

NORTHEAST VOICE

Serving the community leagues of
Evansdale, Kilkenny, and McLeod

October 2024



Published by Calder Publications. To advertise please call 780-434-9732 or email info@communityleagueneews.com

Evansdale Community League Swimming

Show your valid 2023-2024 Evansdale Community League membership card at any of the following City of Edmonton Leisure Centres and enjoy FREE swimming during the times listed.

| Facility | Day and time |
|---|--|
| Grand Trunk Fitness and Leisure Centre 13025 112 Street | Friday 7:15-9:15PM Sunday 4:15-5:45PM |
| Londonderry Leisure Centre 14528 66 Street | Sunday 4:15-5:45PM |
| O'Leary Leisure Centre 8804 132 Avenue | Sunday 4:00-6:00pm |

September 25th National Tree Day Event

Last month, Evansdale was honored to be selected and take part in the "Good Things Come in Trees": Shade to Live, Work and Play event.

As a recipient of a @treecanada grant funded by CN's From the Ground Up Pro-

gram, and in partnership with the @evansdalecommunityleague, the City of Edmonton Grow Together program is planting 18 trees in Evansdale Park leading up to National Tree Day. Visit our Facebook page for more information and photos from this event!

Kilkenny Hallowe'en Party



Date: October 26, 2024
Time: 11-2 pm

Lots of spooky fun! Games, Food & Beverages. Come as you are or bring your best costume, can't wait to see you all. Children under 12 must be accompanied by adult or guardian.

Kilkenny Craft Sale

November 23, 2024
Time: 12-5 pm

A perfect time to start your Holiday shopping or polish off the last of your list, join us for a craft sale – November 23, 2024 from 12pm to 5pm. There will be a concession with hot-dogs and burgers and assorted beverages choices.

Table rentals: please contact Anna: president@kilkenny.ab.ca or 780 478 3269

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INSTA: @SKIPTHEGYM.YEG



For more info please text:
Alyssa 780-686-9962
Becky 780-994-4581

Snacks!

Baby Corner

Pretend Play

MOM'S DROP IN

Come let your kiddos play and visit with other moms

Enjoy a Hot Drink

New: Toddler Bouncy Castle!

Arts and Crafts

Cars, Blocks, Books, Puzzles, and More!

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9-11:30am



| Address: 9111 150 Ave, Edmonton, AB T5E 6J2 | | | |
|---|----------------|---|--|
| Mailing Address: Box 71023 Northwood Mall Post Office, Edmonton, AB T5E 6J8 | | | |
| Website: www.evansdale.ca | | Facebook: https://www.facebook.com/evansdalecommunityleague | |
| Position | Name | Phone Number | Email Address |
| President | Chris Nielsen | 780-909-1967 | president@evansdale.ca |
| Past President | Jeff Muiselaar | 780-478-1759 | |
| Vice President | Available | | |
| Secretary | Ashley Baxter | | secretary@evansdale.ca |
| Treasurer | Available | | |
| Membership Director | Elaine Sarac | 780-476-7442 | membership@evansdale.ca |
| Bingo/Casino Chair | Shawna Walsh | 780-237-2169 | coolwheelspl@hotmail.com |
| Program Director | David Gagne | | programs@evansdale.ca |
| Newsletter & Social Media | Cora Gagne | | newsletter@evansdale.ca |
| Director of Sustainability | Available | | |
| Area 17 Representative | Jeff Muiselaar | 780-478-1759 | |
| Belle Rive/Poplar Park Signs | Available | | |
| Evansdale Sign (153 Ave) | Available | | signs@evansdale.ca |
| Sports & Recreation Director | Todd Sharkey | | signs@evansdale.ca |
| Hall Rentals | Teri Muiselaar | 780-222-0474 | hallrentals@evansdale.ca |
| Credits | Sue Harris | 780-473-8796 | credits@evansdale.ca |

If you are interested in a vacant position please reach out to the President

Venue Rentals at Evansdale Community League

Looking for a venue for your next event? Our main hall and sports building can accommodate a variety of capacities for your gatherings. For more information including booking please contact Teri Muiselaar by phone at (780) 222-0474, or by email at: hallrentals@evansdale.ca



| Main Hall – Capacity 230 | Rates | Damage Deposit |
|--|-----------|----------------|
| Hourly Bookings | \$75/Hour | |
| Individual Weekday/Weeknight (Monday-Thursday) | \$400/day | \$400 |
| Single Day Over Weekend (Friday-Sunday) | \$500/day | \$500 |
| Full Weekend (3 Days) | \$700 | \$700 |
| Use of Dishes | \$100 | |

Back to School: Safety First!

