

# CASTLE NEWS

Serving the community leagues of  
Baturyn, Caernarvon, Carlisle, Cumberland/Oxford,  
Dunluce, Lorelei/Beaumaris

May 2017



Published by Calder Publications. To advertise please call 780-434-9732 or email [info@communityleagueneews.com](mailto:info@communityleagueneews.com)



## Party in the Park July 1st

Free Fun for All

12 noon to 4:00 pm

Face painting, glitter tattoos, jumpy tents,  
photo boothS, cotton candy, popcorn,  
balloon artists, music!!

Park at the YMCA and take the hayrides to the  
park

JOIN US IN THE EVENING TOO!!

5:00 PM TO 11:00 pm

Live band, beer garden, food trucks

**FIREWORKS at 10:30 pm!!**



## CASTLEDOWNS VARIETY SHOW

"An Evening of Adult Comedy"

[www.castledowns.ca](http://www.castledowns.ca)

Box 31075 Namas Center, Edmonton AB T5Z 3P3

Phone (780) 406-9070

### CASTLE DOWNS VARIETY SHOW

## WRITERS AND DIRECTORS NEEDED

It's that time of year already. We are looking for interested writers and directors for the **2017 Castle Downs Variety Show**. The Castle Downs Variety Show is an Evening of Adult Comedy comprised mostly of skits, stand-up comedy & dance numbers.

### Your submission should include all of the following:

**The Show Name,  
Three sample skits  
Black Light Number  
A running order for the whole show**

Please submit package, including compensation expectations to:

*Variety Show Chairperson c/o Castle Downs Variety Show  
P.O. Box 31075 Namas RPO, Edmonton T5Z 3P3  
Or by email to [varietyshow@castledowns.ca](mailto:varietyshow@castledowns.ca)*

**Submissions must be received no later than May 14<sup>th</sup> 2017.**

The Variety Show Committee will then review the submissions and set up interviews with the candidates.

Please check the website for more info: [www.castledowns.ca](http://www.castledowns.ca) and look under the Variety show tab, you can email any questions to:

[varietyshow@castledowns.ca](mailto:varietyshow@castledowns.ca)

# Baturyn News



## Community League Board Contacts

Positions are filled on a voluntary basis.  
If you are interested in board positions or would like to get involved, please contact the Board President at [president@baturyn.ca](mailto:president@baturyn.ca) to inquire about vacancies and opportunities.

Position	Name	Email
President	Courtney Barnes	<a href="mailto:president@baturyn.ca">president@baturyn.ca</a>
Vice President	Nicole Yankee	<a href="mailto:vicepresident@baturyn.ca">vicepresident@baturyn.ca</a>
Secretary	Tricia Stettner	<a href="mailto:secretary@baturyn.ca">secretary@baturyn.ca</a>
Treasurer	Paul Petersen	<a href="mailto:treasurer@baturyn.ca">treasurer@baturyn.ca</a>
Facilities Director	Earl Archer	<a href="mailto:facilities@baturyn.ca">facilities@baturyn.ca</a>
Hall Rental Rep	Vacant	<a href="mailto:rentals@baturyn.ca">rentals@baturyn.ca</a>
Volunteer Director	Lerrae Sydor	<a href="mailto:volunteers@baturyn.ca">volunteers@baturyn.ca</a>
Ways & Means Director	Jared Huston	<a href="mailto:finance@baturyn.ca">finance@baturyn.ca</a>
Communications Director	Lorna King	<a href="mailto:communications@baturyn.ca">communications@baturyn.ca</a>
Communications Assistant	Angela Ferguson	<a href="mailto:communications@baturyn.ca">communications@baturyn.ca</a>
Program Director	Angela Ferguson	<a href="mailto:programs@baturyn.ca">programs@baturyn.ca</a>
Sports Director	Lynn Archer	<a href="mailto:sports@baturyn.ca">sports@baturyn.ca</a>
Soccer Chairperson	Candice Bevan	<a href="mailto:soccer@baturyn.ca">soccer@baturyn.ca</a>
Soft Ball Chairperson	Melissa Voll	<a href="mailto:softball@baturyn.ca">softball@baturyn.ca</a>
Social Director	Vacant	<a href="mailto:social@baturyn.ca">social@baturyn.ca</a>
Membership Rep	Samantha McRae	<a href="mailto:membership@baturyn.ca">membership@baturyn.ca</a>
Membership Rep (Online)	Valerie Boychuk	<a href="mailto:membership@baturyn.ca">membership@baturyn.ca</a>
Bingo Chairperson	Vacant	<a href="mailto:bingo@baturyn.ca">bingo@baturyn.ca</a>
Bingo Chairperson	Vacant	<a href="mailto:bingo@baturyn.ca">bingo@baturyn.ca</a>
CDRS Rep	Lorna King	<a href="mailto:cdrs1@baturyn.ca">cdrs1@baturyn.ca</a>
CDRS Rep	Lynn Archer	<a href="mailto:cdrs2@baturyn.ca">cdrs2@baturyn.ca</a>
Variety Show Rep	Shyehana Goonewardena	<a href="mailto:varietyshow@baturyn.ca">varietyshow@baturyn.ca</a>
Variety Show Rep	Holly Twerdochlib	<a href="mailto:varietyshow@baturyn.ca">varietyshow@baturyn.ca</a>

### Board Meetings

1<sup>st</sup> Monday of the Month at 7pm from September to April  
May & June: First Monday of the Month at 8pm  
July & August: No Scheduled Meetings

You may also view board contact information at  
[www.baturyn.ca/contactus](http://www.baturyn.ca/contactus)



Baturyn Community League  
Hall: 10505 172 Avenue  
Phone: 780 - 457- 4347  
Website: [Baturyn.ca](http://Baturyn.ca)

### Planning a big party or hosting a big event?

Baturyn Community Hall may be the place for you; located between St. Charles Elementary School and Baturyn Elementary School, Baturyn Community Hall features a full commercial kitchen, bar, coat room, covered back patio with large BBQ, Fire Pit, & 2 boarded sports fields. For events involving children there is also a community playground located in front of the hall and basketball court located beside the hall.



### Hall Features:

- Seating Capacity: 275
- Hall Size: 55ft x 65ft
- Tables: 43 rectangular tables (seats 8)
- Chairs: 275
- Wheel Chair Accessible
- Plenty of Parking
- Industrial Kitchen Appliances – Gas Stove, Walk In Fridge, Microwave, Freezer, Dishwasher
- Large Kitchen Preparation Space
- Separate Bar with 2 door fridge & freezer
- Large Dance Floor
- Air Conditioning

### Hall Rental Information:

#### Standard Rates

Rental Period	Rates
Weekday Evenings	\$35/hr
Saturday 10:00 am – Sunday 10:00 am	\$425
Sunday 11:00 am – 5:00 pm	\$150
Sunday (Long Weekend)	\$250

#### Package Rates

Rental Period	Rates
Friday 6:00 pm – Sunday 10:00 am	\$500
Saturday 10:00 am – Sunday 5:00 pm	\$550
Friday 6:00 pm – Sunday 5:00 pm	\$600

### Notes & Exceptions:

1. All rentals require a signed contract
2. Damage deposit is equal to the rental rate and will be refunded upon inspection of the hall after the event; final rental payment is due 30 days prior to the event.
3. Parking is constrained in the area and the parking lot is not available until after 5:00 pm during the school year.

To inquire about renting the hall, please email [rentals@baturyn.ca](mailto:rentals@baturyn.ca).

## Baturyn Community League Volunteer Opportunities

### Board Position – Social Director

Do you like being social and building relationships?  
Do you like planning social activities that are fun and exciting?

**You might be a great fit for the Social Director position.**

The Social Director plays an integral role in events put on by the community league. This significant role is responsible for planning and organizing events throughout the year.

These events help to foster community engagement, create opportunities for people in the community to meet their neighbours, and provide for fun and entertainment for people of all ages. Some events we have enjoyed are the Annual Winterfest, New Years Eve Party, and the upcoming Mother's Day Tea & Cookies/Pots for Porches event.

There is lots of opportunity for the person who fills this role to be creative with their event planning and create networking opportunities for themselves and the community league.

### Board Position - Bingo Representative (2 Positions Available)

Bingos are an important part of our community league operation as they provide the league with much needed funds to help run many programs.

