy; you must be at least 18 years of age to participate.

If you have any questions please email: varietyshow@castledowns.ca

varietyshow@castledowns.ca

Check us out on Facebook Castle Downs Variety Show or Website: www.castledowns.ca and click on Variety Show.

Indoor Soccer Registration For Your League

Baturyn Registration:

August 12th - 10am to 12pm

Late Registration*:

August 29th - 6pm -8pm
Baturyn Hall, 10505 172 Ave.

Caernarvon Registration:

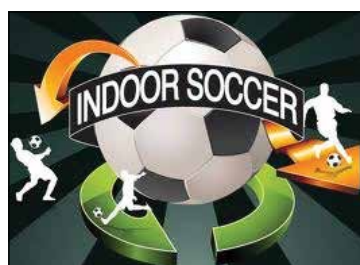
Aug 20 (Sun. 1pm to 3pm)
Aug 24 (Thurs. 6pm to 8pm)
Sept 7 (Thurs. 6pm to 8pm)
Sept 10 (Sun. 1pm to 3pm)

Carlisle Registration:

Saturday Sept 9 - 12 noon
Wednesday Sep 13 - 6:30pm
LATE Registration

Dunluce Registration:

Tuesday, August 29, 2017 - 6:30 - 7:30 pm
Dunluce Hall, 11620 - 162 Avenue



Lorelei-Beaumaris Registration

August 4,
5:00 pm - 8:00 pm.
August 13
4:00 pm - 7:00 pm.
September 10 5:00 pm
- 7:00 pm. (late fees/
extra commitment in
effect)
Lorelei-Beaumaris
16220-103 St.

Check inside the newspaper under your community league for more information on registration process, times and fees.

Cool off at a spray park!

The best way to stay cool during the summer months is to head to one of the City's free, drop in water play features. There are lots of places to splash away the day, some of them in your very own neighbourhood!

The Water Play Program season ends September 18 for all sites. All site hours are subject to change due to weather changes and maintenance schedules.

District water play sites are staffed from 11am-6pm all week long in July and August. Water play supervisors are there to promote safe play practices at the park and maintain a positive and respectful park atmosphere. These staff are identifiable by the yellow City of Edmonton T-shirts.



Hudson Park
13625 Cumberland Road
9am-9pm daily

Castle Downs Spray Park (District water play site)
153 Avenue & 117 Street
9am-9pm daily

Baturyn News



Community League Board Contacts

Positions are filled on a voluntary basis.
If you are interested in board positions or would like to get involved, please contact the Board President at president@baturyn.ca to inquire about vacancies and opportunities.

Position	Name	Email
President	Courtney Barnes	president@baturyn.ca
Vice President	Nicole Yankee	vicepresident@baturyn.ca
Secretary	Tricia Stettner	secretary@baturyn.ca
Treasurer	Paul Petersen	treasurer@baturyn.ca
Facilities Director	Earl Archer	facilities@baturyn.ca
Hall Rental Rep	Vacant	rentals@baturyn.ca
Volunteer Director	Lerrae Sydor	volunteers@baturyn.ca
Ways & Means Director	Jared Huston	finance@baturyn.ca
Communications Director	Lorna King	communications@baturyn.ca
Communications Assistant	Angela Ferguson	communications@baturyn.ca
Program Director	Angela Ferguson	programs@baturyn.ca
Sports Director	Lynn Archer	sports@baturyn.ca
Soccer Chairperson	Candice Bevan	soccer@baturyn.ca
Soft Ball Chairperson	Melissa Voll	softball@baturyn.ca
Social Director	Vacant	social@baturyn.ca
Membership Rep	Samantha McRae	membership@baturyn.ca
Membership Rep (Online)	Valerie Boychuk	membership@baturyn.ca
Bingo Chairperson	Nicole Yankee	bingo@baturyn.ca
CDRS Rep	Lorna King	cdrs1@baturyn.ca
Variety Show Rep	Shyehana Goonewardena	varietyshow@baturyn.ca
Variety Show Rep	Holly Twerdochlib	varietyshow@baturyn.ca

Board Meetings

1st Monday of the Month at 7pm
July & August: No Scheduled Meetings

You may also view board contact information at
www.baturyn.ca/contactus

Indoor Soccer Registration 2017/2018

Online Registration began July 15th with EMSA.



You will be required to start the registration process by going to the EMSA's website at <https://emsasoccerportal.com> and completing the required registration documents.

To complete the registration process, you will also be required to attend one of the registration sessions listed below.

Registration:

August 12th - 10am to 12pm

Late Registration*:

August 29th – 6pm –8pm

*Please note there is a fee for late registration of \$25 and late registrants are required to fulfill 2 volunteer commitments.

Registration session will be held at Baturyn Hall, 10505 172 Avenue.

If you are unable to make one of these sessions, please contact Candice at soccer@baturyn.ca.

Playschool Currently Accepting Registrations for 2017-2018

Currently Accepting Registrations for 2017-2018
We offer a fun, play-based program that builds your child's social and academic skills. Students are introduced to the joys of learning by participating in in-school and out-of-school field trips, taking part in pre-reading, science and math projects, crafts, games, songs and music, kinder-cooking and daily physical activity.

LOCATION: Baturyn Community Hall, 10505 172 Avenue

COST TO REGISTER: \$45 non-refundable registration fee. Other payments (monthly fees etc.) will be handed in at the August final registration meeting.

Registration is available on a first come, first served basis.

For 3 year olds: Tuesdays and Thursdays AM Class – 9:00am to 11:30am
For 4 year olds: Mondays, Wednesdays, and Fridays AM Class – 9:00am to 11:30 am or PM class – 12:45pm to 3:15pm

*Child must be 3 years of age at the start of the playschool year for the three year old class. ALL children must be fully toilet trained for any class. Find us on Facebook by typing www.facebook.com/BaturynCommunityPlayschool For more information, please visit our website at baturynplayschooledmonton.weebly.com or email our co-chair at bcps.cochair@gmail.com for more information on how to register.

Volunteer Opportunities

Board Position – Social Director

Do you like being social and building relationships? Do you like planning social activities that are fun and exciting?

You might be a great fit for the Social Director position.

The Social Director plays an integral role in events put on by the community league. This significant role is responsible for planning and organizing events throughout the year.

These events help to foster community engagement, create opportunities for people in the community to meet their neighbours, and provide for fun and entertainment for people of all ages. Some events we have enjoyed are the Annual Winterfest, New Years Eve Party, and the upcoming Mother's Day Tea & Cookies/Pots for Porches event.

There is lots of opportunity for the person who fills this role to be creative with their event planning and create networking opportunities for themselves and the community league.

Board Position - Bingo Representative (2 Positions Available)

Bingos are an important part of our community league operation as they provide the league will much needed funds to help run many programs. The Bingo Representative is responsible for coordinating the volunteers working at one of the 14 bingos the league is responsible throughout the year. They will act as liaison between the community league, bingo hall and Alberta Gaming and Liquor Commission.

We are looking for two individuals to share the responsibilities of this position. Both incumbents are able to coordinate on coverage at the Bingos and their attendance at required meetings.

Board Position – Castle Downs Recreation Society Representative (2 Positions Available)

Castle Downs Recreation Society (CDRS) is an advisory committee made up of the community leagues in the Castle Downs area. Acting on behalf of Baturyn Community League (BCL), the CDRS rep attends BCL board meetings and reports BCL happenings at the monthly CDRS board meeting. In turn the CDRS Rep will report back to the BCL board any information pertinent to the community from CDRS. This is a good opportunity for anyone who is interesting in what is happening in our Castle Downs communities and also give a voice for the Baturyn communities on a larger scale.

As we have two voting positions on the CDRS board we are looking to fill 2 positions to ensure that Baturyn has their say in happenings that may affect BCL members.

To inquire or to apply on these Board positions, please contact Courtney at president@baturyn.ca.

If you want to get involved in your community, or if you are a teen and have to fulfill volunteer hours for school requirements, or if you have a volunteer commitment for sports registration that you need to meet, contact Lerrae at volunteers@baturyn.ca to see how you can volunteer.



Baturyn Community League
Hall: 10505 172 Avenue
Phone: 780 - 457- 4347
Website: Baturyn.ca

Planning a big party or hosting a big event?

Baturyn Community Hall may be the place for you; located between St. Charles Elementary School and Baturyn Elementary School, Baturyn Community Hall features a full commercial kitchen, bar, coat room, covered back patio with large BBQ, Fire Pit, & 2 boarded sports fields. For events involving children there is also a community playground located in front of the hall and basketball court located beside the hall.



