

# CASTLE NEWS

Serving the community leagues of  
Baturyn, Caernarvon, Carlisle, Cumberland/Oxford,  
Dunluce, Lorelei/Beaumaris

March 2017



Published by Calder Publications. To advertise please call 780-434-9732 or email [info@communityleagueneews.com](mailto:info@communityleagueneews.com)

## Baturyn Soccer Registration

Outdoor Soccer Registration has begun. You will be required to start the registration process by going to the EMSA's website at <https://emsasoccerportal.com> and completing the required registration documents. To complete the registration process, you will also be required to attend one of the registration sessions listed below. Softball Registration will begin February 25th, 2017 through one of our sports registration sessions. You will be required to attend one of the sessions listed below. Registration session will be held at Baturyn Hall, 10505 172 Avenue on the following dates. Registration: February 25th – 10am to 2pm March 14th - 6pm to 8pm Late Registration\*: March 18th – 10am -1pm \*Please note there is a fee for late registration of \$25 and late registrants are required to fulfill 2 volunteer commitments.

## COCL Spring 2017 Soccer & Ball Registration

DATE:

Saturday, March 4th, 2017  
1-5pm

(AGM will be conducted BEFORE Registration begins)

LOCATION: Gateway Alliance Church 13931 – 140 Street

## DUNLUCE COMMUNITY LEAGUE SPRING AGM, MEETING, SOCCER & BALL REGISTRATION

Sunday, February 26, 2017 @ 2:00 pm  
Dunluce Hall, 11620 – 162 Avenue

## Lorelei-Beaumaris Community League Outdoor Soccer Registration 2017

Registration Day Tues., February 21, 2017, 7:00 pm – 9:00 pm.  
Late Registration:

Fri., March 3, 2017, 7:00 pm – 9:00 pm. (late fees apply)

Fri., March 17, 2017, 7:00 pm – 9:00 pm. (late fees apply)

Location: Lorelei-Beaumaris Community hall (Rink Shack)  
16220-103 ST



## CASTLEDOWNS VARIETY SHOW

"An Evening of Adult Comedy"

[www.castledowns.ca](http://www.castledowns.ca)

Box 31075 Namao Center, Edmonton AB T5Z 3P3

Phone (780) 406-9070

## CASTLE DOWNS VARIETY SHOW

## WRITERS AND DIRECTORS NEEDED

It's that time of year already. We are looking for interested writers and directors for the **2017 Castle Downs Variety Show**. The Castle Downs Variety Show is an Evening of Adult Comedy comprised mostly of skits, stand-up comedy & dance numbers.

### Your submission should include all of the following:

**The Show Name,  
Three sample skits  
Black Light Number  
A running order for the whole show**

Please submit package, including compensation expectations to:

Variety Show Chairperson c/o Castle Downs Variety Show  
P.O. Box 31075 Namao RPO, Edmonton T5Z 3P3  
Or by email to [varietyshow@castledowns.ca](mailto:varietyshow@castledowns.ca)

**Submissions must be received no later than May 14<sup>th</sup> 2017.**

The Variety Show Committee will then review the submissions and set up interviews with the candidates.

Please check the website for more info: [www.castledowns.ca](http://www.castledowns.ca) and look under the Variety show tab, you can email any questions to:

[varietyshow@castledowns.ca](mailto:varietyshow@castledowns.ca)

# Baturyn News



Baturyn Community League  
Hall: 10505 172 Avenue  
Phone: 780 - 457- 4347  
Website: Baturyn.ca

## Executive Board

Our Annual General Meeting was held on Monday, February 20<sup>th</sup>. At this meeting board elections were held fill vacant positions. To see who filled these positions <https://www.baturyn.ca/index.php/contact-us>.

If a vacancy was not able to be filled at the AGM and you have interest in filling the position, please visit [www.baturyn.ca/index.php/volunteers](http://www.baturyn.ca/index.php/volunteers) for position details and/or contact Courtney at [president@baturyn.ca](mailto:president@baturyn.ca).

Position	Name	Email
President	Courtney Barnes	<a href="mailto:president@baturyn.ca">president@baturyn.ca</a>
Vice President	Nicole Yankee	<a href="mailto:vicepresident@baturyn.ca">vicepresident@baturyn.ca</a>
Secretary	Tricia Stettner	<a href="mailto:secretary@baturyn.ca">secretary@baturyn.ca</a>
Treasurer	<b>Vacant</b>	<a href="mailto:treasurer@baturyn.ca">treasurer@baturyn.ca</a>
Buildings and Facilities Director	Earl Archer	<a href="mailto:admin@baturyn.ca">admin@baturyn.ca</a>
Hall Rental Rep	Natasha Galligan	<a href="mailto:rentals@baturyn.ca">rentals@baturyn.ca</a>
Volunteer Director	<b>Vacant</b>	<a href="mailto:volunteers@baturyn.ca">volunteers@baturyn.ca</a>
Ways & Means Director	<b>Vacant</b>	<a href="mailto:finance@baturyn.ca">finance@baturyn.ca</a>
Communications Director	Lorna King	<a href="mailto:communications@baturyn.ca">communications@baturyn.ca</a>
Communications Assistant	Angela Ferguson	<a href="mailto:communications@baturyn.ca">communications@baturyn.ca</a>
Program Director	<b>Vacant</b>	<a href="mailto:programs@baturyn.ca">programs@baturyn.ca</a>
Sports Director	Lynn Archer	<a href="mailto:sports@baturyn.ca">sports@baturyn.ca</a>
Soccer Chairperson	Candice Bevan	<a href="mailto:soccer@baturyn.ca">soccer@baturyn.ca</a>
Soft Ball Chairperson	Melissa Voll	<a href="mailto:softball@baturyn.ca">softball@baturyn.ca</a>
Social Director	<b>Vacant</b>	<a href="mailto:social@baturyn.ca">social@baturyn.ca</a>
Membership Rep	<b>Vacant</b>	<a href="mailto:membership@baturyn.ca">membership@baturyn.ca</a>
Membership Rep (Online)	<b>Vacant</b>	<a href="mailto:membership@baturyn.ca">membership@baturyn.ca</a>
Bingo Chairperson	<b>Vacant</b>	<a href="mailto:bingo@baturyn.ca">bingo@baturyn.ca</a>
Bingo Chairperson	Holly Twerdochlib	<a href="mailto:bingo@baturyn.ca">bingo@baturyn.ca</a>
CDRS Rep	<b>Vacant</b>	<a href="mailto:cdrs1@baturyn.ca">cdrs1@baturyn.ca</a>
CDRS Rep	Lorna King	<a href="mailto:cdrs2@baturyn.ca">cdrs2@baturyn.ca</a>
Variety Show Rep	<b>Vacant</b>	<a href="mailto:varietyshow@shaw.ca">varietyshow@shaw.ca</a>
Neighbourhood Watch	Angela Ferguson	<a href="mailto:n_watch@baturyn.ca">n_watch@baturyn.ca</a>

Positions are filled on a voluntary basis.

If you are interested in board positions or would like to get involved, please contact the Board President at [president@baturyn.ca](mailto:president@baturyn.ca) to inquire about vacancies and opportunities.

# Comedy Night

Come join us for an evening of laughter at  
Baturyn Community Hall  
**March 25th, 2017**  
**Headliner Ben Proulx**  
Opening act to be determined

Doors open at 7pm  
Show starts at 8pm  
Cash bar, Adults only

Tickets \$10 for BCL members  
\$15 for non-members.

Tickets available online through Eventbrite  
(<http://bit.ly/BCLComedy2017>)  
or by contacting Courtney at  
[president@baturyn.ca](mailto:president@baturyn.ca)

10505 172 Avenue



Baturyn Community League  
Hall: 10505 172 Avenue  
Phone: 780 - 457- 4347  
Website: Baturyn.ca

## Planning a big party or hosting a big event?

Baturyn Community Hall may be the place for you; located between St. Charles Elementary School and Baturyn Elementary School, Baturyn Community Hall features a full commercial kitchen, bar, coat room, covered back patio with large BBQ, Fire Pit, & 2 boarded sports fields. For events involving children there is also a community playground located in front of the hall and basketball court located beside the hall.



### Hall Features:

- Seating Capacity: 275
- Hall Size: 55ft x 65ft
- Tables: 43 rectangular tables (seats 8)
- Chairs: 275
- Wheel Chair Accessible
- Plenty of Parking
- Industrial Kitchen Appliances – Gas Stove, Walk In Fridge, Microwave, Freezer, Dishwasher
- Large Kitchen Preparation Space
- Separate Bar with 2 door fridge & freezer
- Large Dance Floor
- Air Conditioning

### Hall Rental Information:

Standard Rates	
Rental Period	Rates
Weekday Evenings	\$35/hr
Saturday 10:00 am – Sunday 10:00 am	\$425
Sunday 11:00 am – 5:00 pm	\$150
Sunday (Long Weekend)	\$250
Package Rates	
Rental Period	Rates
Friday 6:00 pm – Sunday 10:00 am	\$500
Saturday 10:00 am – Sunday 5:00 pm	\$550
Friday 6:00 pm – Sunday 5:00 pm	\$600

### Notes & Exceptions:

- All rentals require a signed contract
- Damage deposit is equal to the rental rate and will be refunded upon inspection of the hall after the event; final rental payment is due 30 days prior to the event.
- Parking is constrained in the area and the parking lot is not available until after 5:00 pm during the school year.

