

SOUTHEAST VOICE

Serving the community leagues of
Avonmore, Capilano, Cloverdale, Forest Terrace Heights,
Fulton Place, Gold Bar, Holyrood, Idylwyld, Kenilworth,
Ottewell & Strathearn.

August/September 2018



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SECLA Survey – We Want Your Feedback!

There are lots of things happening in our neighbourhoods these days, such as infill, LRT development, potential changes to transit routes, community park development, and lots of community events and activities... just to name a few. Often these changes or activities will affect multiple neighbourhoods. The South East Community Leagues Association (SECLA) is a community league area council which has representation from the 11 leagues in this general Capilano area.

Here are some highlights of things SECLA has worked on in the past year:

- We continue to fund the delivery of the Southeast Voice to all households in our neighbourhoods.

- We continue to work on completing the park development at the Fulton Ravine South park (a.k.a. the 'Capilano skate park')

- We provide funding for the community league flags at the skate park.

- We also assisted with funding for a few small community projects

- We advocated, with the Greater Hardisty Community Sustainability Coalition, for the 101 Ave Corridor project at the City Urban Planning Committee.

- We assist member leagues in disseminating information about important community matters.

SECLA is taking a look at how we can represent our neighbourhoods in a meaningful way and we'd love your help! Please take 5 minutes to fill out the survey on our website <http://secla.ca/> and let us know what's important to you.

Please complete the SECLA survey and share your ideas with us before **September 20, 2018**.

Greater Hardisty Community Sustainability Coalition

SAVE THESE DATES!

September 16 - "Fun on 101"

Celebrating Community and Active, Multi-modal Transport

On Sunday Sept. 16 afternoon, along 101 Ave north of the new Library, The #greaterhardisty Coalition is partnering with City of Edmonton Planning and many others to gather and chat about our aspirations for enhancements 101 Ave.

Stay tuned for more information about this in the next SEV, visit and LIKE our facebook Page #greaterhardisty, REGISTER your email on our page to be part of the team, or email us directly at: ghccoalition@gmail.com.

Friday, October 12 at 7 pm

STATUS UPDATE / INFO SESSION - Fulton Place Community Hall



The Coalition is offering an information session to update on some key developments related to Housing and the proposed Seniors Supportive Living.

Volunteers from the #greaterhardisty Coalition will be on hand with developers to show what is currently proposed, ask what else is desired, and show what else if possible related to "missing middle" residential improvements.

What's New at the 7th Annual Strathearn Art Walk



Come visit Edmonton's fastest growing Art & Music Festival this September 8! From noon to 7pm, you'll be able to see work from a wide variety of artists as Strathearn Community League hosts the biggest Strathearn Art Walk yet on Strathearn Drive between 89 and 91 streets. Edmonton's art and culture scene is thriving, and this is a great opportunity to support your local arts community.

This year music and entertainment will be featured on the SECLA stage, front and centre in our expanded beer gardens where Juniper Cafe & Bistro will serve a variety of food options, with homegrown Alberta craft beer from Blindman Brewing and featured cocktails served by Edmonton's own Strathcona Spirits. Fat Franks and Nikita's Creamery will also be on site offering treats both hot & cold.

Why not bike to this year's Strathearn Art Walk? This year we are ready for you with

the URBIS Bike Lockup. Park your two-wheeler and be entered into a draw to win a prize! Edmonton's Street Bike Team will also be around to hand out free biking accessories, help you plan your route, and get information about bike commuting in Edmonton.

The Strathearn Art Walk is 100% volunteer powered! We rely on the generosity of local volunteers, and last year over 110 individuals donated their time. This year we need more and so we've opened up more exciting spots. Visit strathearnartwalk.com/volunteer/ to sign up to make a great day happen!

Do you have more questions? Get in touch! Visit www.strathearnartwalk.com for more information, or follow us on social media: [facebook.com/strathearnartwalk/](https://www.facebook.com/strathearnartwalk/), Instagram: @strathearnartwalk and Twitter @strathearncl.



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SECLA BOARD

COMMUNITY LEAGUE	REPRESENTATIVE	Publication Email
Avonmore	Leigh	avonmorerep@secla.ca
Capilano	Shelley	capilanorep@secla.ca
Cloverdale	Reg	cloverdalerep@secla.ca
Forest Terrace Heights (Chair)	Connie	ftthrep@secla.ca
Fulton Place	Miles	fultonplacerep@secla.ca
Gold Bar	Jamie	goldbarrep@secla.ca
Holyrood	Claire	holyroodrep@secla.ca
Idylwyld	Bridget	idylwylderep@secla.ca
Kenilworth	Kevin	kenilworthrep@secla.ca
Ottewell	Glen	ottewellrep@secla.ca
Strathearn (Vice Chair)	Yasir	strathearnrep@secla.ca
Treasurer	Michael	treasurer@secla.ca
Secretary	Jamie	secretary@secla.ca

SEEECCC or Southeast Edmonton Early Childhood Community Coalition

Late summer, early fall evenings, babies drift off to sleep to lullabies and stories. Even before they are old enough to talk, those songs and tales are helping them learn language.

Your words in any language, your voice, the way the children respond to you and you respond back to them all make lasting connections in their developing brains. And studies confirm that learning in one language helps a baby learn in another. As they begin to speak and grow into toddlers, count steps as you climb stairs with them, name colours and shapes, invite them to tell you stories -- and watch their vocabularies blossom!

We are so fortunate in South East Edmonton to have the Capilano, Idylwyld [Bonnie Doon], and Strathcona public library branches offer regular, free programs for you and your babies and toddlers. Go to www.epl.ca for the times of Sing, Sign, Laugh and Learn, Baby Laptime, and Family Storytime at your nearest location.

Check out this great list of resources that Shannon Clarke, Community Librarian at Capilano has shared: <https://bit.ly/2um99It>
www.earlychildhoodedm.ca/southeast
www.facebook.com/SEEECCC/



Summer Starts at Edmonton Public Library



Last month of Summer Reading Club

Your summer may be flying by, but we still have another month of Summer Reading Club at Edmonton Public Library. But why should kids have all the fun? Now we have a summer reading program for adults and teens. Come in to the library and pick up your tracking sheet to record your reading and activities this summer. After you've read for 8 hours and completed four activities on the sheet, you can enter to win prizes like a Mini Super Nintendo Entertainment System, tickets to the Neil Gaiman Forward Thinking Speaker Series and gift cards from local restaurants and coffee shops. Check out epl.ca/summer-reads/ for more details. Summer Starts at EPL winds down on August 24th with fun activities and celebrations for kids of all ages at all of our branches.

English Conversation Circles resume in September

Drop in and join others who want to practice their English. English Conversation Circle is part of Catholic Social Services' Learning and Community Enrichment (LACE) program. Please spread the word if you know of community members who could

benefit from this. Starting in September, the program runs weekly at Capilano Library on Tuesday evenings from 6:30-8:00pm and Idylwyld (Bonnie Doon) Library Friday afternoons from 2:00-3:00pm.

Featured Summer Starts at EPL programs at the Capilano Branch include:

The Sky is Falling (all ages) Tuesday, August 7 from 2-3 :00pm

Slime(y) Science (ages 6-12) Friday, August 17 from 2-3 :00pm

Board Game Café (ages 9-12) Monday, August 20 from 6:30-7 :30pm

Metis Culture and Dancing (all ages) Friday, August 24 from 2-3 :00pm

That's a Wrap (end of Summer Starts at EPL) Saturday, August 25 from 2-3 :00pm

Featured Summer Starts at EPL programs at the Idylwyld Branch include:

Le grand défi Scratch (ages 9-12 & teens) Wednesday, August 15, from 2 - 3:00pm

Hogwarts Party (ages 6-12) Saturday, August 11 from 4-5 :00pm

Challenge your mind with e2 Young Engineers (ages 6-12) Monday, August 13 from 2-3 :00pm

That's a Wrap (end of Summer Starts at EPL) Saturday, August 25 from 10 :00am – 4 :00pm

Family Storytime : Korean (all ages) Sunday, August 26 and September 16 from 2 :30- 3 :00pm

For more information please contact the Capilano branch at (780) 496-1802 or the Idylwyld branch at (780) 496-1808. View our full calendar of events online at epl.ca or come in to pick up a paper copy of our program calendar with complete activity listings.



Seniors' Morning Out at Ottewell Hall

All Seniors are welcome!

2nd Tuesday of Each Month

10 AM to 11:30 AM 5920 - 93A Ave

neighbourHouse
community centre

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Ottewell Neighbours Soccer Drop-In

Sundays at 2pm

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Information Sessions

The Christenson Group is pleased to invite you to an information session introducing Southwoods Court North, Phase 1 of Southwoods Village at Hazeldean. Centrally located Southwoods is an energy efficient retirement community that is close to many amenities, walking paths and the Millcreek Ravine.

Information Sessions

are being held at **Southwoods Court North (9430 - 67 Ave, Edmonton).**

Sessions start every **Tuesday at 2 pm with limited seating.**

To reserve a seat or ask about upcoming sessions call Lynne Christenson at **(780) 975-2509** or by email at **LynneC@CDLHomes.com.**



ChristensonGroup.ca

President	Anita	president@avonmore.org	Babysitting	Cheryl
Vice President	Leigh	vicepresident@avonmore.org	Casino	Elizabeth
Secretary	Alison	secretary@avonmore.org	Sign	Bob
Treasurer	Ken	treasurer@avonmore.org	Memberships	Lisa
Hall Rentals	Tanya	hallrental@avonmore.org	Playschool	Jamie
Programs	Wendy	programs@avonmore.org	Grants	Scott
Soccer	Lyne/Boris	sports@avonmore.org	Communications	Sarah
Civics	Norm	civics@avonmore.org	Rink	Vacant

Avonmore Hall Rental

Anyone interested in renting the hall please contact Tanya at (780) 637-5640 or email hallrental@avonmore.org. Hall address is: 7902 - 73rd Ave NW

Babysitting Registry

We offer a Babysitter Registry to help match community members with qualified babysitters.

For Parents Seeking Babysitters: email Cheryl at admin@avonmore.org and she can provide you with a list of teens seeking babysitting work.

For Teens Seeking Babysitting Work:

email Cheryl. To help parents find the best fit for their children, provide some information about yourself. Tell us the neighbourhood you live in, the year you were born, your credentials (Red Cross Babysitters Certification, First Aid, etc.), your availability and your experience caring for children. Don't forget to provide your phone number!

Avonmore Parent & Tot Program

This FREE drop-in program The Avonmore parent and tot group runs every Thursday from 10-12 am at the community hall. We are in the hall we do a mix of free play activities and arts and crafts. Our groups has a mix of small babies and toddlers, so

there is someone for everyone to play with. Coffee and tea provided. For more info, check out our Facebook group by searching "Avonmore parent and tot group" or email parentandtot@avonmore.org. Located at Avonmore Hall: 7902 - 73rd Ave NW.

Pancakes in the Park/Community League Day

Save the date for September 15. Pancakes 10-1 pm with plans for a neighbourhood watch or similar safety presentation afterward. Come join us!

