

COMMUNITY VIEWS

Serving the community leagues of
Blue Quill, Heritage Point, Twin Brooks & Yellowbird



March 2017

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TBCL Winter Carnival

On Saturday February 11, 2017 Twin Brooks held it's annual Winter Carnival.

What a fun time had by all who attended. There was ice skating, tobogganing, sleigh rides, maple sugar shack, movies for the kids, snacks, beverages, and more. Lots of laughter, and cheer. "So glad to see the community come out today and enjoy the beautiful weather and activities. See you next year!"

Deana De Roche



NEIGHBORHOOD GARAGE SALE

Blue Quill Community League
11304-25 Avenue

Saturday, May 6th, 2017

10am to 3pm

Tables are \$30. Call 780-438-3366 or email bqcladmin@bql.org to reserve!

HERITAGE POINT COMMUNITY LEAGUE

Privileges/Benefits of Membership

- A great way to meet your neighbors and make friends
- Educational programs and recreation opportunities
- Skill development workshops and learning opportunities
- Social and programs for cultural gatherings
- Special events, parties and activities for the whole family, neighbors/neighborhoods
- Become a board member and help guide your community development (free membership card)
- Access to other communities hall rentals (members get reduced ticket rates on hall rental), tennis courts, and basketball courts
- Free skating on any outdoor Community League rink across the City
- Free community skating and swimming at City Leisure/Recreation Centers
- Community League Members receive discounts at any City of Edmonton Leisure, Sports and Fitness Facility. This includes a 20% discount on Annual Passes, 20% discount on Continuous Monthly Passes and 15% discount on Multi Admission Passes (5+ visits) (more info at www.edmonton.ca/wellness)
- Free summer swimming at outdoor pools
- Sport participation – soccer, hockey
- 25% off the regular adult ticket price at Jubilations
- Development and enhancement of local parks, playgrounds and facilities
- Input on neighborhood opportunities, issues and challenges
- Neighborhood watch and safety programs that reduce crime
- Recognition of volunteerism and community service
- Having neighborly fun

Yellowbird Soccer Volunteers needed



Attention Yellowbird Soccer

Did you know you can fill your volunteer requirement BEFORE the season begins? Yes!

We are currently looking for volunteers to help out with a variety of small tasks in advance of the soccer season.

Your contribution counts towards your volunteer requirement, and also helps keep Yellowbird Community soccer thriving for our kids.

Contact soccer@yellowbirdcl.com for more information.

City of Edmonton Canada 150 Grant

Google the title for more detailed information. Grants will be awarded to qualifying non-profit organizations in Edmonton.

When is the application deadline?

- March 15, 2017

Eligibility:

To be considered for a City of Edmonton Canada 150 sponsorship grant, organizations must be:

- Edmonton-based, Not-for-profit organizations in good standing and have been registered 1 year prior to application deadline, have insurance.



What types of events are eligible?

- Events that take place between December 31, 2016 and December 31, 2017, that bring community members together with a primary focus on celebrating Canada's 150th anniversary of Confederation, festivals, parades and special events, free admission, open to the general public, family-friendly entertainment and activities, foster national and/or civic pride, hosted within the City of Edmonton boundaries

Sponsorship Details

- Minimum sponsorship grants of \$500 and maximum amount of \$5,000

Ineligible Organization and Events

- Government, for profit organizations, Stand-alone events, events that require membership or adherence to a particular faith to participate, Performances, exhibitions or activities that promote or incite racism, hatred or violence

For more details you can contact your local Community Recreation Coordinator



Spring Garage Sale Day

Mark your calendars! Yellowbird's Annual Garage Sale Day will be held:

Saturday June 3

9 am - 3 pm

Watch our website for more information.



Blue Quill Community League

Serving Blue Quill, Blue Quill Estates, Skyrattler & Sweetgrass

The BQCL Community Hall is located at 11304 - 25 Avenue, Edmonton, AB, T6J 5B1 (780)438-3366

BQCL Board Members	
POSITION	NAME/EMAIL
President	Travis Ball president@bqcl.org
Vice-President	VACANT vicepresident@bqcl.org
Treasurer	Andrew Happer treasurer@bqcl.org
Secretary	Tim Battle secretary@bqcl.org
Past President	VACANT pastpres@bqcl.org
Civics	VACANT civics@bqcl.org
Facilities	Fahad Mughal facilities@bqcl.org
Fundraising	Richard Hughes fundraising@bqcl.org
Memberships	Linda Louden membership@bqcl.org
Programs	VACANT programs@bqcl.org
Publicity	Ray Bessel publicity@bqcl.org
Social	Felice Bassie social@bqcl.org
Sports	Janice Quinn sports@bqcl.org

The Blue Quill Community League serves the neighborhoods of Blue Quill, Blue Quill Estates, Sweet Grass and Skyrattler. Anyone living in one of these areas is welcome and encouraged to become a member.

Your BQCL membership benefits include:

- Eligibility to enroll in any of our programs such as soccer, martial arts, basketball, playschool, tennis (program fees are required for each program)
- Reduced rental rates at the BQCL hall
- Use of the BQCL tennis courts
- Free skating on any outdoor community league rink (always take along your skate tags)
- Free indoor skating at Confederation, Kinsmen, Millwoods, Southside & Tipton arenas
- Free Swimming at Confederation Pool (Saturdays and Sundays from 16:00 - 17:30 year round).

Membership fees are \$35 per family, \$25 single, and free for seniors. You can purchase memberships online at bqcl.org, in person at the hall, or call (780)438-3366 for more information.

Blue Quill Board Positions Available

Do you have talents you're willing to put to use? Would you like to contribute to the well-being of your community? Want to make new friends and learn about neighbourhood events?

