

COMMUNITY LEAGUE NEWS SOUTH

*Serving the community leagues of
Strathcona Centre, Argyll, Garneau, Hazeldean and Ritchie.*



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Hazeldean Playground Grand Opening

September 19, 2015 marked the Grand Opening of our playground. The final pieces were put into place with the addition of our clock and part entry arch for the ribbon-cutting ceremony of the Hazeldean playground. We had great weather and a large turnout of friends, neighbours and dignitaries to mark the occasion. Thank you to everyone, businesses and individuals, who made the building of our wonderful playground possible. The children will enjoy it for years to come.



Generous Playground Donors:

• Alberta Recycling • CESSCO • Christenson Developments • City of Edmonton
• Edmonton Community Foundation • Empire Iron Works Ltd. • Government of Alberta
• Great North Equipment • Hazeldean Community League • Hazeldean Home and School Association • Park n Play • Redco Equipment Sales • Ritchie Community League
• WSP Canada • Blair and Lance Anderson-Croft • Dee Karner and Anthony Bayduza
• Jason and Donna Said • Hazeldean Community Members, Friends and Neighbours



Strathcona
community league

A new look for the Strathcona Community League

By Jeff Samsonow, President

The board of the Strathcona Centre Community League is very happy to announce we have an official logo for the league.

We were approached by some eager MacEwan students earlier this year, as they had to complete a series of visual identities as part of their coursework. The group chose our community league as a non-profit to design a new logo and identity for and, after much consultation with board members and some research into the history of neighbourhood, we have a new streetcar design to allow our league to stand out.

Our neighbourhood has a rich train and transit history, dating back to its time as a town south of Edmonton on the North Saskatchewan River. In fact, one of the steel-cut art installations, as part of the "Ribbons of history", on 99th Street is of a streetcar, which once ran the length of 99th Street, Scona Hill and across the Low Level Bridge into Edmonton. It was one of many connections which eventually brought Edmonton and Strathcona together as one city in 1912.

Green and gold represent the dominant fall colours we see in Edmonton's river valley and the Mill Creek Ravine, which border our neighbourhood to the north and east. They also represent the vibrant colours often found on streetcars, including some which continue to run across the High Level Bridge each summer thanks to volunteers with the Edmonton Radial Railway Society. The streetcar station, of course, is right behind the Strathcona Farmers' Market in the heart of our community.

You will begin to see our new logo pop up in more and more league material and online as we roll it out. This may also include images of the old post office on Whyte Avenue and Princess Theatre alongside our streetcar logo.

Please let us know what you think of our new visual identity by emailing info@strathconacommunity.ca (and share those old streetcar stories too!).

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Strathcona Centre News

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website: www.strathconacommunity.ca

STRATHCONA CENTRE

President	Jeff Samsonow 780-984-1687 president@strathconacommunity.ca
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Treasurer	Colleen Taralson treasurer@strathconacommunity.ca
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Soccer Co-chairs	Conrad Nobert Simon Thomas strathcona@southeastsoccer.ca
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Building/Grounds	Jonathan Rockcliff 780-439-6709 grounds@strathconacommunity.ca
Green Initiatives	Mark Anielski 780-491-0696 green@strathconacommunity.ca
Community Garden	Kelly Binnington garden@strathconacommunity.ca
Hall Use Committee	Jeanie McDonnell 780-803-0900 hall@strathconacommunity.ca
Member at large	Ann Matheson 780-433-0767
Community Hall	Helen Gillespie 780-439-1501
Website Manager	webmaster@strathconacommunity.ca
Information	info@strathconacommunity.ca

Board meetings are held on the second Monday of each month, September to June, at 7:00 p.m. All community league members are welcome to attend. For more information phone 780-439-1501 or e-mail at info@strathconacommunity.ca

To join our community e-mailing list, contact sccl.social-request@lists.gno.org This list enables the Community League to deliver information about programs and community events to our members in a timely and reliable manner, and enhances our ability to develop and deliver these programs. Postings to the list are screened, and are kept to a minimum.

The Strathcona Community League is on Facebook. Follow us on Twitter @StrathconaCL

If you can help with any of the vacant positions, please contact a member of the executive.

The copy deadline for the Dec.2015/Jan. 2016 issue of Community League News is Nov.23, 2015. Please contact Donna Fong, Newsletter Editor, at 780-433-5702, or by e-mail at donnafong@shaw.ca

Strathcona AGM is November 9

The Strathcona Centre Community League is holding its annual general meeting (AGM) on Monday, November 9, 2015 at 8pm at the Strathcona Community Hall, 10139 87 Avenue.

The AGM is open to all neighbours and residents of Strathcona who are interested to hear about the league's projects and events of the last year. The board will also be tabling the 2014-2015 financial statements of the league.

If you're interested in volunteering with the board of the community league, elections will be held during the AGM.

The following positions are open for election or appointment on Monday, November 9:

Vice President
Treasurer
Secretary (1-year appointment)
Garden Directors
Communications Director
Social Director
Programs (1-year appointment)
Building and Grounds Director
Hall Use Director
Green Director
Safety (1-year appointment)

If you are interested in volunteering or have any questions about the AGM please contact board president Jeff Samsonow, president@strathconacommunity.ca.

Hall Rentals

- **Main Hall:** Max capacity 105
With tables and chairs will hold fewer people (number will depend on set up)
Amenities include hardwood floors, balcony, stage, and a bar. \$150 - \$400
- **Lounge:** Seats 30 -35
Overlooks the End of Steel Park and sunsets over the river valley
Amenities include a bar, fireplace, television and piano. \$75 - \$260
- **Concession/Small Meeting Room**
A small meeting room (concession) on the main floor seats 10-12. \$20 - \$75

To check rental availability and for rate details, visit www.strathconacommunity.ca/facilities/hall-rentals
To rent hall facilities, please download and review the Hall Rental Agreement Form (PDF) and contact Helen Gillespie, Hall Manager, at 780-439-1501. If you need clarification on any item, please email hall@strathconacommunity.ca However, all rental agreements are made with the hall manager.
Community League members of at least 6 months receive a discount on rates. Rentals are not confirmed until payment is made and the rental contract signed.
If your event is public, we can help you advertise. Contact the hall committee chair to have your event posted to our website.

