

COMMUNITY LEAGUE NEWS SOUTH

Serving the community leagues of
Argyll, Hazeldean, Ritchie and Strathcona.



Published by Calder Publications. To advertise please call 780-434-9732 or email info@communityleagueneews.com

Indoor Soccer Season 2021/2022

Online registration for the 2021/2022 indoor season opened on August 1, 2021. Please visit www.emsasoutheast.com for further details.

Season Start Date: Saturday, October 16, 2021

How to register:

Purchase a 2021/2022 community league membership (valid from September 1, 2021 – August 31, 2022) from the community where you live, or through the EFCL.

Log in to your Household Account via the EMSA Soccer Portal <https://emsasoccerportal.com/>

If you have changed your address since you

last registered, please contact the ESEA Administrator (admin@southeastsoccer.ca) so the address can be changed and/or your community league name can be updated prior to registering.

If you don't have an account, follow the step-by-step instructions in the Soccer Portal to create one.

You must register under the community where you live. You may request for your child to play in another community but please keep in mind it is only a request and there is no guarantee that your child will be allowed to play in another community team.

Election forum Sept. 22: Ritchie

With Mike Nickel making a run for mayor, representation of Ritchie on city council is up for grabs. At last count, seven candidates are vying to be our next councillor. Come hear what they want to bring to the role at an Election Forum, hosted by the Ritchie Community League, September 22.

Do you have a burning question for one or more of the candidates? Send it to communications@ritchie-league.com. We'll put your questions to them.

The hopefuls are: Haruun Ali, James Cameron, Susan Field, Kristen Goa, Michael Janz, Tarcy Schindelka and Byron Vass.

The winner on election day, October 18, will represent Ward papastew (pronounced pah-pah-STAY-oh). Merging the northwest corner of what was Ward 11 with the western half of Ward 8 and northern half of Ward 10, the new boundaries bring Ritchie together with other mature, mostly central Edmonton neighbourhoods.

Ward boundaries shifted for the school trustee races this year as well. Ritchie is Edmonton Public School board Ward G where there are two candidates running: Hannah Hamilton and Saadiq Sumar. There is only one candidate in the Ward 75 race for Edmonton Catholic

School Board trustee; she is Alene Mutala.

Contact information for all candidates, including the 10 mayor hopefuls, are listed on the Edmonton Elections website: https://www.edmonton.ca/city_government/edmonton-elections. There you can find candidate websites, phone, email and social media accounts.

Papastew lead the Papaschase Band #136 when it signed Treaty 6 in 1877, intending to stay in present-day Old Strathcona. But settlers felt this was "too close" and the band moved to where Millwoods now sits, having been granted only 40 square miles of the 249 square miles promised in the treaty. Eventually, band members scattered, some to other First Nations, others were removed by Indian Affairs, and others surrendered land under questionable circumstances, according to a video history of the new ward on the Edmonton Elections website. In English, papastew means large woodpecker.

The October 18 election will also include questions on three issues added by the provincial government about continuing (or not) with Daylight Savings Time, whether senators should be elected or appointed by the federal government, and if equalization payments between provinces is fair.

Community League Day, September 18, 2021

The Edmonton Federation of Community Leagues (EFCL) is the umbrella organization supporting community leagues in Edmonton for 100 years since 1921.

Community League Day is an annual city-wide celebration held on the third Saturday in September that brings community and volunteers together to make great things happen in our city.

This year's Community League Day is on September 18, 2021 and the theme is 100

Community Actions. Sharing ideas:

Introduce neighbours to one another, tally the introductions.

Create a skills dataset for the community, sign up 100 contacts.

Community shout-outs: Give thanks to 100 people in your community.

