

NORTHEAST VOICE

Serving the community leagues of Evansdale, Kilkenny, and McLeod

April 2023



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Kilkenny Upcoming events

Kilkenny Alley Renewal Construction,

Construction is scheduled for Kilkenny alleys in 2023 and 2024! Join the Project Team as they share the construction schedule and answer your questions. Public Information Drop-in Event: April 20, 2023: 6:30 - 8:00 p.m. Kilkenny Community League Hall 14910 72 Street

Looking for Craft Vendors,

Kilkenny is having a Craft Show Saturday May 6 12-5pm

\$20 a table, Call Anna 780-478-3269

Help out our Community.

Shop at The Grocery People at 11628-142 St. Tell them you're with Kilkenny.

They will donate 5% of your purchase. To our Community League.

Okinawan martial arts at McLeod



Spring is sprung – get off the couch and come get your karate fix! Tuesday nights at McLeod mean Okinawan Goju ryu Karate–classes for youth and adults – and Ryukyu Kobudo – for beginners or experienced martial artists.

Build confidence, improve focus and disci-

pline, work on strength and flexibility.

Challenge yourself mentally and physically.

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Find us on - [facebook.com/RyukyuKaratedoKobudo](https://www.facebook.com/RyukyuKaratedoKobudo) or text/call 780-619-3136

VOLUNTEERS NEEDED!

CALLING ALL VOLUNTEERS!
WE NEED YOUR HELP!

To volunteer contact us at:
volunteer@amityhouse.ca
or
780-478-5022



More Info on Page 2

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McLeod Community League News

At EPL Londonderry

NOTE: Branches are closed April 7th, 9th, and 10th.

Weekly:

Settlement Practitioner (Adult)

***Check in with the LON branch for ongoing schedule updates.

We offer Settlement Services to help you with common questions about moving to Canada and settling into a new home.

Sing Sign Laugh and Learn (Baby & Toddler)

Mondays 10:15 AM – 11:00 AM, 2:15 PM – 3:00 PM

Tuesdays 10:15 AM – 11:00 AM

Wednesdays 10:15 AM – 11:00 AM

Fridays 10:15 AM – 11:00 AM

Saturdays 2:30 PM – 3:15 PM

You and your child from birth to age three are invited to join us for songs, rhymes and signs.

STEAM Lab (Ages 9-12)

Tuesdays 4:00 PM – 5:00 PM

From robot battles to hovercrafts to building your own games, discover all things Science, Technology, Engineering, Art and Math.

LACE English Conversation Circle (Adult)

Thursdays 10:00 AM – 12:00 PM

Drop in and join others who also want to practice their English.

Preschool Problem Solvers (Ages 4 to 5)

Thursdays 4:00 PM – 5:00 PM

Preschool Problem Solvers introduces shapes, numbers, colours and classroom behaviour to children aged four to five.

Practise English @ Your Library (Adult)

Thursdays 6:00 PM – 7:00 PM

Practise your English language skills, meet new friends, and have some fun. We'll have conversations about many different topics, using materials from the library.

Tech Time (All/Adult/Senior)

Fridays 3:00 PM – 4:00 PM

Need some one-on-one tech help? Bring your device (or use one of ours) and come prepared with a tech-related question or challenge you would like to explore with a savvy staff member.

Youth Talk (Teen)

Fridays 3:30 PM – 5:00 PM

Practice your communication skills and gain familiarity with Canadian society and culture in this conversation-based program designed for newcomer youth.

Monthly Events:

Book Clubs of EPL

Wednesday March 22, 7:00 PM – 8:00 PM

Where the Crawdads Sing by Delia Owens.

Come and share your impressions, thoughts and interpretations of a book we have all read.

