

# SOUTHEAST VOICE

*Serving the community leagues of  
Avonmore, Capilano, Cloverdale, Forest/Terrace Heights,  
Fulton Place, Gold Bar, Holyrood, Idylwylde, Kenilworth,  
King Edward Park, Ottewell, & Strathearn*



Published by Calder Publications. To advertise please call 780-434-9732 or email [info@communityleagueneews.com](mailto:info@communityleagueneews.com) - October 2024

## SECLA Casino Success!

Many thanks to all the volunteers that participated in and offered to help with the SECLA casino in August. Everyone was a joy to work with and we even had a bit of fun! A reminder of how this biennial casino is the main source of funding for our much-loved Southeast Voice community newspaper. It

is important to reflect on how a few people giving a few hours of time every two years provides enjoyment and community news to 20,000 households in southeast Edmonton each month. This is what a strong and vibrant community looks like. Three cheers for the volunteers!!

## Artist Brings Life to Edmonton Alley



Stop by the Hughes gas station near the top of the Rowland Road hill on 106 Ave and 82 Street to see the incredible mural by local artist Brandon Atkinson. This mural is a vibrant addition to our community, celebrating local culture and artistry.

CBC wrote, "The Forest Heights community league teamed up with the Hughes gas station at 106th Avenue and 82nd Street

to revamp an alleyway. What was once a crumbling wall has been transformed with the help of a city grant and Metis artist Brandon Atkinson. His mural, inspired by Edmonton's river valley, features wildlife like wolves, elk and bears. It's Atkinson's most extensive art piece yet, and he hopes it's just the start of a dream he has been chasing for over a decade."

## Giving Thanks

As you celebrate Thanksgiving this month with your preschooler, help your child understand the holiday is more than a special meal, either with you alone or with a gathering of friends and family.

Make this a time to reflect on how to express gratitude, on special occasions and in everyday moments. As well as reminding your child to say thank you to you and others, remind yourself to also say thank you to your child.

The librarian at your local library branch can suggest books you and your child can read together, such as *May We*

*Have Enough to Share*, by Richard van Camp and *Llama, Llama Gives Thanks*, by Anna Dewdney.

On Thanksgiving, consider starting your meal by giving thanks for the land on which we live and play in peace and thanking the families who have lived and cared for the land before us.

Sharing moments of gratitude improves well-being for everyone, at any age.

We are volunteers affiliated with child and family serving organizations in Edmonton and are committed to raising awareness of the critical importance of the early years to success in life.

**ASHLEY SALVADOR**  
CITY COUNCILLOR FOR WARD MÉTIS

Connect with  
your City Councillor

780-496-8140  
[ashley.salvador@edmonton.ca](mailto:ashley.salvador@edmonton.ca)

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# AVT

Andy Verhagen



## Back to School: Safety First!

Back-to-school is right around the corner for many families across the province. Parents and caregivers are encouraged to talk with their kids and teens about active and safe ways to travel to school. Active travel can boost physical health, build independence and encourage kids and teens to spend time outside.

Here are some practical ideas to get kids and teens safely active this school year.

Help your child plan for active travel

Talk with your child or teen about ways they can walk or wheel to school such as riding a bike, scooter or skateboard. For younger children, map out the route and practice it together. For older children and teens, help them think through the

details, such as the route they'll use, and the time it will take to get there. They may need your advice to avoid busy, high-speed roads.

Keep safety top-of-mind

Talk with your child or teen about gear, such as bright reflective clothing, that will help them stay safe when they're wheeling to school. Help them make sure their helmet fits properly. For a how-to checklist, go to MyHealth.Alberta.ca and search "bike helmet yes test." Talk with your child or teen about staying alert when walking or wheeling to school. Remind them to put their phones and ear buds away so they can be aware of what is going on around them.

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## Community League Board

President	Leigh	president@avonmore.org
Vice President	VACANT	vicepresident@avonmore.org
Past President	Anita	pastpresident@avonmore.org
Secretary	Christy	secretary@avonmore.org
Treasurer	Dan	treasurer@avonmore.org
Assistant Treasurer	Ken	bookkeeper@avonmore.org
Communications	Lindsay	communications@avonmore.org
Membership	Eugenio	membership@avonmore.org
Grants and Funds Raising	Adele	grants@avonmore.org
Soccer/Sports	Connor	sports@avonmore.org
Civics	Brandi	civics@avonmore.org
Programs	Wendy-Rae	programs@avonmore.org
Playschool	Elly	director2@avonmore.org

## Avonmore Community Playschool

July and August have been a blast here at the playschool with exploding pop, catapulting ping pong balls, bowling trip, breaking open geodes, making an aquarium in a jar, box building and so much more.

With all the hot weather we have had this summer, we are starting to look forward to the warm days and the cooler

nights of fall. Along with fall comes all the wonderful apples and carrots we harvest and make yummy treats with.