To find out about league events happening in the month of September, visit <https://efcl.org/events--projects/community-league-day/>

August 12
Hazeldean Community League
Summer Games

- 10-15-20-50 Meter Races
- Obstacle Course
- Baseball Toss
- Relay Races
- Spelling Bee

Registration at 11 Am
Games 12 Noon to 4pm

BBQ & Entertainment

Events Are With-in Age Groups
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Strathcona Centre News

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3 website: www.strathconacommunity.ca

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Hall Use Committee	Jeanie McDonnell hall@strathconacommunity.ca
Community & Neighbourhood Liaison	Cheryl West-Hicks liaison@strathconacommunity.ca
Community Hall	Scott Wright rentals@strathconacommunity.ca 780-439-1501
Website Manager	Karen Rowsell webmaster@strathconacommunity.ca
Information	info@strathconacommunity.ca

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3
Community League website: www.strathconacommunity.ca
EFCL website: www.efcl.org
Community Leagues...where neighbours meet and great things happen!
Board meetings are held on the second Monday of each month, Sep.- June, at 7:00 p.m. Community league members are welcome to attend. For more information phone 780-439-1501 or e-mail at president@strathconacommunity.ca
The Strathcona Centre Community League is on Facebook <https://www.facebook.com/StrathconaCL/>. Follow on Twitter @StrathconaCL Instagram @strathconaleague
The copy deadline for the Oct-Nov/21 issue of Community League News South is Sep. 20/21. Please contact Donna Fong, Editor, at 780-433-5702, or by e-mail at donna.fong@shaw.ca

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Ready to SING Again?

Join the Edmonton Columbian Choirs & SING again!



Edmonton Columbian Choirs has choirs for all ages. We rehearse Tuesday evenings starting in September. The "Young Columbian Choir" (ages 6 - 12, and "Vocal Motion" (grades 7 to 12).

For more information, please contact Elaine Dunbar at 780-461-1539, or email: dunbarstudio@gmail.com

Programs

New! Flexibility, Mobility & Strength with Essentrics®

Mondays, September 13, 20, 27, October 4, 18, 25, November 1, 8 (8 classes)

No class on Thanksgiving Monday, October 11 11:00 am - 12 noon Fee: \$96.00

Drop-in: \$14.00 per class

Requirement: Valid Community League membership (any league).

To register, contact instructor Lynn Bohuch at essentricsworkoutswithlynn@gmail.com, phone 780-298-4352, and copy programs@strathconacommunity.ca.

Fee: Send payment by e-Transfer to payments@strathconacommunity.ca

Description: This class is a full body workout that rapidly changes the shape of your body through a dynamic combination of strengthening & stretching. The technique develops lean, strong and flexible muscles with immediate changes to your posture. Perfect for men and women of all fitness levels, this program rebalances the body, prevents and treats injuries and unlocks tight joints. With enjoyable music, this no impact, equipment free workout leaves you feeling energized, youthful and healthy.

With a passion for all things 'health and fitness', Lynn Bohuch has 35+ years teaching group fitness including aqua fitness to participants both young and old.

Gentle Hatha Yoga

Mondays, Sep.13, 20, 27, Oct.4, 18, 25

6:00 - 7:15 pm 2nd floor hall

Registration: \$72.00, Drop-in: \$14 per class

Instructor: Corinne McNally

Requirement: Community League membership (any league). Bring yoga mat and props.

To register, contact instructor Corinne McNally at corinne@lotusmoonyoga.ca, phone

780-239-6164 Fee: e-Transfer to payments@strathconacommunity.ca

Pound Fitness

Mondays, September 13, 20, 27, October 4, 18, 25

7:45 - 8:45 pm 2nd floor hall

Registration: \$72.00, Drop-in: \$14 per class

Requirement: Valid Community League membership (any league).

To register, contact instructor Melanie Kidder at melstrand_5@hotmail.com, phone 780-722-7558, Fee: e-Transfer to payments@strathconacommunity.ca

Description:

Pound Fitness is a cardio and strength class that is inspired by the energizing, infectious, sweat-dripping fun of playing the drums. Come make some NOISE with us!

Zumba Fitness

Wednesdays, Sep.15, 22, 29, Oct. 6, 13, 20, 27 6:30 - 7:30 pm, 2nd floor hall

Registration: \$84.00 Drop-in: \$14 per class

Requirements: Valid Community League membership (any league).

