

NORTHEAST VOICE

Serving the community leagues of
Evansdale, Kilkenny, and McLeod

June 2024



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At Londonderry Public Library

Sing, Sign, Laugh and Learn (Baby & Toddler):

Sundays | 11:00 AM – 11:45 AM
Mondays | 10:15 AM – 11:00 AM, 1:30 PM – 2:15 PM
Tuesdays | 10:15 AM – 11:00 AM, 1:30 PM – 2:15 PM
Wednesdays | 10:15 AM – 11:00 AM
Fridays | 10:15 AM – 11:00 AM
Saturdays | 2:30 PM – 3:15 PM

You and your child from birth to age three are invited to join us for songs, rhymes, and signs.

Baby Laptime (0-12 months):

Fridays | 1:30 PM – 2:00 PM
Enjoy stories, songs, and rhymes in this lapsit program for babies and their caregivers.

Preschool Problem Solvers (Ages 4-5):

Thursdays | 4:30 PM – 5:00 PM
Looking for opportunities that help build school skills and encourage independence? In this class, children will dance, sing, investigate and have fun! Note: This class runs for five weeks and registration is required.

Discovery Club (Child - 6-8):

Tuesdays | 4:30 PM – 5:15 PM
Full STEAM ahead! From robot battles to hovercrafts to building your own games, discover all things Science, Technology, Engineering, Art, and Math. You're invited to try new things and create stuff at this class for junior makers.

Retro Teen Gaming (Teen):

Tuesday June 11 & 18 | 6:00 PM – 8:00 PM
Come to the library and hone your skills by playing some of the best video games out there. We will be providing retro game consoles for this event!

Youth Talk (Teen):

Fridays | 3:30 PM – 5:00 PM
Practice your communication skills and gain familiarity with Canadian society and culture in this conversation-based program designed for newcomer youth.

English Conversation Circle (LACE)

(English Language Learners - Adult):

Thursdays | 10:00 AM – 12:00 PM
Drop-in and join others who also want to practice their English. English Conversation Circle is part of Catholic Social Services' Learning and Community Enrichment (LACE) program.

VOCABULARY CLUB: English Conversation Class (English Language Learners - Adult):

Thursdays | 6:30 PM – 7:30 PM (Adult)
Improve your English language skills through conversation and practice.

Tech Time (Adult, Senior):

Fridays | 3:00 PM – 4:00 PM
Need some one-on-one tech help? Bring your device (or use one of ours) and come prepared with a tech-related question or challenge you would like to explore with a savvy staff member.

One-off Events:

Computer Skills: Introduction to Browsing and Searching the Internet

Monday, June 3 | 3:00 PM – 5:00 PM

This is a class for those who are new to computers including English language learners and seniors. You will learn about what the internet is, how to use a web browser, and how to browse and search the internet. NOTE: Registration Required

Computer Skills: Creating an Email Account

Monday, June 10 | 3:00 PM – 5:00 PM

This is a class for those who are new to computers including English language learners and seniors. You will learn how to create an email account and what an email address can be used for. NOTE: Registration Required

Computer Skills: Introduction to Using Email

Monday, June 17 | 3:00 PM – 5:00 PM

This is a class for those who are new to computers including English language learners and seniors. You will learn about receiving and sending emails, including attaching files, as well as email safety. NOTE: Registration Required (continues Page 6)

EDMONTON HUMANE SOCIETY

MOBILE PALS UNIT

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CONTACT THE MOBILE PALS UNIT:
pals@edmontonhumanesociety.com
780-229-2945

SCAN HERE TO APPLY TODAY!

or visit bit.ly/ehspals

Kilkenny Community Events

Garage Sale July 19,20,21. Looking to rent a table?
Email president@kilkenny.ab.ca or call Anna 780-478-3269. Tables are \$20

