

SOUTHEAST VOICE

**Serving the community leagues of
Avonmore, Capilano, Cloverdale, Forest Terrace Heights,
Fulton Place, Gold Bar, Holyrood, Idylwyld, Kenilworth,
Ottewell & Strathearn.**

June 2020



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City of Edmonton

Community Gardeners Start Digging!

Community Gardens will continue to operate for the 2020 growing season. The City encourages residents and communities to start their beautiful gardens that bring so much joy and beauty to the city. It is recreational, a way to beautify a community, a healthy source of local food production, a local way to support food security to those in need, and a relationship-building activity where gardening knowledge and experience can be shared throughout a community. During this uncertain time, it is the ability to connect as a community that is helping so many people through this period in our lives. A community garden can bring that 'connecting' feeling into a world where distancing is becoming the new norm. The City wants to make sure the health and safety of our citizens still remains our number one priority and that we are all doing our part to follow the physical distancing guidelines set up by AHS and the City of Edmonton.

Garage Sales

Due to COVID-19 restrictions, all garage sales, regardless of duration, will not be permitted this summer. This decision is to help limit large gatherings and to maintain physical distancing. We want to limit the spread of the virus, which could happen from people handling money, touching items for sale, and traveling from one garage sale to another within a short period of time. Edmontonians looking to sell items are encouraged to consider online platforms.

Fostering Connections

The City of Edmonton is here to help neighbourhoods respond to the challenges that are facing all of us. Being prepared for unexpected situations is not only about having the right supplies, but also relying on connections to



others such as family, friends and neighbours. We believe that sustainable connections are important, and there is no better place to start than your own neighbourhood. Here are some things you can do to foster connections:

- Consider creating a block/floor contact list so that you can collectively respond to neighbours who may need help. For support in connecting your block, email abundantcommunity@edmonton.ca
- Organize acts of kindness by listing ways neighbours would like to contribute to the care and well-being of those around them. The Nextdoor App, and particularly the Help Map function, is one tool that can help.
- Find opportunities to safely connect with neighbours. Community League websites & their social media pages are great avenues to build connections.
- Call or visit 211 Alberta, a helpline and website that provides information on and referrals to Alberta's community, social, health-related and government services.
- Reach out to your Neighbourhood Resource Coordinator with your neighbourhood stories, successes, ideas and challenges so that we can learn and grow together.

Farmer's Markets

On-street farmers' markets are scheduled

to open May 1. The province has declared all horticultural businesses and farmers' markets as essential businesses that may remain open. The Province has developed guidelines, including measures to facilitate physical distancing in addition to regular hygiene and food safety requirements.

Edmonton Window Art

The Edmonton Window Art Map makes it easy for people to plan "window walk" routes. Go to <https://tinyurl.com/yarf8ry5> to find window art in your area.

Here's how artists of all ages can participate!

- Draw, colour, or paint a picture, or write out an inspirational quote. Let your creativity run wild!
- Put your creation in your front window.
- Go to #YEGWindowArt Map at <https://tinyurl.com/yarf8ry5> to list the address of your home, so that people can find your art.

Creativebug Libraries- Free with your Edmonton Public Library card

Hey Crafters and Artists! Your EPL card now grants you access to the CreativeBug Libraries, a virtual platform hosting arts and craft classes. Go to <https://tinyurl.com/yaa34wqb> to enjoy instructional video classes, taught by recognized design experts and artists. This online source has something for everyone.

Mental Health Support Available

The Centre for Online Mental Health Support has launched a website to offer rapid, interactive support in a live format. If you are struggling with mental health issues, go to <http://www.comhs.health/>

The Mental Health Commission of Canada has published the Self-Care and Resilience Guide, available at <https://tinyurl.com/ya7dpqrh>

You can also call the Canadian Mental Health Association's distress line at 780-482-4357.

Having Groceries Delivered

Are you an individual who is at high risk of contracting COVID-19? Are you in self isolation? Are childcare issues making it difficult to get out of the house? You can arrange to have supplies delivered by these fine folks.

Fly & Fetch - <https://flyandfetch.ca/>

Have groceries and other supplies delivered, or sign up to help others.

Steve and Dan's Online Market - <https://steveanddansonlinemarket.ca/>

Order food from the farmers' market from the comfort of your own home.

Bag Half Full - <https://www.baghalffull.com/> 780-952-7101 or 780-297-7800

Medical students offer free grocery and prescription pick-up and delivery.

Wolfe Automotive Group Helping Hands - 587-785-7749

Have groceries and other essentials delivered.

Fresh Routes - freshroutes.ca 780-809-1962

Affordable food boxes delivered to those in isolation for exposure to COVID-19 or at a higher risk of getting sick.



You are hereby entitled to receive one

free

market evaluation

Buyers package delivered or e-mailed for any part of Edmonton

Now is a great time to sell!



Andy Verhagen
780.907.8202
[email andyv@telus.net](mailto:andyv@telus.net)

I love referrals they make my world go round!

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SECLA Board Contact List		
COMMUNITY LEAGUE	REPRESENTATIVE	Publication Email
Avonmore	Anita	avonmorerep@secla.ca
Capilano	Monte	capilanorep@secla.ca
Cloverdale	VACANT	cloverdalerep@secla.ca
Forest Terrace Heights (Chair)	Connie	ftthrep@secla.ca
Fulton Place	Miles	fultonplacerep@secla.ca
Gold Bar	Jamie	goldbarrep@secla.ca
Holyrood (Vice-Chair)	Claire	holyroodrep@secla.ca
Idylwylde	Bridget	idylwylderep@secla.ca
Kenilworth	Kevin	kenilworthrep@secla.ca
Ottewell	Sandra	ottewellrep@secla.ca
Strathearn	James	strathearnrep@secla.ca
Treasurer	Michael	treasurer@secla.ca
Secretary	Jamie	secretary@secla.ca
SECLA SEV Liaison	Erika	SEVliaison@secla.ca

Gardening with Preschoolers



On these sunny, warm spring days, many of us find joy in gardening, watching green shoots poke through the soil, promising flowers, fruit, and vegetables in our own yards.

When you share gardening with your toddlers and preschoolers, they'll share your joy and learn so much while you're both having fun. From planting and watering seeds and seedlings together, to identifying leaves and flowers by shape, to walking through your neighbourhood to see gardens at different houses, you help your child discover the colour, fragrance, and texture of spring. Visit <https://tinyurl.com/ybuyolho> for more information and ideas.

As volunteers, we remain passionately committed to nurturing young children and supporting families. We will continue to raise awareness of the critical importance of the early years to success in life. We hope you all stay healthy and safe and enjoy your garden.

- The South East Edmonton Early Childhood Community Coalition

Start Gardening with Native Plants

Some people are attracted to the idea of gardening with native plants, but they do not know where to begin. It seems like a big issue, with lots of unfamiliar plant names and difficult questions about what is truly native. An excellent resource is the native plant database of the Canadian based North American Native Plant Society. Learn more at <http://nanps.org/native-plant-database/> - from the River Valley News



Active at Home Resources

The Edmonton Sport Council has links to hundreds of kids' activities at <https://pre-view.tinyurl.com/ybbxsadk>. They also have links to dozens of home exercise videos for adults at <https://tinyurl.com/ybr7q9qm>.

SELF-CARE BINGO

Took a shower	Created something	Danced	Learned something new	Went for a walk
Baked	Got 8 hours of sleep	Ate healthy food	Limited news exposure	Read
Practiced a skill	Posted a funny meme	★	Cleaned	Took a nap
Watched a movie	Got some sunlight	Checked on an elderly person	Washed my hands	Limited screen time
Exercised	Listened to music	Drank water	Put on actual clothes	Talked to a friend

Website Provides Opportunity for Customers and Businesses to Connect in their Community

Businesses registering on the Things That Are Open website in Edmonton can add the name of their community to their listing. Then customers can find products and services close to home and support their local businesses.

The website has been operating a website listing businesses of all types across Edmonton for several months. Businesses can register and enter their information at no cost. At the request of Community Leagues in SECLA "community" has now been added as additional information.



Community members frequently ask their neighbours for information on local businesses on community Facebook pages. Things That Are Open offers another way for customers and businesses to connect at the community level.

Craving Girl Guide Cookies?

Girl Guides are unable to sell our delicious spring sandwich cookies door to door at this time. Thankfully, retailers have stepped up to help us! Girl Guide Cookies can currently be purchased at Canadian Tire, Save-on-Foods, Urban Fare or London Drugs, who is also offering an online sale option. Cookie sales are all in support of Girl Guides of Canada.



Community League Board

President	Anita	president@avonmore.org
Vice President	Leigh	vicepresident@avonmore.org
Secretary	Allison	secretary@avonmore.org
Treasurer	Ken	treasurer@avonmore.org
Communications	Nathan	communications@avonmore.org
Membership	Lisa	membership@avonmore.org
Grants and Funds Raising	Scott	grants@avonmore.org
Volunteer Coordinator	Bob	volunteer@avonmore.org
Soccer/Sports	Boris	sports@avonmore.org
Civics	Norman	civics@avonmore.org
Programs	vacant	contact Vice President

Summary of Annual Report from the Board - April 1, 2019 to May 28, 2020

Complete report is posted on www.avonmore.org

All of the actions and activities described in this report were carried out by over 200 volunteers. Thank you to everyone who supported the League by purchasing a membership and/or volunteering. I invite you to imagine what we could do in the next year if even half of the 1000 households in Avonmore got involved.

Helping Local Business

The Board of Avonmore Community League is working with other SECLA leagues to promote local tradespeople, businesses, and services. Businesses that want to let their communities know they are open are invited to register with <https://edmonton.thingsthatareopen.com>. The site is supported by the City of Edmonton and there is no cost for posting. We hope to have a field added for "community" so residents can find out who offers services in their area.

