

# SOUTHEAST VOICE

Serving the community leagues of  
Avonmore, Capilano, Cloverdale, Forest Terrace Heights,  
Fulton Place, Gold Bar, Holyrood, Idylwyld, Kenilworth,  
Ottewell & Strathearn.

June 2019



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## Save Gold Bar Park Alliance

Citizen Action Meeting

Date/Time: June 8 at 4 p.m.

Location: Capilano Community League Hall (10810 - 54 Street)

Working together, we can ensure major sewage expansion is moved out of our river valley parkland and residential communities. Contact [goldbarparkalliance@gmail.com](mailto:goldbarparkalliance@gmail.com) for more information or if you would like to volunteer with our group in our efforts to protect Gold Bar Park. Hope to see you on June 8!

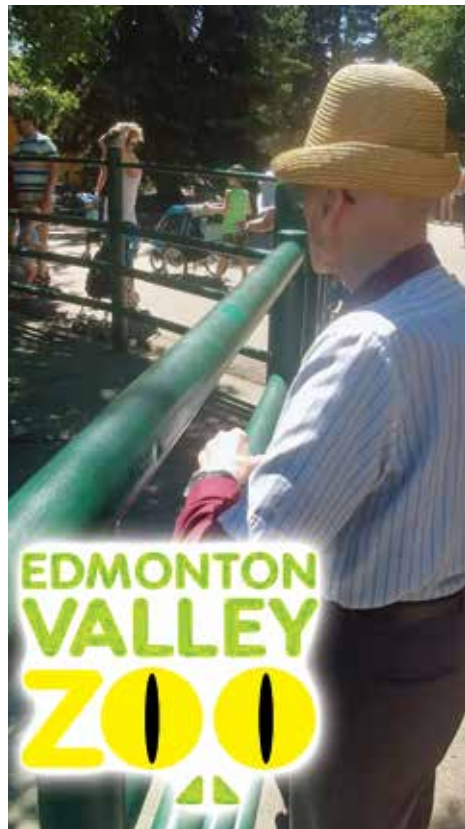
## FREE Admission at City Outdoor Pools

The City manages a total of 5 outdoor swimming pools. The outdoor pool season runs from late May to the September long weekend (exact dates to be determined; weather permitting). Admission is FREE of charge for the 2019 season. For additional information, please visit: [www.edmonton.ca/activities\\_parks\\_recreation/outdoor-pools.aspx](http://www.edmonton.ca/activities_parks_recreation/outdoor-pools.aspx)

## Big Bin Events

The City of Edmonton hosts a number of Big Bin events throughout the year for residents to clean up their home and neighbourhood. Items that are not accepted for residential waste collection are accepted at no charge at these events. Some examples include broken furniture, non-working appliances, scrap wood and landscaping debris. For additional information, please visit: [www.edmonton.ca/programs\\_services/garbage\\_waste/big-bin-events.aspx](http://www.edmonton.ca/programs_services/garbage_waste/big-bin-events.aspx)

## Senior's Trip to Valley Zoo



9:30am to 2pm on June 12th, 2019

Meet at Kenilworth Community League for a bus that will take us to the zoo. We leave the zoo on the same bus at 2 pm.

Lunch and Zoo entrance only \$10.00

For more information please contact:

Loida@loidahomes.ca or call 780 953 1062

An invite to Capilano, Forest Terrace Heights, Fulton Place and Gold Bar community residents to the 2019 Community Fun Day

greater Hardisty  
**community fun day**

Saturday,  
**September 21**  
10-2:30pm

@ Gold Bar  
Community League  
4620 105 Avenue

- 10am FREE pancake breakfast in hall
- free BBQ by Young Life, by donation
- Balloon animals and glitter tattoos
- Petting zoo
- Ponies
- Crafts
- Door prizes and giveaways from our sponsors

A big THANKS for financial support and displays to Strathcona Industrial Association, Celanese, Enbridge, Epcor and Imperial Oil.

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## Spring Green Shack Program



Free program for ages: 6-12 years (NOTE: children under 6 must be supervised by a parent or guardian). Join in games, sports, crafts, music, drama and special events. You'll find a list of upcoming activities and special events

posted on the side of the Green Shack each week. If there's a game or activity that you'd like to play, just ask the Program Leader. Dates and locations can be found at: [www.edmonton.ca/greenshacks](http://www.edmonton.ca/greenshacks)



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## SECLA Board Contacts

COMMUNITY LEAGUE	REPRESENTATIVE	Publication Email
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Cloverdale	Reg	<a href="mailto:cloverdalerep@secla.ca">cloverdalerep@secla.ca</a>
Forest Terrace Heights (Chair)	Connie	<a href="mailto:ftrep@secla.ca">ftrep@secla.ca</a>
Fulton Place	Miles	<a href="mailto:fultonplacerep@secla.ca">fultonplacerep@secla.ca</a>
Gold Bar	Jamie	<a href="mailto:goldbarrep@secla.ca">goldbarrep@secla.ca</a>
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Ottewell	Glen	<a href="mailto:ottewellrep@secla.ca">ottewellrep@secla.ca</a>
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Treasurer	Michael	<a href="mailto:treasurer@secla.ca">treasurer@secla.ca</a>
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SECLA SEV Liaison	Tim	<a href="mailto:SEVliaison@secla.ca">SEVliaison@secla.ca</a>

## Kids Love Digging in the Dirt!

Dig in the dirt. Plant seeds. Water tiny green shoots. Breathe in the fragrance of first tiny blossoms bursting with colour. All are simple joys of gardening. All are pleasures you can share with your toddlers and pre-schoolers!

Young children can learn so much from helping in the garden. Count aloud as tiny fingers poke holes to drop in seeds. Recite the letters as you write the name of each plant in a garden journal. Draw each flower, fruit, or vegetable as you harvest them.

For ideas about kids and gardening, check out this list of books from Shannon Clarke, Community Librarian at Capilano Library: [www.bit.ly/kidsgardeningbooks](http://www.bit.ly/kidsgardeningbooks) and click on:

[www.betterhealth.vic.gov.au/health/healthyliving/gardening-for-children](http://www.betterhealth.vic.gov.au/health/healthyliving/gardening-for-children)  
[www.teaching2and3yearolds.com/how-to-plant-seeds-for-an-easy-kids-gardening-activity/](http://www.teaching2and3yearolds.com/how-to-plant-seeds-for-an-easy-kids-gardening-activity/)

The South East Edmonton Early Child-



hood Community Coalition is a volunteer group of community members who are passionately committed to nurturing young children. [www.facebook.com/SEEECCC/](http://www.facebook.com/SEEECCC/)  
[www.earlychildhoodedm.ca/southeast](http://www.earlychildhoodedm.ca/southeast)

## Podiatric foot care!

**780-466-5290**

**Dr. Jeannette Furtak, DPM**  
**#302 Capilano Centre**  
**9945 – 50 Street**

- \* **Nails, callous, heel pain, toe problems**
- \* **Custom-made foot orthotics**
- \* **Diabetic foot care**
- \* **Appointments Mon - Sat**

**[www.greenwayspodiatric.ca](http://www.greenwayspodiatric.ca)**

## Summer Starts at EPL – June 22 – August 24 2019!

Summer officially starts at Edmonton Public Library on Saturday, June 22nd. The 2019 Summer Reading Club theme is “The Natural World.” All branches will be hosting special events to kick off two months of summer library fun.

Kids of all ages can come to any EPL location on June 22nd or later to pick up a free reading log to track their reading and get ideas for fun summer activities to do at the library, at home and in the community. For every six hours children read, they can submit a completed reading log, make a button and enter the draw for amazing prizes. The more you read, the more buttons you collect and the more chances you have to win!

Every week our Summer Starts at EPL mascot, Dwayne The Rock, will be hidden in a new location around the library. Browse around, once you find him tell a staff member where he was hidden and they’ll give you a ballot for a chance to win our weekly prize. Come in to any EPL branch to pick up our summer activities calendar and find out about the exciting classes and events we will feature this summer. From Métis Dancing to Glow Yoga and Children’s The-



atre productions, there will be something for everyone this summer. We even have Beppie, the 2019 Juno winner for Children’s album of the year, booked. Get a taste of her music here: <https://capitalcity-records.ca/artists/beppie>.

For more info about local branch happenings this summer, see [epl.ca/summerstarts](http://epl.ca/summerstarts) or contact the Capilano branch at (780) 496-1802 or the Idylwyld branch at (780) 496-1808. View our full calendar of events online at [epl.ca](http://epl.ca) or come in to pick up a paper copy of our program calendar with complete activity listings.

## June is Block Party Month!

Host a neighbourhood block party as an opportunity for people to meet and get to know each other. The focus is on having fun but some communities find it a great way to work together on a neighbourhood project. For additional information and to find everything you want to know about hosting a block party in Edmonton, please visit: [www.edmonton.ca/residential\\_neighbourhoods/neighbourhoods/block-parties.aspx](http://www.edmonton.ca/residential_neighbourhoods/neighbourhoods/block-parties.aspx)

## Community Gardens Handbook

If you’re a green-thumbed Albertan looking to start or improve a community garden, you’re in luck! Alberta Health Services Registered Dietitians are pleased to share the updated Community Gardens Handbook: How to Start and Maintain a Garden. The handbook provides guidance to groups in Alberta who wish to start and maintain a community or school garden. For additional information, please visit: [tiny.cc/x5yx6y](http://tiny.cc/x5yx6y)

## La Colombe

Centre d'Apprentissage de la Petite Enfance



- ♦ Accepting children 12 months to 5 years with English parents who want to give their children a chance to learn a second language.
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Telephone : 780.757.1123  
 La Cité Francophone  
[centre.lacolombe2@gmail.com](mailto:centre.lacolombe2@gmail.com)

# 120- 8627- 91 Street NW Edmonton, AB, T6C 3N1



## FREE Children's Program...

The C.O.W. Bus is back at Ottewell Community Hall!

Come see the bus that's painted like a cow and  
bring your children 0-6 years old.

Every Wednesday from 1:00 pm until 2:30 pm

April 3- June 12

- Listen to stories and songs
- Explore activities on the bus
- Borrow up to 6 books  
(no fines or fees!)
- Weekly book giveaways!



For more information contact  
Centre for Family Literacy  
780-421-7323 or [www.famlit.ca](http://www.famlit.ca)

# Ottewell Artisan FARMERS' MARKET



THURSDAYS 4 - 7 PM



WALDORF SCHOOL GYM

7211 96a AVE

join us!  
Ottewell neighbour



it's free!

Sundays at 1:30  
every Sunday starting May 5  
at Braemar #4 field

9359 67a St

for more info text Jeremiah 780-919-0414



brought to you by neighbourHouse Community Centre & Ottewell Community League

Join us for the annual Ottewell Neighbours Drop-In Soccer. Every Sunday we are meeting at 1:30pm at Braemar School Field (9359 67a St NW). All ages and skill levels welcome! For more information see [facebook.com/groups/314099249029412](https://facebook.com/groups/314099249029412) or text Jeremiah at 780-919-0414.



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## Board Members

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Communications	Nathan Dorval	communications@avonmore.org
Facilities Director	Jonathan Avis	facilities@avonmore.org
Director at Large Volunteers	Bob Raynard	volunteer@avonmore.org

## Avonmore Garden Club

Join us for a social evening on June 21 and share successes and works in progress with fellow gardeners. We will be making plans for our Annual Yard and Garden Tour taking place in July. For more information contact Anita at president@avonmore.org.

Coming events:

June 21, 2019: Friday night at a member's garden

July 27, 2019: Yard and Garden Tour

August 16: Friday night at member's garden

## Playschool

Playschool hours 9:00 a.m. - 11:30 a.m.

Small class sizes, with lots of one on one instruction, hands-on learning and music sessions, brought to us by our two great music teachers. Enriching great little minds more and more each day. We welcome you to email us to set up a time to meet with our teachers and view our new revamped space and discover more about our learning through play programming. We look forward to meeting with you! For more information please contact our Playschool Teacher Jamie at playschool@avonmore.org

## Drop-in Music Class

Free Drop in Music Classes for 1-5 years of age

Come join us for ½ hour of music, dancing and discovering new instruments at the hall.

Next Date: Wednesday June 5th - 11:00am

## Hall Rental

Anyone interested in renting the hall please contact Tanya at (780) 637-5640 or

email hallrental@avonmore.org. Hall address is: 7902 - 73rd Ave NW

## Important Volunteer Opportunity- CASINO

**Save the date: September 4 and 5**

Casino funds are our biggest source of funds, so it is very important that we are able to fill all our spots. Mark your calendars and watch for further emails. If you have any questions or want to sign-up contact volunteer@avonmore.org or president@avonmore.org

## Neighbourhood Watch

Contact ENW@avonmore.org to learn more about our neighbourhood watch initiative and to get involved. We need several volunteers (light commitment) to get signs for our neighbourhood!

## Shinny hockey

If you like to play competitive and fun hockey, then this is the place to play. Contact Boris at sports@avonmore.org  
Thurs: 9:45 pm - 11:15 pm. Avonmore Arena



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Colleen Wagner  
collwags@icloud.com  
587 988 8075



**www.back-on-track.ca**

## Wednesday Drop-in Walking and Wellness



Wednesdays: May 1 to June 26 – 6:30 to 8:00 p.m. Free

Join your neighbours for a walk around the neighbourhood and the ravine. Everyone welcome. Walking poles are available for those who would like to try them out. Depending on the weather and the interests of the group we may occasionally swap for a game of Bocce Ball or another fun fitness activity. For more information contact Anita – president@avonmore.org

## Avonmore Summer Camps

Avonmore Summer Camp Dates are July 9-10-11 (Little Bit of Everything) & August 7-8-9 (Re-use Carnival) at the Avonmore Community Hall. Camps run 9:30am-3:30pm daily.

Ages: 5-10. Registration is open. Contact Jamie at jkonrad8@icloud.com to register.