Avonmore Concert Series

We had a successful concert season and are looking ahead to more in the fall. Visit our Facebook Page: 'Avonmore Concert Series' or e-mail avonmoreconcertseries@gmail.com to be kept updated.

LRT Construction Safety

There have been many concerns raised about the safety around the LRT construction, especially around 76 ave and 83 st. If you have concerns about this or any other area, please email vicepresident@avonmore.org.

Bus Routes

There is a lot of change to our public transportation systems right now. The ETS is looking at removing many of the bus routes that go through Avonmore.

Please take a look at the changes at https://www.edmonton.ca/projects_plans/transit/bus-network-redesign.aspx

Youth Club

Join us for our first youth night on Friday, August 10. it will be from 7-9pm, meeting at Avonmore playground. This youth club will be for 10-14 years of age and kids must be allowed to stay by themselves. We will be playing some games of the kids choice, brainstorming ideas for future events, and sharing a small snack. For more information, please contact Leigh at vicepresident@avonmore.org

Avonmore Green Shack

July 3-August 23 Monday-Friday 2:30 p.m- 6:00 p.m. (Flying Eagle will be on site August 20-22)

Free program that targets children ages 6-12yrs. Come join us for games, crafts, sports and more!

Avonmore Garden Club

Our yearly Avonmore Yard and Garden tour was another fun event! Join us on facebook or

Contact Anita for details on future events at president@avonmore.org



Avonmore Summer Fun Camps

The Avonmore League's second summer day camp at Avonmore Hall. Each one involves a little bit of everything: Cooking, art, science, movie making and so much more. The camp runs 10:00 a.m. - 4:00 p.m. daily. Email: jkonrad8@icloud.com for more information or to register.

A Little Bit of That | August 7-10 | 4 days

This camp includes a trip to the TELUS World Of Science. Fee: \$150.00 or \$130.00 for Avonmore Community League Members.

Avonmore Community Playschool

Come join us in September of 2018 for a year of fun and exciting playschool experience.

Classes run Monday-Friday; you can sign up for 2 days a week up to 5 days a week.

Playschool hours 9:00 a.m. - 11:30 a.m.

Small class sizes, with lots of one on one instruction, hands-on learning and music sessions, brought to us by our two great music teachers.

Enriching great little minds more and more each day.

For more information or to register contact Jamie Konrad by phone (leave a message) at 780-465-1941, or email playschool@avonmore.org

Avonmore Yoga

Yoga will take a break for August and September and start again October 2 and 3. Tuesdays at 6:30 pm and Wednesdays at 5:45 pm and 7:30 pm.

Shinny Hockey Spring/Summer

Starts first week in April and continues into September. We play Thursday 9:45 pm at Argyll Area. For more information please email Boris at sports@avonmore.org

Avonmore Book Club

Club meets on Sunday evenings every 4 - 6 weeks. Members take turns picking books and hosting meetings. New members welcome. For more information, contact Anita at president@avonmore.org

There is also the option of making a new club on a different evening if there is interest!

Avonmore Community Swim

Commonwealth Pool (until August 28, 2018) 11000 Stadium Road

Saturdays, 5:00 p.m. - 7:00 p.m.

Outdoor pools are free all day, every day!



Indoor Soccer Registration 2018-2019

Register online now at www.emsasoccerportal.com

You must complete the online registration and attend a registration session with payment and deposit cheques to have you child placed on a team

- Payment – pay online with credit card or bring cash or cheque payable to ESESA
- Volunteer (\$150) and Jersey (\$75) deposit cheques payable to ESESA and postdated Jan 1/19
- 2 copies of your completed online registration forms
- Government issued ID to verify players age
- 2018/2019 Community League Membership Card – begins with #18-_____

Mandatory In Person Registration Dates:

September 8th, 2018 from 1-4 PM at:
HAZELDEAN HALL 9630 66th Ave
OR

September 12th, 2018 from 6-9 PM at:
Bonnie Doon Mall 8330 82 Ave (Tony Roma's Entrance)

Premier Soccer Tryouts September 4th /5th /6th

Tryout Location: South Soccer Centre
*Complete tryout information on our website



Visit our website for Indoor Soccer Season Information
www.emsasoutheast.com

COMMUNITY LEAGUE BOARD

President	Kris	780 720-9003
Past President	Bill	780 934-1558
Vice President	Derek	780 919-5421
Treasurer	Emily	780 566-7669
Secretary	Laura	780 982-9876
Hall Rental	Marzena	780 909-5886
Hall Rental	Maria	780 984-6839
Grants/Planning	Allan	587 989-4031
Casino Coordinator	Derek	780 919-5421
Memberships	Jean	780 863-0914
Programs	Kristin	780 238-7795
Social Director	Heather	780 466-1380
Neighborhood Watch	Jeff	780 469-0026
Southeast Voice	Jill	780 718-7270
Webmaster	Michelle	780 466-1017
Social Media	Jean	780 863-0914
Sign Rental	Patrick	780 995-8818
Renovations	Darren	780 466-1380
Capilano Playschool	Marzena	780 802-9307
Tennis	Daniel	780 245-1285
Soccer Programs	Shelley	780 462-4599
Soccer Programs	Curtis	780 908-3889
Ice Allocation	Jaret	780 720-5582
Hardisty Gym/Preschool Soccer	Shauna D	780 966-3205
SECLA	Shelley	780 462-4599
City – NRC	Tyler	780 690-8613

Meetings are held every 3rd Wed of the month 7:30 p.m. - Sept – June



Capilano Community is on Facebook "Like Us"

Capilano Community Memberships

Need a Capilano Community Membership for September 1, 2018 to August 31, 2019? Available at TGP Grocers (5036 – 106 Ave) and now at Servis Credit Union (Capilano Mall), or contact Jean at 780-863-0914.

Memberships are only \$20 for a Family Membership, \$10 for an Individual Membership, and \$10 for a Seniors Membership, and come with many benefits, including discounted passes at City facilities!

CCL Program Director Needed!

This volunteer position is responsible for planning and coordinating all non-city community program offerings for Capilano Community League (CCL). You will also work with a program committee to implement the program plan. If interested or have questions please contact Kris at K_cramer@telus.net or 780-720-9003.

2018 Capilano Green Shack – until August 23!

The Green Shack program at Capilano Community Park (10810 – 54 St.) for summer 2018 is available

---Monday-Friday from July 3 - August 23. Hours: 2:30-6 p.m.

Onan, our playground leader, is doing a wonderful job delivering FREE playground activities for children 6-12 years old, that include drop in sports, games, activities, and crafts.

Choose Capilano Hall for Your Special Event

If you're planning on hosting a party, meeting, family gathering, wedding or other occasion, then you should check out our hall. Capilano hall offers a perfect location with a one-of-a-kind view of the river valley. The hall has a large balcony, kitchen, new wood flooring, and all amenities are available to make any event special. Hall

capacity is 80. Single weekend daily rates for Friday, Saturday and Sunday are \$225/members and \$300/non-members. The entire weekend rates are \$325/members and \$450/non-members. To book the hall or for more information, contact Marzena – 780-909-5886, Maria – 780-984-6839, or visit our website at www.capilano.info.

Capilano Community League Sign Rental

Contact Patrick at: 780-995-8818 or patrick.ccl@shaw.ca

Do you have a message for the community, a birthday, anniversary, graduation or special event that you would like advertised? Advertise it on our new changeable sign located at the intersection of 65 St and 108 Ave.

Sign rental fees: Community League Members - \$10 (\$15 for non-members)

Small business/commercial advertising - \$25. Guaranteed 3 days

Please note: small business announcements/advertising also accepted at our discretion. Some restrictions apply and we reserve the right of refusal. Community announcements take precedence over small commercial business announcements.

Please call as far in advance as possible to avoid disappointment!

Greater Hardisty Community Fun Day – September 22

Date: Saturday September 22

Time: 10 a.m. – 2:30 p.m.

Where: Goldbar Community League (4620 – 105 Ave)

Free pancake breakfast at 10 a.m., and as always, there will be a ton of activities for families.

Please come out and enjoy the event with fellow Greater Hardisty residents!

Chili Cook-off Saturday October 13!

Date: October 13, 2018

Time: Doors Open at 6:30. Tasting begins at 7:00 p.m.

Location: Capilano Community Hall

Tix: \$10 in advance (includes a sampling of

each chili and sides)

\$2 Cash Bar. Adult only event.

Looking for Chili chefs and fun chili tag line.

Contact Heather ASAPat 780-818-1456.

Hardisty School "I've Outgrown it Sale!" September 29

This is a great way for you to sell your gently used quality children's items including clothing, strollers, baby equipment, toys, books, games, bikes, skis, skates, etc., and we are always in need of vendors with older children's items.

Tables are only \$40 and you get lots of space!

Or just come and SHOP!

Date: Saturday September 29, 2018

Time: 10 a.m. – 1 p.m.

Where: Hardisty School - 10534-62 St.

For more information or to reserve a table (\$40), please email deedeecleangreen@gmail.com or call 780-914-6106.

Responsible Dog Ownership

Many residents of Capilano enjoy their family dog. That enjoyment is attached to responsibility not only to your dog, but to your neighbours as well. As such, being a good neighbour is important in our community. Please be respectful and responsible by:

1. Keeping your dog on a leash and off private property.

2. Not allowing your dog to "No. 1" on private property such as trees, hedges, bushes, flowers, etc.

3. Making sure you "scoop"! Dog ownership and "scooping" go hand in hand. It's not okay to leave it for your neighbor to deal with. Also, don't leave your "scoop" in someone else's garbage can or on top of someone's garbage bags. Take it home and dispose of safely.

4. Staying off of school grounds, sports fields and playgrounds in Capilano. This bylaw infraction can cost you \$100.00 if you are caught by animal control.

5. Minimizing barking. The City of Edmonton website indicates that "Barking is natural for dogs when they are bored, lonely or want to alert their owners of something. However, excessive barking can disturb and upset your neighbours. Make sure your dog is a good neighbour by addressing excessive barking through dog training, socializing, exercising and family interaction".

Let's keep Capilano a great community for all. For more information please refer to the City of Edmonton website (https://www.edmonton.ca/residential_neighbourhoods/pets_wildlife/owning-a-pet-in-edmonton.aspx).

Capilano Babysitting Registry

Attention all parents: If you've ever found yourself stuck for a sitter you should send an email to capilanobabysitting@gmail.com! Its quick and easy to share some info and then who knows, maybe you'll find your family's next favourite babysitter!

Yoga at Capilano Community League

Hatha Flow class - suitable for all levels
Thursday evenings 8:30 p.m.-9:30 p.m.
September 13 – November 1, 2018
(8 weeks)
Price \$100

Please visit www.yogawithdayna.ca for more information and/or to register!

