

SOUTHEAST VOICE

Serving the community leagues of
Avonmore, Capilano, Cloverdale, Forest Terrace Heights,
Fulton Place, Gold Bar, Holyrood, Idylwyld, Kenilworth,
Ottewell & Strathearn.

December 2016



Published by Calder Publications. For advertising please call 780-434-9732 or email info@communityleagueneews.com

101 Avenue Vision and study Join us to build a brighter 101 Avenue

The Greater Hardisty community has expressed a desire to develop a vision for the 101 Ave corridor and is proactively working to shape the future of this retail strip. In response to the community's energy and interest, the City has started the 101 Avenue Vision and Corridor Study.

The City of Edmonton will be holding the third and final public open house to present the concept plan for 101 Avenue. The 101 Avenue Study will provide a vision for land use, street design, programming, and redevelopment along the corridor. Everyone is invited to see the results of the project process to date and give feedback on the future plan for 101 Avenue.

The project team will seek your input on:

- the draft design concept
- implementation methods
- next steps

Join us and your neighbours to continue the conversation at the final open house!

Date: Tuesday January 31, 2017
When: Drop-in anytime from 5pm to 8pm
Where: Forest Heights School (10304 81 Street NW)
Childcare will be available

Stay informed!
Visit the 101 Avenue project website for up-to-date project information: www.edmonton.ca/101AvenueCorridorStudy.

Or contact the Project Manager, Kirstin Pacheco
Email: 101AvenueCorridorStudy@edmonton.ca
Phone: 780-508-9450

CHANGING INFILL REGULATIONS

The City of Edmonton Zoning Bylaw team have prepared draft amendments to the Mature Neighbourhood Overlay (MNO). The MNO regulates infill in our mature neighbourhoods and is very important in shaping infill in our communities. While some parts of the Overlay regulations remain unchanged, others are being removed altogether, some new regulations are suggested, and others are identified for refinement, based on the feedback received from a broad range of stakeholders. A chart outlining all proposed changes to the Overlay is provided online at edmonton.ca/matureneighbourhoodoverlay. Proposed changes include modifications addressing front verandas, front setbacks, side setbacks, privacy, front and rear attached garages, building height, and consultation requirements for variances. New regulations have also been introduced to address facade articulation, finishing materials, repetition of building design, and cantilevers.

The MNO review is a great opportunity to ensure regulations lead to developments that enhance desired neighbourhood characteristics such as pedestrian-friendly streets, well landscaped yards, and infill housing in proportion to existing housing and quality architecture. Some residents also hoped the regulations would reduce hardships caused by insensitive developments such as loss of sunlight, privacy, mature trees, flooding, and damage to neighbouring property. Many of the proposed amendments are welcome and consistent with the EFCL (Edmonton Federation of Community Leagues) working group views. There are, however, a few areas which warrant further discussion.

(Continued on page 2 Infill)

**South East Edmonton
Community Winter Fun Festival:
Festival d'hiver du
sud-est d'Edmonton**

Come out to try
FIT Family Ice Trail :
Faites une randonnée en famille
sur le sentier de glace

**SATURDAY JANUARY 14, 2017:
LE SAMEDI 14 JANVIER 2017
11:00am – 3:00pm: de 11h à 15h**

**Kenilworth Community League Hall (7104 87 Ave NW, Edmonton):
Le centre communautaire Kenilworth (7104 87 Ave NW, Edmonton)**

Sleigh Rides: Tours de traîneau
Kick Sleds: Trotinettes des neiges **Skating: Patinage**
Cross Country Skiing: Ski de fond

Snowshoeing: Raquettes à neige **Indoor Activities: Activités à l'intérieure**
Teen Hockey Tournament: Tournoi de hockey pour les ados
Concession: Concession **Family Fun Zone: Zone d'amusement pour la famille**
Photo Booth: station photo **Maple toffee: Tire sur la neige**



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Strathearn	Meghan McKinnie	strathearnrep@secla.ca
Treasurer	Olivia Li	treasurer@secla.ca
Secretary	Janet Fletcher	secretary@secla.ca



Celebrate Computer Science Education Week with EPL (December 5-11)

The Hour of Code is a global digital literacy movement reaching millions of people! Anyone, anywhere can get started coding. Join us to try a one-hour tutorial - no experience is needed and we have tutorials for ages 4 - 104 to share. Capilano and Idylwyld libraries will both host Hour of Code programs on Saturday December 10th at 2:30 and 2:00 respectively. Check out EPL.ca to find out more. Never heard of Computer Science Education week? Here are some details from csdweek.org:

Featured programs in December at the Edmonton Public Library Capilano Branch include:

- **Adult Colouring Night** – Thursdays, December 8 and 22 at 7:00 pm.
- **Minecraft Club** (kids) – Thursday, December 8 at 3:00 pm.
- **Tech Time: Computer Basics** (adults) – Friday, December 9 at 10:30 am.
- **Sing, Sign, Laugh, and Learn** (0-3 years): Tuesdays, Wednesdays, and Saturdays at 10:30am – ongoing drop-in.
- **Family Storytime**: Thursdays at 10:30am – ongoing drop-in.
- **Pop Up Makerspace** – Hour of Code: Saturday, December 10 at 2:30pm
- **Lego at the Library**: Saturday, December 17 at 2:30pm

Featured programs in November at the EPL Idylwyld Branch include:

- **Langue de mon cœur** (pour toute la famille) : Les samedis à 11h00
- **Minecraft Club** (kids) – Wednesday, December 14 at 3:30 pm.
- **Pop-Up Makerspace**: Saturdays, December 3 and 17 at 2:00 pm
- **Hour of Code** (all ages) : Saturday, December 10 at 2 :00 pm.

For more information please contact the Capilano branch at (780) 496-1802 or the Idylwyld branch at (780) 496-1808.



Perks of Community League Membership

Fargo's restaurant (5804 Terrace Road) is offering a 10% discount off your bill for anyone with a valid community league membership with any of 11 SECLA leagues (Avonmore, Capilano, Cloverdale, Gold Bar, Forest Terrace Heights, Fulton Place, Holyrood, Idylwyld, Kenilworth, Ottewell, Strathearn).

Thanks Fargos! We appreciate your support to the community.



Located in Rutherford School
8620 91 Street,
Edmonton

Preschool Program – Mon,
Wed & Fri
3 & 4 year old class 9:00
– 11:30 a.m.
4 & 5 year old class

OPEN HOUSE
February 21, 2017
6 – 7:30 p.m.

WHAT IS SEEECCC?

www.earlychildhoodedm.ca

SEEECCC or Southeast Edmonton Early Childhood Community Coalition is a volunteer group of community members who are passionate and committed to nurturing young children in the community. Early childhood development sets the course for a child's future! It affects: how well they do in school and their physical and mental health, behavior, relationships, and general well-being.

For more information about the coalition or to access the events calendar filled with ideas for FREE or low cost activities for families living in Southeast Edmonton, check out....

www.earlychildhoodedm.ca/events/category/southeast

UPCOMING EVENTS

SE EDMONTON WINTER FUN FEST SPECIAL ACTIVITIES FOR YOUNG CHILDREN

Saturday, January 14th from 11am – 3pm at Kenilworth Community Hall (7104 – 87 Ave) That's right, the SEEECCC will be at the Winter Fun Day inside the hall with dinky toy construction vehicles for your little ones to push through the "rice snow", with penguin figurines to play with in the "cotton-ball snow", and several other fun winter themed activities especially geared toward children ages 1 – 5.

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Please visit www.efcl.org/mno-changes to read an analysis of the proposed amendments and what works and what does not from a community league perspective. You can make a difference. Whether you want to express your support or ask for further changes, it is important to provide your feedback to your councillor (Ben Henderson, ben.henderson@edmonton.ca, 780-496-8146) before City Council considers the amendments at the February 1, 2017 Urban Planning Committee meeting.



Give the Gift of SEESA

With the holidays fast approaching many folks struggle with what to get the senior in the family. Most seniors have got enough stuff and some are even trying to downsize and get rid of the stuff they already have.

For those who don't yet know, SEESA is a recreation centre for older adults right in the heart of Holyrood. We offer fitness, art and wellness classes, as well as numerous clubs – all of which provide socialization opportunities where seniors can make new friends.

We have Gift Certificates to purchase membership and in various dollar amounts that may be used towards paying for classes or in our cafeteria. We also sell "Drop-In Chits" in booklets for \$20 which a senior may use to drop in ten times to a club activity. Or consider making SEESA your Charity of Choice: give a donation on behalf of your senior and receive a charitable tax receipt.

For the senior who no longer drives, Edmonton Transit sells senior bus tickets and many taxi cab companies sell gift certificates to purchase rides.

After the holiday season Winter can feel drab and lonely. Help the senior in your life get out of the house.

Elaun Cable Lind
Communications, Community and Member Relations
9350 82 St NW P 780.468.1985
www.seesa.ca

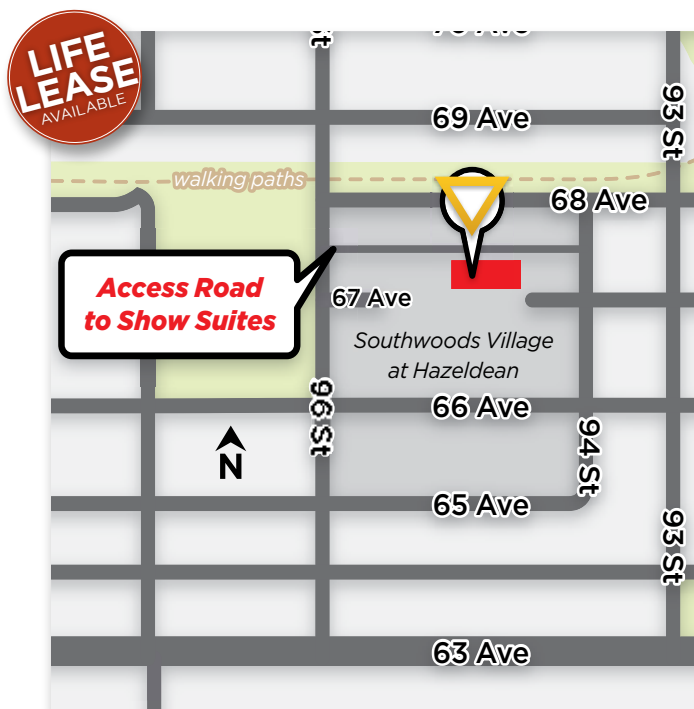




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MORE CHOICE

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You are invited to visit our new professionally decorated show suites in Southwoods Court North, Phase 1 of Southwoods Village at Hazeldean.

Located in the beautiful community of Hazeldean, Southwoods is a retirement community that is centrally located and close to many amenities, walking paths and the Millcreek Ravine.

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Building **Features:**

- | | |
|--------------------------|----------------------|
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| 2) 2 Bedroom Coach Homes | 5) Family Party Room |
| 3) In-suite Laundry | 6) Guest Suite |

For more information about Southwoods visit our show suites at **9430 67 Ave** or call at **(780) 975-2509**. Show Suites Open daily 1 PM to 5 PM

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COME HOME TO CHRISTMAS

Sunday Services 10:30 a.m.



CHRISTMAS MUSIC AT NOON BENEFIT CONCERTS

12 noon – 1 p.m.

• Wednesday, December 7

A/B Jazz Trio

Thom Bennett, Daniel Davis, Josh McHan,

Guests: Ryan Davidson and Caleb Nelson

• Wednesday, December 14

"The Musicians of McDougall"

Kimberley McMann, Julia Davis, Merrill Tanner,

Timothy J. Anderson

Guest: Ernst Birss

Bring your lunch, complimentary coffee by
Starbucks,

hot apple cider, Christmas treats.

These Benefit Concerts are in support of
E4C School Lunch Program.

Admission is free

CHRISTMAS MUSIC SERVICE

Sunday, December 18 – 10:30 a.m.

THE MUSIC OF TAIZE – THE LONGEST NIGHT

Music by Candlelight

Sunday, December 18 - 6 p.m.

CHRISTMAS EVE BY CANDLELIGHT

Saturday, December 24 – 7:30 p.m.

CHRISTMAS MORNING

Sunday, December 25 – 10:30 a.m.

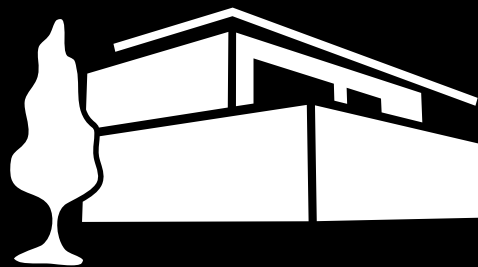
NEWYEAR'S EVE BENEFIT CONCERT

Saturday, December 31 – 7:30 – 10:30 p.m.

A family night of folk music, refreshments, kids
activities.

Admission: Donations to the Edmonton Food
Bank

McDougall United Church
10025 – 101 Street & Macdonald Drive
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www.mcdougallunited.com



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League Contacts

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Soccer	Lyne/Boris	sports@avonmore.org sports2@avonmore.org	Volunteers	Ginette	Director2@avonmore.org
Civics	Norm	civics@avonmore.org			

Gingerbread House Event – A Success!