Swim Times

Londonderry Pool: Sundays 4:15pm to 5:45pm

Grand Trunk: Closed

O'Leary: Saturdays 3:45pm to 5:45pm

Address: 9111 150 Ave, Edmonton, AB T5E 6J2			
Mailing Address: Box 71023 Northwood Mall Post Office, Edmonton, AB T5E 6J8			
Website: www.evansdale.ca		Facebook: https://www.facebook.com/evansdalecommunity-league	
Position	Name	Phone Number	Email Address
President	Chris Nielsen		Chris.nielsen@telus.net
Past President	Jeff Muiselaar	780-478-1759	-
Vice President	Available	-	-
Secretary	Available	-	secretary@evansdale.ca
Treasurer	Available	-	-
	Shawna Covering Until Filled	-	-
Membership Director	Elaine Sarac	780-476-7442	membership@evansdale.ca
Bingo/Casino Chair	Shawna Walsh	780-237-2169	coolwheelspl@hotmail.com
Program Director	David Gagne	-	dgagne@shaw.ca
Newsletter & Social Media	Cora Gagne	-	newsletter@evansdale.ca
Director of Sustainability	Available	-	-
Area 17 Representative	Jeff Muiselaar	780-478-1759	-
Belle Rive/Poplar Park Signs	Available	-	signs@evansdale.ca
Evansdale Sign (153 Ave)	Available	-	signs@evansdale.ca
Sports & Recreation Director	Todd Sharkey		hockey@evansdale.ca
Hall Rentals	Teri Muiselaar	780-222-0474	hallrentals@evansdale.ca
Credits	Sue Harris	780-473-8796	credits@evansdale.ca

If you are interested in a vacant position please reach out to the President

Pickleball at Evansdale

Please visit our website for more up-to-date information.
evansdale.ca/programs-events/pickleball

Mobile PALS Unit

The Mobile Spay/Neuter Unit is an extension of EHS' Prevent Another Litter Subsidized (PALS) spay/neuter program <https://www.edmontonhumansociety.com/what-we-do/services/pals-spay-neuter/>. This program provides spay/neuter, microchip, and vaccination services to low-income families within the City of Edmonton.

Applications are typically processed online prior to the clinic, but the unit will have

an on-site attendant present to answer any questions about the program to interested community members.

For the application process, families generally need to indicate financial need within these parameters (currently on AISH or Individuals/ Families whose combined income is below Federal Low Income Cut Off (LICO) before tax). For more information look for the poster in this edition!

Community League Memberships

Get your community league membership anytime! Membership makes you part of an amazing community of people who care and help look after our community. Free community swimming times at local City of Edmonton facilities, discounts on community programs and on Edmonton City wellness programs along with hall/sports building rentals and the enjoyment of ice skating in the winter and pickleball in the summer at outside of our hall!

Your Community League membership is valid for one year from September 1st to

Aug 31st.

- \$25 Family
- \$15 Single Family/ Senior Couple
- \$10 Single Person

Contact Elaine Sarac at membership@evansdale.ca or 780-476-7442 to get your Evansdale Community League membership. Please leave a voice message if you cannot reach Elaine.

If you are in a rush, you can buy memberships at the Edmonton Federation of Community Leagues website: www.efcl.org

June 22nd Summer Event

Stay tuned to our facebook page and website for exciting information on a Summer Event we will be hosting on June 22nd at the Community Hall!



HELLO
SUMMER



Volunteers Needed (5pm - 9:30pm)
Location: West End Bingo - 17304 105 Ave NW

If you can help us out with a shift at the West End Bingo hall please **contact Shawna by phone or text at 780-237-2169.**

- Saturday, May 25
- Monday, August 19
- Tuesday, September 24
- Saturday, October 19
- Monday, November 18
- Wednesday, December 11

All funds received from working these bingos help to keep our community league going.