Capilano Playschool Accepting Registrations

Capilano Playschool is accepting registrations for the 2018/2019 school year. We offer a choice of our Healthy Apple (health and wellness) or Christian program. We run morning classes two or three days per week. All classes are for 3 and 4-year olds and include a "Learn Through Play" philosophy that facilitates children learning letters, numbers, socialization and self-regulation skills through physical activity, art and crafts, field trips, stories, music and more. We are located in Hardisty School (10534-62 street).

For more information on our parent co-operative playschool, or to get a registration package, please contact Marzena at 780-802-9307 or capilanoplayschool@hotmail.com; check out our website www.capilano-playschool.com; or find us on Facebook! Hurry as space is limited!

Be a Capilano Community Park Helper!

We can keep our park clean and safe with everyone's help. Please use the litter bins and encourage others to do so. Sand on the sidewalk is slippery – if you are feeling ambitious and know that you are going to be hanging out at the park for some time while your children play, then feel free to bring a broom and sweep the sidewalks. It's great exercise! Thank you to those who have already been helping to keep our park safe and clean!

Capilano Playschool 6th Annual Splash & Slide Fundraiser!



Saturday, November 17 from 7:30 p.m. - 10:30 p.m.

West Edmonton Mall Waterpark

Support your community playschool and enjoy a fun family night at the waterpark at a great price!

Early bird tickets are just \$13 until October 12! This event sells out every year!

For more information, or to purchase tickets, call 780-802-9307.

Also, it is wonderful to see the spray deck being used on warm days – what a great addition it has been to our Park! However, please consider refraining from pressing the spray deck "on sensor" if you or your children are not planning on going into the water on a cooler day. For health reasons (children sometimes drink it), the water flowing out of the spray deck is fresh water (not recycled). Only press if you're going in! Thanks!

No Mosquitoes, Rain, or Snow

In a city where it's seemingly winter eight months a year, the benefits of indoor soccer are pretty obvious. Games are short and sweet— one hour of fast-paced, nonstop action.

Indoor soccer registration for the 2018–19 season has commenced. Please complete the online registration at emsasoccerportal.com, and then plan to attend one of the in-person sessions which will be soon confirmed on the soccer portal.

Please contact hardistysoccer@shaw.ca if you have any questions.



FREE Swim for Capilano Community Members

Bring your current, valid Capilano Community League membership card to swim for FREE during the following time:

--Hardisty Fitness & Leisure Centre from 1:15 to 2:45 p.m. on Sundays

The indoor community swim program runs from the second weekend in September until the end of June. Check the facility website or call ahead (311) as the pools occasionally close for holidays, etc.

FREE Swimming at City's Outdoor Pools!

This summer, all outdoor swimming pools are open from approximately the May long weekend to the September long weekend (weather permitting) and offer FREE access for the entire 2018 season.

Please note: Closures are determined by temperature (below 18°C), extreme weather (stormy, heavy rain, lightning / thunder), and bookings. Outdoor pool status is updated daily at 10am and 2pm.

Another Fun Season!

Hardisty Soccer just completed the 2018 outdoor season with 20 teams giving the youth in our communities a great experience. Many thanks to the volunteers, especially the coaches, without whom community soccer would not exist.



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Kids, Evening Mixed & Senior Leagues

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www.bonniecoonbowling.com



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Or Special Event!

Edmonton Folk Music Festival Vehicle Passes & Community League Memberships

For residents with valid government issued photo identification, parking and vehicle neighbourhood access passes will be distributed by Cloverdale Community League volunteers at these times:

Tuesday, August 7, 2018 from 5:00 PM to 9:00 PM

Wednesday, August 8, 2018 from 5:00 PM to 8:30 PM

at the Bennett Environmental Centre, 9703

94 Street.

For Parking and Vehicle Neighbourhood Access Pass Questions, please contact the Cloverdale Community League Folk Festival Liaison and Parking Committee at 780-851-7376 or email to parking@cloverdalecommunity.com.

Community League memberships will also be on sale during these times. Get your membership now and get involved.

Cloverdale Community League Casino

Mark your calendars to volunteer for the upcoming Cloverdale Casino on September 6 and 7, 2018 at Casino Edmonton (Argyll) at 7055 Argyll Rd NW. Our casino is a 2-day event that runs from 9:00 a.m. until 4:00 a.m. We need up to 48 volunteers in various positions. Many Cloverdale residents have already signed up, but there are still some vacancies.

The casino is an important source of revenue for the Cloverdale Community League. It's a great opportunity to get acquainted with new neighbour and catch up with old friends. Contact our Casino Coordinator, Bev Bennett at casino@cloverdalecommunity.com to sign up for volunteer time slots that are still available. See you at the casino!

Cloverdale Community League (CCL) Annual General Meeting (AGM)

The next CCL Annual General meeting is scheduled for 7:00 PM on Monday, September 24, 2018 at the CCL hall. Join your friends and neighbours to celebrate the achievements of the last year. Find out about plans for the

coming year. The AGM is a great opportunity to find out about the community building efforts of the CCL and how you and your family can make a contribution to making Cloverdale the wonderful, liveable community it is.

Cloverdale Community League (CCL) Board of Directors Vacancies

The CCL board prides itself succession planning and renewal. New volunteers bring new ideas and new perspectives. The CCL prides itself on being an open and inclusive organization and we value fresh faces around the board table. We're currently accepting nominations for the following two-year terms:

- Vice-President
- Secretary
- Treasurer (financial background preferred, but not necessary)
- Civics

- Programme
- EFMF Liaison Chairperson
- Communications

We've already received nominations for the EFMF Liaison Chairperson and Communications. However, there are still several interesting and exciting opportunities. Please contact Reg at president@cloverdalecommunity.com to find out more about these opportunities, position description and time commitments. We're looking forward to your participation.

Cloverdale Community League Fall 2018 Programmes

FREE to Cloverdale Community League members Programs at Cloverdale:

Please Sign up for the Fall Sessions programs email: rentals@cloverdalecommunity.com

Registration deadline is August 15, 2018
 Minimum of 6 participants- Maximum 12
Zumbinni, Mondays @ 5:15-6 pm (6 weeks)

September 10 - October 15. Parents have fun with preschoolers through play and music games with Mariela Jara. Class bundles must be paid for by each family \$35.

Non-members \$120 plus \$35 bundle cost.
Barre Class, Mondays @ 7:00-8 pm (8 weeks)

September 10 - November 5 (no class on October 8)

Bring yoga mat, small weights and water. Barre infuses elements of dance and ballet to achieve beautiful healthy bodies, while improving postural balance, flexibility, coordination and grace with a combination of movements that improve balance, and challenge the core, with Kim Ashley. \$72 non-member fee.

Sportball Tuesdays (12 weeks) Sept. 18 - Dec. 18

(omit October 9th and November 13th) non-members \$150

9:15-9:45 am: 16 months - 2 years (PARENTED)

9:45-10:30am: 2-3 ½ years (PARENTED)

10:30-11:30am: 3-5 ½ years (UNPARENTED)

5:45- 5:30 pm 2- 3 ½ years (PARENTED)

5:45-6:45pm: 3 ½ -5 years (UNPARENTED)

6:45-7:45pm: 5-7 (UNPARENTED)

If there are not enough kids registered to run all the classes, we will run just one option, either the morning or evening.

Yoga Tuesdays @ 8-9pm. 8 weeks

September 11 - October 30. Bring your yoga mat for gentle stretching Hatha Yoga

with Kerri Gladwin. Ball and blocks (provided) often incorporated into challenging poses.

\$72 non-member fee.

Pilates Plus Wednesdays @ 9:30-10:30 am.

September 12 - October 31. Bring yoga mat, athletic shoes and pair of weights. Join us for a whole-body workout that includes components of cardio, strength and classical mat-Pilates with Lynn Lindsay. \$72 non-member fee.

Beginner Guitar Class for adults

Wednesday 7:00 pm - 8:15 pm. 5 weeks October 3,17,24,31 and November 7. Bring along your own guitar and be amazed that you can play songs right away. Course cost of \$10 for materials. Bob Z brings his 25+ years of teaching experience. (Guitar rental available \$30)

Zumba Kids

Thursdays @ 5:45 pm - 6:45pm. September 6 - October 25. Bring inside runners and water bottles and loose clothes for dance moves Zumba style. \$72 non-member fee.

Zumba Juniors

Thursday @ 6:45 pm - 7:45 pm. September 6 - October 25. For the more experienced Zumba kids. Learn Zumba dance moves and routines. Bring indoor runners and water bottle. \$72 non-member fee.

Barre Class

Thursdays @ 7:55-8:55 pm. September 6 - October 25th. (8 weeks) Try out our experienced local fitness instructor CAT Lam. Barre class with a focus on muscle toning, endurance training and core, done to upbeat music. Bring water, yoga mat, and light weights. \$72 non-member fee.

Yoga

Friday @ 9:45 am -10:45 am. September 14 - November 2.

Bring your yoga mat for gentle stretching Hatha Yoga with Kerri Gladwin. Ball and blocks (provided) often incorporated into challenging poses. \$72 non-member fee.

Clubs

Book Club is ongoing monthly on Mondays @ 7:30pm.

Art Club starts Sept 19, 2018; Tuesdays in the lounge 1:30-4:30 pm. Develop the artist in you by joining the CCL Art Club, mentored by Karen McFarlane. Karen will conduct a series of lessons running for the first part of each meeting or will arrange for specialists to come in and demonstrate, as the club might desire. We are also hoping to take part in such activities as gallery visits or art walks and perhaps sketching trips. No prior art lessons required. Just bring whatever you are working on or whatever you might want to learn. Pencil and paper are good to start with. There is no cost other than buying your supplies. For more information, contact Karen McFarlane at 587-524-3560 or kpm-

cfarlane@shaw.ca.

Game Club: Drop in at the hall on Wednesday evenings 7-9 pm.! Bring along your favourite game and enjoy the company of other Cloverdale gamers! All ages are welcome. If the lounge is booked, tables can be set up in the hall beside Ping-Pong! Starting November 7th.

Ping-Pong Club: Wednesday night Ping-Pong starts November 7th 7-9pm. Two Ping-Pong tables are available for players of all ages and skills! You get better by playing!

Cloverdale Sustainable Energy Project
 See this link for content < <https://efcl.org/events--projects/green-leagues/spotlight-cloverdale/>>

Submitted by: R. Kontz, President
 2018-07-30

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- Full day care for PD days/some school holidays

All care is provided by a child care team of Level III supervisors, the highest level of early childhood education.



Ottewell Curling Club



New Team/New Individual Incentives

- **Sunday Open** 10 am - weekly
- **Thursday / Open League**
(Teams or individuals welcome, non-competitive)
- **Tuesday Evening Ladies** (6:30 pm)
(Ladies teams or individuals welcome)
- **Monday and/or Wednesday Open** - No late draws (Ladies teams welcome, non-competitive)
- **Friday Mixed** (New team discount)
(Teams or individuals welcome, non-competitive)

**All Leagues Teams
&
Individuals
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Ottewell Curling Club
4205 102 Ave NW
(P) 780-469-8404 (E) ottewellcc@shaw.ca
(W) www.ottewellcurlingclub.com



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Membership perk alerts

Our monthly community coffee date at Second Cup is on hiatus for now. Thanks to those who have supported it for the past year.

