

# CASTLE NEWS

Serving the community leagues of  
Baturyn, Caernarvon, Carlisle, Cumberland/Oxford,  
Dunluce, Lorelei/Beaumaris

May 2019



Published by Calder Publications. To advertise please call 780-918-0336 or email [josh@communityleagueneeds.com](mailto:josh@communityleagueneeds.com)

## Caernarvon's Annual 3-Pitch Baseball Tournament



We are hosting our Annual Adult Co-Ed 3-Pitch Tournament on Friday, May 10 and Saturday, May 11 at the baseball fields behind Caernarvon Community Hall.

The fun begins Friday evening and continues all day Saturday. Pizza and DJ Friday night. Cash bar. \$3 Pancake breakfast Saturday morning.

All you need is a team of 5 women and 5 men (aged 18+) and a \$200 entry fee. Cash prize for the winning team.

Contact Lizzie for more information or to register your team at: [3pitch.ccl@gmail.com](mailto:3pitch.ccl@gmail.com)

## Cumberland-Oxford Community Garden

Rent a garden bed for the year and see what you can grow! Each raised bed includes:

- High-quality soil and compost
- Tool access & Tool storage
- Shared rain barrels
- Garden Events

There are two rental bed sizes available to choose from to best suit your needs.

5x12 beds - \$40 for COCL members and \$50 for non-members.

5x5 beds - \$20 for COCL members and \$25 for non-members.

We also have a large pumpkin patch for kids to grow pumpkins (free for renters) as well as picnic tables on site. The garden is located at Gateway Alliance Church. For more information email [programs@cocl.org](mailto:programs@cocl.org)

## FREE DROP-IN SPRING GREEN SHACK

Edmonton

LOCATION	DATES	DAYS	TIMES
Elsinore (Castlebrook) 17604 104 Street	April 27 to May 22	Monday Wednesday Saturday	Mon & Wed: 3:30-6:00 PM Sat: 1:00-5:00 PM

Our Green Shack program is now running in select locations in the spring months.

Come and join us for games, crafts, sports, outdoor cooking and more!

This program is targeted for children aged 6-12, but all children accompanied by an adult are welcome to attend.

For more information, please visit: [edmonton.ca/Greenshacks](http://edmonton.ca/Greenshacks) or call 311.

Find us on Facebook!

[@GreenShacks](https://www.facebook.com/GreenShacks)



## CANADA DAY PARTY IN THE PARK

Free Fun for All Ages  
Noon - 4 PM



Park at the YMCA and Take  
the Hayride to the Park

Glitter Tattoos, Jumpy Tents, Photo Booth,  
Cotton Candy, Popcorn, Balloon Artists, Music



## CASTLEDOWNS VARIETY SHOW "An Evening of Adult Comedy"

[www.castledowns.ca](http://www.castledowns.ca)

Box 31075 Namao Center, Edmonton AB T5Z 3P3

Phone (780) 406-9070

### CASTLE DOWNS VARIETY SHOW WRITERS AND DIRECTORS NEEDED

It's that time of year already. We are looking for interested writers and directors for the **2019 Castle Evening of Adult Comedy** comprised mostly of skits, stand-up comedy & dance numbers.

**Your submission should include all of the following:**

- The Show Name,**
- Three sample skits**
- Black Light Number**
- A running order for the whole show**

Please submit package, including compensation expectations to:  
Variety Show Chairperson c/o Castle Downs Variety Show  
P.O. Box 31075 Namao RPO, Edmonton T5Z 3P3  
Or by email to [varietyshow@castledowns.ca](mailto:varietyshow@castledowns.ca)

**Submissions must be received no later than May 12<sup>th</sup> 2019.**

The Variety Show Committee will then review the submissions and set up interviews with the candidates. Please check the website for more info: [www.castledowns.ca](http://www.castledowns.ca) and look under the Variety show tab, you can email any questions to: [varietyshow@castledowns.ca](mailto:varietyshow@castledowns.ca)

### Lorelei-Beaumaris

### Community Clean-up

June 1st 11am-1pm

Sign up at [comm1bcl@gmail.com](mailto:comm1bcl@gmail.com)



@loreleibeauamaris



@LBCommLeague





## Community League Board Contacts

Positions are filled on a voluntary basis.  
If you are interested in board positions or would like to get involved, please contact the Board President at [president@aturyn.ca](mailto:president@aturyn.ca) to inquire about vacancies and opportunities.

Position	Name	Email
President	Tricia Stettner	<a href="mailto:president@aturyn.ca">president@aturyn.ca</a>
Vice President	Wayne Raymond	<a href="mailto:vicepresident@aturyn.ca">vicepresident@aturyn.ca</a>
Treasurer	Paul Petersen	<a href="mailto:treasurer@aturyn.ca">treasurer@aturyn.ca</a>
Secretary	Laura Bots	<a href="mailto:secretary@aturyn.ca">secretary@aturyn.ca</a>
Castle Downs Rec. Society Rep.	Rueben Tucker	<a href="mailto:CDRS_1@aturyn.ca">CDRS_1@aturyn.ca</a>
Castle Downs Rec. Society Rep.	Claudia Gonzalez	<a href="mailto:CDRS_2@aturyn.ca">CDRS_2@aturyn.ca</a>
Communications Director	Todd Lefevbre	<a href="mailto:communications@aturyn.ca">communications@aturyn.ca</a>
Communications Assistant	Angela Ferguson	
Facilities	Earl Archer	<a href="mailto:facilities@aturyn.ca">facilities@aturyn.ca</a>
Membership Rep	Beth Holtby	<a href="mailto:membership@aturyn.ca">membership@aturyn.ca</a>
Playschool Director	Kelly Young	<a href="mailto:playschool@aturyn.ca">playschool@aturyn.ca</a>
Programs Director	Angela Ferguson	<a href="mailto:programs@aturyn.ca">programs@aturyn.ca</a>
Soccer Director	Candice Bevan	<a href="mailto:soccer@aturyn.ca">soccer@aturyn.ca</a>
Social Director	Jared Huston	<a href="mailto:social@aturyn.ca">social@aturyn.ca</a>
Volunteer Director	Claudia Gonzalez	<a href="mailto:volunteers@aturyn.ca">volunteers@aturyn.ca</a>

Board Meetings are generally held on the 1st Monday of the Month at 7pm  
However, the June meeting will be held on **Sunday June 2<sup>nd</sup>** to accommodate outdoor sports season.  
July & August: No Scheduled Meetings

**Baturyn Community League**  
Proudly supporting the communities of  
Baturyn, Elsinore/Chambery (Castlebrook),  
Canossa (Castlewood), & Rapperswill (Newcastle)  
Website: [Baturyn.ca](http://Baturyn.ca) or find us on Facebook

## Become a 2018/2019 Member

Get your membership and enjoy the special perks of being a member.  
**Annual Memberships are valid from September 1<sup>st</sup> to August 31<sup>st</sup>.**

### Membership Fees:

Family \$25.00  
Single (16+) \$25.00  
Senior (55+) \$10.00  
(\$5 service fee applies to purchases made through efcl.org or Servus Credit Union)