If so, why not consider a board position with the Blue Quill Community League? If you're interested in learning more, contact Travis Ball at president@bqcl.org or call Kathryn at the Blue Quill office: 780-438-3366.

Positions needing to be filled are:

Program Director – duties primarily include general supervision of all programs of the League using the facility on a regular basis.

Civics Director – acts as the liaison with Edmonton Federation of Community Leagues, South West Area Council and City Council, and chairs Ad Hoc Committees relating to specific development issues.



Blue Quill Hall Rentals



One of the largest in the City, the Blue Quill Community Hall is available for functions on Friday evenings, Saturdays and Sundays.

There's a large main hall, complete with a full-sized kitchen, that can hold up to 205 people for events that are licensed or have food present. The capacity of this room is larger for events without food or drink - please inquire. Three smaller rooms are also available - upstairs loft and two in the basement.

Located in South Edmonton just off of Saddleback Road and 25 Avenue, the BQCL Hall is easily accessible from 111 Street or 23 Ave. We have PLENTY of parking.

The Main Hall and Kitchen can be rented for \$525 per day, or \$90 per hour. **BQCL members receive discounted rates of \$425 per day and \$60 per hour!**

The upstairs loft at BQCL is an ideal meeting space as it can accommodate up to 60 seated and has tables, chairs, a sink and full A/V services (projector, screen, laptop video/audio hook-ups, satellite, blu-ray player).

This space can be rented on a weekday evening for \$85 (non-member) or \$75 (member). Weekend rental rates are the same as other rooms in the hall (\$75 per hour for non members and \$40 per hour for members).

The outdoor rink can be rented by BQCL members only. A rental fee of \$50 per hour applies for a minimum of 2 hours. An extra \$50 fee applies if the ice needs to be cleaned/flooded beforehand. The flooding will need to be coordinated with the schedule of the rink attendant.

Smaller rooms can be rented for \$90 per hour. **BQCL members receive discounted rates of \$60.00 per hour!**

To rent the hall, send an email to rentals@bqcl.org or call (780) 438-3366, and leave a message telling us when you'd like to rent the hall (think of giving us 2 preferred dates) and where/when we can get in touch with you.

If interested, you can arrange a viewing with the BQCL Hall Representative.

BQCL TENNIS

Adult lessons:
Tuesday 6:00-7:00
Thursday 6:00-7:00

Kids lessons:
Monday: 6:00-7:00
Wednesday: 6:00-7:00
Friday: 6:00-7:00

Tots lessons:
Monday 4:00-5:00
Saturday 1:00-2:00

Private Lessons:
\$10/hr Group
\$15/hr Private



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Info@rutherfordphysicaltherapy.ca

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(July & August)

Taekwondo

Field Trip

Kumdo

Indoor Soccer

Gym Activities and more

Kindergarten to Grade 6 <Transportation Is Provided>

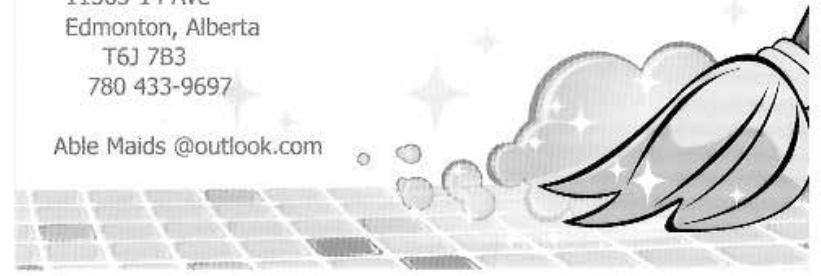
BEFORE & AFTER SCHOOL PROGRAM **780.439.4391**

2503 Ellwood Dr. SW (Sejong Multicultural Centre) Edmonton / skytaekwondo.ca

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Edmonton, Alberta
T6J 7B3
780 433-9697

Able Maids @outlook.com





Winter Belly Dance

**Blue Quill Community League
(11304-25 Avenue)**

February 2 - April 13*

(10 Thursday classes, *no class Mar 30)

Level 1 or Level 2 @ 6:30-8:00 pm

\$150 league members / \$185 non-members

**To register: Vanlee - 780-907-0477
contact@sistersofthesahara.com**

Bellydance Level 1

An introduction to bellydance that is suitable for all ages and body types. Students will learn the proper posture and acquire a repertoire of moves such as hip circles, hip bumps, snake arms, shimmies, and many more that focus on developing muscle control, balance, and strength. All moves are broken down into easy to follow steps and repeated in each class. The class consists of warm up, drills, instruction and practice, and cool down. A short choreography is taught in the latter classes allowing students to utilize belly dance moves to music and learn how to transition between moves.

Bellydance Level 2

A continuation of Level 1 with added exploration of complex hip movements, layering, isolations and combinations including new moves such as the % shimmy and variations of the figure eights. Introduction to finger cymbals (zills) and additional uses of the veil.

LET THE MUSIC MOVE YOU

Barre Body Sculpt

Tuesdays 8:00-9:00pm

February 7th - March 28th, 2017

(8 sessions)



Bender Barre is a "Barre None" approach to the popular Barre classes infusing ballet, yoga, pilates, and strength conditioning to give you a very effective and safe workout good for all levels of fitness. This is the perfect fitness class to end your day and leave you feeling lengthened and conditioned.