Back-to-school is right around the corner for many families across the province. Parents and caregivers are encouraged to talk with their kids and teens about active and safe ways to travel to school. Active travel can boost physical health, build independence and encourage kids and teens to spend time outside.

Here are some practical ideas to get kids and teens safely active this school year.

Help your child plan for active travel

Talk with your child or teen about ways they can walk or wheel to school such as riding a bike, scooter or skateboard. For younger children, map out the route and practice it together. For older children and teens, help them think through the details, such as the route they'll use, and the time it will take to get there. They may need your advice to avoid busy, high-speed roads.

Keep safety top-of-mind

Talk with your child or teen about gear, such as bright reflective clothing, that will help them stay safe when they're wheel-

ing to school. Help them make sure their helmet fits properly. For a how-to checklist, go to MyHealth.Alberta.ca and search "bike helmet yes test." Talk with your child or teen about staying alert when walking or wheeling to school. Remind them to put their phones and ear buds away so they can be aware of what is going on around them.

Remember to role model safe active travel. For example, if you are walking to school with your child, cross the road only at marked intersections or crossings. Explain traffic signs and lights. If you are biking to school together, be sure to wear your helmet too.

Support safe active travel in your community

Find out if there are active travel groups or events at your local school, such as clubs or walking school buses. Help your child connect with other kids who walk or wheel to school. It can be motivating, social and fun for them to travel together.

Community League Memberships

Get your community league membership anytime! Membership makes you part of an amazing community of people who care and help look after our community. Free community swimming times at local City of Edmonton facilities, discounts on community programs and on Edmonton City wellness programs along with hall/sports building rentals and the enjoyment of ice skating in the winter and pickleball in the summer at outside of our hall!

Your Community League membership

is valid for one year from September 1st to Aug 31st.

- \$25 Family
- \$15 Single Family/ Senior Couple
- \$10 Single Person

Contact Elaine Sarac at membership@evansdale.ca or 780-476-7442 to get your Evansdale Community League membership. Please leave a voice message if you cannot reach Elaine.

If you are in a rush, you can buy memberships at the Edmonton Federation of Community Leagues website: www.efcl.org

Pickleball at Evansdale



Please visit our website for more up-to-date information. www.evansdale.ca/programs-events/pickleball

Listen to your teen's ideas about how to make active travel more appealing. For example, help them advocate for more pathways or bike, scooter, or skateboard storage racks in public places, or take part in community clean-ups or outdoor art projects.

School bus stop safety tips

Make sure your child understands these pedestrian safety rules for crossing the road safely:

- Cross the road at marked crosswalks.
- If there isn't a crosswalk, cross at a corner of the road. If there isn't a corner (like in a very small town), show your child the safest way to cross the road to get to the bus stop.
- Don't cross the road during a red light.
- If your child needs to cross in front of the bus, make sure they wait until the bus driver sees them.
- Walk on the sidewalk. If there isn't a sidewalk, walk on left side of the road, facing traffic.

• Teach your child to point, pause, and proceed before they cross the road.

• Point at the crosswalk with your arm to tell drivers that you're ready to cross.

• Pause to look for traffic. Look in all directions. Make eye contact with drivers and wait until all vehicles have come to a full stop.

• Proceed across the street with your arm out. Look in both directions as you cross to make sure it's safe.

To get to the bus stop safely, also teach your child to:

- be at the bus stop at least 5 minutes early
- walk (don't run) to the bus
- not use a mobile device (like a cell phone or tablet) or other distracting things until they're in a safe place

It's a good idea to walk the bus route with your child until they know how to get to the bus stop safely. If you have young children, always walk them to and from the bus stop. If you can't walk with your child, have another adult walk with them.

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Annual General Meeting

Date: Thursday - November 7th, 2024
Time: 7 pm

Please consider joining us for our AGM 2024-2025. Have your voice heard in your own community. Help set the direction for the community league.

Family Gathering

January 1, 2025, 12 - 3pm

Please save the date for New Year's Day
 - A family gathering day for Free ice skating and Hot Chocolate.
 - This day will be weather dependent.