Fall Playschool started September 11. For more information about the playschool or to ask the teachers any questions, please email [playschool@avonmore.org](mailto:playschool@avonmore.org)

## Community Coffee - Wednesday, October 2

Community Coffee is back! First and third Wednesday mornings. Same time 10:00 a.m. to noon. Everyone is welcome. Contact [pastpresident@avonmore.org](mailto:pastpresident@avonmore.org) for more information.

## Avonmore Parent, Baby and Tot Playgroup

The Avonmore Parent and Tot Playgroup needs a volunteer, or group of volunteers, to help keep this incredible program running. Please reach out to any member of the board if you or anyone you know might be interested in supporting this program

## Avonmore Book Club

New members welcome. Contact [pastpresident@avonmore.org](mailto:pastpresident@avonmore.org) for more information.

## New Programs

Do you have an idea for an event or program you'd like to see in Avonmore? Do you want to start a crafternoon? A walking club? A safety committee? Our Programs Director, Wendy-Rae would love to hear your ideas! Email [programs@avonmore.org](mailto:programs@avonmore.org) and share your thoughts.

## Community Swim

Free to Avonmore Community League Members with a valid 2023/24 membership card! Phone 311 or check [www.edmonton.ca](http://www.edmonton.ca) for updates on closures before you go.

**Commonwealth Community Recreation**

**Centre** 11000 Stadium Road; Saturdays, 3:00 - 5:00 pm

**Bonnie Doon Leisure Centre** 8648 81 Street; Sundays, 4:15 - 5:45 pm

Visit [www.edmonton.ca](http://www.edmonton.ca) for more info.

## Board Members and Volunteers Needed!

We are looking for community members to fill the vacant board positions of Vice-President. If you have a passion for your community, and are interested in getting more information - please contact [president@avonmore.org](mailto:president@avonmore.org).

The wonderful programs in our community unfortunately do not run by themselves! We need your help to keep

the events in our community alive and vibrant. Whether you have lots of energy or time to give, or simply have some interesting ideas of new programs or events you'd like to see in Avonmore, we want to hear from you. Please reach out to any member of the board if you, or anyone you know, are able to step up and help your community.

## Hall Rental

The Avonmore Community Hall is available for rentals and bookings! For more information contact Tanya at [hallrental@avonmore.org](mailto:hallrental@avonmore.org)

## Avonmore Community League Membership

Welcome and thank you for your continued support towards making Avonmore a great community!

Annual membership term: **September 1 to August 31.**

We welcome **new residents** to the Avonmore Community League\* by celebrating with a **FREE MEMBERSHIP** in your first year, please contact [membership@avonmore.org](mailto:membership@avonmore.org) for more details!

Through the purchase of your community league membership, you will gain exclusive access to several community league perks, deals, and discounts at multiple local businesses. For coffee lovers, the Candid Coffee Roasters (located at 6752 75 St NW) is offering a 10% in-store discount on ALL their beverages. Enjoy Meat Pies? Well... Meat Street Pies (located at 7015 83 St NW [at the back]) offers 10% off on all their Meat Pies



in-store by showing your membership card. In need of concrete edging, stamped or broom-finish sidewalks, and concrete sealing services? Castle Custom Curbing is offering a 10% discount for Avonmore's residents. Keep your gutters in top shape with Free Flow Eaves. From gutter cleaning to leak repairs, gutter guard installations, and snow removal. Avonmore residents receive a 10% discount on all their services.

Looking to purchase a membership? You can by emailing [membership@avonmore.org](mailto:membership@avonmore.org) or buying directly from Dairy Queen at 7460 76 Ave NW, at Avonmore Community League events, or online via the QR Code:

\*We welcome all residents but if you reside outside of Avonmore Community League, please visit your community leagues' website for membership information and contact.

## Online Community

Are you on Facebook? "Like" Avonmore Community League and join "Avonmore Community League Chat" to follow what's happening with the Community League and see what your neighbours are talking about. You must answer three questions correctly to be accepted to the League chat page. This is to protect the

safety and privacy of members and to reduce the number of people joining only to try and promote services. Contact [pastpresident@avonmore.org](mailto:pastpresident@avonmore.org) if you live in Avonmore and your request to join has been declined.

Other groups include: "Avonmore Parent & Tot" and "Avonmore Garden Club".

## Avonmore Community League Merchandise

We have Avonmore merchandise available at community league events. Should you need to keep your beverage warm or chilled, the 17oz. Tumbler (\$25) will satisfy your needs.

Or want to add colour to your wardrobe and stay warm? Our colourful Toques

(\$15) have you covered. Do you require a reusable bag? We have various coloured Totes (\$5) to choose from! All the proceeds go towards the community league. If you have any questions, please email the Membership Director at [membership@avonmore.org](mailto:membership@avonmore.org).



