

COMMUNITY LEAGUE NEWS SOUTH

*Serving the community leagues of
Strathcona Centre, Argyll, Garneau, Hazeldean and Ritchie.*



October/November 2016

Published by Calder Publications. For advertising please call 780-434-9732 or email info@communityleagueneews.com

Movie night! Finding Dory Sat. Oct. 29, 6.30 pm, hall opens at 6.15 pm



Come down to the hall to watch Finding Dory with all your neighborhood friends! We'll be projecting onto a 120 inch screen, that's a whole lot of Dory!

Cost? FREE for all!

When? Saturday October 29, 6.30 pm, hall open at 6.15 pm

Where? Hazeldean Community League Hall (9630 66 Ave)

What? Bring bean bags, blankets, pillows, (low) lawn chairs to sit on (we also have plenty of chairs at the hall)
The concession with popcorn, drinks etc. will be open

Scona Lives

A new book about the Southside community has just been published.

Scona Lives: The history of Riverlots 13,15, and 17 delves into the history of the Scona Central and East.

It looks at the Native American presence, the Métis and Euro-Canadian settlers, the settlement patterns, the importance of the train that went through Mill Creek ravine. It retells the stories of people along with the businesses, the churches, the schools, the architecture, the gardens, and of course the Mill Creek ravine.

Dr. Jan Olson interviewed over 85 people and scoured the archives to find the most interesting stories that explore the concept of community and why this neighbourhood is so successful. You can pick up a copy from the author at jan66olson@gmail.com, at Strathcona Chapters or at Alhambra Books.



Ritchie Gears Up for the New Hall

Our new Ritchie t-shirts (\$25.00) and hoodies (\$50.00) have arrived!

With all proceeds going to the new hall, there has never been a better time to show your neighbourhood pride.

We've got lots of sizes and will happily deliver in the Ritchie area.

For more information email ritchieevents@gmail.com.

Keep Calm and Fundraise On...for our new Hall

Although the League has been saving for the hall for some time, we will still need significant funds to make this happen - like about \$500,000 big ones!

With this in mind, we are eager to find people interested in joining our fundraising team or companies/families that want to make a lasting contribution to the community.

If you want to get involved with our new hall fundraising efforts, please email lauracshpeley@gmail.com.

You did it again, Argyll!

We managed to be able to enjoy a very nice fall day and our movie was well received. Thank-you Argyll for helping our "Movie in the Park" Community League Day event to be such a huge success. We estimate just about 100 people were in attendance. A big thank-you, as well, to the ECC Church for their volunteer support and to all our families supporting our fund-raising for the Playground Renewal Project. Once again the City provided a Family Pass for us to give away and one lucky family will have a chance to enjoy one of their recreational facilities this year. This event was organized by the Argyll Community League's Social Events committee.

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Strathcona Centre News

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3

website: www.strathconacommunity.ca

STRATHCONA CENTRE

President	Jeff Samsonow 780-984-1687 president@strathconacommunity.ca
Vice-President	Ross Goodine 780-432-3732 vicepresident@strathconacommunity.ca
Treasurer	Colleen Taralson 780-477-0656 treasurer@strathconacommunity.ca
Secretary	Amy Wowk secretary@strathconacommunity.ca
Membership Co-chairs	Lois Hameister 780-439-5774 Jeanie McDonnell 780-433-0521 membership@strathconacommunity.ca
Communication Committee	VACANT communication@strathconacommunity.ca
Programs Committee	Dustin Meunier programs@strathconacommunity.ca
Social Chair	Jeanie McDonnell 780-803-0900 social@strathconacommunity.ca
Soccer Co-chairs	Conrad Nobert Simon Thomas strathcona@southeastsoccer.ca
Civics / Planning	Grant Moore 780-434-3772 civics@strathconacommunity.ca
Safety Committee	Barry Hickie safety@strathconacommunity.ca
Building and Grounds	Benjamin Tucker grounds@strathconacommunity.ca
Green Initiatives	Brenda Reid green@strathconacommunity.ca
Community Garden	Kelly Binnington garden@strathconacommunity.ca
Hall Use Committee	Jeanie McDonnell 780-803-0900 hall@strathconacommunity.ca
Community Liaison	Kelly Fox John Watson
Community Hall	Helen Gillespie 780-439-1501
Website Manager	webmaster@strathconacommunity.ca
Information	info@strathconacommunity.ca

Board meetings are held on the second Monday of each month, September to June, at 7:00 p.m. All community league members are welcome to attend. For more information phone 780-439-1501 or e-mail at info@strathconacommunity.ca

To join our community e-mailing list, contact sccl.social-request@lists.gno.org. This list enables the Community League to deliver information about programs and community events to our members in a timely and reliable manner, and enhances our ability to develop and deliver these programs. Postings to the list are screened, and are kept to a minimum.

The Strathcona Community League is on Facebook. Follow us on Twitter @StrathconaCL

If you can help with any of the vacant positions, please contact a member of the executive.

The copy deadline for the Dec/Jan issue of Community League News is Nov.28, 2016. Please contact Donna Fong, Newsletter Editor, at 780-433-5702, or by e-mail at donna.fong@shaw.ca

Hall Rentals

- **Main Hall:** Max capacity 105
With tables and chairs will hold fewer people (number will depend on set up)
Amenities include hardwood floors, balcony, stage, and a bar. \$150 - \$400
- **Lounge:** Seats 30 -35
Overlooks the End of Steel Park and sunsets over the river valley
Amenities include a bar, fireplace, television and piano. \$75 - \$260
- **Concession/Small Meeting Room**
A small meeting room (concession) on the main floor seats 10-12. \$20 - \$75

To check rental availability and for rate details, visit www.strathconacommunity.ca/facilities/hall-rentals

To rent hall facilities, please download and review the Hall Rental Agreement Form (PDF) and contact Helen Gillespie, Hall Manager, at 780-439-1501. If you need clarification on any item, please email hall@strathconacommunity.ca. However, all rental agreements are made with the hall manager.

Community League members of at least 6 months receive a discount on rates. Rentals are not confirmed until payment is made and the rental contract signed.

If your event is public, we can help you advertise. Contact the hall committee chair to have your event posted to our website.

