NORTHEAST VOICE

Serving the community leagues of Evansdale, Kilkenny, and McLeod

August/September 2024

Published by Calder Publications. To advertise please call 780-434-9732 or email info@communityleaguenews.com

Edmonton Public Library Events At Londonderry

schooler)

Thursday, August 1 | 11:00 - 11:45 AM

Do you love music and rhvthm? Come and explore some out of this world sounds with us and make some noise!

Kompany Family Theatre (Preschooler)

Thursday, August 1 2:00 - 3:00 PM

Join us for a highly interactive theatre adventure full of songs, stories and fun! Kompany Family Theatre hires professional theatre artists and welcomes volunteers and supporters in their quest to create and bring guality theatre to young audiences and families.

Dinosaur Adventures (Preschooler)

Thursday, August 8 11:00 - 11:45 AM

Calling all dino lovers! Join us for a dinosaurthemed storytime and craft activities that are dino-mite!

Ozobot Space Race (Ages 6-8)

Thursday, August 8 2:00 - 3:00 PM

Let's program tiny robots to move the fastest and travel the farthest on color-coded racetracks designed by vou! Can your team win the Great Ozobot Space Race?

Solar System Dance Party (Preschooler)

Saturday, August 10 11:00 - 11:45 AM

Leap, dance, and whirl across the galaxy. Join us for a cosmic storytime and

Make Some Noise (Pre- interstellar dance party and showcase your out-ofthis world moves!

Undercover Robots (Ages 6-8)

Sunday, August 11 1:00 - 2:00 PM

Design and create an undercover disguise to bring your robot spy to life! Test your creativity and coding skills to complete your chosen challenge!

Bracelets Friendship (Ages 9-12)

Wednesday, August 14 | 2:00 - 3:00 PM

Make some new friends while creating a fun craft! A crafting program focusing on friendship.

Parachute Party (Preschooler)

Thursday, August 15 | 11:00 - 11:45 AM

Parachute games? Yes please! Learn about rhvthm and listening skills as we break out the parachute and balls and have a blast!

A Percy Jackson Party (Ages 9-12)

Thursday, August 15 | 2:00 - 3:00 PM

Explore and celebrate the mythical world of Percy Jackson with fantastic games and activities!

Sphero Blast Off! (Ages 9-12)

Wednesday, August 21 | 2:00 - 3:00 PM

Create a rocketship for Sphero robots, then use your coding skills to race your robot rocketship across the solar system! UFOs Take Flight (Ages 6-8)

Thursday, August 22 | 11:00 AM – 12:00 PM

Is it a bird? Is it a plane? Explore how science borrows from nature to defy gravity when you build your very own UFO!

Crash Land into School! (All Ages)

Saturday, August 24 | 1:00 - 4:00 PM

Join us at the library for some good old-fashioned fun and excitement as we celebrate the end of our summer activities here at EPL. (continues on pg. 6)

Community League Day

As organizations, Edmonton's Community Leagues aren't really ones to draw attention to themselves. Whether it's maintaining the neighbourhood rink or giving local greenthumbs a place to swap seeds and stories. Leagues and the people who run them are all about supporting others.

So it shouldn't be any surprise that Community League Day, which takes place this year on September 21, is less about patting on the back and more about shaking hands and seeing new faces. As unique as every neighbourhood's party is, every one is ultimately about bringing people together.

"Neighbours make neighbourhoods, and making good neighbours so often starts with just getting out in the community and having a great experience together," explains Edmonton Fed-

(5pm - 9:30pm)

Location: West End Bingo - 17304 105 Ave NW

If you can help us out with a shift at the West End Bingo hall

please contact Shawna by phone or text at 780-237-2169.

Monday, August 19 Tuesday, September 24 Saturday, October 19

Kilkenny Community Day

DATE: Saturday, September 21, 2024 TIME: 11AM – 1PM Come join the fun and celebrate the day with

your neighbours! It is free admittance, there



Monday, November 18 Wednesday, December 11

All funds received from working these bingos help to keep the Evansdale community league going!

will be hotdogs and juice, there will be a wagon ride, a petting zoo, fun for kids of all ages. Join with us to celebrate the great neighbourhood we have. Hope to see you there!

eration of Community Leagues (EFCL) Executive Director Laura Cunningham-Shpeley. As the umbrella organization for Edmonton's 163 Community Leagues, the EFCL helps support the dozens of parties that take place on Community League Day.

