

# COMMUNITY LEAGUE

## News

Feb/Mar 2015

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### Community League News

is published six times a year by Calder Publications on behalf of the Community Leagues of Argyll, Garneau, Hazeldean, Ritchie & Strathcona Centre. Editorial content is the responsibility of each community league.

### ADVERTISING

To place an advertisement in *Community League News*, please phone 434-9732 or go to [www.communityleagueneews.com](http://www.communityleagueneews.com)

## Strathcona Annual Winterfest Sunday, February 15, 2015, 2 – 5 pm Strathcona Centre Community 10139 – 87 Avenue

*Sleigh rides! Carnival Games! Skating! Dessert Cook-off! That's right, it's time for the annual Strathcona Winterfest. Come on down to the hall and enjoy the activities, meet some neighbours and chow down on burgers and desserts. Lots of great prizes available – with a special one for the best pie. So rustle up your grandma's pie recipe, or come up with your best brownie, and join the fun. For more information, contact the board members, Jeanie McDonnell and Berna Ponich who are sharing the Social Director position at [social@strathconacommunity.ca](mailto:social@strathconacommunity.ca)*

## Argyll Toboggan Party on the Hill

February 22 — Argyll Toboggan hill at Mill Creek

Come join your neighbours for some gravity fed fun in the ravine on Sunday, February 22nd. There will be complimentary hot chocolate and marshmallows for roasting on a fire. All you have to do is bring your sled.

We will be located at the toboggan hill in the Mill Creek Ravine on 84 Street. The event is planned to go regardless of weather or snow conditions. Be sure to check [www.argyllcl.ab.ca](http://www.argyllcl.ab.ca) for updates, like us on Facebook or follow us on Twitter using the @ArgyllCL handle, and stay in the know.



## Hazeldean Winter Fun Day Saturday, February 21st, 12-3pm

Hazeldean Hall 9630 66 Ave

Come out from 12-3pm for lots of winter fun. We will have sleigh rides, a fire pit and s'mor supplies, skating and much more. Bring your skates, your sleds and your warm gear. The hot chocolate and the fun awaits!

## CP Rail to develop rail site south of Whyte Avenue

On January 20, 2015, Canadian Pacific announced a new partnership with Dream Limited Corp. to form Dream Van Horne Properties to redevelop rail sites. Four sites were named among 30 properties including the 32-hectare (92-acre) Canadian Pacific rail yard south of Whyte Avenue in Edmonton. The two companies will spend the next six months assessing each site but it will take years to develop. The company will need to work with the City of Edmonton on any redevelopment plans for the land.



Murray Davison, Executive Director of the Old Strathcona Business Association, is excited about the future development especially the potential to create an east-west connection on 76th Avenue to alleviate congestion on Whyte Avenue.

Social media comments:

Erik Backstrom • Senior Planner at City of Edmonton

The City took what CP said with a grain of salt. We didn't know when redevelopment would happen but we expected it to follow FastFrate's then-pending / now-past departure from the CP yard and put policies in place to guide future redevelopment. See p. 25 at [http://www.edmonton.ca/city\\_government/documents/Strathcona\\_Junction\\_ARP\\_Consolidation.pdf](http://www.edmonton.ca/city_government/documents/Strathcona_Junction_ARP_Consolidation.pdf) January 21 at 11:25 am

Jeff Samsonow - President, Strathcona Centre Community League  
An update to that [Facebook] post from yesterday, as it's confirmed CP is moving out of the neighbourhood and into property development. This is has the potential to be a once-in-a-generation kind of change for the south-side (I'm thinking of a connected 76 Avenue).

## Ritchie Community League Annual Chili Cook Off

Saturday Feb. 21 7pm. Doors open at 6:30pm.  
See poster page 10

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# Strathcona Centre News

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3

website: [www.strathconacommunity.ca](http://www.strathconacommunity.ca)

## STRATHCONA CENTRE

President	Jeff Samsonow 780-984-1687 <a href="mailto:president@strathconacommunity.ca">president@strathconacommunity.ca</a>
Vice-President	Ross Goodine 780-432-3732 <a href="mailto:vicepresident@strathconacommunity.ca">vicepresident@strathconacommunity.ca</a>
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Communication	Olga Mikheenkova <a href="mailto:communication@strathconacommunity.ca">communication@strathconacommunity.ca</a>
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Soccer Co-chairs	Conrad Norbert Simon Thomas <a href="mailto:strathcona@southeastssoccer.ca">strathcona@southeastssoccer.ca</a>
Civics / Planning	Grant Moore 780-434-3772 <a href="mailto:civics@strathconacommunity.ca">civics@strathconacommunity.ca</a>
Safety Committee	Lihn Lu <a href="mailto:safety@strathconacommunity.ca">safety@strathconacommunity.ca</a>
Building/Grounds	Jonathan Rockcliff 780-439-6709 <a href="mailto:grounds@strathconacommunity.ca">grounds@strathconacommunity.ca</a>
Green Initiatives	Mark Anielski 780-491-0696 <a href="mailto:green@strathconacommunity.ca">green@strathconacommunity.ca</a>
Community Garden	Michael Bugler 587-987-8776 <a href="mailto:garden@strathconacommunity.ca">garden@strathconacommunity.ca</a>
Hall Use Committee	Jeanie McDonnell 780-433-0521 <a href="mailto:hall@strathconacommunity.ca">hall@strathconacommunity.ca</a>
CACCL Rep.	Colleen Taralson 780-477-0656 <a href="mailto:secretary@strathconacommunity.ca">secretary@strathconacommunity.ca</a>
Community Hall	Helen Gillespie 780-439-1501
Website Manager	<a href="mailto:webmaster@strathconacommunity.ca">webmaster@strathconacommunity.ca</a>
Information	<a href="mailto:info@strathconacommunity.ca">info@strathconacommunity.ca</a>

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3  
Community League website: [www.strathconacommunity.ca](http://www.strathconacommunity.ca)  
EFCL website: [www.efcl.org](http://www.efcl.org)

Board meetings are held on the second Monday of each month, September to June, at 7:00 p.m. All community league members are welcome to attend. For more information phone 780-439-1501 or e-mail at [info@strathconacommunity.ca](mailto:info@strathconacommunity.ca)

To join our community e-mailing list, contact [sccl.social-request@lists.gno.org](mailto:sccl.social-request@lists.gno.org) This list enables the Community League to deliver information about programs and community events to our members in a timely and reliable manner, and enhances our ability to develop and deliver these programs. Postings to the list are screened, and are kept to a minimum.

