

# CASTLE NEWS

Serving the community leagues of  
Baturyn, Caernarvon, Carlisle, Cumberland/Oxford,  
Dunluce, Lorelei/Beaumaris

November 2017



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**PACIFIC ISLAND DANCE TROUPE SOCIETY**  
PRESENTS...

**LET'S EXPLORE THE ISLANDS**  
DINNER • SHOW • DANCE

**NOVEMBER 10, 2017**  
Door Opens at 5:00 PM

**POLISH HALL - BALLROOM**  
10960 104 St NW  
Edmonton, AB

**FOR TICKETS & INQUIRES**  
Tickets are \$50 (780) 472-8511  
(780) 710-6492  
(780) 903-9970  
(780) 710-0025

*The Pacific Island Dancers* have been a long time partner with the Castle Downs Recreation Society.

For the past 10 years they have provided wonderful and colourful entertainment at our Canada Day Celebration in Castle Downs.

They are holding a fundraiser for the Stollery Children's Hospital and for our Veterans through the Kingsway Branch of the Royal Canadian Legion.

The Stollery takes great care of children who are dealing with major illnesses. The Kingsway Legion provides great support to Veterans who have served their country and ensures "We shall never forget."

Please consider supporting this important fundraiser and enjoy a great evening of dining and entertainment.



## Happy Birthday Canada!

The CDRS and its partners celebrated in style at the Castle Downs Park!

Big thank-you's to the following : planning committee; Neil Chymko, Krista Hennigar, Loretta Wonitoy and Jonas Duffy. Fire works sponsor; Area Council 1. Kids World; Canada Lands/Village at Greisbach. Hay ride supervision; Albany Royal Bank and YMCA. Also, the volunteers from the Community Leagues of Castle Downs. Seahawks and support from the City of Edmonton. CDRS received a Gov't of Canada grant to fund some of the days activities.

The Park was the site of Youth Day. Thousands of folks came out to mingle, meet and learn more about each other and the community we share.

The same day the volunteers of CDRS International were in Spruce Grove dismantling a play ground. It will be refurbished and is destined for Cambodian children to enjoy in 2018.

The Castle Downs football program lost its strongest supporter and the Seahawks Football organization lost a friend. Marv Mills established the North Edmonton Minor Football Association 26 years ago and mentored thousand of kids in that time. Our condolences to Marv's family and friends.



**CASTLE DOWNS RECREATION NEEDS ASSESSMENT**

**WE WANT TO KNOW!**

What facilities and programs do you want in your community?

**THINK ABOUT....**

cultural spaces	parks	drop-in programs/facilities
trails	event facilities	local gathering places

**TELL US IN PERSON**

The Castle Downs Recreation Society is leading a project to identify the needs of the community and prioritize facility and program development. The focus will be on spontaneous use, local gathering, cultural spaces, event facilities, drop-in programs and facilities, trails and parks.

**TELL US BY PHONE**

Our Consultants will be calling residents by random selection from October 16 - 30, 2017 to complete a short survey.

**QUESTIONS? CONTACT US**  
**CASTLE DOWNS RECREATION SOCIETY**  
[www.castledowns.ca](http://www.castledowns.ca) E: [president@castledowns.ca](mailto:president@castledowns.ca)

**expedition**  
MANAGEMENT CONSULTING



# Baturyn News



## Community League Board Contacts

Positions are filled on a voluntary basis.  
If you are interested in board positions or would like to get involved, please contact the Board President at [president@baturyn.ca](mailto:president@baturyn.ca) to inquire about vacancies and opportunities.

Position	Name	Email
President	Courtney Barnes	<a href="mailto:president@baturyn.ca">president@baturyn.ca</a>
Vice President	Nicole Yankee	<a href="mailto:vicepresident@baturyn.ca">vicepresident@baturyn.ca</a>
Secretary	Tricia Stettner	<a href="mailto:secretary@baturyn.ca">secretary@baturyn.ca</a>
Treasurer	Paul Petersen	<a href="mailto:treasurer@baturyn.ca">treasurer@baturyn.ca</a>
Facilities Director	Earl Archer	<a href="mailto:facilities@baturyn.ca">facilities@baturyn.ca</a>
Hall Rental Rep	Colleen H.	<a href="mailto:rentals@baturyn.ca">rentals@baturyn.ca</a>
Volunteer Director	<b>VACANT</b> (Nicole Yankee)	<a href="mailto:volunteers@baturyn.ca">volunteers@baturyn.ca</a>
Ways & Means Director	Jared Huston	<a href="mailto:finance@baturyn.ca">finance@baturyn.ca</a>
Communications Director	<b>VACANT</b>	<a href="mailto:communications@baturyn.ca">communications@baturyn.ca</a>
Communications Assistant	Angela Ferguson	<a href="mailto:communications@baturyn.ca">communications@baturyn.ca</a>
Program Director	Angela Ferguson	<a href="mailto:programs@baturyn.ca">programs@baturyn.ca</a>
Sports Director	Lynn Archer	<a href="mailto:sports@baturyn.ca">sports@baturyn.ca</a>
Soccer Chairperson	Candice Bevan	<a href="mailto:soccer@baturyn.ca">soccer@baturyn.ca</a>
Soft Ball Chairperson	Melissa Voll	<a href="mailto:softball@baturyn.ca">softball@baturyn.ca</a>
Social Director	<b>VACANT</b>	<a href="mailto:social@baturyn.ca">social@baturyn.ca</a>
Membership Rep	Samantha McRae	<a href="mailto:membership@baturyn.ca">membership@baturyn.ca</a>
Membership Rep (Online)	Valerie Boychuk	<a href="mailto:membership@baturyn.ca">membership@baturyn.ca</a>
Bingo Chairperson	<b>VACANT</b> (Nicole Yankee)	<a href="mailto:bingo@baturyn.ca">bingo@baturyn.ca</a>
CDRS Rep	<b>VACANT</b>	<a href="mailto:cdrs1@baturyn.ca">cdrs1@baturyn.ca</a>
CDRS Rep	<b>VACANT</b>	<a href="mailto:cdrs2@baturyn.ca">cdrs2@baturyn.ca</a>
Variety Show Rep	Shyehana Goonewardena	<a href="mailto:varietyshow@baturyn.ca">varietyshow@baturyn.ca</a>
Variety Show Rep	Holly Twerdochlib	<a href="mailto:varietyshow@baturyn.ca">varietyshow@baturyn.ca</a>
Playschool Chair	Kelly Young	<a href="mailto:bcps.chair@gmail.com">bcps.chair@gmail.com</a>

**Board Meetings are held on the 1st Monday of the Month at 7pm**  
July & August: No Scheduled Meetings

## 3rd Annual Winter Bazaar!

**Sunday, Nov. 26, 2017**  
**From Noon\* – 4pm**  
**At Baturyn Community Hall**  
**(10505-172 Ave)**

Find that unique gift for the loved ones in your life!  
Support local vendors and artisans

- Free Parking
- Free Admission
- Free Kids Crafts
- Hot Seasonal Drinks

And maybe even a visit from SANTA!