We couldn't be happier with the success of our first annual Gingerbread House Workshop and Party! Over forty gingerbread houses were assembled and decorated and the range of creative decorating ideas was stunning!

The delicious treats, live jazz music by the Chloe Albert trio, and friendly people all made for a warm atmosphere and lively party. Thank-you to all the volunteers who helped make this new idea reality. We had bakers' assistants, box collectors, candy kit baggers, lumber cutters, supplies shoppers and event helpers who came together and shared the work.

A special thank you to Meat Street Pies for enthusiastically supporting this event by volunteering their time and talents to produce the houses and guide us through the inaugural event. Thea and Jonathan are truly an Avonmore gem.

Extra thank-yous to Catfish coffee (delicious!), Earth's General Store, Save-On Foods and City of Edmonton for contributing to the fun.

And of course, the final thank-you is reserved for all who saw the vision for this event and signed up to come! Avonmore and Kind Edward Park Communities came together to plan and organize this event and our community members came out to show support and foster a new tradition.

Start your Pinterest boards for next year ;)



For those who were unable to attend, or for those who were inspired to decorate another house, we do have some extra kits available for sale. The kit and candy pack are available for \$15. Jonathan's recipe is especially design to be functional AND delicious. These houses are made with real butter and won't harden like the mass produced kits you get at the grocery store.

Contact Scott by emailing grants@avonmore.org if you are interested.



Gingerbread House Kits for Sale

If you're looking for a good quality gingerbread house that you can actually eat and enjoy, look no further. We had a few leftover kits from November's gingerbread party and we would love to see them go to good homes. The house parts (made with real butter!) and a starter pack of candies is available for \$15. Contact Scott (grants@avonmore.org) if you are interested.

Adult Shinny Hockey

The Winter shinny season starts on October 7th and will run on Fridays for 1.5 hours at Kenilworth Arena.

For more information contact Boris at sports@avonmore.org.

Hall Rental

Anyone interested in renting the hall please contact Tanya at (780) 637-5640 or email hallrental@avonmore.org.

Music and Movement for Children

Join us for a great new program in Avonmore for children ages 1-5:

- February 23, 2017
- May 18, 2017

Avonmore Community Hall (7902 - 73 Avenue)

Doors open at 9:00 A.M.

Program runs 9:15 - 9:45 A.M.

For information, contact Jamie at playschool@avonmore.org

Volunteer Opportunity: Skate Shack Monitors

If you're a responsible adult and a regular skater on the Avonmore rink, consider being a skate shack monitor.

On days/nights when lots of folks are out skating it's always nice to have the shack available to warm up and store boots.

If you're available to help occasionally, email Boris: sports@avonmore.org.

Avonmore Special Events Committee

We have recently formed a committee to help bring about new ideas in our community. Have a great idea for a program or special event in Avonmore?

Do you like to plan and organize events? Are you able to help out on event days occasionally?

If you answered yes to any of these questions, stay tuned for more information about the Events Committee.

Our goal is to help you with resources, permits and volunteers to get an event or program up and running in Avonmore. We also want to keep a list of people able to help with upcoming events on an occasional basis.

If you'd like to be on the contact list or attend a committee meeting, or if you have an event or program idea in mind and don't know where to start, send an email to events@avonmore.org.

Learn to skate - Coming in January 2017

Fun is the focus of this free, drop-in skating program hosted by the City. Children aged 6-12 can try basic skating skills at their own pace through on-ice games and activities. Trained leaders will be on hand to adapt the program to the age and skill of the participants. Avonmore rink dates are:

Saturday, January 14 | 2:30 to 5:30 PM
Saturday, January 21 | 2:30 to 5:30 PM
Saturday, January 28 | 2:30 to 5:30 PM

Note: Participants must have their own skates. A CSA approved helmet is required. Participants under the age of 5 must be accompanied by an adult. The program is cancelled at -20 degrees Celsius with wind-chill.

Avonmore Snow Angels Coordinator

The City of Edmonton's Snow Angels program recognizes individuals who do their part to help keep sidewalks clear throughout the winter - their own and their neighbours who need a hand.

This year they are moving to a community based model and are seeking a coordinator in each participating community.

The job includes placing lawn signs on the property of nominated snow angels and raffling off prizes for nominees. Sounds kind of fun! Email Lisa: vicepresident@avonmore.org.

Need A Babysitter? Or Looking For A Babysitting Job?

Avonmore Community League is pleased to offer Our Babysitter Registry to help match community members with qualified babysitters.

For Parents Seeking Babysitters: email Cheryl at admin@avonmore.org and she can provide you with a list of teens seeking babysitting work.

For Teens Seeking Babysitting Work: email Cheryl. To help parents find the best fit for their children, provide some information about yourself.

Tell us the neighbourhood you live in, the year you were born, your credentials (Red Cross Babysitters Certification, First Aid, etc.), your availability and your experience caring for children. Don't forget to provide your phone number!

Avonmore Garden Club

We've put away our rakes and trowels for winter but are eager to improve our gardening knowledge & start planning for next year.

We are going to host a series of Saturday morning workshops on topics of interest to new and experienced gardeners. Thanks to those who attended the Composting Made Easy workshop. Watch for more sessions in 2017.

We are also establishing a program of "garden buddies" or mentors. It's a way to share the wealth of knowledge and experience in Avonmore on growing fruits, vegetables and flowers as well as related areas such as preserving food, and yard and garden planning.

For more information on the workshops and the garden mentor program watch the Avonmore website and Facebook or contact me at director3@avonmore.org or call 780-452-4462.

Avonmore Book Club

If you enjoy reading, the Avonmore Book Club would love to have you. The Club meets on Sunday evenings every 4 - 6 weeks. Members take turns picking books and hosting meetings. New members welcome from any community. Books we have recently read and rated are: All the Light We Cannot See (4/5), Fifteen Dogs (4/5), The Goldfinch (4.5/5). On the Back of the Turtle (4/5), The Nightingale (3.4/5) and Rhu (3.5/5)

It would be great to see new book clubs start in the community and we can help you do that. For more information contact Anita at 780-222-4482 or director3@avonmore.org.

Community Classifieds Page

In addition to our regular monthly South East Voice page, we also publish a local newsletter specific to our community, called the Avonmore Quarterly News.

We are starting up a new idea that we hope you'll try: the Community Classifieds page. Did you know that your community league membership entitles you to a free ad in the Avonmore Community Classifieds each year?

Own a local small business? Offer a service or looking for one? Selling your creative masterpieces? Have a special congratulatory message to share? Let your community know about it! Watch for it in the January newsletter on the back page. Email communications@avonmore for more deadline details.

Parent & Tot Program

This FREE drop-in program is back in full swing on Thursday mornings, 10:00 AM to Noon.

Parents/caregivers and tots aged 0-5 years are invited to join us for a combination of free-play, planned activities, social interaction and more.

Activities planned for this Fall include: Holiday crafts, baking, nature art, sensory activities (playdough and sand), ball play, storytelling, musical jams and more. For more info, check out our Facebook group by searching "Avonmore parent and tot group" or email Wendy at membership@avonmore.org.

Free Community Swim Times

Community League Members can swim for free at select city pools during the following days and times.

Commonwealth Pool (until August 26, 2017)
Saturdays, 5:00 p.m. - 7:00 p.m.

Hardisty Pool (until June 25, 2017)
Sundays, 1:15 p.m. - 2:45 p.m.

Avonmore Playschool: Spaces Available

For children ages 3-4
Located in the upper floor of the rink building behind the Avonmore Hall (7902 - 73 Ave)
The program runs each year from September - June

At Avonmore Community Playschool we encourage children to use their imagination by providing a warm, stimulating environment in which to learn. We have created a positive program that promotes early learning, creativity, problem solving, cooperation and independence. But most importantly we make sure to have fun!

For more information Contact Jamie Konrad by phone (leave a message) at 780-465-1941, or email playschool@avonmore.org

Calling All Lego Lovers!

Avonmore is looking to start an afterschool Lego program in our neighbourhood. We are in need of donations of Lego. If you are able to donate please contact Jamie at playschool@avonmore.org

Keep checking our website at www.avonmore.org for more details!



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location only

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League Board

President	Brent	780 757-8550
Past President	Bill	780 469-5744
Vice President	Derek	780-919-5421
Treasurer	Michelle	780 466-1017
Secretary	Kristie	780 720-9003
Hall Rental	Kevin L.	780 966-6913
Grants/Planning	Dallas	780 707-7191
Casino Coordinator	Derek	780 919-5421
Memberships	Shawna F	780 490-1931
Programs	Kristin	780 238-7795
Social Director	Heather	780 466-1380
Neighborhood Watch	Jeff	780 469-0026
Newsletter	VACANT	
Webmaster	Michelle	780 466-1017
Social Media	Jean	780 863-0914
Sign Rental	Laura	780 982-9876
Capilano Playschool	Marzena	780 802-9307
Tennis	Daniel	780 245-1285
Soccer Programs	Shelley	780 462-4599
Soccer Programs	Curtis	780 908-3889
Ice Allocation	Jaret	780 720-5582
Hardisty Gymnastics	Shauna D	780 966-3205
SECLA	Shelley	780 462-4599
Community Services	Lynn	780 496-5926

Meetings are held every third Wednesday of the month 7:30 p.m. - Sept - June

Community League Baby-sitting Registry

We are always looking for names to add to our babysitting registry. If you are in Junior High or High School, if you live in the Capilano neighbourhood or a surrounding community and have taken the babysitting course, please contact Lana at 780-463-1045. (If you know of a babysitter, please pass this information on to them!) We are pleased to report that we currently have 32 sitters listed in our registry. Please contact Lana if you are a parent looking to connect with a sitter.



Cardio/Core Stretch & Strength Workouts

Please join us at Capilano Community Hall (10810 - 54 Street) for Cardio/Core stretch and strength workouts!
Days/time: Tuesdays and Thursdays, 7:00 p.m. - 8:15 p.m.
Instructor: Sharon Weber
Contact: Elaine: 780-469-2964
Dates: Classes begin Tuesday Jan. 10 or Thursday Jan. 12, 2017 at 7:00 p.m.
Cost: \$140 for 28 classes (twice weekly) \$80 for 14 classes (once weekly - either Tues. or Thurs.)

Functional Movement Classes at Capilano Community Hall

WALKING.....the most functional movement that you need to be able to do for the rest of your life!! These classes create a stable yet dynamic foundation so that the body can generate the power needed for locomotion.

You will learn how to re-pattern with ease and efficiency rather than continue patterning in the same continuous cycle of pain, strain and injury. You will be encouraged in class to be your own mover, discoverer and ultimate healer. Consider joining Pearl Der in January, 2017.

For further information on schedule and pricing, please visit www.movementjourney.ca.

Winter Tai Chi Chih Class - Capilano Community Hall

Start: Six-week class begins: Monday January 30, 2017
Day/time: Mondays from 12:00 p.m. - 1:00 p.m.
Cost: \$80
Tai Chi Chih is a series of 20 energizing movements based on Chinese Healing principles. It is an effective form of moving meditation emphasizing self-awareness, health and energy flow. Recommended for weight and blood pressure control, relief of stress, body toning, and increased mental and physical well being. This class is both for beginners and those who have taken the class before.
Please Contact Sharon Melvin (Accredited Tai Chi Chih Instructor) up to 1 week before the class at 780-288-2004 for more information and to register (www.relaxwithtaichi.com).

Capilano Playschool Open House and Trial Class - Jan. 25

Please join us January 25 and come see what our playschool is all about! Drop by for a Trial Class 6:30 - 7 p.m. followed by our Open House and Registration at 7 p.m. Space is limited for the trial class so please call or email to reserve your spot: 780-802-9307 or capilanoplayschool@hotmail.com. We are accepting registrations for the current 2016-2017 school year at this time. For more information check out our website at www.capilanoplayschool.com or find us on Facebook!

Community Rink Schedule

Generally, once the ice is ready, the Capilano rink is open to the community as listed below. Times may vary depending on weather, ice conditions, holidays and bookings, so please check the schedule in the club house for the latest time available.
Monday: 4:30 - 8:30 p.m.
Tuesday, Wednesday and Thursday: 4:30 - 6 p.m.
Friday: 4:30 p.m. - 9 p.m.
Saturday and Sunday: 12 p.m. - 8 p.m.

Additionally, the SMALL RECREATION-AL ICE RINK on the south side of the rink shack is always open for skating, once it is made. What a great way to get some exercise, and enjoy the outdoors with family and friends down at the community rink!

Choose Capilano Hall for Your Special Event

If you're planning on hosting a party, meeting, family gathering, wedding or other occasion, then you should check out our hall. Capilano hall offers a perfect location with a one-of-a-kind view of the river valley. The hall has a large balcony, kitchen, new wood flooring, and all amenities are available to make any event special. Hall capacity is 80. Single weekend daily rates for Friday, Saturday and Sunday are \$225/members and \$300/non-members. The entire weekend rates are \$325/members and \$450/non-members. To book the hall or for more information, contact Kevin at 780-966-6913 or at capilanoHallrentals@gmail.com, or visit our website at www.capilano.info.

