

# NORTHEAST VOICE

*Serving the community leagues of Evansdale, Kilkenny, Londonderry, McLeod, Northmount, Steele Heights*

Dec 2017/Jan 2018



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## The 25th Annual Stan Gantar Memorial Tournament

January 26 to February 4, 2018

Planning for the annual outdoor hockey tournament is well underway. Thirty-two teams from Novice through Bantam of all skill levels will play a total of 64 games on the two outdoor ice rinks at Kilkenny Community League. This Tournament is intended to promote friendship and encourage sportsmanship and fair play through participation in hockey. For those of you who do not know of the Stan Gantar Memorial Tournament, it is one of the longest running, all-age-group hockey tournaments in Edmonton. It is anticipated by many hockey organizations from across the city and surrounding area. The tournament is held as a tribute to the late Stan Gantar who was always prepared to help in the community programs no matter if it was pounding nails to build the first rink shack (a garage), making ice, caretaking, helping to tie the children's skates, sitting on the Community League or Sports Club executive, to assisting or coaching children in both hockey and soccer. Stan passed away, July 5th 1990.

We trust that everyone will find the Tournament refreshing after a good Minor Hockey Week and that the players will grow through the experiences of renewed or newly made friendships, exhibiting good sportsmanship, and striving to reach for the ultimate goal of fair play in life as well as sport. We encourage the community and our friends to come out and share in the Cougar Spirit and enjoy some great outdoor fun! As usual, in addition to the hockey games we have a great Concession, Raffle Table and 50/50 draws. As mentioned, this tournament will feature 32 teams from the hockey program with children ranging in age from 5-17 years; the majority will be under the age of 11. Some 480 kids will be directly involved. Please note that games are scheduled on weeknights as well as weekends over the course of two weeks so it is geared to teams within a one-hour travel distance. All teams play four games.

We are currently looking for corporations and local businesses that could possibly help in the following ways:

Category Sponsorship (4 teams) by providing some of the following: items for treat bags, such as vouchers, coupons, posters, lapel pins, flags, pencils. Category Trophy (remains with Tourna-



ment-sponsor prominently acknowledged) Contribution towards the purchase of individual souvenir token (60 required) Hosting one round of refreshments for the players and coaches (72 required) Door Prizes- Appropriate for children Raffle Prizes

Tournament Sponsorship-similar to category sponsorship but allowing for distribution of items provided to 480 participants. Possibly some of your present promotional materials might be appropriate.

Sponsorship through advertising- in the Souvenir Program that will provide your business with direct exposure to some 3000 persons in the community.

The Stan Gantar committee would appreciate your consideration of any of these areas of sponsorship. All sponsors will be formally recognised in both the Souvenir Program as well as on site on our Sponsorship board.

To register a team, discuss sponsorship or any other inquiries, please contact 780-475-7915 or email [outdoor.hockey@gmail.com](mailto:outdoor.hockey@gmail.com) or check the Kilkenny Website for updated information at [www.kilkenny.ab.ca](http://www.kilkenny.ab.ca)

### Upcoming Events in Northeast

#### Dec:

1-8: McLeod Community Winter Green Shack  
2: Children's Christmas Party at McLeod  
2: Arabic Family Storytime at EPL McConachie; 4pm  
8: Free Movie Night at McLeod; doors at 5:30pm  
10: Practice English at Your Library at EPL Londonderry; 1:30pm  
12: Christmas Concert at NESA; 1:30-3:30pm  
15: Sing, Sign, Laugh, and Learn at EPL McConachie; 10:30am  
20: Free Community Christmas Dinner at McLeod; doors at 5:30pm  
20: Baby Laptime at EPL McConachie; 2pm  
31: New Year's Eve Dinner and Dance at NESA

#### Jan:

6: Arabic Family Storytime at EPL Londonderry; 4pm  
6: Newcomer Skate at McLeod; 1-3pm  
17: Music Makers at EPL McConachie; 4pm  
17: Free Movie Night at Kilkenny  
20: Del Golinowski 3-on-3 Hockey Tournament  
26: Free Movie Night at McLeod; doors at 5:30pm  
26: Teen Gaming at EPL Londonderry; 4pm  
Jan. 26-Feb. 10: Stan Gantar Hockey Tournament at Kilkenny

If you have an upcoming event that you would like to see on this list, please e-mail [secretary@mcleodcommunityleague.ca](mailto:secretary@mcleodcommunityleague.ca)

#### Feb:

2: English Conversation Circle at EPL McConachie; 1pm  
5: Sing, Sign, Laugh, and Learn at EPL Londonderry; 10:15am  
7: Sports Registration at McLeod  
27: Sports Registration at McLeod

### Location Addresses:

Centrepointhe Church – 5940 159 Ave  
Clareview Rec Centre – 3804 139 Ave  
Evansdale Hall – 14811 95A Street  
G Edmund Kelly Spray Park – 15005 79 Street  
Heritage Hall – 7406 139 Ave  
Kilkenny Hall – 14910 72 Street  
Kingsway Legion – 14339 50 Street  
Lago Lindo Hall – 17123 95 Street  
Little Mountain Cemetery – 16025 54 Street  
Londonderry Hall – 14224 74 Street  
Londonderry EPL – in Londonderry Mall  
McConachie EPL – 16607 50 Street  
McLeod Hall – 14715 59 Street  
North Edm Seniors Asscn (NESA) – 7524 139 Ave  
Northmount Hall – 9208 140 Ave  
Ozerna Park – 7010 158 Ave  
Steele Heights Hall – 5825 140 Ave



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- And Much, Much More!

**Upper Level, Northgate Centre**  
(Next to Food Court)

**780-474-KICK ext. 4**  
[osc@sungleetkd.com](mailto:osc@sungleetkd.com)



# Evansdale Community League News

Serving: Evansdale – Belle Rive – Eaux Claires

## Evansdale Community League Board & Committees

Address: 9111 - 150 Avenue, Hall Phone 457-0948

Mailing address: Box 71023 Northwood Mall Post Office, Edmonton, Alberta T5E 6J8

E-mail address: [www.evansdale.ca](http://www.evansdale.ca)

Jeff Muiselaar	President	780-478-1759	<a href="mailto:president@evansdale.ca">president@evansdale.ca</a>
<i>Vacant-volunteer today!</i>	Vice President		<a href="mailto:vicepresident@evansdale.ca">vicepresident@evansdale.ca</a>
Shawna Walsh	Past President	780-237-2169	<a href="mailto:pastpresident@evansdale.ca">pastpresident@evansdale.ca</a>
David Dodge	Director of Sustainability	780-478-6162	<a href="mailto:sustainability@evansdale.ca">sustainability@evansdale.ca</a>
Ray Costley	Soccer Director	780-660-4230	<a href="mailto:soccer@evansdale.ca">soccer@evansdale.ca</a>
Mazen Kaddoura	Treasurer		<a href="mailto:treasurer@evansdale.ca">treasurer@evansdale.ca</a>
Sue Harris	Credits	780-473-8796	<a href="mailto:credits@evansdale.ca">credits@evansdale.ca</a>
Jim Young	Secretary		<a href="mailto:secretary@evansdale.ca">secretary@evansdale.ca</a>
Elaine Sarac	Membership Director	780-476-7442	<a href="mailto:membership@evansdale.ca">membership@evansdale.ca</a>
Todd Sharkey	Hockey Director	780-238-3910	<a href="mailto:hockey@evansdale.ca">hockey@evansdale.ca</a>
Shawna Walsh	Bingo Director		<a href="mailto:bingomanager@evansdale.ca">bingomanager@evansdale.ca</a>
<i>Vacant-volunteer today!</i>	Program Director	780-905-4554	<a href="mailto:programs@evansdale.ca">programs@evansdale.ca</a>
Jim Ragsdale	Director at large		
Mai-Linh Huynh	Newsletter & Social Media	780-680-9408	<a href="mailto:newsletter@evansdale.ca">newsletter@evansdale.ca</a>
Jeff Muiselaar	Area 17 Representative	780-478-1759	<a href="mailto:pastpresident@evansdale.ca">pastpresident@evansdale.ca</a>
Nicole & Chris	Belle Rive Sign Volunteers		<a href="mailto:signs@evansdale.ca">signs@evansdale.ca</a>
Jim Young	Evansdale Sign Volunteer		<a href="mailto:signs@evansdale.ca">signs@evansdale.ca</a>
<i>Vacant-volunteer today!</i>	Eaux Claires Playground	780-641-6171	<a href="mailto:ecbr@evansdale.ca">ecbr@evansdale.ca</a>
Terri	Hall Rentals	780-478-4444	<a href="mailto:hallrentals@evansdale.ca">hallrentals@evansdale.ca</a>
	Skating Rink	780-478-2577	

## Hall Rental Information



Evansdale Hall 9111 150 Ave.