EFCL's 100 Year Anniversary Project Needs You!

Are you a history buff that would like to learn more about your community?

Do you have old files and photographs from your community league?

Your photos and memories - think sporting events, parades, picnics, volunteering and more!

- Share your information with Leslie (EFCL 100th historical project coordinator and researcher) at leslie.holmes@efcl.org or visit <http://efcl100.tumblr.com> to submit your memories.
- Get organized and informed - form a history group in your community league and start digging. We will be hosting two workshops to assist leagues in researching their community history and starting their historical record keeping:

Saturday, October 17, or
Saturday, November 28
1-3pm
Prince of Wales Armouries,
Jefferson Room
To register, please email leslie.holmes@efcl.org.

City Services & General Information

Visit www.edmonton.ca/311 or call 311 for information and access to City of Edmonton programs and services such as:

- Inspections, licenses, permits
 - Comments, commendations, bylaw complaints
 - Roadway & waste management information
 - Program registrations and bookings
 - Transit information
- 311 agents are available 24 hours a day, every day.



Rachel Notley, MLA
Edmonton-Strathcona

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Social Reports

By Jeanie McDonnell, Social Chair

Outdoor Movie Night

The Outdoor Movie Night on the September long weekend was a great success in spite of the cool weather. A big thanks to local realtor Sara Kalke (Re/Max River City) for sponsoring the event – she not only came up with the idea, but paid for the giant inflatable screen, the projector and the popcorn machine! Many families got cozy with a blanket and enjoyed the family movie Ratatouille in the rink. Thanks also to Berna Ponich for organizing, and to these businesses for donating prizes: Save-On Foods, Color De Vino and Lexa Shropshire.

Annual Arts BBQ

Much fun was had, and many burgers and hot dogs were eaten at the Annual Arts BBQ on September 13th. Lots of kids made use of the parachute and other games provided by the City of Edmonton, as well as a jumpy castle. Kids and adults alike made a beautiful embossed leaf picture under the guidance of Berna Ponich. Artists showed their work upstairs in the hall (Evelyn Berg, Sara Richards, Patrick Moore, Justine McBain, Like Nelson and Marko Lytviak), and buskers played outside (Corbin Sander and Markus Eschelman). A group of young volunteers helped make the day a success (Teaghan Haysom, Darby, Haysom, Eliza Jackson, Michaela Bierman and Jade Murphy), and many adults helped out too (too many to name here!).



League Programs and Activities

YOGA CLASSES

These holistic yoga classes are perfect for beginners as well as those with previous yoga experience. Yoga postures, breathwork, and meditation will be taught to promote balance in the body, mind and spirit. Throughout the session, students will develop an understanding of alignment and breath while developing physical strength and flexibility. All levels are welcome!

Instructor: Kyla Fischer lives in the Strathcona Community and has been practicing yoga for over 14 years. She holds RYS 200 Yoga Teacher Training certification and has experience in various styles of yoga including Hatha, Akhanda, Restorative and Yin. Kyla is committed to life-long learning as a student of yoga and is honoured to share the joy and peace that yoga offers.

Strathcona Centre Community League
10139 - 87 Avenue (second floor)
To register for yoga sessions, please email Kyla Fischer at fischerk@telus.net or call 780-430-0229.

Tuesday, 9:30 – 10:45am
Nov 3–Dec 15 (7 classes)
Fee \$84.00

Thursday, 9:30 – 10:45am
Nov 5–Dec 17 (7 classes)
Fee \$84.00

*Sign up for both Tuesday and Thursday classes for \$154.00

STRATHCONA PLAYGROUP

Feeling housebound now that the weather is getting cooler? Bring your child/ren to playgroup!

The Strathcona playgroup hosts a playgroup (September-June) twice a week at the hall, 10139 – 87 Avenue. Enter via the ramp on the north side of bldg.)

- Mondays and Wednesdays, 10am till noon (closed on school holidays)
- Free but you must be a member of a community league (memberships sold on site - \$20/family)
- Large room for the kids to run around, lots of toys to play with
- Bring a snack for the kids, and a coffee for yourself
- Meet other parents/caregivers
- Any age welcome – babies, toddlers, pre-school

For more information, contact programs@strathconacommunity.ca

INDOOR SOCCER SEASON

The 2015-2016 indoor season starts on October 17th. If you have questions about the indoor season, please email our league contacts at strathcona@southeastssoccer.ca For soccer news, visit www.southeastssoccer.ca

PUB NIGHTS

Pub nights are held on the 3rd Friday of each month, 8 pm. Meet in the Lounge, upstairs at the Strathcona Centre Community League, 10139 87 Ave (use south door). Pub nights are typically the third Friday of the month (but we had to bump the September one by a week), usually at 8pm, in the lounge (upstairs at 10139 87 Ave). It's casual, and a great way to unwind from the week and meet or reconnect with others from the community.

The September Pub Night was part of our fall membership drive. Anyone who came and bought a new membership was eligible to win a prize. Thanks to these local businesses for donating great prizes:

Chianti's Restaurant - 2 gift certificates

McBain Camera - selfie stick

K & K Foodliner - food basket

Theatre Network - 2 season's passes (3 plays)

Propaganda Salon - haircut

Safeway - Garneau - \$30 gift card

Packrat Louie Kitchen and Bar - dinner for two

The Junque Cellar – 2 gift certificates

Friday October 16th – Trivia Pub Night with Scott and Gord as your trivia masters! Come with a team of 4, or on your own and we'll find team mates for you. Entry fee is \$5/person. Doors open at 7:30, trivia starts at 8:30.

Friday, November 20th – Pub Night – starts at 8pm.

For announcements about upcoming social events, meetings, and news, subscribe to the feed at <http://strathconacommunity.ca/feed/> Contact social@strathconacommunity.ca if you have any questions.



2015-2016 League Memberships on Sale

The membership year is in full swing. Memberships are valid from September 1 to August 31, and the cost is \$20/family, \$15/single or \$5/senior. If you don't have a membership yet, you can contact Jeanie (780-803-0900) or Lois (780-439-5774), or by email at membership@strathconacommunity.ca.

