### SOUTHEAST VOICE

Serving the community leagues of Avonmore, Capilano, Cloverdale, Forest Terrace Heights, Fulton Place, Gold Bar, Holyrood, Idylwylde, Kenilworth, Ottewell & Strathearn.

July 2017



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### Holyrood Faces Development Proposal that Sidesteps City Infill, TOD and Mature Neighborhood Policy

By the Holyrood Development Committee (HDC)

The City of Edmonton and Regency Developments want to rezone Holyrood Gardens site along 85 Street for high-density residential development. The latest proposal, only presented on June 14 is larger than previously suggested and now calls for a 79 Meter tall (22 story) high-rise tower on 85 Street at 90th Ave and two 59 meter (16 story towers) at the corner 85 Street and 93 Ave reaching back into Holyrood. This combined with other lower buildings (4-8 Stories) totals 1,200 units which could potentially double the population of Holyrood.

The proposed height, mass and density exceed the intent of Infill Design parameters for a site of this size and configuration at a Low Intensity Use, Neighborhood LRT Stop. If the Development is passed at Council, (September 11th), this will set precedent that the spirit of Urban Design Guidelines have no impact on future development and any scale of development could be built in any neighborhood.

Early assumptions on traffic are that the new development is expected to bring about 1200 vehicles into the Holyrood neighborhood. The only planned access to parking for this development is directly from 93 Ave just east of 85 Street at the LRT crossing. Two additional parking garage exits direct traffic back into the neighborhood, one at the North End – directing traffic east on 95 Ave along the elementary school route and one to the south, from the alley at 90th Ave, directing traffic east into the neighborhood. As well, retail units are planned for the 93 Ave corner

with no street level parking provided. With the Holyrood LRT Stop on 85 Street in front of this 93 Ave location, a significant amount of pedestrian traffic can be expected including - children crossing from Strathearn to get to Holyrood School.

While the traffic study is not complete, early projections from the Developer's Transportation Engineer show the development population (roughly the same size and Holyrood's) should be able to travel in and out of the development at an LRT crossing to acceptable levels. However, Holyrood Development Committee (HDC) assessing the project questions to what standard? And how much traffic will back up into the community through the school zone or cut through residential streets?

The development has the potential to have significant impact on livability such as: neighborhood demographics as only 2 bedroom-2 bathroom units are planned. Notable impacts on sunlight, shadow, and privacy (overlook issues), will be felt in South-East Holyrood and South West Strathearn due to the tower's configurations exceeding recommendations for built form in the City's design guidelines.

By speaking up now, you can influence the direction of this re-zoning request. The City and the Developer need to hear what residents think. The HDC is advocating for an informed, equitable community engagement process. **OPEN HOUSE: July 12, 2017** at SEESA, visit these sites for details: http://tinyurl.com/HolyroodDC or visit http://holyroodcommunity.org for more info.

### FREE Access to Outdoor Pools

**ATTENTION:** All community league members... from June to the beginning of September you have access to Edmonton's Outdoor Pool's.

Please ensure you present your membership card at the Pool of your choice during the designated times below. Please note that statutory holidays (May

22, July 1, Aug 7 & Sept 4) are omitted from this community swim.

Enjoy the Summer!



#### Fred Broadstock

Sunday, Monday, Tuesday & Wednesday 5:00 pm - 7:00 pm

### Oliver

Sunday, Monday, Tuesday & Wednesday 6:00 pm - 8:00 pm

#### Queen Elizabeth

Sunday/Tuesday 5:00 pm – 7:00 pm & Monday/Wednesday 6:00 pm - 8:00 pm

### Mill Creek

Sunday, Monday, Tuesday, Wednesday, Thursday, Friday & Saturday 7:00 pm – 9:00 pm

### Kenilworth President Urgently Needed

It is with regret that we are saying goodbye to our current president, Meghan.

Meghan is moving back to Florida with her family. Thank you so much for your many years of volunteering. You will be missed!

With that said, *our community league* cannot operate without a president! *The league will be shut down*. Please consider stepping into this important position.

Many other opportunities are available: Vice-President, Soccer Director, Adult Programs, Children's Programs, Summer Programs, Grant Applications, Bingo Alternate.

We offer a yearly Executive Incentive of \$225 to be used for programs or sports and a complimentary Community League Membership. This is a great way to meet community residents and contribute to your community.

Please call Colleen @ 780-469-7661 for more info on how you can make a difference in your community.



### **South East Community League Association**

COMMUNITY LEAGUE	REPRESENTATIVE	Publication Email
Avonmore	Elizabeth Descheneaux	avonmorerep@secla.ca
Capilano	Shelley Svidal	capilanorep@secla.ca
Forest Terrace Heights (Chair)	Connie Lussier	fthrep@secla.ca
Fulton Place	Miles Berry	fultonplacerep@secla.ca
Goldbar	Jamie Melnyk	goldbarrep@secla.ca
Holyrood	Claire Smith	holyroodrep@secla.ca
Idylwylde	Bridget Flannigan	idylwylderep@secla.ca
Kenilworth	VACANT	kenilworthrep@secla.ca
Ottewell	Lori Jeffery-Heaney	ottewellrep@secla.ca
Strathearn (Vice Chair)	Yasir Syed	strathearnrep@secla.ca
Treasurer	Michael Chen	treasurer@secla.ca
Secretary	Jamie Melnyk secretary@secla.ca	

### **Celebrate Canada** 150 in Style on Saturday, July 1st

Canada Day 2017 will be fully planned in collaboration with City Hall, the Legislative Assembly of Alberta and the Edmonton Celebrate



Canada Society. This day of free, familyfriendly entertainment will feature over 16 hours of programming that will include music, dance and art exhibitions that focus on the nation's and province's diversity, culture and history. For all the information go to: https://www.edmonton.ca/attractions\_events/city\_hall/canada-day-at-cityhall.aspx

Where & When:

Date: Saturday, July 1, 2017

#### City of Edmonton

Location: City Hall, City Plaza, Sir Winston

Churchill Square

Time: 11 a.m. to 6 p.m.

### Legislative Assembly of Alberta

Location: Alberta Legislature Building and Grounds, Capital Plaza, Edmonton Federal Building

Time: 7 a.m. to 9 p.m.

#### Fireworks Show

Location: Edmonton River Valley

Time: 11 p.m. Admission: FREE!

For complete Canada Day programming

City Hall: edmonton.ca/Canada150 Alberta Legislature: assembly.ab.ca/Cana-

daDay

2

### **Summer Green Shack Programs**

Neighbourhood Recreation Experiences Team (formerly Program Team) has taken over responsibility for everything related to the green shack program. CRC's are no longer your point of contact for this program. Your Program Manager is Kathleen Korner, and she can be reached at: 780-496-2945 or via email at: kathleen.korner@edmonton.ca



### **Family Nature Nights**

Learn about mushrooms, butterflies, birds, and mammals and the habitat we share with them right here in Edmonton's green spaces. Join local nature enthusiasts and deepen the connection between your family and our beautiful, complex planet.

The mission of Family Nature Nights is to promote positive experiences for youth and their

families with nature, science and urban wilderness. Programming is designed for 6-10-year-

olds, but nature lovers of all ages are welcome. Family Nature Nights are free 2-hour events that occur in locations across Edmonton. In 2017, there are a total of 6 events planned for Wednesday nights throughout July and August.

For more information, visit: www.edmonton.ca/attractions\_events/ schedule festivals events/family-nature-ni ghts.aspx

### Flying Eagle Program

The Flying Eagle program allows children and families to learn about the first peoples of this land and Treaty 6. The Flying Eagle program uses the medicine wheel as a guiding principle.

Activities may include storytelling, bead crafts, dream catchers, double ball, lacrosse, bannock making, smudging and talking circles. Incorporating Indigenous teachings into community recreation helps to build a relationship of understanding and respect among the program participants.

It also encourages discussions about the history of the land and celebrates the relationship among all Edmontonians today. The Flying Eagle program leader helps create a safe space for these conversations and teachings to be shared.

Terrace Heights - 9835-71 St. on July 5th to 7th 10am - 1:30 pm

Capilano - 10810-54 St. on August 14th to 18th - 2:30- 6:30 pm

### **SEEECCC** Your Child's **Emotional Maturity**

Southeast Edmonton Early Childhood Community Coalition (SEEECCC) is a volunteer group of community members who are passionate and committed to nurturing young children in the community. An area of development that's very important for young children is emotional maturity. Emotional maturity includes the ability to think before acting, having a balance between being too fearful and too impulsive, being able to deal with feelings at the age-appropriate level, and having an empathetic response to other people's feelings. You can help your children learn about their feelings and mature emotionally by...

- Naming feelings and linking them with specific situations and then guiding your child in dealing with their emotions appropriately.
- Asking your child how they are feeling.
- Hugging and comforting your child when they are upset.
- Making eye contact with your children when you talk with them.
- Encouraging your child to try new things and if they struggle, encouraging them to try again.

With less busy routines summer is the perfect time to spend time with your child reading and learning about emotions. Ask your local librarian for suggestions for children's books that talk about feelings. Some ideas include: My Many-Colored Days by Dr. Seuss, Lots of Feelings by Shelly Rotner, and The Feelings Book by Todd Parr.

For more info about SEEECCC, go to www. earlychildhoodedm.ca/southeast

July 2017

### **Come Enjoy Summer Fun at Our Skatepark**

Our skate park staff are always happy to share their skateboarding expertise! They'll be wearing orange City of Edmonton t-shirts. We are located at Terrace Road and 98 Ave. Staffed Hours - Friday, June 2 to Sunday, August 27, 2017 - Thursday-Tuesday 12:30 - 8 PM, Wednesday 3:30 – 8 PM





Surround yourself with friends and activities, and the freedom to capture those special moments with the most important people in your life. Live life your way, in the community you know and love.



**Southwoods Court North in Edmonton** Ph: (780) 975-2509 9430-67 Avenue, Edmonton, Alberta | Show suites open daily from 1 - 5pm



Learn more at cdlhomes.com



## City of Edmonton Development Permit Compliance

The City of Edmonton does not do routine checks to ensure that new developments follow regulations.

To a great extent, the city relies on leagues and nearby neighbours to report building developments which are not in compliance with regulations in the zoning bylaw and the development permit.

Call 311 with your inquiry if you suspect abnormalities.