### Membership Benefits:

- Access to community hosted events
- Free Access to all Community League ice rinks (with skate tags)
- Community League sports programs
- Free access to community swim times at the YMCA (Saturdays: 5:00 pm - 8:45 pm), Grand Trunk Fitness & Leisure Centre (Fridays: 7-9pm, Sundays: 4:15pm-5:45pm & Wednesdays: 8am-10am), O'Leary Fitness & Leisure Centre (Saturdays: 3:45pm - 5:45pm) and Londonderry Fitness & Leisure Centre (Sundays: 4:15pm-5:45pm)
- 20% discount on City of Edmonton Recreation Facilities Adult, Family, Child, and Youth/Senior annual passes or continuous monthly passes. 15% off Multi-Pass purchases. To learn more please call 311 or visit [www.edmonton.ca/wellness](http://www.edmonton.ca/wellness)
- 30% off all Cloverdale Paint products and up to 20% off all sundry items.
- 30% off all online orders at Papa John's Pizza for the rest of 2018 (to redeem, request a Papa John's promo card from [memberships@aturyn.ca](mailto:memberships@aturyn.ca))

Memberships are required to access programs offered by your Baturyn Community League.

**Get your membership today by going to  
EFCL.org or your local Servus Credit Union.  
Your membership fees help support the delivery of various**



**Baturyn Community League**  
Hall: 10505 172 Avenue  
Phone: 780 - 707 - 2047  
Website: [Baturyn.ca](http://Baturyn.ca)

### Planning a big party or hosting a big event?

Baturyn Community Hall may be the place for you; located between St. Charles Elementary School and Baturyn Elementary School, Baturyn Community Hall features a full commercial kitchen, bar, coat room, covered back patio with large BBQ, Fire Pit, & 2 boarded sports fields. For events involving children there is also a community playground located in front of the hall and basketball court located beside the hall.



### Hall Features:

- Seating Capacity: 275
- Hall Size: 55ft x 65ft
- Tables: 43 rectangular tables (seats 8)
- Chairs: 275
- Wheel Chair Accessible
- Plenty of Parking
- Industrial Kitchen Appliances – Gas Stove, Walk In Fridge, Microwave, Freezer, Dishwasher
- Large Kitchen Preparation Space
- Separate Bar with 2 door fridge & freezer
- Large Dance Floor
- Air Conditioning

**Important note: Rental rates will be increasing once interior renovations completed.  
Book now for 2019 dates to receive current rates.**

### Hall Rental Information:

Standard Rates	
Rental Period	Rates
Weekday Evenings	\$35/hr
Saturday 10:00 am – Sunday 10:00 am	\$425
Sunday 11:00 am – 5:00 pm	\$150
Sunday (Long Weekend)	\$250
Package Rates	
Rental Period	Rates
Friday 6:00 pm – Sunday 10:00 am	\$500
Saturday 10:00 am – Sunday 5:00 pm	\$550
Friday 6:00 pm – Sunday 5:00 pm	\$600

### Notes & Exceptions:

1. All rentals require a signed contract
2. Damage deposit is equal to the rental rate and will be refunded upon inspection of the hall after the event; final rental payment is due 30 days prior to the event.
3. Parking is constrained in the area and the parking lot is not available until after 5:00 pm during the school year.

To inquire about renting the hall, please email [rentals@aturyn.ca](mailto:rentals@aturyn.ca).

## Baturyn Community Playschool

### Register for the 2019-2020 school year on Monday, Aug 26<sup>th</sup>, 2019 @ 6pm

We offer a fun, play-based program that builds your child's social and academic skills. Students are introduced to the joys of learning by participating in in-school and out-of-school field trips, taking part in pre-reading, science and math projects, crafts, games, songs and music, kinder-cooking and daily physical activity.

**LOCATION:** Baturyn Community Hall, 10505 172 Avenue

**COST TO REGISTER:** \$45 non-refundable registration fee.

Registration is available on a first come, first served basis.



**For 3 year olds:** Tuesdays and Thursdays  
AM Class – 9:00am to 11:30am

**For 4 year olds:** Mondays, Wednesdays, and Fridays  
AM Class – 9:00am to 11:30 am  
or  
PM class – 12:45pm to 3:15pm

\*Child must be 3 years of age at the start of the playschool year for the three year old class. ALL children must be fully toilet trained for any class.

Find us on Facebook  by typing [www.facebook.com/BaturynCommunityPlayschool](https://www.facebook.com/BaturynCommunityPlayschool)

**For more information, please visit our website at  
[aturynplayschooledmonton.weebly.com](http://aturynplayschooledmonton.weebly.com)  
for more information on how to register.**



Neighbourhood Watch

Baturyn Community League now has a volunteer Community Representative in the Edmonton Neighbourhood Watch program! On April 29th there will be a meeting at the hall where residents can come out and ask an Edmonton Neighbourhood Watch employee about the program. Meet your neighbours and connect with others interested. Do you need training? What is the time commitment? What does ENW do? How can you get involved? Can you get signage?

We look forward to having a Neighbourhood Ambassador from each of the 5 communities, if interested please contact programs@baturyn.ca

Cool Creations summer camp – July 2-5th

Cool Creations is a day camp put on by the city of Edmonton for 6-9 year olds. This camp will operate out of Baturyn Hall from 9am-4pm the week of July 2-5. Learn how to tie dye, make slime and more. What cool creations will your kid make? Find out more or sign up by calling 311 or online at movelearnplay.edmonton.ca Course ID 657275

Welcome to New Playschool Teacher

Baturyn Community Playschool has a new teacher! We welcomed Ms. Serena just after Spring Break and are excited to learn, discover and explore with her! An alumnus of the Castledowns area, she currently holds a Level 1 Childcare Certification and will be working toward her Level 2 Certification. She believes children learn best through play and likes to base her teaching plan around the children’s interests.

BBQ & Bonfire Afternoon/ Evening – June 1st

After soccer photos in the morning, come join your neighbours for a family BBQ afternoon from 4 to 7. Later in the evening the festivities will continue with an adult-only bonfire from 8-11pm. Stay tuned for more details.

Community Spring Cleaning – May 5th

Before sports and park fun begins, Baturyn would like our neighbours to help with spring cleaning of all of our parks: Baturyn, Chambery-Elsinore, Canossa, and Rapperswill. On Sunday May 5th from 12 to 4pm, volunteer leaders will be in each park/field with supplies. Please note park clean-up will subject to weather/conditions. If you would like to lead in your park or donate supplies, please contact president@baturyn.ca.

If you’d like to help tidy your neighbourhood but can’t make May 5th work with your calendar, the City of Edmonton has free Litter Clean Up Kits available at the local Leisure Centres, just ask at the main desk. It comes with gloves, bags, pickers and a handy bag to hold it all.

Outgown It Swap & BBQ – Aug 18th

Save the Date! On August 18th, BCL will be hosting an Outgown It swap event with a free Block Party BBQ.

BCL members: 1st table free  
Non-members/Additional table: \$20

Please contact social@baturyn.ca for more information. Registration and payment will be available on the website soon. Acceptable items include children’s clothing, toys, books etc. This not a garage sale or vendor event.