One-Off Events:

Spring Break Starts Here! Dance Party at the Edge of the Universe

Saturday April 1, 11:00 AM – 11:45 AM

Make a galactic outfit and create a dance that's out of this world! Family/Preschoolers

Make Tax Time Pay (Tax Clinic)

Saturdays April 8, 15, 22, & 29, 10:00 AM – 2:00 PM

Make Tax Time Pay Make Tax Time Pay (MTTP) is a FREE program available in Edmonton and the surrounding areas for those with low to moderate income

Computer Skills: Smartphones and Tablets

Wednesday April 19, 2:00 PM

This is a class for those who are new to tablets and smartphones or are looking to become more confident using these devices, including English language learners and seniors. You will learn the basic differences between

Apple and Android, how to navigate your device, what the different icons mean, how to find and adjust your settings, and what apps are and how to access them. No prior knowledge is required

At EPL McConachie

Weekly:

Sing Sign Laugh and Learn (Baby & Toddler)

Mondays 2:30 PM – 3:15 PM

Fridays 10:30 AM – 11:15 AM

You and your child from birth to age three are invited to join us for songs, rhymes and signs

Baby Laptime (Baby & Toddler)

Wednesdays 10:30 AM – 11:00 AM

Enjoy delightful stories, songs, books, rhymes, finger plays and more, especially for babies.

Day Home Rhyme Time (Ages birth to 5)

Mondays 10:30 AM – 11:00 AM

Day Homes are invited to join us for 30 minutes of interactive music, movement, songs, a story and more. Day home lead[1]ers can engage with their young children birth to five years old through literacy play with us at the library.

Ask Charles - Real Estate Q&A

The seller's real estate agent lied about the house I put an offer on. Will filing a complaint with the Real Estate Council of Alberta, get me out of my purchase?

Filing a complaint with the Real Estate Council of Alberta (RECA) won't help you get out of your purchase, but you are encouraged to file a complaint against the seller's agent if you believe they lied to you.

RECA's complaint-handling process is disciplinary in nature. RECA can issue discipline against industry professionals only after reviewing the complaint, collecting evidence,

conducting interviews, and holding a hearing. And only if the industry professional is found to have breached the legislation or industry standards.

Penalties issued against industry members can be significant; up to \$25,000 per breach. However, RECA's disciplinary process can't get your money back, award you any damages, or will it enable you to get out of your purchase.

The offer to purchase that you submitted, and the seller accepted, is a contract that created legal and binding obligations. RECA does

not have the authority to intervene with these legal contracts.

In the event that the lie was significant enough that you believe you will be financially or otherwise disadvantaged by continuing with the purchase, you should talk to a lawyer as soon as possible. A lawyer can advise you on potential legal action you can take after your purchase closes.

Consumers do not automatically receive compensation from this Fund as a result of filing a complaint. Rather, there is an application process which, in some cases, requires a

consumer to file a lawsuit against the industry professional in question. For more information about this Fund, check out RECA's website at www.reca.ca.

You've got questions. He's got answers.

Charles Stevenson is the Registrar at the Real Estate Council of Alberta. Charles knows that buying and selling a home can be confusing, but it doesn't have to be. "Ask Charles" is a question and answer column for consumers about buying and selling property in Alberta.

If you have a new question for Charles, please email askcharles@reca.ca.

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Volunteers Needed at Dickinsfield Amity House (More info)

Do you want to gain valuable experience and make a difference in the lives of others? Do you want to meet new people, have some fun and give back to your community? If so, Dickinsfield Amity House is looking for Volunteers like you! At Amity House we offer a number of exciting volunteer opportunities. You can choose from one of our current roles or if you have a skill you want to share, we can come up with

volunteer opportunities to fit those skills.

Currently, we are looking for Volunteers who have a passion for cooking to help with Community Lunches or Cooking Club. If you like to drive and want to help people who are facing food insecurity, we are looking for drivers with an SUV, Van or truck to help with picking up our monthly WEGAN depot order and dropping off food baskets to those

who need it.

Finally, do your passion is for organizing, we are looking for Volunteers to help with processing our donation area.

We rely on volunteers to be successful, and are extremely grateful to them!

If you are interested in Volunteering with Amity House contact our Volunteer Coordinator at volunteer@amityhouse.ca or at 780-478-5022.

Get in Touch!



