

SOUTHEAST VOICE

Serving the community leagues of
Avonmore, Capilano, Cloverdale, Forest Terrace Heights,
Fulton Place, Gold Bar, Holyrood, Idylwyld, Kenilworth,
Ottewell & Strathearn.

July 2016



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Holyrood's New Spray Park Makes a Splash!

Holyrood Community League was proud to finally celebrate the opening of our brand new spray park on June 4th!

After an official ribbon-cutting, the first spray-button push sent a ripple of excitement through attendees as the water splashed down. We can tell that the spray park will be well-loved for years to come! Thanks to a fabulous planning committee, Holyrood had a great day of celebration. Festivities included live music from the Tsunami Brothers, a water fight, fly-tying demos, and even a visit from a local fire truck!

Our spray park and naturalized play areas would not have been possible without the enthusiastic support of the community. Besides letter writing campaigns, lobbying, and gathering donations, many of our residents made personal financial contributions. This project wouldn't have succeeded without such a dedicated community.

As part of the day's celebrations, we were proud to unveil the public art mural on the northwest wall of the HCL hall. Cut and Paste Design Ltd did an incredible job creating a beautiful piece of art that recognizes each of our project donors. The vibrant mural is a great addition to our park and we encourage you to visit it (and look for your name if you donated to the project) soon!

You may notice some fencing up around sections of the naturalized play areas over the next couple of months; the contractors are doing some remediation work in our park this summer as per the one-year warranty on their work. The fixes will include resodding the flat areas and the bumps for more permanent turf durability. In response to safety concerns, the gravel path will be rerouted so that it does not exit onto the busy toddler play area of the sidewalk.

We look forward to the spray park and naturalized play areas being a beloved feature in our neighbourhood for years to come!



\$5,000 Donation from EPCOR!

We are pleased to report that EPCOR has donated \$5,000 towards Phase 2 of the Capilano Community Park Redevelopment project. This \$5,000 is in addition to the \$5,000 that EPCOR already donated to our Phase 1 project completed in 2014. The Capilano Community Park Redevelopment Committee deeply appreciates the support provided by EPCOR, our industry neighbour.



Simon Thomas (5th from right-standing), Director, Gold Bar Wastewater Treatment Plant at EPCOR, presents EPCOR's \$5,000 donation to the Park Committee and Capilano residents.

101 Ave Corridor Study

The Greater Hardisty Community Sustainability Coalition has engaged with various groups to determine how they can manage change, decline, and development in their neighbourhoods. Part of this discussion has centered around 101 Avenue, the main commercial road in the area.

The community has raised concerns about vacant commercial properties, crime, a lack of street identity, and a lack of services for residents. However, 101 Avenue has a lot of potential to become a more welcoming destination for the adjacent neighbourhoods and the broader east-Edmonton area.

Visit edmonton.ca/101AvenueCorridorStudy for more info and for upcoming survey opportunities. You can also sign up for their email list for notifications.

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Ottewell (Chair)	Lori Jeffery-Heaney	ottewellrep@secla.ca
Strathearn	Meghan McKinnie	strathearnrep@secla.ca
Treasurer	Olivia Li	treasurer@secla.ca
Secretary	Janet Fletcher	secretary@secla.ca

SUMMER FUN

Come join all the fun this summer with Free Summer Programming throughout July/August. Your guide to free summer drop-in programs in your neighbourhood and city wide. Find out where the new parks are located, and check out the many community

spray decks across the city. For more information go to the City of Edmonton Website and google Summer Program Guides. For information on all programs and activities in the city go to (http://www.edmonton.ca/activities_parks_recreation/drop-in-community-programs.aspx)

YOUTH PROGRAMS:

Check out Skate parks in Millwoods and Fulton Ravine South. Skate Hosts are already on site, and throughout the summer from 12:30-8:00pm daily. YEGyouth is also running drop in activities at Satoo and Weinlos. Check the 2016 Neighbourhood Recreation Drop In for a full listing of activities and special events.

City of Edmonton Projects/Programs/Permits Are you and your community interested in getting a program, project or having a special event in the neighbourhood. Whether it is for a community garden, art murals, renovations, builds or special events or activities on Parkland, the first step is to contact the Community Recreation Coordinator in your neighbourhood. The CRC can help you weave your way through the city processes for your idea. The easiest way to find out who is your neighbourhood CRC is to call 311 and they can find the CRC in your area.

Parkland Bylaw 2202

A reminder that any activities on City of Edmonton Parkland, with over 50 people, requires a Permit. Depending on the location of your event you will need to book the park space, or go through the online Booking system for District Parks and Sports field. The best way to be sure you are following process is to take a look at the Parkland Bylaw 2202. It covers everything a community group needs to know to use our green spaces. Your CRC can also answer any questions you may have.

I AM A PARENT WORKSHOP IS A HUGE SUCCESS!

On Saturday, May 14, 2016, eighty-two parents, childcare professionals, and preschool teachers gathered at Primrose Place Family Resource Centre for an exciting morning of learning during the 2nd Annual I Am A Parent Workshop! There is so much emerging research about the critical importance of the early years and the incredible brain development that occurs during the first six years of life and workshop attendance confirmed that parents and educators want to learn more about this.

Members of the South East Edmonton Early Childhood Community Coalition (SEEECCC) worked for months before the event to organize six separate break-out workshop sessions to offer to participants. Favorite presenters at the workshop included Shauna Dowson and Liz Barteaux who spoke about the direct connections between the parts of the brain that are responsible for language/thinking skills and movement. The presenters explained that when children are learning a motor skill not only will they be having fun, staying active, and developing their confidence, but they are building and strengthening neural connections that prepare them for lifelong learning! What was especially great about this session is that Shauna and Liz brought along tons of fun, colorful, engaging physical activity equipment that they set up in numerous stations so that participants could find their "inner child" and get tons of ideas about great brain and body activities that they could do with the special little people in their life.

During the morning, parents and educators also enjoyed learning about social emotional development, Triple P Parenting (Positive Parenting Program), bedtime routines, and food repertoire exploration for youngsters. To top off the morning, the SEEECCC also arranged for 18 different agencies to be part of the Resource Fair at the workshop. Representatives from Aunts and Uncles at Large, Edmonton Public Library, GRIT, Community Options, ABC Headstart, Edmonton Public Early Learning, Edmonton Catholic Early Learning (Genesis), Bent Arrow, Boys and Girls Club, and several more were all on site to chat with parents and educators and provide resources. The 2016 I Am A Parent Workshop was a very positive morning for all those who attended and organizers are thrilled to announce that there will be a workshop again next year in May 2017 at Fulton Place Childcare. Stayed tuned as the details of the workshop unfold!

"Summer Starts at EPL" will offer loads of unique and exciting program options this July and August. Edmonton Public Library is providing opportunities for children of all ages to participate in STEAM programming, which acknowledges the way Science, Technology, Engineering, Arts, and Mathematics are connected in practice. Many government bodies and educators widely use the term to promote the idea that science is most effective as a tool for solving problems when it draws on ideas and practices from all of its constituent disciplines.

Our regular programs including Baby Lap Time, Lego at the Library, Pop-Up Makerspace, Family Storytime, Book Club, and Sing Sign Laugh and Learn will continue over the summer and you can find details on those as well as the following special summer programs at epl.ca/programs and epl.ca/summerstarts

Summer Starts at EPL programs in July at the Capilano Branch include:

- Origami Book Marks (6-12 years): Tuesday, July 5 at 2:00pm and 6:30pm
- Sprouts to go Puppet Show (all ages): Thursday, July 7 at 2:00pm
- Library Scavenger Hunt (6-8 years): Friday, July 8 at 11:00
- Nature's Treasures (3-5 years): Monday, July 11 at 10:30am
- Holy Hoopla (All ages): Thursday, July 14 at 2:00pm
- Electric Fun (9-12 years) – Friday, July 15 at 11:00am
- Wild Rumpus (6-8 years): Tuesday, July 19 at 1:30pm
- Lego ® Stop Motion for Kids (6-12 years): Wednesday, July 20 at 2:30pm
- All About Plants with the Muttart Conservatory (6-12 years) – Thursday, July 21 at 2:00pm
- Drawing Bots (6-12 years): Friday, July 22 at 10:30am
- Duct Tape Creations (9-12 years): Monday, July 25 at 2:00pm
- Monster Factory (3-5 years): Tuesday, July 26 at 1:30pm and 6:30pm
- Shakespeare and Seuss with Thou Art Here Theatre (9-12 years): Thursday, July 28 at 2:00pm

Summer Starts at EPL programs in July at the Idylwylde Branch include:

- Lego ® Stop Motion for Kids (6-12 years): Sunday, July 3 at 2:00pm
- Amusement électrique (Pour les 9 à 12 ans) - Le mercredi 6 juillet à 11h00.
- Sprouts to go Puppet Show (all ages): Thursday, July 7 at 11:00am
- Library Scavenger Hunt (6-8 years): Friday, July 8 at 11:00am
- Sounds Like Fun (6-8 years): Monday, July 11 at 2:00pm
- Holy Hoopla (All ages): Thursday, July 14 at 11:00am
- Marty Chan's Monster Makers (9-12 years): Friday, July 15 at 2:00pm
- All About Plants with the Muttart Conservatory (6-12 years) – Thursday, July 21 at 11:00am
- Arduino Fun for Kids - (6-12 years) – Friday, July 22 at 2:00pm
- La monstrierie (Pour les 3 à 5 ans) - Le lundi 25 juillet à 14h00
- Shakespeare and Seuss with Thou Art Here Theatre (9-12 years): Thursday, July 28 at 11:00am

For more information please contact the Capilano branch at (780) 496-1802 or the Idylwylde branch at (780) 496-1808. View our full calendar of events online at epl.ca

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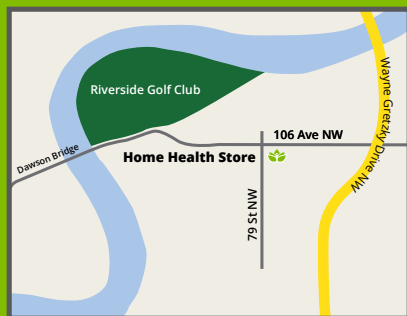


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League Contacts

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Programs	Elizabeth / Sherry	programs@avonmore.org /programs2@avonmore.org	Grants	Lisa / Scott	grant@avonmore.org
Rink	Vacant	rinkcoordinator@avonmore.org	Communications	Nikki	communications@avonmore.org
Soccer	Lyne/Boris	sports@avonmore.org	Volunteers	Ginette	Director2@avonmore.org

Get Your Avonmore Community League Membership

Memberships for the 2016/17 year will be available in June. You can buy your family or individual membership by going to the Dairy Queen on 75 St & 76 Ave or through the South East Edmonton Seniors Association or by emailing membership@avonmore.org. Don't miss out on the many benefits of membership:

- FREE access to pools (see Community Swim Times)
 - Discounted passes and memberships to City of Edmonton Recreation Facilities
 - FREE and discounted Avonmore and EFCL programs & events; and discounted hall rentals
- Our door-to-door membership drive also starts in June, so keep an eye out for friendly Avonmore CL volunteers! If you'd like to help with our door-to-door membership drive, please contact Wendy at membership@avonmore.org.

Spring-Summer Yoga at Avonmore Community Hall

Dates: Tuesdays and Wednesdays from 6:30 p.m. to 8:00 p.m. from May 3 to July 27th. No classes in August.

Cost: Drop in fee is \$14.00 per class.
Contact Anita Lunden at 780 222 4482 or director3@avonmore.org

Tuesday Class: Do you want to improve the way you move your body in all of your activities? Then this class is for you. Perfect for those new to yoga and any level of fitness.

Wednesday Class: This session is designed for all levels of experience, including people who have never practiced yoga before. The teacher's emphasis on positive body awareness and respect for individual needs allow everyone to practice in a way that feels accessible, safe, and beneficial.