## Avonmore Garden Club

Everyone is welcome from beginners to experts! Interested in joining - check out our Facebook page Avonmore Garden Club. We are looking for new leaders and new ideas.

## Avonmore Community Sponsors



7460 76 Ave NW

Thanks to our amazing sponsors who help support our community!  
Considering ways to support your community? Please contact our Membership Director at [membership@avonmore.org](mailto:membership@avonmore.org).

## Community Safety Data Portal

The Edmonton Police Service (EPS) has an information sharing platform designed to increase transparency, facilitate community engagement, and support the safety of citizens and the city. The Community Safety Data Portal offers access to comprehensive data including crime statistics and trends occurring in Edmonton. Visit <https://communitysafetydataportal.edmontonpolice.ca>

## Community League Wellness Program

By becoming a member of your Community League, you have demonstrated your commitment to your community. To honour your commitment and support your families' health and well-being, the Edmonton Federation of Community Leagues has teamed up with the City of Edmonton to form the Community League Wellness Program. Current Community League members receive admission incentives to enjoy the City's world-class sports and recreation facilities.

Present your valid Edmonton Community League membership card, showing expiry date (payment receipts will not be accepted) at any one of the City of Edmonton's sports and fitness facilities. Choose from the following Community League Wellness Products:

- Annual Pass\* - 20% discount on Adult, Family, Child, and Youth/Senior Annual Passes
- Multi Admission Pass\* - 15% discount on our already discounted multi admission pass (5+ visits)
- Continuous Monthly Pass - 20% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program.

Community league members who purchase one of the above passes will be issued a photo access card to be swiped at each admission.

\* Applies to new purchases only.

Facilities and amenities include swimming pools, whirlpools, fitness studios, cardio areas, weight rooms, racquetball, squash, badminton and tennis courts, indoor running tracks, gymnasiums, cafeterias and pro shops. Hours of operation are from 5:30 a.m. to midnight (hours vary according to facility). For more information, please call 311 or visit <http://www.edmonton.ca/wellness>

# Be Ready For Whatever Mother Nature Sends Our Way This Fall!

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## COMMUNITY LEAGUE BOARD

President	Sarah	president@capilanoocl.ca
Past President	Kris	Kcramer@telus.net
Vice President	VACANT	
Treasurer	Jocelyn	treasurer@capilanoocl.ca
Secretary	VACANT	
Hall Rental	Marzena	780 909-5886
Facilities Director	VACANT	
Grants/Planning	Allan	587 989-4031
Casino Coordinator	Jean	780 863-0914
Memberships	Jamie	memberships@capilanoocl.ca
Social Director	Heather S.	780 818-1456
City Programs	Kristin	780 238-7795
CCL Programs	Heather New	new_heather@hotmail.com
Volunteer Director	Michelle	volunteer@capilanoocl.ca
Southeast Voice	Melissa	SEV@capilanoocl.ca
Webmaster	Breanne	webmaster@capilanoocl.ca
Social Media	Serena	serenasvidal@gmail.com
Sign Rental	Karen	780 977-5252
SECLA & Civics Director	John	seclacivics@capilanoocl.ca
Ice Allocation	Sam	rink@capilanoocl.ca
Neighborhood Watch	Jeff	780 469-0026
Babysitting Registry	Becky	587 589-5848
Capilano Playschool	Maureen	780 802-9307
Tennis	Daniel	780 245-1285
Soccer Programs	Shelley	780 497-0395
Ball Hockey/Preschool Soccer	Shauna D.	780 966-3205
City – NRC	Tyler	780 690-8613

Meetings are held every 3rd Wed of the month 7:00 p.m. - Sept – June  
Capilano Community is on Facebook - "Like Us"  
Check us out on Instagram @capilanocommunity

## Choose Capilano Hall for your Event!

If you're planning on hosting a party, meeting, family gathering, wedding or other occasion then you should check out our hall. Capilano hall offers a perfect location with a one-of-a-kind view of the river valley. The hall has a large balcony, kitchen, modern flooring, and all amenities are available to make any event special. Hall capacity is 80. Third party/ liability insurance is required for ALL hall rentals.

Single weekend daily rates for Friday, Saturday and Sunday are \$225/members and \$300/non-members. The entire weekend rates are \$325/members and \$450/non-members. You must reside in the Capilano boundaries and have a current community league membership to get the member rates. To book the hall or for more information contact Marzena – 780-909-5886 or visit our website at capilanoocl.ca.

## Capilano Community League Memberships

Did you know that now you can purchase your community league membership online?

Purchasing online will allow you to receive an electronic membership card that you can keep

in your Apple or Google Wallet. You can also sign up to auto-renew or receive a reminder to renew next year!

