

# CASTLE NEWS

Serving the community leagues of  
Baturyn, Caernarvon, Carlisle, Cumberland/Oxford,  
Dunluce, Lorelei/Beaumaris

July 2019



Published by Calder Publications. To advertise please call 780-918-0336 or email [josh@communityleagueneeds.com](mailto:josh@communityleagueneeds.com)



## CASTLEDOWNS VARIETY SHOW "An Evening of Adult Comedy"

[www.castledowns.ca](http://www.castledowns.ca)

Box 31075 Namoo Center, Edmonton AB T5Z 3P3

Phone (780) 406-9070

### 2019 Castle Downs Variety Show

**Cast, Crew and Committee Call**  
35<sup>th</sup> Annual Variety Show Wednesday August 28<sup>th</sup>, at 7:00 pm  
Caernarvon Hall 14830 -118 Street

If you would like to be on the committee, on stage or behind the scenes come on out and meet committee, the writers and directors, returning cast and crew members. Check us out to see if you would like to get involved. This is a Restricted Adult Comedy; you must be at least 18 years of age to participate. If you have any questions please email:

[varietyshow@castledowns.ca](mailto:varietyshow@castledowns.ca)

Check us out on Facebook Castle Downs Variety Show or Website:

[www.castledowns.ca](http://www.castledowns.ca) and click on Variety Show.

**EINSTEIN'S ATHLETES**  
SPORTS & SCIENCE

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ALL IN ONE: TEAM CHALLENGES

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AT THE GATEWAY ALLIANCE CHURCH LOCATION.  
EMAIL US AT [edmonton@sportball.ca](mailto:edmonton@sportball.ca) FOR DETAILS!

LORELEI-BEAMARIS COMMUNITY LEAGUE

**FAMILY GAMES DAY**

**JUNE 29TH**  
**2PM - 4PM**

JENGA, CONNECT FOUR,  
HORSESHOES, AND OTHER VARIOUS  
**BOARD GAMES**  
POPCORN AND FREEZIES!

## CANADA DAY PARTY IN THE PARK

Free Fun for All Ages  
Noon - 4 PM



Park at the YMCA and Take  
the Hayride to the Park

Glitter Tattoos, Jumpy Tents, Photo Booth,  
Cotton Candy, Popcorn, Balloon Artists, Music



# Baturyn News



## Community League Board Contacts

Positions are filled on a voluntary basis.  
If you are interested in board positions or would like to get involved, please contact the Board President at [president@baturyn.ca](mailto:president@baturyn.ca) to inquire about vacancies and opportunities.

Position	Name	Email
President	Tricia Stettner	<a href="mailto:president@baturyn.ca">president@baturyn.ca</a>
Vice President	Wayne Raymond	<a href="mailto:vicepresident@baturyn.ca">vicepresident@baturyn.ca</a>
Treasurer	Paul Petersen	<a href="mailto:treasurer@baturyn.ca">treasurer@baturyn.ca</a>
Secretary	Laura Bots	<a href="mailto:secretary@baturyn.ca">secretary@baturyn.ca</a>
Castle Downs Rec. Society Rep.	Rueben Tucker	<a href="mailto:CDRS_1@baturyn.ca">CDRS_1@baturyn.ca</a>
Castle Downs Rec. Society Rep.	Claudia Gonzalez	<a href="mailto:CDRS_2@baturyn.ca">CDRS_2@baturyn.ca</a>
Communications Director	Todd Lefevbre	<a href="mailto:communications@baturyn.ca">communications@baturyn.ca</a>
Communications Assistant	Angela Ferguson	
Facilities	Earl Archer	<a href="mailto:facilities@baturyn.ca">facilities@baturyn.ca</a>
Membership Rep	Beth Holtby	<a href="mailto:membership@baturyn.ca">membership@baturyn.ca</a>
Playschool Director	Kelly Young	<a href="mailto:playschool@baturyn.ca">playschool@baturyn.ca</a>
Programs Director	Angela Ferguson	<a href="mailto:programs@baturyn.ca">programs@baturyn.ca</a>
Soccer Director	Candice Bevan	<a href="mailto:soccer@baturyn.ca">soccer@baturyn.ca</a>
Social Director	Jared Huston	<a href="mailto:social@baturyn.ca">social@baturyn.ca</a>
Volunteer Director	Claudia Gonzalez	<a href="mailto:volunteers@baturyn.ca">volunteers@baturyn.ca</a>

Board Meetings are generally held on the 1st Monday of the Month at 7pm

However, the June meeting will be held on **Sunday June 2<sup>nd</sup>** to accommodate outdoor sports season.

July & August: No Scheduled Meetings



Baturyn Community League  
Hall: 10505 172 Avenue  
Phone: 780 - 707 - 2047  
Website: [Baturyn.ca](http://Baturyn.ca)

### Planning a big party or hosting a big event?

Baturyn Community Hall may be the place for you; located between St. Charles Elementary School and Baturyn Elementary School, Baturyn Community Hall features a full commercial kitchen, bar, coat room, covered back patio with large BBQ, Fire Pit, & 2 boarded sports fields. For events involving children there is also a community playground located in front of the hall and basketball court located beside the hall.



#### Hall Features:

- Seating Capacity: 275
- Hall Size: 55ft x 65ft
- Tables: 43 rectangular tables (seats 8)
- Chairs: 275
- Wheel Chair Accessible
- Plenty of Parking
- Industrial Kitchen Appliances - Gas Stove, Walk In Fridge, Microwave, Freezer, Dishwasher
- Large Kitchen Preparation Space
- Separate Bar with 2 door fridge & freezer
- Large Dance Floor
- Air Conditioning

**Important note: Rental rates will be increasing once interior renovations completed. Book now for 2019 dates to receive current rates.**

#### Hall Rental Information:

Standard Rates	
Rental Period	Rates
Weekday Evenings	\$35/hr
Saturday 10:00 am - Sunday 10:00 am	\$425
Sunday 11:00 am - 5:00 pm	\$150
Sunday (Long Weekend)	\$250
Package Rates	
Rental Period	Rates
Friday 6:00 pm - Sunday 10:00 am	\$500
Saturday 10:00 am - Sunday 5:00 pm	\$550
Friday 6:00 pm - Sunday 5:00 pm	\$600

#### Notes & Exceptions:

1. All rentals require a signed contract.
2. Damage deposit is equal to the rental rate and will be refunded upon inspection of the hall after the event; final rental payment is due 30 days prior to the event.
3. Parking is constrained in the area and the parking lot is not available until after 5:00 pm during the school year.

To inquire about renting the hall, please email [rentals@baturyn.ca](mailto:rentals@baturyn.ca).