 **McLeodCL**
 **@McLeodCommunity**
14715 59 Street
www.mcleodcommunityleague.ca

Sudoku

(Difficulty: Easy)

2	9				8			
	4		9		1			2
		1					8	9
	7			4	6			
		2				6		
			2	3			1	
7	6					4		
9			8		4		7	
			7				3	8

Answer on Page 6

Here's what you need to know about Spring Waste Collection!

From Councillor Karen Principe

Spring Waste Collection has started the first week of April. It will run until the first week of November and during this time your green food scraps cart will be collected weekly.

Want to get your yard ready for Spring? Here's a few things you can do in preparation for the snow melting:

Get ready for your compost pile to thaw out. Make sure you start mixing that pile again and balancing Greens, Browns, Water, and Air as it thaws.

If you have a ton of leaves, rake just a little bit. The less you rake the better, but if your leaves cover around 90% of your lawn, then rake a little bit to move them around.

Get to Mulching! Chop up all those branches and leaves on your yard into little bits, and lay them over a liner near your trees, garden beds, or edges of your landscape. Don't forget that you can pick up free mulch in the form of wood chips from the Kennedale Eco Station!

Drop off excess grass, leaves, and branches for FREE year-round by taking these items to an Eco Station. (Note: Materials should be loose or in paper bags. Visit edmonton.ca/ecostations for more information.)

Don't forget you can use your green food scraps cart to put small amounts of grass clip-



pings, leaves, and other yard trimmings in the food scraps cart. Just ensure the cart lid closes completely.

Also Seasonal Yard Waste Collection starts in April for grass clippings, leaves, and other yard trimmings. This will run on Mondays from April 24 until June 19! Check out your collection days below:

Tuesday Collection:

April 24, May 29

Wednesday Collection:

May 1, June 5

Thursday Collection:

May 8, June 12

Friday Collection:

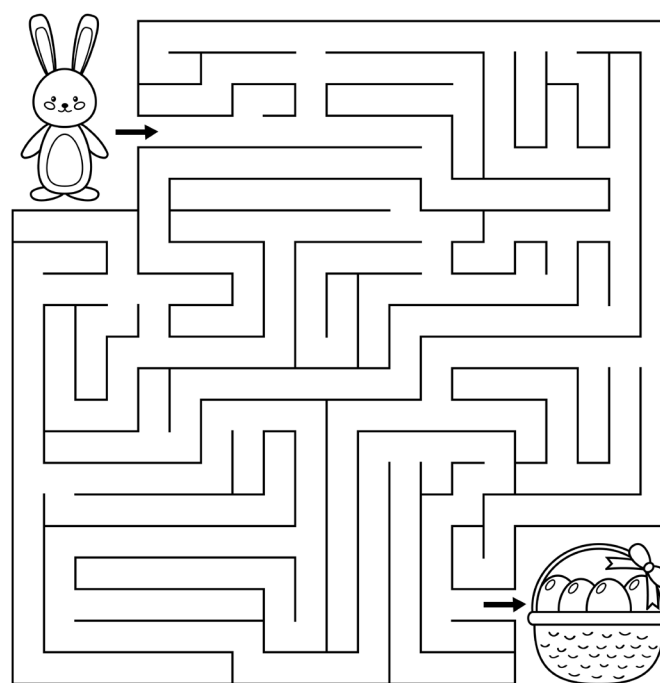
May 15, June 19

Put them in a double-ply paper bag or any see-through plastic bag and set them out at your curb on collection day. Seasonal collection occurs twice in the spring and twice in the fall. Find your collection dates on edmonton.ca/waste

If you have any questions related to this article or any other issue, please reach out to me at my office, **780-496-8128** or

Karen.Principe@Edmonton.ca

Article sponsored by Karen Principe



Help the Easter bunny find their basket!



Kilkenny Community League News

Kilkenny Hall Rentals



Times	Auditorium	Meeting Room	Both
Weekdays / Weeknights	\$200	\$100	N/A
Fridays (after 5 pm)	\$400	\$100	\$500
Saturdays	\$550	\$100	\$650
Sundays	\$400	\$100	\$500
Two Day Wedding & Gift Opening (Sat – Sun)	\$750	\$100	\$850
Full Weekend (Fri @ 5pm – Sun @ 6pm)	N/A	N/A	\$1000
Hourly Rate (4 hour min.)	\$100	\$50	N/A

The Kilkenny Hall is available for rental!! It is the perfect space for your special event, meetings, weddings and any other social event.