(Please bring a yoga mat and/or a towel – All levels welcome)

**Classes are \$80 for Blue Quill Community League members -
\$95 for non-members**

For more information, contact:

Lisa van Vliet p. 780.935.3058
e. lisawelcomesyou@shaw.ca
w.lisavanvliet.zumba.com
f. www.facebook.com/movewithLisa

To register, contact:

Blue Quill Community League
p. 780.438.3366
w. bqcl.org

BLUE QUILL SHITO-RYU ITOSU-KAI

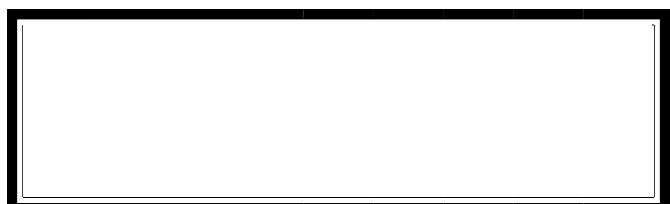


Teaching in CANADA for over
50 years and in EDMONTON
for 37 years

Children, Teens and Adults

Lean an Authentic Style of Karate

Our instructors are among a select few in Canada who have received their BLACK BELT certification from Japan and are currently registered with the FEDERATION OF ALL JAPAN KARATE-DOH ORGANIZATIONS (F.A.J.K.O.). This is the only governing body for Karate recognized by the Japanese Government.



- 12-class semester is only \$100 for members of the Blue Quill Community League, (*non member rate available*)
- Winter Semester runs January 18 - March 29
- A great class for beginners, adults, kids and families!

We welcome beginners and returning students,
Adults, Children and Families

JOIN KARATE!

Join with us,
learn something new,
have fun!

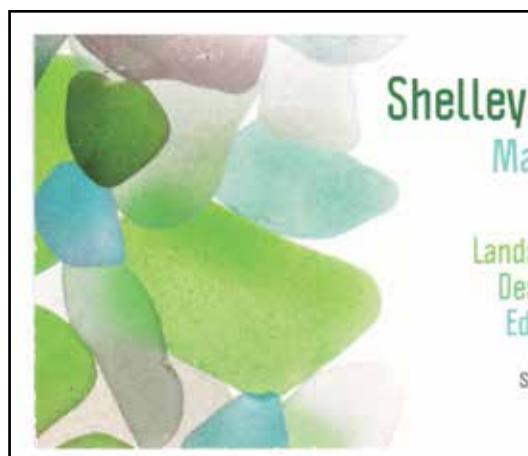
AlbertaKarate.com

YOGA

RUTH'S HATHA YOGA AT BLUE QUILL - Hatha yoga class 9-10 Wednesday mornings is suitable for beginners and those more experienced with yoga. Come discover the rhythms of breath and calmness of mind through yoga.

RUTH'S CHAIR YOGA AT BLUE QUILL - Join this gentle yoga class 10:15-11:15 Wednesday mornings. This class is designed for seniors or those with mobility issues. We will use chairs to keep the body aligned while gently stretching.

BOTH CLASSES start January 11. Blue Quill Members \$80 for 8 week class. Non-members \$95.00 for 8 week class. Seniors Community membership is free. Call Ruth for more information and to pre-registration 780-237-6730 or ruthe.sjoberg@gmail.com Hope to see you there.



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for a quote

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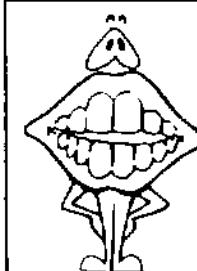


4 Surprising Benefits of Volunteering: Feel Healthier and Happier!

1. Volunteering connects you to others, meeting interesting people and making new friends!
2. Volunteering is good for your mind and body, as helping your community and others delivers immense pleasure. Human beings are hard-wired to give to others. The more we give, the happier we feel!
3. Volunteering can advance your career, as you learn and develop new skills!
4. Volunteering brings fun and fulfillment to your life; it can provide a renewed sense of achievement and purpose!

Volunteering as a family

Children watch everything you do. By giving back to the community, you show them firsthand how volunteering makes a difference and how good it feels to help other people and animals and enact change. It's also a valuable way for you to get to know organizations in the community and find resources and activities for your children and family.



HERITAGE
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Heritage Point Community League Outdoor Soccer 2017

ABOUT OUR PROGRAM

Heritage Point offers a spring outdoor community soccer program for children ages 4 to 18. Each week, U4 players have one game and U6 to U18 players have two games and may also have one practice (or more). Outdoor soccer usually begins the first week of May and ends late June, except for teams proceeding to post season play (U10 to U18) and may continue into July and August. Registration for outdoor soccer is held each February. You must have a Community League membership to register for outdoor soccer. For more information, please see below.

AGE GROUP INFORMATION

Age Group Birth Year(s) Playing Time(s) Fee Late Fee*

U4	2013	Saturday 10:00 am	\$85.00	\$50
U6	2011/2012	Mon/Wed 6:15 pm	\$115.00	\$50
U8	2009/2010	Tues/Thur 6:15 pm	\$140.00	\$50
U10	2007/2008	Mon/Wed 6:00 or 7:00 pm	\$150.00	\$50
U12	2005/2006	Tues/Thur 6:00 or 7:30 pm	\$160.00	\$50
U14	2003/2004	Mon/Wed 6:00 or 7:45 pm	\$170.00	\$50
U16	2001/2002	Thurs 6:00 or 7:45 pm & Sun	TBA \$180.00	\$50
U18	1999/2000	Tues 6:00 or 7:45 pm & Sun	TBA \$200.00	\$50

*On-time registrations will end on February 28 and late registrations will begin on March 1 and subject to a \$50 fee.

MEMBERSHIP AND PROOF OF RESIDENCY

You will need a current 2016-2017 HPCL Membership in order to register for this program. There are a couple ways to get a membership:

- Email membership@heritagepointcl.ca** (takes up to 2 weeks to get your membership card by mail), but our Membership Director can email your number to you so you can use it to register on-line for soccer.
- Purchase a membership online at www.efcl.org (print your card right away). Paypal fees will apply. Skate tags will be mailed to you.
- You will need to bring proof of residency in HPCL to the in-person registration session. This includes but is not limited to: a driver's license, utility bill or property tax assessment document showing your name and address.