**Baturyn Community League**  
Proudly supporting the communities of  
Baturyn, Elsnore/Chambery (Castlebrook),  
Canossa (Castlewood), & Rapperswill (Newcastle)  
Website: [Baturyn.ca](http://Baturyn.ca) or find us on Facebook

## Become a 2018/2019 Member

Get your membership and enjoy the special perks of being a member.  
*Annual Memberships are valid from September 1<sup>st</sup> to August 31<sup>st</sup>.*

#### Membership Fees:

Family \$25.00

Single (16+) \$25.00

Senior (55+) \$10.00

(\$5 service fee applies to purchases made through efd.org or Servus Credit Union)

#### Membership Benefits:

- Access to community hosted events
- Free Access to all Community League ice rinks (with skate tags)
- Community League sports programs
- Free access to community swim times at the YMCA (Saturdays: 5:00 pm - 8:45 pm), Grand Trunk Fitness & Leisure Centre (Fridays: 7-9pm, Sundays: 4:15pm-5:45pm & Wednesdays: 8am-10am), O'Leary Fitness & Leisure Centre (Saturdays: 3:45pm - 5:45pm) and Londonderry Fitness & Leisure Centre (Sundays: 4:15pm-5:45pm)
- 20% discount on City of Edmonton Recreation Facilities Adult, Family, Child, and Youth/Senior annual passes or continuous monthly passes. 15% off Multi-Pass purchases. To learn more please call 311 or visit [www.edmonton.ca/wellness](http://www.edmonton.ca/wellness)
- 30% off all Cloverdale Paint products and up to 20% off all sundry items.
- 30% off all online orders at Papa John's Pizza for the rest of 2018 (to redeem, request a Papa John's promo card from [memberships@baturyn.ca](mailto:memberships@baturyn.ca))

Memberships are required to access programs offered by your Baturyn Community League.

**Get your membership today by going to  
EFCL.org or your local Servus Credit Union.  
Your membership fees help support the delivery of various**

## Baturyn Community Playschool

**Register for the 2019-2020 school year on  
Monday, Aug 26<sup>th</sup>, 2019 @ 6pm**

We offer a fun, play-based program that builds your child's social and academic skills. Students are introduced to the joys of learning by participating in in-school and out-of-school field trips, taking part in pre-reading, science and math projects, crafts, games, songs and music, kinder-cooking and daily physical activity.

LOCATION: Baturyn Community Hall, 10505 172 Avenue

COST TO REGISTER: \$45 non-refundable registration fee.

Registration is available on a first come, first served basis.



**For 3 year olds:** Tuesdays and Thursdays  
AM Class - 9:00am to 11:30am

**For 4 year olds:** Mondays, Wednesdays, and Fridays  
AM Class - 9:00am to 11:30 am  
or  
PM class - 12:45pm to 3:15pm

\*Child must be 3 years of age at the start of the playschool year for the three year old class. ALL children must be fully toilet trained for any class.

Find us on Facebook by typing [www.facebook.com/BaturynCommunityPlayschool](https://www.facebook.com/BaturynCommunityPlayschool)

For more information, please visit our website at  
[baturynplayschooledmonton.weebly.com](http://baturynplayschooledmonton.weebly.com)  
for more information on how to register.



NEIGHBOURHOOD  
SUMMER DAYCAMP

# COOL CREATIONS



DATE	TIME	AGES	COURSE CODE	COST
Tuesday - Friday July 2-July 5	9:00AM - 4:00PM	6-9 years	657275	\$135.20

**Baturyn Community League**  
10505 - 172 Avenue

Are you looking to learn new skills and make some really cool creations? This is the camp for you! Learn how to tie-dye, and try your hand at concoctions such as homemade chocolates and slime. You'll take home a new creation every day!

Registration Now Open!

To Register:

- Call 311
- Online at [move4learnplay.edmonton.ca](http://move4learnplay.edmonton.ca)
- In person at any City of Edmonton Recreation and Leisure Centre

Thank you to the Baturyn Community League for access to this facility

## FIND US ONLINE!

Want to know what's going on in your community?  
For community announcements and event information see:

-  [www.baturyn.ca](http://www.baturyn.ca)
-  [www.facebook.com/BaturynCommunityLeague](https://www.facebook.com/BaturynCommunityLeague)
-  [Baturyn\\_Community\\_League](https://www.instagram.com/Baturyn_Community_League)
-  #BCLYEG



## CASTLEDOWNS Dental Centre



**Dr. Tarek Tarchichi**  
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**780-456-2990**  
**11816-145 Ave**



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the whole family.**



**Dental Centre Hours**  
**Monday to Friday 8 am to 5 pm**  
**Saturdays 9 am to 4 pm**  
*We are closed on Sunday & Public Holidays*

At Castledowns Dental Centre, We are more than glad to offer you the following services:

- Root Canal Treatment
- White Fillings
- Wisdom Tooth Extractions
- Partial Dentures
- Dental Implants
- Sedation
- Crown & Bridges
- Veneers
- In office Zoom Teeth Whitening

We Accept:   

## Neighbourhood Watch

Baturyn Community League now has a volunteer Community Representative in the Edmonton Neighbourhood Watch program. We look forward to having a Neighbourhood Ambassador from each of the 5 communities, if interested please contact [programs@baturyn.ca](mailto:programs@baturyn.ca)

## Outgrown It Swap & BBQ – Aug 18<sup>th</sup>

Save the Date! On August 18th, BCL will be hosting an Outgrown It swap event with a free Block Party BBQ.

BCL members: 1st table free

Non-members/Additional table: \$20

Please contact [social@baturyn.ca](mailto:social@baturyn.ca) for more information. Registration and payment will be available on the website soon. Acceptable items include children's clothing, toys, books etc. This not a garage sale or vendor event.

## Cool Creations summer camp – July 2-5<sup>th</sup>

Cool Creations is a day camp put on by the city of Edmonton for 6-9 year olds. This camp will operate out of Baturyn Hall from 9am-4pm the week of July 2-5. Learn how to tie dye, make slime and more. What cool creations will your kid make? Find out more or sign up by calling 311 or online at [move4learnplay.edmonton.ca](http://move4learnplay.edmonton.ca) Course ID 657275

## Summer Porta Potties



Baturyn Board has once again voted to fund Porta Potties at the Baturyn, Chambery/Elsinore and Canossa green shack locations this summer. If you see any issues with these facilities, please contact [president@baturyn.ca](mailto:president@baturyn.ca)

## Early Indoor Soccer Registration – July 28<sup>th</sup>



Beat the rush and spread out the back to school costs by attending our early Fall Indoor Soccer Registration on July 28st. Watch the BCL signs for the time!