The Strathcona Community League is on Facebook. Follow us on Twitter @StrathconaCL

If you can help with any of the vacant positions, please contact a member of the executive.

The copy deadline for the Apr/May 15 issue of Community League News is March 23, 2015. Please contact Donna Fong, Newsletter Editor, at 780-433-5702, or by e-mail at [donafong@shaw.ca](mailto:donafong@shaw.ca)

## Free Drop-In Learn to Skate Program

The City of Edmonton is offering a free drop-in skating program for participants for all ages at the Strathcona Centre Community League rink, 10139 – 87 Avenue. Children 5 and under require a parent or guardian to attend.

Wednesdays, February 4-11  
5:00-8:00 pm  
Saturday, February 21-28  
9:30 am-1:30 pm

Fun and basic skills are the focus of the program. Participants will be exposed to various skating skills while participating in stations and games. Children will learn basic skating skills at their own pace. The program will be adapted to the age and skill level of the participants dropping into the program.

Participants must have their own skates. A CSA approved helmet is mandatory for participation.

Participants can stay for the full 3 hours or drop in for a short while.

The program will cancel at -20 degrees Celsius with the wind-chill.



## Hall Rentals

Main Hall: Max capacity 105  
With tables and chairs will hold fewer people (number will depend on set up)  
Amenities include hardwood floors, balcony, stage, and a bar. \$150 - \$400

Lounge: Seats 30 -35  
Overlooks the End of Steel Park and sunsets over the river valley  
Amenities include a bar, fireplace, television and piano. \$75 - \$260

Concession/Small Meeting Room  
A small meeting room (concession) on the main floor seats 10-12. \$20 - \$75

To check rental availability and for rate details, visit [www.strathconacommunity.ca/facilities/hall-rentals](http://www.strathconacommunity.ca/facilities/hall-rentals)

To rent hall facilities, please download and review the Hall Rental Agreement Form (PDF) and contact Helen Gillespie, Hall Manager, at 780-439-1501. If you need clarification on any item, please email [hall@strathconacommunity.ca](mailto:hall@strathconacommunity.ca) However, all rental agreements are made with the hall manager. Community League members of at least 6 months receive a discount on rates. Rentals are not confirmed until payment is made and the rental contract signed.

If your event is public, we can help you advertise. Contact the hall committee chair to have your event posted to our website.

## 2014-2015 Memberships on Sale

If you would to purchase a membership, contact Lois 780-439-5774 or Jeanie 780-433-0521. Memberships are also available for sale from the hall manager. For more information about memberships, visit [www.strathconacommunity.ca/league/membership](http://www.strathconacommunity.ca/league/membership) Annual membership fees are \$20/family, \$15/single, \$5/senior. What does the Strathcona Community League Membership give you?

- Sports: Soccer, skating
- Discounts: Community League Wellness Program, Ice on Whyte
- Pub Night - usually the third Friday of each month at the community league. Meet your neighbours.
- Playgroup - held at Community League hall Mon. & Wed. mornings.
- A voice in your community - transportation, zoning, housing.
- Free swimming at Edmonton's outdoor pools (certain times)
- Social events - community picnics, winter carnival, etc.





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## Rink Hours of Operation

### **Small Rink Skating**

Monday to Friday  
3:30-9 pm  
Saturday & Sunday  
Noon-6 pm

### **Hockey Rink**

Monday  
Parent/Children, 3:30-7 pm  
Adult coed hockey, 7-9 pm

Tuesday  
Parent/Children, 3:30-9 pm

Wednesday  
Parent/Children, 3:30-7 pm  
Adult coed hockey, 7-9 pm

Thursday  
Kids scrimmage, 2:30-6 pm  
Parent/Children, 6-9 pm

Friday  
Fun Skate, 3:30 pm-9 pm  
(no hockey)

Saturday  
Parent/Children, Noon-4 pm  
Adult coed hockey, 4-6 pm

Sunday  
Parent/Children, Noon-4 pm  
Adult coed hockey, 4-6 pm

The small rink is unavailable during Ice on Whyte Festival, January 24-February 2, 2014.

Skaters are welcome on the ice prior to opening times if ice maintenance is not in progress. Shoveling may be required.

Christmas Holiday Schedule: December 24, 25, 26, January 1-2 No set hours. Please contact Ann at 780-433-0767 or Jeanie 780-433-0521 to have the building opened or the lights turned on.



## League Programs and Activities

### **YOGA CLASSES**

These holistic yoga classes are great for beginners as well as those with previous yoga experience. Yoga postures, breathwork, and meditation will be taught to promote balance in the body, mind and spirit. Throughout the session, students will develop an understanding of alignment and breath while developing physical strength and flexibility. All levels are welcome!

Instructor: Kyla Fischer lives in the Strathcona Community and has been practicing yoga for over 14 years. She holds RYS 200 Yoga Teacher Training certification.

Strathcona Centre Community League  
10139 - 87 Avenue (second floor)

• Tuesday, 9:30 – 10:45am

Jan 6-Feb24 (8 weeks)

Fee: \$96.00

• Thursday, 9:30 – 10:45am

Jan 8-Feb26 (8 weeks)

Fee: \$96.00

\*Sign up for both Tuesday and Thursday classes for \$176.00

• Tuesday, 9:30 – 10:45am

March 3-April 28 (8 weeks)

Fee: \$96.00

• Thursday, 9:30 – 10:45am

March 5-April 30 (8 weeks)

Fee: \$96.00

\*Sign up for both Tuesday and Thursday classes for \$176.00

To register: email Kyla Fischer at fischerk@telus.net or call 780-430-0229.

### **EVENING YOGA CLASSES**

Hatha Flow and Yin Yoga are taught by a certified teacher in a supportive environment that is suitable for students of all levels and ages. Classes started on January 7th.

Wednesday, 7:00 – 8:15 pm

Until June 24, 2015

Fee: \$80 for 8 classes, or \$12 drop-in

Contact Lyle Cott at 780-850-8056, or dog08@shaw.ca.

