

COMMUNITY LEAGUE NEWS SOUTH

Serving the community leagues of
Argyll, Hazeldean, Ritchie and Strathcona



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Old Strath Mini Folk Fest



The Strathcona Centre Community League held its 5th annual Old Strath Mini Folk Fest on Sunday, September 22nd. Eight different musical acts performed from 1:00 to 8:00 p.m., including neighbours and other nearby local musicians. The Folk Fest was a magical day of live music, food, friends and community!

Many thank-yous to the team of amazing volunteers that helped to make this event possible--from planning and coordination to all of the various roles and responsibilities that made everything run smoothly on the day of the event.

Thanks to our incredible music acts who gifted us with their unique styles and songs. Rain in the late afternoon and evening did not dampen the spirit of the performers and attendees!

~Backbeat youth bands ~Alex and Bernie
~Gourd ~The Night Warblers ~Kessler Douglas
~Von Bieker ~Riwo Egor
~Borrowed and Blue

Thanks to the various groups that came and enhanced the event by setting up info tables, doing demonstrations and bringing

awesome energy to the festival – Be Silly By Silly, Edmonton Weavers' Guild, Kokum Donna's Creations, My Living Studio, Old Strathcona Business Association, and Strathcona Nursery School. Kids enjoyed face painting and crafts with league volunteers and playing on the new surface (future rink and courts).

A huge thanks to our amazing food trucks that served our event – El Mero Mero Taqueria, Rox Dogz, Blizzard Bites Ice Cream, and to Sea Change Brewing Co.

Community league members were eligible for door prizes from local businesses including gift cards from Bamboo Ballroom and The Common (donated by Strathcona Nursery School), Global Pet Foods, Pals Sandwiches, Rosso Pizzeria, Save-On-Foods, Sugared and Spice Baked Goods, and United Cycle (courtesy of the EFCL), and a guitar, t-shirt and gift card from Acoustic Music Shop. Thanks to our generous donors!

And, finally, thanks to ATCO for providing our amazing stage and Nathan Carroll for the sound equipment! Hope to see you next year!

Argyll Sidewalk Parking/Curb Access-Fines?

Argyll had many more improvements to our sidewalks five years ago when the streets, lighting, and sidewalks were upgraded. There are many new locations where a wheelchair "dip" to the curb has been installed. Residents may not be aware of a restriction regarding these curb access points. There is a fine for parking within 5 meters of a sidewalk dip or ramp. Most of the locations for these ramps are at corners and crosswalks where a limited distance is already familiar to us. But it was not clear

to some residents there was a restriction on how close a vehicle can be to these ramps. Clearly it is so people using the ramp have visibility for oncoming traffic.

For those who have one in front of their home, be sure to tell your visitors to keep 5 meters from them or you may find a ticket on their windshield. Homeowners with a dip on their boulevard are asked to shovel the ramp as well as your sidewalk (just as you are asked to mow the boulevard grass) as part of your normal activities for public safety.

The Good Ol' Hockey Game – Hazeldean Style!

October means one thing in Edmonton: Hockey season! And while the Oilers may have come this close to lifting the Stanley Cup, we're ready to kick off our own season with a little magic in the parking lot.

Join us on Oct. 19 from 11 a.m. to 5 p.m. for our first-ever three-on-three youth ball hockey tournament! If you're aged 8 to 13 (or

just want to come and cheer like it's Game 7), you're welcome to join. The best part? It's totally free with your community league membership. We've got the sticks, balls, and nets – all you need to bring is your A-game (and maybe your parents, they're required too). Sign up at <https://shorturl.at/a5MTE> before we run out of pucks... er, places.

Ritchie Community League Day

First up, thank you to all the dedicated volunteers who came out on September 22 to help us host a pancake breakfast for the community!

You flipped hundreds of pancakes, cut dozens of bananas, served your neighbours with a smile and the Ritchie Community League board is grateful. We are

appreciative of your presence and your dedication to making our community a great place to live. The winner of our Ritchie Raffle is Peter Li.

Thank you to everyone who bought tickets to win the Traeger grill. These funds directly support upcoming league events and initiatives.



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Did you know: Incapacity can impact homeowners? Learn more inside!

