

CASTLE NEWS

Serving the community leagues of
Baturyn, Caernarvon, Carlisle, Cumberland/Oxford,
Dunluce, Lorelei/Beaumaris

June 2019



Published by Calder Publications. To advertise please call 780-918-0336 or email josh@communityleagueneews.com



CASTLEDOWNS VARIETY SHOW

"An Evening of Adult Comedy"

www.castledowns.ca

Box 31075 Nampa Center, Edmonton AB T5Z 3P3

Phone (780) 406-9070

2019 Castle Downs Variety Show

Cast, Crew and Committee Call

35th Annual Castledowns Variety Show
Wednesday August 28th, 2019 at 7:00 pm
Caernarvon Hall 14830 -118 Street

If you would like to be on the committee, on stage or behind the scenes come on out and meet committee, the writers and directors, returning cast and crew members. Check us out to see if you would like to get involved. This is a Restricted Adult Comedy; you must be at least 18 years of age to participate.

If you have any questions please email:

varietyshow@castledowns.ca

Check us out on Facebook Castle Downs Variety Show or
Website: www.castledowns.ca and click on Variety Show.

CANADA DAY PARTY IN THE PARK

Free Fun for All Ages
Noon - 4 PM



Park at the YMCA and Take
the Hayride to the Park

Glitter Tattoos, Jumpy Tents, Photo Booth,
Cotton Candy, Popcorn, Balloon Artists, Music

BUILDING LORELEI AND BEAUMARIS



Lorelei and Beaumaris have been chosen for the Neighbourhood Renewal program, beginning in spring 2020 for Lorelei, and spring 2021 for Beaumaris. Through the City of Edmonton's Building Great Neighbourhoods and Open Spaces branch, the Neighbourhood Renewal program will rehabilitate roads, replace street lights, curb and gutters, repair sidewalks, and connect missing sidewalk links where possible in Lorelei and Beaumaris.

Cost sharing opportunities will be made available through the Local Improvement process for sidewalk reconstruction and decorative street light upgrades in the neighbourhoods. Other opportunities to improve parks and public spaces will also be explored.

DECORATIVE LIGHTING LOCAL IMPROVEMENT PROCESS Standard street lights will be replaced as part of the neighbourhood renewal process. However, property owners in each neighbourhood undergoing renewal will have the opportunity to upgrade to their community's choice of decorative street lights through a community-initiated local improvement process.

Volunteers in your community take the lead to determine the level of community interest in upgrading to decorative street lighting, and to begin the local improvement process.

If you are interested in being involved in this please contact:

Oksana Delgado

Lorelei Beaumaris Community League President: presidentlbel@gmail.com or buildinggreatneighbourhoods@edmonton.ca

For more information on LOCAL IMPROVEMENT OPTIONS DURING NEIGHBOURHOOD RENEWAL visit www.edmonton.ca/localimprovements

More information on neighbourhood renewal and cost sharing opportunities can be found at www.edmonton.ca/buildingloreleibeumaris

Baturyn BBQ & Bonfire Afternoon/ Evening – June 1st

After soccer photos in the morning, come join your neighbours for a family BBQ afternoon from 4 to 7. Later in the evening the festivities will continue with an adult-only bonfire from 8-11pm. See Facebook for more details.





Community League Board Contacts

Positions are filled on a voluntary basis.

If you are interested in board positions or would like to get involved, please contact the Board President at president@baturyn.ca to inquire about vacancies and opportunities.

Position	Name	Email
President	Tricia Stettner	president@baturyn.ca
Vice President	Wayne Raymond	vicepresident@baturyn.ca
Treasurer	Paul Petersen	treasurer@baturyn.ca
Secretary	Laura Bots	secretary@baturyn.ca
Castle Downs Rec. Society Rep.	Rueben Tucker	CDRS_1@baturyn.ca
Castle Downs Rec. Society Rep.	Claudia Gonzalez	CDRS_2@baturyn.ca
Communications Director	Todd Lefebvre	communications@baturyn.ca
Communications Assistant	Angela Ferguson	
Facilities	Earl Archer	facilities@baturyn.ca
Membership Rep	Beth Holtby	membership@baturyn.ca
Playschool Director	Kelly Young	playschool@baturyn.ca
Programs Director	Angela Ferguson	programs@baturyn.ca
Soccer Director	Candice Bevan	soccer@baturyn.ca
Social Director	Jared Huston	social@baturyn.ca
Volunteer Director	Claudia Gonzalez	volunteers@baturyn.ca

Board Meetings are generally held on the 1st Monday of the Month at 7pm
However, the June meeting will be held on **Sunday June 2nd** to accommodate outdoor sports season.

Baturyn Community League
 Proudly supporting the communities of
 Baturyn, Elsinore/Chambery (Castlebrook),
 Canossa (Castlewood), & Rapperswill (Newcastle)
 Website: Baturyn.ca or find us on Facebook

Become a 2018/2019 Member

Get your membership and enjoy the special perks of being a member.
Annual Memberships are valid from September 1st to August 31st.

Membership Fees:

Family \$25.00
 Single (16+) \$25.00
 Senior (55+) \$10.00
 (\$5 service fee applies to purchases made through efcl.org or Servus Credit Union)

Membership Benefits:

- Access to community hosted events
- Free Access to all Community League ice rinks (with skate tags)
- Community League sports programs
- Free access to community swim times at the YMCA (Saturdays: 5:00 pm - 8:45 pm), Grand Trunk Fitness & Leisure Centre (Fridays: 7-9pm, Sundays: 4:15pm-5:45pm & Wednesdays: 8am-10am), O'Leary Fitness & Leisure Centre (Saturdays: 3:45pm - 5:45pm) and Londonderry Fitness & Leisure Centre (Sundays: 4:15pm-5:45pm)
- 20% discount on City of Edmonton Recreation Facilities Adult, Family, Child, and Youth/Senior annual passes or continuous monthly passes. 15% off Multi-Pass purchases. To learn more please call 311 or visit www.edmonton.ca/wellness
- 30% off all Cloverdale Paint products and up to 20% off all sundry items.
- 30% off all online orders at Papa John's Pizza for the rest of 2018 (to redeem, request a Papa John's promo card from memberships@baturyn.ca)

Memberships are required to access programs offered by your Baturyn Community League.

Get your membership today by going to
EFCL.org or your local Servus Credit Union.
Your membership fees help support the delivery of various
community programs and events.



Baturyn Community League
Hall: 10505 172 Avenue
Phone: 780 - 707 - 2047
Website: Baturyn.ca

Planning a big party or hosting a big event?