## WEISS-JOHNSON

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or book online at [weiss-johnson.com](http://weiss-johnson.com)

\*conditions may apply



# Caernarvon News

## Caernarvon Community League Executive

14830 - 118 Street NW, Edmonton AB  
Phone or Text (780) 456-3435

[president@caernarvon.ca](mailto:president@caernarvon.ca)  
[treasurer.ccl@shaw.ca](mailto:treasurer.ccl@shaw.ca)

President	Jennifer Schell
Vice President	Jason Desnoyers
Treasurer	Teena Burrell
Secretary	Kati Hutt
Bingo	Lynne Hellyer
Casino	Amanda Evans
CDRS	Danny Burrell Jennifer Schell
Communications	Rochelle Hara-simov D'Arcy Sommer
Equipment	Giovanni Borrelli Sandy Reda
Hall Maintenance	Ahmet Kaplan
Soccer	Jason Desnoyers
Social/Programs	Kati Hutt
Signs	Kody Overacker
Hall Rental	VACANT
Membership	VACANT
Variety Show (2)	VACANT

## POST-SECONDARY SCHOLARSHIP

The deadline for the Caernarvon Community League Post-Secondary Scholarship has been extended to July 2. This Scholarship recognizes a well-rounded individual of any age who is active in his/her community. The selection committee is looking for that person who is not necessarily the star of the sports team but shows up for every game and tries his/her best.

Caernarvon Community League invites applications for one (1) award of \$500.00. The scholarship is for use at any accredited Canadian university, college or post-secondary program. All monies will be paid directly to the institution. Candidates MUST:

- Be enrolled in a post-secondary institution for the 2019-2020 academic year;
- Be a member of an Edmonton community league; and
- Submit a written essay of 1000 words describing why they believe Community Leagues are important to the well-being of the community. The essay should demonstrate the candidate's positive attitude, good communication skills, and describe their involvement in their community (involvement may include volunteering, arts, and/or sports related activities).

Please forward your essay with full contact information to: [president@caernarvon.ca](mailto:president@caernarvon.ca) no later than July 2, 2019.

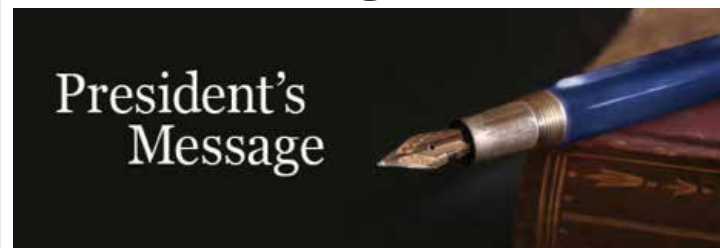
## Caernarvon Community Hall needs a Hall Rental Representative

Caernarvon Community League is looking for a Representative to handle the day-to-day duties of renting Caernarvon Hall. Reporting to the Hall Rental Director, this role is a paid position receiving \$750.00 per month. Duties include:

- Monitoring hall rental phone and responding to rental requests
- Meet with renters and show the hall
- Evaluate risk of renter and advise regarding required insurance
- Complete hall rental contract, collect deposits, fees, and damage deposit
- Maintain hall rental spreadsheet and online calendar
- Act as contact for renter questions
- Coordinate key drop-off with renter
- Complete hall check-in/check-out procedure and speak with renter regarding any damage
- Liaise with Treasurer for damage deposit refunds
- Estimated commitment: 6-7 hours per week

Candidates must be able to successfully obtain a police check, be comfortable working with Excel and Microsoft OneDrive, and have good communication skills. If interested, please send an email with references and experience to: [president@caernarvon.ca](mailto:president@caernarvon.ca)

## President's Message



Soccer is in full swing, and it's great to see all the Caernarvon players out there on the field! A huge thank you to our Soccer Director, Jason Desnoyers, our Treasurer, Teena Burrell, and all of our volunteer Coaching staff for doing so much to support the Caernarvon soccer teams. Keep your eyes posted for registration dates for the indoor season, we'll put them on our Facebook page and on the Hall Signs so you won't miss them.

Interested in starting a Community Garden? Do you have a green thumb, or want to learn how to grow your own food? Maybe you are passionate about eating local? Do you have food security concerns? If you answered yes to any of those questions, we would like to hear from you! We also want to start a Community Garden, but we can't do it without the help of a motivated group of volunteers. Even if you only have a small amount of time to give, remember that many hands make less work for all. Email [president@caernarvon.ca](mailto:president@caernarvon.ca) if you want to help.

Caernarvon Community Hall will be the site of a City of Edmonton Summer Daycamp, "Nature Friends," a full day camp running the week of July 9. Caernarvon Park will also have an afternoon Green Shack this summer, starting July 2. Look for the advertisements in these pages for more information including dates, times, and how to register.

We would love to fill our vacant Variety Show Representative positions on our board. The Castle Downs Variety Show is a volunteer-run fundraiser for the Castle Downs Recreation Society, and is in its 35th year of production!! Together with a dedicated Committee, Variety Show Representatives help with the organization of the Castle Downs Variety Show, with the bulk of the commitment happening in the late summer/fall months. If you haven't had an opportunity to experience the Variety Show, this is your chance!!

## Hall Rentals

If you are looking for a site to host your next big event, give the Caernarvon Community Hall a try! It is wheelchair accessible. We are one of the only halls in the city that cleans up after your event.

The Hall includes a coat room, raised stage with sound system, full kitchen with brand-new Commercial gas stove and two ovens, wet bar, glass door refrigerators, plenty of kitchen prep space, choice of round and rectangular tables.

### Seating Capacity



250 guests for Theatre-style seating  
220 guests seated at tables, no dance floor

185 guests seated at tables with a dance floor

Please call or text 780 456-3435 if you have questions or would like an appointment to view the facilities.

### Hall Rental Rates

Hourly (Mon-Thurs):

Boardroom \$20, Hall \$35

Daily Sun-Thursday: Hall \$300

### Weekend Rates

\$650: Fri-Sun

\$550: Friday and Saturday

\$550: Saturday and Sunday

\$450: Saturday only

\$400: Friday only

### Add-Ons

Large BBQ \$50, Popcorn machine \$50, Dishes Rental \$100 (plates, cutlery, glassware, some small wares)

### Damage Deposits

Daily Rental: \$1000, Hourly Rental: \$250

If you don't see your arrangements of dates or times, please call or text 780 456-3435 for a quote from our rental directors.