Summer Pop-up Events for Kids at Avonmore Hall / Playground

Avonmore Community League will host pop up events on Wednesdays from 10:00A.M. to 4:00P.M. throughout the summer for kids ages 5-12.

- Dinosaur Adventures, July 13th
- Artist at work, July 20th
- Nature Trackers, July 27th
- Fun with Science, August 10th
- Baking with kids, August 17th

Registration forms will be available starting June 1st and cost will be \$35.00 per child per day or \$25.00 if you hold a valid Avonmore Community League Membership. Please contact playschool@avonmore.org for registration forms and additional information

Kick off Summer in Avonmore

Let's kick off summer with a party! July 4th is the first day of the Summer Green Shack program at Avonmore Playground so we're adding a barbecue. Join us from 4:00 to 6:00 pm. Everyone is welcome. Find out what your community league is up to this year.

For more information or to volunteer for this event, contact Sherry: programs2@avonmore.org.

SUMMER GREEN SHACK MORNING PROGRAM

The popular free drop-in Green Shack program will return to Avonmore Park this summer. Trained leaders put on a variety of sports, games, crafts, music and drama at your neighborhood park! Children ages 6 - 12 are welcome. Children 5 years and under must be supervised by a parent or guardian.

Location: Avonmore Park

Dates: Monday to Friday, July 4th to August 25th

Times: from 10:00 am to 1:30 PM

For info, visit www.edmonton.ca/dropincommunityprograms.

Avonmore Book Club

If you enjoy reading, this very popular book club would love to have you. The Club meets on Sunday evenings every 4-6 weeks. The next meeting is June 12th. Members take turns picking books and hosting meetings. We are currently reading *The Back of the Turtle* by Thomas King.

New members always welcome from any community. For more information contact Anita at (780) 222 4482 or director3@avonmore.org

Avonmore PARENT & TOT PROGRAM

This FREE drop-in program is back in full swing on Thursday mornings, 9:30-11:30. Parents/caregivers and tots aged 0-5 years are invited to join us for a combination of free-play, planned activities, social interaction and more. So far this year activities have included: themed crafts, sensory activities (snow and goop), obstacle courses, storytelling, watercolour painting, musical jams and more.

Upcoming activities include parachute play, bubbles, painting, sidewalk chalk and fun in the sun playground! Coffee and tea are provided for parents, as well as the opportunity to help shape this revamped program. For more info, check out our Facebook page by searching "Avonmore parent and tot group" or email Wendy at membership@avonmore.org.

Avonmore Garden Club

If you would like to join the Garden Club contact Anita at (780) 222-4482 or director3@avonmore.org. Upcoming summer events include local yard and garden tours (in planning for the end of July). We are also planning a series of workshops for the fall and winter so join us and get involved! Watch our website for details: www.avonmore.org.

Free Community Swim Times

This Summer Try a Free Swim at an Outdoor Pool (until September 5th)

Fred Broadstock Outdoor Pool: Sunday, Monday, Tuesday & Wednesday 5-7pm

Oliver Outdoor Pool: Sunday, Monday, Tuesday & Wednesday 6-8 pm

Queen Elizabeth Outdoor Pool: Sunday & Tuesday 5-7pm & Monday & Wednesday 6-8 pm

Mill Creek Outdoor Pool: Sunday, Monday, Tuesday, Wednesday, Thursday, Friday & Saturday 7-9 pm

Avonmore Hall Rental

Anyone interested in renting the hall please contact Tanya at (780) 637-5640 or email hallrental@avonmore.org.

BE A SPECIAL EVENTS VOLUNTEER!

Are you an organizational whiz? Do you enjoy event planning? Avonmore needs someone just like you.

Throughout the year, the league hosts events to bring community residents together. Share your skills and abilities with your community by helping to plan and organize an event. The goal is simple: encourage residents to meet and have fun! Are you willing to lend a hand during a community event? We can always use extra help with set-up, cooking, cleaning, supervising activities, etc. Let us know what you can do!

Contact our Volunteer Coordinator, Ginette if you are interested in contributing to your community: director2@avonmore.org.

NEED A BABYSITTER? OR LOOKING FOR A BABYSITTING JOB?

Avonmore Community League is pleased to offer Our Babysitter Registry to help match community members with qualified babysitters. For Parents Seeking Babysitters: email Cheryl at admin@avonmore.org and she can provide you with a list of teens seeking babysitting work.

For Teens Seeking Babysitting Work: email Cheryl. To help parents find the best fit for their children, provide some information about yourself. Tell us the neighbourhood you live in, the year you were born, your credentials (Red Cross Babysitters Certification, First Aid, etc.), your availability and your experience caring for children. Don't forget to provide your phone number!

Learn more about Avonmore Playschool

It's for children ages 3-4

Located in the upper floor of the rink building behind the Avonmore Hall (7902 - 73 Ave)

The program runs each year from September - June. Classes are Monday-Friday 9am-11:30am, families can register their children for two days a week up to five days a week. Registrations accepted all year around if spaces are still available, (it is never too late to join)

At Avonmore Community Playschool we encourage children to use their imagination by providing a warm, stimulating environment in which to learn. We have created a positive program that promotes early learning, creativity, problem solving, cooperation and independence. But most importantly we make sure to have fun!

For more information Contact Jamie Konrad by phone (leave a message) at 780-465-1941, or email playschool@avonmore.org

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The advertisement features a large orange and yellow sun in the top left corner. The text is arranged in a central, stacked format. The Genesis School logo is on the left, and the Edmonton logo is below it. The background is white with blue wavy lines at the bottom. There are small icons of a girl and a boy running, and a soccer ball, scattered around the text.

League Board

President	Brent	780 757-8550
Past President	Bill	780 469-5744
Vice President	Derek	780-919-5421
Treasurer	Michelle	780 466-1017
Secretary	Vacant	
Hall Rental	Kevin L.	780 966-6913
Grants/Planning	Dallas	780-707-7191
Casino Coordinator	Derek	780-919-5421
Memberships	Shawna F	780 490-1931
Programs	Kristen	780-238-7795
Green Shack	Laura	780-982-9876
Social Director	Heather	780 466-1380
Neighborhood Watch	Jeff	780 469-0026
Newsletter	Jill	780 469-0513
Webmaster	Michelle	780 466-1017
Social Media	Jean	780-863-0914
Capilano Playschool	Marzena	780-802-9307
Tennis	Daniel	780 245-1285
Soccer Programs	Shelley	780 462-4599
Soccer Programs	Curtis	780-908-3889
Ice Allocation	Jeff E	403-540-8226
Hardisty Gymnastics	Shauna D	780 484-3205
SECLA	Vacant	
Community Services	Lynn	780 496-5926

Meetings are held every third Wednesday of the month 7:30 p.m. - Sept - June

Choose Capilano Hall for Your Special Event

If you're planning on hosting a party, meeting, family gathering, wedding or other occasion, then you should check out our hall.

Capilano hall offers a perfect location with a one-of-a-kind view of the river valley. The hall has a large balcony, kitchen, new wood flooring, and all amenities are available to make any event special. Hall capacity is 80. Single weekend daily rates for Friday, Saturday and Sunday are \$225/members and \$300/non-members. The entire weekend rates are \$325/members and \$450/non-members.

To book the hall or for more information, contact Kevin at 780-966-6913 or at capilanoHallrentals@gmail.com, or visit our website at www.capilano.info.

Capilano Community Memberships

Need a Capilano Community Membership?

Contact Shawna at 780-490-1931. As well, memberships are available at:
--Solis Wellness Clinic (5016 - 106 Ave, 780-488-1552); and
--TGP Your Gold Bar Grocer (5036 - 106 Ave, 780-469-2535).

July 2016

Capilano Community Casino: Aug. 26 & 27, 2016 - Volunteers required!

Volunteers are required to work our casino on August 26 & 27, 2016. Casinos are a key revenue source and a successful event, supported by dedicated volunteers, ensures a sound financial future for the league. To HELP OUT, CONTACT DEREK at 780-919-5421.

FREE Community Swims at Outdoor Pools

Mill Creek: Daily 7 p.m. - 9 p.m. (May 21-Sep 5)
Queen Elizabeth: Sun/Tues 5 p.m. - 7 p.m., Mon/Wed 6 p.m. - 8 p.m. (June 1-Sep 5)
Oliver: Sun/Mon/Tues/Wed 6 p.m. - 8 p.m. (June 12-Sep 4)
Fred Broadstock: Sun/Mon/Tues/Wed 5 p.m. - 7 p.m., (May 21-Sep 5)
Current Capilano Community League MEMBERSHIP CARD needs to be shown to gain free entrance during community swim times.
NOTE: Outdoor pool closures are determined by temperature (below 18°C), extreme weather (stormy, heavy rain, lightning / thunder, etc.), and bookings. For outdoor pool status, go to: www.edmonton.ca/activities_parks_recreation/outdoor-pools.aspx

Capilano Community League is on Facebook!

Follow us on Facebook and keep up to date on Capilano Community League events and programs.

Babysitting



Capilano Community League Babysitting Registry

We are always looking for names to add to our babysitting registry. If you are in Junior High or High School, if you live in the Capilano neighbourhood or a surrounding community and have taken the babysitting course, please contact Lana at 780-463-1045. (If you know of a babysitter, please pass this information on to them!)

We are pleased to report that we currently have **32 sitters** listed in our registry. Please contact Lana if you are a parent looking to connect with a sitter.

www.communityleagueneeds.com

2016 Summer Green Shack - starts July 4!

The Green Shack program is back at Capilano Community Park (10810 - 54 St.) for 2016. The Green Shack playground program will be available for neighbourhood children 6-12 years:
---Weekdays (July 4 - Aug 26) from 2:30 - 6:00 p.m.
Children under 6 years old welcome to participate with parent support/supervision.
A playground leader will deliver FREE playground programs for children that includes drop in sports, games, activities, and crafts. The community will provide some snacks.

Capilano Community Park Phase 2 construction starting in July!

Our FULL Phase 2 project plan, which includes a 700m walking path, adult exercise equipment stations, a bike bumps course and a community sign, will be installed in 2016. Our final push to meet our fundraising goal went exceptionally well! Project funds were secured from the Province of Alberta, the City of Edmonton, the Capilano Community League, Suzuki Charter School, and industry neighbours. This funding, in combination with monies raised at events, and generous donations from residents and businesses, allows us to fully complete our "Park for all Ages." We are very excited to have reached the "fundraising finish line!" The Phase 2 project construction start is planned for mid July and is to be finished by the fall.

Thank you Capilano Community Park Supporters!

The Phase 2 park redevelopment project - a walking loop, adult exercise equipment, bike bumps course and community sign - will be constructed in 2016. Donor support for our "Park for all Ages" is deeply appreciated. THANK YOU to the following donors who have made generous contributions to the Phase 2 project:
-- Verna Hochachka, Gene Hochachka, Green/Roth Family, Rob & Susan Dollevoet
-- Jaime & Jeff Resler, McFadyen Family, Sigmund Lee, Jeff & Carrie Riddle, Anne & Serge Belley, Greg & Jill Schlender, Allan Yee
-- Pikkert Family, Kevin & Ivanna Lewington, Sophia Lewington, Brendan Lewington, Svidal Family, Raeanne & Terrence Belley, Jackie & Kevin Werstiuk, Judy & Millard Evans, Joel & Tracey Baron, Ruth Janor/ Jim Dermody, Assenheimer Family, Klaassen Family, Donald Chan, Morgan & Fallon Mitchell, Elite Integrity Services, Colm & Finn Cunningham, Adele & Ava Falkenberg, Rolinda & James Graham, Keith & Kathy Turnbull, Wince Family, Ada Schlender
-- Robert & Darlene Hyrve, Jocelyn Crocker, Filice Family, Alison Parry, Carol Anne Suddards, Blanca Maginnis, Tiffanie McLeod, Sheila Thompson, Doug Fulford, Sandy Schaloske, Cheryl Stepanko/Richard Pereschitz

Capilano Playschool accepting Registrations

Capilano Playschool is currently accepting registrations for the 2016/2017 school year. We offer a choice of a Healthy Apple Program (health and wellness) or a Christian program and run both morning and afternoon classes, two or three days per week. All classes are for 3 and 4 year olds and include a "Learn Through Play" philosophy that facilitates children learning letters, numbers, socialization, and self regulation skills through physical activity, arts and crafts, field trips, stories, music and much more! Our teacher received the 2014 Alberta Child Development Professional Award of Excellence! Children must be 3 years old and potty trained prior to the start of classes. Capilano Playschool is located in Hardisty School (10534-62 street) and is a Parent Cooperative Playschool. For more information or to get a registration package, call 780-802-9307, check out our website www.capilanoplayschool.com, email capilanoplayschool@hotmail.com or find us on Facebook! Hurry as space is limited!