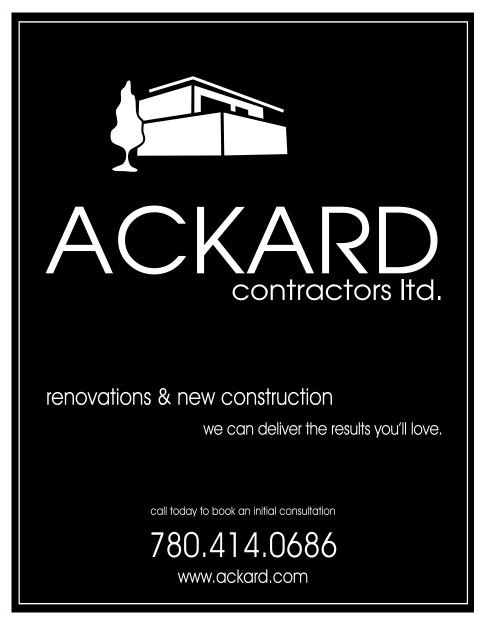
Perhaps a building appears abnormally large or too close to the property line, or you are concerned about other problematic irregularities.

### Make a Difference in Your Mental Wellbeing

Alberta Health Services wants to remind you resources are available to help your emotional and mental health. AHS is hoping to inspire you to learn more about how you can increase your positive emotional and mental health including ways to help you de-stress through online resources such as:

- Ways to Wellness, an online mental health challenge, provides seven different tips and ideas to encourage you to engage in physical activity, eat healthy foods, practice gratitude and have fun as some small steps to improve your mental health and help to reduce stress. Learn more about the simple steps you can take through the video: Ways to Wellness (YouTube).
- Help in Tough Times, has resources and services available to help you or someone you know who may be struggling. It has information, resources, tools and important contact information to help you, including self-help tips to ease some of the stress you may be feeling.

AHS wants Albertans to remember, if you are struggling, whether it's day to day stresses, a loss of a loved one, home or job, or family crisis, you are not alone. There are supports in place to help you cope. Help can come in many forms and for some of us we may need more support than others. For more information on addiction and or mental health services near you, call Health Link at 811 or visit: http://www.ahs.ca/amh/amh.aspx.



### Capilano Farmers' Market

Alberta Approved Farmers' Market



Open every Saturday 9:30 am to 4 pm Crafts, baking, fresh meat and eggs, vegetables, honey

Capilano Shopping Centre 5004-98 Ave., Edmonton by Albert's Restaurant





### ATVs: Be as Safe as Possible

Alberta Health Services (AHS) is reminding all Albertans, and particularly parents of children less than 16 years of age, to make ATV safety a priority.

There are significant risks associated with the use of ATVs. Children less than 16 years of age have not yet developed to the point of having the strength, skills or judgment needed to operate an ATV, and this includes ATVs marketed as 'child-sized'.

Parents of children less than 16 years of age are advised to ensure they do not drive or ride in an ATV.

Albertans 16 years of age and older are urged to take the following precautions to ensure their ATV excursions are as safe as possible:

#### • Get Trained

Before you hit the trails, get formal handson training from a recognized/trained ATV instructor. Don't be shy about refreshing your training seasonally.

### • Wear the Gear

A helmet can save your life: from 2002 – 2013, 41 per cent of ATV-rider deaths in Alberta were due to head injuries. In 77 per cent of these head injury deaths, the ATV riders were not wearing a helmet. In addition to a helmet, always wear a jacket, long pants, goggles, boots and gloves.

### Look First

Be sure you're aware of the weather forecast, fire outlook/potential, and any hazards (geographical, animal or human) that the trail(s) you're on could pose.

### • Buckle Up

Be sure that you're fastened in properly, and that all gear and equipment (including your ATV restraints) are in proper working condition before you hit the trails.

#### Drive Sober

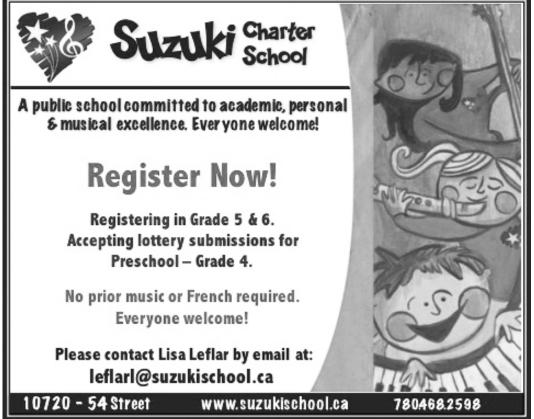
Don't drink or do drugs before or while operating an ATV. 55 per cent of those who died in ATV crashes between 2002 and 2013 tested positive for alcohol.

### • Seek Help

Before you head out on the trail, let others know where you're going and when they should expect you back.

Take a cell phone or working radio with you, as well as a first aid kit.

Never hesitate to call for help if you're stuck, have damaged your ATV, or are injured.



League Contacts					
President	Nathan	president@avonmore.org	Babysitting	Cheryl	admin@avonmore.org
Vice President	Vacant	vicepresident@avonmore.org	Casino	Elizabet h	programs@avonmore.org
Secretary	Danielle	secretary@avonmore.org	Sign	Bob	Director4@avonmore.org
Treasurer	Ken	treasurer@avonmore.org	Memberships	Vacant	membership@avonmore.or
Hall Rentals	Tanya	hallrental@avonmore.org	Playschool	Jamie	playschool@avonmore.org
Programs	Sherry	programs@avonmore.org	Grants	Lisa / Scott	grant@avonmore.org
Rink	Vacant	rinkcoordinator@avonmore.org	Communications	Vacant	communications@avonmor e.org
Soccer	Lyne/Boris	sports@avonmore.org sports2@avonmore.org	Volunteers	Ginette	Director2@avonmore.org
Civics	Norm	civics@avonmore.org			

### Casino Volunteers Needed

Dates are Monday July 24 to Tuesday July 25, 2017 at Argyll Casino.

The sign up page for volunteers, outlines all positions.

Visit: http://signup.com/go/zj3r24.

Please take a minute to choose the position and time if you need more information please email casino@avonmore.org.

### Avonmore Book Club

If you enjoy reading, the Avonmore Book Club would love to have you.

The Club meets on Sunday evenings every 4 - 6 weeks.

Members take turns picking books and hosting meetings.

New members welcome from any community. We are reading any or all the books selected for Canada Reads.

For more information contact Anita at (780) 462 4439 or director3@avonmore.org.

### Avonmore Summer Green Shack

**Location**: Avonmore Park Green Shack From July 4 - Aug 25

Monday-Friday 2:30 pm-6 pm

**Ages:** 6-12 years (children under 6 must be supervised by a parent or guardian)

Cost: Free

Join in games, sports, crafts, music, drama, and special events.

### Avonmore Summer Adventure Camps

For more information or to register please email playschool@avonmore.org and please note that registration for these camps will open up on June 1st and there are limited spots so don't forget to register early.

### 'The great outdoors' camp - July 10,11,12,13

At the July camp we will be learning about nature and the world around us. We will be planting flowers, playing games outside, learning about all things outdoors, taking a trip to the Mill Creek Ravine, learning about bugs and ending the camp off with a field trip to the Telus World of Science. Ages 6-up.

### 'A little bit of everything' camp -August 21,22,23,24

At the August camp we will be doing several different fun activities. We will learn about chemical reactions in cooking and having fun making things explode. We will be making Lego stop motion, doing Lego challenges and even art on the side. This is a camp for everyone as there are so many different choices. We will be finishing the summer camp off with a trip to WEM Sea Cavern. Ages 5-up.

**Cost:** \$150 per camp OR Avonmore Community League members pay \$130.00

July 2017

### **Avonmore Hall Rental**

Anyone interested in renting the hall please contact Tanya at (780) 637-5640 or email hallrental@avonmore.org.

### **Hall Cleaner Wanted**

We are looking to hire a cleaner to clean Avonmore hall and rink building. Hours depend upon usage of the building (est. about 30hrs per month).

If you interested or have want more information, please email hallrental@avonmore.org

### **Garden Club**

For more details on these events go the "Events" section of the Avonmore Facebook page or go to the Avonmore Community League and click on Garden Club under the Programs and Events Section.

For more information contact Anita at (780) 462-4439 or director3@avonmore.org

### Avonmore PARENT & TOT PROGRAM

This FREE drop-in program is back in full swing on Thursday mornings, 10:00 AM to noon.

Parents/caregivers and tots aged 0-5 years are invited to join us for a combination of free-play, planned activities, social interaction and more. Coffee and tea provided.

For more info, check out our Facebook group by searching "Avonmore parent and tot group" or email Claire at parentandtot@avonmore.org.

Located at Avonmore Hall: 7902 - 73rd Ave

### **Babysitting**



### Need A Babysitter? Or Looking For A Babysitting Job?

Avonmore Community League is pleased to offer Our Babysitter Registry to help match community members with qualified babysitters.

For Parents Seeking Babysitters: email Cheryl at admin@avonmore.org and she can provide you with a list of teens seeking babysitting work.

For Teens Seeking Babysitting Work: email Cheryl.

To help parents find the best fit for their children, provide some information about yourself.

Tell us the neighbourhood you live in, the year you were born, your credentials (Red Cross Babysitters Certification, First Aid, etc.), your availability and your experience caring for children.

Don't forget to provide your phone number!

### Free Community Swim Times

Community League Members can swim for free at select city pools during the following days and times:

### **Commonwealth Pool**

(until August 26, 2017) Saturdays, 5:00 p.m. – 7:00 p.m.

#### **Hardisty Pool**

(until June 25, 2017) Sundays, 1:15 p.m. - 2:45 p.m.

#### Mill Creek Outdoor Pool

May 20 – September 5, 2016: the whole week, 7:00 p.m. – 9:00 p.m.

### **Queen Elizabeth Outdoor Pool**

June 1 – September 1, 2017: Sunday & Tuesday 5:00 p.m. –7:00 p.m. Monday & Wednesday 6:00 p.m. - 8:00 p.m.

#### Fred Broadstock Outdoor Pool

May 20 – September 5, 2017: Sunday, Monday, Tuesday & Wednesday, 5:00 p.m. – 7:00 p.m.

### **Oliver Outdoor Pool**

June 10 – September 8, 2017: Sunday, Monday, Tuesday & Wednesday 6:00 p.m. – 8:00 p.m.

