

COMMUNITY LEAGUE NEWS SOUTH

*Serving the community leagues of
Strathcona Centre, Argyll, Garneau, Hazeldean and Ritchie.*



August/September 2016

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Opening Of Light Horse Park



The re-dedication of Light Horse Park at 85 Avenue and Calgary Trail in Old Strathcona was marked with a royal visit on Friday, June 24. Sophie, the Countess of Wessex, participated in a sod-turning ceremony with government and regiment representatives to mark the official opening of the park. HRH Sophie is the Colonel in Chief of the South Alberta Light Horse (Alberta's Regiment).

The Light Horse Park Monument project involves three levels of government, the Holy Trinity Anglican Church (the unit's Regimental Church), the Old Strathcona Business Association, Strathcona Community League, and the men and women of South Alberta Light Horse Regiment. Part of the park's renewal includes a refreshed green space and new cenotaph location in the northside of the park. As well as providing a space for residents and visitors of Old Strathcona to gather, community organizers of the park renewal hope that the park will bring notice to the regiment's Edmonton history and military service and be a location of Remembrance Day ceremonies each November 11.

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Strathcona Centre News

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3

website: www.strathconacommunity.ca

STRATHCONA CENTRE

| | |
|-------------------------|--|
| President | Jeff Samsonow 780-984-1687 president@strathconacommunity.ca |
| Vice-President | Ross Goodine 780-432-3732 vicepresident@strathconacommunity.ca |
| Treasurer | Colleen Taralson 780-477-0656 treasurer@strathconacommunity.ca |
| Secretary | Amy Wowk secretary@strathconacommunity.ca |
| Membership Co-chairs | Lois Hameister 780-439-5774 Jeanie McDonnell 780-433-0521 membership@strathconacommunity.ca |
| Communication Committee | VACANT communication@strathconacommunity.ca |
| Programs Committee | Dustin Meunier programs@strathconacommunity.ca |
| Social Chair | Jeanie McDonnell 780-803-0900 social@strathconacommunity.ca |
| Soccer Co-chairs | Conrad Nobert Simon Thomas strathcona@southeastsoccer.ca |
| Civics / Planning | Grant Moore 780-434-3772 civics@strathconacommunity.ca |
| Safety Committee | Barry Hickie safety@strathconacommunity.ca |
| Building and Grounds | Benjamin Tucker grounds@strathconacommunity.ca |
| Green Initiatives | Brenda Reid green@strathconacommunity.ca |
| Community Garden | Kelly Binnington garden@strathconacommunity.ca |
| Hall Use Committee | Jeanie McDonnell 780-803-0900 hall@strathconacommunity.ca |
| Community Liaison | Kelly Fox John Watson |
| Community Hall | Helen Gillespie 780-439-1501 |
| Website Manager | webmaster@strathconacommunity.ca |
| Information | info@strathconacommunity.ca |

Board meetings are held on the second Monday of each month, September to June, at 7:00 p.m. All community league members are welcome to attend. For more information phone 780-439-1501 or e-mail at info@strathconacommunity.ca

To join our community e-mailing list, contact sccl.social-request@lists.gno.org. This list enables the Community League to deliver information about programs and community events to our members in a timely and reliable manner, and enhances our ability to develop and deliver these programs. Postings to the list are screened, and are kept to a minimum.

The Strathcona Community League is on Facebook. Follow us on Twitter @StrathconaCL

If you can help with any of the vacant positions, please contact a member of the executive.

The copy deadline for the Oct/Nov 2016 issue of Community League News is Sept. 26, 2016. Please contact Donna Fong, Newsletter Editor, at 780-433-5702, or by e-mail at donna.fong@shaw.ca

Hall Rentals

• **Main Hall:** Max capacity 105

With tables and chairs will hold fewer people (number will depend on set up)
Amenities include hardwood floors, balcony, stage, and a bar. \$150 - \$400

• **Lounge:** Seats 30 -35

Overlooks the End of Steel Park and sunsets over the river valley
Amenities include a bar, fireplace, television and piano. \$75 - \$260

• **Concession/Small Meeting Room**

A small meeting room (concession) on the main floor seats 10-12. \$20 - \$75

To check rental availability and for rate details, visit www.strathconacommunity.ca/facilities/hall-rentals

To rent hall facilities, please download and review the Hall Rental Agreement Form (PDF) and contact Helen Gillespie, Hall Manager, at 780-439-1501. If you need clarification on any item, please email hall@strathconacommunity.ca. However, all rental agreements are made with the hall manager.

Community League members of at least 6 months receive a discount on rates. Rentals are not confirmed until payment is made and the rental contract signed.

If your event is public, we can help you advertise. Contact the hall committee chair to have your event posted to our website.

Playground Party

In July the Strathcona Nursery School (SNS) partnered with the community league to put on a party at the playground by the hall to kick off summer playground season. A big thanks to Sally Hammell and Alex Freeman from the SNS who organized the event, as well Alison Service who face painted beautiful works of art on the little faces. The SNS is located in King Edward Elementary School, and accepts children aged 2.5 to 5 years of age. Children do not have to be potty trained to attend. For more information about the SNS go to <http://strathconanurseryschool.com>.

