

NORTHEAST VOICE

Serving the community leagues of Evansdale, Kilkenny, Londonderry, McLeod, and Northmount.

March 2018



Published by Calder Publications. To advertise please call 780-905-7422 or email info@communityleagueneews.com

International Women's Day - Friday, March 9

Come celebrate International Women's Day at the Londonderry Community League from 5:30 p.m. to 8:30 p.m. Top speakers of the evening include:

- Writer, artist, and musician Paula Kirman
- Social media blogger, Award winning Humanitarian & Accredited Fashion Makeup Artist Chevi Rabbit, and
- Marie Renaud, MLA St. Albert and member of the Standing Committee on Families and Communities



Free Mini-Makeovers provided by Chevi Rabbit!

Free clothing, shoes & accessories! Refreshments also provided.

Admission is free.

The event is brought to you by Dickinsfield Amity House, the Edmonton-Decore Constituency Office, and Londonderry Community League

Please contact Maria-Elizabeth Vicente, Constituency Manager, Edmonton-Decore Constituency Office at Edmonton.Decore@assembly.ab.ca or 780-414-1328 for further information.

Playoffs - Are You Ready?

I'm hoping all players, coaches and parents are having a very enjoyable 2016/17 hockey season. The playoffs are fast approaching and the season is coming to a close. I'd like to wish all our Evansdale players and coaches the very best

of luck in the playoffs. Play hard and have fun! I'd also like to remind Evansdale coaches that the outdoor rink is available for team practices as arena ice has been difficult to obtain this season. Please contact Jeff (president@evansdale.ca)

or the rink - 780-478-2577) if you would like to book a time slot for your team. Any other questions or concerns please don't hesitate in contacting me.

All the Best
Todd Sharkey
Hockey Director

Upcoming Events in the Northeast

March:

- 1, 8, 15, 22, 29: Hatha Yoga at Northmount; 5:45pm; \$10 drop in
- 1, 8, 15, 22, 29: Bring Your Own Craft Night at Northmount; 7pm
- 5, 12, 19, 26: Zumba at Northmount; 5:30pm; \$10 drop in
- 5, 12, 19, 26: Hapkido at Northmount; 7pm
- 6 & 20: Seniors AM Coffee/Tea at Northmount; 9:30am
- 6, 13, 20, 27: Zumba at Northmount; 6pm; \$10 drop in
- 7: Sports & Programs Registration at McLeod; 6-8:30pm
- 7: Music Makers at EPL McConachie; 4pm
- 7, 14, 21, 28: Hapkido at Northmount; 8pm
- 9: Celebration of International Women's Day at Londonderry Hall; 5:30-8:30pm
- 9: Edmonton Swing Band Dance at NES; 7-10pm; \$10 in advance, \$12 at the door
- 9 & 16: Soccer Registration at Northmount; 6:30pm
- 10: MLA Sweet's 3rd Annual Job Fair at Kingsway Legion; 9am-12pm
- 12: Spring Program Registration at NES; 8:30am-4:30pm
- 16: St Patrick's Day Tea Sing-a-long at NES; 2-4 pm; Tickets \$5 until March 9. No tickets at the door.
- 22: LEGO at the Library at EPL McConachie; 3pm
- 28: Explore Fine Fiddle Sounds at EPL Londonderry; 1pm
- 29: Bake Sale at NES; 9am-3pm
- 29: It's a Scientific World at EPL McConachie; 2pm
- 31: Everything is Electric at EPL McConachie; 3:30pm

If you have an event that you would like to see on this list, please e-mail secretary@mcleodcommunityleague.ca.

April:

- 3-7: Book Sale at NES; 9am-3pm
- 4: Book Sale at NES; 4:30-7:30pm
- 7: Flea Market at NES; 9am-3pm
- 9: Makerscade at EPL Londonderry; 4pm
- 13: Popovich Dinner Theatre at NES; doors at 5:30pm; Tickets \$50 until April 6.
- 16: 40th Anniversary Ruby Jubilee Tea at NES; 1:30-3:30pm; Tickets \$5 until April 6.
- 24: Town Hall Safety Meeting at Evansdale; 7-9pm
- 25: Book Club at EPL Londonderry; 7:30pm
- 28: A Taste of Decore at NES; 12-4pm

Location Addresses:

- Centrepointe Church - 5940 159 Avenue
- Clareview Rec Centre - 3804 139 Avenue
- Evansdale Hall - 14811 95A Street
- G Edmund Kelly Spray Park - 15005 79 Street
- Heritage Hall - 7406 139 Avenue
- Kilkenny Hall - 14910 72 Street
- Kingsway Legion - 14339 50 Street
- Lago Lindo Hall - 17123 95 Street
- Little Mountain Cemetery - 16025 54 Street
- Londonderry EPL - in Londonderry Mall
- Londonderry Hall - 14224 74 Street
- McConachie EPL - 16607 50 Street
- McLeod Hall - 14715 59 Street
- North Edm Seniors Asscn (NES) - 7524 139 Avenue
- Northmount Hall - 9208 140 Avenue
- Ozerna Park - 7010 158 Avenue
- Steele Heights Baptist Church - 5812 149 Avenue
- Steele Heights Hall - 5825 140 Avenue

Sport Explorers Expands to Serve 3-6 Year Olds



Sport Explorers is a community-based program which aims to align with Canadian Sport for Life (CS4L) - "a movement to improve the quality of sport and physical activity in Canada. CS4L links sport, education, recreation and health as well as aligns community, provincial and national programming." This program is also guided by the principles of Physical Literacy. These principles are a part of the foundational stages of the Long Term Athlete Development model set by Sport Canada for all sports in the development of athletes and for individuals to be active for life.

In Sport Explorers, your child will begin to acquire fundamental movement skills such as balance, coordination, agility and social skills etc. (Active Start). These skills are the building blocks to acquiring fundamental sport skills (running jumping, kicking, throwing, etc.) and to be confident and competent in both a competitive sport setting and recreational settings throughout their life.

Through Active Play, your child will have the opportunity to develop:

- Travelling Skills - running, climbing, galloping, jumping, hopping, skipping...

- Object Control Skills - throw, kick, strike, trapping...

- Balance Movements - balancing/centering, dodging, landing, stopping, falling...

- Social Skills - interacting, sharing, following instruction, being a team player...

Benefits of Participating in Sport Explorers

- A fun, safe and challenging environment that is age appropriate to explore and develop fundamental movement skills.

- Involves games and play where each child has an equal opportunity to practice their skills.

- Gain body awareness through moving their bodies in different ways.

- Just as important as learning how to read and write, learning fundamental movement skills and fundamental sport skills provides your child with the foundation to excel in any sport they may choose, and to be active for life. For example: learning to catch, jump, run, kick, and

throw will allow your child in the future to participate in... soccer, basketball, volleyball, track and field, bowling, football, squash, badminton, rugby, tennis, etc.

- Promotes connections for brain development and memory.

- Children who are physically literate (knowing these skills) move with confidence and competence in a wide variety of activities and environments that develop the whole person.

- Free play is incorporated to encourage creativity, cooperation, and independence in children as they practice moving in different ways.

For more information on Physical Literacy and Active Start, please visit the following website: www.canadiansportforlife.ca.

Programs are eight weeks in total. Fees are \$50 (each child receives a Sport Explorers t-shirt). Volunteer/community service is required. Parent attendance is required. Instruction and supervision is only provided to registrants. No refunds will be given after the start date of the program (volunteer/community service must still be completed).