Fulton Ravine South Skateboard Park

(Located near Capilano Mall)
Staffed Hours: June 3 – August 30
Daily: 12:30 – 8 p.m.
except Tuesdays 3 – 8 p.m.
The City of Edmonton on-site staff will be happy to share their skateboarding expertise with you. Look out for the orange shirts!

"Outdoor Bound" Summer Camp – Capilano Hall

Once again, Capilano Community League is pleased to be hosting a City of Edmonton summer day camp at Capilano Community Hall (10810-54 Street).

Dates: July 4-8, 2016
Ages: 9-12 years old

Description: Bound into the outdoors and discover activities like orienteering, archery, biking, initiatives, canoeing and swimming. Your leaders will also teach you some exciting wide games.

To learn more or to register, call 311 or go online at www.edmonton.ca/eReg.

Free VBS at Hope Lutheran

Friday, July 15 is the Hope Lutheran (5104 -106 Ave) Vacation Bible School – "My Body is A Temple: A VBS Olympics" from 9:30 a.m. – Noon (lunch included) for children ages 3 – 12. To sign up for this FREE VBS, call 780-466-8502.

South East Edmonton Community Tennis

The CAPILANO TENNIS CLUB, located next to the Capilano Community League hall at 10810 – 54 Street has operated in partnership with the community league since 1976 as southeast Edmonton's only community tennis program
Our 40th anniversary season is now underway! We have lots of great programming every week and opportunities for juniors and adults to take group, semi-private, and private lessons.
Membership costs increase after May 31. Visit our web site at www.capilanotennis.ca for more information.

Walking Group – Tuesday evenings

Come on out for a walk through the neighborhood with friends from the community! The group will be meeting on Tuesday nights at 7 p.m. at Hope Lutheran Church (5104 – 106 Ave – right across from the Goldbar TGP) from June 14 until August 16.

Edmonton 311 App

Report your concerns on the go!

With the free Edmonton 311 app, you can use your smartphone to easily notify the city of:

- Potholes • Damaged sidewalks • Damaged trees
- Litter • Graffiti

Help keep Edmonton great! Be the eyes and ears on the streets! By doing this, you're helping us to better assess, prioritize and determine the corrective action based on severity, location, and other factors.

Note: The 311 mobile app is one more way for you to report your concerns to the city.
Download 311 App
Search for "Edmonton 311" on: Google Play & iTunes App Store
For more information:
Online Contact 311 Online

Friday, Aug. 19 Petting Zoo and Kid's Activities

Families are invited to the Hope Lutheran Parking Lot (5104 – 106 Ave – across the street from the Goldbar TGP) on Friday, August 19 from 10 a.m. – 2 p.m. for some summer fun! There will be a petting zoo, children's activities, and free hot dogs and drinks for everyone! For more information, call 780-466-8502.

Edmonton Leisure Access Program

(free admission to city of Edmonton Recreation facilities and attractions)

What is the Leisure Access Program?
The program gives low income adults, seniors, youth and children from Edmonton free use of City of Edmonton recreation facilities and attractions including: 9 swimming pools, fitness centres, Edmonton Valley Zoo, and Fort Edmonton Park. And it provides discounts on registered programs (day camps, art classes, swimming lessons, etc.) for one year.

Who can get a card?
You may qualify if you meet the following:

- if you are currently on an approved government program (AISH, income support, health benefits, etc.)
- have low income
- are a recently landed immigrant or refugee



How can I get a card?
You will have to apply for the program by submitting an application form and required documents.

How can I get an application form?

- at any City of Edmonton leisure sports & fitness facility
- www.edmonton.ca/lap
- 780-496-4918
- 14th floor, 10004 – 104 Avenue, Monday-Friday, 8:30am-4:30pm

Podiatric foot care! 780-466-5290

Dr. Jeannette Furtak, DPM
#302 Capilano Centre
9945 – 50 Street

- * **Nails, callous, heel pain, toe problems**
- * **Foot orthotics**
- * **Appointments Tue - Sat**
- * **Consultation possible en Francais**



Cloverdale

9411 - 97 Avenue
(780) 465 - 0306
cloverdalecommunity.com

Cloverdale Community League Contact Information

Board of Directors

President	Reg	marmich@telusplanet.net
Vice President	Bonnie	blpowers@telus.net
Past President	Susan	yakulic@telus.net
Civics Director	Sebastian	
Folk Festival Liaison	Tony	thilhorst@shaw.ca
Director		
Treasurer	Sandy	sfleming@gmail.com
Secretary	Karen	kpmcfarlane@shaw.ca
Program/Social Director	Bob	daszuke@gmail.com
Communications Director	Shandra	cloverdalechronicle@gmail.com

Standing Committees

Casino Committee	Bev and Shane	beverlyjoanbennett@gmail.com
Edmonton Ski Club Liaison		
Committee Chair	Bruce	bbrandell@epcor.ca
CCL Membership	Janet	janmhardy@gmail.com
Community Garden Chair	Shelley	shelleybrett1805@gmail.com
Flood Mitigation Chair	Eric	ejlobay@gmail.com
LRT Committee Co-chair	Paul	pbunner55@gmail.com

Rentals Email janmhardy@gmail.com or leave a message at the Hall at 780-465-0306. Emergencies 780-439-3149



Have you considered renting the Cloverdale Hall?

Located in the heart of Edmonton's River Valley, only moments from downtown—an ideal spot for nonprofit or corporate weekday events! With a full kitchen, state of the art sound system and lots of room to spread out, the hall provides a great rental solution close to home.

Check our website for availability on the online calendar: www.cloverdalecommunity.com
For more information or to book the hall, contact Janet at janmhardy@gmail.com



Cloverdale Spray Park Hours

The Cloverdale Spray Park is open daily from 10 am-8 pm.



Hockey Registration

AUGUST, 15TH AND 17TH

4-8 pm (Both dates)

KENILWORTH ARENA

www.northseera.ca



South East Edmonton Families,

My Name is Rob Sharp and I am President of North Seera Hockey Society, and this is my personal invitation for you and your family to come and join our NSH Family. As you can see above we have two registration nights in June and we would like to you there.

First and foremost we are a Community Hockey based organization. Our hockey program is considered one of the best in the city. We have ongoing skill camps for players; ongoing coaching clinics for coaches and assistance for all volunteer positions.

My true message to you is that we are more than that. Highlights of our program include the following:

- NSH Silent/Live Auction Banquet for team fundraising.
- NSH Night at West Edmonton Water Park (Private event for NSH and extended families)
- NSH Night with the Oil Kings is an Oil King Regular Season Game where the teams of NSH are featured with game day and time experiences.
- NSH/Millwood joint Charity Hockey Game "Shoot for Food" raising food/money for the Edmonton Food Bank.
- NSH Volunteer year end recognition Banquet.
- Team building fun experiences.

NSH is an affordable activity which includes both males and females ages 4-12. At NSH we believe you and your child will build lifelong friendships along with positive personal and athletic growth. Please visit our website www.northseera.ca

I also invite you to call or e-mail our Registrar, Lynn Munday, with your questions along with further information requests.

Thank you for making us the choice for your child's winter activity.

Rob Sharp, *President NSH*

president@northseera.ca

Lynn Munday – phone: 780-461-0981 or email: nshregistrar@yahoo.ca

League Contacts

President	Rae	916-8145	President@forestterrace.org
Vice President	Jeremy	644-0772	VP@forestterrace.org
Secretary	Nicole		Secretary@forestterrace.org
Treasurer	Michelle		Treasurer@forestterrace.org
Babysitting	Anna	485-6099	Babysitting@forestterrace.org
Bingo	Heather	466-0015	Bingo@forestterrace.org
Building Maintenance 1	Justin	485-6099	Maintenance1@forestterrace.org
Building Maintenance 2	Ryan		Maintenance2@forestterrace.org
Casino	Anna	485-6099	Casino@forestterrace.org
Civics	Angela	885-9529	Civics@forestterrace.org
Events	Kathleen		Events@forestterrace.org
Grants	Bonnie		Grants@forestterrace.org
Hall Rental	Molly	466-0585	Molly@forestterrace.org
Indoor Soccer	VACANT	887-3158	Soccer@forestterrace.org
Outdoor Soccer	VACANT	887-3158	Soccer@forestterrace.org
Marketing	Kelly		Marketing@forestterrace.org
Memberships	CoraLee	430-4307	Membership@forestterrace.org
Neighbourhood Watch	Lyndsey		Safety@forestterrace.org
Newsletter Editor	VACANT		Newsletter@forestterrace.org
Programs	Barb	721-9985	Programs@forestterrace.org
Rink	Chris	469-3241	Rink@forestterrace.org
SECLA Rep	Connie	462-1442	Seccla@forestterrace.org
Seniors	Connie	462-1442	Seniors@forestterrace.org
Sign	Angela/Daniel		Signs@forestterrace.org
Volunteers	Nicole P.		Volunteers@forestterrace.org
Website	Tyler		Web@forestterrace.org

General inquiries: Info@forestterrace.org Garden inq: Garden@forestterrace.org

Meetings - 7pm 1st Tues, Monthly (excl. July & August)

Urban Poling Walking Group

Our urban poling group will continue to meet during the summer for Saturday morning walks from 9 - 10am. Drop-in any week! All ages and abilities welcome.



Walking Group Routes - Summer

We know summer schedules are all over the place so drop-in any week. Everyone welcome. Urban walking poles will usually be available except when neither coordinator can make it. Have a great summer! walking@forestterrace.org or 780-885-9529 for more info

Week #	Date	Start Location	Route	Difficulty
---	July 2	---	Canada Day Long Weekend. No walk	---
2	July 9	Gold Bar Park parking lot (10955 50 Street NW)	Across footbridge to Rundle Park and back	Easy Trail
3	July 16	Capilano Park (end of 50th Street, ~110 Avenue)	Stay within park, along path heading West	Easy Trail
4	July 23	McNally High School parking lot (8440 105 Ave)	Along 106 Ave, Dawson Bridge to Riverdale	Moderate-to-Difficult
---	July 30	---	Civic Day Long Weekend. No walk.	---
6	Aug 6	Capilano Park (end of 50th Street, ~110 Avenue)	Across footbridge to Ada Boulevard	Moderate
7	Aug 13	Forest Terrace Heights Community League Hall (10150 80 Street)	Footbridge over Wayne Gretzky- along Ravine in Terrace Heights to Fulton	Easy Trail
8	Aug 20	Silver Heights Park (north of 95 Ave, 90 Street)	Head towards Connors Road. Down to Muttart and back	Moderate-to-Difficult

Swim for free with your community league membership! See our website or Facebook for details



Community league memberships

Memberships for the 2016/2017 year are available now at Shaheen Grocery & Bakery, Grower Direct (on 101 Ave & 73 Street) and at SEESA. Price: Seniors \$10, Individual \$15, & Family \$30.

Connect with your Community!