AGM Notice

Strathcona Community League

The Strathcona Centre Community League's 2016 annual general meeting (AGM) will be held Monday, November 14, 2016 at 8pm.

The AGM is open to all members, volunteers and neighbours.

League business will include a review of our 2015-2016 financials, committee reports and board elections. (For a list of open board positions and volunteer needs, please see the article titled "Volunteers needed in Strathcona" or our league website strathconacommunity.ca.)

What: Strathcona Community League AGM

When: Monday, November 14, 2016, 8pm

Where: Strathcona Community Hall, 10139 87 Avenue, 2nd floor lounge

Volunteers needed

Our community league's annual general meeting (AGM) is coming up November 14. For those interested in helping our community, becoming an active and engaged neighbour and gaining some non-profit board experience we have some vacancies that can be filled on our board.

President - This position is a 2-year term and perfect for a neighbour who is interested in helping guide the vision of the community league and take an active role in neighbourhood activities and development. This role is also responsible for chairing monthly meetings of the board (Sept.-June). Previous board experience would be an asset, but not necessary (there is a Past President to help with transition).

Volunteer hours required: 12-16 hours/month (or more, depending on committee work)

Secretary - This position is a 2-year term and would be great for anyone who likes to ensure there's an accurate record of community discussion. The primary responsibility is taking minutes at monthly board meetings (Sept.-June), but can also include volunteering on committees of the board that may be of interest.

Previous board experience is not necessary.

Volunteer hours required: 4-6 hours/month (or more, depending on any chosen committee work)

Social committee chair - This position is a 1-year appointment and is just waiting for a neighbour who has an interest in party-planning and programming for adults and families. There's also a helpful group of volunteers ready to ease the new chair in. Some of our current activities include the fall arts BBQ, Winterfest and monthly pub nights. New ideas and activities welcome too!

Previous board experience is not necessary.

Volunteer hours required: 6-10 hours/month (time requirements increase around larger events)

Communications chair - This position is a 1-year appointment and includes working with the newsletter editor, website editor and board to ensure timely and relevant items are being produced and distributed to neighbours. This role could be a mix of helping write and create articles and notices that keep neighbours informed and updated on board and community events and public involvement opportunities, as well as giving some form to communications policy and best practices.

Previous board experience is not necessary.

Volunteer hours required: 8-12 hours/month (or more, depending on involvement in writing)

Membership - This is the committee responsible for selling and tracking our league memberships, and coordinating volunteers for door-to-door sales. There is a current chair letting their name stand for re-election.

(Continued next page)

Programs - This is the committee responsible for programming related to children and sports, including our rink and City of Edmonton camps and programs. There is a current chair letting their name stand for re-election.

Neighbourhood Liaison - This is a new committee tasked with coordinating better outcomes for neighbours in relation to large community events, such as festivals. There is a current chair letting their name stand for re-election. Volunteers needed for the committee. (4+ hours/month)

Soccer - This is the committee responsible for organizing indoor and outdoor soccer for children in Strathcona. There is a current chair letting their name stand for re-election. Parents of soccer players and volunteers are always needed.

Safety - This is the committee responsible for working with Edmonton Police and other safety agencies in the neighbourhood. There is a current chair letting their name stand for re-election.

Volunteers are always welcome for these and other committees of the league. Please contact a current board member if you have any questions at all about volunteering your time. (Contact details in this newsletter and at our website, strathconacommunity.ca/contact)

TURN THEM IN

Electronic Waste Collection Event

Saturday, November 12
11:00 am - 2:00 pm
Strathcona Community League Hall
10139 87 Avenue

Drop off for FREE:
• batteries • light bulbs (all types) • cell-phones • computers • televisions • toasters, coffee makers and other small kitchen appliances • clock radios, hair dryers and other small electronics • electrical cords
Large items cannot be accepted at this event. Please take large items to an Eco Station.

Ambassadors from Waste Management at the City will be on hand providing information on all aspects of waste.

- Enter a draw to win a \$50 gift card to a local restaurant.
- Free coffee, hot chocolate and snacks.
- Bring your own mug for an extra entry into the draw!

Abundant Communities Edmonton Comes to Life in Strathcona

Would you like to feel more connected to your neighbors? Do you have gifts, skills, and experiences you'd be willing to share to make your neighborhood feel more vibrant, inclusive, and secure?

If so, consider becoming involved in the Strathcona version of Abundant Communities Edmonton (ACE). Howard Lawrence, who implemented the initiative three years ago in Highlands, and Pam Young, a Strathcona resident, gave an overview of ACE to the community league at its September board meeting. We are now exploring residents' interest in the program as a way of planning next steps in the implementation process.

Here are some ways to familiarize yourself with the ACE program:

- 1) Go to the City of Edmonton's ACE website at https://www.edmonton.ca/programs_services/for_communities/abundant-community-edmonton.aspx Browse through the resource guide and any other documents that interest you.
- 2) Google "Abundant Communities" to find out how other communities in Edmonton are implementing the initiative.
- 3) Contact Pam Young at pamela-joanyoung@gmail.com to express your interest. Pam will lead the preliminary stage of the program in Strathcona bringing residents together in October to discuss next steps.

Annual Arts BBQ

On September 11th the League hosted its Annual Arts BBQ. In spite of the weather (perhaps the worst weather day of the month!), many people came out to enjoy a pot luck supper, barbecued hamburgers and hot dogs, an art project with local artist Berna Ponich, and face painting and games. Many attendees enjoyed listening to stories of our neighbourhood read by Dr. Jan Olson, who was launching her new book *Scona Lives*.

A big thanks to our volunteers: Jeanie McDonnell, Berna Ponich, Helen Gillespie, Lois Hameister, Ross Bradford, Dilshad Unwala, John O'Connor, Ann Matheson, Vic Yanda, Lianne Lefsrud, Patrick Moore, Shelagh Campbell, Anna Oswald, Ramneek Trehan and Leslie Caffaro; and our youth volunteers: Katie Chapman, Danika Lytviak, Teaghan Haysom, Darby Haysom, Eliza Jackson, Michaela Bierman, Jade Murphy, Corbin Sanders and Marco Lytviak. And as always, thanks to Wild Earth Foods for a discount on food purchases.