STEPS TO REGISTER

Step 1 – On-line Registration

1. You must create a household account whether you are a coach or your child(ren) play and this can be done at www.emsoccerportal.com. An account can be created before registration opens. Please provide an email address in the registration that you check regularly as this is the primary method for us to contact you with changes to our program such as game times or field locations. If you created an account previously, you won't need to create a new one. Please check your account to ensure the information is up to date (i.e. emergency contact person and phone number).

2. On-line registration for the 2017 outdoor soccer program starts February 1. Once you complete the registration on-line, you will need to print off your registration from the registration portal (and the proof of payment if paid on-line).

3. You will need to attend a registration session (see dates below) and bring the following items:

- proof of registration (printed from the registration portal)
- individual payment cheque(s) for each child registered or proof of payment from on-line registration portal (fees will be deposited on February 28).
- proof of residence (driver's license, utilities bill, property assessment)
- proof of age of player (Alberta Health Care card, birth certificate)
- Community League membership card

- volunteer deposit cheque of \$200 (per family) postdated for October 31, 2017
- jersey deposit cheque of \$75 for U14 only postdated for July 31, 2017

All cheques are payable to: Heritage Point Community League
NO CASH OR BANK DRAFTS WILL BE ACCEPTED

Step 2 – In-person Registration Session

YOU MUST ATTEND ONE OF THE IN-PERSON SESSIONS IN ORDER TO COMPLETE YOUR REGISTRATION.

Please reserve approximately 30 minutes to submit your forms, pay applicable fees, show proof of membership, residency and child's age(s) and drop off volunteer deposit cheque.

Registration dates for ALL ages (U4 to U18) are:

Saturday Feb 25 9 am to 3 pm

Tuesday Feb 28 6 pm to 9 pm

Ellerslie Rugby Club, 11004 Ellerslie Road SW

FINANCIAL ASSISTANCE

If you require financial support to participate in this program, contact groups such as KidSport (www.kidsportcanada.ca/alberta/edmonton/) or Jumpstart (<http://jumpstart.canadiantire.ca/en.html>). If you are applying to one of these organizations, please add a comment in your on-line registration indication which group you are requesting assistance from. Funding will need to be approved by February 28 and you will be responsible for any remaining balance of the registration fee before your registration is complete.

VOLUNTEER REQUIREMENT

Our community soccer program is a volunteer-driven program and we rely on the contribution from members to make it a success. We ask that one parent/guardian per household with child(ren) participating in this program donate some of your time. There are many opportunities to help out both soccer and non-soccer activities with various time commitments. As part of the registration process, we ask for a \$200 volunteer deposit cheque post-dated October 31, 2017. Once you have volunteered for an outlined position, your \$200 volunteer cheque will be destroyed.

Specific volunteer roles are available for each age group and you can select the role that best suits your household during the on-line registration process.

Examples of volunteer opportunities:

- Soccer registration in February
- Soccer Coach/Assistant (no prior experience needed and training provided)
- Team Manager
- First Aid
- Communication
- Community League events - Halloween party, Community BBQ, Casino Fundraiser, and much more!

For more information about volunteering, please contact: soccer@heritagepointcl.ca** or volunteer@heritagepointcl.ca**

QUESTIONS OR CONCERNS

Contact Adam, our Sport Director, at sports@heritagepointcl.ca** Every effort will be made to respond within 24 hours.

For general inquiries, contact Anika, Program Administrator, at soccer@heritagepointcl.ca** or 587-591-2045.

**Please note our email addresses have been changed effective January 18, 2017.

Thank you for your cooperation.

Our program continues to be successful due to your commitment and support!



HPCL Loves Volunteers

Do you want to do something that is satisfying and of great service to your community? Do you want to have a direct say and support important community development issues? How about making new friends in a fun, educational and inclusive group?

Then become a Heritage Point Board volunteer!

Available Board Positions:-

Treasurer, Fundraising and Civics Directors

General Requirements:-

- Committed, organised, team oriented and self -driven
- Willing to act as Champion for your Community
- Excellent communication skills, creativity and inclusiveness in dealing with others.
- Minimum time commitment approx 5 hrs per week
- Attend monthly meeting and training sessions as required (no monthly meeting July/Aug)
- Help prepare, attend, and support various events/projects throughout the year