Venue Rentals at Evansdale

Facility	Day and time
Grand Trunk Fitness and Leisure Centre 13025 112 Street	Friday 7:15-9:15PM Sunday 4:15-5:45PM
Londonderry Leisure Centre 14528 66 Street	Sunday 4:15-5:45PM
O'Leary Leisure Centre 8804 132 Avenue	Sunday 4:00-6:00pm

Main Hall – Capacity 230	Rates	Damage Deposit
Hourly Bookings	\$75/Hour	
Individual Weekday/Weeknight (Monday-Thursday)	\$400/day	\$400
Single Day Over Weekend (Friday-Sunday)	\$500/day	\$500
Full Weekend (3 Days)	\$700	\$700
Use of Dishes	\$100	

Looking for a venue for your next event? Our main hall and sports building can accommodate a variety of capacities for your gatherings. For more information including booking please contact Teri Muiselaar by phone at (780) 222-0474; or by email at hallrentals@evansdale.ca

Community League Swimming



Evansdale Community League Swim

Show your valid 2023-2024 Evansdale Community League membership card at any of the following City of Edmonton Leisure Centres and enjoy FREE swimming during the times listed

Hydration and You

You lose water throughout the day, through your breath, sweat, urine, and bowel movements. If you live somewhere hot, you could lose even more fluid.

It is important to replace this lost fluid to stay healthy. If you don't get enough water, you could become dehydrated. If you get very dehydrated, your body no longer has enough fluid to get blood to your organs which can be very dangerous.

What is the right amount of water to drink each day?

All liquids help you stay hydrated, but water is usually the best choice. A common recommendation is to drink six to eight glasses of water of day (250-mL or 8 fl oz). Some adults may need more depending on your overall health, how much you exercise, and how hot or dry the climate is.

Most people get enough fluid through the beverages they normally drink each

day. You also get water through food. Some fruits and vegetables contain a lot of water, such as watermelon and lettuce.

Did you know? Experts say it is not true that beverages containing caffeine – coffee, tea, and cola drinks – are dehydrating. Healthy individuals who consume moderate amounts of caffeine do not lose more fluid than people who don't have any caffeine. A moderate amount of caffeine is about 200- to 300-mg per day which is about two to four cups (250-ml or 8 fl oz) of coffee.

If you are feeling well, you urinate every few hours during the day, and are not feeling thirsty often, you are likely drinking enough water.

People with certain health problems, especially heart and kidney problems, need to speak with a doctor about how much water to drink.

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Kilkenny Community League Main Hall



Times	Meeting		Both
	Main	Room	
Weekday/ Weeknights	\$200	\$100	N/A
Fridays (after 5pm)	\$400	\$100	\$500
Saturdays	\$550	\$100	\$650
Sunday	\$400	\$100	\$500
Two Day Wedding Sat/Sun	\$750	N/A	\$850
Full Weekend Fri@6pm to Sun 6pm	\$1,000	N/A	\$1,100
Hourly rate (4hour min.)	\$50	\$25	N/A

Book club



Wanting to start up a book club are you interested. president@kilkenny.ab.ca

VOLUNTEERS Wanted

Want to do something with your community. Be a Board member at large and see what we are doing.

Start up a committee of your interest - book club,

crochet club, coffee night (decaf), Paint night. Men's club, card night, cooking we have a space for you. Contact Anna at president@kilkenny.ab.ca

AURORA SECONDARY SCHOOL CELEBRATES GRAND OPENING IN DOWNTOWN

Aurora Secondary School announces the Grand Opening of its new facility in downtown Edmonton. Expanding from its 26-year success in kindergarten to grade 9 at the Primary campus, the Secondary School now includes grades 10-12, providing specialized programs accessible to all students without tuition fees. Students from all over Edmonton, St. Albert, and Sherwood Park are able to attend thanks to extensive yellow bus service, a feature of its safety-first policy.

Charter schools, like Aurora, are completely public schools that focus on distinct programming. "We empower students through close parental collaboration, small classes, and the mastery of foundational skills," says Jacqueline Harman, Principal. "Aurora differs from the trend of large high schools, instead offering a boutique experience with parent connections, a focus on safety and small classes, and specialized university preparatory programs." Classes range from 20-28 students.