Our latest perk for members of Forest Terrace Heights Community League is a 10-per-cent discount from Premier Painting on all their painting and staining services. Call 780-721-4771 or visit premierpaintingyeg.com.

Members get free membership in the Edmonton Tool Library, too! This allows you to borrow up to eight items per year from a large inventory of hand, power and yard tools for a week at a time. To claim your membership, visit the tool library location at the Bellevue Community Hall (7308 112 Avenue NW) and bring photo identification and your community league membership card.

Once a month, we randomly select a community-league member to receive a free bouquet of fresh flowers from Grower Direct, our neighbourhood florist at 7231 101 Ave.

Show your card at Real Deals, the home decor store at 7115 101 Ave, and receive 10-per-cent off!

Your membership also gets you a free swim at Hardisty Pool every Sunday from 1:15 to 2:45 p.m., and every Saturday from 5 to 7 p.m. at Commonwealth Fitness Centre. At Commonwealth, you can also use the gym. Four of the city's outdoor pools will have free admis-

sion again this summer, from May to September.

Members get a discount on rental of our community hall, now with a new sound system. It's a perfect location for children's birthday parties, family reunions, fundraisers, meetings, exercise classes and more. A four-hour rental is \$110 for non-members and \$80 for members. A full day is \$230 for non-members and \$180 for members. For more information or to book, visit our website at forestterrace.org.

Red Pepper Pizza & Donair at 7256 101 Ave. offers members 15-per-cent off any regular order.

Fargos Restaurant & Pub at 5804 Terrace Road offers a 10-per-cent discount on food and beverage when you show your membership card.

Pick up a membership anytime at Shaheen Grocery & Bakery (10130 79 St NW), Grower Direct (7231 101 Ave NW), SEESA (9350 82 St NW) or online at efcl.org/membership. Families pay \$30, individuals \$15, and seniors just \$10.

New to the neighborhood or know someone who is? We'd love to give a warm welcome with a FREE membership! Contact Sonya at membership@forestterrace.org to find out how.

Yoga Wellness

The Therapeutic Choice
#10, 8925 - 82 Ave.

FALL 2018

September 10th to December 13th

Monday

5:30-7p.m. *Cultivating Calm
7:15-8:45p.m. Plus-size

Wednesday

10-11:30a.m. Therapeutic
5:30-7p.m. Therapeutic
7:15-8:45p.m. Therapeutic

Thursday

10-11:30a.m. Plus-Size & Chronic Disease
5:30-7p.m. *Yoga For Sleeplessness
7:15-8:45p.m. Yin Therapy

Monday Group - 12 weeks - \$239
Tuesday 10a.m to 8p.m. Individual Private Sessions
\$89 per session or 3 for \$240
Wednesday or Thursday Group - 13 weeks \$259

Drop-In \$22
*No drop-ins for specialized classes

NO CLASSES - October 8th &
October 22nd to October 25th

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MEMBERSHIP TOUR

The wait is over.

The much-anticipated FPCL Membership Tour is back, and is filling up fast with amazing volunteers like you eager to welcome neighbours to the Community League with memberships designed to help make their lives easier.

It's true: the Membership Tour prevents families from scrambling at the last minute to register for sports, skate at the rink, or toss their spring-cleaning.

And it also provides much-appreciated funds for events, Hall and Rink maintenance, and activities.

Be a part of the action, meet new friends,

and reconnect with ones you haven't seen since last weekend. The Membership Tour involves selling memberships door-to-door for a small section of the community, usually in the vicinity of your home. The League will supply you with all your materials and instructions on how best to manage memberships sales.

We hope to complete our Membership Tour in early September. The time you commit can be entirely up to you!

Volunteer now to sell memberships for Fulton Place Community League.

Your community, and your neighbours, will thank you.

Hall Rental

The hall is a great place to hold family, social or business functions. The rental rate is competitive, with discounts for Fulton Place community league members.

For availability, pricing, and viewing please email sherry-lynn@fultonplace.org or call 780.466.8140. We will return your message within 48 hours.



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BACK TO CHURCH SUNDAY



11:00am — Family Worship Service
12:00pm-2:00pm — Free Lunch, Games, Activities, and Registration for Fall Programs

9115—75 Street NW
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Suzuki Charter School

A public school committed to academic, personal & musical excellence.

Welcome Back!

Suzuki staff, parents, and students are excited to be back to classes starting on

Wednesday, August 29th, 2018.

Let's all learn and play in harmony and keep our students safe. Remember to:

- Use the crosswalk and follow AMA Patrollers to cross the street
- Slow down and watch for children in the street and crosswalk
- Park on the school side of the road to keep traffic flowing
- Make sure you are not blocking driveways when parking
- Observe and obey all City of Edmonton traffic and parking signs

School office re-opens Monday August 27th at 8 am.

Enjoy the rest of your break and see you on August 29th!

10720 - 54 Street

www.suzukischool.ca

780.468.2598



Do you want to sing in a choir? New members are welcome for the 2018/2019 season.



Edmonton Columbian Choirs has 2 choirs for young people that rehearse Tuesday evenings in the Fulton area at Grace United Church. The Young Columbian Choir is for boys and girls aged 6 to 12, and "Vocal Motion" is for ages 12 (grade 7) and up. Also an auditioned group for young adults with choral experience - contact Elaine Dunbar for an audition.

Registration is Tue. Sept. 4, 2018, 6:30 - 8:00 p.m. at Grace United Church 6215-104 Ave.

For more information, please contact Elaine Dunbar at 780-461-1539, or email: dunbarstudio@gmail.com

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**Splash safely
this summer**



Summer and water go together like peanut butter and jam—how can you have one without the other?

Summers in Canada are earmarked for outdoor fun, such as swimming, boating and other water-related activities. As pleasurable as water can be, it has some serious risks. Here's how you and your family can reduce them.

Pool safety:

- Teach your child to swim. Always closely supervise children when they're in and near water.
- Have adequate barriers around backyard pools to keep everyone safe and secure.

Open water safety:

- Teach children to swim parallel to shore if caught in a water current.
- Never allow children to swim in a lake if an adult is not present; be within arms' reach at all times.
- Never let small children swim in rivers or other fast-moving water.

Boating safety:

- Life jackets are mandatory for all children and adults in Alberta while on a boat.
- Blow-up water rafts, mattresses or other devices are not safe replacements for a life jacket.
- Make sure your life-jackets are the right sizes for you and your children.

Diving safety:

- Diving headfirst into the water is not safe for children or adults without proper training and confirming water depths.
- Enter backyard pools, lakes and other bodies of water with unknown depths gradually and feet-first.

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Missing

Missing: since July 6th very friendly 3-year-old cat (ragdoll/tabby).




Has BLUE eyes, and prior to going missing was given a LION haircut. He will have shorter fur on his body with full fur on his paws (brown), head (seal point, brown markings) and the end of his tail (grey... shaved and looks like a bob at the end). He had a collar on, but it came off. He is neutered, NOT microchipped or tattooed

If you have any information, please call Anastasia at **780-445-0545**.




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The PYP is a curriculum framework designed for students aged 3 to 12. It focuses on the development of the whole child as an inquirer, both in the classroom and in the world outside. It is defined by six transdisciplinary themes of global significance, explored using knowledge and skills derived from six subject areas, with a powerful emphasis on inquiry-based learning.

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 <p>NEW PRICE KellyGrant.ca</p> <p>* Renaissance Place: concrete high-rise top floor unit, excellent views! Many upgrades & building amenities. U/G Parking, Immed. Poss. - Only \$209,000!</p>	 <p>NEW LISTING</p> <p>* INVESTORS: Prime location near U of A. 2100+ sqft, 5+ BDRM, 4 full BATH. Large lot & Double Garage. List Price: \$649,800. Status: PENDING</p>	 <p>NEW PRICE</p> <p>Special opportunity in Queen Alex! Custom built, great condition, spacious, plus library! Two garages & extra RV parking. Lot is 54' x 132'. Price: \$729,000.</p>	 <p>SOLD</p> <p>Immaculate Condition Substantially Updated 2-Storey in Wild Rose! Long list of interior and exterior upgrades. Picturesque & private yards. Price: \$487,000.</p>	<p>FOR SALE</p> <p>MaxWell</p> <p>KELLY GRANT 780-414-6100</p> <p>VIEW CINEMATIC VIRTUAL TOUR at KellyGrant.ca</p> <p>WHERE REAL ESTATE HAPPENS</p>
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My staff and I are at your service. The Edmonton Gold Bar constituency office is here to:

- Provide information about provincial government programs & services
- Assist you with questions or difficulties with governmental services
- Participate in local community events
- Share ideas

100-8925 82 Avenue
780.415.1015
edmonton.goldbar@assembly.ab.ca

Honourable Marlin Schmidt
MLA Edmonton-Gold Bar




Linda Duncan

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Contact my constituency office for assistance with:

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\$140 twice/week, \$70 once/week or \$12 drop - in
Circuit style class with lots of modifica-

tions. Focus on pelvic floor health and wellness. Kids welcome to play, sit in strollers or be worn. Anyone without kids is also welcome. Instructor: Lisa Shorten 780-221-9857 or lisahortenfitness@gmail.com or on Facebook.

Volunteer needed: Communications

Alert! This section of the SEV may be blank next month if I don't find someone to pass the torch to. If you are the tiniest bit willing to help members of Gold Bar Community stay informed of events in their community, PLEASE join the Gold Bar executive as the Communications Director. This position entails attending the monthly meeting (first Monday each month), collecting and submitting info to the Southeast News (10 times/

year) and posting on our page on Facebook (weekly). There are also 281 people subscribed to receive electronic emails through MailChimp, which is a super user-friendly program (sent out maybe 3 times/year). I am resigning after 14 years working with many wonderful volunteers on the Gold Bar Community Executive and would love to teach you this job! Email me sondiamber@gmail.com. Thanks!

SOCCER CHAMPIONS

Following an undefeated regular season, the Gold Bar-Hardisty U15 Girls team won the gold medal at the EMSA City Championships in early July and a bronze medal at

the Provincials tournament in Calgary over the July 20-22 weekend. Congratulations to coach Mitch Ulmer, assistant coach Brett Pomroy, and the team on a fantastic season!

Community League Memberships Benefits

Show your membership card at Hardisty Pool on Sundays from 1:15 - 2:45 pm to participate in a community swim. And on the second Tuesday of every month, with your membership card, you can receive a FREE

hot beverage (coffee, tea or hot chocolate) at Blues Java café between the hours of 7 - 11 am. Please bring your card. You can purchase memberships at Blues Java Cafe or at the Gold Bar TGP. Adults/family: \$20 and Seniors: \$5

SEV Submissions

Email sondiamber@gmail.com to submit info to this publication by 23 SEP 2018.

Gold Bar Green Shack!