Community Memberships

Need a Capilano Community Membership? Contact Shawna at 780-490-1931. As well, memberships are available at:

--Solis Wellness Clinic
(5016 - 106 Ave, 780-488-1552); and

--TGP Your Gold Bar Grocer
(5036 - 106 Ave, 780-469-2535).

Hardisty Gymnastics Club - Winter Classes

Sponsored by Capilano Community League
Offering programs TUESDAY or THURSDAY evenings

Where: Hardisty School (10534-62 St.)

Dates: Tuesdays Jan. 10 - Feb. 21, 2017 OR Thursdays Jan. 12 - Feb. 23, 2017

Cost: \$91/child

Parent & Tot,
18 mos.-3 yr old:
6:00 - 6:45 p.m. (Tuesdays only)

Preschool 3-5 yr old:
6:00 - 6:45 p.m. (Tuesdays & Thursdays)

Preschool 3-5 yr old:
6:45 - 7:30 p.m. (Tuesdays)

Elementary 6-12 yrs:
6:45 - 7:45 p.m. (Tuesdays & Thursdays)

Elementary 6-12 yrs:
6:00 - 7:00 p.m. (Thursdays only)

Contact Shauna at 780-966-3205 or canadaplays1@gmail.com

Yoga with Dayna

Yoga for Beginners (twelve-week pre-registered course)

Tuesday evenings 5:30-6:30pm, January 10, 2017 to March 28, 2017
OR

Hatha (twelve-week pre-registered course)

Wednesday mornings 9:00am-10:00am, January 11 2017 to March 29, 2017
OR

Vinyasa Flow (twelve-week pre-registered course)

Thursday evenings 8:30pm-9:30pm, January 12, 2017 to March 30, 2017.

Capilano Community League. 10810 54 Street.

The beginner course will be tailored toward those new (or newer) to yoga with a focus on guiding safe alignment in common yoga poses. The Hatha and vinyasa flow classes will be accessible to all levels.

Price: \$150.00

Courses to be taught by Dayna Leskiw, RYT 200. Please feel free to contact info@yogawithdayna.ca or 780-717-0315 with any questions or to register for the course. Further information can also be found at www.yogawithdayna.ca



Learn to Skate – Capilano Community Rink

Fun and basic skills are the focus of these free drop-in skating sessions delivered by the City.

DATES: Thursdays - January 19, January 26 and February 2

TIME: 4 – 7 p.m.

WHERE: Capilano Community Rink (10810-54 Street)

For participants of all ages. Children 5 and under require a parent or guardian to attend.

*Participants must have their own skates. A CSA approved helmet is mandatory for participation.

**The program will cancel at -25 degrees Celsius with the wind-chill or if the ice is unusable as deemed by the facility.

Come out with your children and see some old friends (or meet new ones!) from your neighbourhood and enjoy some FREE hot chocolate! Parents and caregivers welcome to skate.

Rink Volunteers Needed!

Do you have an interest in the Capilano Community League rink? Are you or your children regular users of the facilities? Consider getting involved to help maintain and improve the Capilano rink experience for now and for the future. Our annual fall clean up is complete, however, we often have follow up tasks and may need help on an ad hoc basis throughout the winter. Additionally, attendants are needed to open and supervise the rink during operating hours. This role comes with an honorarium and is best suited for responsible teens. You must have skates and be prepared to clear snow as needed. Target dates for the season are December to mid-March.

For more information, contact Blake (780-466-7666) or Bill (780-469-5744).

Hardisty Indoor Soccer Report

In a city where it seems to be winter eight months of the year, the benefits of indoor soccer are pretty obvious. The 2016/17 indoor season is in full swing with eight teams wearing the colours of Hardisty Soccer and representing the communities of Capilano, Fulton Place and Gold Bar. Thanks to our sponsor, TGP.



Thank you, Soccer Coaches!

Community soccer only exists because of volunteers, none more valuable than the coaches. Many thanks to the following who are coaching teams for Hardisty Soccer during the 2016/17 indoor season: Jesse Wilson, Agnes Kulinska, Rick Adams, Megan Erlam, Serena Svidal, Joshua Semchuk, Sean Chen, Mitch Ulmer, Carson Jans, Bret Larson, Sheila Luther, Terry Kerfoot and Melissa Kerfoot.

The Beautiful Game

Outdoor soccer registration commences in February 2017. Further details will be available in the next issue of The Southeast Voice and at <http://emsasoutheast.com>.

Capilano Preschool Soccer Registration

Have fun learning to play soccer. Instructed classes are 45 minutes long and specifically developed for 3-5 year olds. Soccer is held every Tuesday OR Thursday for 6 weeks at Fulton Community Rink.

Starts: Tuesday May 5 or Thursday May 7

End: Tuesday June 9 or Thursday June 11

Cost: \$70/child

Group A: Tuesdays 5:30-6:15 p.m.;

Group B: Tuesdays 6:15-7 p.m.;

Group C: Thursdays 5:30-6:15 p.m.;

Group D: Thursdays 6:15-7 p.m.

REGISTRATION: Registration is limited and first come first serve. Registration opens online February 1, 2017. Please go to the Capilano Community League website (www.capilano.info) for the online registration form under PRESCHOOL SOCCER.

For more information contact Shauna at canadaplays1@gmail.com or 780-966-3205.

Capilano Ball Hockey Registration

Kids will enjoy learning stick handling, passing and shooting skills in a small game environment. They will be so busy participating in games developed to improve skills they won't even realize they are learning! Equipment needed: shin guards; helmets/full cage; hockey stick. Hockey gloves are recommended.

Dates: Saturday April 25 – June 6, 2017

Group 1: 4-6 year olds

Time: 9 – 10 a.m.

Group 2: 7-12 year olds

Time: 10 – 11 a.m.

Cost: \$70/child

Where: Capilano Community League Rink (10810-54 Street)

REGISTRATION: Registration opens online February 1, 2017. Please go to the Capilano Community League website (www.capilano.info) for the online registration form under BALL HOCKEY.

For more information contact Shauna at canadaplays1@gmail.com or 780-966-3205.
www.communityleagueneews.com

Capilano Community League Sign Rental

Contact Laura - 780-982-9876 or Laura.Mercier@me.com

Do you have a message for the community, a birthday, anniversary, graduation or special event that you would like advertised? Advertise it on our new changeable sign located at the intersection of 65 St. and 108 Ave.

Sign rental fees: Community League Members - \$10 (\$15 for non-members).

Small business/commercial advertising - \$25. Guaranteed 3 days.

Please note: small business announcements/advertising also accepted at our discretion.

Some restrictions apply and we reserve the right of refusal. Community announcements take precedence over small commercial announcements.

Please call as far in advance as possible to avoid disappointment!

SEV Newsletter Role – Volunteer Needed!

If you would like to help get the word out to your fellow Capilano community residents about all the great events and programs happening, then the Southeast Voice (SEV) newsletter role is for you! Responsibilities include: gather event/program notices from Capilano community residents and compile and send to the SEV publisher; share all community notices with our website and Facebook administrators, attend monthly (Sept. – June) Capilano Community League board meetings, and attend occasional SEV editor meetings with other community editors. Mentoring will be provided. To learn more, please call Jill at 780-718-7270.

Local Coyotes – Conflict Prevention

There have been many coyotes spotted in our community this fall. To avoid conflict with coyotes, follow these simple steps: don't feed coyotes; secure your garbage in a garbage can; clean up fallen fruit and spilled bird seed; keep pet food inside; keep your dog on-leash in areas frequented by coyotes; don't leave a small dog out in the yard unattended for long periods of time; and don't leave cats out roaming. To learn more, check out the City of Edmonton website at www.edmonton.ca and search "coyotes" or call the City's Coyote Information line at 780-644-5744.

Storm Soccer Bottle Drive Jan. 2!

Save Your Bottles! Members of STORM Soccer (South East Zone's Premiere teams) will be knocking on doors Jan. 2, 2017 to collect bottles in an effort to fundraise for their 2016/17 Indoor Soccer Season. Thanks for your support!

Capilano Community Park Redevelopment – Latest News

After more than 5 years, the FULL Capilano Community Park Redevelopment plan is nearly complete! The Phase 2 Park project plan, which includes an almost 600m walking path, adult exercise equipment stations, a bike bumps course and a community sign, to add to the already completed Phase 1 Park project (playground, spray deck and picnic shelter) finished in 2014, is so close to being finished.

Due to the cooler weather, work on the Phase 2 project was halted in early November and remaining work, such as putting sod on and around the bike bumps and recompacting the granular path, will be finished in the spring. As well, some of the exercise equipment pieces are not functioning as well as they should be and we are working with the manufacturer on this. We hope to have these issues resolved soon, and for sure by the spring at the latest. We are planning on holding a grand opening for Phase 2 next year – keep an eye out for news in 2017!

BIG Thank you to all Capilano Community Park Phase 2 Project Supporters!

THANK YOU to all of our donors who made generous contributions to our Phase 2 project as part of the Donation Program! Donor support for our "Park for all Ages" is deeply appreciated.

-- Verna Hochachka, Gene Hochachka, Green/Roth Family, Rob & Susan Dollevoet -- Jaime & Jeff Resler, McFadyen Family, Sigmund Lee, Jeff & Carrie Riddle, Anne & Serge Belley, Greg & Jill Schlender, Allan Yee

-- Ella Schneider, Johannesson Family, Leo Wu, Marta Gomez Wu/Arturo Wu, Anna & Geoff Carlsen, Pikkert Family, Kevin & Ivanna Lewington, Sophia Lewington, Brendan Lewington, Svidal Family, Raeanne & Terrence Belley, Jackie & Kevin Werstiuk, Judy & Millard Evans, Joel & Tracey Baron, Ruth Janor/Jim Dermody, Assenheimer Family, Klaassen Family, Donald Chan, Morgan & Fallon Mitchell, Elite Integrity Services, Colm & Finn Cunningham, Adele & Ava Falkenberg, Rolinda & James Graham, Keith & Kathy Turnbull, Wince Family, Ada Schlender

-- Robert & Darlene Hyrve, Jocelyn Crocker, Filice Family, Alison Parry, Carol Anne Sudards, Blanca Maginnis, Tiffanie McLeod, Sheila Thompson, Doug Fulford, Sandy Schaloske, Cheryl Stepanko/Richard Pere-schitz

Cloverdale CL Contacts

POSITION	NAME	EMAIL
President	Reg	president@cloverdalecommunity.com
Past President	Susan	pastpresident@cloverdalecommunity.com
Vice President	Bonnie	vicepresident@cloverdalecommunity.com
Secretary	Liam	secretary@cloverdalecommunity.com
Treasurer	Jackie	tresurer@cloverdalecommunity.com
Communications	Kim	communications@cloverdalecommunity.com
Civics Director	Eli	civicsdirector@cloverdalecommunity.com
Folk Fest Liaison	Sandy	folkfest_liaison@cloverdalecommunity.com
Social Director	Bob	socialdirector@cloverdalecommunity.com

STANDING COMMITTEE

Casino	Bev & Shane	casino@cloverdalecommunity.com
Ski Club Liaison	Chris	skiclub_chair@cloverdalecommunity.com
Membership	Karen	membership@cloverdalecommunity.com
Seniors Director	Karen	seniors@cloverdalecommunity.com
Flood Mitigation	Eric	floodmitigation_chair@cloverdalecommunity.com
Community Garden	Shelley	communitygarden_chair@cloverdalecommunity.com
LRT Co-Chair	Paul	lrtcommittee_cochair@cloverdalecommunity.com

For Hall Rentals contact Janet Hardy @ rentals@cloverdalecommunity.com

For Cloverdale Chronicle submissions please email: cloverdalechronicle@gmail.com

Cloverdale Hall to become a bit greener!

On November 23, 2016 the membership of Cloverdale voted to make some improvements to the community hall. To improve the energy, harvest the sun and be socially responsible Cloverdale approached Carbon Busters to upgrade and repair the hall. In the coming months Cloverdale Community League will be upgrading windows and doors, replacing hot water tanks with on demand, installing high efficiency furnaces and LED lights, replacing the air conditioning with air source heat pump and roof with metal roofing and install PV solar panels. Cloverdale hopes to lead the way and become a green learning resource and demonstration site for community and the Edmonton region. Cloverdale Hall will decrease its carbon footprint, reduce dependence on non-renewable energy and improve the environment for future generations. Cloverdale Membership and Executives are excited to increase the awareness of green energy options and extend the lifespan of the hall and its activities.

Book Cloverdale Hall Today!

Having a family get together, Christmas party, Birthday or just have too many friends to fit in your house? Cloverdale Hall is the perfect venue! Room to move, party, mingle or just chill out. All the amenities needed to host your special event! Email Janet and hold your date. rentals@cloverdalecommunity.com

Cloverdale Casino

Cloverdale is in need of a few more volunteers to work some casino hours on December 22,23 and 24th. The casino provides the community with many benefits to our Community League. If you could spare a few hours or know someone who will come in your place please email Bev at casino@cloverdalecommunity.com



Programs

CLOVERDALE COMMUNITY MEMBERS ARE ALWAYS FREE.
Our programs are open to any community. Looking for more information on a certain program or club? Ask Janet at rentals@cloverdalecommunity.com
Please also refer to the Community Calendar at www.cloverdalecommunity.com

Ping Pong Club

Come down to the hall for ping on Monday nights at 7-9pm. All ages welcome!
Book Club
Meets monthly on a Monday.