Evansdale Community League News

Serving: Evansdale – Belle Rive – Eaux Claires

Evansdale Community League Board & Committees

Jeff Muiselaar	President	780-478-1759	president@evansdale.ca
Vacant-volunteer today!	Vice President		vicepresident@evansdale.ca
Shawna Walsh	Past President	780-237-2169	pastpresident@evansdale.ca
David Dodge	Director of Sustainability	780-478-6162	sustainability@evansdale.ca
Ray Costley	Soccer Director	780-660-4230	soccer@evansdale.ca
Mazen Kaddoura	Treasurer		treasurer@evansdale.ca
Sue Harris	Credits	780-473-8796	credits@evansdale.ca
Jim Young	Secretary		secretary@evansdale.ca
Elaine Sarac	Membership Director	780-476-7442	membership@evansdale.ca
Todd Sharkey	Hockey Director	780-238-3910	hockey@evansdale.ca
Shawna Walsh	Bingo Director		bingomanager@evansdale.ca
Vacant-volunteer today!	Program Director	780-905-4554	programs@evansdale.ca
Jim Ragsdale	Director at large		
Mai-Linh Huynh	Newsletter & Social Media	780-680-9408	newsletter@evansdale.ca
Jeff Muiselaar	Area 17 Representative	780-478-1759	pastpresident@evansdale.ca
Nicole & Chris	Belle Rive Sign Volunteers		signs@evansdale.ca
Jim Young	Evansdale Sign Volunteer		signs@evansdale.ca
Vacant-volunteer today!	Eaux Claires Playground	780-641-6171	ecbr@evansdale.ca
Terri	Hall Rentals	780-478-4444	hallrentals@evansdale.ca
N/A	Skating Rink	780-478-2577	
Cassandra Rijavec	Club Coordinator, Boys & Girls Club/Big Brothers Big Sisters	780-822-2560	Cassandra.Rijavec@bgcbigs.ca

Address: 9111 - 150 Avenue, Hall Phone 457-0948

Mailing address: Box 71023 Northwood Mall Post Office, Edmonton, Alberta T5E 6J8

E-mail address: www.evansdale.ca

Spring Poetry Contest

Submit a poem about spring! Enter to win a beautiful spring bouquet and to see your poem published in the next April issue of the Northeast Voice. The contest is open to all residents of the Northeast Edmonton community. Submit your entries to newsletter@evansdale.ca. Deadline is March 23, 2018.

Visit Our Website and Facebook Page

Get the latest information, our most recent newsletter, contact information and lots of other great stuff! Also get involved, join us on Facebook!

Website: www.evansdale.ca

Facebook Page: www.facebook.com/evansdale-communityleague

Reminder: Outdoor Soccer Registration

Registration dates are the following:

Thursday March 1
6:30pm-8:30pm

Saturday March 10
10:30am-2:30pm

At Evansdale Rink Shack
9111-150 ave

Registration Process

1. Register online in the EMSA Soccer Portal. If you have played in the last 3 years, you will have an account. New players must create an account (<https://emsasoccerportal.com>).

2. Print 2 copies of the player summary confirmation and bring them to registration. This printed copy will give you the date and address of the registration as well as a list of all the items to bring to complete the registration. If you can't print the player summary, then ensure the player summary confirmation email is in your inbox on your mobile device.

3. Attend the Evansdale registration session at 9511-150 ave to purchase a community membership (if necessary), sign up for a volunteer commitment (or pay out the commitment fee), and pay your registration fees.

4. Please bring government ID to verify the player's date of birth.

5. Proof of address is required - a piece of ID or mail with your Evansdale address on it.

6. A signed but undated cheque is required to secure each volunteer service such as bingos, casinos, community events, and ENZSA.

7. Please complete the online registration as soon as



possible so we can get a general idea of the number of players we have. If you have any problems registering on the soccer portal, there is an instructional video or email me at soccer@evansdale.ca and I will walk you through the process.

8. If you are wanting to transfer to another community, I advise you to register as early as possible as we have had some communities reject transfers if their programs are full.

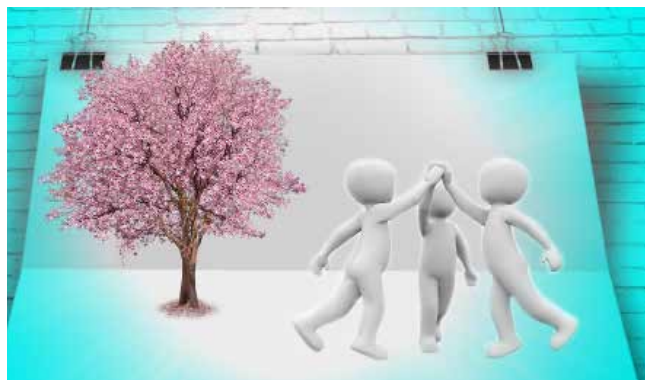
9. Deposits for uniforms will be taken when the uniforms are handed out by the coaches and not at registration. The uniform deposit will be \$50.00.

10. Late registration fee of \$24 will be charged after the last registration on March 10.

Coaches (especially female) and female players wanted!! If you have interest in coaching or have any questions, please email me at soccer@evansdale.ca.

Ray Costley
Evansdale Soccer Director

Community League Memberships



Get your membership anytime! Membership makes you part of an amazing community of people who care about and help look after our community. Get free community swims, discounts on community programs, discounts on Edmonton City wellness programs and hall rentals, and enjoy skating in the winter!

- \$25 family
- \$10 single

- \$10 seniors
- \$15 single parent
- \$15 couple with no children

Contact Elaine Sarac at membership@evansdale.ca or 780-476-7442 to get your Evansdale Community League membership. If you are in a rush, you can buy memberships at the Edmonton Federation of Community Leagues website: www.efcl.org

Evansdale Hall Rental Information

Weekend rates: Friday
12noon to Sunday 3pm

- \$550 damage deposit
- \$550 rental
- Friday/Saturday/Sunday
- \$450 damage deposit
- \$450 rental
- Monday – Friday
- \$325 damage deposit
- \$325 rental (\$150 members)



- Use of dishes \$100
- Meetings \$35/hour

Benefits of Community League Membership



- Free community league swims:
- Londonderry Pool (14528 66 Street) Sundays 4:15-5:45 pm
- Grand Trunk Pool (13025 112 Street) Sundays 4:15-5:45 pm
- O'leary Pool (8804 132 Avenue) Saturdays 4 – 6 pm
- Discount on City of Edmonton annual wellness passes
- Hall rental discount
- Discounts for community league events and programs
- Play community sports such as soccer

Community Rink Runs Until Mid-March

The Evansdale community rink hours are as follows:

Monday to Friday: 6:00 pm to 9:00 pm

Saturday: noon to 9:00 pm

Sunday: noon to 6:00 pm

Rinks closes at -20°C including windchill. Please call 780-

478-2577 to confirm schedule.

Skate tags are available by purchasing a community membership or presenting a valid community membership card. Those without tags will be charged \$3/adult and \$2/child or student.

Winner of the February Colouring Contest

Thanks to all who entered into our February Valentine's Colouring Contest. Congrats to Jenann, Age 7 for doing a superb colouring job and winning the box of Valentine's chocolates!

Kilkenny Community League News

Do you have a special celebration that you would like to announce??

You or someone you know celebrating an anniversary, birthday big or small, engagement, special achievement?? Team achievements, staff challenges, we would like to hear from you!! Feel free to send in a picture and the appropriate information and we will include it in the next newsletter!! Please send it to Sean, Kilkenny Public-



ity Director at publicity@kilkenny.ab.ca.