Kilkenny Community League Hall

Times: Main Meeting Room Both

| Weekday/Weeknight | \$200.00 | \$100.00 | N/A |
|---------------------------|-----------|----------|-----------|
| Friday (after 5pm) | \$400.00 | \$100.00 | \$500.00 |
| Saturday | \$550.00 | \$100.00 | \$650.00 |
| Sunday | \$400.00 | \$100.00 | \$500.00 |
| Two Day Wedding - Sat/Sun | \$750.00 | \$850.00 | |
| Full Weekend - | | | |
| Friday@6pm to Sunday 6pm | \$1000.00 | N/A | \$1100.00 |
| Hourly Rate (4-hour min.) | \$50.00 | \$25.00 | N/A |

Community Events

Swim Times

Londonderry Pool (14528-66th)

Sundays - 4:15pm- 5:45pm

Grand Trunk (13025-112 Street)

Fridays - 7:15pm - 9:15pm

Sundays - 4:15pm - 5:45 pm

O'Leary (8804-132 Avenue)

Saturdays - 3:45 pm to 5:45 pm

Did you know?

Kilkenny is partnered with TGP or Wholesale Market (The Grocery People - 11628 -142nd Street). When

you shop there, tell the cashier that you would like your purchase to go towards Kilkenny and TGP will donate 5% of your purchase to Kilkenny. Funds donated help us build towards bringing you more community events!

SNOW REMOVAL

Residential

Please Call Joe or Mike

Joe 587 334 4578

Mike 587 336 5479

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Welcoming a Year of Growth and Community in Catholic Education

The Edmonton Catholic School Board of Trustees welcomes students, families, and staff to a year of growth and faith-based learning.

The new school year is in full swing, bringing excitement and renewed energy from our students, teachers, and Catholic school community. The Board of Trustees of Edmonton Catholic Schools extends a warm welcome to all students, families, staff, and community members. Together, our mission is to provide a high-quality Catholic education that fosters each student's spiritual, intellectual, and emotional development. This year, we remain committed to upholding the values of our Catholic identity while focusing on enhancing the learning experience for every student.

As Catholic Trustees, we are committed to ensuring that our schools continue to foster learning environments where students can grow spiritually, academically, and emotionally. Our dedicated administrators, teachers, and support staff work tirelessly to make this possible. Their unwavering commitment to nurturing student success in a safe and supportive setting is key to the strength of our schools.

Over the past few years, our schools have experienced consistent growth in student enrollment, reflecting the trust fami-

lies place in Edmonton Catholic Schools. This year, we expect our enrollment to be close to 50,000 students, as more families choose us for the well-rounded Catholic education we provide. In September, we opened a new school in honour of Father Michael McCaffery to meet the needs of our growing community. Over the next two years, we are excited to open two more schools—an elementary/junior high and a much-needed high school on the north side. We are incredibly grateful for these new spaces, as currently, 50% of ECSD schools are at or over capacity, with every available space being used for teaching, leaving few options for maintaining smaller class sizes.

Trustees are committed to providing modern, well-equipped learning spaces for our students, but the construction of new schools has not kept pace with Edmonton's population growth. We are grateful for the province's commitment to building new schools and adding modular classrooms to help accommodate our growing student body. Our Board and Division work closely with the Government of Alberta and the City



From left to right: Trustee Laura Thibert, Trustee Alene Mutala, Board Chair Sandra Palazzo, Vice-chair Lisa Turchansky, Trustee Debbie Engel, Trustee Terry Harris

of Edmonton to advocate for our Division's needs. We have built strong relationships with provincial ministries to secure the best outcomes for Edmonton Catholic Schools.

Building new schools and adding modulars in growing communities is essential to ensuring families have access to high-quality Catholic education. While we are grateful for the province's ongoing support, advocacy for more funding and timely approvals will remain a key focus this year as we work to address overcrowding and expand educational opportunities for all students.

Alongside these efforts, we are also committed to celebrating and reinforcing the values that define our community. From October 19-25, 2024, Edmonton Catholic Schools will observe Catholic Education Week—a time to highlight the role of Catholic education in shaping our students' faith, values, and academic success. Throughout the week, schools across the Division will participate in activities that demonstrate our shared commitment to faith-based learning and community service. We encourage everyone to join us in celebrating this special week as we continue to honor our mission of providing exceptional education rooted in Catholic faith and tradition.

We are grateful for the continued trust and partnership of our families and look forward to staying connected with you throughout the year. As we embrace another year of growth, learning, and community, we appreciate your ongoing support in helping us meet the needs of our students and families. Should you have any questions, please contact us at: boardoffice@ecsd.net.

Paid by Edmonton Catholic School Division



Alberta Health Services EMS would like to remind parents and trick-or-treaters of Halloween safety tips as October 31st approaches. Take time to review these simple tips and reminders to help ensure that your Halloween is a fun and safe night for everyone.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- You may choose to avoid houses that are not well lit. Do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be (route) and advise them if you will be late returning.