## NEIGHBOURHOOD SUMMER DAYCAMP

## NATURE FRIENDS



DATE	TIME	AGES	COURSE CODE	COST
Monday - Friday July 29-August 2	9:00AM - 4:00PM	6-12 years	657283	\$188

## Caernarvon Community League

14830 - 118 Street

Have fun being green this summer! Explore your community and the nature spaces that it has to offer. Go on nature walks, play nature games outside, and have a picnic in the park with your new friends. Each day you will create a new environmentally friendly craft, and to wrap up the week, you will enjoy a field trip!

Registration Now Open!

To Register:

- Call 311
- Online at [movelearnplay.edmonton.ca](http://movelearnplay.edmonton.ca)
- In person at any City of Edmonton Recreation and Leisure Centre

Thank you to the Caernarvon Community League for access to their facility

## Caerny Bucks



Caerny Bucks are worth \$50 and given to people who work extra bingos when they cannot otherwise be filled. These valuable credits can be put towards registered programs such as soccer registration, YMCA memberships, or City of Edmonton registered programs.

If you would like to be included on the Caerny Buck list to work Bingos please contact our Bingo Director Lynne Hellyer through our Facebook page, or leave a message/text 780-456-3435.

## Facebook



Keep up to date in our community with registrations, events, sports, and so much more! Look up "Caernarvon Community League" and select "Like" and "Follow."

## Carlisle Community League Executive

Position	Filled by	Phone
President	Krista Hennigar	780- 951-7627
Vice-President	Heather Magnes	780-903-3583
Treasurer/Grants	Myer Valeriano	780-907-1198
Membership	Jolene Reinhardt	780 819-0236
Secretary	Tara Pohl-Gobeil	780-218-3399
Buildings and Grounds	Ryan Simpson Rob Jarowka Jeff Reinhardt	780-267-7777 780-910-9450 780-819-0239
Volunteer Coordinator	Moira Hennigar	780-616-3898
Newsletter Editor/Website	Michael Foster	780 991-4738
Soccer Director	Rob Lewis	<a href="mailto:carlisesoccerdirector@gmail.com">carlisesoccerdirector@gmail.com</a>
Program Director	Diane Neiman	780-457-6239
Variety Show Representatives	Sharda Persaud Sharla Sagert	780-340-7313 780-717-3689
CDRS Representatives	VACANT Kerri-Lynn Parker Krista Hennigar	780 554-7037 780-951-7627
Hall Rental Director	John Paul Potestio	780-993-3503
Social Director	Kara Henebury	780-995-2444
Casino Director	Sonya Harriott	780-862-1653



## Hall Rental

**Members \$300 and  
Non-Members - \$350**

**Rental Inquiries Contact  
Hall Rental Director  
John Paul Potestio  
@ 780-993-3503**

## Memberships

to purchase your community membership please contact Jolene at 780-819-0236.

## FITNESS CLASSES

### FAT BURNING & STOMACH FLATTENING WORKOUT

Mondays and Wednesdays 7:00-8:00 pm  
All levels welcome--beginner to pro  
Prepaid registration is \$80 for 20 classes  
or \$10.00 for drop in.

For more information, call Zuzana at  
(780) 914-1775. AFLCA Certified

Instructor

### GYMNASTICS - Ages 5-12, Wed. 5:30-6:30 pm

For more information and registration,  
please contact Zuzana at (780) 914-1775

### NEW - Ladies only Fitness

Wednesdays 10:00-11:00 am

Fee \$50 / 10 classes

For more information and registration,  
please contact Zuzana at (780) 914-1775

For all of the above programs, please  
note that you require a yearly membership  
from a community league in Edmonton or a  
yearly membership from Carlisle Commu-  
nity League and can be purchased at a cost  
of \$25.00. If you have any suggestions or  
questions about Programs, please call Diane  
Neiman, Program Director at 780-457-6239.

## YOGA CLASSES

For anyone who wants to stretch and  
learn basic yoga postures ending with  
relaxation. Beginners are welcome.  
Thursdays 7:30-08:30 pm  
Prepaid registration is \$40.00 for 10

classes

or \$10.00 for drop in.

For more information, call Yvonne at  
(780) 297-3147. YAA Certified Instruc-  
tor

## Splash safely this summer

Summer and water go together like pea-  
nut butter and jam—how can you have one  
without the other?

Summers in Canada are earmarked for  
outdoor fun, such as swimming, boating and  
other water-related activities. As pleasurable  
as water can be, it has some serious risks.  
Here's how you and your family can reduce

them.

### Pool safety:

Teach your child to swim. Always closely  
supervise children when they're in and near  
water.

Have adequate barriers around backyard  
pools to keep everyone safe and secure.

Open water safety:

## Denture Specialist - Over 35 Years Experience

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\*Some conditions and  
restrictions apply.

[www.londonderrydentureclinic.com](http://www.londonderrydentureclinic.com) 13594 Fort Rd. Northeast Edmonton

Teach children to swim parallel to shore if  
caught in a water current.

Never allow children to swim in a lake if  
an adult is not present; be within arms' reach  
at all times.

Never let small children swim in rivers or  
other fast-moving water.

Boating safety:

Life jackets are mandatory for all children  
and adults in Alberta while on a boat.

Blow-up water rafts, mattresses or other

devices are not safe replacements for a life  
jacket.

Make sure your life-jackets are the right  
sizes for you and your children.

Diving safety:

Diving headfirst into the water is not safe  
for children or adults without proper training  
and confirming water depths.

Enter backyard pools, lakes and other  
bodies of water with unknown depths gradu-  
ally and feet-first.

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# Castledowns Dental


## General Dentistry



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Interested in having your **brain** scanned for research?

We are looking for **healthy volunteers** (ages 5-95) to undergo an **MRI of their brain** for research

If you would like to learn more, please **contact us** by  
 e-mail: [brainmri@ualberta.ca](mailto:brainmri@ualberta.ca)  
 or phone: **(780)983-7232**



### All types of play build skills

Play is the foundation on which children build life-long skills and positive relationships with themselves and others.

Who will be the princess and who will be the pony? How will we get across this lava to safety? In a make-believe world, those kinds of big, creative decisions build healthy bodies and minds. Children learn to build and explore their world and their relationships with others.

“Children are usually told to brush their teeth and go to school, where to sit, which clothes to wear and when to go to bed,” says Laura Crawford, program facilitator with Alberta Health Services’ Early Childhood program. “Play lets them take the lead. It helps them balance those daily routines and unwind by doing things the way they want to.”

When kids lead play, they develop self-esteem and confidence. They learn to be creative and solve problems; their language skills grow. And when they name objects and describe their feelings, they make vital brain-cell connections that support learning and understanding.