League Programs and Activities

YOGA CLASSES

These holistic yoga classes are perfect for beginners as well as those with previous yoga experience. Yoga postures, breathwork, and meditation will be taught to promote balance in the body, mind and spirit. Throughout the session, students will develop an understanding of alignment and breath while developing physical strength and flexibility. All levels are welcome!

Instructor: Kyla Fischer lives in the Strathcona Community and has been practicing yoga for over 15 years. She holds RYS 200 Yoga Teacher Training certification and has experience in various styles of yoga including Hatha, Akhanda, Restorative and Yin. Kyla is committed to life-long learning as a student of yoga and is honoured to share the joy and peace that yoga offers.

Strathcona Centre Community League
10139 - 87 Avenue (second floor)

Tuesday, 9:30 – 10:45am

Oct 25-Dec 13 (8 classes)

Fee \$96.00

Thursday, 9:30 – 10:45am

Oct 27-Dec 15 (8 classes)

Fee \$96.00

*Sign up for both Tuesday and Thursday classes for \$176.00

To register: email Kyla Fischer at fischerk@telus.net or call 780-430-0229.

INDOOR SOCCER

Our community league is a member of the EMSA South East zone. For more information, contact Strathcona soccer co-directors, Conrad Nobert and Simon Thomas, at strathcona@southeastsoccer.ca For news, visit <http://emsasoutheast.com/>

PUB NIGHTS

Pub nights are held on the 3rd Friday of each month, 8 pm. Meet in the Lounge, upstairs at the Strathcona Centre Community League, 10139 87 Ave (use south door). It's casual, and a great way to unwind from the week and meet or reconnect with others from the community.

Friday, October 16th – Trivia Night!

Scott and Gord will be back to test your mettle with some new skill testing questions, including the usual music round. Come with a team of four, or on your own and we'll find you a team. Entry fee \$5/person. Doors open at 7:30, trivia starts at 8:00.

Friday, November 18th – Scotch Tasting

Brian Moffat will once again bring four different types of Scotch for you to try. Beer, wine, juice and pop available also.

Friday, December 16th – Christmas

Celebrate the Christmas season with a hot mulled wine and a visit with a neighbour, and maybe we can talk Vic into playing some Christmas carols. If you want, bring an hors d'oeuvre to share.

For announcements about upcoming social events, meetings, and news, subscribe to the feed at <http://strathconacommunity.ca/feed/>
Contact social@strathconacommunity.ca if you have any questions.

STRATHCONA PLAYGROUP

The Strathcona playgroup hosts a playgroup (September-June) twice a week at the hall, 10139 – 87 Avenue. Enter via the ramp on the north side of bldg.)

- Mondays and Wednesdays, 10am till noon (closed on school holidays)
- Free but you must be a member of a community league (memberships sold on site - \$20/family)
- Large room for the kids to run around, lots of toys to play with
- Bring a snack for the kids, and a coffee for yourself
- Meet other parents/caregiver
- Any age welcome – babies, toddlers, pre-school

For more information, contact programs@strathconacommunity.ca

Pokémon Marathon and a BBQ

By some quirk of fate, the Strathcona Community League building is host to three "Pokestops" in the new location-based, augmented reality game called Pokémon GO. In order to celebrate being the centre of a fun new activity, K&K Foodliner and the Community League hosted a Pokémon Marathon and a BBQ in August at the hall (with cupcakes provided by Sara Kalke (RE/MAX River City and Walkable Edmonton). K&K provided 12 hours of Pokémon lures, and sold bratwurst with a beverage to visitors, with half of the proceeds donated to the Community League. Volunteers were on site to sell League memberships - thanks to Peigi Rockwell, Mary Tweedie, Patti Bobowski, Colleen Taralson, Mildred Thill and Kelly Binnington. And thanks to Melanie Kidder for demonstrating Urban Poling. One of the volunteers said, "I thought the event was a great success. I was at the table from 3 to 5pm and watched children, young adults and older adults mix and share their Pokémon successes in our park. It was lovely to witness."

Current City Surveys

Help the City of Edmonton build an even better city by becoming a member of the Edmonton Insight Community. Complete online surveys on City policies, initiatives and community issues. Open to all Edmontonians, over the age of 15. Registration is quick and easy at www.edmontoninsightcommunity.ca

In addition to the Edmonton Insight Community surveys, the City of Edmonton uses a range of survey tools and approaches to gather input from Edmontonians. To view and complete these surveys as they appear please visit and bookmark: Edmonton.ca/Surveys

- Interim Wayfinding Signage Survey
- Citizen Services Performance Measurement Customer Surveys
- Proposed City Charter Survey

Arm your child against HPV now; protect from cancer in the future

As your kids head back to school, they're sure to bring lots of papers home, for your signature.

If your child is in Grade 5, one set of these papers will be immunization consent forms, including consent for your child to receive the Human Papillomavirus (HPV) vaccine.

The HPV vaccine - one of Alberta's routine childhood immunizations - is recommended for all boys and girls in Grade 5, so as to safely and effectively protect them against developing human papillomavirus infection in the future.

Human papillomavirus is very common, and will affect more than seven out of 10 people in their lifetime. As the cause of almost 100 per cent of cervical cancer cases, 90 per cent of anal cancer cases, 50 per cent of penile cancer cases, and 35 per cent of oral cavity cancer cases, the consequences of HPV can be very serious.

We understand that decisions about immunizing your children can be complex. This is why Alberta Health Services has developed the HPV Decision Aid Tool: to help you, as a parent, understand how the HPV Vaccine can support your child's future wellness, and decide whether you feel it is right for your child, today.

To learn more, and access the tool, visit www.albertapreventscancer.ca/hpv.

For more information on all routine childhood immunizations, including HPV, visit www.immunizealberta.ca

Community Planning and Civics

Grant Moore, Chair of the Civics and Community Planning Committee, maintains a database of building developments, planning and transportation issues, urban design projects, and community initiatives. If you would like more information, please contact Grant at 780-434-3772, or email civics@strathconacommunity.ca

Development Permit Compliance
The City of Edmonton does not do routine checks to ensure that new developments follow regulations. To a great extent, the city relies on leagues and nearby neighbours to report building developments which are not in compliance with regulations in the zoning bylaw and the development permit.

Call 311 with your inquiry if you suspect abnormalities. Perhaps a building appears abnormally large or too close to the property line, or you are concerned about other problematic irregularities.