Businesses in Avonmore are invited to contact one of the following Board members with their ideas for how the League can create more awareness of what is offered locally. This could include having one day a week



when businesses could post on our Facebook page, having a local business listing page in our newsletter etc. Contact: president@avonmore.org or vicepresident@avonmore.org

Notice of Proposed Land Use Changes

The City has informed the League that there is a proposed land use change application related to Avonmore and they are looking for feedback from the community. The application has been made to rezone the lot at 8311 76 Ave (on the south west side of the intersection currently has a yellow house) from RF1 Single Detached Residential to RA7 Low Rise Apartment Zone.

The League encourages you to read the material provided by the City of Edmonton, and to send your comments to: City of Edmonton Planning Department andrew.mclellan@edmonton.ca and/or to Councilor Mike Nickel mike.nickel@edmonton.ca. Please copy president@avonmore.org so your comments can be summarized in a response that will be submitted by the League. Comments



that have the most impact are those that include specific details about how you think the proposed change will impact you and your way of life either positively or negatively.

Outdoor Soccer Program

Planning for the spring season continues. All current games are cancelled but future is uncertain. It may end up being delayed but we need to see day by day and week by week on what is happening with Covid19. Contact

sports@avonmore.org for more information. <https://emsasoccerportal.com/>. More information about costs and potential playing dates can be found by visiting <https://emsa-southeast.com/>

Programs for Children and Youth

Organized by Avonmore Community League (ACL): Play School, Lego Club, Summer Camps, Music Classes, Red Cross Babysitting Course

Organized by City of Edmonton and Offered by ACL: Green Shack, Summer Camp, Learn To Skate

Soccer

Spring/Summer 2019: 4 U5 teams, 3 U7 teams, 1 U9 boys, 1 U9 girls, 1 U11 girls, 1 U11 boys, 1 U13 boys

Winter season had a total of 4 teams because we had coaches available from our community. Our U13 boys team won a gold medal at one of the winter tournaments

Programs for Family

Gingerbread Workshop Event, Farley Mackenzie Day, Pancakes in the Park, Parents and Tots, Skating Rink, Babysitting Registry.

Programs for Adults

Yoga Classes, Garden Club, Book Club, Seniors Morning Coffee, Avonmore History Project, Community Concerts, Big Bin Event and Community Garage Sale

Civics and Planning Committee

There are 12 volunteers on the Planning Committee plus 4 board members. They meet regularly to discuss and respond to matters related to planning and development, community safety and related issues.

In the past year they have responded to: Valley Line LRT, Neighborhood Renewal, Development and Rezoning and Community Safety



Buildings and Rink

In the past year, the following improvements were made:

- Upgrading of electrical system in rink building (added 9 power outlets)
- Replacement of mailbox lid with a stronger lid that has 2 locks.
- Cleaning of all the furnaces and ducts in both buildings.
- Installation of new flooring on the main floor of the main hall.
- Installation of new code locks to the west door of the rink building and the soccer storage room door inside the building.
- Regrading of the parking lot

Kids Messages to Kids

Kids are the most impacted by the quarantine measures that have been put into place to protect against Covid-19. We've added a space in the South East Voice dedicated to kids of all ages, with messages to other

children in our neighborhood. If are a kid or know one that would like to send a message or a game suggestion to play to all the kids in Avonmore, email communications@avonmore.org with your message, name, and age!

Neighbourhood Watch

We at Edmonton Neighbourhood Watch for Avonmore have kept a low profile during this time of COVID-19. Infection prevention is key, and so these are the precautions the ENW is recommending: increasing social distance, no shaking of hands, and standing or sitting at least 6 feet away from each other.

It is interesting to note that since the implementation of social distancing and the stay-at-home directive, we have not seen any reports of vandalism or theft on the Avonmore facebook page. More people are out

with their children, walking their dogs, or just getting fresh air. This is the essence of the Neighbourhood Watch program in action, and we are experiencing the benefits. Let's keep it going!

We are eligible for two additional Neighbourhood Watch signs, and these will be installed when LRT construction is complete. When the pandemic restrictions are lifted, we will be actively seeking additional signatures so we can install additional Neighbourhood Watch signs in Avonmore. Stay safe!

Online Community

Are you on facebook? "Like" Avonmore Community League and join Avonmore Community League Chat to follow what's happening with the Community League and see what your neighbours are talking about.

Also available "Avonmore Parent & Tot" and "Avonmore Garden Club". Come join us!

Check us out on Twitter and Instagram! Follow us and share any photos or events happening in or around our community and join the conversation using #YEGAyonmore

Twitter: @AvonmoreLeague

Instagram: avonmoreleague

COMMUNITY LEAGUE BOARD



President	Kris	780 720-9003
Past President	Bill	780 934-1558
Vice President	Derek	780 919-5421
Treasurer	Kyle	780 446-3121
Secretary	Laura	780 982-9876
Hall Rental	Marzena	780 909-5886
Hall Rental	Maria	780 984-6839
Grants/Planning	Allan	587 989-4031
Casino Coordinator	Derek	780 919-5421
Memberships	Jean	780 863-0914
City Programs	Kristin	780 238-7795
CCL Programs	Marzena	780 909-5886
CCL Programs	Maria	780 984-6839
Social Director	Heather	780 466-1380
Neighborhood Watch	Jeff	780 469-0026
Southeast Voice	Jill	780 718-7270
Webmaster	Katie	780 916-4579
Social Media	Jean	780 863-0914
Sign Rental	Patrick	780 995-8818
Building and Grounds	Monika	587 594-9243
Babysitting Registry	Becky	587 589-5848
Capilano Playschool	Bethany	780 802-9307
Tennis	Daniel	780 245-1285
Soccer Programs	Shelley	780 497-0395
Soccer Programs	Curtis	780 908-3889
Ice Allocation	VACANT	
Hardisty Gym/Preschool Soccer	Shauna D	780 966-3205
SECLA	Monte	780 243-7547
City – NRC	Tyler	780 690-8613
Meetings are held every 3rd Wed of the month 7:00 p.m. - Sept – June		

Capilano Community is on Facebook “Like Us”

Playschool – Register for 2020/2021 School Year

Capilano Playschool is accepting registrations for the 2020/2021 school year. We offer a choice of our Healthy Apple (health and wellness) or Christian program.

We run morning classes two or three days per week. All classes are for 3 and 4-year olds and include a “Learn Through Play” philosophy that facilitates children learning letters, numbers, socialization and self-regulation skills through physical activity, art and

crafts, field trips, stories, music and more.

We are located in Hardisty School (10534-62 street).

For more information on our parent co-operative playschool, or to get a registration package, please contact Bethany at 780-802-9307 or capilanoplayschool@hotmail.com; check out our website www.capilanoplayschool.com; or find us on Facebook! Hurry as space is limited!

Hold onto your stuff!

If you have been spending some of your “at home” time spring cleaning, please hold onto your stuff! Our annual Community Wide Garage Sale and Big Bin events have been postponed for now, but we will reschedule them when we can. Thanks!!



Children’s Programs – Keep up to date

To keep informed of the status of Capilano’s local children’s programs, such as Hardisty Gymnastics, Sport Academy, Ball Hockey, and Preschool Soccer, please monitor our website at capilanoocl.ca and/or check out the Capilano Community Facebook page.

Choose Capilano Hall for your Event

In the future...if you’re planning on hosting a party, meeting, family gathering, wedding or other occasion, then you should check out our hall. Capilano hall offers a perfect location with a one-of-a-kind view of the river valley. The hall has a large balcony, kitchen, wood flooring, and all amenities are available to make any event special. Sit down hall ca-

capacity is 80. Single weekend daily rates for Friday, Saturday and Sunday are \$225/members and \$300/non-members. The entire weekend rates are \$325/members and \$450/non-members. To book the hall or for more information, contact Marzena – 780-909-5886, Maria – 780-984-6839, or visit our website at capilanoocl.ca.

Capilano Community Memberships

Need a Capilano Community Membership? Contact Jean at 780-863-0914.

As well, memberships are available at:

--“All Care Pharmacy” located at 5016 - 106 Ave. Contact the pharmacy at 780-244-2737 for store hours (Cash only). Thanks to “All Care Pharmacy” for supporting our community!

--Servus Credit Union, Capilano Mall #110, 5615 – 101 Avenue (Cash only)

--SEESA (South East Edmonton Seniors Association), 9350 – 82 Street. Available at front desk during business hours (Cash only).

--Edmonton Federation of Community Leagues (online only). Note: EFCL adds a \$5.00 admin fee.

CCL Program Director Needed!

This volunteer position is responsible for visioning and coordinating non-city community program offerings for Capilano Community League (CCL). This includes our fitness programming, seniors programming, children’s programming and whatever you dream up that aligns with our league! Don’t worry - while you will be overseeing the programs you will work with other volunteers to implement the

programs. As a new volunteer position for the league, you have the opportunity to shape the role and to have a significant voice in the programming that makes our community vibrant, active and fun. As an added bonus, you get to work with our existing and amazing community volunteers. If interested or have questions, please contact Kris at K_cramer@telus.net or 780-720-9003.

Ice Allocation Manager Needed!

Capilano Community requires someone to manage the use of our ice rink next winter. Responsibilities include: manage rink schedule, book ice time with teams, and supervise rink attendants. Are you interested

in supporting others enjoy our rink, playing hockey or skating? Then this is the role for you! If interested or have questions, please contact Kris at K_cramer@telus.net or 780-720-9003.

Capilano Community League Sign Rental

Contact Patrick at: 780-995-8818 or patrick.ccl@shaw.ca

Do you have a message for the community, a birthday, anniversary, graduation or special event that you would like advertised? Advertise it on our new changeable sign located at the intersection of 65 St and 108 Ave.

Sign rental fees: Community League Members - \$10 (\$15 for non-members).

Small business/commercial advertising - \$25. Guaranteed 3 days.

Please note: small business announcements/advertising also accepted at our discretion. Some restrictions apply and we reserve the right of refusal. Community announcements take precedence over small commercial business announcements. Please call as far in advance as possible to avoid disappointment!

Total Body Fitness is Online!