Outdoor Pools Free Swims

Mill Creek, Queen Elizabeth and Fred Broadstock outdoor pools are open until early September, weather permitting. Please check individual pool pages for open status and hours of operation. For details visit www.edmonton.ca/outdoorpools
Community League Free Swim (with a league membership)

Fred Broadstock Outdoor Pool
Until September 5, 2016
Sunday, Monday, Tuesday & Wednesday
5:00 pm – 7:00pm

Oliver Outdoor Pool
Until September 4, 2016
Sunday, Monday, Tuesday & Wednesday
6:00pm – 8:00pm

Queen Elizabeth Outdoor Pool
Until September 5, 2016
Sunday & Tuesday
5:00pm – 7:00pm
Monday & Wednesday
6:00 pm – 8:00 pm

Mill Creek Outdoor Pool
Until September 5, 2016
Every day 7:00pm – 9:00pm

Estate sale

Antiques, vintage, collectables, world art, jewelry, coins and paper, books, newspapers (1930, 1940, 1950, 1960, 1978, 2000, etc. stamps, ties, gold trim plates, Elvis car plates, Amanti & strad. violins, 1800s accordion. 1948 German songbook, 1960s 24" x 28" poster USA, Vietnam, Woodstock, over 300 artists' faces coloured Just give peace a chance, Last Supper, copper, a lot of items grandparents brought from Europe before 1898. As far as I know, all items are one of a kind—only ones in the world.
Call by appointment only: **780-455-2573**.

Annual Pot Luck BBQ Featuring Local Authors and Craftspeople

**Sunday, September 11 3pm to 7pm
10139 – 87 Avenue**

Once again Strathcona Community League is hosting an annual potluck BBQ outside the hall (we'll move it inside if it's raining). The Community League provides burgers/dogs/veggie dogs and drinks, and you provide a pot luck dish to share (bring your own cutlery and plate too). It's a great way to chat with old friends and meet some new ones. A Jumpy Castle will be available again this year. Local authors, poets, artists, craftspeople and entertainers will be featured.

If you are an author, artist or craftsperson (professional or amateur, adult or youth) and would like to showcase and/or sell your work, please contact us at social@strathconacommunity.ca or 780-803-0900.

Memberships

Community League Memberships on Sale The league membership year is September 1 to August 31. If you need a membership to access City programs such as free outdoor swims, contact Jeanie (780-433-0521) or Lois (780-439-5774), or via membership@strathconacommunity.ca. Or you can purchase one online through the EFCL at <http://efcl.org/membership/> (there is a \$5 service charge).

2016-2017 Membership Drive
In September and October, volunteers (where possible) go door-to-door to sell memberships. We can always use more volunteers, so if you can help out, give us a call – the amount of time you spend and when you schedule it is flexible, and you can enjoy a wine and cheese kick-off gathering with other volunteers!.

Discounts/Community Swim: Your current year membership can be used to get a discount when purchasing a multi-use pass at City of Edmonton recreation centres (e.g., Kinsmen), to purchase a new Outdoor Pools Season Pass http://www.edmonton.ca/activities_parks_recreation/outdoor-pools.aspx or for free community swims at outdoor pools:

Annual membership fees are \$20/family, \$15/single, \$5/senior.

What does the Strathcona Community League Membership give you?

- Sports: Soccer, skating
- Discounts: Community League Wellness Program, Ice on Whyte
- Pub Night - usually the third Friday of each month at the community league.
- Playgroup - Mon. & Wed. mornings.
- A voice in your community - transportation, zoning, housing.
- Free swimming at Edmonton's outdoor pools (certain times)
- Social events - community picnics, winter carnival, etc.

Indoor Soccer Registration

Indoor 2016/2017 Soccer online registration has begun. Our community league is a member of the EMSA South East zone.

STEP 1

Register ONLINE at www.southeastsoccer.ca (click on EMSA Soccer Portal tab on the top left) and complete the family and player profile PRIOR to coming to one of the registration dates.

If you already have an existing household account (family profile and player profiles), click on existing account then REGISTER each player for the Indoor 2016/2017 Soccer Season.

If you do not have an existing household account, click on create account and set up household account (family profile) then create a player profile for each child and then REGISTER each player for Indoor 2016/2017 Soccer Season.

STEP 2

Payment ONLINE (Visa/MasterCard – included in step 1) OR BRING payment (cash/cheques) to one of the registration listed below.

STEP 3

Attend a registration session at Ottewell hall or Bonnie Doon Mall and BRING the following 2 copies of your completed registration form.

- Government ID to verify age of player
- 2016/2017 Community League membership card (purchase online at www.efcl.org or at registration/tryout dates)
- 3 post dated cheques

Community Players - Volunteer (\$150) and jersey (\$75) deposit cheques (Post dated to February 1, 2017) are made out to ESESA.

Please note: Your child WILL NOT be placed on a team/roster unless you have completed Step 3.