Aurora focuses on traditional-style academics infused with technology through 1:1 chromebooks for every student. Classes are delivered through direct instruction to the whole class, in a traditional style with students expected to do homework daily. "We believe in learning grammar, mental math, advanced algebra, and whole novel studies. Our standards are high because we want to nurture perseverance, hard work, diligence, and responsibility." Students wear uniforms to show they mean business.

The school's commitment to academic excellence is evident through its collaboration with the Northern Alberta Institute of Technology and Lethbridge College to offer university academic courses as after-school options in Sciences, Medicine, Math, first-year English, Business, Auto-Cad, and Animation. "Dual-credit is usually offered for apprenticeship programs, but we want high school students headed to Bachelor Degree programs to get a head start on university courses before they graduate grade twelve. The program is completely free for students thanks to a grant from AB Education."

The inauguration ceremony showcased the school's state-of-the-art technology and academic focus. Attendees had the opportunity to tour the campus, peruse the school's award-winning Science Fair. Students have won numerous national, provincial, and city-wide awards in debate, speech, and athletics - despite only offering high school programming for one year so far. While the program might be traditional, the school offers a bright future for its students. The next Open House will be June 11, 2024 at 6:30 PM at 12050 - 95a St.

Paid article

Action and adventure await at Movies on the Square

Date	Movie	Movie Start Time
Tuesday, May 28	Sonic the Hedgehog 2	7 p.m.
Wednesday, June 5	Echo to Delta	7 p.m.
Wednesday, June 12	Teenage Mutant Ninja Turtles: Mutant Mayhem	7 p.m.
Wednesday, June 19	Kung Fu Panda	6 p.m.
Wednesday, June 19	Kung Fu Panda 4	8:15 p.m.

Mark your calendar — Movies on the Square is back in Sir Winston Churchill Square for the next four weeks! Soak in Edmonton's warm spring evening while watching epic family-friendly movies on a large screen.

This awesome outdoor movie experience will include free pre-movie activities from 5 – 7 p.m. On Tuesday May 28, you can enjoy playing Wii on the large screen.

L'Espresso Café will be open, and food trucks will be on-site from 5 – 9 p.m. for those looking to buy food and movie snacks.

Admission is free, but don't forget to bring your own lawn chair. Closed captioning will be offered. This is a free family-friendly event, so no alcohol or smoking please.

Please note: Weather conditions or poor air quality may result in the cancellation of this event. Call 311 or visit edmonton.ca/MoviesOnTheSquare for current event information.

Getting There

Why not leave the driving to us? City Hall and Sir Winston Churchill Square are easily reached by bus and LRT.

Riders can use Arc – a convenient way to pay for and take transit. No need to deal with paper passes or exact change, as riders can simply tap on and off transit using an Arc card or single-use Arc ticket. Visit myArc.ca for more information.

Travelling with kids? Use a Family/Day Pass to take you there. This pass provides unlimited daily travel on ETS for up to five people (maximum of two adults over 24 years old) for \$10.25. Family/Day Pass can be purchased at retail sales outlets (find the one nearest you at edmonton.ca/ETSWhereToBuy) and the Edmonton Service Centre.

For complete route and schedule details visit edmonton.ca/transit or use the Transit app.

Parking

Parking is available in the Canada Place and in Stanley A. Milner Library Parkades with elevator access for accessibility.

Downtown Edmonton

Downtown Edmonton is a place where diversity and creativity flourish. It's where everyone can gather, celebrate, share ideas, learn, trade and innovate. Sir Winston Churchill Square and City Hall Plaza form the core downtown festival and celebration space in central Edmonton.

Downtown Edmonton continues to transform, building a better and more family-friendly gathering place for citizens and visitors. The City of Edmonton remains committed to creating the conditions for a safe and vibrant downtown year round – today and into the future.

For more information or to plan your next trip downtown, visit edmonton.ca/Downtown.

Have fun in the sun in Edmonton's spray parks!