To inquire about renting the hall, please email [rentals@baturyn.ca](mailto:rentals@baturyn.ca).

## Baturyn Community League

Proudly supporting the communities of  
Baturyn, Elsinore/Chambery (Castlebrook),  
Canossa (Castlewood), & Rapperswill (Newcastle)  
Website: [Baturyn.ca](http://Baturyn.ca)



## 2016/17 Membership Campaign

Whether it be hosting community events, providing valuable volunteer opportunities, or creating connections within our community, the Baturyn Community League has been an important partner in your community.

### Membership Benefits:

- Access to community hosted events
- Community League sports programs
- Free access to all Community League outdoor rinks
- Free access to community swim times at the YMCA, Grand Trunk Fitness & Leisure Centre, or O'Leary Fitness & Leisure Centre
- 10% discount on City of Edmonton Recreation Facilities Annual or Multi-Pass purchases

2016 community memberships now available for September 1, 2016 to August 31, 2017.

### Membership Fees:

Family \$25.00

Single (16+) \$25.00

Senior (55+) \$10.00

Memberships are required to access programs offered by your Baturyn Community League.

Get your membership today by going to  
[Baturyn.ca](http://Baturyn.ca) or emailing [membership@baturyn.ca](mailto:membership@baturyn.ca)

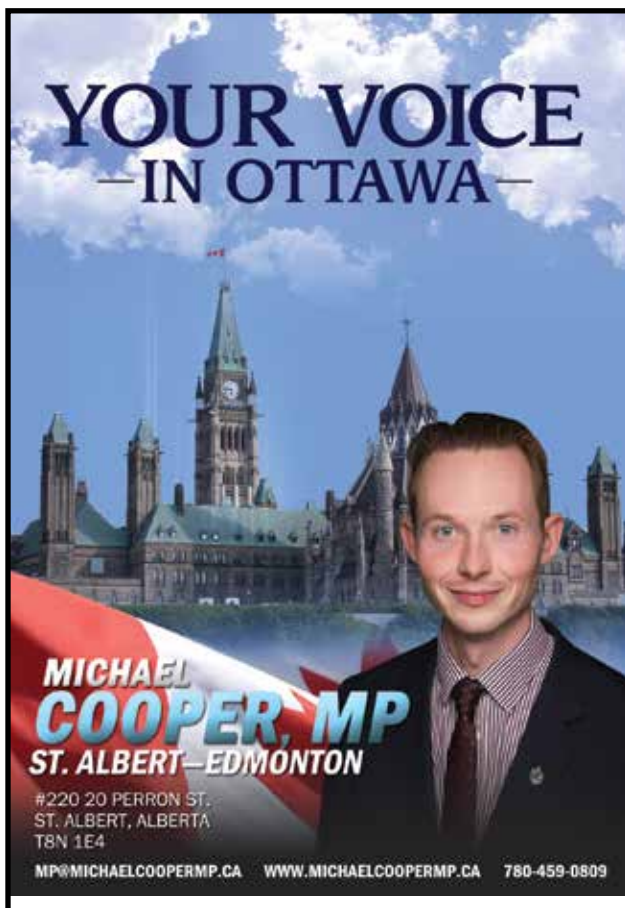
Your membership fees help support the delivery of various community programs and events.

[www.communityleagueneews.com](http://www.communityleagueneews.com)

March 2017



**YOUR VOICE  
— IN OTTAWA —**



**MICHAEL COOPER, MP**  
ST. ALBERT—EDMONTON

#220 20 PERRON ST.  
ST. ALBERT, ALBERTA  
T8N 1E4

MP@MICHAELCOOPERMP.CA WWW.MICHAELCOOPERMP.CA 780-459-0809

Want to know what is going on in your community?  
Get access through your mobile phone or computer for up to date information  
on community announcements and events.

Find us at [www.facebook.com/BaturynCommunityLeague](http://www.facebook.com/BaturynCommunityLeague)  
Keep up to date by liking us and receiving community notifications



## Community League Wellness Program

### Increased Discount at City Of Edmonton Sport Facilities

The City of Edmonton has increased the discount available to community league members, from 10% to 20%, through the Community League Wellness program. This means community league members purchasing an annual or monthly pass at any City of Edmonton Recreational facility can get everyone in the family a 20% discount and 15% discount on the multi-use passes.


Present your valid Edmonton community league membership card at any one of the City of Edmonton's sports and fitness facilities and choose from the following Community League Wellness Products:

- Annual Pass\*- 20% discount on Adult, Family, Child, and Youth/Senior Annual Passes
- Multi Admission Pass\*- 15% discount on our already discounted multi admission pass (5+ visits)
- Continuous Monthly Pass - 20% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program.


Community league members who purchase one of the above passes will be issued a photo access card to be swiped at each admission.

\* Applies to new purchases only.



Facilities and amenities include swimming pools, whirlpools, fitness studios, cardio areas, weight rooms, racquetball, squash, badminton and tennis courts, indoor running tracks, gymnasiums, cafeterias and pro shops. Hours of operation are from 5:30 a.m. to midnight (hours vary according to facility). For more information, please call 311 or visit [www.edmonton.ca/wellness](http://www.edmonton.ca/wellness)



**Dr. Tarek Tarchichi**  
[www.castledownsdentalcentre.com](http://www.castledownsdentalcentre.com)  
**780-456-2990**  
**11816-145 Ave**






**New Patients Welcome.  
Emergency & Walkins.  
Apointments Available  
Gentle Dentistry for  
the whole family.**

**Dental Centre Hours**  
**Monday to Friday 8 am to 5 pm**  
**Saturdays 9 am to 4 pm**  
*We are closed on Sunday & Public Holidays*

At Castledowns Dental Centre, We are more than glad to offer you the following services:  
- Root Canal Treatment  
- White Fillings  
- Wisdom Tooth Extractions  
- Partial Dentures  
- Dental Implants  
- Sedation  
- Crown & Bridges  
- Veneers  
- In office Zoom Teeth Whitening

We Accept:   



## Call out for Junior Executive Members

Baturyn Community League is forming a Junior Executive. This group will consist of:

**President, Vice President, Treasurer, Secretary (Restricted to Age 15-18)**

**Social & Events Chairs (x2), Fundraising Chair (x2), and Communications Chair (x2) (Ages 12-18)**

This is an excellent opportunity for youth between the ages of 12-18 to get involved in their community, make valuable connections, and give a voice to our youth in community happenings. The Junior Executive will be responsible for meeting the needs of our youth populations by planning events and activities, and increasing youth involvement in our community.

If you are interested in becoming part of this very important team, please submit a letter to [vicepresident@baturyn.ca](mailto:vicepresident@baturyn.ca) indicating the position you are interested in. You will need to tell us a little bit about yourself and why you would make a great candidate for the position you are applying on. Please note that the Submission Deadline is Friday, March 17th. Candidates will be contacted by Wednesday, March 22nd and Panel selection will occur on Sunday, March 26th.

For more information, please go to  
[www.baturyn.ca](http://www.baturyn.ca).

Please note that you must be a member of a family that holds a Baturyn Community League membership.





**Baturyn Community League**  
Proudly supporting the communities of  
Baturyn, Elsinore/Chambery (Castlebrook),  
Canossa (Castlewood), & Rapperswill (Newcastle)  
Website: [Baturyn.ca](http://Baturyn.ca)

## Outdoor Sports Registration



**Outdoor Soccer Registration** has begun. You will be required to start the registration process by going to the EMSA's website at <https://emsasoccerportal.com> and completing the required registration documents. To complete the registration process, you will also be required to attend one of the registration sessions listed below.

**Softball Registration** will begin February 25<sup>th</sup>, 2017 through one of our sports registration sessions. You will be required to attend one of the sessions listed below.

Registration session will be held at Baturyn Hall, 10505 172 Avenue on the following dates.

### Registration:

February 25<sup>th</sup> – 10am to 2pm

March 14<sup>th</sup> - 6pm to 8pm

### Late Registration\*:

March 18<sup>th</sup> – 10am -1pm

\*Please note there is a fee for late registration of \$25 and

late registrants are required to fulfill 2 volunteer commitments.

Registration information, including sports fee information is available online at [www.Baturyn.ca](http://www.Baturyn.ca).