Though the Community League movement has more than a century of history in Edmonton, the idea of setting aside a day just to celebrate the work of Leagues is a relatively recent invention albeit one inspired by that history. The EFCL began organizing amateur sports tournaments in the 1930s, and extended the citywide party to things like beauty pageants, soap box races and even parades in the heydays of the 1950s and '60s.

Community League Day came on the scene in 2006, with the goal of reminding us that, even when we're in different corners of the city, we're still all in this together. As it's grown into a staple of the city calendar — and the most important membership drive for Leagues city-wide — it's become proof that meeting the neighbours never really goes out of style.

"We have had mayors come out of the Community League movement, councillors, MLAs and a whole lot of community builders of all stripes, and they all started that journey just by getting to know the people who lived in their community," says Cunningham-Shpeley.

You can find out what your League has planned for Community League Day by visiting the EFCL's website at:

efcl.org/community-league-day

Volunteers Needed

EVANSDALE Community League News

Address: 9111 150 Ave, Edmonton, AB T5E 6J2				
Mailing Address: Box 71023 Northwood Mall Post Office, Edmonton, AB T5E 6J8				
Website: www.evansdale.ca	Facebook: https://www.facebook.com/evansdalecommunityleague			
Position President Past President Vice President Secretary Treasurer Membership Director Bingo/Casino Chair Program Director Newsletter & Social Media Director of Sustainability Area 17 Representative Belle Rive/Poplar Park Signs Evansdale Sign (153 Ave) Sports & Recreation Director	Name Chris Nielsen Jeff Muiselaar Available Ashley Baxter Available Elaine Sarac Shawna Walsh David Gagne Cora Gagne Available Jeff Muiselaar Available Available Todd Sharkey	780-476-7442 780-237-2169 - - 780-478-1759 - -	president@evansdale.ca - secretary@evansdale.ca ering until position is filled membership@evansdale.ca coolwheelspl@hotmail.com dgagne@shaw.ca newsletter@evansdale.ca - signs@evansdale.ca signs@evansdale.ca hockey@evansdale.ca	
Hall Rentals Credits	Teri Muiselaar Sue Harris	780-222-0474 780-473-8796	hallrentals@evansdale.ca credits@evansdale.ca	
*** If you are interested in a vacant position please reach out to the President***				

*** If you are interested in a vacant position please reach out to the President**

Community League Swimming

Evansdale	Community
League Swim	

Show your valid 2023-2024 Evansdale Community League membership card at any of the following City of Edmonton Leisure Centres and enjoy FREE swimming during the times listed

Facility	Day and time
Grand Trunk Fitness and Leisure Centre 13025 112 Street	Friday 7:15-9:15PM Sunday 4:15-5:45PM
Londonderry Leisure Centre 14528 66 Street	Sunday 4:15-5:45PM
O'Leary Leisure Centre 8804 132 Avenue	Sunday 4:00-6:00pm

September 25th Tree Planting Event

Stay tuned to our Facebook page and website for up-to date information!



2024 Summer Green Shacks and Shows within Evansdale Community



This summer, the Edmonton Arts Council is thrilled to once again partner with the City of Edmonton to present "Green Shack Shows."

Throughout July and August, free concerts and performances will happen five days a week at Green Shacks across the city with one performance in the morning (morning shows at 11 am), and another in the afternoon (afternoon shows at 2:30 pm).

During the first week we're thrilled to have performances from Dancing Cree and Joyful Noise Inc.

Dancing Cree features an inspiring group of performers who bring an authentic, innovative approach to showcasing dance, drumming, singing, and the rich traditions of Indigenous culture.

<u>Joyful Noise Inc</u> is a family friendly entertainment company that currently offers a variety of cultural and imaginative programs to bring people of all generations together to participate in games, story telling, music and dance. They will be sharing their show Sankofa Series: A West African Theatrical Story.

Both the Green Shack Program and Shows will be back this year! The Green Shack Program is scheduled for Tuesday, July 2nd to Thursday, August 22nd and the Green Shack Show throughout July and August! Stay tuned to our Facebook page and Website for updates!