EXECUTIVE & COMMITTEE CHAIRS

President	Nathan Carroll	president@strathconacommunity.ca
Vice-President	Sally Hammell	vicepresident@strathconacommunity.ca
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Diversity/Inclusion Co-Director	Amy Gainer	diversity@strathconacommunity.ca
Diversity/Inclusion Co-Director	Lauren Lutic-Muisse	diversity@strathconacommunity.ca
Community Wellness and Safety	Gord Lacey	safety@strathconacommunity.ca
Community Hall	Scott Wright 780-439-1501	rentals@strathconacommunity.ca
Information		info@strathconacommunity.ca

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3
 Community League website: www.strathconacommunity.ca
 EFCL website: www.efcl.org

Community Leagues... where neighbours meet and great things happen!

Board meetings are usually held on the second Monday of each month, September to June, at 7:00 p.m. All community league members are welcome to attend. For more information, e-mail president@strathconacommunity.ca

The Strathcona Centre Community League is on Facebook <https://www.facebook.com/StrathconaCL/>. Follow on X @StrathconaCL Instagram @strathconaleague

The copy deadline for the December 2024-January 2025 issue of Community League News South is November 18, 2024. Please contact Donna Fong, Newsletter Editor, at 780-433-5702, or by e-mail at donnafong@shaw.ca.

Hall and Grounds Renewal Update

The Hall and Grounds Renewal Committee (HGRC) provided the September update at the Old Strath Mini Folk Fest. It has been a busy summer for the HGRC and it will be an even busier fall.

In July, we were invited to submit an application for the Community Facility Enhancement Program (CFEP) provincial grant. We submitted our application at the end of August and await an answer from them in January 2025.

In the meantime, work has commenced on the outdoor grounds portion of the project. If you have been by the Hall lately,

you have seen some major changes, with the rink being dismantled and the support posts being removed. Resurfacing of the asphalt on the tennis court was completed in mid-September.

The League will work to reassemble the rink in the new location in time for the 2024/25 rink season.

This project is volunteer-run, and soon the committee will again be asking for your help with a Call for Volunteers post to reassemble the rink. If you have any questions about this project, please contact us at info@strathconacommunity.ca

Civics and Planning Report

The Strathcona Community League maintains a database of building developments, planning and transportation issues, urban design projects, and community initiatives. The board is seeking a new director for the 2024-2026 term. To learn more about issues

and proposed development projects, or about the director's role, please contact Maureen Duguay at civics2@strathconacommunity.ca. For the latest news on Civics and reference documents, visit the website <https://strathconacommunity.ca/ongoing-projects/>

Annual General Meeting

Our League's AGM will be held Mon Nov 4, in the hall lounge, 10139 87 Ave at 7:30 pm. The AGM is open to league members and community residents. League business includes reviews of the 23/24 financials, director/committee reports, and board elections.

The Community League Board of Directors is made up of a group of amazing volunteers who give their countless hours to make Old Strathcona an incredible place to live. Each person on this board strives to create an inclusive, welcoming neighbourhood, filled with a diverse range of programs to spark joy in all residents of Strathcona. If you're interested in joining and want to contribute to the well-being of your neighbourhood, well...we might have

a position for you!

These positions expire in November. Co-Directorships are always welcome. If you would be interested in working together in a role, please reach out.

Vacant positions for 2024:

~ President ~ Civics & Planning,
 ~ Membership ~ Sport & Fitness,
 ~ Communication ~ Community Garden,
 ~ Diversity & Inclusion, Programs

Descriptions of each position can be found at <https://strathconacommunity.ca/officers-committees/>

If you have questions about positions or for more information, contact the Director through <https://strathconacommunity.ca/contact/> or info@strathconacommunity.ca.

Pub Nights

Pub nights the third Friday of the month. The next pub nights:

~Oct 18, 8:00 pm ~Nov 16, 8:00 pm
 Upstairs Lounge, 10139 87 Ave

Pub nights are for Community League members and guests. Memberships available on site, or <https://strathconacommunity.ca/membership.Cash/credit/debit>.

Movie Events

Movie events for participating community leagues are made possible through the Edmonton Federation of Community League's license with Audio CinéFilms. We hope to stream at least one film each month.