### Little Bit of Everything

This program is all about choices. Kids choose bins that host a variety of group activities. The cooking bin teaches how to make a special grilled cheese lunch. Other bins will have kids digging for rocks in plaster blocks, creating Lego stop motion movies, or tie-dyeing fabric. Ends with a trip to Bonnie Doon Bowling Lanes.

### Re-use Carnival

This program is all about creating a re-use carnival. Camp starts with a trip to the Edmonton Re-use Center for supplies to make carnival games. Campers then plan and organize their carnival. Friends and family are invited to join the fun on the last day of camp.

**Celebrating 60 Years of Sharing the Great Outdoors**





*It's Camp Wohelo's 60th Anniversary!*  
Summer Camp Programming since 1959 at Pigeon Lake

**Celebrating the Past Challenging the Future**

Through reflection, written word, and art we will identify and celebrate our past successes and challenge our future goals.

**To celebrate we have some awesome incentives**

- Bring a friend to camp and you **both** will get **\$20 off** your total fees.
- Register by June 15th and the Early Bird registration will get you **another \$20 off**.
- Rental groups will receive a **10% discount**.

**2019 Summer Camp Programs**

- July 21-24** LIT Girls age 12 and up. Fee: \$216
- July 28-31** Junior Girls age 8-12. Fee: \$216
- Aug 18-22** Teen Girls 12 and up. Fee: \$288
- Aug 6-11** Mom and Co-ed Kids \$72 adults, \$42 kids, per night
- July 13-14** Anniversary Weekend \$72 adults, \$42 kids, per night  
**Everyone Is Welcome!**



## Abundant Community Edmonton (ACE)

Avonmore has set a goal to help neighbours host at least 10 block parties in the neighbourhood between May 1st and August 31st, 2019. Block parties can be as simple or as complex as you would like them to be. Some examples include a BBQ, a potluck, coffee and donuts, a popsicle party. If you would like to see a block party happen on your block, we invite you to email/call us at [ace@avonmore.org](mailto:ace@avonmore.org) or 780-263-9561 for info on what makes a successful block party and the resources you can access to make it a smashing success!

## City of Edmonton Summer Camp



A City of Edmonton Community Daycamp entitled "Out of this World" will be run out of Avonmore Hall between 9 am and 11:30 am on the week of August 12 through 16, 2019. 4 - 6-year olds will make spaceship crafts, and explore the cosmos with songs, games, and activities. Come learn about stars, planets, the Milky Way, and more in a week that will be truly out of this world! \$95, registration through 311 or online at [movelearnplay.edmonton.ca](http://movelearnplay.edmonton.ca)

## Free Community Swim

Free to Avonmore Community League Members with valid 2018/19 membership card! Phone 311 or check [www.edmonton.ca](http://www.edmonton.ca) for updates on closures before you go.

**Commonwealth Pool** (until August 2019) 11000 Stadium Road; Saturdays, 5:00 p.m. - 7:00 p.m.

**Hardisty Pool** (until June 2019) 10535-65 Street; Sundays, 1:15 p.m. - 2:45 p.m.

The City of Edmonton has announced it will make outdoor pools free again for the 2019 season! Visit [www.edmonton.ca](http://www.edmonton.ca) for more info.

## Avonmore Community Garage Sale, Community Cleanup and Big Bin Event

On Saturday June 1, we are having a Community Garage Sale, a Community Cleanup and a joint Big Bin Event with Hazeldean. The garage sale will be hosted at community member's individual homes. If you are interested in participating in the Community Garage Sale and would like your location added to the garage sale map, please fill out the form through the Avonmore facebook page or email [grants@avonmore.org](mailto:grants@avonmore.org) and they will send you the link.

The big bin event will be happening in the Avonmore hall parking lot. More details to come. Please see the Avonmore facebook page and or our website for more details

## Green Shack



July 3 – August 23, Monday to Friday 10:00 – 1:30

Each day of the week you will get active and experience a variety of crafts, games, sports, and free play! This program is targeted for children aged 6-12, but all children accompanied by an adult are welcome to attend. For more information, please visit [edmonton.ca/Greenshacks](http://edmonton.ca/Greenshacks) or call 311.

Neighbourhood Recreation would like to acknowledge that our programs respectfully take place on Treaty 6 Territory, and Metis Nation Region 4.

([www.avonmore.org](http://www.avonmore.org)). Hazardous waste and items that should be going to the reuse center will not be accepted.

**\*\*You must be a community league member to participate in the garage sale map or big bin event\*\***

Community clean up. Help make our neighbourhood a cleaner place. We are looking for volunteers to help pick up garbage in the alleys of Avonmore. We will be doing this during the day on Saturday and will have gloves and bags for people to pick up at the Avonmore Hall. The garbage will be disposed of as part of the big bin event.

## Babysitting Registry

Avonmore Community League is pleased to offer Our Babysitter Registry to help match community members with qualified babysitters. For Parents Seeking Babysitters: email Cheryl at [admin@avonmore.org](mailto:admin@avonmore.org) and she can provide you with a list of teens seeking babysitting work.

For Teens Seeking Babysitting Work: email Cheryl. To help parents find the best fit for their children, provide some information about yourself.

Tell us the neighbourhood you live in, the year you were born, your credentials (Red Cross Babysitters Certification, First Aid, etc.), your availability and your experience caring for children. Don't forget to provide your phone number!

## Avonmore Book Club

Book Club meets on Sunday evenings every 4 - 6 weeks. Members take turns picking books and hosting meetings. New members welcome. Last month we read any or all of the Canada Reads books. For more information, contact Anita at [president@avonmore.org](mailto:president@avonmore.org)

There is also the option of making a new club on a different evening if there is interest!

## Neighbourhood Renewal Final Inspection

Reporting Sidewalks Cracks and Other Concerns by June 7. The City of Edmonton and Park Paving will be doing an inspection of the neighbourhood in mid-June. Please report to [president@avonmore.org](mailto:president@avonmore.org) any sidewalk cracks or other faults in the work completed by Park Paving. (Only include items not already reported.) Deadline for reporting is June 7.

The sidewalk cracks and other faults that have been reported to the League and the City will be inspected in mid-June to determine if the cracks are due to defects in materials or workmanship or come from normal wear and tear or damage from other means. Cracks due to defects in materials and workmanship will be repaired by the Park Paving before they are issued their Final Acceptance Certificate. Other damages will be repaired by the City. If you have questions or concerns send them to [president@avonmore.org](mailto:president@avonmore.org)

## Community Garden

A Community Garden pilot project has been started for the 2019 season. The garden is open to the entire Avonmore Community and is located in the front yard at 7128 82 StPlease email [avonmorecommunitygarden@gmail.com](mailto:avonmorecommunitygarden@gmail.com) for further information or if you have any questions.

## Online Community

Are you on facebook? "Like" Avonmore Community League and join Avonmore Community League Chat to follow what's happening with the Community League and see what your neighbours are talking about. Also available "Avonmore Parent & Tot" and "Avonmore Garden Club". Come join us!

Check us out now on Twitter and Instagram! Follow us and share any photos or events happening in or around our community and join the conversation using #YEGA-avonmore

Twitter: @AvonmoreLeague  
Instagram: avonmoreleague

## Avonmore Parent & Tot Program

This FREE drop-in program runs every Thursday from 9:30-11:30 at the community hall. Please check the facebook group or email for closures over the holiday season. We do a mix of free play activities and arts and crafts. Our group has a mix of small babies and toddlers, so there is someone for everyone to play with. Coffee and tea provided. For more info, check out our Facebook group by searching "Avonmore parent and tot group" or email [parentandt@avonmore.org](mailto:parentandt@avonmore.org). Located at Avonmore Hall: 7902 - 73rd Ave NW.

## Avonmore Yoga

Yoga Classes are offered at the hall. Spring Session: Tuesday classes are at 6:30 from April 30 to June 25 with instruction Emily McNicol. Cost of the session is \$100.00 for 9 classes, or \$15/class drop in. Classes will resume in September on both Tuesdays and Wednesdays. For more information and to register contact Anita at [president@avonmore.org](mailto:president@avonmore.org)

## Avonmore Casino

Avonmore's next casino night is Wed Sep 4, 2019 & Thu Sep 5, 2019.

We are putting the call out for volunteers. You can sign up to volunteer by following link on the Avonmore facebook page or at our website ([www.avonmore.org](http://www.avonmore.org)) Thank you for helping to support your community. A large component of the funding for the community comes from the funds raised at casino nights. We appreciate you taking the time to volunteer as part of the Avonmore community. Any questions can be sent to [casino@avonmore.org](mailto:casino@avonmore.org)



## Capilano Farmers' Market

Alberta Approved Farmers' Market



Notice our new hours of operations

Open every Saturday  
9:30 am to 3:00 pm  
Crafts, baking,  
fresh meat and eggs,  
vegetables, honey

Capilano Shopping Centre 5004-98 Ave., Edmonton  
by Albert's Restaurant



## COMMUNITY LEAGUE BOARD



President	Kris	780 720-9003
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CCL Programs	Maria	780 984-6839
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Capilano Playschool	Marzena	780 802-9307
Tennis	Daniel	780 245-1285
Soccer Programs	Shelley	780 462-4599
Soccer Programs	Curtis	780 908-3889
Ice Allocation	<b>Vacant</b>	
Hardisty Gym/Preschool Soccer	Shauna D	780 966-3205
SECLA	Monte	780 243-7547
City – NRC	Tyler	780 690-8613

Meetings are held every 3rd Wed of the month 7:30 p.m. - Sept – June

**Capilano Community is on Facebook “Like Us”**

## Choose Capilano Hall for Your Special Event

If you're planning on hosting a party, meeting, family gathering, wedding or other occasion, then you should check out our hall. Capilano hall offers a perfect location with a one-of-a-kind view of the river valley. The hall has a large balcony, kitchen, new wood flooring, and all amenities are available to make any event special. Hall capacity is 80. Single weekend daily rates for Friday, Saturday and Sunday are \$225/members and \$300/non-members. The entire weekend rates are \$325/members and \$450/non-members. To book the hall or for more information, contact Marzena – 780-909-5886, Maria – 780-984-6839, or visit our website at [www.capilano.info](http://www.capilano.info).

## Need a Capilano Community Membership?

Contact Jean at 780-863-0914.

As well, memberships are available at:

--“All Care Pharmacy” located at 5016 - 106 Ave. Contact the pharmacy at 780-244-2737 for store hours (Cash only).

--Servus Credit Union, Capilano Mall #110, 5615 – 101 Avenue, Edmonton (Cash only)

--Edmonton Federation of Community Leagues (online only). Please note: EFCL adds a \$5.00 admin fee.

Thanks to “All Care Pharmacy” and Servus Credit Union for supporting our community!

## Capilano Community Babysitting Registry – Volunteer Needed!

We need someone to manage our Babysitting Registry. Please contact Kris at 780 720-9003 if you are interested and to learn more.

## Capilano Community Wide Garage Sale – June 8!

**Date/Time:** June 8, 2019 9 a.m. – 3 p.m

To participate, you must be registered.

What is Capilano Community League offering?

-- We will advertise the Capilano Community Garage sale on our website, as well as on Facebook

--We will have signs promoting the event in our neighborhood.

--We will have a map and a list of registered garage sales available a few days prior to the event.

In order to participate we ask you to:

--Be a Capilano Community League member. If you are not a member, please visit our website at [www.capilano.info](http://www.capilano.info), or our Facebook page, to find out where to purchase a community league membership, or contact Jean at 780-863-0914.

Your responsibilities will be:

- To organize your own garage sale (alone or together with your neighbors);

- To put signs attracting people to your garage sale (remember to take them out after the event);

You can host it for extra days, it's up to you. We will advertise it only for June 8, from 9 a.m. to 3 p.m.

In order to be listed on our official Map, or for inquiries, please contact Marzena at 780-909-5886 or [Zena823@shaw.ca](mailto:Zena823@shaw.ca).

This type of community garage sale is running in a few neighbourhoods in Edmonton with great success and we thought that we would like to bring it to ours, a concentrated amount of garage sales in one area.

## Capilano BIG BIN Event for Community League Members – June 15

**Date:** Saturday June 15, 2019

**Time:** 10 a.m. – 3 p.m.

**Where:** Capilano Community League Parking Lot (10810 - 54 Street)

**Cost:** FREE to all Community League Members

Over 65 years old and need a hand getting stuff to the Big Bin for disposal?? Please call Derek at 780-919-5421 to coordinate FREE Pickups.

**Please note:** ITEMS WILL ONLY BE ACCEPTED FROM CAPILANO COMMUNITY LEAGUE (CCL) MEMBERS-please bring your valid CCL membership card, or buy one onsite.

**Items accepted at this BIG BIN Event ONLY:**

--Couches, chairs, mattresses, and other household furniture items too large for curbside pickup

--Fridges, freezers, washers, dryers and other large household appliances (will be recycled)

--Computers, televisions and other household electronics (will be recycled)

**Non-accepted Materials:**

--Commercial Waste -Household Hazardous Waste – please take to an Eco Station. They will be accepted at no cost.

## Capilano Playschool – Accepting Registrations

Capilano Playschool is accepting registrations for the 2019/2020 school year. We offer a choice of our Healthy Apple (health and wellness) or Christian program. We run morning classes two or three days per week. All classes are for 3 and 4-year olds and include a “Learn Through Play” philosophy that facilitates children learning letters, numbers, socialization and self-regulation skills through physical activity, art and crafts, field trips, stories, music and more. We are located in Hardisty School (10534-62 street).

For more information on our parent cooperative playschool, or to get a registration package, please contact Marzena at 780-802-9307 or [capilanoplayschool@hotmail.com](mailto:capilanoplayschool@hotmail.com); check out our website at [www.capilanoplayschool.com](http://www.capilanoplayschool.com); or find us on Facebook! Hurry as space is limited!



## 2019 Capilano Summer Green Shack Program

The Green Shack program is back at Capilano Community Park (10810 – 54 St.) for 2019. The Green Shack playground program will be available for neighbourhood children 6-12 years – dates and times to be announced. A playground leader will deliver FREE playground programs for children that includes drop in sports, games, activities, and crafts.

## Total Body Fitness – Outdoor Summer Class

Total body fitness, inside the hall, will resume in September 2019.