Registrations and Payment Sessions
Ottewell Hall
9520-93A Avenue
September 8
6:30pm-8:30pm

Bonnie Doon Mall
82 Avenue & 83rd Street (by Tony Romas)
September 17
10am-2pm

Registrations after this date will be taken at the South East Soccer office located at 6520 Roper Rd from 3pm to 5pm on Monday, Wednesdays, and Fridays.

For more information, contact Strathcona soccer co-directors, Conrad Nobert and Simon Thomas, at strathcona@southeast-soccer.ca For news, visit <http://emsasouth-east.com/>

League Programs and Activities

POP-UP PLAY

The Pop up Play program will run at the playground/spraypark at the hall, 10139 – 87 Avenue, on Tuesdays and Fridays, from 10am-1:30pm, until August 23, 2016. Join in games, sports, crafts, music, drama and special events with the Program Leader supplied by the City of Edmonton.

Ages: 6 – 12 years (children under 6 must be supervised by a parent or guardian)
Cost: Free!

PUB NIGHTS

Pub nights are held on the 3rd Friday of each month, 8 pm. Meet in the Lounge, upstairs at the Strathcona Centre Community League, 10139 87 Ave (use south door). It's casual, and a great way to unwind from the week and meet or reconnect with others from the community.

We plan to kick off the year with Scotch Tasting in September, Trivia in October or November, and maybe wine tasting too. If you are interested in helping out with Scotch or wine tasting, or have another idea for a pub night, please let us know! Contact Jeanie at social@strathconacommunity.ca or 780-803-0900.

For announcements about upcoming social events, meetings, and news, subscribe to the feed at <http://strathconacommunity.ca/feed/>

STRATHCONA PLAYGROUP

The Strathcona playgroup hosts a playgroup (September-June) twice a week at the hall, 10139 – 87 Avenue. Enter via the ramp on the north side of bldg.)

- Mondays and Wednesdays, 10am till noon (closed on school holidays)
 - Free but you must be a member of a community league (memberships sold on site - \$20/family)
 - Large room for the kids to run around, lots of toys to play with
 - Bring a snack for the kids, and a coffee for yourself
 - Meet other parents/caregiver
 - Any age welcome – babies, toddlers, pre-school
- For more information, contact programs@strathconacommunity.ca.

YOGA CLASSES

These holistic yoga classes are perfect for beginners as well as those with previous yoga experience. Yoga postures, breathwork, and meditation will be taught to promote balance in the body, mind and spirit. Throughout the session, students will develop an understanding of alignment and breath while developing physical strength and flexibility. All levels are welcome!

Instructor: Kyla Fischer lives in the Strathcona Community and has been practicing yoga for over 14 years. She holds RYS 200 Yoga Teacher Training certification and has experience in various styles of yoga including Hatha, Akhanda, Restorative and Yin. Kyla is committed to life-long learning as a student of yoga and is honoured to share the joy and peace that yoga offers.

For information about future classes at the Strathcona Community League hall, email Kyla Fischer at fischerk@telus.net or call 780-430-0229.

Best Neighbourhood for 5th Year in Row

The Strathcona Community League is delighted that readers of Avenue Edmonton voted Old Strathcona as the best neighbourhood again in its fifth annual survey. <http://www.avenueedmonton.com/Digital-Editions/>

“Its mix of shops, restaurants and nightlife, the year-round farmers’ market and the Edmonton International Fringe Festival make historic Old Strathcona – once a separate city, which merged with Edmonton in 1912 – a destination neighbourhood. For many, Strathcona is the spiritual home of the Alberta New Democrats. Indeed, both Premier Rachel Notley and Linda Duncan – Alberta’s only NDP MP – live within two blocks of each other in the eastern part of the neighbourhood. “From Rachel’s house, you can see Linda’s house,” says a well-placed NDP staffer, who also makes Strathcona home.” (Avenue Edmonton, August 2016)

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Community Planning and Civics

Grant Moore, Chair of the Civics and Community Planning Committee, maintains a database of building developments, planning and transportation issues, urban design projects, and community initiatives. If you would like more information, please contact Grant at 780-434-3772, or email civics@strathconacommunity.ca

Development Permit Compliance

The City of Edmonton does not do routine checks to ensure that new developments follow regulations. To a great extent, the city relies on leagues and nearby neighbours to report building developments which are not in compliance with regulations in the zoning bylaw and the development permit.

Call 311 with your inquiry if you suspect abnormalities. Perhaps a building appears abnormally large or too close to the property line, or you are concerned about other problematic irregularities.

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Community Day Family Movie Night SEPTEMBER 17

Mark your calendars and plan to join us for our 2nd Annual Outdoor Movie Night. We had a blast last year celebrating Community League Day together under the stars! This event will include pre-show family friendly activities along with presentation of an all-ages appropriate movie on a big outdoor screen. Our event is free for residents with all concession sales going toward our Argyll Playground redevelopment. Look for a flyer in your mailbox closer to the date for more details.

Argyll Community Annual General Meeting

At 7:30 PM on Wednesday, September 21st, we will hold our annual General Meeting to deal with the business of the community league.