### PURCHASE OPTIONS:

1) Online memberships can be purchased through the Capilano Community League web page under

'Memberships' or directly from the following link: <https://capilano.getcommunal.com/memberships>

com/memberships

2) Online memberships can also be purchased through the Edmonton Federations of Community Leagues (there is an additional \$5 fee).

3) Go to our amazing local pharmacy: 'All Care Pharmacy' located at 5016 - 106 Avenue (Store hours only/cash)

4) Contact Jamie at memberships@capilanoocl.ca

Membership Fee: \$20 family | \$10 single person | \$10 senior

Further inquiries or questions can be made to Jamie at memberships@capilanoocl.ca

## Call for Volunteers!

Want to add your touch to our vibrant community? Volunteer to be part of our amazing board, meet new people, and be part of a great team!

Available positions include:

-Vice President – support our President.

-Secretary – take meeting minutes at board meetings.

-Facilities Director – Oversee the maintenance of the community league facilities and grounds and the work of our facilities contractor, who carries out the required maintenance activities.

Please email: president@capilanoocl.ca for more information.

A BIG thank you to those who recently stepped up to fill a community board role!

## Hall Rental Manager Position Available

Capilano Community League is looking for a Hall Rental Manager to start this Fall.

We are looking for a community member who loves meeting new people, has flexibility in their days and weekends, is organized, and enjoys being involved in community events.

Some of the hall manager's responsibilities include scheduling hall viewings, booking rentals and community events, managing and logging hall revenues and expenses, bank deposits,

making sure the space is clean and ready for renters and our fitness classes. The hall manager position is a paid position. To find out more details please contact Marzena at 780-909-5886.

## Tuesday/Thursday Bootcamp – Capilano

This is a strength and cardio focused workout, everything can be adapted and modified, so every fitness level is welcome!

Tuesday class at 6:45 p.m., Thursday class at 6:45 p.m.

This session runs Sept 3/5- Oct 24/29 no class Oct 31. It is outdoors just to the

north of the hall until its too dark or cold and then we will move inside the hall.

Tuesday \$93, Thursdays \$93

Drop-in rate is \$13.

For more information or to register email lisashortenfitness@gmail.com or visit @lisashortenfitness on Facebook and Instagram.

## "Adopt an Event" – What are you Passionate About?

If you have a passion (sport, health, art, etc., the possibilities are endless) and would like to share it with your fellow Capilano residents, Capilano Community League would love to hear from you. This could be an opportunity for you to be a lead volunteer for a one-time event in our community, or a long-term program. You can make it happen with community league support. "Adopt an Event (or program)" and mentoring will be provided. Please reach out to Heather with your idea – she can be reached at 780-818-1456. Come share your passion with others!

**PUB NIGHT**  
at Capilano Hall

Friday  
October 4  
7:30pm - 11:30pm

cash bar

beer  
cocktails  
snacks  
music

first Friday  
of each  
month  
*"unless otherwise  
posted"*

next date  
NOV 8

CAPILANO  
this is an 18+ event

## Karate at Capilano Hall

Kick fall into high gear!

Starting Wednesday nights in September, kids 7-12 can build their inner champion in our youth and family class! Our youth curriculum will help them get fit and develop skills to help them excel in the world of sport karate. Train to compete or train to get stronger - by yourself or with a parent.

The adult class dives into the world of classical Okinawan karate. Think turbocharged "Miyagi-do" - exploring the old school karate -kicks, punches, locks,

strikes, throws. Join for fitness, self-defence or both- women and men are welcome. Ages 13 and up.

For more of a mind-body workout, try Ryukyu kobudo. This ancient art helps refine technique, challenges you to expand range of motion and develop a deeper body awareness. For ages 13 and up.

For more information, text/ call 7806193136 or email kaizen.dojo@shaw.ca. Our dojo is a proud member Karate Alberta!

## Capilano Community League Sign Rental

Contact Karen at: 780-977-5252

Do you have a message for the community, a birthday, anniversary, graduation, or special event that you would like advertised? Advertise it on our changeable sign located at the intersection of 65 Street and 108 Avenue.

Sign rental fees: Community League Members - \$10 (\$15 for non-members).

Small business/commercial advertising

- \$25. Guaranteed 3 days.

Please note: small business announcements/advertising are also accepted at our discretion. Some restrictions apply and we reserve the right of refusal. Community announcements take precedence over small commercial business announcements.

Please call as far in advance as possible to avoid disappointment!

## Tuesday Kettlebells/Thursday Strong – Capilano

If you are looking for a class that focuses on getting your whole body stronger, then this is your class - no cardio. We will mainly use dumbbells, bands, and kettlebells, with a longer mobility focused warm up.

Tuesday class at 8 p.m., Thursday class at 8 p.m.

This session runs Sept 3/5- Oct 24/29 no

class Oct 31 . It is outdoors just to the north of the hall and then we will move inside the hall.