Hall Features:

- Seating Capacity: 275
- Hall Size: 55ft x 65ft
- Tables: 43 rectangular tables (seats 8)
- Chairs: 275
- Wheel Chair Accessible
- Plenty of Parking
- Industrial Kitchen Appliances – Gas Stove, Walk In Fridge, Microwave, Freezer, Dishwasher
- Large Kitchen Preparation Space
- Separate Bar with 2 door fridge & freezer
- Large Dance Floor
- Air Conditioning

Hall Rental Information:

Standard Rates	
Rental Period	Rates
Weekday Evenings	\$35/hr
Saturday 10:00 am – Sunday 10:00 am	\$425
Sunday 11:00 am – 5:00 pm	\$150
Sunday (Long Weekend)	\$250
Package Rates	
Rental Period	Rates
Friday 6:00 pm – Sunday 10:00 am	\$500
Saturday 10:00 am – Sunday 5:00 pm	\$550
Friday 6:00 pm – Sunday 5:00 pm	\$600

Notes & Exceptions:

1. All rentals require a signed contract
2. Damage deposit is equal to the rental rate and will be refunded upon inspection of the hall after the event; final rental payment is due 30 days prior to the event.
3. Parking is constrained in the area and the parking lot is not available until after 5:00 pm during the school year.

To inquire about renting the hall, please email rentals@baturyn.ca.

Upcoming Membership Drive

During the Summer we will be going door to door in our neighbourhoods to provide information and answer any questions you may have about League Memberships. We will also be providing anyone who is interested in purchasing a membership the opportunity to purchase a discounted 2016/2017 membership with the purchase of a 2017/2018 membership.

Special Offer: Purchase a 2016/2017 membership for \$15 with the purchase of the 2017/2018 membership. Annual Memberships are valid from September 1 to August 31.
Membership Fees:
Family \$25.00
Single (16+) \$25.00
Senior (55+) \$10.00

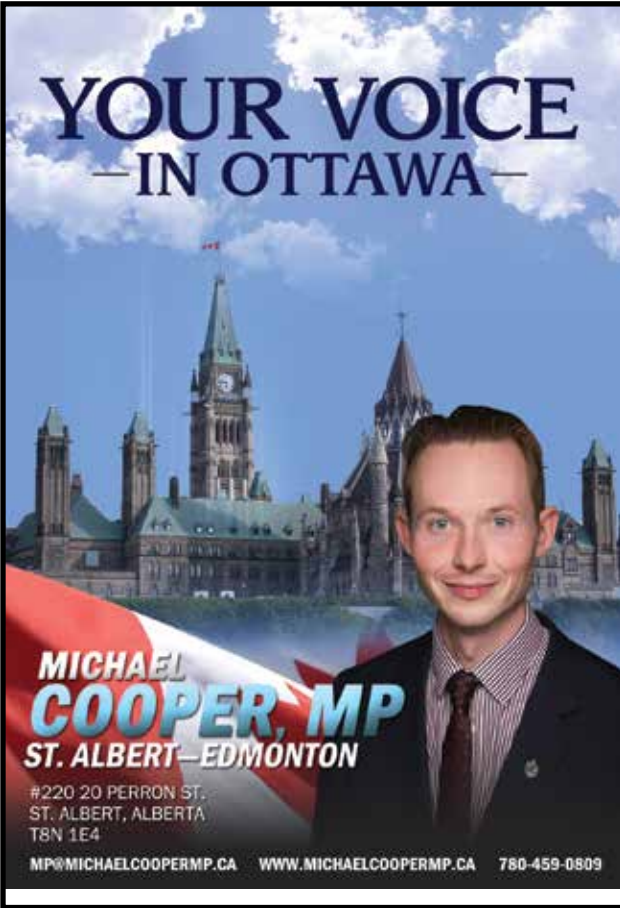
Membership Benefits: • Access to community hosted events • Community League sports programs • Free access to community swim times at the YMCA, Grand Trunk Fitness & Leisure Centre, or O’Leary Fitness & Leisure Centre • Free access to all Community League outdoor rinks • NEW - 20% discount on City of Edmonton Recreation Facilities* Adult, Family, Child, and Youth/Senior annual passes or continuous monthly passes. 15% off Multi-Pass purchases.

Memberships are required to access programs offered by your Baturyn Community League.

*Facilities and amenities include swimming pools, whirlpools, fitness studios, cardio areas, weight rooms, racquetball, squash, badminton and tennis courts, indoor running tracks, gymnasiums, cafeterias and pro shops. To learn more please call 311 or visit www.edmonton.ca/wellness.

Get your membership today by going to Baturyn.ca or emailing membership@baturyn.ca Your membership fees help support the delivery of various community programs and events.

**YOUR VOICE
— IN OTTAWA —**



MICHAEL COOPER, MP
ST. ALBERT—EDMONTON

#220 20 PERRON ST.
ST. ALBERT, ALBERTA
T8N 1E4

MP@MICHAELCOOPERMP.CA WWW.MICHAELCOOPERMP.CA 780-459-0809



Dr. Tarek Tarchichi
www.castledownsdentalcentre.com
780-456-2990
11816-145 Ave



**New Patients Welcome.
Emergency & Walkins.
Apointments Available
Gentle Dentistry for
the whole family.**



At Castledowns Dental Centre, We are more than glad to offer you the following services:

- Root Canal Treatment
- White Fillings
- Wisdom Tooth Extractions
- Partial Dentures
- Dental Implants
- Sedation
- Crown & Bridges
- Veneers
- In office Zoom Teeth Whitening

Dental Centre Hours

Monday to Friday 8 am to 5 pm
Saturdays 9 am to 4 pm

We are closed on Sunday & Public Holidays

We Accept:





Social Director

We currently have most positions filled on the Baturyn board, but one key element we are missing is someone (or even a couple people) to fill the Social Director position. This person is the key organizer for our fun and social community events, such as Community League Day in September, our family friendly New Year’s Eve Party and Winterfest in February, as well as smaller events as they arise. Currently this role is being backfilled by current board members, but it is becoming too much in addition to our regular board responsibilities. If you enjoy community league gatherings and are interested in learning more about how you can help with our party-planning and social organizing, please contact president@baturyn.ca.



Want to know what is going on in your community?

Get access through your mobile phone or computer for up to date information on community announcements and events.

Find us at www.facebook.com/BaturynCommunityLeague

Keep up to date by liking us and receiving community notifications





Coffee Date Night
hosted by
Baturyn Community League

September 29, 2017
7pm to 10pm

Baturyn Community Hall
10505 172 Avenue

Visit Baturyn.ca or
www.Facebook.com/BaturynCommunityLeague
For more information
closer to the date.



As part of our Community League Day celebration, we will be hosting a community Garage Sale & Vendor Market.

September 16, 2017
10am to 4pm
@
Baturyn Community Hall
10505 172 Avenue

\$10 for Community League Members
Free if you bring your own table!

Tables available for \$20 for vendors
Kids vendor table is \$5.

To see about booking a table please contact
Jared at waysandmeans@baturyn.ca

Open to outside vendors with a priority to
Community League Members.

Are You looking For Your Hairstylist?



Tammy or Kayla?

They're both at
SPIKES HAIR STUDIO
120 - 10807 Castle Downs Rd
780-462-1766

Very competitive prices. Book your appointment today.



Community League Day

Community Leagues are all about being a part of the community you live in. Community League Day gives you a chance to find out what Community Leagues are all about and have great family fun while meeting others in your neighbourhood.

Baturyn Community League is hard at work planning our Annual Community League Day. Check out Baturyn.ca or visit us on Facebook at www.facebook.com/BaturynCommunityLeague as the date gets closer.

September 16, 2017

10am to 4pm

Baturyn Community Hall

10505 172 Avenue



Baturyn Community Green Shacks and Summer Camps!

The City of Edmonton Green Shack programming is returning to our community this year in FOUR locations. This is a free program for children ages 6-12 years.

Join in games, sports, crafts, music, drama, and special events. You'll find a list of upcoming activities and special events posted on the side of the Green Shack each week. If there's a game or activity that you'd like to play, just ask the Program Leader, who is easily identified by their blue shirt and name tag.

Come join the fun!

MORNINGS from 10:30am-1:30pm at Baturyn Playground (10505 172 Ave)
AFTERNOONS from 2:30pm-6pm at Chambery/Elsinore Playground (17604 104 St)
Canossa green space (17036 115 St)

Also being held at our Community Hall this summer are two City of Edmonton Day Camps:

- **Rumble in the Jungle** (Ages 4-6) Aug 8 - Aug 11
1:30pm - 4:00pm \$67, Course Code 596613
- **Little Top Circus** (Ages 4-6) Aug 21 - Aug 25
1:30pm - 4:00pm \$78, Course Code 596610

To register for the Day Camps or for more information, visit www.edmonton.ca or call 311.