What would you like to watch? <https://acf-film.com/en/infostream.php>

For more information, contact Emily, Social Director, at social@strathconacommunity.ca.

Community Times at Commonwealth Rec Centre

We're pleased to offer free times at the Commonwealth Community Recreation Centre, 11000 Stadium Rd. Just show your current membership card (digital or printed) to the attendant at the facility for free entrance to the pools, fitness centre, and gymnasium during league time.

Saturdays: 3:00 pm - 5:00 pm
 Sundays: 1:00 pm - 3:00 pm

The Recreation Centre has a 4-lane fitness pool, leisure salt water pool with spray features, water slide, aquatic climbing wall, whirlpool, steam room, fitness centre and gymnasium.



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League Programs

Programs will be announced on the league website, social media, and e-newsletter. Adult programs are held in the main room on the 2nd floor of the league's hall, 10139 87 Ave (up the ramp on the north side of the building).

If you are interested in a new program, please review this webpage.

<https://strathconacommunity.ca/programs/suggest-a-program-or-service/>

Please email Donna Fong, Programs Director, at programs@strathconacommunity.ca. A minimum number of participants are required in order to launch a new program.

Fees for full session and single classes are paid online (credit card or debit) at the league's website (Programs tab) <https://strathconacommunity.ca/>

Yoga Programs with Corinne McNally

-Gentle Yoga

Mondays Until Oct 28, 6:00 - 7:15 p.m.

Single class: \$15.00 per class

New Session Mondays Nov 4 - Dec 16 / 7

classes 6:00 pm – 7:15 pm

Fee: \$90.00 for complete session (\$162 combined rate for both Gentle & Hatha Flow Yoga). Single class: \$15.00 per class

-Hatha Flow Yoga

Thurs Until Oct 31, 9:30 a.m. – 10:45 a.m.

Single class: \$15.00 per class

~Chair Yoga and Yoga for Tweens/Teens

will continue until October 30th.

Requirements: Valid Community League membership (any league). Bring your own yoga mat and props, please refrain from wearing scented products

New Session Thurs Nov 7 - Dec 19 / 7 classes; Time: 9:30 am – 10:45 am

Fee: \$90.00 for complete session

Single class (or multiples): \$15.00 per class (\$162 combined rate for both Gentle & Hatha Flow)

-Chair Yoga

Wednesdays Nov 6 - Dec 18 / 7 classes 1:00-2:00 p.m.

Fee: \$90.00 for complete session

All yoga programs are taught by Certified

Yoga instructor Corinne McNally.

Gentle Hatha Yoga with Laura Harvey

Tuesdays Until Oct 29, 9:30 - 10:45 a.m.

Single (or multiples): \$15.00 per class

Tuesdays Nov 5 - Dec 17, 7 classes

Full Session: \$90.00; Single (or multiples): \$15.00 per class

Requirements: Valid Community League membership (any league). Bring your own yoga mat and water bottle.

Join Certified Yoga Instructor Laura Harvey. For more information, contact Laura at coachlharvey@gmail.com

New! Mindful Movements – Morning Sun Flow Class

Mondays, Sept 30 – Nov 11

6 classes - Time: 9:00 am – 10:15 am

Fee: \$76.00 Single (or multiples): \$15.00 per class

Requirements: Valid Community League membership (any league), Bring your own yoga mat.

Join certified yoga instructor, Kaliegh Boyce for a morning flow class.

New! Mindful Movements – Evening Moon Flow Class

Mondays, Sept 30 – Nov 11 6 classes - Time: 7:30 – 8:30 p.m.

Fee: \$76.00. Single (or multiples): \$15.00 per class

Requirements: Valid Community League membership (any league), Bring your own yoga mat.

Join certified yoga instructor, Kaliegh Boyce, for an evening flow class.

New! Beading Workshops: Be Silly By Silly

Saturdays 12:00-5:00 p.m.

~Oct 5 Ghost Bois or 3D Pumpkins

~Nov 16 ~Nov 23 ~Dec 7 ~Dec 14

All supplies and beading kits supplied.