Kilkenny Playschool Ready, Set, Grow!



Kilkenny Playschool would like to help your child learn kindergarten readiness skills while having fun and making friends all under the care of a well experienced teacher! Our Open House / Preregistration night will be Wednesday, April 11th from 6:30-8:00. Interested parents can bring a \$50 non refundable registration deposit (cash or cheque) to reserve their child's spot. Children are welcome!

Kilkenny Sports Registration Dates

February 27, 2018
@ 6:30 – 8:00pm
March 3, 2018
@ 9:00 -12:00pm
March 15, 2018
@ 6:30 – 8:00pm
At Kilkenny Community Hall



Little Kickers Is Back At Kilkenny

We would like to let you all know, that Kilkenny will be going back to running a "Little Kickers" program. This would fall in the U5 category (instead of U 4). If you have, or know anyone who has children 3-4 years old that are interested in this program, please spread the word!
We will be offering both the U5 program AND the Sport Explorerz program, in the spring of 2018!

www.communityleagueneews.com

Hall Rental

Times	Auditorium	Meeting Room	Both
Weekdays/Weeknights	\$150	\$75	\$225
Fridays (after 5 pm)	\$400	\$100	\$500
Saturdays	\$550	\$100	\$650
Sundays	\$400	\$100	\$500
Two Day Wedding/ Full Weekend (Fri 5pm – Sun 6pm)	N/A	N/A	\$1000
Hourly Rate (3 hours or less)	\$35	\$20	N/A

Rates (Subject to change without notice, please email for more information.)
Rental deposit is also required which is equal to rental amount.
Discounts available for those who hold a consecutive membership for a mini-

mum two years with Kilkenny Community League.
For all Auditorium & Meeting Room rentals, please check our sidebar Calendar for availability and email President@Kilkenny.ab.



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Londonderry Community League

14224 74 Street NW, Edmonton, AB T5C 0Y3
780-705-8201

Mailing Address: P.O.Box 70111, RPO Londonderry,
Edmonton, AB, Canada T5C 3R6

Our Executive Team

PresidentAngie Ewanchuk
Vice PresidentDwight Hunter
TreasurerTanya Fedora
SecretaryBeth van den Elst

Directors

MembershipBeth van den Elst
BingoMargaret Day
ITLeo Bandara
Maintenance.....Randy Fuller
Graphic Arts.....Steff Levy

MORNING COFFEE GROUP

Tuesdays • 10 AM - 12 PM

February 13th & 27th

March 13th & 27th

April 10th & 24th



**Londonderry Community Hall
Upstairs Social Room**

Have you made connections in your neighbourhood?
Would you like to get to know your neighbours
and create a more close-knit community?

Join us for free coffee or tea on the 2nd & 4th Tuesday of
each month for an opportunity to meet new friends!
(No commitments, no sign-ups, no sales pitches!)

Contact Helen at 780-475-6728

Presidents Message



I hope everyone had a wonderful Christmas and a very joyous and safe New Years!

This year Londonderry Community League will be celebrating its 50th Anniversary. This is a great milestone and we want to celebrate it in a very special way. To do this we need your help, we are forming a committee to gather history, create displays, sit on the planning committee to produce the events and to assist in the delivery of a one or two-day event. If you have any history or stories you would like to share please send via email to Beth at secretary@londonderryonline.com or if you would like to be a part of this milestone, please contact myself at president@londonderryonline.com or call me at 780-819-1214.

Angie Ewanchuk

Londonderry Community Market

14224 - 74 Street NW



IS BACK!

**Have something
you'd like to sell?**

Interested Vendors

Contact

Angie

780-819-1214

president@londonderryonline.com

Wednesday Evenings

Beginning

February 7th, 2018

Join Us from

4 PM - 8 PM

CHECK THESE OUT AT OUR MARKET!



Pickled Jalapenos & Jelly • Spice Blends • Tacos & Burritos

Scones • Cinnibitz • Bread & Buns • Assorted Fruit Jams



Household Treasures • Jewellery • Customized Mugs & Glassware



Dressmaker & Alterations • Antique Dolls



Perogies & Cabbage Rolls • Dog Treats • and more...

Be sure to visit our Facebook page: [Londonderry Community League](https://www.facebook.com/LondonderryCommunityLeague)
or our website: www.londonderryonline.com

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McLeod News

 [McLeodCL](#)
 [@McLeodCommunity](#)
14715 59 Street
www.mcleodcommunityleague.ca

www.mcleodcl.ca | 780-475-5712 | Rink: 780-473-8993

President	president@mcleodcommunityleague.ca
Vice President	vp@mcleodcommunityleague.ca
Communications Director	communications@mcleodcommunityleague.ca
Membership Director	memberships@mcleodcommunityleague.ca
Treasurer	treasurer@mcleodcommunityleague.ca
Secretary	secretary@mcleodcommunityleague.ca
Sports Director	VACANT
Past President	pastpresident@mcleodcommunityleague.ca
Grants Director	grants@mcleodcommunityleague.ca
Facilities Director	president@mcleodcommunityleague.ca
Casino Director	vp@mcleodcommunityleague.ca
Soccer Director	soccer@mcleodcommunityleague.ca
Baseball Director	baseball@mcleodcommunityleague.ca
Softball Director	softball@mcleodcommunityleague.ca
Hockey Director	hockey@mcleodcommunityleague.ca
Area 17 Representative	area17@mcleodcommunityleague.ca
Social Director	social@mcleodcommunityleague.ca
Programs Director	programs@mcleodcommunityleague.ca
Community Safety Director	safety@mcleodcommunityleague.ca
Volunteer Director	volunteer@mcleodcommunityleague.ca
Youth Director	youth@mcleodcommunityleague.ca
Civics Director	civics@mcleodcommunityleague.ca
Miller Community Director	miller@mcleodcommunityleague.ca
Casselman Community Director	VACANT
Matt Berry Community Director	mattberry@mcleodcommunityleague.ca
Hollick-Kenyon Community Director	Hollickkenyon@mcleodcommunityleague.ca
McLeod Community Director	mcleod@mcleodcommunityleague.ca
Bingo Coordinator	bingo@mcleodcommunityleague.ca
Hall Rental Coordinator	hallrental@mcleodcommunityleague.ca
Rink Volunteer	rink@mcleodcommunityleague.ca

Sport Explorers Spring 2018 Program Dates & Times April 29-June 28

Sundays, 1:00-2:00pm (3-4YO) or 2:15-3:15pm (5-6 YO) at McLeod
Mondays, 6:00-7:00pm (3-4YO) or 7:15-8:15pm (5-6 YO) at Lago Lindo
Tuesdays, 6:00-7:00pm (3-4YO) or 7:15-8:15pm (5-6 YO) at Evansdale or Northmount
Wednesdays, 6:00-7:00pm (3-4YO) or 7:15-8:15pm (5-6 YO) at Kilkenny

Parents will be asked to choose two preferred days/times and will be contacted prior to program start to confirm. We will make all attempts to place participants in their preferred time slot. Horse Hill and Northmount residents will access the program at the locations listed above. Children must be three years-old at program start date. Please register for the 3-4 year old and 5-6 year old sessions using your child's age at April 29, 2018.