Community League Memberships

Get your community league membership anytime! Membership makes you part of an amazing community of people who care and help look after our community. Free community swimming times at local City of Edmonton facilities, discounts on community programs and on Edmonton City wellness programs along with hall/sports building rentals and the enjoyment of ice skating in the winter and pickleball in the summer at outside of our hall! is valid for one year from September 1st to Aug 31st.

- \$25 Family
- \$15 Single Family/ Senior Couple
- \$10 Single Person

Contact Elaine Sarac at membership@ evansdale.ca or 780-476-7442 to get your Evansdale Community League membership. Please leave a voice message if you cannot reach Elaine.

If you are in a rush, you can buy member-

All! ships at the Edmonton Federation of Com-Your Community League membership munity Leagues website: www.efcl.org

Venue Rentals at Evansdale Community League

Looking for a venue for your next event? Our main hall and sports building can accommodate a variety of capacities for your gatherings. For more information including booking please contact Teri Muiselaar by phone at (780) 222-0474; or by email at: hallrentals@evansdale.ca

Main Hall – Capacity 230	Rates	Damage Deposit
Hourly Bookings	\$75/Hour	
Individual Weekday/Weeknight (Monday-Thursday)	\$400/day	\$400
Single Day Over Weekend (Friday-Sunday)	\$500/day	\$500
Full Weekend (3 Days)	\$700	\$700
Use of Dishes	\$100	

Community League Wellness Program

By becoming a member of your Community League, you have demonstrated your commitment to your community. To honour your commitment and support your families' health and well-being, the Edmonton Federation of Community Leagues has teamed up with the City of Edmonton to form the Community League Wellness Program. Current Community League members receive admission incentives to enjoy the City's world-class sports and recreation facilities.

Present your valid Edmonton Community League membership card, showing expiry date (payment receipts will not be accepted) at any one of the City of Edmonton's sports and fitness facilities. Choose from the following Community League Wellness Products:

Annual Pass*- 20% discount on Adult. Family, Child, and Youth/Senior Annual Passes

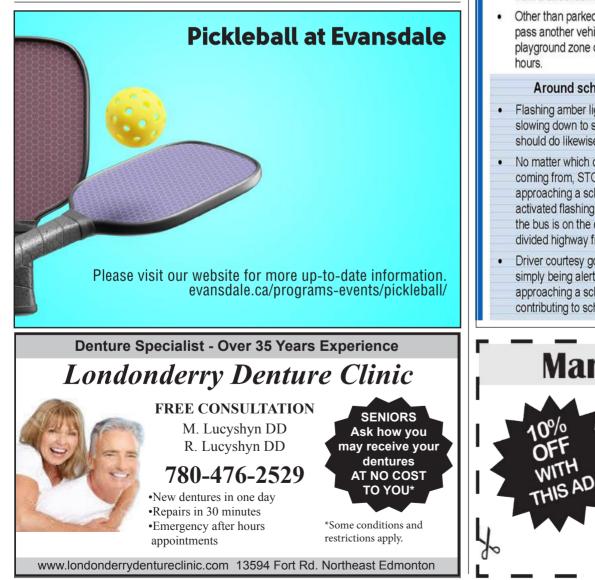
Multi Admission Pass*- 15% discount on our already discounted multi admission pass (5+ visits)

Continuous Monthly Pass - 20% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program.

Community league members who purchase one of the above passes will be issued a photo access card to be swiped at each admission.

* Applies to new purchases only.

Facilities and amenities include swimming pools, whirlpools, fitness studios, cardio areas, weight rooms, racquetball, squash, badminton and tennis courts, indoor running tracks, gymnasiums, cafeterias and pro shops. Hours of operation are from 5:30 a.m. to midnight (hours vary according to facility). For more information, please call 311 or visit http:// www.edmonton.ca/wellness



Alberta Health Services



Back to school safety

Alberta Health Services EMS would like to remind parents and students of safety tips as the school year begins again this fall. Pedestrians and motorists both have a key role to play - road safety is a shared responsibility.