### **FAMILY FUN SKATE**

Everyone is welcome to Family Fun Skate every Friday from 3:30 – 9, no sticks/pucks. Hot chocolate and cookies are provided until 6 pm. On Feb 20th the Fun Skate is combined with Pub Night – so come up to the lounge and have a hot dog, and a beer, wine or pop and visit with others.

A membership is required to skate on the rink. You can purchase one on-line at [www.efcl.org](http://www.efcl.org) (there will be a \$2 service fee), or contact Lois (780-439-5774) or Jeanie (780-433-0521), or [membership@strathconacommunity.ca](mailto:membership@strathconacommunity.ca).

### **PUB NIGHTS**

Pub nights are held on the 3rd Friday of each month, 8 pm. Meet in the Lounge, upstairs at the Strathcona Centre Community League, 10139 87 Ave (use south door).

Upcoming pub nights:

Friday, February 20

Friday, March 20

Thanks to Mark Anielski for hosting Scotch tasting at Pub Night on January 16th. For announcements about upcoming social events, meetings, and news, subscribe to the feed at <http://strathconacommunity.ca/feed/> Contact [social@strathconacommunity.ca](mailto:social@strathconacommunity.ca) if you have any questions.

### **PLAYGROUP**

The Strathcona playgroup continues to host a playgroup at the hall twice a week. The playgroup provides a safe and happy environment for babies, children and caregivers of the community to meet, socialize and have fun. There are books and toys for all ages. Trikes, strollers and push cars with plenty of room to zoom. Trucks, dolls, balls and a tent too!

• Mondays and Wednesdays, 10:00 am – Noon

• Free but you must be a member of a community league (memberships sold on site – \$20/family)

• Large room for the kids to run around, lots of toys to play with

• Bring your own snacks and a coffee if you want one.

• Babies/kids of all ages and their caregivers welcome.

• Strathcona Centre Community League hall, 10139 87 Avenue, enter via the ramp on the north side of building.

• Playgroup will be cancelled on school holidays.

For more information, contact [programs@strathconacommunity.ca](mailto:programs@strathconacommunity.ca)

## Outdoor Soccer Registration for 2015 Season

Strathcona Centre Community League is a member of the Edmonton South East Soccer Association (ESESA). ESESA is a volunteer organization that offers purely community-based soccer programs for players between the ages of 4 and 18. The programs introduce children to soccer and give them the opportunity to have fun playing organized sports with friends.



Registration for the 2015 outdoor soccer season will held at the Strathcona Community League lounge on the following dates:

**Wednesday February 18**  
**7:00 to 9:00 pm**

**Tuesday, February 24**  
**7:00 to 9:00 pm**

Please bring:

- the registrant's birth certificate
- 2014/2015 community league membership card OR a cheque to purchase a community league membership
- Three cheques (two as deposits, one for registration fee)

For more information, please visit [www.south-eastsoccer.ca](http://www.south-eastsoccer.ca) or email [strathcona@southeastsoccer.ca](mailto:strathcona@southeastsoccer.ca)

## 2015 Best Neighbourhoods Survey

For the fourth consecutive year, Avenue Edmonton magazine is asking Edmontonians about what they think makes for great neighbourhoods. Visit [avenueedmonton.com](http://avenueedmonton.com)

The focus this year is health. How healthy is your community? Do you the parks, recreation centres, rinks and pools? Do you feel our neighbourhood is bike- and pedestrian-friendly? The survey results are featured in the Best Neighbourhoods issue in August 2015. Fill out the survey and be entered in monthly draws for gift certificates from some of Edmonton's finest restaurants. The survey closes at the end of April. Strathcona was tremendously proud to take top honours in 2012, 2013 and 2014 as the best neighbourhood to live!

## Community Planning and Civics

Grant Moore, Chair of the Civics and Community Planning Committee, maintains a database of building developments, planning and transportation issues, urban design projects, and community initiatives. If you would like more information, please contact Grant at 780-434-3772, or email [civics@strathconacom-munity.ca](mailto:civics@strathconacom-munity.ca)

### Strathcona Bike Route

The City of Edmonton held two design workshops on November 27, 2014 and January 8, 2015 for the future 83 Avenue bike route. 83 Avenue is the top ranked location of the future Strathcona Bike Route. City staff provided an update about the project, presented two design options and covered how input from the previous session and online forum was incorporated in the designs. Did you miss the meetings? Have your say online about the design options. Please review materials under Strathcona Bike Route on the City of Edmonton's Transportation website [www.edmonton.ca](http://www.edmonton.ca) For more information, email [cycling@edmonton.ca](mailto:cycling@edmonton.ca) 2014 Census Results

Data from the 2014 Municipal Census is compiled and presented at the city, ward and neighbourhood level only. For census results, visit [edmonton.ca/census](http://edmonton.ca/census)

## Edmonton 311 App

Report your concerns on the go! With the free Edmonton 311 app, you can use your smartphone to easily notify the city of:

- Potholes • Damaged sidewalks • Damaged trees
- Litter • Graffiti

Help keep Edmonton great! Be the eyes and ears on the streets!

By doing this, you're helping us to better assess, prioritize and determine the corrective action based on severity, location, and other factors.

Note: The 311 mobile app is one more way for you to report your concerns to the city.

Download 311 App

Search for "Edmonton 311" on: Google Play & iTunes App Store

For more information:

Online Contact 311 Online

## News from EFCL [www.efcl.org](http://www.efcl.org)

**Height Regulation Changes**  
January 27, 2015 City Council heard loud and clear from community leagues that they wanted to be consulted about height regulation changes. At the Jan. 26 Public Hearing, Council referred height regulation changes back to Administration for consultation with a report to Executive Committee on March 10, and then to Public Hearing April 27. Information and consultation sessions will likely be scheduled for late February. Contrary to the Jan. 26 Public Hearing report on Bylaw 16733, EFCL has not taken a formal position on any of the proposed height regulation changes. However, the EFCL Planning and Development Committee did write to City Administration in November to strongly recommend public consultation prior to going to a Public Hearing and we offered to assist them with engaging community leagues. It looks like they may be taking us up on our offer. Watch for updates.

**Development Permit Compliance**  
The City of Edmonton does not do routine checks to ensure that new developments follow regulations. To a great extent, the city relies on leagues and nearby neighbours to report building developments which are not in compliance with regulations in the zoning bylaw and the development permit.