The Bingo Representative is responsible for coordinating the volunteers working at one of the 14 bingos the league is responsible throughout the year. They will act as liaison between the community league, bingo hall and Alberta Gaming and Liquor Commission.

We are looking for two individuals to share the responsibilities of this position. Both incumbents are able to coordinate on coverage at the Bingos and their attendance at required meetings.

To inquire or to apply on these Board positions, please contact Courtney at [president@baturyn.ca](mailto:president@baturyn.ca).

### Baturyn's Bingo Angels

We have 14 bingos per calendar year with a staffing requirement of a minimum of 16 volunteers. We try very hard to staff these through our program participants but sometimes we run short. Working a bingo is a terrific way to get out of the house, engage with other people in your community, and help provide valuable programs offered to the residents in your area. We are looking for people who would be willing to put their name on a contact list that we can call upon in a time of need and become a Baturyn Bingo Angel. Bingo Angels will qualify for an incentive program offered from the community league. If you are interested in joining our Bingo Angel's List, please contact Lerrae at [Volunteers@baturyn.ca](mailto:Volunteers@baturyn.ca) to discuss this opportunity.

If you want to get involved in your community, or if you are a teen and have to fulfill volunteer hours for school requirements, or if you have a volunteer commitment for sports registration that you need to meet, contact Lerrae at [volunteers@baturyn.ca](mailto:volunteers@baturyn.ca) to see how you can volunteer.

## Baturyn Community Playschool

### Currently Accepting Registrations for 2017-2018

We offer a fun, play-based program that builds your child's social and academic skills. Students are introduced to the joys of learning by participating in in-school and out-of-school field trips, taking part in pre-reading, science and math projects, crafts, games, songs and music, kinder-cooking and daily physical activity.

**LOCATION:** Baturyn Community Hall, 10505 172 Avenue

**COST TO REGISTER:** \$45 non-refundable registration fee. Other payments (monthly fees etc.) will be handed in at the August final registration meeting.

Registration is available on a first come, first served basis.



**For 3 year olds:** Tuesdays and Thursdays  
AM Class – 9:00am to 11:30am

**For 4 year olds:** Mondays, Wednesdays, and Fridays  
AM Class – 9:00am to 11:30 am  
or  
PM class – 12:45pm to 3:15pm

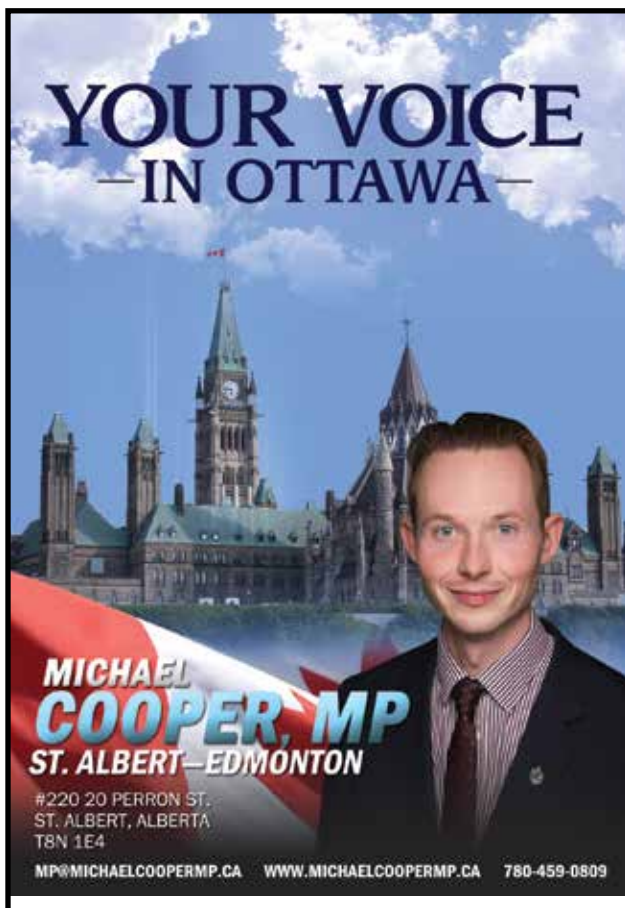
\*Child must be 3 years of age at the start of the playschool year for the three year old class. ALL children must be fully toilet trained for any class.

Find us on Facebook by typing [www.facebook.com/BaturynCommunityPlayschool](https://www.facebook.com/BaturynCommunityPlayschool)

For more information, please visit our website at  
[baturynplayschooledmonton.weebly.com](http://baturynplayschooledmonton.weebly.com) or  
email our co-chair at [bcps.cochair@gmail.com](mailto:bcps.cochair@gmail.com)  
for more information on how to register.



**YOUR VOICE  
— IN OTTAWA —**



**MICHAEL COOPER, MP**  
ST. ALBERT—EDMONTON

#220 20 PERRON ST.  
ST. ALBERT, ALBERTA  
T8N 1E4

MP@MICHAELCOOPERMP.CA WWW.MICHAELCOOPERMP.CA 780-459-0809

## Membership Drive

Upcoming Membership Drive During the month of May, we will be going door to door in our neighbourhoods to provide information and answer any questions you may have about League Memberships. We will also be providing anyone who is interested in purchasing a membership the opportunity to purchase a discounted 2016/2017 membership with the purchase of a 2017/2018 membership. Special Offer: Purchase a 2016/2017 membership for \$15 with the purchase of the 2017/2018 membership. Annual Memberships are valid from September 1st to August 31st.


Membership Fees:  
Family \$25.00  
Single (16+) \$25.00  
Senior (55+) \$10.00

Membership Benefits: • Access to community hosted events • Community League sports programs • Free access to community swim times at the YMCA, Grand Trunk Fitness & Leisure Centre, or O'Leary Fitness & Leisure Centre • Free access to all Community League outdoor rinks • NEW - 20% discount on City of Edmonton Recreation Facilities\* Adult, Family, Child, and Youth/Senior annual passes or continuous monthly passes. 15% off Multi-Pass purchases.


Memberships are required to access programs offered by your Baturyn Community League.

\*Facilities and amenities include swimming pools, whirlpools, fitness studios, cardio areas, weight rooms, racquetball, squash, badminton and tennis courts, indoor running tracks, gymnasiums, cafeterias and pro shops. To learn more please call 311 or visit [www.edmonton.ca/wellness](http://www.edmonton.ca/wellness).


Get your membership today by going to [Baturyn.ca](http://Baturyn.ca) or emailing [membership@baturyn.ca](mailto:membership@baturyn.ca) Your membership fees help support the delivery of various community programs and events.



**Dr. Tarek Tarchichi**  
[www.castledownsdentalcentre.com](http://www.castledownsdentalcentre.com)  
780-456-2990  
11816-145 Ave






**New Patients Welcome.  
Emergency & Walkins.  
Apointments Available  
Gentle Dentistry for  
the whole family.**





**Dental Centre Hours**  
Monday to Friday 8 am to 5 pm  
Saturdays 9 am to 4 pm  
We are closed on Sunday & Public Holidays

At Castledowns Dental Centre, We are more than glad to offer you the following services:

- Root Canal Treatment
- White Fillings
- Wisdom Tooth Extractions
- Partial Dentures
- Dental Implants
- Sedation
- Crown & Bridges
- Veneers
- In office Zoom Teeth Whitening

We Accept:   




**North Central Early Years Coalition**

**Did you know?**

A child's brain is hard wired for back and forth, serve and return interactions... Interactions which encourage further brain development, including language, social skills, emotional regulation and compassion.

Encourage this skill by being sensitive to your child's interactions and signals by responding to their signals and providing meaningful interactions!

**To learn more about the Coalition or to get involved please contact us at:**  
[www.earlychildhoodedm.ca/northcentral/](http://www.earlychildhoodedm.ca/northcentral/) <https://www.facebook.com/ncearlyyears/>  
[ncearlyyears@gmail.com](mailto:ncearlyyears@gmail.com) 780-478-5022 ext. 903

Like us on  facebook



*A Mother's love is the grandest thing,  
with all the love and compassion it brings.*

**Mother's Day Tea &  
Pots for Porches**

Sunday, May 14th  
1 pm  
Baturyn Community Hall  
10505 172 Avenue

Moms can enjoy tea and cookies with the family and can then paint a pot and plant some seeds to grow into beautiful flowers for your porch!