## Baturyn Community Playschool

### Early Registration Opportunity for 2017-2018

We are opening registration for returning playschool families starting February 1, 2017. If you have children are currently attending Baturyn Playschool or have attended within the last two years, you have a chance to reserve a spot for your child/ren before registration opens to the general public on February 15, 2017. All we require is a completed registration form along with a \$45.00 non-refundable cheque made payable to Baturyn Playschool. The 2017-18 registration form and Parent Handbook will be made available on our playschool website starting February 1, 2017. Other fees are not payable until our August registration meeting.

There will be the following three options when registering for the 2017-2018 school year: Staggered start will begin the week of September 11, 2017.



**For 3 year olds:** Tuesdays and Thursdays  
AM Class – 9:00am to 11:30am

**For 4 year olds:** Mondays, Wednesdays, and Fridays  
AM Class – 9:00am to 11:30 am  
or  
PM class – 12:45pm to 3:15pm

\*Child must be 3 years of age at the start of the playschool year for the three year old class. ALL children must be fully toilet trained for any class.

Find us on Facebook  by typing  
**Baturyn Community Playschool**

For more information, please visit our website at [baturynplayschooledmonton.weebly.com](http://baturynplayschooledmonton.weebly.com) or email our co-chair at [bcps.cochair@gmail.com](mailto:bcps.cochair@gmail.com).

## Baturyn Community Playschool

### AGM and Pre-Registration 2017-2018

**WHEN:** Monday March 6, 2017 at 7 PM (doors open at 6:30 PM)  
**WHERE:** Baturyn Community Hall, 10505 172 Avenue  
**WHO:** Parents wishing to register their 3 or 4 year old child for the 2017-18 school year.

**COST TO REGISTER:** \$45 non-refundable registration fee. Other payments will be handed in at the August final registration meeting.

The main focus of this meeting is to reserve a spot for your child in the playschool for the upcoming school year. Registration will be completed at the August final registration meeting. There will also be a chance for you to see the classroom, meet the teacher and ask any questions about the playschool.

We offer a fun, play-based program that builds your child's social and academic skills. Students are introduced to the joys of learning by participating in in-school and out-of-school field trips, taking part in pre-reading, science and math projects, crafts, games, songs and music, kinder-cooking and daily physical activity.



**For 3 year olds:** Tuesdays and Thursdays  
AM Class – 9:00am to 11:30am

**For 4 year olds:** Mondays, Wednesdays, and Fridays  
AM Class – 9:00am to 11:30 am  
or  
PM class – 12:45pm to 3:15pm

\*Child must be 3 years of age at the start of the playschool year for the three year old class. ALL children must be fully toilet trained for any class.

Find us on Facebook  by typing  
**Baturyn Community Playschool**

For more information, please visit our website at [baturynplayschooledmonton.weebly.com](http://baturynplayschooledmonton.weebly.com) or email our co-chair at [bcps.cochair@gmail.com](mailto:bcps.cochair@gmail.com).

## Volunteer Shout Out

*"Volunteers don't get paid, not because they're worthless, but because they are priceless." – Sherry Anderson*

Like all community leagues, Baturyn Community only operates thanks to the efforts of its dedicated volunteers. After a rough year with many unexpected resignations from the board, we have had several people step up to form a functional yet fun executive team. Tricia Stettner volunteered to take on the role of Secretary, while continuing in her Bingo Chair role. Nicole Yankee first volunteered to be Volunteers Director, then further took on the role of Vice-President, as well as interim Hall Rental Rep until we could find someone for that role. Lynn Archer continued her role as Sports Director, while reclaiming her role of Treasurer in the fall. Lorna King got involved as one of our Castle Downs Recreation Society Representatives, then agreed to take on the role of Communications Director with the help of her husband Blair. Many of these individuals are also heavily involved in their children's soccer teams, so we certainly appreciate them going the extra mile for their community league.

While we appreciate all our volunteers, both present and past, we would especially like to recognize the efforts of Jan Petersen, who, along with her husband Paul and daughter Dana, were key players in our community for over 20 years until their resignation at the 2017 AGM. If you volunteered at all for the community league over the last several years, Jan was your contact as our Volunteer Director. She was also the first point of contact for our hall rentals. Paul volunteered as Communications Director for several years and Dana took care of our financials as Treasurer. While those were their official roles, they regularly went above and beyond to take care of many other aspects of the Community League as well. Their dedication to their community for over two decades deserves special recognition and the board is working on a permanent form of appreciation. Stay tuned.

If you would like to get involved in your community league, it does not have to be difficult or overwhelming. Step into an existing role on the governing Board (where there are many people available to support and mentor you) or gather some friends and neighbours to take on a special project or social event. Even if you can only commit to a few hours a year, we would love to hear from you. Contact [volunteers@baturyn.ca](mailto:volunteers@baturyn.ca) to find out more about short or long-term volunteer opportunities. Whether you live in our newest community of Rapperswill or the more established parts of Baturyn, with your help we can bring this community together and make exciting things happen!

## League Executive

Hall: 14830-118 St 456-3435

President	Evan Hellyer	780-641-4996 president@caernarvoncommunity.com
Vice President	Pam Irwin	780-473-5563 vice@caernarvoncommunity.com
Treasurer	Teena Burrell	treasurer@caernarvoncommunity.com
Secretary	Kat Furtado	secretary@caernarvoncommunity.com
Ball	VACANT	softball@caernarvoncommunity.com
Bingo	Lynne Hellyer	bingo@caernarvoncommunity.com
Equipment	Johnny Borrelli Darcy Sommer Sandi Reda	equipment@caernarvoncommunity.com
Hall Rental	Jennifer Schell Danny Burrell	rental@caernarvoncommunity.com
Maintenance	VACANT (Evan)	maintenance@caernarvoncommunity.com
Membership	Lynne Hellyer	membership@caernarvoncommunity.com
Neigh. Watch	VACANT	neighbourhoodwatch@caernarvoncommunity.com
Newsletter	Sarah Hunczak	newsletter@caernarvoncommunity.com
Signs	Kati Weir	signs@caernarvoncommunity.com
Programs	VACANT	programs@caernarvoncommunity.com
CDRS	Danny Burrell	cds@caernarvoncommunity.com
CDRS	Jennifer Schell	cds@caernarvoncommunity.com
Soccer	Toni Borrelli	soccer@caernarvoncommunity.com
Social	VACANT	social@caernarvoncommunity.com
Variety Show	Pam Irwin	varietyshow@caernarvoncommunity.com
Casino	Amanda Evans	casino@caernarvoncommunity.com
Website	Sarah Hunczak	webmaster@caernarvoncommunity.com
Book Keeper	Sue Jorgenson	bookkeeper@caernarvoncommunity.com

## Website!

Our website at [www.CaernarvonCommunity.com](http://www.CaernarvonCommunity.com) has had yet more updates lately! Please take a moment to check it out! It's still a work in progress, so new pages and sections are still being added to the site. If there is anything you would like to see on here, send us a message as we are always trying to find new ways to improve!

## FACEBOOK

Facebook users, keep up to date in our community with registrations, events, sports and so much more! Look up "Caernarvon Community League" and select Like!

## The Caernarvon Playground

We are now into the planning phase for our new community playground. If you are interested in helping out, please contact Pam at [vice@caernarvoncommunity.com](mailto:vice@caernarvoncommunity.com)

## Hall Rental

If you're looking for a site to host your next big event, give the Caernarvon Community Hall a try! It is wheelchair accessible, with a 50m x 60m space to seat up to 270 guests, or 200 guests for dining and dancing. There is also a Boardroom that can seat up to 25 guests.

The Hall includes a Full Commercial Kitchen with gas stove & 2 ovens, a Wet Bar, a Coat Room, a Raised Stage, and a Sound System with wireless Microphone. Also available is a Large BBQ and a Theatre Popcorn Machine.



Call Evan at 780-456-3435 or email [rental@caernarvoncommunity.com](mailto:rental@caernarvoncommunity.com) if you have questions or would like an appointment to view the facilities (please leave a message).

### Rates:

\$20 hourly, Boardroom  
 \$35 hourly, Hall  
 \$300 Daily (Sun thru Thurs) 8am, to 3am  
 \$400 Friday 8am, to Saturday 3am  
 \$450 Saturday 8am, to Sunday 3am  
 \$550 Friday 5pm, to Sunday 3am  
 \$550 Saturday 8am, to Sunday 5pm  
 \$650 Friday 5pm, to Sunday noon  
 \$50 Dishes rental (plates, cutlery, glassware, limited small wears)  
 \$50 Large BBQ  
 \$50 Theater Popcorn Machine  
 Deposits on Daily rentals, \$1000  
 Deposits on Hourly rentals, \$250  
 Sound System Deposit, \$500

## Caerny Bucks

If you would like to be included on the Caerny Buck list, contact our Bingo Director at [bingo@caernarvoncommunity.com](mailto:bingo@caernarvoncommunity.com).