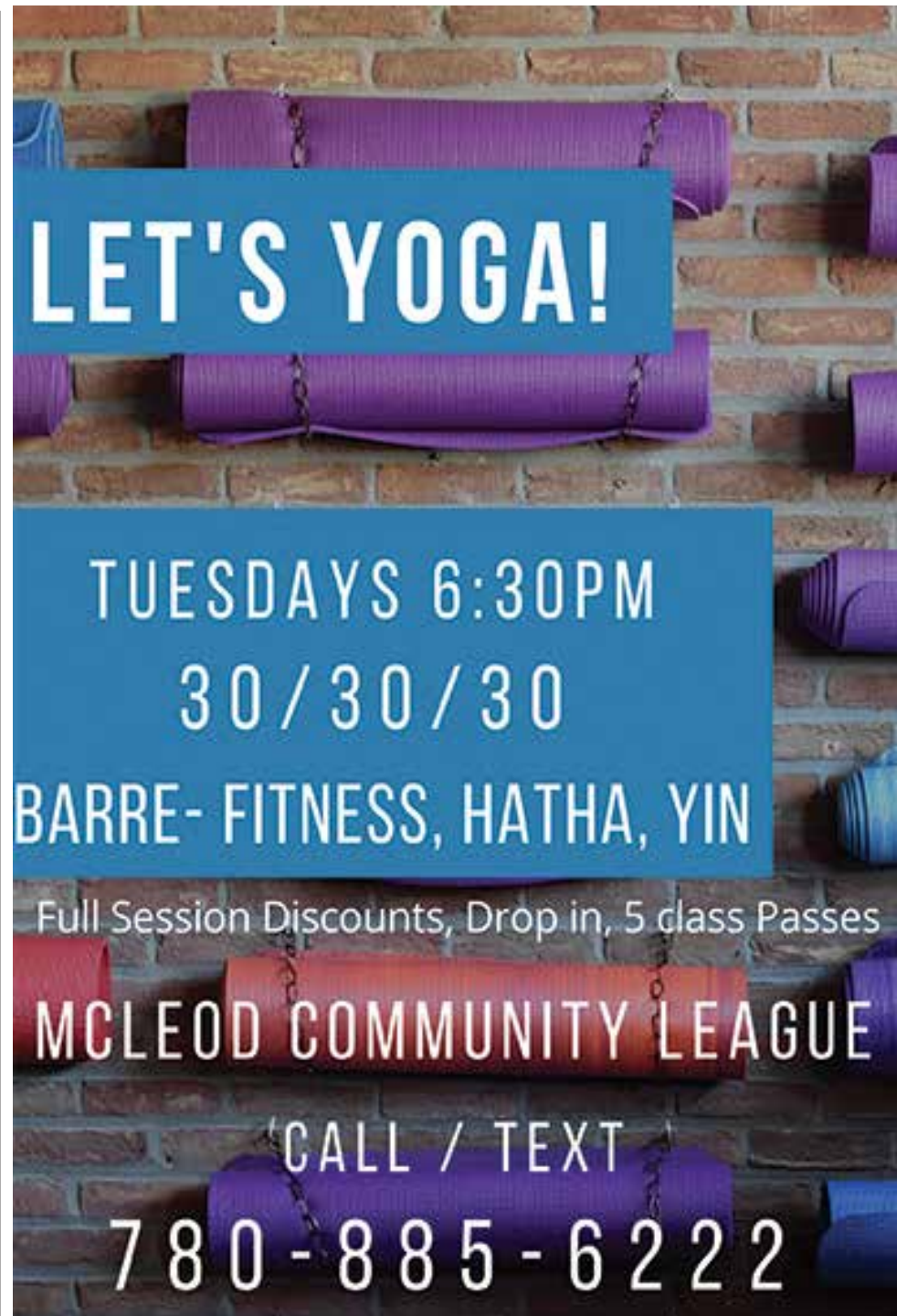
You will need to purchase a community



league membership from your home league at time of registration. Please ensure you bring a blank cheque for your volunteer/community service.

Please go here for upcoming registration dates and times at your community league: <http://sportexplorers.ca/register/>

www.communityleagueneews.com



LET'S YOGA!

TUESDAYS 6:30PM
30/30/30

BARRE- FITNESS, HATHA, YIN

Full Session Discounts, Drop in, 5 class Passes

MCLEOD COMMUNITY LEAGUE

CALL / TEXT
780-885-6222

Yoga in McLeod

Join us every Tuesday @ McLeod Community League from 6:30-8pm for Yoga-Fit classes. 30 minutes of Barre-Fitness using a chair for balance & light weights to tone and tighten. 30 minutes of Hatha Yoga integrating anatomy awareness in breath & movement. 30 minutes of Yin Yoga to relax your body, mind, & soul. Suitable for everyone as there are modifications or challenges for every pose. Ages 13-65. 5 class pass \$75, drop in \$20. Limited Space available; small class sizes for optimal learning. Call or text Tegan at 780-885-6222 to inquire or register.

Maximum Intensity Cardio Kickboxing at McLeod

Hello all McLeod Community Members. I invite you to try out our Maximum Intensity cardio Kickboxing class. It is held on Tuesday and Thursday evenings at 14715-59 St NW from 7-8. Drop in cost is \$10 per session or sign up for \$50 For 10 sessions. Lead by an instructor with 30 years of martial arts and group training experience. The goal is to have fun while you get in shape and improve your life with physical fitness. I hope to see you there.

FREE DROP-IN

SPRING

GREEN SHACK

LOCATION	DATES	DAYS	TIMES
Hollick Kenyon 15716 54 St NW	March 31–April 25 Program WILL run on Monday, April 2	Monday, Wednesday, Saturday	Mon & Wed: 3:30-6:00pm Sat: 1:00-5:00 pm

Our Green Shack program is now running in select locations in the spring months. Come and join us for games, crafts, sports, outdoor cooking and more!

This program is targeted for children aged 6-12, but all children accompanied by an adult are welcome to attend.

For more information, please visit:
edmonton.ca/dropincommunityprograms
or call 311. @GreenShack

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Thinking of Registering for Soccer in McLeod?

McLeod held its first registration session February 7. It's not too late to register as we will be holding two more registrations on February 27 and March 7, at McLeod hall 6-8:30pm. You are encouraged to attend the February 27 registration session as we will start forming teams shortly thereafter.

As per the last several seasons, we will be using the EMSA Soccer Portal to register players for the upcoming season. Please go to the EMSA North website at www.emsanorth.ca, click on Play at the top of the page, click on Register in the dropdown menu and follow the instructions.

Please bring to McLeod's payment session, a copy of the player registration summary form, identification for proof of birthdate, payment (cash/credit/debit only - cheques are not accepted as payment for soccer registration), an un-dated but signed cheque for volunteer commitments and Kid-sport/Jumpstart applications if applicable.

Registration fees are as follows.

Age Category	Birth Year	Playing Days	Early Bird Fee	Fee Effective February 28
U5	2013 - 2014	Tues & Thurs	\$115	\$140
U7	2011 - 2012	Mon & Wed	\$125	\$150
U9	2009 - 2010	Mon & Wed	\$140	\$165
U11	2007 - 2008	Tues & Thurs	\$180	\$205
U13	2005 - 2006	Tues & Thurs	\$210	\$235
U15	2003 - 2004	Mon & Wed	\$220	\$245
U17	2001 - 2002	Sun & Thurs	\$220	\$245
U19	1999 - 2000	Sun & Tues	\$220	\$245

We will also have socks, shin pads, and shorts available for sale for first time players and for those that have outgrown their current apparel.

Feel free to contact me if you have any

questions about registering or coaching: soccer@mcleodcommunityleague.ca

Todd
McLeod Soccer Director

Stay and Play at McLeod

McLeod Community League and the Norwood Child + Parent Resource centre will be partnering to offer a new program for parents and children.