### Weekend rates:

Friday 12noon to Sunday 3pm

\$500 damage deposit

\$600 rental

### Friday/Saturday/Sunday

\$400 damage deposit

\$450 rental

### Monday – Friday

\$275 damage deposit

\$325 rental (\$150 members)

Use of dishes: \$100

Meetings: \$35/hour

References may be requested. Discounts available for community members of one year or more. Contact Teri at 780-478-4444 or [hallrentals@evansdale.ca](mailto:hallrentals@evansdale.ca).

## Memberships

Get your membership anytime! Membership makes you part of an amazing community of people who care about and help look after our community!

- \$25 family
  - \$10 single
  - \$10 seniors
  - \$15 single parent
  - \$15 couple with no children
- Contact Elaine Sarac at [membership@evansdale.ca](mailto:membership@evansdale.ca) or 780-476-7442 to get your Evansdale Community League membership. Please leave a message with your name and phone number. You can also buy memberships at the Edmonton Federation of Community Leagues website: [www.efcl.org](http://www.efcl.org)

### Benefits of Community League Membership

- Free community league swims:
  - o Londonderry Pool (14528 66 Street) Sundays 4:15-5:45 pm
  - o Grand Trunk Pool (13025 112 Street) Sundays 4:15-5:45 pm
  - o O'leary Pool (8804 132 Avenue) Saturdays 4 – 6 pm
- Discount on City of Edmonton annual wellness passes
- Hall rental discount
- Discounts for community league events and programs
- Play community sports such as soccer
- Receive emails of upcoming community events and programs

## Community Rink Opens December 2

The Evansdale community rink hours are as follows:

Monday to Friday: 6:00 pm to 9:00 pm

Saturday: noon to 9:00 pm

Sunday: noon to 6:00 pm

Rinks closes at -20°C including windchill. Please call 780-478-2577 to confirm schedule.

Skate tags are available by purchasing a community membership or presenting a valid community membership card. Those without tags will be charged \$3/adult and \$2/child or student.

## Proposed Development in Eaux Claires



A planning application has been received for land at 9503 157 Avenue NW to accommodate a high-density residential development (one 5-storey apartment building, two 14-storey apartment buildings, and a 12-storey hotel).

The development would have a maximum of 532 dwelling units with underground parking on site. Access to the development will be from 157 Avenue NW on the north side and 95 Street NW on the south side. More information about the application can be found at the City of Edmonton's website at: [https://www.edmonton.ca/residential\\_neighbourhoods/neighbourhoods/9503-157-avenue-nw.aspx](https://www.edmonton.ca/residential_neighbourhoods/neighbourhoods/9503-157-avenue-nw.aspx). The planning hearing date is scheduled for 2018.

The Community League would like to hear your views about this planning application. Please send your comments to Jeff at [president@evansdale.ca](mailto:president@evansdale.ca).

## Holiday Message from the Hockey Director

The 2017/18 hockey season is well underway! I hope all our Evansdale players, parents and coaches are having a very enjoyable hockey season so far! I'd like to wish all our Evansdale hockey family members a very Merry Christmas and Happy New Year in 2018! Please check the Evansdale website often for outdoor rink operating times. Evansdale offers a full size hockey rink and leisure ice for ev-

## Canada 150 Skating Party - December 10

On Sunday, December 10, 2017, let's skate from coast to coast to coast! Communities across the country are joining together in a nationwide skating party.

The Evansdale community rink will be hosting a free skate on Sunday, December 10 (no membership required, open to the general public).

The Edmonton Downtown Arena at 10330 105 Ave NW is also hosting a free public skate from 1-3pm.

## Casino Volunteers Needed for Feb 6 & 7

Would you like to work a casino position to earn a bingo bond (credit toward your next volunteer commitment)? Each shift is a double with the exception of the count room shifts which means if you work a double shift you will receive credit for 2 volunteer commitments.

Tuesday, February 6, Century Casino (Fort Road):

9:30am - 7:00pm - Cashier

11:00pm - 3:15am - countroom x 3

Wednesday, February 7, Century Casino (Fort Road):

9:00am - 7:00pm - Banker

9:30am - 7:00pm - Cashier

6:30pm - 3:15am - Cashier

11:00pm - 3:15am - Countroom x 2

If you have any questions please email Shawna at [coolwheelspl@hotmail.com](mailto:coolwheelspl@hotmail.com).

## Visit Our Website and Facebook Page

Get the latest information, our most recent newsletter, contact information and lots of other great stuff! Also get involved, join us on Facebook!

Website: [www.evansdale.ca](http://www.evansdale.ca)

Facebook Page: [www.facebook.com/evansdalecommunityleague](https://www.facebook.com/evansdalecommunityleague)

everyone's enjoyment. The snack bar is always open and Terry's hot chocolate is fantastic!

All the Best!

Regards,

Todd Sharkey  
Evansdale Hockey Director

# Kilkenny Community League News

## Hall Rental

Rates (Subject to change without notice, please email for more information.)  
Rental deposit is also required which is equal to rental amount.

### Times Auditorium Meeting Room Both

Weekdays/Weeknights

\$150 \$75 \$225

Fridays (after 5 pm)

\$400 \$100 \$500

Saturdays

\$550 \$100 \$650

Sundays

\$400 \$100 \$500

Two Day Wedding/

Gift Opening

\$750 \$100 \$850

Full Weekend

(Fri @ 5pm – Sun @ 6pm)

N/A N/A \$1000

Hourly Rate (3 hours or less)

\$35 \$20 N/A

Discounts available for those who hold a consecutive membership for a minimum two years with Kilkenny Community League.

For all Auditorium & Meeting Room rentals, please check our sidebar Calendar for availability and email [President@Kilkenny.ab.ca](mailto:President@Kilkenny.ab.ca).

## Election Results of Annual General Meeting

Thank you to everyone who came to the meeting in November. Thank you to all current executive who have renewed their commitment to the community for another year! Your efforts are appreciated!

President: Anna Taylor

Administration VP: Diana & Vitor Vieira

Sports VP: Darren Lashchowski

Treasurer & Area 17: Amanda Donald

Secretary: Anjoli Usman

Baseball Director: Charlene Deckert

Hockey Director: Kelly Peacock

Soccer Director: Amber Fink

Rink Manager: Terry King

Grant Coordinator: Dawn Mcormond

Memberships: Sheila Foster

Publicity: Sean Hanrahan

Email & Website: Liana Sousa

Committee Members: Open for members at large. We would like to host social/cards nights, movie nights, poker nights, ladies' nights, etc. If you could help with any one of these events or have other ideas, you would like to materialize-please let one of the executive know!

## Hockey & Skating

The Rinks are Open!! (But will be closed during inclement weather or if the temperature is below -20°C)

### Rink 1:

Public Skate Hours:

Monday – Friday: 5:00 pm – 7:00 pm (if there is no Hockey Practice, Public Skate will run 5:00pm – 9:00pm)

Saturday – Sunday: 12:00 pm – 5:00 pm

Closed: stat holidays

### Hockey Practice:

Monday – Friday: 7:00 pm – 9:00 pm

Please contact the rink during operating hours or email [IceRink@Kilkenny.ab.ca](mailto:IceRink@Kilkenny.ab.ca) to book your ice time

### Rink 2:

Public Shiny Hours (all abilities welcome!):

Monday – Friday: 5:00 pm – 9:00 pm

Saturday – Sunday: 12:00 pm – 5:00 pm

Closed: stat holidays

**Community League members: FREE**

(please ensure you have current skate tags)

Non-Community League members

Skating: Adult \$2.00, Child (12 & under)

\$1.00

Shinny: Adult \$3.00, Child (12 & under)

\$1.50

Ice rink rental: \$75.00/hour

Please contact the rink during operating hours or email [IceRink@Kilkenny.ab.ca](mailto:IceRink@Kilkenny.ab.ca) to book your ice time.

## CHRISTMAS!?!?!?

So soon?!?!? Don't have time for baking?? J.A. Fife School has you covered! In-Dey-Go frozen cookie dough is delicious, made in Alberta and has no preservatives! They have 3lbs tubs of dough, pre-portioned (48) pucks in a variety of yummy flavors! One more thing checked off your list all while supporting a neighborhood school! Please call the school at 780-476-0775 or email [fundraisingjafife@gmail.com](mailto:fundraisingjafife@gmail.com) for more information or order in person at the school at 15004-76 street.

## HAPPY NEW YEAR!!

January 1, 2018 from noon to 3pm, please join your community & neighbours for a free, outdoor family skate.