### **Summer Shinny Hockey**

Runs Thursdays at 9:45 PM at Argyll Arena, until the last Thursday in August.

Please contact Boris for full details and to sign up to play: sports@avonmore.org.

6 Southeast Voice www.communityleaguenews.com

### **League Board**

President Kris 780-720-9003 Past President Bill 780 469-5744 Vice President Derek 780 919-5421 Treasurer Michelle 780 466-1017 Secretary Laura 780-982-9876 Marzena 780 909 5886 Hall Rental Hall Rental Maria 780 984 6839 Grants/Planning 587 989-4031 Allan Derek 780 919-5421 Casino Coordinator Memberships Vacant Programs Kristin 780 238-7795 Social Director Heather780 466-1380 Neighborhood Watch Jeff 780 469-0026 Newsletter Vacant Webmaster Michelle 780 466-1017 Social Media Jean 780 863-0914 Patrick 780-995-8818 Sign Rental Marzena 780 802-9307 Capilano Playschool Tennis Daniel 780 245-1285 Soccer Programs Shelley 780 462-4599 Curtis 780 908-3889 Soccer Programs Jaret 780-720-5582 Ice Allocation Hardisty Gymnastics Shauna D 780 966-3205 Shelley 780 462-4599 **SECLA Community Services** Lynn 780 496-5926 Renovations Darren 780 466 1380 John 780 466 1017 Renovations Meetings are held every third Wednesday

### Choose Capilano Hall for Your Special Event

of the month 7:30 p.m. - Sept - June

If you're planning on hosting a party, meeting, family gathering, wedding or other occasion, then you should check out our hall. Capilano hall offers a perfect location with a one-of-a-kind view of the river valley. The hall has a large balcony, kitchen, new wood flooring, and all amenities are available to make any event special. Hall capacity is 80. Single weekend daily rates for Friday, Saturday and Sunday are \$225/ members and \$300/non-members. The entire weekend rates are \$325/members and \$450/non-members. To book the hall or for more information, contact Marzena - 780 909 5886, Maria - 780 984 6839, or capilanohallrentals@gmail.com, or visit our website at www.capilano.info.

Caplino Community is on Facebook" "Like Us"

### Community Memberships

July 2017

Need a Capilano Community Membership? Contact Shawna at 780-490-1931. As well, memberships are available at: TGP Your Gold Bar Grocer (5036 – 106 Ave, 780-469-2535).

### Babysitting Registry – Volunteer Needed!

We need someone to manage our Babysitting Registry.

Please contact Lana at 780-463-1045 if you are interested and to learn more.

### FREE Swim for Capilano Community Members

Bring your current, valid Capilano Community League membership card to swim for FREE during the following time:

--Hardisty Fitness & Leisure Centre from 1:15 to 2:45 p.m. on Sundays

The indoor community swim program runs from the second weekend in September until the end of June. Check the facility website or call ahead (311) as the pools occasionally close for holidays, etc.

### "Outdoor Bound" Summer Camp – August 14-18

Once again, Capilano Community League is pleased to be hosting a City of Edmonton summer day camp at Capilano Community Hall (10810-54 Street).

**Dates:** August 14-18, 2017 **Ages:** 8-12 years old

Description: Bound into the outdoors and discover activities like orienteering, archery, biking, initiatives, canoeing and swimming.

Your leaders will also teach you some exciting wide games.

To learn more or to register, call 311 or go online at www.edmonton.ca/eReg.

### Fulton Ravine South Skateboard Park

(Located near Capilano Mall)

Staffed Hours: June 2 – August 27 Daily: 12:30 – 8 p.m. except Wednesdays 3:30 – 8 p.m. The City of Edmonton on-site staff will be happy to share their skateboarding expertise with you. Look out for the orange shirts!

### Membership Canvassers Needed!

We need volunteers to help sell community league memberships on their block in September. If no one has been canvassing for memberships at your house in a few years, then please consider stepping forward and helping out for a few hours in September. Not only will you be helping out the community and getting some exercise, but it is a great way to meet the people who live near you. If you are interested, please contact Shawna at 780-490-1931. Volunteers are what makes this community vibrant!

### Capilano Community League Sign Rental

Contact Patrick at: 780-995-8818 or patrick. ccl@shaw.ca

Do you have a message for the community, a birthday, anniversary, graduation or special event that you would like advertised? Advertise it on our new changeable sign located at the intersection of 65 St and 108 Ave.

Sign rental fees: Community League Members - \$10 (\$15 for non-members).

Small business/commercial advertising - \$25. Guaranteed 3 days.

Please note: small business announcements/ advertising also accepted at our discretion. Some restrictions apply and we reserve the right of refusal. Community announcements take precedence over small commercial business announcements.

Please call as far in advance as possible to avoid disappointment!

### Summer Green Shack Program

The Green Shack program is back at Capilano Community Park (10810 – 54 St.) for 2017. The Green Shack playground program will be available for neighbourhood children 6-12 years:

-Weekdays (July 4 – Aug 24) from 10:00am-1:30pm and 2:30pm- 6:00 p.m.

A playground leader will deliver FREE playground programs for children that includes drop in sports, games, activities, and crafts. -Special Flying Eagle Program will be visiting the site August 14-18 2017.

### **Capilano Playschool**

Capilano Playschool would like to thank the parents and the Capilano and Fulton community for their continued support of our program this school year. Thank you to Edmonton Public Library and Hardisty School and we would like to extend a special thank you to Andy Verhagen for his generous \$500 donation to our Playschool, we appreciate your support each year!

Thank you to Ms Mandy for all your hard work and dedication to our kids! We are already prepping and planning for another great school year for 2017/18!

### Capilano Playschool 5th Annual Splash and Slide Fundraiser!

Saturday November 18th 7:30pm- 10:30pm West Edmonton Mall Waterpark

Support your community Playschool and enjoy a fun family night at the Waterpark at a great price!

Early bird tickets are just \$12 until October 16th! This event sells out every year!

For more information or to purchase tickets contact Amy at (780) 668-6836

Check out our website www.capilanoplay-school.com or find us on Facebook!

### Community Park – Update

By the time you receive this, our community will have celebrated the Grand Opening of the Phase 2 project of the Capilano Community Park Redevelopment on June 23.

Due to the timing of this issue, we are not able to report on the Grand Opening celebration, but plan on including an update in the following Southeast Voice issue.

The phase 2 project includes a 600m walking path, adult exercise equipment stations, more park benches, a bike bumps course and a community sign. It is the final phase of a six year project, and completes our vision of creating a "Park for All Ages!"

The first project phase, completed in 2014, included new playground equipment, a spray deck, additional park benches and tables, and a large picnic shelter.

Please visit our beautiful community park this summer and enjoy all the amenities!

### **Cloverdale CL Contacts**

<u>POSITION</u>	NAME	EMAIL
President	Reg	president@cloverdalecommunity.com
Past President	Susan	pastpresident@cloverdalecommunity.com
Vice President	Bonnie	vicepresident@cloverdalecommunity.com
Secretary	Liam	secretary@cloverdalecommunity.com
Treasurer	Jackie	tresurer@cloverdalecommunity.com
Communications	Kim	communications@cloverdalecommunity.com
Civics Director	Eli	civicsdirector@cloverdalecommunity.com
Folk Fest Liaison	Sandy	folkfest liaison@cloverdalecommunity.com
Social Director	Bob	socialdirector@cloverdalecommunity.com

#### **STANDING COMMITTEE**

Casino	Bev & Shane	casino@cloverdalecommunity.com
Ski Club Liaison	Chris	skiclub chair@cloverdalecommunity.com
Membership	Karen	membership@cloverdalecommunity.com
Seniors Director	Karen	seniors@cloverdalecommunity.com
Flood Mitigation	Eric	floodmitigation chair@cloverdalecommunity.com
Community Garden	Shelley	communitygarden chair@cloverdalecommunity.com
LRT Co-Chair	Paul	Irtcommittee cochair@cloverdalecommunity.com

For Hall Rentals contact Janet Hardy @ rentals@cloverdalecommunity.com

For Cloverdale Chronicle submissions please email:  $\underline{cloverdalechronicle@gmail.com}$ 

### It's never too late to start exercising

#### Myth-busting

8

When it comes to excuses for not exercising, personal trainers have heard them all: I don't have the time, I'm too old, I'm not athletic, I'm recovering from illness and I'm so out of shape it's not going to make a difference.

In fact, starting where you are has the potential to make a world of difference, according to Lisa Best, an Alberta Health Service staff wellness consultant at the Glenrose Rehabilitation Hospital in Edmonton.

"No matter how old you are – and even if you've never exercised before – it's never too late to start," she says.

"With a little effort, beginners can expect to see improvements in energy levels, cardiovascular health, posture, muscle mass, bone density, and, most importantly, overall physical and mental well-being." Even if you're recovering from illness or you have limited mobility, exercise can help improve strength and range of motion for daily activities and recreational pursuits.

Best understands first-hand the importance of maintaining good health.

In 2007, at age 38 and in the prime of a competitive running career, she began to have back pain. It turned out to be third-stage Hodgkin's lymphoma. She was cleared after three months of chemotherapy, a relatively quick turnaround she credits to her high fitness level.

"Life can change on a dime and you never know when you might have to rely on the strength of your body to carry you back to good health," she says.

The hardest step on the road to better fitness is the first one.

### Family Picnics on Friday Evenings!

Fridays at 6pm!

Come and join your neighbours on Friday evenings for a picnic. Bring your blanket and your dinner and let's connect!

Bring the whole family and let's have some fun! If it looks like rain lets meet in the gazebo. See you on Friday night!

### **Book Cloverdale Hall Today!**

Having a family get together? Birthday? or just have too many friends to fit in your house?

Cloverdale Hall is the perfect venue! Room to move, party, mingle or just chill out.All the amenities needed to host your special event!

Email Janet and hold your date. rent-als@cloverdalecommunity.com

### It's Summer

The City of Edmonton will be offering a "Pop Up Playground" at the Cloverdale playground! The playground will operate every Wednesday and Friday from 2:30 PM to 6:00 PM from July 4 to August 24. Check it out with your little ones.

The Cloverdale Spray Deck operating from 9:00 AM to 9:00 PM and will close on September 18th. It's a great way for the kids to cool off on our hot summer days and for adults to visit while your supervising the kids. Enjoy!