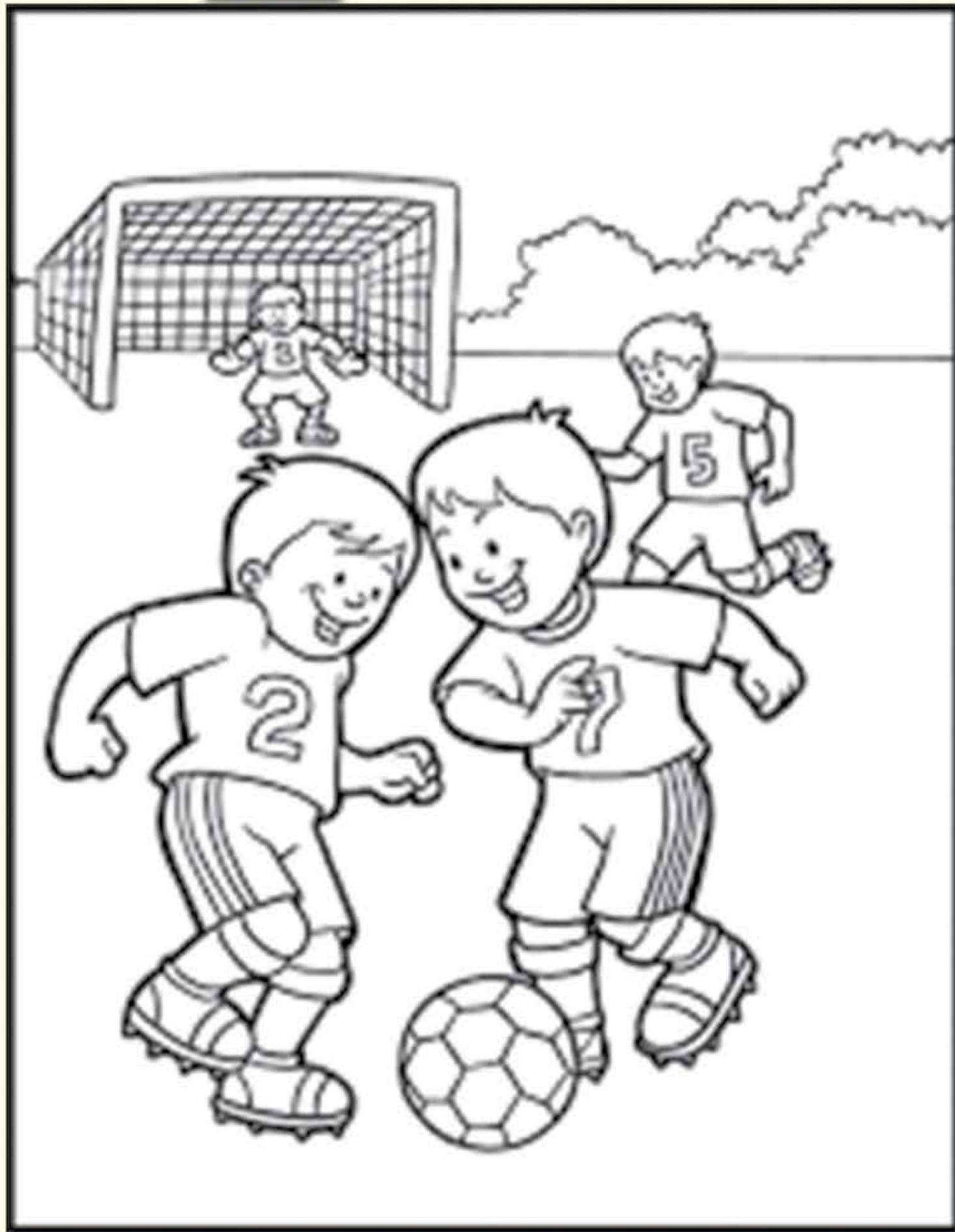
Benefits:-

- We provide general support/training
- You get to enjoy free food at our monthly meetings
- Share your skills but learn new ones too
- Make some new friends and gain new experiences
- Learn how communities are developed
- Be a part of our Volunteer Appreciation event
- Free HPCL membership
- Feel proud of making a difference for all in our Community

To find out more: - Contact Rhiannon Hoyle at president@heritagepointCL.ca



KC Trojan's Colouring Page.
Post on your screen door.





KC Trojans Soccer Association

Accepting registrations for
U5-U17 and adult teams
Tryouts
March 11-28
Register at
KCTROJANS.com



* Only for new registrants on U-9 to U-17 teams. A free backpack for your soccer journey and somewhere to put your kit. \$100 value.

KC Soccer will reveal a New Look in the Fall of 2017. The new look will give a better feel and love for the game and better ways to support your favorite elite club in your community!



Club soccer at its best!
Mom and Dads have asked
so we answer
U5 to U10 NO TRYOUTS
everyone gets a spot.



KC Trojans is a Premier Edmonton Club Soccer Association with a long-standing tradition of excellence. We offer a variety of child, youth and adult programs in addition to technical partnerships focused on skill development.





TWIN BROOKS

Community League

CHECK OUT ALL THE LATEST NEWS
AND INFO ON OUR COMMUNITY AT
TWINBROOKS.CA

Twin Brooks Board

President: Mike Lanteigne
Vice President: Vacant
Secretary: Gonzalo Zambrano-Narvaez
Treasurer: Irma Cooper
Membership: Kelly Cassault
Facilities: Mark Nesdoly
Sports: David Murray
Sports Assistant: Vacant
Programs: Alex Kandathil
Social: Monika Langer
Communications: Natasha Mitrovic
Volunteer: Shauna Nichols
Fundraising Coordinator: Vacant
Casino Volunteer Coordinator: Jamie Popowich

MEETINGS:
 Meetings held monthly September through June. Contact volunteer@twinbrooks.ca for times and locations.

Twin Brooks Community League
 11341-12 Ave NW
 Edmonton, AB T6J 6W8

Red Cross BABYSITTING & First-Aid COURSE Sponsored by Twin Brooks Community League Held at The Hall at 11341-12 Ave NW, Edmonton

*Saturday March 18, 2017
9:30am–5:30pm*

Do you want to babysit? Do you stay home alone?

If you are aged 11 or older you can get great job training, learning good babysitting skills, safety in the home, lots of First Aid and much more, in this fun, hands-on, one-day course.

For: GIRLS AND BOYS, AGES 11 AND UP (or 11 by end of March)
 Cost: \$125/participant or \$100 with a TBCL Membership
 Bring: Indoor Shoes, LUNCH, PENCIL, LARGE FLOPPY DOLL or teddy/bunny (must lay flat), a WATER BOTTLE, your mailing address

INCLUDES: The Red Cross Babysitters Manual

RED CROSS CERTIFICATE CARD ISSUED ON SUCCESSFUL COMPLETION

To REGISTER or for more information:
 Contact: _programs@twinbrooks.ca

The Community League Centre is available for rental requests for private events

Rental requests and enquiries for the facility or rink can be made by visiting <http://www.twinbrooks.ca/index.php/facilities/index>

RATES:	Members	Non-Members
Community Hall	\$300.00/ 8 hour day or \$140.00/ 4 hour ($\frac{1}{2}$ day)	\$420.00/ 8 hour day or \$220.00/ 4 hour ($\frac{1}{2}$ day)
	\$40.00/hour	\$55.00/hour
Damage Deposit:	\$250.00	\$250.00

Community Centre Features

- 1150 sqft of open space for multipurpose use
- Public washrooms, kitchen with outdoor concession window
- Outdoor patio
- Table (folding 6' and 8' rectangular) and folding chairs
- Occupancy Capacity – 99 people, 60 people seated

Message from the SIF group

With Twin Brooks Community League's continuous supports, the SIF program will continue to provide a variety of activities for not only seniors but also other age groups of residents in Twin Brooks and other southern communities.