Please join us at Capilano Community Park for a great outdoor fitness program!

**Day/Time:** Thursdays 7:00 – 8:00 p.m.

**Dates:** July 11 – August 22, 2019 (7 classes)

**Cost:** \$70 or \$55 for a 5 class pass.

This could be a family workout if you'd like to bring kids and we can be near the playground. This would be a fun, strength and cardio class using different equipment (like medicine balls and ropes). All things can be adapted and modified for differing fitness levels or injuries.

Contact Lisa for more information or to register (6 people minimum to run class) at [lisashortenfitness@gmail.com](mailto:lisashortenfitness@gmail.com) or 780-221-9857.



## Thank you Community Volunteers!

Volunteers are worth their weight in gold - we are grateful when new faces appear and saddened when familiar people move on to other adventures. This year Capilano Community League is saying goodbye to four committed community volunteers:

First, we would like to express our gratitude to Michelle Ware for her hard work as the League's Webmaster. Over the past few years Michelle has put in countless hours to revamp, update and maintain our website. Michelle is a dedicated member of our community and her hard work and commitment will be missed. As an active member of our community we anticipate we will still get to see her at our community events and out on the Tennis courts.

The CCL would also like to express our thanks to Darren Somerville for all the time and effort he has put into maintaining our facilities as our building and grounds director. Over the past two years, Darren led a number of maintenance projects including upgrading the lighting for our rink and parking lot and recently, our sewer line replacement. We are grateful for Darren's willingness to quickly

and effectively address issues and for ensuring our facilities were well maintained. Always willing to lend a hand we know we will see Darren at our many social events.

We would like to thank Talia Davies for her time and effort updating and maintaining the babysitting registry over the past 3 years. From the time she took on the role she updated the registry, created a questionnaire for babysitters and families, and helped many parents enjoy a night out! Thank you Talia.

Additionally we would like to thank Jaret Farris for his ongoing efforts as our ice allocator/ scheduler. Jaret seamlessly organized and coordinated the rink schedule for hockey practices, family use, shiny and open skates. As well, he scheduled and oversaw the rink attendants to ensure the rink was well maintained and open for use. We are grateful for the time and effort Jaret put in to ensure a successful outdoor rink season for our community members.

Finally we would like to thank all of our rink attendants for their time opening, closing and maintaining the rink. Thanks for another wonderful skating season.

## Save the date: Capilano Playschool 7th Annual Splash & Slide Fundraiser!



**Date:** Sunday morning, November 17, 2019 – arrive before 10:30 a.m. and have the option of staying all day!

**Where:** West Edmonton Mall Waterpark  
Support your community playschool and

enjoy family fun at the waterpark at a great price! Early bird tickets are just \$13 until October 12! This event sells out every year!

For more information, or to purchase tickets, call 780-802-9307.

## FREE Swimming at City's Outdoor Pools!

This coming summer, all outdoor swimming pools are open from approximately later May or in June, until the September long weekend (weather permitting) and offer FREE access for the entire 2019 season.

Please note: Closures are determined by temperature (below 18°C), extreme weather (stormy, heavy rain, lightning / thunder), and bookings. Outdoor pool status is updated daily at 10am and 2pm.



## Capilano Community League – 2019 Annual Report to the Membership

### Highlights at the AGM on May 15, 2019

Good evening community members. We are so happy you could join our 2019 AGM to help celebrate another productive year in our amazing community. Capilano is a vibrant and welcoming community where lifelong connections are built; it is my opinion this is in large part due to the dedication and commitment of our community board and volunteers. Tonight I will share a few highlights from the past year to illustrate the great work our community league board and volunteers have done. For more detailed information please feel free to take a copy of the Annual Report.

**--We replaced our sewer line.** We often forget about the importance of a good sewer line until it keeps backing up! And this year - back up is what it did – several times. Thankfully our guests and renters were all laid back and understanding while our hall managers Maria Lyrantzis and Marzena McKenzie organized and managed plumbers and clean up. With the persisting issues our Building and Grounds Director, Darren Somerville took the lead in managing the replacement of the line. \$17000 later we now have a new sewer line from the building to the road and water is flowing once again. Luckily, we are fortunate to have the support of our grants coordinator, Allan Yee who has put together a CLIP grant that, if approved, will cover about half of the cost.

**--We began phase 2 of our lighting project.** In addition to leading the surprise sewer line repair Darren has taken the lead on our lighting project putting together a scope of work and obtaining and reviewing quotes. In partnership with the Capilano Tennis Club we will be updating the lighting around the tennis courts and parking to ecoefficient LED lights. At the same time, we will be adding hand dryers to the bathrooms in the tennis club and main floor of the hall to reduce issues with toilets plugging.

**--We hosted several successful social events.** Heather Somerville, our social director, is passionate about getting people together and her passion shines through the many social events she coordinates from our annual Chili Cook-Off to our recent Seniors Tea. All of our social events have been well attended and successful due to her leaderships and the helping hands of volunteers

Laura Mercier, Jean Halko, Allan Yee, Maria Lyrantzis and Marzena McKenzie.

**--We welcomed a new Treasurer and SECLA Liaison.** This year we welcomed two new members to our board: Kyle Yurkiw as our Treasurer and Monte Krueger as our SECLA Liaison.

**--We lost a community school.** Sadly, last month the Edmonton Catholic School Board voted to close St. Gabriels Elementary school. Our community put in a valiant effort in hopes of preventing the closure. Over 120 people attended the school closure consultation meeting in January where many spoke about the impact a closure would have on our community. Our Board secretary, Laura Mercier, led the development of the Save our School parent group that put in a remarkable effort to increase enrollment and find solutions to prevent the closure. They put together a solid advertising campaign, supported the school in running their open house and developed a business plan for creating a viable school. Despite these efforts, the school board decided to close the Elementary school at the completion of this school year. Next year they will move the programs currently running at St. Margaret's to St. Gabriel's.

These are just a few highlights of the work our board and volunteers have done over the past year. It only scrapes the surface of what our committed, dedicated and passionate board members and volunteers do to foster our remarkable community. While the highlights only mention a few of our dedicated and committed community volunteers I want to stress there are many, many other people who freely give their time to building our community. We appreciate and are grateful for each and every one of our board members and volunteers. Without them - our community would be nothing more than neighborhood.

Finally, I want to share that I feel honored to be in the role of president of the Capilano Community League. I have made lasting friendships and have learned a great deal about board operations, sewer lines, and lighting. I look forward to moving into the next year and working with the board to refine and act on our strategic priorities and update our bylaws.

*Respectfully submitted by: Kris Cramer, President*

**the Gutter Doctor**

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15,000  
HAPPY  
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## Board Member Contact Sheet

President	Name: Reg Email: <a href="mailto:president@cloverdalecommunity.com">president@cloverdalecommunity.com</a>
Past-President	Name: Vacant Email: <a href="mailto:pastpresident@cloverdalecommunity.com">pastpresident@cloverdalecommunity.com</a>
Vice-President	Name: Lisa Email: <a href="mailto:vicepresident@cloverdalecommunity.com">vicepresident@cloverdalecommunity.com</a>
Secretary	Name: Liam Email: <a href="mailto:secretary@cloverdalecommunity.com">secretary@cloverdalecommunity.com</a>
Treasurer	Name: Regan Email: <a href="mailto:treasurer@cloverdalecommunity.com">treasurer@cloverdalecommunity.com</a>
Civics Director	Name: Tim Email: <a href="mailto:civicsdirector@cloverdalecommunity.com">civicsdirector@cloverdalecommunity.com</a>
Folk Festival Liaison Director	Name: Sandy Email: <a href="mailto:folkfest_liaison@cloverdalecommunity.com">folkfest_liaison@cloverdalecommunity.com</a>
Communications Director	Name: Vacant Email: <a href="mailto:communications@cloverdalecommunity.com">communications@cloverdalecommunity.com</a>
Social Director	Name: Bob Email: <a href="mailto:socialdirector@cloverdalecommunity.com">socialdirector@cloverdalecommunity.com</a>
Program Director	Name: Vacant Email: <a href="mailto:programdirector@cloverdalecommunity.com">programdirector@cloverdalecommunity.com</a>
Membership	Name: Karen Email: <a href="mailto:membership@cloverdalecommunity.com">membership@cloverdalecommunity.com</a>
Committee Leads	
Casino Coordinators	Name: Bev and Shane Email: <a href="mailto:casino@cloverdalecommunity.com">casino@cloverdalecommunity.com</a>
Edmonton Ski Club Liaison	Name: Chris Email: <a href="mailto:skiclub_chair@cloverdalecommunity.com">skiclub_chair@cloverdalecommunity.com</a>
Flood Mitigation	Name: Eric Email: <a href="mailto:floodmitigation_chair@cloverdalecommunity.com">floodmitigation_chair@cloverdalecommunity.com</a>
Community Garden (CCGC) Chair	Name: Kelsey Email: <a href="mailto:communitygarden_chair@cloverdalecommunity.com">communitygarden_chair@cloverdalecommunity.com</a>
Seniors	Name: Karen Email: <a href="mailto:seniors@cloverdalecommunity.com">seniors@cloverdalecommunity.com</a>
LRT Citizens Committee	Name: Paul Email: <a href="mailto:lrtcommittee_cochair@cloverdalecommunity.com">lrtcommittee_cochair@cloverdalecommunity.com</a>
Gallagher Park Master Plan	Name: Paul Email: <a href="mailto:lrtcommittee_cochair@cloverdalecommunity.com">lrtcommittee_cochair@cloverdalecommunity.com</a>
Abundant Community - Neighbourhood Connectors	Name: Marilyn Email: <a href="mailto:neighbourhoodconnector@cloverdalecommunity.com">neighbourhoodconnector@cloverdalecommunity.com</a>
Hall Manager	
Hall Rentals	Name: Janet E-mail: <a href="mailto:rentals@cloverdalecommunity.com">rentals@cloverdalecommunity.com</a>

## Book Cloverdale Hall Today!

We have the perfect space for your spring and summer parties! We're centrally located in the heart of Gallagher Park with access to year round recreation opportunities. We offer great scenic backdrops for your photos and memories. Whether it is a wedding, family reunion or a BBQ, let us be your hosts at our great facility! The Cloverdale Community League hall is the perfect venue! Room to move, party, mingle or just chill out. The hall has all the amenities, including Internet access, needed to host your special event!

The hall has recently been renovated. We got a new wrap around deck and the hall is completely accessible. Other upgrades for your comfort include a range of energy efficiency technology, including solar panels! Go Green at your next event at the Cloverdale Community League hall.

Whether it's a business meeting or a social, the Cloverdale Community League can accommodate your gathering. Email Janet to book a date and view the hall: [rentals@cloverdalecommunity.com](mailto:rentals@cloverdalecommunity.com).

## Message From the Board

June is a Block Party month. It's a great time to get outside with your friends and family and find out what's been happening on your block. It's also a great time to get involved with the Cloverdale Community League (CCL). Whether it's helping to clean up Gallagher Park or your home and backyard by participating in the recent River Valley Clean-up and Big Bin event or celebrating our energy efficiency upgrades at the hall during the Eco Solar Tour on June 2nd, Cloverdale is a community that pulls together to get welcome one another and make things happen.

Stay tuned for updates, via the CCL website and Facebook Page on the potential return of the 'Accidental Beach' on the North Saskatchewan River. The CCL board and volunteers have been working with the City of Edmonton to prepare for another season

of visitors to the river valley. This includes the implementation of a seasonal residential parking programme. We'll also keep you posted on updates about the parking programme that will be in effect in August during the Edmonton Folk Music Festival.

Finally, consider doing your part to keep the CCL active, dynamic and responsive to the community. There will be a number of board positions available at our AGM in September. The board is a great group of neighbours that volunteer their time and talent to programme a variety of programmes and activities for all ages and maintain the hall and rink for your benefit. We'd love to have you join us on the board. The work is satisfying, challenging and rewarding.

*All the Best,*  
*Your Cloverdale Community League Board*

## Mark Your Calendar!

Mark your calendars and get ready to join the neighbourhood at the following activities at the Cloverdale Community League Hall, 9411 97 Avenue. Check the Cloverdale Community League (CCL) website for regular updates. ●**Cloverdale Community League Annual General Meeting:** Monday, September 23, 2019 at 7:00 PM at the CCL

hall. Join the community to make decisions for the future, hear reports from the board about the past year and volunteer to get involved on the board.

- **CCL Halloween Party:** Sunday, October 27, 2019
- **CCL Christmas Party:** Sunday, December 7, 2019

## Volunteer Opportunities



### Cloverdale Community League Board of Directors

Volunteers are the heart and soul of the Cloverdale Community League! We're looking for volunteers to fill a number of positions on the board at the AGM on September 23, 2019. The time commitment for each position varies, but we try to keep it manageable. Family, work and volunteer life balance is important. These positions will be open for elections in September:

- President
- Secretary
- Communications

- Edmonton Ski Club Liaison Chairperson
- Social Director
- Programme Director
- Membership Director
- Seniors Director

The work is satisfying and rewarding. It's an opportunity to share your skills and learn new ones.

It's an opportunity to meet your neighbours, focus on developing the assets of Cloverdale and give back to the neighbourhood. For more information, including job descriptions, contact Reg at <[president@cloverdalecommunity.com](mailto:president@cloverdalecommunity.com)>.

## Benefits of Cloverdale Community League Membership

Membership in the Cloverdale Community League is one of the best deals in town. Not only does it open the doors to a lot of neighbourhood-based activities for you and your family, it also provides you with discounts at City of Edmonton recreation facilities. The Community League Wellness Programme offers the following discounts:

**Annual Membership** - 20% discount on Adult, Family, Child, and Youth/Senior An-

nual Memberships.

**Multi Admission Pass\*** - 15% discount on already discounted multi admission pass (5+ visits) \*Applies to new purchases only.

**Continuous Monthly Membership** - 20% discount on an on-going monthly membership.

For more information about Cloverdale Community League Membership, please contact Karen at [membership@cloverdalecommunity.com](mailto:membership@cloverdalecommunity.com).