During the summer months there are fewer regular programs at the Hall as we know everyone is out enjoying the beautiful weather and taking in all the City of Edmonton and area has to offer! Most of our regular programming will pick up again in the Fall!

Community Camping Trip

Join us for the first annual community camping trip July 21 to 24 in beautiful Carson-Pegasus Provincial Park!

- Located 2 hrs northwest of Edmonton, (North of Whitecourt)
- Waterfront Group Site C: non-powered site with a group fire pit, shelter, and pit toilets
- Provincial campground has beach area, boat rentals, playground, store, showers, and flush toilets
- www.albertaparks.ca/carson-pegasus/

For more information, or to book, contact: Andrew (780) 461-5832 evenings or camping@forestterrace.org



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WEDNESDAYS
8-9PM

CONTACT ALLISON TO REGISTER:
moore4movement@gmail.com
780-554-0958

PosterMyWall.com

Community garden

Thank you to everyone who worked so hard to make the community garden a reality! All garden plots have now been spoken for, but the garden committee hopes to add more raised beds next year.

Seniors

We had a great turnout for the Seniors Housing event on June 1st. Many thanks to Councillors Andrew Knack and Ben Henderson who were there to participate in the discussion, and to our great speakers and other guests. Our speakers were Kathleen Kelly of the Seniors Association of Greater Edmonton (SAGE), Raymond Swonek from the Greater Edmonton Foundation, Sheila Hallett from the Edmonton Seniors Coordinating Council, and Ayanna Inniss from the Northern Alberta Co-operative Housing Association. Special thanks to Min Dhariwal from the CBC, for moderating our panel discussion.

If you have ideas for other events, we'd love to hear them! To discuss this or any other local issues or events affecting seniors, contact Connie 780-462-1442 (evenings) or connie@ForestTerrace.org.



101 Avenue Revitalization

A few updates regarding 101 Ave redevelopment: At our last meeting with the Patricia Motel rezoning applicant, the developer indicated the proposed height of the building will be reduced from 19 storeys to 16 storeys, and he will work with the planners to add a sunset clause into the rezoning (a time limit). The Forest Heights Shopping Centre owner is working with the Corner Store program on facade improvement designs. The vacant brownfield (former gas station) site next to Grower Direct has been sold. Hopefully the new owners can make use of the 101 Ave Corridor Study when redeveloping that site. We are still waiting for Husky's response on use of the brownfield site on 82 Street.

Thank you to everyone who came to the City's 101 Ave Corridor Study Workshop! The city planners and urban designers will be drafting vision and concept options over the summer based on your input. Keep an eye out for the City's workshop in September to provide feedback on the options. Thank you also to Red Pepper Donair & Pizza on 101 Ave for donating food for the event.

It is so exciting to see people engaging in community development and we are very grateful to everyone who has helped engage others. We would also like to thank the Elevate Committee, GHCS, and the City of Edmonton for their support in building great neighbourhoods. Our mature neighbourhoods are changing and it is crucial that we make and take the opportunities to help shape that change.

Soccer

The 2016 Outdoor Soccer Season has come to an end. Thank you to all the volunteers, coaches, and dedicated parents who make this happen! A special thank you goes out to Michael Gurnett and Tom Drysdale who are stepping down as co-directors of the Soccer Program after 9 awesome years. We continue to have a fabulous coach group, a great core of coordinators, and a very supportive board. While we are still looking for a soccer director or two, they will have tons of support, resources and a wealth of people willing to help out. **Thank you for everything Michael and Tom!**



Forest Terrace Heights community league board openings:

Newsletter Editor:

- Creates and submits articles for the Southeast Voice, 10 times yearly.
- Creates E-newsletter, 10 times per year.

Soccer Coordinator

- We are recruiting for two new soccer coordinators. The role was held by one volunteer but we are open to splitting the role- indoor & outdoor. The opportunity to train with the soccer coordinator is available and highly recommended.

Poison Prevention

The Poison & Drug Information Service (PADIS) offers a free, confidential poison line for Albertans, 24 hours a day, 7 days a week. The service offers expert advice about poisons and toxins, medications, chemicals, recreational drugs and plants. When calling the poison centre, callers speak with a specially-trained nurse or pharmacist who gives information and offers advice on how to best manage poisonings and exposures.

Medication and herbal advice is also available through PADIS offering up-to-date information for the safe use of over-the-counter products, prescriptions, medications and herbals. This includes potential interactions between medications and/or herbals and safe medication options for pregnant and breast-feeding women.

PADIS plays a key role in helping Albertans safely manage poison exposures and can offer advice on the most appropriate level of health care service should it be needed.

PADIS also operates a Drug Information Line for Health Care Professionals. This free service for health professionals provides drug information for clinical situations, with the support of an on-call Medical Toxicologist.

For more information and to access the services of PADIS call 1-800-332-1414 or visit www.padis.ca.

Host an event at the Community League hall

The Forest Terrace Heights Community League hall is a great venue for children's birthday parties, family reunions, fundraisers, meetings, exercise classes and more. The hall seats up to 65 people, with a full kitchen, a lovely green space and spray park, and free WiFi.

Rental rate is \$25 per hour or \$225 per day. Community League members get one free hour when they rent 4 hours or more. They also get a discount on the daily rate: \$175 instead of \$225. For more information, or to book, contact Molly at molly@ForestTerrace.org

City of Edmonton Programs

A great tool for finding programs with the City of Edmonton is a Build Your Custom Program Guide with City of Edmonton programs, check it out here: <http://www.myrecguide.ca/guide/program-guide.php>

Don't want to commit to 8-12 weeks of a program? Why not find out more about Community Drop-In Programs check out: http://www.edmonton.ca/activities_parks_recreation/drop-in-community-programs.aspx



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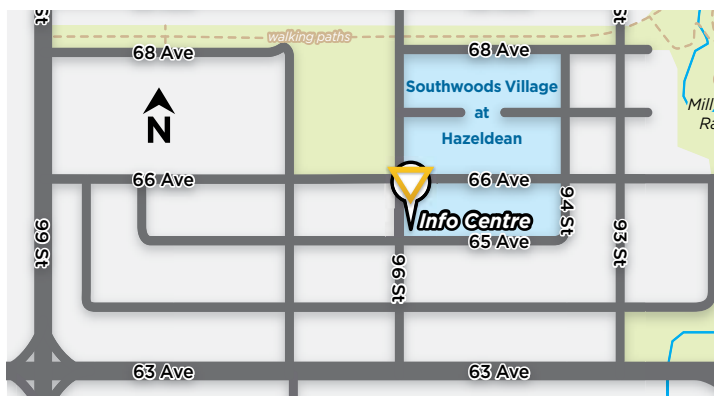
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Let us take care of the lawn, home maintenance and snow removal so you can enjoy more time doing what you love.



Southwoods Village at Hazeldean, is centrally located, Southwoods is close to many amenities, walking paths, and the Millcreek Ravine.

For more information about Southwoods visit our Info Centre at **9472 - 65 Ave** or call at **(780) 975-2509**.

CDLHomes.com



FULTON PLACE COMMUNITY CONTACTS

EXECUTIVE

PRESIDENT	Gavin	465-0550
VICE PRESIDENT	Breanne	758-7474
SECRETARY	Krystina	453-5797
TREASURER	Trevor	466-5079

DIRECTORS

SOCIAL DIRECTOR	VACANT	
MEMBERSHIP DIRECTOR	Karen	439-2263
PROGRAM DIRECTOR	VACANT	
FACILITIES DIRECTOR	Shawn	758-7474
WAYS & MEANS	Clayton	819-5926
COMMUNICATION DIRECTOR	Josh	975-0864
SOCCER/SPORTS DIRECTOR	VACANT	

COORDINATORS

HALL RENTAL	Sherry-Lynn	466-8140
BABYSITTING REGISTRY	Ruth	465-0550
SECLA REP	Carl	453-5797
NEIGHBOURHOOD WATCH	Brangwen	919-5038
RINKS	Todd	886-0759
SIGN RENTAL	Sandra	466-9542
SOUTHEAST VOICE	Karen	439-2263
CASINO	Rick	463-4333

COMMUNITY PARTNERS

HARDISTY SCHOOL	Robert	469-0426
N. SEERA HOCKEY	Brian	461-4808
FULTON CHILD CARE	Monica	465-4383
COMMUNITY GARDEN	Sherry	903-4075
SENIOR LIASON	Miles	951-5253

MEETINGS- The Fulton Place Community League holds monthly meetings in the hall boardroom on the second Monday of each month at 8:00pm.



Join Your Fulton Place Community League!

Cost is \$25.00 for Family, \$15.00 for Individual and \$5.00 for Senior.

Being a member brings you and your family benefits. It includes free access to the ice rink, community swimming, trash day, events, activities, and newsletter information about everything Fulton Place has to offer.

Memberships can also be purchased at The Grocery People in Goldbar shopping center.

Email our Membership Director at memberships@fultonplace.org for more information.

Babysitting Registry



Are you in need of a babysitter?

Fulton Place has a registry of qualified sitters in your area. To be added, teens must complete both First Aide/Red Cross Babysitting course.

Contact Ruth at 780-465-0550 for more information.

Sunshine Garden (The Fulton Place Community Garden)

The Sunshine Garden is now looking forward to our second growing season at 6110 Fulton Road (St. Augustine's). Our mission is to enhance personal, neighbourhood, and environmental well-being through a welcoming garden community. We offer a pesticide free, organic garden with 39 raised cedar garden beds as well as communal produce, edible berries, and fruit trees. The garden includes benches, a picnic table, a 3-bin composter, a rainwater harvesting system and a garden shed. Our garden is wheelchair-accessible and welcoming to people of all ages. To learn more about our garden, visit www.fpcommunitygarden.net and www.facebook.com/fultonplacecommunitygarden.

Become a Friend of the Garden

While all of our individual plots have been rented, you can join us by becoming a Friend of the Garden for \$10. As a Friend of the Garden, you will help care for and have access to our 8 communal plots and the edible berries and fruit trees that surround the garden. This type of membership is ideal for people who are new to gardening or people who are away from Edmonton for blocks of time in the summer. To become a Friend of the Garden, contact Sherry at 780-903-4075 or sprokopuk@gmail.com.

Meetings

Our meetings are held from 7-8pm on the third Thursday of every month in the basement of St. Augustine's (6110 Fulton Road). Members and non-members are welcome to join us.

Grafting and Pruning Workshop: July 20, 7-9pm

Join us at the garden for a grafting and pruning workshop on Weds, July 20 from 7-9pm. Cost is \$15. To register, email fpccgcontact@gmail.com. Stay tuned for more information on the Sunshine Garden web site (www.fpcommunitygarden.net).



Hall Rentals

The hall is a great place to hold family, social or business functions. The rental rate is competitive, with discounts for Fulton Place community league members.

Call us at 780-466-8140 for prices or to view or book the hall. Please leave a clear, detailed message.

Parent & Tot Playgroup

Parents and Tots (5 yrs and under), are invited out to Fulton Hall on Friday mornings from 9-11am. Bring a sharable snack and \$2.00/family to cover the cost of refreshments. For more info contact **Stacey at 780-465-9545**.




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My staff and I are at your service. The Edmonton Gold Bar constituency office is here to:

- Provide information about provincial government programs & services
- Assist you with questions or difficulties with governmental services
- Participate in local community events
- Share ideas

7510 82 Avenue
780.414.1015
edmonton.goldbar@assembly.ab.ca

 Honourable Marlin Schmidt
MLA Edmonton-Gold Bar

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GOLD BAR EXECUTIVE

President	Adam	780-406-9758
Vice-President	Jamie	780-803-0422
Secretary	VACANT	
Hall Rentals	VACANT	hallrentals@goldbarcl.com
Social Director	Ronda	780-966-3096
Memberships	Linda	780-463-9881
Babysitting	Lil	780-466-4060
Finances and Fundraising:		
Financial Director	VACANT	
Treasurer	Nicole	780-440-2017
Bingo Director	Lorna	780-465-5594
Fort Road Director	Julie	780-719-3017
Parkway Director	Charlene	780-468-0033
Casino Director	Isabella	780-466-3895
Communications & Programming:		
Newsletter/SEV	Sondi	780-468-2237
Sign Director	Lorie	780-447-1110
Programs	Sharon	780-628-2971
Green Shack	Kelly	780-434-6533

The sign at 106 Ave & 47 St is now available!