# CASTLEDOWNS Dental Centre



## Dr. Tarek Tarchichi

[www.castledownsdentalcentre.com](http://www.castledownsdentalcentre.com)

780-456-2990

11816-145 Ave



**New Patients Welcome.**  
**Emergency & Walkins.**  
**Apointments Available**  
**Gentle Dentistry for the whole family.**



### Dental Centre Hours

Monday to Friday 8 am to 5 pm  
Saturdays 9 am to 4 pm

We are closed on Sunday & Public Holidays

At Castledowns Dental Centre, We are more than glad to offer you the following services:


- Root Canal Treatment
- White Fillings
- Wisdom Tooth Extractions
- Partial Dentures
- Dental Implants
- Sedation
- Crown & Bridges
- Veneers
- In office Zoom Teeth Whitening

We Accept:



## NEIGHBOURHOOD SUMMER DAYCAMP

# COOL CREATIONS



DATE	TIME	AGES	COURSE CODE	COST
Tuesday - Friday July 2-July 5	9:00AM - 4:00PM	6-9 years	657275	\$135.20

### Baturyn Community League

10505 - 172 Avenue


Are you looking to learn new skills and make some really cool creations? This is the camp for you! Learn how to tie-dye, and try your hand at concoctions such as homemade chocolates and slime. You'll take home a new creation every day!

Registration Now Open!

To Register:

- Call 311
- Online at [movelearnplay.edmonton.ca](http://movelearnplay.edmonton.ca)
- In person at any City of Edmonton Recreation and Leisure Centre

Thank you to the Baturyn Community League for access to their facility



## Rental Representative Opportunity For Baturyn Community Hall

If you are retired, stay at home parent, or looking to make some additional money, the Hall Rental Representative position may be of interest to you. Reporting to the Hall and Facilities Director, this role is a paid position receiving \$600.00 per month.

**Expected duties:**

- Receive and log rental requests from the hall rental coordinator
- Evaluate renter request and associated risk of rental
- Meet with renter and show the hall (limited showing times)
- Complete hall rental contract and collect needed deposits, fees, and damage deposit
- Update hall rental log indicating if rental status
- Act as contact for renter questions and issues
- Meet with renter in advance of rental to provide keys and alarm instructions
- Complete hall check in/check out list and advise renter of deficiencies (common rental times are Saturday 10am-Sunday 10am, and Sunday 11am-5pm)
- Advise the Treasurer of damage deposit refund amounts
- Light cleaning requirements
- Notify the custodian of major cleaning requirements
- Estimated effort – 5 to 7 hours per week

If interested, please email [recruitment@baturyn.ca](mailto:recruitment@baturyn.ca).

Proudly supporting the communities of  
Baturyn, Elsinore/Chambery (Castlebrook),  
Canossa (Castlewood), & Rapperswill (Newcastle)  
Website: [Baturyn.ca](http://Baturyn.ca) or find us on Facebook



# Caernarvon News

**Community League Executive**  
**14830 - 118 Street NW, Edmonton AB**  
**Phone or Text (780) 456-3435**

[president@caernarvon.ca](mailto:president@caernarvon.ca)  
[treasurer.ccl@shaw.ca](mailto:treasurer.ccl@shaw.ca)

President	Jennifer Schell
Vice President	Jason Desnoyers
Treasurer	Teena Burrell
Secretary	Kati Hutt
Bingo	Lynne Hellyer
Casino	Amanda Evans
CDRS	Danny Burrell
	Jennifer Schell
Equipment	D'Arcy Sommer
	Giovanni Borrelli
	Sandy Reda
Hall Maintenance	Ahmet Kaplan
Soccer	Jason Desnoyers
Social/Programs	Kati Hutt
Signs	Kody Overacker
Hall Rental	VACANT
Membership	VACANT
Newsletter	VACANT
Variety Show (2)	VACANT

## President's Message

Welcome Spring! Thanks to everyone who came out to our Glo Stick Walk in March; we had a steady flow of people who enjoyed the free cookies and hot chocolate, the lovely walk around Beaumaris Lake, and seeing some of the first brave ducks to return after a long winter. Thanks to our Social Director Kati Hutt and her awesome team of volunteers who show up ready to work and make community events like this happen!

Thanks also to those who attended our soccer registrations; Caernarvon will have four teams tearing up the fields this year and we wish you all the best for a great season.

Please come and celebrate Easter with your community on April 20 from 10am-noon - this is a FREE event for Community League members! And don't forget to sign your team up for our Slo-Pitch Tournament May 10-11! Ability to play ball is much less important than willingness to have a great time.

Caernarvon still has several Vacant positions on our Board - please send an email to president@caernarvon.ca if you would like to join us. Your commitment involves attending one Board meeting per month, and some time spent doing the work required by your position (usually not more than a few hours per month).

## Congratulations Local Wrestlers

Congratulations to local wrestlers Vianne Rouleau (Caernarvon) and Vivica Addo (Cumberland Oxford) on their double Gold Medals at both the Junior National Championships in Saskatoon, and U19 National Championships in Fredericton! These wins qualify both athletes to participate in the Constantin Alexandru & Ioan Popovici Tournament and training camp in Romania in May, and Vianne will compete for Team Canada at the Pan Am Championships in Morelia, Mexico in June.



## Easter Egg Hunt - April 20

Our Annual Easter Egg Hunt will take place on April 20, 2019 from 10:00am to 12:00pm. Come for cookie decorating, refreshments and a fun Easter Egg Hunt! Find eggs for a chance to win exciting prizes and track down the Easter Bunny for a photo op! Free for members and \$5.00 for non-members.



## Caerny Bucks



Caerny Bucks are worth \$50 and given to people who work extra bingos when they cannot otherwise be filled. These valuable credits can be put towards registered programs such as soccer registration, YMCA memberships, or City of Edmonton registered programs.

If you would like to be included on the Caerny Buck list to work Bingos please contact our Bingo Director Lynne Hellyer through our Facebook page, or leave a message/text 780-456-3435.

## Caernarvon Community League Post-secondary Scholarships



Caernarvon Community League Post-Secondary Scholarships recognize well-rounded individuals of any age who are active in their communities. The selection committee is looking for that person who is not necessarily the star of the sports team but shows up for every game and tries his/her best. Caernarvon Community League invites applications for two (2) Awards of \$500.00 each. These scholarships are for use at any accredited Canadian university, college or post-secondary program. All monies will be paid directly to the institution. Candidates MUST:

- Be enrolled in a post-secondary institution for the 2019-2020 academic year;
- Be a member of an Edmonton community league; and
- Submit a written essay of 1000 words describing why they believe Community Leagues are important to the well-being of the community. The essay should demonstrate the candidate's positive attitude, good communication skills, and describe their involvement in their community (involvement may include volunteering, arts, and/or sports related activities).

Please forward your essay with full contact information to: president@caernarvon.ca no later than June 1, 2019.



## Hall Rentals

If you are looking for a site to host your next big event, give the Caernarvon Community Hall a try! It is wheelchair accessible. We are one of the only halls in the city that cleans up after your event.