Maximum: 20

Fee: \$41.00/workshop League members and students; \$46.00 Non-members; Save 15% when you return with your own kit.

Ilyana of Be Silly By Silly is a mixed-Cree artist from Amiskwaciywaskahikan (Edmonton) whose passion is creating high quality, eye-catching beaded jewellery.

Halloween Family Dance Party

Saturday October 26th 5:00 – 7:00 p.m.

League Hall 10139 87 Avenue

Everyone is welcome at the 2nd annual Strathcona Halloween Family Dance Party! Bring a snack to share and get ready to Halloween Boogie. We will be joined by Drag performers Jojo Mojo and Emmonia. The event is an inclusive and safe space for all people and all gender expressions!



Thursday Afternoon Playgroup

The hall at Strathcona Community League is available on Thursday afternoons, 2:00-4:00 p.m. for use by the playgroup. It is open to parents and caregivers with babies and toddlers for unstructured play and socializing. Toys, ride-on vehicles, books, coffee maker, kettle, and tables are available to use at the hall. Bring your own peanut-free snacks and refreshments.

Come up the ramp to the 2nd floor on the north side of the hall. If the gate door is locked, contact either the hall manager at 780-439-1501 or the Strathcona Nursery School staff at 780-710-7667. If you can help to welcome families to the playgroup, please contact Donna Fong at programs@strathconacommunity.ca. Cost: Free with community league membership.

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If a homeowner loses capacity, for example, suffers a brain injury from an accident, a stroke, dementia etc., they may fail the legal test for capacity to sign real estate documents needed to **sell, refinance or renew a mortgage**. A marriage certificate or being named on title **DOES NOT** give legal authority. If there is no Power of Attorney, a court order will be required.

To avoid the expensive cost of hiring a lawyer for a court order, we recommend registered owners on title execute an Enduring Power of Attorney. Don't let the Court system decide for you. Choose someone **YOU** trust to have the legal authority to deal with your interest in YOUR real estate property.

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Legal Advice Column

Farhana S. Nurani

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on table arrangement

Amenities include a bar,
fireplace, piano, tables and
chairs.

-Concession/Small Meet-
ing Room

Seats 8 to 10

Amenities include kitch-
en.

To check availability and
for a virtual tour, visit the
website

<https://strathconacom->

[munity.ca/hall-rentals/](https://strathconacom-)

To book or for more in-
formation contact Scott at
rentals@strathconacom-
[munity.ca](mailto:rentals@strathconacom-) or 780-439-1501.

Additional charges apply
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How to become a member?

The SCCL is working hard to make our community a great place to live so please help us out by purchasing or renewing your membership. Please visit the website <https://strathconacomunity.ca/league/membership/>

If you have any questions, email membership@strathconacomunity.ca, or leave a voice message at the hall at 780-439-1501.

More about a membership

A membership year starts September 1st and ends August 31, and is for those living within our boundaries. The cost is:

Family \$20 – A family is any group residing in one household, acting as a family unit, with a maximum of two votes per household.
*Single \$15 *Senior \$5 over 65 *Student \$5

Benefits of a Membership:

Why be a member? A voice on issues in our

community. Informed of community news and events (e-mail, website, newsletter, Facebook, Instagram, X)

Social events like Winterfest, Mini Folk Fest, BBQs, Trivia Night, pub nights
Free skating on our rinks
Free access to Community Swim at Commonwealth Community Recreation Centre
Up to 20% discount at City of Edmonton Rec-

reation facilities (e.g., Kinsmen Sports Centre)

Discounts on hall rental
Children's soccer and skating
Access to Programs. Free one-year Membership at the Edmonton Tool Library
10% discount Pressd Sandwich Shop, 10377 78 Ave
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Welcoming a Year of Growth and Community in Catholic Education

The new school year is in full swing, bringing excitement and renewed energy from our students, teachers, and Catholic school community. The Board of Trustees of Edmonton Catholic Schools extends a warm welcome to all students, families, staff, and community members. Together, our mission is to provide a high-quality Catholic education that fosters each student's spiritual, intellectual, and emotional development. This year, we remain committed to upholding the values of our Catholic identity while focusing on enhancing the learning experience for every student.