Your strength and cardio class is now being emailed to you! You have the choice when to do it - 6 in the morning or 10 at night.

Weights and a band can be delivered to your door, you will also get 1 or 2 workouts a week with a focus on cardio and strength,

and me (a certified trainer) checking in to see how it goes, or there for any questions.

\$40 once a week or \$80 for twice a week, for 4 weeks at a time.

For more information email lisashortenfitness@gmail.com or call 780-221-9857.

Kaizen Dojo – Online Karate sessions

Jamie Hanlon with Kaizen Dojo is currently offering a free online 45 min karate session for participants. Using an online format (zoom or facebook) Jamie will provide instruction for those in isolation or those social distancing and will continue until we receive

notice from our provincial and municipal leads that it is safe to return to the public sphere. Dates and times to be announced, but it will be running once per week. Please connect with Jamie at kaizen.dojo@shaw.ca for further details about participating.

SCHOOL IS ALMOST DONE!!!
 JOIN YOUR FAMILY AND COMMUNITY
 IN A CELEBRATION RALLY
SATURDAY, JUNE 20, 2020
FROM 3-4:30PM

Decorate your bike, scooter, stroller, wagon, skateboard or yourself and travel around the sidewalks and roads of Capilano to celebrate.



To provide photo opportunities to family and friends; plan on doing a loop around the Suzuki school fields (north of Capilano street, east on the path across the fields and south on 54th and back around to Capilano street) while you travel the community

Please practice physical distancing- keep at least 2 meters (about the length of a hockey stick) distance from people outside your household or cohort family.

**Let's Make
Some Noise!!**

**Help Us In Thanking Our
Front-Line Workers**

Every Saturday at 7PM

**Go Outside: cheer, shout, play
instruments, applaud, ring
bells to show your
appreciation for our
front-line heroes!**

**Happy
Graduation**

- CLASS OF 2020 -

Congratulations all Capilano high school students graduating this June 2020!

In acknowledgment of all of your hard work, dedication and perseverance.

Wishing you all the best- your neighbors and family of Capilano Community league

Keep informed!

To keep up to date on the current status of Capilano Community (CCL) facilities, events and programs, please monitor the following:

- CCL website at capilanoocl.ca
- CCL Facebook page (search Capilano Community League)



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RIVER VALLEY CLEAN UP

A big shout out to the 66 members of Cloverdale Community who participated in our annual River Valley Clean Up event on Saturday, May 16. Despite not having our usual pancake breakfast due to COVID-19, we were able to cover our entire community including; the trails to the "accidental beach", all ski hills, park area and forested areas. We are hoping to celebrate with a BBQ, later in the summer, with all the participants. Thank you and congratulations for a job well done!



ANNUAL GENERAL MEETING

The Annual General Meeting for Cloverdale will take place on Sunday June 28 via video-conferencing platform (to be announced). The following are agenda items:

TransEd, the Valley Line LRT contracting consortium will attend and present an update on the progress and key amenities surrounding our neighbourhood like the Pedestrian bridge over the river, replacement footbridge over Connors Road and access road changes. Another chance to ask your questions.

Gallagher Park Master plan update – the Open House originally scheduled Apr. 22 could not take place. The latest update from consultations that was shared with the Executive will be provided.

Election for Executive positions – a number of roles on our Community League Board are available and need to be filled to keep our

league viable. Without volunteers, we will not have an operating hall for programs, sports activities, programming, skating rink etc. Please consider stepping forward for any of the following positions: (see EFCL site for role descriptions. <https://efcl.org/league-board-resources/board-development--operations/position-descriptions/>) Your community needs your expertise for the following positions:

- President
- Vice-President
- Secretary
- Treasurer
- Civics Director
- Communications

If you have an interest in any of the roles or have questions, contact Marilyn at secretary@cloverdalecommunity.com. Previous experience not necessary.

BIKE CHALLENGE

Now that things are reopening, and people are getting out of their homes more frequently, one of the best ways to maintain social distancing while getting some good and much needed activity seems to be biking. Cloverdale has received a challenge from one of our neighbouring communities, Ritchie, inviting us to join them and perhaps a few other communities in a bike challenge during the month of June. Cloverdale has accepted the challenge!

Here is how it will work:

During the month of June, those who wish to participate need to track the kilometres that they ride and email: socialdirector@cloverdalecommunity.com every Sunday evening with their weekly totals. On Mondays, the total results for our community will be published. We will skip the final Sunday of the month (Sunday, June 28) and extend that recording period to Tuesday, June 30. Our



final total for our community will then be announced on Canada Day.

Cloverdale Community Goals:

- 1200 km - 1500 km - Honourable Mention
- 1501 km - 1750 km - Bronze Medal Status
- 1751 km - 1999 km - Silver Medal Status
- 2000+ km - Gold Baby Gold

Top rider will get a special prize. RISE TO THE CHALLENGE CLOVERDALE!

MUTTART GARDEN PLOTS

The Muttart provided permission for Cloverdale residents to use their garden plots for this summer. Thank you – it's such a lovely spot to garden. There is one plot left to claim; however, it contains a large ant colony.



My staff and I are at your service. The Edmonton Gold Bar constituency office is here to:

- Provide information about provincial government programs & services
- Assist you with questions or difficulties with governmental services
- Participate in local community events
- Share ideas

100-8925 82 Avenue

780.414.1015

edmonton.goldbar@assembly.ab.ca

Marlin Schmidt
MLA Edmonton-Gold Bar

NEIGHBOURHOOD FACES



Community League Board

President/website	Curtis	President@forestterrace.org
Vice-president	VACANT	VP@forestterrace.org
Secretary	Allison	Secretary@forestterrace.org
Treasurer	VACANT	Treasurer@forestterrace.org
Hall Rental	Tina/Molly	Hall@forestterrace.org
Maintenance	Simon	Maintenance@forestterrace.org
Programs	Sarah	Programs@forestterrace.org
Rinks	Scott	Rink@forestterrace.org
SECLA Rep	VACANT	SECLA@forestterrace.org
Soccer	Anj	Soccer@forestterrace.org
Babysitting	Anna	Babysitting@forestterrace.org
Casino	Anna	Casino@forestterrace.org
Grants	Jane	Grants@forestterrace.org
Memberships	Sonya	Memberships@forestterrace.org
Signs	Anj	Signs@forestterrace.org
Newsletter	Kerry	Newsletter@forestterrace.org
Events	VACANT	Events@forestterrace.org
Civics	Yvonne	Civics@forestterrace.org
Marketing	Joanne	Marketing@forestterrace.org
ACE	CoraLee	ACE@forestterrace.org
Nbrhood Watch	Madison	Madison@forestterrace.org
Garden	Amber	garden@forestterrace.org



Fulton Ravine clean-up



Every year, the league hosts a clean-up of Fulton Ravine as part of the Capital City Clean Up initiative. This year, the City cancelled all litter clean-up programs due to social distancing regulations, including ours, which had been planned for May 2.

A few residents reasoned that they could abide by distancing restrictions and still do some garbage collection. And did they ever! Eight people collected about 50 bags of gar-



bage, mainly in the area between the green bridge and the stairway going down into the ravine in Terrace Heights. More waste, including a table top, was also removed from the area by 101 Avenue.

There is still more garbage to clear from our green spaces. If you would like to pitch in and you need bags or a garbage-grabber, contact membership director Sonya by email or leave a message for her at 780-463-1613.

Membership benefits

Membership in our community league comes with a host of benefits, including discounts at several local businesses. For a full list of perks, visit forestterrace.org/membership.

A family membership is just \$30; individual memberships are \$15; seniors pay \$10; and, if you're new to the area or have never had a membership before, your first year is free by contacting our membership director Sonya at memberships@forestterrace.org or 780-463-1613.

You can buy a membership at efcl.org; or purchase in person at Shaheen Grocery & Bakery (10130 79 St NW), Grower Direct (7231 101 Ave NW), SEESA (9350 82 St NW) or any Edmonton Servus Credit Union branch.

Community Garden donation



The Heights Community Garden donated this year's plot fees to the Edmonton Food Bank. Along with a matching donation from the league, the total contribution was \$440.

If you're interested in a plot for next year, sign up now to be put on the waiting list. Plot fees are \$20/season. Gardeners must have a current community league membership and sign a contract.

The garden is also looking for new members for its planning committee, which meets once a month from February to October to discuss new ways of growing things and its plan to one day expand the garden. Please email garden@forestterrace.org for more information or to sign up for a plot and/or the committee.

Nominate a neighbour bouquet

Has a neighbour in Forest Terrace Heights reached out to you during the COVID-19 crisis, or made a difference on your block? If so, email Sonya or leave her a voicemail at 780-463-1613 and put in their name for our monthly Nominate-a-Neighbour Bouquet from Grower Direct! Please include your contact information so Sonya can ask what makes your neighbour special.



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Annual General Meeting

For the first time in our 100-year history, Forest Terrace Heights community league held its annual general meeting virtually, via Google Meet. Members of the board and some community members signed in on June 2 to hear about activities coordinated by the league, review the budget and annual report, honour our volunteers of the year, and vote in elections for the board of directors. If you missed the meeting, be sure to check forestterrace.org for the annual report, or watch for a link on our Facebook page.

Everyone is welcome at board meetings. Our next one will be Tuesday, Sept. 15, at 7 p.m. With any luck, we'll be able to meet in person at the hall. Otherwise, we'll continue to use Google Meet. Please contact our secretary at allison@forestterrace.org if you would like to attend, and she will send you a link.

Board Members

Mike
President
president@fultonplace.org
7808867794

Miles
Vice President League Affairs
vpleagueaffairs@fultonplace.org
7809515253

Gavin
Vice President Civic Affairs
vp_civicaaffairs@fultonplace.org
7805041896

Jeff
Treasurer
treasurer@fultonplace.org

Facilities
info@fultonplace.org

Joshua
Communications
communications@fultonplace.org

Sherry-Lynn
Hall Rental
hall@fultonplace.org

Miles
Seniors Liaison
seniors@fultonplace.org

Ruth
Babysitting Registry
babysitter@fultonplace.org

Sherry
Director
sherry@fultonplace.org

Krystina
Director
krystina@fultonplace.org

Fulton Place Garden
fpcgcontact@gmail.com



Ravine Cleanup Will Not Be Happening This Year

Instead we ask & encourage everyone enjoying the ravine, and your neighbourhood, to pick up as much trash as you can and help keep our community clean.