Instructor: Melanie Kidder

To register, contact instructor Melanie Kidder at melstrand_5@hotmail.com, phone 780-722-7558 The class on September 22 will be held either outdoors or in the lounge.

Fee: e-Transfer to payments@strathconacommunity.ca

Description:

Let the Music Move You! Using Latin and International rhythms these Dance Fitness classes are fun, energetic and make you feel amazing. In a Zumba class, participants do what they can, making it perfect for people of all fitness levels.

Zumba Fitness

Wednesdays, August 11, 18, 25

6:30-7:30 pm

Hard surface court

Instructor: Melanie Kidder

Fee: \$14.00 per class

For more information about the drop-in Pound and Zumba classes, contact the instructor at melstrand_5@hotmail.com, phone 780-722-7558.

Summer Green Shack Program

Until August 27

Monday-Friday

2:30 - 5:30 pm

Strathcona Community Park

Next to the splash pad

10139 87 Avenue

This FREE drop-in program is targeted for children aged 6-12, but all children accompanied by an adult are welcome to attend.

Each day of the week you will get active and experience a variety of crafts, games, sports,

and free play! The City of Edmonton would like to acknowledge that our programs respectfully take place on Treaty 6 Territory, and Metis Nation Region 4.

For more information, please visit Edmonton.ca/Greeshacks or call 311.

Thanks to the Strathcona Nursery School for hosting the Green Shack Kick-Off Party for families on July 12th. Frozen treats were sponsored by the Strathcona Community League.

Outdoor Trivia Night

Eight teams gathered outdoors in the grassed hockey rink on July 15th for Trivia Night hosted by Scott Wright and Gordon Kent. It was great for league members to meet in person for eight rounds of trivia questions, drinks, and social-

ize! Thanks to Scott and Gordon for the interesting mix of questions including a round of song clips in foreign languages! The top team (Garneau Rules) donated their winnings to the Strathcona Community League - thank you!

Civics and Planning Report

The Strathcona Community League maintains a database of building developments, planning and transportation issues, urban design projects, and community initiatives. Derek Kaplan is the chair of the League's Civics and Planning Committee.

When the City sends notices to the League announcing appeals to the Subdivision and Development Appeal Board (SDAB), or telling of rezoning applications, or outlining variances that are being requested by a property owner, the committee investigates. To learn more about issues and proposed development projects, please contact Derek at civics2@strathconacommunity.ca

civics2@strathconacommunity.ca

Community leagues along Whyte Avenue west of Mill Creek Ravine are partnering with Paths for People, a non-profit focused on safer, more livable streets, to develop a strong community vision for what Whyte Avenue's public realm (sidewalks, roadways, parks and intersections) could look like as the street evolves.

The Whyte Avenue Community League survey conducted online (June-July 2021) is in the process of being compiled and reviewed before results are shared with the communities.

Hall Rentals

The building is now open and available to rent!

Main Hall (\$150 - \$400)

Capacity 105

Seats 60 to 80 depending on table arrangement

Amenities include hardwood floors, balcony, stage, bar, full kitchen, dishes and cutlery, tables and chairs.

Lounge (\$75 - \$260)

Capacity 60

Seats 30-35 depending on table arrangement

Amenities include a bar, fireplace, piano,

tables and chairs.

Concession/Small Meeting Room (\$20 - \$75)

Seats 8 to 10

Amenities include kitchen.

To check availability and for rate details, visit www.strathconacommunity.ca/facilities/hall-rentals.

To make a booking or for more information contact Scott at rentals@strathconacommunity.ca or 780-439-1501.

A/V equipment available to rent. Community League members of at least 6 months receive a discount on rates.

FALL LEAGUE PROGRAMS

The Strathcona Community League is pleased to offer the following outdoor fitness programs in August and indoor programs this fall. Other new programs will be announced at the league website, social media, and members social list.

AUGUST OUTDOOR DROP-IN CLASSES

Pound Fitness

Mondays, Aug.16, 23, 30, 6:30-7:30 pm

Hard surface court

Instructor: Melanie Kidder

Fee: \$14.00 per class

Zumba Fitness

Wednesdays, August 11, 18, 25

6:30-7:30 pm

Hard surface court

Instructor: Melanie Kidder

Fee: \$14.00 per class

For more information about the drop-in Pound and Zumba classes, contact the instructor at melstrand_5@hotmail.com, phone 780-722-7558.