**RICE 101**  
Asian Fusion Restaurant

7327 101 Ave  
780-757-5511

**JUST FOR YOU.  
COUPON!!**

Spend \$25  
or more to get  
a **FREE** order  
of dumplings

\*Bring this coupon to our store\*  
Coupon valid until July 30, 2019

**Spray Park is Open!**

A sure sign of summer is the opening of the spray park at the Cloverdale Community League playground and park. The spray park is a great place for children and parents to meet and enjoy the sunshine. Enjoy!

**EDMONTON SOUTH  
SEVENTH-DAY ADVENTIST CHURCH**

2019  
**MONDAY JULY 1**  
FROM 9AM-12 NOON

*Free Canada Day  
Pancake Breakfast*



**EDMONTON SOUTH SDA CHURCH**  
51018-106 AVE EDMONTON  
PHONE: 780-465-4426

**Day Camp – Cool Creations (Ages 6 to 9)**



Is your child looking to learn new skills and make some really cool creations? Then this is the camp for them. Campers will learn how to tie-dye, and try their hand at concoctions such as homemade chocolates and slime. They will take home a new creation every day! Course #657276 runs from July

8 – 12, daily from 9 am - 4 pm at the Cloverdale Community League Hall, 9411 97 Avenue. Register with the City of Edmonton: Online at [MoveLearnPlay.edmonton.ca](http://MoveLearnPlay.edmonton.ca); call 311 or 780.422.4311 or in person at any City facility during hours of operation. Cost: \$135 (4 days), \$169 (5 days).

**Pop-up Playground (Ages 6 to 12)**

Check out Gallagher Park for exciting summer activities for kids! The City of Edmonton will be running a Pop-up Playground at the Cloverdale Community League Playground from July 2nd to August 22nd, Tuesdays and Thursdays from 2:30 PM to 6:00 PM. Keep your eyes peeled for the playground flags. Join in a variety of activities from crafts, games, sports and free play.





**EVERYDAY Favs MENU**

	DRINK SPECIALS	FOOD SPECIALS
<b>MONDAY</b>	<b>\$4</b> SLEEVES OF DOMESTIC DRAUGHT (12oz)	<b>\$9.99</b> BANDERA PIZZA BREAD
<b>TUESDAY</b>	<b>1/2 PRICE WINE</b> (6oz, 9oz, 750ml BOTTLE)	<b>PASTA TUESDAY</b> (STARTING FROM \$8.99)
<b>WEDNESDAY</b>	<b>\$6.99</b> DOMESTIC DRAUGHT TANKARDS (23oz)	<b>50% OFF WINGS</b> (SINGLE ORDER)
<b>THURSDAY</b>	<b>\$5</b> PINTS OF DOMESTIC DRAUGHT (18oz)	<b>BUY 2 &amp; GET THE 3RD APPETIZER FREE</b> (OF EQUAL OR LESSER VALUE)
<b>FRIDAY</b>	<b>\$11</b> FISHBOWL FRIDAY (3oz)	<b>\$22.99</b> FULL RACK OF RIBS (SLOW-ROASTED PORK BACK)
<b>SATURDAY</b>	<b>\$11</b> FISHBOWLS (3oz)	<b>\$17.99</b> CHICKEN PARMESAN (FULL-SIZE ENTRÉE)
<b>SUNDAY</b>	<b>\$5</b> CAESARS (10z) <b>\$8</b> BOSTON SIZED CAESARS (20z)	<b>\$2 OFF</b> HALF ORDER OF NACHOS <b>\$4 OFF</b> FULL ORDER OF NACHOS
<small>*Prices do not include applicable taxes and are subject to change without notice. Offer valid for dine-in only at participating Boston Pizza restaurants. Cannot be combined with any other offer.</small>		<b>KIDS SUPER SUNDAY \$4.99 KIDS MEAL</b>



**BOSTON PIZZA - CAPILANO**  
**5515 101 Ave 780-465-0771**



## Forest Terrace Heights Board

<b>President</b>	Rae	President@forestterrace.org
<b>Vice President</b>	Jeremy	VP@forestterrace.org
<b>Secretary</b>	Curtis	Secretary@forestterrace.org
<b>Treasurer</b>	Michelle	Treasurer@forestterrace.org
<b>Hall Rental</b>	Molly	Hall@forestterrace.org
<b>Maintenance</b>	Ryan	Maintenance@forestterrace.org
<b>Programs</b>	Sarah	Programs@forestterrace.org
<b>Rinks</b>	Scott	Rink@forestterrace.org
<b>SECLA Rep</b>	Connie	SECLA@forestterrace.org
<b>Outdoor Soccer</b>	Kelly	Soccer@forestterrace.org
<b>Babysitting</b>	Anna	Babysitting@forestterrace.org
<b>Casino</b>	Anna	Casino@forestterrace.org
<b>Grants</b>	<b>VACANT</b>	
<b>Memberships</b>	Sonya	Membership@forestterrace.org
<b>Website</b>	Curtis	Web@forestterrace.org
<b>Signs</b>	Anj	Signs@forestterrace.org
<b>Newsletter Editor</b>	Kerry	Newsletter@forestterrace.org
<b>Events</b>	Kathleen	Events@forestterrace.org
<b>Indoor Soccer</b>	Kelly	Safety@forestterrace.org
<b>Civics</b>	Julie	Civics@forestterrace.org
<b>Marketing</b>	Joanne	Marketing@forestterrace.org
<b>ACE</b>	CoraLee	ACE@forestterrace.org

## Pilates mat class on until June 28

Every Friday from 9:15 to 10:30 a.m. at the hall, Kelly will offer a \$10 pilates class for all fitness levels. Each class will work to balance all muscle groups' strength and flexibility with emphasis on challenging the core mus-

cles with each movement. A challenging but safe method to sculpt your body and feel increased agility in your everyday movements. Contact Kelly at 780-983-5403 or kbray2@telus.net to register or with questions.

## Great turnout for Jane's Walk

On May 4, Erik Backstrom from the City of Edmonton and Shannon Clarke, the community librarian at Capilano Library, led a group of about 70 on a Jane's Walk through Fulton Ravine. Shannon spoke about the design of the library and its relationship to the ravine. Erik spoke about its naming and history, including the creek that flowed through it from Strathcona County to the river.

Jane's Walk is an annual festival of free, citizen-led walking conversations that encourage people to share stories about their neighbourhoods, discover unseen aspects of their communities, and use walking as a way to connect with their neighbours.

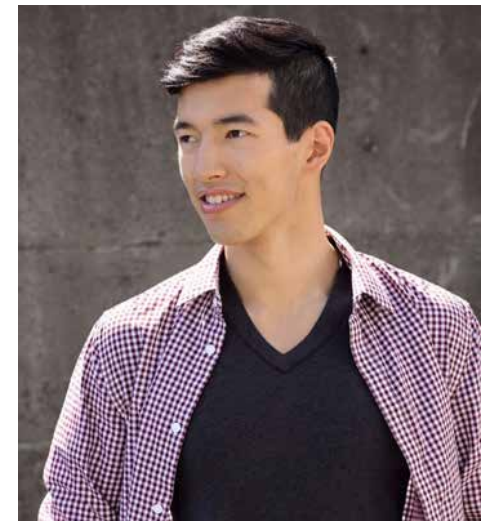


Named after urban activist and writer Jane Jacobs, the festival is held annually during the first weekend in May to coincide with her birthday.

## Chiropractic – What the Crack is Going On?

Join Dr. Francois Lacroix-Leung on Tuesday, June 25, from 7 to 9 p.m. at the hall for an informative, biomechanical look at your body. He'll have answers to questions like, Why do I have reoccurring pain in my back? What should my chiropractor, physiotherapist, massage therapist and athletic therapist be doing for me? What should I be doing? Plus, he'll tell you about the top exercises to incorporate into your daily life.

Dr. Lacroix-Leung studied kinesiology at the University of Alberta before moving to Portland, Oregon to pursue a career in chiropractic medicine. He specializes in sports injuries and performance. An expert rock climber, he is the head coach for the Northern Competitive Climbing Team and part of the support team for Climbing Canada.



## Don't miss out on membership perks



Don't miss out on all the benefits you can enjoy with a membership in the Forest Terrace Heights community league:

We offer free swims at Hardisty Pool every Sunday from 1:15 to 2:45 p.m., and every Saturday from 5 to 7 p.m. at Commonwealth Fitness Centre. At Commonwealth, you can also use the gym.

Once a month, we randomly select a winner from all community-league members to receive a free bouquet of fresh flowers from Grower Direct, our neighbourhood florist at 7231 101 Ave.

Members get a discount on rental of our community hall, a perfect location for children's birthday parties, family reunions, fundraisers, meetings, exercise classes and more. A four-hour rental is \$110 for non-members and \$80 for members. A full day is \$230 for non-members and \$180 for members. For more information or to book, visit forestterrace.org.

Premier Painting offers a 10-per-cent discount on all their painting and staining services. Call 780-721-4771 or visit premier-paintingyeg.com.

Free membership in the Edmonton Tool Library allows you to borrow up to eight items per year from a large inventory of hand, power and yard tools for a week at a

time. To claim your membership, visit the tool library location at the Bellevue Community Hall (7308 112 Avenue NW) and bring photo identification and your community league membership card. To make the process faster, complete the membership application at edmontontoollibrary.weebly.com and review the release of liability waiver and borrowing policy.

Show your card at Real Deals, the home decor store at 7115 101 Ave, and receive 10-per-cent off!

Fargos Restaurant & Pub at 5804 Terrace Road offers a 10-per-cent discount on food and beverage when you show your membership card.

Families can purchase or renew their membership for just \$30; individual memberships are \$15; seniors pay \$10; and, if you're new to Forest or Terrace Heights or you've never had a membership before, your first year is free! Buy online at efcl.org/membership; contact our membership director at membership@forestterrace.org or 780-463-1613 (this is the only option for free memberships; or purchase in person at Shaheen Grocery & Bakery (10130 79 St NW), Grower Direct (7231 101 Ave NW), SEESA (9350 82 St NW) or any Edmonton Servus Credit Union branch.

## Fulton Ravine cleanup

Thanks to all those who helped out with the ravine cleanup on May 4. Volunteers collected about 25 or 30 bags of trash along with several tires, shopping carts, a small mattress, and various other stuff.





## FREE DROP-IN POP-UP PLAY PROGRAM




LOCATION	DATES	DAYS	TIMES
Fulton Place 6115 Fulton Rd NW	July 2–August 22	Tuesday & Thursday	10:00 AM - 1:30 PM

Keep your eyes peeled for the colourful pop-up play flags! Two days a week you will get active and experience a variety of crafts, games, sports, and free play. Neighbourhood Recreation would like to acknowledge that our programs respectfully take place on Treaty 6 Territory, and Metis Nation Region 4.

This program is targeted for children aged 6–12, but all children accompanied by an adult are welcome to attend.

For more information visit:  
edmonton.ca/popupplay  
or call 311.

GET IN TOUCH WITH US

 @Greenshacks

 Greenshacks@edmonton.ca








PLEASE JOIN US FOR THE SUNSHINE GARDEN'S

## 5<sup>TH</sup> ANNUAL FULTON PLACE GARDEN TOUR

---

**TUESDAY, JUNE 18 & WEDNESDAY, JUNE 19, 2019**  
**5:30PM-8:00PM**  
**SELF-GUIDED: WALK, BIKE, OR DRIVE**  
**A GUIDED BIKE TOUR WILL DEPART AT 6PM**

**\$10 - KIDS ARE FREE**  
**ONLINE: WWW.FPCOMMUNITYGARDEN.NET**  
**IN PERSON: SUNSHINE GARDEN - 6110 FULTON ROAD**

**NEW: \$25 VIP TOUR – THURS, JUNE 13 (LIMITED TICKETS)**

Gardens are chosen for their charm and special features.  
 Garden hosts will be available to share garden design ideas.

Tour will run rain or shine.  
 Be inspired by the beauty of our neighbourhood!

FOR MORE INFO, CONTACT SHEILA 780-468-9218 OR HAWKTHOM@TELUS.NET

## Hall Rental

The hall is a great place to hold family, social or business functions. The rental rate is competitive, with discounts for Fulton Place community league members. To book the hall please contact sherry-lynn@fultonplace.org or call the Hall at 780.466.8140 and leave a message.

## Now Welcoming Membership Tour Volunteers

The Membership Tour involves selling memberships door-to-door for a small section of the community, usually in the vicinity of your home. The League will supply you with all your materials and instructions on how best to manage memberships sales. Please email info@fultonplace.org if you're interested in joining the Tour.



## Fitness Class – strength & cardio

Join our community group for fun morning fitness! Class sessions run Wednesdays at 9:00am. Work at your own pace with modifications for all fitness levels—no experience needed! For questions and registration details contact Ann Lukey at ann@yourinertia.com or 780.719.2897

## Only 5 Casino Volunteers Still Needed

Fulton Place Community League is seeking volunteers for their Casino Fundraiser on June 12 & 13, 2019 at Century Casino. Proceeds from the Casino are the primary source of income for the Community League to use towards various programs and for operating the hall and outdoor rink facilities. We almost have our 40 volunteers to fill all the positions so please help out if you are able. Contact Rick Meger at 780-463-4333 or rvmeger@telus.net to sign up and receive further information.

## Hantavirus Protection

If you're cleaning your yard and find mice, be careful. Hantavirus Pulmonary Syndrome (HPS) is a potentially fatal respiratory illness. It is caused by Hantavirus, a virus found in the saliva, urine and droppings of deer mice.

People can get Hantavirus by breathing in contaminated dust or particles from the mouse urine or droppings, or by being bit by a deer mouse. Symptoms occur two to three weeks after being exposed to the virus. They are similar to the flu and may include headache, fever and chills, muscle aches and shortness of breath, as fluid builds up in the lungs. If you or someone you know shows symptoms and has been exposed to deer mice, seek medical care immediately.