All residents are automatically voting members of the community league. All residents are also eligible to stand for office. The meeting agenda is open for any issue or initiatives you believe our community should deal with.

The meeting is an opportunity to find out what programs are run by the league on your behalf, what changes are coming to the area, and to meet the people who are running your League. The meeting is usually not very long. If you have questions about League business, or about issues outside the community boundaries you can bring them forward. This is also an opportunity to contribute to future community events. Put it on your calendar to come by and see what's going on in Argyll.

Parent & Tot Playgroup

Our Parent and Tots program continues in the lounge area of the community centre on the Last Friday of each month from 10:00 AM – 12:00 Noon. This volunteer run program is for parents/caregivers and their young children (ages 0-5) to drop by and make friends with other families in Argyll; as well as have fun together. This is a free program for community residents with no snacks & beverages. If you would like to help out contact: Erin Raudebaugh by e-mail at: mack_329@yahoo.com. The program may take a pause for some Fridays in summer.

Progressive Supper Sat., Oct. 22

Get to know your neighbours in the comfort of your own home. Sign up to host appetizers, soup/salad or main course and then travel from home-to-home enjoying each other's hospitality. We gather together with the other groups at the Community Hall to share dessert. Look for the sign-up form on our website in September.

Argyll YOGA

This fall the community's yoga program will return September 12th, 2016. Class are held each Monday at Argyll Hall from 7:30 – 9:00 PM. Cost is \$100.00 for all sessions in the fall season. You can also drop in for a daily fee. Registration is at the hall just prior to starting the class. There are more sessions in the new year and in Spring so be on the lookout. This is Hatha Yoga with a focus on alignment, core stability and awareness of body and breath. Our instructor is Renee Giammarioli who is a Yoga Association of Alberta Certified Yoga Instructor and is also a physiotherapist. To inquire call Renee at (780) 431-1916. Classes start Monday September 14th and finish December 5th (there will be no class on October 10th for Thanksgiving Day).

Millwoods Pool Fall / Winter Swimming

Members of Argyll Community League are eligible for family swimming at the Millwoods Recreation Centre Pool. This is exclusive time which is reserved only for community swimming and family swimming. There is room for at least 300 swimmers during these designated days: Every Saturday from 2:00 – 3:30 PM beginning September 10, 2016 and running until April 29, 2017. You and your family only need to show an Argyll Community League membership card to gain access.

Argyll Executive

President:
Dave Trautman
780.463.9310

Secretary:
Linda Strong-Watson
780.466.4289

Treasurer:
Roxanne Higuchi
780.436.9616

Casino Coordinator:
Dallas Raudebaugh
780-469-1517

Director:
Karl Kovacs

Director:
Brian Stein

Director:
Hope Ungarian

Past-President:
Michael Leedham

Art Classes for Kids

An exciting new children's art program has started in Argyll. The instructor is Alison Service who is a resident of our community. She is an experienced art instructor. Her philosophy for children's art lessons emphasizes process over product, and looks to encourage an environment of creativity. The Fall Session begins on September 06 and runs until October 18th.

Little Artists: Age 3-6, Parented Class. Held each Tuesday 5:00 – 6:00 PM

Creative Kids: Age 6-10 (parents are welcome but also free to drop off). Held on Tuesday's at 6:30 – 7:30 PM. Both classes are \$75.00 for 7 weeks. Materials are included, but please wear a paint shirt. For more information and to register go to www.artofalie.com or contact Alie by phone: 780.906.8500 or email <alieservice@yahoo.ca>

Argyll Playground Update

Argyll may be a small community, but we are a hub in the Mill Creek ravine for many residents and partners outside our neighbourhood as well. That's why we are excited to create a welcoming community park with expanded gathering spaces and a variety of play structures along with other natural spaces for recreation. Any residents, or interested people using the area, who would like to contribute directly to our fundraising efforts can:

- Ask your employer about any matching donation programs.
 - Volunteer with the Playground Committee.
 - Save up your bottles for our October bottle drive, or bring them to Argyll's movie night in September.
- Together, we can make this playground happen—thanks

Argyll Online

As always our web site has current information. Check-in weekly to see what's changed. Send us things you think the community would be interested in. A new section has been added to the web site which features announcements and news about the Committee work various residents are involved in.

Look for it the next time you visit our site. The web site address is: www.argyllcl.ab.ca

If you wish to be added to our EVENTS e-mail distribution list get your name into argyll.social@gmail.com.