Tuesday \$93, Thursdays \$93

For more information or to register email lisashortenfitness@gmail.com or visit @lisashortenfitness on Facebook and Instagram.

## Capilano Playschool

Capilano Playschool is excited to welcome new students for the 2024/2025 school year! We offer flexible morning classes for children aged 3 to 4, with options for 2, 3, or 5 days per week. Our programs are based on a "Learn Through Play" philosophy, helping kids develop essential skills such as letters, numbers, socialization, and self-regulation. Through engaging activities like physical play, arts and crafts, field trips, music,

and storytelling, your child will thrive in a fun and nurturing environment. We are conveniently located in Hardisty School (10534-62 Street).

For more information about our parent cooperative playschool or to request a registration package, contact Maureen at 587-336-2960 or admin@capilanoplayschool.com. You can also visit us at www.capilanoplayschool.com or follow us on Facebook.

Don't wait—spots fill up fast!

## Hatha Yoga at Capilano Hall

Increase energy, strength, and mobility. Improve posture, memory, and overall wellness.

Themes change each week working different areas of the body and relate to the seasons.

Day: Wednesday mornings - starts Sep-

tember 18, 2024

Time: 10:00 -11:00 a.m.

Cost: \$10.00 drop in per class

Join anytime – first class is free.

Contact: Nancy\_conlin@hotmail.com

Note: Also see Gold Bar Community League for more yoga classes by Nancy

## Capilano Babysitting Registry

Parents! Find a babysitter now so that you're all set for the winter season. Contact babysittingregistry@capilano.ca for more information. Interested sitters can also contact this email to be added to the registry.

## FREE swim for Capilano community members on Sundays

Bring your current, valid Capilano Community League membership card to swim for FREE during the following times:

--Hardisty Leisure Centre from 1:15 to

2:45 p.m. on Sundays

Check the facility website or call ahead (311) as the pools occasionally close for holidays, etc.

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CCL Position	Name	Contact
President	Leigh	president@cloverdalecommunity.com
Vice-President	Jenna	vicepresident@cloverdalecommunity.com
Treasurer	Nidhi	treasurer@cloverdalecommunity.com
Secretary		secretary@cloverdalecommunity.com
Civics Director	Carly	civicsdirector@cloverdalecommunity.com
Folk Festival Liaison	Jayne	folkfest@cloverdalecommunity.com
Communication Director	Gerardo	communications@cloverdalecommunity.com
Social Director	Bob	socialdirector@cloverdalecommunity.com
Memberships	Marilyn	membership@cloverdalecommunity.com
Program Director	Joe	programdirector@cloverdalecommunity.com
Community Garden	Heidi	communitygarden_chair@cloverdalecommunity.com
Casino Coordinator	Braden	casino@cloverdalecommunity.com
Rink	Travis	rink@cloverdalecommunity.com

## 2024 - 2025 Community League Memberships for Sale

Community league membership sales for 2023-2024 - valid until Aug 31, 2024, ended June 30, 2024 but next year's memberships, valid September 1, 2024 - August 31, 2025 go on sale as of Aug. 12. See the league website for the link to the system to purchase and set up autorenewal, so you never forget to be current. Membership - Cloverdale Community League  
Family \$ 30 + processing fee for 2

adults and all household members <18  
Individual \$ 15 + processing fee - includes adult children residing in a household  
Benefits include 10% at Cafe Bloom at Muttart and the City of Edmonton Rec Centres and wellness programs, and sports registrations.  
Questions? membership@cloverdalecommunity.com

## Upcoming EPCOR Drainage Construction Project

The project is scheduled to take place in the Cloverdale community. The work will involve the installation of a new box manhole and gate for a nearby outfall structure located north of 98 Avenue and 92 Street. We will also be installing a control cabinet to manage the gate.

The work is scheduled to begin in mid-September 2024 and is expected to be completed by the end of December 2024. Please note that during construction, there will be traffic impacts along 98 Avenue as well as a trail detour north of the work site.



## Events

Thank you to everyone who came out to Community League Day - it was a great day for all, and hopefully, you had a chance to check out the new hall renovations!

\***CCL Kid's Halloween Party** is coming up on October 27th from 4 - 7 pm at the hall! The event will include crafts, a haunted house, a costume parade, a magic show and a potluck supper! Check the website and social media for more information!

\***CCL Christmas Party** is December 15th - details to come!



## Fall Classes and programs



Stay healthy, stay happy. Embrace the season with our engaging fall classes and programs. From Yoga to book clubs, our programs and clubs offer something for everyone. Enhance your skills, stay healthy, meet new friends, and enjoy the vibrant autumn atmosphere.