Community Support During Covid-19



To our community members wanting to offer support to others who are self-isolated or quarantined, we certainly encourage residents check in with your neighbours, particularly those who are vulnerable or have mobility issues. Check out the Fulton Place Facebook page, and the group 'FPCL Neighbours and Volunteers' to leave a message regarding COVID-19 issues in our community & to request some help or ask who may require it. You can link to this group via the top banner on our Facebook page:

Heat Related Illness



With the return of summer weather, EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors);
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating;
- The patient is usually cold and damp to the touch and the skin may appear pale, or dusky gray.

Heat stroke

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal;
- It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels;
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

First aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment;
- Remove excess, or tight fitting clothing, and allow them to rest in a cool environment;
- If the patient is conscious and alert, provide suitable fluids such as: water, juice, or a sports drink;
- If you are concerned, seek medical attention or call 9-1-1.

Prevention

- Stay well-hydrated by drinking plenty of water;
- Be aware that excessive alcohol consumption will promote dehydration;
- Always wear a broad brimmed hat to keep the sun off your face and neck;
- Apply a broad spectrum, waterproof sunscreen with a minimum SPF of 30+, especially for children. The sun's UV rays peak between 11am-3pm, even on cloudy days.

www.albertahealthservices.ca

Fulton Place Local Business Directory

At Fulton Place Community League we believe in buying local whenever possible. If you own a small business in Fulton Place, or live in Fulton Place and own a small business elsewhere, we invite you to submit your business information to us. We will feature it on our website business directory and remind our social

and email followers to consider buying goods & services from our neighbours and community. Please email to info@fultonplace.org:

Your name, first and last.

Your business name.

The service or product you offer.

A short, 2 or 3 line summary of your business-

who you are and what you do.

Your preferred contact information.

Your address, which we will not publish unless it's a part of your business contact. We will use this as proof of your residency in Fulton Place. Thank you and we hope you and your family are healthy and safe.

Gold Bar Executive

Name	Position	Email
*President	Adam Rompfer	adamrompfer@yahoo.ca
*Vice President	Jamie Melnyk	jamie21_twitcher@hotmail.com
*Secretary	Cody Charlene	codycharlene86@gmail.com
*Treasurer	Nicole Kraychy	nicolegoldbar@live.com
Bingo Director - Fort Road	Jessica Negrey	negrey@shaw.ca
Bingo Director - Parkway	Charlene Lazenby	charlenelazenby@gmail.com
Bingo Worker Director	Lorie Smith	loriesmih@gmail.com
Casino Director	Isabella Pierce	bella.edm@shaw.ca
Communications Director	Lisa Shorten	brian.lisa.shorten@gmail.com
Community Liaison	Rhae Hansen	gbcl.liaison@gmail.com
Director At Large	Pat Chmilar	p.chmilar@icloud.com
Social Director	Ronda Lisowski	magicianronda@gmail.com
Financial Director	Andrew Mason	andrewroycemason@gmail.com
Green Shack Program Director	Joelle Zimmerman	Joelle_zimmerman@gmail.com
Hall Manager	Liisa Armstrong	goldbarhallrentals@gmail.com
Membership Director	Amy Cooper	Amycooper88@outlook.com
Programming Director	Sharon Harker	gbhallfun@gmail.com
Sign Director	Lindsay Kocil	lindsaykocil@me.com

COMMUNITY MEMBERSHIPS AVAILABLE NOW!



You can NOW buy your memberships at BLUES JAVA COFFEE SHOP- CASH ONLY (5010-106Ave), ALL CARE PHARMACY (5016-106Ave) and at SEESA (9350-82St) come check out these wonderful business and pick up your community membership- CASH/CHEQUE ONLY. On the second Tuesday of every month, show your membership card at Blues Java Café to receive a FREE hot Beverage (coffee, tea, and hot chocolate) between the hours of 7- 11am. Please Remember Your Card.

WE NEED YOUR HELP!! PLEASE VOLUNTEER TO SELL TO A ROUTE NEAR YOU ! If you're interested in helping out your community by selling memberships, we have short and long routes available.

You can purchase memberships at any of the above places or Call Amy Cooper 780 668 6836

REMEMBER CALL AND GET YOUR MEMBERSHIP FOR HOCKEY REGISTRATION!!!

Adults/Family \$20 and seniors \$5. CASH or CHEQUE (Goldbar Community League)

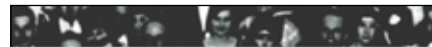
BINGO

There is still no certainty to when the bingo halls may re-open due to Covid. Please consider helping out once we resume normal schedule. Upcoming dates for Parkway: Sat. June 20- afternoon shift only

Sunday June 28-evening/late night

Monday July 20-evening/late night

Stay safe, see you soon



A Residential History Project



GOLD BAR

We are creating an online time capsule of our residents, everything from their families occupations, children and pets to their retro basement party and community event photos

What do you need to do?

Contact
Cody Charlene
587.936.2338
goldbarsecretary1@gmail.com

City proceeds with relaunch efforts



May 21, 2020

The City of Edmonton is taking a phased and balanced approach to relaunch efforts. Effective Friday, May 22, playgrounds, skateparks, tennis, pickleball, volleyball and basketball courts, disc golf, outdoor fitness parks and athletic tracks will start to re-open.

"We understand that Edmontonians want to get outdoors and enjoy the many spaces and places in their neighbourhoods," said Interim City Manager Adam Laughlin. "Opening amenities and staying safe is a shared responsibility and it demands that we continue to collectively do our part."

In all re-opened spaces, users must follow public health guidelines including:

- Maintaining 2 metre physical distance;
- Gathering in groups of 50 or fewer;
- Only sharing common equipment with members of the same family or cohort;
- Staying home if you feel sick;
- Washing and sanitizing your hands before and after using these areas.

Some courts and courses, for basketball and disc golf, will be ready immediately. Tennis courts will take a bit longer to unlock and reopen in order to rehang nets and clean surfaces. We ask that if barriers are in place, allow our crews the time to remove them, in order to ensure everyone's safety.

No league play is allowed and no new bookings will be taken for any field or court at this time. Spray parks will remain closed for the 2020 summer season.

At today's Emergency Advisory Committee meeting the State of Local Emergency was renewed for the next seven days. A number of other relaunch plans and initiatives were discussed, including:

1. Starting May 25, Animal Care and

Control will start the intake of healthy stray dogs dropped off by Edmontonians by appointment only. Appointments can be made online at edmonton.ca/pets or by calling 311 for assistance.

2. Due to an increase in parking congestion, EPark fees will be reinstated starting June 8.

3. The Edmonton Valley Zoo will open starting June 15 with additional operating restrictions.

4. The opening of an additional four Shared Streets with more to open in the coming weeks:

- The residential roadway of 112 Avenue South, from 112 Avenue to 76 Street
- On 76 Street, from 112 Avenue South to 110 Avenue
- On 110 Avenue, from 76 Street to 75 Street
- On 75 Street, from 110 Avenue to Ada Boulevard

More detailed guidelines and information for safe sport court use and relaunch plans are available at edmonton.ca/covid-19

As you experience the many spaces and places in the city, things may look different. We are out there working to keep you safe, however, you may notice longer grass, more weeds or litter build up as we navigate these unprecedented times. Please clean up after yourself when using public spaces or notify 311 if there is an urgent need. We're all in this together and ask for your patience and understanding as we work to balance competing priorities with our new financial reality.

Thank you for your cooperation in playing safe and staying safe by adhering to physical distancing requirements and appropriate use of public spaces.



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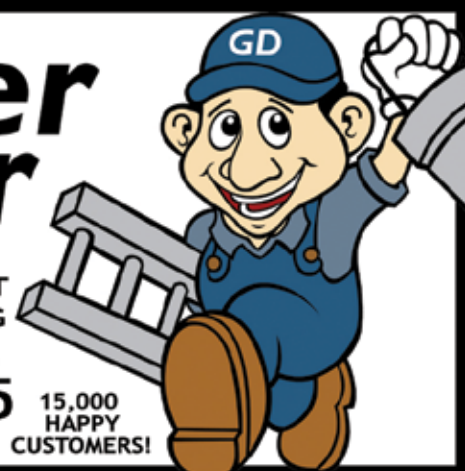
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Holyrood Community League Contacts

President	Larissa	president@holyroodcommunity.org
Past-President	Wendy	pastpres@hoyroodcommunity.org
Vice President	VACANT	vicepresident@holyroodcommunity.org
Treasurer	Claire	treasurer@holyroodcommunity.org
Secretary	Alison	secretary@holyroodcommunity.org
Programs	Kelly	programs@holyroodcommunity.org
Sports & Fitness	Sheryl	sports@holyroodcommunity.org
Memberships	Jessica	memberships@holyroodcommunity.org
Facilities & Grounds	Andrew	facilities@holyroodcommunity.org
Communications	Megan	communications@holyroodcommunity.org
Social	Jeremiah	social@holyroodcommunity.org
Civics	Dave	civics@holyroodcommunity.org
Holyrood Development Committee	Jaime	hdc@holyroodcommunity.org
Community Garden	Jaime	garden@holyroodcommunity.org
Rink	Randall	rink@holyroodcommunity.org
Soccer	Jared	soccer@holyroodcommunity.org
Playschool	Jessica	playschool@holyroodcommunity.org
Playgroup	Jessica	playgroup@holyroodcommunity.org
Casino	Alison	casino@holyroodcommunity.org

🌐 holyroodcommunity.org 🐦 @HolyroodCL 📘 Holyrood Community League

Purchase memberships through efcl.org/membership/

Complimentary memberships are available for newcomers to Holyrood! Contact our Membership Director at memberships@holyroodcommunity.org.