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Facebook page: Thistle Glen School of Highland Dance



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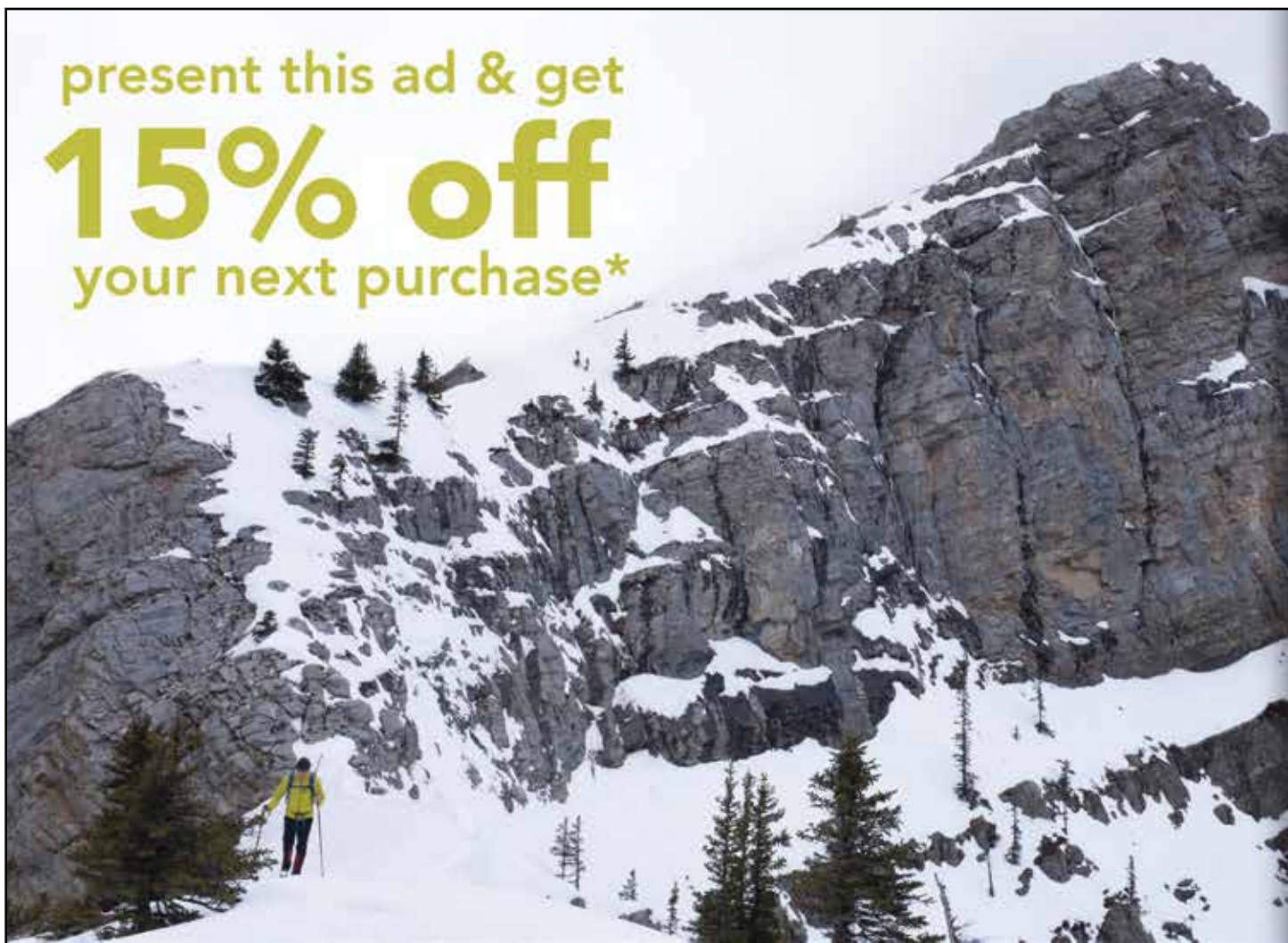
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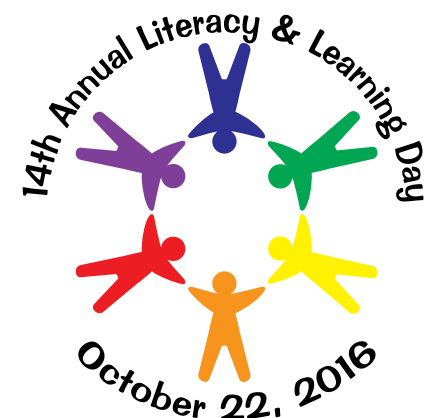


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Hazeldean News

Hall Rental

9630-66 Avenue,

Hazeldean Community Hall offers reasonable hourly, weekend, wedding and special event rental rates! We offer a full kitchen, seating capacity of 250/220 with alcohol, free parking and wheelchair accessibility. Our newly renovated Community Room is also available for rental with a maximum capacity of 50. We also have a new large and attractive private patio area directly off of our community room which is perfect for outdoor events.

Hazeldean Board

President – Bill Elgert
Vice-President – Jason Said
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Publicity – Brandy Berdeniuk
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HCL Administrator – Dawn Banner
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Director-at-Large (Publicity) – Alana Cummings
Director-at-Large (Social) – Janel Kidd

Committee Chairs:

Greenway & Naturalization – Donna Gannon
Playground Committee – Blair Croft & Carrie Madu
Playgroup Coordinator – Jennifer
Casino – Dawn Banner
Edmonton Safe Parents Association – Dawn Banner

Contact Us

Mail: 9630 – 66 Avenue,
Edmonton AB T6E 4W9
Phone/fax: 439-0847
(24-hour answering machine)
Web: www.hazeldean.org
E-mail: hazeldeanleague@shaw.ca

For more information about Hazeldean Community League visit our website: www.hazeldean.org or join us on Facebook.