July 3 – August 23
Monday – Friday 10:00am – 1:30pm

This is a FREE drop-in program sponsored by our city and supported by our Community League. Our Program Leader will be at the playground to organize games, crafts, sports, activities, and special events for kids aged 6-12. Children under the age of 6 are welcome, but must be supervised by a parent or guardian at all times.

Rafting Report

A big thank you to River Watch, a non-profit organization who specializes in rafting and education, for running an enjoyable river tour for members of our community on sunny July 29. A report from a happy participant: "What a fantastic way to spend a Sunday morning! Our guide was knowledgeable about the river, its ecosystems, the waste treatment plant and how our city affects the river. He also taught us a lot about the history of the river as we went down. I think my favourite part was seeing the crushed car from the old city dump. I've gone past it many times on my kayak and never noticed it. This activity is suitable

It's a great opportunity for friends to meet up at the park and be led in fun adventures. If you have a fun game you want to share, let the Program leader know – they are there to make your summer fun!

Flying Eagle will be on site August 20-22. Special staff will come out and share Aboriginal games and activities to accentuate the program. It's a really great way of acknowledging we are on Treaty 6 Territory and sharing some culture.



for all ages and abilities. I think this sort of program is very valuable to both adults and children in the city both as a recreational and learning activity. I hope they continue doing this next year!"

Community Fun Day

Saturday, September 22 from 10-2 is our Greater Hardisty community party at Gold Bar Hall. Join us for a free breakfast, and fun for all. Details in the graphic in Gold Bar's section.

Gold Bar Playground Celebration and BBQ

Students of Gold Bar Elementary School and children from the greater community are enjoying the new playground in Gold Bar's schoolyard.

Join us for a Ribbon Cutting Ceremony and BBQ to celebrate this wonderful addition to the area!

Thursday, September 13, 2018
Ribbon Ceremony @ 5pm
BBQ to follow

This is also part of Gold Bar School's Welcome Back Celebration.

Parents and students will be meeting teachers and seeing the newly renovated general office, as well as all of the new furniture that Gold

Bar is receiving from the school board. We are so proud of our school and happy to share it with everyone. It is our hope that community members will take a moment to walk through the school and see some of these impressive changes.

Upcoming Bingo Dates

To volunteer at bingo, call Lorie @ 780-447-1110.

Fort Road Bingo:

Thursday, October 18, 2018 - Afternoon & Evening

Parkway Bingo:

Saturday, August 18, 2018 - Evening & Late Nite

Monday, September 3, 2018 - Evening & Late Nite - Anniversary Special

An invite to Capilano, Fulton Place and Gold Bar community residents
to the 2018 Community Fun Day

greater Hardisty
**community
fun day**

**Saturday,
September 22 10-2pm**

Gold Bar
Community League
4620 105 Avenue



- 10am FREE **pancake breakfast**
- 11am + 1:30pm **Dynamo Dogs** Agility Demo
- **Cash BBQ** by Young Life
- **Kid Craft Zone** (sponsored by Andy Verhagen and Gold Bar All Care Pharmacy)
- **Petting Zoo**
- **Bouncy things**
- Donate to **Food Bank** to be entered in a draw.

A big **THANKS** for financial support and displays to Strathcona Industrial Association, Celanese, Enbridge, Epcor and Imperial Oil.



Play soccer for health, wellness – and fun

Soccer has been dubbed “the world’s sport” for a reason. A recent survey by FIFA, soccer’s international governing body, found it’s a pastime shared by 265 million players around the globe. That’s about four per cent of the world’s population.

This summer many of them will watch the FIFA (Fédération Internationale de Foot-

ball Association) World Cup in Russia. And they’ll take to streets, parking lots, empty spaces, backyards and beaches to play the game.

One of the great things about soccer is you don’t need to break the bank to play it. “Soccer is inexpensive if you want it to be. It could be as simple as two kids in a park with a ball,

having fun, or better still, playing with their parents,” says John Clubb, the Alberta Soccer Association’s manager of Grassroots Development.

For children under six, it’s about gaining the fundamentals of physical literacy: running and kicking. From seven to nine, it’s about ball mastery: foot dribbling the ball while running and weaving through opponents. Most of all, it’s about fun!

Children focus on developing their own skills and that gives them a chance to explore parts of the game. “So let them be and encourage them to have fun with the ball,” Clubb says. “At 10 to 12 years old, they are old enough to be introduced to team play and passing the ball.”




Whatever your or your children’s age and ability, playing some form of soccer can add to physical, social and emotional health and wellness.

Players can reduce the risk of injury by warming up before playing and by wearing protective equipment, such as shin guards.

Christina Loitz, a health promotion facilitator with Alberta Health Services, says soccer helps brain function, coordination, balance, gross motor skills and stress reduction.

“It can also help children build confidence, social skills, leadership, creativity, and a life-long enjoyment of being physically active,” she says.

Excerpted from the Summer 2018 issue of Apple magazine.

Back to school safety

Alberta Health Services EMS would like to remind parents and students about some road safety tips, as streets become more congested, with the return of the school year. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Avoid talking on cell phones, texting, or any other behavior that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Remember, it is illegal to pass vehicles - other than those that are parked - in school zones or playground zones, during posted hours.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- Make eye contact with all drivers before crossing the street, and keep distractions to a minimum;
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop;
- Stay within the crosswalk lines until fully clear of the roadway;
- Obey pedestrian lights at intersections. Cross the street only when you see the ‘walk’ sign and only when all cars have come to a complete stop;
- If you are with young children or pets, hold your child’s hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise;
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

www.albertahealthservices.ca



Jenny McAlister

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HOLYROOD COMMUNITY LEAGUE CONTACTS

President	Wendy	president@holyroodcommunity.org
Vice President	VACANT	vicepresident@holyroodcommunity.org
Treasurer	Claire	treasurer@holyroodcommunity.org
Secretary	Alison	secretary@holyroodcommunity.org
Programs	VACANT	programs@holyroodcommunity.org
Sports & Fitness	Sheryl	sports@holyroodcommunity.org
Memberships	Jessica	memberships@holyroodcommunity.org
Facilities & Grounds	Andrew	facilities@holyroodcommunity.org
Communications	Jenn	communications@holyroodcommunity.org
Social	VACANT	social@holyroodcommunity.org
Civics	Dave	civics@holyroodcommunity.org
Holyrood Development Committee	Jaime	hdc@holyroodcommunity.org
Director at Large	Justine	casino@holyroodcommunity.org
Casino Coordinator	Justine	casino@holyroodcommunity.org
Soccer Coordinator	Jared	soccer@holyroodcommunity.org
Playschool Coordinator	Jessica/Melissa	playschool@holyroodcommunity.org
Playgroup Coordinator	Jessica	playgroup@holyroodcommunity.org

Website: www.holyroodcommunity.org Twitter: @HolyroodCL

Facebook: Holyrood Community League

Complimentary memberships are available for newcomers to Holyrood. Contact our Membership Director at memberships@holyroodcommunity.org. Purchase memberships at SEESA (9350-82 St), through efcl.org/membership/, at Servus Credit Union locations, or at most Holyrood Community League events.

Volunteers Needed!

We are still looking to fill some crucial roles on our board - the directors who make our fun programs and events happen! Email president@holyroodcommunity.org if any of these positions interest you, or if you would to volunteer in another way.

Program Director

Oversees the league's regular programs including Play School, Playgroup and Green Shack., and organizes new programs (e.g. Learn to Paint, Babysitting Course, Brewing Probiotic Beverages) according to community interest.

Social Director

Manages all matters related to the social activities of the league, including Big Bin rental, dances, parties, barbecues and other

special events. Chairs the league's Social Committee, which plans an annual social calendar, organizes events and recruits volunteers.

Our board meets monthly, with 3-5 hour/week of work outside of board meetings. We offer orientation for new board members (including Google/G Suite) and a supportive environment of mentorship. In addition to their specific duties, all board members are part of the team that sets the vision for the league. At our 10 monthly board meetings and annual planning session, we are all involved in discussing matters of policy, finance, programs, personnel and advocacy. Visit www.holyroodcommunity.org for detailed descriptions.



HDC Updates

Holyrood Gardens

A Public Hearing was held for Holyrood Gardens' revised development proposal on July 9, 2018. Eight members of the Holyrood Development Committee spoke against the proposal, along with two community members. HDC presented outstanding issues to council and requested several amendments to address ongoing community concerns. The proposal passed with the following amendments:

-Edmonton Design Committee review at each subsequent design phase;

-Wind studies on all building over 20 metres, with design features added to mitigate any impacts;

-20% of the development's family-friendly housing built on the south half of the site, during the first phase of development;

-Separate "sunset clauses" for each half of the site, where the south portion of the development must be started within 10 years, and 15 years for the north half;

-Entering good faith negotiations for a Good Neighbor Agreement between Regency Developments and both Holyrood and Strathearn Community Leagues (communication, of proposal concepts, development permits and construction protocols; league review of landscape plans, Transportation Impact Assessment, wind and sun impact studies);

-Setting directional flow of parkade ramps, removing left turns and facilitating making alleys one-way (for the north half of the site), and including community involvement in the next Traffic Impact Assessment;

-Investigating options for traffic-calming measures such as parklets, which could provide landscaping, seating, and bike parking, between 83 Street and the alley behind the site.

Amendments requested for 60 2 bedroom + den suites, and a maximum unit distribu-

tion of 700 units on each half of the site (up to 1200 total units) were not passed.

Since its ratification in April 2017, Holyrood Development Committee has devoted the majority of its time and resources to work on the Holyrood Gardens project. Community members and stakeholders all came together in various ways and provided generous donations of time, ideas, funds and resources. The truly generous and caring nature of our community was showcased. An enormous THANK YOU to everyone who has helped and supported this process. We have shown that when communities come together they can help to change things. Although the proposal may not be everything that the community had hoped for, we were able to bring insights of the community to the table that helped to improve not only the Holyrood Gardens proposal, but the city's process around transit-oriented development, large-scale development, and community engagement with such proposals. Together, we have all helped to make a difference in our community and our city!

8302 95 Avenue

Urbis Developments has submitted an application to rezone 8302 95 Avenue (east of St. Luke's Church). The proposed DC2 is based off of the RA7 zone with some minor changes, taking in to account the Transit Oriented Development zone. The developer and their consultants met with members of HDC and representatives from the church prior to submitting the application, seeking and incorporating our feedback. They have provided an information package with details of the proposed development - visit the HDC website (<https://holyrooddevcomm.wordpress.com/>) for more information. HDC will be submitting final comments on the proposed development to both the developer and the planner on file.

Rink Rebuild Update

We are pleased to announce that our rink rebuild project has been approved by the City of Edmonton planning department and is moving forward! We are still working through a number of important items leading up to construction including obtaining the necessary permits from the city and finalizing the funds from the city's Community League Infrastructure Program.

If you are interested in volunteering for the rink rebuild, email rink@holyroodcommunity.org!



Green Shack



This free, drop in program is led by City of Edmonton staff. Each day will be filled with games, sports, crafts, music, drama and special events. Come join in the fun!