Non-perishable food donations will be gladly accepted for the Edmonton Food Bank.

Interested Vendors are encouraged to contact Jared at [waysandmeans@baturyn.ca](mailto:waysandmeans@baturyn.ca)  
Tables are \$25 for non-members and free for members (preference given to handmade and resident vendors)  
\*Not 10am-4pm as previously advertised

## Volunteer Opportunities

*"Volunteers don't necessarily have the time; they just have the heart" – Elizabeth Andrew*

We have several vacancies on the Baturyn board that we would really appreciate some help filling. Current openings include: Communications Director, Volunteer Director, Castle Downs Recreation Society (CDRS) Representatives (x2), Social Director, Bingo Chair, and Website Developer. Board meetings are held once a month, on the first Monday of the month, at 7pm, at the hall.

If any of these positions interest you, please contact Courtney at [president@baturyn.ca](mailto:president@baturyn.ca). These positions are currently being backfilled by board members in other positions but many hands lighten the load!

Don't want to take on a Director Position?  
Perhaps you don't want to take on a Director Position but you would like to contribute some time to community events? We would be more than happy to facilitate this as well! Email [vicepresident@baturyn.ca](mailto:vicepresident@baturyn.ca) with your interest and we will try and find something that fits!

**What is the Castle Downs Recreation Society (CDRS)?**  
Castle Downs Recreation Society (CDRS) is a group made up of the community leagues in the Castle Downs area, that acts as sort of a "greater Castledowns" community league in that they take on a broader range of facilities and issues, as well as delivering a variety of programs. (A full description is available at <http://www.castledowns.ca/>).

Acting on behalf of Baturyn Community League (BCL), our CDRS reps attend and participate in Baturyn board meetings. They then report on BCL issues and decisions at the monthly CDRS board meeting. In turn, the CDRS Rep reports back to the BCL board any information pertinent to the community from CDRS.

This is an excellent opportunity for anyone who is interested in what is happening in our Castle Downs communities, and would be willing to act as a voice for the Baturyn Community League on a larger scale.

### Regarding Bingos & Casinos

Bingos and Casinos are an important part of our community league operations as they provide the league will much needed funds to not only help run programs and events, but also to pay for utilities and keep the community hall doors open. We appreciate our many volunteers!

## New Years Eve



### Family Friendly New Years Eve Party

**Sunday, Dec. 31, 2017**  
**At Baturyn Community Hall**  
**(10505-172 Ave)**  
**Doors open at 5pm Dinner at 6pm**  
**Games & Dancing until 8pm**  
**8pm FIREWORKS at Baturyn Park!!!**

Further details, including ticket prices, will be available closer to the date on Facebook and in the December issue of *Castle News*.

## Baturyn Community Playschool - Spots Still Available

**Currently Accepting Registrations for 2017-2018**

We offer a fun, play-based program that builds your child's social and academic skills. Students are introduced to the joys of learning by participating in in-school and out-of-school field trips, taking part in pre-reading, science and math projects, crafts, games, songs and music, kinder-cooking and daily physical activity.

**LOCATION:** Baturyn Community Hall, 10505 172 Avenue

**COST TO REGISTER:** \$45 non-refundable registration fee.

**For 3 year olds:** Tuesdays and Thursdays AM Class – 9:00am

**For 4 year olds:** Mondays, Wednesdays, and Fridays AM Class – 9:00am to 11:30 am or PM class – 12:45pm to 3:15pm

\*Children must be 3 years of age at the start of the playschool year for the three year old class.

ALL children must be fully toilet trained for any class. Find us on Facebook by typing [www.facebook.com/BaturynCommunityPlayschool](http://www.facebook.com/BaturynCommunityPlayschool).

For more information, please visit our website at [baturyn-playschooledmonton.weebly.com](http://baturyn-playschooledmonton.weebly.com) or email our co-chair at [bcps.cochair@gmail.com](mailto:bcps.cochair@gmail.com) for more information on how to register.



Baturyn Community League  
Hall: 10505 172 Avenue  
Phone: 780 - 457- 4347  
Website: [Baturyn.ca](http://Baturyn.ca)

### Planning a big party or hosting a big event?

Baturyn Community Hall may be the place for you; located between St. Charles Elementary School and Baturyn Elementary School, Baturyn Community Hall features a full commercial kitchen, bar, coat room, covered back patio with large BBQ, Fire Pit, & 2 boarded sports fields. For events involving children there is also a community playground located in front of the hall and basketball court located beside the hall.



#### Hall Features:

- Seating Capacity: 275
- Hall Size: 55ft x 65ft
- Tables: 43 rectangular tables (seats 8)
- Chairs: 275
- Wheel Chair Accessible
- Plenty of Parking
- Industrial Kitchen Appliances – Gas Stove, Walk In Fridge, Microwave, Freezer, Dishwasher
- Large Kitchen Preparation Space
- Separate Bar with 2 door fridge & freezer
- Large Dance Floor
- Air Conditioning

#### Hall Rental Information:

Standard Rates	
Rental Period	Rates
Weekday Evenings	\$35/hr
Saturday 10:00 am – Sunday 10:00 am	\$425
Sunday 11:00 am – 5:00 pm	\$150
Sunday (Long Weekend)	\$250
Package Rates	
Rental Period	Rates
Friday 6:00 pm – Sunday 10:00 am	\$500
Saturday 10:00 am – Sunday 5:00 pm	\$550
Friday 6:00 pm – Sunday 5:00 pm	\$600

#### Notes & Exceptions:

1. All rentals require a signed contract
2. Damage deposit is equal to the rental rate and will be refunded upon inspection of the hall after the event; final rental payment is due 30 days prior to the event.
3. Parking is constrained in the area and the parking lot is not available until after 5:00 pm during the school year.

To inquire about renting the hall, please email [rentals@baturyn.ca](mailto:rentals@baturyn.ca).

### Want to know what is going on in your community?

To find out community announcements and events

Find us at [www.facebook.com/BaturynCommunityLeague](http://www.facebook.com/BaturynCommunityLeague)





## Become a Member

### Have you got your 2017/2018?

The new membership year started September 1st. Get your membership and enjoy the special perks of being a member. Annual Memberships are valid from September 1st to August 31st.

Membership Fees:  
Family \$25.00  
Single (16+) \$25.00  
Senior (55+) \$10.00


### Membership Benefits:


- Access to community hosted events • Community League sports programs • Free access to community swim times at the YMCA, Grand Trunk Fitness & Leisure Centre, or O'Leary Fitness & Leisure Centre • Free access to all Community League outdoor rinks • NEW - 20% discount on City of Edmonton Recreation Facilities\* Adult, Family, Child, and Youth/Senior annual passes or continuous monthly passes. 15% off Multi-Pass purchases.

Memberships are required to access programs offered by your Baturyn Community League.