In addition, the Edmonton Federation of Community Leagues (EFCL) sells memberships through their website. Go to: efcl.org/membership and select the league name (Strathcona Centre Community League) from the dropdown or select your postal code. The membership fee is remitted to our Community League.

United Cycle has a special offer for community league members: receive 10% off any retail priced item in store until October 31, 2015.

Discounts/Community Swim: Your membership can be used to get a discount when purchasing a multi-use pass at City of Edmonton recreation centres (e.g., Kinsmen). Go to the City of Edmonton website and search for Community League Wellness Program for details. And there will be free community swims at outdoor pools for members next summer.

Edmonton 311 App

Report your concerns on the go!

With the free Edmonton 311 app, you can use your smartphone to easily notify the city of:

- Potholes • Damaged sidewalks • Damaged trees
- Litter • Graffiti

Help keep Edmonton great! Be the eyes and ears on the streets!

By doing this, you're helping us to better assess, prioritize and determine the corrective action based on severity, location, and other factors.

Note: The 311 mobile app is one more way for you to report your concerns to the city.

Download 311 App

Search for "Edmonton 311" on: Google Play & iTunes App Store

For more information:

Online Contact 311 Online

Community Planning and Civics

Grant Moore, Chair of the Civics and Community Planning Committee, maintains a database of building developments, planning and transportation issues, urban design projects, and community initiatives. If you would like more information, please contact Grant at 780-434-3772, or email civics@strathconacommunity.ca

Development Permit Compliance

The City of Edmonton does not do routine checks to ensure that new developments follow regulations. To a great extent, the city relies on leagues and nearby neighbours to report building developments which are not in compliance with regulations in the zoning bylaw and the development permit.

Call 311 with your inquiry if you suspect abnormalities. Perhaps a building appears abnormally large or too close to the property line, or you are concerned about other problematic irregularities.

Engage 106-76

The City of Edmonton is working on a concept planning study for 106 Street and 76 Avenue. The vision is to transform 106 Street and 76 Avenue into walkable, bikeable, liveable public spaces that connect people. Concept planning is expected to be completed by January 2016, with construction beginning in 2017. For updates about this study, visit www.engage106-76.info.

This project is different than other engagement initiatives in that it is community-led, in partnership with the City of Edmonton. The Queen Alexandra Community League formed a committee called QA Crossroads, named after the crossroads of 76 and 106 Street, to engage with the City about making the once-in-a-lifetime investment of Neighbourhood Renewal have a more positive impact than it otherwise would have. QA Crossroads worked positively and collaboratively, including getting support from nearby communities, businesses, school trustees, individuals, and others. The group also appeared several times in front of City Council and created a Make Something Edmonton project to help get the word out. The project involves the communities of Empire Park, Pleasantview, Allendale, Queen Alexandra, McKernan, Belgravia and Strathcona, as well as members from Strathcona Complete Streets, Edmonton Bicycle Commuters, and the Old Strathcona Foundation.

Scona Road Traffic Safety Review

Based on a comprehensive analysis of the traffic safety concerns at the intersection of Scona Road, Saskatchewan Drive and 99 Street, the City of Edmonton is implementing several engineering measures to improve safety. Some of the safety improvements include digital speed display signs (installed), bus stop relocation (moved), additional signal fixture (installed), installation of a rapid flashing beacon (Fall 2015), enhanced pavement marking (Fall 2015), and retroreflective tape (Fall 2015).

Report:

http://www.edmonton.ca/transportation/RoadsTraffic/OTS_SconaRdReview_Final.pdf

Community Safety

The Strathcona Centre Community League and the Edmonton Police Service (EPS) highly encourage citizens to report all suspicious activities and crimes as crime statistics will allow EPS to better allocate policing resources.

Citizens can report certain crimes online at the EPS website www.edmontonpolice.ca/reportacrimeonline

Reportable crimes include Damage/Mischief to Property, Damage/Mischief to Vehicle, Lost Property, Theft under \$5000, and Theft from Vehicle under \$5,000, and Theft under \$5000.

For other types of crimes, call 9-1-1 for an emergency or a crime in progress. For non-emergencies, please visit a police station, enter #377 from a mobile device or call 780-423-4567 from a landline.

EPS has developed the Neighborhood Crime Mapping Website for the public to view crime in neighbourhoods across the city. <http://crimemapping.edmontonpolice.ca/>

By accessing this timely information on reported crime, you will be able to know what is happening in your neighbourhood. By knowing what is going on, we can work together to reduce and prevent crime. For more information about community policing, visit www.edmontonpolice.ca/communitypolicing.aspx



Driving is a risky experience for all of us but it is most risky for teenagers in their first year of unsupervised driving. Car crashes are the leading cause of death among teens in Alberta. Not all risk is bad; risk is a necessary part of healthy teen development. It is important that teens take Smart Risks when driving. For more information on the smart risk approach visit: www.albertahealthservices.ca/4938.asp

Encourage your teen to look first. This means being prepared to drive, every time, by checking road conditions and mapping routes before they get into their car. It is also important to check tires, adjust seats and rear-view mirrors before driving. Remind your teen to buckle up, no matter how short the drive. It is the law. Teens can get trained by taking a driver's education course from an unbiased expert who has years of experience teaching new drivers. Enforce with your teen that it is the law to drive sober. Set a rule against drinking and driving.

Aside from encouraging your teen to take smart risks when driving, there are many things you can do to help keep your teen safe:

- 1) Set a good example behind the wheel by modeling the smart risk behaviours above. Always wear your seatbelt, never speed and be respectful of other drivers and pedestrians on the road.
- 2) In addition to driver's education, teach your teen how to drive under your supervision in low risk conditions before moving up to more risky situations.
- 3) Stay informed about Alberta's Graduated Driver Licensing (GDL) laws and start a conversation with your teen about it.
- 4) Using the Parent/Teen Driving Agreement with your teen can help you with all of these things. This agreement will help you start and keep an open, honest dialogue with your teen about their driving behaviour. It will also help you work together to set boundaries and build trust.

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Healthy Halloween

Halloween – a time to dress up in costume and stock up on candy. No wonder kids love this time of year! Halloween can be frustrating for parents who don't want to send mixed messages by letting their children go candy crazy.