As Catholic Trustees, we are committed to ensuring that our schools continue to foster learning environments where students can grow spiritually, academically, and emotionally. Our dedicated administrators, teachers, and support staff work tirelessly to make this possible. Their unwavering commitment to nurturing student success in a safe and supportive setting is key to the strength of our schools.

Over the past few years, our schools have experienced consistent growth in student enrollment, reflecting the trust families

place in Edmonton Catholic Schools. This year, we expect our enrollment to be close to 50,000 students, as more families choose us for the well-rounded Catholic education we provide. In September, we opened a new school in honour of Father Michael McCaffery to meet the needs of our growing community. Over the next two years, we are excited to open two more schools—an elementary/junior high and a much-needed high school on the north side. We are incredibly grateful for these new spaces, as currently, 50% of ECSD schools are at or over capacity, with every available space being used for teaching, leaving few options for maintaining smaller class sizes.

Trustees are committed to providing modern, well-equipped learning spaces for our students, but the construction of new schools has not kept pace with Edmonton's population growth. We are grateful for the province's commitment to building new schools and adding modular classrooms to help accommodate our growing student body. Our Board and Division work closely with the Government of Alberta and the City of Edmonton to advocate for our Divi-

sion's needs. We have built strong relationships with provincial ministries to secure the best outcomes for Edmonton Catholic Schools.

Building new schools and adding modulars in growing communities is essential to ensuring families have access to high-quality Catholic education. While we are grateful for the province's ongoing support, advocacy for more funding and timely approvals will remain a key focus this year as we work to address overcrowding and expand educational opportunities for all students.

Alongside these efforts, we are also committed to celebrating and reinforcing the values that define our community. From October 19-25, 2024, Edmonton Catholic Schools will observe Catholic Education Week—a time to highlight the role of Catholic education in shaping our students' faith, values, and academic success. Throughout the week, schools across the Division will participate in activities that demon-



ECSD Board of Trustees: From L - R: Trustee Laura Thibert, Trustee Alene Mutala, Board Chair Sandra Palazzo, Vice-chair Lisa Turchansky, Trustee Debbie Engel, Trustee Terry Harris

strate our shared commitment to faith-based learning and community service. We encourage everyone to join us in celebrating this special week as we continue to honor our mission of providing exceptional education rooted in Catholic faith and tradition. We are grateful for the continued trust and partnership of our families and look forward to staying connected with you throughout the year. As we embrace another year of growth, learning, and community, we appreciate your ongoing support in helping us meet the needs of our students and families. Should you have any questions, please contact us at boardoffice@ecsd.net.

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Neighbourhood Watch

Argyll “need” to recruit some neighbours to be part of our neighbourhood “walk your block” program. (<https://en-watch.ca/walk-your-block/>) This means they keep an eye out around our neighbourhood for odd things, graffiti and or break-ins. There is a need for people who might normally walk their dog, or family, around their corner of the neighbourhood to put their name into our program for observation of our corner of the City.

There will soon be a door-to-door “event” where they will be asking people in Argyll about getting signage in the neighbourhood saying it’s a neighbour-

hood watch area. 25 signatures are needed before the city will agree to post them in our neighbourhood. People who are concerned about security may want to have a door sticker where they confirm they’ll look out for their neighbours and surroundings. You can email to ENW.ARGYLL.REP@gmail.com for more info. If you are interested and prepared to give some of your time each week then get in touch with Andy and Juliana Dykstra.

The Edmonton Neighbourhood Watch program is supported by volunteers and this neighbourhood watch initiative has the endorsement of Argyll Community League.

Argyll Community Garden

Details are still being worked out, but expect some contact with the Garden Group if you previously showed interest in having space in the community garden for yourself, family, or interested group. Information about the garden

may also appear in your mailbox along with other announcements. If you want to join the group or inquire about where things are at contact garden.group@argyllcl.ab.ca or call Joanne Neiderhaus at 780.465.4261

Sign up for upcoming Events

Be on the lookout for a skating rink if the weather cooperates in November.

Our usual Spring Fling on the toboggan hill will be announce in February.

There may be another Games Night.

Casino Volunteers (and families) appreciation Dinner in Spring.