\*Facilities and amenities include swimming pools, whirlpools, fitness studios, cardio areas, weight rooms, racquetball, squash, badminton and tennis courts, indoor running tracks, gymnasiums, cafeterias and pro shops. To learn more please call 311 or visit [www.edmonton.ca/wellness](http://www.edmonton.ca/wellness).

Get your membership today by going to [Baturyn.ca](http://Baturyn.ca) or emailing [membership@baturyn.ca](mailto:membership@baturyn.ca) Your membership fees help support the delivery of various community programs and events.






**Dr. Tarek Tarchichi**  
[www.castledownsdentalcentre.com](http://www.castledownsdentalcentre.com)  
**780-456-2990**  
**11816-145 Ave**



**New Patients Welcome.  
Emergency & Walkins.  
Apointments Available  
Gentle Dentistry for  
the whole family.**






**Dental Centre Hours**  
**Monday to Friday 8 am to 5 pm**  
**Saturdays 9 am to 4 pm**  
*We are closed on Sunday & Public Holidays*

At Castledowns Dental Centre, We are more than glad to offer you the following services:

- Root Canal Treatment
- White Fillings
- Wisdom Tooth Extractions
- Partial Dentures
- Dental Implants
- Sedation
- Crown & Bridges
- Veneers
- In office Zoom Teeth Whitening

We Accept:



**ON THIS  
REMEMBRANCE DAY,**  
 WE PAY TRIBUTE TO THOSE PAST AND PRESENT WHO  
 SERVED OUR COUNTRY WITH COURAGE AND COMPASSION.

*Lest we forget*

**MICHAEL COOPER MP**  
 ST. ALBERT-EDMONTON

Suite 220 20 Perron Street, St Albert, Alberta T8N 1E4  
[Michael.Cooper@parl.gc.ca](mailto:Michael.Cooper@parl.gc.ca) • [michaelcoopermp.ca](http://michaelcoopermp.ca)  
 780-459-0809



**We will never forget the bravery and sacrifice  
of members past and present.**

Here are some locations to pay your respects:

**NOVEMBER 6:**  
 No Stone Left Alone Remembrance Ceremony  
 Beechmount Cemetery – 12420 104 St, Edm - 10:30 am

**NOVEMBER 9:**  
 Wreath Laying Ceremony  
 Legislature Rotunda – 10800 97 Ave NW, Edm - 11:00 am

**NOVEMBER 11:**  
 North West Edmonton Seniors Centre  
 12963 120 St, Edm – 9:45 am

City Hall Remembrance Ceremony  
 1 Sir Winston Churchill Square, Edm – 10:15 am

Butterdome Remembrance Day Service  
 11500 87 Ave, Edmonton – 10:00 am

**Nicole Goehring**  
 780-414-0705  
[edmonton.castledowns@assembly.ab.ca](mailto:edmonton.castledowns@assembly.ab.ca)

MLA, Edmonton - Castle Downs  
 Provincial Government Liaison  
 for the Canadian Forces






# Caernarvon News

Caernarvon Community League Executive	
14830 - 118 Street NW, Edmonton AB, T5X 1T4	
(780) 456-3435	
(Phone or Text)	
president@caernarvon.ca	
treasurer.ccl@shaw.ca	
President	Evan Hellyer
Vice President	Jennifer Schell
Treasurer	Teena Burrell
Secretary	Dawn Nebeker
Hall Rental	Jennifer Schell Danny Burrell
Bingo	Amanda Evans
Casino	Amanda Evans
CDRS	Danny Burrell
CDRS	Jennifer Schell
Equipment	D'Arcy Sommer
Equipment (2)	Giovanni Borrelli
Equipment (3)	Sandy Reda
Membership	Lynne Hellyer
Newsletter	Dawn Nebeker
Programs	Amanda Evans
Signs	Christina Burynuik
Soccer	Toni Borrelli
Social	Kati Hutt
Variety Show	Pam Irwin
Baseball	VACANT
Casino (2)	VACANT
Hall Maintenance	VACANT
Member At Large	VACANT
Variety Show (2)	VACANT

## Membership

Community League membership is accompanied by these perks: access to community hosted events, Community League sports programs, free swim times at the YMCA, Grand Trunk Fitness & Leisure Centre, and O'Leary Fitness & Leisure Centre, free access to all Community League outdoor rinks, 20% discount on City of Edmonton Recreation Facilities annual passes or continuous monthly passes. 15% off Multi-Pass purchases. Visit <http://efcl.org/membership> to purchase or attend one of our events!

## Bingo Opportunities

We are looking for volunteers to work up-coming Bingo nights.

Bingos bring money into the Community League and supplement activities we offer as well as pay the utilities for the Hall.

We offer Caerny Bucks towards registered activities in Edmonton.

Call Lynne at 780-641-4996 for more details or check out our Facebook page.

## Skating at the hall

We have two outdoor ice rinks that will open in December. Mark skating down on the calendar for early in the New Year!

## Paint Party Afternoon

WHO: All Ages

WHAT: Guided Painting Party (Like a Paint Night in the Afternoon!)



WHERE: Caernarvon Community Hall  
14830 - 118 Street NW Edmonton

WHEN: **Sunday, November 19,**  
**1:30 pm to 4:30 pm**  
Guided Painting Starts Promptly at 2:00pm  
Estimated end by 4:30pm

HOW: Register for the event on Eventbrite!

HOW MUCH:

Members	Adult	\$ 20
	Child	\$ 10
Non-Members	Adult	\$ 30
	Child	\$ 15

## Ice Rink Caretaker

**NOW HIRING** for an Ice Rink Caretaker position for the 2017 -18 rink season.

### Duties and Responsibilities

- Ice Maintenance to ensure quality ice and safety of patrons
- General Caretaking, janitorial, and cleaning duties required to maintain a high standard of cleanliness in the rink area and warm-up area.
- Snow clearing of entrances and emergency exits
- Ability to respond to emergency situations if required
- Maintain positive working relationships with user groups, visitors, volunteers, and other employees.
- Complete minor rink repairs and preventative maintenance tasks as needed
- Supervise patrons and visitors at the rink
- Must be willing to work evenings and weekends.
- Must be physically able to complete job duties.
- Knowledge of ice maintenance, janitorial work, carpentry and handyman skills an asset.

Hours are negotiable and will be finalized before the position starts. We may hire more than one person for this position depending on availability. The job will likely begin December 1 and run until the temperatures rise (usually the end of February). We will be interviewing in October and November. We are open to quotes as well.

**Please send your resume to:**

president@caernarvon.ca

OR

Caernarvon Community League

Attn: Evan

14830 - 118 Street NW

Edmonton, AB T5X 1T4

## Hall Rental

If you are looking for a site to host your next big event, give the Caernarvon Community Hall a try! It is wheelchair accessible. We are one of the only halls in the city that offers clean up after the event.