Starting January 15, 2018 every Monday except the stat holidays there will be a Stay and Play group offered out of McLeod Community League. Time of the group 10:00-12:00. It is a drop-in (NO REGISTRATION REQUIRED) group. Come and participate in an open play environment for children

and families to learn through play with a focus on the development of the whole child. There is no charge for this program.

Professional facilitators are available through all that time to answer any questions related to child development, community resources or if you are interested they will support you and your child with the ASQ (Ages and Stages Questioner) developmental screening.

Email questions to programs@mcleodcommunityleague.ca

McLeod Community League Meets with Councillors

The McLeod CL Civics director, along with other seniors, met with Councillors Andrew Knack and Moe Banga (Co-chairs of the Seniors Initiative) to discuss snow removal, bus & LRT transit policy, safety at Clairview Rec Centre, sidewalk renewal and cannabis & liquor store locations.

Councillors serve on several committees, in addition to representing their ward. They take information collected at these meetings to inform their policy recommendations, and to share with other councillors. Thanks for your visit to the northeast, and for a great public engagement opportunity!



McLeod Values Locally Produced Food

McLeod is celebrating 5 years as an Alberta Recreation & Parks Association Choosewell Community, joining organizations across the province that value active living and healthy eating.

We're happy to have the Miller Crossing Farmers Market organize local food producers every Sunday 11 am – 3 pm at the Legion 14339-50 St. www.mcfarmersmarket.ca

Also, you can join our neighbourhood's

CSA (community supported agriculture) from Riverbend Gardens, and have fresh farm produce delivered weekly during the summer. www.riverbendgardens.ca

McLeod CL also invited the Edmonton and Area Land Trust to make a presentation at the most recent meeting of Area 17 (local community leagues and other non-profits) to discuss conserving farmland for local food production in northeast Edmonton.

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If I can be of assistance to you on any federal matter, please do not hesitate to contact my office.

- Canada Pension Plan/Old Age Security
- Guaranteed Income Supplement
- Citizenship Inquiries
- Immigration Matters
- Canadian Passport/Consular Affairs
- Business Opportunities/Grants & Funding
- Student Loans
- Taxation Issues

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EDMONTON MANNING

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EDMONTON, AB T5Z 0G3
ZIAD.ABOULTAIF.C1@PARL.GC.CA
780-822-1540
WWW.ZIADABOULTAIF.CA

Come and celebrate International Women's Day

Londonderry Community League, 14224-72 Street NW
March 9, 5:30 - 8:30 p.m.

Activities will include guest speakers, resource tables, free mini-makeovers, free clothing, shoes & accessories & refreshments. Admission is free.

Brought to you by Dickinsfield Amity House, MLA Chris Nielsen, and the Londonderry Community League.

Chris Nielsen  **MLA, Edmonton-Decore**

780-414-1328 edmonton.decore@assembly.ab.ca





McLeod Teams Put on Good Showing at FC Memorial

Congratulations to all the McLeod teams who participated in the annual FC Memorial Challenge Tournament from February 1st to February 4th, 2018.

The hard work of our coaches and players paid off, the following teams brought back home medals:

McLeod Khair U8 Boys (Premier/Club), Silver medals.

McLeod Dunsford U10 Boys, Silver medals.

McLeod Meger U10 Boys, Bronze medals

McLeod Mizier U10 Girls, Silver medals.

McLeod Moffitt U12 Girls, Gold medals.

McLeod Lombardo U12 Boys, Bronze medals.

McLeod Boschman U14 Boys, Gold medals.

McLeod Grzyb U16 Girls, Gold medals.

McLeod McLeod U16 Girls, Silver medals.

McLeod Chand U18 Girls, Gold medals.

We celebrate all teams who participated in the FC Memorial Challenge!

McLeod Soccer Committee.

McLeod's Vacant Lots for Urban Agriculture

The City of Edmonton will be offering new opportunities to garden on City land for the 2018 growing season. They are looking for conscientious gardeners who want to cultivate vegetables or flowers on municipal land between April 1 to Oct 31, 2018. No chickens or bees! More information and online applications at www.edmonton.ca, search "vacant lots for urban agriculture".

Hollick-Kenyon 15444-55 St NW

Matt Berry/McLeod Park 16031-63 St NW 15514-63 St NW

15401-64 St NW

McLeod 6516U-144 Ave NW

McLeod Recruiting Adult Slo-Pitch Players

For the last three years, McLeod teams have competed in slo-pitch tournaments in Northmount, Balwin, and other communities, reviving an old community league tradition. This year, we are hoping to field more teams. If you're interested in joining a McLeod team to play in one of three weekend tournaments this summer (two in June and one in August, most likely), please email Joe at rink@mcleodcl.ca We need male and female players, but mostly we're just looking for folks who want to come out for a good time and some fresh air.

McLeod Active in Ward 4

On January 16, McLeod CL hosted Councillor Aaron Paquette, Area 17 President Gord Harris, North Edmonton Business Association and North Edmonton Seniors Association to discuss local issues and champion the north side!

Mark Your Calendars for Upcoming McLeod Events



NOTE: Subject to change, please check current details on our website www.mcleodcl.ca or Facebook page: McLeod Community League.

March 7, 6:00-8:30pm: Sports and Programs Registration

March 16, doors open at 5:30pm: Movie Night

March 29: Board meeting

April 21: Volunteer Appreciation Dinner

April 26: Board meeting

May 11: Movie Night

May 12: Youth Ball Tournament

June 16: Soccer Wind-up Party

July 23: KDays Pancake Breakfast

McLeod Membership Free Access



Your McLeod CL membership card (valid to Aug.31.2018) provides you free access at these times:

Clareview Rec Centre

Every Saturday 6:00 pm – 8:00 pm-Weights, track, sauna, hot tub, ball pit, courts, pool

Londonderry Pool Every Sunday 4:15 pm-5:45 pm (shutdown Oct 28/18 – Jan 27/19)

O'Leary Pool Every Saturday 3:45 pm – 5:45 pm

Grand Trunk Pool Every Sunday 4:15 pm – 5:45 pm

YMCA Castledowns Indoor Swim Every Sunday 2:00pm – 4:00 pm

If it's your first time at the pool, or you haven't been for a while, please check the pool safety tips available at www.lifesaving.org. You're responsible for your and your family's personal safety. The lifeguards are there for emergency situations.

It's Time for the Post Season for McLeod Soccer

It's hard to believe we're already at the end of the regular season. Congratulations to the following teams for advancing to post season play.

Mizier	U10	Girls
Mansoor	U12	Boys
Moffitt	U12	Girls
Weber	U12	Girls
Grzyb	U16	Girls
McLeod	U16	Girls

Chand U18 Girls

EMSA City finals will be held February 24

and 25 at all 3 Edmonton soccer centres. Successful tier 4 teams will advance to Provincials, March 16-18, in various cities across the province. Successful tier 5 and optionally tier 6 teams in some age groups will advance to Inter-Cities against Calgary, March 10 and 11. Edmonton will host the boys competition and Calgary will host the girls.

Come out and cheer on your favourite team.

Todd

McLeod Soccer Director

McLeod Community Safety Director

In the month of March, the Alberta Traffic Safety Calendar primary focus is Occupant Restraints. In Alberta, the law requires that all occupants traveling in a motor vehicle use a seat belt or child safety seat that is properly worn and adjusted. Occupants using a restraint reduce the chance of sustaining an injury, serious injuries and/or death.