Please go to <http://www.kilkenny.ab.ca/facilities/> to have a look and click on “Book Facility” to...you guessed it... book the facility!

The website will also show you when the hall is available. Feel free to call 780-478-2481 to leave a message for bookings as well.

Discounts available for those who hold a consecutive membership for a minimum two years with Kilkenny Community League.

We would like you to help Kilkenny

Looking to become a bigger part of our community? Needing to fulfill volunteer requirements? Have a passion you would like to share? Kilkenny Community League is looking for amazing community members join our team!

We currently have a vacancy for our Baseball/Softball Director. The position would come with training from our outgoing director. Questions, always feel free to ask any of our amazing team!

Are you that “techy” person? We aren’t! Our website is looking for some TLC. If you love mixing tech with a touch of design, have we got

a position for you! We would need some items updated periodically, which are provided by our various directors.

Not looking for a specific position? Have some ideas you think we would love to hear? We also have Directors-at-Large positions open. This position gives you a chance to join the board, and see if you can find your place within it!

Our board meets the 2nd Tuesday of the month. If you’re interested, but not sure, let us know and we can give you more detail. You can even come to a meeting to see if it is a good fit for you! We hope to see you soon!



FREE PARENT SUPPORT CLASSES

North Central Edmonton Family Resource Network (FRN) “HUB” is here to support parents and caregivers, who have children ages 0-18, to receive extra support and learn new skills related to all things parenting. Connect with one of our Navigators for support, questions and information

Did you know? At the HUB the Caregiver Education program offers FREE parenting support class!

- Rainbows: to support grief, loss, divorce, separation.
- Triple P: Positive Parenting Program
- Circles of Security: support to attachment, healthy relationships, emotional regulations...
- Nobody’s Perfect: needs of parents who are young, single, socially, or geographically isolated
- Active Parenting: for all ages 0–18

Visit our website for more workshops for children, youth, teens, parents and other caregivers!

Connect with a Navigator

Castle Downs Family YMCA
11510 153 Avenue, Edmonton, AB T5X 6A3

780-377-3730
infohub@ymcanab.ca
ymcanab.ca/frn



Blake Desjarlais

**Member of Parliament
Edmonton Griesbach**

Constituency Office

10212 - 127th Avenue NW,
Suite 102

📞 780-495-3261

BlakeDesjarlais.ndp.ca

✉ Blake.Desjarlais@parl.gc.ca

📘 @BlakeDesjarlaisNDP

🐦 @DesjarlaisBlake



Evansdale Community League News

Serving: Evansdale — Belle Rive — Eaux Claires



Evansdale Community League Board

Address: 9111 150 Ave, Edmonton, AB T5E 6J2		
Mailing Address: Box 71023; Northwood Mall Post Office; Edmonton, AB T5E 6J8		
Hall Phone: 780-457-0948 Sports Building Phone: 780-478-2577		
Position	Name	Phone Number
President	Jeff Muiselaar	780-478-1759
Past President	Shawna Walsh	780-237-2169
Vice President	<i>Vacant</i>	-
Secretary	Jenilee Caterina	780-984-3298
Treasurer	Arrey Tabot	780-604-7072
Membership Director	Elaine Sarac	780-476-7442
Director of Sustainability	David Dodge	780-478-6162
Newsletter & Social Media Director	Cora Gagne	-
Program Director	David Gagne	-
Soccer Director	<i>Vacant</i>	-
Hockey Director	Todd Sharkey	-
Bingo/Casino Chair	Shawna Walsh	780-237-2169
Area 17 Representative	Hassan Fayad	-
Belle Rive/Poplar Park Signs	<i>Vacant</i>	-
Evansdale Sign (153 Ave)	<i>Vacant</i>	-
Hall Rentals	Teri Muiselaar	780-478-4444

If you are interested in a vacant position please reach out to our President

Venue Rentals at Evansdale Community League

Looking for a venue for your next event? Our main hall and sports building can accommodate a variety of capacities for your gatherings. For more infor-

mation including booking please contact Teri Muiselaar by phone at (780) 478-4444 or (780) 222-0474; or by email at hallrentals@evansdale.ca

Main Hall – Capacity 230	Rates	Damage Deposit
Individual Weekday/Weeknight (Monday-Thursday)	\$350/day	\$350
Single Day Over Weekend (Friday-Sunday)	\$450/day	\$400
Full Weekend (3 Days)	\$650	\$600
Use of Dishes	\$100	
Use of BBQ	\$75	
Meeting	\$50/hr.	