Parents

- Be certain that an adult accompanies young trick-or-treaters. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within and establish a time to return home.
- Advise children not to eat anything until they return home. Dispose of any items that have been tampered with, or that are not properly wrapped.

Costumes

- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate footwear that takes into consideration weather conditions and walking.



McLeod Annual General Meeting is coming up soon!

McLeod Community League AGM is Thursday October 24th, 6:00pm at McLeod Hall. We have a number of positions up for nominations, as well as a some vacancies that we would love to see

filled. If you are interested in joining the Board, please come out and have a chat with any of the current board members and see if there is a spot that you would like to help us and the entire community

out.

Without the volunteers who run the league, we would not be able to offer the amazing programs and events we have, including Soccer, Dance, Karate, Movie

Nights, Pancake Breakfasts, and many more.

We look forward to seeing some new faces at the AGM, and hope to see you there!

Events

Please Note: All EPL locations are closed on Monday, October 14.

At Londonderry Public Library

Sing, Sign, Laugh and Learn (Baby & Toddler):

Sundays | 11:00 AM – 11:45 AM

Mondays | 10:15 AM – 11:00 AM, 1:30 – 2:15 PM

Tuesdays | 10:15 AM – 11:00 AM, 1:30 – 2:15 PM

Wednesdays | 10:15 AM – 11:00 AM

Fridays | 10:15 AM – 11:00 AM

Saturdays | 2:30 PM – 3:15 PM

You and your child from birth to age three are invited to join us for songs, rhymes, and signs.

Baby Laptime (0-12 months):

Fridays | 1:30 PM – 2:00 PM

Enjoy stories, songs, and rhymes especially for babies. Cuddle with your baby and connect with other caregivers.

Read, Code, Play! (Preschooler):

Mondays | 4:30PM - 5:00 PM

Through stories, rhymes, songs and activities your preschooler will be introduced to the vocabulary and concepts commonly used in computer coding.

Discovery Club (ages 6-8):

Tuesdays | 4:30 PM - 5:30 PM

Full STEAM ahead! Explore all things Science, Technology, Engineering, Art and Math in this club for young scientists and makers.

Youth Talk (Teen):

Fridays | 3:30 PM – 5:00 PM

Practice your communication skills and gain familiarity with Canadian society and culture in this conversation-based program designed for newcomer youth.

VOCABULARY CLUB:

English Conversation Class (English Language Learners - Adult):

Thursdays | 6:30 PM – 7:30 PM (Adult)

Improve your English language skills through conversation and practice.

LACE English Conversation Circle (English Language Learners - Adult):

Thursdays | 10:00 AM – 12:00 PM

Practice your English with others. A group of amazing volunteers are ready to assist with your learning as you discuss topics of interest in a comfortable and friendly environment.

Tech Time (Adult, Senior):

Fridays | 3:00 PM – 4:00 PM

Need some one-on-one tech help? Bring your de-

vice (or use one of ours) and come prepared with a tech-related question or challenge you would like to explore with a savvy staff member.

One-off Events:

Computer Skills: Introduction to Microsoft Windows (Adult):

Thursday, October 10 | 1:00 PM – 3:00 PM This is a class for those who are new to computers including English language learners and seniors. You will learn how to navigate a Windows desktop and file system as well as common Windows programs for everyday tasks. You should already know basic computer parts and terms, and how to use a mouse and keyboard. A laptop will be provided for this class.

NOTE: Registration required.

Teen Gaming (Teen):

Tuesday, October 15 | 6:00 PM – 8:00 PM

Come to the library and hone your skills by playing some of the best video games out there.

Book Clubs of EPL: Paying the Land (Adult):

Wednesday, October 23 | 7:00 PM – 8:00 PM

Explore books and engage in lively discussions with fellow book lovers.

At McConachie Public Library

Sing, Sign, Laugh and Learn (Baby & Toddler)

Sundays | 10:30 AM – 11:15 AM

Mondays | 1:30 AM – 2:15 PM

Fridays | 10:30 AM – 11:15 AM

Sing, Sign, Laugh and Learn is a fantastic opportunity for babies and toddlers to enjoy songs, rhymes, and learn basic sign language in a playful and supportive environment.

Baby Laptime (Baby & Toddler)

Wednesdays | 10:30 AM – 11:00 AM

Join us for Baby Laptime, a fun and interactive storytime for babies and toddlers.