Here are some ideas to lessen the impact of candy on your children's oral health:

Control the amount of candy:

- Limit the amount of candy your children collect by limiting the number of houses they visit, or the amount of time they spend Trick-or-Treating.
- Sort candy and remove items your child does not like or may not be safe. Keep only items that are unopened and in their original wrapping.
- Trade candy for non-food items like bouncy balls, pencils or tattoos.
- Store candy out of sight.
- Limit the number of times your child eats candy. The more times a day they eat it, the greater the risk of tooth decay.
- Avoid bringing candy to school.
- Offer the candy after meals instead of as a snack, the extra saliva produced at mealtimes helps provide some protection to teeth.
- Use Halloween candy for craft projects.

Offer alternatives to candy:

- Hand out stickers, temporary tattoos, bubbles or Halloween themed pencils.

End the Halloween season:

- Set a date when it's no longer Halloween at your house so you can return to normal, healthy eating and snacking routines.

For more information see: www.MyHealth.Alberta.ca and search for "basic dental care".



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Community League Wellness Program

The Edmonton Federation of Community Leagues and the City of Edmonton are pleased to offer the Community Wellness Program exclusively for community league members. Present your valid Edmonton community league membership card at any one of the City of Edmonton's sports and fitness facilities and choose from the following Community League Wellness Products:

- Annual Pass* - 10% discount on Adult, Family, Child, and Youth/Senior Annual Passes
- Multi Admission Pass* - 10% discount on our already discounted multi admission pass (10+ visits)
- Continuous Monthly Pass – 10% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program.

Community league members who purchase one of the above passes will be issued a photo access card to be swiped at each admission.

* Applies to new purchases only.

Facilities and amenities include swimming pools, whirlpools, fitness studios, cardio areas, weight rooms, racquetball, squash, badminton and tennis courts, indoor running tracks, gymnasiums, cafeterias and pro shops. Hours of operation are from 5:30 a.m. to midnight (hours vary according to facility). For more information, please call 311 or visit www.edmonton.ca/wellness

Bonnie Doon Pool Fall / Winter

Members of Argyll Community League are eligible for family swimming in Bonnie Doon Pool. This is exclusive time reserved for community swimming and family swimming. There is room for at least 300 swimmers during these designated days:

Every Saturday from 6:00 – 7:00 PM

Every Sunday from 4:15 – 5:45 PM

You and your family only need to show an Argyll Community League membership card to gain access.

NOTE: there may be some weeks where regular maintenance of the pool will interrupt or be unavailable for family swimming. Check the pool schedule to see when this may happen.

Parent & Tot Playgroup

Our Parent and Tots program operates in the lounge area of the community centre every Friday from 10:00 AM – 12:00 Noon. This volunteer run program is for parents/ caregivers and their young children (ages 0-5) to drop by and make friends with other families in Argyll; as well as have fun together!

This is a free program for community residents with no snacks & beverages. If you would like to help out contact: Erin Raudebaugh by e-mail at: < mack_329@yahoo.com >

Argyll YOGA

Drop in visitors are welcome. Mondays at Argyll Hall 7:30 – 9:00 PM. This is Hatha Yoga with a focus on alignment, core stability and awareness of body and breath. Our instructor is Renee Giammarioli who is a Yoga Association of Alberta certified yoga instructor and is also a physiotherapist. Drop in fee is \$15.00. To inquire, call Renee at (780) 431-1916.

Thank-you, again, Argyll!

It was a beautiful fall day and the movie was well received. Thank-you Argyll for helping our second annual Community League Day event to be such a huge success. We estimate over 100 people were in attendance! A big thank-you, as well, to the ECC Church for their volunteer support and to all the families who came and supported our fund-raising for the Playground. Congratulations, also, to the people who won the prizes and we hope they enjoy the passes with their families.

This event was organized by the Argyll Community League's Social Events committee.

Progressive Supper

SAVE THE DATE: OCTOBER 24th — for our second annual Progressive Supper event.

The social committee will send out an email to everyone on the Events E-mail Distribution list giving you instructions on how to sign up online.

The third edition of the Argyll Community Progressive Supper will be held on Saturday, October 24th from 4:00 – 8:00 PM. This event is a great way to meet your neighbours and share your love of living in Argyll. It is coordinated by Steve Dytiuk of the Events Committee. Steve would be happy to follow up with anyone who cannot sign up electronically. Steve can be reached by phone at: (780) 475-7019

Everyone who participated last year is looking forward to being wandering dinner patrons once again. This is an Argyll residents only event in case you're reading this from outside our neighbourhood.

Managing Chronic Health Conditions

Live well and feel better

Do you live with a health conditions that requires ongoing management? These are called chronic health conditions and include things like diabetes, obesity, high blood pressure and even some cancers. Approximately 30 per cent of Albertans report having at least one chronic health condition and for those over 65 years of age, that number more than doubles to over 75 per cent. It's projected that by 2031, one in five Albertans will be a senior which will increase the demand on our health care system to manage more chronic disease.

These stats highlight the importance of providing support and education around chronic disease management to Albertans across the province.

Alberta Health Services (AHS) along with community partners and family doctors offer a wide range of resources to help those living with chronic conditions live a long, happy and healthy life.

Through the Alberta Healthy Living Program, AHS offers:

- disease specific and healthy lifestyle education classes
- supervised exercise programs
- self-management workshops, typically offered as the Better Choices, Better Health® program which teaches people with a wide range of health conditions to take control of their own health and feel better.

The majority of the Alberta Healthy Living Program classes and resources are available free of charge and have been customized to meet local needs including targeted programming for diverse and vulnerable populations.

To find out the classes and resources offered in your community and those available online to help manage chronic conditions visit: <http://www.albertahealthservices.ca/10356.asp>. More information on chronic disease management is also available on www.myhealth.alberta.ca or by calling Health Link at 811.

Argyll Executive

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Director:
Brian Stein

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Past-President:
Michael Leedham

Argyll Online

As always our web site has current information. Check-in weekly to see what's changed. Send us things you think the community would be interested in. The web site address is: www.argyllcl.ab.ca

If you wish to be added to the EVENTS e-mail distribution list get your name into argyll.social@gmail.com to be included.