HDC Update

Holyrood Gardens Update

Construction has begun at the Holyrood Gardens site! Regency Developments is beginning to construct the tallest tower, located at the south end of the site next to the traffic circle.

The Holyrood Development Committee and Regency Developments worked together to create a Good Neighbor Agreement. In an effort to work together, Regency as well as the general contractor on site will have open lines of communications with the HDC throughout construction. Please feel free to email hdc@holyroodcommunity.org should you have any concerns.

We wish Regency the best during the construction process and are looking forward to

watching the progress on site!

8302- 95 Avenue

Despite the for sale sign on the property, the owners have applied for a development permit to construct the building that was approved in the DC2 upzoning. The permit is currently "In Development Review". As a refresher, this site is zoned for a 4-storey, 12-unit development.

Valley Line LRT

Construction has been ramped up again, with lots of work and some disruptions around Holyrood. Trans Ed is planning to have a total weekend closure of Connors Rd. on June 1-4. Please plan alternate routes.

Taking Care Of Ourselves And Others

Alberta Health Services has resources and services available to help. Remember, if you are struggling you are not alone. Please visit albertahealthservices.ca for more information and a list of supports in place to help

you. For those without access to the internet:
Mental Health Helpline – 1-877-303-2642
Toll Free Crisis Line / Distress Centres - 1-800-482-4357
Addiction Helpline – 1-866-332-2322

Seniors Only Shopping

Safeway Bonnie Doon, Safeway Capilano and Walmart Capilano will have their store open only to seniors from 7-8AM every morning.

Shoppers Drug Mart Capilano and Bonnie Doon will have their store open only to seniors from 9-10AM every morning. Delivery directly to your home may also be arranged.



Helping Out The Edmonton Foodbank- The Holyrood Kindness Challenge

At our last meeting, The Holyrood Community League board of directors voted unanimously to donate our budgeted Volunteer Appreciation allotment to Edmonton's Food Bank.

We challenge all other community leagues to do the same! We call it the Holyrood Kindness Challenge, help us spread the word! #YEG-cares #HolyroodKindnessChallenge

HCL To Host A Virtual AGM On June 3rd!



The HCL Annual General Meeting is typically held the last week of April every year. As this year has been everything other than typical- we are planning to try something new! On June 3rd, we will be hosting a virtual AGM. Guests will be able to attend the event via computer or telephone. We are in the process of finalizing the details, please be sure to save the date and stay tuned to our website and Facebook page for time and log in/call in details. The AGM will certainly be different this year, but the board is looking forward to this opportunity to connect with the membership! All attendees will receive a complimentary community league membership.

Want To Be A Part Of The Action? HCL Is Looking For Board Members!

Are you keen to work with a team of like-minded individuals who care about our fabulous Holyrood community? If you have thought about volunteering in the past; now could be a great time to join the board! Although these have been uncertain times, The Holyrood Community League is still excited about the future. We are currently looking to fill the Vice President position, Sports/ Programs position, and Secretary position! Here is a brief overview of these positions.

Sports Director: The gist of it- keeps the community's sports and fitness classes and programs running smoothly. **A deeper look-**

Oversees the sports and fitness programs offered by the league. Helps recruit program coordinators, and acts as the board's liaison with them. Organizes new sports and fitness classes. Applies for grants, arranges registration and payment of classes, keeps records, and organizes facility access.

Secretary: The gist of it- helps to keep the board organized and running smoothly. **A deeper look-** Notifies board members of meetings, circulates agendas and ensures quorum. Records minutes during board meetings and circulates them to board. Responsible for league record-keeping. Picks up and sorts board mail. Keeps board contact information up-to-date with associated organizations.

Vice President: The gist of it- helps out as needed. **A deeper look-** Learns the duties and responsibilities of the president, and keeps informed on community league issues. Works closely as an advisor and consultant to the president, and fills the president role in his or her absence. Tries to volunteer for key community league programs, events and initiatives as needed.

Interested? If you would like to ask a question or chat with someone about one of these positions; please reach out to HCL's president; Larissa at president@holyroodcommunity.org

Holyrood Babysitter's Registry

We have launched our babysitter's registry. Interested babysitters can apply at <https://forms.gle/wdKnJ6am9kLmtbYd9> or visit the Holyrood Community League website www.holyroodcommunity.org to find the link to the application form. Interested parents can email communications@holyroodcommunity.org to be matched up with potential babysitters. We have to remind everyone to be as safe as possible during this uncertain time, and make sure that you stay home if you are sick. Please don't contact any potential babysitters to care for a sick child, or if anyone in your household is sick.



COVID-19 Specific Information



Reopening

-City parks have reopened. Some benches and tables will remain taped off to encourage physical distancing. City firepits are open. The City of Edmonton website states "Please keep your physical distance; at least 2 metres from others, whether it's on trails, in parks, on stairs, or buying groceries. It's important to follow physical distancing practices as outlined by Alberta Health Services. Park Rangers and security personnel will be patrolling parks, staircases, and trails to support closures and physical distancing requirements."

-Temporary outdoor patios, sidewalk cafes and outdoor retail rules have changed. See the City of Edmonton website for full details.

-Most off leash dog parks have reopened as of May 16th. The City will no longer be providing dog poo bags at parks; owners are reminded to ensure they bring their own bags and clean up after their pets.

-The city asks users to continue to practice physical distancing when using off-leash areas. Clean your hands after touching gates or latches, as these surfaces are not sanitized. Peace officers will be monitoring the off-leash areas to ensure people continue to follow physical distancing and maximum oc-

cupancy rules.

-City-owned golf courses; Riverside and Victoria Golf Course have opened. Due to the financial impacts of COVID-19, The Rundle Golf Course will remain closed for this season.

Remaining Closed

-City owned and operated playgrounds remain closed at this time. This includes all drinking and decorative fountains.

-All City operated outdoor pools and spray parks, including the City Hall fountain, will remain closed for the duration of the summer season. This decision was made as part of the City's strategy to reduce expenditures in response to the COVID-19 crisis and will not be affected by Provincial economic relaunch plans.

-Green Shack programming will not be operating for the duration of the summer season. This decision was made as part of the City's strategy to reduce expenditures in response to the COVID-19 crisis and will not be affected by Provincial economic relaunch plans.

-Holyrood Community League programs are currently on hold. Yoga is canceled, please contact Ruth for more information.

Staying Connected To The Community

During these challenging times, we can still foster a sense of community even when we can't be together physically. Please follow Holyrood Community League Facebook

to stay connected with us.

Consider joining nextdoor.com as another way to communicate with your neighborhood and surrounding communities as well!

Canadian Brands- A Did You Know???

Through the past few months, there are many who may feel that their choices have been reduced due to COVID-19. I know that I personally felt the impact when it came to things like how I did my grocery shopping and what products I wasn't able to purchase so easily anymore. Now everyone's mind has just gone straight to toilet paper- lol, but that is not what I am referring to! I am someone who loves food and enjoys wandering the grocery store selecting what looks appealing. I was feeling a sense of loss and was looking for ways to cheer myself up. I started to try and think of ways that I could empower myself while making the choices I had more impactful. I decided that I would work on becoming more conscious of the origin of brands that I was buying; I would try to purchase more brands that were Canadian. In my investigations- there were many brands I knew and many that I didn't realize were Canadian! I thought it might be fun to share some of those brands with you. There are so many wonderful, local, independent businesses that I love to support but today I am sharing the bigger brands that you tend to buy at the supermarkets and department stores.

Top of the list is obviously toilet paper! Did you know we make that here? Kruger's products; Cashmere, Sponge Towels, Scotties, White Swan, White Cloud are proudly Canadian. So are Purex, Royale, Majesta and Cascades.

Hungry? Canadian food brands include; Allen's Vinegar, Cattle Boyz Bbq Sauce, Pinty's and Janes Chicken Nuggets, Cavendish and

McCain Fries, Cheemo and Baba's Own Perogies, Unico canned/pantry goods, Happy Planet Soups, Leslie's Raincoast Crisps, Que Pasa Tortilla Chips, Hawkins Cheezies, Hardbite Potato Chips, Love Child Organics Baby Foods, Salt Spring Island Coffee, Sunny Boy Flour and Cereal, Nature's Path, Coyote Pancake and Waffle Mix, Holy Crap Cereal, Crofters Jam, Silver Hills Bakery Bread, Prairie Harvest Pasta, Canola Harvest Oil, Manitoba Harvest Hemp Hearts. Craving Canadian sweets? Big Brands include; Chapman's Ice Cream, Foothills Ice Cream, Kerr's brand candies, Leclerc Celebration Cookies, Dare Cookies, Gagnon Chocolates, Laura Secord and Purdys chocolates. You could wash those down with Canadian Sun Rype Juice, Big Rock Beer or Alley Kat Beer!

There are many big brand Canadian pet food companies such as; Orijen, Acana, Petcurean, Zoe, Nutrience, Now Fresh, Go!, PetKind, First-Mate, Lifetime, Nutram, North Paw, Boreal and Canadian Naturals.

My son will soon outgrow his infant car seat, so I was very excited to find out that Clek car seats are another proudly Canadian company!

I won't talk about clothing because I have a bit of a passion and could go on all day! I will save it for another article and tell you in closing that I get an endless amount of compliments on my Manitobah Mukluks and my Rebecca King sweaters!

I hope that you enjoyed my Canadian brands fun facts and that it may help you to knowingly value your choice of proudly Canadian products!