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Courts Open to League Members

The Strathcona Community League's tennis/pickleball and ball hockey courts are available for casual use! While the future of the court area is still under review as part of our needs assessment project, the courts in the meantime have been improved so you can practice tennis, try out pickleball, or play some ball hockey. Note that the surface still has some bumps, so users must use the courts at their own risk. One of the tennis courts has a net, and has had pickleball lines added. The ball hockey court has been re-surfaced and pickleball lines added. There is no pickleball net on that court so you need to bring your own (except during supported pickleball time slots). Ball hockey nets are provided.

The ball hockey court is used for league programs (Pound Fitness and Zumba Fitness) on Monday and Wednesday evenings from 6:30 to

7:30 pm. Otherwise the courts are open at all times on a drop-in basis. If others are waiting to play, please limit your time to 30 minutes.

Supported pickleball time slots: Tuesday mornings from 10:00 am to 11:30 am, and Thursday evenings from 7:00 pm to 8:30 pm. A pickleball net will be provided on the ball hockey court. If you're new to pickleball we'll provide a couple of paddles and a volunteer or two to provide basic instruction. Come by on your own or with 2, 3 or 4 players.

You need to bring your own racket/paddle/hockey sticks and balls. A community league membership is required - please check our website strathconacommunity.ca for ways to purchase your membership. Please contact hall@strathconacommunity.ca if you have questions.

Community Big Bin and Freecycle Event

Saturday, August 28

Strathcona Community League parking lot
10139 87 Avenue

Bring your large household waste and e-waste and save yourself a trip to the Eco Station! First full pick-up truck sized load is free, subsequent loads are \$10 each. Community League Membership is required, and will be sold at the event.

Do you have any items that you want to get rid of but don't want to throw away? Donate to our freecycle event! Donated items will be available for free to Community League members. Leftover items will be donated to charity.

If you would like more information or are interested in volunteering, please contact green@strathconacommunity.ca

The Strathcona Community Hall is Going Green!

You may see something new on the roof of

the Strathcona Community Hall soon, as we are getting set to have solar panels installed. Over the past year we have completed a number of upgrades to the hall to improve its energy efficiency, including installing new high efficiency furnaces and changing all lighting to LED bulbs.

This fall, the hall will be getting a solar photovoltaic system installed on the roof, which will produce approximately 35,000 kilowatt hours of electricity, offsetting all of the hall's annual electricity consumption. This system will reduce the hall's greenhouse footprint by approximately 20 tonnes of carbon dioxide per year, and help reduce operating costs for the Community League.

If you have any questions about this project, or any ideas to further sustainability at the SCCL, please contact green@strathconacommunity.ca.

How to become a member?

The SCCL is working hard to make our community a great place to live so please help us out by purchasing your membership. The membership payment options are set to change. Please visit the website <https://strathconacommunity.ca/league/membership/>

Memberships are also available online through the EFCL at <https://efcl.org/membership> (the EFCL charges a \$5 admin fee).

If you have any questions, email membership@strathconacommunity.ca, or leave a

voice message at the hall at 780-439-1501.

More about a membership

A membership year starts September 1st and ends August 31, and is for those living within our boundaries. The cost is:

Family \$20 - A family is any group residing in one household, acting as a family unit, with a maximum of two votes per household.

Single \$15

Senior \$5 An individual of 65 years or older.

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Argyll News

Argyll Community Centre closure

All indoor activities at the hall continue to be in suspension. Rebuilding a portion of the facility has had a significant impact on regular operations since much of the space contains stored items from other parts of the building. Appointments are still preferred to speak with our facility manager. He can be

contacted at 780.466.8166 – where you can leave a message. His office hours are posted on the Argyll Web Site.

We hope to be able to announce a resumption of programming in the autumn when the rebuilding work is completed. Until then we hope you are patient.