Ages 6 - 12 years

Located at the Holyrood Park/Playground Program runs July 4th - August 24th, 2018 Monday - Friday, 10:00 am to 1:30 pm

IDYLWYLDE COMMUNITY LEAGUE CONTACTS

President	Kate	presidentidylwylde@gmail.com
Vice President	David	vpidylwylde@gmail.com
Treasurer	Monique	treasureridylwylde@gmail.com
Secretary	Corrina	secretaryidylwylde@gmail.com
Casino/SECLA	Bridget	casinoidylwylde@gmail.com
Civics	Lee	civicsidylwylde@gmail.com
Programming	Kamila	kamilaidylwylde@gmail.com
Membership	Michelle	membershidylwylde@gmail.com
Garden	Epiphany	gardenidylwylde@gmail.com
Facilities	Stuart	facilitiesidylwylde@gmail.com
Social	Mick	socialidylwylde@gmail.com
Publicity	Rachel	communicationsidylwylde@gmail.com

To contact us, please do so by email or by leaving a message at 780 466 7383. Like and follow us for the most up to date news. Search Idylwylde Community League on Facebook and @IdylwyldeCL on Twitter. You can also visit us at www.idylwylde.org and sign up for our e-newsletter.

Bonus Meeting!

We are having an extra meeting this year in August. On the 7th, come by the hall at 7pm to welcome the new board members and to plan our neighborhood party!

Hall Rentals

We are taking a hiatus from renting our hall until we find a new rental coordinator. Please contact Kate if you have any questions or would like to help out in this role.



Ben Henderson
Councillor, Ward 8

Contact me on city issues

ben.henderson@edmonton.ca | 496-8146

Little Free Library



Walter, our local librarian wants you to take his books! Visit our Little Free Library over at 7932 83 Avenue, come a grab an exciting book from the collection, or drop off one of your favorites that you think someone else may enjoy!

Annual General Meeting Update

This year's AGM was a huge success; we have a complete board for the upcoming year and a lot of great new ideas and energy! Keep your eyes peeled for some

great new things coming to your community from this great group of volunteers working to make our community a great place to live!

Community League Day Neighborhood Party!

On September 15, 2018, Idylwylde will join the other 156 community leagues in Edmonton celebrating something uniquely Edmonton-Community League Day! Did you know that community leagues are

unique to Edmonton? Keeps your eyes on your mailboxes, emails, and social media for more info on what we are planning for this special yearly celebration of all things community.

Block Party

Last year Idylwylde hosted its first ever block party (thanks Lee!) If you were there, we do not have to tell you how much fun it was! Bands, food and good times were enjoyed by all and we are planning another great one this year. We will have more info to share with you all soon (in-

cluding a firming of our tentative date of August 18th), so make sure you follow us on Facebook or Twitter and sign up for the newsletter at Idylwylde.org. If you are interested in helping plan this event, please send an email to monique.merchant@gmail.com.

Cheery Tomato Community Garden

Have you stopped by the community garden lately? Please only pick from the designated "U Pick" bed, that the garden crew has graciously grown for us all to enjoy! Be patient with the root vegetables though, they won't be ready until late Au-

gust. Want to take a bigger share of the bounty? We are always looking for new gardeners. Please Contact us at gardenidylwylde@gmail.com if you would like to join our awesome gardening crew!

Program Calendar: 2018 Fall Classes

Classes are free of charge for Idylwylde Community League members. Please remember to bring your ICL membership card. Membership cards will also be available for purchase at classes.

Fall into Fitness Class

Instructor: Kelly Bray
Wednesdays: 7:00 pm - 8:15 pm
Start date: September 19, 2018
End date: December 5, 2018
(No class on October 31)

A complete conditioning program; an active class that strengthens your body from head to toe and keeps burning fat even after class! You'll develop your balance, coordination, aerobic fitness, strength and flexibility through resistance training, intervals, power moves, plyometrics and endurance activities to help us get and maintain a fit body in a safe and fun environment.

A pair of runners, a mat and a water bottle is all you need. Dress comfortably as you are going to sweat!

Community League Swim

Swim is free of charge for Idylwylde Community League (ICL) members. Show your ICL membership card to enter the pool.

Commonwealth Community Recreation Centre (11000 Stadium Road)
Saturdays: 5:00pm - 7:00pm
Start Date: September 30, 2018
End Date: August 25, 2018

Pilates Mat Class

Instructor: Kelly Bray
Mondays: 7:00 pm - 8:15 pm
Start date: September 17, 2018
End date: December 3, 2018
(No class on October 8 and November 12)

Pilates is a system of controlled exercises that engage the mind and condition the whole body. The blend of strength and flexibility training improves posture, reduces stress and creates long, lean muscles without bulking up. Pilates takes a balance approach so that no muscle group is overworked and the body moves as an efficient, holistic system in sport and daily activity. The heavy emphasis on abdominal strengthening is a necessity and the class is designed for every fitness level. Kelly Bray is a certified Pilates instructor and have many years of teaching experience. All that is required of you is to show up with a yoga mat to enjoy the Pilates experience.



Hardisty Leisure Centre
(10535 65 Street)
Sundays: 1:15 pm - 2:45 pm
Starts again in September 2018

KCL League Contacts

Executive			
President	Ian	780-717-3578	president@kenilworthcommunity.com
Vice President	Irene	780-695-2009	vicepresident@kenilworthcommunity.com
Secretary	VACANT		secretary@kenilworthcommunity.com
Treasurer	Colleen	780-469-7661	treasurer@kenilworthcommunity.com
Bldgs & Grounds	Dan	780-469-2019	
Bldgs & Grounds	Terry	587-983-6848	
Membership	Rebecca	780-982-5885	membership@kenilworthcommunity.com
Senior Programs	Loida	780-953-1062	
Children's Prog.	VACANT		
Summer Programs	Alma	780-469-2019	
Capital Projects	Gary	780-266-4279	
Grant Applications	Aly	780-700-3676	
Soccer	VACANT		
Social	John	780-462-2105	
Bingo	Julia	780-476-2992	
Casino	Bonnie	780-469-1969	
SECLA	Kevin		
Publicity/Website	Martine	780-995-8884	publicity@kenilworthcommunity.com
Representatives			
Badminton	Liz	780-465-5188	
Crib Club	Rhys	780-490-0106	
Neighbourhood Watch	VACANT		
Playschool	Becky	780-760-3208	
Toddler Time	Angela	780-935-3404	angela.feehan@gmail.com
Caretaker	Pauline	780-469-7366	
Hall Rentals	Al/Liz	780-469-1711	rentals@kenilworthcommunity.com

Keep current on our website, www.kenilworthcommunity.com

Next Executive Meeting, Monday, September 10th @ 7:00pm
Southeast Voice Newsletter Deadlines:
Submissions for the October, 2018 issue of the Southeast Voice is due Thursday, September 20th, 2018. Send all announcements to publicity@kenilworthcommunity.com.

CONTACT US!

General inquiries & Publicity Requests (SEV & Website):
publicity@kenilworthcommunity.com
Hall Rental requests: rentals@kenilworthcommunity.com

Save the Date

General Meeting: Nov 19
Chili Supper/Sleigh Ride: Nov 30

Important Position Needs Filling!

Kenilworth Community Secretary: We need to fill this position as soon as possible. The duties involved preparing the agenda and taking minutes at the meetings. There are 9 monthly meetings on the second Monday of the month with no meetings in December, July, and August. There is a template for the agenda and everyone submits their reports before the meeting so it is a matter of organizing the information.

If this position is for you and you are interested in contributing to your community, then please contact our President, Ian, at president@kenilworthcommunity.com

5th Annual Family Halloween Dance

Friday, October 26th from 6:30-8:30pm
Costume prizes
Treat bags for the first 100 kids
Concession
Kids must be accompanied by an adult

Giving Back

My name is Linda Warren. Being retired, I am looking to give back to the community by offering my skills on a volunteer (no charge) basis. I love to teach and help others. If you are interested in you or your children learning to sew; having help organizing your household or downsizing it; pursuing your family history or in learning how to work with your computer, contact me and we can discuss in more detail.

I have lived in the Kenilworth Community for over 38 years. I have served on the KCL Executive as softball coordinator, children's program coordinator, secretary and president. My school volunteer efforts included KCL playschool teacher; Waverley Elementary School lunchroom aid; Kenilworth Junior High School home economics classroom aid and school council representative. Call me at 780-465-4204 or email me at l.warren@shaw.ca.

Adult Badminton

Adult badminton runs on Tuesdays and Thursdays at 7:00 p.m. 9PM at Kenilworth School (7005 89 Avenue), starting the third week of September to the end of May.

This is a social badminton club rather than an intensely competitive club. There are three courts at the school, so a maximum of twelve players can be playing at one time. We have a rotation system of play, so players do not pick and choose their teammates or opponents. The club is not equipped to train beginners, but you don't need a lot of experience at the game to become a member, although there are some experienced and competitive players in our club.

Contact the Kenilworth Badminton Club: Andy Caine (780-474-2869) acaine@telus-planet.net, Ray Rideout at 780-466-0072 or Liz Thomas at 780-465-5188.

Toddler Time

Parents and caregivers - join us for Toddler Time Monday mornings, starting September 10th, 2018, from 10-11:30. Free drop-in play time/socialization for children 0-5yrs. This program started back up in 2015 with a laid back atmosphere of unstructured play. It is run by volunteers and facilitated by a mom with a background in child language development and children's mental health. Opportunities for new volunteers to help with facilitation and organizing structured activities. Coffee and tea provided. Contact Angela with questions: angela.feehan@gmail.com

Annual Golf Tournament & Steak BBQ

Kenilworth Community League will be holding their Annual Golf Tournament and Steak BBQ on Saturday, August 25, 2018.

This Texas scramble style 9 hole golf tournament is being held at Triple Creek Golf Course with the BBQ being held back at the Kenilworth Hall.

Register early to ensure your spot.

Tickets are \$30 for Golf/Supper. For tickets or to donate prizes - please contact Ken at 780-915-8144 or by email at kbalcom33@gmail.com

KCL Membership BBQ

**Sunday, September 9,
12p.m. - 3 p.m. @ Kenilworth Hall**
Come and enjoy the afternoon with family and fellow community residents. Events featured will be Glitter Tattoo Artist, Balloon Man, and a Bouncy Obstacle Course. Sign up for Kenilworth Programs and get your 2018-19 Membership. Enjoy good food, meet your neighbours, and get involved in your community. Free Family Fun!

KENILWORTH PLAYSCHOOL

Kenilworth Playschool is a non-profit, parent co-operative playschool for 3 and 4-year old children. We meet on Tuesday and Thursday mornings at the Kenilworth Community Hall. We have a bright, clean facility with a large play area and kitchen. We are proud to provide children with positive interactions with peers, daily theme based lessons, fun field trips, science experiments, cooking in

our kitchen, park or gym time, games, books, songs and so much more. Our goal is to give your child a fun and positive experience that will prepare them for Kindergarten.

We are currently accepting registrations for September 2018 and January 2019. For more information or to register your child, please contact Becky at 780-760-3208 or by email beckyclosson@hotmail.com.