Baturyn Community Hall may be the place for you; located between St. Charles Elementary School and Baturyn Elementary School, Baturyn Community Hall features a full commercial kitchen, bar, coat room, covered back patio with large BBQ, Fire Pit, & 2 boarded sports fields. For events involving children there is also a community playground located in front of the hall and basketball court located beside the hall.



Hall Features:

- Seating Capacity: 275
- Hall Size: 55ft x 65ft
- Tables: 43 rectangular tables (seats 8)
- Chairs: 275
- Wheel Chair Accessible
- Plenty of Parking
- Industrial Kitchen Appliances – Gas Stove, Walk In Fridge, Microwave, Freezer, Dishwasher
- Large Kitchen Preparation Space
- Separate Bar with 2 door fridge & freezer
- Large Dance Floor
- Air Conditioning

Important note: Rental rates will be increasing once interior renovations completed.
Book now for 2019 dates to receive current rates.

Hall Rental Information:

Standard Rates	
Rental Period	Rates
Weekday Evenings	\$35/hr
Saturday 10:00 am – Sunday 10:00 am	\$425
Sunday 11:00 am – 5:00 pm	\$150
Sunday (Long Weekend)	\$250
Package Rates	
Rental Period	Rates
Friday 6:00 pm – Sunday 10:00 am	\$500
Saturday 10:00 am – Sunday 5:00 pm	\$550
Friday 6:00 pm – Sunday 5:00 pm	\$600

Notes & Exceptions:

1. All rentals require a signed contract
2. Damage deposit is equal to the rental rate and will be refunded upon inspection of the hall after the event; final rental payment is due 30 days prior to the event.
3. Parking is constrained in the area and the parking lot is not available until after 5:00 pm during the school year.

To inquire about renting the hall, please email rentals@baturyn.ca.

Baturyn Community Playschool

Register for the 2019-2020 school year on Monday, Aug 26th, 2019 @ 6pm

We offer a fun, play-based program that builds your child's social and academic skills. Students are introduced to the joys of learning by participating in in-school and out-of-school field trips, taking part in pre-reading, science and math projects, crafts, games, songs and music, kinder-cooking and daily physical activity.

LOCATION: Baturyn Community Hall, 10505 172 Avenue

COST TO REGISTER: \$45 non-refundable registration fee.

Registration is available on a first come, first served basis.



For 3 year olds: Tuesdays and Thursdays
 AM Class – 9:00am to 11:30am

For 4 year olds: Mondays, Wednesdays, and Fridays
 AM Class – 9:00am to 11:30 am
or
 PM class – 12:45pm to 3:15pm

*Child must be 3 years of age at the start of the playschool year for the three year old class. ALL children must be fully toilet trained for any class.

Find us on Facebook by typing www.facebook.com/BaturynCommunityPlayschool

For more information, please visit our website at
baturynplayschooledmonton.weebly.com
 for more information on how to register.

NEIGHBOURHOOD SUMMER DAYCAMP



COOL CREATIONS



DATE	TIME	AGES	COURSE CODE	COST
Tuesday - Friday July 2-July 5	9:00AM - 4:00PM	6-9 years	657275	\$135.20

Baturyn Community League

10505 - 172 Avenue

Are you looking to learn new skills and make some really cool creations? This is the camp for you! Learn how to tie-dye, and try your hand at concoctions such as homemade chocolates and slime. You'll take home a new creation every day!

Registration Now Open!

To Register:

- Call 311
- Online at movelearnplay.edmonton.ca
- In person at any City of Edmonton Recreation and Leisure Centre

Thank you to the Baturyn Community League for access to their facility



Neighbourhood Watch

Baturyn Community League now has a volunteer Community Representative in the Edmonton Neighbourhood Watch program. We look forward to having a Neighbourhood Ambassador from each of the 5 communities, if interested please contact programs@baturyn.ca

Cool Creations summer camp – July 2-5th

Cool Creations is a day camp put on by the city of Edmonton for 6-9 year olds. This camp will operate out of Baturyn Hall from 9am-4pm the week of July 2-5. Learn how

to tie dye, make slime and more. What cool creations will your kid make? Find out more or sign up by calling 311 or online at movelearnplay.edmonton.ca Course ID 657275

Outgown It Swap & BBQ – Aug 18th

Save the Date! On August 18th, BCL will be hosting an Outgown It swap event with a free Block Party BBQ.

BCL members: 1st table free
Non-members/Additional table: \$20

Please contact social@baturyn.ca for more information. Registration and payment will be available on the website soon. Acceptable items include children's clothing, toys, books etc. This not a garage sale or vendor event.



Thinking about installing a new basement window?

We take care of the process from concrete cut-out to window installation.

Call Us Now For A Free Quote

WWW.TASKCONCRETE.COM
780-761-TASK (8275) or 780-237-0585
10796 100 Street NW Edmonton, AB T5S 2S4

Dr. Tarek Tarchichi
www.castledowns dentalcentre.com
780-456-2990
11816-145 Ave

New Patients Welcome.
Emergency & Walkins.
Apointments Available
Gentle Dentistry for the whole family.

At Castledowns Dental Centre, We are more than glad to offer you the following services:

- Root Canal Treatment
- White Fillings
- Wisdom Tooth Extractions
- Partial Dentures
- Dental Implants
- Sedation
- Crown & Bridges
- Veneers
- In office Zoom Teeth Whitening

Dental Centre Hours
Monday to Friday 8 am to 5 pm
Saturdays 9 am to 4 pm
We are closed on Sunday & Public Holidays

We Accept:

Rental Representative Opportunity
For Baturyn Community Hall

If you are retired, stay at home parent, or looking to make some additional money, the Hall Rental Representative position may be of interest to you. Reporting to the Hall and Facilities Director, this role is a paid position receiving \$600.00 per month.

Expected duties:

- Receive and log rental requests from the hall rental coordinator
- Evaluate renter request and associated risk of rental
- Meet with renter and show the hall (limited showing times)
- Complete hall rental contract and collect needed deposits, fees, and damage deposit
- Update hall rental log indicating if rental status
- Act as contact for renter questions and issues
- Meet with renter in advance of rental to provide keys and alarm instructions
- Complete hall check in/check out list and advise renter of deficiencies (common rental times are Saturday 10am-Sunday 10am, and Sunday 11am-5pm)
- Advise the Treasurer of damage deposit refund amounts
- Light cleaning requirements
- Notify the custodian of major cleaning requirements
- Estimated effort – 5 to 7 hours per week

If interested, please email recruitment@baturyn.ca.