And try to avoid exposure in the first place. "The best way to prevent Hantavirus is avoiding contact with deer mice. Eliminate their potential food sources. Keep garbage covered in pest-proof containers and set traps to catch rodents at your home and workplace," says Alberta Health Services public health inspector Nicole MacIntyre.

If you have to clean the area where deer mice have been, do not stir up the dust by sweeping or vacuuming the nest or droppings. Wear rubber or vinyl gloves and spray the urine and droppings with a disinfectant. Use paper towel to pick up the waste and dispose of promptly in the garbage. Thoroughly wash your hands once you're done.

## The Fulton Place Big Bin Event & Community Garage Sale

Saturday June 15, 2019 9am - 3pm Fulton Place Community Hall

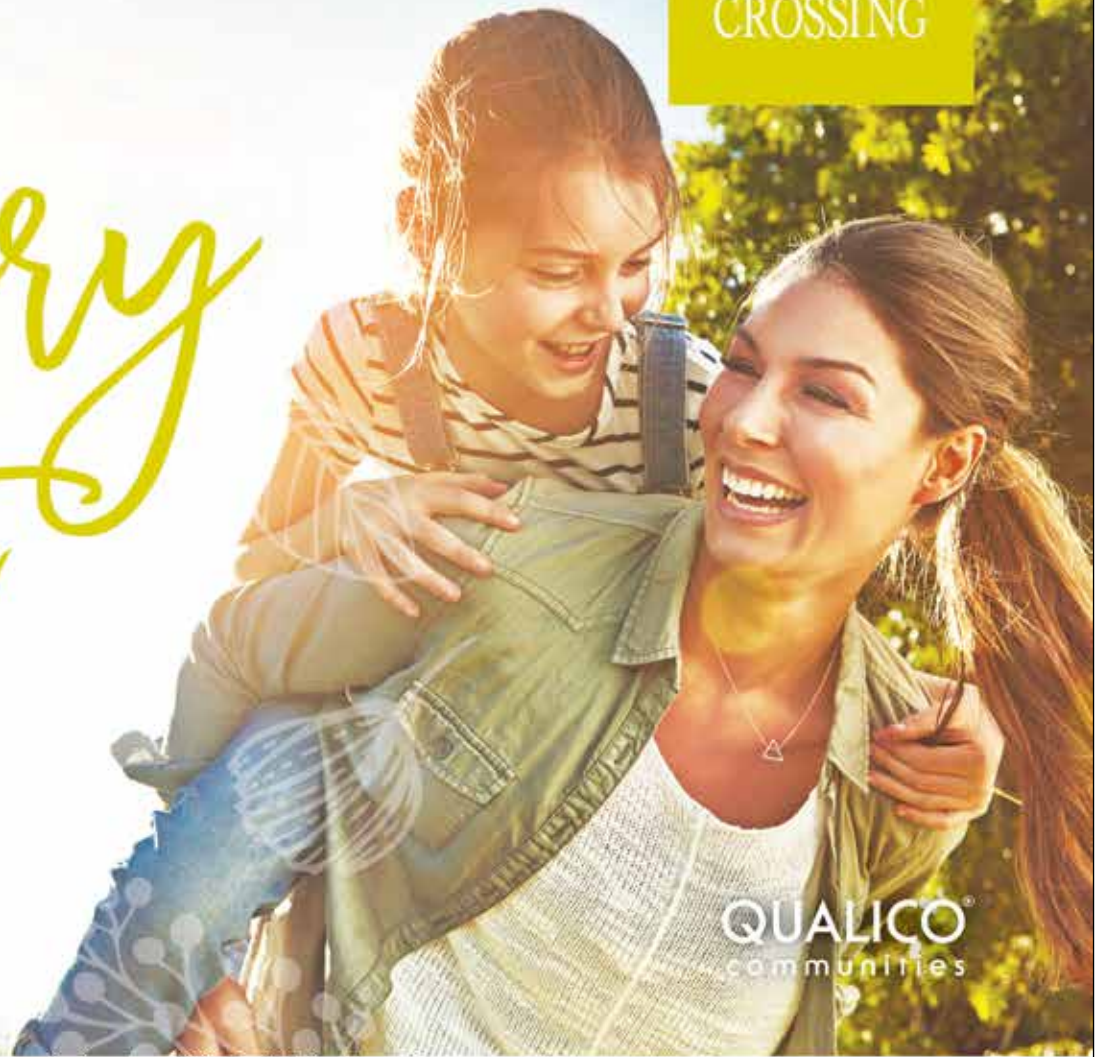
## Community League Swimming

**Hardisty Swimming Pool**  
 Fulton Place Community League Members enjoy free swimming on Sundays from 1:15-2:45, September 1 to June 22.





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\* See Showhomes for details.  
Some restrictions apply.







**NEW PRICE**

ATTN homebuilders & developers: future project in Holyrood!! 55' x 120' corner lot. Both house & garage ready for demolition and rebuild. \$355,000!



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1<sup>st</sup> DAY on MARKET - MULTIPLE OFFERS 120' x 55' (RF1) Lot in SE Edm. - Ottewell. 1269 sq. ft. bungalow ready for renovations! List Price: \$349,900.



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## Gold Bar Executive

Name	Position	Email
*President	Adam Rompfer	<a href="mailto:adamrompfer@yahoo.ca">adamrompfer@yahoo.ca</a>
*Vice President	Jamie Melnyk	<a href="mailto:jamie21_twitcher@hotmail.com">jamie21_twitcher@hotmail.com</a>
*Secretary	Tammy Schatull	<a href="mailto:goldbarsecretary1@gmail.com">goldbarsecretary1@gmail.com</a>
*Treasurer	Nicole Kraychy	<a href="mailto:nicolegoldbar@live.com">nicolegoldbar@live.com</a>
Bingo Director - Fort Road	Jessica Negrey	<a href="mailto:negrey@shaw.ca">negrey@shaw.ca</a>
Bingo Director - Parkway	Charlene Lazenby	<a href="mailto:charnelazenby@gmail.com">charnelazenby@gmail.com</a>
Bingo Worker Director	Lorie Smith	<a href="mailto:loriesmih@gmail.com">loriesmih@gmail.com</a>
Casino Director	Isabella Pierce	<a href="mailto:bella.edm@shaw.ca">bella.edm@shaw.ca</a>
Communications Director	Lisa Shorten	<a href="mailto:brian.lisa.shorten@gmail.com">brian.lisa.shorten@gmail.com</a>
Community Liaison	Rhae Hansen	<a href="mailto:gbcl.liaison@gmail.com">gbcl.liaison@gmail.com</a>
Director At Large	Pat Chmilar	<a href="mailto:p.chmilar@icloud.com">p.chmilar@icloud.com</a>
Director at Large	Cody Charlene	<a href="mailto:codycharlene86@gmail.com">codycharlene86@gmail.com</a>
Financial Director	Andrew Mason	<a href="mailto:andrewroycemason@gmail.com">andrewroycemason@gmail.com</a>
Green Shack Program Director	Joelle Zimmerman	<a href="mailto:Joelle_zimmerman@gmail.com">Joelle_zimmerman@gmail.com</a>
OiHall Manager	Liisa Armstrong	<a href="mailto:goldbarhallrentals@gmail.com">goldbarhallrentals@gmail.com</a>
Membership Director	Amy Cooper	<a href="mailto:Amycooper88@outlook.com">Amycooper88@outlook.com</a>
Programming Director	Sharon Harker	<a href="mailto:gbhallfun@gmail.com">gbhallfun@gmail.com</a>
Rink Manager	Heather Hopgood	<a href="mailto:hhopgood@shaw.ca">hhopgood@shaw.ca</a>
Sign Director	Lindsay Kocil	<a href="mailto:lindsaykocil@me.com">lindsaykocil@me.com</a>
Social Director	Ronda Lisowski	<a href="mailto:magicianronda@gmail.com">magicianronda@gmail.com</a>

## Okinawan Karate Dojo

Monday and Thursday Evenings  
Classes are now ½ price for the May – Aug session.

Train at Beverly Heights Hall on Mondays and Gold Bar Hall on Thursdays

Family Class (age 7+) 6:00-7:00 pm

Adult Class (age 13+) 7:00-8:00 pm

Kobudo (Weapons) Class: 8:00-9:00 pm

Your registration fee gives unlimited access to all 3 classes on both nights

**Regular Fees:** Jan - April

1 person \$15/month  
2 people \$27/month  
3 people \$37/month  
4 people or more \$50/month  
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For more info [www.kaizendojo.ca](http://www.kaizendojo.ca)  
to register email [jamie.hanlon@shaw.ca](mailto:jamie.hanlon@shaw.ca)

## Yoga

Last class June 26 and then breaks for the summer.

\*no yoga on Monday May 27, Monday June 10, or Tuesday June 11

Instructor: Nancy Conlin

Certified yoga teacher with 20 years of teaching experience

**Active Hatha Yoga:** a focus on increasing strength and flexibility while calming the mind. Mondays 7:00 - 8:15 pm. Tuesdays

9:45 - 11:00 am.

**Restorative Hatha Yoga:** more time with each pose to get that deep stretch allowing the body to restore and renew. Wednesdays 8:00 - 9:15 pm.

**Cost:** \$80 for 8 classes, \$55 for 5 classes or \$15 drop in fee. Your registration allows you to attend all three classes. For information or to register email [nancy\\_conlin@hotmail.com](mailto:nancy_conlin@hotmail.com)

## Mom and Me Fitness Class is at the Playground!

This class is a mix of cardio and strength with a special focus on pelvic floor health. Kids and babies are welcome to come play at the playground, be in the stroller or be worn (poor weather we will be in the hall) Bring a yoga mat, water, and anything your kids need.

This class runs Monday's and Thursdays from 930-1030am at Gold Bar Community Hall.

This session runs from April 29/ May 2-June 17/20, although you're welcome to

join anytime. A new session will start July 4/8 and we will be outdoors at the playground (weather permitting) the kids can play at the playground (or greenshack anyone?) while the mom's workout on or next to the playground.

Contact Lisa to register or with any questions.

Mondays \$70, Thursdays \$80, 5 pass \$55 or drop in \$12.

Facebook.com/lisashortenfitness or email [lisashortenfitness@gmail.com](mailto:lisashortenfitness@gmail.com)

## The Green Shack Will Be Back!!!

Our Green Shack program is set to run July 3-August 23, from 10:00am-1:30pm, Monday-Friday this summer at Goldbar Playground (105ave and 46st). This is a FREE drop-in program for children ages 6-12 sponsored by the City of Edmonton. Children under the age of six must be supervised by a parent/guardian at all times. If you have positive feedback, questions, or concerns regarding the program please contact Joelle at 780-938-2611

## Green Shack Ice Cream Social

To start the summer off right and meet our Green Shack leader, please join us at the Playground on Monday, July 8 from 10:30am-12:30pm. All community members are welcome! Bring a picnic lunch and we will provide dessert. Stick around as long as you like to visit with neighbours and friends. Follow Gold Bar Community League on Facebook or look at our community sign to get updates about this and any other upcoming events at the Green Shack time.

## BINGO!!!!

If you would like to volunteer to work any of our community bingos, please contact Lorie Smith @ 780-447-1110. These events generate revenue for our community.

Upcoming Dates At Parkway Bingo Hall: Tuesday June 25 evening/late night

Upcoming Dates @ Fort Road Bingo Hall: Friday May 31 afternoon/evening  
Sat. June 22 afternoon/evening

## GOLDBAR COMMUNITY MEMBERSHIPS AVAILABLE NOW!!!!

You can NOW buy your memberships at BLUES JAVA COFFEE SHOP (5010-106Ave), ALL CARE PHARMACY (5016-106Ave) and at SEESA (9350-82St) come check out these wonderful business and pick up your community membership. Show your membership card at Hardisty Pool on Sundays from 1:15- 2:45pm to participate in a community Swim. On the second Tuesday of every month, show your membership card at Blues Java Café to receive a FREE hot Beverage (coffee, tea, and hot chocolate) between the hours of 7- 11am. Please Remember Your Card. If you're interested in helping out your community by selling memberships, we have short and long routes available. You can purchase memberships at any of the above places or Call Amy Cooper 780- 668-6836. Adults/Family \$20 and seniors \$5.



## Gold Bar Preschool



Registration is open for the September 2019 school year! We are a non-profit, community based preschool in Gold bar Elementary school. We offers a creative and stimulating program for 3-5 year olds. Classes are on monday/Wednesday/Friday mornings from 9am-11:30am. We focus on child led exploration, early literacy, fine and gross motor play and lots of outdoor activities around our school and out in the river valley! Visit our website [www.goldbarpreschool.ca](http://www.goldbarpreschool.ca) or email for more information [goldbarpreschoolparents@gmail.com](mailto:goldbarpreschoolparents@gmail.com)

## Spray Deck 2019

Our spray deck is scheduled to run May 25-Sept. 18 from 9am-9pm. If you have questions or concerns regarding the spray deck or playground equipment please call 311.

## Games Night



May 31 - 6:00 to 10:00 pm hot dogs and popcorn. Extra fun planned for young and old.

No Games Night in June. See you in September.

For more information, contact: [gbhallfun@gmail.com](mailto:gbhallfun@gmail.com)



# 95 AVENUE TEMPORARY FULL CLOSURE

**Effective April 28, 2019**

As part of the construction of the Valley Line LRT, 95 Avenue will be temporarily closed to vehicle traffic from 85 Street to Connors Road for major work activities.

Pedestrian access will be maintained throughout the closure.