Activities include:

1. Starting Feb 16, each Wednesday & Thursday,
 Aerobic fitness 12:00 - 1:15 p.m
 Socializing 1:15 - 2:00 p.m - everyone will be invited to stay, make tea, talk, play Mahjong, cards, board games, Ping-Pong when we raise enough \$\$ to buy a table, enjoy desserts / appetizers, either bought or home-made.
2. Weekly Dancing & Exercise Night, 7:00-9:00 pm, Wednesday in March (March 1, 8, 15, 22, 29), and April 18, 25, May 2, 9, 23, 30, June 6, 13, 20, 27
3. Every third Sunday 2pm to 5pm, SIF monthly activities (seminars, seeds/plants swap etc.)
4. A story telling/recording being designed in collaboration with City of Edmonton Library.

Same location: Community Hall.

Feel free to invite your family and friends to join us. Our program won't succeed without your participation. Our community won't be strong without everyone's involvement!



**TWIN BROOKS COMMUNITY LEAGUE
11341 - 12Ave NW
EDMONTON, AB - T6J 6W8**

Group Fitness Classes with i AM fitness

Winter Session: January 10 – March 17

Tuesdays 9am – Total Body Blast (60 min)
\$120 for the 10 week session, or only
\$110 when showing any community league membership card

&

Fridays 9am – HIIT (45 min)
\$105 for the 10 week session, or only
\$95 when showing any community league membership card

*** children welcome * all fitness levels ***

Save an additional \$10 when registering for BOTH classes
\$14/class cash drop in also available

**Visit iamfitnessyeg.com or text Christy at
780-966-1837 for more info!**

Beginning February 15th
Get your **2017-18 Season Pass** and Ride the rest of
THIS SEASON FREE!



*Plus all season pass holders get **SPECIAL DISCOUNTS** at Snow Valley Aerial Park - Opening May 2017



P 780 434 3991
Just off Whitemud Freeway on 119 Street

OPA! of Greece South Edmonton Common



Whether it's our fresh, delicious food or the smiling staff member who remembers your name, there are lots of reasons to love OPA! of Greece South Edmonton Commons. OPA! is all about fresh, authentic dishes prepared with simple ingredients. It's a cooking tradition dating back over two thousand years as they use only quality, real ingredients without artificial flavours or fillers. Because tradition is important—and fresh just tastes better.

Franchisees, Steve & Rima have lots of history in Edmonton and were the first to bring the OPA! brand to the Edmonton market. They opened their first Whyte Ave location in 2004 and because they loved the concept so much, they opened up two more locations, Phase 1, West Edmonton Mall in 2007 and the other at Southgate Centre in 2009. They are all about "Customer Experience" and that's what led to their great success. When a customer enters their establishment, their goal is to make that customer feel special and like they are at home. Drop by today, delicious, wholesome Mediterranean cuisine with outstanding customer service.

OPA! of Greece is one of the most highly recognized and widely loved restaurant brands in the country with over 90 locations across Canada. If you are looking for a perfect place to host your next family party or event, join them for lunch or dinner. They are located at South Edmonton Common, 2205 – 98 St NW and are open Mon-Sat 11-10 Sundays and holidays 11-8. Delicious reasonably priced food and friendly service.

For any catering inquiries, please call Steve at (780) 722-6550 or Rima at (780) 222-2708

OPA!
OF GREECE

NOW OPEN



**Join us to celebrate our
newest location in
South Edmonton Common
(next to Superstore)**

DINE IN • TAKE OUT • CATERING
2205 - 98 Street NW (780) 439-0832
opasouvlaki.ca



Connect with your community at www.communityleagueneWS.com

**ZUMBA®
FITNESS IS
HERE!**

All Levels Welcome

ZUMBA FITNESS 2017 WINTER CLASSES AT TWIN BROOKS COMMUNITY HALL START JANUARY 21 AND RUN TILL MARCH 25 ON SATURDAYS 9:15-10:15 AM.

Come and join the class to get the following benefits of it:

- Crazy amount of calories burning
- Improved coordination
- Full body workout
- Improved heart health
- Mood boosting

Contact Natalia @ 780-394-5686 or visit Programs @ twinbrooks.ca for more details and registration. PRICE: 10 classes - \$80. 120\$ - not registered community members. Drop in - 10\$.

Twin Brooks Board of Directors Vacancy

Currently the Twin Brooks Community League is seeking a Facilities Director.

Position Title: Facilities Director

Authority: The board of directors is the legal authority for the community league.

Term of Office: Term of office is 2 years.

General Duties/Requirements

- A director is expected to be fully informed on community league matters and participate in discussions and decisions in matters of policy, finance, programs, personnel and advocacy.
 - Commit to the work of the organization.
 - Review the board's conduct and monitor its performance to ensure compliance with bylaws and policies.
 - Speak positively of the league and assist in developing and maintaining positive relations among the board, committees and communities to enhance the league's mission.
 - Orient new board members.
 - Prepare for and arrive on time for all required meetings.
 - Develop, monitor, review and approve all policies and other recommendations received from the board, its standing committees and staff.
 - Review the bylaws and recommend changes to the membership.
- Participate in the development of the league's organizational plan, annual review and budget.
- Approve the budget and other financial matters.
 - Prepare and present required reports at board meetings.
 - Prepare and present an annual report at the annual general meeting.