Emergency Medical

Services

Motorists

- Distracted driving carries a \$300 fine . and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from drivina:
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop - motorists should do likewise;
- No matter which direction you are coming from, STOP when approaching a school bus with activated flashing red lights - unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- · Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- Make eye contact with all drivers before crossing the street, and keep distractions to a minimum;
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop:
- Stay within the crosswalk lines;
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all vehicles have come to a complete stop;
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

Marrazzo Law Office

- Wills Notary
- Enduring power of attorney
- Personal directives
- Mobile visits available

Call today 780-756-5500

5003 DeWolf Road (Griesbach)

KILKENNY Community League News

Community Events

Swim Times:

Londonderry Pool (14528-66th) Sundays – 4:15pm– 5:45pm Grand Trunk (13025-112 Street) Fridays – 7:15pm – 9:15pm Sundays – 4:15pm – 5:45 pm O'Leary (8804-132 Avenue) Saturdays – 3:45 pm to 5:45 pm

CGSA Soccer Registration - CGSA.CA

August 29th - 6:30pm – 8pm Thursday September 5th – 6:30pm – 8pm Thursday September 11th – 11am – 1 pm Saturday

SAVE THE DATE

Is it too early to start planning for Halloween? Stayed tuned for upcoming information about the children's Hallowe'en Party. Regular monthly community league meetings resume in September. Please come out and help support the important work that is happening.

Kilkenny Craft Show

Saturday November 23

Email president@kilkenny.ab.ca

Looking for crafters!

Tables are \$20 each.

Or Call Anna at:

780-478-3269

12-5pm

Volunteers Wanted

Do you want to do something with your community? Things you might want to consider:

Be a board member at large. See what we are up to!

Start up a committee of your interest – book club, crochet club, coffee night, Paint night, Men's club, card night, cooking, sourdough breadmaking, learn a 2nd or 3rd language.

We have the space for you! Contact Anna at: president@kilkenny.ab.ca

Kilkenny Community League Hall Rentals

Times:	Main	Meeting Room	Both	
Weekday/Weeknight	\$200.00	\$100.00	N/A	
Friday (after 5pm)	\$400.00	\$100.00	\$500.00	
Saturday	\$550.00	\$100.00	\$650.00	
Sunday	\$400.00	\$100.00	\$500.00	
Two Day Wedding – Sat/Sun	\$750.00	\$850.00		
Full	Weekend - Friday@6pm to Sunday 6pm	\$1000.00	N/A	\$1100.00
Hourly Rate (4-hour min.)	\$50.00	\$25.00	N/A	

Did you know?

Kilkenny is partnered with TGP or Wholesale Market (The Grocery People – 11628 -142nd Street). When you shop there, tell the cashier that you would like your purchase to go towards Kilkenny and TGP will donate 5% of your purchase to Kilkenny. Funds donated help us build towards bringing you more community events!

Want to join a Book Club?

Please contact: president@kilkenny.ab.ca

SUNDAY, AUG 25 | 1PM - 3PM | BORDEN PARK SITE 2



4 Northeast Voice Aug/sept 2024

Staying active in hot weather

Summer is a great time for being active but heat and humidity can present challenges. If the temperature is lower than 27°C, you usually can be active outside without taking extra precautions, depending on how active you already are and how much you are used to hot weather. These tips can help vou stav safe when being active as the summer months heat up.

• Drink plenty of water. You lose fluid when you are active. If you lose too much, it can result in

dehydration, muscle cramps, or even heat exhaustion. In hot weather. drink plenty of fluids before, during, and after activity. For longer exercise periods, sports drinks contain carbohydrates and minerals called electrolytes that may help prevent dehydration.

· Don't exercise as hard when it's hot. Take rest breaks. Exercise more slowly than usual or for a shorter time.

 Stay in the shade when you can.

• Wear light-coloured. breathable clothes.

• Always wear sunscreen. · Watch for signs of dehydration and heat-related illnesses such as heat exhaustion and heatstroke. Signs of dehydration include having a dry mouth and eyes and feeling dizzy.

If you are overweight, have health problems, take medicines. or use alcohol. you may be at a higher risk for heat-related illness. You may also have trouble if you are not used to exercising in warmer weather. Older adults and children are at a higher risk for heat-related illness and should be extra cautious. Remind children to drink plenty of fluids before, during, and after activity.



Emergency Medical Services



Backyard Play Safety

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure that their backyard play area(s) is made safe for children. Although direct supervision is the best method to reduce the chance of injury, always ensure play equipment in your yard is in good repair and is suited to the age and skill of the children using it. Check the equipment often; replace or repair any worn or broken parts.