Enjoy 75 spray parks across the city, including two new parks in Windsor Park (late 2024) and Inglewood neighbourhoods. City crews have started cleaning and preparing every spray park, and most will open within two weeks of May long weekend.

New for this year, the City of Edmonton has a map of all 75 City spray parks displaying their current operating status and hours.

"As Edmontonians start looking forward to the summer sun, City crews are busy preparing the spray parks for families to have fun and cool off in the sun," said Cheryl Fereday, Acting Director of Infrastructure and Maintenance. "The City of Edmonton is working to build a healthy



city for everyone, and our network of 75 spray parks presents free and accessible opportunities to enjoy the outdoors."

Citizens are encouraged to visit edmonton.ca/SprayParks to find an open spray park in their area. The map is updated daily to reflect each park's operating status.

Sudoku – Medium Difficulty

Solution on Page 6

			9				6	7
	9						2	8
4	6			7	8			
3	2			9	4		7	
7			6		3			2
	1		7	8			4	3
			8	5			1	6
5		1					9	
6	7				9			

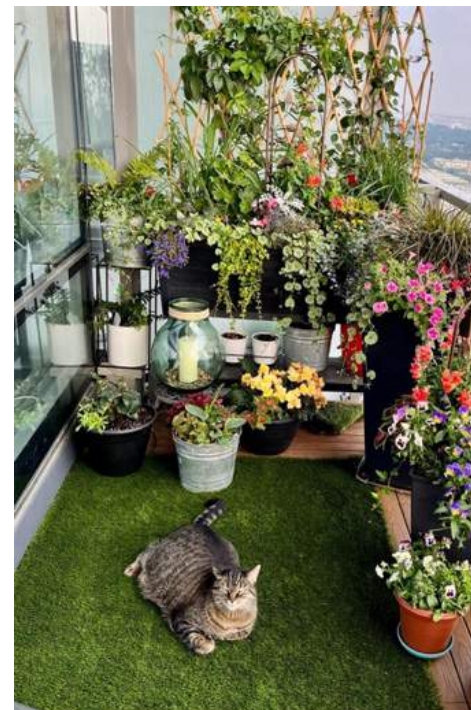
Front Yards in Bloom celebrates 25th Anniversary

This year marks the 25th Year of Front Yards in Bloom, a cherished tradition for gardeners, yard enthusiasts and community members. This program helps cultivate Edmonton's community spirit and enhances the city's beauty.

Front Yards in Bloom plays an important role in bringing communities together and we encourage Edmontonians to get into their yards, balconies and their communities to participate in this program.

There are six nomination categories: general yards, edible yards, natural yards, tiny yards, balconies in bloom and the public space category.

Edmontonians can also join the program as a volunteer and contribute to this milestone year. To register as a volunteer or nominate your favorite yard or space, visit FrontYardsInBloom.ca between May 21 - July 1 and show your support for hardworking yard and balcony enthusiasts across Edmonton!





Continues from page 1

Sing, Sign, Laugh and Learn is a fantastic opportunity for babies and toddlers to enjoy songs, rhymes, and learn basic sign language in a playful and supportive environment.

Day Home Rhyme Time (Preschooler)
Mondays | 10:30 AM – 11:00 AM

Day Home Rhyme Time is a lively and engaging program where toddlers and preschoolers can enjoy rhymes, songs, and stories.

Baby Laptime (Baby & Toddler)
Wednesdays | 10:30 AM – 11:00 AM

Join us for Baby Laptime, a fun and interactive storytime for babies and toddlers.

SUMMER STARTS AT EPL

Blast Off to Summer Reading! (Family)
Saturday, June 22 | 1:00 PM – 4:00 PM

Join us at the library for some good old-fashioned fun and excitement as we kick off our summer activities here at EPL.

Parachute Party (Preschooler)
Thursday, June 27 | 2:00 PM – 2:45 PM

Parachute Games? Yes please! Learn about rhythm and listening skills as we break out the parachute and balls and have a blast!

Book Clubs of EPL: Shuggie Bain (Adult):
Wednesday, June 26 | 7:00 PM – 8:00 PM

Explore books and engage in lively discussions with fellow book lovers.