Pre-School Update

Argyll is moving forward with plans to operate a Pre-School Programme in our facility this fall if the facility is ready and if Health restrictions are lifted. We've been working with a non-profit organization to operate the program on our behalf.

Parents who are interested in having their children attend such a programme may contact the Pre-School teachers directly to get questions answered from those who will be teaching the children.

Argyll early education program potentially coming September 2020.

One of the program's philosophies is learning through play. This focus on play helps to develop social, emotional, cognitive, and motor skills which will set the children on a path for successful entry into kindergarten. Another benefit is Learning Through Community. An exciting component of the program is where children experience com-

munity field trips throughout the year.

This programme is for children between the ages of 2 and 4.5 years old. Morning and afternoon options are available. Inquire today to save your spots. Limited spots available.

We encourage interested parents to e-mail the teachers if you have questions about their curriculum or rates. The program requires a minimum number of children to be enrolled for it to operate. If the number of children is less than the minimum, then the program will be operated at a later date.

Send a message to: yegeeducationalprograms@gmail.com and ask them about the ARGYLE pre-school. You might also be able to reach them at 780.964.1310 and mention Argyll in your message.

We encourage parents to share this information among their circle if they know of others, outside this neighbourhood, who might be interested in our programme.

Construction at the Hall

During the summer you will likely see demolition work, fenced off areas at the rear of the building, and construction of the replacement walls and windows for a couple of months. We have been working with the Edmonton Japanese Community to deal with this problem as it affects both organizations and their access to the facility.

Construction like this can be delayed by a number of unforeseen events such as weather and structural damage discovered after demolition. Although many of the contractors who are submitting estimates are confident of a quick replacement we are prepared for the work to take longer than expected. It will prevent us from allowing outside rentals (as everything stored in there is now in oth-

er places around the facility) and will place restrictions on any indoor activities which might commence when health restrictions are lifted.

Families using our playground and fields can help by keeping watch on the construction area (which will be fenced in) for vandalism, theft of materials, or general unsafe behaviour. If you have a concern to report about the construction, contact Dave Trautman at 780.463.9310 and he'll take it up with the contractors.

We are continuing to hold off on resuming normal use of the hall until this work is completed because of the enormous impact it has had on the use of other spaces within the facility.

Yoga Returns

Our Yoga programme suffered cancellation in the spring of 2020. Since that time we've been like Zen masters patiently awaiting its return. Preparations are underway for a resumption of Yoga this fall. Look for details on our Web Site, Facebook page, and through our electronic newsletter for starting dates and fees.

To date the plan is to run the program on Wednesday evenings from 5:00 to 7:00 PM. Fees should remain the same as previous years. Check in with Renee by e-mail at: reneegiammarioli@hotmail.com or send her a text to 780.903.1911. We will all need a good stretch after 2020.

Argyll Online

As always, our web site has the most current information. Check-in weekly to see what's changed. Send us things you think the community would be interested in. A new section has been added to the web site which features announcements and news about the Com-

mittee work various residents are involved in. Look for it the next time you visit our site. Our web site address is: www.argyllcl.ab.ca

If you wish to be added to our EVENTS e-mail distribution list get your name into argyllsocial@gmail.com.

www.communityleagueneews.com

Neighbourhood Improvements

A lot of work has been undertaken this spring and summer to move forward on three improvements to the neighbourhood which were voted upon in 2017 and approved by the Community League membership.

The first is continuing work on a Community Garden.

This project has been prepared by a team of volunteers throughout 2019 and was on hold as the City dealt with the staff issues from the pandemic.

This spring work resumed on fundraising for the project as well as continuing negotiations with the City regarding its location. Meeting in July proved fruitful as they have accepted our proposed location.

The design and layout for the space is ongoing while the City works to re-purpose the space we are requesting for it. This repurposing stage will also include future public consultations, so look forward to seeing something in your mailbox in the coming months.

The second is a Basketball Court. As with our Garden plan this work is continuing in discussions with the City about ensuring it is in the right place and harmonizing it with all the other recreational activities in our neighbourhood.