The Hall includes a coat room, raised stage, full kitchen with brand-new Commercial gas stove with 2 ovens, wet bar, glass door refrigerators, plenty of kitchen prep space, tables (round and rectangular), and chairs. Also available for an additional fee or deposit are dishes, cutlery, commercial BBQ, Theatre Popcorn Machine and Sound System with Wireless Microphone.

### Seating Capacity

250 guests - Theatre-style seating facing stage  
220 guests - Dining, Beverages, without a Dance Floor  
185 guests - Dining, Beverages, and Dance Floor

Please call or text 780 456-3435 if you have questions or would like an appointment to view the facilities.

### Hall Rental Rates

• **Hourly** (Monday - Thursday) with a minimum of 2-hour rental

Boardroom: \$20

Hall: \$35

• **Daily**

(Sunday - Thursday 8am to 3am)

Hall: \$300

• **Friday** (8am to Saturday 3am)

Hall: \$400

• **Saturday** (8am to Sunday 3am)

Hall: \$450

• **Weekend Rates**

Friday and Saturday (5pm Friday until 3am Sunday) OR

Saturday and Sunday (8am Saturday to 5pm Sunday)

Hall: \$550

### Add-Ons

Large BBQ \$50

Theatre Popcorn Machine \$50

Dishes Rental \$50

(plates, cutlery, glassware, some small wears)

### Damage Deposits

Daily Hall Rental: \$1000

Hourly Hall Rental: \$250

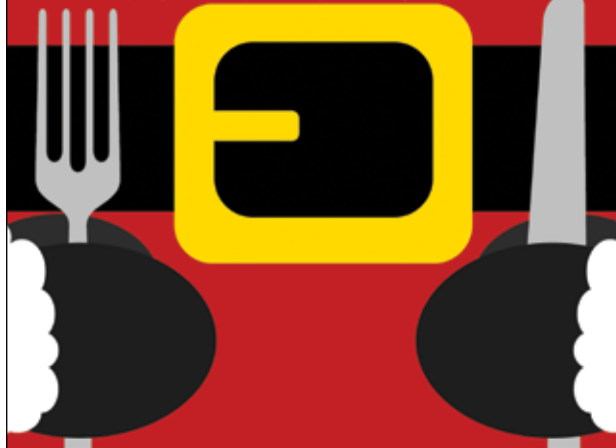
Sound System Deposit: \$500

If you don't see your arrangements of dates or times, please call or text 780 456-3435 for a quote from our rental directors.

# SAVE THE DATE!

**SUNDAY, DECEMBER 10, 2017**  
**CAERNARVON COMMUNITY HALL**

**BREAKFAST & PHOTOS**  
**WITH**  
**SANTA AND MRS. CLAUS**



## Caerny Bucks

Caerny Bucks are worth \$40 and are given to people who work extra bingos when they cannot be filled with sports registration commitments.

These valuable credits can be put towards registered programs such as soccer registration, YMCA memberships, or City of Edmonton registered programs.

If you would like to be included on the Caerny Buck list to work Bingos please contact our Bingo Director Lynne Hellyer at [bingo@caernarvon.ca](mailto:bingo@caernarvon.ca).

## Facebook

Keep up to date in our community with registrations, events, sports, and so much more! Look up "Caernarvon Community League" and select "Like" and "Follow".



## Carlisle Community Executive 2017

Position	Filled by	Contact
President	Krista Hennigar	780- 951-7627
Vice-President	Heather Magnes	780-903-3583
Treasurer/Grants	Myer Valeriano	780-907-1198
Membership	Tara Pohl-Gobeil	780 218-3399
Secretary	Tara Pohl-Gobeil	780-218-3399
Buildings and Grounds	Ryan Simpson	780-267-7777
Bingo Chairperson	Chantal Brown	780-238-6234
Casino Chairpersons	VACANT Krista Hennigar	780-951-7627
Sports Equipment	Rob Jarowka	780-486-2893 780-910-9450
Newsletter Editor/Website	Michael Foster	780 991-4738
Soccer Director	Rob Lewis	carlisesoccerdirector@gmail.com
Program Director	Diane Neiman	780-457-6239
Variety Show Representatives	Michael Foster VACANT	780 991-4738
CDRS Representatives	VACANT Kerri-Lynn Parker Krista Hennigar	780 554-7037 780-951-7627
Hall Rental Director	John Paul Potestio	780-993-3503
Social Directors	Tess Potestio Kara Henebury	780-974-3503 780-995-2444

## YOGA CLASSES

For anyone who wants to stretch and learn basic yoga postures ending with relaxation, beginners are welcome. Tuesdays and Thursdays 7:30-8:30 pm. Registration is \$80.00 for 20 classes. \$10.00 for drop in.

For more information, call Yvonne at (780) 297-3147. **YAA Certified Instructor**

## Fitness Classes

Carlisle Community League has **FAT BURNING & STOMACH FLATTENING WORKOUT**

Carlisle Hall - 14240-117 St  
Mondays & Wednesdays 7:30 - 8:30 pm

All levels welcome--beginner to pro

Prepaid registration is only \$80 for 20 classes or drop in for \$10

For more information call Zuzanna at 780-914-1775

AFLCA certified instructor

## Hall Rental



**CARLISLE COMMUNITY HALL**  
**14240 - 117 STREET**  
UPPER LEVEL CAPACITY SEATED 99

**Members \$300 and Non-Members - \$350**

**Rental Inquiries Contact**

**Hall Rental Director**

**John Paul Potestio**

**@ 780-993-3503**

**Now Accept VISA & Mastercard**

## Memberships

League memberships for 2017/2018 available.  
Please contact Tara Pohl-Gobeil 780-218-3399.



F: 780.244.0692

12916- 167th Ave

P: 780.244.2696

[www.albanymedical.ca](http://www.albanymedical.ca) • [info@albanymedical.ca](mailto:info@albanymedical.ca) • Facebook: Albany Medical Clinic



- Emergency and walk-In appointments available
- Primary care for the whole family
- Male and female physicians
- Specialists
- Aesthetic Centre

We are thrilled to join the growing community of Albany and excited to announce the opening of the **Albany Medical Centre, Health Aid Pharmacy and Albany Laser and Cosmetic Centre**.

This shiny new fully-equipped Medical and Aesthetic Centre is here to stand out from the conventional walk-in clinic. Our state of the art centre is going to show you exactly how the tiniest details in your care matter.

Designed by a dedicated team of Health Professionals with over 20 years of experience in the field.

**Clinic Services:** Routine visits, WCB, Injections & Travel, Gynecology & Urogynecology, Obstetric Care, Referrals & Diagnostic testing, Infertility Investigation and Management, Minor procedure, Notes and Forms, Complete Physicals and Much More!!

**Aesthetic Centre:** High Intensity focus Ultrasound, Lipolysis and Body Contouring, Botox Injections, Filler Injections, Regenerative Growth Hormones, Platelet Rich Plasma and Meso Injections, Hair and Wrinkle Removal, Pigmentation and/or Tattoo Removal, Skin Rejuvenation, Non-Surgical Face and Chin Lift.