SUMMER STARTS AT EPL
Blast Off to Summer Reading! (Family)

Saturday, June 22 | 1:00 PM – 4:00 PM

Join us at the library for some good old-fashioned fun and excitement as we kick off our summer activities here at EPL.

Parachute Party (Preschooler)
Sunday, June 23 | 2:00 PM – 2:45 PM

Parachute Games? Yes please! Learn about rhythm and listening skills as we break out the parachute and balls and have a blast!

Awesome Aliens (Ages 6-8)
Saturday, June 29 | 4:00 PM – 5:00 PM

Aliens at the library!? Join us for stellar stories about extraterrestrials and then craft your own alien and flying saucer.

At McConachie Public Library
Sing, Sign, Laugh and Learn (Baby & Toddler)

Sundays | 10:30 AM – 11:15 AM
Mondays | 1:30 AM – 2:15 PM

Fridays | 10:30 AM – 11:15 AM

Sudoku Solution

8	3	5	9	2	1	4	6	7
1	9	7	4	6	5	2	3	8
4	6	2	3	7	8	1	5	9
3	2	8	5	9	4	6	7	1
7	5	4	6	1	3	9	8	2
9	1	6	7	8	2	5	4	3
2	4	9	8	5	7	3	1	6
5	8	1	2	3	6	7	9	4
6	7	3	1	4	9	8	2	5

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Encouraging activity in children

Physical activity is key to lifelong health and well-being. Children as young as preschool age benefit from exercise and fitness as much as adults do.

Being active helps children and teens to feel stronger and have more energy to do all the things they like to do. It can help them feel, think, and sleep better. It allows them to focus when they're at school and perform better in sports. They can reach and stay at a healthy weight and build lean muscle. Being physically active lowers the risk for serious health problems, and keeps bones, muscles, and joints strong.

Tips for Getting Moving!

One of the best things you can do for your child's health is to help make physical activity a habit, something that will be a natural part of your child's daily life through adulthood.

Stay positive! It's important for children to have fun, so don't force them to exercise. Instead, find activities they like to do and will do without being asked.

Create ways for your child to be active for at least one hour each day. Try to break it up throughout the day so it adds up to one hour. Encourage your child to do things like running, jumping rope, or playing soccer.

Plan family activities that involve exercise. Hike, bike, wash the car, walk ... the options are endless. Try an online exercise video. Offer choices, and let your child decide.

Have your child invite a friend over. This can be a weekly planned physical activity, such as a bike ride, water balloon toss, or building a snow fort in the yard.

Managing Seasonal Allergies



Allergies occur when your immune system overreacts in response to certain substances, mistaking harmless elements as harmful germs or viruses. Numerous triggers can cause this to happen such as pollens, medicine, food, dust, animal dander, and mould.

If your allergy symptoms occur seasonally, it's likely due to an allergy to specific pollens from trees, grasses, or weeds.

Allergies can range from mild to severe, and some over-the-counter allergy medications may alleviate certain symptoms. Remember to carefully read and follow the instructions on medication labels.

Effectively managing your allergies is key to maintaining good health. Your healthcare provider might recommend tests to pinpoint the exact cause of your allergies. Once you identify your triggers, you can take steps to avoid them, which will help prevent allergy symptoms and potential health complications.

In some cases, immunotherapy could be beneficial. This treatment involves injections or pills containing small amounts of specific allergens. Over time, your body becomes desensitized to these allergens, resulting in reduced or prevented allergic reactions.

Symptoms and Treatment of Seasonal Allergies

Seasonal allergies can happen during any season and are very common. Some symptoms include:

- Itchy, watery eyes
- Sneezing
- Runny, stuffy, or itchy nose
- Temporary loss of smell
- Headache and fatigue
- Dark circles under the eyes ("allergic shiners")
- Drainage from the nose down the back of the throat (post-nasal drip)

Sore throat, coughing, or snoring
Home treatments are usually all you need to treat seasonal allergies, depending on your symptoms. Medicines you can try for a stuffy nose include steroid nasal sprays, which can also help with red, itchy, watery eyes.