Caernarvon News

League Executive

Hall: 14830-118 St 456-3435

President: Evan Hellyer president@caernarvon.ca
Vice President: Jennifer Schell vice@caernarvon.ca
Past President: Vacant
Treasure: Teena Burrell treasurer@caernarvon.ca
Secretary: Dawn Nebeker secretary@caernarvon.ca
Hall Rental: Jennifer Schell & Danny Burrell rental@caernarvon.ca
Baseball: VACANT
Bingo: Lynne Hellyer bingo@caernarvon.ca
Social: Kati Hutt social@caernarvon.ca
Equipment: Giovanni Borrelli equipment@caernarvon.ca
Equipment(2): Sandy Reda
Equipment(3): D'Arcy Sommer
Maintenance: VACANT maintenance@caernarvon.ca
Membership: Lynne Hellyer membership@caernarvon.ca
Neighbourhood Watch: VACANT neighbourhoodwatch@caernarvon.ca
Newsletter: Dawn Nebeker newsletter@caernarvon.ca
Signs: Christina Buryuik signs@caernarvon.ca
Programs: Amanda Evans programs@caernarvon.ca
CDRS: Danny Burrell cds@caernarvon.ca
CDRS: Jennifer Schell cds@caernarvon.ca
Soccer: Toni Borrelli soccer@caernarvon.ca
Variety Show: Pam Irwin varietyshow@caernarvon.ca
Variety Show: VACANT
Casino: Amanda Evans casino@caernarvon.ca
Casino: VACANT
At Large (Website): Sarah Hunczak webmaster@caernarvon.ca
At Large: Kat Furtado

FREE Summer Greenshack Program at Caernarvon (JULY 24 - AUG 24)

The City of Edmonton has selected our neighborhood for full-day fun activities Monday through Friday from 10am to 6pm from July 4, 2017 until August 24, 2017 (except in extreme weather)! This program is intended of children ages 6 to 12 years, however anyone under 6 is welcome with adult supervision. For more information see our Facebook page or edmonton.ca and search "Green Shack".



FREE Pop-Up Play in Baranow (JULY 25 - AUG 25)

Baranow Neighborhood will be part of a new free program for kids aged 6 to 12 years called Pop up Play! Currently scheduled for Tuesdays and Fridays 10:30am to 1:30pm in July and August. The activities are similar to the Greenshack, simply held at a different location. This pop-up play will be at 142 Avenue and 124 Street NW near the pond! Check our facebook or more information can be found at [http://www.edmonton.ca/ search Pop up Play](http://www.edmonton.ca/search%20Pop%20up%20Play).

Indoor Soccer Registration

The EMSA Portal online (emsasoccerportal.com) opens on July 15 to initiate registration for the Indoor Soccer season. This must be done prior to the second part of registration which occurs at Caernarvon Community Hall on these dates:

Aug 20 (Sunday 1pm to 3pm)
Aug 24 (Thursday 6pm to 8pm)
Sept 7 (Thursday 6pm to 8pm)
Sept 10 (Sunday 1pm to 3pm)

Soccer starts in October. Avoid disappointment and mark your calendar now and watch our Facebook "Notes" and Events for more information and about subsidies.

Caerny Bucks

Caerny Bucks are worth \$40 and are given to people who work extra bingos when they cannot be filled with sports registration commitments.

These valuable credits can be put towards registered programs such as soccer registration, YMCA memberships, or City of Edmonton registered programs.

If you would like to be included on the Caerny Buck list to work Bingos please contact our Bingo Director Lynne Hellyer at bingo@caernarvon.ca.

Facebook

Keep up to date in our community with registrations, events, sports, and so much more! Look up "Caernarvon Community League" and select "Like" and "Follow".

I am here to serve you.



WARD 3 COUNCILLOR
Dave Loken



2nd Floor,
1 Sir Winston Churchill Sq.
Edmonton, Alberta,
Canada T5J 2R7



Tel: 780 496 8128
Fax: 780 496 8113



dave.loken@edmonton.ca



@daveloken



www.daveloken.com

Hall Rental

If you are looking for a site to host your next big event, give the Caernarvon Community Hall a try! It is wheelchair accessible! We are one of the only halls in the city that offers clean up after the event.

The Hall includes a full kitchen with brand new Full Commercial gas stove with 2 ovens, a wet bar, a coat room, and a raised stage.

Seating Capacity

250 guests - Theatre-style seating facing stage

220 guests - Dining, Beverages, without a Dance Floor

185 guests - Dining, Beverages, and Dance Floor

Please call or text 780 456-3435 or email rental@caernarvon.ca if you have questions or would like an appointment to view the facilities.

Hall Rental Rates

Hourly (Mon. - Thurs.) with a minimum of 2 hour rental

• Boardroom: \$20 • Hall: \$35

Daily

Sun. - Thurs. (8am to 3am): Hall: \$300

Fri. (8am to Saturday 3am): Hall: \$400

Sat. (8am to Sunday 3am): Hall: \$450

Weekend Rates

Friday and Saturday (5pm Friday until 3am Sunday) OR

Saturday and Sunday (8am Saturday to 5pm Sunday)

Hall: \$550

Add-Ons

Large BBQ \$50

Theatre Popcorn Machine \$50

Dishes Rental \$50

(plates, cutlery, glassware, some small wears)

Damage Deposits

Daily Hall Rental: \$1000

Hourly Hall Rental: \$250

Sound System Deposit: \$500

If you don't see your arrangements of dates or times, please call or text 780 456 3435 for a quote from our rental directors.

Bingo Opportunities

We are looking for volunteers to work upcoming Bingo nights.

Bingos bring money into the Community League and supplement activities we offer as well as pay the utilities for the Hall.

We offer Caerny Bucks towards registered activities in Edmonton.

Call Lynne at 780-641-4996 for more details or check out our Facebook page.



Join the Air Cadets



504 Blatchford Field
Royal Canadian Air Cadet Squadron

Youth ages 12 -18

FREE!

- **Have fun • Make friends**
- **Camping • Flying • Sports**
- **Music • Trips**
- **Summer programs**

Wednesday Evenings

6:30 to 9:30 p.m.

Kingsway Hangar

504rcacs.ca



Are you a fair-weather scooper?

We all know we should pick up our dog's poop, but it's very easy to forget a bag or look the other way especially when no one else is around.

Don't be that kind of dog owner. Make a point of scooping your dog's poop every single time they go on public property. Carry a few bags with you so you're always prepared to pick up after your dog. It's also important to regularly clean up pet waste on your own property.

Neglecting to pick up after your dog could mean that someone else picks it up ... on their shoes. Far more seriously, it could

expose people and other pets to bacteria, viruses and parasites in your pet's waste. You could also end up with a \$100 fine.

There's no denying that scooping up poop is an unpleasant job, but it's a responsibility that comes with owning your dog and a small price to pay for the joys of owning a furry friend.

Help keep the pathways around your league poop free. Please remember that all dogs on parkland must be on a leash. Your community league rinks are not considered an off leash park; please refrain from using them for your dogs.

Carlisle Community Executive 2016

Position	Filled by	Phone	e-mail
President	Krista Hennigar	780- 951-7627	khennigar@shaw.ca
Vice-President	Heather Magnes	780-903-3583	magnes@telus.net
Treasurer/Grants	Myer Valeriano	780-907-1198	myerval@hotmail.com
Membership	Tara Pohl-Gobeil	780 218-3399	tpohl1@telus.net
Secretary	Tara Pohl-Gobeil	780-218-3399	tpohl1@telus.net
Buildings and Grounds	Ryan Simpson	780-267-7777	ryan.simpson@shaw.ca
Bingo Chairperson	Chantal Brown	780-238-6234	kncbrown@shaw.ca
Casino Chairpersons	VACANT Krista Hennigar	780-951-7627	khennigar@shaw.ca
Sports Equipment	Rob Jarowka	780-486-2893 780-910-9450	4jars@telus.net
Newsletter Editor/Web-site	Michael Foster	780 991-4738	othyus@gmail.com
Rink Attendant	Fred Gregory	780-457-1044	fredatball@gmail.com
Soccer Director	Rob Lewis	780-486-2893	rmlewis10@shaw.ca
Program Director	Diane Neiman	780-457-6239	neimandiane55@gmail.com
Variety Show Representatives	Michael Foster VACANT	780 991-4738	othyus@gmail.com
CDRS Representatives	VACANT Kerri-Lynn Parker Krista Hennigar	780 554-7037 780-951-7627	kerrilynnp@gmail.com khennigar@shaw.ca
Hall Rental Director	John Paul Potestio	780-993-3503	jpp1@shaw.ca
Social Director	Tess Potestio Kara Henebury	780-974-3503 780-995-2444	mpotestio@yahoo.ca karalhenebury@hotmail.com
CRC – City of Edmonton	Trudy Raadik	780-496-1911	trudy.raadik@edmonton.ca
Member at Large	Neil Chymko	780-975-0421	neil.chymko@gmail.com

Fitness Classes

Come and Join us

Carlisle Community Hall at 14240-117 St
For fat burning and stomach flattening
Cardio & Pilates



