

COMMUNITY LEAGUE NEWS SOUTH

Serving the community leagues of
Argyll, Hazeldean, Ritchie and Strathcona.



October/November 2020

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Complete overhaul of zoning bylaw underway

Edmonton's zoning bylaw, at 800 pages, details all the rules for the location and size of buildings built on private property and the activities that can take place within.

The last time these rules were given close scrutiny was in 1961, when the city's population was a quarter what it is today. But starting this sum-

mer until 2022, the city will rewrite the rules to simplify and streamline them...and you can help.

In Phase 1, every application of the zoning bylaw is being held up for public scrutiny across three rounds of consultations. The first two sessions were held this summer; the third is underway un-

til mid-November, this round discussing residential zones, open spaces and civic service zones, variances and notifications, and signs.

These consultations will inform the bylaw rewrite. The end result, it is hoped, is a bylaw that will support aspirational goals of an environmentally sustainable,

climate resilient city where all residents have access to the services and opportunities they need.

How, what and why the City regulates land development are all under consideration.

For more information and to get involved: engaged.edmonton.ca/zoningbylawrenewalinitiative

League swims dry-docked

Free swimming for community league members at city pools has been suspended for the remainder of 2020. When and how this program will be reinstated will be established for 2021. Community league members can still get discounts on new memberships to city recreation centres through the Community Wellness Program.

Show your community league membership card at any one of the City of Edmonton's sports and fitness

facilities and choose from the following:

Annual Membership: 20 percent off adult, family, child, and youth/senior annual memberships

Multi-Admission Pass (new purchases only): 15 percent off already discounted multi-admission pass (five or more visits)

Continuous Monthly Membership: 20 percent off an ongoing monthly membership using the pre-authorized debit payments.

Strathcona Annual General Meeting

The Annual General Meeting of Strathcona Community League will be held online on Monday, November 9, 2020, starting at 8 pm. The AGM is open to league members and community residents. League business will include a review of our 2019-2020 financials, committee reports, and board elections. For those interested in serving on the Board, please contact a member of the Nominating Committee, Cheryl West-Hicks at liaison@strathconacommunity.ca



nity.ca or Jenn Costigan at soccer@strathconacommunity.ca For more information about the virtual AGM, please contact Maureen Duguay, President, at president@strathconacommunity.ca

Strathcona Needs Assessment Survey

The Strathcona Centre Community League (SCCL) invites members and residents living within the boundaries of the league to participate in the online Needs Assessment Survey. We need your feedback to help us prioritize competing

visions for the future of the SCCL.

Results from this survey will determine which programs and amenities are used, desirable and needed in our community. To see the amenities and services already available, visit the

website at <https://www.strathconacommunity.ca/>.

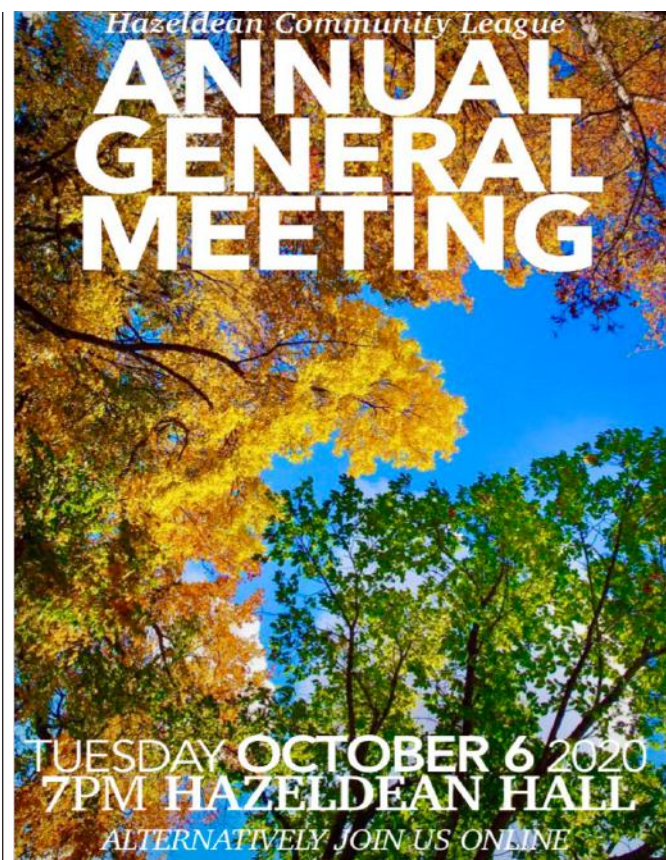
Link to the survey: <https://forms.gle/paMxRYT3xJXHYwZj8>

Paper copies are available at the hall, 10139 87 Avenue.