**Strathearn is open for business during construction.**  
**Look for colour-coded wayfinding signs.**

For more information, please visit  
**[www.transedlrt.ca](http://www.transedlrt.ca)**

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## Holyrood Community League Contacts

President	Larissa	<a href="mailto:president@holyroodcommunity.org">president@holyroodcommunity.org</a>
Past-President	Wendy	<a href="mailto:pastpres@hoyroodcommunity.org">pastpres@hoyroodcommunity.org</a>
Vice President	VACANT	<a href="mailto:vicepresident@holyroodcommunity.org">vicepresident@holyroodcommunity.org</a>
Treasurer	Claire	<a href="mailto:treasurer@holyroodcommunity.org">treasurer@holyroodcommunity.org</a>
Secretary	Alison	<a href="mailto:secretary@holyroodcommunity.org">secretary@holyroodcommunity.org</a>
Programs	Kelly	<a href="mailto:programs@holyroodcommunity.org">programs@holyroodcommunity.org</a>
Sports & Fitness	Sheryl	<a href="mailto:sports@holyroodcommunity.org">sports@holyroodcommunity.org</a>
Memberships	Jessica	<a href="mailto:memberships@holyroodcommunity.org">memberships@holyroodcommunity.org</a>
Facilities & Grounds	Andrew	<a href="mailto:facilities@holyroodcommunity.org">facilities@holyroodcommunity.org</a>
Communications	VACANT	<a href="mailto:communications@holyroodcommunity.org">communications@holyroodcommunity.org</a>
Social	Jeremiah	<a href="mailto:social@holyroodcommunity.org">social@holyroodcommunity.org</a>
Civics	Dave	<a href="mailto:civics@holyroodcommunity.org">civics@holyroodcommunity.org</a>
Holyrood Development Committee	Jaime	<a href="mailto:hdc@holyroodcommunity.org">hdc@holyroodcommunity.org</a>
Community Garden	Justine	<a href="mailto:garden@holyroodcommunity.org">garden@holyroodcommunity.org</a>
Rink	Randall	<a href="mailto:rink@holyroodcommunity.org">rink@holyroodcommunity.org</a>
Soccer	Jared	<a href="mailto:soccer@holyroodcommunity.org">soccer@holyroodcommunity.org</a>
Playschool	Jessica	<a href="mailto:playschool@holyroodcommunity.org">playschool@holyroodcommunity.org</a>
Playgroup	Jessica	<a href="mailto:playgroup@holyroodcommunity.org">playgroup@holyroodcommunity.org</a>
Casino	Alison	<a href="mailto:casino@holyroodcommunity.org">casino@holyroodcommunity.org</a>

Website: [www.holyroodcommunity.org](http://www.holyroodcommunity.org) Twitter: @HolyroodCL Facebook: Holyrood Community League

Purchase memberships at SEESA (9350-82 St), through [efcl.org/membership/](http://efcl.org/membership/), at Servus Credit Union locations, or at most Holyrood Community League events.

Complimentary memberships are available for newcomers to Holyrood. Contact our Membership Director at [memberships@holyroodcommunity.org](mailto:memberships@holyroodcommunity.org).

## NEW! Holyrood Community Garden

Why is a community garden important?

-Gardens promote local, organically grown, nutritious food and provide education on where food comes from and how it is grown.

-Improve physical, mental and spiritual health of community members by encouraging low impact outdoor activity.

-Create safer, more vibrant and connected

communities.

-Broaden skills and knowledge of gardening, and build lasting relationships.

-Connect diverse populations that exist within a community.

Please join us at one of our upcoming committee meetings, held at SEESA (9350 - 82 Street) 5:30 pm, Wednesday, June 26

Email: [garden@holyroodcommunity.org](mailto:garden@holyroodcommunity.org)

## Drop-in Playgroup

Thursdays, 9:00 - 11:00 AM

Fellowship Hall (downstairs) at The First Church Of God (9224 - 82 St NW)

Parents, guardians, and caregivers are welcome to drop in and socialize while their little ones (0-6 years) play. This FREE program is a great way to meet other families in our neighbourhood!

**Playgroup has moved locations!** We

would like to thank the First Church of God for extending their newly renovated Fellowship Hall to our playgroup. Playgroup will now be held downstairs at the church hall. The church is also kind enough to provide space to the Holyrood Development Committee for their regular meetings.

Contact Jessica at [playgroup@holyroodcommunity.org](mailto:playgroup@holyroodcommunity.org) for additional information.

## Ruth's Yoga

Join us for yoga on Tuesday nights. The class is designed for all abilities, from beginner to those more familiar with yoga.

7:00 - 8:15 PM

Holyrood Community League

For more information, or to register call Ruth at 780-237-6730 or email [ruthesjoberg@gmail.com](mailto:ruthesjoberg@gmail.com).

## Respect the Fence!



Sadly, the construction safety fencing around Holyrood's rink site sustained a great deal of damage over the winter months.

As per our building permit, we need to maintain a barrier around the rink construction area. This is for everyone's safety. We are currently fixing and reinforcing the fencing - at an additional volunteer & financial cost

to the league. The fence will need to stay up well into the summer months to allow ongoing landscaping and sod work. Please monitor your children and prevent them from playing on or near the fencing. This means no leaning, poking, pulling, climbing or retrieving wayward balls! The area inside the fence is still a construction zone, and IS NOT SAFE.

## Communications Director

Do you like to talk and tweet all day?

Can you text, type and update the corner sign display?

This could be you writing the SEV so don't delay,

Join our board as comms director today!

Check our website for more details, and contact Larissa at [president@holyroodcommunity.org](mailto:president@holyroodcommunity.org) if you are interested!

## Free Community Swim

Your current community membership allows you FREE access to Hardisty Leisure Centre and Commonwealth Rec Centre. Don't forget to pack your membership card!

Hardisty Leisure Centre

Sundays, 1:15 - 2:45 PM

Commonwealth Community Recreation Centre

Saturdays, 5:00 - 7:00 pm

**Priced from \$259,900**  
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## Idylwylde Executive

President	Kate	presidentidylwylde@gmail.com
Vice President	David	vpidylwylde@gmail.com
Treasurer	Monique	treasureridylwylde@gmail.com
Secretary	Corrina	secretaryidylwylde@gmail.com
Casino/SECLA	Bridget	casinoidylwylde@gmail.com
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Garden	Epiphany	gardenidylwylde@gmail.com
Facilities	Stuart	facilitiesidylwylde@gmail.com
Social	Mick	socialidylwylde@gmail.com
Publicity	Rachel	communicationsidylwylde@gmail.com

Purchase your membership online at [efcl.org](http://efcl.org)!

To contact us, please do so by email or by leaving a message at 780 466 7383.

Like and follow us for the most up to date news. Search "Idylwylde Community League" on Facebook and @IdylwyldeCL on Twitter. Also make sure to visit us at [www.idylwylde.org](http://www.idylwylde.org) and sign up for our monthly e-newsletter.

## AGM and Idylwylde Park Grand Opening Celebration

Save the date - June 23rd - 2pm start time! Come learn what your league is up to and hear about ways you can help make our community great! We will start with the AGM and follow up with snacks to celebrate the Grand Opening of the freshly revitalized Idylwylde Park from 3pm to 5pm!

## Monthly Community Meetings

Our board meets the second Tuesday of the month, at 7pm (though we sometimes take a break around new years and during the summer). Come out and hear what's going on in your community around the round table, where everyone has a voice!

## Hall Rentals

We are looking for a community minded volunteer rental coordinator to look after all things rental. What we do is pretty special, in that we offer reduced rates to people who live within Idylwylde, so you can host a larger than life function, right in your neighborhood. The only catch? We can't do it without your help!!! If this sounds like something you can take on to help the community, get in touch with Kate.

## Community League Swim

Bring your ICL membership card to get in FREE at these locations and times:

**Commonwealth Community Recreation Centre** (11000 Stadium Road)

Saturdays: 5:00pm - 7:00pm

Start Date: September 8, 2018

End Date: August 31, 2019

**Hardisty Leisure Centre** (10535 65 Street)

Sundays: 1:15 pm - 2:45 pm

Starts Date: September 9, 2018

End Date: June 23, 2019

## Little Free Library

The trees are blooming, so enjoy our beautiful streets by taking a quick stroll to visit our Little Free Library over at 7932 83 Avenue. Grab an exciting book from the collection or drop off one of your favorites that you think someone else may enjoy. Nothing better than reading a new favorite hearing the sounds of the birds (and construction) outside!

## Big Bin, Yard Sale, Pots of Colour!!!



Thanks to everyone, including some great Vimy Ridge student volunteers, for making the event a success, see you next year!

## Board Positions Available

The board positions of Treasurer and Programming will be up for election at the AGM. We would love to have your help! Volunteering on our board is a great experience where you can help build your community while developing meaningful skills and relationships. If you have questions about either of these positions, or would like to help out in another way, get in touch with Kate.

## Cheery Tomato Community Garden

Spring has sprung! If you would like to turn your thumbs green this summer, contact us at [gardenidylwylde@gmail.com](mailto:gardenidylwylde@gmail.com) and we'll let you know how you can be involved with our amazing little community garden.

## Program Calendar 2019

Classes are FREE for ICL members. Make sure to show your membership card to the instructor.

Membership should be purchased ahead of time from Michelle or [efcl.org](http://efcl.org) or at classes.

### Pilates Mat Class – Mondays

Instructor: Kelly Bray

Time: 7:00 pm - 8:15 pm

Start date: April 29, 2019

End date: June 24, 2019

Pilates is a system of controlled exercises that engage the mind and condition the whole body. The blend of strength and flexibility training improves posture, reduces stress and creates long, lean muscles without bulking up. Pilates takes a balance approach so that no muscle group is overworked and the body moves as an efficient, holistic system in sport and daily activity. The heavy emphasis on abdominal strengthening is a necessity and the class is designed for every fitness level. Kelly Bray is a certified Pilates instructor and have many years of teaching experience. All that is required of you is to show up with a yoga mat to enjoy the Pilates experience.

### Spring into Fitness Class – Wednesdays

Instructor: Kelly Bray

Time: 7:00 pm - 8:15 pm

Start date: May 1, 2019

End date: June 26, 2019

A complete conditioning program; an active class that strengthens your body from head to toe and keeps burning fat even after class! You'll develop your balance, coordination, aerobic fitness, strength and flexibility through resistance training, intervals, power moves, plyometrics and endurance activities to help us get and maintain a fit body in a safe and fun environment.

A pair of runners, a mat and a water bottle is all you need. Dress comfortably as you are going to sweat!

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\*conditions may apply



## KCL Contacts

### Executive

<b>President</b>	Ian	780-717-3578	<a href="mailto:president@kenilworthcommunity.com">president@kenilworthcommunity.com</a>
Vice President	Irene	780-695-2009	<a href="mailto:vicepresident@kenilworthcommunity.com">vicepresident@kenilworthcommunity.com</a>
Secretary	Maren	780-709-2770	<a href="mailto:secretary@kenilworthcommunity.com">secretary@kenilworthcommunity.com</a>
Treasurer	Colleen	780-469-7661	<a href="mailto:treasurer@kenilworthcommunity.com">treasurer@kenilworthcommunity.com</a>
Bldgs & Grounds	Dan	780-469-2019	
Bldgs & Grounds	Terry	587-983-6848	
Membership	Rebecca	780-982-5885	<a href="mailto:membership@kenilworthcommunity.com">membership@kenilworthcommunity.com</a>
Senior Programs	Loida	780-953-1062	<a href="mailto:loida@loidahomes.ca">loida@loidahomes.ca</a>
Children's Prog.	VACANT		
Summer Programs	Alma	780-469-2019	
Capital Projects	VACANT		
Grant Applications	Aly	780-700-3676	
Soccer	VACANT		
Social	John	780-462-2105	
Bingo	Julia	780-476-2992	
Casino	Bonnie	780-469-1969	<a href="mailto:bonnielg@telus.net">bonnielg@telus.net</a>
SECLA	Kevin	587-985-2970	
Publicity/Website	Jason	780-619-2094	<a href="mailto:publicity@kenilworthcommunity.com">publicity@kenilworthcommunity.com</a>

### Representatives

Badminton	Liz	780-465-5188	
Crib Club	Rhys	780-490-0106	
Neighbourhood Watch	VACANT		
Playschool	Jon/Elaine	780-691-8316	<a href="mailto:elaine.voss@shaw.ca">elaine.voss@shaw.ca</a>
Toddler Time	Angela	780-935-3404	<a href="mailto:angela.feehan@gmail.com">angela.feehan@gmail.com</a>
Caretaker	Terri	780-466-6980	
Hall Rentals	Al/Liz	780-469-1711	<a href="mailto:rentals@kenilworthcommunity.com">rentals@kenilworthcommunity.com</a>

## Southeast Voice Newsletter Deadlines

Submissions for the July 2019 issue of the Southeast Voice is due Friday June 14th, 2019. Send all announcements to [publicity@kenilworthcommunity.com](mailto:publicity@kenilworthcommunity.com).

### Hall Rental Rates

Kenilworth Community League has a beautiful facility. We hope you will consider Kenilworth Hall for your special events. Photos are available on our website [www.kenilworthcommunity.com](http://www.kenilworthcommunity.com)

## KCL Membership BBQ

Sunday, September 8  
12 – 3 p.m.

Kenilworth Hall

Come and enjoy the afternoon with family and fellow community residents.

Events featured will be Glitter Tattoo Artist, Balloon Man, and a Bouncy Obstacle Course.

Sign up for Kenilworth Programs and get your 2018-19 Membership.

Enjoy good food, meet your neighbours, and get involved in your community.

## Adult Badminton

Contact the Kenilworth Badminton Club: Andy Caine (780-474-2869) [acaine@telus-planet.net](mailto:acaine@telus-planet.net), Ray Rideout at 780-466-0072 or Liz Thomas at 780-465-5188.

## Casino

Casino Dates are July 6 and 7 at Argyll Casino ABS.

This is a big portion of our revenue for Kenilworth Community League so please consider supporting the community by volunteering for a position at the casino.

Positions need to be filled by May 1. Call or text Bonnie at 780-668-2827 or email: [bonnielg@telus.net](mailto:bonnielg@telus.net)

## Babysitting Registry

If you have completed a Red Cross or City of Edmonton babysitting course, you can list your name on the Kenilworth babysitting registry. Call Sheri at 780-616-0417 to register your name or if you are looking for a babysitter in the area for evenings or weekends.

## CONTACT US!

General inquiries & Publicity Requests (SEV & Website):

[publicity@kenilworthcommunity.com](mailto:publicity@kenilworthcommunity.com)

Hall Rental requests:

[rentals@kenilworthcommunity.com](mailto:rentals@kenilworthcommunity.com)

**Keep Current on our website:**

[www.kenilworthcommunity.com](http://www.kenilworthcommunity.com)

and on Facebook!