Community League Memberships on Sale

The new membership year started Sept 1, so volunteers (where possible) have gone door-to-door to sell memberships. Membership fees remain \$20/family, \$15/single, \$5/senior.

You can also purchase memberships
• online through the EFCL: go to www.EFCL.org, then click on League Membership Purchase (the EFCL charges a \$5 admin fee)

• through one of our Membership Directors: membership@strathconacommunity.ca, or ph Jeanie McDonnell (780-433-0521) or Lois Hameister (780-439-5774).

Discounts/Community Swim: Your current year membership can be used to get a discount when purchasing a multi-use pass at City of Edmonton recreation centres (e.g., Kinsmen), to purchase a new Outdoor Pools Season Pass http://www.edmonton.ca/activities_parks_recreation/outdoor-pools.aspx or for free community swims at outdoor pools:

Annual membership fees are \$20/family, \$15/single, \$5/senior.

What does the Strathcona Community League Membership give you?

- Sports: Soccer, skating
- Discounts: Community League Wellness Program, Ice on Whyte
- Pub Night - usually the third Friday of each month at the community league. Meet your neighbours.
- Playgroup - held at Community League hall Mon. & Wed. mornings.
- A voice in your community - transportation, zoning, housing.
- Free swimming at Edmonton's outdoor pools (certain times)

Fall 2016 Program Guides

The following City of Edmonton's program guides are available online at www.edmonton.ca/programguides

- Rec Centres Fall Guide (September-December 2016) Fitness classes, swimming lessons, programs, daycamps, pool schedules, and facility information at City recreation centres.
- Fall in the City (September-December 2016) This guide showcases Arts, Culture, History and Nature at City of Edmonton attractions.
- Priceless Fun (Fall 2016/Winter 2017) Free or low cost arts and culture, sport and recreation, events, and leisure opportunities.

Community Safety

The Strathcona Centre Community League and the Edmonton Police Service (EPS) highly encourage citizens to report all suspicious activities and crimes as crime statistics will allow EPS to better allocate policing resources.

Citizens can report certain crimes online at the EPS website www.edmontonpolice.ca/reportacrimeonline

Reportable crimes include Damage/Mischief to Property, Damage/Mischief to Vehicle, Lost Property, Theft under \$5000, and Theft from Vehicle under \$5,000, and Theft under \$5000.

For other types of crimes, call 9-1-1 for an emergency or a crime in progress. For non-emergencies, please visit a police station, enter #377 from a mobile device or call 780-423-4567 from a landline.

EPS has developed the Neighborhood Crime Mapping Website for the public to view crime in neighbourhoods across the city. <http://crimemapping.edmontonpolice.ca/> By accessing this timely information on reported crime, you will be able to know what is happening in your neighbourhood. By knowing what is going on, we can work together to reduce and prevent crime. For more information about community policing, visit www.edmontonpolice.ca/communitypolicing.aspx

Community League Wellness Program

The Edmonton Federation of Community Leagues and the City of Edmonton are pleased to offer the Community Wellness Program exclusively for community league members. Present your valid Edmonton community league membership card at any one of the City of Edmonton's sports and fitness facilities and choose from the following Community League Wellness Products:

- Annual Pass* - 10% discount on Adult, Family, Child, and Youth/Senior Annual Passes
- Multi Admission Pass* - 10% discount on our already discounted multi admission pass (10+ visits)
- Continuous Monthly Pass - 10% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program.

Community league members who purchase one of the above passes will be issued a photo access card to be swiped at each admission.

* Applies to new purchases only. Facilities and amenities include swimming pools, whirlpools, fitness studios, cardio areas, weight rooms, racquetball, squash, badminton and tennis courts, indoor running tracks, gymnasiums, cafeterias and pro shops. Hours of operation are from 5:30 a.m. to midnight (hours vary according to facility). For more information, please call 311 or visit www.edmonton.ca/wellness

Progressive Supper

SAVE THE DATE: **NOVEMBER 5th** — for our fourth annual Progressive Supper event.

The social committee will send out an email to everyone on the Events E-mail Distribution list giving you instructions on how to sign up online.

The fourth edition of the Argyll Community Progressive Supper will be held on Saturday, November 5th from 4:00 – 8:00 PM. This event is a great way to meet your neighbours and share your love of living in Argyll. It is coordinated by Steve Dytiuk of the Events Committee. Steve would be happy to follow up with anyone who cannot sign up electronically. Steve can be reached by phone at: (780) 475-7019

Everyone who participated last year is looking forward to being wandering dinner patrons once again. This is an Argyll residents only event in case you're reading this from outside our neighbourhood.

Parent & Tot Playgroup

Our Parent and Tots program operates in the lounge area of the community centre every Friday from 10:00 AM – 12:00 Noon. This volunteer run program is for parents/caregivers and their young children (ages 0-5) to drop by and make friends with other families in Argyll; as well as have fun together!

This is a free program for community residents with no snacks & beverages. If you would like to help out contact: Erin Raudebaugh by e-mail at: <mack_329@yahoo.com>

City Services & General Information

Visit www.edmonton.ca/311 or call 311 for information and access to City of Edmonton programs and services such as:

- Inspections, licenses, permits
 - Comments, commendations, by-law complaints
 - Roadway & waste management information
 - Program registrations and bookings
 - Transit information
- 311 agents are available 24 hours a day, every day.

Argyll YOGA

Drop in visitors are welcome. Mondays at Argyll Hall 7:30 – 9:00 PM. This is Hatha Yoga with a focus on alignment, core stability and awareness of body and breath. Our instructor is Renee Giammarioli who is a Yoga Association of Alberta certified yoga instructor and is also a physiotherapist. To inquire, call Renee at (780) 431-1916.

Community Swimming – Fall / Winter

Things have changed. By popular request we have changed the location and the time for our Fall and Winter community swim. This time is exclusive to Argyll CL and you have the run of the pool doing this designated time. Members of Argyll Community League are eligible for family swimming in the **Millwoods Recreation Centre Pool** each Saturday from 2:00 – 3:30 PM running until April 29, 2017. You and your family will need to show an Argyll Community League membership card to be admitted.