Sports Building – Capacity 50	Rates	Damage Deposit
Meeting	\$25/hr	
Function	\$35/hr	
Weekdays - All Day	\$125	\$100
Weekends – Full 3 days	\$350	\$300



Heather Sweet
MLA Edmonton-Manning

- Official Opposition Critic for Agriculture and Forestry
 - Official Opposition Critic for Rural Economic Development
- 14904 50 Street NW

- Edmonton, Alberta T5A 5H7 780-414-0714
- (Amiskwaciwâskahikan), Treaty 6 Territory

Community League Memberships

Get your community league membership anytime! Membership makes you part of an amazing community of people who care and help look after our community. Free community swimming times at local City of Edmonton facilities, discounts on community programs wellness programs along with hall/

sports building rentals and the enjoyment of ice skating in the winter and pickleball in the summer at outside of our hall! \$25 family
\$10 single
\$10 seniors
\$15 single parent
\$15 couple with no children
Contact Elaine Sarac at

membership@evansdale.ca or 780-476-7442 to get your Evansdale Community League membership. Please leave a voice message if you cannot reach Elaine. If you are in a rush, you can buy memberships at the Edmonton Federation of Community Leagues website: www.efcl.org



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Celebrating ECSD in 2023 Edmonton Catholic Schools Trustee Sandra Palazzo

Happy Easter!!

March was another busy month for Edmonton Catholic Schools (ECS) as we continue to celebrate the joy of learning and we are delighted our students, families and staff have an opportunity to relax, rejuvenate and enjoy a well-deserved Spring Break.

As per usual, this month has continued to provide many opportunities to collaborate with various stakeholders to ensure the educational success of our students. It was a privilege to attend the Alberta Government's Throne Speech with our Vice Chair on February 27, 2023. We were honoured to represent ECS at this important event and to hear the priorities of government firsthand.

With the government's announcement of budget 2023, we are in the process of reviewing our funding profile to ensure we present a budget that will best serve the students of Edmonton Catholic Schools. Our Division is experiencing unprecedented growth and tremendous pressures including Ward 72. We believe all students deserve access to a quality learning environment regardless of the age of the building. In order to provide an excellent Catholic education in all areas of the city with suitable learning spaces we will continue to advocate for the building of new schools to address this growth in the most expedient manner possible.

Following a 37-year career serving Catholic Education, Chief Superintendent, Robert Martin has announced he will be retiring from Edmonton Catholic Schools. During his tenure, Chief Superintendent Martin has restructured the organization of the Division, resulting in greater efficiencies. He has also centralized most administrative services into one newer, more efficient Lumen Christi Catholic Education Centre. Both actions have resulted in more dollars being redirected to schools. He also undertook the extremely important work of



formalizing an Equity, Diversity, Inclusion, and Anti-Racism Strategic Plan for the Division. All of this was accomplished while managing and responding to the incredible demands of COVID-19. In his time as Chief Superintendent, Martin has led the Division through what is arguably the most challenging time ever faced by our society, a pandemic. Under his guidance, our Division has not simply managed, it has thrived, and the Board of Trustees of Edmonton Catholic Schools is grateful for his wisdom, calm demeanour, and faith leadership. We wish him abundant blessings in his new journey.

We recognize that our staff, administration, families, and students all play an important role towards ensuring the success of our students. We commend the outstanding efforts of all for ensuring we are creating meaningful and rich learning opportunities for all students.