Hall rentals: hallrentals@goldbarcl.com

Community Website: www.goldbarcl.com

Community Updates: facebook.goldbarcl.com

Community League Meeting

Next meeting will be Tuesday, September 6, 7pm at the Community Hall. No meetings during the summer.

Hall Update

With the kitchen under construction, the building is still a construction zone but will be available to rent starting in July. We are looking for a Hall Manager so if you're organized and willing to serve, please contact the vice-president, Jamie, at 780-803-0422.

Programming in our Hall

We can have programs in our hall this fall! If you are interested in organizing a regular games night, crafting time, or play group please contact Sharon Harker at sharon.harker@gmail.com. Any other requests are welcome.



Gold Bar
COMMUNITY LEAGUE

Subscribe to new e-newsletter

Gold Bar has begun sending out electronic newsletters full of info that would appeal to residents. If you are interested in receiving up-to-date info, with convenient links to articles, then please SUBSCRIBE. Go to our website: www.goldbarcl.com and look in the top right of the home page for your chance to subscribe. Your email address will be kept private, and you can unsubscribe at anytime.

Family Nature Nights

Free family fun from the City of Edmonton. Learn from experts. Games and activities. Dress for the weather. These are the 2 closest to Gold Bar but for MORE INFO visit Facebook.com/FNED

JULY 13 – Forest Fables

6:15-8:15pm

Gold Bar Park: Head North on 50th St. and turn right onto Gold Bar Park Rd. follow the road to the parking lot

AUGUST 17 - Rocks & Fossils

6:15-8:15pm

Rundle Park: 2909 113 Ave NW



Babysitting Registry

Our community has a kind volunteer who keeps a registry of local youth that have taken the babysitting course and are interested in. Call Lil at 780-466-4060 if you are looking for a babysitter, or would like to babysit.

Volunteers for Executive Positions needed

SECRETARY: attend monthly 2-hour meetings, record and write up minutes and share them

HALL MANAGER: 10 hour per month commitment, show hall and take bookings, monitor hall (paid position).

FINANCIAL DIRECTOR: work with a treasurer and bookkeeper to manage money – this will be significantly easier than in previous years as the hall will be completed the end of June.

Upcoming Bingo Dates

To volunteer at bingo, call Lorna @ 780-465-5594. You can help raise money for our community.

FORT ROAD BINGO

Tuesday, August 2, 2016 - Afternoon & Evening

PARKWAY BINGO

Friday, July 15, 2016 - Evening & Late Nite
Saturday, August 13, 2016 - Afternoon



Gold Bar Communications

To submit an item for the Aug/Sep 2016 SEV in the Gold Bar section, email SondiAmber@gmail.com or call SONDI at 780-468-2237 by August 7.

FREE Community Swim

Sundays from 1:15pm - 2:45pm @ Hardisty Pool
Simply show your current Gold Bar Community League membership card at the front desk. If you don't have a card, you can buy one at Blues Java Bar, or our local TGP. Family and Adult households: \$20, Senior: \$5.

Community Rink

The City won't allow us to flood the rink until we have the rink lights replaced. It's expected to cost \$165,000 to replace the lighting. The funds would have to be raised, or perhaps there are some people in our community who know how we could go about this more economically? Contact President Adam for more info.

Enjoy a FREE Hot Beverage

The second Tuesday of every month, with a current Gold Bar community league membership, you may receive a FREE hot beverage (coffee, tea or hot chocolate) at Blues Java between the hours of 7-11am. Please bring your card. There is something for everyone in the Gold Bar community!

The Green Shack is Back!

This is a free drop-in program sponsored by our city and supported by our Community League. Our Program Leader will be at the playground to organize games, crafts, sports, activities, and special events for kids aged 6-12. Children under the age of 6 are welcome, but must be supervised by a parent or guardian at all times.

It's a great opportunity for friends to meet up at the park and be led in fun adventures. If you have a fun game you want to share, let the Program leader know – they are there to make your summer fun!

Monday July 4th – Friday August 19th.
M-F: 10am-1:30pm

Find out about activities and Green Shack information by following the Gold Bar Community League Facebook Page. Report any concerns and especially positive feedback throughout the summer to Kelly at mikelly5@shaw.ca

Green Shack Ice Cream Social

Time to kick off Gold Bar's Green Shack program! Bring your lunch and we will provide the dessert. Everyone is invited to have an ice cream cone, meet the Green Shack Leader and spend time with friends and neighbors.
Thursday July 7th from 11:30-1:30

City Day Camp in the Hall for 7 – 10 year olds

Skip the traffic and the commute; enroll your kids in a City camp in our very own hall. See the included poster for more details.



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Spray Park 2016

The Gold Bar Spray Park is open!
Here are the hours:

June 29-Sept.5
10am-9pm

Any concerns, call 311.
<http://www.edmonton.ca/activities-parks-recreation.aspx>



Gold Bar Preschool

Gold Bar Preschool is a parent cooperative that offers small class sizes located in Gold Bar Elementary School (10525 46 St) We run a child-led curriculum focusing on early literacy, STEM, art, sensory exploration and dramatic play- all in a fun interactive way! We are accepting registration for 3 and 4 year olds. **Two sessions are available to attend; M-W-F and T-Th classes running 9:00 - 11:30am. For more information or for a registration form, please call Lindsay at 780.708.3461 or email goldbarpreschoolparents@gmail.com**

Save the Date:

Gold Bar Community Breakfast
Thursday Sept 8th 7:30 – 9:00 am
Gold Bar School Gym
Students, families, staff and the community of Gold Bar are invited.
Thank you to the school and community for funding this event.

Thinking of buying or selling?



Alex Ward, Realtor

Tel: 780-438-2500
Cell: 780-267-2625
Email: alexward@realtyexecutives.com
11058 51 Avenue

Thank you for the opportunity
to EARN your business!



Holyrood Community League Contacts

President: Wendy
Vice-President: Vacant
Treasurer: Vacant
Secretary: Marjorie
Programs Director: Justine
Memberships Director: Jennifer
Facilities Director: Kirsten
Communications Director: Danielle
Social Director: Natasha
Director at Large – Civics: Dave
Director at Large: Bette
Soccer Coordinator: Katrina
Playschool Coordinator: Marissa
Playgroup Coordinator: Jessica

president@holyroodcommunity.org
position currently vacant
treasurer@holyroodcommunity.org
secretary@holyroodcommunity.org
programs@holyroodcommunity.org
memberships@holyroodcommunity.org
facilities@holyroodcommunity.org
communications@holyroodcommunity.org
social@holyroodcommunity.org
civics@holyroodcommunity.org
directoratlarge@holyroodcommunity.org
soccer@holyroodcommunity.org
playschool@holyroodcommunity.org
playgroup@holyroodcommunity.org



HOLYROOD CASINO - JULY 31st and AUGUST 1st, 2016

Holyrood Casino

The Holyrood Community League Casino will take place on Sunday July 31st and Monday August 1st (Civic Holiday) at Baccarat Casino, downtown.

With your help we hope to receive approximately \$75,000 to fund new and existing programs, events. There is free parking on site for volunteers and a free meal at the casino during your shift.

We are still looking to fill these positions:

**Cashier Monday August 1st
8:15 pm – 3:15 am**
**Chip Runner Monday August 1st
7:30 pm – 3:15 am**
**Chip Runner Monday August 1st
8:15 pm – 3:15 am**
**Count Room Monday August 1st
11:00 pm – 3:30 am**
**Count Room Monday August 1st
11:00 pm – 3:30 am**
**Count Room Monday August 1st
11:00 pm – 3:30 am**

For more information about the above positions or to sign up, call Justine at 780-462-1513 or email secretary@holyroodcommunity.org

We are also using VolunteerSpot to organize the casino shifts. Check out this link: <http://vols.pt/UZ7F4d>

You do not need to register an account or keep a password on VolunteerSpot.

Holyrood's New Spray Park Makes a Splash!



- Holyrood Green Shack -

There's no excuse for your kids to be bored this summer. Come check out our Green Shack program!

This FREE drop-in program will be run by trained City of Edmonton staff, who will lead a variety of sports, games, arts, crafts and other activities for children ages 6 – 12.

July 4th to August 25th
2:30 pm to 6:00 pm at the Holyrood playground.
Children under 6 must be supervised by parents or caregivers at all times.

To contact an executive member, send us an email. To find out what's happening in Holyrood, visit our website at: www.holyroodcommunity.org

Check us out on Facebook and Twitter by searching Holyrood Community League or @HolyroodCL, and like our page for the latest information about the goings on in the Community.

We Have a New Website!

We've moved our site over to holyroodcommunity.org. If you haven't checked out our new website yet, come visit us at our new home on the web; we're looking forward to adding lots of exciting content to the new website.

Treasurer Needed!

Due to an unforeseen move, the Holyrood Community League must regretfully say farewell to its newly-elected Treasurer.

We are urgently seeking to fill this vital board position. If you are good with numbers, and would like to volunteer in your neighbourhood, please consider applying.

Holyrood's accounting and reporting system is simple, well-organized and readily assumed by an incoming treasurer. In addition to financial management duties, the treasurer is part of the team that sets the vision for the league. At our 10 monthly board meetings and annual planning session, we are all involved in discussing matters of policy, finance, programs, personnel and advocacy.

Being a Holyrood Community League board member is fun, rewarding and a great way to feel connected to your community! For more information on the treasurer position, please contact Wendy Weir at president@holyroodcommunity.org.

Free Memberships for Newcomers

If you are new to the Holyrood neighbourhood, or know someone who is, please contact our Memberships Director at memberships@holyroodcommunity.org. We would like to welcome you to the neighbourhood by delivering a complimentary Holyrood Community League membership, along with information about the programs and activities happening in our great community.

Memberships can also be purchased in person from the South East Edmonton Seniors Association (9350 - 82 Street NW) or online from the Edmonton Federation of Community Leagues (<http://efcl.org/membership/>).

- FREE Outdoor Community Swim -

Did you know that your Holyrood Community League membership allows you to swim for FREE at the following outdoor pools this summer? Don't forget to pack your membership card.

Mill Creek Outdoor Pool
May 21 – September 5, 2016
Every night from 7:00 pm – 9:00 pm

Queen Elizabeth Outdoor Pool
June 1 – September 5, 2016
Sunday & Tuesday 5:00 pm – 7:00 pm
Monday & Wednesday 6:00 pm – 8:00 pm

Fred Broadstock Outdoor Pool
May 21 – September 5, 2016
Sunday, Monday, Tuesday & Wednesday 5:00 pm – 7:00 pm

Oliver Outdoor Pool
June 12 – September 4, 2016
Sunday, Monday, Tuesday & Wednesday 6:00 pm – 8:00 pm

Burns and Scalds

Alberta Health Services EMS paramedics respond to a number of emergencies where a young child has sustained severe burns, or scalds. These incidents often occur inside the child's own home. Common causes include: a child accidentally tipping hot liquids onto themselves, touching a hot surface, or making contact with an electrical outlet. Fortunately, incidents such as these can be avoided by taking preventative measures.

Degrees of burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable;
- 2°: Deeper and much more painful than 1° burns; broken skin or blisters commonly develop;
- 3°: Severe: the deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for burns

- Skin may continue to burn if not aggressively cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or any clean material to protect from infection;
- Over the counter medications may be used for pain. Adhere to directions given on the label;
- Seek further medical attention, as required.