Call 311 with your inquiry if you suspect abnormalities. Perhaps a building appears abnormally large or too close to the property line, or you are concerned about other problematic irregularities.

Want more information or advice? Contact [Bev.Zubot@efcl.org](mailto:Bev.Zubot@efcl.org). If there is sufficient interest, EFCL will organize

## Community Safety

The Strathcona Centre Community League and the Edmonton Police Service (EPS) highly encourage citizens to report all suspicious activities and crimes as crime statistics will allow EPS to better allocate policing resources.

Citizens can report certain crimes online at the EPS website [www.edmontonpolice.ca/reportacrimeonline](http://www.edmontonpolice.ca/reportacrimeonline)

Reportable crimes include Damage/Mischief to Property, Damage/Mischief to Vehicle, Lost Property, Theft under \$5000, and Theft from Vehicle under \$5,000, and Theft under \$5000.

For other types of crimes, call 9-1-1 for an emergency or a crime in progress. For non-emergencies, please visit a police station, enter #377 from a mobile device or call 780-423-4567 from a landline.

EPS has developed the Neighborhood Crime Mapping Website for the public to view crime in neighbourhoods across the city. <http://crime-mapping.edmontonpolice.ca/> By accessing this timely information on reported crime, you will be able to know what is happening in your neighbourhood. By knowing what is going on, we can work together to reduce and prevent crime. For more information about community policing, visit [www.edmontonpolice.ca/communitypolicing.aspx](http://www.edmontonpolice.ca/communitypolicing.aspx)

## Reclaim the Joy of Winter

It's time to be proud of our Edmonton's winters! To learn all about the City of Edmonton's WinterCity strategy, visit [www.edmonton.ca/wintercitystrategy](http://www.edmonton.ca/wintercitystrategy). You can download the 2014/2015 Winter Excitement Guide in pdf format from the website. It is packed with event listings, festivals, and winter activities. For more wintry fun, check out Edmonton Tourism's award-winning site [www.exploreedmonton.com](http://www.exploreedmonton.com) Despite the unseasonably warm temperatures in late January, festival organizers and volunteers of the 12th Annual Ice on Whyte Festival [www.iceonwhyte.ca](http://www.iceonwhyte.ca) provided 10 days of cool fun! The Strathcona Centre Community League was pleased to partner with Ice on Whyte to add winter fun to our little corner of the city. Visitors enjoyed the children's play area, ice slides and the small rink.

## Nominate a Winterscape

Create a beautiful winter yard in front of your residence, community hall, school or workplace! Send in a photo nomination of your or someone else's winterscape January 12-February 22, 2015 at [edmonton.ca/winterscapes](http://edmonton.ca/winterscapes) Categories include Winter Yard, Winter Art and Winter Play. There are weekly prize draw for submitted nominations. For more information, email [frontyards@edmonton.ca](mailto:frontyards@edmonton.ca) or phone 3-1-1.

## City Services & General Information

Visit [www.edmonton.ca/311](http://www.edmonton.ca/311) or call 311 for information and access to City of Edmonton programs and services such as:

- Inspections, licenses, permits
- Comments, commendations, bylaw complaints
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- Program registrations and bookings
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# Argyll News

## Parent & Tot Playgroup

The Argyll playgroup meet on the LAST Friday of each month, 10:00 AM – 12:00 Noon.

Our Parent and Tots program operates in the lounge area of the community centre. This volunteer run program is for parents/caregivers and their young children (ages 0-5) to drop by and make friends with other families in Argyll; as well as have fun together!

This is a free program for community residents with no snacks & beverages. If you would like to help out contact: Erin Raudebaugh by e-mail at: < mack\_329@yahoo.com >

## Argyll YOGA

Our program resumed in January. Mondays at Argyll Hall 7:30 – 9:00 PM. This is Hatha Yoga with a focus on alignment, core stability and awareness of body and breath. Our instructor is Renee Giammarioli is a Yoga Association of Alberta certified yoga instructor and is also a physiotherapist.

To register for the next class session, call Renee at (780) 431-1916.



## Bonnie Doon Pool – Winter

Members of Argyll Community League are eligible for family swimming in Bonnie Doon Pool at these designated days and time:

Saturdays from 6:00 – 7:00 PM

Sundays from 4:15 – 5:45 PM

You and your family will need to show an Argyll Community League membership card. NOTE: there may be some weeks where regular maintenance of the pool will interrupt or be unavailable for family swimming. Check the pool schedule to see when this may happen. Contact Dave Trautman for a membership card (780) 463-9310

## All-women Karate Classes

The Edmonton Women's Gojukai Karate Club provides a traditional style of authentic, Okinawan style of karate. Each woman learns at her own pace in a non-competitive environment geared to encourage self-defence and physical fitness, all in the spirit of camaraderie, for ages from teen to adult.

Sensei Dana Nawata is the founder and head instructor of The Edmonton Women's Gojukai Karate Club. She has studied karate since 1978 and holds a 4th degree black belt, training under the International Karatedo Gojukai Association, as established by Master Gogen Yamaguchi. She is a certified instructor with the International Karatedo Gojukai Association of Canada and a certified karate coach with the NCCPC. She also teaches self-defence courses at the University of Alberta.

Classes are held on Tuesdays from 8:30 – 9:45 PM and Fridays from 7:30 – 9:30 PM at the Argyll Community Hall. For more information on the club, please visit Karateforwomen.ca or contact Sensei Nawata by phone at (780) 803-2353 or by email at dnawata@shaw.ca.

## The Flying Canoe

February 6th & 7th in Mill Creek Ravine from 8:00 – 10:00 PM. Volunteers are needed for the Flying Canoe event. The positions are from 3 to 6 hours and people can volunteer for just one night or for both nights. Each volunteer will receive a handmade, signature red toque, complimentary hot food and drink during their shift, a reference letter (upon request) and be their guest at the volunteer wrap-up. This is an opportunity to be involved and contribute to one of Edmonton's newest winter events. The event is completely bilingual and they welcome all who are interested in helping out. It is a fun time to be social and meet new friends. For more information on becoming a volunteer contact Sydnie Belland by phone: (780) 463-1144 or by e-mail: communications@lacitefranco.ca

## Argyll Executive

President

Dave Trautman

Secretary

Linda Strong-Watson

Treasurer

Alice Mah 465-7687

## New Argyll Treasurer

We would like to welcome our new Treasurer. Roxanne Higuchi has graciously consented to take care of our financial issues. If you get a chance to come to our next AGM, we'll be cheering her on with her first report. We were very well served by our previous volunteer Alice Mah. She has moved from the neighbourhood and we wish her a nice relaxing time without the everyday concerns of the community finances on her shoulders.