Sign up for our e-mail newsletter to get the details on these, or any other, upcoming events from Argyll social at the e-mail below.

Argyll Walk Club


The second Tuesday morning of each month — 9:00 AM - 10:00 AM

The last Wednesday of each month — 6:30 PM - 7:30 PM

Weather permitting these walk opportunities are being offered to any residents of Argyll who like walking with others. Many

folks love walking our neighbourhood & ravine. If you’d like some company, or to try some new trails, join them. Meet in front of the hall & enjoy a leisurely stroll with a few neighbours. Strollers & all ages welcome.

(Watch our Facebook page for reminders and cancellations)



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Argyll Online

Check-in weekly to see what’s changed on our web site. Send us things you think the community would be interested in through our Contact page. Look for it the next time you visit our site.

Our web site address is: www.arvllcl.ab.ca

ab.ca

If you wish to be added to our EVENTS e-mail distribution list get your name into argyll.social@gmail.com.

Look for current events on our Facebook page as well.



Annual Sale

November 2, 10 am-3 pm

Free admission and parking.

Gift items handmade by our members.

The Guild offers classes in weaving, spinning and felting

Contact: classes@edmontonweavers.org

Edmonton Weavers Guild 10139 - 87 Ave Strathcona Community League

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Mark Your Calendars

Hazeldean Artisan Market
– Nov. 2 & 3

As the nights get longer and the days get colder, warm up with a little retail therapy at our Hazeldean Artisan Market on Nov. 2 and 3. This Christmas edition market will be overflowing with local vendors, small businesses, and all

the festive cheer you can handle. From delicious treats to stunning art, you'll find something to tick off your gift list – or maybe just spoil yourself (we won't tell).

Learn more at thehazeldeancommunitymarket.ca – and bring your shopping bags!

Fun Facts

Your Community League Membership Perks!

Did you know your Hazeldean Community League membership unlocks a treasure trove of goodies? Free swimming sessions, 20% off City of Edmonton sports and fitness facilities, and the undying gratitude of your neighbours (priceless,

right?).

And the best part? Memberships are as cheap as a cup of coffee! Just \$20 a year for families and \$10 for individuals. Pick one up at Hazeldean Drug Mart or the Dairy Queen on 99 Street. For more details, send a note to memberships@hazeldean.org.

Spooky Dance Party



Because Ghosts Love to Boogie!

Get ready to dance like nobody's watching (except maybe a ghost or two) at our all-ages Spooky Dance Party! Join us at the Hazeldean Community Hall on Oct. 26 from 5 p.m. to 8 p.m. for an evening of spine-tingling tunes, treats,

and a whole lot of ghoulish fun.

For just \$5 per person, you'll get candy for the kids, music that'll make your bones rattle, and access to our concession. It's a Halloween party so good, even Dracula might show up – but don't worry, we'll keep the garlic in check.

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Brace Yourselves - The AGM is Coming

It's that time of year again. Our Annual General Meeting is fast approaching, and we're more excited than a squirrel with a stash of acorns! The big day is Tuesday, Oct. 8 at 7 p.m., and it's probably happening as you read this (talk about timing!).

If your Wednesday night plans are as empty as your fridge before payday, then swing by the hall. We'll be looking back on a year filled with fun and triumphs and, yes, going over our financial statements – but don't worry, we promise to make numbers fun (or

at least tolerable). It's also your chance to meet the amazing volunteers who keep the Hazeldean Community League running like a well-oiled machine (or at least a slightly creaky but endearing one). Want to make a difference? We've got board positions up

for grabs, and your involvement could be the secret ingredient to our next amazing event. For more info, shoot us a note at hazeldean-league@hazeldean.org, or just show up and surprise us at 7 pm on Oct. 9.

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Category	Service	Session	Special Price	Regular Price
Laser Hair Removal	Underarms & Brazilian & Bikini (all in one)	3	\$179 each	\$250 each
		6	\$159 each	
Microneedling	Full Face	3	\$199 each	\$299 each
		6	\$189 each	

Birthday Bonus for Members: Enjoy \$100 worth of free services during your birthday month!