All levels welcome – beginner to pro

Monday and Wednesday 7:30 – 8:30 pm

Prepaid registrations is \$80 for 20 classes or \$10 drop in

For more information please call Zuzana at 780-914-1775

-AFLCA Certified Instructor

Programs

Programs updates

**ABC-123 - Tuesday,
October 3, 2017**

**Gymnastics - Wednesday,
October 4, 2017**

**Fit Kids - Thursday,
October 5, 2017**

**Cardio & Pilates - Monday,
September 11, 2017**

**Yoga Classes - Tuesday,
September 26, 2017**

Hall Rental



**CARLISLE COMMUNITY HALL
14240 – 117 STREET**

UPPER LEVEL CAPACITY SEATED 99

Members \$300 and Non-Members - \$350

**Rental Inquiries Contact Hall Rental Director
John Paul Potestio @ 780-993-3503
Now Accept VISA & Mastercard**

Indoor Soccer Registration:

Saturday Sept 9 - 12 noon

Wednesday Sep 13 - 6:30pm **LATE Registration**

At the Carlisle Community Hall 14240-117St

****You must register online before attending the payment session**

**** <https://emsasoccerportal.com/ui/?zone=north>**

Please bring the following to the Registration Session:

- 1 printed copies of the Player Registration Summary provided during online registration printable at the end of your online registration session or from your Dashboard.
- A copy of your 2017-2018 Community League Membership is required. OR you can purchase a membership for \$25 (Family or Single).
- Player's legal proof of age (eg. Alberta health care, Birth certificate)
- Registration fees payable or proof of online payment.
- Any other Deposit as listed on the payment page (please leave them undated until receiving instructions at the registration session)

GYMNASTICS • PLAY • FUN

Where we flip over fun!

FALL REGISTRATION NOW OPEN!

CHECK OUT OUR DYNAMITES PLAYGYM PROGRAM!



DGC

780-458-3153

For 3 & 4 yr olds in AM & PM available!
Runs September to June

Register online or in person at:
www.dynamyxgymnastics.com

25 Chisholm Ave, Bay 104, St. Albert
Located in the Campbell Park Business area

BIRTHDAYS • \$159 • SATURDAYS & SUNDAYS

Puppy Alert! Puppy Raisers Needed for Fostering Service Dogs In training

Do you want a cute puppy and only commit for a year? Would you like to learn dog training skills while enhancing the life of an Albertan with a disability? Do you enjoy being involved with a great group of volunteers while helping someone in your community? The call now (780-944-8011) if you are able to provide a safe, stable, and loving home for one of our service dogs in training!

Benefits:

- All food, equipment, and veterinary costs are covered by us! All you provide is bedding, toys, treats, and endless love and fun!
- Holidays planned? No problem! We have loving and dedicated volunteers to care for your puppy while you're away!
- Great memories, and knowing that by fostering one of our dogs, you will be providing someone with independence and their wings of freedom!

Want to help?

Phone 780-944-8011, email kerri@dogswithwings, or attend our upcoming information sessions on Aug.17 at 5:30pm (11343 174 St).

Federal Government Plan to “Close Tax Loopholes” Negatively Targets Small Businesses

By Ziad Aboultaif, MP Edmonton Manning

On July 18, Minister of Finance Bill Morneau announced his intention to close tax loopholes that allow wealthy Canadians to avoid higher tax rates.

The proposed measures include closing the loophole of business owners “sprinkling” their total income among family members who sit in lower income tax brackets; taxpayers using private corporations as a substitute for a regular savings account; and taxpayers converting a private corporation’s regular income into capital gains. The government is launching a 75-day public consultation on the proposed measures.

While I agree that Canada’s tax system should be fair, I am concerned that the proposed changes may negatively impact hardworking small and medium-sized business owners who play by the rules and create jobs in our communities.

While I believe that the tax system should be fair and equitable, I also believe that we should support policies that reduce the tax burden for small and medium-sized businesses, reduce government red tape and allow entrepreneurs to create jobs in their communities.

Of course, all Canadians participate in some sort of tax planning, for example, by making RRSP contributions at the end of the fiscal year. But if the government moves forward with this plan to change the tax system for small businesses, the entire economy will suffer. Small businesses are the backbone of our economy.

These proposed amendments are egregious with many implications reaching further than the government have the foresight to see. I fail to see how targeting Canadians that risk everything to run their small businesses is a good idea. After all, these are the people that keep our communities running.

My colleagues and I will be participating in the consultation process to ensure that the voices of hardworking business owners are heard. We know that tax hikes are making it more difficult for entrepreneurs to maintain and grow their businesses. And we also know Justin Trudeau’s position on small and medium-sized businesses. During the election campaign, Trudeau stated that a “significant proportion” of small businesses serve as a screen for wealthy Canadians who want to avoid paying taxes. I find this insulting.

We are here to serve you.

We provide assistance with provincial government matters including: Healthcare, Education, Post-Secondary Education, Labour, Registries, Infrastructure or Energy and many other provincial matters.

We can also provide a scroll if you are celebrating a special occasion such as:

- Birthday
- Anniversary
- Grand Opening or Anniversary of a business
- Accomplishment of a sports team

We look forward to hearing from you!

Also, you can find me on social media.



Nicole Goehring

MLA for Edmonton Castle Downs

12120 161 Ave NW
Edmonton, AB T5X 5M8
(780) 414-0705

edmonton.castledowns@assembly.ab.ca



The government will be consulting Canadians over the course of the next few months. With your help, we can try to reverse this poorly thought out plan. If you are a small business owner, or these changes will affect you and your family, I encourage you to participate in the consultations.

Written comments should be sent to: fin.consultation.fin@canada.ca

For more information please visit: <http://www.fin.gc.ca/activty/consult/tppc-pfsp-eng.asp> The deadline for submissions is October 2, 2017.



CANADA 150

SERVING THE PEOPLE OF EDMONTON MANNING



If I can be of assistance to you on any federal matter, please do not hesitate to contact my office.

- * Canada Pension Plan/Old Age Security
- * Guaranteed Income Supplement * Citizenship Inquiries
- * Immigration Matters * Canadian Passport/Consular Affairs
- * Business Opportunities/Grants & Funding
- * Student Loans * Taxation

ZIAD 

ABOULTAIF MP
EDMONTON MANNING

SUITE 204A 8119 - 160 AVENUE
EDMONTON, ALBERTA T5Z 0G3
ZIAD.ABOULTAIF.C1@PARL.GC.CA • 780-822-1540
WWW.ZIADABOULTAIF.CA



Emergency
Medical
Services



Back to school safety

Alberta Health Services EMS would like to remind parents and students about some road safety tips, as streets become more congested, with the return of the school year. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Avoid talking on cell phones, texting, or any other behavior that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Remember, it is illegal to pass vehicles - other than those that are parked - in school zones or playground zones, during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise;
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- Make eye contact with all drivers before crossing the street, and keep distractions to a minimum;
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop;
- Stay within the crosswalk lines until fully clear of the roadway;
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop;
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

www.albertahealthservices.ca

Time For Positive Change On City Council

DZIADYK
FOR EDMONTON WARD 3

If your Councillor hasn't done anything for you in two terms, why would they start now?

Our representation in City Hall has focused on downtown development while ignoring those who pay taxes in Ward 3. This is short-sighted and not how the ward system should work.

Jon Dziadyk is your choice for the upcoming municipal election. He will stand up for the North Side because a strong North Side equals a strong Edmonton. New blood equals new energy. Jon will stop the neglect, fix Beaumaris Lake, and improve our roads and parks. He will return your phone calls and listen to your concerns.

Jon is hardworking, honest, and ethical. He is an urban planner, military officer, and author. A movement is forming around Jon and you are invited to join it. Even if you live in Ward 2, Jon wants to hear from you. To volunteer, donate, request a lawn sign, or for more information, please contact www.JonDziadyk.com

On Oct 16 vote Jon D for Ward 3

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**10%
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& shoes**

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Sept 30/2017

Cumberland/Oxford News

Relax, leave the cleaning to us!



780.452.5730

shasta-roehr@mollymaid.ca



Cumberland Oxford Community League

Website: cocl.org

Facebook: <https://www.facebook.com/COCLEdmonton>

Executive Board

Position	Name	Email
President	Justin Yerichuk	President@cocl.org
Vice President	Todd Boyer	VicePresident@cocl.org
Treasurer	Helena Zheng	Treasurer@cocl.org
Secretary	Christine Crowe	Secretary@cocl.org
Baseball Director	Michelle Innes	baseball@cocl.org
Bingo Director	Denine Pelley	bingo@cocl.org
Bingo Director, Assistant #1	Vacant	
Bingo Director, Assistant #2	Vacant	
CDRS Representative	Vini Buecken	
CDRS Representative	Lynnette Thompson	
Communications Director	Christa Gagnon	
Director at Large	Vanessa Forester	
Director at Large	Rosemary Sibanda	
Director at Large	Brittany Yerichuk	
Fundraising Director	Vacant	fundraising@cocl.org
Membership Director	Jackie Nicholls	membership@cocl.org
Neighborhood Watch Director	Ali Haymour	
Past President	Calvin Cazes	
Past Treasurer	Chris Cebula	
Registration Director #1	Wendy Sellgren	
Registration Director #2	Joanne Thorlakson	
Soccer Director	Peter Balaban	soccer@cocl.org
Soccer Director, Assistant	Tim Atlee	boys.soccer@cocl.org
Soccer Director, Assistant	Carol Cimino	
Social Director	Kismat Othman	
Social Media/Website	Cameron Tse	
Variety Show Director	Vanessa Latos	
Variety Show Director #2	Vacant	
Volunteer Director	Pam Ushkowski	volunteer@cocl.org
Volunteer Director	Salam Yousef	

COCL Board Positions are filled on a voluntary basis. If you are interested in board positions or would like to get involved, please contact the Board President at president@cocl.org to inquire about vacancies and opportunities.