The deadline for online and paper surveys is October

27, 2020.

As a thank you for participating, 10 names will be drawn for free community league memberships (value up to \$20) and a single name drawn for a \$50 gift certificate to No Frills grocery store.



Upcoming AGM

October 6, 2020

7:00 pm

Hazeldean Community Hall

Interested in what the Community League has been up to and what's planned for next year? Thinking about how you may want to be involved? Eager to exercise your right to vote for the 2020/2021 board? Come on out to our AGM! All

members can participate in the vote, and there will also be an opportunity to purchase/renew your membership for the year. We are working on an online alternative so you can tune in from the comfort of your home - stay tuned to our website or Facebook page for details on what that will look like closer to the date!

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Strathcona Centre News

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3

website: www.strathconacommunity.ca

STRATHCONA CENTRE COMMUNITY LEAGUE EXECUTIVE & COMMITTEE CHAIRS

President	Maureen Duguay president@strathconacommunity.ca
Past President	Jeff Samsonow pastpresident@strathconacommunity.ca
Vice-President	Delianne Meenhorst vicepresident@strathconacommunity.ca
Treasurer	John de Haan treasurer@strathconacommunity.ca
Secretary	Anya Manukyan secretary@strathconacommunity.ca
Membership Chair	Lois Hameister membership@strathconacommunity.ca
Communication Chair	Delianne Meenhorst communication@strathconacommunity.ca
Programs Chair	Donna Fong programs@strathconacommunity.ca
Social Chair	Nathan Carroll social@strathconacommunity.ca
Soccer Co-Chairs	Cheryl West-Hicks Jenn Costigan soccer@strathconacommunity.ca
Civics Chair	Derek Kaplan civics2@strathconacommunity.ca
Occupational & Safety Officer	Vacant safety@strathconacommunity.ca
Building and Grounds	Brian Moffat grounds@strathconacommunity.ca
Green Initiatives	Kasia Kaputa green@strathconacommunity.ca
Community Garden Chair	Daniel Auger garden_co@strathconacommunity.ca
Hall Use Committee	Jeanie McDonnell hall@strathconacommunity.ca
Community & Neighbourhood Liaison	Cheryl West-Hicks liaison@strathconacommunity.ca
Community Hall	Scott Wright rentals@strathconacommunity.ca 780-439-1501
Website Manager	Karen Rowswell webmaster@strathconacommunity.ca info@strathconacommunity.ca
Information	

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3

Community League website: www.strathconacommunity.ca

EFCL website: www.efcl.org

Community Leagues...where neighbours meet and great things happen!

Board meetings are held on the second Monday of each month, September to June, at 7:00 p.m. All community league members are welcome to attend. For more information phone 780-439-1501 or e-mail at info@strathconacommunity.ca

The Strathcona Centre Community League is on Facebook. Follow us on Twitter @StrathconaCL

The copy deadline for the December 2020-January 2021 issue of Community League News South is November 23, 2020. Please contact Donna Fong, Newsletter Editor, at 780-433-5702, or by e-mail at donnafong@shaw.ca

INDOOR SOCCER

Registration for the 2020/2021 indoor season ended September 27, 2020. The season begins on Saturday, October 17th. The indoor soccer season will follow a similar format as outdoor soccer with reduced roster sizes. All teams will have a maximum of 12 players and we combine 4 teams into

one "cohort" and they play games against each other. There will be a quarantine period between each game where teams will work on individual skills training. For more information, contact Jenn Costigan and Cheryl West-Hicks, Soccer Co-chairs, at soccer@strathconacommunity.ca

A Big Thank You!

Old Strath Mini Folk Fest, September 20th: What a fantastic day! We had the best performers, the most beautiful sunshine, amazing volunteers and a great audience.

Strathcona Community League would like to give a big shout out to all volunteers who made this event happen: we could not have done it without you.

A special thank you to all bands and the two food trucks that made this a very special Sunday in September 2020.

Frank Burgess

Celtic Music with Rod Olstad & Co

Terry Power and Jeremy Crossman

Lindsey Walker

Nathan Carroll

Great North Ukulele Collective

Jackie-Os Street Treats Food Truck

Food Stall Fat Franks

Thanks to Edmonton-Strathcona MLA Rachel Notley for the sunglasses and pens.

Thanks to Scott Wright, Hall Manager, for marking seating areas in the outdoor rink for registered cohorts and families to physically distance from others.