The Hall includes a coat room, raised stage with sound system, full kitchen with brand-new Commercial gas stove and two ovens, wet bar, glass door refrigerators, plenty of kitchen prep space, choice of round and rectangular tables.

### Seating Capacity

250 guests - Theatre-style seating  
 220 guests seated at tables, no dance floor  
 185 guests seated at tables with a dance floor

Please call or text 780 456-3435 if you have questions or would like an appointment to view the facilities.

### Hall Rental Rates

Hourly (Mon-Thurs):  
 Boardroom \$20, Hall \$35  
 Daily Sun-Thursday: Hall \$300

### Weekend Rates

\$650: Fri-Sun  
 \$550: Friday and Saturday  
 \$550: Saturday and Sunday  
 \$450: Saturday only  
 \$400: Friday only

### Add-Ons

Large BBQ \$50, Popcorn machine \$50, Dishes Rental \$100 (plates, cutlery, glassware, some small wares)

### Damage Deposits

Daily Rental: \$1000, Hourly Rental: \$250  
 If you don't see your arrangements of dates or times, please call or text 780 456-3435 for a quote from our rental directors.

## Facebook



Keep up to date in our community with registrations, events, sports, and so much more! Look up "Caernarvon Community League" and select "Like" and "Follow."



# Cumberland/Oxford News

## Cumberland Oxford Community League

Website: [cocl.org](http://cocl.org); Facebook: <https://www.facebook.com/COCLEdmonton>

### Executive Board

Position	Name	Email
President	Justin Yerichuk	<a href="mailto:President@cocl.org">President@cocl.org</a>
Vice President	Todd Boyer	<a href="mailto:VicePresident@cocl.org">VicePresident@cocl.org</a>
Treasurer	Helena Zheng	<a href="mailto:Treasurer@cocl.org">Treasurer@cocl.org</a>
Secretary	Christine Crowe	<a href="mailto:Secretary@cocl.org">Secretary@cocl.org</a>
Baseball Director	Michelle Innes	<a href="mailto:baseball@cocl.org">baseball@cocl.org</a>
Bingo Director	Heide Morden	<a href="mailto:coclbingo@gmail.com">coclbingo@gmail.com</a>
Bingo Director, Assistant #1	<b>Vacant</b>	
Bingo Director, Assistant #2	<b>Vacant</b>	
CDRS Representative	Vini Buecken	
CDRS Representative	Lynnette Thompson	
Communications Director	Drake Farmer	<a href="mailto:communications@cocl.org">communications@cocl.org</a>
Director at Large	Vanessa Forester	
Director at Large	Rosemary Sibanda	
Director at Large	Brittany Yerichuk	
Director at Large	Christa Gagnon	
Director at Large	Salam Yousef	
Fundraising Director	<b>Vacant</b>	<a href="mailto:fundraising@cocl.org">fundraising@cocl.org</a>
Membership Director	Jeff Deptuck	<a href="mailto:membership@cocl.org">membership@cocl.org</a>
Neighborhood Watch Director	<b>Vacant</b>	
Past President	Calvin Cazes	
Capital Projects Director	Chris Cebula	
Registration Director	Laurie Lachine	
Registration Director	Laurie Lachine	
Soccer Director	Dan Poon	<a href="mailto:soccer@cocl.org">soccer@cocl.org</a>
Soccer Director, Assistant	Tim Atlee	<a href="mailto:boys.soccer@cocl.org">boys.soccer@cocl.org</a>
Soccer Director, Assistant	Carol Cimino	
Social Director	Kismat Othman	<a href="mailto:programs@cocl.org">programs@cocl.org</a>
Social Media/Website	Drake Farmer	<a href="mailto:communications@cocl.org">communications@cocl.org</a>
Variety Show Director	Vanessa Latos	
Variety Show Director #2	<b>Vacant</b>	
Volunteer Director	Pam Ushkowski	<a href="mailto:volunteer@cocl.org">volunteer@cocl.org</a>
Volunteer Director	Lydia Chan-Kruska	



COCL Board Positions are filled on a voluntary basis. If you are interested in board positions or would like to get involved, please contact the Board President at [president@cocl.org](mailto:president@cocl.org) to inquire about vacancies and opportunities.

## It's about more than the Mouth

Did you know that a healthy mouth is also an important part of your overall health?

Anyone who has experienced poor oral health can attest to the negative impact it has on overall quality of life. Mouth pain, missing teeth or oral infections can influence the way a person speaks, eats and socializes, affecting their physical, mental and social well-being.

On the other hand, health conditions can affect oral health. For example, diabetes increases the risk of gum disease while gum disease can make diabetes harder to manage.

Gum disease, along with tooth decay and

oral cancer are common chronic oral diseases. They share common risk factors with other chronic diseases including, heart disease, respiratory illness, diabetes and other cancers. The good news? Making healthy lifestyle choices helps prevent and manage oral diseases while impacting other chronic diseases. Eat more fruits and vegetables, use less sugar, drink less alcohol, and choose to be tobacco free. For good oral hygiene brush with a fluoride toothpaste and floss daily. Visit your dentist regularly.

For more information on oral health, visit [www.ahs.ca/oralhealth](http://www.ahs.ca/oralhealth).

## Changing Our Communities, One Block Party At A Time

As a mother of two young boys, community is very important to me. Community in every sense of the word. I love seeing our sons connect and have fun with other children in our neighborhood. Events such as block parties create a welcoming, comfortable and safe environment in our communities for children and adults alike.

Last fall, I had the pleasure of co-hosting our communities first ever block party. Block parties can be what you want to make it, a potluck, a bbq, just a get together with games or a large event with a bouncy castle. Ours was a bbq. We delivered invites about a month ahead of the event. We also requested \$10 per family to help cover costs. Neighbors RSVP'd via email and we got permission from the families who were affected by the block off on the street. Organizing the event was straightforward; we got permission, a permit, organized for the roadblocks, bought some hot dogs, drinks and snacks and planned a few activities for the kids.

Not only did the kids have a blast playing and connecting with their peers, but the adults did too. Good company and good conversation drove our block party well into the evening. There is nothing quite like seeing your neighbors come together and become friends. We received only positive feedback from our event, everyone loved it and they are looking forward to the next one!

- Want to get to know your neighbors?
- Want to feel safe and secure in your own neighborhood?
- Want a sense of community within your community?
- Want to kick back and have some fun?
- Host a block party, your neighbors will thank you.

Lynn Jongsma

For more information on leading a block party and resources available head to [https://www.edmonton.ca/residential\\_neighbourhoods/neighbourhoods/block-parties](https://www.edmonton.ca/residential_neighbourhoods/neighbourhoods/block-parties)

## Cumberland Oxford Walking Paths

Cumberland Oxford has some amazing walking paths and great spaces to get outside. You can get a copy of our walking path map

here online ([www.edmonton.ca/transportation/CumberlandOxfordWalkingMap](http://www.edmonton.ca/transportation/CumberlandOxfordWalkingMap)) or email [communications@cocl.org](mailto:communications@cocl.org) for a physical copy.