Prevention of burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds;
 - Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks, or food to spill on a child;
 - Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached;
 - Avoid picking up a child while holding any hot liquids;
 - Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access;
- If you require immediate medical attention, call 9-1-1

Ottewell Dental Clinic

Dr. Gordon Ludwig DDS and Dr. Brian Zwicker DDS - General Dentists

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Edmonton Strathcona

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linda.duncan.c1@parl.gc.ca
10049 81 Avenue
(entrance on 101 Street)

Assistance également
disponible en français.

www.LindaDuncanMP.ca
f t LindaDuncanMP



President: Marcus marcusidylwylde@gmail.com

Vice President: Vacant

Secretary: Corrina Mak senoritamak@hotmail.com

Treasurer: Walter walteridylwylde@gmail.com

Casino: Bridget casinoidylwylde@gmail.com

Social: Laura Imurdoch@email.com

Programming: Kamila kamilaidylwylde@gmail.com

Facilities: Paul paulidylwylde@gmail.com

Publicity: Kelsie kelsieromans@gmail.com

Membership: Michelle bluecanary1@hotmail.com

Garden Rep: Vacant gardenidylwylde@gmail.com

Civics: Lee lbrktt@gmail.com

To contact us, please do so by email or by leaving a message at 780 466 7383.

Like and follow us for the most up to date news. Search Idylwylde Community League on Facebook and @IdylwyldeCL on Twitter.

You can also visit us at www.idylwylde.org

Annual General Meeting Wrap Up

Mid June we held our annual AGM and everything went off without a hitch. We had our highest turnout for an AGM in recent history with almost 30 Idylwyldeers of all ages!

The best news of all? Some great volunteers stepped forward to fill some vacant board positions, allowing us to easily continue supporting the community.

We are still looking for a Vice President, so if you aspire to help manage the operations of the League, please contact marcusidylwylde@gmail.com. This position would transition into the President's role in one year time.

Big Bin Event and Yard Sale

Well done Idylwylde!
We collected 5.6 tons of waste.
We made \$478.90 at the yard sale and the rest was donated to Goodwill, Value Village, ReStore and ReUse Centre.

Community League Swim

Indoor swim at the Bonnie Doon Leisure Center ends July 2nd.

Community League Swim Outdoor Pool Schedule:

No community swims on statutory holidays

Swim is free of charge for Idylwylde Community League (ICL) members. Show your ICL membership card to enter the pool.

Fred Broadstock Outdoor Pool, 15720 – 105 Ave
May 21 – September 5, 2016: Sunday, Monday, Tuesday & Wednesday 5:00 pm – 7:00pm

Oliver Outdoor Pool, 103 15 – 119 Street
June 12 – September 4, 2016: Sunday, Monday, Tuesday & Wednesday 6:00 pm – 8:00pm

Queen Elizabeth Outdoor Pool, 9100 Walterdale Hill
June 1 – September 5, 2016: Sunday & Tuesday 5:00 pm – 7:00pm Monday & Wednesday 6:00 pm – 8:00 pm

Mill Creek Outdoor Pool, 9555 – 84 Ave
May 21 – September 5, 2016: Sunday, Monday, Tuesday, Wednesday, Thursday, Friday & Saturday 7:00 pm – 9:00 pm



Fitness Classes

Our exercise and yoga classes are done for the year, and we hope that you enjoyed taking part in them! Are there any other classes you would like to see offered at the League? Any feedback on our current classes? Please email kamilaidylwylde@gmail.com with your ideas and thoughts. Have a great, active summer!

Summer Greenshack Program

This summer, the Greenshack program will be running out of the Idylwylde Park beside the hall (8631 81 Street)

10:30-1:00 Monday through Friday. Come on down and meet some of the families in the community while a City of Edmonton staff member provides some activities for your kids!

8631 81 St NW, Edmonton, AB T6C 2W1

September Membership BBQ

We hope that you will join us Saturday September 17th for Community League Day. The biggest block party of the year will take place at the hall with a HUGE BBQ, entertainment, bouncy houses for the kids, and much much more. The word on the street is that we might also have finalized plans for the Dermott District Park, and concept plans for the Idylwylde Park, so come check it out!

Follow us on social media, or sign up for our e-newsletter on our website for details closer to the date!

Cheery Tomato Garden Expansion

We are looking for a few volunteers to help with the construction of Phase 2 of our beautiful little community garden.

This will take place this fall, so if you are handy, and wouldn't mind lending a hand over a weekend, please contact us at gardenidylwylde@gmail.com.
8631 81 St NW, Edmonton, AB T6C 2W1



KCL League Contacts

Executive			
President	Meghan	780-450-0534	president@kenilworthcommunity.com
Vice President	Loida	780-953-1062	
Secretary	Jason	780-394-3902	
Treasurer	Colleen	780-469-7661	
Bldgs & Grounds	Dan	780-469-2019	
Bldgs & Grounds	Terry	587-983-6848	
Memberships	Barb	780-466-2360	
Adult Programs	VACANT		
Children's Prog.	Scott	780-466-2360	
Summer Programs	VACANT		
Capital Projects	Gary	780-466-7591	
Grant Applications	VACANT		
Soccer	VACANT		
Social	John	780-462-2105	
Bingo	Julia	780-476-2992	
Casino	Bonnie	780-469-1969	
SECLA	Rob	780-707-8204	
Publicity/Website	Martine	780-466-9444	publicity@kenilworthcommunity.com
Representatives			
Badminton	Liz	780-465-5188	
Crib Club	Rhys	780-490-0106	
Ladies Aux.	Jean	780-469-4669	
Ladies Aux.	VACANT		
Neighbourhood Watch	Gladys	780-466-1688	
Playschool	Diandra	780-244-5986	diandraharding@gmail.com
Toddler Time	Angela	780-935-3404	angela.feehan@gmail.com
Caretaker	Pauline	780-469-7366	
Hall Rentals	Al/Liz	780-469-1711	rentals@kenilworthcommunity.com

Scrap Booking Drop-In!! Your Life/ Your Story/ Your Way

Please join me on the FOURTH Monday of every month (Sept. – June) for photo album making workshops, from 6:30-10:00 pm., Sept. to June. Workshops are free with a KCL membership or \$5.00 without.

Learn how to organize your photos and make beautiful albums. Have fun, meet new people, share ideas and have uninterrupted time and plenty of workspace.

Contact Linda at 780-417-2528 or lmiburns@gmail.com for more info and to reserve seating. Supplies are always available!

New Volunteer Opportunities



Publicity – currently open. Please contact Martine @780-466-9444 for details. Other opportunities still available are: Soccer Director, Adult Programs, Summer Programs, Grant Applications, Bingo Alternate, Babysitting Registry. If you are interested in helping out with the Soccer Director position, we have one volunteer willing to co-direct. Please contact Meghan @780-450-0534 or email president@kenilworthcommunity.com.

We offer a yearly Executive Incentive of \$225 to be used for programs or sports and a complimentary Community League Membership. This is a great way to meet community residents and contribute to your community.

Please call Meghan @ 780-450-0534 for more info on how you can make a difference in your community.

Neighbourhood Watch

Please share any issues in our community to Gladys @ 780-466-1688.

Toddler Time is back!

No Toddler Time over the summer. Contact Angela with any questions: angela.feehan@gmail.com

Summer Playground Program

The Green Shack Program will run from 2pm 5:30pm, Monday – Friday.

Babysitting Registry



If you have completed a Red Cross or City of Edmonton babysitting course, you can list your name on the Kenilworth babysitting registry.

Call Martine at 780-466-9444 to register your name or if you are looking for a babysitter in the area for evenings or weekends.

Hall Rental Rates

Kenilworth Community League has a beautiful facility. We hope you will consider Kenilworth Hall for your special events. Photos are available on our website www.kenilworthcommunity.com

KCL Hall Rental Rates: (Seating 160)

	Members	Non-Members
Weekend (Fri.pm – Sun.pm)	\$450.00	\$550.00
Day Rate	\$300.00	\$385.00
Hourly (up to 6 hrs)	\$150.00	call for rate

Damage Deposit \$250/day rate \$550/day rate
\$450/weekend \$550/weekend

**Third party insurance is now required for ALL hall rentals. Please ask the Rental Manager for more details. To book the hall, email is preferred, rentals@kenilworthcommunity.com. If email is unavailable, leave a message for Al @ 780-469-1711.*

CONTACT US!

General inquiries & Publicity Requests (SEV & Website): publicity@kenilworthcommunity.com
Hall Rental requests: rentals@kenilworthcommunity.com
• **Keep Current on our website, www.kenilworthcommunity.com**
Now on Facebook! Like us! & Follow on Twitter, KCL Edmonton

Next Executive meeting: Monday, Sept. 12, 2016 @ 7pm
Everyone welcome! Come out and see what's new and exciting in our community. Pizza and refreshments will follow the meeting.

Southeast Voice Newsletter Deadlines

Submissions for the Aug/Sep 2016 issue of the Southeast Voice is due Thursday, Aug. 4, 2016. Send all announcements to Martine 466-9444 or as early as possible. No phone calls after 8 pm. please.

Win 4 entry passes to K-Days.

Visit our Facebook page and tell us what programs and activities you would like to see at Kenilworth Community League.

The draw will take place July 21.



Kenilworth Playschool

is a non-profit, parent co-operative playschool for 3 and 4 year olds. We meet on Tuesday and Thursday mornings at the Kenilworth Community Hall. We use a play based, pre-kindergarten curriculum that focuses on physical, social, emotional and cognitive development. Fine motor skills, printing, letter recognition and their sounds are practiced daily. Our fun and friendly atmosphere will be perfect for your child. We are currently accepting registrations for September 2016. For more information or to register your child for fall 2016, contact Diandra, diandraharding@gmail.com, or call 780-244-5986.

KCL Membership BBQ

Sunday, September 11th
12 – 3 p.m.
Kenilworth Hall

Come and enjoy the afternoon with family and fellow community members.

Adult Badminton at Kenilworth Junior High School Gymnasium

(7005 – 89 Avenue), starting September 6th, 2016 to May 30th, 2017 Tuesday & Thursday evenings, 7:00 P.M. to 9:00 P.M.



For more info call Liz @ 780-465-5188, or Andy @ 780-474-2869.

Memberships

Have a New Neighbour? Are You New to Kenilworth?

We would like the opportunity to welcome all newcomers into the neighborhood. If you know of any recent arrivals, or if you are one yourself, please call Barb @ 466-2360. We will deliver a free Community League membership along with information about all the activities this League offers.

Don't have your 2016/2017 membership yet? Memberships are \$20 and \$15 for Individuals and Seniors. Memberships are also available at the new Sport Shack location, 8170 – 50 St, and at Ottewell TGP (receive a \$5.00 TGP in-store coupon with membership purchase). For more information contact Barb @ 466-2360.

Need one RIGHT NOW! Go to www.efcl.org and purchase one online!

Christmas in July

10 Christmas Cards or More
Workshop to be held at Kenilworth Hall
7104-87 Ave
Thursday, July 14, 2016, 6:30 to 9:30 p.m.

Join the fun at the 12th Annual "Christmas in July" workshop. The event fee is \$25 for 10 cards or \$45 for 20 cards and payable by June 30th. To register contact Rhonda @ 780-469-0010. Supplies to bring: SNAIL or other double sided adhesive.

Come Join Us Strength/Cardio Class

Thursdays @ 6pm - continuing through summer!
This class strengthens and tones by working the entire body in a fun and energetic atmosphere! Whether you are new to your fitness journey or an avid exerciser, this class will challenge you physically, while increasing your self-confidence. Come join us for a fun, effective and sweaty class :) Every week it's a little different so you don't get bored.

NEW RATE! We run 6 week sessions for \$60. Drop-ins are also welcome for \$12. Cash or Cheque accepted. Cheques are to be made out to Kenilworth Community League.

Please email me at totalbalancepersonaltraining@gmail.com to register.