"Live music is still a thing, said organizer Nathan Carroll. "And we can do it safely."



Edmonton Strathcona MP Heather McPherson tweeted "Amazing concert at Strathcona community. Thank you so much Nathan and all the amazing community members and volunteers. Such a perfect afternoon for #yegcl-day20!"

The Strathcona Community League is committed to organizing events for our community during these extraordinary times. The league works hard to keep everyone safe. Don't miss out on future events by finding out how you can become a member of Strathcona Community League here: <https://strathconacommunity.ca/league/membership/>



Garneau/University
Early Learning Centre

is now accepting new enrollments
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Fall Programs

The Strathcona Community League will follow the public health requirements for fitness and yoga programs in the hall and outdoor spaces including signage, physical distancing, sanitization of hard surfaces, access to hand sanitizers, and record keeping (list of participants and contact info). The hall and washroom will be sanitized before and after each class by the league cleaning staff.

The playgroup, kids' art and craft classes will not be offered this fall. To keep informed about future programs and events, please subscribe to the email list on the website <https://strathconacommunity.ca/>

Program registration is required by contacting the instructor prior to the session to collect the participant's name, phone number and email for the purposes of contact tracing and payment of fees. The instructor will provide a link to the COVID-19 Daily Health Check List for the registrant to complete in advance of each class. Anyone exhibiting COVID-19 symptoms must isolate at home and cannot participate in the class.

Payments for classes and 2020-2021 community league membership (if needed) are to be made by e-transfer to the Strathcona Community League at payments@strathconacommunity.ca. Include a note advising the league of the name of the program. For membership payments, indicate the membership type (family \$20, single \$15 or senior \$5), names of adult(s) in the household, home address and an email address. A membership card will be emailed to your address.

Participants must wear a face mask/covering before entering and exiting the hall.

Participants are responsible for providing their own equipment and supplies (e.g. mats, props), water, and hand sanitizer. These items are not to be shared during the class.

Participants using the washroom must wash their hands thoroughly and spray down the touched surfaces with the approved sanitizer (on site) before leaving the washroom.

POUND FITNESS with Melanie Kidder

Mondays Until October 26, 2020, weather permitting. 6:30 - 7:30 p.m.

Target audience: Adults and teens over 16.

Location: Grassed large rink, Strathcona Community League, 10139 87 Avenue.

Fee: \$12.00 per class

Starting in November, Pound Fitness will be a Registered indoor program in the hall on the 2nd floor, 7:45-8:45 pm. The fee for the 7-week program, November 7-December 14, is \$84. For drop-ins (fee: \$14 per class), please contact the instructor in advance to determine if there are any openings.

Requirements: Valid Community League membership (any league). Bring a yoga mat to class. If you do not own Ripstix®, you can either borrow a set with a deposit of \$20 payable to the instructor or bring your own drumsticks.

To register, contact Melanie Kidder at melstrand_5@hotmail.com or call 780-722-7558.

MONDAY EVENING YOGA with Corinne McNally

Depending on the COVID-19 situation, a new session might be offered in November.

Contact Corinne McNally about future classes at corinnemcnally@gmail.com, 780-239-6164.

YOGA with Kyla Fischer

Tuesdays Until November 10, 2020

9:30-10:45 am

Thursdays Until November 12, 2020

9:30 - 10:45 am

Location: Strathcona Community League, 10139 87 Avenue, 2nd Floor.

For drop-ins (fee: \$14 per class), please contact the instructor in advance to find out about space availability.

Requirements: Valid Community League membership (any league). Bring a yoga mat to class.

To register, please email Kyla Fischer at fischerk@telus.net or phone 780-430-0229. For new students, you must complete and sign an online waiver form from the instructor.

ZUMBA with Melanie Kidder

Location: Hard surface court (south), Strathcona Community League, 10139 87 Avenue.

Requirement: Valid Community League membership (any league)

Starting in November, Zumba will be a Registered indoor program in the hall on the 2nd floor, 6:30-7:30 pm. The fee for the 7-week program, November 4-December 16, is \$84. For drop-ins (fee: \$14), please contact Melanie Kidder at melstrand_5@hotmail.com or phone 780-722-7558.

URBAN POLE WALKS with Delianne Meenhorst

Thursdays 6:30 - 7:30 pm Cost: Free

Requirement: Community League membership required (any league).

Description:

Join walk leader, Delianne Meenhorst, outside the league hall, 10139 87 Avenue. Please wear a face mask to the meeting place. The COVID-19 Daily Health Checklist will be administered prior to the walk.