Caerny Bucks are worth \$35 and are given to people who work extra bingos when they cannot be filled with sports registration.

The Caerny Bucks can be used towards any Caernarvon event, such as sports registration, programs, and social functions.

## BINGO OPPORTUNITIES

We are looking for volunteers to work upcoming Bingo nights. If you are interested in earning some extra Caerny Bucks, please call Lynne at 780-641-4996.

## VOLUNTEER OPPORTUNITIES

There are currently several vacant positions on the Caernarvon Community's Board, particularly those of Social Director, Maintenance, and Ball Director. If you are interested in any of those positions, please contact Evan at [president@caernarvoncommunity.com](mailto:president@caernarvoncommunity.com) for more information.

## Castledowns Childcare

Accredited Childcare



Upcoming Event:  
**Annual Parent/Board Meeting**

Date:

**Friday, April 7th, 2017**

Time:

**6:15 pm - 7:15 pm**

*All community members are welcome to attend*

11852 - 145 Ave. 780-456-7013



Position	Filled by	Phone
President	Krista Hennigar	780-951-7627
Vice-President	Heather Magnes	780-903-3583
Treasurer/Grants	Myer Valeriano	780-907-1198
Membership	Shelley Worsley	780-457-2377
Secretary	Tara Pohl-Gobeil	780-218-3399
Buildings and Grounds	Ryan Simpson	780-267-7777
Bingo Chairperson	Chantal Brown	780-238-6234
Casino Chairpersons	Krista Hennigar	780-951-7627
Sports Equipment	Rob Lewis Rob Jarowka	780-486-2893 780-910-9450
Newsletter Editor/Website	Krista Hennigar	780-951-7627
Rink Attendant	Fred Gregory	780-457-1044
Soccer Director	Rob Lewis	Carlisesoccerdirector@gmail.com
Program Director	Diane Neiman	780-457-6239
Variety Show Representatives	Diane Neiman vacant	780-457-6239
CDRS representatives	Neil Chymko Krista Hennigar	780-975-0421 780-951-7627
Hall Rental Director	John Paul Potestio	780-993-3503
Social Director	Tess Potestio Dianna DeCaluwe	780-974-3503 780-263-1109

**League Memberships Available**  
**Please Contact Shelley Worsley 780-457-2377.**

## Yoga

Yoga classes are for anyone who wants to learn the stretches, the breath and basic yoga postures. Also relaxation and meditation. Make sure you bring a yoga mat and blanket.

Where: Carlisle Community Hall 14240-117 st.

When: May 1st, 2017, 10 weeks  
Cost: \$80.00 for 20 classes, \$40.00 for 10.00 classes or \$10.00 for drop in

Time: Tues and Thurs eve. From 7:30 to 8:30 For more information call Yvonne at 780 297 3147.



## Fitness Classes

Come and Join us

Carlisle Community Hall at 14240-117 St  
For fat burning and stomach flattening  
Cardio & Pilates



All levels welcome – beginner to pro

Monday and Wednesday 7:30 – 8:30 pm

Prepaid registrations is \$80 for 20 classes or \$10 drop in

For more information please call Zuzana at 780-914-1775

-AFLCA Certified Instructor

## Hall Rental



**CARLISLE COMMUNITY HALL**  
**14240 – 117 STREET**

**UPPER LEVEL CAPACITY SEATED 99**

**Members \$300 and Non-Members - \$350**

**Rental Inquiries Contact Hall Rental Director**  
**John Paul Potestio @ 780-993-3503**  
**Now Accept VISA & Mastercard**

## Carlisle Community Programs Fall 2016

**Gymnastics-** Ages 5-12 Wed 5:30-6:30pm

**ABC-123** Ages 2 and up Tues 10-11 am

**Fit Kids** Ages 2 and up Thurs 10-11 am

For more information or registration please contact Zuzana 780-914-1775



**Castledowns Dental**  
**General Dentistry**

*Dr. Matthew G. Ploboda D.D.S.*

*Family Dentistry Just Minutes Away*

**New Patients Always Welcome**  
**Direct Billing • Invisalign**  
**Cerec • Nitrous Oxide**  
**Dental Implants**



**#202, 15961 - 97th Street NW**

**780-456-4441**

## CARLISLE AGM and 1st SOCCER REGISTRATION-Sat March 12th at 1pm

SECOND REGISTRATION-Thurs March 16th 6:30pm.

FINAL REGISTRATION- Wed March 22nd 6:30 pm.

After 1st registration there will be 2 volunteer commitments required per registration.



### Suicide prevention – understanding and the signs

### Being aware of the signs of suicide can help someone at risk

Suicide affects people of all ages and genders. Each year more Albertans die by suicide than motor vehicle collisions. As a result, many Albertans have been impacted by losing someone to suicide.

Suicide is a preventable tragedy that starts with learning how to recognize the signs that someone may be suicidal. Although not all people show warning signs, most suicidal people show signs of their distress. Being aware of these signs can help someone identify and talk to a person at risk.

There are many different warning signs and being aware of them is an important step in helping to prevent suicide. Talking to someone who may be suicidal does not put the idea in their head. In fact, being able to openly discuss suicide lets the person know you care and can make a difference.

Some of the suicide warning signs include:

- Talking about suicide or a plan
- Making statements about hopelessness, helplessness or worthlessness
- Showing a loss of interest in pleasurable activities
- Personality changes
- Becoming cheerful after a period of depression, which may mean the individual has already made the decision to escape their problems through suicide.

Suicidal people are in pain and want their pain to end, but do not necessarily want to die. Talking about suicide provides a clearer picture of how the person feels so they can get the help they need.

If you or someone you know needs help, please call: Health Link at 811, or one of the following help lines:

- Addiction Help Line: 1-866-332-2322
- Child Abuse Hotline: 1-800-387-5437
- Family Violence: 310-1818
- Kids Help Phone: 1-800-668-6868
- Mental Health Help Line: 1-877-303-2642
- Suicide Prevention: 1-800-784-2433

## Choose Nellie Nellie McClung Girls' Junior High Program

Open House Dates:

March 8 - Avonmore 6 - 8 pm

March 9 - Oliver 5 - 7 pm

**“Empowering girls to  
lead, challenge and  
change the world”**

\* Paid for by the Nellie L. McClung Educational Society of Edmonton

For more information please visit:

**ChooseNellie.com**



EDMONTON PUBLIC SCHOOLS

epsb.ca



### Healthy brains linked to healthy lives

As we get older, our minds can stall and lapse. You might wonder if this is a “senior moment” or the early signs of dementia. While dementia is more common as we age, it is not part of normal aging.

MyHealth Alberta describes dementia as a loss of mental skills—such as memory, problem-solving, and learning—that’s bad enough to interfere with your daily life. It usually gets worse over time.

According to the Alzheimer’s Society of Canada, there are some changes in a person you may witness as Alzheimer’s progresses such as:

Cognitive and functional abilities: a person’s ability to understand, think, remember and communicate;

Emotions and moods: a person may appear apathetic and lose interest in favourite hobbies or become withdrawn;

Behaviour: reactions seem out of character. Some common reactions include repeating the same action or words, hiding possessions, physical outbursts and restlessness;

Physical abilities: the disease can affect a person’s coordination and mobility, to the point of affecting their ability to perform day-to-day tasks such as eating, bathing and getting dressed.

The brain’s development begins well before you are born and never stops. Healthy brain development while you are younger can reduce the risk of dementia later in life. A strong foundation increases the chances of living a longer, happier and more independent life; whereas a weak foundation increases the risks of developing dementia.

Some factors that can reduce risk include controlling the use of drugs and alcohol, protecting your head from injury when doing activities such as cycling and skiing by wearing a helmet and continuing to strengthen your brain through education opportunities.