Other treatments include:

- Clean the inside of your nose with salt water to provide relief of a stuffy nose

- Use a humidifier in the bedroom and take hot showers to help clear a stuffy nose. Follow the directions for cleaning the humidifier

- If your nose is red and raw from rubbing, put petroleum jelly on the sore area

- Use over-the-counter allergy medicine to help your symptoms. Use a nasal or oral decongestant (such as Drixoral) to relieve a stuffy nose. For itchy, watery eyes; sneezing; or a runny, itchy nose, try a non-sedating over-the-counter antihistamine, like fexofenadine (such as Allegra) or loratadine (such as Claritin). To help relieve pain, try acetaminophen or ibuprofen

Preventing Seasonal Allergies

You can reduce your exposure to pollen and other allergens that cause seasonal allergies by:

- Keeping your house and car windows closed.
- Checking the Air Quality Health Index before you go outside.
- Limiting the time you spend outside when pollen counts are high (during mid-day and afternoon).
- Wearing a pollen mask or dust mask if you need to mow the lawn.
- Limiting your mowing tasks if you can.
- Rinsing your eyes with cool water or saline eyedrops to remove clinging pollen after you come indoors.
- Taking a shower and changing your clothes after you work or play outside.

NDP's Dental Care Plan

Exciting News! The NDP's Dental Care Plan is Here!

I'm excited to share that beginning May 1st, 2024, dental coverage for the Canada Dental Care Plan (CDCP) began for the first group of eligible applicants. Tens of thousands of Canadians across the country have already received care, some for the very first time in their life.

This program is life-changing for so many Canadians, and by 2025, over 9 million Canadians will be eligible. The CDCP will cover a wide range of oral health care services aimed at maintaining teeth and gum health and preventing and treating oral health issues and diseases.

Seniors aged 70 and above who missed the early phone registration can now register online. Additionally, seniors aged 65 to 69 can now register online. Adults with a valid Disability Tax Credit certificate and children under 18 can begin online registration on June 1st, 2024. All other eligible Canadian residents can register starting in early 2025.

For CDCP online registration, visit: <https://www.canada.ca/en/services/benefits/dental/dental-care-plan/apply.html>

If you have registered for the CDCP and received your welcome package from Sun Life, you would have been notified of the date you can begin seeing a dentist or oral health provider. If you registered over the phone but haven't received your welcome package, please contact the CDCP directly at 1-833-537-4342 to check your

application status.

Over 300 dentists have already enrolled in the program in Edmonton alone – that's over 50% of dentists registered with the College of Dental Surgeons of Alberta in Edmonton.

We hope to have as many dentists and oral health providers sign-up for the CDCP as possible. The participation of oral health providers across the country in this plan is critical to build a foundation for more equitable access to oral health care and make a difference in the lives of millions of Canadians.

If your adjusted family net income is lower than \$70,000, the CDCP will cover 100%. You may have to pay additional charges directly to the oral health provider if:

- Your adjusted family net income is between \$70,000 and \$89,999 or;
- The cost of your oral health care services exceeds established CDCP fees

If you are seeking an oral health provider in Edmonton that accepts the CDCP, please visit: <https://www.sunlife.ca/sl/cdcp/en/member/provider-search/>

For questions about any federal government program, please contact me by phone at 780-495-3261 or email at Blake.Desjarlais@parl.gc.ca.

Blake Desjarlais, MP,
Edmonton Griesbach

Paid Article

the Gutter Doctor

- Gutter Services
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2nd Annual
Summer BBQ
 Blake Desjarlais & Sharif Haji
 MP FOR EDMONTON GREISBACH MLA FOR EDMONTON-DECORE
 and Amity House



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1:00PM
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 Yellow Bus
 Small Classes
 Public K-12 School
 University Courses in Gr. 10-12