Morning Yoga

Yoga for Everybody continues on Wednesdays at 9:45-10:45 am.
Bring your mat or sit in a chair, and join your fellow community members in an hour of self-re-creation to balance and strengthen your body, calm your mind and enrich your spirit. You will limber up, become supple and gain a greater sense of well-being. Come have fun and bring a friend! Everyone welcome. No prior yoga experience necessary to enjoy this class. Variations to suit everybody's need will be gladly accommodated. Get to know neighbors and get healthy at the same time.
\$10/class

Hatha Yoga

Tuesday nights from 7:30 – 8:30 pm.
\$10/class and \$72/8 week program.
Bring a mat and learn some yoga poses, stretching, and relaxation.

Zumba

Bring a water bottle, indoor gym shoes, and energy! Zumba is back on Thursday nights!
Thursday nights at 7-8 pm. \$10/class Package your classes for a discount and come join the fun!
Join our Zumba instructor Mariella on Thursday nights to learn fun dance moves at Cloverdale Hall!

Indoor Playgroup

Come and enjoy playtime at the hall!
Indoor playgroup runs on Thursdays from 10-11:30 am.

No cost for this program.

Cloverdale Community League Urban Poling/Nordic Poling Club

Tuesday morning at 9:45 am.
All fitness levels welcome. Includes poles and coffee or tea after the walk.

If you require poles, please contact Susan
Get_fit@telus.net phone:780-268-3488

Family Skate!

Rink to open once cooler temperatures arrive!

Mondays and Wednesdays

6pm-9pm
Sundays 1-4pm
Hockey sticks stay at home for family skate!

Thursday evenings Minor Hockey

Tuesday Nights Cloverdale men's shimmy!



Merry Christmas

League Contacts

President	Rae	916-8145	President@forestterrace.org
Vice President	Jeremy	644-0772	VP@forestterrace.org
Secretary	Nicole		Secretary@forestterrace.org
Treasurer	Michelle		Treasurer@forestterrace.org
Hall Rental	Molly	466-0585	Molly@forestterrace.org
Maintenance			Maintenance1@forestterrace.org
Maintenance	Ryan		Maintenance2@forestterrace.org
Programs	Barb	721-9985	Programs@forestterrace.org
Rink	Chris	469-3241	Rink@forestterrace.org
Bingo	Heather	466-0015	Bingo@forestterrace.org
Seniors	Connie	462-1442	Seniors@forestterrace.org
SECLA Rep	Connie	462-1442	SecLa@forestterrace.org
Soccer	VACANT	887-3158	Soccer@forestterrace.org
Babysitting	Anna	485-6099	Babysitting@forestterrace.org
Casino	Anna	485-6099	Casino@forestterrace.org
Grants	Bonnie		Grants@forestterrace.org
Memberships	CoraLee	430-4307	Membership@forestterrace.org
Website	Tyler		Web@forestterrace.org
Sign	Angela/Daniel		Signs@forestterrace.org
News Editor	Kerry		Newsletter@forestterrace.org
Volunteers	Nicole		Volunteers@forestterrace.org
Events	Kathleen		Events@forestterrace.org
Safety	Lyndsey		Safety@forestterrace.org
Civics	Angela	885-9529	Civics@forestterrace.org
Marketing	Kelly		Marketing@forestterrace.org

Next board meetings

Tuesday, Dec. 6 and Jan. 3 at 7 p.m. at the hall,
10150 80 St.

New perk for community league members

There's a new monthly perk for Forest Terrace Heights community league members! One will be randomly selected on the second Wednesday of each month to receive a small flower arrangement from Grower Direct.

Memberships are available at Shaheen Grocery & Bakery (10130 79 St.), Grower Direct (7231 101 Ave.), and at SEESA (9350 82 St.). Seniors \$10, Individual \$15, Family \$30.

If you are new to the community or you have never owned a community-league membership before, the league is happy to give you one for free, to try out. Just call CoraLee at 780-430-4307.

Pancake breakfast & skating, Jan. 14

Join your neighbours at the hall for a pancake breakfast and skating. Breakfast, by donation, will be served from 10 a.m. to noon. Proceeds go to the Fulton Ravine Skate Park. Please sign up on EventBrite so we know to expect you. And to volunteer, email volunteers@forestterrace.org.

Adult Coed Hockey

Once we have ice, we'll have adult coed hockey every Sunday night from 7 to 8 p.m. We have plenty of spare sticks, a few pairs of skates and this is totally free! You can access both the Forest Heights and Terrace Heights rinks 24/7 once the ice is in.

Save the Date: Final 101 Avenue Open House Jan. 31

Everyone is invited to drop in at Forest Heights School on Tuesday, Jan. 31, 2017, from 5 to 8 p.m. for the third and final 101 Avenue Corridor Study Open House. Come see the results of the project to date and provide your feedback before city planners present their report to city council. Details on the project including feedback from the last open house can be viewed at edmonton.ca/101AvenueCorridorStudy.

79 Street to 75 Street



East 101 Village - 71 Street to 50 Street



Main Street - 75 Street to 71 Street



Saturday rink worker needed

We're looking for someone to work Saturdays at the Forest Heights rink from noon to 5 p.m. The position pays \$320 a month. Starting date will be as soon as the rink is ready, likely the first week of December. The candidate would have to be comfortable using a snowblower.

Call Chris at 780.996.3304 if you're interested or want more information.

Volunteer opportunities

- Love to skate? We're looking for someone to run six-week, learn-to-skate programs starting in January at the community rink.
- The community league board has openings for a program coordinator, secretary, soccer director (indoor and/or outdoor) and maintenance committee member.
- We're always happy to have volunteers willing to help with community events throughout the year. Email volunteers@forestterrace.org for more information or to volunteer.

Pilates on the Ball, Fridays 9:15-10:30 a.m. at the hall

Pilates is a gentle form of exercise that can be practised by people of all ages and physical abilities. Most of our workout is done with/on the large "Swiss Ball" used by many physical therapists.

Register on Eventbrite. Drop-in is \$10 for members; \$12 for non-members, plus registration fee. Contact our experienced instructor Kelly at 465-5611 or kbray2@telus.net for more information.

Seniors Appreciation Event

Thank you so much to all the people who came out to the seniors appreciation event on Nov. 25. Stephanie Medford led a collage-making workshop, and we shared a meal and had lots of fun and interesting conversation! Special thanks to local businesses who donated gifts for door prizes and food for the event. We couldn't have done it without you:

- Grower Direct provided a lovely flower arrangement, and Starbucks donated a gift basket, while we also had gift cards from Joeys Seafood restaurant, Great Hair Day, Albert's restaurant, SEESA, and Capilano Rehab.
- Fargo's provided a great salad, and Confetti Sweets (Sherwood Park) and Subway restaurant (Capilano) graciously donated cookies for the event.



Award Winning International Hair and Makeup Artists



Salon on 6th

Book early for your holiday events.

Wishing everyone a Joyful Holiday Season.

5826 Terrace Rd
(North of Capilano Safeway)
780 468 2625

DANCE YOUR WAY TO THE HOLIDAY!

 **ZUMBA**

Glad tidings one and all!
Can you feel it?
The countdown to the holiday season has begun.

Gift yourself your sanity.
Shake and shimmy the stress away.
Have some good sweaty fun!
Everyone is welcome.

**FOREST TERRACE HEIGHTS HALL
(10150 80 ST.)
WEDNESDAYS 7-8PM
NOV. 30 - DEC. 21
(NO CLASS DEC. 14)
MEMBER - \$25/\$10 DROP-IN
NON-MEMBER - \$30/\$12 DROP-IN**

TO REGISTER
[HTTPS://MOOREZUMBA2016.EVENTBRITE.CA](https://moorezumba2016.eventbrite.ca)

QUESTIONS?
EMAIL ALLISON
MOORE4MOVEMENT@GMAIL.COM



PosterMyWall.com

Bootcamp

Mondays, 7-8 p.m., at the hall
Whole-body fitness class with Sharon Weber, AFLCA fitness leader, at the hall, 10150 80 Street. Friendly and supportive environment for strength and cardio development. All fitness levels welcome!

Register on Eventbrite for drop-in classes. \$10 for members, \$12 for non-members. Plus registration fee. Contact Sharon for more information at cs.weber@shaw.ca or 780-270-5273.

Free community swim & gym for league members

•Saturdays, 5-7 p.m. at Commonwealth Fitness Centre. Includes use of the entire facility, from the pool to the gym, running track, fitness equipment and fitness classes.

•Sundays, 1:15-2:45 p.m. at Hardisty Fitness Centre. Swim only.

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EDMONTON

Learn to Skate Free Drop-In

Forest Heights (10150 – 85 Street)

January 15	January 22	January 29
10:00am-1:00pm	10:00am-1:00pm	10:00am-1:00pm

Everyone is always welcome!

Every Sunday starting January 15, 2017

This program does not provide skates or helmets, although both are required for participation. Talk to your community league or call 311 for options, if you do not have any!

Meet new friends and learn basic skating skills through fun activities and games!

Programs will cancel at -25°C with wind chill, or if the ice is unusable as deemed by the facility.

Thank you to the Forest Terrace Heights Community League for access to their facility.

Edmonton

Free community swim & gym for league members

- Saturdays, 5-7 p.m. at Commonwealth Fitness Centre. Includes use of the entire facility, from the pool to the gym, running track, fitness equipment and fitness classes.
- Sundays, 1:15-2:45 p.m. at Hardisty Fitness Centre. Swim only.

Look out for each other

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Ask Charles

My real estate professional told me there is a standard rate of commission in Alberta, is that true?

It depends what they mean by “standard.” There is no legislative requirement or governing body that specifies the commission rate an authorized industry professional can or will charge.

The fact is, commission is something you can negotiate with your real estate professional. Some real estate professionals aren’t willing to negotiate their commission while others are. That’s their right. As a buyer or seller, you have the right to work with someone who charges a commission that you’re comfortable with.

Before choosing a real estate professional, you’ll likely want to compare the services and fees of a few real estate professionals. These interviews can help you understand the range of commission rates available, and the services provided at the various rates.

Typically, professionals calculate commissions by:

- a percentage of the sale price
- a flat fee or schedule of flat fees
- a fee for service
- a combination including any of these

Goods and Services Tax (GST) applies to real estate fees, as they are a “service.”

When you’re signing an agreement to work with a real estate professional, make sure you understand the commission arrangements. The service agreement you sign is a legal document and it’s binding. If you don’t understand something in it or you don’t agree with something, don’t sign. Seek legal advice or find a different real estate professional to work with.

While some businesses or companies may have specific commission structures, extensive changes within the Canadian real estate industry in recent years means there isn’t a standard commission rate.

“Ask Charles” is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA). RECA is the independent, non-government agency responsible for the regulation of Alberta’s real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.

Real Estate Council Alberta

reca.ca

Yoga Wellness

The Therapeutic Choice
#10, 8925 - 82 Ave.

WINTER 2017

January 2nd to April 13th

Monday 10-11:30a.m. Therapeutic 5:30-7p.m. Cultivating Calm 7:15-8:45p.m. Plus-Size	Tuesday 4:30-8:30p.m. Individual Privates
Wednesday 10-11:30a.m. Therapeutic 5:30-7p.m. Therapeutic 7:15-8:45p.m. Therapeutic	Thursday 10-11:30a.m. Plus-Size 5:30-7p.m. Back Therapy 7:15-8:45p.m. Yin Therapy
Saturday 11:30a.m. - 12:30p.m. Meditation Saturday Meditation - 12 weeks \$215 All other classes - 14 weeks \$250	

Register: (780) 466-6548

NO CLASSES - February 17th to 26th

Edie Cassidy, Registered Yoga Therapist
www.yogawellness.ca




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My staff and I are at your service. The Edmonton Gold Bar constituency office is here to:

- Provide information about provincial government programs & services
- Assist you with questions or difficulties with governmental services
- Participate in local community events
- Share ideas

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edmonton.goldbar@assembly.ab.ca

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SHEPHERDS AND KINGS
A Dramatic Musical for Christmas

SATURDAY DEC 10 11 A.M.
SUNDAY DEC 11 5 P.M.