Children play in different ways. Active play is running, jumping, kicking, throwing and catching. It gives children the chance to explore how their body moves, and move in increasingly complex ways. Pretend play

is using imagination and acting out scenes and situations. It lays the foundation for language, literacy and problem-solving.

Creative play is making arts and crafts, building sandcastles and more. It lets children use their hands and minds to create. And it helps them learn to express themselves and tune their fine motor skills. Play can also provide a valuable emotional release. Children may not always have the words to express their feelings, but they can express them by playing a role, drawing a picture or telling a story. By playing together, kids learn to empathize with others and understand the give-and-take of relationships.

“The play experience helps children to broaden their understanding of the world. They learn how to get along with others, share, make friends, take turns and express themselves and their ideas,” Crawford says.

“Play is the foundation on which children build lifelong skills and positive relationships with others and themselves. They need to play every day.”

Read the full article in Apple magazine’s fall 2017 issue on [applemag.ca](http://applemag.ca).


To find out more about ‘What’s your balance?’ visit [ahs.ca/whatsyourbalance](http://ahs.ca/whatsyourbalance). You can also join the conversation on social media by using the hashtag #AHSwhatsyourbalance




# HAPPY Canada DAY

Please join me at the  
**CDRS Celebrations**  
on July 1<sup>st</sup>

Castle Downs District Park  
11520 153 Ave NW





## Nicole Goehring



MLA, Edmonton - Castle Downs

780-414-0705  
edmonton.castledowns@assembly.ab.ca  
12120 - 161 Avenue, Edmonton, Alberta T5X 5M8



## GOT A TEAM? EARN 10% BACK WITH TEAM HQ!

Got a team? Get rewards! Team HQ is our way of supporting teams in your community – so get in on the action!

**Step up, sign up!**  
Collect 10% of what you spend on each receipt at Boston Pizza.



### Get 50% off\* any medium or large pizza!



\* Buy **ANY** medium or large pizza and get your second medium or large for **half the price**. Just add two pizzas to your cart and we'll automatically apply the discount to your order.

Boston Pizza  
Namao



780-456-5554  
16521 97 Ave



## LCDS Preschool & Kindergarten

13931-140 St. (By Leon's)

### Taking registrations for the 2019/20 school year!

Afternoon spots still available

Check our website for further information

- ✓ Spacious bright environment
- ✓ Friendly, experienced staff
- ✓ Classroom teacher holds a B.Ed. Degree
- ✓ All staff have appropriate certification and criminal record checks
- ✓ Choice of attendance days
- ✓ Regular field trips
- ✓ Class parties
- ✓ Mild speech & language services for children who qualify (deadlines apply)
- ✓ Great parking, easy access
- ✓ Non-denominational





### For More Information or to Register

780-473-7216 or [www.lcdskids.com](http://www.lcdskids.com)



Connexions Cafe  
12644-137 Ave  
(next to Lavish salon)  
780-249-2696  
[connexionscafe.com](http://connexionscafe.com)

## Weekend Breakfast Special!

**\$8**

Includes sausage, eggs, hash brown and toast.  
Plus free coffee!

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## FALL CLASSES & SUMMER CAMPS

Registration NOW Open!

Register online or in person at:  
[www.dynamyxgymnastics.com](http://www.dynamyxgymnastics.com)  
25 Chisholm Ave, Bay 104, St. Albert  
Located in the Campbell Park Business area



780-458-3153

BIRTHDAYS • \$169 • SATURDAYS & SUNDAYS



# Cumberland/Oxford News

## Cumberland Oxford Community League

Website: [cocl.org](http://cocl.org); Facebook: <https://www.facebook.com/COCLEdmonton>

### Executive Board

Position	Name	Email
President	Justin Yerichuk	<a href="mailto:President@cocl.org">President@cocl.org</a>
Vice President	Todd Boyer	<a href="mailto:VicePresident@cocl.org">VicePresident@cocl.org</a>
Treasurer	Helena Zheng	<a href="mailto:Treasurer@cocl.org">Treasurer@cocl.org</a>
Secretary	Christine Crowe	<a href="mailto:Secretary@cocl.org">Secretary@cocl.org</a>
Baseball Director	Michelle Innes	<a href="mailto:baseball@cocl.org">baseball@cocl.org</a>
Bingo Director	Heide Morden	<a href="mailto:coclbingo@gmail.com">coclbingo@gmail.com</a>
Bingo Director, Assistant #1	<b>Vacant</b>	
Bingo Director, Assistant #2	<b>Vacant</b>	
CDRS Representative	Vini Buecken	
CDRS Representative	Lynnette Thompson	
Communications Director	Drake Farmer	<a href="mailto:communications@cocl.org">communications@cocl.org</a>
Director at Large	Vanessa Forester	
Director at Large	Rosemary Sibanda	
Director at Large	Brittany Yerichuk	
Director at Large	Christa Gagnon	
Director at Large	Salam Yousef	
Fundraising Director	<b>Vacant</b>	<a href="mailto:fundraising@cocl.org">fundraising@cocl.org</a>
Membership Director	Jeff Deptuck	<a href="mailto:membership@cocl.org">membership@cocl.org</a>
Neighborhood Watch Director	<b>Vacant</b>	
Past President	Calvin Cazes	
Capital Projects Director	Chris Cebula	
Registration Director	Laurie Lachine	
Registration Director	Laurie Lachine	
Soccer Director	Dan Poon	<a href="mailto:soccer@cocl.org">soccer@cocl.org</a>
Soccer Director, Assistant	Tim Atlee	<a href="mailto:boys.soccer@cocl.org">boys.soccer@cocl.org</a>
Soccer Director, Assistant	Carol Cimino	
Social Director	Kismat Othman	<a href="mailto:programs@cocl.org">programs@cocl.org</a>
Social Media/Website	Drake Farmer	<a href="mailto:communications@cocl.org">communications@cocl.org</a>
Variety Show Director	Vanessa Latos	
Variety Show Director #2	<b>Vacant</b>	
Volunteer Director	Pam Ushkowski	<a href="mailto:volunteer@cocl.org">volunteer@cocl.org</a>
Volunteer Director	Lydia Chan-Kruska	



COCL Board Positions are filled on a voluntary basis. If you are interested in board positions or would like to get involved, please contact the Board President at [president@cocl.org](mailto:president@cocl.org) to inquire about vacancies and opportunities.

## Community Garden

Rent a garden bed for the year and see what you can grow! Each raised bed includes:

- High-quality soil and compost
- Tool access
- Tool storage
- Shared rain barrels
- Garden Events

There are two rental bed sizes available to choose from to best suit your needs.