Castledowns Dental

General Dentistry

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Family Dentistry Just Minutes Away

New Patients Always Welcome
Direct Billing • Invisalign
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#202, 15961 - 97th Street NW

780-456-4441

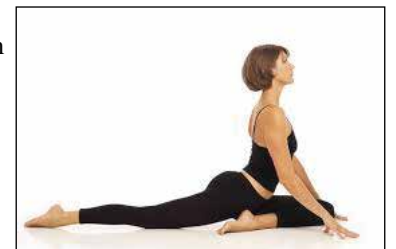
Programs

Yoga in the park

For more information

email:

president@cocl.org



COCL Golf Tournament

1st annual golf tournament September 24

Want to know more? email: president@cocl.org



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needs. For an insurance quote call or visit
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DeLuca Insurance
208, 12222-137 Ave
www.delucainsurance.ca

780-473-6421



LCDS Preschool & Kindergarten

13931-140 St. (By Leon's)

Did you miss
Preschool or
Kindergarten
registration?

Is your child 3, 4
or 5 years old?

**LCDS has
openings for
Preschool and
Kindergarten
THIS FALL**

- ✓ Spacious bright environment
- ✓ Friendly, experienced staff
- ✓ Classroom teacher holds a B.Ed. Degree
- ✓ All staff have appropriate certification and criminal record checks
- ✓ Choice of attendance days
- ✓ Regular field trips
- ✓ Class parties
- ✓ Mild speech & language services for children who qualify (deadlines apply)
- ✓ Great parking, easy access
- ✓ Non-denominational



For More Information or to Register
780-473-7216 or www.lcdskids.com

DUNLUCE EXECUTIVE

Hall: 11620-162 Ave 456-3978

PO Box 36050; Castledowns RPO

Edmonton, AB T5X 5V9

www.dunlucecl.ca

PRESIDENT	Nadine Meads	780-982-6260
VICE PRESIDENT	Sabrina Boutilier	780-232-1925
TREASURER	Loretta Wonitoy	780-457-9101
SECRETARY	Lorna Melnyk	780-456-4596
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CASINO	Maureen Ewart Mark Gross	780-457-0708 780-456-5700
MEMBERSHIP	Christina Fletcher	780-484-3051
PUBLICITY	Bev Gross	780-456-5700
SOCIAL	Lorna Melnyk	780-456-4596
BINGO DIRECTOR	Angela Paris	780-920-8999
SOCCER	Ryan Korpesio	780-444-9212
SOFTBALL	Loretta Wonitoy	780-457-9101
PROGRAMS	Registrar	780-914-1775
WAYS & MEANS	Myah Westergreen	780-289-7706
SOCCER EQUIP.	Arlene Pettifer	780-456-3978
BUILDING & ASSETS	Al Chapman	780-456-9292
PLAYSCHOOL	Registrar	780-499-0232
COMMUNITY SERVICES	Trudy Raadik	
HALL RENTALS	Al Chapman	780-457-4342

Baturyn Playschool Time for Play

Now accepting students for our 3- and 4-year old classes, starting September 2017.

PARENT ORIENTATION & REGISTRATION NIGHT

Wednesday September 6, 2017 6:45 pm

This is an orientation evening for the parents of registered students. Please leave your child(ren) at home as space is limited.

- A qualified, experienced, energetic and creative Early Childhood Educator
- A great facility- well equipped with lots of room to play
- Movement to music, drama, exercise, sports, singing and finger plays
- Monthly themes and hands-on activities... everything from stargazing to baking
- Learning through play-educational learning centres that ignite your child's passion for learning
- Exciting fieldtrips - onsite and offsite
- A program dedicated to meeting your child's individual needs
- Preparation for Kindergarten
- Cooperative/Community-based playschool: a great way to meet new families and get involved in your community.

For more information, please contact our registrar at 780-499-0232, by email at dunlucepreschool@hotmail.com, or check us out on Facebook! We look forward to seeing you and your little ones!
www.dunlucepreschool.com

Would You Like To Volunteer Dunluce Community League CDRS Representative

Dunluce Community League is looking for a CDRS (Castle Downs Recreation Society) Rep.

You will attend a monthly CDRS meeting and report back to Dunluce Community League.

If you would like to volunteer for this position, please contact our President Nadine at: president@dunlucecl.ca or call her at 780-982-6260

Thank-You

FOLLOW US! LIKE US!

Never miss another community event or announcement by liking our "Dunluce Community League" Facebook page and following us on twitter (@dcly)



FITNESS CLASSES

Dunluce Community League has FAT BURNING & STOMACH FLATTENING WORKOUT

Dunluce Hall
11620 - 162 Ave
Tuesday & Thursdays
8:00 to 9:00 PM

Prepaid registration is only \$80 for 20 classes or drop in for \$10

For more information call Zuzanna at 780-914-1776
AFLCA Certified

Upcoming Bingos

If you have an upcoming Bingo please see dates below and you will also be receiving a call as a reminder. If you have any questions or you have not received a registration bingo

date, call

Angela- 780-920-8999

Dates are as follows:

August 17th, Sept. 13,

October 13, 2017

All Bingos are at Kensington Bingo Hall unless otherwise stated.

Recharge, Get Inspired at the Alberta Art Gallery

Alberta Art Gallery is allowing free admission for ALL children under the age of 18 years and ALL post secondary students (with student ID) regardless of age. For more information, visit the AGA website: www.youraga.ca.



Dunluce Community Programs Fall 2017/Spring 2018

**For more information or registration please phone,
(780) 914-1775, or e-mail zuzana.bado@gmail.com**

PROGRAM	AGE	TIME	FEE	DAY	LOCATION	NOTE
Gymnastics	5-12	TBA	\$50	Wednesday	TBA	Body suit & bare feet
Dance Classes	3 yrs	TBA	\$100	Tuesday	Dunluce Hall	Pink tights, Black body suit
Ballet & Tap	4+5 yrs	TBA	\$120	Tuesday	Dunluce Hall	Ballet shoes, Tap shoes



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Learn more, volunteer
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www.josephluri.com
or give me a call at
780.423.9687

VOTE LURI
WARD A

Election Day is October 16 • Vote Joseph Luri

Locked up Tight and Out of Sight: Safer Homes, Safer Kids

Every year in Alberta, more than 1600 children under the age of 10, visit emergency departments as a result of accidental poisoning. Most of these events involve the unintended ingestion of medications.

Alberta's Poison and Drug Information Service (PADIS) receives over 13,000 calls per year concerning accidental exposure to poisons by children in this age group.

Many, if not most, accidental medication poisonings could be prevented by following a few simple steps to make your home safer for your children and small visitors.

- Always keep prescription and over-the-counter medications locked up tight, out of sight, and in their original containers.
- Be aware that child-resistant caps on medication bottles can make it more difficult for a child to open a bottle but they ARE NOT childproof.
- When taking medications, do it away from children. Children often copy the actions of their parents.
- Guests, family or friends may bring their medications into your home. Always ensure purses, backpacks and coats are in a safe place, out of children's reach.
- Put the PADIS emergency number in your cellular phones and/or display the number near your land-line telephone.
- If you have a poisoning emergency call PADIS at 1-800-332-1414.

DUNLUCE INDOOR SOCCER & PROGRAM REGISTRATION

Tuesday, August 29, 2017 - 6:30 - 7:30 pm
Dunluce Hall, 11620 - 162 Avenue

Register for indoor soccer and community programs. Only cash and cheques will be accepted (credit cards or debit NOT available). Soccer parents MUST pre-register online at <http://emsanorth.com>. Bring TWO printed copies of the forms with you.

(1) Purchase a \$25.00 Dunluce membership (cash/ cheque), valid Sept 1/17 to Aug 31/18, one per household.

(2) Bring a \$200 undated volunteer deposit cheque. One per child being registered. Failure to fulfill your volunteer commitment will result in your deposit cheque being cashed.

(3) Pay fees by cash/cheque.

(4) Leave a \$100 soccer uniform deposit, returned at the end of season when your uniform is returned.

At this registration, you must sign up for one volunteer commitment PER CHILD. After this date, you must sign up for two volunteer commitments PER CHILD. Separate Deposit Cheques required for each child. Volunteer coaches are also needed.