Drivers are responsible for the proper restraint of children under 16. Section 82 of the Alberta Vehicle Equipment Regulations states that a child safety seat must be used when a child who weighs 18 kilograms or less is a passenger in the vehicle. The motor vehicle must be equipped with a child restraint system, the child restraint properly installed, and the child properly secured in the child restraint system.

Types of Car Seats:

Rear Facing Car Seat

Rear facing car seats are recommended for children until they are at least 2 years old or reach the maximum weight or height limit for the rear-facing seat (as directed by the manufacturer).

Forward-facing car seats

Forward facing car seats are recommended for children who have reached the maximum weight or height limit of the rear-facing seat (as stated by the manufacturer). These seats should be used until the child has reached the maximum weight or height limit of the seat (as directed by the manufacturer)

Booster seats

Once a child can no longer stay in forward-facing car seat I recommend you use a booster seat. Booster seats assist in proper placement of the seat belt due to a child's smaller body size. I recommend you use the booster seat until the child has reached the maximum weight or height limits of the seat as set by the manufacturer.

FYI- There is no Alberta law requiring booster seats among children who have outgrown their forward-facing car seats and are over 40 lbs (18kg) or over 6 years old

If a child safety seat was in a vehicle which was involved in a collision replace it immediately.

There are some exemptions under the regulations where seat belts are not required :

Motor vehicles driven in reverse

Motor vehicle when used to make deliveries or picking up items while driving not more than 40 km/hr

Motor vehicles given permission by municipality to drive in a parade

Operator of a taxi while carrying a fare

Operator of a bus that being driven as part of a municipal passenger transportation system

Ambulance attendants in an ambulance carrying a patient

Passenger that is driven by a peace officer that is under arrest, committed to a correctional institution or jail, including a military guard room, remand center, penitentiary, facility or place designated as a place of open or secure custody pursuant to the Youth Criminal Justice Act (Canada)place of custody as defined in the Alberta Youth Justice Act, detention center or a place where a person is held under a warrant of a judge.

A person that can produce on the demand of a peace officer a signed letter certified by a duly qualified medical practitioner that clarifies the person for a period of time stated is unable to be secured in a child seat or seat belt due to medical reasons. The letter must be written on letterhead from the medical practitioner, include the name and address of the person exempted and reasons for exemption and dates when the exemption begins and ends. The exemption must not be for a period of more than one year.

Peace Officer while carrying out their duties

Common Parking Infractions:

Abandoned Vehicle

Vehicles parked on the street must be moved every 72 hours or they are considered abandoned under the Alberta Traffic Safety Act Section 76 (1) (a). If the vehicle is found to be abandoned the registered owner may receive a Violation Ticket for \$310.00 and the vehicle can be towed at the registered owners cost. If you are not driving the vehicle on a regular basis please park on your driveway or at storage yard.

Improper Parallel Parkin

Vehicles parked left wheels to curb or in front of their residences including service roads where the roadway is not a one way street or signage allowing this parking are not permitted under the Alberta Use of Highway and Rules of The Road Regulation. Registered owners may receive a Violation Ticket for \$310.00 and the vehicle can be towed at the registered owners cost.

For more information on parking go online and search Alberta Use of Highway and Rules of The Road Regulation and/or go online to City of Edmonton website to view Traffic Bylaw 5590.

For any parking complaints go online to City of Edmonton, Download the 311 App for your smartphone or call 311.

Thanks to McLeod Volunteers!

Todd & his team organized such well-run registration nights, they deserve a medal! People could sign up for soccer, baseball, softball, sport explorerz or the slime party! Julie was great at expediting people through the service commitment choices. Families were moving through the whole process in 15 minutes.

The sport directors Todd, Fadi, Rod, Richard and Devin did a fantastic job explaining how their programs worked to the young families just entering the system. The community members selling memberships & team merchandise, explaining commitments, checking math and being cashiers were all wonderful.

After the Feb 7 and Feb 27 registration nights, the last one will be held March 7 at McLeod Hall from 6:00 pm to 8:30 pm.



Please make sure to follow us on Facebook for the most current information, as community information is posted almost daily; this newsletter is only once a month. Our website www.mcleodcl.ca is also a source of current information.

Ask Charles

I'm selling my home, and the potential buyers also want to use my real estate professional to represent them. Is that allowed?

Yes, that's allowed. The situation you're referring to is called transaction brokerage. Transaction brokerage is a service option when your real estate professional represents a buyer client interested in purchasing the property in which you are the seller client.

The reverse is also true – transaction brokerage is a service option when you're interested in buying a property and the property's seller is also represented by your real estate professional.

When a real estate professional works on behalf of only one client in a transaction – the buyer or the seller – they have legal responsibilities, which include:

- undivided loyalty to their client
- acting in their client's best interest at all times
- the duty to avoid conflicts of interest
- the duty to disclose conflicts of interest when they arrive.

Transaction brokerage changes the services your real estate professional is able to provide to you and to the other party in the transaction. A real estate professional who is working with both the buyer and the seller in a transaction cannot fulfill all of their legal responsibilities because there is a conflict between the best interests of the buyer and those of the seller. The buyer wants to pay as little as possible for the property, while the seller wants to sell their property for the highest possible price.

It is impossible for a real estate professional to advocate for and represent the best interests of a buyer client AND seller client in the same transaction.

This is when and why transaction brokerage becomes an option. In transaction brokerage, the real estate professional will provide facilitation services to you and the other party.

These services include:

- helping the buyer and seller negotiate an agreement
- giving the buyer and seller property statistics and information, including compara-



tive information from listing services and local databases

- providing and preparing agreements of purchase and sale, and other relevant documents according to the buyer and seller's instructions

A transaction facilitator has to treat both parties in an even-handed, objective, and impartial manner. They must remain neutral, not advocate for either you or the buyer, and they cannot provide confidential advice.

Before a real estate professional proceeds with transaction brokerage, both the buyer and the seller need to provide their informed consent by signing an Agreement to Represent both Buyer and Seller.

Informed consent means each client understands the facts, implications, and future consequences of providing their consent.

You do not have to consent to transaction brokerage. If you don't consent to it, or the other party doesn't, there are other options available to you such as seeking representation from a different real estate professional.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email ask-charles@reca.ca.

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(September-June)

www.570squadron.com



Burns and Scalds



Each year, Alberta Health Services, EMS, continues to respond to emergencies involving young children who have sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching hot surfaces such as stoves, or making contact with electrical outlets. Fortunately, incidents such as these can be avoided by taking preventative measures.

Degrees of burn

- **1°:** Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable;
- **2°:** Deeper and much more painful than 1° burns; broken skin or blisters commonly develop;
- **3°:** Severe: the deepest layers of skin and tissue are injured; may appear charred or leathery.

Prevention of burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds;
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks or food to spill on a child;
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached;
- Avoid picking up a child while holding any hot liquids;
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access;
- Keep children away from areas where appliances are in use (kettles, irons, hot stoves).

First Aid for burns

- Skin may continue to burn if not aggressively cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or at least clean material to protect infection;
- Over the counter medications may be used for pain. Adhere to directions given on the label;
- Seek further medical attention, as required.