# Cumberland/Oxford News

 <b>Cumberland Oxford Community League</b> Website: <a href="http://cocl.org">cocl.org</a> Facebook: <a href="https://www.facebook.com/COCLEdmonton">https://www.facebook.com/COCLEdmonton</a>		
Executive Board		
Position	Name	Email
President	Justin Yerichuk	<a href="mailto:President@cocl.org">President@cocl.org</a>
Vice President	Todd Boyer	<a href="mailto:VicePresident@cocl.org">VicePresident@cocl.org</a>
Treasurer	Helena Zheng	<a href="mailto:Treasurer@cocl.org">Treasurer@cocl.org</a>
Secretary	Christine Crowe	<a href="mailto:Secretary@cocl.org">Secretary@cocl.org</a>
Baseball Director	Michelle Innes	<a href="mailto:baseball@cocl.org">baseball@cocl.org</a>
Bingo Director	Denine Pelley	<a href="mailto:bingo@cocl.org">bingo@cocl.org</a>
Bingo Director, Assistant #1	<b>Vacant</b>	
Bingo Director, Assistant #2	<b>Vacant</b>	
CDRS Representative	Vini Buecken	
CDRS Representative	Lynnette Thompson	
Communications Director	Christa Gagnon	
Director at Large	Vanessa Forester	
Director at Large	Rosemary Sibanda	
Director at Large	Brittany Yerichuk	
Fundraising Director	<b>Vacant</b>	<a href="mailto:fundraising@cocl.org">fundraising@cocl.org</a>
Membership Director	Jackie Nicholls	<a href="mailto:membership@cocl.org">membership@cocl.org</a>
Neighborhood Watch Director	Ali Haymour	
Past President	Calvin Cazes	
Past Treasurer	Chris Cebula	
Registration Director	Wendy Sellgren	
Registration Director	Joanne Thorlakson	
Soccer Director	Peter Balaban	<a href="mailto:soccer@cocl.org">soccer@cocl.org</a>
Soccer Director, Assistant	Tim Atlee	<a href="mailto:boys_soccer@cocl.org">boys_soccer@cocl.org</a>
Soccer Director, Assistant	Carol Cimino	
Social Director	Kismat Othman	
Social Media/Website	Cameron Tse	
Variety Show Director	Vanessa Latos	
Variety Show Director #2	<b>Vacant</b>	
Volunteer Director	Pam Ushkowski	<a href="mailto:volunteer@cocl.org">volunteer@cocl.org</a>
Volunteer Director	Salam Yusef	

COCL Board Positions are filled on a voluntary basis. If you are interested in board positions or would like to get involved, please contact the Board President at [president@cocl.org](mailto:president@cocl.org) to inquire about vacancies and opportunities.

## Memberships

Your COCL membership helps to support community activities in Cumberland, Oxford, Carlton, Hudson, Skyview and North Oaks.

It is required in order to register for soccer, baseball, softball or playschools in ours or any other community.

In addition, your membership entitles you to additional discounts and special offers, including access to sports programs, community skating, free community swimming at Castle-downs YMCA, Grand Trunk and O'Leary Pools and admission discounts to City of Edmonton Leisure, Sports and Fitness Facilities.

An annual membership costs \$15 for an individual or \$25 for a family and is valid from Sept 1 to August 31.

### • How to Buy

Membership can be purchased online through the Edmonton Federation of Community Leagues (EFCL) website (\$5 administrative charge applies) or by contacting our COCL membership director at [membership@cocl.org](mailto:membership@cocl.org).

## Board Positions Available

COCL has several positions that need to be filled. If you would like the opportunity to connect with your neighbours and help contribute to your community, please consider these options. Volunteering is a great way to build relationships, take satisfaction in your community and can be extremely rewarding. There can be a real sense of belonging when we are involved with people with shared goals and visions to try and make our community a better place. Plus, as an added bonus, it can count as a volunteer commitment. Please contact [president@cocl.org](mailto:president@cocl.org) to be connected.

**Additional Variety Show Director** – Every fall the Castledowns Recreational Society puts on a wonderful 5 weekend run of the “Variety Show – An Evening of Comedy”. 2 people are needed for the committee. They represent the COCL at the Variety Show organizational meetings, help plan the event and manage the parent volunteers during the event.

**Additional Soccer Director Assistant** – Soccer is by far our most popular program. The Assistant will help the director process registrations, create teams, manage coaches and represent COCL at ENZA (Edmonton North Soccer Association) meetings and events.

**Bingo Director Assistant** – COCL participates in an average of one bingo a month. The Bingo Director and assistants manage the parent volunteers and work with the Bingo staff to ensure a smooth running event. One Director/assistant is needed for each event. With multiple people filling this role the responsibilities can be shared equally.

## Get Walking this Winter!

If you're looking to maintain an active lifestyle throughout the seasons take of advantage of COCL's community walking map. This beautiful, full colour fold up map has a detailed layout of our neighbourhood with dozens of destination points ranging from shopping to parks. As well, there are several “community routes” that provide distances and approximate times for completing them. Don't let the colder weather stop you from enjoying your community. Here are some fun facts about winter walking.


1. On average, Edmonton has 325 days a year with some bright sunshine and is considered the third sunniest city in Canada. Walking outdoors in all that sunlight will help your body's production of Vitamin D and the physical activity can help to increase our body's production of endorphins, which naturally makes us feel better!
2. While everyone seems to have a great memory about it being -40 for two months straight the facts are different
  - o The 1961-1990 average daily temp in January was -12.5.
  - o From 1971 – 2000, the average daily temp in January was -11.7
  - o From 1981- 2010, the average daily temperature in January was -10.4
  - o In 2013, the average daily temperature in January was -7.8!

**40 below is more folklore than fact.**
3. It takes about 20 minutes to walk 1.5 kilometres and your body will generate it's own heat and burn calories. It takes about the same time to heat up your car and defrost the windshield for that short drive to the local store!

### Some Tips:

- Dressing for any winter activity is all about layering your clothing. If you are planning to walk a good distance, remember that it is important that your first layer wicks moisture away from your skin.
- Winter walking surface conditions can change daily and even by the hour! Walking poles or ski poles and slip on studded winter grips for your boots are the simplest way to ensure better footing! Ask at your local sports store and even some hardware and department stores now carry these items!