**FREE DROP-IN**

**BIKE SAFETY** 

This program focuses on basic safety skills for participants that are on 2 wheels or 4. We will review parts of the bike, road rules, play fun bike games and much more!

LOCATION	ADDRESS	DATE	TIME
Baturyn Community League	10505 172 Ave	Saturday, June 3	1:00 pm—4:00 pm

This program is targeted to children aged 6-12, but all children accompanied by an adult are welcome to attend. Families are encouraged to participate.

Participants must have their own bike, as well as a CSA approved helmet in order to participate. This program may cancel due to inclement weather.

For more information, please visit:  
[edmonton.ca/dropincommunityprograms](http://edmonton.ca/dropincommunityprograms) or call 311.  
@GreenShack

Thank you to Baturyn Community League for access to their facility.



**EARTH Day 2017**

Saturday, April 22nd

Join us at 6:30 pm at the Chambery/Elsinore Playground (176 Avenue and 105 Street) for a Community Walk to Celebrate the day.

Brought to you by Baturyn Community League

[www.baturyn.ca](http://www.baturyn.ca)



GYMNASTICS • PLAY • FUN *Where we flip over fun!*

**Summer Camp Registration Open!**  
Half & Full day & Special Needs available

**Fall Registration Opens June 14th**

Register online or in person at:  
[www.dynamyxgymnastics.com](http://www.dynamyxgymnastics.com)

25 Chisholm Ave, Bay 104, St. Albert  
Located in the Campbell Park Business area

**DGC**  
780-458-3153

BIRTHDAYS • \$155 • SATURDAYS & SUNDAYS



**Want to know what is going on in your community?**

Get access through your mobile phone or computer for up to date information on community announcements and events.

Find us at [www.facebook.com/BaturynCommunityLeague](http://www.facebook.com/BaturynCommunityLeague)  
Keep up to date by liking us and receiving community notifications



**Shelley Hys-Postill**  
Master Gardener

Landscape Consultation  
Design and Re-Design  
Educational Lectures

[shelleypostill@shaw.ca](mailto:shelleypostill@shaw.ca)  
cell: 780-995-4527



## League Executive

Hall: 14830-118 St 456-3435

President	Evan Hellyer	780-641-4996 president@caernarvoncommunity.com
Vice President	Pam Irwin	780-473-5563 vice@caernarvoncommunity.com
Treasurer	Teena Burrell	treasurer@caernarvoncommunity.com
Secretary	Kat Furtado	secretary@caernarvoncommunity.com
Ball	VACANT	softball@caernarvoncommunity.com
Bingo	Lynne Hellyer	bingo@caernarvoncommunity.com
Equipment	Johnny Borrelli	equipment@caernarvoncommunity.com
	Darcy Sommer	
	Sandi Reda	
Hall Rental	Jennifer Schell	rental@caernarvoncommunity.com
	Danny Burrell	
Maintenance	VACANT (Evan)	maintenance@caernarvoncommunity.com
Membership	Lynne Hellyer	membership@caernarvoncommunity.com
Neigh. Watch	VACANT	neighbourhoodwatch@caernarvoncommunity.com
Newsletter	Sarah Hunczak	newsletter@caernarvoncommunity.com
Signs	Kati Weir	signs@caernarvoncommunity.com
Programs	VACANT	programs@caernarvoncommunity.com
CDRS	Danny Burrell	cds@caernarvoncommunity.com
CDRS	Jennifer Schell	cds@caernarvoncommunity.com
Soccer	Toni Borrelli	soccer@caernarvoncommunity.com
Social	VACANT	social@caernarvoncommunity.com
Variety Show	Pam Irwin	varietyshow@caernarvoncommunity.com
Casino	Amanda Evans	casino@caernarvoncommunity.com
Website	Sarah Hunczak	webmaster@caernarvoncommunity.com
Book Keeper	Sue Jorgenson	bookkeeper@caernarvoncommunity.com

## Website!

Our website at [www.CaernarvonCommunity.com](http://www.CaernarvonCommunity.com) has had yet more updates lately! Please take a moment to check it out! It's still a work in progress, so new pages and sections are still being added to the site.

If there is anything you would like to see on here, send us a message as we are always trying to find new ways to improve!

## FACEBOOK

Facebook users, keep up to date in our community with registrations, events, sports and so much more! Look up "Caernarvon Community League" and select Like!

## The Caernarvon Playground

We are now into the planning phase for our new community playground. If you are interested in helping out, please contact Pam at [vice@caernarvoncommunity.com](mailto:vice@caernarvoncommunity.com)

## Hall Rental

If you're looking for a site to host your next big event, give the Caernarvon Community Hall a try! It is wheelchair accessible, with a 50m x 60m space to seat up to 270 guests, or 200 guests for dining and dancing. There is also a Boardroom that can seat up to 25 guests.

The Hall includes a Full Commercial Kitchen with gas stove & 2 ovens, a Wet Bar, a Coat Room, a Raised Stage, and a Sound System with wireless Microphone. Also available is a Large BBQ and a Theatre Popcorn Machine.



Call Evan at 780-456-3435 or email [rental@caernarvoncommunity.com](mailto:rental@caernarvoncommunity.com) if you have questions or would like an appointment to view the facilities (please leave a message).

### Rates:

\$20 hourly, Boardroom  
 \$35 hourly, Hall  
 \$300 Daily (Sun thru Thurs) 8am, to 3am  
 \$400 Friday 8am, to Saturday 3am  
 \$450 Saturday 8am, to Sunday 3am  
 \$550 Friday 5pm, to Sunday 3am  
 \$550 Saturday 8am, to Sunday 5pm  
 \$650 Friday 5pm, to Sunday noon  
 \$50 Dishes rental (plates, cutlery, glassware, limited small wears)  
 \$50 Large BBQ  
 \$50 Theater Popcorn Machine  
 Deposits on Daily rentals, \$1000  
 Deposits on Hourly rentals, \$250  
 Sound System Deposit, \$500

## Caerny Bucks

If you would like to be included on the Caerny Buck list, contact our Bingo Director at [bingo@caernarvoncommunity.com](mailto:bingo@caernarvoncommunity.com).

Caerny Bucks are worth \$35 and are given to people who work extra bingos when they cannot be filled with sports registration.

The Caerny Bucks can be used towards any Caernarvon event, such as sports registration, programs, and social functions.

## BINGO OPPORTUNITIES

We are looking for volunteers to work upcoming Bingo nights. If you are interested in earning some extra Caerny Bucks, please call Lynne at 780-641-4996.

## VOLUNTEER OPPORTUNITIES

There are currently several vacant positions on the Caernarvon Community's Board, particularly those of Social Director, Maintenance, and Ball Director. If you are interested in any of those positions, please contact Evan at [president@caernarvoncommunity.com](mailto:president@caernarvoncommunity.com) for more information.

### CHEF LOU'S KITCHEN

*Fine authentic Asian & Western cuisine*  
*Breakfast - lunch - dinner*

Chef Lou is Red Seal Certified with 30 years experience  
 5 Star current rating - Urban Spoons  
 4 Star - Edmonton Sun

**Specialize in Canadian, Chinese, Vietnamese cuisine**

**Seniors 15% off**  
 Every Monday. Must be 60 or older.  
Cannot be combined with any other offer.

**10% off**  
 Dine in or  
 Take out with  
 this coupon

**15131 - 121 St**  
**Tel: 780-457-5630 Cell: 780-709-2511**

**Dine in  
Take out**

**Great food  
Friendly  
service**

**Banquets  
Special  
occasions**



Position	Filled by	Phone
President	Krista Hennigar	780-951-7627
Vice-President	Heather Magnes	780-903-3583
Treasurer/Grants	Myer Valeriano	780-907-1198
Membership	Shelley Worsley	780-457-2377
Secretary	Tara Pohl-Gobeil	780-218-3399
Buildings and Grounds	Ryan Simpson	780-267-7777
Bingo Chairperson	Chantal Brown	780-238-6234
Casino Chairpersons	Krista Hennigar	780-951-7627
Sports Equipment	Rob Lewis Rob Jarowka	780-486-2893 780-910-9450
Newsletter Editor/Website	Krista Hennigar	780-951-7627
Rink Attendant	Fred Gregory	780-457-1044
Soccer Director	Rob Lewis	Carlisesoccerdirector@gmail.com
Program Director	Diane Neiman	780-457-6239
Variety Show Representatives	Diane Neiman vacant	780-457-6239
CDRS representatives	Neil Chymko Krista Hennigar	780-975-0421 780-951-7627
Hall Rental Director	John Paul Potestio	780-993-3503
Social Director	Tess Potestio Dianna DeCaluwe	780-974-3503 780-263-1109

**League Memberships Available**  
**Please Contact Shelley Worsley 780-457-2377.**

## Yoga

Yoga classes are for anyone who wants to learn the stretches, the breath and basic yoga postures. Also relaxation and meditation. Make sure you bring a yoga mat and blanket.