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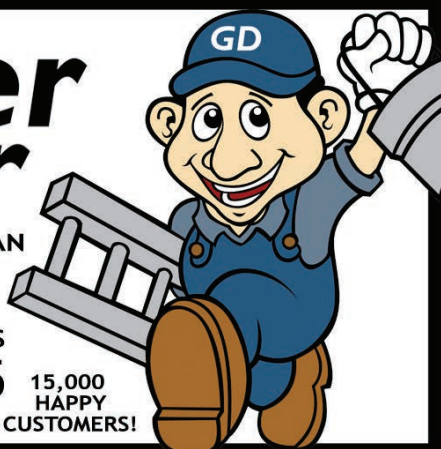
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Childhood Immunizations

New Alberta website launches

When it comes to childhood immunizations, Albertans have questions. But where is the best place to get good answers?

Not only can you chat with your family doctor or local public health nurse about your child's immunization, you can also visit Alberta Health Services' new immunization website: ImmunizeAlberta.ca.

ImmunizeAlberta.ca was designed for, and is based on, insight and feedback from Albertan parents.

Whether it's a simple question about the childhood immunization schedule or what to expect after your child gets immunized, uncertainty about the real risk of diseases, or concerns about immunization safety: ImmunizeAlberta.ca has the info you need.

Visit ImmunizeAlberta.ca today.

Thai express

Sherwood Park Mall

2020 Sherwood Dr
Sherwood Park

Mon to Fri: 9:30 a.m. to 9 p.m.

Sat: 9:30 a.m. to 6 p.m.

Sun: 12 p.m. - 5 p.m.

Phone: (780) 741-2679

10% off

Regular priced items

With coupon. Does not include daily specials. Expires Nov.30/15.
Sherwood Park Mall location only.

EFCL 100th donation page

Welcome to our 100th Anniversary Project donation page. The EFCL will be celebrating its 100 anniversary in 2021, and we are honoured to use this opportunity to commemorate the achievements, the efforts, the joys and the friendships of 100 years of volunteer service by our community leagues with a permanent structure and park space in Hawrelak Park. We have created three options for those who would like to be a part of this legacy to community leagues: Project Patrons for individuals, Business Friends and the EFCL \$100 Club. To find out about all three options, please click on the Learn More buttons - and select the option that's right for you.

Along with our major partners and your support of the community league spirit, we can continue to promote and inspire future generations to stay engaged and active within their communities and the city as a whole.

Garneau News

DEVELOPMENT APPLICATIONS SEPTEMBER 2015

28 SEP 2015

Minor Development Permit
Reference ID: Job No 161092738-009
Description: To construct interior and exterior alterations to a Single Detached House.
Location: 10945 - 90 AVENUE NW
Plan 1423020 Blk 150 Lot 49
Applicant: ROCKWALL CONTRACTING LTD
Status: New

28 SEP 2015

Sign Development Permit
Reference ID: Job No 179815950-001
Description: To install (1) Facia On-Premises Sign (Marlowe Boutique).
Location: 10708 - 82 AVENUE NW
Plan 9921095 Unit 1
10702C - 82 AVENUE NW
Condo Common Area (Plan 9921095)
Applicant: AAA-1 SIGNS INC.
Status: In Development Review

24 SEP 2015

Minor Development Permit
Reference ID: Job No 153903072-006
Description: To construct exterior (removed fireplace cantilever, rear uncovered deck reduced to 2.84m x 4.27m, windows removed/added/relocated) and interior alterations (minor room resizing) to an existing Single Detached House.
Location: 10749 - 84 AVENUE NW
Plan RN6 Blk 133 Lot 22
Applicant: RESCOM INC., JOHN
Status: More Information Required/Requested

21 Sep. 2015

Sign Development Permit
Reference ID: Job No 179409917-001
Description: To install (6) Facia On-Premises Sign (McDonald's) and to install (2) On-Premises Projecting Sign (McDonald's).
Location: 8415 - 109 STREET NW
Plan N4000R Blk 178 Lots 16-20
Applicant: PRIORITY PERMITS
Status: More Information Required/Requested

18 Sept. 2015

Home Occupation Development Permit
Reference ID: Job No 179371650-001
Description: To operate a Minor Home Based Business (administration office for an escort agency).
Location: 8616 - 108 STREET NW
Plan 3901AJ Blk 187 Lots 4-6
Applicant: RAMANAN, REMA
Status: Issued

The Garneau Community League

• The next meeting of The Garneau Community League is on Wednesday November 18, 2015 at 7.30 pm at the City Arts Centre.

• Volunteers needed - The Garneau Community League Casino is on Monday and Tuesday November 9 and 10, 2015. This is the start of Reading Week at the University of Alberta. To volunteer contact Kathy Bruce-Kavanagh at 780-439-5264 or email Kathybk@shaw.ca

• 2015-15 Memberships now available – contact Kathy Bruce-Kavanagh at 780-439-5264 or email Kathybk@shaw.ca

• No further word on the Safeway site development, although there seems to be some work going on in the former Shoppers Drug Mart site.

• The Garneau Community League provided financial support for the following organizations in 2015:
Garneau United church Food Security
U of A Campus Food Bank
YESS
Old Strathcona Youth Society
Free Will Players
Theatre Network
Holy Trinity Arts Society
Trinity Players
Concern Series
Richard Eaton Singer Youth Outreach



City Arts Centre

• As of October 1, 2015 all folks attending courses and parking at the City Arts Centre will be required to register their vehicle license plate with the staff at the reception desk.

• Friday Night Out Workshops - \$40 – all workshops take place 6.30- 9.30 pm
Check out the City Arts Centre website – courses include Silkscreen Pop Art, Winter Landscape in Watercolour, Animal Sculpture. Absolute beginners welcome and all supplies included.

• Imagination Playground – Start date Friday October 2, 2015 from 9.30 to 11 am, child admission \$4.50, children 2-5 years and 6-9 years. See website for further information
www.edmonton.ca/cityarts

Garneau Community League

10918 – 81 AVE EDMONTON AB
T6G 0S2 TEL: 439-5264

Karen Parker	President
Paul Cachia	Past President
Kathy Bruce-Kavanagh	Treasurer
Kelly Butz	Secretary
Mary Gordon/Alan Besecker	VP South Garneau
Ian Burch	VP Middle Garneau
Mark Dunlop/Kai Waselius	VP East Garneau
Dr. Janet Palmer	VP North Garneau

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Hazeldean News

Hall Rental

9630-66 Avenue,

Hazeldean Community Hall offers reasonable hourly, weekend, wedding and special event rental rates! We offer a full kitchen, seating capacity of 250/220 with alcohol, free parking and wheelchair accessibility. Our newly renovated Community Room is also available for rental with a maximum capacity of 50. We also have a new large and attractive private patio area directly off of our community room which is perfect for outdoor events.