Bingo Volunteers Needed!

We need volunteers on a regular basis! Call Julia @ 476-2992 to volunteer for SMOKE FREE Bingo's. Help our community league raise funds to keep our community programs and events going.

Next Bingo's:

July 11, 2016, Monday, 4:30pm – 11:30pm
July 26, 2016, Tuesday, 4:30pm – 11:30pm
August 21, 2016, Sunday, 10:30am – 3:30pm

If you would like to put your name down for any bingos, please call Julia at 780-476-2992. Please request your dates two weeks prior to the bingo date. This will give us time to fill the bingo if spaces are still available.

KCL Annual Golf Tournament and Steak BBQ

Kenilworth Community League will be holding their Annual Golf Tournament and Steak BBQ on Saturday, August 27, 2016. This Texas scramble style 9 hole golf tournament is being held at Triple Creek Golf Course with the BBQ being held back at the Kenilworth Hall. Tickets are \$30 for Golf/Supper. Register early to ensure your spot.



For tickets or to donate prizes - please contact Ken at 780-915-8144 or by email at kbalcom33@gmail.com

2016 Outdoor Community Swim

- Fred Broadstock Pool - Daily 5:00 pm to 7:00 pm
- Mill Creek Pool: Daily 7:00 pm to 9:00 pm.
- Oliver Outdoor Pool – starts June 12th, Sundays through Wednesdays, 6:00 pm to 8:00 pm
- Queen Elizabeth Pool – starts June 1st, Sundays through Wednesdays, 6:00 pm to 8:00 pm

Excludes Stat Holidays (July 1st, Aug 1st), program ends September 4th.

Community League Membership card is required for entry.
Please remember to bring your KCL Membership!



On beautiful Pigeon Lake

ALBERTA'S ONLY ALL GIRLS CAMP SINCE 1959!

CAMPS for 2016:

- Teen Leadership
- Mom & Kids
- All Girls - All Ages
- Family Camp

Summer 2016 Theme: The Art of PEACE!
We will explore what Peace means to us, and how we can achieve Peace within ourselves and the world we live in!

ACTIVITIES:

Themed meals, canoeing, archery, hiking, craft cabin, tickle trunk, campfires, swimming, games and way more!

CGIT Camp Wohelo Contact info: ph. 780-430-4062
Rental and Volunteer opportunities available. facebook.com/campwohelo
Please visit www.campwohelo.com for info and registration forms

Ottewell Community League Executive and Board Members

Executive:

President – Corinne
Vice President – Bri
Secretary – Sandra
Treasurer - Cindy

Board Members:

Bingo Co- Chair – Kyla
Casino Chair – Vacant
Rentals - Corinne
Grants – Mark H
Bylaws – Leona
History of Ottewell Committee - Andrea (Looking for more members of this Committee)
Indoor and Outdoor Soccer Director – Glen
Parent and Tot Team Lead – Whitney
Summer Playground Chair – Colleen
Social Team – Lori, Debbie, Bri, Cheryl/Dennie
Playschool Chair - Katherine
Rink Chair – **OPEN**
Maintenance Chair – **OPEN**
Civic and City Liason Chair - Matt

Membership Chair – Russ
Communications Chair – Sharon
Web Page Designer - Sandra

Representatives:

SECLA Rep – Lori
EFCL Rep – Corinne
East Park Baseball – Clarence

All Positions are volunteer positions.

Please send all inquires via email to ottewell2212@gmail.com or call 780 469 0093 leave a message and someone will return your call.

Ottewell Community League
5920 – 93a ave
Edmonton, Alberta
T6B 0X2

Evening Kickboxing

Foxy Kickboxing for ladies only! - we'll turn you into a knockout! Monday and Wednesday night sessions at the Ottewell Christian Reformed Church. Learn real kickboxing techniques in a safe and non-threatening environment. No equipment or experience is required - we will show you everything you need to know. New sessions starting soon! This full body workout will be unlike anything you have tried before! We utilize pads and gloves so that you are actually hitting targets (way harder than a traditional 'cardio' kickboxing class). Perfect for building strength and tight lean muscle and no experience necessary!

Register today at www.foxykickboxing.ca. Email Jamie at jamie@foxykickboxing.ca (Wednesday evenings) or Falon at faalon@foxykickboxing.ca (Monday evenings) for more details.

Ottewell Infill Community Feedback

Infill redevelopment includes any new residential housing that requires the demolition of an existing structure. This can range from replacement of a single family dwelling home to more dense forms such as duplex, townhome, or apartment.

This free event is presented by your Ottewell Community League. The event will be guided by your questions, ideas, and concerns. We hope to understand our residents' concerns to guide future infill in a way that is consistent with our community values.

REGISTRATION is not required, but will help us with planning. Please RSVP either online at <http://ottewellinfill.eventbrite.com> or contact Matt at occoncerns@gmail.com or 780-710-2059. (Please leave a message if no answer)

Thursday, July 14th 7:00pm – 9:00pm

Ottewell Community League – 5920 93A Avenue NW
Join us for this exciting event about infill development in Ottewell!

Community League Meetings

We appreciate any time that you can give to your community! Come join your neighbours at the OCL meetings! 3rd Tuesday of every month! We welcome everyone to attend and see what is happening in our Community!

Upcoming BINGO Dates at Parkway Bingo

August 4, 2016

June 26, 2017

July 27, 2017

All funds raised support Ottewell Community

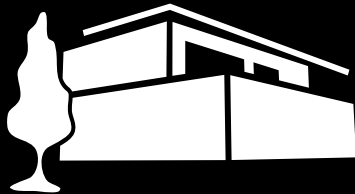
BINGO's help us to raise these funds so we can make these improvements. If you would like to help out and donate some of your time to work at our designated BINGO's during the year it would be truly appreciated. To get on our Bingo volunteer list please email oclbingo@gmail.com

Want to Make Ottewell Better Together? Come join the Ottewell Community League!

Ottewell Community League would like to enhance our hall and grounds this year.

If you have another idea to help grow or enhance our community please get in contact with us and come to our next community league meeting!

Please contact us at ottewell2212@gmail.com or call 780 469 0093



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Community Patrol

Our Community Patrol Program will no longer be running within Ottewell. The City Police be patrolling our area out of the Millwoods Police Station. Remember: It is all of our responsibility to keep our Community safe – get to know your neighbours, report any suspicious activities call: 911 for Emergency's 780- 423-4567 – Non- Emergency

Ottewell Community League Social Media

Follow us on Twitter @OttewellEvents and Facebook/ OttewellCommunityCentreEvents and let us know what you are up to in your community! Pictures, tweets, comments, your discussion is welcome! Let us know if you are having an event and we can share it for you on social media!

Community Swims

Admission is free for Ottewell Community League members during the community swim times at Bonnie Doon pool. Please check the City of Edmonton website – www.edmonton.ca or phone 311 for the scheduled community swim times. Cost of multi-pass purchases (10+ visits) are also reduced with an Ottewell Community League membership.



City Services & General Information

Visit www.edmonton.ca/311 or call 311 for information and access to City of Edmonton programs and services such as:

- Inspections, licenses, permits
- Comments, commendations, bylaw complaints
- Roadway & waste management information
- Program registrations and bookings
- Transit information

311 agents are available 24 hours a day, every day.

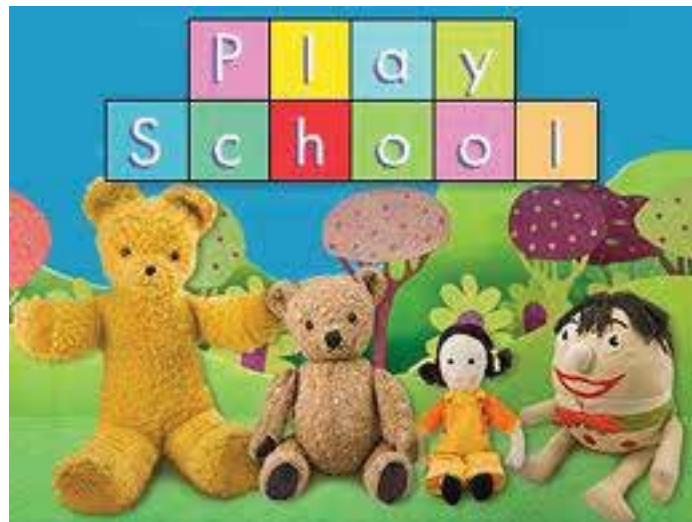
Ottewell

Babysitting Registry

- Are you looking for a babysitting job?
 - Want to earn some extra cash for the summer?
- If this is you, send your name, address, phone number and the year you were born. Include your credentials (Red Cross Babysitters Certification, First Aid, etc.), your availability and experience caring for children. Send your information to colleenandtravis@shaw.ca Or call Colleen 780-406-3603.

Ottewell Community League Playschool

OCLP is still accepting registrations for the 2016/2017 school year. We run out of Braemar school, and are tentatively running a 3 day/week program. Registration forms can be printed off from OCLP.ca or you can contact our Registrar (Lauren Asselstine) at lauryan@telus.net or 780-490-7757.



Purchase a Community League Membership

Did you know that by purchasing a Community league Membership you help support your community by keeping it active?

Having a membership gives you benefits like: free swim at local pools, free skating in the community rink, programs at the hall and lower hall rental rates for your event.

Memberships can be purchased at the Ottewell TGP and Sports Shack.

Washrooms at Ottewell Community League Hall

The use and maintenance of these washrooms during the warm weather season is provided to you on behalf of the Ottewell Community League!

Please respect your community's efforts and take care of our washrooms and parks area.

Unfortunately if the washrooms are abused it will affect us all as the washrooms will be closed to the public.

Do you want a Community Garden?

With the removal of our green bin in May, we have space beside our community hall for a future community garden!

We are in need of a few passionate gardeners / volunteers to help champion this effort. We will help with the organization of community garden but we need your expertise to make this really happen.

Please send your emails to ottewell2212@gmail.com and come out to our next community league meeting!

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Member-at-large – Jason
Member-at-large – Meghan
Member-at-large – Kathryn

Web: strathearncommunityleague.org
Twitter: @StrathearnCL
Facebook: Strathearn Community League

Summer programs

Green Shack

Strathearn playground (Silver Heights Park) will host a city Green Shack program.

This free, drop-in program will be available weekdays all summer long from 10 a.m. to 1 p.m. and is aimed at children aged six to 12.

Free swim at city outdoor pools
Your Strathearn Community League membership allows you several opportunities to swim for free at the city's outdoor pools all summer long.



- Mill Creek Outdoor Pool: every night (except statutory holidays) from 7 p.m. to 9 p.m.
- Fred Broadstock Pool: Sundays, Mondays, Tuesdays and Wednesdays from 5 p.m. to 7 p.m.
- Queen Elizabeth Pool: Sundays and Tuesdays from 5 p.m. to 7 p.m., Mondays and Wednesdays from 6 p.m. to 8 p.m.
- Oliver Pool: Sundays, Mondays and Tuesdays from 6 p.m. to 8 p.m.

Strathearn Art Walk: Call for artists and volunteers

We're currently recruiting artists, crafters and volunteers for the fifth annual Strathearn Art Walk on Sept. 10. Held in the park along Strathearn Drive between 89 and 91 streets from 12 p.m. to 7 p.m., Strathearn's art walk is a celebration of art and community, and an event for the whole family.



Last year, Strathearn Art Walk featured 100 artists and crafters – up from just 20 the year before. We're well on our way to matching, if not surpassing, the number of exhibitors this year. And that means we're in need of many hands to help on Sept. 10.

We need volunteers to help set up and take down the site, to serve food and drinks, to oversee kids' activities, and to sell 50/50 tickets and lemonade.

If you're interested in volunteering or want to learn more about the volunteer positions available, please visit strathearnartwalk.com/volunteers.