For more information, call or text Delianne at 587-986-7832.

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Civics and Planning Report

The Community League maintains a database of building developments, planning and transportation issues, urban design projects, and community initiatives. Derek Kaplan is the chair of the League's Civics and Planning Committee. When the City sends notices to the League announcing appeals to the Subdivision and Development Appeal Board (SDAB), or telling of rezoning applications, or outlining variances that are being requested by a property owner, the committee investigates.

Derek summarized a list of developments at the Board meeting of September 14, 2020:

Gas station 99 Street and 87 Avenue

Committee will meet to review information from the City of Edmonton Planner.

99 Street and 83 Avenue (No news)

Bateman Development (No updates)

99 Street and 90 Avenue Beljan (No news)

Prairie Sky Gondola

Representatives of the private initiative gave a pre-

sentation to the Board for information.)

Proposed development at 9928 89 Avenue

Changed to a rezoning to RA-8. No other news.

10026 91 Avenue and 9316 98 Street NW, Single Family Houses

Notices received for developments seeking major variances from their current zoning and Mature Neighbourhood Overlay. The President and Civics Chair sent letters to the Subdivision and Development Appeal Board to indicate our preference that developments follow the Mature Neighbourhood Overlay.

Archibald Block, 8207 105 Rezoning

The President and Civics Chair met with stakeholder organizations in Strathcona heritage preservation and Councillor Ben Henderson to discuss how best to oppose the rezoning.

To learn more about issues and proposed development projects, please contact Derek at civics2@strathconacommunity.ca

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LOOKING FOR A NEW FAMILY DOCTOR?

Edmonton Comprehensive Care & Family Medicine is now booking appointments starting November 2, 2020. Walk-ins welcome!

The multidisciplinary medical clinic is also accepting patients for:

- cancer follow-up care
- oral medicine (TMJ concerns)

Conveniently located in south central Edmonton and easily accessible with free parking:

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Thriving during a Pandemic

We are currently in the midst of a “perfect storm” comprised of a pandemic, economic crisis, and social isolation. Any of which alone would constitute a crisis, and we are experiencing all of them at exactly the same time! This may feel very overwhelming! Although I absolutely know we will get through this, some days feel really tough and it’s hard not to worry. Since we are all unique we will have different responses to this situation, and it is vital we

are respectful to everyone. When we are feeling overwhelmed we need to engage in nourishing activities to feel better. Some simple things that can be helpful include taking deep breaths, going for a walk, stretching, having a bath, dancing to music, calling a friend, and listening to positive podcasts. Most importantly look for the glimmers of good that you can be grateful for during this difficult time. Read full article at www.facebook.com/edmontoncounselling/

How to become a member?

Please note - due to COVID-19 restrictions we will not be selling memberships door-to-door this year. But the League is still working hard to make our community a great place to live, so please help us out by purchasing your membership one of the following ways:

E-TRANSFER: send an e-Transfer to payments@strathconacommunity.ca. If we don't have your details from last years' membership, also send an email to the payments address with the name(s) of adults in the household, your address and phone number. A membership card will be e-mailed or dropped off at your house.

ON-LINE (credit card): buy a membership online through <http://www.efcl.org/membership> (note: the EFCL charges a \$5 surcharge)

CHEQUE: You can mail or drop off a cheque to the Community League at 10139 87 Ave NW, Edmonton, AB T6E 2P3, enclosing a note advising that you want a membership. Include membership type (family, single, senior), names of adults in the household, home address and if desired email address. A membership card will be mailed or dropped off at your house.

If you have any questions, email membership@strathconacommunity.ca, or leave a voice message at the hall at 780-439-1501.

More about a membership

A membership year starts September 1st

and ends August 31, and is for those living within our boundaries. The cost is:

Family \$20 – A family is any group residing in one household, acting as a family unit, with a maximum of two votes per household.

Single \$15

Senior \$5 An individual of 65 years or older.

Benefits of a Membership:

Why be a SCCL member? There are many reasons:

A voice on issues in our community (neighbourhood renewals, developments, etc.)

A connection to news and events in the community (e-mail list, website, newsletter, Facebook, Twitter)

Social events like Winterfest, BBQ's, Music Fest, Trivia Night

Free skating and hockey at our two top-notch rinks

Up to 20% discount at city-owned recreation facilities (e.g. Kinsmen)

Discounts on hall rental

Children's sports and programming

Access to Programs such as Zumba, Yoga, Pound Fitness, Urban Pole Walking and more

Free one-year Membership at the Edmonton Tool Library

10% discount Pressd Sandwich Shop at Scona Market (10377 78 Ave)

Be a community league member and help make our community a better place to live.