## Argyll Online

As always our web site has current information. Check-in weekly to see what's changed and see some recent video. Send us things you think the community would be interested in. Look for it the next time you visit our site.

The web site address is: [www.argyllcl.ab.ca](http://www.argyllcl.ab.ca)

If you wish to be added to our EVENTS e-mail distribution list get your name into [argyll.social@gmail.com](mailto:argyll.social@gmail.com).







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# Garneau News

## The Garneau Community League Planning and Development

This is for information only – the original notification was sent via email by the Chair of The Garneau Planning Committee to members of the planning committee. To become a member of the planning committee and receive notification via email please contact Anne de Villars, Chair of The Garneau Planning Committee at [adev@sagecounsel.com](mailto:adev@sagecounsel.com).

### January 2015 Development Applications and Permits Issued

#### Home Occupation Development Permit

Reference ID: Job No 167099435-001

Description: To operate a Minor Home Based Business. (Administration office for a general business).

Location: 10937 - 90 AVENUE NW

Plan 7723S Blk 150 Lot 19

Applicant: BENSON, RANDALL

Status: Issued

Date: 1/22/2015 11:27:28 AM

#### Minor Development Permit

Reference ID: Job No 166913708-001

Description: To demolish an existing Single Detached House and Accessory Building (rear detached Garage).

Location: 11121 - 81 AVENUE NW

Plan I19 Blk 154 Lot 28

Applicant: PARAMOUNT HOME BUILDERS

Status: Issued

Date: 1/19/2015 12:05:12 PM

#### Home Occupation Development Permit

Reference ID: Job No 167099435-001

Description: To operate a Minor Home Based Business. (Administration office for a general business).

Location: 10937 - 90 AVENUE NW

Plan 7723S Blk 150 Lot 19

Applicant: BENSON, RANDALL

Status: Issued

Date: 1/22/2015 11:27:28 AM

#### Development Permit approved by Development Officer

11045 – 85 Avenue NW

Plan I23 Blk 161 Lot 19

Description: to construct a single detached house with rear uncovered deck veranda and fireplace and to demolish an existing single detached house and rear detached garage

.January 12, 2015

## Safeway/Sobeys 109 Street and 82 Ave Development Update

The project team for this development have provided the Planning Committee with the

following information:

“We have been advised by the Sobeys / Safeway group and our project team that the development proposal that your group saw in 2014 will not be moving forward in the foreseeable future. As such, the project has come to a halt on our end and we will not be proceeding with any further development proposal and subsequent community consultation.”

## The Garneau Community League Meeting

The Annual General Meeting of The Garneau Community League will be held on Wednesday, March 11, 2015 at 7.30 pm followed by a General Meeting at the City Arts Centre.

### Garneau memberships 2014-15

Memberships are now available – best bargain in town – ALL MEMBERSHIPS \$5.00 The benefits of maintaining a community league membership include free community league swim in the summer months 10% discount towards annual or multi admission passes at City of Edmonton recreation facilities and free skate tags. Contact: EMAIL [Kathybk@shaw.ca](mailto:Kathybk@shaw.ca) or call 780-439-5264.

## Playgroup – ages 0-4 years

Jan to March 2015 – Fridays 4-6pm in the Drama Room. The Garneau Community League provides the funds for the rental of the Drama Room. The playgroup is free of charge.

## Come Build With Me! – Imagination Playground

A drop in Adventure Fridays- 9.30 am to 11.00 am Sept-Dec in the Drama Room  
Ages 2-6 – \$2 per child Please pay the \$2 admission for each child at the front desk Debit/Credit/Gift Card.

## Garneau Community League

10918 – 81 AVE EDMONTON AB  
T6G 0S2 TEL: 439-5264

Karen Parker	<b>President</b>
Paul Cachia	<b>Past President</b>
Kathy Bruce-Kavanagh	<b>Treasurer</b>
Kelly Butz	<b>Secretary</b>
Mary Gordon/Alan Besecker	<b>VP South Garneau</b>
Ian Burch	<b>VP Middle Garneau</b>
Mark Dunlop/Kai Waselius	<b>VP East Garneau</b>
Dr. Janet Palmer	<b>VP North Garneau</b>

## Nominate A Winterscape For A Chance To Win A Winterscape Award – January 12-February 22, 2015 –

Categories include

- Winter Yard
- Winter Art and
- Winter Play

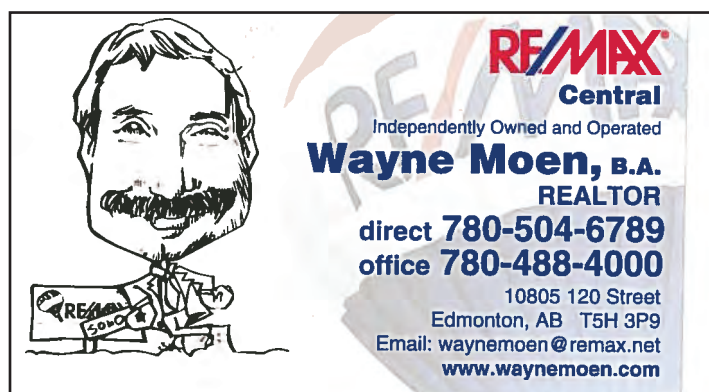
For winterscape ideas and program info—  
[edmonton.ca/winterscapes](http://edmonton.ca/winterscapes)

## City Arts Centre

Check out the programs offered at the City Arts Centre in the 2015 Winter Catalogue - this is a little gem in the heart of The Garneau Community. There are programs for everyone including active living, cooking/baking, crafts, creative writing, dance, music, pottery, silversmithing, visual art and a host of children, youth and family programs – all within walking distance of The Garneau Community.

Want to improve your balance, increase your flexibility, and improve your stamina – then sign up for FOREVER FIT next session starts February 23, 2015 – classes held on Monday and Thursday mornings.