VOLUNTEER OPPORTUNITIES

Many opportunities are available: Secretary, Soccer Director, Adult Programs, Children's Programs, Bingo Alternate.

We offer a yearly Executive Incentive of \$225 to be used for programs or sports and a complimentary Community League Mem-

bership. This is a great way to meet community residents and contribute to your community.

Please call Ian @ 780-717-3578 for more info on how you can make a difference in your community.

Bingo Volunteers Needed!

Bingos generate an important portion of the Community League's revenue each year. KCL bingos are held at Parkway Bingo Hall, 8775 - 51 Avenue.

We really need your help to support Kenilworth and the community programs. Without this revenue we would have to cancel programs or charge for them.

Next Bingo:

August 15, 2018, Wednesday
4:30pm - 11:30pm
see website for future dates

If you would like to put your name down for any bingos, please call Julia at 780-476-2992. Please request your dates two weeks prior to the bingo date. This will give us time to fill the bingo if spaces are still available.

COME JOIN US! Strength/Cardio class

Thursdays @ 6 pm

New sessions start every 6 weeks.

This class strengthens and tones by working the entire body in a fun and energetic atmosphere! Whether you are new to your fitness journey or an avid exerciser, this class will challenge you physically, while increasing your self-confidence.

Come join us for a fun, effective and

sweaty class :)

Every week it's a little different so you don't get bored.

We run 6 week sessions for \$75. Drop-ins are also welcome for \$15. Cash or Cheque accepted. Cheques are to be made out to Kenilworth Community League.

Please email Kathi at totalbalanceperson-altraining@gmail.com to register.

Babysitting Registry

If you have completed a Red Cross or City of Edmonton babysitting course, you can list your name on the Kenilworth babysitting registry. Call Sheri at 780-616-0417 to register your name or if you are looking for a babysitter in the area for evenings or weekends.

Memberships

Have a New Neighbor? Are You New to Kenilworth?

We would like the opportunity to welcome all newcomers into the neighborhood. If you know of any recent arrivals, or if you are one yourself, please call Rebecca @ 780-982-5885. We will deliver a free Community League membership along with information about all the activities this League offers.

Don't have your 2018/2019 membership yet? Memberships are \$20 and \$15 for Individuals and Seniors.

Memberships are also available at the Sport Shack, 8170 - 50 St, and at Ottewell TGP (receive a \$5.00 TGP in-store coupon with membership purchase).

Servus Credit Unions will also carry community league memberships, however there is an additional \$5 service charge.

Need one RIGHT NOW! Go to www.efcl.org and purchase one online!

I've Outgrown It Sale

Saturday, September 22, 2018

10:00 a.m. - 1:00 p.m.

Admission is free

Come and shop for amazing deals on gently loved clothing, toys, books, baby equipment, and much more.

Or sell your gently loved, but outgrown clothing, toys, etc.

For more information or to rent a table (\$25 or 2 tables for \$40), contact Becky at beckyclosson@hotmail.com or 780-760-3208.

Senior's Lunch & Laugh

Enjoy an awesome lunch, fellowship with Kenilworth neighbours, and have fun!

Aug. 8, & Sep. 12th, 2018. 12 - 2PM
At Kenilworth Community Hall 7104 87 Ave
\$5 Lunch + FREE dessert and coffee
Confirm your attendance with Loida
780- 953-1062 loida@loidahomes.ca

Hall Rental Rates

We hope you will consider Kenilworth Hall for your special events. Photos are available on our website www.kenilworthcommunity.com

KCL Hall Rental Rates: (Seating 160)

Members Non-Members

Weekend (Fri.pm - Sun.pm)

\$450.00 \$550.00

Day Rate

\$300.00 \$385.00

Damage Deposit

\$250/day rate \$550/day rate \$450/weekend \$550/weekend

*Third party insurance is now required for ALL hall rentals. Please ask the Rental Manager for more details.

To book the hall, email is preferred, rentals@kenilworthcommunity.com. If email is unavailable, leave a message for AI @ 780-469-1711.

Kenilworth Ice Path

Many Kenilworth families and neighbouring communities enjoyed the Ice Path at Kenilworth Community. The cost for the Ice Path is \$26,000. Kenilworth can no longer provide the funds for this project as out regular rink costs around \$20,000. In order for the Ice Path to continue, we need to raise the funds in the next four months. Charitable receipts are available, so consider Kenilworth for your charity of choice. A letter can be provided to approach businesses or individuals. Any donation amount is appreciated. Let's work together to make this dream a reality!!

Scrapbooking/Card-making Garage Sale

Scrapbooking/Cardmaking Garage Sale will be held at Kenilworth Hall, 7104-87 Avenue, on Saturday, October 20th, 9:30 to 1:00 p.m.

Great bargains for you for your next projects!

Vendors - if you would like to sell your extra supplies such as Stampin' Up, Creative Memories, Michael's, etc, please call Liz at 780 465-5188 to register and pay the \$10 fee for an 8 foot table.

Registration and payment due by September 19th.



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Ottewell Community League Executive & Board Members

Executive:

President – Corinne
Vice President – Bri
Secretary – Sandra
Treasurer - Cindy

Board Members:

Bingo Co- Chair – Kyla
Casino Chair – Vacant
Hall Manager - Tim
Grants – OPEN
Bylaws – OPEN

History of Ottewell Committee -

(Looking for more members
of this Committee)

Indoor & Outdoor Soccer Director – Tena
Summer Playground Chair – Colleen
Social Team – Bri & Colleen
Playschool Rep - Tyler
Rink Chair – Cory
Maintenance – Frank
Membership Chair – Russ
Communications Facebook, Website, –
Sandra
EFCL Rep – Corinne

All Positions are volunteer positions.
Please send all inquiries via email to:
ottewell2212@gmail.com or call: **780-469-0093** (leave a message and someone
will return your call)

Ottewell Community League
5920 – 93a Ave. NW
Edmonton, AB T6B 0X2

Baby! Baby! Baby!



Need a night out OR have a special event and need a babysitter? Maybe you just want to do some shopping alone. Contact Ottewell's Babysitting Registry where we can send you a list of local babysitters to choose from. You will meet and interview with the babysitters that work for you and your family. We have many amazing babysitters to choose from.

To book a babysitter, or if you would like to help out with the babysitting registry, please contact ottewellsocial@gmail.com.

Babysitters, if you would like to add your name to our list send your name, contact information and qualifications to ottewellsocial@gmail.com.

OCL Board Meetings

Please consider lending a hand in keeping Ottewell Community League VIBRANT and ALIVE! OCL meetings of the Board, and its members, are held every 3rd Tuesday of the month, unless otherwise posted. COME and JOIN in! Find out what's happening in YOUR Community.

We're always looking for your feedback, suggestions and input. We need more dedicated people to keep our community one of the best, safest and enjoyable community leagues in Edmonton!

Next board meetings August 21st and on Sept 18th at 6:30 sharp!

Purchase Your 2018/19 Community League Membership

SUPPORT OTTEWELL COMMUNITY LEAGUE

Take pride in your neighborhood and purchase your OCL membership! Support your Ottewell Community! Enjoy the many benefits and discounts including...

-Use of local pools free of charge at designated times

-Use of the outdoor community rink, and community skate times at the City's indoor rinks

-Participation at community events and activities

-Access to fitness, recreation events and classes.

Come out to our annual Membership Drive Pancake Breakfast on Saturday, September 22 from 9 to 11 AM at Ottewell Community Hall. Go to www.Ottewell.org for updates on more great opportunities for our community members.

Purchase your membership anytime at the Sport Shack, TGP and Servus Credit Union Branch in Capilano Mall, or on-line at: www.efcl.org/membership.

Memberships run from Sept. 1 to Aug. 31
Family: \$25 / Single Adult: \$10 / Seniors: \$5

Ball Hockey at OCL Rink

The rink is open for street hockey or roller hockey. Please use at your own risk!

We will do our best to keep it clean of any debris. When it rains it does become the Ottewell Pool. Brooms will be provided to those that would like to sweep the rink.

Send your request to ottewell2212@gmail.com

Ottewell Community League Playschool

We are accepting registrations for the 2018/2019 school year.

For information about the playschool please contact Kirsten or Tyler at: kirstentler-peterson@gmail.com or find us on Facebook at: [facebook.com/ottewellplayschool](https://www.facebook.com/ottewellplayschool).

Ottewell Community League Social Media



Follow us on www.Facebook.com/OttewellCommunityLeague or email ottewell2212@gmail.com and let us know what you are up to in your community!

Check out our webpage for more info, "Like" our page. Pictures, tweets, your comments are always welcome! Let us know if you are having an event that we can share for you on our social media!

Free Swim & Gym

Access to any of the recreation centers are for the entire facility. So if you do not want to go swimming, you could go work out or do any of the drop-in activities there.

The outdoor pools will be opening soon! Community League members have access to all outdoor swimming pools for FREE! check out the city website... https://www.edmonton.ca/activities_parks_recreation/outdoor-pools.aspx

Saturdays, 5-7 PM at Commonwealth Fitness Centre.

Sundays, 1:15-2:45 PM at Hardisty Fitness Centre

OCL Movie Night is Returning



Friday, August 24 at Dusk, at the Ottewell Hall Park. Come to the park to see all the action and animals on the big screen when we present JUMANJI.

COST: FREE for OCL Members, a Loonie for non-members. Memberships will be on sale along with concession and movie treats!

Watch our Facebook Events page and web site for updates.

Rent The Ottewell Hall



This well-maintained 1900 sq ft beautiful hall accommodates up to 120 seated guests and is perfect for wedding banquets, parties, family gatherings, board meetings and community functions.

Mention that you saw our ad in the Southeast Voice and we'll give you a discount on your next rental of the hall.

For details regarding renting our hall, go to... Ottewell.org/hall-rental. See our availability calendar, fill out our rental form, or call: Tim at 780-908-5249.

OCL Fall Programs

ZUMBA

Zumba is back at OCL Mondays - come on out have some fun with our Zumba Team. 12 week class starting Monday, September 10 at 7pm (1 hour session).

Registration for this class will be hosted at 6pm on Monday, Sept 10th at the hall.

OCL Members fee \$100 and Non-Members \$120

(we accept, Credit/Debit Cards and Cash)

YOGA

It is time to get back into our Zen ~ Thursdays. Our Yoga instructor, Rebecca, is back to provide us with destressing our week in this 10-week class beginning Thursday, September 20 at 7pm (1.5-hour session)

Registration for this class will be hosted at 6pm on Thursday, Sept 20th at the hall.

OCL Members fee \$65 and Non-Members \$75

(we accept, Credit/Debit Cards and Cash)

Seniors' Morning Out at Ottewell Hall



All Seniors are welcome!

We are inviting our Ottewell seniors to get together at the Hall (9520 – 93A Ave.) the 2nd Tuesday of the each month. Come and enjoy a time of conversation and getting to know each other better at our Seniors' Morning Out.

Enjoy coffee/tea and treats along with time for some conversation and companionship. Tell your friends and neighbors.