Learn more about acne

Acne, or acne vulgaris, is a skin problem that starts when oil and dead skin cells clog up your pores. Some people call it blackheads, blemishes, whiteheads, pimples, or zits. When you have just a few red spots, or pimples, you have a mild form of acne. Severe acne can mean hundreds of pimples that can cover the face, neck, chest, and back. Or it can be bigger, solid, red lumps that are painful (cysts).

Acne is very common among teenagers. It usually gets better after the teenage years. Some women who never had acne growing up will have it as an adult, often right before their menstrual periods.

How you feel about your acne may not be related to how bad it is. Some people who have severe acne are not bothered by it. Others are embarrassed or upset even though they have only a few pimples.

The good news is that there are many good treatments that can help you get acne under control.

What causes acne?

Acne starts when oil and dead skin cells clog the skin's pores. If germs get into the pores, the result can be swelling, redness, and pus. For most people, acne starts during the teenage years. This is because hormone changes make the skin oilier after puberty starts. Acne can run in families. If one of your parents had severe acne, you are more likely to have it.

What are the symptoms?

Symptoms of acne include whiteheads, blackheads, and pimples. These can occur

on the face, neck, shoulders, back, or chest. Pimples that are large and deep are called cystic lesions. These can be painful if they get infected. They also can scar the skin.

How is acne treated?

To help control acne, keep your skin clean.

Avoid skin products that clog your pores.

Look for products that say “non-comedogenic” on the label. Wash your skin once or twice a day with a gentle soap or acne wash. Try not to scrub or pick at your pimples. This can make them worse and can cause scars.

If you have just a few pimples to treat, you can get an acne cream without a prescription. Look for one that has adapalene, benzoyl peroxide, or salicylic acid. These work best when used just the way the label says.

It can take time to get acne under control. But if you haven't had good results with non-prescription products after trying them for three months, see your doctor. A prescription gel or skin cream may be all you need. If you are a woman, taking certain birth control pills may help.

If you have acne cysts, your doctor may suggest a stronger medicine, such as isotretinoin. This medicine works very well for some kinds of acne.

What can be done about acne scars?

There are many skin treatments, such as laser resurfacing or dermabrasion, that can help acne scars look better and feel smoother. Ask your doctor about them. The best treatment for you depends on how severe the scarring is. Your doctor may refer you to a plastic surgeon.

Argyll News

Community Safety

The Edmonton Police Service (EPS) highly encourage citizens to report all suspicious activities and crimes as crime statistics will allow EPS to better allocate policing resources.

Citizens can report certain crimes online at the EPS website www.edmontonpolice.ca/reportacrimeonline

Reportable crimes include Damage/Mischief to Property, Damage/Mischief to Vehicle, Lost Property, Theft under \$5000, and Theft from Vehicle under \$5,000, and Theft under \$5000.

If you have difficulties while entering your report, please call the online reporting help line at 780-391-6001.

For other types of crimes, call 9-1-1 for an emergency or a crime in progress. For non-

emergencies, please visit a police station, enter #377 from a mobile device or call 780-423-4567 from a landline.

EPS Mobile App

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Stay connected: Easy access to EPS' Facebook, Twitter, YouTube, Instagram, and Pinterest accounts.

Stay informed: Direct route to EPS' media releases, alerts, and crime files.

Stay safe: Report a crime online, locate the station nearest you, and get through the stress of a collision with our handy collision tips.

Bike Index

Bike Index is a non-profit online bicycle registry. It's simple. Submit your name, bike manufacturer, model, serial number, colour, and component information to enter your bike into the most widely used bike registry at <https://bikeindex.org/>. Add a photo and additional details such as parts, unique markings or stickers. Add a phone number to your profile when you register. Only law enforcement will be able to see it.

In 2019, Edmonton Police Service partnered with Bike Index in an attempt to deter bike theft. If your bicycle is ever lost or stolen, EPS will strive to return the bike to you as soon as possible.

For more information, visit

<https://www.edmontonpolice.ca/CrimePrevention/HomePropertySafety/ProtectYourProperty/BikeIndex>

Community League Access Program

As of September 6, 2020, the Exclusive Pool Use and Unified Community League Access Program will be suspended for the remainder of 2020.