Water hazards

- Drowning contributes to unintentional injury-related death among young children.
- Children can drown in just a few centimetres of water if it covers their mouth and nose.
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres (*) high and have a self-latching. self-closing, lockable gate. (*Alberta Building Code)

Lawn and garden tools

- Keep young children away from outdoor power equipment.
- Serious burns may result from touching hot engine surfaces.
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions.
- Avoid wearing brightly coloured clothing outdoors.
- Consider destroying or relocating hives and nests situated near your home.
- To avoid injury through inadvertently stepping on a stinging insect, always wear footwear outdoors.
- If your child has received an 'EpiPen Junior' prescription from your physician (for anaphylactic reactions) ensure they understand when and how to use it.
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.

www.albertahealthservices.ca



At Londonderry Public Library

Please Note: All EPL locations are closed on Monday, August 5.

Sing, Sign, Laugh and Learn (Baby & Toddler): Sundays | 11:00 AM – 11:45 AM

Mondays | 10:15 AM – 11:00 AM, 1:30 PM – 2:15 PM

Tuesdays | 10:15 AM – 11:00 AM, 1:30 PM – 2:15 PM

Wednesdays | 10:15 AM – 11:00 AM Fridays | 10:15 AM – 11:00 AM Saturdays | 2:30 PM – 3:15 PM You and your child from birth to age three are invited to join us for songs, rhymes, and signs.

Baby Laptime (0-12 months): Fridays | 1:30 PM – 2:00 PM

Enjoy stories, songs, and rhymes in

The Day the Volunteers Quit

One day, Mr. & Mrs. Extremely Busy were up early getting ready for work. Mr. Busy states, "I have several meetings today, I am going to get the oil changed on my lunch break, and I have several projects due by the end of the week". Mrs. Busy replies, "After I drop off the kids, I also have several meetings, I need to get groceries on my lunch break, a meeting with our littlest's teacher, make supper and get homework done". Mr. Busy asks, "Have we heard when Junior's soccer is starting yet?" "Well, we got an email looking for parents to volunteer to coach, but I did not reply as we are too busy. I will try to find a spare minute during my day to send an email inquiry." With that, Mr. & Mrs. Extremely Busy were off in their separate directions to start their very busy day.

On the other side of the community, Mrs. Whiny was also getting ready to start her day. Over a cup of coffee and cereal she thinks to herself: "We were one of the first people at registration, I paid my fees, I should have heard something by now. I know they were looking for volunteers, but I don't' know anything about softball, they must have found someone by now? I am going to email at lunch, this is getting ridiculous". Mrs. Whiny continued on with her day.

Lastly, Mr. & Mrs. Overwhelmed are pondering the upcoming day. Mr. Overwhelmed has a good job in an office with regular hours. However, he finds his job quite draining and when he comes home this lapsit program for babies and their caregivers.

Youth Talk (Teen): Fridays | 3:30 PM – 5:00 PM

Practice your communication skills and gain familiarity with Canadian society and culture in this conversation-based program designed for newcomer youth.

VOCABULARY CLUB: English Conversation Class (English Language Learners - Adult):

Thursdays | 6:30 PM – 7:30 PM (Adult) Improve your English language skills through conversation and practice.

Tech Time (Adult, Senior): Fridays | 3:00 PM – 4:00 PM

Need some one-on-one tech help? Bring your device (or use one of ours) and come prepared with a tech-related question or challenge you would like to explore with a savvy staff member.

One-off Events:

Cricut Club for Kids (Ages 9-12):

Thursday, August 22 | 2:00 – 3:30 PM Want to learn how to design your own vinyl stickers, greeting cards and more? This is the club for you! In this class, we will start with a template and go through the basics of using the digital Cricut Design space to transform it into something unique and personal. Our skilled staff member will cut your design and teach you how to weed and assemble your completed project! This class is limited to 10 participants. NOTE: Registration required. Level Up Your Career: Resume and Cover Letter Development (Adult and Teen):

Monday, August 12 AND 19 | 6:00 - 9:00 PM

Have you ever wondered how to make a strong resume or struggled with how to begin? Join BGS Ventures, in-person, for a workshop that will help Job Seekers create professional resumes. NOTE: This workshop is two 3-hour classes on different days. Participants are expected to attend both classes.