#### Dates to Remember:

- **Pop Up Playground** July 4 to September 24 on Wednesday and Fridays from 2:30 PM to 6:00 PM
- Cloverdale Spray Deck May 19 to September 18, daily from 9:00 AM to 9:00 PM
- Canada Day July 1st
- Edmonton Folk Music Festival August 10 13, 2017. Stay tuned for updates on the wristband and parking allocation schedule
- Cloverdale Community League Annual General Meeting September 25, 2017 at the Cloverdale Community League hall.

Currently there are three position up for election - President, Vice-President and Social Director. Consider letting your name stand for one of these positions and help build your community. Contact Reg at: president@cloverdalecommunity.com for more information about these positions.



### **Forest Terrace Heights**

### **League Contacts**

President	Rae	916-8145	President@forestterrace.org
Vice President	Jeremy	644-0772	VP@forestterrace.org
Secretary	Nicole/ Lisa		Secretary@forestterrace.org
Treasurer	Michelle		Treasurer@forestterrace.org
Hall Rental	Molly	466-0585	Molly@forestterrace.org
Maintenance	Ryan		Maintenance2@forestterrace.org
Programs	VACANT		Programs@forestterrace.org
Rink	Chris	469-3241	Rink@forestterrace.org
Bingo	Heather	466-0015	Bingo@forestterrace.org
Seniors	Connie	462-1442	Seniors@forestterrace.org
SECLA Rep	Connie	462-1442	Secla@forestterrace.org
Soccer	VACANT	887-3158	Soccer@forestterrace.org
Babysitting	Anna	485-6099	Babysitting@forestterrace.org
Casino	Anna	485-6099	Casino@forestterrace.org
Grants	Bonnie		Grants@forestterrace.org
Memberships	CoraLee	430-4307	Membership@forestterrace.org
Website	Tyler		Web@forestterrace.org
Sign	Angela/Daniel		Signs@forestterrace.org
News Editor	Kerry		Newsletter@forestterrace.org
Volunteers	Nicole		Volunteers@forestterrace.org
Events	Kathleen		Events@forestterrace.org
Safety	Lyndsey		Safety@forestterrace.org
Civics	Angela	885-9529	Civics@forestterrace.org
Marketing	Kelly		Marketing@forestterrace.org

### Zumba!



Come join our instructor Mary and experience her Zumba class for yourself! Leave with positive energy and renewed spirit – every class feels like a party!

Don't know how to dance? Just move your body and follow Mary's lead. She's a licensed Zumba instructor for adults and children. We guarantee you will have a blast!

These six-week sessions run June 28 to August 9 (no classes July 26) at 6:30 p.m. for beginners and 7:15 p.m. for intermediate participants. Space is limited, so register on Eventbrite to hold your spot! \$10/class. Questions? Contact Mary at Mary.Jaya@gmail.com.

### **Run Club**

This volunteer-led run club will take you through the trails and neighbourhoods in and around the river valley.

Run Club 5k is for intermediate runners who are able to run 3 kilometres. The run will go for 3 to 5 km, depending on participants.

Run Club 5k+ is for advanced runners who are able to run 5 km at a five-minute pace. The run will go for 5 to 10 km, depending on participants.

If there is a group of beginners who would like to run together, please let us know and we'll organize a third group.

We encourage you to join us weekly, even if only for part of the run.

We run rain or shine and start promptly at 6 p.m. from the hall.

Questions? Email President@ForestTerrace.org.



### We're Going Camping!

July 27-30 is our second annual community league camping trip. The event is organized by a member of the community and subsidized by the community league. And it's only available to those living in Forest and Terrace Heights.

Join your neighbours for two nights (\$60 per tent or trailer) or three (\$75 per tent or trailer) at the beautiful Brazeau Reservoir provincial recreation area.

Contact Andrew at camping@forestterrace.org for more information.



### Forest Terrace Heights Canada 150 Celebration

Saturday, Aug. 26, 3 to 8 p.m.

We will be celebrating Canada's 150 birthday with a community party on the Headway School grounds at 10435 76 St.

More details to come.

If you would like to help with this event, please contact events@forestterrace.org.

### Free

### **Community Swims**

Hardisty and Commonwealth leisure centres offer free community swims every weekend. Your membership gets you a free swim every Sunday from 1:15 to 2:45 p.m. at Hardisty, and every Saturday from 5 to 7 p.m. at Commonwealth. Commonwealth sessions also include access to the gym, running track and fitness centre.

All city outdoor pools are offering free admission this summer, as part of the Canada 150 celebrations.

### **Membership Benefits**



Neighbourhood businesses and facilities offer some perks for Forest Terrace Heights community league members.

Members get a great discount on rental of our refurbished community hall. Rent is \$25/ hour and members get the fourth hour free. A full day is \$225, or \$175 for members.

Red Pepper Pizza & Donair at 7256 101 Ave. offers 15-per-cent off any regular item order.

Once a month, we randomly select a winner from all our community-league members to receive a free bouquet of fresh flowers from Grower Direct, our neighbourhood florist at 7231 101 Ave.

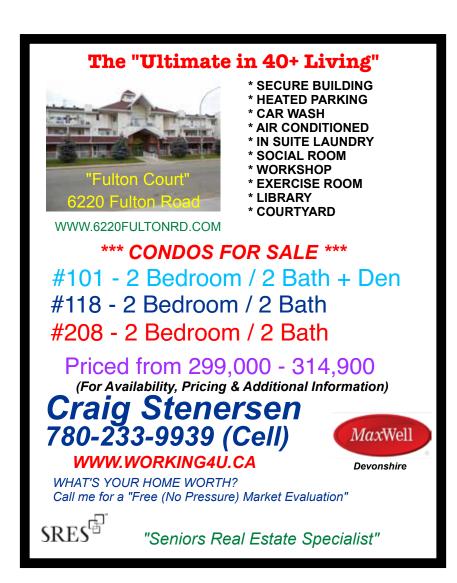
On the second Sunday of every month from 2 to 5 p.m., take your membership card to the Second Cup at 7477 101 Ave. for a free small specialty beverage or a free brewed coffee or tea of any size. Walk-ins only; no drive-thru. Next one is May 14.

Fargos Restaurant & Pub at 5804 Terrace Rd. offers a 10-per-cent discount on food and beverage when you show your membership card.

Memberships can be purchased at Shaheen Grocery & Bakery (10130 79 St NW), Grower Direct (7231 101 Ave NW), SEESA (9350 82 St NW) or online at efcl.org/membership. Families pay \$30, individuals \$15, and seniors pay just \$10.

Call our membership coordinator CoraLee at 780-430-4307 to find out more about the benefits of membership.

If you are new to the community or you have never owned a community-league membership before, the league is happy to give you one for free, to try out.







10



### **City of Edmonton Development Permit Compliance**

The City of Edmonton does not do routine checks to ensure that new developments follow regulations.

To a great extent, the city relies on leagues and nearby neighbours to report building developments which are not in compliance with regulations in the zoning bylaw and the development permit.

Call 311 with your inquiry if you suspect abnormalities.

Perhaps a building appears abnormally large or too close to the property line, or you are concerned about other problematic irregularities.

### **Community Contacts**

PRESIDENT- MIKE PRESIDENT@FULTONPLACE.ORG

**Vice President** League Affairs- Krystina vpleagueaffairs@fultonplace.org

**Vice President** Civic Affairs- Gavin vpcivicaffairs@fultonplace.org

**Treasurer**- Jeff treasurer@fultonplace.org

**Communications Director-** Joshua communications@fultonplace.org

Facilities Directorfacilities@fultonplace.org

**Director** -Tracy info@fultonplace.org

**Director - Miles** info@fultonplace.org



The hall is a great place to hold family, social or business functions. The rental rate is competitive, with discounts for Fulton Place community league members.

Call us at 780-466-8140 for prices or to view or book the hall. Please leave a clear, detailed message.



### **Babysitting Registry**

Are you in need of a babysitter?

Fulton Place has a registry of qualified sitters in your area.

To be added, teens must complete both First Aide/Red Cross Babysitting course.

Contact Ruth at 780-465-0550 for more information.

### Join Your Fulton Place Community League!

Cost is \$25.00 for Family, \$15.00 for Individual and \$5.00 for Senior.

Being a member brings you and your family benefits.

It includes free access to the ice rink, community swimming, events, activities, and newsletter information about everything Fulton Place has to offer.

Memberships can be purchased at The Grocery People in Goldbar shopping center.







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### **Backyard Play** Safety



Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a 9 inch layer of shock-absorbing material such as sand, wood chips, or pea gravel which extends 6 feet out in all directions from the play area.

### Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres(\*) high and have a self-latching, self-closing, lockable gate. (\*Alberta Building Code)

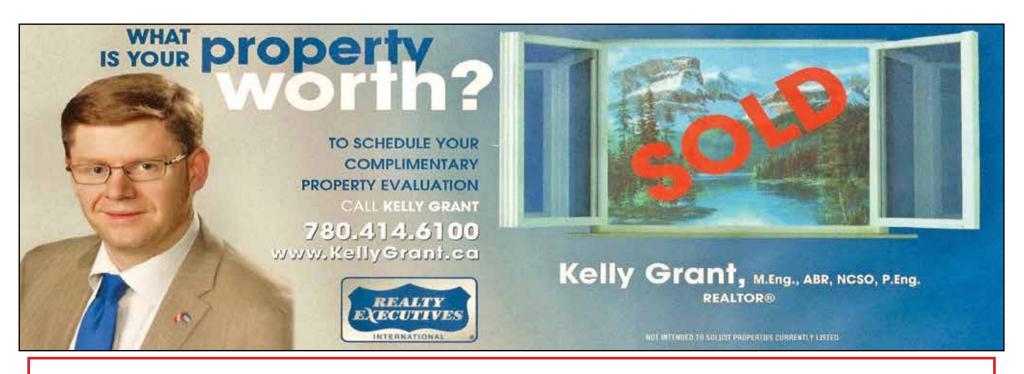
### Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

### Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.

www.albertahealthservices.ca



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savagestudiosmusic@gmail.com savagestudiosmusic.com



### Gold Bar

GOLD BAR EXECUTIVE			
President	Adam	780-406-9758	
Vice-President	Jamie	780-803-0422	
Secretary	Tammy	tschatull@ gmail.com	
Hall Rentals	Liisa	goldbarhall rentals@ gmail.com	
Social Director	Ronda	780-966-3096	
Memberships	Amy	780-668-6836	
Babysitting	Lil	780-466-4060	
Finances and Fundraisings			

Finances and Fundraising:				
Financial Director	VACANT			
Treasurer	Nicole	780-440-2017		
Bingo Director	Lorna	780-465-5594		
Fort Road Director	Julie	780-719-3017		
Parkway Director	Charlene	780-468-0033		
Casino Director	Isabella	780-466-3895		
Communications & Programming:				
Newsletter/SEV	Sondi	780-468-2237		
Sign Director	Lorie	780-447-1110		
Programs	Sharon	780-710-4303		
Green Shack	Kelly	780-434-6533		

The sign at 106 Ave & 47 St is available to book.