Many of the City of Edmonton Pools are not currently open. The facilities that are open are running at reduced capacity, with adjusted operating hours that would put some of the Community Swim outside of our current operating hours. This is creating an uneven opportunity for Community League Members to access City Facilities at these times. When and how these programs will be reinstated will be established for 2021, barring any new or additional COVID 19 restrictions from Alberta Health Services.

Community League Members still have the opportunity to use the Community League Wellness Program. This Program allows access to our facilities at any time. It includes:

Annual Membership - 20% discount on Adult, Family, Child, and Youth/Senior Annual Memberships

Multi Admission Pass* - 15% discount on our already discounted multi admission pass (5+ visits)

Continuous Monthly Membership - 20% discount off an on-going monthly membership using our convenient Pre-Authorized Debit Program.

These discounted memberships can be acquired by presenting your valid Edmonton community league membership card at any one of the City of Edmonton's sports and fitness facilities. Community league members who purchase one of the options will be issued a photo access card to be swiped at each admission.

* Applies to new purchases only.

Information about COVID-19

Stay up to date on current information:

Alberta Health Services

<https://www.albertahealthservices.ca/topics/Page16944.aspx>

Government of Alberta

<http://alberta.ca/covid19>

City of Edmonton

<http://edmonton.ca/covid19>

Government of Canada

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>




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Hazeldean News



Hazeldean Board of Directors

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Secretary	Maggie Smith	secretary@hazeldean.org
Treasurer	Lien Le Kavanagh	
Facilities	William Elgert	
Publicity	Rachel Sinn	communication@hazeldean.org
Memberships	Heather Chiponski	
Soccer	Alexis Parker	hazeldean@southweastsoccer.ca
Director at Large	Rineke Steenberg	movies@hazeldean.org
Director at Large	Alys Caswell	
Hall Administrator	Dawn Banner	hazeldeanleague@shaw.ca
Social	Christine Drysdale	
Civics	Caleb Sinn	civics@hazeldean.org

Get your community league membership today!

Benefits of Membership:

- Stay informed and have a voice on community issues
- Support fun community events and activities
- Up to 20% discount at City-owned rec centres
- Discounts on hall rentals

Community League Memberships available at Hazeldean Drug Store and the Dairy Queen on 70th avenue and 99th Street. \$10 for single memberships or \$20 for a family.

Community Clean-Up: Success!

Thanks to everyone who came out to our Community Clean-Up event in September.

Our Hall is OPEN for Rentals!

We are once again accepting rentals for the Hazeldean Community Hall.

This is a great venue for all of your event needs! All rentals will operate in alignment with the most current COVID-19 regulations and bylaws. Interested? Please email Dawn at: hazeldeanleague@shaw.ca.

Stay In Touch!

Phone: 780-439-0847

Email: hazeldeanleague@shaw.ca

Website: www.hazeldean.org

Facebook: www.facebook.com/Hazeldean-Community

Twitter: @hazeldeanyeg

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Ritchie News

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Director-at-large: Dan Munch
Director-at-large: Nigel Greenways

MONTHLY MEETINGS

Board meetings are 7 p.m. on the first Thursday of every month.
Newsletter: Keri Walmsley (newsletter@ritchie-league.com)
Hall Manager: Kara Fenske (inquiries@ritchie-league.com)
Website: www.ritchie-league.com
Facebook: facebook.com/WelcometoRitchie
Twitter: @RitchieYeg
Instagram: ritchie_league

Blacksmith shop committed to memory

The former Adolf Minchau Blacksmith and Machine Shop on 101 Street between Whyte and 81 avenues was reduced to a pile of bricks in September after a five-year reprieve from its demolition.

The subject of walking tours, petitions, city negotiations and a provincial historical resources impact assessment, the building was last occupied by its namesake business in 1980. It was built in 1925 by Adolf Minchau, who immigrated to Canada from Russia in 1907.

He worked for John Walter as a millwright at the southside sawmill before setting up his



own blacksmith shop in 1912. His sons ran the business between 1955 until its close forty years ago.

A Month of Ritchie fun

With mass gatherings a thing of the pre-pandemic era, Community League Day in Ritchie mutated into a month of fun things to do. Some were in person in small groups. Others are online. Here are some memorable moments:



Photo by Jeff Ollis

Martin Kerr kicked off a month of performances in Ritchie Park. Lodestar Theatre presented A Midsummer Night's Dream on Community League Day proper, while Lindsey Walker played the final weekend.

Contest photo

Tracy Price's cakes won her a Barb and Ernie's Old Country Inn gift certificate.



Photo by Erin Fraser

New board director Erin Fraser arranged for treats to be ready for her guided dessert tour of Overflow Cafe, Doughnut Party and Kind Ice Cream.