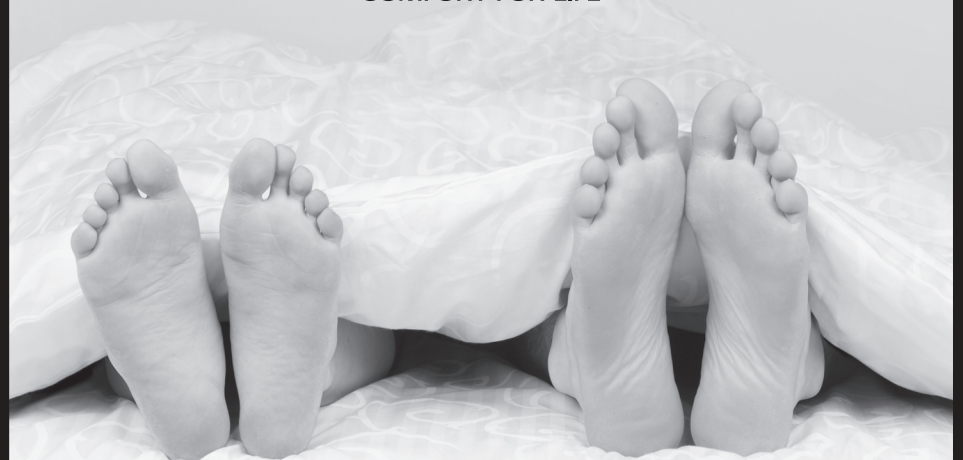
# WEISS-JOHNSON

## HEATING, AIR CONDITIONING

### Get a good night's sleep, no matter how hot it gets this summer, with Daikin Air Conditioning

Don't pay for 1 full year or finance it for as low as \$35/month\*

**DAIKIN**  
COMFORT FOR LIFE



**Our buying power allows us to offer the best prices in the industry on the best equipment available.**

**Call for a FREE estimate today! 780-463-3096**  
**or book online at [weiss-johnson.com](http://weiss-johnson.com)**

\*conditions may apply





## LCDS Preschool & Kindergarten

13931-140 St. (By Leon's)

**Taking registrations for the 2019/20 school year!**

Morning spots almost full.  
Afternoon spots still available

Book a free trial class before May 15. Check our website for further information.

- ✓ Spacious bright environment
- ✓ Friendly, experienced staff
- ✓ Classroom teacher holds a B.Ed. Degree
- ✓ All staff have appropriate certification and criminal record checks
- ✓ Choice of attendance days
- ✓ Regular field trips
- ✓ Class parties
- ✓ Mild speech & language services for children who qualify (deadlines apply)
- ✓ Great parking, easy access
- ✓ Non-denominational



**For More Information or to Register**  
780-473-7216 or [www.lcdskids.com](http://www.lcdskids.com)

EVERY ★ THURSDAY ★ 6 P.M.

THURSDAYS  
★ ★  
-TBD-  
TO BE DISCOVERED

# FREE EVENTS

LEGISLATIVE ASSEMBLY VISITOR CENTRE

#ThursdaysTBD  
[assembly.ab.ca/visitorcentre](http://assembly.ab.ca/visitorcentre)



## GOT A TEAM? EARN 10% BACK WITH TEAM HQ!

**Got a team? Get rewards!**  
Team HQ is our way of supporting teams in your community – so get in on the action!

**Step up, sign up!**  
Collect 10% of what you spend on each receipt at Boston Pizza.



**Get 50% off\* any medium or large pizza!**



\* Buy **ANY** medium or large pizza and get your second medium or large for **half the price**. Just add two pizzas to your cart and we'll automatically apply the discount to your order.

Boston Pizza  
Namao



780-456-5554  
16521 97 Ave

MEMBER OF PARLIAMENT  
**MICHAEL COOPER**  
ST. ALBERT - EDMONTON

**DO YOU NEED ASSISTANCE WITH FEDERAL DEPARTMENTS OR AGENCIES?**

My staff will be glad to help you.

*Some areas we can provide information and assistance with include:*

- Citizenship and Immigration
- Employment Insurance Benefits
- Canada Pension Plan (CPP)
- Guaranteed Income Supplement (GIS)
- Canada Revenue Agency inquiries
- Passport Canada
- Old Age Security (OAS)
- Veterans Affairs

**MICHAEL COOPER MP**  
ST. ALBERT-EDMONTON

ST. ALBERT CONSTITUENCY OFFICE  
20 Perron Street, Suite 220  
St Albert, Alberta T8N 1E4

MP@MichaelCooperMP.ca  
michaelcoopermp.ca • 780-459-0809

*Summer Camps*

**DGC Dynamix 25 years**

1/2 day 9:00-12:00 or 1:00-4:00  
\$159 + Membership  
Full Day 9:00-4:00  
starting at \$299 + Membership  
\* Before care & After care available

780-458-3153  
[www.dynamixgymnastics.com](http://www.dynamixgymnastics.com)





**the**  
**Gutter Doctor**


WE INSTALL  
EAVESTROUGH, FASCIA & SOFFIT  
COMMERCIAL GUTTER CLEANING  
5 YEAR GUARANTEE ON INSTALLS  
**780-709-6825**  
info@gutterdoctor.ca

15,000  
HAPPY  
CUSTOMERS!



**Denture Specialist - Over 35 Years Experience**

***Londonderry Denture Clinic***



**FREE CONSULTATION**  
M. Lucyshyn DD  
R. Lucyshyn DD  
**780-476-2529**

- New dentures in one day
- Repairs in 30 minutes
- Emergency after hours appointments

**SENIORS**  
Ask how you  
may receive your  
dentures  
**AT NO COST  
TO YOU\***

\*Some conditions and  
restrictions apply.

www.londonderrydentureclinic.com 13594 Fort Rd. Northeast Edmonton



**MaxWell**  
CHALLENGE REALTY

**REAL ESTATE PROFESSIONAL YOU CAN TRUST**

Call **JILL MICKLICH** today for help with  
buying or selling your home

**JILL MICKLICH**  
REALTOR®

☎ 780-914-3852  
✉ Jillmicklich@gmail.com

WHERE REAL ESTATE HAPPENS™

**R** REALTOR.ca



**Connexions Cafe**  
12644-137 Ave  
(next to Lavish salon)  
780-249-2696  
connexionscafe.com

**Weekend Breakfast Special!**

**\$8**

Includes bacon & sausage,  
eggs, hash brown and  
toast. Plus free coffee!

Saturday & Sundays starting at 9am

# Shape the future of Lorelei & Beaumaris

The City is renewing roads, sidewalks\* and street lights in Lorelei (starting in 2020) and Beaumaris (starting in 2021) and considering other community improvements to City-owned land.

As a follow up to the Vision Confirmation and Community Options event held on February 28, we would like to share our draft concept designs for your input.

**MAY 2019**  
**08**

**Draft Concept Designs Event**  
Thursday, 5:30 – 8:00 p.m. (drop-in)  
Lorelei School Gymnasium, 16230 103 St NW

*Light snacks, refreshments and children's activities will be provided*

Your feedback will help us to develop the best designs for your neighbourhood to better meet your needs.