## Searching for Stan Gantar Memories and Alumni!!

This year marks the 25th Anniversary of the Stan Gantar Outdoor Hockey Tournament. As part of the Anniversary Event, the organizing committee is looking for photo or stories from the early years of the tournament. If you have any fond memories that you would like to share with the community, please contact the Stan Gantar Organizing Committee at [Outdoor.Hockey@gmail.com](mailto:Outdoor.Hockey@gmail.com) or call 780-475-7915. (E-mail recommended)

## Do you have a special celebration that you would like to announce??

You or someone you know celebrating an anniversary, birthday big or small, engagement, special achievement?? Team achievements, staff challenges, we would like to hear from you!! Feel free to send in a picture and the appropriate information and we will include it in the next newsletter!! Please send it to Sean, Kilkenny Publicity Director at [publicity@kilkenny.ab.ca](mailto:publicity@kilkenny.ab.ca).

## Message From Our New Ward 3 City Councillor

Greetings,

For those of you who have not had a chance to meet me, I'm Jon Dziadyk, your new Ward 3 Councillor. Being chosen to represent you in Council Chambers is an honour and I am thankful for the opportunity to improve our community.

The primary focus of my campaign was building stronger North Side communities and getting Ward 3 the attention it deserves. During the municipal race I knocked on thousands of doors and heard residents tell me time and time again that they are concerned about the state of our roads, parks, playgrounds and sidewalks.

Improving the North Side means we will need better planning. In my professional life I have worked as an urban planner and I believe the process should be focused on you, the resident of Ward 3. I am committed to engaging with the residents so I can understand how you want our community to develop.

Keeping open lines of communication is essential for this information sharing to be successful. That is why I will be attending

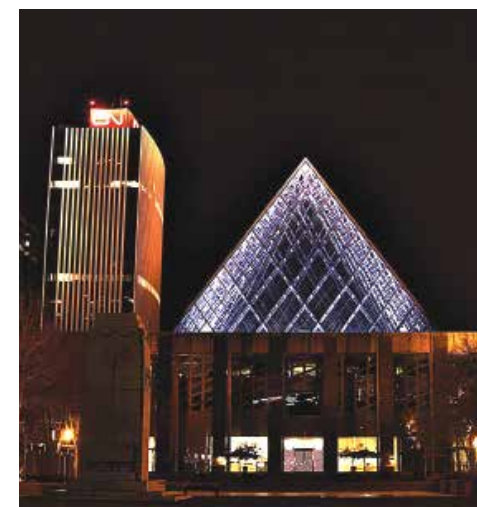
## Presidents Message:

The Stan Gantar Memorial Hockey Tournament will be celebrating its 25th year. The tournament is a tribute to the late Stan Gantar who passed July 5th 1990. Mr. Gantar was prepared to help in community programs no matter the task. He had a hand in the building of the first rink shack/garage. He was a magician with making the ice, caretaking, and helping children with their skates. Many remember Stan as being a part of our executive and assisting or coaching in both hockey and soccer. This Tournament has been run with assistance from the Kilkenny Executive, Area 17 Council, volunteers, coaches, players and major help from Anthony Pasini. We thank them all.

Please check Kilkenny website for more information.

Winter is coming lol. Please check our website to check hours for the community rink, and please be aware that wind chill does affect the temperature, impacting if the rink is open. The rink will be closed during the Hockey tournament Jan26-Feb 3 unless extended due to weather to Feb 10. We are looking for a Rink concession attendee, please contact Terry our Rink Manager. Spring Registration will be posted on our website and in the Voice.

Anna Kilkenny Executive President



community league meetings, community events, hosting "community office hours" and answering questions via social media, email and by phone.

I would love to hear from you. If you have questions or concerns about what you are seeing in our community please contact me: [jon.dziadyk@edmonton.ca](mailto:jon.dziadyk@edmonton.ca), or by phone at 780-496-8128.

Jon Dziadyk, Ward 3 Councillor



# Londonderry Community League

14224 74 Street NW, Edmonton, AB T5C 0Y3  
780-705-8201

Mailing Address: P.O.Box 70111, RPO Londonderry,  
Edmonton, AB, Canada T5C 3R6

## Londonderry Community Market

14224 - 74 Street NW

**Wednesday Evenings**  
**Join Us from**  
**4 PM - 8 PM**

*Have something you'd like to sell?*

**Interested Vendors**  
**Please Contact Angie**

**780-819-1214**

[president@londonderry.online](mailto:president@londonderry.online)

### Check these out at our market!

Perogies & Cabbage Rolls • Beef Jerky • Spice Blends  
Dressmaker & Alterations • Household Treasures  
Tacos & Burritos • Jams & Jellies • Breads & Buns  
Christmas Decorations



*Santa's Coming*  
*December 20th!*

## MORNING COFFEE GROUP



**Tuesday, December 12th**

**10:00 AM - 12:00 PM**

**Londonderry Community Hall**  
**Upstairs Social Room**

Have you made connections in your neighbourhood?  
Would you like to get to know your neighbours  
and create a more close-knit community?

Join us for free coffee or tea on the 2nd & 4th Tuesday of  
each month for an opportunity to meet new friends!  
*(No commitments, no sign-ups, no sales pitches!)*

Contact Helen at 780-475-6728

## VOLUNTEERS NEEDED

Londonderry Community League is looking for  
dedicated and enthusiastic volunteers to fill  
various board, committee and volunteer positions.

**Positions Needed**  
**Membership Director**  
**Sports Director**  
**Event Director**

If you or someone you know is interested, please  
contact our Secretary Beth, at  
[secretary@londonderry.online](mailto:secretary@londonderry.online) or our President  
Angie, at [president@londonderry.online](mailto:president@londonderry.online)

Londonderry Community League can only keep  
the doors open by relying on dedicated volunteers.  
*We need your help!*

## LONDONDERRY CRIB NIGHT

**Fridays @ 7:00 PM**  
**Dec 1<sup>st</sup>, 15<sup>th</sup>, 2017 \$5.00 per person**  
**Jan 12<sup>th</sup>, 26<sup>th</sup>, 2018 Singles welcome**

Upstairs Social Room  
Londonderry Community Hall  
14224 - 74 Street NW

### BINGO VOLUNTEERS NEEDED

Londonderry Community League  
is at Kensington Bingo on  
December 30  
January 29



**We need your help to keep going!!**  
Call Angie at 780-819-1214 or  
email [president@londonderry.online](mailto:president@londonderry.online)

**Londonderry  
Community League**  
**Hall Rental**

Check our website:  
[www.londonderry.online](http://www.londonderry.online)



# McLeod News

 [McLeodCL](#)  
 [@McLeodCommunity](#)  
14715 59 Street  
[www.mcleodcommunityleague.ca](http://www.mcleodcommunityleague.ca)

www.mcleodcl.ca   780-475-5712   Rink: 780-473-8993	
President	<a href="mailto:president@mcleodcommunityleague.ca">president@mcleodcommunityleague.ca</a>
Vice President	<a href="mailto:vp@mcleodcommunityleague.ca">vp@mcleodcommunityleague.ca</a>
Communications Director	<a href="mailto:communications@mcleodcommunityleague.ca">communications@mcleodcommunityleague.ca</a>
Membership Director	<a href="mailto:memberships@mcleodcommunityleague.ca">memberships@mcleodcommunityleague.ca</a>
Treasurer	<a href="mailto:treasurer@mcleodcommunityleague.ca">treasurer@mcleodcommunityleague.ca</a>
Secretary	<a href="mailto:secretary@mcleodcommunityleague.ca">secretary@mcleodcommunityleague.ca</a>
Sports Director	VACANT
Past President	<a href="mailto:pastpresident@mcleodcommunityleague.ca">pastpresident@mcleodcommunityleague.ca</a>
Grants Director	<a href="mailto:grants@mcleodcommunityleague.ca">grants@mcleodcommunityleague.ca</a>
Facilities Director	<a href="mailto:president@mcleodcommunityleague.ca">president@mcleodcommunityleague.ca</a>
Casino Director	<a href="mailto:vp@mcleodcommunityleague.ca">vp@mcleodcommunityleague.ca</a>
Soccer Director	<a href="mailto:soccer@mcleodcommunityleague.ca">soccer@mcleodcommunityleague.ca</a>
Baseball Director	<a href="mailto:baseball@mcleodcommunityleague.ca">baseball@mcleodcommunityleague.ca</a>
Softball Director	<a href="mailto:softball@mcleodcommunityleague.ca">softball@mcleodcommunityleague.ca</a>
Hockey Director	<a href="mailto:hockey@mcleodcommunityleague.ca">hockey@mcleodcommunityleague.ca</a>
Area 17 Representative	<a href="mailto:area17@mcleodcommunityleague.ca">area17@mcleodcommunityleague.ca</a>
Social Director	<a href="mailto:social@mcleodcommunityleague.ca">social@mcleodcommunityleague.ca</a>
Programs Director	<a href="mailto:programs@mcleodcommunityleague.ca">programs@mcleodcommunityleague.ca</a>
Community Safety Director	<a href="mailto:safety@mcleodcommunityleague.ca">safety@mcleodcommunityleague.ca</a>
Volunteer Director	<a href="mailto:volunteer@mcleodcommunityleague.ca">volunteer@mcleodcommunityleague.ca</a>
Youth Director	<a href="mailto:youth@mcleodcommunityleague.ca">youth@mcleodcommunityleague.ca</a>
Civics Director	<a href="mailto:mattberryrep@gmail.com">mattberryrep@gmail.com</a>
Miller Community Director	<a href="mailto:miller@mcleodcommunityleague.ca">miller@mcleodcommunityleague.ca</a>
Casselman Community Director	VACANT
Matt Berry Community Director	<a href="mailto:mattberryrep@gmail.com">mattberryrep@gmail.com</a>
Hollick-Kenyon Community Director	<a href="mailto:hkchair@gmail.com">hkchair@gmail.com</a>
McLeod Community Director	<a href="mailto:mcleod@mcleodcommunityleague.ca">mcleod@mcleodcommunityleague.ca</a>
Bingo Coordinator	<a href="mailto:bingo@mcleodcommunityleague.ca">bingo@mcleodcommunityleague.ca</a>
Hall Rental Coordinator	<a href="mailto:hallrental@mcleodcommunityleague.ca">hallrental@mcleodcommunityleague.ca</a>
Rink Volunteer	<a href="mailto:rink@mcleodcommunityleague.ca">rink@mcleodcommunityleague.ca</a>