Book Clubs of EPL: Where'd You Go, Bernadette (Adult):

Wednesday, August 28 | 7:00 PM - 8:00 PM

Explore books and engage in lively discussions with fellow book lovers.

in the evenings he really looks forward to relaxing. Mrs. Overwhelmed has very young children, two are now old enough for soccer. She is looking forward to the upcoming soccer season where she can have a break for at least an hour a day! She will send an email at the end of the day to find out when the season will be starting.

In the middle of the community, the President is also starting his day. He is in the middle of packing up his house, preparing to move. He has been working many hours of overtime, his elderly mother is sick and has been spending most weekends tending to her house and needs. The President has a family with children in activities. He has not been able to watch their events; his VOLUNTEER DUTIES attending community league meetings, area meetings, president meetings are in regular conflict. The President is really passionate about growing a strong community where everyone can feel safe in a friendly, neighbourly area. Today, though his mom has a doctor's appointment, his child has an important event, he will be working late, and there is a presidents meeting. He has had enough; something needs to give: The President quits.

On the edge of the community lives the Soccer Director. She has slept in and is scrambling to get her children out the door to school. She was up until the very early morning hours completing her school assignments. The Soccer Director is also very committed to the community. She believes her efforts can help enrich

the lives of many children. Today her neck is stiff as she was hunched over books until 3 am. After she takes her kids to school, she will have just enough time to get a coffee on her way to work. She works full-time, her husband works out of town and all the parenting and household responsibilities fall to her. Her only time for herself is after the kids are in bed, which she needs for studying and laundry. Today the Soccer Director has a performance review at work, an exam at the end of the week, she is out of laundry soap, her husband's time away has been extended, no one has responded to her emails regarding coaching and has received 3 emails wondering why their team hasn't started practicing yet. She takes a deep breath and guits.

The President and Soccer Director have quit. The reset of the community board

can't cover such major roles. They also have jobs, families, and other responsibilities. Given the ever-increasing volunteerism demands, they decide to quit.

Suddenly, 100 children from the community who were registered in Scouts, Beavers, Brownies, and dance have nowhere to gather. The President always came to open the community league building for them. 20 ladies, including Mrs. Extremely Busy can no attend Yoga on Tuesday evenings. Mr. Overwhelmed can no longer go for evening stakes at the community rink. Mrs. Overwhelmed is no longer able to walk her kids to the community preschool. The lives of hundreds of children and their families were affected the DAY the VOLUNTEERS QUIT.

Please consider attending a McLeod board meeting and volunteering for one of our vacant board positions.





Outdoor Soccer Season End

The outdoor season started off slowly due to the rain we received in May. Most games were rescheduled, and the season ended in early July.

Thank you to the coaches for volunteering this season, we couldn't run this program without you. We had a few coaches take on new age groups, others were first-time coaches and absolutely loved it. The players had a good time learning new skills, making new friends and had lots of fun.

I hope everyone enjoys the summer and we'll see you at an indoor registration session.

Todd, McLeod Soccer Director

McConachie Public Library Events

Awesome Aliens (Ages 6-8)

Saturday, August 3 1 2:00 – 3:00 PM Aliens at the library!? Join us for stellar stories about extraterrestrials and then craft your own alien and flying saucer.

WEM Spineless Wonders (All Ages)

Thursday, August 8 | 2:00 – 3:00 PM Did you know that 97% of the animal species in the world have no backbone? Join West Edmonton Mall's Marine Life Educators in this unique, hands-on Spineless Wonders program! Participants will learn about marine invertebrates and get up close to a wide range of live cold-water animals (such as a sea star, anemone, sea urchin, sea cucumber or clams). The program introduces participants to inver-

Sing, Sign, Laugh and Learn (Baby & Toddler)

Sundays | 10:30 AM – 11:15 AM Mondays | 1:30 AM – 2:15 PM Fridays | 10:30 AM – 11:15 AM

Sing, Sign, Laugh and Learn is a fantastic opportunity for babies and toddlers to enjoy songs, rhymes, and learn basic sign language in a playful and supportive environment.

Baby Laptime (Baby & Toddler)

Wednesdays | 10:30 AM – 11:00 AM Join us for Baby Laptime, a fun and interactive storytime for babies and toddlers.