Argyll Online

As always our web site has current information. Check-in weekly to see what's changed. Send us things you think the community would be interested in. A new section has been added to the web site which features announcements and news about the Committee work various residents are involved in.

Look for it the next time you visit our site. The web site address is: www.argyllcl.ab.ca

If you wish to be added to our EVENTS e-mail distribution list get your name into argyll.social@gmail.com.



Argyll Executive

President:
Dave Trautman
780.463.9310

Secretary:
Linda Strong-Watson
780.466.4289

Treasurer:
Roxanne Higuchi
780.436.9616

Casino Coordinator:
Dallas Raudebaugh
780-469-1517

Director:
Karl Kovacs

Director:
Brian Stein

Director:
Hope Ungarian

Past-President:
Michael Leedham

Annual General Meeting Notes

There were some interesting items brought forward at our AGM in September. One was asking the City to investigate the possibility of changing the traffic light patterns at 86 St and Argyll Road. Many residents feel the re-alignment of the intersection did not go far enough to protect drivers when leaving the neighbourhood and turning left (East) onto Argyll Road.

Two residents have pledged to petition Transportation for a meeting to discuss what options we might have for changing the way traffic uses this intersection – which is so key to our neighbourhood. We'll let all residents know if a public meeting is set up.

Another issue was brought up regarding the appearance of a Super Post Box on a boulevard near the Sports Park. We are undertaking some actions to determine what Canada Post has planned for our neighbourhood and to determine if we will have any influence on where these are located or even if they can be stopped. We have a new chair for the Beautification Committee in Lana Gagnon as well as a new Treasurer in Dallas Raudebaugh and a new Casino Coordinator in Roxanne Higuchi. All other positions remained the same. Thanks to everyone who attended and for all your input regarding the other agenda items.

Look out for each other



edmonton.ca/visionzero

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Offer expires on November 30th - Must bring this coupon at the intro session. One coupon per person.



Trampolines: bounce, bounce, ouch!

With summer over, sales on backyard toys may have you considering a trampoline for your home.

Though you may think of trampolines as a means of getting your kids outdoors and exercising, they aren't without potentially significant risks.

In 2015, Albertan children visited emergency departments (EDs) more than 1,620 times for injuries they got using trampolines. On average, that's more than four kids, every day, who ended up in Alberta's EDs, due to trampoline use.

And unfortunately, we're not just talking a wee scratch or two:

- Almost 20 per cent of these kids had dislocated ankles or feet, 18 per cent had fractures in their legs, 21 per cent had fractures in their shoulders, elbow or arms, and 140 sustained injuries to the head or neck.
- In fact, from April to September 2015 alone, every second day, an Albertan child was injured so severely on a trampoline as to require admission to a hospital. That's a lot of ouch for the bounce.

If you're thinking that safety nets, most often sold with trampolines to prevent people from falling off, will reduce this risk, consider this: fewer than 30 per cent of trampoline injuries are caused by falling off the tramp. Simply, the risk of the trampoline is the use of the trampoline at all.

Alberta Health Services wants you and your kids to stay safe.

Keep the trampolines out of your backyard, and keep your family out of the hospital.

Edmonton Police Alarm Green Stickers

We've noticed that a number of people have alarm company stickers by their front door, but no green Edmonton Police Permit Number sticker. Police will NOT respond to non-permitted, non-monitored alarms unless a indication of criminal activity is present. Make sure you register your alarm with the Police.

For more information go to
<http://www.edmontonpolice.ca/alarmpermits>




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Youth and video games

Research has shown that playing video games (or “gaming”) can affect youth in both good and bad ways.

Playing certain video games can help youth develop thinking and fine motor skills and manage anger and stress. However, gaming can also result in lower grades and reduce the time spent with family and friends. Video game play can take away time from other healthy activities and sometimes may encourage youth to act aggressively.

It is up to parents to help their teen learn to enjoy video games safely and responsibly. The following questions will help parents decide whether video games are a problem for their young person:

- Is your teen playing too much? Does gaming interfere with chores, school, work, family time? Too much gaming takes time away from sports, hobbies, sleep and other healthy activities.
- Does the game fit with the household norms or values? Games that include aggression, bullying, violence and discrimination can influence a young person’s developing beliefs.

Here are some ways in which parents can teach their youth to play video games appropriately:

- Make sure play comes AFTER important tasks like chores, school, work, meals and family time.
- Ensure play happens in a central location, not a bedroom, so it can be monitored.
- Set and enforce a time limit on play.
- Discuss with your teen the types of games that are acceptable to you.
- Play together. Playing video games as a family can be fun and allows parents to role model appropriate behaviour and monitor play.
- Balance video game time with other fun family activities. Invite your teen to go for a walk or a coffee, throw a ball around, go for a bike ride, play a board game, cook a meal, watch a movie or do a puzzle together.

Childhood Immunizations

New Alberta website launches

When it comes to childhood immunizations, Albertans have questions. But where is the best place to get good answers?

Not only can you chat with your family doctor or local public health nurse about your child’s immunization, you can also visit Alberta Health Services’ new immunization website: ImmunizeAlberta.ca.

ImmunizeAlberta.ca was designed for, and is based on, insight and feedback from Albertan parents.

Whether it’s a simple question about the childhood immunization schedule or what to expect after your child gets immunized, uncertainty about the real risk of diseases, or concerns about immunization safety: ImmunizeAlberta.ca has the info you need.

Visit ImmunizeAlberta.ca today.

Dr Greg Hahn and Ottewell Eye Care are excited to announce that Dr Jonathan Akle has joined us.