Hazeldean Board

President – Bill Elgert
Vice-President – Jason Said
Secretary – Marci Doroshuk
Treasurer – Tracy Vanberg
Civics – Vacant
Facilities – Mona Boss
Memberships – Toby-Anne Reimer
Publicity – Brandy Berdeniuk
Social – Carrie Madu
Soccer – Dee Karner
HCL Administrator – Dawn Banner
Director-at-Large (Soccer) – Jeff Cummings
Director-at-Large (Publicity) – Alana Cummings
Director-at-Large (Social) – Janel Kidd

Committee Chairs:
Greenway & Naturalization – Donna Gannon
Playground Committee – Blair Croft & Carrie Madu
Playgroup Coordinator – Jennifer Casino – Dawn Banner
Edmonton Safe Parents Association – Dawn Banner

Contact Us
Mail: 9630 – 66 Avenue,
Edmonton AB T6E 4W9
Phone/fax: 439-0847
(24-hour answering machine)
Web: www.hazeldean.org
E-mail: hazeldeanleague@shaw.ca

For more information about Hazeldean Community League visit our website: www.hazeldean.org or join us on Facebook.

Community League Day Tremendous Success

September 19th was a day to remember in Hazeldean. It's a toss up as to whether it was the cotton candy or the over 400 hamburgers and hotdogs served that pleased the crowds more. Not to mention the free pizza that arrived thanks to Dasilva our local Panago benefactor. We were delighted to have the Honourable Rachel Notley, Premier of Alberta, MLA Linda Duncan and Councillor Mike Nickel. We would like to thank and recognize our volunteers who made the day a huge success. Thank you to our local firemen at Station 15 who delighted the kids with tours of their fire truck. It was a great day to see many friends and neighbors getting together and enjoying themselves. If you missed this event, we hope to see you at the next one.



Volunteers Needed for Autumn

The Good Samaritan Society Dr. Gerald Zetter Care Centre located at 9649 – 71 Ave. could use your assistance to have some fun with out residence.

Your time and talent would be greatly appreciated and could make a difference to the people who reside in your neighbourhood. To volunteer give Edie Kendall, volunteer coordinator, a call at 780-431-3614. She will walk you through how to register to volunteer. Our residence will appreciate whatever time you have to offer.

The best way to find yourself, is to lose yourself in the service of others. (Ghandi)

Free Sand

Please note that again this year there is free sand available to all of Hazeldean residence for your sidewalks and drive ways.

The sand box is located on the west side of the community hall. You need to bring your own containers and scoops.

If we are out of sand please call Dawn at 780-439- 0847. She will arrange for more.

Okinawan Style Karate

Home to traditional Meibukan Goju Karate Edmonton, Sensei Bill Elgert provides instruction to children from 4 years old to adult classes in this Okinawan style martial art.

The benefits to participants include increased respect for self and others, improved ability to focus, camaraderie, physical fitness, improved self-esteem and confidence. For children, this provides a healthy environment to run, play, share and laugh while expending some of that excess energy they all seem to possess in learning a new art form.

Sensei Elgert holds a 3rd degree black belt and has received training under the International Meibukan Goju Karate Association. This Okinawan style karate shares the traditional teachings of Master Chojun Miyagi's Okinawa Goju-Ryu Karate-Do.

Classes take place Monday and Wednesday: For more information, please contact Sensei Elgert at 780-438-3179 or via email at edmonton-goju@hotmail.com

2015 Hazeldean Christmas Craft Sale

November 14 & 15

10 am – 4 pm

9630 - 66 Ave

Original art, crafts,
unique gifts and more.
Door prizes and
concession.
\$1.00 admission

www.hazeldean.org

Ritchie News

Community League Contacts

Executive:

President: Laura Cunningham-Shpeley
Vice President: dallas Bartel
Secretary: Karen Slater
Treasurer: Simon Slater

Board:

Adult Programs: (vacant)
Casino: Berni Fuchs
Civics: Nigel Nethersole
Communications: Jeff Marvin,
Jo-Ann Marvin
Community Events Co-ordinator:
dallas Bartel
Facilities: Ed Retzer/Leonard
Wampler
Liveability Co-ordinator: Tracy
Price
Membership: Monika Trott
Soccer: (vacant)
Sports: Leonard Wampler
Youth Programs: Julie Kochan
Volunteer Co-ordinator: (vacant)
Director-at-Large: Jeff Ollis
Director-at-Large: Allan Bolstad
Director-at-Large: Val Stark

Monthly Meetings

Meetings are held at 7 p.m. on the first Thursday of every month at Ritchie Hall. Everyone is welcome and encouraged to attend! Next Meetings Nov.5, 2015.

CONNECT WITH RITCHIE COMMUNITY LEAGUE

- Co-ordinates: 7727 98 Street NW | Edmonton, AB | T6E 5C9 | 780-433-7137
- By e-mail: ritchiewebsite@gmail.com
- Online: www.ritchieCL.com
- Facebook: facebook.com/WelcometoRitchie
- Twitter: @RitchieYeg

Hall Rental

Hall Co-ordinator: Keri Walmsley
• **Ritchie Community Hall is a great venue for family and community events, large or small. There are two rooms to rent: one for 150 people, complete with stage and bar. The second room is more suited to intimate gatherings of 60 or fewer guests. Both rooms have access to a kitchen with commercial-grade appliances, and the fabulous parkland and recreation facilities just outside their doors. The facility has ample parking and is wheelchair accessible. Best of all, rent is discounted for Ritchie community league members!**

To book a room, fill out the online rental request form at www.ritchiecl.com. You can also phone the league office and leave a message at 780-433-7137.

Newsletter Submissions Deadlines

- Next print newsletter: Nov. 15, 2015.
 - Next monthly e-newsletters: Nov. 1, Dec. 1.
- Email ritchienewsletter@gmail.com with submissions or to receive our e-newsletter.