Where: Carlisle Community Hall 14240-117 st.

When: May 1st, 2017, 10 weeks  
Cost: \$80.00 for 20 classes, \$40.00 for 10.00 classes or \$10.00 for drop in

Time: Tues and Thurs eve. From 7:30 to 8:30 For more information call Yvonne at 780 297 3147.



## Fitness Classes

Come and Join us

Carlisle Community Hall at 14240-117 St  
For fat burning and stomach flattening  
Cardio & Pilates



All levels welcome – beginner to pro

Monday and Wednesday 7:30 – 8:30 pm

Prepaid registrations is \$80 for 20 classes or \$10 drop in

For more information please call Zuzana at 780-914-1775

-AFLCA Certified Instructor

## Hall Rental



**CARLISLE COMMUNITY HALL**  
**14240 – 117 STREET**

**UPPER LEVEL CAPACITY SEATED 99**

**Members \$300 and Non-Members - \$350**

**Rental Inquiries Contact Hall Rental Director**  
**John Paul Potestio @ 780-993-3503**  
**Now Accept VISA & Mastercard**

## Programs

**Gymnastics-** Ages 5-12 Wed 5:30-6:30pm

**ABC-123** Ages 2 and up Tues 10-11 am

**Fit Kids** Ages 2 and up Thurs 10-11 am

For more information or registration please contact Zuzana at 780-914-1775.

## YOGA CLASSES

For anyone who wants to stretch and learn basic yoga postures ending with relaxation, beginners are welcome. Tuesdays and Thursdays 7:30-8:30 pm.

Registration is \$80.00 for 20 classes. \$10.00 for drop in. For more information- Call Yvonne at (780) 297-3147



**Castledowns Dental**  
**General Dentistry**

*Dr. Matthew G. Ploboda D.D.S.*

*Family Dentistry Just Minutes Away*

**New Patients Always Welcome**  
**Direct Billing • Invisalign**  
**Cerec • Nitrous Oxide**  
**Dental Implants**



**#202, 15961 - 97th Street NW**

**780-456-4441**

# Cumberland/Oxford News



**Cumberland Oxford Community League**  
Website: [cocl.org](http://cocl.org)  
Facebook: <https://www.facebook.com/COCLEdmonton>

Executive Board		
Position	Name	Email
President	Justin Yerichuk	<a href="mailto:President@cocl.org">President@cocl.org</a>
Vice President	Todd Boyer	<a href="mailto:VicePresident@cocl.org">VicePresident@cocl.org</a>
Treasurer	Helena Zheng	<a href="mailto:Treasurer@cocl.org">Treasurer@cocl.org</a>
Secretary	Christine Crowe	<a href="mailto:Secretary@cocl.org">Secretary@cocl.org</a>
Baseball Director	Michelle Innes	<a href="mailto:baseball@cocl.org">baseball@cocl.org</a>
Bingo Director	Denine Pelley	<a href="mailto:bingo@cocl.org">bingo@cocl.org</a>
Bingo Director, Assistant #1	<b>Vacant</b>	
Bingo Director, Assistant #2	<b>Vacant</b>	
CDRS Representative	Vini Buecken	
CDRS Representative	Lynnette Thompson	
Communications Director	Christa Gagnon	
Director at Large	Vanessa Forester	
Director at Large	Rosemary Sibanda	
Director at Large	Brittany Yerichuk	
Fundraising Director	<b>Vacant</b>	<a href="mailto:fundraising@cocl.org">fundraising@cocl.org</a>
Membership Director	Jackie Nicholls	<a href="mailto:membership@cocl.org">membership@cocl.org</a>
Neighborhood Watch Director	Ali Haymour	
Past President	Calvin Cazes	
Past Treasurer	Chris Cebula	
Registration Director #1	Wendy Sellgren	
Registration Director #2	Joanne Thorlakson	
Soccer Director	Peter Balaban	<a href="mailto:soccer@cocl.org">soccer@cocl.org</a>
Soccer Director, Assistant	Tim Atlee	<a href="mailto:boys.soccer@cocl.org">boys.soccer@cocl.org</a>
Soccer Director, Assistant	Carol Cimino	
Social Director	Kismat Othman	
Social Media/Website	Cameron Tse	
Variety Show Director	Vanessa Latos	
Variety Show Director #2	<b>Vacant</b>	
Volunteer Director	Pam Ushkowski	<a href="mailto:volunteer@cocl.org">volunteer@cocl.org</a>
Volunteer Director	Salam Yousef	

COCL Board Positions are filled on a voluntary basis. If you are interested in board positions or would like to get involved, please contact the Board President at [president@cocl.org](mailto:president@cocl.org) to inquire about vacancies and opportunities.

## COCL Bylaw Special Meeting

Proposed Bylaws revisions for the Cumberland Oxford Community League (COCL) are posted for member's review on the COCL website ([www.cocl.org](http://www.cocl.org)).

For the revisions to be passed they need to be presented and agreed on at a Special General meeting.

A special general meeting is scheduled for Wednesday June 14th at 7:30 pm to accept or reject the new Bylaws.

The existing Bylaws date from 2010 and need to be updated to be consistent with how the League operates.

After acceptance by the league they are sent to the Provincial Government for review.

If approved by the Registrar for Societies they will then come into effect.

CUMBERLAND OXFORD COMMUNITY LEAGUE IS PROUD TO PRESENT IT'S (SECOND) ANNUAL FUNDRAISER

## COMPOST SALE



One ~40lb bag for \$10,  
3 bags for \$25,  
or 5 bags for \$40

**DATE: Saturday, May 13<sup>th</sup> 2017**

**TIME: 9:00 am – 3:00 pm**

**LOCATION: 15130 127 street, Edmonton, AB**  
( IHOP restaurant parking lot)



Cleanit Greenit Composting System produces a Grade "A" compost, which has achieved the Ecologo certification as an "Environmentally Friendly Product". The compost contains essential nutrients and organic matter and is excellent for lawns and gardens.



**Come out and support us!**

## COCL Needs Your Help

Please consider joining COCL's board or join one of our committees. We have several positions that need to be filled. If you would like the opportunity to connect with your neighbours and help contribute to your community, please consider these options.

### - Variety Show Director

Every fall the Castledowns Recreational Society puts on a wonderful 5 weekend run of the "Variety Show – An Evening of Comedy". 2 people from COCL are needed for the committee. They represent the COCL at the Variety Show organizational meetings, help plan the event and manage the parent volunteers during the event..

### - Bingo Director Assistants

At least 2 people are needed for this role. COCL participates in an average of one bingo a month. The Bingo Director and assistants manage the parent volunteers and work with the Bingo staff to ensure a smooth running event.

One Director/assistant is needed for each event. With multiple people filling this role the responsibilities are shared.

### - Collective Kitchen Coordinator

COCL is partnering with the Salvation Army to create a Community Kitchen program to help needy families in our community. We need a Kitchen Coordinator to:

- Plan group cooking and educational sessions;
- Grocery shop for the sessions; and
- Keep receipts, and track all expenses

### - Neighbourhood Watch Committee

COCL is working to create a Neighborhood Watch program for our community. We are looking for enthusiastic individuals to oversee the program and create programs to help make our community a safer place.

L

C

D

S

PRESCHOOL & KINDERGARTEN

REGISTER NOW

For 2017 - 2018

Call to book a TRIAL Class

780-473-7216

[www.lcdskids.com](http://www.lcdskids.com)





# A Place You Can Truly Call Home

Over 84 Communities  
to choose from

**BOARDWALK**  
RENTAL COMMUNITIES  
bwalk.com



**Wawanesa**  
Insurance

**Receive the security  
and peace of mind  
you deserve.**

As our respected partner for over 25 years,  
DeLuca Insurance Services Ltd. has the  
knowledge and experience to provide  
superior service and support to Wawanesa  
Insurance policyholders.