Casino Volunteers Needed!

Did you know that many of the services the Community League provides is funded by an annual volunteer-run casino? We need your help! You will receive training upon arrival, so don't worry if this is your first time. Volunteering at the casino is a great way to try something new and help your community league run for another year.

Positions Needed:

- Cashier: You'll maintain your own float, cash in chips for players and make change.
 - **2 cashiers needed**
September 13th, 6:45pm-3:15am
 - **1 cashier needed**
September 14th, 9:30am-7:00pm
 - **2 cashiers needed**
September 14th, 6:45pm-3:15am
 - Banker: Controls the cashiers' cage floats of chips and cash, responsible for all documentation of cash and chip transfers. Must be able to operate the Casino Track computer system (training will be provided by the advisor during the event)
 - **1 banker needed**
September 14th, 9:30am-7:00pm
- If you have any questions or can volunteer, please contact hazeldeanleague@shaw.ca or call 780-439-0847.

Current City Surveys

Help the City of Edmonton build an even better city by becoming a member of the Edmonton Insight Community. Complete online surveys on City policies, initiatives and community issues. Open to all Edmontonians, over the age of 15. Registration is quick and easy at www.edmontoninsight-community.ca

In addition to the Edmonton Insight Community surveys, the City of Edmonton uses a range of survey tools and approaches to gather input from Edmontonians. To view and complete these surveys as they appear please visit and bookmark: Edmonton.ca/Surveys

- Transit Strategy Exploring Trade-offs Survey
- Property Owner Feedback Survey – Property Taxes
- BREATHE – Open Space Plan Survey
- Mature Neighbourhood Overlay Review Survey
- Mill Creek Water Quality Survey
- Traffic Safety Culture Survey

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Celebrating more than 15 years in the community



Little Lotus Inc is a yoga-inspired preschool program coming this September. We are inside The Yoga Center in Old Strathcona and we are looking forward to incorporating mindful and meaningful practices into your child's early education.

www.littlelotusinc.ca info@littlelotusinc.ca
587-333-5207

Ritchie News

Community League Contacts

Executive:

President: Laura Cunningham-Shpeley
Vice President: Dallas Bartel
Secretary: Tracey Price
Treasurer: Simon Slater

Board:

Adult Programs: Tammy Hay
Casino: Peter Willett / Caroline Belanger
Civics: Max Merrett
Communications: Amanda Heiford
Community Events: Sam Heine
Hall Maintenance: Ed Retzer
Liveability/Safety: Julia Dalman
Membership: Monika Trott
Soccer: Dave Woo
Sports: Leonard Wampler
Children and Youth Programs: Leah Underhay
Volunteer Director: Angie Tricka
Ritchie Hall Revitalization Director: Jeff Ollis
Director-at-Large: Allan Bolstad
Director-at-Large: Jim Kurylo
Director-at-Large: Cecilia Oteiza Ayres

Monthly Meetings

Meetings are held at 7 p.m. on the first Thursday of every month at Ritchie Hall. Everyone is welcome and encouraged to attend!

CONNECT WITH RITCHIE COMMUNITY LEAGUE

- Co-ordinates: 7727 98 Street NW | Edmonton, AB | T6E 5C9 | 780-433-7137
- By e-mail: ritchiewebsite@gmail.com
- Online: www.ritchieCL.com
- Facebook: [facebook.com/WelcometoRitchie](https://www.facebook.com/WelcometoRitchie)
- Twitter: @RitchieYeg

Hall Rental

Hall Co-ordinator: Keri Walmsley
• Ritchie Community Hall is a great venue for family and community events, large or small. There are two rooms to rent: one for 150 people, complete with stage and bar. The second room is more suited to intimate gatherings of 60 or fewer guests. Both rooms have access to a kitchen with commercial-grade appliances, and the fabulous parkland and recreation facilities just outside their doors. The facility has ample parking and is wheelchair accessible. Best of all, rent is discounted for Ritchie community league members!

To book a room, fill out the online rental request form at www.ritchiecl.com. You can also phone the league office and leave a message at 780-433-7137.

Newsletter Submissions

Email ritchienewsletter@gmail.com with submissions or to receive our e-newsletter.

Ritchie Community League Memberships

Become a member of Ritchie Community League today! Individual memberships are \$10, family memberships are \$20, and seniors are free. New this year: Associate memberships (\$20) for groups or non-resident individuals who want to support the Ritchie Community League. *Prices subject to change.

You can purchase your membership in person at Ritchie Foods (9606-76 Avenue) or online at bit.ly/joinCL through the Edmonton Federation of Community Leagues.

Community league membership has its benefits: The Community League Wellness Program provides current community league members with admission incentives to enjoy City of Edmonton sports and recreation facilities. Simply present your valid Edmonton community league membership card at any one of the City of Edmonton's sports and fitness facilities and choose from the following Community League Wellness discounts:

- Annual Pass: 10% discount on Adult, Family, Child and Youth/Senior Annual Passes
- Multi-admission Pass: 10% discount on our already discounted multi-admission pass (10+ visits)
- Continuous Monthly Pass: 10% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program

SAVE THE DATES!