If you are interesting in having your own COCL community map you can download a digital copy from [www.edmonton.ca/transportation/cycling\\_walking/community-walking-maps.aspx](http://www.edmonton.ca/transportation/cycling_walking/community-walking-maps.aspx) or if you want the full size fold up version please contact [president@cocl.org](mailto:president@cocl.org)



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# Dunluce News

## DUNLUCE EXECUTIVE

Hall: 11620-162 Ave 456-3978

PO Box 36050; Castledowns RPO

Edmonton, AB T5X 5V9

[www.dunlucecl.ca](http://www.dunlucecl.ca)

PRESIDENT	Nadine Meads	780-982-6260
VICE PRESIDENT	Sabrina Boutilier	780-232-1925
TREASURER	Loretta Wonitoy	780-457-9101
SECRETARY	Lorna Melnyk	780-456-4596
PAST PRESIDENT	Keoma McMurren	780-457-9101
CDRS REP	Ryan Korpesio Jerry Bernard	780 444-9212 780-885-5333
VARIETY SHOW	Denyse Ward Sabrina Boutilier	587-983-9401 780-232-1925
CASINO	Maureen Ewart Mark Gross	780-457-0708 780-456-5700
MEMBERSHIP	Christina Fletcher	780-484-3051
PUBLICITY	Bev Gross	780-456-5700
SOCIAL	Lorna Melnyk	780-456-4596
BINGO DIRECTOR	Angela Paris	780-920-8999
SOCCER	Ryan Korpesio	780-444-9212
SOFTBALL	Loretta Wonitoy	780-457-9101
PROGRAMS	Registrar	780-914-1775
WAYS & MEANS	Myah Westergreen	780-289-7706
SOCCER EQUIP.	Arlene Pettifer	780-456-3978
BUILDING & ASSETS	Al Chapman	780-456-9292
PLAYSCHOOL	Registrar	780-499-0232
COMMUNITY SERVICES	Trudy Raadik	
HALL RENTALS	Al Chapman	780-457-4342

## Dunluce Playschool Time for Play



- a qualified, experienced, energetic and creative Early Childhood Educator
- a great facility- well equipped with lots of room to play
- movement to music, drama, exercise, sports, singing and finger plays
- monthly themes and hands-on activities... everything from stargazing to baking
- Learning through play-educational learning centres that ignite your child's passion for learning
- Exciting fieldtrips - onsite and offsite
- A program dedicated to meeting your child's individual needs
- Preparation for Kindergarten
- Cooperative/Community-based playschool: a great way to meet new families and get involved in your community

Still accepting students for our 3 and 4 year old classes. For more information please contact our registrar at 780-499-0232, by email at [dunlucepreschool@hotmail.com](mailto:dunlucepreschool@hotmail.com), or check us out on Facebook!

**We look forward to seeing you and your little ones. [www.dunlucepreschool.com](http://www.dunlucepreschool.com)**

## Dunluce Community Programs

Fall 2017/Spring 2018

**For more information or registration please phone,  
(780) 914-1775, or e-mail [zuzana.bado@gmail.com](mailto:zuzana.bado@gmail.com)**

PROGRAM	AGE	TIME	FEE	DAY	LOCATION	NOTE
Gymnastics	5-12	TBA	\$50	Wednesday	TBA	Body suit & bare feet
Dance Classes	3 yrs	TBA	\$100	Tuesday	Dunluce Hall	Pink tights, Black body suit
Ballet & Tap	4+5 yrs	TBA	\$120	Tuesday	Dunluce Hall	Ballet shoes, Tap shoes

## Would You Like To Volunteer Dunluce Community League CDRS Representative

Dunluce Community League is looking for a CDRS (Castle Downs Recreation Society) Rep.

You will attend a monthly CDRS meeting and report back to Dunluce Community League.

If you would like to volunteer for this position, please contact our President Nadine at: [president@dunlucecl.ca](mailto:president@dunlucecl.ca) or call her at 780-982-6260.

Thank-You

## FOLLOW US! LIKE US!

Never miss another community event or announcement by liking our "Dunluce Community League" Facebook page and following us on twitter (@dclyeg)



## FITNESS CLASSES

Dunluce Community League has FAT BURNING & STOMACH FLATTENING WORKOUT

Dunluce Hall  
11620 - 162 Ave  
Tuesday & Thursdays  
8:00 to 9:00 PM

Prepaid registration is only \$80 for 20 classes or drop in for \$10

For more information call Zuzanna at 780-914-1776  
AFLCA Certified

## Upcoming Bingos

**If you have an upcoming Bingo please see dates below and you will also be receiving a call as a reminder. If you have any questions or you have not received a registration bingo date, call**

**Angela- 780-920-8999**

**Dates are as follows:**

**November 2nd, December 2nd, 2017 January 2nd 2018. All Bingos are at Kensington Bingo Hall unless otherwise stated.**



## Dunluce Family Halloween Dance Sat. Oct. 28

**Doors open at 5:00 p.m., Supper 5:30 - 6 p.m.**  
Costume parade and dance to follow  
Dunluce Community Hall, 11620 - 162 Ave

**TICKETS \$10/person.** (under 12 months free). Licensed cash bar and kids candy concession.

Call Lorna at 780-456-4596

**\*Advance tickets only**, NO tickets available at the door  
**\*\* Adults must remain with all children under 17 years old**  
**\*\*Absolutely no outside food or drinks allowed**





## General Dentists

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Dr. Jonathan Skuba  
Dr. Lisa Bergt  
Dr. Amanda Skuba  
Dr. Irvine Skuba

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An illustration of five people in business attire sitting around a long table. Above them are speech bubbles: a lightbulb, three dots, two dots, and one dot. On the left, a person is pointing at a presentation board showing a line graph. On the right, a person is faded out, with a question mark in their speech bubble, representing someone who has faded into the background.

**DON'T FADE INTO THE BACKGROUND**

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# Lorelei Beaumaris News

## 2017-2018 Lorelei-Beaumaris Board of Directors

President	Sonya	presidentlbcl@gmail.com
Vice President	Silvija	vicepresidentlbcl@gmail.com
Secretary	Mouna	secylbcl@gmail.com
Treasurer	Ghaida	treasurerlbcl@gmail.com
Ways and Means	Lila	waysmeans@gmail.com
Past President	Cody	<a href="mailto:pastpresidentlbcl@gmail.com">pastpresidentlbcl@gmail.com</a>
Gaming Directors	VACANT	<a href="mailto:bingolbcl@gmail.com">bingolbcl@gmail.com</a> & <a href="mailto:casinolbcl@gmail.com">casinolbcl@gmail.com</a>
CDRS Representatives	Jen & Julia	cdrslbcl@gmail.com
Sports Director	Ghaida	sportslbcl@gmail.com
Social Directors	Sabrina & Hanadi	sociallbcl@gmail.com
Memberships	Sabrina	memberships lbcl@gmail.com
Communications	Oksana	commmlbcl@gmail.com
Community Safety Directors	Jennifer	communitysafetylbcl@gmail.com
Website	Oksana	commmlbcl@gmail.com
Playschool Information	Ashley	<a href="http://www.loreleibeauamarisplayschool.com">www.loreleibeauamarisplayschool.com</a>
General Manager	Maria	<a href="mailto:hallrentalslbcl@gmail.com">hallrentalslbcl@gmail.com</a> 780-686-4415
City of Edmonton Community Recreation Coordinator		Rochelle Diederichs <a href="mailto:@edmonton.ca">@edmonton.ca</a>

**LBCL Website:** [www.lbcl.ca](http://www.lbcl.ca)

**Facebook:** <https://www.facebook.com/loreleibeauamaris>

**Twitter:** <https://twitter.com/LBCommLeague>

**NOTE:** If you are having issues contacting someone please contact our Hall Manager who will pass on your message. **If you are interested in filling any open positions or would like to get involved please send an email to our president at presidentlbcl@gmail.com.**

## Thank you! Thank you!

Special thanks go to **Warren Bertholet** from the **Winspear Centre** for donating new light fixtures for the Lorelei Beaumaris Hall and to **DBI Systems Integration Inc.** for media system equipment and system design. We are also very grateful to **Jonas & Trevor Duffy** from **Jonas Duffy Sound Services** for the installation!