Proudly supporting the communities of
Baturyn, Elsinore/Chambery (Castlebrook),
Canossa (Castlewood), & Rapperswill (Newcastle)
Website: Baturyn.ca or find us on Facebook

Caernarvon News

Caernarvon Community League Executive

14830 - 118 Street NW, Edmonton AB

Phone or Text (780) 456-3435

president@caernarvon.ca
treasurer.ccl@shaw.ca

President	Jennifer Schell
Vice President	Jason Desnoyers
Treasurer	Teena Burrell
Secretary	Kati Hutt
Bingo	Lynne Hellyer
Casino	Amanda Evans
CDRS	Danny Burrell
	Jennifer Schell
Communications	Rochelle Harasimov
	D'Arcy Sommer
Equipment	Giovanni Borrelli
	Sandy Reda
Hall Maintenance	Ahmet Kaplan
Soccer	Jason Desnoyers
Social/Programs	Kati Hutt
Signs	Kody Overacker
Hall Rental	VACANT
Membership	VACANT
Variety Show (2)	VACANT

President's Message

Caernarvon would like to thank all the families who came out and enjoyed our Easter Egg Hunt and Breakfast on April 20. Everyone who showed up had a great time decorating cookies and dyeing eggs, and participated in a HUGE egg hunt which spanned the entirety of Caernarvon Park; you all earned your prizes! We are grateful for the efforts of our Social Director Kati Hutt and her wonderful volunteers – our community is a more vibrant place to live thanks to your efforts.

Have a green thumb, or want to learn how to grow your own food? Maybe you are passionate about eating local? Do you have food

security concerns? Are you curious about what it might take to start a Community Garden here in Caernarvon? If you answered yes to any of those questions, we would like to hear from you! We are pursuing the idea of creating a Community Garden, but we can't do it without the help of a motivated group of volunteers. Even if you only have a small amount of time to give, remember that many hands make less work for all. Email president@caernarvon.ca if you can help.

The Caernarvon board is pleased to welcome Rochelle Harasimov to our Board as Communications director. Thank you for giving your time for your community. We

do still have a few Vacant positions on our Board – please send an email to president@caernarvon.ca if you would like to join us. Your commitment involves attending one Board meeting per month, and some time spent doing the work required by your position (usually not more than a few hours per month).

Caernarvon Community League is looking into new and exciting ways to digitally connect with our members and our community. Stay tuned for more information over the coming months, and in the meantime, don't forget to check out our signs and Facebook page for upcoming events.

CAERNARVON COMMUNITY LEAGUE POST-SECONDARY SCHOLARSHIPS

STUDENTS, THIS IS YOUR LAST CHANCE!! The deadline for the Caernarvon Community League Post-Secondary Scholarship is June 1. This Scholarship recognizes well-rounded individuals of any age who are active in their communities. The selection committee is looking for that person who is not necessarily the star of the sports team but shows up for every game and tries his/her best.

Caernarvon Community League invites applications for two (2) Awards of \$500.00 each. These scholarships are for use at any accredited Canadian university, college or

post-secondary program. All monies will be paid directly to the institution. Candidates **MUST:**

a) Be enrolled in a post-secondary institution for the 2019-2020 academic year;
b) Be a member of an Edmonton community league; and

c) Submit a written essay of 1000 words describing why they believe Community Leagues are important to the well-being of the community. The essay should demonstrate the candidate's positive attitude, good communication skills, and describe their involvement in their community (involve-



ment may include volunteering, arts, and/or sports related activities).

Please forward your essay with full contact information to: president@caernarvon.ca no later than June 1, 2019.

Facebook

Keep up to date in our community with registrations, events, sports, and so much more! Look up "Caernarvon Community League" and select "Like" and "Follow."



Sunglasses – more than just a fashion statement

Sunglasses are a "must have" for big-sky prairie summers and there is more to think about when selecting them than style and cost.

Sunglasses can protect your eyes from the harmful effects of ultraviolet (UV) light and can dramatically reduce the risk of damage to your eyes. In the same way your skin can be damaged by UV rays, your eyes can also be affected by the sun. Prolonged exposure can cause permanent eye damage and is a contributing factor in many eye disorders, like cataracts, macular degeneration and ocular cancers.

The best UV protection is offered by close-fitting wraparound sunglasses, so glasses should fit closely to your face and wrap around the face.

It's important to read the label when selecting sunglasses, as different types of lenses protect your eyes from different types of light. Look for sunglasses or prescription lenses with full UVA and UVB protection – like those that are labelled as 'UV400' or '100% UV protection.' Dark lenses don't necessarily block out more UV light than lighter lenses but it's still important to



choose a pair that are dark enough to keep your eyes comfortable in bright sunlight. Keep in mind that contact lenses, even those with UV protection, don't provide full coverage for the eye and skin around the eye.

It's especially important to protect your eyes when the sun's rays are most intense – between 11 a.m. and 3 p.m. In addition to wearing sunglasses, it's also a good idea to wear a wide-brimmed hat to protect skin and eyes.

Be sun-wise and take steps to protect your eyes.

Hall Rentals

If you are looking for a site to host your next big event, give the Caernarvon Community Hall a try! It is wheelchair accessible. We are one of the only halls in the city that cleans up after your event.

The Hall includes a coat room, raised stage with sound system, full kitchen with brand-new Commercial gas stove and two ovens, wet bar, glass door refrigerators, plenty of kitchen prep space, choice of round and rectangular tables.

Seating Capacity

250 guests for Theatre-style seating

220 guests seated at tables, no dance floor

185 guests seated at tables with a dance floor

Please call or text 780 456-3435 if you have questions or would like an appointment to view the facilities.

Hall Rental Rates

Hourly (Mon-Thurs):

Boardroom \$20, Hall \$35

Daily Sun-Thursday: Hall \$300

Weekend Rates

\$650: Fri-Sun



\$550: Friday and Saturday

\$550: Saturday and Sunday

\$450: Saturday only

\$400: Friday only

Add-Ons

Large BBQ \$50, Popcorn machine \$50, Dishes Rental \$100 (plates, cutlery, glassware, some small wares)

Damage Deposits

Daily Rental: \$1000, Hourly Rental: \$250

If you don't see your arrangements of dates or times, please call or text 780 456-3435 for a quote from our rental directors.

Caerny Bucks

Caerny Bucks are worth \$50 and given to people who work extra bingos when they cannot otherwise be filled. These valuable credits can be put towards registered programs such as soccer registration, YMCA memberships, or City of Edmonton regis-

tered programs.

If you would like to be included on the Caerny Buck list to work Bingos please contact our Bingo Director Lynne Hellyer through our Facebook page, or leave a message/text 780-456-3435.