Check www.ritchiecl.com for more details.

August 6 - Twin & Triplets Parade
August 8, 15, and 22 - Zumba Cancelled
August 10 - RCL Summer BBQ
September 17 - Community League Day

City Services & General Information

Visit www.edmonton.ca/311 or call 311 for information and access to City of Edmonton programs and services such as:

- Inspections, licenses, permits
- Comments, commendations, bylaw complaints
- Roadway & waste management information
- Program registrations and bookings
- Transit information

311 agents are available 24 hours a day, every day.

Green Shack Update

Ritchie Green Shack will be crafting, playing and spray parking for nearly another month. The Free Drop-In Recreation Program kicked off at the beginning of July and will run until August 25. Come check it out between 10:00 am and 1:30 pm - Monday to Friday behind the hall.

Hot Diggity

Thanks to everyone who helped out with the Ritchie Summer Night BBQ! Although the weather didn't cooperate at first, we still had a great turn out. In fact, our chief snack statistician estimates that around 264 hotdogs were consumed in total!

This month we will be doing it all again so please come join us on August 10 from 6-8 p.m. for more free hot dogs, great conversation and fun with your neighbours.

Remember, these events are made possible by our great Ritchie volunteers and we are still looking for people to:

- Help with set up - between 5-6p.m.
- Cook - between 5:30-7:30p.m.
- Clean up - between 8-9p.m.

If you can lend a hand, please email ritchielovesvolunteers@gmail.com

SYNC Camp Success!

SYNC Camp was a success once again with over 40 kids attending the whole week! The kids learned games, songs, crafts and spent time talking and hearing stories about trust, respect and being a good neighbour...and most importantly getting to know the other families in the neighbourhood!

A big thanks to:

- Lois Zapf, Matt Walker and Katrina and Ben Smith (Calvary Baptist Church),
- Andrew Crossman (Zion Baptist Church),
- Sharon Wilms and Liz Hamilton (Ritchie residents)
- Leah Underhay (Ritchie Childrens Program Director)
- Scona Seniors for baking dozens and dozens of cookies for the kids!
- As well as the many other volunteers who came out each day to make the week a success!

Sweet Rides are Heading to Ritchie!

Ritchie is known for so many things, including our awesome classic car show. Mark your calendars because this great community event is just around the corner.

September 17th from 11-3p.m.
Ritchie Gears Up for the New Hall
Our new Ritchie t-shirts (\$25.00) and hoodies (\$50.00) have arrived!
With all proceeds going to the new hall, there has never been a better time to show your neighbourhood pride. We've got lots of sizes and will happily deliver in the Ritchie area. For more information email ritchieevents@gmail.com.

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Fundraisers Unite!

It is time... to start fundraising! In order to build a new Community Hall for Ritchie, we need to start raising some money. If you like working with a team, and you have some ideas on how to raise some funds to help build our new hall then we want to hear from you! Please contact Laura at lauracshpeley@gmail.com for more information.

Free Community Swim

Show your Ritchie Community League Membership and gain free entry at the following pools:

- Mill Creek - Every day 7-9 p.m.
- Fred Broadstock Pool - Sun-Weds 5-7 p.m. opens
- Queen Elizabeth Pool - Sun/Tues 5-7 p.m. and Mon/Weds 6-8 p.m.
- Oliver Pool - Sun-Weds 6-8 p.m. Opens June 12.

All pools will be open until September 4th

Attention Ritchie Dogs!!!

We are bringing obedience training for you and your people to Ritchie! Being a Ritchie Community league member will give your people a considerable discount over many other programs out there. Jenn, the instructor, runs obedience classes at the Edmonton Humane Society and is very passionate about what she does. We are still working out the details but make sure your people keep an eye on our website and Facebook for the details later this month!

Urban Poling Anyone?

We will be starting up a walking club in Ritchie in the coming weeks! All ages and most abilities will be welcome. We are organizing a Try it session as our kick off. Please come out and see what Urban Poling is all about, meet your neighbours, and have some fun. Watch our website and Facebook for details!

BootCamp in Ritchie

Come out and get in shape just in time for summer with Dominique Demers at the Ritchie Community League hall with 3 consecutive BootCamp sessions.

When: Mondays 8:30 -9:30 p.m.

• Aug. 8, 15, 22 & 29: \$50 for members/\$60 for non-members

Where: The classes will be outside or inside the hall if the weather insists.

Please register your interest here or email questions to ritchieprograms@gmail.com.

Costs explained

- Members of the Ritchie Community League benefit from a discount.
- The non-member price refers to members of OTHER community leagues.
- ALL participants are encouraged to be members of the league for the community in which they live. Associate Ritchie memberships are available for folks who don't live in Ritchie but want to support the league and its programs (\$20 annual membership available at Ritchie Foods 9606 76 Ave)

Deal Us In!

While some bridge clubs pack up their cards in the spring, the Ritchie Bridge Club keeps the fun going all summer.