\*Sidewalks subject to local improvement process:  
edmonton.ca/localimprovement

edmonton.ca/BuildingLoreleiBeaumaris  
or call 311

**SHARE YOUR VOICE  
SHAPE OUR CITY**

**Edmonton**

**REFINE**

**Marrazzo Law Office**

**10% OFF WITH THIS AD**

- Wills • Notary
- Enduring power of attorney
- Personal directives
- Mobile visits available

**Call today**  
**780-756-5500**

**9535 135 Avenue (by Northgate Mall)**



# Dunluce News

## Community League Executive

PRESIDENT	Keoma McMurren	780-457-9101
VICE PRESIDENT	Mark Gross	780-456-5700
TREASURER	Loretta Wonitoy	780-457-9101
SECRETARY	Lorna Melnyk	780-456-4596
PAST PRESIDENT	Nadine Meads	780-982-6260
CDRS REP	Ryan Korpesio Jesse Webb	780-444-9212 780-288-2218
VARIETY SHOW	Denyse Ward Sabrina Jackson	587-983-9401 780-232-1925
CASINO	Maureen Ewart Mark Gross	780-457-0708 780-456-5700
MEMBERSHIP	Christina Fletcher	780-484-3051
PUBLICITY	Bev Gross	780-456-5700
SOCIAL	Lorna Melnyk	780-456-4596
BINGO DIRECTOR	Janice Delo	780-504-2773
BINGO PHONING	VACANT	
SOCCER	Electra Fenwick	780-200-2551
SOFTBALL	Loretta Wonitoy	780-457-9101
PROGRAMS	Registrar	780-914-1775
WAYS & MEANS	Lisa Love	
SOCCER EQUIP.	Arlene Pettifer	780-456-3978
BUILDING & ASSETS	Al Chapman	780-456-9292
PLAYSCHOOL	Registrar	780-499-0232
COMMUNITY SERVICES	Rochelle Diederichs	
HALL RENTALS	Al Chapman	780-457-4342

P.O. Box 36050 Castledowns RPO, Edmonton AB T5X 5V9  
Dunluce Hall: 11620-162 Ave., 780-456-3978, [www.dunlucecl.ca](http://www.dunlucecl.ca)

## 2019 HALL RENTAL RATES

For information call: (780) 457-4342 or e-mail: [hallrental@dunlucecl.ca](mailto:hallrental@dunlucecl.ca)  
HALL IS NEWLY RENOVATED  
\* SEATING CAPACITY 120 \*  
**WEEKEND RATES:**  
Dunluce Community League Members:  
6:00 PM Friday evening until 5:00 PM Sunday evening,  
\$300.00 plus \$350.00 damage deposit.  
Non – Dunluce Community League Members:  
6:00 PM Friday evening until 5:00 PM Sunday evening,  
\$350.00 plus \$350.00 damage deposit.  
**DAILY RATES (WEEKENDS ONLY)**  
Saturday 9:00 AM until Sunday 9:00 AM (24 Hr. Rental)  
\$350.00 damage deposit  
Dunluce Community League Members: \$200.00  
Non – Dunluce Community League Members: \$275.00  
Hourly Rate: \$30.00 per hour. (3 hour minimum) Hourly rate is only available Monday to Thursday.

## Dunluce Playground

### Did you know:

The current Dunluce community playground is over 20 years old

The community is responsible for replacing the old park (not the City)

It takes 3 – 5 years to complete grants, City applications, fundraising, etc. for a new park

Do you have young children who visit the park? Then WE NEED YOU! Please join the new park committee and help plan the new park. This is a 3 – 5 year plan, but without you it will not happen, and the old park will remain. If you would be interested in joining the committee, please contact Sabrina at 780 232 1925

## Dunluce Community Programs Spring 2019

PROGRAM	AGE	TIME	FEE	DAY	LOCATION	NOTE
Gymnastics	5-12	TBA	\$50	Wednesday	TBA	Body suit & bare feet
Tinny Kickers	3 + up	6 PM	\$40	Tuesday in May + June	Dunluce Hall	Only running shoes needed
Dance Classes	3 yrs	TBA	\$100	Tuesday	Dunluce Hall	Pink tights, Black body suit
Ballet & Tap	4+5 yrs	TBA	\$120	Tuesday	Dunluce Hall	Ballet shoes, Tap shoes

For more information or registration please phone, (780) 914-1775, or e-mail [zuzana.bado@gmail.com](mailto:zuzana.bado@gmail.com)



### REGISTRATION NOW OPEN FOR THE 3 AND 4 YEAR OLD CLASSES FOR THE 2019/2020 SCHOOL YEAR

- A qualified, experienced, energetic and creative Early Childhood Educator.
- Well equipped preschool with lots of room to play and learn.
- Programs dedicated to meeting your child's individual needs, including Kindergarten prep.
- Monthly themes and hands-on activities – everything from stargazing to baking.
- Exciting field trips – onsite and offsite.
- Cooperative community-based preschool – a great way to meet new families and get involved!

For more information please contact our Registrar at 780-499-0232, by email at [dunlucepreschool@hotmail.com](mailto:dunlucepreschool@hotmail.com) or visit us on our website [www.dunlucepreschool.com](http://www.dunlucepreschool.com)  
We look forward to seeing you and your little ones!

## FITNESS CLASSES

Dunluce Community League has a Fat Burning & Stomach Flattening WORKOUT

At Dunluce Community Hall 11620-162 Ave. Tuesdays and Thursdays from 7:30 - 8:30 PM

A prepaid registration is only \$80.00 for 20 classes, or the drop in fee is only \$10.00

For more information contact Zuzana @ (780) 914-1775  
AFLCA Certified

## Dunluce Learn To Play

Tuesdays and Thursdays

Behind Dunluce Community League Hall

May 2<sup>nd</sup> through June 20<sup>th</sup>

8 and Under: 5:15 – 6:15 p.m.

Over 8: 6:30 – 7:30 p.m.

\$50.00 to register plus one Volunteer Commitment per registration

Must have a valid Dunluce or EFCL Membership to participate

Do you want to Learn To Play Soccer? Softball? Basketball? Badminton?

Come join us for a lot of fun and learn basic skills in each sport.

Dunluce Community League will provide all equipment.

2<sup>nd</sup> Registration March 21, 2019 at 6:30 p.m. Dunluce Community Hall.

For more information, please contact Keoma @ 780-457-9101



Please join us for our first Spring Craft Fair  
Saturday May 4th 10am to 4pm

Dunluce Community League  
11620-162 Ave.

Free admission, Concession

Great Mothers' Day Gift Ideas  
from our local handmade artist.

Check out our Facebook page for more details

FOLLOW US! LIKE US!