Discover how DeLuca and Wawanesa work  
together to take care of your insurance  
needs. For an insurance quote call or visit  
DeLuca Insurance today.



**DeLuca Insurance**  
208, 12222-137 Ave  
www.delucainsurance.ca

**780-473-6421**

## Edmonton North Animal Hospital

15387 Castle Downs Rd.  
Next to Sobeys &  
Edmonton Public Library  
780-476-3444



**NOW  
OPEN  
7:30 a.m.  
Mon-Fri.**

*New  
Clients &  
Walk-ins  
Welcome*

We do:

- Vaccinations
- Spay/Neuter
- Dental cleaning
- Radiograph
- Soft tissue surgery
- Dog bite wound repair
- Abscess repair
- Laceration repair
- Bladder stone surgery
- Blocked cat procedure
- Blood work
- Porcupine quill removal
- Allergy testing
- Hill's & Medi Cal prescription Food





## Special Savings on Quality Produce

Locked In Pricing for the Month. While quantities last

**DATES**  
1 kg  
**\$5.99**

**20Lb**  
New Red or  
White  
Potatoes  
**\$5.99**

Maple Lodge  
Halal  
Hot Dogs  
**\$2.49/Doz**

Fresh  
Baked  
Baklava  
Wide  
Variety

Compliments  
Canola Oil  
**\$6.99**  
3L bottle

Fresh loaf  
bread  
**\$1.29 ea.**  
White/Brown/  
Whole Wheat

Reggie  
Pasta  
**99¢**  
/Pkg

Lebanese fresh  
baked meat pies.  
Spinach &  
cheese 3 cheese  
family pack \$9<sup>99</sup>

Emma  
Extra Virgin  
Olive Oil  
1lt  
**\$7.99**



## Elsafadi Bros. Supermarket

Two Locations 11316 - 134 Ave & 10807 Castledowns Rd  
780 - 475-4909 Local Community Owners

## Community League Wellness Program

### Increased Discount at City Of Edmonton Sport Facilities

The City of Edmonton has increased the discount available to community league members, from 10% to 20%, through the Community League Wellness program.

This means community league members purchasing an annual or monthly pass at any City of Edmonton Recreational facility can get everyone in the family a 20% discount and a 15% discount on the multi-use passes.

Present your valid Edmonton community league membership card at any one of the City of Edmonton's sports and fitness facilities and choose from the following Community League Wellness Products:

- **Annual Pass\***- 20% discount on Adult, Family, Child, and Youth/Senior Annual Passes
- **Multi Admission Pass\***- 15% discount on our already discounted multi admission pass (5+ visits)

- **Continuous Monthly Pass** - 20% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program.

Community league members who purchase one of the above passes will be issued a photo access card to be swiped at each admission.

\* Applies to new purchases only.

For more information, please call 311 or visit [www.edmonton.ca/wellness](http://www.edmonton.ca/wellness)



## BOWL 'EM OVER KIDS CLUB

Summer camps for  
all skill levels

**Monday - Friday**  
**July 10 - 14 or August 14 - 18**  
**9 am - noon cost: \$149.00**  
Includes bowling, mini golf & lunch

- **BIRTHDAY PARTIES FOR ALL AGES**  
5 or 10 pin! 24 lanes!
- **PARTIES/REDEMPTION GAMES ROOM**  
WITH LOTS OF PRIZES!
- **COMPANY & SPORT TEAM PARTIES**
- **NEON/GLO BOWLING**  
Fridays 4:30 p.m.- 6 p.m. Sat/Sun 3:15 p.m.- 6 p.m.  
& Fri/Sat 10:00 p.m.- 12:30 a.m.
- **GREAT PIZZA - Eat in or Take Out**
- **FULLY LICENSED**

Monday - Thursday 9:00 a.m.- 11:00 p.m.  
Friday 9:00 a.m.-12:30 a.m. Saturday 9:00 a.m.- 12:30 a.m.  
Sunday 10:00 a.m.- 10:00 p.m.



### St. Albert Bowling Centre

14 Inglewood Drive  
St. Albert 780-459-3337

**FAMILY BOWLING COUPON**

**\$10 OFF**

Minimum of 3 players and 1 hour of bowling. Subject to lane availability. Please call ahead 780-459-3337 to reserve. Late night bowling not included. 1 coupon per lane. Expires June 30, 2017. Not applicable with any other offer.



## SERVING THE PEOPLE OF EDMONTON MANNING



**If I can be of assistance to you on any federal matter, please do not hesitate to contact my office.**

- \* Canada Pension Plan/Old Age Security
- \* Guaranteed Income Supplement \* Citizenship Inquiries
- \* Immigration Matters \* Canadian Passport/Consular Affairs
- \* Business Opportunities/Grants & Funding
- \* Student Loans \* Taxation

SUITE 204A 8119 - 160 AVENUE  
EDMONTON, ALBERTA T5Z 0G3  
ZIAD.ABOULTAIF.C1@PARL.GC.CA • 780-822-1540  
[WWW.ZIADABOULTAIF.CA](http://WWW.ZIADABOULTAIF.CA)



**ABOULTAIF MP**  
EDMONTON MANNING

# Dunluce News

## DUNLUCE EXECUTIVE

Hall: 11620-162 Ave 456-3978

PO Box 36050; Castledowns RPO  
Edmonton, AB T5X 5V9

[www.dunlucecl.ca](http://www.dunlucecl.ca)

PRESIDENT	Nadine Meads	780-982-6260
VICE PRESIDENT	Sabrina Boutillier	780-232-1925
TREASURER	Loretta Wonitoy	780-457-9101
SECRETARY	Lorna Melnyk	780-456-4596
PAST PRESIDENT	Keoma McMurren	780-457-9101
CDRS REP	Ryan Korpesio Jerry Bernard	780 444-9212 780-885-5333
VARIETY SHOW	Denyse Ward Sabrina Boutillier	587-983-9401 780-232-1925
CASINO	Maureen Ewart Mark Gross	780-457-0708 780-456-5700
MEMBERSHIP	Christina Fletcher	780-484-3051
PUBLICITY	Bev Gross	780-456-5700
SOCIAL	Lorna Melnyk	780-456-4596
BINGO DIRECTOR	Angela Paris	780-920-8999
SOCCER	Ryan Korpesio	780-444-9212
SOFTBALL	Loretta Wonitoy	780-457-9101
PROGRAMS	Registrar	780-914-1775
WAYS & MEANS	Myah Westergreen	780-289-7706
SOCCER EQUIP.	Arlene Pettifer	780-456-3978
BUILDING & ASSETS	Al Chapman	780-456-9292
PLAYSCHOOL	Registrar	780-499-0232
COMMUNITY SERVICES	Trudy Raadik	
HALL RENTALS	Al Chapman	780-457-4342

## Would You Like To Volunteer Dunluce Community League League CDRS Representative

Dunluce Community League is looking for a CDRS (Castle Downs Recreation Society) Rep.

You will attend a monthly CDRS meeting and report back to Dunluce Community League.

If you would like to volunteer for this position, please contact our President Nadine at: [president@dunlucecl.ca](mailto:president@dunlucecl.ca) or call her at 780-982-6260.