If you require immediate medical attention, call 9-1-1

www.albertahealthservices.ca



Northmount Community League News

Northmount Board of Directors

POSITION	NAME	Contact	Contact
President	Meagan Plamondon	780-270-1212	president@northmount.ca
Vice President	VACANT		
Treasurer	Angela Purves	587-336-7699	treasurer@northmount.ca
Secretary	Michele Crocker		newsletter@northmount.ca
Grants	VACANT		
Past President	Terry Kitching	780-478-4147	
Social	Suzanne Ramdass	780-993-2064	social@northmount.ca
Facilities	James Crocker	780-717-5885	webmaster@northmount.ca
Area 17	Karen Plamondon	780-478-2010	
Newsletter	Michele Crocker		newsletter@northmount.ca
Memberships	Robin Wheatley	780-473-8634	
Adult Programs	Robin Wheatley	780-473-8634	
Senior's Programs	Suzanne Ramdass	780-993-2064	social@northmount.ca
Children's Programs	VACANT		
Hockey	TBA		
Soccer	Joanne Cheetham		soccer@northmount.ca
Softball/Baseball	VACANT		
Sports	VACANT		
Bingo	Angela Purves	587-336-7699	treasurer@northmount.ca
Casino	Sid Plamondon	780-478-2010	
Co-Sport Explorerz	Karen Plamondon	780-478-2010	
Co-Sport Explorerz	Sid Plamondon	780-478-2010	
Past President	Terry Kitching		

President's Message



President's Message

We are just about half-way done our first exercise programs being offered at Northmount, and everyone has had a lot of fun! Spring session will be starting soon, if you are interested please attend a registration on March 15, 22 and April 5, from 7:30 until 8:30 PM (Save \$5 if you register in March!).

On February 13, 2018 Northmount along with Amity House provided a free pancake dinner. We also had live music and a Valentine's Day craft! Thank you to everyone who showed up for some tasty pancakes! A special thank you to all the volunteers who made the event a huge success!

Our 3rd Annual Komarynsky Classic (Softball Tournament) is back and we are looking for volunteers to assist with planning and ball players to play in the tournament. If you are interested please contact myself at 780-270-1212 to sign up!

We are also still looking for members to join our playground committee, our playground has 2 years left in its lifespan and we need to start planning on the rebuild and fundraising to pay for the new park. Please contact myself at 780-270-1212 to sign up! We need your help to keep the playground at Northmount Park!

**Thank you,
Meagan Plamondon**

AGM – April 17, 2018 – 7 pm

Northmount Community League is looking for dedicated and enthusiastic volunteers to fill various board, committee and volunteer positions. If you or someone you know is interested, please attend our meeting or contact Meagan by text at 780-270-1212 or email president@northmount.ca for more details!

Northmount Community League can only keep the doors open by relying on dedicated volunteers. That is why we need your help!

The following Board Positions need to be filled at our next AGM in April:

Vice President of Operations, Vice President of Programs, Treasurer, Mem-

SAVE THE DATE!

June 1st, 2nd, and 3rd = Northmount's 3rd Annual Komarynsky Classic (Softball Tournament)

June 10th – Superhero Day
June 14th – Pride in the Park

Blood Drive

Canadian Blood Services is having a clinic at our hall on April 26, 2018 from 3:30 until 7:30. Please see their website for more details or to book an appointment to give! <https://blood.ca/en>

Northmount's Annual Garage Sale!

Once again Northmount will be hosting our annual Garage Sale in the community hall! The dates are Friday, April 27th and Saturday, April 28th. Table rentals are \$10. For more information, or to book a table, please call Robin at 780-473-8634.

2018 Outdoor Soccer Registration

All registrations MUST be done online at <http://emsanorth.com/play/register>

Please bring 3 copies of the forms, or 3 copies of the registration confirmation. Your child is not considered registered until online registration is confirmed and verified at the payment session. For the payment session, cheques will be required for volunteer commitments and uniform deposit.

Our registrations will be

held between 6:30-8:30 PM on Friday, March 9 and Friday, March 16. Please remember to bring all the items mentioned above.

Prices are as follows:

U5 2013-14 \$115.00
U7 2011-12 \$125.00
U9 2009-10 \$140.00
U11 2007-08 \$180.00
U13 2005-06 \$210.00
U15 2003-04 \$220.00
U17 2001-02 \$220.00
U19 1999-2000 \$220.00

Follow us on Social Media

Do you want to keep up-to-date on happenings in Northmount? Join our Facebook page at <https://www.facebook.com/groups/NorthmountCommunityLeague/> Join in the conversations, RSVP to Events we are hosting, and connect with fellow community members. We'd love to see you there!

Northmount Hall Rentals



We have a seating capacity for 250 guests. We offer a large kitchen with industrial stove, double door cooler, dish sanitizer and bar area.

Fridays & Saturdays all functions:

\$450 for Non-members

\$350.00 for Members

Wedding Special \$700.00 - Hall is yours to setup & use from Friday morning to Sunday at 5:00

Interested in renting? Call Linda at 780-399-9022

Memberships

Become a Community League Member! Community League Memberships are now on sale. Purchasing a membership helps support the programs that you see being run in your neighborhood.

Community Leagues are special to Edmonton. It is a place where community members are understood and valued, and where we can build a great neighborhood together and advocate for the city we want.

We are inviting you to explore and become involved in your community!

Why?

Discover what community

can offer to you and your family

Create supportive networks and friendships with people who live in your Neighborhood

Ensure that everyone living in Northmount feels welcome and a chance to feel that they belong to a community

Increase safety and security in our Neighborhood

Belonging to a community can improve your health

Discover a place to socialize

To purchase a membership please contact Robin at 780-473-8634 or purchase online at <http://efcl.org/membership>

www.communityleagueneeds.com

Keep Fit at Northmount!



Body Bootcamp® – Wednesday nights 6:00 PM until 7:00 PM, please arrive at 6:45 PM for check-in

Northmount has hired a Bootcamp® instructor, join us for a fun and energetic workout! Join us for a 10-week session starting in April 2018. Buy a 10 week pass or drop in throughout the season. If you have any questions, please call or text Meagan: 780-270-1212. You must have a Community League Membership to attend as a drop in or to purchase a 10-week pass.

Drop in fee: \$10

10-week pass: \$65 or \$35 if you complete a volunteer commitment

Registration: March 15, 22 and April 5, from 7:30 until 8:30 PM (Save \$5 if you register in March!)

Zumba-Gold® – Tuesday nights 6:15 PM until 7:15 PM, please arrive at 6:00 PM for check-in

Zumba-Gold® is back! Join us for the spring session starting in April. Zumba-Gold® involves dance and aerobic movements performed to energetic music, but at a slower pace. This is great for beginners or anyone who wants to try Zumba® at a slower pace. If you have any questions, please call or text Meagan: 780-270-1212. You must have a Community League Membership to attend as a drop in or to purchase a 10-week pass.

Drop in fee: \$10

10-week pass: \$65 or \$35 if you complete a volunteer commitment

Registration: March 15, 22 and April 5, from 7:30 until 8:30 PM (Save \$5 if you register in March!)

Hatha Yoga – Thursday nights 6:00 PM until 7:00 PM, please arrive at 5:45 PM for check-in

Join us for a spring session of Hatha Yoga

at Northmount! Hatha Yoga is an umbrella term that embraces all styles of yoga. There are many styles, and all of them incorporate Hatha Yoga poses in various sequences and modes of practice. Ultimately, every yoga style is driven to improve both mental and physical well-being of the practitioners. Therefore, we invite you to join us in the exploration of Hatha Yoga. We will improve balance and concentration, increase flexibility and muscle strength and tone, learn to breathe and meditate. We hope there will be a challenge for everyone because this is where a positive change happens. Buy a 10 week pass or drop in throughout the session. If you have any questions, please call or text Meagan: 780-270-1212. You must have a Community League Membership to attend as a drop in or to purchase a 10-week pass.

Drop in fee: \$10

10-week pass: \$65 or \$35 if you complete a volunteer commitment

Registration: March 15, 22 and April 5, from 7:30 until 8:30 PM (Save \$5 if you register in March!)