Register at the City Arts Centre – 10943 84 Ave (entrance in front of tennis courts) or on line at [www.edmonton.ca/eReg](http://www.edmonton.ca/eReg). Or call 311



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# Hazeldean News

## Hall Rental

9630-66 Avenue,

Hazeldean Community Hall offers reasonable hourly, weekend, wedding and special event rental rates! We offer a full kitchen, seating capacity of 250/220 with alcohol, free parking and wheelchair accessibility. Our newly renovated Community Room is also available for rental with a maximum capacity of 50. We also have a new large and attractive private patio area directly off of our community room which is perfect for outdoor events.

## Hazeldean Board

President – Bill Elgert  
Vice-President – Jason Said  
Secretary – Marci Doroshuk  
Treasurer – Tracy Vanberg  
Civics – Vacant  
Facilities – Mona Boss  
Memberships – Toby-Anne Reimer  
Publicity – Brandy Berdeniuk  
Social – Carrie Madu  
Soccer – Dee Karner  
HCL Administrator – Dawn Banner  
Director-at-Large (Soccer) – Jeff Cummings  
Director-at-Large (Publicity) – Alana Cummings  
Director-at-Large (Social) – Janel Kidd

### Committee Chairs:

Greenway & Naturalization – Donna Gannon  
Playground Committee – Blair Croft & Carrie Madu  
Playgroup Coordinator – Jennifer Casino – Dawn Banner  
Edmonton Safe Parents Association – Dawn Banner

### Contact Us

Mail: 9630 – 66 Avenue,  
Edmonton AB T6E 4W9  
Phone/fax: 439-0847  
(24-hour answering machine)  
Web: [www.hazeldean.org](http://www.hazeldean.org)  
E-mail: [hazeldeanleague@shaw.ca](mailto:hazeldeanleague@shaw.ca)

For more information about Hazeldean Community League visit our website: [www.hazeldean.org](http://www.hazeldean.org) or join us on Facebook.

## Playgroup

Every Thursday from 9am - 11am, Hazeldean Community League hosts a drop-in playgroup. All community children with caregivers are welcome. The coffee pot is on and it gives everyone a chance to play in a warm safe atmosphere.

## Okinawan Style Karate

Home to traditional Meibukan Goju Karate Edmonton, Sensei Mona Boss provides instruction to children from 4 years old to adult classes in this Okinawan style martial art. The benefits to participants include increased respect for self and others, improved ability to focus, camaraderie, physical fitness, improved self-esteem and confidence. For children, this provides a healthy environment to run, play, share and laugh while expending some of that excess energy they all seem to possess in learning a new art form.

Sensei Boss holds a 3rd degree black belt and has received training under the International Meibukan Goju Karate Association. This Okinawan style karate shares the traditional teachings of Master Chojun Miyagi's Okinawa Goju-Ryu Karate-Do.

Classes take place Monday and Wednesday:

For more information, please contact Mona at 780-977-9652 or via email at [edmonton-goju@hotmail.com](mailto:edmonton-goju@hotmail.com)



## THANK YOU!!!

To all who volunteered for the casino. It was a great success. Your very precious time is greatly appreciated.

## Playground Plaques

Thank you to everyone who purchases a plaque in support of our new playground. The plaques have all been sold. Look for news in the spring when we announce our grand opening event for the playground and the clock archway that is still to go in.

## Free Sand

Please note that again this year there is free sand available to all of Hazeldean residents for your sidewalks and drive ways. The sand box is located on the west side of the community hall. You need to bring your own containers and scoops. If we are out of sand please call Dawn at 780-439-0847. She will arrange for more.

## RxEACH to reduce risk of heart disease

February is heart month. Did you know your local pharmacist can be a great source of health information and treatment when it comes to your cardiovascular (heart and blood vessels) health?

The Alberta Vascular Risk Reduction Community Pharmacy Project (RxEACH) is a province-wide heart disease and stroke reduction program where pharmacists work with at risk patients and their family physicians to provide cardiovascular care. Albertans with heart disease, stroke, diabetes, kidney disease, high blood pressure, high cholesterol, high body weight, low physical activity or who want to quit smoking should consider speaking with their pharmacist as they could benefit from this program.

Pharmacists are frontline healthcare professionals who can be reached easily and can play a key role in helping patients manage their condition and risk factors, through care plans, laboratory tests, medication management, cardiovascular risk assessment, education and working closely with physicians.

For more information and a list of participating RxEACH pharmacists visit: <http://www.albertahealthservices.ca/10575.asp>

## Soccer Registration

**Saturday,  
February 21,  
12-3pm**

Hazeldean Hall 9630 66 Ave  
Please bring cheques, child's birth certificate and community membership card. Memberships can be purchased at registration.

Go to [southeastsoccer.ca](http://southeastsoccer.ca) for more info. ALSO:

Looking for volunteers to work the soccer registration at the Hazeldean Hall on Saturday, February 22 from 11:30-3:30pm.

Get your soccer volunteer commitment done early!

Please contact Dee at: [hazeldean@southeastsoccer.ca](mailto:hazeldean@southeastsoccer.ca)



## Rachel Notley, MLA

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[edmonton.strathcona@assembly.ab.ca](mailto:edmonton.strathcona@assembly.ab.ca)  
[www.rachelnotley.ca](http://www.rachelnotley.ca)**



# Ritchie News

## Community League Contacts

President: Laura Cunningham-Shpeley  
Vice President: Dallas Bartel  
Secretary: Karen Slater  
Treasurer: Simon Slater  
Membership: Monika Trott  
Sports: Leonard Wampler  
Youth Programs: Shelby Quinlan  
Adult Programs: Terry O'Neill/Dallas Bartel  
Communications: Jeff Ollis  
Volunteers: Stephen Liley  
Facilities: Ed Retzer/Leonard Wampler  
Soccer: Val Stark  
Casino: Berni Fuchs  
Civics: Nigel Nethersole

## CONNECT WITH RITCHIE COMMUNITY LEAGUE

- Co-ordinates: 7727 98 Street NW | Edmonton, AB | T6E 5C9 | 780-433-7137
- By e-mail: [ritchiewebsite@gmail.com](mailto:ritchiewebsite@gmail.com)
- Online: [www.ritchieCL.com](http://www.ritchieCL.com)
- Facebook: [facebook.com/Welcome-toRitchie](https://www.facebook.com/Welcome-toRitchie)
- Twitter: @RitchieYeg  
(We'll be tweeting announcements, photos and news relevant to Ritchie. Touch base with us—we would love to hear from you! If you are not on Twitter and are thinking about it, e-mail [RitchieCLAPC@outlook.com](mailto:RitchieCLAPC@outlook.com) and we'll help you get started.)