Thank-You

## Upcoming Bingos

If you have an upcoming Bingo please see dates below and you will also be receiving a call as a reminder. If you have any questions or you have not received a registration bingo date, call

**Angela- 780-920-8999**

**Dates are as follows:  
May 8th, June 7th, July 24th,  
2017**

**All Bingos are at Kensington  
Bingo Hall unless otherwise  
stated.**

**FOLLOW US! LIKE US!**

Never miss another community event or announcement by liking our "Dunluce Community League" Facebook page and following us on twitter (@dclyeg)



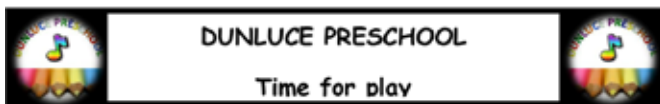
## FITNESS CLASSES

**Dunluce Community League has  
Fat burning and stomach flattening  
WORKOUT**

**At Dunluce Community Hall 11620 – 162 ave.  
Tuesdays & Thursdays from 8:00 to 9:00 PM**

**A prepaid registration is only \$80 for 20 classes  
or drop in for \$10**

**For more information please call Zuzana at: ( 780 ) 914-1775  
AFLCA certified**



- a qualified, experienced, energetic and creative Early Childhood Educator
- a great facility- well equipped with lots of room to play
- movement to music, drama, exercise, sports, singing and finger plays
- monthly themes and hands-on activities... everything from stargazing to baking
- Learning through play-educational learning centres that ignite your child's passion for learning
- Exciting fieldtrips - onsite and offsite
- A program dedicated to meeting your child's individual needs
- Preparation for Kindergarten
- Cooperative/Community-based playschool: a great way to meet new families and get involved in your community

Accepting students for our 3 and 4 year old class, starting September 2017. For more information please contact our registrar at 780-499-0232, by email at [dunlucepreschool@hotmail.com](mailto:dunlucepreschool@hotmail.com), or check us out on Facebook! We look forward to seeing you and your little ones.  
[www.dunlucepreschool.com](http://www.dunlucepreschool.com)



**DANCE  
THEME**

School of Dance

572 Hermitage Road  
Edmonton, Alberta  
T5A 4N2  
780-475-5930  
[dancetheme.com](http://dancetheme.com)

The place to be this  
**SUMMER!**



*Camps for ages 3-6 years of age:*

June 20-22, Aug 22-24 Dance Mania!  
July 10-14 Angelina Ballerina  
July 24-28 Under the Big Top  
July 17-20 Broadway Bound  
Musical Theatre  
August 14-18 Super Heroes

*Camps for ages 6 years and up:*

June 20-22, Aug 22-24 Dance Mania!  
July 17-20 Broadway Bound  
Musical Theatre  
July 25-27 Hip Hop Evening Camp  
August 14-18 You've Got Talent!

*Intensive training for experienced dancers  
7 Years and up:*

July 25-27 Acro Dance Intensive  
August 15-17 Ballet Intensive  
August 21-25 Summer Dance Intensive

Visit our website at [dancetheme.com](http://dancetheme.com)  
for more information or to register.

**Great Short Term and  
Full Year Programs for  
2017-2018 Season!**

Jazz, Tap, Ballet, Lyrical,  
Hip Hop (co-ed and boys only),  
Musical Theatre, Acro

Super Stars Program for students  
with learning differences such as  
Down Syndrome and Autism

Early Childhood Programs In:  
Mini Stars, Hip Hop, Angelina  
Ballerina, Baby Stars, Acro

**2017-2018  
SEASON!**

**Registration  
opens May 1st!**

(VIP registration starts April 18th)



# MOM

## Happy Mother's Day

A mother is a person who seeing there are only four pieces of pie for five people, promptly announces... she never did care for pie.

**FREE DESSERT FOR MOM ON MOTHER'S DAY!**

Join us on Sunday May 14, 2017.  
For reservations call (780) 473 5639.

12222 137th Ave. Edmonton, AB.  
White Oaks Square



### Metro Line North LRT

Many residents continue to have questions about the extension of the Metro Line North from NAIT. As the Councillor for Ward 3, bringing the LRT to North Edmonton is a priority for me. Last April, the Transportation Committee paced the LRT reaching Castle Downs fifth on the list of top priorities for future LRT funding. However, less than a week after the initial list was released and after discussion with both my Council colleagues and the Mayor, that priority was re-evaluated. At the May 3, 2016 City Council, Council unanimously voted "yes" to Mayor Iveson's motion which reworked priority for the LRT. Instead of one laundry list of priorities the list was divided in two main areas of focus. Using the Federal Transit Stimulus funding the Valley Line from Downtown to Lewis Estates, and the Metro Line from NAIT to Blatchford is top priority. It makes sense to develop out to Blatchford now while the area is being built instead of trying to make room for the LRT once the development is half or fully built. Equally important is the second half of the motion which focuses on each area as being equally worthy of LRT expansion in its own right. The Capital Line, the Downtown Connector, and the Metro Line (expansion to Campbell Road) will all be looked at in terms of design work. Many of the decisions Council must make are difficult because we must look at both the ward we represent and the City as a whole. That's why I'm proud that through my discussion with Council and the Mayor a consensus was reached. The federal government's recently released budget includes \$20.1 billion over 11 years for public infrastructure across Canada, which may provide support to expand our LRT lines. However, this work is still ongoing and there are still many tracks to be laid for the LRT into Ward 3. I'm confident though that children living in communities such as Beaumaris, Canossa and Dunluce will be hopping on the train to get to



**Message from  
Dave Loken  
City Councillor Ward 3  
City of Edmonton  
780-496-8128  
dave.loken@edmonton.ca  
Twitter: @daveloken**

university classes or downtown events in the future.

As always, feel free to contact my office with your comments or questions at dave.loken@edmonton.ca or 780-496-8128.



## ALL KIDS MEALS

# \$6.99

Comes with an activity pack  
and a create-your-own sundae.

**Boston Pizza - Namao 16521 97 St 780-456-5554**



# Lorelei Beaumaris News

## 2017-2018 Lorelei-Beaumaris Board of Directors

President	Sonya	presidentlbcl@gmail.com
Vice President	Maria	vicepresidentlbcl@gmail.com
Secretary	Danielle	secylbcl@gmail.com
Treasurer	Ghaida	treasurerlbcl@gmail.com
Ways and Means	Lila	waysmeans@gmail.com
Past President	Cody	pastpresidentlbcl@gmail.com
Gaming Director	Emily & VACANT	bingolbcl@gmail.com & casinolbcl@gmail.com
CDRS Representatives	Jen & Julia	cdrslbcl@gmail.com
Variety Show Reps	Taryn, Caroline	varietyshowlbcl@gmail.com
Sports Directors	Ghaida & VACANT	sportslbcl@gmail.com
Social Directors	Sabrina & Maria	sociallbcl@gmail.com
Memberships	Sabrina	memberships1bcl@gmail.com
Communications	Oksana	comm1bcl@gmail.com
Community Safety Directors	Jennifer	communitysafetylbcl@gmail.com
Website	Oksana	comm1bcl@gmail.com
Playschool Information		
www.loreleibeauamarisplayschool.com		
General Manager	Tina	hallrentalslbcl@gmail.com
		780-686-4415
City of Edmonton Community Recreation Coordinator	Alison Mould	
alison.mould@edmonton.ca		
LBCL Website: www.lbcl.ca		
Facebook: https://www.facebook.com/loreleibeauamaris		
Twitter: https://twitter.com/LBCommLeague		

**NOTE:** If you are having issues contacting someone please contact our Hall Manager who will pass on your message. **If you are interested in filling any open positions or would like to get involved please send an email to our president at presidentlbcl@gmail.com.**

## IMPORTANT: Casino volunteers needed

Lorelei Beaumaris Community League will be hosting a Casino  
**Saturday, July 22 (9 volunteers needed)**  
**Sunday, July 23 (13 volunteers needed)**  
at Century Casino, 13103 Fort road

It is crucial for us to have enough volunteers to do this important fundraising which helps to keep the cost of soccer program down, run low cost or free programs and events and do much more for our community.

Please consider stepping up and helping the Lorelei Beaumaris Community League!

- No experience necessary; "on-the-job" training
  - Free meal provided
  - It is fun and positions are straightforward
- We need 36 volunteers to have a successful casino.

For further information about available times and positions, please contact our Gaming Director Emily at casinolbcl@gmail.com  
Thank you for supporting our community!

## Scrapbooking and Paper Crafting

Want a great way to escape the hustle of life and capture the moments that will last a lifetime? Join the creative crew at Lorelei hall 16220-103 street for an upcoming mini-retreats on:

- May 13, 2017
- September 23, 2017
- October 21, 2017
- November 18, 2017

You will have the time and space to scrapbook your favorite pictures either traditionally or digitally or do your card making, paper crafting and stamping.