Responsibilities

- Responsible for all facilities (community hall, rink, basketball and tennis courts, playground, etc.)
- Oversees access to the community hall.
- Supervises building maintenance and repair.
- Manages rental to members and non-members (screens and approves tenants).
- Reviews condition of facilities.
- Maintains up-to-date building maintenance records.
- Advises league on maintenance and upgrades.
- Obtains estimates for maintenance, repair and upgrade work.
- Recommends upgrades to all facilities as required.

Casino 2017

Twin Brooks Community League is currently seeking volunteers to help with this years casino. This years casino location is Casino Edmonton 7055 Argyll Road. The funds that are raised during these two days will go to delivering programs, services and new community projects such as the new playground/park development. We need your help in filling these important positions.

**if you are a soccer family and looking to fill your volunteer commitment this is a great way to do so.



SIGN UP ON LINE at <https://www.volunteersignup.org/88QFX>
The following are the dates, times and shifts that need to be filled.

Thursday April 13, 2017

Day Banker- Shift: 900am - 700pm
General Evening Manager- Shift: 615pm - 400am
Evening Banker- Shift: 615pm - 400am
Cashier 3- Shift: 630pm - 315am
Cashier 4- Shift: 630pm - 315am
Chip Runner 4- Shift: 630pm - 315am
Count Room- Shift: 1030pm - 330am- need 3 people

Friday April 14, 2017

Cashier 1- Shift: 9:30am - 7:15pm
Chip Runner 1- Shift: 9:30am - 7:15pm
Cashier 4- Shift: 6:30pm - 3:15am
Chip Runner 4- Shift: 6:30pm - 3:15am

Soccer Registration is Currently Open....

- OPENS FEBRUARY 1, 2017 ONLINE MUST REGISTER ONLINE BEFORE ATTENDING A PAYMENT SESSION (some communities like Twin Brooks will provide a computer for some)
- MUST REGISTER IN YOUR OWN COMMUNITY IF YOU WANT TO TRANSFER THE PORTAL WILL ASK WHERE AND WITH WHO CLEARLY STATE THE PLAYERS OR COACHES AND WHAT COMMUNITY THEY LIVE IN TO BE "CONSIDERED" FOR A TRANSFER
- MUST SHOW UP AT A PAYMENT SESSION IN THEIR HOME COMMUNITY (Heritage Point and Blackmud Creek will take all payments and registrations direct)
- MUST PRODUCE PROOF OF RESIDENCY CURRENT UTILITY BILL, 2017 TAX ASSESSMENT ETC. SOMETHING THAT IDENTIFIES THE FAMILY REGISTERING IS CURRENTLY LIVING IN THE COMMUNITY
- PROOF OF AGE FOR THE PLAYER
- MUST BRING REGISTRATION FEE, UNIFORM DEPOSIT, VOLUNTEER DEPOSIT CHEQUES PER PLAYER (I know some communities do this differently some accept cash and some will have paid online but parents showing up with 3 cheques per player will not hurt anyone trust me)
- MUST HAVE A CURRENT COMMUNITY LEAGUE MEMBERSHIP (this could change at the EMSA AGM but for now this is the rule)
- EACH FAMILY MUST VOLUNTEER OR FORFEIT THEIR VOLUNTEER DEPOSIT CHEQUE
- IF YOU ARE PLANNING TO COACH PLEASE BRING TWO PIECES OF GOVERNMENT ISSUED ID TO COMPLETE YOUR POLICE INFORMATION CHEQUE. (they expire every two years but better just in case have them prepared)





yellowbird East

Community League

Hall Rental

YECL offers a bright window lit hall with an adjoining kitchen, bar and outdoor patio. Folding chairs and 5-ft circular tables are available for use.

10710 - 19 Avenue NW

Friday, Saturday, Sunday

Non-members \$500 per day/\$75 per hour

Members \$450 per day/\$60 per hour

Deposit: same as fee

A multi-purpose room or furnished board room may be rented separately for smaller groups. Please call Connie at 780-438-1318 or email office@yellowbirdcl.com for more information.

YECL Board Contacts

President: Michael Karpow

president@yellowbirdcl.com

Vice President, Executive: Anne Hudson

vicepresident@yellowbirdcl.com

Vice President, Operations: Julie West

editor@yellowbirdcl.com

Memberships: Erin Rothwell

memberships@yellowbirdcl.com

For full board listing, see our website: yellowbirdcl.com

Find us on Facebook: <http://www.facebook.com/YellowbirdCL>

Spring Garage Sale Day

Mark your calendars! Yellowbird's Annual Garage Sale Day will be held:

Saturday June 3

9 am - 3 pm

Watch our website for more information.

Join the Board!

Have you ever wondered who plans our amazing events? Or who makes sure we have ice to skate on every winter? Or who runs the Facebook page?

Join our board of fun-loving directors and meet the people who work to keep our neighbourhood vibrant!

Meetings are held on the second Tuesday of each month at 7 pm.

See you there!

Yellowbird Outdoor Soccer

Questions about registration? Find out at yellowbirdcl.com/soccer



Community Garden

The Yellowbird Community Garden will be starting to prepare for spring soon!

Are you interested in joining us this year?

Let us know!
garden@yellowbirdcl.com



**Volunteer Workers
Needed for all Positions**

Casino Edmonton
7055 Argyll Road
Edmonton T6C 4A5

Wednesday May 3 & Thursday May 4, 2017

Volunteer Worker Positions

Bankers • Cashiers • Chip Runners

Count Room Staff • Alternate General Managers

No experience necessary. Training provided for all positions. Volunteer worker must be 18 years of age. Meals & snacks provided free during your volunteer shift. Make it an outing / "date night" - work a volunteer shift with friends / spouse / teammates.