Cookies & tea will be served after the program
Location: 5108 106 Ave NW, Edmonton, AB
A free will offering will be taken

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City of Edmonton Programs

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<http://www.myrecguide.ca/guide/program-guide.php>

Don't want to commit to 8-12 weeks of a program? Why not find out more about Community Drop-In Programs check out:
http://www.edmonton.ca/activities_parks_recreation/drop-in-community-programs.aspx

All board members can be reached via email at firstname@fultonplace.org

FULTON PLACE COMMUNITY CONTACTS

EXECUTIVE

PRESIDENT	Gavin	465-0550
VICE PRESIDENT	Breanne	758-7474
SECRETARY	Krystina	453-5797
TREASURER	Jeff	

DIRECTORS

SOCIAL DIRECTOR	VACANT	
MEMBERSHIP DIRECTOR	VACANT	
PROGRAM DIRECTOR	VACANT	
FACILITIES DIRECTOR	Shawn	758-7474
WAYS & MEANS	Clayton	819-5926
COMMUNICATION DIRECTOR	Josh	975-0864
SOCCER/SPORTS DIRECTOR	VACANT	

COORDINATORS

HALL RENTAL	Sherry-Lynn	466-8140
BABYSITTING REGISTRY	Ruth	465-0550
SECLA REP	Carl	453-5797
NEIGHBOURHOOD WATCH	VACANT	
RINKS	Todd	886-0759
SIGN RENTAL	Sandra	466-9542
SOUTHEAST VOICE	Karen	439-2263
CASINO	Rick	463-4333

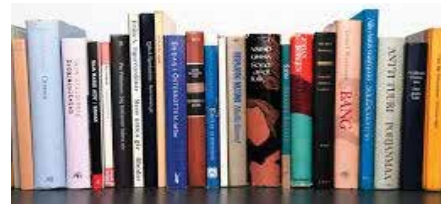
COMMUNITY PARTNERS

HARDISTY SCHOOL	Robert	469-0426
N. SEERA HOCKEY	Brian	461-4808
FULTON CHILD CARE	Monica	465-4383
COMMUNITY GARDEN	Sherry	903-4075
SENIOR LIASON	Miles	951-5253

MEETINGS- The Fulton Place Community League holds monthly meetings in the hall boardroom on the second Monday of each month at 8:00pm.



Fulton Little Free Library



Volunteers and book donations needed to help start a little free library in Fulton Place. We are looking for volunteers who can help with doing research, collecting book donations, doing some carpentry, and artwork.

We are also looking for book donations (all ages and interests, fiction or nonfiction welcome).

For more information, or to volunteer or donate books, please email library@fultonplace.org

Babysitting Registry

Are you in need of a babysitter? Fulton Place has a registry of qualified sitters in your area. To be added, teens must complete both First Aide/Red Cross Babysitting course.

Contact Ruth at 780-465-0550 for more information.

Parent & Tot Playgroup

Parents and Tots (5 yrs and under), are invited out to Fulton Hall on Friday mornings from 9-11am.

Bring a share-able snack and \$2.00/family to cover the cost of refreshments.

For more info contact Stacey at 780-465-9545

From Fulton Place Community League Board...

On behalf of Fulton Place Community League board and volunteers, we would all like to wish our Fulton friends and neighbours much joy and happiness this holiday season!
Happy Holidays!
Thank you for your commitment to your community.

Indoor Soccer Report

In a city where it seems to be winter eight months of the year, the benefits of indoor soccer are pretty obvious. The 2016/17 indoor season is in full swing with eight teams wearing the colours of Hardisty Soccer and representing the communities of Capilano, Fulton Place and Gold Bar. Thanks to our sponsor, TGP.

Thank You, Coaches!

Community soccer only exists because of volunteers, none more valuable than the coaches.

Many thanks to the following who are coaching teams for Hardisty Soccer during the 2016/17 indoor season: Jesse Wilson, Agnes Kulinska, Rick Adams, Megan Erlam, Serena Svidal, Joshua Semchuk, Sean Chen, Mitch Ulmer, Carson Jans, Bret Larson, Sheila Luther, Terry Kerfoot and Melissa Kerfoot.

Hall Rentals

The hall is a great place to hold family, social or business functions. The rental rate is competitive, with discounts for Fulton Place community league members.

Call us at 780-466-8140 for prices or to view or book the hall. Please leave a clear, detailed message.

Babysitting Registry

Are you in need of a babysitter? Fulton Place has a registry of qualified sitters in your area. To be added, teens must complete both First Aide/Red Cross Babysitting course.

Contact Ruth at 780-465-0550 for more information.

Join Your Fulton Place Community League!

Cost is \$25.00 for family, \$15.00 for individual and \$5.00 for senior.

Being a member brings you and your family benefits. It includes free access to the ice rink, community swimming, trash day, events, activities, and newsletter information about everything Fulton Place has to offer.

Memberships can be purchased at The Grocery People in Goldbar shopping center starting October 1, 2015.

2017 Outdoor Soccer Registration

Outdoor soccer registration commences in February 2017. Further details will be available in the next issue of The Southeast Voice and at <http://emsasoutheast.com>.



Season's Greetings
and Best Wishes for a
Happy New Year

Linda Duncan

**Member of Parliament
Edmonton Strathcona**

780-495-8404

www.LindaDuncanMP.ca

10049 81 Avenue
(entrance on 101 Street)

linda.duncan.c1@parl.gc.ca

  LindaDuncanMP



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Girl Guides Give Back

You may have spotted some girls in blue helping out at community events this past fall. Part of our Girl Guide promise is to take action for a better world and doing service projects in our community is very important to us.

Recently the 75th Pathfinders helped out at the Ritchie Community League Day and the 69th Guides planned and lead activities for Ottewell Community's Halloween Party. Some of the older girls who will be travelling are fundraising for their trips by working coat checks, cleaning up around businesses, and taking tickets at neighbourhood dances and events. Watch for us next time you are at a community event – we might just be there behind the scenes.



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of
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our Capilano friends and neighbours all the
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at 9 am for our performance assembly,
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Next assembly is December 1st at 9 am.

Or join us in the gym at
1 pm on Friday, December 23rd
for our Annual Sing-A-Long.

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10720 – 54 Street

www.suzukischool.ca

780.468.2598

GOLD BAR EXECUTIVE

President	Adam	780-406-9758
Vice-President	Jamie	780-803-0422
Secretary	Tammy	
Hall Rentals	Liisa	goldbarhallrentals@gmail.com
Social Director	Ronda	780-966-3096
Memberships	Linda	780-463-9881
Babysitting	Lil	780-466-4060

Finances and Fundraising:

Financial Director	VACANT	
Treasurer	Nicole	780-440-2017
Bingo Director	Lorna	780-465-5594
Fort Road Director	Julie	780-719-3017
Parkway Director	Charlene	780-468-0033
Casino Director	Isabella	780-466-3895

Communications & Programming:

Newsletter/SEV	Sondi	780-468-2237
Sign Director	Lorie	780-447-1110
Programs	Sharon	780-628-2971
Green Shack	Kelly	780-434-6533

The sign at 106 Ave & 47 St is now available!

Hall rentals: goldbarhallrentals@gmail.com

Community Website: www.goldbarcl.com

Community Updates: facebook.goldbarcl.com

Exercise Instructors needed

The Community League is looking to hire qualified exercise instructors who could run fitness classes in the evenings at the hall. If interested, or you know someone who might be, contact Sharon Harker at sharon.harker@gmail.com

New Year's Eve Party

Further details will be announced early December but count on there being a party at the newly renovated Gold Bar Hall on New Year's Eve: Saturday, Dec 31. This party may be catered or may be potluck, to be determined. But there will be a cash bar, great food, great friends and neighbours, and an excellent time to be had by all adults. Tickets will be sold at the hall on Wednesday, December 14 and December 21 from 6:30 PM to 8:30 PM.

Gold Bar Community Casino

Thanks to your generous response we have half the volunteers we need to work shifts on Wednesday/Thursday Feb 8 and 9, 2017, which will bring in substantial funds to help us put the finishing touches on our community hall. Way to step up to the plate, Gold Bar! We need another 20 volunteers so please sign-up online, at the link on our website: goldbarcl.com

"Get into Winter at Rundle Park" event

You and your family and friends are invited to a fun day exploring and playing in the great outdoors 'Edmonton winter style' at a free pop up event by the City of Edmonton River Valley Programs, sponsored by Imperial.

Sunday, December 11
Rundle Park
1 to 4 p.m.

"Get into Winter" is a great opportunity to try outdoor survival skills like fire building and geo-caching, and drop-in nature crafts and activities including a scavenger hunt. Equipment and guides are also available so you can try cross-country skiing, snowshoeing and kick sledding. To keep things toasty, hot dogs, hot chocolate and bannock will be provided while activities inside the Rundle Family Centre include:

- ☐ Planting Peppermint – test out your green thumb by trying out the art of planting with the Muttart Conservatory; you'll get to take a plant home with you!
- ☐ Learn about winter birds commonly found around Edmonton and create your own bird sun-catcher with Nature Alberta

FINANCIAL DIRECTOR still needed

Our treasurer has been doing double duty for too long, especially considering that she has a newborn. If you have some accounting skills please consider donating a few hours each month to keep the community finances healthy. The financial director works alongside a treasurer and bookkeeper – you'd be in good company! Contact CL president at adamrumpf@yahoo.ca

Hall Rental info

Liisa, the hall manager, has office hours at the hall on Wednesday evenings from 6:30-8:30 pm, if you would like to view the hall or talk in person. Prices are listed at goldbarcl.com.

FREE Community Swim

Sundays from 1:15pm - 2:45pm @ Hardisty Pool
Simply show your current Gold Bar Community League membership card at the front desk. If you don't have a card, you can buy one at Blues Java Bar, or our local TGP. As of Sep.16, this offer is confirmed to be in place.

Enjoy a FREE Hot Beverage

On Tuesday, Dec.13, with a current Gold Bar community league membership, you can receive a FREE hot beverage (coffee, tea or hot chocolate) at Blues Java between the hours of 7-11am. Please bring your card, or you can use cash to buy one there! This is offered the second Tuesday of every month. There is something for everyone in the Gold Bar community!

CL MEMBERSHIPS

Gold Bar residents can purchase their community league memberships at Blues Java Bar (cash only) and TGP. Family and Adult households: \$20, Senior: \$5.

Skating Rink Update

A committee of kind community members has formed to work on meeting the requirements so that this community can once again enjoy the benefits of a skating rink (although very unlikely for this winter). If you would like to offer help in any form (grant writing, outdoor lighting expertise, manual labour, join the committee, etc), please contact Tammy Schatull at tschatull@gmail.com for more info.



Upcoming Bingo Dates



To volunteer at bingo, call Lorna @ 780-465-5594. You can help fund community programs.

FORT ROAD BINGO

Tuesday, December 27, 2016 - Afternoon & Evening
Saturday, January 28, 2017 - Afternoon & Evening

PARKWAY BINGO

Wednesday, December 14, 2016- Evening & Late Nite
Thursday, January 19, 2017- Evening & Late Nite

Gold Bar Communications

To submit an item to the next e-newsletter email Sondi-Amber@gmail.com

Holyrood Community League Contacts

President: Wendy	president@holyroodcommunity.org
Vice-President: Claire	vicepresident@holyroodcommunity.org
Treasurer: Dianne	treasurer@holyroodcommunity.org
Secretary: Marjorie	secretary@holyroodcommunity.org
Programs Director: Justine	programs@holyroodcommunity.org
Memberships Director: Jennifer	memberships@holyroodcommunity.org
Facilities Director: Kirsten	facilities@holyroodcommunity.org
Communications Director: Danielle	communications@holyroodcommunity.org
Social Director: Natasha	social@holyroodcommunity.org
Civics: Dave	civics@holyroodcommunity.org
Director at Large: Bette	directoratlarge@holyroodcommunity.org
Soccer Coordinator: Jared	soccer@holyroodcommunity.org
Playschool Coordinator: Erin	playschool@holyroodcommunity.org
Playgroup Coordinator: Jessica	playgroup@holyroodcommunity.org

To contact an executive member, send us an email. To find out what's happening in Holyrood, visit our website at: www.holyroodcommunity.org

Check us out on Facebook and Twitter by searching Holyrood Community League or @HolyroodCL, and like our page for the latest information about the goings on in the Community.

We Have a New Website!

We've moved our site over to holyrood-community.org. If you haven't checked out our new website yet, come visit us at our new home on the web; we're looking forward to adding lots of exciting content to the new website.



Free Memberships for Newcomers

If you are new to the Holyrood neighbourhood, or know someone who is, please contact our Memberships Director at memberships@holyroodcommunity.org. We would like to welcome you to the neighbourhood by delivering a complimentary Holyrood Community League membership, along with information about the programs and activities happening in our great community.

Memberships can also be purchased in person from the South East Edmonton Seniors Association (9350 - 82 Street NW) or online from the Edmonton Federation of Community Leagues (<http://efcl.org/membership/>).

Holyrood Gardens Redevelopment

Holyrood Community League would like to thank everyone who came out to the Regency/Stantec open house last month, and for providing feedback to the developer on their proposed redevelopment of Holyrood Gardens. For those who were unable to attend, we have put together a summary on our website, which also includes information on how you can still provide your input: <http://holyroodcommunity.org/holyrood-gardens-redevelopment/>

We will keep this page updated as new information becomes available, and will be doing our best to ensure our community is informed on changes and further public engagement opportunities.

The Potty is Permanent!

The temporary portable toilet in our park has seen some pretty steady traffic over the past five months - so we've decided it's a keeper! The league will now be funding a portable toilet in our park year-round, even in the winter. Yet another reason to "stay and play" at our fabulous Holyrood Park.