Digital Tid-bits will now be included free in Funcrops, instead of being at a separate paid event. You will have unlimited use of all Tannis' tools - including Cricut Expressions machine, and cartridges, Cuttlebug and dies, and scanner for conversion to digital file (must have your own USB), a limited amount of supplies will be available for purchase. Coffee, muffins in the morning, light snacks in the afternoon and some kind of tasty food for supper. Please contact Tannis for more information photos@telusplanet.net (780) 885-1647  
<http://lbcl.ca/scrapbooking>

## Upcoming Bingos

Our bingo dates, held at Kensington Bingo Hall from 4:45pm - 9:45pm

**Wednesday, May 10 (1 volunteer needed)**  
**Monday, June 12 (1 volunteer needed)**  
**Thursday, July 13 (7 volunteers needed)**  
**Sunday, August 13 (16 volunteers needed)**

Please consider volunteering! \$50 Tiger bucks will be given for each volunteer spot filled. Tiger bucks can be used for soccer registration fee or hall rentals.

If you are scheduled for a bingo, Emily will give a courtesy phone reminder about a week prior (to the number you wrote down at registration time. You also have your parental commitment date on your copy of the registration form). For bingo inquiries please contact Emily at bingolbcl@gmail.com

Advice when volunteering at Bingo: Wear comfortable shoes, as most jobs require you to walk around the bingo hall for the shift. Please don't plan on texting friends or standing on the sides; we are expected to focus on our job and circulate throughout the room. You will get a 25 minute break which allows you to sit and relax and you can have a meal from the concession stand for free. Do call-backs quickly (calling out the bingo winner's number) which speeds up the games and gets you out earlier. Have fun; visit with your community members as you walk around, and think of all the good you are doing for your community and your body (it is exercise too!).

## Vacant Board Positions

The Board of Lorelei Beaumaris Community League has two vacant positions! If you would like to improve your organizational skills, get an experience in non-for-profit setting, while helping your community and having fun please contact us!!!

**We are looking for:**  
**Second Gaming Director**  
**Second Sports Director**

No experience necessary. We will provide any necessary training. You will not be carrying all the responsibilities alone, but will be working in a team with another director.

If you are interested, please contact Oksana at 780-990-4696 or email: comm1bcl@gmail.com

Many hands make the work light!



## Community Garage Sale

Have you been holding on to those kids toys for too long? Do you have a closet full of household items that you no longer use? Are you looking for a deal on some gently used items? Are you environmentally friendly by shopping for used items? Join the fun of a Community Garage Sale!

**Community Garage Sale Runs**  
**Saturday, May 27 from 10am - 6pm**  
**Sunday, May 28 from 10am-4pm**

Table Set Up: Friday, May 26 from 6-9pm.  
Clean up: Sunday from 4-6:00pm.

Table rental: 4 tables for \$40

Call or text Sabrina @ 780-707-9342 or email [sabrina.passions@gmail.com](mailto:sabrina.passions@gmail.com) to reserve your spot today.

First come, first serve, so book now. Tables must be paid for to guarantee your reservation.



## Lorelei-Beaumaris Community Playschool

Classes Offered (9:00 am-11:15 am)

3/4 year olds	Tues & Thurs
\$90.00	
4 year olds	Mon/Wed/Fri
\$135.00	

To register, please contact our registrar Brittany at: 780-263-2910 or [jensb2910@gmail.com](mailto:jensb2910@gmail.com)

For more information or to see what we have been up to, please visit the playschool website at <http://www.loreleibeauamarisplayschool.com>

## Orbis Health & Wellness Summer Camp

The Orbis Sports Health and Wellness Summer Camp is designed to instill the Orbis Sports Fitness FUNdamentals in a FUN, Playful manor! Join us for a 5 Day Summer Camp This July!

When: Monday, July 17 - Friday, July 21  
10:00AM – 3:00PM

Cost: \$125

Spots available: 20

Registration: Friday, May 5; 6:00PM – 8:00PM

Where: Lorelei Beaumaris Community Hall \*Rink Shack - 16220-103 Street

The camp is geared towards children in upper elementary approx. ages 7 – 11 years' old

Sports Activities:

Soccer, Football, Baseball, Bowling, Archery Tag, Bulldog, Red Rover, Obstacle Course etc.

Skills, Drills & Education:

- lifting, shifting, rotating
- core, balance, agility, stability, strength, endurance, flexibility, mobility
- basic anatomy
- mindfulness
- recovery

Schedule:

10:00 AM ~ Intro-Skills & Drills, Education  
11:00 AM ~ Play Experience 1  
12:00 PM ~ LUNCH  
1:00 PM ~ Intro-Skills & Drills, Education  
2:00 PM ~ Play Experience 2.  
3:00 PM ~ HOME TIME

For more information, please call our General Inquiries line @ 780 686-4415 or email hallrentalslbcl@gmail.com Please leave a message stating that you are looking to register for the Orbis Summer Camp.

**\*\*Important info\*\*** Participants are required to bring their own bag lunch each day of the camp.

## THANK YOU! THANK YOU!

We would like to thank Tina for being a great Hall Manager! It was a pleasure to work with her. We wish Tina all the best in her future endeavors!

We also would like to thank Duncan, our awesome rink guy, for another great skating season! We are hoping to work with him in the next season.

## Hall Rentals

Lorelei-Beaumaris Community League has the largest Hall facility in Castle Downs.

- Hall dimensions are approximately 60 ft x 52 ft (bar to wall)
- Accommodation for 448 guests (non-fixed seats), 354 (non-fixed tables & seats), 280 (dining and beverage).
- Air conditioned, pot lighting, coatroom, wheelchair accessible washrooms
- Raised stage setting (stage dimensions 13 ft x 20 ft wide)
- Stage risers for the floor area (Risers consist of 5 units (ea 4' x 8') for a total raised floor stage setting of 20' x 8', grey carpeted & black skirting - \$100 with main hall rental)
- Black lecturn (podium)
- 30 - 5ft round tables, 40 - 6ft rectangular tables 2 - 3ft accent tables
- Full, commercial kitchen with natural gas stove & ovens
- Spacious wet-bar area with bar-fridge and ice machine
- Large BBQ available (cooks up to 65 burgers or 126 hotdogs all at once)
- Multi media system available for power-point, slideshows, videos, etc...
- We do not have linens or chair covers. Event rental companies will be able to assist you with these items.

All Rates include GST:

- \$710 – Fri 4:00pm – Sunday noon

(Note: Sept.- May full weekend bookings must be made at least 8 weeks in advance)

- \$450 – Friday or Saturday

- \$240 – all day Sunday

- \$40 hourly rate (weekdays and Sundays)

- \$300 – media system rental

- \$35 – music (if recorded music of any sort is played - Socan & Resound tariff)

- \$100 - 20'x8' floor level stage risers (carpeted and skirted)

- \$75 – Large BBQ (cooks up to 65 burgers or 126 hot dogs at once)

- \$50 – dishes rental (plates, cutlery, glassware, limited small wares)

- Deposits on ALL Rentals: Hall \$500 Media \$800 (Hall + Media = \$1300)

# 2017 Annual Plant Sale

## Chalmers-Castle Downs United Church

123 A Street & 132 Avenue Phone: 780-455-3664

Wednesday May 17<sup>th</sup>, 2017  
12 Noon to 7:00 p.m.

Thursday May 18<sup>th</sup>, 2017  
9:00 a.m. to 7:00 p.m.

Friday May 19<sup>th</sup>, 2017  
9:00 a.m. to 7:00 p.m.

Saturday May 20<sup>th</sup>, 2017  
9:00 a.m. to 5:00 p.m.

**PLEASE NOTE: WE ACCEPT  
CASH OR CHEQUES ONLY**



**PAY  
NO  
GST**

**\*\* Please note that all contracts signed for hall rentals will be required to purchase Renters Insurance for their event date at Lorelei Hall. We will give them the link to FPB Insurance to do this online. \*\*** (Prices are subject to change. Please confirm with Hall Manager)

\* Discounts may be available to LBCL Members who are booking for their use. Please talk to the hall manager for more information.

Call Tina 780-686-4415 for questions or an appointment to view (please leave a message). Email hallrentals@lbcl.ca If you would like to see photos of the hall from various angles to get a feel for it please visit our photos on our website at www.lbcl.ca or on our www.facebook.com/loreleibeumaris.