Our Programs for the fall are as follows, check the website for detailed information and schedule

- \***Book Club** - Last Wednesday or the Month at 7:00 PM
- \***Walking Club** - Tuesdays at 9:30 AM
- \***Bring Your Own Instrument** - Third Wednesday of the Month at 7:00 PM
- \***Ladies of Cloverdale** - First Wednesday of the Month
- \***Yin Yoga** - Mondays at 7:00 PM
- \***Gentle Yoga** - Thursdays at 11 AM
- \***Barre** - Thursdays at 7:00 PM
- \***Sportball** - Tuesday Evenings
- \***Hatha Yoga** - Fridays at 10 AM

Sign up now and make this fall unforgettable! Please check our website for programs (<https://cloverdalecommunity.com/programs-and-activities/>) and classes (<https://cloverdalecommunity.com/take-a-class/>) for more information. We offer drop ins for all classes too.

Are you interested in any specific class or activity or would like to see something different in our programming in the future? Take the survey for 2025: [https://docs.google.com/forms/d/e/1FAIpQLSd2BeFIO5DoOQAMxfJ--GWGfC9Ob5F7eW-Gge-636flogOzkiw/viewform?fbclid=IwY2xjawFUvxxleHRuA2FibQlxMAABhb-VLJhbU3uhEozLsCwMRI5VtJ1DdHDQ30RgrBhDBR2nZ4aSS6gs1XairWw\\_aem\\_-8HYiI5DSlrK\\_8e\\_8iF-Nw](https://docs.google.com/forms/d/e/1FAIpQLSd2BeFIO5DoOQAMxfJ--GWGfC9Ob5F7eW-Gge-636flogOzkiw/viewform?fbclid=IwY2xjawFUvxxleHRuA2FibQlxMAABhb-VLJhbU3uhEozLsCwMRI5VtJ1DdHDQ30RgrBhDBR2nZ4aSS6gs1XairWw_aem_-8HYiI5DSlrK_8e_8iF-Nw)

For more information on any programs contact Joe, the Cloverdale Program Director at [programdirector@cloverdalecommunity.com](mailto:programdirector@cloverdalecommunity.com)

## Jasper counts on Cloverdale children

At the end of August, children were selling cookies and lemonade on the corner of 97 Ave and 95 Street. They raised over \$1,000 for a Jasper wildfire charity. These actions show us Cloverdale children's empathy towards environmental problems, highlighting their willingness to take initiative and positively impact their community and the world around them.



## Board Vacancies

The CCL board currently has one vacancy and we are looking for interested volunteers to fill the role of Secretary. This position is a voting member of the CCL board of directors.

A secretary should be well-informed on league matters and can participate in

policy and other league decisions. They should foster positive relations, maintain records, take minutes of meetings, and archive documents. For more information contact Leigh, the Cloverdale President at [president@cloverdalecommunity.com](mailto:president@cloverdalecommunity.com)



## Rink Volunteers Needed



Another season is approaching at the Cloverdale Community League (CCL) outdoor rink!

As we reach the planning stages, we look to build on the momentum created last year with our new rink and that includes the call for volunteers.

Volunteers will sign up for a one-week commitment which includes nightly lock up and ice scraping, snow removal and light maintenance of the facilities to en-

sure the continued success of our 100% volunteer-based rink.

Volunteers will be rewarded with private ice time during their week which can be used for family events, shinny games etc.

No experience is necessary and training on the process and equipment will be provided. If you have any questions, please get in touch with Travis at rink@cloverdalecommunity.com

HONOURABLE  
**MARLIN SCHMIDT**  
MLA EDMONTON-GOLD BAR



My staff and I are here at your service. The Edmonton-Gold Bar constituency office is here to:

- provide information about provincial government programs and services
- assist you with questions or difficulties with provincial government services
- share ideas
- participate in local events

edmonton.goldbar@assembly.ab.ca  
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## Memberships

Get Your Memberships. By becoming a member, you support our community initiatives and enjoy exclusive benefits. New memberships are available now and **run until August 31, 2025**. Enjoy free community swims, hall rental discounts, and more! Family memberships are \$30, individual memberships are \$15, and seniors memberships are \$10. Purchase



online at [forestterrace.org](http://forestterrace.org) or at Grower's Direct (cash only). First-time memberships can be obtained through the Membership Director at [memberships@forestterrace.org](mailto:memberships@forestterrace.org) or 780-463-1613. We'll see you around the community!

## Fall Community Swim Times.



Commonwealth Swimming Pool Make a splash with our new swim times! Join us at the Commonwealth Leisure Centre on Saturdays from 3:00 – 5:00 p.m. or at the Hardisty Leisure Centre on Saturdays from 3:00 – 5:00 p.m. or at the Hardisty Leisure Centre on Sundays from 1:00 – 3:00 p.m. Simply present your Forest Terrace Heights Community League Membership for access. Everyone is welcome, so come

out and enjoy a fun day in the pool! **Commonwealth Leisure Centre** | Saturdays from 3:00 – 5:00 p.m. **Hardisty Leisure Centre** | Sundays from 1:00 – 3:00 p.m. Pool availability may change due to bookings with the City of Edmonton. Please check the pool schedule in advance by calling 311 or 780-422-5311 for more information on pool schedules.