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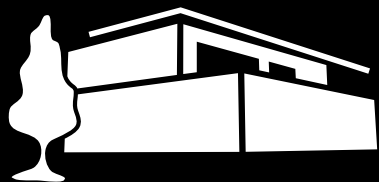
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Vice President	David	vpidylwylde@gmail.com
Treasurer	Pat	treasureridylwylde@gmail.com
Secretary	Corrina	secretaryidylwylde@gmail.com
Casino/SECLA	Bridget	casinoidylwylde@gmail.com
Civics	Lee	civicsidylwylde@gmail.com
Programming	Sheri	programs@idylwylde.org
Membership	Michelle	membershipidylwylde@gmail.com
Garden	Lauren	garden@idylwylde.org
Facilities	Stuart	facilitiesidylwylde@gmail.com
Social	Vacant	
Publicity	Rachel	communicationsidylwylde@gmail.com

Purchase your membership online at efcl.org!

To contact us, please do so by email or by leaving a message at 780 466 7383.

Like and follow us for the most up to date news. Search "Idylwylde Community League" on Facebook and @IdylwyldeCL on Twitter.

Also make sure to visit us at www.idylwylde.org and sign up for our monthly e-newsletter.



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www.ackard.com

Hello Neighbour!

We're several weeks into social distancing, now, and we're heartened by stories of kindness between neighbours. Folks are offering surprise cookie packages, help with groceries, and leading delightful community art projects. (Did you see the socially isolating penguins?)

This is also a very difficult time, and we're wondering how you are doing. We'd like to know...

Do you need any help? If you need help with errands or are finding this time hard and just want to talk, please reach out to the league. You can call/text Kate at 780-430-1531. Calling 2-1-1 is also great for learning about resources to help with things like food, finances, and stress.

Do you know your neighbours? We'll be distributing a couple of postcards the City of Edmonton made that you can use to share with your neighbours to offer help, if you can. Watch for them in your mailbox.

Do you have any great ideas for community activities to do at a social distance? If you have a cool project you'd like to lead—apply for a mini grant! The league can offer up to \$100 for supplies and will help to promote it. Just send a paragraph on what you want to do, and why it will benefit the community to league@idylwylde.org.

Please keep sharing your ideas and stories with us, we love to hear from you. Best wishes for a safe and healthy spring,

The Idylwylde Community League Board

Reserve your Capital City Clean-Up Litter Kit

Want to help beautify Idylwylde and care for our planet? Contact Sheri at programs@idylwylde.org to get a free Capital City Clean-Up Litter Kit. Each kit includes a safety guide, litter grabber, a pair of gloves, and a small and large garbage bag.

Monthly Community Meetings

We are experimenting with technology to see what fits our needs best. Contact our VP if you would like an invite to our next meeting.

Social Chair Still Needed

WANTED: Planner supreme with a creative flair for parties, shindigs, and general community get-togethers.

Monthly commitment is one 2-3 hour meeting, as well as answering occasional emails. Time spent on planning and coordinating will be up to you, but the main responsibilities are things like community league day, and our winter family fun day! If this sounds like something you would be interested in, get in touch with us today!

Cheery Tomato Community Garden

Stay connected to the community while keeping your physical distance! Our community garden is a great way to get out and stay connected in a safe way. Contact us and we'll let you know how you can be involved with our amazing little community garden as there is always room for more gardeners to join.

Avenue Magazine Best Neighbourhoods

We know that social distancing is the new normal... for now. But, at Avenue, we're still prepping for a great Best Neighbourhoods edition this coming August. This is why we are asking community leagues to put the word out about our Best Neighbourhoods survey, which informs the August edition of the magazine. We want to know what Edmontonians believe are the most important quali-

ties of a great neighbourhood.

Through e-mail or newsletters, you can help us spread the word through your community while keeping a safe distance.

You can find the survey here.
<https://www.avenueedmonton.com/edmontons-best-neighbourhoods-survey/>

Thanks for your help!
Avenue Edmonton Magazine

311 Hours of Operations Change

The hours of 311 are being reduced from 24 to 12 hours a day (Effective February 2, 2020). The new hours are from 7am to 7pm, seven days a week (closed on statutory holidays).

The changes to 311 hours are an effort by Council to deal with reduced revenues and to keep tax increases down for citizens. The compressed schedule will result in a slight increase in wait times.



Support for essential public safety and urgent bylaw calls will continue to be available after hours. Examples include; down trees, manhole cover off on arterial road, sinkholes, dog attack, parking related concerns, etc.

For additional information, please visit:

https://www.edmonton.ca/programs_services/service-311-contact-centre.aspx

Kenilworth Executive

President	Irene	president@kenilworthcommunity.com
Vice President	Jon	vicepresident@kenilworthcommunity.com
Treasurer	Colleen	treasurer@kenilworthcommunity.com
Secretary	Maren	secretary@kenilworthcommunity.com
Adult/Seniors Programs	Loida	please email President for direct information
Bingo	Julia	please email President for direct information
Casino	Bonnie	please email President for direct information
Buildings/Grounds	Reg	please email President for direct information
Children's Programs	Jo	please email President for direct information
Grant Applications Coordinator	Aly	please email President for direct information
Membership	Rebecca	membership@kenilworthcommunity.com
Play School	Krista	ps@kenilworthcommunity.com
Publicity	Jason	publicity@kenilworthcommunity.com
Rentals	Liz and Al	rentals@kenilworthcommunity.com
SECLA	Kevin	please email President for direct information
Soccer (indoor)	Vacant	please email President for direct information
Soccer (outdoor)	Vacant	please email President for direct information
Social	John	please email President for direct information

General inquiries & Publicity Requests (SEV & Website): publicity@kenilworthcommunity.com

Hall Rental requests: rentals@kenilworthcommunity.com

Keep Current on our website, www.kenilworthcommunity.com and on Facebook!

Seniors' Events will be back

When possible again Kenilworth will be putting on its senior events again. We have planned
Dinner and a Movie
Individual Potrait Sessions
Afternoon Tea at Hotel McDonald
City Hall and Art Gallery tours
Canada Day breakfast

Dinner and Dance at Kenilworth Community League
Remembrance Day Event

We also received permission to use our funding to put towards essential items like hand sanitizer, soap, tissues or other items for seniors. Please contact us if we can help.

Caring for Seniors

100 Care Bags of Goodies were dropped off to Kenilworth seniors. This was due to the effort of Loida, our Seniors Program Director, and her team of volunteers. The seniors were so happy and grateful for the goodies we delivered. We planned many awesome events for the seniors this year but due to the COVID situation we cannot run any of them

for now, so we decided to deliver goodies to the seniors to keep in touch and show that we care. We tried to guess where all the seniors lived but it is hard to locate everyone. If you are a senior and did not receive a care bag or if you know of a senior on your block that did not receive one, please contact Loida at: loidahomes.ca

Food Bank

Our KCL league is committed to helping out the community of KCL and the City of Edmonton. We wanted to do a Food Bank drive and determined the Food Bank would do a better job with a donation. The Food Bank has bulk purchasing ability and also knows what their most urgent need is.

KCL Executive and Directors voted to donate \$500 to the Edmonton Food Bank in April.

If you are also in a position to donate here is the link:

<https://www.edmontonsfoodbank.com/ways-give/give-money/>

Christmas in July

Kenilworth's Annual Christmas in July Card Making event will go ahead this year, in a different format.

To keep everyone safe, project kits will include a stamp set and the products you will need to create a total of 8 greeting cards. The

cost to purchase a "to go" kit is \$45.00. Payment and registration is required before June 30th. Payment options include: e-transfer, cash, cheque, or Kenilworth Voucher.

For additional information, contact Rhonda Vague at 780 469-0010.

Hello neighbour!

Kenilworth community league sends greetings. We wanted to take the time to connect with existing members, welcome you if are not yet a member and let you know of some of the resources available to you within the community. Especially during challenging times we encourage everyone to find creative ways to stay connected with the community.

If you currently have a membership we thank you for your ongoing support of your community league! If you do not currently have a membership and would like to become a member please visit the EFCL website to purchase your membership or email membership@kenilworthcommunity.com. Membership benefits are plentiful. Free access to Edmontons Tool Library, discounts on rec centers and city wide programs, free skates and swims and much more as they are offered and available.

If you are new to the community please call or text Rebecca, membership coordinator at 780.982.5885 to receive your complementary membership for your first year!

There are some great opportunities for increased involvement in your community, whether it be serving as a board member, helping out with the various happenings in the community or joining your community online to help support each other or simply making new connections with neighbours. Also, stay connected through the NEXTDOOR app for desktops, laptops or phones, join and find Kenilworth Community on this application to stay in communication with neighbours and your league. This is a great way to support each other. Many people are offering services, trades and encouragement to each other especially during difficult times. Follow Kenilworth Community League on FACEBOOK! Find and follow us there too!

Introducing Irene Wood: KCL's new president

Hello Kenilworth Community League members:

I wanted to introduce myself, at our Annual General Meeting I was voted in a President of the community league: my name is Irene Wood.

I am a born and raised KCL member; my parents still live in the community. I grew up here, went to Waverley Elementary, Kenilworth Junior High and at the time Bonnie Doon High School. I moved away from the community for a number of years and returned when my kids were young, now I have been here as an adult for the past 14 years. My kids are 18 and 22, we have two dogs and my husband is Marvin.

I grew up participating in KCL activities: tap, jazz, soccer and now that my kids are grown I feel it is time for me to give back. Thank you for your trust and support in our community. It is an amazing group of neighbours.

We have closed the KCL hall but not the



What's in it for you?

1. You have knowledge, skills, and abilities that are unique to you because of your job, personal experiences or talents. The people that live in your neighbourhood can learn from you and benefit from you! This also works the other way too! Whatever you do has a direct connection to you and where you live!

2. Increasing your involvement with your community will definitely help you feel more connected to your community.

What is the commitment?

You decide. Choose your own adventure. If you average it out over a year, maybe a couple of hours a month if you would like to be involved with the board or programs? Maybe you just check in with your neighbours to offer volunteer services. Maybe you purchase a membership to keep your league strong and able to continue to provide programs and services when they are available. Maybe you have a creative idea for a program or way to engage the community.

For those of who who already give your time and energy to creating a strong community, thank you so much! Without the sum of us all none of it would be possible. We are stronger together.

Thank you so much! Please keep your eye out for news, events and emails from your league so you can stay connected and informed of whats happening in the community.