Google Map



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Ritchie Calendar

- Mondays**
Yoga with Barb 7-8:30 pm
Renaissance Dance 6-7 pm
- Tuesdays**
Pickleball 6pm (weather permitting)
- Wednesdays**
Girl Guides
- Thursdays**
Fit for Life 10:30 am
Pickleball 6 pm (weather permitting)
Ballet with your Neighbour 7:15-8:15 pm
- Fridays**
Bridge doors open at 11 am, games start at 12 pm
- Saturdays**
Men's Shed 10 am
- Sundays**
YEG Wheel 12:00-2:00pm
Grindstone Adult Improv 101A: 11:30 am-1:30 pm
Grindstone Kids Drama Discovery 3: (AGES 12 - 15) 9:30-11:00 am
- Pub Night, October 26**
Ritchie Presents: Downsizing and Decluttering, November 21
Crafternoon, November 24
Board Meetings, first Thursday of the month

Ritchie Crew Subscription

The Ritchie Crew is an innovative way to both display your Ritchie pride and support the League.

Every tier comes with new merch, a Ritchie Community League membership for residents, and a discount card to local

businesses.

Your ongoing support helps us run events, programs, social opportunities, and save up for our new hall! Sign up today just in time for the brand-new merch options coming out in the new year.

Get Involved, Get Informed!

Website: www.ritchie-league.com
Facebook: facebook.com/WelcometoRitchie
Instagram: [ritchie_league](https://instagram.com/ritchie_league)
Hall manager: inquiries@ritchie-league.com

Get informed! Do you want more timely info about the events and programs happening in our League? Sign up for our email newsletter! We send two to three editions every month with all the best news and info for you to have fun in Ritchie!

Get involved! We always have both long and short term volunteer opportunities available. Whether you enjoy helping set up at events, selling memberships, or delivering merch, we have an opportunity that will meet your interests and skills!



Ritchie Classes and Socials

-**Yoga** with Barb is back for another season! We use props to make the poses accessible to all participants and have some yoga blocks and straps available to borrow for the class. Join us on Monday evenings to work on your flexibility and strength.

-**Renaissance Dance** is new for us this fall, and we're excited to share the charming Inns of Court's Almans and Pavanes with you. Don't know what that is? That's okay! All ages and skill levels are welcome to dance through time with your experienced instructors.

-**Ballet** Isabelle Rousseau brings us another season of Ballet with Your Neighbours, and the parents and their kids from the summer are already snapping up the spots! In this class you can learn the basics of ballet or get back into it for fitness, fun and artistry. Class will include a dynamic warm-up, some up-to-date progressive conditioning, barre and centre work and some accessible, satisfying



choreography.

-**Grindstone Theatre** Watch for two offerings from Grindstone Theatre this fall, Improv for adults and Drama Discovery for kids ages 12 to 15.

- **Fit For Life** Deb will get you moving to the oldies in Fit For Life, a mixed-level class offering exercise for every body! Components of low-impact cardio, strength training, balance and flexibility make for a well-rounded one-hour workout!

-**Pickleball** and **YegWheel** continue in the court and rink as long as the weather permits! Drop in for a game of pickleball

Memberships

Get your 2024/2025 now, the year has just begun! A Ritchie membership gets you loads of perks in the community and around the city, like discounted passes at rec centres, free weekend swims, discounts on all Ritchie classes, and access to the Tool Library. You can purchase yours easily online or at an upcoming Pub Night. Show your support—and love—for your community with a community league membership. Family: \$25, Single adult: \$15, Senior over 65: pay what you can, Associate outside of the community: \$15

under the skilled guidance of JoAnn two nights a week. And the YegWheel club offers a chance for wheelers to drop by and practice electric unicycle (wheel) riding. Volunteers help first-time riders get started, and the club provides some gear to help with basic riding.

-Are you looking for some socializing opportunities in the neighbourhood?



Bridge is one of our longest running programs at Ritchie, where every Friday you can sit down with your friends for coffee and a game. On Saturday morning, head over to Men's Shed in the rear hall for (more) coffee and stories. The Ritchie Men's Shed has been integral to many of the recent hall renovations and we are so happy to host them in this space!

Be Ready For Whatever Mother Nature Sends Our Way This Fall!

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