What is good for your heart is also good for your brain. Whether it be walking, jogging, swimming or yoga, if it gets your heart pumping and your blood moving, it can help your brain stay healthy. One theory is that the increased blood



COCL Board of Directors 2017		
Title	Name	Contact
<b>Executive</b>		
President	Calvin Cazes	<a href="mailto:president@cocl.org">president@cocl.org</a>
Treasurer	Chris Cebula	<a href="mailto:treasurer@cocl.org">treasurer@cocl.org</a>
Secretary	Christine Crowe	<a href="mailto:secretary@cocl.org">secretary@cocl.org</a>
Vice President/Casino Director	~ vacant ~	<a href="mailto:vicepresident@cocl.org">vicepresident@cocl.org</a>
		-
<b>Board</b>		
Baseball Director	Michelle Innes	<a href="mailto:baseball@cocl.org">baseball@cocl.org</a>
Bingo Director	Denine Pelley	<a href="mailto:bingo@cocl.org">bingo@cocl.org</a>
Bingo Director - Assistant	Christina Brown	
Bingo Director - Assistant	~ vacant ~	
Bingo Director - Assistant	~ vacant ~	
CDRS Representative	Vini Buecken	
CDRS Representative	Lynnette Thompson	
Communications Director	Christa Gagnon	
Fundraising Director	Todd Boyer	<a href="mailto:fundraising@cocl.org">fundraising@cocl.org</a>
Membership Director	Jackie Nicholls	<a href="mailto:membership@cocl.org">membership@cocl.org</a>
Neighborhood Watch Director	~ vacant ~	
Programs/Social Director	Kismet Othman	
Registration Director	~ vacant ~	
Soccer Director	Peter Balaban	<a href="mailto:soccer@cocl.org">soccer@cocl.org</a>
Soccer Director - Assistant	Tim Atlee	<a href="mailto:boys.soccer@cocl.org">boys.soccer@cocl.org</a>
Social Director	~ vacant ~	
Variety Show Director	~ vacant ~	
Variety Show Director #2	~ vacant ~	
Volunteer Director	Pam Ushkowski	
<b>Directors at Large</b>		
	Cameron Tse	
	Carol Cimino	
	Helena Zheng	
	Jack Ballash	
	Rosemary Sibanda	
	Salam Yousef	
	Vanessa Forester	

## Winter 2016/2017 Program Guides

The following City of Edmonton's program guides are available online at [www.edmonton.ca/programguides](http://www.edmonton.ca/programguides)

- Rec Centres Winter Guide (January-March 2017) Fitness classes, swimming lessons, programs, daycamps, pool schedules, and facility information at City recreation centres.
- Winter Excitement Guide (October 2016-April 2017) Find out about all the festivals and events taking place in Edmonton this winter season.
- Winter in the City (January-March 2017) This guide showcases Arts, Culture, History and Nature at City of Edmonton attractions.
- Priceless Fun (Fall 2016/Winter 2017) Free or low cost arts and culture, sport and recreation, events, and leisure opportunities.

## Annual General Meeting

COCL's AGM is scheduled Saturday, March 4th, 2017 1-2pm in the Gateway Alliance Church 13931 – 140 Street. Please join us as we give our annual update of the League's activities and status. We will also be running elections for several important Board positions.

Please consider joining the League's board as COCL has several positions that need to be filled. If you would like the opportunity to connect with your neighbours and help contribute to your community, please consider these options.

### 1. President

The current president's term is finished and we will need someone to continue in this role. In short, without a President you can't have a league. Generally, the president runs the meetings, represents the community to external stakeholders, and performs overall management of the league. The league has a Past President position of which the current President will assume. The Past President is there to guide the current president in their role.

### 2. Vice President

The VP is there to support the President in their role and to represent as the President when the President is unable to. The Past President is also there to provide guidance.

### 3. Registration Director

The registration Director manages the Spring and Fall Registrations to ensure they are run as smoothly as possible. Training is provided by the board COCL Needs Your Support

### 4. Variety Show Directors

Every fall the Castledowns Recreational Society puts on a wonderful 5 weekend run of the "Variety Show – An Evening of Comedy". 2 people from COCL are needed for the committee. They represent the COCL at the Variety Show organizational meetings, help plan the event and manage the parent volunteers during the event.

### 5. Bingo Director Assistants

At least 2 people are needed for this role. COCL participates in an average of one bingo a month. The Bingo Director and assistants manage the parent volunteers and work with the Bingo staff to ensure a smooth running event.

One Director/assistant is needed for each event. With multiple people filling this role the responsibilities can be shared equally.

## COCL Spring 2017 Soccer & Ball Registration

**DATE:**

*Saturday, March 4th, 2017  
1-5pm*

*(AGM will be conducted BEFORE Registration begins)*

**LOCATION:** Gateway Alliance Church 13931 – 140 Street

### NEW THIS YEAR

- No cash accepted at Registration. We will have debit and credit machines for payments, or pay with credit card online when you register on EMSA website (Cheques will still be accepted for volunteer commitments and uniform deposits.)
  - Volunteer commitment deposits will be \$300 per child (Still maximum of 2 commitments required per family)
  - Opt out option is also \$300 (We reserve the right to cap number of opt outs)
  - No printer on site. (Be sure to register for soccer on line beforehand and bring your paperwork. Ball registration forms still completed in-person at registration.)
- ### OPTIONS FOR VOLUNTEERS
- Bingo (@ Castledowns Bingo Hall 5-mid-night) March 1, April 4, May 16, June 7, July 4, August/September TBD
  - Community Clean-up, Date(s) to be determined
  - Compost Sale May 13/14, various shifts
  - Soccer Storage Unit Clean-up, Date to be determined
  - Canada Day July 1, Various shifts
  - Casino, Dates to be determined (Summer)
  - EMSA Events, various dates
  - Ball Tournament, Dates to be determined
  - Coaching Soccer or Ball Teams
  - JOIN THE COCL BOARD, various positions available

Check our website [COCL.org](http://COCL.org) for details  
Like us on FACEBOOK







## Receive the security and peace of mind you deserve.

As our respected partner for over 25 years, DeLuca Insurance Services Ltd. has the knowledge and experience to provide superior service and support to Wawanesa Insurance policyholders.

Discover how DeLuca and Wawanesa work together to take care of your insurance needs. For an insurance quote call or visit DeLuca Insurance today.



**DeLuca Insurance**  
208, 12222-137 Ave **780-473-6421**  
[www.delucainsurance.ca](http://www.delucainsurance.ca)

I hope everyone is enjoying this winter season.

I was honoured to attend the Castle Downs Recreation Society's Winterfest. It was great to see everyone out and enjoying the activities and snacks. I look forward to joining constituents at the Community AGM's all across Edmonton Castle Downs.

As spring arrives it marks the return of a great program called MLA for a Day. Alberta High School students are invited to participate and learn more about the role of an MLA and experience what it is like to deal with diverse points of view when making decisions on provincial issues.

Students will spend three days in Edmonton in and around the Alberta Legislature with the opportunities to meet MLA's and visit our offices.

Interested students can find out more from my office. The program is free of cost to the participants.

[https://www.assembly.ab.ca/visitor/student\\_zone/opportunities.htm](https://www.assembly.ab.ca/visitor/student_zone/opportunities.htm)

Submissions will be accepted until March 24 at 4:30pm.

Please reach out to my office if you have any questions, concerns or suggestions or if you would like to request a scroll for a Birthday, Anniversary, Grand Opening, Volunteer Acknowledgement or Sports Team Accomplishment. We are here to assist. I look forward to hearing from you.



## Nicole Goehring

MLA for Edmonton Castle Downs  
12120 161 Avenue NW  
Edmonton AB, T5X 5M8  
PH: 780-414-0705 FX: 780-414-0707  
[Edmonton.castledowns@assembly.ab.ca](mailto:Edmonton.castledowns@assembly.ab.ca)



## Edmonton North Animal Hospital

15387 Castle Downs Rd.  
Next to Sobeys &  
Edmonton Public Library  
780-476-3444



**NOW OPEN**  
7:30 a.m.  
Mon-Fri.

New Clients & Walk-ins Welcome

We do:

- Vaccinations
- Spay/Neuter
- Dental cleaning
- Radiograph
- Soft tissue surgery
- Dog bite wound repair
- Abscess repair
- Laceration repair
- Bladder stone surgery
- Blocked cat procedure
- Blood work
- Porcupine quill removal
- Allergy testing
- Hill's & Medi Cal prescription Food



## Special Savings on Quality Produce

*Locked In Pricing for the Month. While quantities last*

**DATES**  
1 kg  
**\$5.99**

Maple Lodge  
Halal  
Hot Dogs  
**\$2.49/Doz**

Fresh loaf  
bread  
**\$1.29 ea.**  
White/Brown/  
Whole Wheat

Fresh  
Baked  
Baklava  
Wide  
Variety

Reggie  
Pasta  
**99¢**  
/Pkg

**20Lb**  
New Red or  
White  
Potatoes  
**\$5.99**

Compliments  
Canola Oil  
**\$6.99**  
3L bottle

Lebanese fresh  
baked meat pies.  
Spinach &  
cheese 3 cheese  
family pack **\$9.99**

**Emma**  
Extra Virgin  
Olive Oil  
1lt  
**\$7.99**



## Elsafadi Bros. Supermarket

Two Locations 11316 - 134 Ave & 10807 Castledowns Rd  
780 - 475-4909 Local Community Owners

# Dunluce News

## DUNLUCE EXECUTIVE

Hall: 11620-162 Ave 456-3978

PO Box 36050; Castledowns RPO

Edmonton, AB T5X 5V9

[www.dunlucecl.ca](http://www.dunlucecl.ca)

PRESIDENT	Nadine Meads	780-982-6260
VICE PRESIDENT	Sabrina Boutillier	780-232-1925
TREASURER	Loretta Wonitoy	780-457-9101
SECRETARY	Lorna Melnyk	780-456-4596
PAST PRESIDENT	Keoma McMurren	780-457-9101
CDRS REP	Ryan Korpesio	780 444-9212
VARIETY SHOW	Denyse Ward	587-983-9401
CASINO	Maureen Ewart Mark Gross	780-457-0708 780-456-5700
MEMBERSHIP	Christina Fletcher	780-484-3051
PUBLICITY	Bev Gross	780-456-5700
SOCIAL	Lorna Melnyk	780-456-4596
BINGO DIRECTOR	Angela Paris	780-920-8999
SOCCER	Ryan Korpesio	780-444-9212
SOFTBALL	Loretta Wonitoy	780-457-9101
PROGRAMS	Registrar	780-457-2759
WAYS & MEANS	Myah Westergreen	780-289-7706
SOCCER EQUIP.	Arlene Pettifer	780-456-3978
BUILDING & ASSETS	Al Chapman	780-456-9292
PLAYSCHOOL	Registrar	780-499-0232
COMMUNITY SERVICES	Trudy Raadik	
HALL RENTALS	Al Chapman	780-457-4342



## DUNLUCE CASINO

On behalf of Dunluce Community League, would like to thank everyone who came out and helped us with our Casino on Jan. 17th & 18th 2017, at Century Casino. It is very much appreciated.