All the best,
Kenilworth Community League



good spirit of people. Please reach out if you are interested in supporting our community. Little things make such a difference. If you need any help in your own home, let us know, we have so many amazing KCL community members who will do some shopping for you, pick up supplies etc. just say the word. I can be emailed at president@kenilworthcommunity.com

I look forward to saying hello, from a distance, as I walk my dogs in the community.

Take care,
Irene

Winners! Winners! Winners!

Kenilworth "SPOT THE LETTER" CONTEST
Kenilworth Community League would like to congratulate the winners of the SPOT THE LETTER CONTEST! All together 33 completed entries were made from individuals and families! The feedback from the contest was so amazing! We heard that everyone LOVED getting out and exploring new parts of the neighborhood. It was a super fun way to get people moving, sharing community spirit, and enjoying the sunshine! Keep your eyes open for some other fun events planned over the summer as we are always interested in new ways to keep the community active and having fun so keep in touch if you feel inspired with ideas for the future!

The winners are.....
THERIALUT FAMILY
SYMIC FAMILY
BINNS FAMILY
WATTS FAMILY
LORENCE & MARY PLITT
CONGRATS!!! All winners will be contacted by KCL's Membership Coordinator and will receive a GC of their choice to Anvil Coffee House, Rexall Drug Store, or Royal Pizza!
Special thanks to Irene and Rebecca for their time and effort for this contest. Watch for more community activities in June such as Scavenger Hunt and Bingo. If you would like to help with the contests, please email Irene at: president@kenilworthcommunity.com

KENILWORTH SPRING CLEANUP CHALLENGE

As the weather gets nicer and the snow melts we are starting to see some of the mess and garbage from winter appear! As the City of Edmonton's Capital City Cleanup has been put on hold BECAUSE OF COVID-19, Kenilworth Community League would still like to encourage residence to participate in smaller cleanup efforts. Let's keep our community beautiful. Here are some ideas how you can practice safe community clean up!

-Ensure you wear protective equipment such as masks and or gloves while picking up garbage.

-Never pick up needles or sharp objects. Call 311 if you find anything concerning.

-Wear good footwear and weather appropriate clothing.

-Wear sunscreen and a hat

-Make sure you are only helping clean up with those who live in the same residence as you or practice safe social distancing measures. Do not plan to do this in groups.

-Dispose of garbage safely i.e. In community receptacles or in your own city picked up garbage cans.

-Wash your hands after!!!

Let's all encourage each other in community spirit! Post your creative pics of cleanup efforts on Nextdoor and Facebook and tag Kenilworth Community League!

Hall Rental Rates

The hall is closed currently due to COVID 19 however we are still accepting booking for later in the year in hopes that we might all be through this by then.

Kenilworth Community League has a beautiful facility. We hope you will consider Kenilworth Hall for your special events. Photos are available on our website www.kenilworthcommunity.com

KCL Hall Rental Rates: (Seating 160)

	Members	Non-Members
Weekend (Fri.pm – Sun.pm)	\$450.00	\$550.00
Day Rate	\$300.00	\$385.00
Damage Deposit	\$250/day rate	\$550/day rate
	\$450/weekend	\$550/weekend

*Third party insurance is now required for ALL hall rentals. Please ask the Rental Manager for more details. To book the hall, email is preferred, rentals@kenilworthcommunity.com. If email is unavailable, leave a message for AI @ 780-469-1711.



Dogs Off Leash at Kenilworth Rink

Dogs off Leash application has been submitted. Awaiting more information and next steps.

PLAYSCHOOL

We are accepting new registrations for Playschool in the hopes that we will be able to start this program in the fall!

Please contact Elaine Voss at (780) 691-8316 or by email elaine.voss@shaw.ca.

VOLUNTEER OPPORTUNITIES

Many opportunities are available: Soccer Director, Adult Programs, Children's Programs, Capital Projects, Bingo Alternate, Neighbourhood Watch.

We offer a yearly Executive Incentive of \$225 to be used for programs or sports and a

complimentary Community League Membership. This is a great way to meet community residents and contribute to your community.

Please call Ian @ 780-717-3578 for more info on how you can make a difference in your community.

Have a New Neighbor? Are You New to Kenilworth?

We would like the opportunity to welcome all newcomers into the neighborhood. If you know of any recent arrivals, or if you are one yourself, please call Rebecca @ 780-982-5885. We will deliver a free Community League membership along with information

about all the activities this League offers.

Don't have your 2019/2020 membership yet? Memberships are \$20 and \$15 for Individuals and Seniors.

Need one RIGHT NOW! Go to www.efcl.org and purchase one online!

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Saturday
10:00 am - 6:00 pm

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Prescribing pharmacist available

25% discount on OTC every Wednesday for seniors

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Compounding service

Blister packaging

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Executive and Board Members

Executive:

President – Corinne
Vice President – Colleen
Secretary – Sandra L.
Treasurer – Eric

Board Members:

Bingo Director – Kyla
Casino – Colleen
Hall Manager – Tim
Grants – Dillion
Big Bin – Andrew
Building Projects – Lukas
History of Ottewell Committee - We need more members!
Indoor & Outdoor Soccer Director – Cory
Summer Playground Director – Colleen
Social Team – Many OC Members
Playschool Rep – Tyler
Rink Chair – Tom
Maintenance – Frank
Membership Director – Russ
Communications –
Website – Erica
EFCL Rep – Corinne
SECLA Rep - Sandra

All positions are volunteer. Please send all inquiries via email to ottewell2212@gmail.com or call 780-469-0093 to leave a message. Someone will return your call.

Ottewell Community League
5920 93A Avenue NW
Edmonton AB T6B 0X2

Ottewell Community League Facilities

The Ottewell Community Park is open for casual use. Please respect the Alberta Health requirements.

- Keep outdoor gatherings at 50 people or less.
- Maintain two metres between others not in your household.
- Share sports or play equipment only with members of your household.
- Disinfect personal sports equipment before and after use.
- Wash or sanitize your hands frequently.
- Don't touch your face with unclean hands.

Playgrounds

Children may find it difficult to avoid touching their eyes, nose or mouth. This can lead to the spread of the virus to playground equipment, other children and other families. Consider visiting playgrounds only in your neighbourhood.

Pack hand sanitizer containing at least 60% alcohol content and use it right before and right after using playground equipment.

Keep your park clean

There are fewer City workers out there this summer. That means you might see more garbage in the cans, so do what you can to keep your space clean for those who use it next. No access to any washrooms at this time.

All City operated outdoor pools and spray parks and fountains, including the City Hall fountain, remain closed for the summer season.

Remember that four-legged friends are not allowed in the Ottewell Community Park. Please respect the City's Dog Bylaw.

OCL Board Meetings

At this time, it is not safe to meet in person. Ottewell is hosting virtual meetings to connect with board/director and volunteer members. Our next virtual meeting will be on Tuesday June 16, 7pm. If you would like to attend please email ottewell2212@gmail.com or ottewell2212@gmail.com. You will be sent an invite via Zoom.

Ottewell Hall

The Ottewell Hall is not available at the moment, but the OCL is working to put COVID-19 procedures in place. Watch Facebook, ottewell.org, and the Southeast Voice to be informed when the hall is available for rental again.

Volunteer with the Ottewell Community

Are you interested in volunteering for OCL? WE NEED YOU! Here is one of our many volunteer opportunities.

Looking for a way to help build a stronger community but not sure how to get involved? Ottewell Community League is looking for a membership director to coordinate the sale of memberships and promote the benefits of membership within the community. It's an excellent way to meet neighbours, participate on the OCL board, liaise with local businesses, and represent Ottewell within the Edmonton Federation of Community Leagues. Mentorship is available, and there are plenty of opportunities to make the role your own. For more information, please contact oclmembership@gmail.com

Stay-cations: What are You Doing this Summer?

With no festivals, summer concerts, or professional sports, this summer will look very different. What are your summer plans? Share with us, as inquiring minds want to know how to plan for a vacation at home. Please email ottewell2212@gmail.com with your stay-cation tips.

Community in Bloom

You all have been working in your yards, providing beautiful colors for all of us on our daily walks. We would like to reward your hard work through our Community in Bloom contest!

Email a picture of your yard project to ottewell2212@gmail.com and tell us what you did to enhance your space. We will post all winners on our website, Facebook, and the SEV pages.

Gift certificates will be provided by Ottewell Artisan Farmers Market. Shop and support local businesses.

Thank You for Your Support

The community league supports families in need through our school community. Thank you to Steve and Dan's Online Farmers Market, Gull Valley Greenhouse, Mini Kitchen, and El Gringo for working with us to support Ottewell families.

Something Exciting is Happening in Ottewell

Follow us on our Facebook page to see what it is! Keep up-to-date on all the events by subscribing to email updates at Ottewell.org or by following us on Facebook at [facebook.com/OttewellEvents](https://www.facebook.com/OttewellEvents).

Ottewell News and Information Board



Post your ideas and share your quarantine adventures with our community!

OCL bulletin board, located outside the community hall, is our go-to place for neighborhood information. Whether you have lost a pet, have a service to offer, or simply want to let others know what's happening in your community, please post your messages here.

Please use our bulletin board to communicate with all your neighbours!

Craving Girl Guide Cookies?



Girl Guides are unable to sell our delicious spring sandwich cookies door to door at this time. Thankfully, retailers have stepped up to help us! Girl Guide Cookies can currently be purchased at Canadian Tire, Save-on-Foods, Urban Fare or London Drugs, who is also offering an online sale option. Cookie sales are all in support of Girl Guides of Canada.

Ottewell 120th Scouting

A big thank you for the continued support of our communities' Scout Group compost sale and bottle drive. Please start saving your bottles for our spring drive. Thanks!

~ Your Ottewell 120th Scouting Group

Ottewell Community Playschool

The students at our playschool are missing their awesome teacher, Miss Lorna. Check out our Facebook page to see some of the activities we have had over this past year. Our playschool

is currently closed; however, we're accepting registrations for Fall 2020. For registration inquiries, please contact Tyler (director) at playschoolocl@gmail.com or (780) 271-6846.