## Fall Program Line-Up

**Mondays:** Zumba—A welcoming space for everyone, from seasoned dancers to those just starting out. Our drop-in class starts at 7 p.m. in the community hall. Zumba, a fun and lively way to keep fit, is an excellent opportunity to meet new friends and add some excitement to your week.

**Tuesdays:** High Fitness—Join our High Fitness class at 7:15 p.m. for an energizing workout that combines interval training with music you love.

**Wednesdays:** Sewing

Club—Whether you're a sewing pro or just starting out, join us at 7 p.m. for our drop-in Sewing Club. It's a great place to work on your projects, learn new skills, and connect with fellow sewing enthusiasts.

**Thursdays:** Sportball—For the little athletes in your life, Sportball offers fun, non-competitive sports programs for kids. Classes cover soccer, baseball, basketball, and more. The registration link is on our website at [forestterrace.org](http://forestterrace.org).

## Neighbourhood Response Guide

Community Safety Neighbourhood Response Guide. The City of Edmonton developed a Neighbourhood Response Guide that helps you make the right call at the right time. It covers a range of situations, from witnessing vandalism, intoxication and substance abuse to property and business concerns and provides tangible steps to increase



safety and minimize risk. Search 'Neighbourhood Response Guide' on the City of Edmonton's website to learn more!

## Community Hall Rentals.

Looking for a space to host your next event? The Forest Heights Community Hall is perfect for birthday parties, family reunions, fundraisers, or fitness

classes. It's a great place to gather, with room for up to 65 guests. Our hall is conveniently located at 10150-80 Street, ready to accommodate your event!



**FOREST TERRACE HEIGHTS COMMUNITY LEAGUE**

## VOLUNTEERS WANTED

The Forest Terrace Heights Community League is looking for volunteers to join the League Board. We currently have the following vacancies:

- Neighbourhood Watch
- Events
- Volunteer Coordinator
- Grants

For more information contact: [president@forestterrace.org](mailto:president@forestterrace.org)

## Rink Volunteers



Seeking Rink Volunteers this Winter. We are looking for anyone interested in helping out with the Forest Terrace Heights rink operation this year! If you love slick ice and have some free time or want to see how you can help, please contact [rink@forestterrace.org](mailto:rink@forestterrace.org).

## Back to School: Healthy eating for post-secondary students

Starting your first year at post-secondary is an exciting time. From attending orientation to finding the best place on campus to study, you will have many new experiences during the school year.

There are plenty of tips online about the best study methods to help you ace your exams, but did you know what you eat can also affect how well you do in school? Research shows that maintaining a healthy

eating pattern may contribute to higher grade point averages in undergraduate students. Including a variety of vegetables and fruits, whole grains, and protein foods like chicken, fish, and beans in your meals and snacks can help provide your body and mind with the nutrients it needs to function at its best.

To start off on the right foot, use proper kitchen equipment.

If you moved away from home to attend school, you might be living on your own and preparing all your meals for yourself for the first time. Keep reading to find out what kitchen equipment you can use to prepare most dishes and some meal ideas to get you started.

Food skills are an important part of healthy eating. This includes knowing what foods to buy, where to buy them, and how

to store and prepare food. The list below is a starting point that you can add to based on your budget and the types of foods you like to eat.

- Helpful kitchen equipment:
- Medium-sized pot with a lid
  - Non-stick frying pan
  - Cutting boards – try to have at least two, one for raw meat and another for vegetables and fruit





## Fulton Place Board

\*Esther  
President  
president@fultonplace.org  
7802365457

\*Miles  
Vice President Civic Affairs  
vpleagueaffairs@fultonplace.org  
7809515253

\*Gavin  
Vice President League Affairs  
vpcivicaaffairs@fultonplace.org  
7805041896

\*Mike  
Treasurer  
treasurer@fultonplace.org

\*RaeAnne  
Secretary  
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\*Justin  
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\*Taryn  
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hall@fultonplace.org

\*Shawn  
Ice Rink  
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\*Miles  
Seniors Liaison  
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\*Esther  
Community Garden  
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\*Michelle  
Director/Walking Group Coordinator  
michelle@fultonplace.org

\*Nathan  
Facilities  
facilities@fultonplace.org

\*Jenn  
Director  
jenn@fultonplace.org

## Fulton Place Babysitter Registry

Are you looking for a certified Red Cross babysitter? We maintain a list of certified babysitters in the Greater Hardisty area. Please email [info@fultonplace.org](mailto:info@fultonplace.org) and we'll help connect you with an amazing babysitter.