Late Registrations accepted after this meeting will be subject to a \$50.00 late fee. All cheques payable to "Dunluce Community League"

Visit Dunlucecl.ca for fees, ages and game nights



**CABBAGE ROLLS
FOR SALE**
20 per Tray \$10.00
60 per Tray \$30.00
FREE DELIVERY
Call Marilyn
780-457-5229

The Mental Health Commission of Canada reports that in a given year, one in five people in Canada experiences a mental health problem or illness. In Alberta, that's more than 675,000 people.

Researchers and clinicians in the province recognize the need to learn more about mental health, but realize most research topics are chosen by the researcher, not the people living with mental illness. A new study partly funded by Alberta Innovates (previously Alberta Innovates – Health Solutions) is changing that. This fall, the Alberta Depression Research Priority Setting Project surveyed people who have experienced depression, as well as their clinicians and caregivers, to pinpoint gaps in current research.

“Someone with lived experience will likely have a different perspective than someone doing the research,” explains Robbie Babins-Wagner, PhD, a professor at the University of Calgary Faculty of Social Work and a member of the project’s advisory group.

WHY 30 AT JUNIOR HIGH SCHOOLS?

As of September 5, 2017, school zones are in effect around elementary and junior high schools throughout Edmonton. Motorists are required to slow down to 30 km/h between 8 a.m. and 4:30 p.m. (08:00 – 16:30) on school days where school zone signs are posted.

WHY IS IT IMPORTANT TO SLOW DOWN?

The lower speed limit protects our most vulnerable road users: our children.

Stopping at **30 km/hr**

11m - 12m 5m wet or icy

approximately the length of a school bus

Stopping at **50 km/hr**

24m - 25m 10m wet or icy

approximately the length of a school bus

Stopping at **70 km/hr**

44m - 45m 10m wet or icy

approximately the length of a school bus


MAXIMUM

30

08:00 - 16:30
SCHOOL DAYS

edmonton.ca/visionzero


VISION ZERO EDMONTON: zero traffic fatalities and serious injuries




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& LASER CENTRE

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- Emergency and walk-In appointments available
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- Male and female physicians
- Specialists
- Aesthetic Centre

New Patients Welcome

We are thrilled to join the growing community of Albany and excited to announce the opening of the *Albany Medical Centre, Health Aid Pharmacy and Albany Laser and Cosmetic Centre.*

This shiny new fully-equipped Medical and Aesthetic Centre is here to stand out from the conventional walk-in clinic. Our state of the art centre is going to show you exactly how the tiniest details in your care matter.

Designed by a dedicated team of Health Professionals with over 20 years of experience in the field.

Clinic Services: Routine visits, WCB, Injections & Travel, Gynecology & Urogynecology, Obstetric Care, Referrals & Diagnostic testing, Infertility Investigation and Management, Minor procedure, Notes and Forms, Complete Physicals and Much More!!

Aesthetic Centre: High Intensity focus Ultrasound, Lipolysis and Body Contouring, Botox Injections, Filler Injections, Regenerative Growth Hormones, Platelet Rich Plasma and Meso Injections, Hair and Wrinkle Removal, Pigmentation and/or Tattoo Removal, Skin Rejuvenation, Non-Surgical Face and Chin Lift.

Lorelei Beaumaris News

2017-2018 Lorelei-Beaumaris Board of Directors

President	Sonya	presidentlbcl@gmail.com
Vice President	Silvija	vicepresidentlbcl@gmail.com
Secretary	VACANT	secylbcl@gmail.com
Treasurer	Ghaida	treasurerlbcl@gmail.com
Ways and Means	Lila	waysmeans@gmail.com
Past President	Cody	pastpresidentlbcl@gmail.com
Gaming Directors	VACANT	bingolbcl@gmail.com & casinolbcl@gmail.com
CDRS Representatives	Jen & Julia	cdrslbcl@gmail.com
Sports Director	Ghaida	sportslbcl@gmail.com
Social Directors	Sabrina & VACANT	sociallbcl@gmail.com
Memberships	Sabrina	membershpslbcl@gmail.com
Communications	Oksana	commilbcl@gmail.com
Community Safety Directors	Jennifer	communitysafetylbcl@gmail.com
Website	Oksana	commilbcl@gmail.com
Playschool Information		www.loreleibeumarisplayschool.com
General Manager	Maria	hallrentalslbcl@gmail.com 780-686-4415
City of Edmonton Community Recreation Coordinator		Alison Mould alison.mould@edmonton.ca
LBCL Website: www.lbcl.ca		
Facebook: https://www.facebook.com/loreleibeumaris		
Twitter: https://twitter.com/LBCommLeague		

NOTE: If you are having issues contacting someone please contact our Hall Manager who will pass on your message. If you are interested in filling any open positions or would like to get involved please send an email to our president at presidentlbcl@gmail.com.

Thank you!
Thank you!
Thank you!

Lorelei Beaumaris Community League would like to express our deep appreciation to all volunteers that stepped up and helped us to successfully run our last casino!

Thank you for supporting our community!

Community League Memberships

Do not forget to purchase your Community Memberships for 2017-2018! They are valid until August 31, 2018. Family memberships are \$25 and singles or seniors are \$15.

Lorelei-Beaumaris community league membership can be purchased:
- Mac's Convenience Store - Beaumaris (by Lakeside Landing – 113A street & 153 Ave).
- online by visiting Edmonton federation of Community Leagues (family memberships only, administration fee applies)
- directly from the league. Please email membershpslbcl@gmail.com

Your community league membership gets you many discounts, free skate, free swim. For more information please see our Facebook page <https://www.facebook.com/loreleibeumaris/> or website <http://lbcl.ca/memberships/>

Annual Family Fun Day at Lorelei-Beaumaris

Mark your calendars as Family Fun Day is back!

**Sunday, September 17, 2017
12pm to 3pm**

**Lorelei Beaumaris Community Hall
16220 103 St.**

We are planning to have many **FREE** activities for members and non-members.

Please check our Facebook Page <https://www.facebook.com/loreleibeumaris/> or website <http://lbcl.ca> for more information.

If you would like to volunteer for this special event please contact our Super Fun Social Directors at sociallbcl@gmail.com



Upcoming Bingos



Our bingo dates, held at Kensington Bingo Hall from 4:45pm - 9:45pm

**Monday, September 18, 2017
Wednesday, October 18, 2017**

Please consider volunteering! **\$50 Tiger bucks will be given for each volunteer spot filled.** Tiger bucks can be used for soccer registration fee or hall rentals.

If you are scheduled for a bingo, Emily will give a courtesy phone reminder about a week prior (to the number you wrote down at registration time. You also have your parental commitment date on your copy of the registration form). For bingo inquiries please contact our President Sonya at presidentlbcl@gmail.com

Advice when volunteering at Bingo: Wear comfortable shoes, as most jobs require you to walk around the bingo hall for the shift.

Please don't plan on texting friends or standing on the sides; we are expected to focus on our job and circulate throughout the room. You will get a 25 minute break which allows you to sit and relax and you can have a meal from the concession stand for free. Do call-backs quickly (calling out the bingo winner's number) which speeds up the games and gets you out earlier.

Have fun; visit with your community members as you walk around, and think of all the good you are doing for your community and your body (it is exercise too!).

Scrapbooking and Paper Crafting

Want a great way to escape the hustle of life and capture the moments that will last a lifetime? Join the crafty scrappers at Lorelei-Beaumaris Hall (16220-103 street) for an upcoming mini-retreats on:

- September 23, 2017
- October 21, 2017
- November 18, 2017

You will have the time and space to scrapbook your favorite pictures either traditionally or digitally or do your card making, paper crafting and stamping.

Digital Tid-bits will now be included free in Funcrops, instead of being at a separate paid event. You will have unlimited use of all Tannis' tools - including Cricut Expressions machine, and cartridges, Cuttlebug and dies, and scanner for conversion to digital file (must have your own USB), a limited amount of supplies will be available for purchase. Coffee, muffins in the morning, light snacks in the afternoon and some kind of tasty food for supper.

Please contact Tannis for more information photos@telusplanet.net (780) 885-1647 <http://lbcl.ca/scrapbooking>

Lorelei-Beaumaris Community Playschool

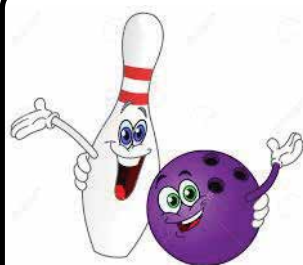
Classes Offered (9:00am-11:15am)

**3/4 year olds Tues & Thurs, \$90.00
4 year olds Mon/Wed/Fri, \$135.00**

To register, please contact our registrar Brittany at: 780-263-2910 or jensb2910@gmail.com

For more information or to see what we have been up to please visit the playschool website <http://www.loreleibeumarisplayschool.com>





Sign up for Fall Leagues (Adult, Youth, 55+)

Leagues run for 32 weeks
starting at the end of August
and run until the end of April.