Some public outreach is also planned, along

with fundraising opportunities, land allocation, and collaborative design with the City to ensure they can maintain the court. Our community partners will take a significant role in making this installation a success.

The third undertaking has been the design and installation of new street signage throughout the neighbourhood.

We've been coordinating with the City's traffic and street people to work within their guidelines, consulted our favourite graphic artist for help with the design, and are preparing to present our options to residents with a survey (both online and on paper) where you can contribute to the selection of style, colour, typography, and mounting method. Look for something in your mailbox when this survey is made public.

Once the votes have been gathered we will post something on our social media channels as well as the web site.

Then the City will install the new signage through the fall or into next spring.

So, despite the building closure, the rebuilding of our storage space, and the postponing of programming for both Argyll Community and the Japanese Community, there's been a lot of time to address these other areas and work with the City to move them onward.

VOTE

Susan Field

Councillor
ward papastew

**Experienced Business Mind +
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Community league walking program

Urban poling finding fitness, friends and fun!
 Why starting a walking program is beneficial:
 -Improves your physical and psychological health.
 -Get to know others in the community.
 -Familiarize yourself with resources in the

community.

-Reduces crime by residents being visible on the street.
 For more information contact Kim Mah at Kim.mah@efcl.org

Community League Memberships

Get your 2012/22 memberships
 Available at The Hazeldean Drug Store and at the Dairy Queen on 99th street and 70 avenue
 If obtained prior to October 1, 2021 you will not only get a say at our AGM you will be able to vote on various matters.
 ut your Community League Memberships will be at no cost to you! That is right prior to October 1, 2021 your membership is "FREE!"
 After October 1, 2021 there will be a charge of \$20.00 for a family and \$10.00for a single or senior membership

Advantages

.A great way to meet the neighbors and make new friends
 .educational programs and recreational opportunities
 .access to skating rinks, tennis courts, basketball courts, and more
 .have your say in facility and park development, traffic management and urban planning
 .free borrowing privileges at the Edmonton Public Library
 .discounts around town.

Hazeldean Indoor Playgroup

Will be back in September
 The Hazeldean Playgroup will be back in September. Start time is 1 to 3:30 pm
 Every Thursday
 It is FREE!
 Drop-in play group for children and their care givers. AND THERE IS COFFEE
 See you there.
 Please call 780-439-0847 for more information.

2021 Casino

Well we finally had our Casino June 10th and 11th 2021 after being postponed twice.
 These are much needed funds to help keep our hall running. We had" very very" short notice to get volunteers. Hazeldean Community League wishes to THANK all that volunteered especially the casino angels as they are truly angels. We would also like to Thank our Advisors for their great guidance of which is greatly appreciated. On behalf of Hazeldean Community League Thank you so very much!

Community League

Free Swim
 Please watch for times in our next Community League newsletter for Community League Free Community swim at Bonnie Doon Pool starting in September.
 See You There!

Green Shack

Is Back!
 Welcome back to the Green Shack Program Every week day afternoon.
 Please Note: If the air quality index is 7 or higher the Green Shack program will be closed on those days. This goes for all city outdoor programs.

Hall Rentals

"WE ARE OPEN FOR BUISNESS"

Please call Dawn at 780-439-0847 to book a rental or email a request to hazeldeanleague@shaw.ca Make sure that you state what type of event, approximate number of persons that will be attending your event, whether or not you will be serving alcohol, are you a community league member and reside within the community.
 We look forward to making your rental experience a great one.



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Ritchie News

Memberships expire this month

Did you know? The community league year runs September 1 to August 31.

That means it's time to renew your league memberships! You can do so online at efcl.org.

Station Park goes ahead

Changes are coming to the corner of Whyte Avenue and Gateway Boulevard despite Ritchie Community League's opposition. City council this summer voted to remove the corner's municipal "parkland" designation, allowing the

city to lease the parcel to Beljan Development for five years. Beljan plans to build a market made of shipping containers on one quarter of it and resurface the rest as an open gathering space. RCL objected to the loss of green space.