Welcome New Board Members

The Holyrood Community League is very pleased to introduce our two new board members, Treasurer Dianne and Vice President Claire Smith.

We are looking forward to working with them both, and very much appreciate their generous donation of time and energy to our community.



Wanted: Communications Director

After almost two years of great work, our current Communications Director Danielle is moving on. The board is now actively seeking an new community member to fill this vital volunteer role.

The Communications Director oversees all the league's communication initiatives, including our website, social media, e-newsletter and submission monthly Southeast Voice household newspaper.

If you have some skills in this area and some time to volunteer, please consider contributing to the league!

Contact Wendy Weir at president@holyroodcommunity.org for more information.

Free Drop In Learn To Skate

Meet new friends and learn basic skating skills through fun activities and games!

This FREE City of Edmonton program will run on Tuesday February 7th, 14th and 21st at the Holyrood Rink

5:00 – 6:00 pm Preschool Focus
Ages 4-6

6:00 – 7:00 pm Children Focus
Ages 7-12

7:00 – 8:00 pm Family Focus
All Ages

A helmet and skates are required to participate. Programs will not run if -25C with wind-chill or if the ice is unusable.

All communities are welcome to attend. For more information email Justine at programs@holyroodcommunity.org

KEFIR MADNESS – Brew your own Probiotics!

Need some probiotics in your life? Learn how to make your own Kombucha and Kefir.

The word kefir comes from the Turkish word "keif", which means "good feeling". Rich in probiotics, kefir has been used as a health regenerative drink for centuries in ancient cultures. Commercial versions are available in many stores, though the commercial version can never compare to the ones you can make yourself.

All workshops include step-by-step demonstrations, handouts, and recipes! Everyone attending a class will go home with their very own starter to begin brewing right away.

KOMBUCHA

Thursday January 12th, 2017
7:00 – 8:30 pm
Holyrood Community League
\$30

MILK KEFIR

Thursday January 19th, 2017
7:00 – 8:30 pm
Holyrood Community League
\$25

WATER KEFIR

Thursday January 26th, 2017
7:00 – 8:30 pm
Holyrood Community League
\$30

For more details or to register please contact Justine at programs@holyroodcommunity.org

You will need to have a current community membership (for the community you live in) to register for any of these workshops.

Family Drop-in Shinny

This FREE drop in program will focus on kids 8 and under who haven't played organized hockey.

Players must have skates, helmet, stick and a current community league membership. Participants must be accompanied by a parent or guardian.

Wednesdays 5:30 – 7:00 pm at the Holyrood Rink

For more info please contact Justine at programs@holyroodcommunity.org

Ruth's Yoga

Join us for yoga on Monday nights. Class is designed for all abilities from beginner to those more familiar with yoga.

Open your breath, mind and body to the gentle rhythms of yoga.
Mondays 7:00 pm – 8:15 pm.
Holyrood Community League

For more information or to register call Ruth at 780-237-6730 or email ruthe.sjoberg@gmail.com

Drop-In Playgroup Is Moving To Thursdays

Parents, guardians, and caregivers are welcome to drop in and socialize while their little ones (0-6 years) play. This FREE program is a great way to meet other families in our neighbourhood!

Tuesdays 9:00 am – 11:00 am until December 20th)
No Playgroup during the Christmas Break

Returns Thursday January 12th, 2017
9:00 am – 11:00 am
Holyrood Community Hall
Contact Jessica at playgroup@holyroodcommunity.org

Commonwealth Rec Centre

Your community membership will now allow you FREE access to Commonwealth Rec Centre. You can access the gym, track and/or the swimming pool during Community League Swim hours. Don't forget to pack your membership card!

Commonwealth Community Recreation Centre
Saturdays
5:00 pm – 7:00 pm

Hardisty Leisure Centre
Sundays
1:15 pm – 2:45 pm



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Winnipeg Free Press

League Contacts

President	Marcus	presidentidylwylde@gmail.com
Vice President	Vacant	
Treasurer	Walter	treasureridylwylde@gmail.com
Secretary	Corrina	secretaryidylwylde@gmail.com
Casino/SECLA	Bridget	casinoidylwylde@gmail.com
Social	Laura	lmurdoch@email.com
Programming	Kamila	kamilaidylwylde@gmail.com
Facilities	Paul	paulidylwylde@gmail.com
Publicity	Kelsie	kelsieromans@gmail.com
Membership	Michelle	bluecanary1@hotmail.com
Garden		gardenidylwylde@gmail.com
Civics	Lee	lbrktt@gmail.com

Like and follow us for the most up to date news. Search Idylwylde Community League on Facebook and @IdylwyldeCL on Twitter.

You can also visit us at www.idylwylde.org and sign up for our e-newsletter

Hall Rentals

Our hall is now available for rent to the residents of Idylwylde and non-profit groups. Please visit our website for more information on renting our hall, including pictures and costs. Inquiries can be sent to rentidylwylde@gmail.com.

Parents &Tots Group

From October to June
Every Tuesday 9:00 AM to 11:00 AM at the Idylwylde Community Hall.
Call Nicole at 780-466- 5090 for details.

Community League Swim

Swim is free of charge for Idylwylde Community League (ICL) members.
Show your ICL membership card to enter the pool.

Hardisty Leisure Centre (10535 65 Street)
Sunday: 1:15pm - 2:45pm
Start Date: September 11, 2016
End Date: June 25, 2017

Commonwealth Community Recreation Centre (11000 Stadium Road)

Saturdays: 5:00pm - 7:00pm
Start Date: September 17, 2016
End Date: August 26, 2017

Cheery Tomato Community Garden

While the snow flies, we are always looking for new gardeners. Please Contact us at gardenidylwylde@gmail.com if you would like to join our awesome crew for the next season!

A Year End Letter from The Executive

Dear Idylwylde Residents,

I hope that you have had a great year like we have had at the Idylwylde Community League. As this year winds down, I would like to take the time to bring you up to speed on what you may have missed this year. First, if you haven't done so, go to Idylw-ylde.org and sign up for our e-newsletter. It comes out around the same time of the month as the South East Voice. We have been working on improving our communication with the community and this is one key part of that. You can also follow us on Facebook and Twitter for the most up to date messages from the board as well as all sorts of community news.

Our programming has continued on serving the needs of our community with yoga and fitness classes, a parent and tot playgroup, community swims at local pools, our Cheery Tomato community garden group, a local Free Little Library, our outdoor skating rink, and social events such as our annual membership drive. These of course are all absolutely, 100% free for all of our community league members! We are proud that we have been able to keep things affordable for community members in a way that promotes inclusiveness. I should also note that our hall is now available again for rent to residents of Idylwylde at a discounted price as well as for non-profit organizations. Having a local space for a family get together that is affordable is something we have worked long and hard on and I hope you will be able to take advantage of it.

So much work has been done on the consultation with the Dermott District Park (construction starting this spring!) as well as the ongoing work to revitalize the Idylwylde Park, which is adjacent to the north side of the hall. I am so proud of all the volunteers that have donated their precious time to make sure that we have made the best of these opportunities. It is really exciting to see all the potential changes lined up for our small little corner of Edmonton and to think of the impact these amenities, in conjunction with the new LRT, are going to have for the community. I truly am excited to see what the next 10 years has in store for us!

With that being said, it is time for a new batch of Idylwylde residents to take up the call and lead the community league into those next 10 years. Positions will be coming available this year at our AGM in June, including the President, Vice President, and Treasurer roles. Without passionate community members, all of the advancements we have made in our community will start to wither. Ask yourself, what would you be willing to give to help make the place where you live great? A few minutes, hours, days? If you think you have some time to give back to you community, or would like more information on the positions on the board, please email idylwylde.community.league@gmail.com. I know you all have the potential to make great changes, and I cannot wait to see what the next batch of passionate volunteers will work to create for our tiny corner of Edmonton.

Sincerely,

Marcus Nordin
ICL President

Program Calendar: 2016-2017 Classes

Classes are free of charge for Idylwylde Community League members. Please remember to bring your ICL membership card. Membership cards will also be available for purchase at classes. Please consider bringing donations for Food Bank.

Gentle Hatha Yoga Class

Instructor: Corrina Mak
Thursday: 7pm-8pm
Start date: September 29, 2016
End date: December 15, 2016
No classes on November 10 and 17, 2016
This class is for the beginner to intermediate. We focus on the whole body and the way we habitually align our bodies to improve the way we move. Emphasis is placed on core strength, flexibility and balance. Classes include joints and glands work, gentle hatha yoga postures and Pranayama (breathing techniques) and end with a relaxation (Savasana) at the end of each class.

Chair Yoga

Instructor: Corrina Mak
Thursday: 10:00am -11:00am
Start date: September 29, 2016
End date: December 15, 2016
No classes on November 10 &17
This is an accessible yoga class intended for anyone who has a desire to ease back into exercise. Breathing techniques, joint mobilizing exercises, stretches and balancing postures are practiced either sitting in a chair or using the chair as a supportive prop.

Fall into Fitness Class and Pilates Mat Class

Both of these classes will resume in the Spring of 2017. Sign up for our newsletter at www.idylwylde.org to stay up to date!

Events in Idylwylde

What would you like to see for social events in Idylwylde? We are looking for ideas to bring the community together. Email lmurdoch@gmail.com with your ideas for a great get together that we can host!

Little Free Library

Our Little Free Library is now up and running over at 7932 83 Avenue!

KCL League Contacts

Executive			
President	Meghan	780-450-0534	president@kenilworthcommunity.com
Vice President	Loida	780-953-1062	
Secretary	Jason	780-394-3902	
Treasurer	Colleen	780-469-7661	
Bldgs & Grounds	Dan	780-469-2019	
Bldgs & Grounds	Terry	587-983-6848	
Memberships	Barb	780-466-2360	
Adult Programs	VACANT		
Children's Prog.	Scott	780-466-2360	
Summer Programs	VACANT		
Capital Projects	Gary	780-466-7591	
Grant Applications	VACANT		
Soccer	VACANT		
Social	John	780-462-2105	
Bingo	Julia	780-476-2992	
Casino	Bonnie	780-469-1969	
SECLA	Rob	780-707-8204	
Publicity/Website	Martine	780-466-9444	publicity@kenilworthcommunity.com
Representatives			
Badminton	Liz	780-465-5188	
Crib Club	Rhys	780-490-0106	
Ladies Aux.	Jean	780-469-4669	
Ladies Aux.	VACANT		
Neighbourhood Watch	Gladys	780-466-1688	
Playschool	Diandra	780-244-5986	diandraharding@gmail.com
Toddler Time	Angela	780-935-3404	angela.feehan@gmail.com
Caretaker	Pauline	780-469-7366	
Hall Rentals	Al/Liz	780-469-1711	rentals@kenilworthcommunity.com

Hall Rental Rates

Kenilworth Community League has a beautiful facility. We hope you will consider Kenilworth Hall for your special events. Photos are available on our website www.kenilworthcommunity.com

KCL Hall Rental Rates: (Seating 160)

	Members	Non-Members
Weekend (Fri.pm – Sun.pm)	\$450.00	\$550.00
Day Rate	\$300.00	\$385.00

Damage Deposit	
\$250/day rate	\$550/day rate
\$450/weekend	\$550/weekend

*Third party insurance is now required for ALL hall rentals. Please ask the Rental Manager for more details. To book the hall, email is preferred, rentals@kenilworthcommunity.com. If email is unavailable, leave a message for Al @ 780-469-1711.

Toddler Time

Toddler Time meets on Mondays 10-11am. Contact Angela with any questions: angela.feehan@gmail.com.

Southeast Edmonton

Winter Fun Fest @ Kenilworth (sponsored by the City of Edmonton)

Saturday, January 14th, 2017

Watch our Facebook page, www.kenilworthcommunity.com, and hall sign for times. Join in the all fun that winter offers! Bring the whole family and try new outdoor winter activities: skiing, sliding, skating, snowshoeing, sleigh rides, crafts and more.

Community Garage Sale

*Kenilworth Hall, 7104 - 87 Avenue
Saturday May 20, 2017, 10:00 A.M. - 4 P.M.*

Inside: Tables are available for \$10.00
Outside: Bring your own tables or use your vehicle.

The parking lot will be opened only for the outside vendors.
Street parking is available.

A perfect time to declutter - empty closets, basements, storage areas, etc.
Your clutter could be someone's treasure!

For more info or to book a table, call Liz @ 780-465-5188.

Scrapbooking/Card-making Garage Sale

Scrapbooking/Cardmaking Garage Sale will be held at Kenilworth Hall, 7104-87 Avenue on Saturday, March 11 at 10a.m. to 2:00 p.m.

Great bargains for you for your next projects!

New Volunteer Opportunities

Publicity – currently open. Please contact Martine @780-466-9444 for details.

Other opportunities still available are: Soccer Director, Adult Programs, Summer Programs, Grant Applications, Bingo Alternate, Babysitting Registry.

Please call Meghan @ 780-450-0534 for more info on how you can make a difference in your community.

Bingo Volunteers Needed!