Cumberland/Oxford News

Cumberland Oxford Community League

Website: cocl.org; Facebook: <https://www.facebook.com/COCLEdmonton>

Executive Board

Position	Name	Email
President	Justin Yerichuk	President@cocl.org
Vice President	Todd Boyer	VicePresident@cocl.org
Treasurer	Helena Zheng	Treasurer@cocl.org
Secretary	Christine Crowe	Secretary@cocl.org
Baseball Director	Michelle Innes	baseball@cocl.org
Bingo Director	Heide Morden	coclbingo@gmail.com
Bingo Director, Assistant #1	Vacant	
Bingo Director, Assistant #2	Vacant	
CDRS Representative	Vini Buecken	
CDRS Representative	Lynnette Thompson	
Communications Director	Drake Farmer	communications@cocl.org
Director at Large	Vanessa Forester	
Director at Large	Rosemary Sibanda	
Director at Large	Brittany Yerichuk	
Director at Large	Christa Gagnon	
Director at Large	Salam Yousef	
Fundraising Director	Vacant	fundraising@cocl.org
Membership Director	Jeff Deptuck	membership@cocl.org
Neighborhood Watch Director	Vacant	
Past President	Calvin Cazes	
Capital Projects Director	Chris Cebula	
Registration Director	Laurie Lachine	
Registration Director	Laurie Lachine	
Soccer Director	Dan Poon	soccer@cocl.org
Soccer Director, Assistant	Tim Atlee	boys.soccer@cocl.org
Soccer Director, Assistant	Carol Cimino	
Social Director	Kismat Othman	programs@cocl.org
Social Media/Website	Drake Farmer	communications@cocl.org
Variety Show Director	Vanessa Latos	
Variety Show Director #2	Vacant	
Volunteer Director	Pam Ushkowski	volunteer@cocl.org
Volunteer Director	Lydia Chan-Kruska	



COCL Board Positions are filled on a voluntary basis. If you are interested in board positions or would like to get involved, please contact the Board President at president@cocl.org to inquire about vacancies and opportunities.

Summer Kick-Off at Hudson Park



June 1st at 12pm until 4pm
Bouncy Castles, bike safety, cotton candy, and so much more.

This event is FREE and open to everyone!

Community Garden: Rent a garden bed for the year and see what you can grow! Each raised bed includes:

- High-quality soil and compost
- Tool access
- Tool storage
- Shared rain barrels
- Garden Events

There are two rental bed sizes available to choose from to best suit your needs.

5x12 beds - \$40 for COCL members and \$50 for non-members.
5x5 beds - \$20 for COCL members and \$25 for

non-members.

We also have a large pumpkin patch for kids to grow pumpkins (free for renters) as well as picnic tables on site.

The garden is located at Gateway Alliance Church. For more information email programs@cocl.org

3. Are you looking to make a real difference in the community? Consider joining the Community League board in one of our key roles. Join an exciting team, make some lifelong friendships, and make a real impact for your community.

We are currently looking to fill the Variety Show Director.

Find out more by emailing president@cocl.org or com for more information.

Changing Our Communities, One Block Party At A Time

As a mother of two young boys, community is very important to me. Community in every sense of the word. I love seeing our sons connect and have fun with other children in our neighborhood. Events such as block parties create a welcoming, comfortable and safe environment in our communities for children and adults alike.

Last fall, I had the pleasure of co-hosting our communities first ever block party. Block parties can be what you want to make it, a potluck, a bbq, just a get together with games or a large event with a bouncy castle. Ours was a bbq. We delivered invites about a month ahead of the event. We also requested \$10 per family to help cover costs. Neighbors RSVP'd via email and we got permission from the families who were affected by the block off on the street. Organizing the event was straightforward; we got permission, a permit, organized for the roadblocks, bought some hot dogs, drinks and snacks and planned a few activities for the kids. Not only did the kids have a blast playing and connecting with their peers, but the adults did too. Good company and good conversation drove our block party well into the evening. There is nothing quite like seeing your neighbors come together and become friends. We re-



ceived only positive feedback from our event, everyone loved it and they are looking forward to the next one!

- Want to get to know your neighbors?
- Want to feel safe and secure in your own neighborhood?
- Want a sense of community within your community?
- Want to kick back and have some fun?
- Host a block party, your neighbors will thank you.

For more information on leading a block party and resources available head to https://www.edmonton.ca/residential_neighbourhoods/neighbourhoods/block-parties



Happy Father's Day

Do you love taking photos?



Do you aspire to take better photos – especially in a natural setting, teeming with birds and wildlife?

Join us on June 8th for a 3 hour class with local photographer and nature expert JB Struthers whose photos will be on exhibit in the Castle Downs Library for the entire month of June.

This class will begin with an in-library session on tips and techniques that will equip you to spot great photo opportunities and take good photos with whatever level of equipment you use. Please bring your own photo-taking device – even cell phones are welcome.

This will be followed by a one-hour walk around Beaumaris Lake (directly behind Castle Downs Library). Beaumaris Lake is one of Edmonton's oldest and largest storm water facilities and has become home to a huge variety of birds and other wildlife. This North Edmonton gem is a popular destination for recreational users from walkers and cyclists to artists and photographers, and it is right outside our door!

Following the walk, participants will regather in the library to share photos and discuss how editing techniques can take your photos from good to great. Refreshments will be provided.

Please register online at <https://tinyurl.com/y5tfjw9s> or call the Castle Downs branch at 780-496-1804. Participation will be capped at 25.

For more information, please contact mona.bacon@epl.ca.



Emergency
Medical
Services



Backyard Play Safety

With summer approaching, Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over a layer of shock-absorbing material.

Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres(*) high and have a self-latching, self-closing, lockable gate.

(*Alberta Building Code)

Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

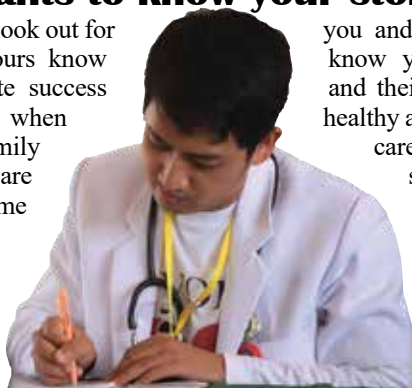
- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect, always wear footwear outdoors;
- If your child has received an 'EpiPen - Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.

www.albertahealthservices.ca

Your doctor wants to know your story

In rural Alberta, people look out for each other. Your neighbours know your story. They celebrate success beside you and recognize when you need a hand. Your family doctor or regular healthcare provider can be that same support for your health.