Never miss another community event or announcement by liking our "Dunluce Community League" Facebook page and following us on twitter (@dclyleg)



## Want to Volunteer



Dunluce Community League is looking for new volunteers! If you would like to help out by making phone calls to confirm bingo volunteers, please contact our President @ [president@dunlucecl.ca](mailto:president@dunlucecl.ca)  
Thank-you



Carlisle Community League Executive		
Position	Filled by	Phone
President	Krista Hennigar	780- 951-7627
Vice-President	Heather Magnes	780-903-3583
Treasurer/Grants	Myer Valeriano	780-907-1198
Membership	Jolene Reinhardt	780 819-0236
Secretary	Tara Pohl-Gobeil	780-218-3399
Buildings and Grounds	Ryan Simpson Rob Jarowka Jeff Reinhardt	780-267-7777 780-910-9450 780-819-0239
Volunteer Coordinator	Moira Hennigar	780-616-3898
Newsletter Editor/Website	Michael Foster	780 991-4738
Soccer Director	Rob Lewis	<a href="mailto:carlisesoccerdirector@gmail.com">carlisesoccerdirector@gmail.com</a>
Program Director	Diane Neiman	780-457-6239
Variety Show Representatives	Sharda Persaud Sharla Sagert	780-340-7313 780-717-3689
CDRS Representatives	VACANT Kerri-Lynn Parker Krista Hennigar	780 554-7037 780-951-7627
Hall Rental Director	John Paul Potestio	780-993-3503
Social Director	Kara Henebury	780-995-2444
Casino Director	Sonya Harriott	780-862-1653

**Fitness Classes**  
 FAT BURNING & STOMACH  
 FLATTENING WORKOUT  
 Mondays and Wednesdays 7:00-8:00 pm  
 All levels welcome--beginner to pro  
 Prepaid registration is \$80 for 20 classes  
 or \$10.00 for drop in.  
 For more information, call Zuzana at  
 (780) 914-1775. AFLCA Certified In-  
 structor; GYMNASTICS - Ages 5-12, Wed.  
 5:30-6:30 pm

ABC123 - Ages 2 and up, Tues. 10-11 am  
 FIT KIDS - Ages 2 and up, Thurs. 10-11 am  
 For more information and registration,  
 please contact Zuzana at (780) 914-1775  
 For all of the fitness programs, please  
 note that you require a yearly membership  
 from a community league in Edmonton or a  
 yearly membership from Carlisle Commu-  
 nity League and can be purchased at a cost  
 of \$25.00.

**Yoga Classes**  
 For anyone who wants to stretch and  
 learn basic yoga postures ending with  
 relaxation. Beginners are welcome.  
 Thursdays 7:30-08:30 pm  
 Prepaid registration is \$40.00 for 10 classes  
 or \$10.00 for drop in.  
 For more information, call Yvonne at  
 (780) 297-3147. YAA Certified Instructor





### Hall Rental

Members \$300 and  
Non-Members - \$350  
 Rental Inquiries Contact  
 Hall Rental Director  
 John Paul Potestio  
 @ 780-993-3503  
 Now Accept VISA  
 & Mastercard



## MacEwan UNIVERSITY

## SCHOOL OF CONTINUING EDUCATION

# CONSERVATORY of MUSIC

Private Music Lessons  
for All Instruments and Levels

---

Estill Voice Training Program  
June 24-28, 2019

---

Summer Music Theory  
July 2-Aug 6, 2019

---

Summer Jazz Workshop  
August 19-23, 2019

**780-633-3725**  
**10050 MacDonald Drive**  
**MacEwan.ca/Conservatory**







**Double the space**  
**Dedicated work out area**  
**Brand new equipment**

**Book your appointment today!**

📍 Northgate Centre (2<sup>nd</sup> floor)  
 📞 780.473.1461  
 🌐 [pivotalphysio.com](http://pivotalphysio.com)

**PIVOTAL**  
 PHYSIOTHERAPY

**Tired? Can't keep up?**  
**Not getting enough**  
**sleep?**  
**Tell us about it!**



University researchers invite working men to talk about healthy sleep habits in a 2-hour group conversation. Come have a coffee and share your thoughts with us.

**You'll receive a \$50 gift card!**

Call (780) 248-1010  
 email [achord@ualberta.ca](mailto:achord@ualberta.ca)  
 {limited spots available}



THE UNIVERSITY OF BRITISH COLUMBIA



## Lorelei-Beaumaris Upcoming Bingos



Our bingo dates, held at Kensington Bingo Hall from 4:45pm - 9:45pm  
 Thursday, May 16, 2019  
 Thursday, January 17, 2019  
 Saturday, March 16, 2019  
 Monday, March 18, 2019  
 Wednesday, April 17, 2019  
 Thursday, May 16, 2019

If you are scheduled for a bingo, you will receive a courtesy phone reminder about a week prior (to the number you wrote down at registration time. You also have your parental commitment date on your copy of the registration form). For bingo inquiries please contact Jennifer O at [bingolbcl@gmail.com](mailto:bingolbcl@gmail.com)

Advice when volunteering at Bingo: Wear comfortable shoes, as most jobs require you to walk around the bingo hall for the shift. Please don't plan on texting friends or standing on the sides; we are expected to focus on our job and circulate throughout the room. You will get a 25 minute break which allows you to sit and relax and you can have a meal from the concession stand for free. Do call-backs quickly (calling out the bingo winner's number) which speeds up the games and gets you out earlier. Have fun; visit with your community members as you walk around, and think of all the good you are doing for your community and your body (it is exercise too!).



**Castledowns Dental**  
**General Dentistry**

*Dr. Matthew G. Ploboda D.D.S.*

*Family Dentistry Just Minutes Away*

**New Patients Always Welcome**  
**Direct Billing • Invisalign**  
**Cerec • Nitrous Oxide**  
**Dental Implants**



**#202, 15961 - 97th Street NW**

**780-456-4441**

## Lorelei-Beaumaris Soccer Corner

This month we saw coaches Oksana and Luis Delgado from Lorelei-Beaumaris and Leanne from McLeod represent their leagues and North Edmonton soccer at City Hall to celebrate the wins at the Inter Cities Tournament in Calgary.

Also watch for Top of the City Soccer! This

is the second year Jon Dziadak is hosting the Top of the City Soccer festival. This year it is happening with the Castle Downs YMCA Jun 14 21:00 to Jun 16 at 9:00. Sign up at <http://www.jondziadyk.com/TopOfTheCity2019>

Don't forget to keep track of your soccer

commitment date(s). Each commitment goes to keeping the cost of soccer as low as possible.

This outdoor season our community is happy to have 10 teams of more than 150 players ages 4 to 13! We wish them a great season! Go Tigers!