EMAIL: [casino@yellowbirdcl.com](mailto:casinocasino@yellowbirdcl.com) PHONE: Cheryl 780-436-2407

Banker Controls cashiers cage float of chips & cash. Uses computer system.

Cashier Cashes in chips for players and makes change. Not recommended for colour-blind volunteers.

Chip Runner Responsible for carrying chip orders (requests) to & from casino game tables. Must be able to carry 5-15 lbs / 2-6 kgs. Operates hand held computer.

Count Room Supervisor Records cash count and game wins & losses. Not required to handle cash or chips. Inputs information into computer.

Count Room Staff Empty, sort, count, record the contents of the table game cash boxes. Cash handling skills are beneficial. Counting machines are used to actually count money.

Alternate General Manager Supervises all aspects of the casino volunteers. Fills in for any position during volunteer breaks.

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Parents and Tots Playgroup

This fun cooperative-run morning happens on:

Tuesdays, 8:45am-11:00am

We operate on the school calendar year. Join us for socializing, play, a snack for the little ones and chocolate for the Moms, Dads, or Caregivers. There is a small fee of \$2.50 per child required and your current Community League Membership. Hope to see you there!

We are also looking for those individuals interested in helping with the operating of playgroup to keep this great program operating. Those interested in finding out more about volunteering their time in this rewarding program please contact Barbara Petrunia at barbara.petrunia@gmail.com.



KEHEEWIN GIFT & CRAFT FAIR

Keheewin's Parent Society is excited to bring you our third fundraising gift and craft sale.

- All Welcome
- Admission is FREE
- Door Prizes (min. \$20 value)

A great selection of unique gift items, jewelry & accessories, art & décor, as well as high quality products for you and your home from popular home-based businesses.

Please come out and help us make this a successful event.

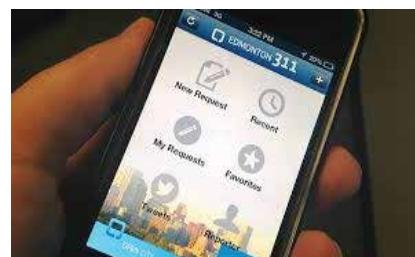
**March 16, 2017 1pm – 6pm
Keheewin School Gym, 1910 105 St**

Free Community Swim for Members

Every Sunday at William Lutzky YMCA from 3-5 pm. Show your community league membership card at the door. Free access to YMCA indoor playground from 3-5 pm on Sundays.

Yellowbird Yoga

7:00pm - 8:15pm
Class designed for beginners through more advanced. Investment for 6 week session is \$75.00. Contact Ruth at 780-237-6730 for info and to register.



Dipping Into Online Knowledge

Surfing online can help you navigate parenthood, changing relationships and your family's health. Here are some of the benefits of connecting online:

Find (reliable) knowledge

From your child's developing brain to his budding literacy skills, you can learn all about his development and health online.

Tapping into such information—and 60 per cent of new moms do—can help you understand what's normal and when to get professional help.

"Take many things you find online with a grain of salt," says Michelle Hagen, AHS manager of social media. She encourages advice-seeking parents to consider the sources.

Look for familiar and reliable sources such as government agencies, health providers, education and non-profit organizations with current information.

Sites such as Health Canada, My Health Alberta and Apple Magazine have carefully reviewed evidence-based information.

Regardless of where you find it, online information is never a substitute for speaking with a health-care professional.



The Yellowbird East Community League wishes to Thank all the volunteers, and board members for their contributions and efforts for our Family Day Event.

Yellowbird Governing Council sends a huge

Thank you

Our Family Day Event was a huge success because of those volunteers and to the following community members. Here are some of the few:

- The Local Latter Day Saints volunteers and LDS Elders and Sisters--Great Chili and hot chocolate and cookies!;
- The Yellowbird Girl Guides and 199 Yellowbird Scout group-- cooking bannock, helping with the fire set up & warming fires;
- **Above and beyond honorable mentions: Anne, Shawn, Susan , Janice, Cheryl, Julie, Heather, Murray, Barbara, Tim, Craig, Connie, Adam, Helen, Angela, Randy, Graeson, Roger, Daryl, Bruce x 2, Becca, Cheryl F.** --your tremendous efforts made it happen!
- Thank you to our Rutherford MLA Richard Feehan and Cllr. Michael Walters for attending the event to meet the residents.

The balmy temperatures drove our Yellowbird Family Day Event to new attendance heights! We experienced our most enthusiastic attendance to date. Thank You to all community members who attended and made it a memorable day for the community. A special Thank You to South West Area Council for their support and sponsorship of Yellowbird Community Family Day Event. See you all next year!

On behalf of the Yellowbird Governing Council,
Sincerely,

Michael Karpow
President
Yellowbird East Community League



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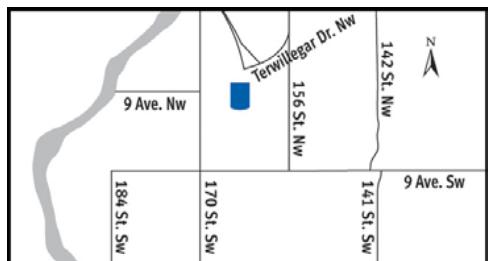
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Drop by or call to make an appointment today.

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Tel: **780-448-6678**



Monday: 9:00 - 5:00
Tuesday: 9:00 - 5:00
Wednesday: 9:00 - 5:00
Thursday: 11:00 - 8:00
Friday: 9:00 - 5:00
Saturday: 9:30 - 3:00
Sunday: Closed
Bank Holidays: Closed



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