5×12 beds - \$40 for COCL members and \$50 for non-members.

5×5 beds - \$20 for COCL members and \$25 for non-members.



We also have a large pumpkin patch for kids to grow pumpkins (free for renters) as well as picnic tables on site.

The garden is located at Gateway Alliance Church. For more information email [programs@cocl.org](mailto:programs@cocl.org)

**EINSTIENS ATHLETES**  
SPORTS & SCIENCE

**GAME MASTERS**  
ALL IN ONE: TEAM CHALLENGES

**Sportball Summer!**  
TO ADVENTURE AND BEYOND  
[www.sportball.ca](http://www.sportball.ca)

**GEEK WEEK**  
SPORTS, SCIENCE SUPERHEROES

**EPIC WEEK**  
SPORTS, MERE WARS, WATER FIGHTS, TEAM CHALLENGES

**SPECIAL DISCOUNT**  
FOR MEMBERS OF  
**CUMBERLAND OXFORD COMMUNITY LEAGUE**  
AT THE GATEWAY ALLIANCE CHURCH LOCATION.  
EMAIL US AT [edmonton@sportball.ca](mailto:edmonton@sportball.ca) FOR DETAILS!

## Join The Board/Meet New Friends

Are you looking to make a real difference in the community? Consider joining the Community League board in one of our key roles. Join an exciting team, make some lifelong friendships, and make a real impact for your community.

We are currently looking to fill the Variety Show Director.

Find out more by emailing [president@cocl.com](mailto:president@cocl.com) for more information



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# Dunluce News

## DUNLUCE EXECUTIVE

PRESIDENT	Keoma McMurren	780-457-9101
VICE PRESIDENT	Mark Gross	780-456-5700
TREASURER	Loretta Wonitoy	780-457-9101
SECRETARY	Lorna Melnyk	780-456-4596
PAST PRESIDENT	Nadine Meads	780-982-6260
CDRS REP	Ryan Korpesio	780-444-9212
	Jesse Webb	780-288-2218
VARIETY SHOW	Denyse Ward	587-983-9401
	Sabrina Jackson	780-232-1925
CASINO	Maureen Ewart	780-457-0708
	Mark Gross	780-456-5700
MEMBERSHIP	Christina Fletcher	780-484-3051
PUBLICITY	Bev Gross	780-456-5700
SOCIAL	Lorna Melnyk	780-456-4596
BINGO DIRECTOR	Janice Delo	780-504-2773
BINGO PHONING	VACANT	
SOCCER	Electra Fenwick	780-200-2551
SOFTBALL	Loretta Wonitoy	780-457-9101
PROGRAMS	Registrar	780-914-1775
WAYS & MEANS	Lisa Love	
SOCCER EQUIP.	Arlene Pettifer	780-456-3978
BUILDING & ASSETS	Al Chapman	780-456-9292
PLAYSCHOOL	Registrar	780-499-0232
COMMUNITY SERVICES	Rochelle Diederichs	
HALL RENTALS	Al Chapman	780-457-4342

P.O. Box 36050 Castledowns RPO; Edmonton AB T5X 5V9;  
Dunluce Hall: 11620-162 Ave.; 780-456-3978; [www.dunlucecl.ca](http://www.dunlucecl.ca)



## REGISTRATION NOW OPEN FOR THE 3 AND 4 YEAR OLD CLASSES FOR THE 2019/2020 SCHOOL YEAR

- A qualified, experienced, energetic and creative Early Childhood Educator.
- Well equipped preschool with lots of room to play and learn.
- Programs dedicated to meeting your child's individual needs, including Kindergarten prep.
- Monthly themes and hands-on activities – everything from stargazing to baking.
- Exciting field trips – onsite and offsite.
- Cooperative community-based preschool – a great way to meet new families and get involved!

For more information please contact our Registrar at 780-499-0232, by email at [dunlucepreschool@hotmail.com](mailto:dunlucepreschool@hotmail.com) or visit us on our website [www.dunlucepreschool.com](http://www.dunlucepreschool.com)  
We look forward to seeing you and your little ones!

## Dunluce Community Programs

PROGRAM	AGE	TIME	FEE	DAY	LOCATION	NOTE
Gymnastics	5-12	TBA	\$50	Wednesday	TBA	Body suit & bare feet
Tinny Kickers	3 + up	6 PM	\$40	Tuesday in May + June	Dunluce Hall	Only running shoes needed
Dance Classes	3 yrs	TBA	\$100	Tuesday	Dunluce Hall	Pink tights, Black body suit
Ballet & Tap	4+5 yrs	TBA	\$120	Tuesday	Dunluce Hall	Ballet shoes, Tap shoes

Spring 2019 For more information or registration please phone, (780) 914-1775, or e-mail [zuzana.bado@gmail.com](mailto:zuzana.bado@gmail.com)

## FOLLOW US! LIKE US!

Never miss another community event or announcement by liking our "Dunluce Community League" Facebook page and following us on twitter (@dclyeg)



## HALL RENTAL RATES

For information call: (780) 457-4342 or e-mail:

[hallrental@dunlucecl.ca](mailto:hallrental@dunlucecl.ca)  
HALL IS NEWLY RENOVATED  
\* SEATING CAPACITY 120 \*

### WEEKEND RATES:

Dunluce Community League Members:  
6:00 PM Friday evening until 5:00 PM

Sunday evening,  
\$300.00 plus \$350.00 damage deposit.

Non – Dunluce Community League Members:

6:00 PM Friday evening until 5:00 PM  
Sunday evening,

\$350.00 plus \$350.00 damage deposit.

### DAILY RATES (WEEKENDS ONLY)

Saturday 9:00 AM until Sunday 9:00 AM  
(24 Hr. Rental)

\$350.00 damage deposit

Dunluce Community League Members:  
\$200.00

Non – Dunluce Community League Members: \$275.00

Hourly Rate: \$30.00 per hour. (3 hour minimum) Hourly rate is only available Monday to Thursday.

## Want to Volunteer



Dunluce Community League is looking for new volunteers! If you would like to help out by making phone calls to confirm bingo volunteers, please contact our President @ [president@dunlucecl.ca](mailto:president@dunlucecl.ca)

Thank-you

## INDOOR SOCCER & PROGRAM REGISTRATION

Tuesday, September 10, 2019

6:30 - 7:30 pm

Dunluce Hall, 11620 – 162 Avenue

Register for indoor soccer and community programs. Only cash and cheques will be accepted (credit cards or debit NOT available). Soccer parents MUST pre-register online at <http://emsanorth.com>. Bring TWO printed copies of the forms with you.