## Hall Rental Rates

Kenilworth Community League has a beautiful facility. We hope you will consider Kenilworth Hall for your special events. Photos are available on our website [www.kenilworthcommunity.com](http://www.kenilworthcommunity.com)

(Seating 160)

**Members** **Non-Members**

• Weekend (Fri.pm – Sun.pm)  
\$450.00 \$550.00

• Day Rate  
\$300.00 \$385.00

• Damage Deposit  
\$250/day rate \$550/day rate  
\$450/weekend \$550/weekend

\*Third party insurance is now required for ALL hall rentals. Please ask the Rental Manager for more details. To book the hall, email is preferred, [rentals@kenilworthcommunity.com](mailto:rentals@kenilworthcommunity.com). If email is unavailable, leave a message for Al @ 780-469-1711.

## Toddler Time

Parents and caregivers - join us for Toddler Time Monday mornings, starting September 10th, 2018, from 10-11:30. Free drop-in play time/socialization for children 0-5yrs. This program started back up in 2015 with a laid-back atmosphere of unstructured play. It is run by volunteers and facilitated by a mom with a background in child language development and children's mental health. Opportunities for new volunteers to help with facilitation and organizing structured activities. Coffee and tea provided. Contact Angela with questions: [angela.feehan@gmail.com](mailto:angela.feehan@gmail.com)

## Kenilworth Playschool

Kenilworth Playschool is a non-profit, parent co-operative playschool for 3 and 4-year old children. We meet on Tuesday and Thursday mornings at the Kenilworth Community Hall. We have a bright, clean facility with a large play area and kitchen. We are proud to provide children with positive interactions with peers, daily theme-based lessons, fun field trips, science experiments, cooking in our kitchen, park or gym time, games, books, songs and so much more. Our goal is to give your child a fun and positive experience that will prepare them for Kindergarten.

We are currently accepting registrations for September 2019. For more information or to register your child, please contact Elaine Voss at (780) 691-8316 or by email [elaine.voss@shaw.ca](mailto:elaine.voss@shaw.ca).

## Senior's Trip to Valley Zoo on June 12



Time: 9:30am to 2pm

Meet at KCL for bus will take us to the zoo. Then leave zoo on same bus at 2pm.

Lunch and Zoo entrance approximately \$10 only!

Contact Loida@loidahomes.ca or 780 953 1062.

## Big Bin Event

**Saturday, - June 8, 9am - 2pm**

**Materials accepted:**

Couches, chairs, mattresses, and other household furniture items too large for curbside pickup

Fridges, freezers, washers, dryers and other large household appliances (will be recycled)

Computers, televisions, and other household electronics (will be recycled)

**Materials Not Accepted:**

Commercial Waste

Household Hazardous Waste like paint, varnish, household cleaners, or batteries.

(Please take to an Eco Station. They will be accepted at no cost.)

For residents with current Kenilworth memberships only.

KCL Memberships (2019-20) will be sold on site for \$20.

## VOLUNTEER OPPORTUNITIES

Many opportunities are available: Vice President, Soccer Director, Adult Programs, Children's Programs, Capital Projects, Bingo Alternate, Neighbourhood Watch.

We offer a yearly Executive Incentive of \$225 to be used for programs or sports and a complimentary Community League Membership. This is a great way to meet community residents and contribute to your community.

Please call Ian @ 780-717-3578 for more info on how you can make a difference in your community.

## Save the date

**General Meeting – June 10**

**Golf Tournament & Steak Supper -**

August 24

*Southeast Voice*

*June 2019*





## Ben Henderson

Councillor, Ward 8

**Contact me on city issues**

**ben.henderson@edmonton.ca | 496-8146**

### Bingo Volunteers Needed!



Bingos generate an important portion of the Community League's revenue each year. KCL bingos are held at Parkway Bingo Hall, 8775 - 51 Avenue. We really need your help to support Kenilworth and the community programs. Without this revenue we would have to cancel programs or charge for them.

#### Next Bingos:

**June 1, Saturday, 10:30am – 3:30pm**

**June 19, Wednesday, 4:30pm – 11:30pm**

**July 9, Tuesday, 4:30pm – 11:30pm**

**August 11, Sunday, 10:30am – 3:30pm**

See website <http://www.kenilworthcommunity.com/bingo/> for more dates in 2019

If you would like to put your name down for any bingos, please call Julia at 780-476-2992. Please request your dates two weeks prior to the bingo date. This will give us time to fill the bingo if spaces are still available.

### COME JOIN US! Veronica Fitness



Thursdays @ 6pm, New sessions start every 6 weeks.

This class strengthens and tones by working the entire body in a fun and energetic atmosphere! Whether you are new to your fitness journey or an avid exerciser, this class will challenge you physically, while increasing your self-confidence.

Come join us for a fun, effective and sweaty class :)

Bring a yoga mat, light weights, and a water bottle.

Classes taught by Veronica Kubicek, a certified Personal Trainer.

We run 6-week sessions for \$75. Drop-ins are also welcome for \$15.

Cash or Cheque accepted. Cheques are to be made out to Kenilworth Community League.

Please email Veronica at [veronica.flux@gmail.com](mailto:veronica.flux@gmail.com) to register.

## From broccoli to strawberries



### Growing nutritious food in your backyard or neighbourhood

It's surprising how many types of produce are grown in Alberta. We all know that vegetables and fruit are good for us; but have you thought to try to grow some yourself? Diets rich in vegetables and fruit have been associated with obesity and chronic disease prevention and improved overall health. Here are just a few examples of nutrient-packed vegetables and fruit that can be grown in your own backyard.

- **Strawberries:** These delicious bright red berries beat out other berries when it comes to vitamin C needed for immunity, healthy skin and gums.

- **Broccoli:** A type of cruciferous vegetable, this green vegetable can protect against certain cancers. They also are an excellent source of Vitamin C.

- **Spinach:** Leafy green with a mild taste that can be used in smoothies, omelettes or

salad. Spinach has fibre and is a good source of vitamin A, C and K and folate. They also have plant chemicals like beta carotene, lutein and zeaxanthin which are important for eye health.

- **Carrots:** One medium-sized carrot supplies enough Vitamin A for an entire day. Carrots provide fibre and potassium and are a good source of vitamin C.

- **Tomatoes:** Red and round, tomatoes have many nutrients like potassium folate and vitamin B6. They also have an anti-oxidant called lycopene which is high in cooked tomatoes and has been linked to reduced risk of prostate cancer.

Do these health benefits inspire you to get growing? You can start your own backyard or balcony garden and it's not too late to sign up for a community garden. For information on how to start or join one, visit [albertahealthservices.ca](http://albertahealthservices.ca) and search Community Gardens Handbook.

### Annual General Meeting, Monday June 10th, 2019

Are you interested in developing relationships with your neighbours and community league? Your voice is an important piece of creating a thriving, engaging, and welcoming place to live. Meet your neighbours and the board of KCL. Please consider the value of sharing your ideas for initiatives, events, and energy at our General Meeting on Monday, June 10 @ 7 p.m. Hope to meet you all soon! Snacks & refreshments served after the meeting.

### Memberships

Have a New Neighbor? Are You New to Kenilworth?

We would like the opportunity to welcome all newcomers into the neighborhood. If you know of any recent arrivals, or if you are one yourself, please call Rebecca @ 780-982-5885. We will deliver a free Community League membership along with information about all the activities this League offers.

Don't have your 2018/2019 membership yet? Memberships are \$20 and \$15 for Individuals and Seniors.

Memberships are available at the Sport Shack, 8170 – 50 St and Anvil Coffee House both of which have graciously offered to carry our memberships.

Servus Credit Unions will also carry community league memberships, however there is an additional \$5 service charge.

Need one RIGHT NOW! Go to [www.efcl.org](http://www.efcl.org) and purchase one online!

### Spring BBQ held May 11

Another successful community event:

Once again, a full house of over 100 friends and neighbors got together on May 11th to enjoy this year's Kenilworth Spring BBQ. A big thank you to all those who volunteered their time to make this such a great community get together. This year we would also like to acknowledge and thank Glen Cymbaluk and the Blue Norther Dancers who put on an amazing country dancing demonstration for us after supper.

### Christmas in July, STAMP-A-STACK

**10 Christmas Cards or More**

Workshop to be held at Kenilworth Hall 7104-87 Ave

Thursday, July 18, 2019

6:30 to 9:30 p.m.

Join the fun at the 14th Annual "Christmas in July" workshop. Create your holiday cards in the midst of summer and have one less thing to do when the season is upon us! I will design the cards and cut the card stock so you can create as many cards as you would like.

**The registration fee varies:**

\$28 for 10 cards (Beginners and casual stampers)

\$50 for 20 cards (Intermediate)

\$75 for 30 cards (Avid stampers)

Payment is required by June 30th.

**Supplies to bring:** Snail adhesive or other double sided adhesive and scissors.

**To register:** contact Rhonda @ 780-469-0010.



## Executive & Board Members

### Executive:

President – Corinne  
Vice President – Bri  
Secretary – Sandra L  
Treasurer - Cindy

### Board Members:

Bingo Director – Kyla  
Casino – Vacant  
Hall Manager– Tim  
Grants – OPEN

History of Ottewell Committee -  
(Looking for more members)

Indoor & Outdoor Soccer Director – Tena  
Summer Playground Director – Colleen

Social Team – Bri & Colleen  
Playschool Rep - Tyler  
Rink Chair – Rebecca

Maintenance – Frank  
Membership Director – Russ  
Communications– Sandra C  
Website– Tim  
EFCL Rep – Corinne

All Positions are volunteer positions.  
Please send all inquiries via email to:  
ottewell2212@gmail.com or call: 780-469-  
0093 (leave a message and someone will  
return your call)

Ottewell Community League  
5920 – 93A Ave. NW  
Edmonton, AB T6B 0X2

OCL Board Meetings  
Tuesday June 18 - 6:30 pm

Please consider lending a hand in keeping  
Ottewell Community League VIBRANT  
and ALIVE!

OCL meetings of the board and its  
members are held every 3rd Tuesday of the  
month, unless otherwise posted.

**COME and JOIN in! Find out what's  
happening in YOUR Community.**

## Skateboard 202

Does your child know the basics of Skateboarding? Then register them to learn and practice new tricks. We will also review the basics skills. Certified skateboard helmet is required.

Tuesday - Friday August 6 - 9 (9am - 11:30am)

8 - 12 years course code: 657460 - Cost \$60

Register by Calling 311

Or, in person at any City of Edmonton Recreation and Leisure Centers

In your Community - Fulton Ravine Skateboard Park - Terrace Road.

## Ottewell News and Information Board

OCL has a large bulletin board outside the community hall, we welcome notices for any events in the Ottewell Community.

This bulletin board's purpose is to provide information to our community members. Whether you are hosting a garage sale or if you have a service to share, or looking to see what's happening in your community, please post to share as this is our go-to place for community information. Then stop by our Community Information Board and see what is happening in Ottewell.

## Ottewell Community Park

Spring is finally here, which means more play time outside. The Ottewell Park has had some spring cleanup by our volunteers, delivery of mulch for our landscape brings some refreshing to our space. The city will be completing deeper clean of the grass area in the park within the next few weeks.

Did you know that the park is maintained by a small group of volunteers? This group gathers garbage from the park area, removes garbage from the park. So if you have a special gathering in the park, please remember to pick up all items when you leave. The Ottewell Park is a great space to host many celebrations and family picnics, so take care of our park for all of us to enjoy!

## Ottewell Community League on Facebook

Follow us on [www.Facebook.com/OttewellCommunityLeague](http://www.Facebook.com/OttewellCommunityLeague) to keep up to date on what's happening in our community!

## Ottewell Community League Playschool

Our community runs a vibrant and dynamic Playschool program for kids aged 3-5 at Braemar School. Kids have the opportunity to learn through play and hands-on lessons in a kind and creative environment. The program includes fun and educational field trips as well as in-class demonstrations and is a wonderful place for kids to make new friends and prepare for their school years.

See Ottewell Community Website for details on the playschool program.

Registrations are still being accepted for the 2019/2020 school year, email - [playschoolOCL@gmail.com](mailto:playschoolOCL@gmail.com) for registration information.

### Ottewell Community League Playschool Seeks a Pre-School Teacher

Are you a creative and caring person? Do you have a passion for working with children to help them thrive and learn? If yes, we want to hear from you.

Ottewell Community League seeks a pre-school teacher for our parent-cooperative, play-based preschool program. The teacher will report to the Director of the Playschool and the OCL Executive.

Major areas of responsibility are teaching,

## ZUMBA

Come out and get your Zumba on for ten weeks of 1-hour sessions. This fun energetic class will help you feel good and get some groove on!

Zumba Evening Class : Instructors

Gicelle & Mariel 7:00 – 8:00 PM

Come out Ottewell and get Active!

2 instructors lead this great program!

Drop-in participants welcome anytime.

OCL Members fee \$100 and Non-Members \$120 (we accept, Credit/Debit Cards and Cash). Drop-in fee is \$15 per class.

Please contact [Emilio.Zumba@shaw.ca](mailto:Emilio.Zumba@shaw.ca) to pre-register.

## Ottewell Community Spray Park

The Ottewell Community Spray Park opened on May 25.

Hours: 9 am to 9 pm daily as advised by the City of Edmonton

If you have a problem with the spray park, please contact 311 and advise the City of the issue.

BTW - 4 legged friends are not allowed in the Ottewell Community Park!

Dogs are also NOT allowed to play in the spray park. **Please kindly respect the City's Dog Bylaw!**

## Big Bin Event & Community Garage Sale

IT WAS A HUGE SUCCESS !!

Thank you Ottewell Community for participating in our BIG BIN and Garage Sale Event! We will definitely be making this an annual event for our community.

Great to have Fat Franks onsite to assist with those hungry folks!