Next Morning Out dates are...

Aug 14th, Sept 11th, Oct 9th, Nov 13th
10:00 AM to 11:30 AM

Open Stage Night



Come out to enjoy and/or participate in our 4th Open Stage Night on Saturday October 20 at 7:00 PM.

We are so proud of the local talent in our communities! Bring your instrument, read a poem, or tell some jokes suitable for this family-oriented evening. Come meet your neighbours and support your Community League.

Go to ottwell.org to register as a performer right away as space is limited! Purchase or renew your OCL membership and receive free entry to this talent-filled community event.

\$5.00 for adults. OCL Members FREE.

Concession and treats on sale, along with a cash bar

For more information contact Richard Mack at: richardmack@hotmail.ca.

OCL Halloween Hand-Out



Wednesday October 31

Come out for a Spooktacular time at the Ottewell Hall on Halloween Night and get your treat! We'll be handing out treats from 6pm to 8pm for all those little Ottewell trick or treaters.

OCL Craft NIGHT

Friday November 2 - 7pm to 11pm

For all those Crafters out there save this date with more information to follow. We will be posting on Eventbrite for this fun community event. Watch our Facebook page for further details soon.

OCL Senior's Tea Social

Sunday October 14 - 1 - 3pm

Tea and Homemade Pies will be served, memberships will be on sale at this event and all attending will receive a special gift. Donations are appreciated!

We would love to see all our Senior Neighbours attend! Early registration for this event will be taken at our Membership Drive on September 22.

OCL Ladies Ornament Exchange



You've done lots of shopping, you've stood in long lines and now it's time for the girls to relax with a glass-full of wine!

Please join us for a Ladies Night in on Friday, November 30th at 8pm at Ottewell Hall.

Wear your Classic Christmas Sweater... we will be taking a group photo! Most classic sweater will win a prize! BUT we are all winners as will be playing "Rob your Neighbour" so bring an ornament that is no more than \$10 in value .

Cash Bar on site with our Ottewell Signature Christmas Drink

Appetizers will be provided, with a few sweet treats

This event will be posted on our Facebook Events page with Eventbrite registration.

OCL Rink Opening Date



The projected rink opening date is December 12th. Please watch SEV, our Facebook events page as well as our OTTEWELL.ORG web site for the actual rink opening date and volunteer supervisors information.

OCL 3rd Annual HOLIDAY MARKET



Saturday November 17, 10am - 4pm

Come out to purchase your Christmas gifts for that special someone! Crafters share their unique wears and talents with treasures that they have created. Concession sold on site.

Watch for more information coming out soon on our Facebook events page or the OCL website.

STORM SOCCER CLUB 2018/19 INDOOR SOCCER TRYOUTS



Online registration must be completed BEFORE attending Storm Tryouts
Register online at www.emsasoccerportal.com

STORM TRYOUTS - SEPT: 4 - 6					
SOUTH SOCCER CENTRE 6520 Roper Road					
Tuesday Sept 4	6 - 7pm	U9B	Field 11	U9-11G	Field 10
	7 - 8pm	U11B	Field 11	U13G	Field 10
	8 - 9 pm	U15B	Field 11	U15G	Field 10
Wednesday Sept 5	6 - 7 pm	U11B	Field 11	U13G	Field 10
	7 - 8pm	U13B	Field 11	U15G	Field 10
	8 - 9 pm	U17B	Field 11	U17G	Field 10
Thursday Sept 6	6 - 7 pm	U9B	Field 11	U9 -11G	Field 10
	7 - 8pm	U13B	Field 11	U17G	Field 10
	8 - 9 pm	U15B	Field 11	U17B	Field 10

*Please arrive **30 minutes prior to tryout times** to register and collect your pinnie

IF YOUR CHILD IS SELECTED TO A STORM TEAM:

Your child must attend a mandatory **Storm Night** where all fees are paid

- ✓ Storm Fees are an additional **\$200** on top of the **ESESA soccer registration fees**
- ✓ Uniform and Volunteer Deposits are also due Storm Night
- ✓ There is a mandatory fundraising activity

✦ If you wish your child to be place on a **community team** if they are not selected to the Storm Program You are required to make all your ESESA payments and attend one of the in person registration dates.

Visit our website for details: www.emsasoutheast.com

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Board Members

Position	Name	Email
President	Yasir Syed	president@strathearncommunityleague.org
Vice President	Chris Samuel	vicepresident@strathearncommunityleague.org
Treasurer	Jason Ruhl	treasurer@strathearncommunityleague.org
Secretary	Leah Poetzsch	secretary@strathearncommunityleague.org
Membership	Alicia Lewis	membership@strathearncommunityleague.org
Building & Grounds	Scott Killips	grounds@strathearncommunityleague.org
Social Director	Erin Turnell	socialdirector@strathearncommunityleague.org
Communications	Andy Reid	communications@strathearncommunityleague.org
Programs	Andrew Struthers	programs@strathearncommunityleague.org
Hall Rental Coordinator	Melissa Mrzljak	hall@strathearncommunityleague.org
Member at Large	Nadine Meikle	nadine@strathearncommunityleague.org
Member at Large	James Kosowan	
Member at Large	Evan Joyes	

New Hall Fundraising

Please consider giving what you can to the Strathearn Building Society to help us complete this important project for the community. Small donations and large donations are all important as we move towards our goal. So please do good things by giving what you are able. To make a tax-deductible donation to the STRATHEARN BUILDING SOCIETY:

Mail a cheque made out to the Strathearn Building Society to:
Strathearn Community League
P.O.Box68064 162 Bonnie Doon Mall
Edmonton, AB T6C 4N6
Or contact treasurer@strathearncommu-

nityleague.org to arrange to drop off a donation.



Restoring Confidence in Alberta

Those of us who've been around a while are growing concerned that our kids and grandkids may not have the economic opportunities we had. As an accountant and businessperson who follows economic news, the number I watch closely is capital investment. When it's high, it produces jobs and growth, and tax revenues to build infrastructure. When it's low, it's time to worry. In 2014, capital investment in Alberta stood at almost \$100 billion. By last year, according to the NDP government, investment had fallen to \$57 billion. The 2015 oil price crash was part of that, but when the price rebounded last year, investment didn't. So why do investors have little confidence in Alberta's economy? Two reasons, mainly: high taxes and overregulation.

The tax and regulation policies of the Notley NDP government in Alberta and the Trudeau Liberal government in Ottawa have made it too expensive and difficult to develop natural resources here. We've heard warnings about Canada and Alberta's economic competitiveness from ATB, the OECD, the World Economic Forum, and the World Bank. Imperial Oil said a \$4 billion Alberta oil sands expansion project may not proceed because of regulatory burdens and lack of pipeline capacity. Although Premier Rachel Notley has become a vocal supporter of the Trans Mountain pipeline, her NDP friends in B.C. and Ottawa oppose it. The only reason taxpayers are now stuck with an unbuilt pipeline is because the private company that owned it bailed on Canada's over-taxed and over-regulated economy. So the pipeline is a symptom, not the problem. The problem is that Alberta, and Canada, are not attractive places to invest and do business, because of the tax and regulation policies of the Notley and Trudeau governments.

Next year's provincial election will be our opportunity to fix that. If you want to help, contact me at david@dorward.ca or 780.463.1502

David Dorward is the United Conservative Party candidate for the Edmonton Gold Bar constituency.



Table Tennis Club



Who? You... Of course!
What? The Strathearn Table Tennis Club!
When? Tuesday nights 6 pm – 8 pm – Starting Tuesday August 14th! Check our monthly calendar of events at Strathearncl.org

Where? Our brand new Strathearn Community Hall located at 9511 – 90 street.

Why? This is a wonderful opportunity to meet your neighbors, enjoy your beautiful new community hall and work on some impressive new table tennis skills. All skill

levels are welcome and we are happy to provide beginner lessons as well. For advanced players we will also have a ladder challenge – see if you can get to the top!

How? A club sponsored by the Strathearn Community League for its members and neighbors... Free with a Strathearn membership or a nominal \$2 drop in charge for our neighbors.

For more information contact Yasir at president@strathearncommunityleague.org



Community League Programs

(Strathearn Community League membership required)

Wired Wednesday

The first Wednesday of the month enjoy a free beverage on Strathearn Community League from 7:30 a.m. to 11 a.m. at The Wired Cup (9418 91 St.).

Upcoming dates – September 5th, October 3rd & November 7th.

Toonie Thursday

The second Thursday of the month is

Community League Happy Hour at Juniper Café & Bistro (9514 87 St.). Enjoy a beer or glass of wine for a toonie from 4 p.m. to 6 p.m.

Upcoming dates – August 9th, September 13th & October 11th.

Free Family Swim Times

Commonwealth Community Rec Centre
Every Saturday 5pm - 7pm

Hardisty Leisure Center

Every Sunday 1:15pm - 2:45pm

Buy Your 2018/2019 Strathearn Community League Membership Today

2018/2019 Strathearn Community League memberships are now up for sale. Memberships are valid from August through August.

A Strathearn Community League membership costs \$20/family or \$10/individual. If you are new to Strathearn, your first one-year membership is on us.

Here's where to buy your membership:

- Ralph's Convenience Store, 9508 87 St.
- Massage Therapy Supply Outlet, 9206 95

Ave.

- Juniper Cafe and Bistro, 9514 87 St.
- Strathearn Heights Apartments, 8768 96 Ave.

You can now buy your membership online at strathearncl.org!!

Plus, each month, community league members are entered into a draw for a \$20 gift certificate to either The Wired Cup or Juniper Café and Bistro.



Emergency Medical Services (EMS) would like to remind parents and caregivers of precautions to prevent accidental childhood poisonings around the home. Ingesting prescription or over-the-counter (OTC) medications is a significant cause of accidental childhood poisonings. Other causes of poisoning include ingesting or coming in contact with household items such as dishwasher tablets, mouthwash, or chemicals such as paints, solvents and cleaning products.

Medication storage

- Place all medications in locked containers and store in an area inaccessible to children;
- For easy identification, store all medications in their original packaging; do not mix multiple medications in a single bottle;
- Install child locks on all cabinets, or drawers where medications are stored.

Safety tips

- Child-resistant medication bottles are not child proof. They can still be opened by a child;
- Take extra precaution with medicines designed to appeal to children such as chewable vitamins or flavored cough and cold syrups;
- Promptly dispose of any medications or toxic household products no longer in use.

Prevention

- Store household products, cleaning supplies, and cosmetics in locked cabinets or drawers;
- Install child latches on cabinets children might also access by climbing on counters or chairs;
- Label all plants in and around your home and garden;
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness if ingested;
- Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414;
- **In case of a poisoning emergency, call 9-1-1;**
- Provide the name of the product ingested and, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.

Call The Dunham Team Today

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Downtown Condo: Pointe Uptown, 2 Bedrooms, In-suite Laundry, Fresh Paint, New Appliances.



Downtown Condo: Victoria Park Tower, One Bedroom Entry Level Unit With Scenic View of River Valley and Golf Course.