Blake Desjarlais MP

Dear neighbours, Fresh out of a long spring session, I'm home for the summer and I couldn't be more excited to knock on as many doors as I can, attend events, and see all of you! The spring legislative session saw the NDP use our power to deliver important programs to help lower costs for Albertans. I am proud of all the work that the NDP has done for everyday Edmontonians. From delivering dental care for seniors and kids, funding for housing investments to free diabetes medication and contraceptives, the NDP fought hard to help Albertans keep more money in their pockets. Just 25 NDP MPs were able to accomplish this. Please do not hesitate to contact me if I can be of service to you and your family.

McLeod Indoor Soccer

I'm pleased to announce McLeod's

Games will be played Friday evening,

Saturday or Sunday. In past seasons,

games have been played at the DOW

Centre, Millenium Place and Servus

To register, families will require a com-

munity membership with an August 2025

tebrate biology, habitat, and conservation

Friday, August 9 | 2:00 – 3:00 PM

Metis Beadwork Paint with Krista Led-

Learn about the art of Metis beadwork

Krista Leddy is a proud M**ë**s woman

whose family comes from the historical

Més communities of St. Albert and Lac

St. Anne. She currently calls amiskwaci-

ywékahikan (Edmonton) home. She is

an internationally known artist who uses

teachings and stories from her commu-

nity to guide the work she creates. Krista

has a passion to share what she knows

and try your hand at creating your own

of these amazing animals.

indoor CGSA soccer registration dates

at McLeod hall:

Fees are:

Place.

dv (Ages 9-12)

design with paint!

August 27 6:00-8:30pm

September 4 6:00-8:30pm

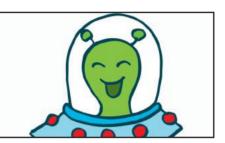
September 7 noon - 2:30pm

Blake Desjarlais MP Edmonton Griesbach 780-495-3621

Paid by Blake Desjarlais MP

Age Group	Birth Years	Fee
U5	2020-2021	\$120.00
U7	2018-2019	\$120.00
U9	2016-2017	\$205.00
U11	2014-2015	\$205.00
U13	2012-2013	\$205.00
U15	2010-2011	\$205.00
U17	2008-2009	\$205.00

expiry date and can be purchased from the EFCL website (www.efcl.org) prior to attending an in-person registration date. The



about $M\dot{\mathbf{e}}s$ culture and the world around her to anyone with an open spirit and mind.

Galaxies, Galaxies, Galaxies! (Ages 6-8)

Saturday, August 10 | 2:00 – 2:45 PM Learn about galaxies and our place in the solar system with some fun and cre-

ative interstellar activities!

Leisure Access Program

The Leisure Access Program (LAP) allows eligible Edmontonians access to the City of Edmonton recreation facilities and attractions at a free or reduced cost. All applicants will also automatically be considered for the Ride Transit Program. The LAP programs are player registration portal can be found on the CGSA website (www.cgsa.ca)

Please remember families must register in their home CGSA community but are welcome to request a transfer to a partner CGSA community if they have a friend they would like to play with. For those joining us from non-CGSA communities, you can register with your preferred CGSA community.

Please share this message with family and friends looking for a place to play this indoor.

Todd, McLeod Soccer Director

Puppet Show (All ages)

Saturday, August 17 | 11:00 AM - 12:00 PM

Our library puppeteers bring the puppets to life with plenty of action and lively antics.

Friendship Bracelets (Ages 9-12)

Thursday, August 22 | 2:00 – 3:00 PM Make some new friends while creating a fun craft! A crafting program focusing

on friendship. Crash Land into School! (All Ages)

Saturday, August 24 | 1:00 – 4:00 PM

Join us at the library for some good old-fashioned fun and excitement as we celebrate the end of our summer activities here at EPL.

now offered in 1-Year, 2-Year, and 5-Year terms depending on documentation submitted with your application. Income thresholds and the application form are available at https://www.edmonton.ca/programs_services/leisure-access-program





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GeriActors is an intergenerational theatre company seeking to challenge stereotypes and foster authentic views of aging. ACT NOW by signing up for a class, workshop, or by booking a performance.

More information at geriactors.ca