Contest photo

Devan West's pan-wich won a basket of treats from Laker Coffee and Drift food truck in Ritchie's virtual pancake breakfast challenge.



Mask Drive success

Photo by Keesa Elicksen

Three schools, 10 bottles of hand sanitizer, 150 masks. Thank you Ritchie for your generosity! A huge thanks to all who broke out their sewing machines or donated, and to local businesses Unbelts and Two Mothers for their donations as well. Escuela Mill Creek, JH Picard and Hazeldean Elementary schools were the beneficiaries of the Ritchie Community League mask drive in late August.

Ritchie Hall reopens

Life and laughter is gradually returning to Ritchie Hall after a six-month shutdown. Three programs for members have returned, working within new guidelines which restrict the number who can participate, among other COVID-19 mitigation protocols.

Kids Danse classes began, in-person, mid-September. Lessons for 4 - 5 year olds or 6 - 9 year olds continue until the end of October. (For families needing more social distance, instructor Isabelle Rousseau is continuing her live-stream classes as well.)

The Bridge Club resumed games early in October as did Yin Yoga, a slower, gentler practise than was taught in previous sessions. Bridge meets Friday afternoons; Yoga on Wednesday evenings.

Pre-registration is required for all Ritchie programs.

Kids Danse (Isabelle) irousseau.moveandbremoved@gmail.com

Bridge (Rose-Marie) 780-439-4884

Yoga (Kristal) Yoga@ritchie-league.com



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Book lovers unite

Ritchie has a new club and this month, it will be discussing *Molly of The Mall: Literary Lass and Purveyor of Fine Footwear* by Heidi L.M. Jacobs. Winner of the 2020 Stephen Leacock Memorial Medal for Humour, this book is set (and published) in Edmonton.

Here's what NeWest Press says of *Molly of the Mall*:

"Aspiring novelist Molly MacGregor's life is strikingly different from a literary heroine's. Named for one of literature's least romantic protagonists, Moll Flanders, Molly lives in Edmonton, a city she finds irredeemably unromantic, where she writes university term

papers instead of novels and sells shoes in the Largest Mall on Earth. There she seeks the other half of her young life's own matched pair.

Delightfully whimsical, Heidi L.M. Jacobs' *Molly of the Mall: Literary Lass and Purveyor of Fine Footwear* explores its namesake's love for the written word, love for the wrong men (and the right one), and her complicated love for her city."

Join the new RCL Book Club and you'll be reading even more award-winning and engaging Canadian fiction! Contact Erin Fraser for the date and Zoom link for the online conversation: eefraser@ualberta.ca

Fearless leader needed

Fit for Life, Ritchie's long-running Tuesday and Friday morning fitness program, has been meeting outside while waiting for Ritchie Hall to open. But just as the hall is welcoming programs back inside, the group's leader, Lynn,

has to lay low for a season. If you are passionate about fitness and have the certifications to lead a group of dedicated, enthusiastic seniors, contact Ritchie's program director, Dee, for details of how to apply: programs@ritchie-league.com.

Meet Kara, hall manager

Responsible for managing Ritchie Hall's gradual reopening is new manager, Kara Fenske. She's one busy lady already, and the hall hasn't even resumed rentals yet! Kara also runs Drift food truck and mothers an Escuela Mill Creek student. Welcome to the Ritchie team!



Connect with Ritchie Community League

7727 98 Street | Edmonton, AB | T6E 5C9 | 780-433-7137 | inquiries@ritchie-league.com

The land on which we live, work and play is Treaty 6 territory and a traditional meeting ground for many Indigenous groups. Today, it remains home to Cree, Blackfoot, Saulteaux, Métis and other Indigenous peoples. The Ritchie Community League acknowledges that we are all beneficiaries of this peace and friendship treaty.



Heather McPherson

Member of Parliament
Edmonton Strathcona

Contact my constituency office for assistance with:

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Seeds of reconciliation in new ward names

New names have been proposed to go along with new boundaries defining the wards we'll vote in in next year's city election.

Ritchie sits in papastew (aka Ward 8), meaning "large woodpecker" in Papaschase. More significantly, it's the name of a highly respected chief of Papaschase Band 136 who signed Treaty 6 in 1877.

The original 250 Cree band members had a 100-square-kilometre reserve, but as Edmonton grew, their land was eventually all annexed.

Descendants of the original band now number in the thousands.