If you'd like to sell your work at the 2016 Strathearn Art Walk, visit strathearnartwalk.com/artists to register. The cost to reserve your spot is \$50.



What a new community hall could mean in Strathearn: Parent and tot groups

Construction of our new community hall is expected to start this year. As we look forward to the opening of our new building, we'll publish regular articles about the expanded programming that a new hall will bring to our community. The first article in our series looks at the benefits of parent and tot groups.

"It's a great way to build community," says Wendy Keiller, mom of Charley, 2, and Fin, 3 months, and one of the co-ordinators of the Avonmore parent and tot group.

And, in Avonmore, it has built community. Since the group re-started in January after a brief hiatus, a core group of five moms and their tots, aged zero to five, comes to the weekly meetups at Avonmore Community Hall.

"I wanted something to do. I didn't have a job. Now, I work my job around the playgroup," says Lynn Beaudoin, who comes with her three-year-old son, Victor.

"Victor meets new people, and I get to socialize with adults," she says, adding, "Any community would be good to have one. It gets the younger families together."

The Avonmore parent and tot group meets every Thursday from 9:30 a.m. to 11:30 a.m. at the community hall. In addition to free play with toys (which were bought second hand and include cars, a kitchen, a farmhouse, balls, dinosaurs, dolls and a dollhouse), each week features a parent activity: sensory activities, physical activities, arts and crafts, and themed activities. As well, the group has quarterly special events, which in the past have included a shadow puppet show and parent and tot yoga.

While the Avonmore group is free and open to anyone (Keiller just wanted people to come), she says some community leagues do require a community league membership to participate in their groups.

Keiller, Avonmore's membership director, coordinates the Avonmore group along with two other moms, but hopes eventually to have all group members share in that role.

When she re-started the group, Keiller says, "I was pregnant with No. 2 and needed something for Charley to be entertained by, and this was in my neighbourhood.

"I like the regularity of it. Having a consistent place to come on a Thursday. I like that Charley's exposed to different activities. And I do like socializing."

Buy your 2016-17 Strathearn Community League membership today!

We are now selling 2016-17 Strathearn Community League memberships.

Memberships are available by contacting us at membership@strathearncommunityleague.org, or by visiting Ralph's Convenience Store, Curves Bonnie Doon (in the mall), Massage Therapy Supply Outlet, Juniper Café and Bistro and Strathearn Heights Apartments.

A membership costs \$10 for an individual or \$20 for a family – and comes with many benefits, including free swimming at select times at the city's outdoor pools, community soccer and minor hockey registration, and the opportunity to have your voice heard on civic issues and to be part of building our great community.

We also send regular email newsletters to keep you posted on upcoming events and neighbourhood developments.

This year, we'll do a monthly draw for a \$20 gift certificate to either The Wired Cup or Juniper Café and Bistro.

Plus, there's the ever-popular Wired Wednesday: Strathearn Community League members enjoy a free beverage (on us) on the first Wednesday of the month at The Wired Cup from 7:30 a.m. to 11 a.m. Meet your neighbours at the upcoming Wired Wednesdays: July 6 and Aug. 3.

2015-16 year-in-review

President Jenny McAlister submitted her report on the past year during the community league's annual general meeting at Juniper Café and Bistro on June 6. It was a busy one. Here, we share excerpts from her report.

Membership

- We had 150 members this year. Our goal continues to be to surpass 200.
- This year, we expanded where community members could buy memberships.
- Memberships were also available at the hall throughout the skating season and at every community league event.
- We will be discontinuing our monthly flower giveaway from Cactus Flower House (which is set to close at the end of July). In its place, we will do a monthly draw for a gift certificate from The Wired Cup or Juniper. We will continue to host Wired Wednesday.

Skating

- Strathearn once again had some of the best ice in the city.
- We purchased new hockey nets and pond hockey nets.
- This past year, the ice was built by a community member who volunteered his time and the hall was staffed by part-time employee.
- Another addition this year was the pond ice that we flooded just outside of the boards. This was a welcome addition as it increased the accessibility of the ice and allowed for different activities to occur at the same time.
- Unfortunately, we will not have a rink this upcoming season as the space will be used to support the construction of our new hall. However, we promise to have a fabulous season once the new hall and new skate shack are up and running. We are working on arrangements with our neighbouring community leagues for this coming winter. [Bonnie Doon and Idylwylde have already offered use of their rinks.]

Events

- We didn't have a social director, but were able to maintain our popular annual events: Hayrides and Hot Chocolate, Green Shack Shaker, a community clean-up and a Jane's Walk (which this year explored infill development in Strathearn).
- Hayrides and Hot Chocolate: Probably the most important change to make note of was the expansion to a second site at the toboggan hill where we tobogganed, tried snowshoes and tested out fat bikes. This addition was very well received and we hope to build on this in the coming years.

Ideas for programming

New hall construction will put the Strathearn rink out of commission this season, so the Strathearn Community League wants your ideas for programming for the long winter months. Would you like to see a regular, skill-based sport night, such as badminton or floor hockey? How about something more family oriented? Perhaps a knitting group is more your speed. Board games?

We welcome all your ideas. Contact us through Facebook or Twitter or email ajstruthers@gmail.com.

- **Strathearn Art Walk:** Our fourth annual Strathearn Art Walk was our largest event to date. We had 100 artists (up from about 20 artists the previous year) and we estimate there were 1,000 attendees. We learn a lot each year and plans for the 2016 Strathearn Art Walk are well underway. One aspect of this event that we are really hoping to improve on this coming year is involvement by the community. With an event this large, we are in need of many hands to pull it off. Sign up to volunteer at strathearnartwalk.com/volunteers.

New community hall

- Our building committee members as well as our board of directors continued to put much energy this year into building planning. They have been meeting with our architect, builder and the city to finalize plans and negotiate details regarding parking requirements.

Fundraising

- We launched our \$1.1-million campaign at the end of 2015 and in order to support this campaign we incorporated the Strathearn Building Society, which will support us in the fundraising process and will operate our new community hall once it is built.
- We applied to Canada Revenue Agency to grant the Strathearn Building Society charitable status and we heard in the last few days of 2015 that we had been granted that status.
- There is much fundraising to do as we look to secure the last \$100,000 needed for the building.
- In the coming year, we will unveil a piece of art to recognize donors to the hall and will solicit individual donations from community members, which will be recognized on this piece of art.

Partnerships

- We have continued to nurture and develop relationships with varying stakeholders in the community, including École publique Gabrielle-Roy, the South East Community League Association, Strathearn Heights and Montgomery Legion Place.
- We were able to support the parent association at Gabrielle-Roy with some of their fundraising and were happy to attend the grand opening of their new playground this year.
- A very recent example of our partnerships was the donation drive in response to the Fort McMurray wildfires. We volunteered our hall and pulled together a volunteer schedule and some sample emails and forwarded them to the other communities in the southeast. Within 24 hours, we were collecting donations that ended up totaling more than \$27,000. It was a great example of how we can work with our neighbouring communities.

Development and LRT

- We continue to advocate for the interests of Strathearn residents when it comes to development and LRT.
- We meet regularly with developers who have applied for variances for their developments.
- We have appointed two members of the community to sit on the citizen working group to liaise regarding LRT construction and we continue to keep informed about how this will impact our neighbourhood, both through construction planned to start in 2017 and then also once the LRT is running.
- In addition to our two volunteers on the city's committee, we also have a committee of our own, which unfortunately didn't meet this year but hopefully will play an active role in the coming year.

Neighbourhood renewal

- This year we began the planning and consultation process for neighbourhood renewal, which is long overdue.
- We met with the Neighbourhood Renewal and Building Great Neighbourhoods teams in September and reviewed the hopes and dreams of the board when it came to our roads and sidewalks.
- We attended the public consultation in March when the city presented the preliminary plans to the community and have met since with the lead engineer to review the progress, community feedback and to continue to advocate for the needs of our community.
- Last we heard, the streets north of 95 Avenue will be done in 2017 and streets south of 95 Avenue will be done in 2018.

Last year I ended my report with this sentence: "It has definitely been a busy year for Strathearn and there is no indication that the coming year will be any different." And it was very true.

This year was so full that I struggled to make sure I included everything in my report. Hopefully this gives you a nice overview.

As we look ahead to next year we see upcoming construction and many changes for this neighbourhood. Some of these changes are scary and some of them are super exciting (and I will let you decide which is which).



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Peddler of petals packs it in

Strathearn is losing a significant piece of history at the end of July. When Cactus Flower House owner Kerry Sylvester closes her doors for good, it will be the first time in more than 50 years that Strathearn has been without a flower shop.

“November 7, 1964, two guys from Edmonton Telephone, Victor and Ian, opened Victorian Flowers in this very location,” says Sylvester.

There were a few owners over the years and Sylvester still gets long-time customers asking her about former owner Molly. “Everyone knew Molly,” chuckles Sylvester.

It’s not surprising she can recall the origins of the business she has owned for the past 18 years. Sylvester is the kind of dedicated, community-minded, small business owner who is the bedrock of neighbourhoods like Strathearn.

Sylvester took over Cactus Flower House in 1998 and was the youngest flower shop owner in Edmonton at the time.

During high school Sylvester worked for a local florist and then spent a few years at Capilano Safeway honing her talents until, at the tender age of 23, she decided to strike out on her own.

She fondly recalls being part of many elaborate marriage proposals, handling several expensive engagement rings, but one flower order in particular stands out.

“One day a gentleman ordered 20 dozen roses to be delivered the following week, paid cash. My delivery service shows up on the scheduled delivery day and starts carrying the flowers in,” recalls Sylvester. “I get a call pretty quickly from a woman telling me the flowers are from her ex and they are being delivered to her wedding.” Sylvester successfully placated the angry bride.

Cactus Flower House is also home to some of Sylvester’s personal history. The wall next to the cooler bears the marks of a proud mother measuring the progress of her children as they grow.

And while that wall is not for sale, just about everything else is – coolers, couches, even the slat walls.

The public might be more interested in her bounty of silk flowers, garden amenities, holiday decorations and stuffed animals, all deeply discounted until the end of July.

Times are tough for the floral industry. There are only seven or eight independently owned flower shops left in Edmonton. The model is moving towards Art Works or Zocalo, where the main business is something else, coffee or stationary, with flowers on the side.

Sylvester will keep the name Cactus Flower House and the Facebook page as she intends to do large parties or floral consulting from home.

Before she closes her doors, stop in and thank Sylvester for her dedication to the neighbourhood, pick up a piece of Strathearn history and wish her well for the future.

Young and savvy

A new initiative in Strathearn is looking for a volunteer between the ages of nine and 19 to participate in a local, youth-driven, web journalism project.

You need to have some experience establishing and updating websites. It is a great opportunity for a young person looking to take a leadership role in the community.

Please contact
ajstruthers@gmail.com.

Smoking in Outdoor Shared Spaces

The City of Edmonton is proud to be one of more than 30 municipalities across Canada that has implemented outdoor smoking regulations.

Residents and visitors to the City of Edmonton are not allowed to smoke within 10 metres, at all times, at or around playgrounds, water spray parks, sports fields and courts and temporary, seasonal outdoor ice skating rinks.

Public Places Bylaw

An amendment to the Public Places Bylaw was passed on April 4, 2012 with the intention of keeping areas that are frequented by children, smoke free.

The smoking restrictions are in effect at all times but only apply to the outdoor structures and places listed above. Not complying with the bylaw will result in a \$250 fine.

Enforcement

If you witness a violation of the bylaw, feel free to discuss your concerns with the smoker. You can also record the address and description of the violation and report it to 311.

The ability to enforce individual infractions is limited but areas with high reports can be targeted and patrolled by enforcement officials. Enforcement of the bylaw through targeted blitzes will be used in problem areas on a complaint basis only.

Please be aware, smoking is not permitted within 10 metres at or around sports fields in accordance with the Public Places Bylaw 14614. Failure to comply will result in loss of field privileges. For more information: 311

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