We need volunteers on a regular basis! Call Julia @ 476-2992 to volunteer for SMOKE FREE Bingo's. Help our community league raise funds to keep our community programs and events going.

Next Bingo's:
December 28, 2016, Wednesday, 4:30pm – 11:30pm

If you would like to put your name down for any bingos, please call Julia at 780-476-2992. Please request your dates two weeks prior to the bingo date. This will give us time to fill the bingo if spaces are still available.

COME JOIN US! Strength/Cardio class

Thursdays @ 6pm, New sessions start every 6 weeks.

This class strengthens and tones by working the entire body in a fun and energetic atmosphere! Whether you are new to your fitness journey or an avid exerciser, this class will challenge you physically, while increasing your self-confidence.

Come join us for a fun, effective and sweaty class :) Every week it's a little different so you don't get bored.

NEW RATE! We run 6 week sessions for \$60. Drop-ins are also welcome for \$12. Cash or Cheque accepted. Cheques are to be made out to Kenilworth Community League.

Please email me at totalbalancepersonaltraining@gmail.com to register.

Memberships

We would like the opportunity to welcome all newcomers into the neighborhood. If you know of any recent arrivals, or if you are one yourself, please call Barb @ 466-2360. We will deliver a free Community League membership along with information about all the activities this League offers

Don't have your 2016/2017 membership yet? Memberships are \$20 and \$15 for Individuals and Seniors.

For more information contact Barb @ 466-2360.

Need one RIGHT NOW! Go to www.efcl.org and purchase one online!

Ottewell Community League Executive and Board Members	
Executive:	
President – Corinne	
Vice President – Bri	
Secretary – Sandra	
Treasurer - Cindy	
Board Members:	
Bingo Co- Chair – Kyla	
Casino Chair – Vacant	
Rentals - Corinne	
Grants – Mark H	
Bylaws – Leona	
History of Ottewell Committee - Andrea (Looking for more members of this Committee)	
Indoor and Outdoor Soccer Director – Glen	
Parent and Tot Team Lead – Whitney	
Summer Playground Chair – Colleen	
Social Team – Lori, Debbie, Bri, Cheryl/Dennie	
Playschool Chair - Katherine	
Rink Chair – OPEN	
Maintenance Chair – OPEN	
Civic and City Liason Chair - Matt	
Membership Chair – Russ	
Communications Chair – Sharon	
Web Page Designer - Sandra	
Representatives:	
SECLA Rep – Lori	
EFCL Rep – Corinne	
East Park Baseball – Clarence	
All Positions are volunteer positions.	
Please send all inquires via email to ottewell2212@gmail.com or call 780 469 0093 leave a message and someone will return your call.	
Ottewell Community League	
5920 – 93a ave	
Edmonton, Alberta	
T6B 0X2	

Ottewell Neighbours Art Classes

Wednesday Mornings
9:30 – 11:30
January 11 – March 15
\$50/ 10 weeks
Korean Presbyterian Church
9920 67street

We are a group of friends and neighbours that have been getting together for 40+ years, right here in Ottewell.

A casual, friendly, welcoming group, we share creativity, coffee, snacks and laughs. Watercolour instruction (bring your own supplies) is led by two professional artists.

This is your chance to try watercolour painting for the first time or get back to it. You can follow our class projects or just come and do your own thing.

For more information call Shirley at 780-466-9115.

Ottewell Community League Playschool

OCLP will be hosting an Open House on Feb 22nd from 5-8pm. We are located inside of Braemar High School and entry can be obtained through the south doors.

Please contact our registrar (Lauren) at lauryan@telus.net or 780-490-7757 for any questions about our current year or for next years enrolment.

Ottewell Parent & Tot Group

This FREE WEEKLY drop-in program is back beginning November 1st, Tuesdays from 10 - 11:30 am at Ottewell Hall.

Parents/Caregivers and tots ages 0-5 years old are welcome to join the fun.

Come out to meet your neighbours and make some new friend

Cooking Classes With Chef Sally

ITALIAN: A WINTER DINNER PARTY:
Sunday January 22 (1 to 4.30 pm)
Fennel-Leek Soup Shooters, Panzanella (Tuscan Salad), Braciolo (Proscuitto-Stuffed Beef Rolls) Mushroom Risotto and dessert.
EVERYDAY INDIAN: Sunday February 12 (1 to 4.30 pm)
Spiced Chickpea Bites, Warm Beet and Paneer Salad, Easy Butter Chicken, Pilau Rice and more.
SPRING BRUNCH: Sunday March 26 (1 to 4.30 pm)
Menu TBA.

WHERE: Ottewell Community Hall, 5920 93A Avenue.
COST: \$105 per class. **SPACES:** 8
INCLUDES: Lots of good eating, samples of wine, a recipe handout and a resource list.
PAYMENT: Cheque, cash or email transfer. Cheques should be made payable to Sally Vaughan-Johnston.
Send or drop off at my home at 388 Clareview Road
Edmonton, T5A 4G6.

CANCELLATION POLICY: Please note that, just like most theatres and sporting venues, I do not issue refunds. If you are unable to attend a class you are welcome to send a friend in your place.

Sally Vaughan-Johnston: 780 461 4238
780 655 0020 (cell) svaughanj@shaw.ca

Bus Route 86 No Longer Running

You may have noticed that Route 86 is no longer available as a transit option here in Ottewell. ETS conducted an annual System Performance Review using passenger boarding and alighting data collected over the previous six months.

The result for our community was that Route 86 did not have a minimum ridership threshold of 15 passengers boarding per hour and Route 86 had an average of only 8 passengers boarding per hour.

The area of the former Route 86 is serviced by both the 1 and the 4, which both run daily, and have late night service as well as connections to the LRT and major transit centres.

If this topic is important to you our OCL Executive want to hear from you. Please contact our Community League President at oclconcerns@gmail.com

Scouting

Scouts Canada is the country's leading youth organization. For more than 100 years, we have brought a world of adventure, outdoor experience and friendship to 17 million Canadian youth.

Scouts have a lot of fun discovering new things and experiences they wouldn't have elsewhere. Along the way they develop into capable, confident and well-rounded individuals, better prepared for success in the world.

Scouts Canada offers five challenging programs for boys, girls, and young adults aged 5 to 26.

Ottewell 120th Scouting Group has served the youth in Ottewell and Kenilworth for over 50 years. The Beavers, Cubs and Scouts meet on Monday evenings at local schools. To deliver these great adventures we need adults to step forward to become Leaders. If you would like more information email ottewell120@gmail.com. For more information on Scouting please see www.Scouts.ca.

Fitness Kickboxing and Bootcamp

New session begins in January. Join our community group for fun fitness! Classes include bootcamp style and fitness kickboxing. Work at your own pace with modifications for all fitness levels.

For questions and registration details contact Ann Lukey at ann@yourinertia.com or 780.719.2897

Evening Kickboxing

Foxy Kickboxing for ladies only! - we'll turn you into a knockout! Monday and Wednesday night sessions at Fulton Community League Hall. Learn real kickboxing techniques in a safe and non-threatening environment. No equipment or experience is required - we will show you everything you need to know. New sessions starting soon! This full body workout will be unlike anything you have tried before! We utilize pads and gloves so that you are actually hitting targets (way harder than a traditional 'cardio' kickboxing class). Perfect for building strength and tight lean muscle and no experience necessary!

Register today at www.foxykickboxing.ca for Monday or Wednesdays nights. Email Falon at falon@foxykickboxing.ca or Jenna at jenna@foxykickboxing.ca for more information.

Join the Ottewell Community League Team of Volunteers!

Do you want to get involved in Ottewell but don't have a consistent schedule? Put yourself on the Ottewell Volunteer List. We'll contact you when we need help for events or specific tasks; if you're available, get involved. Send an e-mail to Ottewell2212@gmail.com with Ottewell Volunteer List in the subject line, give us your contact information and indicate if there's a particular skill you have to offer or area you'd like to volunteer. Any time you can give is welcome.

Rink Team- Ottewell is looking for a group of 10 people, to be our RINK TEAM! This team would be responsible for the Rink during the Winter/Summer months. If you would like be a part of this team, Please email – Ottewell2212@gmail.com with RINK Team in the Subject Line. We will respond with details and answer any inquiries.

Upcoming BINGO Dates at Parkway Bingo

April 20, 2017
May 29, 2017
June 26, 2017

All funds raised support Ottewell Community.

BINGOs help us to raise these funds so we can make these improvements. If you would like to help out and donate some of your time to work at our designated BINGO's during the year it would be truly appreciated. To get on our Bingo volunteer list please email oclbingo@gmail.com

Purchase your 2017-18 Ottewell Community League Membership

Take pride in your neighbourhood and purchase your membership today to enjoy the many benefits and discounts including:

- use of local pools free of charge at designated times
- use of outdoor community rink and community skate times at indoor city rinks
- involvement at community events and activities
- and access fitness, recreation, classes and more!

Memberships run from Sept. 1 to Aug. 31 and can be purchased at the Sport Shack, TGP, and at Ottewell Hall Rink Shack (during winter). Cost is \$25 family, \$10 for single, \$10 for adult, and \$5 for seniors.

Ottewell Community League Playschool

OCLP is still accepting registrations for the 2016/2017 school year.

We run out of Braemar school, and are tentatively running a three-day/week program.

Registration forms can be printed off from OCLP.ca or you can contact our Registrar (Lauren Asselstine) at lauryan@telus.net or 780-490-7757.

Next Ottewell Community League Board Meeting

Tuesday December 20 – 7 pm

OCL meetings will be on the 3rd Tuesday of the month. Come and join us and find out what is happening in our Community.

We are always looking for more hands to assist in keeping Ottewell Community Vibrant and Active!

Ottewell Babysitting Registry

Are you looking for a babysitting job? Want to earn some extra cash for the summer? If this is you, send your name, address, phone number and the year you were born.

Include your credentials (Red Cross Babysitters Certification, First Aid, etc.), your availability and experience caring for children.

Send your information to colleenandtravis@shaw.ca Or call Colleen at 780-406-3603.

Ottewell Community League Social Media

Follow us on Twitter @OttewellEvents and Facebook/OttewellCommunityCentreEvents and let us know what you are up to in your community!

Pictures, tweets, comments, your discussion is welcome! Let us know if you are having an event and we can share it for you on social media!

Community Carol Sing!



Sunday, December 18, 2:30 pm

**The Salvation Army Edmonton Temple
9115 – 75 St.**

The Salvation Army Edmonton Temple invites you and your family to join with us Sunday, **December 18th at 2:30 pm** for a wonderful afternoon of Christmas music. Join with us as we celebrate and sing songs of the season accompanied by The Salvation Army Edmonton Temple Brass Band and Choir. Hot Chocolate, Apple Cider and treats served afterward!

All are welcome – we'd love to see you!



Giving
Hope
Today



**Wednesday Mornings at 10:00 am
Beginning January 25th**

The Salvation Army Edmonton Temple presents **Baby Song**. A music based program for parents and their babies/toddlers aged 0-3 where kids explore and learn using music!

This relaxed group provides an opportunity for young kids to interact with each other and for parents to connect with one another – snacks included!

This 10 Week session runs
Wednesdays from Jan. 25th – Mar. 29.
Registration is only \$20 per family!

For more information, or to register, please contact
The Salvation Army Edmonton Temple.
780-469-6846 or edmtemple@shaw.ca
9115 – 75th Street, Edmonton, AB, T6C 4L3



Giving
Hope
Today

Board of Directors

President – Jenny
Vice-president – Janice
Treasurer – Ken
Secretary – Alicia
Grounds and Buildings – Scott
Social director – Yasir
Membership – Leah
Communications – Kristen
Program director – Andrew
Member-at-large – James
Member-at-large – Jason
Member-at-large – Meghan
Member-at-large – Kathryn

Web: strathearncommunityleague.org
Twitter: @StrathearnCL
Facebook: Strathearn Community League

Strathearn Stay and Play gets started

Calling all caregivers and preschoolers! The Strathearn Community League is hosting a brand new weekly parent and tot group, and we want you to be there! We are located at the Strathearn Hall, 8777 96 Ave. This weekly drop in group meets Fridays from 9 a.m. to 11 a.m.

Connect with other caregivers in your neighbourhood, and enjoy coffee and light refreshments.

For more details, contact Chris Samuel via email at chris.samuel@gmail.com or visit the Strathearn Community League website at strathearncommunityleague.org.

Introducing the Strathearn A.V. Club

The Strathearn A.V. Club presented its first film, *The Grifters*, starring Angelica Huston and John Cusack, in late November, and has two more films based on Jim Thompson's novels on deck. The next two films in the initial series are *After Dark*, *My Sweet and Coup de Torchon*.

The A.V. Club is a regular film series for adults sponsored by Pavillion Financial Corporation and the Strathearn Community League. Films will be screened monthly at the community hall (8777 96 Ave.) and are open to the public. There is no charge for this 18+ event.

Stay tuned to our website (strathearncommunityleague.org) and Facebook and Twitter accounts (@strathearncl) for dates and times for the next two films.

Strathearn to get decorative streetlights!