Ritchie Community League Memberships

Become a member of Ritchie Community League today! Individual memberships are \$10, family memberships are \$20, and seniors are free. New this year: Associate memberships (\$20) for groups or non-resident individuals who want to support the Ritchie Community League. *Prices subject to change.

You can purchase your membership in person at Ritchie Foods (9606-76 Avenue) or online at bit.ly/joinCL through the Edmonton Federation of Community Leagues.

Community league membership has its benefits: The Community League Wellness Program provides current community league members with admission incentives to enjoy City of Edmonton sports and recreation facilities. Simply present your valid Edmonton community league membership card at any one of the City of Edmonton's sports and fitness facilities and choose from the following Community League Wellness discounts:

- Annual Pass: 10% discount on Adult, Family, Child and Youth/Senior Annual Passes
- Multi-admission Pass: 10% discount on our already discounted multi-admission pass (10+ visits)
- Continuous Monthly Pass: 10% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program

Ritchie Hall Revitalization Update

The Ritchie Hall Revitalization Committee (RHRC) would like to thank everyone who visited the RHRC booth at the Community League Celebration & Classic Car Show in September! RHRC members alongside our architects were engaging with the community to answer questions, inviting feedback, and displaying our process & concept drawings for the renovation + addition path. We heard lots of awesome feedback including ideas regarding the current solar panels, the much-desired skate shack, incorporating natural light with passive solar heating, community hall gardens, fundraising tactics, the need for bike racks, and much more!

Your feedback and conversations are crucial aspects of the design stages, and we look forward to incorporating your suggestions as we enter our next phase. Stay tuned for more information about the Ritchie Hall Revitalization!

THE BUZZ...

Bullying Prevention Workshop

Ritchie Hall, October 21, 7 p.m. - 8 p.m.

Parents will learn what bullying is, signs of bullying and practical tips. Presented by Karen Kondor, B.Ed. Free to community league members, \$5 fee for non-members.

Pumpkin Carving!

Join us at Ritchie Hall, Monday October 26th from 6:30-8:00 p.m. Come and get in the spirit for Halloween and have a fun evening for kids and adults. Make a Jack-o'-lantern and roast pumpkin seeds! One pumpkin per family will be provided. Please RSVP by October 23rd to reserve yours! Text 780.982.5323 or email juliekate.co@gmail.com.

Ritchie Youth Group

Ritchie is looking to start a once-a-month youth group for kids in grades 7 through 12 later this fall. Programming ideas, help leading the kids, and behind-the-scenes organizing are all essential to getting this group up and running. Interested? Contact Keri (kwalmsley@rocketmail.com).

Free Community Swim

Swim for free if you show your Ritchie Community League Membership, at Bonnie Doon pool on Saturdays 6-7pm and Sundays 4:15-5:45 p.m. Winter free swim program runs until June 2, 2015.

EFCL's 100-Year Anniversary Project Needs You!

Are you a history buff that would like to learn more about your community? Do you have old files and photographs from your community league? Your photos and memories - think sporting events, parades, picnics, volunteering and more!

Share your information with Leslie (EFCL 100th historical project coordinator and researcher) at leslie.holmes@efcl.org or visit <http://efcl100.tumblr.com> to submit your memories.

Get organized and informed - form a history group in your community league and start digging.

We will be hosting two workshops to assist leagues in researching their community history and starting their historical record keeping:

Saturday, October 17, and Saturday, November 28. From 1-3 p.m. at the Prince of Whales Armories - Jefferson Room. Email leslie.holmes@efcl.org to register.

Clothing donations wanted!

The league and the Cerebral Palsy Association in Alberta are partners. You can help by filling the CPAA clothing bin with donations of quality and clean used clothing. No household items please. The bin is located in the league parking lot at 7724 98 St. Proceeds from the sale of the collected clothing will provide a small stipend to the league, but more importantly will support our neighbours with cerebral palsy. One bin:

- provides 1 person with a 3-month recreation activity subsidy,
- sends 20 children with disabilities to camp,
- funds adaptive equipment like bikes and skis for 6 families
- funds 250 hours of support to CPAA members.

Note this is in addition to the existing bin for the collection of newspapers for recycling. Newspapers only. There is no facility at the league for the collection of other recyclables.

FYI The one garbage bin is for hall use only.

Soccer Director

Ritchie is looking for a new soccer director. Love happy kids? This is a rewarding volunteer opportunity that is tons of fun. Daunted? Don't worry! You'll have a mentor to get you started. Email ritchiewebsite@gmail.com for more information.

Ritchie Four Corners Committee

Corner Store Pilot Program Update from the City of Edmonton

City Infrastructure plans - the design concept has been created and is undergoing a bit of the City's internal scrutiny to ensure it works within the big picture and will be communicated with the Community at large in the coming months. The Community league representatives have had a hand in helping to design the changes and will continue to represent your community to ensure the best outcome. Check your community newsletter, FB page or webpage to find more about the communication plan when it is finalized.

NE Corner - The Market is still going ahead of course and just going through the last little bit of conditions before they break ground.

SE Corner - You will notice a bit of painting has been done already as this group begins their exterior renovations. The Corner unit is also poised for its upgrade soon and construction should start in the coming months.

NW Corner - This group is progressing through their plans for the exterior improvements and will likely begin construction next spring but are making changes now in preparation. You likely noticed that the gravel has been taken out from around the parking lot and the land directly west of the mall has been prepared for a development.

Businesses - We have been working with many of the businesses to help them get the message out about how awesome their services are and I am excited to share the results of this, again in the coming months. I can tell you that in the process of getting to know many of the business owners, I believe Ritchie to be lucky to have such passionate, professional and committed owners working to make it the great place that it is.

What can you do - Support your local businesses. Spending your money locally keeps it local as the business owners in turn spend it back in their community and contributes to the vibrancy and activity that we are trying to maintain there. You have the power to make a difference in a meaningful way.

I will post updates to the newsletter regularly but you are also welcome to call me directly if you are looking for more information.

Braidon Reid, City of Edmonton
780.442.7148 | braidon.reid@edmonton.ca

The Ritchie Four Corners Committee meets monthly. We are happy to answer any questions or hear any feedback from the community. You can contact Jo-Ann Marvin at jmmarvin@gmail.com.