Purchase a \$25.00 Dunluce membership fee (cash/ cheque), valid Sept 1/19 to Aug 31/20, one per household.

(2) Bring a \$200 undated volunteer deposit cheque. one per child being registered. Failure to fulfill your volunteer commitment will result in your deposit cheque being cashed.

## FITNESS CLASSES

Dunluce Community League has a  
Fat Burning & Stomach Flattening WORKOUT

At Dunluce Community Hall 11620-162 Ave.

Tuesdays and Thursdays from 7:30 - 8:30 PM

A prepaid registration is only \$80.00 for 20 classes, or the drop in fee is only \$10.00

For more information contact Zuzana @  
(780) 914-1775 AFLCA Certified

## BINGO DATES

If you have an upcoming Bingo please see dates below. You will also be receiving a call as a reminder. If you have any questions or you have not received a registration bingo date, call:

Janice: 780-504-2773

Dates are as follows:

July 16th, August 21st & Sept. 15th 2019

All Bingos are at Kensington Bingo Hall unless otherwise stated.

## Dunluce Playground



### Did you know:

- The current Dunluce community playground is over 20 years old
- The community is responsible for replacing the old park (not the City)
- It takes 3 – 5 years to complete grants, City applications, fundraising, etc. for a new park

• Do you have young children who visit the park? Then WE NEED YOU! Please join the new park committee and help plan the new park. This is a 3 – 5 year plan, but without you it will not happen, and the old park will remain. If you would be interested in joining the committee, please contact Sabrina at 780 232 1925



# Lorelei-Beaumaris News

## Lorelei- Beaumaris Board of Director<sub>s</sub>

<b>President</b>	Oksana	<a href="mailto:presidentlbcl@gmail.com">presidentlbcl@gmail.com</a>
<b>Vice President</b>	Ali	<a href="mailto:vicepresidentlbcl@gmail.com">vicepresidentlbcl@gmail.com</a>
<b>Secretary</b>	Ashley	<a href="mailto:secylbcl@gmail.com">secylbcl@gmail.com</a>
<b>General Manager</b>	Maria	<a href="mailto:hallrentalslbcl@gmail.com">hallrentalslbcl@gmail.com</a>
<b>Treasurer</b>	Ghaida	<a href="mailto:treasurerlbcl@gmail.com">treasurerlbcl@gmail.com</a>
<b>Ways and Means</b>	Maja	<a href="mailto:waysmeans@gmail.com">waysmeans@gmail.com</a>
<b>Gaming Directors</b>	Jennifer O	<a href="mailto:bingolbcl@gmail.com">bingolbcl@gmail.com</a>
<b>CDRS Representatives</b>	Julia & Jen A	<a href="mailto:cdslbcl@gmail.com">cdslbcl@gmail.com</a>
<b>Sports Director</b>	Ghaida	<a href="mailto:sportslbcl@gmail.com">sportslbcl@gmail.com</a>
<b>Variety Show</b>	Evelyn & Jen D	<a href="mailto:varietyshowlbcl@gmail.com">varietyshowlbcl@gmail.com</a>
<b>Memberships</b>	Muna	<a href="mailto:memberships1bcl@gmail.com">memberships1bcl@gmail.com</a>
<b>Communications &amp; Website</b>	Jen A	<a href="mailto:comm1bcl@gmail.com">comm1bcl@gmail.com</a>
<b>Playschool Information</b>	Ashley	<a href="mailto:loreleibeumarisplayschool@gmail.com">loreleibeumarisplayschool@gmail.com</a>
<b>Community Safety</b>	Jennifer O	<a href="mailto:communitysafetylbcl@gmail.com">communitysafetylbcl@gmail.com</a>
<b>Edmonton Resource Coordinator</b>	Rochelle Diederichs	<a href="mailto:Rochelle.Diederichs@edmonton.ca">Rochelle.Diederichs@edmonton.ca</a>
<b>LBCL Website:</b>	<a href="http://www.lbcl.ca">www.lbcl.ca</a>	
<b>Facebook:</b>	<a href="https://www.facebook.com/loreleibeumaris">www.facebook.com/loreleibeumaris</a>	
<b>Twitter:</b>	<a href="https://www.twitter.com/LBCommLeague">www.twitter.com/LBCommLeague</a>	

**Note: If you are having issues contacting someone please contact our Hall Manager who will pass on your message. If you are interested in filling any open positions or would like to get involved please send an email to our president at [presidentlbcl@gmail.com](mailto:presidentlbcl@gmail.com)**

## LORELEI BEAUMARIS HALL RENTALS

16220 – 103rd Street

Lorelei-Beaumaris Community League has the largest Hall facility in Castle Downs.

Hall dimensions are approximately 60 ft x 52 ft (bar to wall)

Accommodation for 448 guests (non-fixed seats), 354 (non-fixed tables & seats), 280 (dining and beverage).

Air conditioned, pot lighting, coatroom, wheelchair accessible washrooms

Raised stage setting (stage dimensions 13 ft x 20 ft wide)

Stage risers for the floor area (Risers consist of 5 units (ea 4' x 8') for a total raised floor stage setting of 20' x 8', grey carpeted & black skirting - \$100 with main hall rental)

### Black Lectern (podium)

30 - 5ft round tables, 40 - 6ft rectangular tables 2 - 3ft accent tables

Full, commercial kitchen with natural gas stove & ovens

Spacious wet-bar area with bar-fridge and ice machine

Large BBQ available (cooks up to 65 burgers or 126 hotdogs all at once)

Multimedia system available for power-point, slideshows, videos, etc...

We do not have linens or chair covers. Event rental companies will be able to assist you with these items.

### NEW HALL RENTAL RATES:

\$1000 – full weekend: Friday, Saturday, Sunday

(Note: Sept - May full weekend bookings must be made at least 8 weeks in advance)

\$400 - Friday

\$600 - Saturday

\$350 - Sunday

\$50 - extended hourly rate / week day



hourly rate

Sound System INCLUDED into all rentals  
\$35 – music (if recorded music of any sort is played - Socan & Resound tariff)

\$100 - 20'x8' floor level stage risers (carpeted and skirted)

\$100 – Large BBQ (cooks up to 65 burgers or 126 hot dogs at once)

\$50 – dishes rental (plates, cutlery, glassware, limited small wares)

Deposits: for single day or hourly rentals - \$500; for full weekend rental - \$750

### All Rates include GST

\*\* Please note that all contracts signed for hall rentals will be required to purchase Renters Insurance for their event date at Lorelei Hall. We will give them the link to FPB Insurance to do this online. \*\*

\* Discounts may be available to LBCL Members who are booking for their use. Please talk to the hall manager for more information.