By James Kosowan

After more than two months of door-knocking in the community and talking to hundreds of residents, we reached our survey goal with more than 50 per cent of property owners voting in favour of decorative streetlights as part of the neighbourhood renewal that will start next year.

The poles will be black, fluted with a decorative Newport arm. All new lighting in the city is LED and these new streetlights will conform to this new lighting requirement.

The new sidewalks, as well as curbs, gutters and roadways will be done north of 95 Avenue next year, while the work south of 95 Avenue will be done in 2018.

The new streetlights will be done throughout the community in 2017 as new concrete bases are built for the new light standards.

The Planning and Development department will hold an information meeting early in the new year to update residents on the construction process and timelines for completion.

Thank you to everyone for taking the time to make your voice heard on the streetlight survey. Also, a huge thank you to The Wired Cup and Juniper Bistro for agreeing to collect the surveys on behalf of the community.



Donations to the hall will be recognized on a unique sculpture

By Kristen Jancewicz

When the new Strathearn Community Hall opens its doors, donors who've helped fund the building will be recognized on a sculpture that could not have been built anywhere but in our neighbourhood.



That's because the piece, by artist James Hebers, takes the physical shape of Strathearn. "It's really meant for the Strathearn community," Hebers says.

Not only does the shape of the sculpture, which will be about four feet by four feet and will be placed in a prominent location inside the new hall, draw its physical shape from our neighbourhood, the materials also take inspiration from the community tagline of Naturally Urban, combining natural and urban elements: walnut, maple, copper and stainless steel.

Donors who give \$500 or more to the Strathearn Building Society will have their names inscribed on the wood slats.

Hebers, a 33-year-old Hazeldean resident, has an engineering degree from the University of Alberta and a fine arts degree from the Emily Carr University of Art and Design. He works at a metal fabrication shop, where he builds signs and collaborates on public art, custom lighting projects and landscapes features, including stairs and railings.

Not only has he designed Strathearn's donor recognition sculpture, he will also build and install it. "This is a project I'm really looking forward to doing. I want to do more stuff like this in the future.

"I'd really like to pursue more artistic work and get more involved in public art and sculpture."

Construction of Strathearn's new community hall is expected to start next year. The hall will be 2,980 square feet and was designed to support the unique needs of our growing community.

The Strathearn Building Society is accepting donations to the new hall. As a registered charity, the building society can issue tax receipts. If you're interested in having someone come to your house to talk to you about making a donation to the hall, please contact Jenny McAlister at president@strathearncommunityleague.org or by phone at 780.554.2258.

City ends free sand boxes

You may have noticed that the green sand boxes on the north side of the hall have been removed.

Instead of offering free sand for the public at community centres across the city, sand will now be provided at the five Roadway Maintenance yards.

According to the city, by putting them in front of the yards, the resources to fill them will be minimal.

For the southeast, the filling station is located outside the fences at 5409 59 Ave.

"By having sand in all the districts across the city, we are still making sure that it is available to those who need it, no matter where they live. Citizens can also visit a retailer to purchase an inexpensive bag of sand," says a directive from the city.

Please email any questions to parksandroads@edmonton.ca.

YOUR FIRST WORKOUT IS ALWAYS FREE
CONTACT BREANNE TO ARRANGE YOUR FIRST WORKOUT

FUNKY FIT 9409 - 47 STREET
YOUR ONE STOP BODY SHOP

SMALL GROUP TRAINING

TUESDAY AT 6PM, 7PM & 8PM
THURSDAY AT 6PM, 7PM & 8PM
SATURDAY AT 9AM & 10AM
8 PEOPLE MAX.

OTHER SERVICES AVAILABLE:
*PRIVATE PERSONAL TRAINING
*MASSAGE THERAPY
*MYOFASCIAL CUPPING

CALL/TEXT BREANNE AT 780.707.6313 OR
EMAIL AT BREANNE@FUNKYFIT.CA

Create meaning this holiday season

Holidays are a joyful time, offering a chance to reconnect with friends and family. But for many it can also cause stress and loneliness. You may worry about family matters, or it may be a painful reminder of past times.

During the holidays try focusing on some simple steps that can help reduce stress, low mood and grief that are commonly felt during this time of year.

Here are some ideas that may help you:

- **Gratitude:** Being thankful magnifies positive emotions and helps us appreciate the value in something or someone. Send a note of thanks to someone special or create a journal filled with things you are thankful for.

- **Do something for yourself.** Often times we are so busy taking care of others we forget to focus on ourselves. Take time for yourself this season by doing something you enjoy, go for a walk, or try a new hobby such as yoga or meditation.

- **Connect.** Join a community group, reconnect with friends, or volunteer.

- **Keep a regular sleep, meal, and exercise schedule and limit alcohol.** Taking care of yourself will help you deal with stressful situations during the holidays. Remember the 80/20 rule, and eat 80 per cent healthy foods.

December Specials

December 1 - 31, 2016

Buy a Pair and Share a Pair*

(Or keep the second one for yourself *)

Buy a frame and receive half off selected lenses.



Looking for that hard to buy person we can provide you a **gift certificate** for sunglasses, contact lenses or eyeglasses.



Dr. Greg Hahn, Dr. Jonathan Akle and staff look forward to meeting you.

Hours: Monday, Tuesday, Thursday and Friday 9-5, Wednesday 9-8, Saturday 10-3



**6126-90 Ave
(Ottewell Plaza)
780-758-0099**

**Stocking stuffers!
We have those as well.**



Selected frames and lenses for the second pair.



- **Get organized.** Make lists or use an appointment book to keep track of tasks to do and events to attend.
- **Learn to say no.** It's okay to say "no" to events that aren't important to you. This will give you more time to say "yes" to events that you do want to attend.

- **Know your spending limit.** Lack of money is one of the biggest causes of stress during the holiday season. This year, set a budget and don't spend more than you've planned.
- **Give something personal.** You can show love and caring with any gift that is meaningful and personal. Make a phone call or write a note and share your feelings.

Remember, get help if you need. Holidays can be especially hard if you are already dealing with the death of a loved one or the breakup of a relationship. Talk with health care professional in your area or call Health Link at 811 or the Mental Health Helpline 1-877-303-2642.

New Year's Day celebration in Strathearn

Hayrides and Hot Chocolate rides again this Jan. 1, 2017, from 1 p.m. to 4 p.m. Join your neighbours and the Strathearn Community League for outdoor fun at two locations in Strathearn.

After a successful expansion of activities last year, we are planning even more fun for 2017.

At the hall (8777 96 Ave.), we'll have food, family skating, games, marshmallow roasting and, of course, hayrides.

At Strathearn Park, we'll have VIP tobogganing, fat bikes and snowshoes, hot chocolate and entertainment.

As always Hayrides and Hot Chocolate is free, family fun, open to the public. Join us to ring in the New Year with your friends, family and neighbours.

What a new community hall will mean for Strathearn

A place to host birthday parties!

As we look forward to construction of our new community hall, we'll publish regular articles about the opportunities that a new hall will bring.

A couple of years ago, I attended a birthday party for my friend Nadine McAleese's three-year-old son, Cruz, at the Alberta Avenue Community League hall. I asked Nadine why the community hall appealed to her as a venue. Here's what she said.

— As told to Kristen Jancewicz

We have a ton of neighbourhood friends. It's a winter birthday, so we don't have a lot of outdoor options.

It appealed to us that we could invite everyone from the community and they could walk and they could rush home if the kids had to nap.

There was lots of space and privacy.

The only thing we had to do bring was the food. They had the tables and chairs and toys [hockey nets, sticks and balls, basketballs, tricycles and more].

We would definitely do it again.

Membership has its benefits

With all the new programming happening at Strathearn Community League these days, it is easy to forget all of the great programming your community league membership gives you access to. Here's a recap:

Health and Wellness (Strathearn Community League membership required)

- Free family swimming/workouts at Commonwealth Leisure Centre Saturdays, 5 p.m. to 7 p.m. and Hardisty Leisure Centre Sundays, 1:15 p.m. to 2:45 p.m.

- Free skating at our neighbour community rinks this season – Holyrood, Idylwylde and Bonnie Doon. There will also be family skating at a side rink in Strathearn.

Neighbourhood entertainment (Strathearn Community League membership required)

- Toonie Thursday: Juniper Cafe & Bistro (9514 87 St.) The second Thursday of the month is Community League Happy Hour. Enjoy a beer or glass of wine for a toonie from 4 p.m. to 6 p.m.

- Wired Wednesday: The Wired Cup (9418 91 St.) The first Wednesday of the month enjoy a free beverage from 7:30 a.m. to 11 a.m.

Winter Green Shack: Mondays and Wednesdays from 3:30 p.m. to 6 p.m., and Saturdays from 1 p.m. to 5 p.m. from Dec. 10, 2016 to Jan. 6, 2017 – For kids ages six to 12 (children under 6 must be supervised by a parent or guardian)

Join in games, sports, crafts, music, drama and special events. You'll find a list of upcoming activities and special events posted on the side of the Green Shack each week. If there's a game or activity that you'd like to play, just ask the program leader.

A Strathearn Community League membership costs \$20/family or \$10/individual. If you're new to Strathearn, your first one-year membership is on us. Contact membership@strathearncommunityleague.org.

Here's where to buy your membership:

- Ralph's Convenience Store located at 9508 87 St.
- Massage Therapy Supply Outlet, 9206 95 Ave.
- Juniper Cafe and Bistro, 9514 87 St.
- Strathearn Heights Apartments, 8768 96 Ave.

Or email membership@strathearncommunityleague.org.

Plus, each month, community league members are entered into a draw for a \$20 gift certificate to either The Wired Cup or Juniper Cafe and Bistro.

Here are our recent monthly winners: October's winner of a Juniper gift card are Thomas and Selina Chung, November's winner of Wired Cup gift card is Jennifer Freund, and December's winner of a Juniper gift card is Greg Barry.

Meet Jason Ruhl: Architectural technologist and dedicated SCL volunteer

By Simone Chan

Tell us about yourself.

I am 34, and I've lived in Strathearn since 2008. Since being the treasurer of a student organization at NAIT in 2002, I've been involved in a variety of volunteer organizations.

When and why did you get involved with the Strathearn Community League?

In 2012, I read something about how Strathearn was trying to plan for a new community hall. By that time, I'd been working in the architectural industry for nearly 10 years, and I thought that I could help. Like many industries, there are quirks, processes and language that mean nothing, or worse—mean something else—outside of architecture. I could at least be an interpreter, and at best I could help Strathearn get the building it needed.



What is your role with Strathearn Community League?

I became a member-at-large in 2013, and I still have that title. It allows some flexibility, as I don't have a specific portfolio. I'm on the Building Committee for the new hall, and I'm also involved in the art walk.

I have tended to work in the logistical side – we plan a lot of events, and they all need to run smoothly. I think an event is most successful when attendees aren't made aware of what goes on behind the scenes – they just show up.

To do this successfully, we've planned thousands of things in advance, such as 'how many circuits do I need for coffeemakers' or 'when does the sun set so when do we need lights.' The list is nearly endless!

What do you do outside of volunteering your time to the Strathearn community?

I run AVID Architecture with my business partner Cynthia Dovell. We've been able to grow our business partly through projects we have heard of through the community league, and one of our main focuses is community projects.

We've done a lot of work with the City of Edmonton too, and my experience in dealing with the city from different angles has helped us as well.

AVID is now doing work for other leagues, and I'm able to put my experience with the Strathearn Building Committee and with the league in general to work for others through AVID.

What is one of your favourite community league events and why?

That has to be the art walk. I've been involved in the art walk for the past three years.

I nearly quit in 2015 — we had only 2/3 of the volunteers we needed and were pulling things together at the last minute.

That taught us to be more organized, to plan for any eventuality, and to start planning early.

Strathearn Art Walk 2016 was a huge success because of that and because of the people we

were able to recruit earlier and involve in planning.

What is something you look forward to doing next in the community?

Having worked towards the hall

for four years, it will be a milestone to walk into it for the first time. Seeing it in your mind is one thing, but walking through the door is another thing entirely.

What do you see Strathearn looking like 10 years from now?

Still recovering from LRT construction! The next 10 years will bring huge changes to Strathearn.

Since I moved here, the number of new developments has grown exponentially—from one or two houses a year, now this year I know of eight new house projects, not to mention the city's work on infrastructure.

If you could say one thing to prospective volunteers, what would it be?

If you care about something—anything—a community league is a great organization to help you do something about it. I have been on many boards, and Strathearn is the most inviting, and probably the most flexible as well.

We have done projects for art, for business, comedy, food and restaurants, the new hall, playgrounds, kids activities in summer and winter, engagement, development, infrastructure, trees and landscaping, and much more. We just need volunteers to help us turn great ideas into successes.

Call The Dunham Team Today

780 - 466 - 0418

**Greg
Dunham**

780-964-1469

gdunham@telus.net
greg8dunham@gmail.com

- Specializing in South East Edmonton
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Capilano: Entry level 3 Bedroom Bungalow, Large lot (15.24 m x 39.6 m), Great starter property with multiple options.



Capilano View Property: 1600 sq ft Main Floor, 62x130 ft Lot and Double Heated Attached garage w/220.