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**Dr. Greg Hahn, Dr. Jonathan Akle and staff
look forward to meeting you.**

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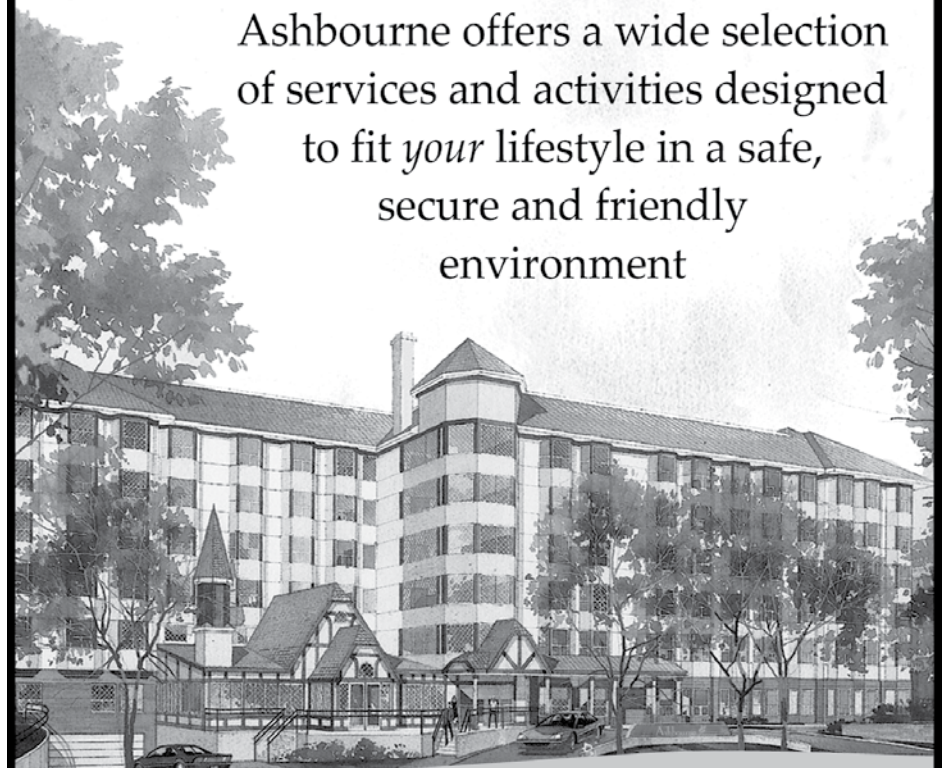
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- Roadway & waste management information
- Program registrations and bookings
- Transit information

311 agents are available 24 hours a day, every day.

Hazeldean News

Hall Rental

9630-66 Avenue,

Hazeldean Community Hall offers reasonable hourly, weekend, wedding and special event rental rates! We offer a full kitchen, seating capacity of 250/220 with alcohol, free parking and wheelchair accessibility. Our newly renovated Community Room is also available for rental with a maximum capacity of 50. We also have a new large and attractive private patio area directly off of our community room which is perfect for outdoor events.

Hazeldean Board

President – Troy Pavlek
Vice-President – Jason Said
Secretary – Rineke Steenberg
Treasurer – Tracy Vanberg
Civics Director – Cait Wills
Social Director – Janel Kidd
Facilities Director – Bill Elgert
Director-at-Large (Memberships) – Jackie Craig
Director-at-Large (Publicity) – Kristel Mason
Director-at-Large (Soccer coordinator) – Dee Karner
Director-at-Large (Volunteer coordinator) – Toby-Anne Reimer
HCL Administrator – Dawn Banner

Committee Chairs:
Playgroup Coordinator – Jennifer
Casino Coordinator – Dawn Banner
Edmonton Safe Parents Association – Dawn Banner

Contact Us
Mail: 9630 – 66 Avenue,
Edmonton AB T6E 4W9
Phone/fax: 439-0847
(24-hour answering machine)
Web: www.hazeldean.org
E-mail: hazeldeanleague@shaw.ca

For more information about Hazeldean Community League visit our website: www.hazeldean.org or join us on Facebook.

Free Swimming with Community League membership -

Saturdays 2:00 to 3:30 pm
Mill Woods Recreation Centre
(7207 28 Avenue)

Hazeldean Christmas Playgroup starts up Oct 13th Craft Sale Nov. 12 & 13

10 am - 4 pm 9630 - 66 Ave
Just in time for your Christmas shopping!

Hazeldean's annual craft sale showcases crafts and treasures from local artisans. Lots of hand crafted items like jewelry, baby clothes, slippers, mittens, quilting and more! Original art and unique gift items. Epicure, Avon and Arbonne too. Door Prizes!

We have a Concession so come hungry!

\$1.00 donation at the door

Proceeds from the door and concession go to 'J.H. Picard Playground and Exterior Revitalization Committee'.

Slowing Down Hazeldean

You might have noticed someone coming to your door over the past month asking about speed limits in our neighbourhood.

The Hazeldean Community League has heard from several residents that speeding and shortcutting in the neighbourhood is a big concern for them.

The City of Edmonton has a Speed Reduction Policy that allows community leagues to request the speed limit in a neighbourhood be reduced to 40km/h if there is evidence of 67% community support.

To that end, we've been knocking on each door in the neighbourhood to understand exactly how much community support truly exists.

Early results are quite positive, but we're not finished just yet! Stay tuned for more updates.

Karate

Sensei Bill Elgert will be teaching karate again this fall. Classes begin in early September and run Monday and Wednesday. Kids 6-7pm and Adults 7-8:30pm. Contact 780-438-3179 to sign up.

Playgroup starts up Oct 13th

Thursdays 9:00 a.m. - 11:00 a.m.
Hazeldean Community League hosts a FREE drop-in playgroup. All community children with caregivers are welcome. The coffee pot is on and it gives everyone a chance to play in a warm safe atmosphere. Playgroup is at the hall in with our coordinator Jenn. Contact the hall for more information.



2016 CASINO

The Hazeldean Board of Directors wish to thank all that helped out at our Casino in September. The money raised has in the past 5 years went mostly to the new playground. The funds are now able to go to such things as the hall upkeep, free movie nights, green shack program, soccer, community league day, winter fun day, free swimming, free drop in for parents and tots etc. Unfortunately we had to call upon some angels as we did not get enough volunteers. If we do not have enough volunteers we will lose the casinos. Without this funding we would not be able to do what we need to do to bring you these programs. Good news we have been slotted for the next Casino in July, Aug. or Sept. of 2018. Think about volunteering for the new casino. We know that it is a long way away but don't worry we will remind you when it gets closer. It is only a few hours of your time once every two years. Again THANK YOU ALL for your precious gift of your time for your families.