# Lorelei-Beaumaris News

## Lorelei- Beaumaris Board of Director's

<b>President</b>	Oksana	<a href="mailto:presidentlbcl@gmail.com">presidentlbcl@gmail.com</a>
<b>Vice President</b>	Ali	<a href="mailto:vicepresidentlbcl@gmail.com">vicepresidentlbcl@gmail.com</a>
<b>Secretary</b>	Ashley	<a href="mailto:secylbcl@gmail.com">secylbcl@gmail.com</a>
<b>General Manager</b>	Maria	<a href="mailto:hallrentalslbcl@gmail.com">hallrentalslbcl@gmail.com</a>
<b>Treasurer</b>	Ghaida	<a href="mailto:treasurerlbcl@gmail.com">treasurerlbcl@gmail.com</a>
<b>Ways and Means</b>	Maja	<a href="mailto:waysmeans@gmail.com">waysmeans@gmail.com</a>
<b>Gaming Directors</b>	Jennifer O	<a href="mailto:bingolbcl@gmail.com">bingolbcl@gmail.com</a>
<b>CDRS Representatives</b>	Julia & Jen A	<a href="mailto:cdslbcl@gmail.com">cdslbcl@gmail.com</a>
<b>Sports Director</b>	Ghaida	<a href="mailto:sportslbcl@gmail.com">sportslbcl@gmail.com</a>
<b>Variety Show</b>	Evelyn & Jen D	<a href="mailto:varietyshowlbcl@gmail.com">varietyshowlbcl@gmail.com</a>
<b>Memberships</b>	Muna	<a href="mailto:memberships1bcl@gmail.com">memberships1bcl@gmail.com</a>
<b>Communications &amp; Website</b>	Jen A	<a href="mailto:comm1bcl@gmail.com">comm1bcl@gmail.com</a>
<b>Playschool Information</b>	Ashley	<a href="mailto:loreleibeumarisplayschool@gmail.com">loreleibeumarisplayschool@gmail.com</a>
<b>Community Safety</b>	Jennifer O	<a href="mailto:communitysafetylbcl@gmail.com">communitysafetylbcl@gmail.com</a>
<b>Edmonton Resource Coordinator</b>	Rochelle Diederichs	<a href="mailto:Rochelle.Diederichs@edmonton.ca">Rochelle.Diederichs@edmonton.ca</a>
<b>LBCL Website:</b>	<a href="http://www.lbcl.ca">www.lbcl.ca</a>	
<b>Facebook:</b>	<a href="https://www.facebook.com/loreleibeumaris">www.facebook.com/loreleibeumaris</a>	
<b>Twitter:</b>	<a href="https://www.twitter.com/LBCommLeague">www.twitter.com/LBCommLeague</a>	

**Note: If you are having issues contacting someone please contact our Hall Manager who will pass on your message. If you are interested in filling any open positions or would like to get involved please send an email to our president at [presidentlbcl@gmail.com](mailto:presidentlbcl@gmail.com)**

## Lorelei-Beaumaris Hall Rentals

16220 – 103rd Street  
Lorelei-Beaumaris Community League has the largest Hall facility in Castle Downs.

Hall dimensions are approximately 60 ft x 52 ft (bar to wall)  
Accommodation for 448 guests (non-fixed seats), 354 (non-fixed tables & seats), 280 (dining and beverage).

Air conditioned, pot lighting, coatroom, wheelchair accessible washrooms

Raised stage setting (stage dimensions 13 ft x 20 ft wide)

Stage risers for the floor area (Risers consist of 5 units (ea 4' x 8') for a total raised floor stage setting of 20' x 8', grey carpeted & black skirting - \$100 with main hall rental)

Black Lectern (podium)  
30 - 5ft round tables, 40 - 6ft rectangular tables 2 - 3ft accent tables

Full, commercial kitchen with natural gas stove & ovens  
Spacious wet-bar area with bar-fridge and ice machine

Large BBQ available (cooks up to 65 burgers or 126 hotdogs all at once)

Multimedia system available for power-point, slideshows, videos, etc...

We do not have linens or chair covers. Event rental companies will be able to assist you with these items.

### NEW HALL RENTAL RATES:

\$1000 – full weekend: Friday,



Saturday, Sunday  
(Note: Sept - May full weekend bookings must be made at least 8 weeks in advance)

\$400 - Friday  
\$600 - Saturday  
\$350 - Sunday  
\$50 - extended hourly rate / week day hourly rate

Sound System INCLUDED into all rentals

\$35 – music (if recorded music of any sort is played - Socan & Resound tariff)

\$100 - 20'x8' floor level stage risers (carpeted and skirted)

\$100 – Large BBQ (cooks up to 65 burgers or 126 hot dogs at once)

\$50 – dishes rental (plates, cutlery, glassware, limited small wares)

Deposits: for single day or hourly rentals - \$500; for full weekend rental - \$750

### All Rates include GST

\*\* Please note that all contracts signed for hall rentals will be required to purchase Renters Insurance for their event date at Lorelei Hall. We will give them the link to FPB Insurance to do this online. \*\*

\* Discounts may be available to LBCL Members who are booking for their use. Please talk to the hall manager for more information.

Feel free to call Maria 780-686-4415 for questions regarding hall rentals or to make an appointment to view the hall. Leave a detailed message or email [hallrentals@lbcl.ca](mailto:hallrentals@lbcl.ca) for more information.

For more photos of our hall please visit our website at [www.lbcl.ca](http://www.lbcl.ca) or our Facebook page at <https://www.facebook.com/loreleibeumaris>

## Lorelei-Beaumaris Playschool



**Are you or someone you know, looking for a GREAT playschool?**

Our goal for the playschool program is to create a positive, caring and fun-filled environment, where individual gifts and talents are nurtured. Through modeling and co-operative play children will learn how to be kind, respectful and accepting of others. The role of the teacher is to ensure and guide students to grow socially, emotionally and intellectually. Through play based centers students will have the opportunity to expand on their strengths and develop their areas of growth.



# 16220 103 St

### Class options and fees

A non-refundable cheque/cash for \$50 will hold your spot for the upcoming year, September 2019 – May 2020.

- 3/4 Year olds – Tues/Thurs - Classes from 9:00 AM - 11:15 AM - \$90/monthly
- 4 Year olds – Mon/Wed/Fri - Classes from 9:00 AM - 11:15 AM - \$135/month
- 4 Year olds – Mon/Wed/Fri - Classes from 12:00 PM - 2:15 PM - \$135/month

### In addition to the monthly fees, there are parental commitments

- \* Community League membership
- \* 1 co-op clean per year
- \* 2 bingos per child for Lorelei Community League
- \* 2 mandatory fundraisers
- \* NO PARENT DUTY DAYS (Parents are welcome to join us in the classroom anytime)

### For more information

WEBSITE: [www.loreleibeumarisplayschool.com](http://www.loreleibeumarisplayschool.com)

CONTACT: Erin at [LoreleiBeaumarisplayschool@gmail.com](mailto:LoreleiBeaumarisplayschool@gmail.com)

## NEIGHBOURHOOD SUMMER DAYCAMP

# LITTLE SPORTS OF ALL SORTS



DATE	TIME	AGES	COURSE CODE	COST
Tuesday - Friday August 6-August 9	9:00AM - 11:30AM	4-6 years	657292	\$72

## Lorelei Beaumaris Community League

16220 - 103 Street

Preschoolers will have a ball at this camp! Learn basic skills such as jumping, skipping, hopping, galloping, and catching through relay races, obstacle courses and other sport related activities.

Registration Now Open!

To Register:

- Call 311
- Online at [movelearnplay.edmonton.ca](http://movelearnplay.edmonton.ca)
- In person at any City of Edmonton Recreation and Leisure Centre

Thank you to the Lorelei Beaumaris Community League for access to their facility







**QUALICO**<sup>®</sup>  
communities

Just like the great aviator it was named after, Cy Becker expands the horizon and creates possibilities. With an All Seasons Park, various nearby amenities and access to the Clareview LRT Station and Anthony Henday Drive, the sky's the limit when you live in Cy Becker!

**FIVE NEW SHOWHOMES NOW OPEN!**

**CYBECKER.COM**