## Please Take Care of Our Outdoor Washrooms

Ottewell Community League provides washrooms to use for all our park visitors, and we ask that all users respect our washrooms. If they are abused then we will be forced to close and bring in less than desirable porta-potties.

OCL volunteers maintain these washrooms, so please be kind and keep our washrooms clean.

**HOURS for the Ottewell Park Washrooms**

10 AM to 8 PM, 7 days-a-week

(Unless otherwise posted. If inclement

## YOGA at OCL

Gentle Yoga with Movement & Nutrition (8-week session) on Thursdays

May 2 to June 20 from 7:00pm to 8:30pm

All that you need is a mat and prepare to find your Zen Place.

Cost for this 8-week session

OCL members - \$80

Non-OCL members - \$90

To register please email... [ottewell2212@gmail.com](mailto:ottewell2212@gmail.com)

Inquiries regarding this session email our instructor - [rebeccamanchul@gmail.com](mailto:rebeccamanchul@gmail.com)



Without our Volunteers OCL would not be hosting such as events as this.

Thank you Andrew and Bri!

uming the classroom and wiping table/counter surfaces.

Performing ongoing cleaning duties, as necessary.

Supervising classroom volunteers.

Working with parent volunteers to prepare classroom activities, crafts, field trips, and other tasks at the discretion of the Teacher and Director.

Preparing for and attending Open House.

Consulting with Director and producing monthly newsletters and all printed correspondence to parents.

### Qualifications

Have a passion and love for working with children.

Child Development Worker Certificate (formerly Level 2) or Child Development Supervisor Certificate (formerly Level 3).

Current Criminal Record Check with Vulnerable Sector check (completed within six months of hire date).

First Aid and CPR certification.

Please send your resume and cover letter by email to [ottewell2212@gmail.com](mailto:ottewell2212@gmail.com) - by June 15, 2019. Questions about the position can also be directed to that email address.



## City of Edmonton Summer Camps are Here!

Young Artists will love creating their own masterpieces by molding clay, smearing paint and squishing dough. Please be sure to bring a paint shirt to wear over your clothes.

Monday - Friday July 15 - July 19 (9am to 11:30 am)

4 - 6 years Course Code: 657312 - Cost \$95

Register by Calling 311, or in person at any City of Edmonton Recreation and Leisure Center.

To see more summer programs in your area on-line at: [www.movelearnplay.edmonton.ca](http://www.movelearnplay.edmonton.ca)

## Free Community Swim & Gym for League Members



Access to any of the recreation centers are for the entire facility. So if you do not want to go swimming, you could go work out or do any of the drop-in activities there. The outdoor pools will be opening soon! Community League members have access to all outdoor swimming pools for FREE! check out the city website... [https://www.edmonton.ca/activities\\_parks\\_recreation/outdoor-pools.aspx](https://www.edmonton.ca/activities_parks_recreation/outdoor-pools.aspx)

**Saturdays, 5-7 PM** at Commonwealth Fitness Centre.

**Sundays, 1:15-2:45 PM** at Hardisty Fitness Centre

## Clothing Swap Ladies Night



**Every 2nd Tuesday of the month at 7:00 PM**

Bring your clean, gently used women's clothing and accessories to a night out! With "Tidying Up" new on Netflix, purging our closets seems to be a high priority! Start the new year off with getting rid of the old and finding great new items to add to your collection. Don't have any to bring? Come for the food, drinks and free clothing anyways! We will love to have you there!

NeighbourHouse, 6811- 92 A. Avenue (come in the back door)

## Abundant Community Edmonton - Ottewell



Ottewell is joining the Abundant Community Edmonton program! This initiative encourages neighbourliness and community. If you want to feel more connected to your neighbours, join us by becoming a Block Connector - someone who is your block's point person, party person, and listener. Watch for Block Connectors to start knocking on your door in the coming months; they'll have official paperwork from the City so you'll know it's them. For more information or to sign up as a Block Connector, go to [ottewell.org](http://ottewell.org) or email [ACEOttewell@gmail.com](mailto:ACEOttewell@gmail.com).

## Block Social Challenge

ACE is challenging our neighbourhood to host 10 Block Socials this spring/summer! A Block Social can be smaller than a Block Party, and can be as simple as lemonade and cookies on your front lawn or as elaborate as a giant party on the street! The City of Edmonton provides support for those wanting to host these gatherings. For more information or to get some help, email [ACEOttewell@gmail.com](mailto:ACEOttewell@gmail.com).

## Baby! Baby! Baby!



Need a night out OR have a special event and need a babysitter? Maybe you just want to do some shopping alone. Contact Ottewell's Babysitting Registry where we can send you a list of local babysitters to choose from. You will meet and interview with the babysitters that work for you and your family. We have many amazing babysitters to choose from.

To book a babysitter, or if you would like to help out with the babysitting registry, please contact [ottewellsocial@gmail.com](mailto:ottewellsocial@gmail.com).

Babysitters, if you would like to add your name to our list send your name, contact information and qualifications to [ottewellsocial@gmail.com](mailto:ottewellsocial@gmail.com).

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## Summer Children's Karate Classes

in Parkallen

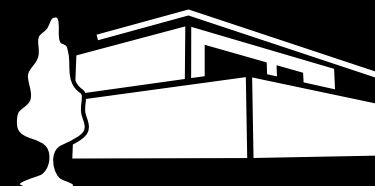
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•June •July •August

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[threebattles.com](http://threebattles.com)

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**My staff and I are at your service. The Edmonton Gold Bar constituency office is here to:**

- Provide information about provincial government programs & services
- Assist you with questions or difficulties with governmental services
- Participate in local community events
- Share ideas

**100-8925 82 Avenue  
780.415.1015  
edmonton.goldbar@assembly.ab.ca**

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<p><b>ROYAL LEPAGE</b> NORALTA REAL ESTATE</p>	<p><b>FRANK VANDERBLEEK</b> REALTOR® 780.431.5600 Frank@royallepage.ca FranklyTheBest.ca</p> 

Not intended to solicit properties already under contract.

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**Kompany Family Theatre & Strathearn Community League PRESENT**

# KIDLIBS

## DROP-IN DRAMA CLASSES

**Sundays: 4:30 - 6:00 p.m. (March 3 to June 23\*)**  
**Strathearn Community Hall: 9511 90 St., Edmonton**  
**Ages: 7yrs & up**  
**Drop-in Fee: \$5.00, Strathearn League members Free!**  
**Instructors: Josh Languedoc & TJ Eggleston**

\*Note: There will be no classes during Easter & Victoria Day weekends.

**KIDLIBS** is a kid-driven approach to improvisational & sketch theatre. Classes will be full of drama games & activities with plenty of opportunities to create & perform.

**For more information contact:**  
**Jan Taylor (kompany@telus.net)**

**Fun Story Telling Games Imagination Improv Fun Performing Sketch**

We are grateful for the support of:

Foundation of the Arts | EDMONTON COMMUNITY FOUNDATION | arts council | Edmonton

Kompany Family Theatre is a not-for-profit organization dedicated to providing quality professional theatre for children and families as well as the creation and development of new works.

<http://www.kompanyfamilytheatre.com/>

## Ottewell Dental Clinic

Dr. Brian Zwicker DDS and Associates - General Dentists

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**(780) 465-0505**

Mon/Fri 8-4; Tue/Wed/Thur 8-6; Saturdays by Appt



## Board Members

Position	Name	Email
President	Chris	president@strathearncl.org
Vice President	Yasir	president@strathearncl.org
Treasurer	Jason	treasurer@strathearncl.org
Secretary	Leah	secretary@strathearncl.org
Membership	Alicia	membership@strathearncl.org
Building & Grounds	Jeff	grounds@strathearncl.org
Social Director	Andrew	events@strathearncl.org
Communications	Andy	communications@strathearncl.org
Programs	Erin	programs@strathearncl.org
Hall Rental Coordinator(s)	Darrah & Ben	hall@strathearncl.org
Soccer Director	David	play@strathearncl.org
Member at Large	Nadine	
Member at Large	James	
Member at Large	Evan	

## Strathearn Events

### The Good

Strathearn Community League will be hosting our 10th annual Green Shack Shaker June 27th, 4pm at Silver Heights Park. Free for the whole family GSS will feature live music, face painting, kids karaoke, 3 on 3 basketball, hula hoop instruction, BBQ, frozen treats, and more. Join us as we celebrate the last day of school and the first day of summer fun in the playground. All welcome.

### The Bad

Strathearn will not be receiving a full Green Shack program for Silver Heights Park this year. According to standards of evaluation Strathearn did not qualify for programming in 2019.

Silver Heights Park will be receiving two days a week of Pop Up Play as provided by the city. Those dates will be announced shortly. And surrounding communities such as Holyrood, Bonnie Doon and Idylwyld will have a full morning or afternoon Green Shack - Strathearn kids are welcome to attend.

If you would like to see Green Shack programming restored to Silver Heights Park at the conclusion of 95 ave construction please forward your thoughts to events@strathearn-

cl.org for delivery to the city of Edmonton. Also, it is critically important that you fill out the Municipal Census either online or when contacted door to door. These calculations are partially used to determine recreation and other programming priorities.

### The Ugly

With the closure of 95 avenue there is a greater opportunity for either a Street Party or Road Hockey Game (or something of your own creation) on streets abutting the construction. You would only have one end of your street to shut down. So let us help you put lipstick on this 95ave. closure pig - contact events@strathearncl.org for information about the Neighbourhood Play Street organizing guide.

Of course, this opportunity is available to anyone in the neighbourhood - the Strathearn Community League greatly encourages responsibly organized street party/road play endeavours.

### Green Shack Shaker could use your help - Volunteers needed

We have a variety of positions available from 4pm onward, Thurs. June 27. Please contact events@strathearncl.org if you are interested in helping out.

## All Hands on Deck



We are closing in on one full year with our new hall in Strathearn, and without a doubt it has been a great addition to our community. As you might remember reading in past communications, we borrowed some funds to bring the building to its current state of completion.

We put in place a straightforward and achievable plan to pay off this modest debt through ongoing donations, hall rental fees and future casino revenues. Our plan to build and pay for our community hall is working thanks to your support.

The master plan for our hall included the construction of a deck, to be built on the north edge of our hall facing Silver Heights Park and our rink.

To make the deck functional, the hall exterior was fitted with audio connections for microphones and speakers for our next outdoor community event. An exterior gas connection was installed to fuel our brand new six burner Weber BBQ when we cook hot dogs and hamburgers in the summers to come, and in winter, access to the rink will be made safer and easier with this deck in place.

During hall construction, Strathearn Building Society was promised a donation for the complete material and labour cost of this deck. Unfortunately, this donation has

fallen through. In partnership with the Strathearn Community League, we want to get the deck added to the hall in 2019. To get this deck professionally built and code-approved, we need to raise \$20,000.

We need your donation to get this project activated as soon as possible. As an incentive, the Strathearn Building Society as a registered charity can issue tax receipts for all gifts towards our community hall. Your donation of \$1000 will bring us closer to our goal, and you'll receive a tax receipt that in most cases will reduce your after tax cost to just \$500.

So "All hands on deck!". We need to hear from you if you're able to get behind this project. If you have not given to the hall, this is your chance to get your name added to our donor wall.

If you have already given, please consider adding \$500 or \$1000 to help us get the deck built. Please email us at strathearnbuilding-society@gmail.com for more details and for questions on how you can support this project. Cheques made payable to Strathearn Building Society can be mailed to PO Box 68064, 162 Bonnie Doon Mall, Edmonton Ab T6C 4N6.

Marshall McAlister

President - Strathearn Building Society

## Buy Your 2018/2019 Strathearn Community League Membership Today

2018/2019 Strathearn Community League memberships are now up for sale. Memberships are valid from August through August.

A Strathearn Community League membership costs \$20/family or \$10/individual. If you are new to Strathearn, your first one-year membership is on us.

Here's where to buy your membership:

- Ralph's Convenience Store, 9508 87 St.
- Massage Therapy Supply Outlet, 9206 95

Ave.

- Juniper Cafe and Bistro, 9514 87 St.
- Strathearn Heights Apartments, 8768 96

Ave.

You can now buy your membership online at strathearncl.org!!

Plus, each month, community league members are entered into a draw for a \$20 gift certificate to either The Wired Cup or Juniper Café and Bistro.

## Next series of programs at SCL!

(Registration by email at programs@strathearncl.org)

### Yoga with Nicole:

Yoga sessions with Nicole finish June 24th.

Monday's 8:30-9:30 pm.

\$15 drop in

For any questions, please email nicwood@gmail.com or programs@strathearncl.org

## Community League Programs

(Strathearn Community League membership required)

### Toonie Thursday

The second Thursday of the month is Community League Happy Hour at Juniper Café & Bistro (9514 87 St.). Enjoy a beer or glass of wine for a toonie from 4 p.m. to 6 p.m.

Upcoming dates - June 13th, July 11th & August 8th.

### Free Family Swim Times:

-Commonwealth Community Rec Centre

Every Saturday 5pm - 7pm

-Hardisty Leisure Center

Every Sunday 1:15pm - 2:45pm



## AGM June 6th

The Strathearn Community League Annual General Meeting will be held on 6th June 2019 at 7pm. All are welcome to attend.

The following positions are available on the board of directors:

- President
- Treasurer
- Membership
- Communications
- Member at Large (1)
- Member at Large (2)
- Buildings & Grounds

Be a part of the community and shape the activities you, your family and your neighbours enjoy!





**Call The Dunham  
Team Today  
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(Office)**

***Greg  
Dunham***

**780-964-1469  
(cell)**

**gdunham@telus.net**

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**Capilano:** BIG BUNGALOW 3 + 1 Bedrooms, 3 Piece Ensuite off the Master Bedroom, Newer Windows Upstairs, Bigger Windows Downstairs, Nice Size Yard with Garden Area, Double Garage. Great 69 St Location...PERFECT FOR RENOVATION!!



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**Rhatigan Ridge:** Quiet Cul-De-Sac, 4 Bedrooms Upstairs, 4 Bathrooms Total, Main Floor Laundry, Hardwood Floors, Summer Kitchen, Perfect Family Home.