Hall rentals: goldbarhallrentals@gmail.com
Community Website: www.goldbarcl.com
Community Updates: facebook.goldbarcl.com

### **Hall Rental**

There is now a Hall Availability Calendar on the Gold-BarCL.com website.

You can go online to see if the hall is available to book for your next event.

### **Gold Bar Communications**

To submit an item to the next SEV email SondiAmber@gmail.com by Sunday, Aug 6.

### **Upcoming Bingo Dates**

To volunteer at bingo, call Lorna @ 780-465-5594. You can help fund community programs.

#### **FORT ROAD BINGO**

Friday, August 11, 2017 - Afternoon & Evening Monday September 18, 2017 - Afternoon & Evening

### PARKWAY BINGO

Monday, July 10, 2017 - Evening & Late Nite Friday, September 8, 2017 - Evening & Late Nite Sunday, September 24, 2017 - Afternoon - Special

### Assistant Social Events Volunteer Needed

Our social events director is committed to creating magical Family Fun Days in Sep and Feb but we're looking for someone to run smaller social events throughout the year. If you are interested in this, or in joining a social events committee, please email sondiamber@gmail.com

### Summer Exercise Classes in July

- Zumba Gold Tuesday's 10:15-11:15 am. Low impact Zumba, 4-week session. \$40 or \$10 drop in. Contact instructor Colleen Wagner to register 587-988-8075
- Stretch and Strength Thursday's 10:15 11:15 am. 4 Week session, \$40 or \$10 drop in. Contact Instructor Colleen Wagner to register 587-988-8075.

### Spray Park 2017

The Gold Bar Spray Park is open! Any concerns, call 311.

June 29-Sept.5, 10am–9pm daily Sept.6-19, M-F: 3-9pm, weekends 9am–9pm

### **Gold Bar Preschool**

GoldBarPreschool.ca

We are a parent cooperative program, and strive to get our students involved in their school and community. We offer morning classes for children aged 3 years to kindergarten.

We are located in Gold Bar Elementary School at 10524 46 Street NW.

Please contact us for further details: Goldbarpreschool-parents@gmail.com Lindsay - 780-708-3461

### The Green Shack is Back!

Tuesday July 4 – Thursday August 24, M-F: 10am-1:30pm

This is a free drop-in program sponsored by our city and supported by our Community League. Our Program Leader will be at the playground to organize games, crafts, sports, activities, and special events for kids aged 6-12. Children under the age of 6 are welcome, but must be supervised by a parent or guardian. It's a great opportunity for friends to meet up at the park and be led in fun adventures. If you have a fun game you want to share, let the Program leader know – they are there to help make your summer fun!

Find out about activities and Green Shack information by following the Gold Bar Community League Facebook Page. Report any concerns and feedback to Kelly at mikelly5@shaw.ca

### **Green Shack Ice Cream Social**

Thursday July 6 from 11:30-1:30

Time to kick off Gold Bar's Green Shack program! Bring your lunch and we will provide the dessert. Everyone is invited to have an ice cream cone, meet the Green Shack Leader and spend time with friends and neighbors.





### **OPENING EVENT MENU**

Drink: SOJU or SAKE or 2 cans of drink



Beef Tadaki + Drink

BBQ Spicy Pork + Drink

Monday: Any roll 10% off (without Roll combo)

Lunch Special : from \$10.50  $\sim$ 

Bento / Roll Combo / Korean food



Mon : 11am - 9pm

Tue: CLOSED Wed: 11am - 9pm Thu: 11am - 9pm

Fri:11am-11pm Sat:12am-11pm

Sun : 12am - 8:30pm

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### MORTGAGES

### FINANCIAL PLANNING

### INSURANCE



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### Holyrood

Holyrood Community League	Contacts	Email
President:	Wendy	president@holyroodcommunity.org
Vice President:	Claire	vicepresident@holyroodcommunity.org
Treasurer:	Dianne	treasurer@holyroodcommunity.org
Secretary:	Marjorie	secretary@holyroodcommunity.org
Programs:	Justine	programs@holyroodcommunity.org
Memberships:	Jessica	memberships@holyroodcommunity.org
Facilities & Grounds:	VACANT	facilities@holyroodcommunity.org
Communications:	Jenn	communications@holyroodcommunity.org
Social:	Natasha	social@holyroodcommunity.org
Civics:	Dave	civics@holyroodcommunity.org
<b>Holyrood Development Committee:</b>	Sherri	hdc@holyroodcommunity.org
Rink Coordinator:	Casey	rink@holyroodcommunity.org
Soccer Coordinator:	Jared	soccer@holyroodcommunity.org
Playschool Coordinator:	Shannon / Melissa	playschool@holyroodcommunity.org
Playgroup Coordinator:	Jessica	playgroup@holyroodcommunity.org

Website: www.holyroodcommunity.org Twitter: @HolyroodCL

Facebook: Holyrood Community League

Complimentary Memberships: are available for newcomers to Holyrood.

Contact our Membership Director at memberships@holyroodcommunity.org.

Memberships: purchase at SEESA (9350-82 Street) or through efcl.org/membership/ and at most Holyrood Community League events.

### Bike Safety

Thanks to the City of Edmonton for running a free Bike Safety program in May.

Children had their helmets checked and learned about bike safety before riding their bikes through an obstacle course and making a decorative number plate for their bike.

### Outdoor **Community Swim**

Swim for FREE at one of Edmonton's outdoor pools this summer. Don't forget to pack your membership card!

Mill Creek Pool

Monday - Sunday 7:00 - 9:00 pm

Fred Broadstock Pool

Sunday - Wednesday 5:00 – 7:00 pm

16

Sunday – Wednesday 6:00 – 8:00 pm

Queen Elizabeth Pool

Sunday & Tuesday 5:00 – 7:00 pm Monday & Wednesday 6:00 – 8:00 pm

### **Holyrood Spray** Park is Now Open!

Hours of Operation are 9:00 am – 9:00 pm. Spray Parks are operated and maintained by the City of Edmonton. If you notice any maintenance concerns please call 311.



### **Holyrood Green** Shack

There's no excuse for your kids to be bored this summer. Come check out our Green Shack program.

This FREE drop-in program is run by trained City of Edmonton staff, who will lead a variety of sports, games, arts, crafts and other activities for children ages 6 - 12.

July 4th to August 24th Monday – Friday 10:00 am - 1:30 pm

We will also be hosting the Flying Eagle program July 24th - 28th. See website for more details.

www.communityleaguenews.com



### **Regency Development & Holyrood Development Committee - (HDC)**

The City of Edmonton Rezoning and Direct Control bylaws require community leagues put in place a committee to represent the community and neighborhood when rezoning of land occurs. The Holyrood Community League ratified the Holyrood Development Committee (HDC) to work with the Planning Department, Developers and City Council when new rezoning developments take place.

The Committee is currently working with City of Edmonton Administration and the neighborhood to prepare feedback on the Regency Development. HDC meets bi-weekly at the Holyrood Community Hall to collect input from residents and to provide updates on the proposed development plans, policies and regulations that impact the development and neighborhood.

There will be a public consultation meeting tentatively set for the evening of July 12. Check out the HCL website and Facebook page for more up-to-date information.

Regency Development documentation along with City Plans and Policies related to Transit Oriented Development (TOD) can be found on the Holyrood Community League web site. For more information contact civics@holyroodcommunity.org or check out the HDC tab on the HCL website http://holyroodcommunity.org/.



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### Idylwylde

#### League Contacts

Past President	Marcus	presidentidylwylde@gmail.com
Vice President	Kate	
Treasurer	Walter	treasureridylwylde@gmail.com
Secretary	Corrina	secretaryidylwylde@gmail.com
Casino/SECLA	Bridget	flanagan@telusplanet.net
Social	Laura	lmurdoch@email.com
Programming	Kamila	kamilaidylwylde@gmail.com
Facilities	Paul	paulidylwylde@gmail.com
Publicity	Kelsie	kelsieromans@gmail.com
Membership	Michelle	bluecanary1@hotmail.com
Garden		gardenidylwylde@gmail.com
Civics	Lee	lbrktt@gmail.com

To contact us, please do so by email or by leaving a message at 780 466 7383. Like and follow us for the most up to date news. Search Idylwylde Community League on Facebook and @IdylwyldeCL on Twitter.

You can also visit us at www.idylwylde.org and sign up for our e-newsletter

### **Hall Rentals**

Our hall is now available for rent to the residents of Idylwylde, Bonnie Doon, Strathearn, Holyrood and non-profit groups. Please visit our website for more information on renting our hall, including pictures and costs. Inquiries can be sent to rentidylwylde@gmail.com.

### **The Green Shack Program**

The Green Shack program is back starting July 4th. Ages 6-12 (children under 6 must be supervised by a parent or guardian) Cost: Free

Join in games, sports, crafts, music, drama and special events. You'l find a list of up-coming activities and special events posted on the side of the green shack each week..

Idylwylde Park (8631-81 Street) Monday to Friday 2:30pm – 6:00pm

Start Date: July 4, 2017 End Date: August 24, 2017

### **Community League Swim**

Swim is free of charge for Idylwylde Community League (ICL) members.

Show your ICL membership card to enter the pool.

Mill Woods Recreation Centre (7207 28 Ave NW)

Saturdays: 2:00pm - 3:30pm Start Date: July 8, 2017 End Date: September 2, 2017

Eastglen Leisure Centre (11410 68 St NW)

Sundays: 2:00pm - 4:15pm Start Date: July 2, 2017 End Date: September 3, 2017

### **Events in Idylwylde**

What would you like to see for social events in Idylwylde?

We are looking for ideas to bring the community together.

Email lmurdoch@gmail.com with your ideas for a great get together that we can host!