**Our Family Fun Day** was a great success thanks to our amazing volunteers. We would not be able to organise this awesome event without the contributions and support of **Baba's Donair, Paradiso Bakery and El Safadis**. Thank you very much!!!!

We are extremely grateful to **Youssef Chebli and OES Group LLP Chartered Professional Accountants** for all the help and assistance in our financial audit! They took a huge weight off of our shoulders. We are looking forward to to our continued cooperation!

## Call for donations of used equipment

If you have gently used and unnecessary helmets or skates that collect dust in your garage please consider donating them to the Lorelei Beaumaris Community League. They will be put to a good use by the community children.

We can arrange drop-off or pick up at your convenience.  
Please contact Maria (780) 686-4415

## Vacant Board Positions

The Board of Lorelei Beaumaris Community League has a couple of vacant positions! If you would like to improve your organizational skills, get an experience in non-for-profit setting, while helping your community and having fun please contact us!!!

### *We are looking for GAMING Directors*

Main duties: help to organize volunteers for Bingos

No experience required. We will provide any necessary training. You will not be carrying all the responsibilities alone, but will be working in a team.

If you are interested, please contact Oksana at 780-990-4696 or email: [commmlbcl@gmail.com](mailto:commmlbcl@gmail.com)

*Many hands make the work light!*

### *Thank you from Thomas Deak*



I would like to thank all those in the community who voted for me as their choice for Edmonton Public School Trustee in Ward A.

Regards,  
Thomas Deak

## Upcoming Bingos



Our bingo dates, held at Kensington Bingo Hall from 4:45pm - 9:45pm

**Thursday, November 23, 2017**

**Wednesday, December 20, 2017**

**Monday, January 22, 2018**

**Wednesday, February 14, 2018**

If you are scheduled for a bingo, Emily will give a courtesy phone reminder about a week prior (to the number you wrote down at registration time. You also have your parental commitment date on your copy of the registration form).

## Outdoor Rinks

Are you looking for somewhere to play shiny or somewhere to practice skating where you can hang on to the boards, or somewhere you can work on that single axel?

Lorelei-Beaumaris is planning to have ice rinks available for you!

Access to the rink is free with your 2017-18 skate tag or community membership card; a drop-in fee for non-members will be available.

We have some skates and helmets available to lend if you need some gear.

Rink hours has not been confirmed at this time.

Once days/times have been confirmed, we will post this information on our website [www.lbcl.ca](http://www.lbcl.ca) or our facebook page <https://www.facebook.com/loreleibeauamaris>

We will do our best to have the rink open as scheduled weather permitting. (The rink will be closed at -20°C w/ wind-chill or above +1, or in heavy snow conditions.)

*For bingo inquiries please contact our President Sonya at [presidentlbcl@gmail.com](mailto:presidentlbcl@gmail.com)*

**Advice when volunteering at Bingo:** Wear comfortable shoes, as most jobs require you to walk around the bingo hall for the shift.

Please don't plan on texting friends or standing on the sides; we are expected to focus on our job and circulate throughout the room.

You will get a 25 minute break which allows you to sit and relax and you can have a meal from the concession stand for free.

Do call-backs quickly (calling out the bingo winner's number) which speeds up the games and gets you out earlier.

Have fun; visit with your community members as you walk around, and think of all the good you are doing for your community and your body (it is exercise too!).

Please consider volunteering! **\$50 Tiger bucks will be given for each volunteer spot filled.**

Tiger bucks can be used for soccer registration fee or hall rentals.

## Scrapbooking and Paper Crafting

Want a great way to escape the hustle of life and capture the moments that will last a lifetime? Join the crafty scrappers at Lorelei-Beaumaris Hall (16220-103 street) for an upcoming mini-retreats on:

### • *November 18, 2017*

You will have the time and space to scrapbook your favorite pictures either traditionally or digitally or do your card making, paper crafting and stamping.

Digital Tid-bits will now be included free in Funcrops, instead of being at a separate paid event. You will have unlimited use of all Tannis' tools - including Cricut Expressions machine, and cartridges, Cuttlebug and dies, and scanner for conversion to digital file (must have your own USB), a limited amount of supplies will be available for purchase.

Coffee, muffins in the morning, light snacks in the afternoon and some kind of tasty food for supper.

Please contact Tannis for more information [photos@telusplanet.net](mailto:photos@telusplanet.net) (780) 885~1647 <http://lbcl.ca/scrapbooking>

**A GROWN-UP  
FIELD TRIP**



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**\$40  
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- ONE LOWER BOWL TICKET TO AN EDMONTON ESKIMOS HOME GAME IN THE BP PARTY ZONE
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- A DOMESTIC BEVERAGE

Must be legal drinking age. Ask your server for more details.

**+ AN OPPORTUNITY TO  
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**13931-140 St. (By Leon's)**

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~ Will your child be 3 on or before January, register now for January start

~ Watch our website for upcoming Open House Dates

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**For More Information or to Register**  
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**Edmonton North  
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**15387 Castle Downs Rd.**  
Across from Sobeys &  
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- Porcupine quill removal
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Hours: Mon - Fri 8:00 am to 6:00 pm Sat 9:00 am to 2:00 pm



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## Memberships

Do not forget to purchase your Community Memberships for 2017-2018! They are valid until August 31, 2018.

Family memberships are \$25 and singles or seniors are \$15.

Lorelei-Beaumaris community league membership can be purchased:

- Mac's Convenience Store - Beaumaris (by Lakeside Landing - 113A street & 153 Ave).
- online by visiting Edmonton federation of Community Leagues (family memberships only, administration fee applies)
- directly from the league. Please email memberships@lbcl@gmail.com

Your community league membership provides you with many benefits:

### FREE SWIM at

- Castle Down YMCA (Saturdays 6:00-8:30pm);
- O'Leary (Saturdays 3:45-5:45pm);
- Londonderry (Sundays 4:25-5:45pm);
- Grand Trunk (4:15-5:45pm).