Drop out for a dance

If you haven't tried Ritchie Community League's new Parent-Child Dance class, there's still time. It and three other classes for children are being offered until the end of August. All are drop in. All are outdoors at Ritchie Hall. And all are by donation.

PARENT - CHILD DANCE (5 years and

younger): Wednesdays, 10:45 - 11:45 a.m.
KIDS DANSE (6 - 12 year olds): Wednesdays, 9:30 - 10:30 a.m.
KIDS DANSE (4 - 6 year olds) Sundays, 10:00 - 10:45 a.m.
KIDS DANSE (7 - 10 year olds) Sundays, 11:00 - 12:00 p.m.

Community swim returns

Starting September 11, Ritchie Community League (RCL) members will again have free access to the Commonwealth Recreation Centre, including the pool on Saturdays 3 - 5

p.m. and Sundays 1 - 3 p.m. (League memberships expire Aug. 31. If you want to enjoy this exclusive benefit renew your membership for 2021-2022.)



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- ◆ Profit out of long-term care
- ◆ Justice for Indigenous Peoples
- ◆ Protecting the Rockies
- ◆ Affordable child care, housing, and post-secondary education
- ◆ Wealth tax on the ultra-rich



Contact Heather's for more information, to take a campaign sign or to volunteer.
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Twitter: [HMcPhersonMP](https://twitter.com/HMcPhersonMP) Facebook: [Heather McPherson MP](https://facebook.com/HeatherMcPhersonMP) Instagram: [HeatherMacNow](https://instagram.com/HeatherMacNow)



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Emergency Medical Services



Window & Balcony Safety

With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often overlooked hazard in the home – access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be avoided by following safety measures. Take the time to assess potential hazards in your home before a preventable fall occurs.

Windows and screens

- Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them;
- Keep drapery cords out of childrens' reach. Wrap excess cord around cleats, or tie-downs to avoid a choking hazard;
- Remember, screens are not safety devices. They are designed to keep bugs out, not children in.

Balconies

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing;
- Ensure that your balcony railings are not more than 10 cm (4 inch) apart. This will eliminate access between the vertical bars of a balcony, or deck.

Further prevention tips

- Toddlers & preschoolers are at highest risk of falling from a window, or balcony, but it may happen at any age;
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies;
- Install safety devices which limit the distance in which a window can be open to a maximum of 10cm (4 inches);
- Ensure the safety device can be released quickly, so the window can be used for escape in case of emergency.
- Consider purchasing a portable air conditioner, which will enable windows to stay closed & secure.

EMS is proud to be a member of the **Partners Promoting Window and Balcony Safety**. Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs.

www.windowssafety.ca

Bike month winners

Over 30 days, 29 leagues cycled 151,663 kilometres in the second annual Community League Bike Challenge.

Ritchie Community League took top spot again this year for residents collectively travelling the farthest (27,516 km), followed by Hazeldean

and Oliver.

But comparing distance travelled per resident, which gave less populous leagues a chance at glory, RCL fell to fourth place behind Cloverdale (12.26 km per person), Lendrum and Argyll. Bravo Cloverdale!

RCL Book Club

New, Canadian fiction.

Contact host Erin at eefraser@ualberta.ca for the latest title and meeting details.

RCL Soccer

FALL OUTDOOR: September 7 - 30;

For community teams U13-U19 and club (Storm: U9-U19).

WINTER INDOOR (season starts October 16);

For community teams U5-U19 and club (Storm: U9-U19).

Register now.

<https://emsasoutheast.com>

Call EMSA Southeast: 780-469-7344

RCL Bridge

Every Friday

Doors open at 11 a.m.

Games start at noon.

Cost: \$3.

Contact Rose-Marie 780-439-4884

Stella 780-504-3972.

Oktoberfest returns

Save the date: October 16.

We're working to reboot our favourite party.

NEW! Drop-in pickleball

Ritchie has five newly painted pickleball courts: three inside the rink for players with their own nets, and two on the tennis courts. The league now hosts drop-in games Tues-

days at 9 a.m. and Thursdays at 7 p.m. Beginners are welcome; kids too. Someone is always on hand with a few spare rackets and tips to get you started.