Having an ongoing, trusting relationship with your family doctor or nurse practitioner helps them get to know



you and your family. When they know your story, your provider and their team can help you stay healthy and connect you to the right care if you need a little extra support.

Your family physician or nurse practitioner and their team will be your medical home — your home base for health through different stages in your life.

Stay connected to your medical home with these tips:

- Visit your regular family doctor or nurse practitioner when you have a health-related concern or question
- If your regular provider is unavailable, seek care from other members of the team or clinic who will then share information with your regular provider
- If you need urgent medical attention from the emergency department, follow-up with your family doctor to continue any communication or treatment given

in the emergency department

- If your medical status changes, book an appointment with your medical home. They will help manage any changes and treatments that may be needed to help you get as healthy as possible quickly

Don't have a family doctor? Two ways to find one:

- Call Health Link at 811
- Visit albertafindadoctor.ca to search online for a family doctor accepting new patients near you



LCDS Preschool & Kindergarten

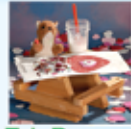
13931-140 St. (By Leon's)

Taking registrations for the 2019/20 school year!

Morning spots almost full.
Afternoon spots still available

Book a free trial class before May 15. Check our website for further information.

- ✓ Spacious bright environment
- ✓ Friendly, experienced staff
- ✓ Classroom teacher holds a B.Ed. Degree
- ✓ All staff have appropriate certification and criminal record checks
- ✓ Choice of attendance days
- ✓ Regular field trips
- ✓ Class parties
- ✓ Mild speech & language services for children who qualify (deadlines apply)
- ✓ Great parking, easy access
- ✓ Non-denominational



For More Information or to Register

780-473-7216 or www.lcdskids.com

Celebrating
60 Years
of Sharing the
Great Outdoors



*It's Camp WOHelo's 60th Anniversary!
Senior Camp Programming since 1959 at Pigeon Lake*

Celebrating the Past Challenging the Future

Through reflection, written word, and art we will identify and celebrate our past successes and challenge our future goals.

To celebrate we have some awesome incentives

Bring a friend to camp
and you both will get
\$20 off your total fees.

Register by June 15th
and the Early Bird
registration will get you
another \$20 off.

Neural groups will
receive a 10% discount.

2019 Summer Camp Programs

- July 21-26 UT Girls
age 12 and up. Fee: \$285
- July 28-31 Junior Girls
age 11-12. Fee: \$285
- Aug 11-22 Teen Girls
12 and up. Fee: \$285
- Aug 6-11 Mom and Core Kid
\$72 adults, \$42 kids, per night
- July 23-26 Anniversary Weekend
\$72 adults, \$42 kids, per night
Everyone is Welcome!

GYMNASTICS • PLAY • FUN

Where we flip over fun!



Summer Camps

Registration Open!

Half & Full day, Daily & Special Needs available

Fall Registration Opens June 12th



780-458-3153

Register online or in person at:
www.dynamyxgymnastics.com

25 Chisholm Ave, Bay 104, St. Albert

Located in the Campbell Park Business area

BIRTHDAYS • \$169 • SATURDAYS & SUNDAYS



GOT A TEAM? EARN 10% BACK WITH TEAM HQ!

Got a team? Get rewards!
Team HQ is our way of
supporting teams in your
community – so get in on
the action!

Step up, sign up!
Collect 10% of what you
spend on each receipt at
Boston Pizza.



Get 50% off* any medium or large pizza!



* Buy **ANY** medium or large pizza and
get your second medium or large for
half the price. Just add two pizzas
to your cart and we'll automatically
apply the discount to your order.

**Boston Pizza
Namao**



**780-456-5554
16521 97 Ave**



MEMBER OF PARLIAMENT

MICHAEL COOPER

ST. ALBERT - EDMONTON

DO YOU NEED ASSISTANCE WITH FEDERAL DEPARTMENTS OR AGENCIES?

My staff will be glad to help you.

Some areas we can provide information and assistance with include:

- Citizenship and Immigration
- Employment Insurance Benefits
- Canada Pension Plan (CPP)
- Guaranteed Income Supplement (GIS)
- Canada Revenue Agency inquiries
- Passport Canada
- Old Age Security (OAS)
- Veterans Affairs

MICHAEL COOPER MP

ST. ALBERT-EDMONTON

ST. ALBERT CONSTITUENCY OFFICE
20 Perron Street, Suite 220
St Albert, Alberta T8N 1E4

MP@MichaelCooperMP.ca
michaelcoopermp.ca • 780-459-0809

Dunluce News

DUNLUCE EXECUTIVE

PRESIDENT	Keoma McMurren	780-457-9101
VICE PRESIDENT	Mark Gross	780-456-5700
TREASURER	Loretta Wonitoy	780-457-9101
SECRETARY	Lorna Melnyk	780-456-4596
PAST PRESIDENT	Nadine Meads	780-982-6260
CDRS REP	Ryan Korpesio	780-444-9212
	Jesse Webb	780-288-2218
VARIETY SHOW	Denyse Ward	587-983-9401
	Sabrina Jackson	780-232-1925
CASINO	Maureen Ewart	780-457-0708
	Mark Gross	780-456-5700
MEMBERSHIP	Christina Fletcher	780-484-3051
PUBLICITY	Bev Gross	780-456-5700
SOCIAL	Lorna Melnyk	780-456-4596
BINGO DIRECTOR	Janice Delo	780-504-2773
BINGO PHONING	VACANT	
SOCCER	Electra Fenwick	780-200-2551
SOFTBALL	Loretta Wonitoy	780-457-9101
PROGRAMS	Registrar	780-914-1775
WAYS & MEANS	Lisa Love	
SOCCER EQUIP.	Arlene Pettifer	780-456-3978
BUILDING & ASSETS	Al Chapman	780-456-9292
PLAYSCHOOL	Registrar	780-499-0232
COMMUNITY SERVICES	Rochelle Diederichs	
HALL RENTALS	Al Chapman	780-457-4342

P.O. Box 36050 Castledowns RPO; Edmonton AB T5X 5V9;
Dunluce Hall: 11620-162 Ave.; 780-456-3978; www.dunlucecl.ca

FITNESS CLASSES

Dunluce Community League has a

Fat Burning & Stomach Flattening WORKOUT

At Dunluce Community Hall 11620-162 Ave.

Tuesdays and Thursdays from 7:30 - 8:30 PM

A prepaid registration is only \$80.00 for 20 classes,

or the drop in fee is only \$10.00

For more information contact Zuzana @

(780) 914-1775 AFLCA Certified

BINGO DATES

Upcoming Bingos

If you have an upcoming Bingo please see dates below. You will also be receiving a call as a reminder. If you have any questions or you have not received a registration bingo date, call:

Janice: 780-504-2773

Dates are as follows:

June 23rd, July 16th & August 21st, 2019

All Bingos are at Kensington Bingo Hall unless otherwise stated.