- **BIRTHDAY PARTIES FOR ALL AGES**
5 or 10 pin! 24 lanes!
- **PARTIES/REDEMPTION GAMES ROOM**
WITH LOTS OF PRIZES!
- **COMPANY & SPORT TEAM PARTIES**
- **NEON/GLO BOWLING**
Fridays 4:30 p.m.- 6 p.m. Sat/Sun 3:15 p.m.- 6 p.m.
& Fri/Sat 10:00 p.m.- 12:30 a.m.
- **GREAT PIZZA - Eat in or Take Out**
- **FULLY LICENSED**

Monday - Thursday 9:00 a.m.- 11:00 p.m.
Friday 9:00 a.m.-12:30 a.m. Saturday 9:00 a.m.- 12:30 a.m.
Sunday 10:00 a.m.- 10:00 p.m.



**St. Albert
Bowling Centre**
14 Inglewood Drive
St. Albert 780-459-3337

Vacant Board Positions

The Board of Lorelei Beaumaris Community League has a few vacant positions! If you would like to improve your organizational skills, get an experience in non-for-profit setting, while helping your community and having fun please contact us!!!

We are looking for:

SECRETARY

Main duties: keep meeting minutes

GAMING Directors

Main duties: help to organize volunteers for Bingos

SOCIAL Directors

Main duties: help to organize social events for the community

No experience necessary. We will provide any necessary training. You will not be carrying all the responsibilities alone, but will be working in a team.

If you are interested, please contact Oksana at 780-990-4696 or email: commlbcl@gmail.com



Many hands make the work light!



HIDDEN TALENT
ART SCHOOL

ART CLASSES! ADULTS TEENS AND CHILDREN LESSONS START THE WEEK of September 25th

Painting and Drawing *NO EXPERIENCE NECESSARY!*
Professional Instructor, Amazing Program, Amazing Results!
Children 6-12 Yrs.

Mondays Sept 25 — Dec 4 4:30 - 5:30pm OR 5:30 - 6:30pm
Tuesdays Sept 26 — Nov 28 4:30 - 5:30pm OR 5:30 - 6:30pm
Wednesdays Sept 27 — Nov 29 4:30 - 5:30pm OR 5:30 - 6:30pm
Saturdays Sept 30 — Dec 2 11:00 - 12:00pm

Teens 12-16 Yrs.

Mondays Sept 25 — Dec 4 6:30 - 8:30pm OR 7:00 - 9:00pm
Tuesdays Sept 26 — Nov 28 6:30 - 8:30pm OR 7:00 - 9:00pm
Saturdays Sept 30 — Dec 2 12:00 - 2:00pm

Adults

Mondays Sept 25 — Dec 4 12:30 - 3:30pm OR 6:30 - 9:30pm
Tuesdays Sept 26 — Nov 28 9:30 - 12:30pm OR 12:30 - 3:30pm OR 6:30 - 9:30pm
Thursdays Sept 28 — Nov 30 9:30 - 12:30pm
Saturdays Sept 30 — Dec 2 12:00 - 3:00pm

Check out our Class and Workshop Schedule:

www.hiddentalentartschool.com

Call (780) 419-2055 to Register!

#107, 25 Chisholm Ave., St. Albert •Campbell Road Exit

Missed registration? Join at any time if space permitting!



Clubhouse: Castle Downs Park Pavilion
seahawksfeedback@gmail.com

ARE YOU READY FOR SOME FOOTBALL?

The North Edmonton Minor Football Association -
Edmonton Seahawks is accepting Registrations for the 2017
season for:

Boys and Girls aged 8 to 15

(Not entering High School in September 2017)

We are a non-profit association formed in 1993 and serve North
Edmonton. Our program is offered at 4 levels - Atom, Pee wee,
Bantam, & Midget



All Equipment Provided (except cleats)!

If you are interested in physical, outdoor fun
please visit our website at www.edmontonseahawks.com today!

Our goal ~ that every player develops and improve their skills with
each passing week, adopt a physical/healthy lifestyle, and
experience the benefits of being a contributing member of a
team: the working toward a shared goal, the camaraderie and the
fun and excitement the sport of football can bring.

Hope to see you on the field soon!



Lorelei-Beaumaris 2017 Indoor Soccer Registration Information

Season start/end dates

The season begins October 14, 2017 and will run until the beginning of January 2018.
Online Registration opened July 1st <http://emsanorth.com/play/register/>

Lorelei-Beaumaris Community League Registration Dates

August 4, 2017 Friday from 5:00 pm – 8: 00 pm.

August 13, 2017 from 4:00 pm – 7:00 pm.

September 10, 2017 from 5:00 pm – 7: 00 pm. (late fees/extra commitment in effect)

Location: Lorelei-Beaumaris Community hall (Rink Shack) 16220-103 St.

Visit our website for more information <http://lbcl.ca/>

Playing Information

Level	Year born	Game Length	Tentative Day	Fee
U6	2012 – 2013	warmup + 2 X 20m.	Saturday	\$215.00
U8	2010 – 2011	warmup + 2 X 20m.	Saturday	\$220.00
U10	2008 – 2009	2 X 25 min. halves	Saturday	\$270.00
U12	2006 – 2007	2 X 25 min. halves	Saturday	\$275.00
U14	2004 – 2005	2 X 25 min. halves	Sunday	\$275.00
U16	2002 – 2003	2 X 25 min. halves	Sunday	\$280.00
U18	2000 – 2001	2 X 25 min. halves	Sunday	\$280.00

Registration Requirements:

Registration **MUST BE DONE ONLINE** at <http://emsanorth.com/play/register/>. The link contains step by step instructions how to register. **The online registration must be completed before coming to the community registration.**

Please bring the following items with you to the registration event

1. A valid Community Membership for 2016 – 2017. Community memberships can be purchased during the registration (\$25 per family) or online at <http://efcl.org/membership/>
2. 2 copies of your online registration confirmation.
3. 1 deposit cheque for \$200.00 per Volunteer Commitment.
4. A Cheque or Cash method of Payment **ONLY** will be accepted for Registration Fees. You will also have the option to pay the soccer fee online upon registration. Please note if you choose to pay online you will be charged a \$10.00 service fee. If during the registration you choose option “pay in person” then \$10.00 fee will not be charged.
5. **IMPORTANT:** We require player’s legal proof of age (eg. Alberta health care, passport) Please note that school ID will **NOT** be accepted.
6. Proof of address.

Registration cannot be accepted without all pieces of information and without all financial commitments being made in the form of Cash or Cheques.

Each regular registration requires 1 volunteer commitment (e.g. one volunteer commitment per player)

Each Late Registration requires 2 volunteer commitments. (Late Registration Day is September 10, 2017 from 5:00 pm – 7: 00 pm.)

Volunteers must be 18 years of age or older. No more than two family members may fulfill their volunteer commitment on the same night.

**** Please note that soccer registrations are NOT COMPLETE until you have attended one of the soccer registration dates and presented your registration forms even if you have chosen to pay online.**

IMPORTANT: Lorelei Beaumaris Community League welcomes players from any community to come play with us!! We encourage you to please register with your home community and request a transfer on your registration form. All community Directors will honor transfer requests.

We have dedicated coaches! We have great teams! We have amazing kids! We have lots of fun!

For any soccer inquiries please contact our Soccer Director Ghaida soccerlbcl@gmail.com

Please check our Facebook Page <https://www.facebook.com/loreleibeauris/> or website <http://lbcl.ca> for more information.

Lorelei Beaumaris Outdoor Soccer

CONGRATULATIONS

Our **TIGER SOCCER TEAMS** performed great in this outdoor season!

All of our U10 and U12 soccer teams won medals at the Tournament of Champions this year!

Congratulations to our great teams and their coaches!

U12 boys (Harriot) - gold
U12 boys (Delgado) - bronze
U10 boys (Harriot) - gold
U10 girls (Delgado) - silver

Thank you so much to amazing parents who have stepped up and volunteered their time and effort to help our community grow and our children to succeed! There would not be teams without your hard work and dedication!

Our great coaches are:

Mark Ewanyshyn, Ricky Phoon, Muna Abdi, Lila Hamdon, Ali Handous, Hakima Farhat, Nader Karout, Hannah Smaili, Oksana Delgado, Luis Delgado, Jose Delgado, George Harriott, Sonya Harriott, Jassem Moamen, Anthony Villeneuve, Kevin Schulte, Wasima Jomaa, Emily and Gregory Ross Hansen, Maysam Outa, Hiba Outa, Shadi Rahall, Hala Thiab, Mohamad Haj-Ebrahim, Andrew and Jennifer Laycock.

We are looking forward to the exciting indoor season!

Please feel free to send us your great sports shots that capture our LBCL Tiger’s moments to commblcl@gmail.com for us to post on our website or Facebook page.