The Bard comes to Ritchie

By Erin Fraser

The Ritchie Community is excited to host Free-will Shakespeare for a live and on-demand performance of Macbeth, Saturday, Aug. 28!

This pay-what-you-will performance gets underway at 2 p.m. in Ritchie Park.

Bring a blanket or chair and come see how Great Birnam Wood comes to Dunsinane Hill!

Constituency Office
Suite 101 10328 - 81 Avenue NW
Edmonton, AB T6E 1X2

(780) 414-0702
edmonton.strathcona@assembly.ab.ca
@RachelNotley

Rachel Notley
MLA, Edmonton-Strathcona

Plans for new hall pick up steam

By Emilea Bartel

Ritchie Community League is pleased to announce that plans for a new hall are really ramping up! AVID Architecture has been contracted to create concept designs, floor plans, renderings of the site revitalisation and to make sure that the new hall is meeting the community's needs. With help from R&U Engineering Inc., AVID also aims to create building plans that are as energy efficient and climate conscious as possible.

The Ritchie Hall Revitalization Committee (RHRC) worked very hard under tight time-

lines to apply for a Green and Inclusive Community Buildings grant, which would pay 60 per cent of the costs of a new building. We should hear if our application is successful or not by fall. In addition, the RHRC has established a fundraising committee planning activities that will highlight and coincide with RCL's 100th anniversary next year! Yay!

RHRC also gives a big thanks to our newest committee member, Genevieve Montemurro, whose experience co-managing the new playground project at Escuela Mill Creek will be an immense asset to our committee.

Connect with Ritchie Community League

7727 98 Street | Edmonton, AB | T6E 5C9

The land on which we live, work and play is Treaty 6 territory and a traditional meeting ground for many Indigenous groups. Today, it remains home to Cree, Blackfoot, Saulteaux, Métis and other Indigenous peoples. The Ritchie Community League acknowledges that we are all beneficiaries of this peace and friendship treaty.

Phone: 780-433-7137

E-mail: inquiries@ritchie-league.com

Website: www.ritchie-league.com

Facebook: facebook.com/WelcometoRitchie

Twitter: @RitchieYeg

Newsletter: Keri Walmsley (newsletter@ritchie-league.com)

Hall Manager: Dominique Moquin (inquiries@ritchie-league.com)

AGM Aug. 26: what's in store

Should Ritchie Community League expand its western border? That's a question you'll be asked at the AGM Aug. 26. The meeting will be held in-person at Ritchie Hall at 7 p.m. (doors open 6:30 p.m.) Only members living in the neighbourhood may vote, but memberships will be on sale prior to the meeting.

The board's recommendation is RCL's western boundary extend to 103 St. from 102 St. in anticipation of an influx of new residents at a proposed development south of the historic rail station (the area is not currently served by any league). This requires a bylaw change, voted on by the general membership. If successful, it will be the first time Ritchie has "grown" its physical footprint since inception in almost 100 years.

Of course, you'll also be asked to elect the 2021-2022 board of directors. League members from Ritchie may stand for election, nominate others and, of course, vote. The roles of the various directorships are detailed on the league's website. Besides the four executive positions (president, vice-president, secretary and treasurer), there are various directorships, overseeing the league's activities and reflecting the interests of those elected. This past year, the executive was assisted by 14 directors: casino, civics, communications, community engagement, events, facilities, green initiatives, hall revitalization, membership and volunteers, programs, soccer, rink and two directors-at-large.

Welcome to Ritchie!

In three short weeks this summer, community member Kristy Lundstrom worked with Ritchie Community League, local businesses and various city departments to fundraise and have painted two Ritchie crosswalks with Pride colours.

The \$6,000 raised (including a \$550 contribution from RCL) ensure that these crossing at 76 Avenue and 96 Street (Four Corners) will be refreshed again next year, demonstrating that all people are welcome in our neighbourhood. Way to go Kristy!



Tahto awâsis asitakimâw

Ritchie Community League's hall sign this summer highlighted the collective and personal responsibility we each have to reflect on our relationship with our treaty neighbours of Indigenous heritage.



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