Dunluce Playground

Did you know:

The current Dunluce community playground is over 20 years old

The community is responsible for replacing the old park (not the City)

It takes 3 – 5 years to complete grants, City applications, fundraising, etc. for a new park

Do you have young children who visit the park? Then WE NEED YOU! Please join the new park committee and help plan the new park. This is a 3 – 5 year plan, but without you it will not happen, and the old park will remain. If you would be interested in joining the committee, please contact Sabrina at 780 232 1925

HALL RENTAL RATES



For information call: (780) 457-4342 or e-mail:

hallrental@dunlucecl.ca

HALL IS NEWLY RENOVATED

* SEATING CAPACITY 120 *

WEEKEND RATES:

Dunluce Community League Members:

6:00 PM Friday evening until 5:00 PM

Sunday evening,

\$300.00 plus \$350.00 damage deposit.

Non – Dunluce Community League

Members:

6:00 PM Friday evening until 5:00 PM

Sunday evening,

\$350.00 plus \$350.00 damage deposit.

DAILY RATES (WEEKENDS ONLY)

Saturday 9:00 AM until Sunday 9:00 AM (24 Hr. Rental)

\$350.00 damage deposit

Dunluce Community League Members: \$200.00

Non – Dunluce Community League Members: \$275.00

Hourly Rate: \$30.00 per hour. (3 hour minimum) Hourly rate is only available Monday to Thursday.



REGISTRATION NOW OPEN FOR THE 3 AND 4 YEAR OLD CLASSES FOR THE 2019/2020 SCHOOL YEAR

- A qualified, experienced, energetic and creative Early Childhood Educator.
- Well equipped preschool with lots of room to play and learn.
- Programs dedicated to meeting your child's individual needs, including Kindergarten prep.
- Monthly themes and hands-on activities – everything from stargazing to baking.
- Exciting field trips – onsite and offsite.
- Cooperative community-based preschool – a great way to meet new families and get involved!

For more information please contact our Registrar at 780-499-0232, by email at dunlucepreschool@hotmail.com or visit us on our website www.dunlucepreschool.com
We look forward to seeing you and your little ones!

Want to Volunteer

Dunluce Community League is looking for new volunteers! If you would like to help out by making phone calls to confirm bingo volunteers, please contact our President @ president@dunlucecl.ca
Thank-you

FOLLOW US LIKE US!

Never miss another community event or announcement by liking our "Dunluce Community League" Facebook page and following us on twitter (@dclveg)



Dunluce Community Programs Spring 2019

PROGRAM	AGE	TIME	FEE	DAY	LOCATION	NOTE
Gymnastics	5-12	TBA	\$50	Wednesday	TBA	Body suit & bare feet
Tinny Kickers	3 + up	6 PM	\$40	Tuesday in May + June	Dunluce Hall	Only running shoes needed
Dance Classes	3 yrs	TBA	\$100	Tuesday	Dunluce Hall	Pink tights, Black body suit
Ballet & Tap	4+5 yrs	TBA	\$120	Tuesday	Dunluce Hall	Ballet shoes, Tap shoes

For more information or registration please phone, (780) 914-1775, or e-mail zuzana.bado@gmail.com

Carlisle Community League Executive

Position	Filled by	Phone
President	Krista Hennigar	780- 951-7627
Vice-President	Heather Magnes	780-903-3583
Treasurer/Grants	Myer Valeriano	780-907-1198
Membership	Jolene Reinhardt	780 819-0236
Secretary	Tara Pohl-Gobeil	780-218-3399
Buildings and Grounds	Ryan Simpson Rob Jarowka Jeff Reinhardt	780-267-7777 780-910-9450 780-819-0239
Volunteer Coordinator	Moirra Hennigar	780-616-3898
Newsletter Editor/Website	Michael Foster	780 991-4738
Soccer Director	Rob Lewis	carlisesoccerdirector@gmail.com
Program Director	Diane Neiman	780-457-6239
Variety Show Representatives	Sharda Persaud Sharla Sagert	780-340-7313 780-717-3689
CDRS Representatives	VACANT Kerri-Lynn Parker Krista Hennigar	780 554-7037 780-951-7627
Hall Rental Director	John Paul Potestio	780-993-3503
Social Director	Kara Henebury	780-995-2444
Casino Director	Sonya Harriott	780-862-1653

FITNESS CLASSES

FAT BURNING & STOMACH FLATTENING WORKOUT

Mondays and Wednesdays 7:00-8:00 pm
All levels welcome--beginner to pro
Prepaid registration is \$80 for 20 classes or \$10.00 for drop in.

For more information, call Zuzana at (780) 914-1775. AFLCA Certified

Instructor

GYMNASTICS - Ages 5-12, Wed. 5:30-6:30 pm

For more information and registration, please contact Zuzana at (780) 914-1775

NEW - Ladies only Fitness

Wednesdays 10:00-11:00 am

Fee \$50 / 10 classes

For more information and registration, please contact Zuzana at (780) 914-1775

For all of the above programs, please note that you require a yearly membership from a community league in Edmonton or a yearly membership from Carlisle Community League and can be purchased at a cost of \$25.00. If you have any suggestions or questions about Programs, please call Diane Neiman, Program Director at 780-457-6239.

YOGA CLASSES

For anyone who wants to stretch and learn basic yoga postures ending with relaxation. Beginners are welcome.
Thursdays 7:30-08:30 pm
Prepaid registration is \$40.00 for 10

classes

or \$10.00 for drop in.

For more information, call Yvonne at (780) 297-3147. YAA Certified Instructor



Hall Rental

Members \$300 and
Non-Members - \$350

Rental Inquiries Contact
Hall Rental Director
John Paul Potestio
@ 780-993-3503
Now Accept VISA
& Mastercard

Protecting yourself from allergies



Seasonal allergies occur at the same time of the year, every year.

Exposure to pollen and snow mold, a type of fungus on grass after snow melts, may cause allergic symptoms.

These symptoms may include itchy and watery eyes, sneezing, headache, fatigue and a runny, stuffy or itchy nose.

"Cleaning the inside of your nose with salt water, using a humidifier in the bedroom and

taking hot showers may help relieve symptoms," says Yvonne Ewanicke, a site manager at Health Link. "You can also try taking an over-the-counter antihistamine to relieve symptoms."

If symptoms continue, ask your doctor if immunotherapy or allergy shots might help you. They help prevent and reduce allergies.