Day Home Rhyme Time (Baby & Toddler)

Mondays | 10:30 AM – 11:00 AM

Day homes are invited to join us for 30 minutes of interactive music, movement, songs and more.

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MCLEOD COMMUNITY LEAGUE

Christmas Market

McLeod Community League
14715 - 59 Street NW
Edmonton, AB T5A 1Y6



SATURDAY NOVEMBER 16, 2024

10:00 AM TO 4:00 PM

Vendors - Shopping - Food

Calling all Vendors!

McLeod Community League is hosting a Christmas Market! McLeod Community League is having our 1st Annual Christmas Market. On Saturday November 16, 2024. The time will be 10:00am to 4:00pm

Tables will be \$25.00
 Please contact Jenn Ropchan at either **780-719-5016** or: **treasurer@mcleodcommunityleague.ca** for more details or to hold your spot!

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Ready, set, build!

The City of Edmonton is the first municipality in Canada to introduce Auto Review for House Development Permits, a digital tool that allows applicants to apply for a development permit and start building on the same day. This new process improvement leverages automation to help builders get shovels in the ground faster — the latest initiative to speed-up development to meet the growing demand for housing in our rapidly expanding city.

“Innovation is part of our ongoing commitment to service improvement and how Edmonton has become a national leader in streamlining and speeding up development,” said Travis Pawlyk, Branch Manager, Development Services. “By saving applicants valuable time, more housing can be built, faster. Accelerating development also reduces carrying costs for home builders, helping to keep housing prices down.”

Those looking to build a single detached or semi-detached home in a greenfield area of the city (zoned as “Small Scale Flex Residential”) can now go to the Self Service website (selfserve.edmonton.ca) and fill in the details of the development. If the application meets requirements and isn't selected for a random audit, the development permit is issued immediately. A home builder can also apply for a partial building permit for footing and foundation — another automated process — and, upon same-day approval, begin construction.



The process, which used to take an average of two weeks to complete, now happens in one day.

“Automation is a key part of the City's efforts to streamline processes and reduce red tape. The process improvements we've made in Development Services now save applicants an estimated \$5.3 million and 67,600 days annually,” said Pawlyk.


Auto Review for House Development Permits is the latest instance of the City automating a process to help Edmontonians achieve their building and development goals faster and easier. In 2022, Edmonton automated simple deck permits, which today saves an average of more than 750 annual applicants three-to-six weeks and facilitates reduced carrying costs.

Auto Review is part of the City's Housing Accelerator Fund action plan, which will help create more housing to accommodate Edmonton's growing population. With funding support from the federal government, the City is making lasting changes to build a healthy, urban, climate-resilient city where all Edmontonians have a variety of housing choices and can easily access amenities and services to meet their daily needs close to home.


For more information: edmonton.ca/residential_neighbourhoods/application-requirements-house-permits

Find the ten differences



Answer:



Tips for a Healthier Relationship with Social Media and News

Social media and news can help you stay connected. But all that information can also be overwhelming. It can disrupt your day. And it's easy to form habits you didn't mean to.

Be sure to stay safe while using social media. Be careful with the information you share and who you share it with when you're online. If someone is harassing or threatening you, unfriend or remove them from your friends list, block them, and report them to the site administrator. Learn about how to use the privacy settings on social media and keep your security soft-

ware up to date.

Tips to consume social media and news in a healthy way

- Know your goal. If you want to use social media to stay up-to-date on community events, log off after you have the info you need. If you're trying to stay caught up on the day's events, do you need to keep an eye on the headlines all day? Maybe a check-in once a day is enough.
- Notice how it makes you feel. Does seeing what friends are sharing make you happy? Or does it make you feel down? Does the daily news stress you out?

When you know how news and social media affect you, you can decide if you need to make some changes to how you use them.

- Don't compare your everyday life to someone else's online life. People usually post about the shiny parts of their lives instead of daily struggles or disappointments. So even if what you're seeing is a true story, remember that it won't be the whole story. Add to your life and learning with real-world experience.
- Unfollow and hide feeds as needed. If accounts you follow or friends you have post

things that stress you out, get rid of them. If you don't want to "unfriend" someone, just change your settings so that you don't see what they post anymore. They'll never know.

• Set a time to step away. Make time to disconnect from news and social media. Close your apps and turn off the TV. Read a book, get outside, work on a puzzle, or call a friend. It doesn't matter what you choose to do. Just make sure it's something that feels supportive and worth your time.

(Provided by Alberta Health Services)

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