- 0 to 12 years old
- Open Monday to Friday 6:30am to 6:00pm
- Subsidy available to eligible families
- Parental Leave transition Program
- Drop off services
- Part time and Full time Daycare
- Transportation services available
- Highly qualified and experienced staff
- Special Classes : Language, yoga, music, zumba, cooking
- Large Classrooms with Lots of Light
- Professional Cleaning Staff

**Brand New Daycare**

Northgate Shopping Center  
13628 93 St NW, Edmonton,  
AB T5E 4E3

**The Learning EXPERIENCE**  
DAYCARE AND AFTERSCHOOL PROGRAMS

(780)758.7778 Fax: (780)757.2273  
www.thelearningexperiencedaycare.ca



# Summer Art Camp

This program will inspire your child to be creative and explore the world around them. Children learn best through play and our program introduces many themes with a variety of activities. We introduce science, letters, numbers, healthy habits, and seasons just to name a few. Our daily program will include a healthy snack and craft project.

When: Session #1 - Monday, July 3 until Friday, July 7  
Session #2 - Monday, July 10 until Friday, July 14  
Session #3 - Monday, July 31 until Friday, August 4  
Session #4 - Monday, August 7 until Friday, August 11  
Time: 9:00AM – 11:00AM Daily

Cost: \$20  
Spots available: 20 per session

Registration: Friday, May 5; 6:00PM – 8:00PM  
Where: Lorelei Beaumaris Community Hall \*Rink Shack - 16220-103 Street

The program geared towards children in lower elementary approx. ages 4 – 6 years' old  
We genuinely have your child's best interests at heart and we look forward to seeing their smiles.

Schedule:  
9:00 AM ~ Welcome  
9:15 AM ~ Learning Centres / Art  
10:00 AM ~ Story Time  
10:15 AM ~ Snack time  
10:30 AM ~Gym/Outdoor Time  
11:00 AM ~ Home time

For more information, please call our General Inquiries line @ 780 686-4415 or email [hallrentalslbcl@gmail.com](mailto:hallrentalslbcl@gmail.com) Please leave a message stating that you are looking to register for the Summer Art Program.

**\*\*Important info\*\*** Snack provided.

## City of Edmonton Programs

A great tool for finding programs with the City of Edmonton is a Build Your Custom Program Guide with City of Edmonton programs, check it out here: <http://www.myrecguide.ca/guide/program-guide.php>

Don't want to commit to 8-12 weeks of a program? Why not find out more about Community Drop-In Programs check out: [http://www.edmonton.ca/activities\\_parks\\_recreation/drop-in-community-programs.aspx](http://www.edmonton.ca/activities_parks_recreation/drop-in-community-programs.aspx)

There are also many summer camps available through the City of Edmonton including camps at various recreation centres, the zoo, arts centre, museums, Fort Edmonton, river valley, Muttart Conservatory and more!

Please see the City of Edmonton Summer Day Camp Guide for information. [http://www.edmonton.ca/activities\\_parks\\_recreation/documents/PDF/SummerDaycampsGuide.pdf](http://www.edmonton.ca/activities_parks_recreation/documents/PDF/SummerDaycampsGuide.pdf)

## Lorelei-Beaumaris Community Memberships

2016-17 Memberships are now available and are valid until August 31, 2017. Family memberships are \$25 and singles or seniors are \$15.

Lorelei-Beaumaris community league membership can be purchased:  
- Mac's Convenience Store - Beaumaris (by Lakeside Landing – 113A street & 153 Ave).

- online by visiting Edmonton federation of Community Leagues (family memberships only, \$2 administration fee)  
- directly from the league. Please email [memberships1bcl@gmail.com](mailto:memberships1bcl@gmail.com)

Your community league membership gets you many discounts, free skate, free swim. For more information please see our Facebook page <https://www.facebook.com/loreleibeumaris/> or website <http://1bcl.ca/memberships/>

## We are here to serve you.

Would you like a scroll to celebrate a special occasion such as:

- Birthday
- Anniversary
- Grand Opening or Anniversary of a business
- Accomplishment of a Sports Team

We can provide a scroll upon request.

We can also provide assistance with Healthcare, Education, Post-Secondary Education, Labour, Registries, Infrastructure or Energy inquiries and many more provincial matters.

We look forward to hearing from you.



## Nicole Goehring

MLA for Edmonton Castle Downs  
12120 161 Avenue NW  
Edmonton AB, T5X 5M8  
PH: 780-414-0705 FX: 780-414-0707  
[Edmonton.castledowns@assembly.ab.ca](mailto:Edmonton.castledowns@assembly.ab.ca)



**SUNLIGHT**  
landscaping & excavation ltd.  
Residential - Commercial - Professional



**\* SPRING CLEAN UP:**  
- CORE AERATION  
- POWER RAKING  
- POWER EDGING & TRIMMING  
- CUTTING & VACUUMING  
- FERTILIZING

**\* GENERAL CLEAN UP**  
**\* TREE SERVICE**  
- PRUNING & CUTTING  
- TRIMMING: TOPPING, HEDGING  
- STUMP REMOVAL

Ask about our asphalt pavers

**\* LANDSCAPING:**  
- LAWN REPLACEMENT  
- PAVING STONE & RETAINING WALL  
- ROUGH GRADING & FINAL GRADING  
- TREES & SHRUBS PLANTING  
- TRUCK, BOB CAT & TOP SOIL  
- GRAVEL, ROCKS & MORE ...

**\* MONTHLY CARE**  
**\* FENCE & DECK**  
**\* CONCRETE SERVICE**  
- SIDEWALK, PATIO  
- ASPHALT, PAVING & REPAIRS  
**\* SNOW REMOVAL**  
- PARKING LOT SWEEPING  
**\* DEMOLITION & EXCAVATION**  
**\* TRENCHING**

Call **Eric Nguyen**  
for free estimate  
**780-910-8708**  
[sunlight.landscaping@hotmail.com](mailto:sunlight.landscaping@hotmail.com)

**Fully Insured & Licensed**  
All Work Guaranteed

**10126 - 156 Street, Edmonton, AB T5P 2P9**



F: 780.244.0692      12916- 167th Ave      P: 780.244.2696  
[www.albanymedical.ca](http://www.albanymedical.ca) • [info@albanymedical.ca](mailto:info@albanymedical.ca) • Facebook: Albany Medical Clinic



We are thrilled to join the growing community of Albany and excited to announce the opening of the *Albany Medical Centre, Health Aid Pharmacy and Albany Laser and Cosmetic Centre.*

This shiny new fully-equipped Medical and Aesthetic Centre is here to stand out from the conventional walk-in clinic. Our state of the art centre is going to show you exactly how the tiniest details in your care matter. Designed by a dedicated team of Health Professionals with over 20 years of experience in the field.



- Emergency and walk-In appointments available
- Primary care for the whole family
- Male and female physicians
- Specialists
- Aesthetic Centre

The difference in experience:

Brought to you by:

- Dr. Salem Tomi
- Dr. Khalid Hasan
- Dr. Najat Abuderbala
- Dr. Mohamed Abouhemeid
- Dr. Adel Abdulhafid

#### Services:

Routine visits, WCB, Injection, Travel, Obstetrics and Gynecology, Referrals, Infertility, Diagnostic testing, Minor procedure, Notes and Forms, Complete Physicals and Much More!!



## PUBLIC ENGAGEMENT

SHARE YOUR VOICE SHAPE OUR CITY

Join us to learn how the City of Edmonton will gather community input to build a better city.

FIND OUT MORE BY GOING TO:  
[www.edmonton.ca/publicengagement](http://www.edmonton.ca/publicengagement)



#### PUBLIC INFORMATION SESSIONS (DROP-IN FORMAT):

**May 6, 2017** from 5:00 to 8:00 p.m.  
 Castle Downs Family YMCA  
 11510 - 153 Avenue

**May 13, 2017** from 9:00 a.m. to 3:00 p.m.  
 City Market Downtown on 104th  
 (Farmers' Market)  
 Jasper Avenue and 104 Street (plaza)

**May 24, 2017** from 5:30 to 8:30 p.m.  
 Woodcroft Library  
 13420 - 114 Avenue

## Make Mom's Wishes Come True this Mother's Day!



She'll love coming home to a clean house!

Gift Certificates are available online at [mollymaid.ca](http://mollymaid.ca).



Contact us today for a free in-home estimate:

# 780.452.5730

[shasta-roehr@mollymaid.ca](mailto:shasta-roehr@mollymaid.ca)