## Monthly Meetings

Meetings are held at 7 p.m. on the first Thursday of every month at Ritchie Hall. (Except New Year's Day). Everyone is welcome and encouraged to attend! Next Meeting: Jan 8.

## Newsletter

Submission due date for next print newsletter: Mar.23 2015.  
Submission due date for next e-newsletter: Feb 6, 2015.  
E-mail [jeffreyollis@yahoo.ca](mailto:jeffreyollis@yahoo.ca) with submissions or to receive our e-newsletter.

## Hall Rental

**Hall Co-ordinator: Keri Walmsley**  
Ritchie Community Hall is a great venue for your next event, family wedding, anniversary party or club meeting! The hall features two separate rooms, new lighting, great acoustics, a renovated kitchen, new stages and much more. Both the main hall and small hall are available for rent. For rental inquiries, please leave a message for Keri at 780-433-7137, e-mail [ritchiewebsite@gmail.com](mailto:ritchiewebsite@gmail.com), or fill out the online hall rental form at [ritchiecl.com/hall-rental](http://ritchiecl.com/hall-rental).

## Ritchie Community League Memberships

Become a member of Ritchie Community League today! Individual memberships are \$10, family memberships are \$20, and seniors are free. You can purchase your membership in person at Ritchie Foods (9606-76 Avenue) or online at [bit.ly/joinCL](http://bit.ly/joinCL) through the Edmonton Federation of Community Leagues.

Community league membership has its benefits: The Community League Wellness Program provides current community league members with admission incentives to enjoy City of Edmonton sports and recreation facilities. Simply present your valid Edmonton community league membership card at any one of the City of Edmonton's sports and fitness facilities and choose from the following Community League Wellness discounts:

- Annual Pass: 10% discount on Adult, Family, Child and Youth/Senior Annual Passes
- Multi-admission Pass: 10% discount on our already discounted multi-admission pass (10+ visits)
- Continuous Monthly Pass: 10% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program

## SAVE THE DATES!

**Feb. 12** – Outdoor Soccer Registration. 6:30 to 8:30 p.m. More details to come.

**Feb. 21** – Chili Cook Off. So, you think your chili is the best? Prove it... Seeking 15 of the best chilis in Ritchie to compete in this year's cook-off. Categories: Best Business or Group, Best Resident (non-veggie), Best Resident (veggie) and Best Overall Chili. Cast your voting beans to pick your favourites while drinking Alleykat Beer and meeting neighbours and local merchants. Live music at 10 p.m. by The Awesome-Hots. Doors open at 7 p.m. Tickets \$12 in advance online: <http://yeglives.ca/events/the-awesomehots/feb-21-2015/ritchie-community-centre>. (Sorry--No Minors). To enter your chili, fill out the entry form: [www.ritchiecl.com/2015-chili-cook-off.html](http://www.ritchiecl.com/2015-chili-cook-off.html). If there are more than 15 entries by Feb. 7, a draw will be held to select contestants. See website & Facebook for info, rules and updates.

**March 12**—Youth Drop-in Cooking Class. 3 p.m. at Ritchie Hall. Ages 9-12. Free.

**Mar. 28** – Scona Seniors Fundraiser. Tickets \$25. Twoonie Bar. All ages music and dancing.



## Childhood Immunizations

### New Alberta website launches

When it comes to childhood immunizations, Albertans have questions. But where is the best place to get good answers?

Not only can you chat with your family doctor or local public health nurse about your child's immunization, you can also visit Alberta Health Services' new immunization website: [ImmunizeAlberta.ca](http://ImmunizeAlberta.ca).

[ImmunizeAlberta.ca](http://ImmunizeAlberta.ca) was designed for, and is based on, insight and feedback from Albertan parents.

Whether it's a simple question about the childhood immunization schedule or what to expect after your child gets immunized, uncertainty about the real risk of diseases, or concerns about immunization safety: [ImmunizeAlberta.ca](http://ImmunizeAlberta.ca) has the info you need.

Visit [ImmunizeAlberta.ca](http://ImmunizeAlberta.ca) today.



## COMMUNITY LEAGUE PROGRAMS

**Bingo:** Begins on Jan. 21 at Ritchie Hall and continues every second Wednesday evening from 6:30 - 9 p.m. For more information, e-mail Joane: [j\\_niederhaus@hotmail.com](mailto:j_niederhaus@hotmail.com).

**Bridge Club:** Contract Bridge starts again on Jan. 16. 25 tables playing every Friday. Doors open 11 a.m. Games start at 12 noon. Newcomers are welcome. Contact Rose-Marie: 780-439-4884.

**Cribbage Club:** Starts Jan. 21 at Ritchie Hall. Bring your nibs every second Wednesday from 12:30 – 3 p.m. All are welcome. For more information, e-mail Maryann: [hall-4mary@telus.net](mailto:hall-4mary@telus.net).

**Home-school Playgroup:** First meeting of 2015 is Jan. 20 and thereafter every second Tuesday at Ritchie Hall from 1 – 3 p.m. The playgroup is for school-aged kids and their younger siblings. Activities include: Lego challenges, free play, drama performances for parents, active games, as well as arts and crafts with our other homeschooled buddies. Homeschoolers from neighbouring communities are also welcome! E-mail [karendwhitehead@gmail.com](mailto:karendwhitehead@gmail.com) for more information.

**Older Adult Fitness Classes:** Meet your neighbours, make new friends and keep fit while having fun! Join the young-at-heart every Tuesday and Thursday from 9 - 10 a.m. at Ritchie for cardio, stretches and strength training (no floor exercises). For more information e-mail Amelita: [ausantos@telusplanet.net](mailto:ausantos@telusplanet.net) or call 780-469-4379.

**Preschool Playgroup:** Starting Jan. 13, 2015. Hang out with other parents and preschoolers every Tuesday at Ritchie hall from 10 a.m. to 12 noon. For more information contact Monica at [winkmonalisa@gmail.com](mailto:winkmonalisa@gmail.com).