Hey Ritchie! We're listening!

Do you have an idea for a community league program? Are you concerned about crime? Traffic? Development? Want to get involved? We would love to hear from you. Committees are always looking for new members. Contact information for the league is at the start of this newsletter.



Oct. 2 - Oktoberfest.

Join your neighbours at the Hall for beer, bratz and polkas! 7 p.m., no minors.

Oct, 4, 2-4 p.m. – I'm Old McDonald & the Little Red Hen: A Lesson on Aging, Act I

A short play written and performed by SCONA Seniors. Reception and refreshments to follow. All ages welcome. Tickets \$10. Call 780-433-5377.

Proceeds support SCONA Seniors.

Oct. 21, 7-8 p.m. – Bullying Info Session. Ritchie Community League hosts a parent info night about Bullying. (See above.)

Oct. 26, 6:30-8:00 p.m. – Pumpkin carving at the hall. Please RSVP by October 23rd to reserve your pumpkin! Text 780.982.5323 or email juliekate.co@gmail.com.

Oct. 30 - Adult Halloween Party -Enchantment Under the Sea Dance (50's theme), with Amy Van Keeken's Rock & Roll Singalong. Tickets available at <http://yeglive.ca/events/amy-van-keeken/oct-31-2015/ritchie-community-centre>.

IN THE RITCHIE COMMUNITY

Bike Polo: We're back. Join us Mondays and Thursdays at 6 p.m. at the Ritchie outdoor rink.

Caminitos Spanish Playschool: Offers a bilingual Spanish program for children aged three and four. No prior Spanish knowledge is required. Children learn Spanish through play guided by experienced and qualified bilingual teachers specializing in early childhood education. Located at Escuela Mill Creek (9735-80 Avenue). New pilot project starting in September: Tuesday & Thursday classes, 9:00 - 11:30 a.m. For more information or to register, please visit www.caminito-playschool.com.

Congregationalist Wiccan Assembly of Alberta (CWAA): Meets every second Sunday evening of each month at 5:30 p.m. Next meeting is Sept. 13, 6 - 8 p.m. E-mail CWAA for more details.

Edmonton Bicycle Commuters' Society (EBC): EBC will recognize all Ritchie Community League 2015-2016 membership cards as equal to EBC membership cards. Ritchie members can now access the following EBC services at discounted rates: Use of EBC shop tools, stands and volunteer support: \$2/hour. Workshop and course registration: now \$5 less than non-member fee! Check out the EBC web site: edmontonbikes.ca.

Edmonton Reptiles and Amphibian's Society: Meets on the third Tuesday every month at Ritchie Hall from 7 - 9 p.m. Contact Tim at: president@edmontonreptiles.com.

Karate for Families: Classes began September 15! Ritchie Community League Hall is home to a Karate school that provides lessons for adults, children (age 7+) and families. Everyone is encouraged to come and try TWO FREE classes at any time. Classes run from September to June on Tuesdays and Thursdays at 7:00 p.m. Classes are taught by certified Black Belt instructors and focus on fitness, self-defense and fun in a safe and social atmosphere providing our members with a place to develop their bodies, minds and spirits while learning traditional Karate. Please visit www.KarateInEdmonton.com, or call 780-913-1652 for more information. New students are always welcome. Also, see our website or ask about our discount for Ritchie Community League Members!

SCONA Seniors: SCONA Seniors offers a variety of recreational and social activities at Ritchie Hall. This active group has a varied and changing schedule, so stay up to date by emailing Cathy or call 780-433-5377.

COMMUNITY LEAGUE PROGRAMS

Bingo: Play started September 2, and runs every second Wednesday evening from 6:30 - 9 p.m. All are welcome. For more information, email Joanne: j_niederhaus@hotmail.com.

Bridge Club: Continues at Ritchie hall with 25 tables playing every Friday. Doors open 11 a.m. Games start at 12 noon. Newcomers are welcome. Contact Rose-Marie: 780-439-4884.

Cribbage Club: We resumed cribbage on September 9th, and meet every second Wednesday afternoon after that. Welcome back to the fun. Doors open at 12:30 PM. Runs bi-weekly on Sept. 9, 23rd, etc. All are welcome. For more information, email or call: Maryann hall4mary@telus.net (780) 462-8582 or Kate (780) 433-0977.

Home-school Playgroup: We resumed meeting on September 29, and meet every second Tuesday afternoon after that. The playgroup is for school-aged kids and their younger siblings. Activities include: Lego challenges, free play, drama performances for parents, active games, as well as arts and crafts with our other homeschooled buddies. Homeschoolers from neighbouring communities are also welcome! Email karendwhitehead@gmail.com for more information.

Fit for Life (Formerly Older Adult Fitness) Classes: Tuesdays and Fridays from 9 - 10 a.m. Move to the oldies in this mixed-level class offering exercise for every body! The workout includes components of cardio, strength training, balance and flexibility for a well-rounded one-hour workout! For more information, email Lynn Lindsay: lynn@busy-bodies.ca or call 780-996-2182.

Preschool Playgroup: The (free!) pre-school play group at Ritchie Hall will begin Tuesday, September 8 from 10am-12pm, and meet every Tuesday morning thereafter. Bring your children between the ages of 0-5 years to the Ritchie Community League to meet and hang out with other Ritchie parents, have your kids play together, and enjoy complimentary coffee and snacks as well! Please e-mail Monica Grove, the pre-school playgroup co-ordinator, at winkmonalisa@gmail.com if you would like any more information.

Yoga: We have a new session starting Wednesday, September 16 from 7 - 8 p.m., and running weekly on Wednesdays after that. Instructor Kristal Forrest will be leading a vinyasa flow yoga class open to all levels and abilities of practice. \$10 for Ritchie members / \$12 for non-members.

Zumba at Ritchie Hall: The party's back at Ritchie Hall Monday, September 14th, 7-8 p.m., and every Monday after that! Please bring indoor shoes and a water bottle. More questions? Email Margareta Jesse (zumbamj@outlook.com). Drop-ins are welcome. Fees apply.

HALLOWEEN NIGHT
OCT.31-2015 - RITCHIE HALL - 7727-9857

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