Ottewell Community League Supports Seniors



OCL and members of our community have been happy to provide support for seniors living at the Ottewell Manor.

Safety bags were put together and delivered to happy residents.



ered to happy residents.

The OCL also celebrated Mother's Day, providing flowers for seniors. Thank you to all who helped out!

Abundant Community Edmonton - Ottewell



Now more than ever, we need to maintain our connections to our neighbourhood and community. The Abundant Community Edmonton program features Block Connectors throughout Ottewell, your block's point person, party person, and listener.

If you're in need of support, assistance, or connection during this time, please reach out to ACE Ottewell at ACEOttewell@gmail.com to reach a Block Connector near you. For more information, visit ottewell.org

Food Hamper and Grocery Delivery Resources



-Meals on Wheels: <https://mealson-wheelsedmonton.org/> 780-429-2020
Will deliver meals and groceries.

-Fresh Routes: <https://freshroutes.ca/>
780-809-1962/780-809-1962

You don't have to be in isolation to receive a hamper, but priority is given to those in isolation. Any family can order a hamper for \$15 or double size hamper for \$30. Low-income families can apply for a free hamper.

-Wecan Food Basket Society of Alberta: info@wecanfood.com <http://www.wecanfood.com> 780-413-4525

Register for a \$5 membership. Three kinds of meat for \$15. Six kinds of produce for \$10.

-Share the Goods: sharethegoods.ca
Offering delivery and hampers.

-Bag-Half-Full YEG: <https://forms.gle/F5u4v1WNYh3vwoRv8> baghalffull.com Phone: 780-952-7101

Volunteers provide free, no-contact grocery delivery. Pay by e-transfer to baghalffull@eg@gmail.com or cash (in envelope) upon delivery. Groceries will be left at the door.

-Edmonton's Food Bank: Phone: 780-425-4190

Phone lines are open Monday to Friday from 8:30am – 4:00pm. We will set you up to access a food hamper and try our best to help you connect with other relevant services.

If you need assistance in accessing services, you can call or text 211.

Good News Stories

During these times we need to remember the good! Share stories of a simple kind gesture by your neighbor or family member. If you would like to share a story, please email ottewell2212@gmail.com with the title and details of your story. Please keep it to 100 words or less to ensure that we have room for all the good news stories.

As soon as this whole thing began, we received a note in our mailbox from a neighbour offering their help to neighbours with anything they may need - groceries, etc. So thoughtful! Also, we saw a neighbour picking up garbage around Braemar School - wonderful!

I moved to Ottewell in September 2019, and I have two stories of my amazing neighbours.

My car has always been spoiled by being parked in a heated garage. My new home only has a carport. When we had the first cold snap, I plugged it in, but it was still so cold that my car would not start. Not knowing what to do, I walked over to my neighbour Warren's house at 7 pm and rang his doorbell. I told him my car wouldn't start, and he immediately came out with a battery tester and battery booster. He came back at 10 pm - it was -40 degrees outside! - and told me the bad news: the battery was frozen. The next day he drove me to purchase a new battery and installed it. I was so grateful!

I also had this big tree in the front that had black knot and knew it would have to be cut down right away so that it did not infect other trees in the neighbourhood. One day I saw my neighbour Richard waking his dog, and I asked him if he would be able to help. Without hesitation he said, "Sure! My cousin is an arborist.

We can come over next Saturday to cut it down." It was a big tree, but they carefully and skillfully had it down within an hour! Richard then loaded most of the branches on his truck and took them away. Kathy, my neighbour from next door, came out and helped me bundle all the remaining branches, and then took her lawnmower and cleaned up my front lawn. I was blown away with such kindness towards a new neighbour.

Ottewell Artisan Farmers' Market

We are so happy to hear that officially we can re-open our Thursday Afternoon Market. However, as our market is located in a school, we still have some logistical issues to take care of. Please stay tuned, as we are working on those issues and hope to share our re-opening date soon.

We are an Alberta-approved weekly, indoor/outdoor, year-round farmers' market. We bring a variety of farm fresh products to you each Thursday, along with artisan foods & crafts.

Your food is coming to you directly from the grower or producer, so it's fresher, healthier, and lasts longer. Support the local farmers, producers and makers, keeping our dollars in our community. You can find our amazing vendors listed on our NEW website!

These are a few vendors that have delivery service in our community. Please support local businesses when you can.



Backyard Play Safety

With summer approaching, Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over a layer of shock-absorbing material.

Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four
- Children can drown in just a few centimetres of water if it covers their mouth and nose
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres(*) high and have a self-latching, self-closing, lockable gate.

(*Alberta Building Code)

Lawn and garden tools

- Keep young children away from outdoor power equipment
- Serious burns may result from touching hot engine surfaces
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions
- Avoid wearing brightly coloured clothing outdoors
- Consider destroying or relocating hives and nests situated near your home
- To avoid injury through inadvertently stepping on a stinging insect, always wear footwear outdoors
- If your child has received an 'EpiPen - Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it
- If your child experiences a severe reaction to an insect sting or other environmental cause, seek medical attention or call 9-1-1

www.albertahealthservices.ca

Thank you, Warren, Richard and Kathy!
-Kaye

Since the beginning of the lock-down, we spend our time walking our dogs and meet many folks along the way, with social distancing. A nice smile and "Hello, how are you doing?" leads to a smile and response of "All good!" and a thumbs-up. After the walk is done and the dogs are settled in for the evening, we select one of our new favorite shows

for some evening entertainment. To tell you the truth, this has become somewhat boring. It is much better to look out our window and see all the neighbours out walking and waving. One young lady in particular walks by every night with her dog, giving us a smile and wave. This small gesture means so much during this time. It has been heartwarming to see neighbours reconnect and build community spirit. Thank you!



Steve and Dan's Online Market <https://steveanddansonlinemarket.ca/>

Effing Seafoods <https://www.effingseafoods.com/>

Wild Game Consultants <https://wildgame.ca/>

Confetti Sweets <https://www.confettisweets.ca/>

For more information, email market@wesa.ca, visit us on Facebook at facebook.com/ottewellartisanfarmersmarket or online at ottewell.org/farmersmarket/ or <https://ottewellafm.wixsite.com/web>

SCL Board Members

President	Chris	president@strathearncl.org
Vice President	Yasir	vicepresident@strathearncl.org
Treasurer	Jason	treasurer@strathearncl.org
Secretary	Leah	secretary@strathearncl.org
Membership	Jen	membership@strathearncl.org
Building & Grounds	Rob	grounds@strathearncl.org
Events	Andrew	events@strathearncl.org
Communications	Pam	communications@strathearncl.org
Programs	Erin	programs@strathearncl.org
Hall Rental Coordinator	Darrah	hall@strathearncl.org
Soccer Director	David	rec@strathearncl.org
Members at Large	James, Andy, Evan, Annette	

Come One, Come All, to the AGM on June 10th!

**For all the latest from SCL,
connect with us on social media!**



Strathearners Making us Proud

Montgomery Place residents were treated to a very special, physically-distanced courtyard concert on a lovely spring day a few weeks ago, courtesy of Kim Bates and Lindsay Bueckert, with SCL support on sound and logistics.



New Gallery Space in Strathearn!

The snazzy new window display of "fibre arts" in Strathearn Centre is the result of a brand new partnership between the Alberta Council for Ukrainian Arts (ACUA) and the Focus on Fibre Art Association. Beyond simply improving the mall aesthetically the partnership will regularly bring large, public art exhibits to the neighbourhood. First up is an exhibit entitled Embroidered Memories by Larisa Sembaliuk Cheladyn, starting June 2.

The gallery will host the public with evening and weekend exhibition hours. Focus on Fibre Art and ACUA will also be using the space for workshops, guild meetings and of course selling art, fashion and music.

June is the fifth anniversary of the ACUA storefront gallery and boutique's opening in Strathearn Centre and ACUA President Deb Stasiuk is thrilled with how they've been "embraced by the neighbourhood."

With over 100 artists' work represented, the boutique is a go-to spot for discerning Strat-



hearn gift buyers. The work of renowned fibre artists such as Elizabeth Holinaty, whose beautiful scarves are featured in the new gallery window, will only increase interest for all involved.

This is the third gallery space in Strathearn Centre (Studio Theo, ACUA) and the fourth in the neighbourhood including CAVA on 91st and 95 ave.

Hope to "see" you at our **VIRTUAL** Annual General Meeting

WEDNESDAY, JUNE 10th @ 7PM

To receive the online meeting link, please contact:
president@strathearncl.org or
communications@strathearncl.org
or inbox us on Facebook, Twitter or via our website!

HUMAN CONNECTION IN A TIME OF SOCIAL DISTANCING

If you or someone you know in Strathearn is at home and in need of grocery or prescription pick-up and delivery, or if you are willing to volunteer to do that, please contact:
community@strathearncl.org
ph. 780-437-4329

Community Garden gets growing again



This marks the third year of active community gardening in the heart of Strathearn. Kudos to all the volunteers who run this bountiful program!

**STONEPOST FARMS
NOW DELIVERS TO
STRATHEARN WEEKLY**

PICK UP IN THE PARKING LOT IN FRONT OF ANAHATA WELLNESS 9536 87 ST.

THURSDAYS 1:00-1:30 PM
physical distancing will be respected

Order online at stonepostfarms.ca
minimum 24 hours in advance - at checkout select "Pick-up - Strathearn"

**Call
The Dunham
Team Today
780-466-0418**
(Office)

***Greg
Dunham***

780-964-1469 (cell)

gdunham@telus.net

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Properties



Saskatchewan Drive Condo: City view, full renovation, 2 Bedrooms, 2 Bathrooms (ensuite), in-suite laundry and underground parking.



Breckenridge Greens: West Edmonton Condo, golf course view, 2 Bedrooms, 2 Bathrooms, in-suite laundry, titled underground parking.