Wishing you all a blessed and Happy Easter! I welcome the opportunity to engage with our community as I am committed to making decisions that are in the best interests of all and ensuring the well-being of our students is at the forefront of all that we do!

Article Sponsored by Sandra Palazzo



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Sudoku Solution (from page 3)

2	9	3	6	7	8	1	4	5
8	4	7	9	5	1	3	6	2
6	5	1	4	2	3	7	8	9
5	7	9	1	4	6	8	2	3
3	1	2	5	8	7	6	9	4
4	8	6	2	3	9	5	1	7
7	6	8	3	9	2	4	5	1
9	3	5	8	1	4	2	7	6
1	2	4	7	6	5	9	3	8

Do you know the signs of a stroke?



A stroke occurs when a blood vessel in the brain is blocked or bursts. Without blood and the oxygen it carries, part of the brain starts to die. The part of the body controlled by the damaged area of the brain can't work properly.

Brain damage can begin within minutes. That's why it's important to know the symptoms of stroke and to act fast. Quick treatment can help limit damage to the brain and increase the chance of a full recovery.

What are the symptoms?

Symptoms of a stroke happen quickly. A stroke may cause:

- Sudden numbness, tingling, weakness, or loss of movement in your face, arm, or leg, especially on only one side of your body.
- Sudden vision changes.
- Sudden trouble speaking.
- Sudden confusion or trouble understanding simple statements.
- Sudden problems with walking or balance.
- A sudden, severe headache that is different from past headaches.

If you have any of these symptoms, even if they go away quickly, call 911 or other emergency services immediately.

Remember: FAST.

The acronym "FAST" is a simple way to remember the main symptoms of a stroke. Recognizing these symptoms helps you know when to call for medical help. FAST stands for:

- Face: Is it drooping
- Arms: Can you raise both?
- Speech: Is it slurred or jumbled?
- Time: To call 911 right away.

It's important to act fast and to call for medical help if you have stroke symptoms. Quick treatment may save your life, and it may reduce the damage in your brain so that you have fewer problems after the stroke.

For more information about a stroke, including the signs and symptoms, visit myhealth.alberta.ca

Brent Tyson — Alberta Party

The Alberta Party is proud to endorse BrentTyson as their Candidate for Edmonton-Decore. Brent brings his experience and love for his community to help us find evidence based solutions to issues affecting Decore, Edmonton and the Province of Alberta.

Brent is a well-respected family Lawyer and resident of North Edmonton since 1993. Edmonton-Decore has been his home for the last 20 years. He is a passionate community volunteer, ensuring access to justice by donating his legal services and acting as a family mediator since 2005. He has volunteered as a softball coach and umpire both locally and at the national level, along with countless hours supporting youth sports. Brent is the current President of the Edmonton Blue Crew Umpires Association and proud supplier of officials

to the Alberta Indigenous Games.

As a long-standing member of Edmonton's thriving art community, as a board member, actor & theatre producer, Brent understands & is committed to promoting the Arts as an essential part of a healthy society. He is currently the President of ELOPE Musical Theatre, the oldest musical theatre company in Edmonton who are celebrating their 40th Anniversary in 2023. Brent looks forward to representing the citizens of Edmonton-Decore on these and other important issues in the Alberta Legislative Assembly.

For more information on the Alberta Party or to get involved with Brent's campaign visit www.brenttyson2023.com



Paid by Brent Tyson



Emergency
Medical
Services

Bicycle Helmet
Safety



Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. It is the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.

Getting informed

- Wearing a helmet while cycling can prevent significant injury, or even save a life;
- Brain injuries can cause permanent disability or death;
- Reduce your risk by always wearing your helmet;
- Replace any helmet that has been involved in a crash, even if it appears undamaged.

Getting started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them;
- Start the habit early. Young children learning to ride need to wear helmets;
- Parents can lead by example — always wear a helmet when cycling.

Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash;
- When worn properly, helmets should fit level, not tilted up, or down over the forehead;
- Helmets should feel snug, but not too tight. To assess the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened;
- Adjust the chin straps to form a "Y" below and slightly forward from the ears;
- Only one finger should be able to fit under the chin strap when it fastened;
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort, and safety.



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