Annual Hazeldean CHRISTMAS Craft Sale

HAZELDEAN COMMUNITY HALL, 9630 66 AVE

SATURDAY, NOV 12 & SUNDAY, NOV 13 / 10 AM ~ 4 PM

ARTS, CRAFTS & UNIQUE GIFTS

ON-SITE CONCESSION

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Ritchie News

Community League Contacts

Executive:

President: Laura Cunningham-Shpeley
Vice President: dallas Bartel
Secretary: Tracey Price
Treasurer: Simon Slater

Board:

Adult Programs: Tammy Hay
Casino: Peter Willett / Caroline Belanger
Civics: Max Merrett
Communications: Amanda Heiford
Community Events: Sam Heine
Hall Maintenance: Ed Retzer
Liveability/Safety: Julia Dalman
Membership: Monika Trott
Soccer: Dave Woo
Sports: Leonard Wampler
Children and Youth Programs: Leah Underhay
Volunteer Director: Angie Tricka
Ritchie Hall Revitalization Director: Jeff Ollis
Director-at-Large: Allan Bolstad
Director-at-Large: Jim Kurylo
Director-at-Large: Cecilia Oteiza Ayres

Monthly Meetings

Meetings are held at 7 p.m. on the first Thursday of every month at Ritchie Hall. Everyone is welcome and encouraged to attend!

CONNECT WITH RITCHIE COMMUNITY LEAGUE

- Co-ordinates: 7727 98 Street NW | Edmonton, AB | T6E 5C9 | 780-433-7137
- By e-mail: ritchiewebsite@gmail.com
- Online: www.ritchieCL.com
- Facebook: [facebook.com/WelcometoRitchie](https://www.facebook.com/WelcometoRitchie)
- Twitter: @RitchieYeg

Hall Rental

Hall Co-ordinator: Keri Walmsley
• Ritchie Community Hall is a great venue for family and community events, large or small. There are two rooms to rent: one for 150 people, complete with stage and bar. The second room is more suited to intimate gatherings of 60 or fewer guests. Both rooms have access to a kitchen with commercial-grade appliances, and the fabulous parkland and recreation facilities just outside their doors. The facility has ample parking and is wheelchair accessible. Best of all, rent is discounted for Ritchie community league members!

To book a room, fill out the online rental request form at www.ritchiecl.com. You can also phone the league office and leave a message at 780-433-7137.

Newsletter Submissions

Email ritchienewsletter@gmail.com with submissions or to receive our e-newsletter.

Ritchie Community League Memberships

Join Us!

Become a member of Ritchie Community League today! Individual memberships are \$10, family memberships are \$20, and seniors are free. New this year: Associate memberships (\$20) for groups or non-resident individuals who want to support the Ritchie Community League. *Prices subject to change.

You can purchase your membership in person at Ritchie Foods (9606-76 Avenue) or online at bit.ly/joinCL through the Edmonton Federation of Community Leagues.

Community league membership has its benefits: The Community League Wellness Program provides current community league members with admission incentives to enjoy City of Edmonton sports and recreation facilities. Simply present your valid Edmonton community league membership card at any one of the City of Edmonton's sports and fitness facilities and choose from the following Community League Wellness discounts:

- Annual Pass: 10% discount on Adult, Family, Child and Youth/Senior Annual Passes
- Multi-admission Pass: 10% discount on our already discounted multi-admission pass (10+ visits)
- Continuous Monthly Pass: 10% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program

SAVE THE DATES!

Check www.ritchiecl.com for more details.

Oct 22 - Youth Volunteer Training
Oct 27 - Teen Art Night
Oct 29 - Halloween Family Pumpkin Carving
Oct 31 - Zumba Cancelled
Nov 3 - RCL Board Meeting
Nov 5 - Ritchie Professional Centre Open House***
Nov 19 - Mega Game come to Ritchie

THE BUZZ...

(RITCHIE LEAGUE NEWS)

Community Day Success!

Thanks to everyone who joined us for Community League Day on September 17! Despite a rainy start, we had a fantastic day. Pancakes, classic cars, food trucks, bouncy castle and crafty car creations like this one below - we couldn't really ask for more!

Blind Enthusiasm Excites Us Too!!!

Some of you may have seen an article about a topic near and dear to our hearts...BEER. Onbeer.org published a story that references Ritchie's future brewpub as well as some of the plans for quenching our thirst - like 12 to 13 varieties of beer, along with a couple of guest taps!!!

If you want to check out the article, it explains Greg Zeschuk's latest exciting venture in detail and even features a nice concept drawing of the brewpub, which many of you have probably been watching take shape at the Four Corners.

Have a read: <http://www.onbeer.org/2016/09/blind-enthusiasm-goes-in-with-eyes-wide-open/>

Carve it Up!

Come get spooky with us on Saturday October 29 from 1-3 at Ritchie Hall. We will be hosting a Family Pumpkin Carving Session to get in the spirit for Halloween!

Paint Nights

The next paint night will be on Thursday October 13. Remember, this program is for adults only but we'll take any level of experience.

Time: 7:00 - 10:00 pm
Cost: \$25.00 (cash or cheque paid on night of event)

Coffee is free, bring extra cash for wine

Members and invited guests only
Thursday October 13 - In this class, you will find your inspiration from the outdoors and paint a fall landscape or still life scene. Pumpkins? Fall leaves? Take your pick or bring a pic!

Thursday November 10 - In this class, you will use winter-themed objects to paint a winter still life and chill out with us!

Register online: https://docs.google.com/forms/d/e/1FAIpQLSc9uPStRWAnh67iKSX1GRnVgSeKOyZfpX34Di4np6_dG6gyKA/viewform

Teen Art Night

New this fall! Ritchie will be offering a Teen Art Night for teens 12 years and older.

October 27 - Typography/Calligraphy
You will be introduced to different fonts and the lavishly decorated text from the Book of Kells and will create a large letter in this style.

November 24 - Still Life

For this class you will bring an object to draw in your sketchbook. You will learn fundamentals of how light hits shape and how to use shade/value to make the object look 3D

December 8 - Painting

You will create a small Christmas/winter themed painting using acrylics.

Fees: \$12 per class or register for all 4 and save \$5 - a light meal will be provided

Time: The class will run from 5-7p.m. at Ritchie Community Hall, a light meal will be served at the start.