## Mark Your Calendars for Upcoming McLeod Events

NOTE: Subject to change, please check current details on our website [www.mcleodcl.ca](http://www.mcleodcl.ca) or Facebook page: McLeod Community League.

November 13-December 8, 2017 – McLeod Community Winter Green Shack

Mondays and Wednesdays, 3:30-6:00pm & Saturdays 1:00-5:00pm  
Takes place outside next to the playground.

December 2, 2017 – Children's Christmas Party  
Email [social@mcleodcommunityleague.ca](mailto:social@mcleodcommunityleague.ca) for information and tickets.

December 8, 2017, doors open at 5:30pm – Free Movie Night  
Movie starts at 6:30pm, concession available.

December 20, 2017, doors open at 5:30pm – Free Community Christmas Dinner  
Presented by Connect Church, [info@connectedmonton.com](mailto:info@connectedmonton.com)

January 6, 2017 – Newcomer Skate at McLeod Rink 1pm-3pm  
Contact Jason for more information: [secretary@mcleodcommunityleague.ca](mailto:secretary@mcleodcommunityleague.ca)

January 20, 2018 – Del Golinoski 3-on-3 Hockey Tournament  
Contact Cheryl for more information: [vp@mcleodcommunityleague.ca](mailto:vp@mcleodcommunityleague.ca)

## McLeod President's Message

Running a community league is difficult but rewarding work; but it does not come without politics. For the past year, we have been engaging the Citizen Services Department of the City of Edmonton about its re-organization plans which have a direct impact on how the McLeod Board communicates with the City.

McLeod has enjoyed a very positive working relationship with the Community Recreation Coordinator (CRC) assigned to our area – for ten years, our CRC has been Norma Lorincz who has been invaluable in assisting us become a better board in all ways imaginable. This relationship has been built on trust, knowing that Norma, who makes a lot of sacrifices – including working all sorts of unusual hours – to connect with the community, understands what community leagues do and the value they bring to the citizens of Edmonton. This role is invaluable and cannot be understated in its importance.

However, Citizen Services, has chosen to ignore this relationship despite hearing from citizens during the “Council Initiative on Public Engagement” that “... community partners, including Community Leagues, communicated the continued need for a City staff person to serve as a key point of connection for them; someone that can help them to build even better neighbourhoods that are inclusive, friendly, safe and vibrant. They value the work historically done by Community Recreation Coordinators (CRCs) who help them navigate City processes; share information on civic matters, programs and services; and who help them to access a variety of resources, including subject matter expertise, funding opportunities, strategic planning, local recreation programs, and potential partners. They have also advocated for continued support to undertake community led construction projects such as playgrounds, spray parks, and gather-

ing spaces.” (2017 November 8 Letter to Community Leagues from Rob Smyth, Deputy City Manager, Citizen Services)

Instead, Citizen Services has chosen to change the CRC title to “Neighborhood Resource Coordinators” (NRC) and add other City staff to the list of supports that community leagues can access directly. At a recent Edmonton Federation of Community Leagues meeting, one community league asked for a copy of the “new” position description and was advised that it could not be shared. It is therefore, unknown how the CRC role has changed but I have already seen how disjointed my communications with the City have become with other staff contacting me on matters I would have normally discussed with our CRC. Furthermore, I am getting a lot more emails that as a volunteer, I am hard pressed to find the time to respond to.

What is particularly disheartening about these changes is that Citizen Services did not consult us in any way. In other words, Public Engagement was not used to develop the re-organization plan that affects us directly. This is simply unacceptable. Instead of strengthening the CRC role and its one point of access, we now face multiple points of access which is not unlike levels of bureaucracy that most people face when engaging with the City.

Only time will tell how this re-organization will play out. Given the 2017 November 7 Edmonton Journal article on challenges community leagues face with respect to City processes, the writing may already be on the wall. (“Paperwork, red tape leads to burnout on community league projects: volunteers” <https://tinyurl.com/y7pmu7zq> )

Leanne Rosinski

## Baseball – child & youth

Attend sports registration days to sign up to play. Registration dates will be February 7, February 27, and March 7.  
[baseball@mcleodcommunityleague.ca](mailto:baseball@mcleodcommunityleague.ca)

## Softball – child & youth

This past softball season had the McLeod Royals fielding a total of 58 players on 8 teams. We had two U4 (nerf) teams, three U6 (t-ball) teams, two U8 (coach pitch) teams and one U10 (Mites) team. All of our teams participated in the Homesteader Fun-O-Rama tournament this season, and our Mites team also participated in the Serenity Landry Tournament, also representing our community incredibly well by participating in the Alberta provincial tournament during the Canada Day weekend.

Our strong numbers among the younger age groups position us well for growth next season. We are hoping to maintain and increase our number of young players in the future and are also hoping to form some teams in the U12, U14, U16 and U19 age categories in the 2018 season.

McLeod will be hosting the inaugural Gord Matlock T-Ball & Coach Pitch tournament on May 12, 2018. Gord recently retired after organizing softball, at the community and district level, for the past 25 years. We'd like to honor his many hours of volunteer service! Tournament participants will be McLeod's U4 U6 U8 teams, and other teams from northeast community leagues.

Thanks to all the players, coaches, parents and umpires for a great season, and we look forward to seeing you back on the diamond in the spring of 2018. Registration dates will be February 7, February 27, and March 7.  
[softball@mcleodcommunityleague.ca](mailto:softball@mcleodcommunityleague.ca)



# SNOWBALL SALE!

December 1<sup>st</sup>-31<sup>st</sup>, 2017

**Glasses & Sunglasses**  
**1<sup>st</sup> Pair 10% OFF**  
**2<sup>nd</sup> Pair 20% OFF**  
**3<sup>rd</sup> Pair 30% OFF**  
Conditions Apply

**We DIRECT BILL INSURANCE**  
**MILITARY DISCOUNTS AVAILABLE**

**Optometrists**  
 Dr. Jennifer Ash  
 Dr. Tony Mann  
 Dr. Whitney Diakur

**eye-deology**  
 Vision Care

(780) 473-6123 | 9641-167 Avenue | [www.eye-deology.com](http://www.eye-deology.com)

## EARN EXTRA MONEY and GET MORE CUSTOMERS

by registering with the **SENIORS HOME SUPPORTS PROGRAM**  
 at North Edmonton Seniors Association

We'll refer your company to seniors in north east Edmonton who request the following services.  
 No admin fee for you to participate.

<b>SNOW REMOVAL</b>	<b>YARD HELP</b>
<b>HOUSEKEEPING</b>	<b>HOME REPAIR</b>

Contact us to learn more:  
 Stacey, Home Supports Coordinator  
[homesupports@nesa1.ca](mailto:homesupports@nesa1.ca)  
 780-944-7470



572 Hermitage Road  
Edmonton, Alberta  
T5A 4N2  
780-475-5930

Have a wonderful holiday season from the entire  
Dance Theme family!

**WINTER SHORT TERM PROGRAMS (10 WEEKS)**  
18 months - 9 years:

- Angelina Ballerina (3-5 years)
- Mini Stars (3-5 years)
- Acro (3-9 years)
- Broadway Bound (6-9 years)
- Hip Hop (4-9 years)
- Baby Stars for 18 months to 3 years
- Super Stars - a program for children with learning differences 3 years and older

**JANUARY TO JUNE PROGRAMS**

- Mini Stars (3-5 years)
- Hip Hop (4-9 years)

Students registering in our January to June dance programs receive a free dance bag or pair of ballet slippers!