Thanks,

Maureen & Mark

## Upcoming Bingos

If you have an upcoming Bingo please see dates below and you will also be receiving a call as a reminder. If you have any questions or you have not received a registration bingo date, call

**Angela- 780-920-8999**

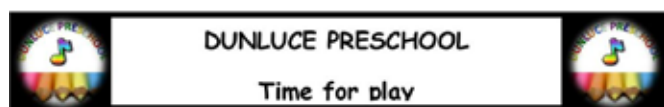
**Dates are as follows:**

**March 13th, April 6th, & May 8th, 2017**

**All Bingos are at Kensington Bingo Hall unless otherwise stated.**

**FOLLOW US! LIKE US!**

Never miss another community event or announcement by liking our “Dunluce Community League” Facebook page and following us on twitter (@dclyeg)



- a qualified, experienced, energetic and creative Early Childhood Educator
- a great facility- well equipped with lots of room to play
- movement to music, drama, exercise, sports, singing and finger plays
- monthly themes and hands-on activities... everything from stargazing to baking
- Learning through play-educational learning centres that ignite your child's passion for learning
- Exciting fieldtrips - onsite and offsite
- A program dedicated to meeting your child's individual needs
- Preparation for Kindergarten
- Cooperative/Community-based playschool: a great way to meet new families and get involved in your community

\*\*\*Elections for a new Board of Directors will take place during the AGM. If you are interested in a position, please email Liz Baxter at [dunlucepreschool@hotmail.com](mailto:dunlucepreschool@hotmail.com).

### AGM & REGISTRATION FOR 2017-2018 SCHOOL YEAR

Wednesday March 15, 2017 7:00pm (doors open at 6:45)

Dunluce Community Hall 11620-162 Ave

Please bring \$50 registration fee and child's Alberta Health Care Number

Registration will be on a first come, first serve basis.

For more information, please contact our registrar at 780-499-0232, email [dunlucepreschool@hotmail.com](mailto:dunlucepreschool@hotmail.com) or check us out on Facebook!



# DUNLUCE COMMUNITY LEAGUE SPRING AGM, MEETING, SOCCER & BALL REGISTRATION

Sunday, February 26, 2017 @ 2:00 pm  
Dunluce Hall, 11620 – 162 Avenue

Come register for outdoor soccer and softball. Only cash and cheques accepted (credit cards or debit NOT available). To register you will:

- (1) Purchase a \$25.00 Dunluce Community League membership fee (cash/cheque), valid Sept 1/16 to Aug 31/17, one per household, per year.
- (2) Leave a \$200 undated volunteer deposit cheque for EACH child being registered. Failure to fulfill your volunteer commitment(s) as chosen will result in your deposit(s) cheque being cashed. Your cheque will be returned when you complete your volunteer shift.
- (3) Register & pay ball fees by cash/cheque. You must PRE-REGISTER for soccer online, and bring 2 printed copies of your registration confirmation with you.,

Bring child’s Birth Certificate for verification of age.

**\*\*ALL THREE STEPS MUST BE COMPLETED BEFORE YOU LEAVE OR YOUR CHILD WILL NOT BE PLACED ON A TEAM\*\***


A \$100 soccer uniform deposit (\*does not apply to softball) is required, and this deposit returned at the end of season when your uniform is returned.

At this meeting, you must sign up for one volunteer commitment PER CHILD.

After this date, you must sign up for two volunteer commitments PER CHILD. Separate deposit cheques required for each child. Children are not required to attend this meeting. Parents wishing to coach can sign up at this time.

Registrations accepted after this meeting will be subject to a \$50.00 late fee. All cheques payable to “Dunluce Community League”. Elections are held to fill any vacant Board positions. Please consider volunteering.

Visit Dunlucecl.ca for fees, ages and game nights



## North Central Early Years Coalition

Did you know—Early experiences are built into our brains and bodies to affect a lifetime of learning and health?

Join us for our free

### Early Childhood Brain Development Workshop


Thursday March 9 - 1:00pm-4:00pm or 5:30-8:30pm


Prince of Wales Armoury—10440 108 Ave NW

Email or call to register! ncearlyyears@gmail.com, 780-478-5022 ext. 903


To learn more about the Coalition or to get involved please contact us at:

[www.earlychildhoodedm.ca/northcentral/](http://www.earlychildhoodedm.ca/northcentral/)
<https://www.facebook.com/ncearlyyears/>

Like us on facebook 



## PLAY BALL! DUNLUCE SOFTBALL 2017



LEVEL	COST	YEAR OF BIRTH
U6 (T-Ball)	\$45.00	Born 2011 and earlier
U8 (Coach Pitch)	\$45.00	2009-2010
U10 (Mite)	\$60.00	2007-2008
U12 (Squirt)	\$60.00	2005-2006
U14 (Peewee)	\$60.00	2003-2004
U16 (Bantam)	\$60.00	2001-2002
U18 (Midget)	\$60.00	1998-1999-2000

Check out our website at [www.dunlucecl.ca](http://www.dunlucecl.ca) for further information or send an email to [softball@dunlucecl.ca](mailto:softball@dunlucecl.ca)



## ALL KIDS MEALS

# \$6.99

Comes with an activity pack and a create-your-own sundae.

**Boston Pizza - Namao 16521 97 St 780-456-5554**

## Dunluce Community Programs Spring 2017

**For more information or registration please phone,  
(780) 914-1775, or e-mail [zuzana.bado@gmail.com](mailto:zuzana.bado@gmail.com)**

PROGRAM	AGE	TIME	FEE	DAY	LOCATION	NOTE
Gymnastics	5-12	5:30 - 6:30	\$50	Wednesday	TBA	Body suit & bare feet
Dance Classes Ballet & Tap	3 yrs	Oct. 4-Dec. 6 Jan.10- Mar.14 6:15 – 7:00	\$100	Tuesday	Dunluce Hall	Pink tights, Black body suit
	4+5 yrs	Oct. 4-Dec. 6 Jan.10- Mar.14	\$120	Tuesday	Dunluce Hall	Ballet shoes, Tap shoes
Pre-School Little Kickers Soccer	4+5 yrs	6:15 – 7:15	\$45	Tuesday	Dunluce Hall	

### ***FITNESS CLASSES***

**Dunluce Community League has  
Fat burning and stomach flattening  
WORKOUT**

**At Dunluce Community Hall 11620 – 162 ave.  
Tuesdays & Thursdays from 8:00 to 9:00 PM**

**A prepaid registration is only \$80 for 20 classes  
or drop in for \$10**

**For more information please call Zuzana at: ( 780 ) 914-1775  
AFLCA certified**



Seating Capacity 120

#### Weekend rates:

Dunluce Community Members:

6pm Friday evening til 5pm Sunday evening \$300.00 plus \$350.00 damage deposit

Non-Dunluce Community Members:

6pm Friday evening til 5pm Sunday evening \$350.00 plus \$350.00 damage deposit.

#### Daily rates:

Community Members: \$200.00 Damage deposit \$350.00

Non-Dunluce Community Members: \$275.00 Damage deposit \$350.00

Hourly rate: \$30.00/Hr, minimum 3 hours Damage deposit equals hourly rate

For more information contact Al Chapman at 457-4342.  
[www.dunlucecl.ca](http://www.dunlucecl.ca)

I am happy to let you know that the 372 page “Beaumaris Lake Condition Assessment and Rehabilitation Plan” is now out! Since 2014 I have been advocating and pushing for improvements to Beaumaris Stormwater Lake. Due to the work of administration and myself, the lake will be a pilot for how all stormwater ponds in the City of Edmonton are based. This means Beaumaris Lake will get the extra attention I know it needs. Now that the report is complete the revitalization of this beautiful area is just around the corner. The information in this report will allow the City to develop an assessment methodology to be applied to Beaumaris and all other Stormwater Management Facilities (SWMF). Beaumaris Lake revitalization will require capital budget. It was unable to be assigned capital in the current budget due to a lack of information on what the costs for rehabilitation would be. Now that that information is available, capital can be assigned. Short-term, medium-term, and long-term capital projects have been selected for Beaumaris. Short-term projects will last as long as 1-3 years, and the total estimated cost for them is 5.72 million, 5.51 million of this which will be solely for rehabilitation. Medium-term projects (3-10 years) are estimated to require 2.46 million dollars, and finally the estimated budget for long-term projects (10+ years) is 34 million. 75% of the 34 million is planned to go towards landscaping and community amenities.