### **Little Free Library**

Our Little Free Library is now up and running over at 7932 83 Avenue!

### **Save The Date**

Mark your calendars, our Membership Drive is coming September 16th, 2017!

### **Parents & Tots Group**

From October to June Every Tuesday 9:00 AM to 11:00 AM at the Idylwylde Community Hall.

Call Nicole at 780-466-5090 for details.



### **Edmonton 311 App**

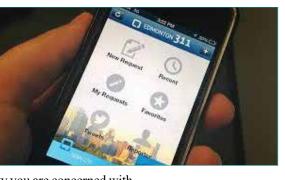
The City of Edmonton has provided an app for smartphones.

With the 311 app Edmonton residents are able to report: potholes, damaged sidewalks, damaged trees, litter and graffiti.

This user-friendly app lets you up-

load photos of the structure or property you are concerned with, as well as add an exact location with its GPS map.

An officer will investigate your complaint within 4 business days.







#### **KCL League Contacts Executive** VACANT President Vice President VACANT Secretary Jason 780-394-3902 ecretarv@kenilworthcommunity.com Colleen 780-469-7661 Treasurer Bldgs & Grounds Dan 780-469-2019 Bldgs & Grounds 587-983-6848 Terry Memberships Barb 780-466-2360 Adult Programs Loida 780-953-1062 Children's Prog. VACANT VACANT Summer Programs Capital Projects Gary 780-466-7591 VACANT **Grant Applications** VACANT Soccer Social John 780-462-2105 Bingo Julia 780-476-2992 780-469-1969 Casino Bonnie SECLA Rob 780-707-8204 Publicity/Website Martine 780-466-9444 publicity@kenilworthcommunity.com Representatives Badminton Liz 780-465-5188 Crib Club Rhys 780-490-0106 \_adies Aux. 780-469-4669 Jean VACANT \_adies Aux. Neighbourhood Watch 780-469-7661 Playschool Becky Toddler Time 780-935-3404 Angela angela.feehan@gmail.com Caretaker Pauline 780-469-7366 Hall Rentals Al/Liz 780-469-1711 rentals@kenilworthcommunity.com

### **Hall Rental Rates**

Kenilworth Community League has a beautiful facility. We hope you will consider Kenilworth Hall for your special events. Photos are available on our website www.kenilworthcommunity.com

KCL Hall Rental Rates: (Seating 160)

Members Non-Members Weekend (Fri.pm – Sun.pm) \$450.00 \$550.00

Day Rate

\$300.00 \$385.00

**Damage Deposit** 

\$250/day rate \$550/day rate \$450/weekend \$550/weekend

\*Third party insurance is now required for ALL hall rentals. Please ask the Rental Manager for more details.

To book the hall, email is preferred, rentals@kenilworthcommunity.com. If email is unavailable, leave a message for Al at 780-469-1711.

### **CONTACT US!**

General inquiries & Publicity Requests (SEV & Website): publicity@kenilworthcommunity.com

Hall Rental requests: rentals@kenilworthcommunity.com

• Keep Current on our website, www.kenilworthcommunity.com

Now on Facebook! Like us! & Follow on Twitter, KCLEdmonton

Next Executive Meeting, Monday, September 11th @ 7:00pm

Southeast Voice Newsletter Deadlines Submissions for the Aug/Sep 2017 issue of the Southeast Voice is due Thursday, August 3rd, 2017.

Send all announcements to Martine at 466-9444 or as early as possible. No phone calls after 8 pm. please.

### Playschool's I've Outgrown It Sale

Come shop for amazing deals on gently loved kid's clothing, toys, books, baby equipment, strollers and MORE!

OR

Sell your gently loved, but outgrown clothing, toys, etc.

Cost: \$25.00 per table

Saturday September 30, 2017 Kenilworth Community League Hall, 7104 - 87 Ave 10:00am-1:00pm Admission is FREE

Email beckyclosson@hotmail.com or call 780-760-3208 for more information or to book a table!

### Kenilworth Playschool

is a non-profit, parent co-operative playschool for 3 and 4 year olds. We meet on Tuesday and Thursday mornings at the Kenilworth Community Hall. We use a play based, pre-kindergarten curriculum that focuses on physical, social, emotional and cognitive development. Crafts, stories, games, fine motor skills, letter recognition and their sounds are part of our class routine. Our fun and friendly atmosphere will be perfect for your child.

We are currently accepting registrations for September 2017. For more information or to register your child, please email Becky at beckyclosson@hotmail.com.



### Kenilworth Casino – July 12 & 13

Thank you to all that has volunteered. All shifts have been filled, however we could use a few alternates in case of no shows/conflicting schedules.

Please call Bonnie at 780 288-5896 or email at bonnielg@telus.net. These are the funds that keep our events going and improvements to our hall and park area.

### Bingo Volunteers Needed!

We need volunteers on a regular basis! Call Julia @ 476-2992 to volunteer for SMOKE FREE Bingo's. Help our community league raise funds to keep our community programs and events going.

Next Bingos: July 16th, 10:30 Aug 8th, 4:30

If you would like to put your name down for any bingos, please call Julia at 780-476-2992 Please request your dates

780-476-2992. Please request your dates two weeks prior to the bingo date. This will give us time to fill the bingo if spaces are still available.

### COME JOIN US! Strength/Cardio class

Thursdays @ 6pm, New sessions start every 6 weeks.

This class strengthens and tones by working the entire body in a fun and energetic atmosphere! Whether you are new to your fitness journey or an avid exerciser, this class will challenge you physically, while increasing your self-confidence.

Come join us for a fun, effective and sweaty

Every week it's a little different so you don't get bored.

We run 6 week sessions for \$75. Drop-ins are also welcome for \$15. Cash or Cheque accepted. Cheques are to be made out to Kenilworth Community League.

Please email Kathi at totalbalancepersonal-training@gmail.com to register.



### **Pop Up Play Program**

We do not qualify to have a Green Shack Program this year due to low attendance last year. However, we will have a Pop Up Play Program on Mondays and Thursdays at Kenilworth Community League. Targeted for children aged 6 to 12, but all children accompanied by an adult are welcome to attend.

Monday & Thursday July 4 to August 24 10:00 a.m. - 1:30 p.m.Come and join us for games, crafts, sports, outdoor cooking, and much more!

For more info, please visit: edmonton.ca/ dropincommunityprograms

Green Shack Programs in our area are at: Capilano, Terrace Heights, Gold Bar, and Ottewell

### **Babysitting Registry**

If you have completed a Red Cross or City of Edmonton babysitting course, you can list your name on the Kenilworth babysitting registry.

Call Sheri at 780-616-0417 to register your name or if you are looking for a babysitter in the area for evenings or weekends.

### **Memberships**

Have a New Neighbor? Are You New to Kenilworth?

We would like the opportunity to welcome all newcomers into the neighborhood. If you know of any recent arrivals, or if you are one yourself, please call Barb @ 466-2360. We will deliver a free Community League membership along with information about all the activities this League offers.

Don't have your 2017/2018 membership yet? Memberships are \$20 and \$15 for Individuals and Seniors.

Memberships are also available at the new Sport Shack location, 8170 - 50 St, and at Ottewell TGP (receive a \$5.00 TGP in-store coupon with membership purchase). For more information contact Barb at 466-2360.

Need one RIGHT NOW! Go to www.efcl.org and purchase one online!

### **Adult Badminton**

Kenilworth Junior High School Gymnasium (7005 – 89 Avenue), starting September to May

Tuesday & Thursday evenings 7:00 P.M. to 9:00 P.M.

For more info call Liz @ 780-465-5188. or Andy @ 780-474-2869.

### Christmas in July

Thursday, July 13, 2017 6:30 to 9:30 p.m.

Join the fun at the 13th Annual "Christmas in July" workshop. The event fee is \$28 for 10 cards or \$50 for 20 cards and payable by June 30th. To register contact Rhonda @ 780-469-0010. Supplies to bring: SNAIL or other double sided adhesive.

### KCL Annual Golf **Tournament and** Steak BBQ

Kenilworth Community League will be holding their Annual Golf Tournament and Steak BBO on Saturday, August 26th, 2017. This Texas scramble style 9 hole golf tournament is being held at Triple Creek Golf Course with the BBQ being held back at the Kenilworth Hall. Tickets are \$30 for Golf/Supper.

Register early to ensure your spot.

For tickets or to donate prizes - please contact Ken at 780-915-8144 or by email at kbalcom33@gmail.com

### KCL Membership BBQ

Sunday, September 3, 12 - 3 p.m. Kenilworth Hall

Come and enjoy the afternoon with family and fellow community residents. Events featured will be Glitter Tattoo Artist,

Balloon Man, and a Bouncy Obstacle Course.

Sign up for Kenilworth Programs and get your 2017-18 Membership.

Enjoy good food, meet your neighbours, and get involved in your community.

### **Toddler Time**

Parents and caregivers - join us for Toddler Time Monday mornings, starting September 11th, 2017, from 10-11:30. Free drop-in play time/socialization for children 0-5yrs.

This program started back up in 2015 with a laid back atmosphere of unstructured play.

It is run by volunteers and facilitated by a mom with a background in child language development and children's mental health.

Opportunities for new volunteers to help with facilitation and organizing structured activities. Coffee and tea provided.

Contact Angela with questions: angela. feehan@gmail.com



### **Ben Henderson**

Councillor, Ward 8

### Contact me on city issues

ben.henderson@edmonton.ca | 496-8146

### **WHY 30 AT JUNIOR SCHOOLS?**

As of September 5, 2017, school zones are in effect around elementary and junior high schools throughout Edmonton. Motorists are required to slow down to 30 km/h between 8 a.m. and 4:30 p.m. (08:00 - 16:30) on school days where school zone signs are posted.