**Imagine It!**  
A once a month themed adventure class in dance! Visit our website for details!

*The place to be!*

Visit our website at  
**dancetheme.com** or  
call **780 475 5930**

**Winter Magic Day Camp!**

**SATURDAY**  
**December 16<sup>th</sup>**  
1:00pm-3:00pm

**AGES 3-6 yrs:**  
What a great way for parents to have some time to themselves to get ready for the holidays while the children are having a blast at the studio! They will make and wrap two gifts, have a dance class, decorate a cookie and have lots of fun!  
**Register on line or in person.**

**Chris Nielsen**  
MLA, Edmonton-Decore

Constituency Office  
#5, 9228 - 144 Avenue  
780.414.1328  
Edmonton.Decore@assembly.ab.ca

**SERVING THE PEOPLE OF EDMONTON MANNING**

If I can be of assistance to you on any federal matter, please do not hesitate to contact my office.

- \* Canada Pension Plan/Old Age Security
- \* Guaranteed Income Supplement \* Citizenship Inquiries
- \* Immigration Matters \* Canadian Passport/Consular Affairs
- \* Business Opportunities/Grants & Funding
- \* Student Loans \* Taxation

**SUITE 204A 8119 - 160 AVENUE**  
EDMONTON, ALBERTA T5Z 0G3  
ZIAD.ABOULTAIF.C1@PARL.GC.CA • 780-822-1540  
WWW.ZIADABOULTAIF.CA

## McLeod Community League Rink Use Policy

McLeod maintains two ice rinks during the winter for community enjoyment. The rinks are open to the McLeod community league members, other community league members and the general public. As McLeod pays for the cost of the rink attendant and rink maintenance, we charge a nominal fee to non-community league members to assist in offsetting the operational costs.  
**Fee:** \$2.00 cash per visit payable to the rink attendant

**Free:** With the purchase of a McLeod Community League single/family membership (cash only) from the rink attendant, you will receive skate tags accordingly. Affix the skate tag to your skates and skating is free for the entire season.  
If you are from another community league, please show your current membership and/or your skate tag(s).  
If you do not have your community league membership with you, please pay the nomi-

nal \$2.00 fee per skater. You will need to ensure you connect with your own community league to get skate tags to avoid paying the fee each time to access our rinks. The rink attendant does not have the discretion to waive the fee.  
Receipts are available upon request from the rink attendant.  
**Access:**  
The BIG rink is for shinny.  
The SMALL rink is primarily for public

skating.  
The SMALL rink may be partitioned for dual use – shinny and public skating. There is no blanket schedule for either rink. Team practices are not permitted. Rinks are not available for rental.  
Usage of the rinks is determined on a night-to-night basis by the rink attendant  
mcleod@mcleodcommunityleague.ca is the email address to contact the rink attendant.

## Rules for McLeod Rinks

Skaters under the age of 18 must wear helmets while on rinks and on ice paths  
No inappropriate behavior or language permitted.  
No alcohol or illegal drugs permitted.  
Clean up any mess you make, use the garbage cans, put empty beverage containers into the recycling bins.  
No playing tag or British Bulldog on rinks  
No playing hockey or stick handling of pucks

on any of the ice paths that lead to the rinks.  
No playing on the snow piles or ice surfaces inside the fenced rink area – this facility is for skating only  
Report any problems to the rink attendant  
Failure to follow the rules will result in skaters being asked to leave the rink. Continued disregard will result in a complete ban. If you appear intoxicated, you will be asked to leave.  
Please respect your facility.  
Skate at your own risk.

## Del Golinowski Tournament

This 3-on-3 tournament honours Del Golinowski, a long-time volunteer who helped build the hall in 1975 and continues to drop the puck for the opening faceoff for this tourney. Del, at 81 years old, is glad this isn't a memorial tournament! Over a January weekend, we offer a round-robin set of games, with plenty of food and bevies in-between! Find two friends, and register your team of 3 with our tournament organizer!  
vp@mcleodcommunityleague.ca

## Newcomer Skate – January 6, 2018

Come to the 2nd annual newcomer skate, and try out a traditional Canadian sport! From 1pm to 3pm, skates and helmets will be available to use for free. Stay for hot chocolate, snacks and conversation.

secretary@mcleodcommunityleague.ca.



# Outdoor Skating Rinks

When operational, the ice rinks behind McLeod Hall are open:  
Monday to Friday, 4:00-9:00pm  
Saturday and Sunday, 12:00-5:00pm  
Major snowfalls and temperature extremes (cold: -20 C including wind chill, warm: ice melting) will result in temporary rink closures. It is at the rink attendant's discretion to keep them open if the temperature is colder than -20 C providing ice conditions are safe.

# Outdoor Soccer – child & youth

The most obvious benefit of community outdoor soccer is fresh air! The average season goes from May 1 to June 30, with post season opportunities in July for U10 and up teams. McLeod soccer had 497 players participating on 32 teams ranging from U6-U18.

The McLeod soccer program provides players with jerseys. Families are responsible for providing their own shorts, shin guards, socks and shoes.

U6 and U8 teams meet twice a week for one hour. The first 25 minutes are practice time where players learn new skills followed by a 10-minute snack break and then they scrimmage against another team on the same field. Wins, losses and goals are not counted. It's all about learning ew skills, building friendships and having lots of fun. U10 and up can expect two games and one practice per week. Game durations are U10- 60 minutes, U12 – 70 minutes, U14 – 80 minutes, U16 and U18 – 90 minutes.

# Playgrounds

Young families are often surprized that there is no playground in their new neighbourhood, and it falls to them to be the volunteers to do a needs assessment, lobby for support, fundraise, design and construct the playground.

Thanks to the volunteers of the Miller Playground Society, Hollick-Kenyon Playground Society, Matt Berry Playground Society, and McLeod CL these neighbourhoods have built playgrounds over the past 25 years.

The City has advised us that the McLeod playground and Matt Berry playground are getting older. If there is to be a replacement of the playground equipment we'd be looking to the parent committees at North Edmonton Christian School & Francophone School Board for the Matt Berry site, and McLeod Elementary School for the CL hall site, to be partners on the projects. New playgrounds are now costing \$750,000 to \$1MM dollars. The school children are the main users of the playground during the school day/school year.



The rink shack telephone number is 780-473-8993 and the answering machine is updated regularly on the rink status. Please call the rink shack before you come. A concession is available in the rink shack so you can get a snack or some hot chocolate to warm up on a cold day. Please access the rinks by going to the back of the hall. There is no access through the hall.

The U10's and U12's participated in a Tournament of Champions to determine who would represent the north zone in various tiers in Cities, inter-cities and provincials. For the U14 and up, the top 4 teams advance to Cities with the top 2 teams ten moving on to either inter-cities or provincials.

Summer 2017 was the first annual soccer wind-up party focused on fun with U6, U8, U10 and U12 teams playing friendly games, participation medals and gifts at the end of the tournament. Bounce castles, face painting and a free BBQ gave everyone a chance to socialize and recognize everyone who was part of the successful soccer season. The event was a huge success and is planned as a season wind-up event in June, 2018.

Registration dates for the 2018 spring soccer season will be February 7, February 27, and March 7.

soccer@mcleodcommunityleague.ca

# Multi-use Trails

Our communities are crossed by two multi-use trails, suitable for walking, roller blading, skateboarding and bicycling. We also have a few pocket parks with benches & picnic tables for nature watching or catching a bit of sun. civics@mcleodcommunityleague.ca

The Hollick-Kenyon park Society is looking into the feasibility of adding pathways within the parkland. Using the remaining funds to help connect the partial sidewalk connection on the west side of the site to the playground and school. The intent is to start working through the City of Edmonton process through the winter 2017/2018 to determine if this can become a reality in summer 2018. hkchair@gmail.com

# Community Gardening

We are fortunate that two faith groups have established community gardens in our area. All Angels Anglican Church 5003-146 Avenue 2017communitygarden@gmail.com Casselman Garden 5108 McLeod Road akfwong@hotmail.com

# Indoor Soccer – child & youth

Some kids want to play soccer all year round! The indoor season began Oct 14 at Edmonton's three indoor soccer centres. The season will conclude February 11 with post season opportunities for U10 and up teams starting February 25. McLeod had 19 teams and 307 players register in age groups from U6 to U18 for the 2017/2018 indoor season.

U6-U12 teams play weekly on Saturdays, and U14-U18 play weekly on Sunday. U6 and U8 boys play at the east soccer centre, the U8 girls play at the west soccer centre and the U10 and up play in all three soccer centres. Games are one hour in duration regardless of age group.

The numbers of practices will vary by age group. U6 and U8 teams receive 4 practices, U10 and U12 teams receive 10 practices ad U14 and up receive 12 practices as part of their registration fee. McLeod encourages teams to request additional practice from ENZSA. The extra gym rental fees are absorbed by the soccer program.