Visit myhealth.alberta.ca or call 811 for more information.

WEISS-JOHNSON

HEATING, AIR CONDITIONING

Get a good night's sleep, no matter how hot it gets this summer, with Daikin Air Conditioning

Don't pay for 1 full year or finance it for as low as \$35/month*

DAIKIN
COMFORT FOR LIFE



Our buying power allows us to offer the best prices in the industry on the best equipment available.

Call for a **FREE** estimate today! **780-463-3096**
or book online at **weiss-johnson.com**

*conditions may apply

Lorelei-Beaumaris News

Lorelei- Beaumaris Board of Directors

President	Oksana	presidentlbcl@gmail.com
Vice President	Ali	vicepresidentlbcl@gmail.com
Secretary	Ashley	secylbcl@gmail.com
General Manager	Maria	hallrentalslbcl@gmail.com
Treasurer	Ghaida	treasurerlbcl@gmail.com
Ways and Means	Maja	waysmeans@gmail.com
Gaming Directors	Jennifer O	bingolbcl@gmail.com
CDRS Representatives	Julia & Jen A	cdslbcl@gmail.com
Sports Director	Ghaida	sportslbcl@gmail.com
Variety Show	Evelyn & Jen D	varietyshowlbcl@gmail.com
Memberships	Muna	memberships1bcl@gmail.com
Communications & Website	Jen A	comm1bcl@gmail.com
Playschool Information	Ashley	loreleibeumarisplayschool@gmail.com
Community Safety	Jennifer O	communitysafetylbcl@gmail.com
Edmonton Resource Coordinator	Rochelle Diederichs	Rochelle.Diederichs@edmonton.ca
LBCL Website:	www.lbcl.ca	
Facebook:	www.facebook.com/loreleibeumaris	
Twitter:	www.twitter.com/LBCommLeague	

Note: If you are having issues contacting someone please contact our Hall Manager who will pass on your message. If you are interested in filling any open positions or would like to get involved please send an email to our president at presidentlbcl@gmail.com

Soccer Corner

Thank you to all the coaches for the spring soccer season for all the passion, time and dedication you bring to the game and our teams!

U5 coaches:

- Ishie Gebara, Ashley Caldwell, Nazer Abdo

- Michelle Funk, Dion Ferland

U7 coaches:

- Andrew Laycock, Michelle Funk, Dion Ferland

- Evelyn Avalos, Madina Hajar, Ali Hajar

- Jessica Van Der Aa, Cory Van Der Aa

- Mohamed Ismail, Rola Darwich

U9 coaches:

- Summer Caissie, Devon Suley

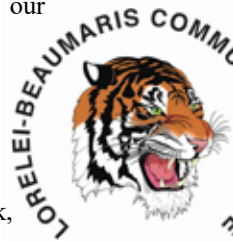
U11 coaches:

- Salih Hussein, Taryn Jones, Amanda Fenwick

- Luis Delgado, Oksana Delgado, Veronica Pawluski, Mario Platero

U13 coaches:

- Luis Delgado, Jose Delgado, Oksana Delgado
Go Tigers!



Lorelei-Beaumaris Playschool



Are you or someone you know, looking for a GREAT playschool?

Our goal for the playschool program is to create a positive, caring and fun-filled environment, where individual gifts and talents are nurtured. Through modeling and co-operative play children will learn how to be kind, respectful and accepting of others. The role of the teacher is to ensure and guide students to grow socially, emotionally and intellectually. Through play based centers students will have the opportunity to expand on their strengths and develop their areas of growth.



16220 103 St

Class options and fees

A non-refundable cheque/cash for \$50 will hold your spot for the upcoming year, September 2019 - May 2020.

- 3/4 Year olds - Tues/Thurs - Classes from 9:00 AM - 11:15 AM - \$90/monthly

- 4 Year olds - Mon/Wed/Fri - Classes from 9:00 AM - 11:15 AM - \$135/month

- 4 Year olds - Mon/Wed/Fri - Classes from 12:00 PM - 2:15 PM - \$135/month


In addition to the monthly fees, there are parental commitments

- * Community League membership
- * 1 co-op clean per year
- * 2 bingos per child for Lorelei Community League
- * 2 mandatory fundraisers
- * NO PARENT DUTY DAYS (Parents are welcome to join us in the classroom anytime)

For more information

WEBSITE: www.loreleibeumarisplayschool.com

CONTACT: Erin at LoreleiBeaumarisplayschool@gmail.com



Castledowns Dental


General Dentistry

Dr. Matthew G Ploboda D.D.S.

Family Dentistry Just Minutes Away

New Patients Always Welcome
Direct Billing • Invisalign
Cerec • Nitrous Oxide
Dental Implants

#202, 15961 - 97th Street NW **780-456-4441**





Lorelei-Beaumaris Hall Rentals

16220 – 103rd Street
Lorelei-Beaumaris Community League has the largest Hall facility in Castle Downs.

Hall dimensions are approximately 60 ft x 52 ft (bar to wall)
Accommodation for 448 guests (non-fixed seats), 354 (non-fixed tables & seats), 280 (dining and beverage).

Air conditioned, pot lighting, coatroom, wheelchair accessible washrooms

Raised stage setting (stage dimensions 13 ft x 20 ft wide)

Stage risers for the floor area (Risers consist of 5 units (ea 4' x 8') for a total raised floor stage setting of 20' x 8', grey carpeted & black skirting - \$100 with main hall rental)

Black Lectern (podium)
30 - 5ft round tables, 40 - 6ft rectangular tables 2 - 3ft accent tables

Full, commercial kitchen with natural gas stove & ovens

Spacious wet-bar area with bar-fridge and ice machine

Large BBQ available (cooks up to 65 burgers or 126 hotdogs all at once)

Multimedia system available for power-point, slideshows, videos, etc...

We do not have linens or chair covers. Event rental companies will be able to assist you with these items.

NEW HALL RENTAL RATES:

\$1000 – full weekend: Friday,



Saturday, Sunday

(Note: Sept - May full weekend bookings must be made at least 8 weeks in advance)

\$400 - Friday
\$600 - Saturday
\$350 - Sunday
\$50 - extended hourly rate / week day hourly rate

Sound System INCLUDED into all rentals

\$35 – music (if recorded music of any sort is played - Socan & Resound tariff)

\$100 - 20'x8' floor level stage risers (carpeted and skirted)

\$100 – Large BBQ (cooks up to 65 burgers or 126 hot dogs at once)

\$50 – dishes rental (plates, cutlery, glassware, limited small wares)

Deposits: for single day or hourly rentals - \$500; for full weekend rental - \$750

All Rates include GST

** Please note that all contracts signed for hall rentals will be required to purchase Renters Insurance for their event date at Lorelei Hall. We will give them the link to FPB Insurance to do this online. **

* Discounts may be available to LBCL Members who are booking for their use. Please talk to the hall manager for more information.