Lorelei-Beaumaris Community League has the largest Hall facility in Castle Downs.

- Hall dimensions are approximately 60 ft x 52 ft (bar to wall)
- Accommodation for 448 guests (non-fixed seats), 354 (non-fixed tables & seats), 280 (dining and beverage).
- Air conditioned, pot lighting, coatroom, wheelchair accessible washrooms
- Raised stage setting (stage dimensions 13 ft x 20 ft wide)
- Stage risers for the floor area (Risers consist of 5 units (ea 4’ x 8’) for a total raised floor stage setting of 20’ x 8’, grey carpeted & black skirting - \$100 with main hall rental)
- Black lecturn (podium)
- 30 - 5ft round tables, 40 - 6ft rectangular tables 2 - 3ft accent tables
- Full, commercial kitchen with natural gas stove & ovens
- Spacious wet-bar area with bar-fridge and ice machine
- Large BBQ available (cooks up to 65 burgers or 126 hotdogs all at once)
- Multi media system available for power-point, slideshows, videos, etc...
- We do not have linens or chair covers. Event rental companies will be able to assist you with these items.

All Rates include GST:

- \$710 – Fri 4:00pm – Sunday noon (Note: Sept.- May full weekend bookings must be made at least 8 weeks in advance)
- \$450 – Friday or Saturday
- \$240 – all day Sunday
- \$40 hourly rate (weekdays and Sundays)
- \$300 – media system rental
- \$35 – music (if recorded music of any sort is played - Socan & Resound tariff)
- \$100 - 20’x8’ floor level stage risers (carpeted and skirted)
- \$75 – Large BBQ (cooks up to 65 burgers or 126 hot dogs at once)
- \$50 – dishes rental (plates, cutlery, glassware, limited small wares)
- Deposits on ALL Rentals: Hall \$500 Media \$800 (Hall + Media = \$1300)

**** Please note that all contracts signed for hall rentals will be required to purchase Renters Insurance for their event date at Lorelei Hall. We will give them the link to FPB Insurance to do this online. ****

* Discounts may be available to LBCL Members who are booking for their use. Please talk to the hall manager for more information.

Feel free to call Maria 780-686-4415 for questions regarding hall rentals or to make an appointment to view the hall. Leave a detailed message or email hallrentals@lbcl.ca for more information.

For more photos of our hall please visit our website at www.lbcl.ca or our Facebook page at <https://www.facebook.com/loreleibeauris/>

**A GROWN-UP
FIELD TRIP**



**Esks
EXPRESS**

**\$40
PER
TICKET**

- ONE LOWER BOWL TICKET TO AN EDMONTON ESKIMOS HOME GAME IN THE BP PARTY ZONE
- TRANSPORTATION TO AND FROM COMMONWEALTH STADIUM FROM BP
- A DOMESTIC BEVERAGE

Must be legal drinking age. Ask your server for more details.

**+ AN OPPORTUNITY TO
PLAY BP SHUFFLE!**

Boston Pizza - Namao
16521 97 St 780-456-5554

Edmonton North Animal Hospital

15387 Castle Downs Rd.

Across from Sobeys &
Edmonton Public Library

780-476-3444



New Clients & Walk-ins Welcome



- Vaccinations
- Spay/Neuter
- Dental cleaning
- Radiograph
- Soft tissue surgery
- Dog bite wound repair
- Abscess repair
- Laceration repair
- Bladder stone surgery
- Blocked cat procedure
- Blood work
- Porcupine quill removal
- Allergy testing
- Hill's & Medi Cal prescription food

Hours: Mon - Fri 8:00 am to 6:00 pm Sat 9:00 am to 2:00 pm

Search  **setting up a tent**



First-time discoveries and cool adventures begin with Scouts. After all, it's the perfect place for kids to be kids – and have a lot of fun along the way.

Real Scouts. Real Experiences. To join, visit scouts.ca

Find a group in your area
1-888-SCOUTS-NOW
scouts.ca/findagroup



It starts with Scouts.

Hospice, One of Many Options for End-of-life Care

In Alberta, there are many options to get palliative and end of life care—your home, a hospital, a continuing care centre, or a hospice.

Hospices are places made to feel like home while giving specialized end of life care, 24/7.

The care teams focus on comfort and quality of life, and can help patients and their family cope with feelings about serious illness.

In a hospice, palliative care is provided by health professionals, volunteers, and spiritual counsellors. Services include:

- managing pain
- helping with daily living activities (personal care)
- emotional, psychological and spiritual support.

Before accessing palliative care or a hospice, a health care team discusses with patients on what's important to them and where they would like to be at the time of their illness where they may either have: a life expectancy of less than 3 months; signed a form saying they do not want to be resuscitated or a need to be in a bed or chair most of the time.

A patient's choice may change as an illness changes, and individuals can get palliative and end of life care at any time.

There's also a new program that's helping to bring emergency care to people who get palliative and end of life care in their homes.

The EMS Assess, Treat, Refer program has Emergency Medical Services, home care clinicians, doctors, and families working together to help people stay in their homes if that's what they wish.

Contact Health Link at 811 for more information on hospices or programs that provide end of life care in your area, or for eligibility.

Advance Care Planning

We may all experience a time when someone we love has an accident, injury or disease that takes away their ability to speak for themselves. When that happens, would you or your loved ones know what they wanted for care?

It's important to have a will in case of death, but it's also important to have an advance care plan so loved ones know what you want and take the guess work out for your healthcare team if it was needed.

Yes, it's an awkward conversation for many, but a very important one to have. Anyone over the age of 18 may want to consider having an advance care plan, as it's not just for people who have already had something tragic happen; it's for every adult.

Take the guess work out. Take control of the conversation. Take action on your care wishes.

For tools to start this conversation, visit conversationsmatter.ca. There you will find resources, documents, videos and other information to guide you in the conversation.

Ready or Not, It's Healthy to Have a Plan

Whether you're ready to start trying for a baby, or not ready to start trying, it's healthy to have a plan. Alberta Health Services is sharing this message with all Albertans of reproductive age, through a new website: www.readyornotalberta.ca.

Launched earlier this year, www.readyornotalberta.ca provides helpful tips, tools and to-do lists for Albertans who are not yet pregnant, but who are either contemplating trying for a baby, or, who want to ensure that they remain not pregnant. For both groups, there are important considerations, many of which will impact health today, and in the future.

Given 40 per cent of pregnancies are unplanned, it's important that Albertans be aware of their health, before they conceive. This includes considering birth control options, but also goes far beyond that to include such things as nutrition, healthy weights, exercise, environmental factors and drug, alcohol and medicine use.

Visit www.readyornotalberta.ca for information and tools to support your health today, whether you're 'ready' or 'not'.

WWW.EDMONTONDANCEON.CA



Youth/Adult JAZZ|TAP|HIP-HOP MODERN|LYRICAL

Registration dates:

Sept 6: 7-9pm
Sept 23: 9 to noon
Sept 30: 9 to noon

11919 134 Ave
780.498.2758

Affordable Classes in North Edmonton



Dance On!

SINCE 2003

City Services & General Information

Visit www.edmonton.ca/311 or call 311 for information and access to City of Edmonton programs and services such as:

- Inspections, licenses, permits
- Comments, commendations, bylaw complaints
- Roadway & waste management information
- Program registrations and bookings
- Transit information

311 agents are available 24 hours a day, every day.

Community League Wellness Program

The Edmonton Federation of Community Leagues and the City of Edmonton are pleased to offer the Community Wellness Program exclusively for community league members.

The Community League Wellness Program offers community league members opportunity to purchase an annual pass or multiple admission pass packages to City of Edmonton sports and recreation facilities at a substantial savings.

Annual Pass – Community League Members receive a 10% discount on Adult, Family, Child and Youth/Senior Annual Passes (applies to new purchases only).

Continuous Monthly Pass – Community League Members enjoy a 10% discount using a convenient Pre-Authorized Debit Program.

Multi Admission Pass – Community League Members receive a 10% on the City's already discounted multi-admission pass (10+ visits)

Facilities and amenities include swimming pools, wave pool, dive tanks, whirlpools, fitness studios, cardio areas, weight rooms, racquetball, squash, badminton, tennis and basketball courts, indoor running tracks, gymnasiums and pro shops. For more information, please call 311 or visit www.edmonton.ca/wellness

Miracle Treat Day

Thursday

August 10

Carly, 5 Years Old & Mom
Progeria Syndrome

**Pre-Order
your Blizzard®
Treats Today!**

Great for:

- Co-Workers & Employees
- Celebrations
- Family & Friends



#MiracleTreatDay

Palisades DQ Grill & Chill
12708-140 Ave
780-454-5258

Namoo DQ Grill & Chill
15837-97 St
780-760-0037

Newcastle DQ Grill & Chill
16981-127 St
780-705-6757

All sales of each *Blizzard* Treat sold at these DQ locations will benefit the Stollery Children's Hospital



Children's
Miracle Network®