The McLeod soccer program provides players with jerseys. Families are responsible for providing their own shorts, shin guards, socks and shoes.

soccer@mcleodcommunityleague.ca.

# Sport Explorerz – age 3-5

This is a pre-sport program where children acquire and practice basic movement and sport skills in a fun and engaging way. The trained leaders will give all kids the "power to move" in sport and in life. The community is committed to a program that ensures young children have the ability to learn the basic fundamentals movement skills that will allow them to embrace active participation in a wide variety of potential sports and activities in the future.

Board volunteers developed this program content, purchased the equipment and hired staff to deliver it. It was such a success, that we have shared the program with surrounding communities. Sixty-six children participated across 4 different location over a six-week period.

We were proud to present our innovative program at the provincial Live Active Summit!

Registration dates for the spring session are February 7, 27, and March 7.

hkchair@gmail.com  
president@mcleodcommunityleague.ca

## Yoga

Our instructor offers a variety of classes: beginner yoga, chair yoga, prenatal yoga, body sculpt (fitness with light weights) and yin & yang yoga (balance of strength and relaxation). Classes are available for kids, adults, and families.

programs@mcleodcommunityleague.ca

## Zumba

Want to have some fun and get fit? Zumba is an exercise fitness program involving dance, aerobic movements and energetic music from a variety of styles.

zumba@mcleodcommunityleague.ca

## HIIT Kickboxing

Our kickboxing program uses High Intensity Interval Training (HIIT) to optimize and challenge your body and your natural ability to adapt. It is a dynamic fitness program that combines heavy bag work, resistance training, cardio, intervals and much more. The workouts are explosive, high energy and deliver results.

programs@mcleodcommunityleague.ca

## Dance

The instructors offer pre-school, hip-hop, jazz, ballet, and tap dance classes in a positive, supportive and fun atmosphere. Ballet develops discipline, posture coordination, poise and strength. Hip-Hop refers to street dance styles. Jazz is energetic and fun consisting of unique moves, fancy footwork, bug leaps and quick turns. Lyrical helps students develop a deeper connection and emotional interpretation of dance. Tap is all about creating rhythms with your feet. Pre-school is an introduction to dance ad allows children to explore movement, imagination and musicality in a structured but upbeat setting. The program runs September to May.

programs@mcleodcommunityleague.ca

# McLeod Indoor Soccer Update

The indoor season kicked off October 15th at Edmonton's three soccer centres. Team pictures were taken at McLeod hall on October 28th and will be distributed to players before the Christmas break. Below are important dates as the season progresses.  
● Christmas break – December 22nd – January 5th  
● EMSA Polar Cup – December 27th – December 29th  
● FC Memorial – February 1st – February 4th

● End of regular season play – February 11th  
● EMSA Tim Hortons Minifest – February 17th  
There is the potential for post season play for U10 and up teams starting February 24th.  
Please do not hesitate to contact me at soccer@mcleodcommunityleague.ca if you have any questions.  
Todd  
McLeod Soccer Director

www.communityleagueneews.com



# Fitness Centre, Track, Courts, Pool

McLeod CL purchases access to the Clareview Rec Centre every Saturday night from 6:00 pm – 8:00 pm. You and your family can enjoy the free weights, walking track, swimming pools, hot tub, steam room, water slide, badminton courts, basketball courts and ball pit. Activities for all ages, from the toddler ball pit, to a safe indoor walking track in the winter for seniors.

## Indoor Swimming

Area 17 Council is a registered society comprising of community leagues and non-profits in the Greater Londonderry Area. McLeod CL is a member organization. By working bingos and casinos, funds are raised to provide infrastructure and programming to the area. For example, Area 17 Council donated \$125,000 to the playground in the Poplar Park at 167 Ave & 82 St. A district park is a large recreation area, providing service to members of many communities. McLeod CL has been participating in the redevelopment planning of our other Area 17 District Park: Londonderry District Park at 66 St. and 137 Ave.

Funds are also used to purchase the following swim times. Please show your McLeod membership card for free access.

**Londonderry Pool**  
Sunday 4:15-5:45 pm  
(shutdown Oct.28.2018 to Jan.27.2019)

**O’Leary Pool**  
Sat 3:45 pm – 5:45 pm

**Grand Trunk Pool**  
Sun 4:15 pm –5:45 pm  
Fri 7pm – 9 pm  
(shutdown Jan.1.2018 to Apr.2.2018)

Also, at all City of Edmonton pools, choose your own swim times! Get a 15% discount on multiple swim admissions purchased at the same time (5 swim minimum), or a 20% discount on monthly or annual passes, by showing your McLeod membership card.

**YMCA Castledowns Pool**  
Sunday 2pm – 4 pm  
Thanks to the YMCA for offering free swim to those showing our membership card.

**WEM Waterpark**  
A couple times a year, as a community fundraiser, we sell evening tickets to the waterpark at a discounted price. \$15 per person.

president@mcleodcommunityleague.ca

# Softball – Adult Recreation

For the second year in a row, Northmount Community League hosted a softball tournament on their ball diamonds. Teams from Balwin, Northmount and McLeod participated in a 3-day fun tournament with lots of games and lots of laughs. Hot dogs, hamburgers and the occasional beer were enjoyed between games.

Teams need members of all genders, so contact the organizers and let them know you’ve got a glove and are ready to hit the diamond!



Everyone had so much fun that for 2018, McLeod and Balwin are planning on hosting tournaments, in addition to returning to Northmount’s event.

mcleod@mcleodcommunityleague.ca.

# Thinking of Registering for Outdoor Soccer?

The indoor season has barely started and preparations have already started for the 2018 outdoor season. Registration dates will be February 7th, February 27th and March 7th. Registration fees will be communicated once they’ve been finalized. The EMSA soccer portal will open January 15th for the 2018 outdoor registrations. Please take this time to ensure you can access your account to prevent registration delays in January and February.

You can use the “Forgot your password?” link to reset your password. This is also a good time to review your account profile and ensure your address, phone numbers and community league are correct. If you do not have an EMSA Soccer Portal account, please go to <http://emsanorth.com/play/register/> and follow the instructions to create an account.

It’s important to register in your home community.

The volunteer commitments are used to provide programming in your community leagues such as senior gatherings, board game night, movie night, swimming at local pools, and the list goes on. You can always specify a transfer request to have you child play in another community if you wish.

Once you have registered your child for the 2018 outdoor season in the EMSA soccer portal, you will need to attend a McLeod registration session to complete the registration, sign up for a volunteer service commitment and pay your fees.

Todd  
McLeod Soccer Director

# McLeod Thankful for Freewill Volunteers

Recently, our president, Leanne, wrote a newsletter article on volunteering in our community. McLeod is thankful for the responses we’ve received so far. A special thanks to Leilani, Thad and John Divinagracia (movie night) and to Gerald Anderson (casino night).

McLeod Community League is made up of a diverse group of people who are committed to building a great neighbourhood for all. It’s exciting to hear from others who are interested in helping build community through volunteering their time and sharing their gifts.

We have many opportunities to volunteer,

from community movie nights once a month to other McLeod events that occur seasonally (Community League day, seasonal events such as Halloween and Christmas kids parties, hockey tournaments etc.) to working a Bingo to even joining the committee working to create a facility at Matt Berry Park.

Does anything from the above grab your attention? There’s more too, that’s just a start...

To start a conversation about what volunteering could look like for you or your family, please contact Julie at [volunteer@mcleodcommunityleague.ca](mailto:volunteer@mcleodcommunityleague.ca).

# McLeod Community Safety Director

This time of year is when workplaces start having their Christmas parties for their staff. Most parties have alcohol being offered to their staff. If your going to drink please don’t drive. Here are some tips if you choose to have one drink and drive afterwards.

- Eat food to help balance alcohol consumption
- Don’t mix alcohol with prescribed medications
- Drink water before and after having a drink
- After having a drink wait minimum one hour before driving

If you plan on consuming multiple drinks I ask you to please plan ahead. Have a designated sober driver, call a taxi, take public transit or call one of these companies listed below that can take you and your vehicle home.

Alberta Designated Drivers  
780-616-7140  
Dedicated Designated Drivers  
780-819-8175  
Reliable Ride Designated Driving Service  
780-633-1610  
Drive Smart Designated Drivers  
780-544-9292

## Vehicle Safety

While warming up your vehicle only use remote starters. Do not leave children unattended at any time in a vehicle. If you observe a child left unattended in a vehicle, please call the police at 911. If you can, remain at a safe distance and stay on scene until police arrive.

While away from your vehicle doing your shopping, if you need to leave bags or packages, ensure you leave them out of sight. This also applies to loose change, garage door openers, wallets or purses. Ensure your vehicle is locked at all times.

## Winter Driving

I recommend getting an app on your cell phone and keeping up to date on the

weather conditions. This will help you to plan ahead. When the weather takes a turn for the worse here is some tips to help keep you safe on the road.