Every Friday afternoon (with the exception of holidays) you'll find people playing bridge in Ritchie. In fact, over the last year, 3744 card enthusiasts have done their bidding at our hall!

Cost is \$3/person and includes coffee and cookies. Doors open at 11 a.m. and games start at noon. Everyone is welcome.

COMMUNITY LEAGUE PROGRAMS

Bingo: We've put down our daubers for the summer! Bingo will Resume September 14. For more information, email Joanne: j_niederhaus@hotmail.com.

Bridge Club: Continues at Ritchie hall with 25 tables playing every Friday. Doors open 11 a.m. Games start at 12 noon. Newcomers are welcome. Contact Rose-Marie: 780-439-4884.

Home-school Playgroup: Meets every second Tuesday. The playgroup is for school-aged kids and their younger siblings. Activities include: Lego challenges, free play, drama performances for parents, active games, as well as arts and crafts with our other homeschooled buddies. Homeschoolers from neighbouring communities are also welcome! Email karendwhitehead@gmail.com for more information.

Fit for Life Classes: Tuesdays and Fridays from 9 - 10 a.m. Move to the oldies in this mixed-level class offering exercise for every body! The workout includes components of cardio, strength training, balance and flexibility for a well-rounded one-hour workout! For more information, email Lynn Lindsay: lynnlindsay828@gmail.com or call 780-996-2182

Yoga: We are on vacation but in the fall, yoga will run on Wednesdays from 7 - 8 p.m. Instructor Kristal Forrest will be leading a vinyasa flow yoga class open to all levels and abilities of practice. \$10 for Ritchie members / \$12 for non-members.

Zumba at Ritchie Hall: Zumba is on vacation but we'll be back in a couple weeks. Achieve your health goals like never before! It's fun, effective and best of all - it is made for everyone! Mondays 7-8 p.m.! No dance experience necessary, all levels of fitness welcome! Just come out and have some fun! Please bring indoor shoes and a water bottle. More questions? Email Margareta Jesse (zumbamj@outlook.com (mailto:zumbamj@outlook.com)). Drop-ins are welcome. Fees apply.

Edmonton Reptiles and Amphibian's Society

Meets on the third Tuesday every month at Ritchie Hall from 7 - 9 p.m. Contact Tim at: president@edmontonreptiles.com.

Clothing donations wanted!

The league and the Cerebral Palsy Association in Alberta are partners. You can help by filling the CPAA clothing bin with donations of quality and clean used clothing. No household items please. The bin is located in the league parking lot at 7724 98 St. Proceeds from the sale of the collected clothing will provide a small stipend to the league, but more importantly will support our neighbours with cerebral palsy. One bin:

- provides 1 person with a 3-month recreation activity subsidy,
- sends 20 children with disabilities to camp,
- funds adaptive equipment like bikes and skis for 6 families
- funds 250 hours of support to CPAA members.

Note this is in addition to the existing bin for the collection of newspapers for recycling. Newspapers only. There is no facility at the league for the collection of other recyclables.

FYI The one garbage bin is for hall use only.

Edmonton Bicycle Commuters' Society

EBC will recognize all Ritchie Community League 2015-2016 membership cards as equal to EBC membership cards. Ritchie members can now access the following EBC services at discounted rates: Use of EBC shop tools, stands and volunteer support: \$2/hour. Workshop and course registration: now \$5 less than non-member fee! Check out the EBC web site: edmontonbikes.ca.

Karate for Families

Ritchie Community League Hall is home to a Karate school that provides lessons for adults, children (age 7+) and families. Everyone is encouraged to come and try TWO FREE classes at any time. Classes run from September to June on Tuesdays and Thursdays at 7:00 p.m. Classes are taught by certified Black Belt instructors and focus on fitness, self-defense and fun in a safe and social atmosphere providing our members with a place to develop their bodies, minds and spirits while learning traditional Karate. Please visit www.KarateInEdmonton.com, or call 780-913-1652 for more information. New students are always welcome. Also, see our website or ask about our discount for Ritchie Community League Members!

(not boring)

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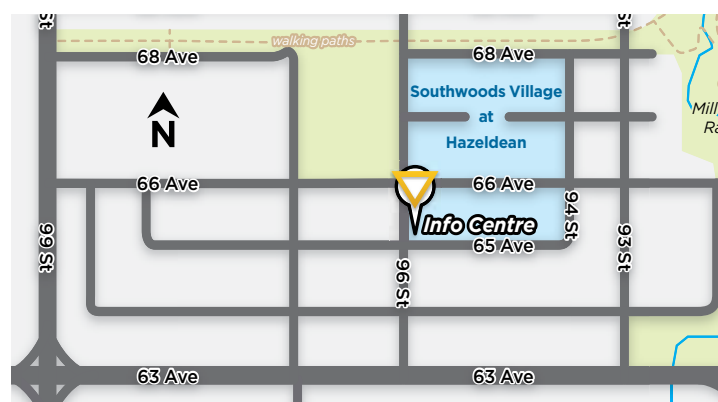
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For more information about Southwoods visit our Info Centre at **9472 - 65 Ave** or call at **(780) 975-2509**.

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