It is worth noting that there are 129 unfunded Capital Projects in direct competition with Beaumaris Lake Rehabilitation. Since the rehabilitation is a pilot project, the likelihood of it receiving funding is good. I will fight to ensure this happens. This is an important project for not only Ward 3, but for all of the City of Edmonton.

I am very excited about what the future of Beaumaris Lake will be. I know that the road to completion may seem longer than anyone wants it to be, but anything that is worth having is worth waiting for. I am excited to know that once Beaumaris Lake has undergone its revitalization it will be enjoyed by generations to come.

The report is available, along with an update on my website: [daveloken.com](http://daveloken.com) if you are interested in checking it out.

As always, you can always contact my office at: [dave.loken@edmonton.ca](mailto:dave.loken@edmonton.ca) or 780-496-8128.



**Message from  
Dave Loken  
City Councillor Ward 3  
City of Edmonton  
780-496-8128  
[dave.loken@edmonton.ca](mailto:dave.loken@edmonton.ca)  
Twitter: @daveloken**

## City of Edmonton Development Permit Compliance

The City of Edmonton does not do routine checks to ensure that new developments follow regulations. To a great extent, the city relies on leagues and nearby neighbours to report building developments which are not in compliance with regulations in the zoning bylaw and the development permit.

Call 311 with your inquiry if you suspect abnormalities. Perhaps a building appears abnormally large or too close to the property line, or you are concerned about other problematic irregularities.

## Current City Surveys

Help the City of Edmonton build an even better city by becoming a member of the Edmonton Insight Community. Complete online surveys on City policies, initiatives and community issues. Open to all Edmontonians, over the age of 15. Registration is quick and easy at [www.edmontoninsightcommunity.ca](http://www.edmontoninsightcommunity.ca)

In addition to the Edmonton Insight Community surveys, the City of Edmonton uses a range of survey tools and approaches to gather input from Edmontonians. To view and complete these surveys as they appear please visit and bookmark: [Edmonton.ca/Surveys](http://Edmonton.ca/Surveys)



# Lorelei Beaumaris News

## 2016-2017 Lorelei-Beaumaris Board of Directors

President	Sonya	presidentlbcl@gmail.com
Vice President	Maria	vicepresidentlbcl@gmail.com
Secretary	VACANT	secylbcl@gmail.com
Treasurer	Christina	treasurerlbcl@gmail.com
Ways and Means	Taryn	waysmeans@gmail.com
Past President	Cody	pastpresidentlbcl@gmail.com
Bingo Chair	Jennifer	bingolbcl@gmail.com
Casino Chair	VACANT	casinolbcl@gmail.com
CDRS Representatives	VACANT	cdrslbcl@gmail.com
Variety Show Reps	Taryn, Caroline	<a href="mailto:varietyshowlbcl@gmail.com">varietyshowlbcl@gmail.com</a>
Sports Director	Ghaida & David	sportslbcl@gmail.com
Social Directors	Heidi & Liza	sociallbcl@gmail.com
Memberships	Sabrina	memberships lbcl@gmail.com
Communications	Oksana	commmlbcl@gmail.com
Community Safety Directors	Jennifer	communitysafetylbcl@gmail.com
Director at Large	Rosemary	
Director at Large	Arlene	
Website	Oksana	commmlbcl@gmail.com
Playschool Information		
	<a href="http://www.loreleibeauamarisplayschool.com">www.loreleibeauamarisplayschool.com</a>	
General Manager	Tina	hallrentalslbcl@gmail.com 780-686-4415

City of Edmonton Community Recreation Coordinator Alison Mould

[alison.mould@edmonton.ca](mailto:alison.mould@edmonton.ca)

**LBCL Website:** [www.lbcl.ca](http://www.lbcl.ca)

**Facebook:** <https://www.facebook.com/loreleibeauamaris>

**Twitter:** <https://twitter.com/LBCommLeague>

**NOTE:** If you are having issues contacting someone please contact our Hall Manager who will pass on your message. **If you are interested in filling any open positions or would like to get involved please send an email to our president at [presidentlbcl@gmail.com](mailto:presidentlbcl@gmail.com).**

## Lines of Communication Lorelei-Beaumaris

**Facebook** – Find the most recent updates and a forum for you to comment or add something of interest for our community members, and don't forget to "like" us at <https://www.facebook.com/loreleibeauamaris> (Lorelei-Beaumaris Community League)

**Twitter** – Find the short and sweet updates at <https://twitter.com/LBCommLeague> Don't forget to follow us!

**Website** – Check out the new look and layout! Visit us at [www.lbcl.ca](http://www.lbcl.ca)

**Gmail** – All email addresses are now gmail addresses. You can find our email links on our website (here: <http://lbcl.ca/new-page-2>) If you don't get a reply within a week please email [commmlbcl@gmail.com](mailto:commmlbcl@gmail.com) (Communications) for assistance.

**Email News** - If you know of someone who would like to receive our email news please have them email a request to [commmlbcl@gmail.com](mailto:commmlbcl@gmail.com).

*Note:* You can unsubscribe at any time by replying to our email sent with "unsubscribe" in the body or subject line.

## Scrapbooking and Paper Crafting

Want a great way to escape the hustle of life and capture the moments that will last a lifetime? Join the creative crew at Lorelei hall 16220-103 street for an upcoming mini-retreats on:

- March 11, 2017
- May 13, 2017
- September 23, 2017
- October 21, 2017
- November 18, 2017

You will have the time and space to scrapbook your favorite pictures either traditionally or digitally or do your card making, paper crafting and stamping.

Digital Tid-bits will now be included free in Funcrops, instead of being at a separate paid event. You will have unlimited use of all Tannis' tools - including Cricut Expressions machine, and cartridges, Cuttlebug and dies, and scanner for conversion to digital file (must have your own USB), a limited amount of supplies will be available for purchase. Coffee, muffins in the morning, light snacks in the afternoon and some kind of tasty food for supper. Please contact Tannis for more information [photos@telusplanet.net](mailto:photos@telusplanet.net) (780) 885-1647

<http://lbcl.ca/scrapbooking>

## Our Great Community

Are you interested in starting a bridge club, a fitness group, a new parents group, or a seniors club? Do you have an idea for a social event? Are you willing to organize a block party or special event?

We are open to your ideas, your passions, and your skills and would love for you to join us and bring more ideas, activities and events to our community!

Thanks to our amazing volunteers we recently had a few very different, but equally successful events.

We had a HUGE success at our Skate With Santa Event that we held in December. Thank you so much Cody for being an awesome Santa, Connie for tying up all those skates and Tina for putting on a fantastic event.

We had lots of families come out to our Old Fashion Skate Party hosted with association with Edmonton Federation of Community Leagues. We are also very grateful to Orbis Sports ( <https://orbissports.com> ) for providing their equipment to the party.

Our Facebook Photo Contest has been designed by Ghaida. One of our subscribers won a \$25 gift card from Cineplex courtesy of Mike's Mobile Mechanic ( 780-952-2215 )

We are also very grateful for the Winter Greenshack Program and for the free Learn To Skate Program offered by City of Edmonton at Lorelei-Beaumaris Community league.

If you are interested to know what is happening in your community and have time, energy and passion to contribute, please join us at our Annual General Meeting February 21, 7pm at the Lorelei-Beaumaris Community Hall (16220 – 103 Street)



## Lorelei-Beaumaris Indoor Soccer

The U12 Boys (Delgado) not only took the gold medal at the Polar Cup tournament, they will be participating at City Finals February 25th and 26th! Well done guys! We wish you luck!



## Lorelei-Beaumaris Community Memberships

2016-17 Memberships are now available and are valid until August 31, 2017.

Family memberships are \$25 and singles or seniors are \$15.

Lorelei-Beaumaris community league membership can be purchased:

- Mac's Convenience Store - Beaumaris (by Lakeside Landing - 113A street & 153 Ave).
  - online by visiting EFCL online memberships (single or senior memberships are not available online)
  - directly from the league. Please email [memberships@lbcl.ca](mailto:memberships@lbcl.ca)
- Your community league membership gets you many discounts, free skate, free swim. For more information please see our Facebook page <https://www.facebook.com/loreleibeamaris/> or website <http://lbcl.ca/memberships/>

## Hall Rentals

Lorelei-Beaumaris Community League has the largest Hall facility in Castle Downs.