- Slow Down. The speed limit listed is for ideal conditions.
- Give yourself extra space between vehicles
- Slow down approaching icy intersections
- Avoid spinning when attempting to accelerate from an intersection when the light goes green. This creates ice.
- Do not use cruise control in winter conditions
- Signal Well in advance before turning
- Turn on your headlights and ensure your taillights are on.
- Unless travel is necessary during storms, please stay off the roads

## Home Safety

When you leave or go to bed ensure all your doors are locked. If you have a security system, ensure it is armed. After Christmas is over avoid placing high-ticket boxes or bags out on the curb that are visible to everyone. Take larger boxes to the recycle depot and place bags in black garbage bags.

Do not place presents under a Christmas Tree that can be easily viewed from the outside in a front window.

Be cautious with candles. Do not leave them unattended.

## Passing Emergency Vehicles

I am still observing vehicles not slowing down when driving in the lane immediately next to emergency vehicles with their lights flashing. Drivers must reduce speed to 60 Km/hr or the lower posted speed limit when passing emergency vehicles or tow trucks that are stopped with their lights flashing. The law applies to the lane immediately next to the stopped vehicles. If caught, the normal fine for speeding doubles.

Hope everyone has a Merry Christmas and a Happy New Year!!! Be safe!!!





# Northmount Community League News

## Northmount Board of Directors

POSITION	NAME	Contact	Contact
President	Meagan Plamondon	780-270-1212	president@northmount.ca
Vice President	VACANT		
Treasurer	Angela Purves	587-336-7699	treasurer@northmount.ca
Secretary	Michele Crocker		newsletter@northmount.ca
Grants	VACANT		
Past President	Terry Kitching	780-478-4147	
Social	Suzanne Ramdass	780-993-2064	social@northmount.ca
Facilities	James Crocker	780-717-5885	webmaster@northmount.ca
Area 17	Karen Plamondon	780-478-2010	
Newsletter	Michele Crocker		newsletter@northmount.ca
Memberships	Robin Wheatley	780-473-8634	
Adult Programs	Robin Wheatley	780-473-8634	
Senior's Programs	Suzanne Ramdass	780-993-2064	social@northmount.ca
Children's Programs	VACANT		
Hockey	TBA		
Soccer	Joanne Cheetham		soccer@northmount.ca
Softball/Baseball	VACANT		
Sports	VACANT		
Bingo	Angela Purves	587-336-7699	treasurer@northmount.ca
Casino	Sid Plamondon	780-478-2010	
Co-Sport Explorerz	Karen Plamondon	780-478-2010	
Co-Sport Explorerz	Sid Plamondon	780-478-2010	
Past President	Terry Kitching		



## Northmount Hall Rentals

We have a seating capacity for 250 guests.

We offer a large kitchen with industrial stove, dishwasher, double door cooler, and bar area.



Fridays & Saturdays all functions:

\$450 for Non-members

\$350.00 for Members

Wedding Special \$700.00 - Hall is yours to setup & use from Friday morning to Sunday at 5:00

Interesting in renting? Call Linda at 780-399-9022.

## President's Message

Northmount has started some new programs at the hall, please join us at our Bring Your Own Craft Night, every Thursday from 7 PM until 9 PM. This is a great chance to work on your crafts while getting to know your neighbours. All crafts are welcome! We also started a Senior's Coffee and Tea club, every 1st and 3rd Tuesday of the month, join your neighbours for a cup of joe. Free coffee and tea for anyone with any Community League Membership, please see your home community league to purchase a membership. Coffee and tea will be served from 9:30 AM until 11:30 AM.

Northmount has hired Zumba and Yoga instructors! Please read through the newsletter to see what is available, join us for a night of dance or meditation!

I want to invite everyone to take some time to complete this short survey, the survey is asking about new physical activity programs you would like to see happening in your community. The link is, <https://www.surveymonkey.com/r/PTRKXYZ> If you would like to complete the survey over the phone please call or text Meagan at 780-270-1212.

Thank you and take care,  
Meagan Plamondon

## Getting Social with Northmount

### NEW! Pancake Tuesday Dinner – Tuesday February 13, 2018 6 to 8 PM

Join us in celebrating Pancake Tuesday! Northmount is hosting a FREE Pancake Dinner where we will be serving pancakes, sausage, orange juice and coffee. Please RSVP by February 6th 2018, so that we will know how many to expect for dinner. RSVP to our Event on Facebook, otherwise contact Suzanne at 780 993-2064

### Bring your own Craft Night

Please join us at Bring Your Own Craft Night every Thursday evening from 7 to 9 PM. Free coffee and tea will be provided (we have decaf!) for anyone showing a current EFCL Community League Membership (from any community league.) Bring a friend or meet someone new, while enjoying a night of crafts!

### Senior's Coffee and Tea Club

Please join us, along with friends from around the neighborhood. Free Coffee and Tea will be

provided for anyone showing a current EFCL Community League Membership (from any community league.) Coffee and Tea will be served the 1st and 3rd Tuesday of each month from 9:30 to 11:30 AM.

### Northmount Walking Group

Northmount's weekly walking group is up and running! Come join Robin and crew at the hall every Monday evening at 7 PM, weather permitting (excluding statutory holidays). There are many benefits to joining a walking group, you can lose weight, improve your mood, make friends, and get to know your neighbourhood. Joining a walking group also keeps you motivated! Well-behaved dogs are welcome on the walk; please remember to bring baggies to clean up after them! Water may be provided, but you are encouraged to bring your own water bottle.

Please note: A current EFCL membership (any community league) is required for insurance purposes.

## Volunteers Needed!!

Northmount Community League is looking for dedicated and enthusiastic volunteers to fill various board, committee and volunteer positions. If you or someone you know is interested please attend our meeting or contact Meagan by text at 780-270-1212 or email [president@northmount.ca](mailto:president@northmount.ca) for more details! Northmount Community League can only keep the doors open by relying on dedicated volunteers. That is why we need your help! Our next AGM is in March of 2018, we'd really appreciate if you would consider joining our board in any capacity you are able to!

Board Members meet every third Tuesday of the month, except for July and August. Each position will require a different level of commitment depending on tasks required. If you want to get involved but do not want to hold a board position, we also have various Chair and Committee positions available and can be created as needed to run specific programs. Don't see a position or role you are interested in? Contact Meagan to discuss what you want to see at Northmount

Northmount is looking for help with the following positions:

### Co- Soccer

Northmount is in need of a Co-Soccer Director, this position requires someone with great organizational skills and leadership. As one of the largest roles on this board, it would be easier to share this position with a co-director. Our current director has put in many hours to make soccer available in this community and if she does not get extra support soon, Northmount will need to take a break from offering this program. Please contact Meagan at 780-270-1212 to learn how you can lend a hand.

### Children's Program's

We are looking for someone to take on Children's Programs, this position offers unique opportunities to provide entertainment, a sense of belonging, and community involvement to members of Northmount and its neighbour's. Enjoy dances? Themed parties? Crafts? Easter Egg Hunts? The choices are endless. The board will support any programming that you think will benefit the community. All we need are the volunteers! If you are interested in helping out, or have ideas for programs we could offer, please contact Meagan at 780-270-1212.

### Co- Bingo

We are looking for a dedicated volunteer who loves working with a team and building relationships with our fellow neighbours. We are in need of a Co-Bingo Director to coordinate our Bingo volunteers. As a Co-Bingo Director, you are a key member of the team. Fundraising the finances that we need to keep our lights on, and programs running at Northmount. The commitment varies each month, which includes: attending 1 board meeting per month, attend 2 Bingo meeting a year in May and November, Attend sport registrations to sign up volunteers for their commitments, chair some of the Bingo's to support the other volunteers working the Bingo dates.

### Playground Committee

We are looking for volunteers to help us rebuild our playground. We will need help with grants, fundraising, design planning etc. The children of Northmount deserve a safe, fun, accessible, and up-to-date playground, please help us achieve this!



## Exciting NEW Programs at Northmount!

**Zumba® – Monday nights 5:45 to 6:45 PM, please arrive at 5:30 PM for check-in** Northmount has hired a Zumba® instructor. Join us for a 10 week session starting January 22, 2018. Buy a 10 week pass, or drop in throughout the session. Please see below for prices, registration and class dates. If you have any questions, please call or text Meagan: 780-270-1212. You must have a Community League Membership in order to attend as a drop in or to purchase a 10 week pass.