### WHY IS IT IMPORTANT TO SLOW DOWN?

The lower speed limit protects our most vulnerable road users: our children.











edmonton.ca/visionzero

VISION ZERO EDMONTON: zero traffic fatalities and serious injuries

Ottewell Community League Executive and Board Members

Executive:

 $\boldsymbol{President-Corinne}$ 

 ${\bf Vice\ President}-{\bf Bri}$ 

Secretary - Sandra

**Treasurer - Cindy** 

**Board Members:** 

**Bingo Co- Chair** – Kyla

Casino Chair – OPEN

Rentals - Tim

Grants - OPEN

**Bylaws** – OPEN

**History of Ottewell Committee** - (Looking for more members of this Committee)

**Indoor and Outdoor Soccer Director** – Glen

Parent and Tot Team Lead – Bri Summer Playground Chair – Colleen

Social Team – Lori, Bri, Colleen Playschool Chair - Andrew

Rink Chair – Cory

**Maintenance Chair** – Frank

Civic & City Liason Chair - OPEN

Membership Chair – Russ

**Communications Chair** – Tim

SECLA Rep – Lori EFCL Rep – Corinne

East Park Baseball - Clarence

All Positions are volunteer positions. Please send all inquiries via email to ottewell2212@ gmail.com or call 780 469 0093 leave a message and someone will return your call.

Ottewell Community League

5920 – 93A Avenue Edmonton, Alberta

T6B 0X2

### **Rent the Hall**



This well-maintained 1900 sq ft hall accommodates up to 120 seated guests and is perfect for wedding banquets, parties, family gatherings, board meetings and community functions. Rent includes 15 round and 9 rectangular tables, cushioned chairs, refrigerated bar and full commercial kitchen.

A 10' screen, HDMI LCD projector and PA system are also included. We even did a complete overhaul and renovation of our kitchen to serve you better!

For details regarding renting our hall, go to.... **ottewell.org/hall-rental.** See our availability calendar, fill our rental form, or call: Tim at **780-463-3330.** 

### Community League Board Meetings

Tuesday, August 15 at 6:30 sharp

Please consider lending a hand in keeping Ottewell Community League VIBRANT and ALIVE! OCL meetings of the Board, and it's members, are held every 3rd Tuesday of the month, unless otherwise posted. COME and JOIN in! Find out what's happening in YOUR Community.

We're always looking for your feedback, suggestions and input. We need more dedicated people to keep our community one of the **best**, **safest** and **enjoyable** community leagues in Edmonton!

### **Need Volunteers for Bingos**

If you would like to help out and donate some of your time to work at our designated BINGO's during the year, it would be truly appreciated! All funds raised support the Ottewell Community improvements. Please help us to raise these funds so we can continue to make improvements.

To get on our Bingo volunteer list please email: oclbingo@gmail.com

### Portable Toilet for the Ball Diamonds

OCL would like the ball players to enjoy the diamonds at Ottewell Community Park!

We ask that they use the porta potty provided and to help keep our park Clean!

### Edmonton Folk Music Festival TAXI Control & Bike Lock-Up

OCL needs volunteers to assist with the TAXI Control and Bike Lock-Up for the Edmonton Folk Music Festival!

Your time and assistance will greatly benefit OTTEWELL.

Please go to our website www.ottewell.org for more info to volunteer. Your time given will help fundraising efforts for OCL.

### Ottewell Community League Playschool

We are still accepting registrations for the 2017/2018 school year, but very few spots are available. Our class maximum is 16, and depending on registrations, we can consider running a second class.

The OCLP.ca website is still down, so please contact Lauren at lauryan@telus.net for registration information. (You can find us on Facebook too at... facebook.com/ottewellplayschool

### Purchase your 2017-18 Community League Membership

Take pride in your neighborhood and purchase your OCL membership TODAY to enjoy the many benefits and discounts including...

- Use of local pools free of charge at designated times
- Use of the outdoor community rink, and community skate times at the City's indoor rinks
- Participation at community events and activities
- Access to fitness, recreation events, classes

We are working with other options for the future please view our Web Page for updates of great opportunities for our community members.

Memberships run from Sept. 1 to Aug. 31 and can be purchased at the Sport Shack, TGP and New option - Servus Credit Union Branch in Capilano Mall

Or our On-Line option at: www.efcl.org/membership

Cost: Family - \$25, Single Adult - \$10, Seniors - \$5

### Ottewell Community League Social Media



Follow us on Iwitter @OttewellEvents and Facebook/OttewellCommunityCentreEvents and let us know what you are up to in your community!

Pictures, tweets, comments, your discussion is welcome! Let us know if you are having an event and we can share it for you on social media!

### Join the Community League Team of Volunteers!

If you're available, get involved!

Do you want to get involved in Ottewell activities, but don't have a consistent schedule? Put yourself on the Ottewell Volunteer List. We'll contact you when we need help for events or specific tasks. Send an e-mail to: Ottewell2212@gmail.com with "Ottewell Volunteer" in the Subject Line, or fill out the form on our website at:

ottewell.org/volunteer/opportunities/

Provide your contact information and indicate if there's a particular skill you have to offer or area you'd like to volunteer for. Any time you can give is most assuredly welcomed and appreciated!

### Ottewell Parent & Tot Group

This FREE WEEKLY drop-in program every Tuesday from 10 - 11:30 am at Ottewell Hall. Parents/Caregivers and tots ages 0-5 years old are welcome to join the fun. Come out to meet your neighbours and make some new friends.

**PLEASE NOTE:** The Parent & Tot Group will not be meeting over the summer, but will resume in September. Please watch the OCL website and Facebook Fan Page for updates.

### Free Community Swim & Gym for League Members



**Saturdays, 5-7 p.m**. at Commonwealth Fitness Centre.

Includes use of the entire facility, from the pool to the gym, running track, fitness equipment and fitness classes.

**Sundays**, 1:15-2:45 p.m. at Hardisty Fitness Centre. Swim only

### Please Help Us Keep Our Park Clean

Did you know that a small team of volunteers works very hard to keep our parks clean?

They clean up graffiti, empty garbage, clean bathrooms and other materials left behind from vandalism.

Every day volunteers open and close the outside washrooms for our community to use. We are one of the very few leagues who have the privilege of an externally accessible washroom.

Last year we were forced to close these washrooms due to vandalism, but this year we have taken measures to hopefully keep them open this summer.

Please do what YOU can to help us so we can continue to provide these services to you, our community members.

If you are having a picnic, party or other outing please clean up after yourself!

Bring extra bags, or request them using our CONTACT form on the web site.

We can't do this alone and we need to work together as a community so we can all continue to enjoy our playground and spray park!

### **Mark These Dates**

#### OCL Garage Sale - July 29th

LAST CALL - please fill out our registration form on our Garage Sale page on our web site ASAP! We also need participants to make this event happen.

**Outdoor Movie Night** – Friday, August 25 WATCH our WEBSITE for more info on our Ottewell Community MOVIE NIGHT!

*OCL Membership Fair* - Saturday September 16, 2017 9 AM to 11 AM

Purchase your new OCL Membership and enjoy a Pancake Breakfast. Meet your neighbours and find out about the activities your Community League offers for members

*Open Stage Night* - September 16th at 7:00

Bring your musical talent and/or stage performance tour 2nd Open Mic Stage Night on September 16th at 7:00 PM. Go to our web site to register as a performer right away as space is limited! Update or purchase your OCL membership and receive free entry to this talent-filled community event.

*OCL Casino* - December 28 and 29 The OCL Casino will be on December 28 and 29 at the Argyll Casino.

### FREE Access to Edmonton's Outdoor Pools

ATTENTION: All community league members... from June to the beginning of September you have access to Edmonton's Outdoor Pool's.

Please ensure you present your membership card at the Pool of your choice during the designated times below. Please note that statutory holidays (May 22, July 1, Aug 7 & Sept 4) are omitted from this community swim. Enjoy the Summer!

#### **Outdoor Pool Schedule:**

### Fred Broadstock

Sunday, Monday, Tuesday & Wednesday 5:00 pm – 7:00 pm

#### Oliver

Sunday, Monday, Tuesday & Wednesday 6:00 pm - 8:00 pm

#### Queen Elizabeth

Sunday/Tuesday 5:00 pm – 7:00 pm & Monday/Wednesday 6:00 pm – 8:00 pm

#### Mill Creek

Sunday, Monday, Tuesday, Wednesday, Thursday, Friday & Saturday 7:00 pm - 9:00 pm

### Thank you to OCL Volunteers!

We celebrate our volunteers! We are a small, but mighty group that has the strength and determination to make a difference here for our community!

This past year the Ottewell community board members have met many fellow community members from around the city. At one particular meeting a couple of board members of a new community shared the challenges they face in their community.

This is what they said...

"This community is a relatively new area in the city of Edmonton and we still have NO Community BUILDING to call our own, not even a community RINK!" They have an open field to gather when they can, meetings are held at a Credit Union, storage of any supplies for social activities and soccer uniforms are stored in members' homes. This community has a long road ahead to fundraise and build a community structure. The timeline is uncertain for this to be completed, and these board members are uncertain of what the future of their community holds in store.

We at OCL are very fortunate to have so much, and to be able to share all that we have with our members... a rink that can be enjoyed by hockey and ice skaters, a spray park that provides enjoyment for many visitors from all over the city. Our small community hall is a top-notch venue for many weddings and family gatherings, which brings in revenue to keep our building functioning.

Without the dedication of this small, but mighty group of volunteers we simply wouldn't have all that we have and enjoy! So, to our volunteers we...

Thank you for being so caring!

Thank you for being so loving!

Thank you for being so helpful!

Thank you for being so thoughtful!

Thank you for being so selfless in giving of your time!

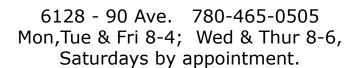
Thank you for volunteering... your actions are priceless!

We would like to raise our glass for a toast to you, our volunteers! Thank you so much! Enjoy a safe and prosperous summer! GOD BLESS!

### **Ottewell Dental Clinic**

Dr. Gordon Lodwig & Dr. Brian Zwicker We Welcome New Patients

Family dentists providing all general services.
Insurance billed directly.





Receive a **FREE**Oral B 2000 electric toothbrush
MSRP \$99
with an adult check up and cleaning.\*

ottewelldental.com

\*one/patient/calendar year

### **Board of Directors**

- President Jenny
- Vice-president Meghan
- Treasurer Ken
- Secretary Alicia
- Grounds and Buildings Scott
- Social director YasirMembership Leah
- Communications Kristen
- Program director Andrew
- Member-at-large James

- Member-at-large Jason
  Member-at-large Daniel
  Member-at-large / Casino Kathryn

Web: strathearncommunityleague.org Twitter: @StrathearnCL Facebook: Strathearn Community

League

### **Green Shack:** On the Move

Strathearn Community League is excited to host the Green Shack program again this year. Unlike years past however, Green Shack will be located at Ecole Gabrielle-Roy.