**Yoga:** New session with Shelby starts 7 p.m. Wednesday, Jan. 14 and continues weekly until Apr. 1. Drop-ins are welcome. Fees apply.

**Zumba at Ritchie Hall:** Mondays 7 to 8 p.m. Free Class: Jan. 19. E-mail [zumbamj@outlook.com](mailto:zumbamj@outlook.com) for more information. Drop-ins are welcome. Fees apply.

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## Ritchie Hall Revitalisation Committee (RHRC) is seeking committee members!

Ritchie Community League is vibrant and growing! However, our beloved hall is aging—albeit gracefully.

The RHRC is an ad-hoc committee created by and reporting directly to the Ritchie Community League Board of Directors. RHRC is responsible for investigating and overseeing all aspects of the Ritchie Hall revitalization project through all project stages up to and including completion.

The RHRC is looking for members with skills applicable to the following positions: Secretary and Treasurer. In addition, we are looking for Ritchie community members with experience in the areas of architecture, construction contracting, project management, fundraising, advertising, liaising with City of Edmonton departments and completing grant applications.

The project duration is anticipated to be between 2 to 5 years. The RHRC will meet monthly, or more or less as the needs of the project dictate. Turnover in committee membership is understood and anticipated during the course of the project; however, expressions of interest of a longer-term nature will be preferred.

To apply, please provide a letter of interest outlining applicable skills and experience to [ritchiehallrc@gmail.com](mailto:ritchiehallrc@gmail.com). This call for members will remain open until Feb. 12, 2015.

## IN THE RITCHIE COMMUNITY

**Attachment Parenting of Edmonton:** Meets at Ritchie Hall on the second Wednesday of each month from 10:30 a.m. to 12:30 p.m. starting Jan. 14. 10. For more information, e-mail Alicia: [mrsfarvolden@live.ca](mailto:mrsfarvolden@live.ca).

**Caminitos Spanish Playschool:** Offers a bilingual Spanish program for children aged three and four. No prior Spanish knowledge is required. Children learn Spanish through play guided by experienced and qualified bilingual teachers specializing in early childhood education. Located at Escuela Mill Creek (9735-80 Avenue). For more information or to register, please visit [www.caminitosplayschool.com](http://www.caminitosplayschool.com).

**Congregationalist Wiccan Assembly of Alberta (CWAA):** Meets the second Sunday evening of each month at 5:30 p.m. at Ritchie Hall. E-mail: [cwaalberta@gmail.com](mailto:cwaalberta@gmail.com) for more information.

**Edmonton Bicycle Commuters' Society (EBC):** Hey cyclists! Ritchie is pleased to announce a new partnership with EBC! Now EBC will recognize all Ritchie Community League 2014-2015 membership cards as equal to EBC membership cards. Ritchie members can now access the following EBC services at discounted rates: Use of EBC shop tools, stands and volunteer support: \$2/hour. Workshop and course registration: now \$5 less than non-member fee! Check out the EBC web site: [edmontonbikes.ca](http://edmontonbikes.ca).

**Edmonton Reptiles and Amphibian's Society:** Meets on the third Tuesday every month at Ritchie Hall from 7 - 9 p.m. Contact Tim at: [president@edmontonreptiles.com](mailto:president@edmontonreptiles.com).

**Karate for Families:** Ritchie Community League Hall is home to a Karate school that provides lessons for adults, children (age 7+) and families. Everyone is encouraged to come and try TWO FREE classes at any time. Classes run from September to June on Tuesdays and Thursdays from 6:30 to 7:30 p.m. Classes are taught by certified Black Belt instructors and focus on fitness, self-defense and fun in a safe and social atmosphere providing our members with a place to develop their bodies, minds and spirits while learning traditional Karate. Please visit [www.KarateInEdmonton.com](http://www.KarateInEdmonton.com), or call 780-913-1652 for more information. New students are always welcome. Also, see our website or ask about our discount for Ritchie Community League Members!

**Ritchie Learn to Skate:** Jan. 10 and 17 from 1:30 to 4:30 p.m. and Jan. 22 and 29 from 3 to 6 p.m. Join us for this free drop-in Learn to Skate program, which will focus on fun, participation, achievement, games, and of course the basics of ice-skating. Canadian Standards Association Hockey helmets are mandatory! Parents are welcome to join children on the ice but not required. Programs will be cancelled if the temperature dips to -20 C or colder.

**Scona Seniors:** SCONA Seniors offers a variety of recreational and social activities at Ritchie Hall. A dinner and dance is presented every third Tuesday of month from 10:00 a.m. to 2:30 p.m. This active group has a varied and changing schedule, so stay up-to-date by e-mailing Cathy at [scona84th@shaw.ca](mailto:scona84th@shaw.ca).



*Caminitos Spanish  
Playschool*

Open House

Tuesday April 7<sup>th</sup> at 6:30pm

See you there!

LOTTERY TO TAKE PLACE AT 7:00 DUE TO LIMITED  
SPACES AVAILABLE -

[info@caminitosplayschool.com](mailto:info@caminitosplayschool.com)

c/o Escuela Mill Creek School

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## Winter fun for everyone

Keeping kids active in winter  
Snow, ice, cold and fog are just a few of the natural elements we experience when autumn turns to winter. Although winter provides us with a great excuse to cozy up inside and stay warm, this isn't always the healthiest choice. Children often experience a variety of distractions on a daily basis and the frosty winter weather is yet another obstacle to getting the recommended amount of daily physical activity. In order to overcome the cold, sometimes we all need a little extra motivation! Here are some tips and helpful hints on how to get the whole family outside and active this winter:

- Get the whole family involved by building snow angels, or, if you're really feeling ambitious, create your own look-alike snowperson family.
- Try making the snow into your own work of art by creating snow castles, mazes, or snow sculptures.
- Take a slide on the wild side and go tobogganing (find a safe hill and remember your winter sports helmet).
- Play snow-pitch, a traditional game of slow pitch isn't just for summer anymore! Try playing a game in your local diamond out in the snow, for a fun twist on this great family pastime.
- Create a more challenging game of hopscotch in the snow by using food coloring.
- Don't forget snowshoeing and cross country skiing. Even if you don't own equipment, these items can generally be rented at a variety of outdoor activity centres and parks.
- Gear up with a helmet and safety gear and head to your local outdoor rink for a skate or a game of hockey.




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