Class dates: Every Monday night starting January 22, 2018- April 2, 2018

Drop in fee: \$10

10 Week pass:

Option A - \$65 and no volunteer commitment

Option B - \$35 and 1 volunteer commitment (please bring a \$250 volunteer deposit to registration, deposit will be returned after commitment is completed)

**Zumba- Gold® – Tuesday nights 6:15 to 7:15 PM, please arrive at 6:00 PM for check-in**

Northmount has hired a Zumba-Gold® instructor. Zumba-Gold® involves dance and aerobic movements performed to energetic music, but at a slower pace. This is great for beginners or anyone who wants to try Zumba® at a slower pace. Join us for a 10 week session starting January 23, 2018. Buy a 10 week pass, or drop in throughout the session. Please see below for prices, registration and class dates. If you have any questions, please call or text Meagan: 780-270-1212. You must have a Community League Membership in order to attend as a drop in or to purchase a 10 week pass.

Class dates: Every Tuesday starting January 23, 2018- April 3, 2018

Drop in fee: \$10

10 Week pass:

Option A - \$65 and no volunteer commitment

Option B - \$35 and 1 volunteer commitment (please bring a \$250 volunteer deposit to registration, deposit will be returned after commitment is completed)

**Hatha Yoga – Thursday nights 6:00 to 7:00 PM, please arrive at 5:45 PM for check-in** Northmount has hired a Hatha Yoga instructor! Hatha Yoga is an umbrella term that embraces all styles of yoga. There are many styles, and all of them incorporate Hatha Yoga poses in various sequences and modes of practice. Ultimately, every yoga style is driven to improve both mental and physical well-being of the practitioners. Therefore, we invite you to join us in the exploration of Hatha Yoga. We will improve balance and concentration, increase flexibility and muscle strength and tone, learn to breathe and meditate. We hope there will be a challenge for everyone because this is where a positive change happens. Join us for a 10 week session starting January 25, 2018. Buy a 10 week pass, or drop in throughout the session. Please see below for prices, registration and class dates. If you have any questions, please call or text Meagan: 780-270-1212. You must have a Community League Membership in order to attend as a drop in or to purchase a 10 week pass.

Drop in fee: \$10

10 Week pass:

Option A - \$65 and no volunteer commitment

Option B - \$35 and 1 volunteer commitment (please bring a \$250 volunteer deposit to registration, deposit will be returned after commitment is completed)

**Registration for both Zumba® programs and Hatha Yoga will take place on:**

\* December 7, 2017 from 7:30 to 8:30 PM

- (Save \$5 if you register in December)

\* December 14, 2017 from 7:30 to 8:30 PM

- (Save \$5 if you register in December)

\* January 11, 2017 from 7:30 to 8:30 PM

## Memberships

Become a Community League Member! Community League Memberships are now on sale. Purchasing a membership helps supports the programs that you see being run in your neighborhood.

Community Leagues are special to Edmonton. It is a place where community members are understood and valued, and where we can build a great neighborhood together and advocate for the city we want.

We are inviting you to explore and become involved in your community! Why?

- Discover what community can offer to you and your family

- Create supportive networks and friendships with people who live in your Neighborhood

- Ensure that everyone living in Northmount feels welcome and a chance to feel that they belong to a community

- Increase safety and security in our Neighborhood

- Belonging to a community can improve your health

- Discover a place to socialize

To purchase a membership please contact Robin at 780-473-8634 or purchase online at <http://efcl.org/membership>.

## Get Fit with Hapkido

Northmount is hosting a low-cost martial arts class for anyone over the age of 10 with a community league membership. Your first month is free!

If you trained before in Karate, Boxing, Judo, Wrestling or Taekwondo you will enjoy this class. Advance at your own pace. No experience is necessary. Come learn

kicks, hand-to-hand techniques, throws, cane, and knife defense skills.

Children and Teens from 7-8 PM on

Monday nights and Adults will run every

Monday and Wednesday from 8-9:30 PM.

For more information or to register, please contact: [sidplamondon@outlook.com](mailto:sidplamondon@outlook.com) or at 780-478-2010.

# Steele Heights

## Steele Heights Community League

[www.steeleheightscommunity.com](http://www.steeleheightscommunity.com)

Email: [steeleheightscommunity@gmail.com](mailto:steeleheightscommunity@gmail.com)

Twitter: Follow @SteeleHeightsCL

Facebook:

[www.facebook.com/steeleheightscommunity](http://www.facebook.com/steeleheightscommunity)

Executive Board members and Directors:

**Jeff – President, Sports Director & Changeable Copy Sign**  
(contact him directly at [jsgokie@hotmail.com](mailto:jsgokie@hotmail.com))

**Heather – Past President & Spray Park Committee Chair**

**Jon - Vice President**

**Dinah - Secretary**

**Cecil G - Treasurer & Civics Director**

**Denise - Membership Director & Neighbourhood Watch**

**Gwenna – Facilities Director**

**Marcus – Communication Director**

**Editor**

**Robin - Director at Large**

**Cecil P – Director at Large**

**Jennifer – Director at Large**

Please e-mail [steeleheightscommunity@gmail.com](mailto:steeleheightscommunity@gmail.com) or call (780) 475-3553 with any questions for any of the members of the Steele Heights Community League executive board.

- **Monthly Meeting at the Hall** – Third Monday at 6:30pm

(except Holiday Mondays where it is held the week before)

- **Hall Address**

5825 140 Avenue NW

Edmonton, AB

- **Mailing Address**

Steele Heights Community League

PO Box 70005 RPO Londonderry

Edmonton, AB T5C 3R6

- **Membership & Associate Membership Information**

Family (immediate family members) - \$25

Individuals / Single Parent Family (0-64 years) - \$20

Senior (65 years+) - \$15

Call 780-475-4188 to purchase a League membership.

Visit our website for details on benefits.



### Hall Rentals

Do you have friends, families or co-workers that are in need of a space to hold their next function?

Steele Heights Community League is happy to accommodate renters. We have a fully equipped commercial kitchen with two microwaves, cooler and deep freeze.

Our recent renovations and upgrades enable us to offer you great rates for a size of space that works for you. We have the rink-side multipurpose room with a smaller seating capacity and the ability to also rent the enclosed, outdoor fenced area. Equipped with barbecues and with our main hall, there's room for over 200 people.

Main Hall Rental Fees :

Sunday thru Thursday a full day rental will be \$300 per day  
- starting at 10am and ending at 5pm

Friday and or Saturday a full rental day will be \$400 per day  
- starting at 4pm until 9am the next day

Friday and Saturday rental together will be \$500 for both days  
- starting at 4pm Friday and ending Sunday at 9am

Friday and Saturday and Sunday rental together will be \$650 for all three days  
- starting at 2pm Friday and ending Sunday at 5pm

Media or Boardroom Rental fees :

Monday thru Thursday rental per hour of \$40 per hour up to 5 Hours .

- other days of the week and length of rental are available

Multi-Purpose Room and Outside Rink Area Rental Fee :

Monday thru Sunday rental per hour of \$35 per hour up to 8 hours

- this includes use of the multi-purpose room and the outside rink area as well as the mini kitchenette

- there are also bbq's for rent at \$35 for 1 and \$50 for use of 2 during your rental time frame

If you have any questions or concerns please contact the Facility Rental Director.





Wishing you and your family peace, warmth, and happiness this holiday season.

**Heather Sweet**  
MLA, Edmonton-Manning



**Constituency Office**  
14904 - 50 Street  
780.414.0714  
Edmonton.Manning@assembly.ab.ca



**Councillor Jon Dziadyk  
and the Amazing Ward 3 Team**

Bringing Change to the North Side since Oct 16

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R. Lucyshyn DD

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www.londonderrydentureclinic.com 13594 Fort Rd. Northeast Edmonton

## News from NESA

The **North Edmonton Seniors Association [NESA]** is excited to share with the community some new changes and upcoming events happening at the centre.

### Fitness Center Upgrades

NESA is pleased to announce that its fitness centre has been upgraded! Operating hours have also been extended allowing our members to enjoy more time here!

**Mon. – Thur.: 8:30 am-7:00 pm;**

**Fri.: 8:30 am-4:00 pm**

All fitness centre members must have an active membership with the North Edmonton Seniors

Association. Adults of all ages welcome!



### Winter Program Registration

Winter Program Registration **begins on December 4.**

For your convenience the office will be **open till 7 pm Dec 4, 5 & 6.** Check out our **Winter Program and Activity Guide** on line at [www.nesa1.ca](http://www.nesa1.ca) for complete program details.

### New Year's Eve Dinner & Dance

(December 31, 2017)



An elegant evening of fine dining & dancing to the very popular "Chwill Brothers"

**Tickets  
on sale  
now!**

Tickets only \$60/person.

**Hurry in they are going fast!**

For more information call 780-496-6969

### Wednesday Night Dinners and Dance



• Delectable, home cooked, hot dinners available!

- Doors open at 5:00 pm

- Dinner at 5:30 pm.

- \$19/person.

Call 780-406-0840 to make your reservation!

• Dance from 7:00 pm-10:00 pm (Live band) \$7/member, \$10/Non-member.



**7524-139 Avenue  
780-496-6969**