Due to hall construction at Silver Heights Park this summer, Green Shack will be relocated for 2017. Green Shack will operate from July 4 – Aug. 24, Monday to Friday from 10 a.m. to 1:30 p.m.

Green Shack is a free, drop-in program for kids. Join in games, sports, crafts, music, drama and special events.



22

### **AGM Report**

Community League annual general meetings are not the most scintillating affairs as evidenced by their often-lacklustre turnout. However, this year Strathearn put on a show at their June AGM which literally cannot be repeated. The sixty-year-old rink shack at Silver Heights Park was demolished in advance of summer construction of the new Strathearn Community League hall. The crowd of forty or so neighbours cheered as the backhoe ripped through old siding and two by fours.

Outgoing president Jenny McAlister was sure to remind those in attendance that while a new building creates new opportunities, "The community spirit of those who built and maintained the former building will be transferred to the new hall."

Equally as exciting was the election of four new members to the Strathearn Community League board. Chris Samuel joined the board as social director and Neils Rasmussen and Andrew Reid will share duties as co-communications directors. Our newest member-at-large is long-time Strathearn resident Nadine Meikle. Despite a full complement of directors, the Strathearn Community League board is still looking for two members-at-large. Please contact us if you are interested in volunteering.

### **Hall Fundraising**

The fences are up; equipment is in place and construction of the new community hall has begun at Silver Heights Park. Exciting times to be sure but behind the scenes there is still plenty happening. Specifically, the Strathearn Community League needs to raise approx. \$40,000 in order to fully realize the dream of a new hall.

You may have read about the programming possibilities a new hall can offer but without the final dollars in place there won't be more than four walls and a floor. Now is your chance to do great things and build a legacy for future Strathearn. Contact us today to discover the benefits of donating to our charitable building society. Every little bit counts and any donation over \$20 is eligible for a tax receipt.



### **Strathearn Art Walk Volunteers Required**



The final details for Strathearn Art Walk 2017 are falling into place. New artists are signing up every week, the food and beverages have been tested, the entertainment is booked now and all we need is you. The Strathearn Art Walk requires almost 100 volunteers on Saturday, Sept. 9, 12 – 7 p.m. and while we have an excited group of returning veterans, we need the energy and enthusiasm of new volunteers as well.

There are a range of jobs available and volunteers receive a beverage and a snack from one of our sponsors. There are also whispers of a volunteer after-party but you'll have to get yourself signed up in order to find out. Check out StrathearnArtWalk.com/Volunteers for all the details.

### **Outdoor Pool Fun**



A great benefit of the Strathearn Community League membership is free admission to Edmonton's four outdoor pools. Here is the schedule for league members.

#### Fred Broadstock

- o May 20 Sept. 5
- o Sunday to Wednesday, 5 p.m. to 7 p.m.

#### Oliver

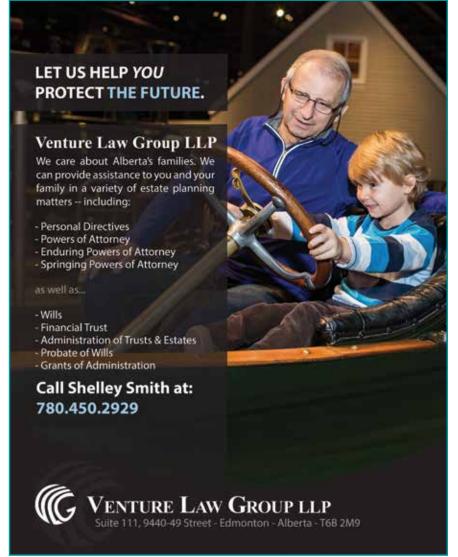
- o June 10 Sept. 8
- o Sunday to Wednesday, 6 p.m. to 8 p.m.

#### Queen Elizabeth

- o June 1 Sept. 1
- o Sunday and Tuesday 5 p.m. to 7 p.m.,
- o Monday and Wednesday 6 p.m. to 8 p.m.

#### Mill Creek

- o May 20 Sept. 5
- o 7 days a week from 7 p.m. to 9 p.m.





### Buy your Strathearn Community League membership today

2017/18 Strathearn Community League memberships go on sale in June. Memberships are valid from August through August.

A Strathearn Community League membership costs \$20/family or \$10/individual. If you're new to Strathearn, your first one-year membership is on us. Contact membership@strathearncommunityleague.org.

Here's where to buy your membership:

- Ralph's Convenience Store, 9508 87 St.
- Massage Therapy Supply Outlet, 9206 95 Ave.
- Juniper Cafe and Bistro, 9514 87 St.
- Strathearn Heights Apartments, 8768 96 Ave.

Or email membership@strathearncommunityleague.org.

Plus, each month, community league members are entered into a draw for a \$20 gift certificate to either The Wired Cup or Juniper Café and Bistro.

### Community League Programs

(Strathearn Community League membership required)

#### **Toonie Thursday**

The second Thursday of the month is Community League Happy Hour at Juniper Cafe & Bistro (9514 87 St.) Enjoy a beer or glass of wine for a toonie from 4 p.m. to 6 p.m. Upcoming dates –July 13 and Aug. 10

#### Wired Wednesday

The first Wednesday of the month enjoy a free beverage on Strathearn Community League from 7:30 a.m. to 11 a.m. at The Wired Cup (9418 91 St.). Upcoming dates – July 5 and Aug. 2

### Street sign design competition winner: Kristine MacDonald!



Back in fall, the City of Edmonton sent out surveys gauging interest for new streetlights as part of the neighbourhood renewal, and a few months later the streetlights were approved.

After this accomplishment, Strathearn launched a design competition for the street signs that would hang on the streetlights for the next fifty years.

Local artist, Kristine MacDonald, came forward with a winning design.

"The sign design was inspired by the walks and bike rides I take daily when I need to drop a package in the mailbox or take a break from work. I enjoy sitting on the benches overlooking the river valley and downtown skyline and taking it all in," MacDonald shared. "I also wanted to include the contrast of big and small, and old and new houses in the area. We have such an interesting mix of architectures here."

Soon, MacDonald's street sign design will be up in Strathearn—she claims the winning prize of \$250 after competing with nine other entrants.

You may recognize MacDonald under the business name, Smithstine Copper; a prominent jewelry line based in Edmonton, Alberta.

MacDonald's jewelry and metal work have been featured at numerous art shows and sales, including the Strathearn Art Walk. In fact, it was during the art walk that MacDonald decided to join Strathearn as a resident.

"During the Strathearn Art Walk two years ago, my partner and I looked at a house that was for sale in the neighbourhood," she shared. "We fell in love and put in an offer that day!"

Check out Kristine MacDonald at the sixth annual Strathearn Art Walk on Saturday, Sept. 9. You can also shop her Western Canada-inspired jewelry on her website, smithstine.com.

### **Volunteer Profile: Meet Yasir Syed!**

#### Tell us a bit about yourself.

I'm Yasir, I have been a resident of Strathearn since 2003. Since that time, I have worked in the inner city at Boyle Street Community Services and Bent Arrow Traditional Healing Society. More recently I have worked as a Registered Massage Therapist at the Edmonton General Hospital and Moksha Yoga Studios.

I recently started on a fresh career path and am currently working at the University of Alberta as a Cognitive Strategy Instructor. I moved to Edmonton from Camrose, Alberta 20 years ago to attend the University of Alberta... so it's very exciting for me to find myself back at my alma matter teaching.



### When and why did you get involved with the Strathearn Community League?

Around the same time, I shifted career paths a little over a year ago, Strathearn held its annual AGM at Juniper Bistro. I found myself drawn to the event for a number of reasons... The organizational strength of the community league was evident with events like the Strathearn Art Walk, the initiative to build the new community hall as well as promoting great local establishments like Juniper and the Wired Cup. I wanted to support my community and add my perspective to the community conversation.

With encouragement from current board members, I was elected Social Director at the AGM and have been serving as the Strathearn rep at SECLA (South East Community League Association) meetings since the fall as well.

### What's your favourite part of being SCL's Social Director?

My favourite part of being Strathearn social director is learning about the great events that this community league continues to put on. There are so many wonderful opportunities to grow events and awareness of events in our beautiful community.

### Regarding your new role as VP of SECLA, do you have any visions for southeast cooperation/collaboration?

In my new role as VP of SECLA, my focus is on unifying the SECLA community as a cooperative, inclusive community. I would love to see the individual smaller communities support one another's events, artists and entrepreneurs. It would also be wonderful to extend membership of SECLA to some of our closely neighboring communities that form a natural fit for SELCA. I am also very excited about continuing our work on the community skate park, specifically naming it and building an eco-sensitive parking lot for the space. What has motivated you to be so involved in both SCL and SECLA?

The motivation for my involvement in these community leagues comes from having lived in the community for over a decade and seeing how amazing and resilient the community members are. It can only strengthen our sense of safety and belonging by bringing a keener awareness to how we can support our own and our neighbour communities.

#### What has been your favourite volunteer moment in Strathearn and why?

My favorite volunteer moment came at last year's Art Walk. It is so amazing seeing that space transformed for the day. I take my dog, R2D2, for a walk through that field every week and it's a lovely feeling seeing "my back yard" enjoyed in such a collective, inspiring and celebratory way by Strathearn, SECLA and the rest of Edmonton.

#### If you could say one thing to prospective volunteers, what would it be?

If I could say one thing to prospective volunteers it would be...

You will meet the most amazing people volunteering for Strathearn... and the best part is... they are your neighbour! It's a wonderful feeling being connected to your community and feeling at home on your streets. There is no better way to forge this connection than volunteering...Give it a try!:)

# Call The Dunham Team Today 780-466-0418 Office

### Greg Dunham

780-964-1469 (cell)

greg8dunham@gmail.com gdunham@telus.net

- FREE Market evaluation
- Specializing in South East Edmonton
- Investment Properties





**Garneau Condo:** Executive unit, Concrete construction, 3 BEDROOMS, 2 Bathrooms, 2 Underground parking stalls.



**Lynnwood:** 3+1 Bedroom Bungalow, 2 Newer Bathrooms, Furnace 13, HWT 16, 100 Amp service, Spacious yard.



**King Edward Park:** Adorable Home close to Millcreek ravine, Newer sewer line, 100 Amp service, furnace and hot water tank.



**Hamptons 2 Storey:** High-end finishings, open concept, ensuite bath, beautiful landscaping, double attached garage.