A committee of 17 Indigenous matriarchs



representing the Anishinaabe, Blackfoot, Cree, Dene, Inuit, Iroquois (Michel Band), Métis and Sioux nations gifted papastew and 11 other names to the city's naming committee for consideration. City council first discussed the Indigenous names in September. There is now a 60-day period during which others can petition Bylaw 19366.

It is expected to return to council in December for final debate and vote. If approved, the new names would be put

to use in the Oct. 18, 2021, municipal election.

For information on how to petition the city, contact the office of the city clerk: 780-496-8178



POP-UP SHOPPING EVENT
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HOLIDAY EDITION
Saturday November 14, 2020
11am - 5pm

Old Strathcona Performing Arts Centre
8426 Gateway Boulevard
Free Parking & Admission
Face Masks & Social Distancing Practices Required

Happy New Year!

A new community league membership year began in September. Recommit to building a strong and vibrant neighbourhood with a 2020-2021 membership. With it, you get access to great local events, programs and discounts. Memberships are on sale throughout the year at Ritchie Foods (9606 76 Ave.) and online at efcl.org.

Discounts for Ritchie members

A Ritchie membership has many benefits. And now exclusive discounts at local businesses are among them. Sweet deals! Kind Ice Cream will give Ritchie card holders 15 percent off on Tuesdays only. Only on cones/bowls. Does not apply to take-away pints.

The Paint Spot gives Ritchie members 10

percent off purchases if they show their cards. The Edmonton Tool Library, as a beneficiary of a Ritchie Community League donation, allows Ritchie members to borrow from among its 1,000+ inventory for free. It reopened Sept. 12 in the Bellevue Community Hall (7308 112 Ave.) Open Saturday and Wednesdays only, its collection is online 24/7 at edmontontoolibrary.ca

Glass Bookshop will give Ritchie Book Club members a 15 percent discount when purchasing the club's featured book. Include the discount code BOOKCLUB15 in the instruction box with your order and the discount will be taken off after checkout. All sales are currently online at bookmanager.com/8101124.

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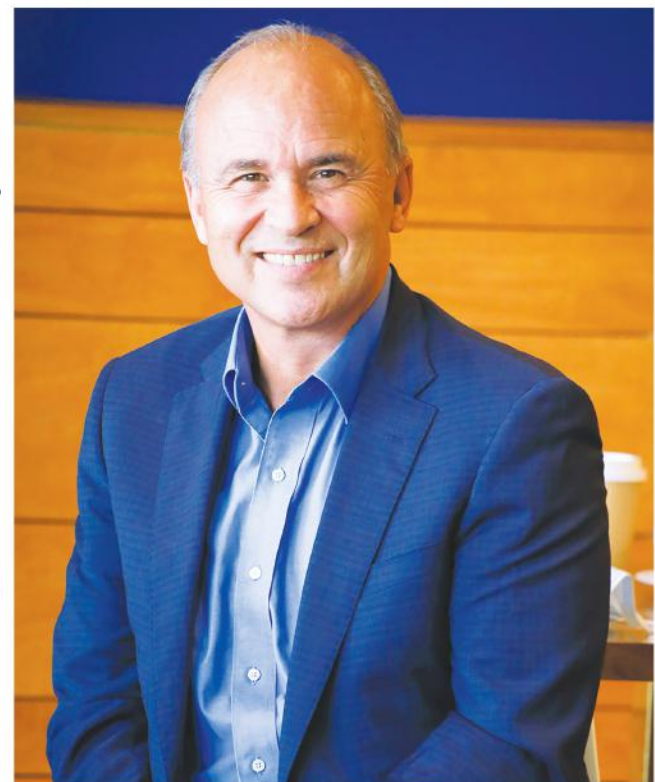
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ABOUT RICK PETERSON

Rick was born in Drumheller, AB, the son of a RCMP officer and a nurse, and the grandson of Ukrainian immigrants who retired in Edmonton Strathcona after working in the coal mines of southern Alberta. A graduate of the University of Alberta, Rick played hockey with the Golden Bears and won a national championship with them in 1975. He also played baseball with the 1978 national senior mens' championship Edmonton Tigers, who played out of what is now Re-Max Field.

Rick is president of Peterson Capital, a company with ten employees and offices across Canada that helps finance and support Canada's leading growth companies in health care, technology, green energy and resource sectors. He's fluently bilingual, having studied and lived in France for ten years after graduating from the U of A. He has four adult children and one grandchild. He and his wife, Irish, have three Golden Retriever dogs, named Smooch, Beau and Olive.



HAVE A QUESTION OR WANT TO JOIN OUR VOLUNTEER TEAM? EMAIL US AT INFO@RICKCPC.CA



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