Hapkido Club

Northmount is hosting a low-cost martial arts class for anyone over the age of 10 with a community league membership.

Your first month is free!

If you trained before in Karate, Boxing, Judo, Wrestling or Taekwondo you will enjoy this class. Advance at your own pace No experience is necessary. Come learn kicks, hand-to-hand techniques, throws, cane, and knife defense skills.

Children and Teens from 7-8 PM on Monday nights and Adults will run every Monday and Wednesday from 8-9:30 PM. For more information or to register, please contact: sidplamondon@outlook.com or at 780-478-2010.

Getting Social with Northmount



Paint Night

Please insert image: paint night (this is the actual painting that participants will do)

You are invited to attend Northmount's first Paint Night! On April 19th we will have an instructor taking participants through a guided paint class (all levels of painters are welcome!) for \$40 you will get the instruction and supplies to complete a piece of art, as well as free coffee, tea, and light refreshments. Tickets for this event must be pre-purchased as there will be a limited number of seats available. If you have any questions, please call or text Meagan: 780-270-1212. You will also need to have a Community League Membership to purchase a ticket. (Please purchase your membership from your home community)

Registration: March 15, 22 and April 5, from 7:30 until 8:30

Perogy Dinner – from 5 to 8 PM

Northmount Community League and Amity House invite you to join us for a FREE

Perogy dinner! Menu will include perogies, cabbage rolls, sausage, coffee and juice. Please let us know if you are coming, so we can plan how much to prepare.

RSVP to our Event on Facebook, otherwise contact Suzanne at 780 993-2064

Bring your own Craft Night

Please join us at Bring Your Own Craft Night every Thursday evening from 7 to 9 PM. (Right after Yoga!) Free coffee, tea and hot chocolate will be provided (we have decaf!) for anyone showing a current EFCL Community League Membership (from any community league.) Bring a friend or meet someone new, while enjoying a night of crafts!

Senior's Coffee and Tea Club

Please join us, along with friends from around the neighborhood. Free Coffee and Tea will be provided for anyone showing a current EFCL Community League Membership (from any community league.) Coffee and Tea will be served the 1st and 3rd Tuesday of each month from 9:30 to 11:30 AM.

The Early Learning Mobile Unit (EMU) is at Northmount!



Edmonton Catholic Schools is excited to offer an innovative program designed to create positive learning experiences for children and parents outside of an Early Learning classroom. The EMU will run out of the Northmount Community Parking Lot on Monday's until March 12th.

The Early Learning Mobile Unit (EMU) is a free, interactive program that is located in a 39 foot motorhome. This program offers a cozy and unique environment where parents and children can interact with Early Learning Facilitators and engage in learn through play

experiences. Children (age 2 1/2 to 5 years) can participate in developmentally appropriate activities and parents are able to connect with families and resources in their community.

The EMU offers 3 Programs daily, all programs are free:

9:30 - 11:00 AM (requires registration – please call 587-926-1665)

Drop In: 11:15 - 12:15 p.m.

1:00 - 2:30 PM (requires registration – please call 587-926-1665)

The program will be closed from 12:15 - 1:00 p.m.

**SAVE UP TO \$10,000
ON SELECT LOTS!***

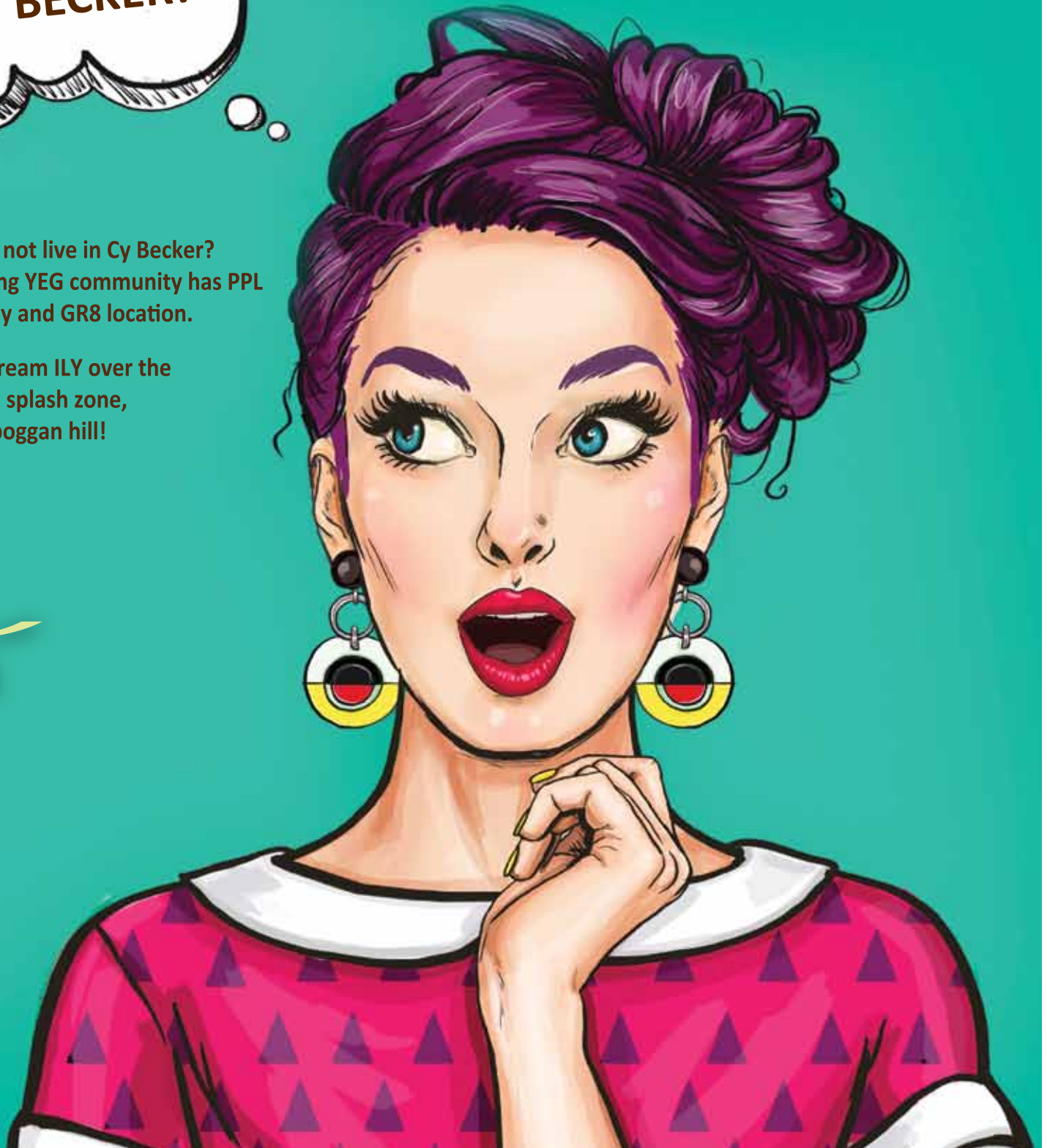
*Some restrictions apply. Limited time offer. See showhomes.

YOLO
LIVE IN CY BECKER!

PPL often say YOLO, so why not live in Cy Becker?
This northeast award winning YEG community has PPL
talking about its affordability and GR8 location.

BTW your kids will LOL & scream ILY over the
new All Seasons Park with a splash zone,
playground, ice rink and toboggan hill!

FYI...visit cybecker.com



11 SHOWHOMES NOW OPEN

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