Feel free to call Maria 780-686-4415 for questions regarding hall rentals or to make an appointment to view the hall. Leave a detailed message or email [hallrentals@lbcl.ca](mailto:hallrentals@lbcl.ca) for more information.

For more photos of our hall please visit our website at [www.lbcl.ca](http://www.lbcl.ca) or our Facebook page at <https://www.facebook.com/loreleibeumaris>

## Here comes the sun (screen)

Ah, the lazy, hazy days of summer. The sun shines brightly—and strongly. When it does, these tips will make your time in the sun safer.

Check the UV index, which measures sun strength. You can be sunburned in as little as 15 minutes. When the UV index is between 3 and 8, everyone, especially kids, needs sunscreen. If it's above 8, these tips will reduce your risk of sunburn as well as heat rash, heat stroke and, over time, skin cancer.

### Safety tips

- Cover up: Wear wide-brimmed hats, UV-blocking sunglasses and thin light-coloured clothing

- Limit the rays: Take frequent breaks in the shade or indoors

- Apply and re-apply sunscreen: Put it on every two hours (at least). Match the sun protective factor (SPF) to the UV index and your skin's sensitivity to sunlight. Babies have thin skin and can burn easily. Keep them out of the sun. Use an SPF 30 lip balm



on your lips.

- Stay hydrated: Bring lots of water with you when spending time outside, and drink often, before you're thirsty

- Car safety: Never leave your child or pet alone in a car. Your car can heat up quickly, even on days that do not seem very warm.

Try to stay out of the sun between 11 a.m. and 3 p.m., when the sun's rays are strongest and the UV Index is at its highest.

## Soccer Corner



Soccer brings so many benefits for the kids that play it. It is excellent exercise, helps build teamwork and social skills and is also a great way to have fun. Many kids were out enjoying the Summer Sizzler tournament this June.

This year the U11 Girls Delgado, U7 Girls Laycock and U9 Boys Caissie teams came home with gold. The U13 Boys Delgado team earned bronze and everyone came home with loads of smiles. Great job to all our teams who participated this year!

Thank you to all the volunteers who make each season possible and who work tirelessly to support tournaments such as these rain or shine.

Fall Soccer Registration Dates are booked and we look forward to seeing



all these wonderful faces in the indoor season!



# NEIGHBOURHOOD SUMMER DAYCAMP LITTLE SPORTS OF ALL SORTS



DATE	TIME	AGES	COURSE CODE	COST
Tuesday - Friday August 6-August 9	9:00AM - 11:30AM	4-6 years	657292	\$72

## Lorelei Beaumaris Community League

16220 - 103 Street

Preschoolers will have a ball at this camp! Learn basic skills such as jumping, skipping, hopping, galloping, and catching through relay races, obstacle courses and other sport related activities.

Registration Now Open!

To Register:

- Call 311
- Online at [movelearnplay.edmonton.ca](http://movelearnplay.edmonton.ca)
- In person at any City of Edmonton Recreation and Leisure Centre

Thank you to the Lorelei Beaumaris Community League for access to their facility

# FREE DROP-IN SUMMER GREEN SHACK



Edmonton

LOCATION	DATES	DAYS	TIMES
Lorelei 16220 - 103 St	July 2 - August 22	Monday - Friday	10:00 AM - 6:00 PM

Each day of the week you will get active and experience a variety of crafts, games, sports, and free play!

Neighbourhood Recreation would like to acknowledge that our programs respectfully take place on Treaty 6 Territory, and Metis Nation Region 4.

This program is targeted for children aged 6-12, but all children accompanied by an adult are welcome to attend.

For more information, please visit:  
[edmonton.ca/Greenshacks](http://edmonton.ca/Greenshacks)  
or call 311

## Lorelei-Beaumaris Playschool



Are you or someone you know, looking for a GREAT playschool?

# 16220 103 St

Our goal for the playschool program is to create a positive, caring and fun-filled environment, where individual gifts and talents are nurtured. Through modeling and co-operative play children will learn how to be kind, respectful and accepting of others. The role of the teacher is to ensure and guide students to grow socially, emotionally and intellectually. Through play based centers students will have the opportunity to expand on their strengths and develop their areas of growth.



### Class options and fees

A non-refundable cheque/cash for \$50 will hold your spot for the upcoming year, September 2019 - May 2020.

- 3/4 Year olds - Tues/Thurs - Classes from 9:00 AM - 11:15 AM - \$90/monthly
- 4 Year olds - Mon/Wed/Fri - Classes from 9:00 AM - 11:15 AM - \$135/month
- 4 Year olds - Mon/Wed/Fri - Classes from 12:00 PM - 2:15 PM - \$135/month

### In addition to the monthly fees, there are parental commitments

- Community League membership
- 1 co-op clean per year
- 2 bingos per child for Lorelei Community League
- 2 mandatory fundraisers
- NO PARENT DUTY DAYS (Parents are welcome to join us in the classroom anytime)

### For more information

WEBSITE: [www.loreleibeumarisplayschool.com](http://www.loreleibeumarisplayschool.com)  
CONTACT: Erin at [Loreleibeumarisplayschool@gmail.com](mailto:Loreleibeumarisplayschool@gmail.com)

# FREE DROP-IN SUMMER GREEN SHACK



Edmonton

LOCATION	DATES	DAYS	TIMES
Beaumaris 10210 - 155 Ave	July 2 - August 22	Monday - Friday	10:00 AM - 1:30 PM

Each day of the week you will get active and experience a variety of crafts, games, sports, and free play!

Neighbourhood Recreation would like to acknowledge that our programs respectfully take place on Treaty 6 Territory, and Metis Nation Region 4.

This program is targeted for children aged 6-12, but all children accompanied by an adult are welcome to attend.

For more information, please visit:  
[edmonton.ca/Greenshacks](http://edmonton.ca/Greenshacks)  
or call 311

## Soccer Registration

6 PM - 8 PM

### DATES

**August 27**

Late Registration  
August 30th

Late Registration  
September 6th

**We want to know what you think**

The Neighbourhood Renewal Program is paid for through a City-wide property tax reserve fund dedicated to the program, but the City offers cost-sharing opportunities between the City and property owners for decorative street light upgrades. As opposed to the current standard galvanized street lights, decorative street lights have features that include colour, pole styles, and pole arm types.

Fill out our survey at:  
<https://www.surveymonkey.com/r/5QJDB0g>







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Visitor Centre



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Legislature



# SPEND YOUR SUMMER at the ALBERTA LEGISLATURE

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Canada Day at the Legislature  
July 1