Feel free to call Maria 780-686-4415 for questions regarding hall rentals or to make an appointment to view the hall. Leave a detailed message or email hallrentals@lbcl.ca for more information.

For more photos of our hall please visit our website at www.lbcl.ca or our Facebook page at https://www.facebook.com/loreleibeumaris

Happy Trails – ATV Safety Tips

As snow-blowers and shovels are tucked away for another season, Albertans are venturing outdoors to enjoy the spring weather. Alberta Health Services (AHS) is reminding all Albertans, and particularly parents of children less than 16 years of age, to make ATV safety a priority.

There are significant risks associated with the use of ATVs. Children less than 16 years of age have not yet developed to the point of having the strength, skills or judgment needed to operate an ATV, and this includes ATVs marketed as ‘child-sized’.

Parents of children less than 16 years of age are advised to ensure these children do not drive or ride in an ATV. Albertans 16 years of age and older are urged to take the following precautions to ensure their ATV excursions are as safe as possible:

- Look First
Be sure you’re aware of the weather forecast, fire outlook/potential, and any hazards (geographical, animal or human) that the trail(s) you’re on could pose.

- Wear the Gear
A helmet can save your life: from 2002 – 2013, 41 per cent of ATV-rider deaths in Alberta were due to head injuries. In 77 per cent of these head injury deaths, the ATV riders were not wearing a helmet. In addition to a helmet, always wear a

jacket, long pants, goggles, boots and gloves.

- Get Trained
● Before you hit the trails, get formal hands-on training from a recognized/trained ATV instructor. Don’t be shy about refreshing your training seasonally.

- Buckle Up
● Be sure that you’re fastened in properly, and that all gear and equipment (including your ATV restraints) are in proper working condition before you hit the trails.

- Drive Sober
● Don’t drink or do drugs before or while operating an ATV. Fifty-five per cent of those who died in ATV crashes between 2002 and 2013 tested positive for alcohol.

In addition to the above, before you head out on the trail, let others know where you’re going and when they should expect you back. This helps your loved ones know when to call for help if you’ve been gone too long. Take a cell phone or working radio with you, as well as a first aid kit. Never hesitate to call for help if you’re stuck, have damaged your ATV, or are injured.

For more information on ATV safety and injury prevention in Alberta, visit <http://www.alberta-healthservices.ca/injuryprevention.asp>.



FAMILY GAMES DAY

JUNE 29TH 2PM - 4PM

JENGA, CONNECT FOUR, HORSESHOES, AND OTHER VARIOUS BOARD GAMES POPCORN AND FREEZIES!

NEIGHBOURHOOD SUMMER DAYCAMP

LITTLE SPORTS OF ALL SORTS



DATE	TIME	AGES	COURSE CODE	COST
Tuesday - Friday August 6-August 9	9:00AM - 11:30AM	4-6 years	637293	\$72

Lorelei Beaumaris Community League

16220 - 103 Street

Preschoolers will have a ball at this camp! Learn basic skills such as jumping, skipping, hopping, galloping, and catching through relay races, obstacle courses and other sport related activities.

Registration Now Open!

To Register:

- Call 311
- Online at movecampplay.edmonton.ca
- In person at any City of Edmonton Recreation and Leisure Centre

Thank you to the Lorelei Beaumaris Community League for allowing us to use their facility.



SERVING THE PEOPLE OF EDMONTON MANNING

If I can be of assistance to you on any federal matter, please do not hesitate to contact my office.

- Canada Pension Plan/Old Age Security
- Guaranteed Income Supplement
- Citizenship Inquiries
- Immigration Matters
- Canadian Passport/Consular Affairs
- Business Opportunities/Grants & Funding
- Student Loans
- Taxation Issues



SUITE 204A 8119 - 160 AVE.
EDMONTON, AB T5Z 0G3
ZIAD.ABOUTAIF.C1@PARL.GC.CA
780-822-1540
WWW.ZIADABOUTAIF.CA



Marrazzo Law Office

10%
OFF
WITH
THIS AD

- Wills • Notary
- Enduring power of attorney
- Personal directives
- Mobile visits available

Call today
780-756-5500

9535 135 Avenue (by Northgate Mall)

MaxWell

CHALLENGE REALTY

REAL ESTATE PROFESSIONAL YOU CAN TRUST

Call **JILL MICKLICH** today for help with
buying or selling your home

JILL MICKLICH
REALTOR®

WHERE REAL ESTATE HAPPENS™

📞 780-914-3852
✉ Jillmicklich@gmail.com



REALTOR.ca

the Gutter Doctor

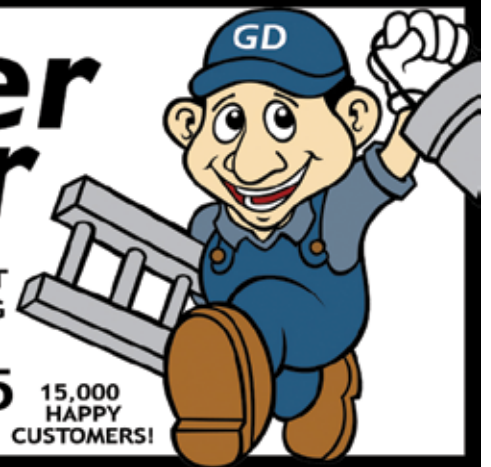
WE INSTALL
EAVESTROUGH, FASCIA & SOFFIT
COMMERCIAL GUTTER CLEANING

5 YEAR GUARANTEE ON INSTALLS

780-709-6825

info@gutterdoctor.ca

15,000
HAPPY
CUSTOMERS!



Denture Specialist - Over 35 Years Experience

Londonderry Denture Clinic

FREE CONSULTATION

M. Lucyshyn DD

R. Lucyshyn DD

780-476-2529

- New dentures in one day
- Repairs in 30 minutes
- Emergency after hours appointments

SENIORS
Ask how you
may receive your
dentures
**AT NO COST
TO YOU***

*Some conditions and
restrictions apply.

www.londonderrydentureclinic.com 13594 Fort Rd. Northeast Edmonton



Connexions Cafe
12644-137 Ave
(next to Lavish salon)
780-249-2696
connexionscafe.com

Weekend Breakfast Special!

\$8

Includes bacon & sausage,
eggs, hash brown and
toast. Plus free coffee!

Saturday & Sundays starting at 9am