### FREE SKATE at

- Castle Down Rec Centre( Saturdays 11:45am -1pm, October - March)
- Lorelei Beaumaris community outdoor rink (Tuesday and Thursday 6:00-9:00pm; Saturday 1:00-6:00pm; Sunday 1:00-5:00pm);
- Various outdoor community rinks (check availability with each community)

### FREE community events

**DISCOUNT** for rental of Lorelei Beaumaris community hall

**DISCOUNT** for City of Edmonton Rec Centre passes, etc.

For more information please see our Facebook page <https://www.facebook.com/loreleibeamaris/> or website <http://lbcl.ca/memberships/>

## Hall Rentals

Lorelei-Beaumaris Community League has the largest Hall facility in Castle Downs.

- Hall dimensions are approximately 60 ft x 52 ft (bar to wall)
  - Accommodation for 448 guests (non-fixed seats), 354 (non-fixed tables & seats), 280 (dining and beverage).
  - Air conditioned, pot lighting, coatroom, wheelchair accessible washrooms
  - Raised stage setting (stage dimensions 13 ft x 20 ft wide)
  - Stage risers for the floor area (Risers consist of 5 units (ea 4' x 8') for a total raised floor stage setting of 20' x 8', grey carpeted & black skirting - \$100 with main hall rental)
  - Black lecturn (podium)
  - 30 - 5ft round tables, 40 - 6ft rectangular tables 2 - 3ft accent tables
  - Full, commercial kitchen with natural gas stove & ovens
  - Spacious wet-bar area with bar-fridge and ice machine
  - Large BBQ available (cooks up to 65 burgers or 126 hotdogs all at once)
  - Multi media system available for powerpoint, slideshows, videos, etc...
  - We do not have linens or chair covers. Event rental companies will be able to assist you with these items.
- All Rates include GST:
- \$710 - Fri 4:00pm - Sunday noon (Note: Sept.- May full weekend bookings must be made at least 8 weeks in advance)



- \$450 - Friday or Saturday
- \$240 - all day Sunday
- \$40 hourly rate (weekdays and Sundays)
- \$300 - media system rental
- \$35 - music (if recorded music of any sort is played - Socan & Resound tariff)
- \$100 - 20'x8' floor level stage risers (carpeted and skirted)
- \$75 - Large BBQ (cooks up to 65 burgers or 126 hot dogs at once)
- \$50 - dishes rental (plates, cutlery, glassware, limited small wares)
- **Deposits** on ALL Rentals: Hall \$500 Media \$800 (Hall + Media = \$1300)
- \*\* Please note that all contracts signed for hall rentals will be required to purchase Renters Insurance for their event date at Lorelei Hall. We will give them the link to FPB Insurance to do this online. \*\***

\* Discounts may be available to LBCL Members who are booking for their use. Please talk to the hall manager for more information.

Feel free to call Maria 780-686-4415 for questions regarding hall rentals or to make an appointment to view the hall. Leave a detailed message or email [hallrentals@lbcl.ca](mailto:hallrentals@lbcl.ca) for more information.

For photos of our hall please visit our website at [www.lbcl.ca](http://www.lbcl.ca) or our Facebook page at <https://www.facebook.com/loreleibeamaris>

## holiday Craft Fair

Lorelei Beaumaris Community would like to invite you to our **Community Craft Fair**.

When:

**Friday, December 8 6pm - 9pm**  
**Saturday, December 9 9am-4pm**

Where:

Lorelei Beaumaris Community Hall  
16220-103 street

Table rental: \$10

To reserve your spot contact Sabrina @ 780-707-9342 or [sabrina.passions@gmail.com](mailto:sabrina.passions@gmail.com)

**First come, first serve, so book now. Tables must be paid for to guarantee your reservation.**

## Lorelei-Beaumaris Community Playschool

Classes Offered (9:00am-11:15am)

**3/4 year olds Tues & Thurs, \$90.00**  
**4 year olds Mon/Wed/Fri, \$135.00**

To register, please contact our registrar Ashley at: [ashley21\\_miller@hotmail.com](mailto:ashley21_miller@hotmail.com) or 780 340-1328

For more information or to see what we have been up to please visit the playschool website <http://www.loreleibeamarisplayschool.com>

## Welcome to Indoor Soccer Season

Congratulations to our amazing soccer teams and their great coaches on the beginning of the season!!!

*Make friends and have fun!*

*Soccer Director*  
*Ghaida Daher*

### U6 team

Coach: Summer-Holly Alaina Caissie  
Assistant coach: Devon Skylar William Suley  
Manager: Andrea Jomha

### U8 team

Coach: Susan Chalmers  
Assistant coach: Mark Ewanyshyn

### U10 girls team

Coach: Luis Delgado  
Assistant coach: Oksana Delgado

### U10 boys team

Coach: George Harriott  
Assistant coach: Shanesha Harriott  
Assistant coach: Sonya Harriott

Team official: Anthony Villeneuve  
Manager: Shariefah Assaf

### U12 boys team

Coach: Luis Delgado  
Assistant coach: Jose Delgado

## City Services & General Information

Visit [www.edmonton.ca/311](http://www.edmonton.ca/311) or call 311 for information and access to City of Edmonton programs and services such as:

- Inspections, licenses, permits
- Comments, commendations, bylaw complaints
- Roadway & waste management information
- Program registrations and bookings
- Transit information

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Castle Downs Recreation Society Fundraiser

**33<sup>rd</sup> Annual  
CASTLE DOWNS  
VARIETY  
SHOW**

"I'VE GOT A SECRET"

**\$15**

• Adult Sketch Comedy • Live Band  
• Licensed Bar & Snacks

**Caernarvon Community Hall**  
14830 – 118 St. Edmonton


**2017 Show Dates:**  
**October 13\*, 14\*, 20, 21, 27, 28    November 3, 4, 10, 11**


**Tickets \$15** (\* Opening Weekend Special - only \$10)

**Advance Ticket Sales at Caernarvon Community Hall**  
Available Sundays, 7 - 9 pm starting September 10<sup>th</sup>

Reserved seating for groups of 8+. Outside food encouraged!  
No outside drinks. No minors. Doors at 6:30 pm. Show at 8:00 pm.

[www.castledowns.ca](http://www.castledowns.ca)  
Join us on Facebook


 Box Office  
(780) 406.9070

  
CANADA 150

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PEOPLE OF  
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If I can be of assistance to you on any federal matter,  
please do not hesitate to contact my office.

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## Teen Driver Safety

Driving is a risky experience for all of us but it is most risky for teenagers in their first year of unsupervised driving. Car crashes are the leading cause of death among teens in Alberta. Not all risk is bad; risk is a necessary part of healthy teen development. It is important that teens take Smart Risks when driving. For more information on the smart risk approach visit: <http://www.albertahealthservices.ca/injprev/Page4880.aspx>

Encourage your teen to look first. This means being

prepared to drive, every time, by checking road conditions and mapping routes before they get into their car. It is also important to check tires, adjust seats and rear-view mirrors before driving. Remind your teen to buckle up, no matter how short the drive. It is the law. Teens can get trained by taking a driver's education course from an unbiased expert who has years of experience teaching new drivers. Enforce with your teen that it is the law to drive sober. Set a rule against drinking and driving.