Register online: https://docs.google.com/forms/d/e/1FAIpQLSd8YhuIkRE1NGMwbPRFeTkVZw_69Voc3opFb0WQ0dBONJ_RBw/viewform

Open House

North Land Family Counselling Group and Ian MacKenzie & Associates invite the Ritchie community to celebrate the opening of our new offices in the Ritchie Professional Centre. Drop by 9557-76 Ave on November 5th between 3:00 and 5:00 p.m. for a tour and refreshments.

Mega Game - Watch the Skies

Sooooooooo here's the thing....

Aliens have appeared. Abducting people. Causing global panic.

You and your team have the opportunity to represent a nation of earth, or the aliens themselves. How you handle first contact, who you trust, and who you resolve to plot against, will decide the future of humanity.

Watch the Skies is a game for 30 or more people to play simultaneously. If you like board games, murder mysteries, escape tools, simulations or fun, then check this out.

Saturday, November 19

Registration opens at 9am.

Game starts at 10:00 a.m. and will be done by 5:00 p.m.

Tickets must be bought in advance.

\$30 for RCL members or \$45 for everyone else. Price includes lunch.

For more information, find "Watch the Skies Edmonton" on Facebook or Eventbrite, or contact DarioBAnselmo@hotmail.com.

COMMUNITY LEAGUE PROGRAMS

RCL programs are back and better than ever. Come and check out what's on offer:

Bingo: Join us every second Wednesday from 6-9p.m. For more information, email Joanne: j_niederhaus@hotmail.com.

Bridge Club: Play continues at Ritchie hall with up to 25 tables playing every Friday. Doors open 11 a.m. Games start at noon. Newcomers are welcome. Contact Al: 780-433-6969.

Cribbage Club: We're back with doors opening at 12:30 p.m. Our program runs bi-weekly every second Wednesday. All are welcome. For more information call: Kate (780) 433-0977 or Maryann (780) 462-8582.

RCL Preschool Playgroup: The (free!) pre-school play group at Ritchie Hall happens on Wednesdays from 10 a.m.-12p.m. Bring your children between the ages of 0-5 years to the Ritchie Community League to meet and hang out with other Ritchie parents, have your kids play together, and enjoy complimentary coffee and snacks as well! For more information contact Stephanie at couture.stephanie@hotmail.com

Home-school Playgroup: Please join us on every second Tuesday from 1-3p.m. The playgroup is for school-aged kids and their younger siblings. Activities include: Lego challenges, free play, drama performances for parents, active games, as well as arts and crafts with our other homeschooled buddies. Homeschoolers from neighbouring communities are also welcome! Email karendwhitehead@gmail.com for more information.

Fit for Life (Formerly Older Adult Fitness) Classes: Tuesdays and Fridays from 9 - 10 a.m. Move to the oldies in this mixed-level class offering exercise for every body! The workout includes components of cardio, strength training, balance and flexibility for a well-rounded one-hour workout! For more information, email Lynn Lindsay: lynn.lindsay828@gmail.com or call 780-996-2182.

Zumba at Ritchie Hall: Please join us Mondays 7-8 p.m.! No dance experience necessary, all levels of fitness welcome! Just come out and have some fun! Please bring indoor shoes and a water bottle. More questions? Email Margareta Jesse (zumbamj@outlook.com). Drop-ins are welcome. Fees apply. Sorry gang, Zumba is cancelled on October 10th for Thanksgiving but will resume the following week. We will also take a break on October 31st so we can do some serious trick or treating.



Staff and management of the Hazeldean Drug Mart

9611 66 Ave

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Flu shot program starts Oct 24

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October 21: 6—9 pm
Opening Night Reception

October 22: 9 am—6 pm
General Gallery

October 23: 11 am—3 pm
General Gallery

**Free Art Gallery hosted by Hon. Rachel Notley
MLA, Edmonton-Strathcona
8426 Gateway Boulevard**

Free Community Swim

Community League Swim! Change of location and time due to Bonnie Doon year-long renovation. This change will be in effect starting September 10th. Show your Ritchie Community League Membership and gain free entry at:

Mill Woods Recreation Centre^{SEP} 7207 - 28 Ave

Saturdays: 2:00 - 3:30 p.m.

Please note that Mill Woods pool will be closed from January 2 to March 15^{SEP}. Be sure to check the December newsletter for the Community League Swim pool location during that time.

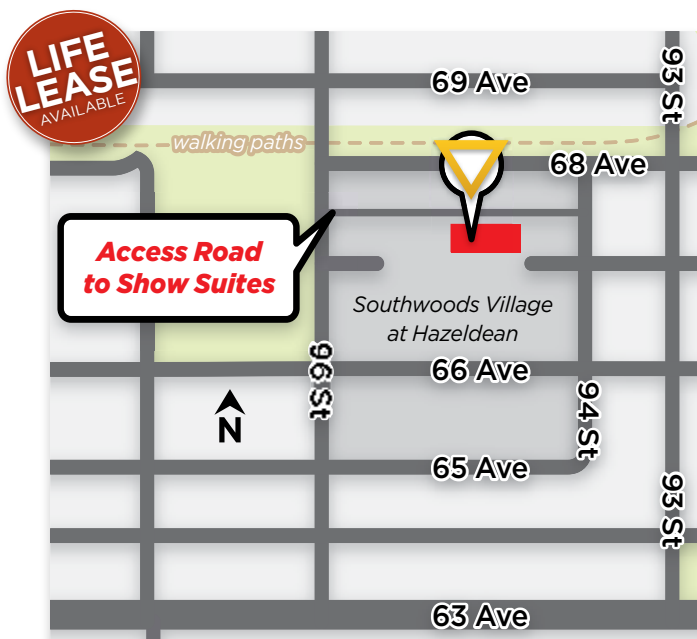


SHOW SUITES OPEN OCT 15TH

SHOW SUITES

GRAND OPENING

Visit Our Show Suites **Oct 15th & 16th** from 1pm to 5pm



You are invited to our grand opening of the show suites in Southwoods Court North, Phase 1 of Southwoods Village at Hazeldean. Please join us for refreshments and take the time to enjoy the professionally decorated suites.

Located in the beautiful community of Hazeldean Southwoods is a retirement community that is centrally located and close to many amenities, walking paths and the Millcreek Ravine.

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For more information about Southwoods visit our show suites at **9430 67 Ave** or call at **(780) 975-2509**. Show Suites Open daily 1 PM to 5 PM starting Oct 15, 2016

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