- Hall dimensions are approximately 60 ft x 52 ft (bar to wall)
- Accommodation for 448 guests (non-fixed seats), 354 (non-fixed tables & seats), 280 (dining and beverage).
- Air conditioned, pot lighting, coatroom, wheelchair accessible washrooms
- Raised stage setting (stage dimensions 13 ft x 20 ft wide)
- Stage risers for the floor area (Risers consist of 5 units (ea 4' x 8') for a total raised floor stage setting of 20' x 8', grey carpeted & black skirting - \$100 with main hall rental)
- Black lecturn (podium)
- 30 - 5ft round tables, 40 - 6ft rectangular tables 2 - 3ft accent tables
- Full, commercial kitchen with natural gas stove & ovens
- Spacious wet-bar area with bar-fridge and ice machine
- Large BBQ available (cooks up to 65 burgers or 126 hotdogs all at once)
- Multi media system available for power-point, slideshows, videos, etc...
- We do not have linens or chair covers. Event rental companies will be able to assist you with these items.

All Rates include GST:

- \$710 - Fri 4:00pm - Sunday noon (Note: Sept.- May full weekend bookings must be made at least 8 weeks in advance)
- \$450 - Friday or Saturday
- \$240 - all day Sunday
- \$40 hourly rate (weekdays and Sundays)
- \$300 - media system rental
- \$35 - music (if recorded music of any sort is played - Socan & Resound tariff)
- \$100 - 20'x8' floor level stage risers (carpeted and skirted)
- \$75 - Large BBQ (cooks up to 65 burgers or 126 hot dogs at once)
- \$50 - dishes rental (plates, cutlery, glassware, limited small wares)
- Deposits on ALL Rentals: Hall \$500 Media \$800 (Hall + Media = \$1300)

**\*\* Please note that all contracts signed for hall rentals will be required to purchase Renters Insurance for their event date at Lorelei Hall. We will give them the link to FPB Insurance to do this online. \*\*** (Prices are subject to change. Please confirm with Hall Manager)  
\* Discounts may be available to LBCL Members who are booking for their use. Please talk to the hall manager for more information.

Call Tina 780-686-4415 for questions or an appointment to view (please leave a message). Email [hallrentals@lbcl.ca](mailto:hallrentals@lbcl.ca) If you would like to see photos of the hall from various angles to get a feel for it please visit our photos on our website at [www.lbcl.ca](http://www.lbcl.ca) or on our [www.facebook.com/loreleibeamaris](https://www.facebook.com/loreleibeamaris).



### Ziad Aboultaif, MP

Edmonton Manning

Phone: 780-822-1540

Fax: 780-822-1544

Email: [ziad.aboultaif.c1@parl.gc.ca](mailto:ziad.aboultaif.c1@parl.gc.ca)

Suite 204A, 8119-160 Ave.

Edmonton, AB

T5Z 0G8

[www.ziadaboultaif.ca](http://www.ziadaboultaif.ca)



### WORKING FOR YOU IN EDMONTON AND OTTAWA

If I can be of assistance to you on any federal matter, please do not hesitate to contact my office. We offer information on services provided by the Government of Canada, including:

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> The Canada Pension Plan / Old Age Security | <input checked="" type="checkbox"/> Citizenship Inquiries                     |
| <input checked="" type="checkbox"/> Guaranteed Income Supplement               | <input checked="" type="checkbox"/> Canadian Passport / Consular Affairs      |
| <input checked="" type="checkbox"/> Immigration Matters                        | <input checked="" type="checkbox"/> Business Opportunities / Grants & Funding |
| <input checked="" type="checkbox"/> Student Loans                              | <input checked="" type="checkbox"/> Taxation Issues                           |



## Outdoor Rinks in Lorelei-Beaumaris

Are you looking for somewhere to play shinny or somewhere to practice skating where you can hang on to the boards, or somewhere you can work on that single axel?

Lorelei-Beaumaris will have ice rinks available for you! Access to the rink is free with your 2016-17 skate tag or community membership card; a drop-in fee for non-members will be available. We have some skates and helmets available to lend if you need some gear.

Rink hours  
Tuesday/Thursday 10:00am - 1:00pm  
Saturday 1:00pm - 6:00pm  
Sunday 1:00pm - 5:00pm

For more information please see our website [www.lbcl.ca](http://www.lbcl.ca) or our facebook page <https://www.facebook.com/loreleibeumaris>

We will do our best to have the rink open as scheduled weather permitting. The rink will be closed at -20°C w/ windchill or above +1, or in heavy snow conditions.

## Lorelei-Beaumaris Community League

### Outdoor Soccer Registration 2017

Registration Day Tuesday, February 21, 2017, 7:00 pm – 9: 00 pm.

Late Registration Friday, March 3, 2017, 7:00 pm – 9: 00 pm. (late fees apply)

Friday, March 17, 2017, 7:00 pm – 9: 00 pm. (late fees apply)

Location: Lorelei-Beaumaris Community hall (Rink Shack)

16220-103 ST Edmonton, AB, T5J 2R7

Level	Year born	Modified	Formats	Game Length	Tentative Day	Fee
U4	2013	3vs3	half field	10m. warmup+ 2 X 20m.	Friday	\$115.00
U6	2011 – 2012	4vs4	half field	10m. warmup + 2 X 20m.	Tuesday-Thursday	\$155.00
U8	2009 – 2010	6vs6	half field	10m. warmup + 2 X 20m.	Monday- Wednesday	\$155.00
U10	2007 – 2008	7vs7	full field	2 X 25 min. halves	Monday- Wednesday	\$165.00
U12	2005 – 2006	8vs8	full field	2 X 25 min. halves	Tuesday-Thursday	\$205.00
U14	2003 – 2004	11vs11	full field	2 X 25 min. halves	Monday- Wednesday	\$235.00
U16	2001 – 2002	11vs11	full field	2 X 25 min. halves	Sunday & Thursday	\$240.00
(Possibility of one or two Wednesdays)						
U18	1999 – 2000	11vs11	full field	2 X 25 min. halves	Sunday & Tuesday	\$240.00
(Possibility of one or two Thursdays)						

Soccer Fees Include: uniforms (shorts, jersey and 1 pair of socks), individual/team photo, general league fees. U10-U18 registration also includes referee fees.

The season begins May 2nd (depending on weather) and will run until the end of June.

For more information please see our website <http://lclb.ca/soccer>

## LB Community Playschool Annual General Meeting

Please join us for Open House and Registration Night for the 2017-2018 school year.

When: Tuesday, February 28, 2017

@ 6pm to 8pm

Where: 16220 103 St NW, Edmonton, AB T5X 3A9

Classes Offered (9:00am-11:15am)

3/4 year olds	Tues & Thurs	\$90.00
4 year olds	Mon/Wed/Fri	\$135.00

To register, please contact our registrar Brittany at: 780-263-2910 or [jensb2910@gmail.com](mailto:jensb2910@gmail.com)

For more information or to see what we have been up to please visit the playschool website <http://www.loreleibeumarisplayschool.com>



## Lorelei Beaumaris Community League & Spring Sports Registration

Tuesday, February 21 @ 7:00 pm

Lorelei-Beaumaris Community Hall  
(16220 – 103 Street)

Once the old board has completed their 2016 commitments and all board positions for 2017 are filled with willing, committed volunteers then, and only then, will Sports Registrations happen.

We cannot run programs or offer activities if we don't have volunteers to take care of all the details and maintain a community league.

Please don't wait for someone else to step forward, we need you!

**Late Soccer Registrations:**

Friday, March 3, 2017

7:00pm - 9:00pm

Friday, March 17, 2017

7:00pm - 9:00pm

Please note that each late registration requires 2 volunteer commitments and a \$25 late fee.

See our website [www.lbcl.ca](http://www.lbcl.ca) or our Facebook <https://www.facebook.com/loreleibeumaris> for more information.



## Call for donation of used equipment

If you have gently used and unnecessary helmets or skates that collect dust in your garage please consider donating them to the Lorelei Beaumaris Community League. They will be put to a good use by the community children.

We can arrange drop-off or pick up at your convenience.

Please contact Tina (780) 686-4415

Buy One Get One **BLIZZARD**<sup>®</sup>  
TREAT

**BOGO 99¢**  
EQUAL  
OR  
LESSER  
VALUE



**MARCH 13-19**

At participating Canadian locations. Excludes taxes. For a limited time only.

• Palisades DQ  
12708-140th Ave.

• Namao DQ  
15837-97th St.

• Newcastle DQ  
16981-127th St.

• Kingsway DQ  
#413, Kingsway Mall



All trademarks owned or licensed by Am. D.Q. Corp. ©2017