## Fulton Place Casino Fundraiser Volunteers Needed

We're looking for volunteers for our Casino Fundraiser on Thursday October 3 and Friday October 4 at Century Casino. Proceeds from the Casino are the primary source of income for the Community League to use towards various programs and for operating the Hall and Outdoor Rink facilities. We need 15 more volunteers to fill all the positions so please help out if you are able. Contact Rick Meger at 780-463-4333 or [rvmeger@telus.net](mailto:rvmeger@telus.net) to join or to ask questions.

## Fulton Place Members' Free Swim Schedule

ACT Leisure Centre, 2909 113 Avenue NW  
Sundays 1pm-3pm  
Until August 31, 2025

Saturdays 2pm-4pm  
Until August 30, 2025

Hardisty Leisure Centre, 10535 65 Street NW  
Community swims do not take place on Statutory Holidays or days the facilities close early.

## FPCL Membership Benefits



Enjoy membership benefits from local businesses in the area with your Fulton Place Community League membership. You can find a current list of our membership benefits on our website ([www.fultonplace.org](http://www.fultonplace.org)), under the 'Become a Member' dropdown.

## Fulton Place Business Directory



Visit our Directory on our website featuring local businesses and neighbours with Edmonton-based businesses. To join the directory email [info@fultonplace.org](mailto:info@fultonplace.org).

## Summer Concert Series

The Fulton Place Summer Concert Series was another huge success with hundreds of people from around Greater Hardisty and South East Edmonton enjoying free music. Thank you to our sponsors Advance Ag, City Councillor for

Ward Més Ashley Salvador, Dana Bradley Realty\*, ECO Renew\*, Mark Friesen Realty, Fulton Place Community League\*, Lucki's Exercise Equipment, Dave Schmitz Realty\*, Varsity Optical, Re/Max Andy Verhagen. \*indicates two year sponsor

## Hall Rental

The Fulton Place hall is available for rent, and is a great place to hold family, social or business functions. The rental rate is competitive, with discounts for Fulton Place com-

munity league members. Rental rates can be found on our website ([www.fultonplace.org](http://www.fultonplace.org)) under the 'Rent Our Hall' section. To book the hall please contact [hall@fultonplace.org](mailto:hall@fultonplace.org)

# The Reuse Sale

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Saturday October 19, 10AM - 3PM  
Sunday October 20, 11AM - 2PM

### Donation Hours

Monday to Friday, 9:00am - 4:30pm, starting October 3rd, ending on October 17th at Noon.

9350 - 82 ST N.W. at SEESA's South Door

**Extended** donation hours until 7:00pm on October 8th and 15th  
Additional donation day on Saturday, October 5th from 10am - 3pm

Please ensure that all your items are clean and in good working condition.

BAKE SALE Items accepted on October 18th. Please follow AHS Bake Sale Guidelines.

### Do Not Donate/Drop-off:

Upholstered furniture, large furniture & TVs, baby furniture & supplies, mattresses & pillows, computer software, hardware & out of date technology, VHS tapes, cassettes, magazines, encyclopedias, soft toys, clothing, shoes, suitcases, plastic food containers, auto parts.



Donations accepted for the  
Edmonton Food Bank

780-468-1985

[info@seesa.ca](mailto:info@seesa.ca)

[www.seesa.ca](http://www.seesa.ca)



## Gold Bar Executive

*President	Adam Rompfer	adamrompfer@yahoo.ca
*Vice President	Jamie Melnyk	jamie21_twitcher@hotmail.com
*Secretary	Kacie Whiffen	goldbarsecretary1@gmail.com
*Treasurer	Nicole Kraychy	nicolegoldbar@live.com
Bingo Director - Fort Road	Kerry Bravoisis	kerrybravoisis@hotmail.com
Bingo Director - Parkway	Charlene Lazenby	charnelazenby@gmail.com
Bingo Worker Director	Lorie Smith	loriesmih@gmail.com
Casino Director	Isabella Pierce	bella.edm@shaw.ca
Communications Director	Dominique Kott	dq.kott@gmail.com
Community Liaison	Rhae Hansen	gbcl.liaison@gmail.com
Director At Large	Pat Chmilar	p.chmilar@icloud.com
Social Director	Ronda Lisowski	magicianronda@gmail.com
Financial Director	Andrew Mason	andrewroycemason@gmail.com
Green Shack Program Director	Jess Strashok	jessgrace88@gmail.com
Hall Manager	Liisa Armstrong	goldbarhallrentals@gmail.com
Membership Director	Amy Cooper	Amycooper88@outlook.com
Programming Director	Joshua Kott	joshkott@gmail.com
Sign Director	Joshua Kott	joshkott@gmail.com

## Goldbar Memberships Available Now!

You can NOW buy your memberships at ALL CARE PHARMACY (5016-106Ave) and at SEESA

(9350-82 ST) come check out these wonderful business' and pick up your community

membership. Check your local pool for community swim times. Please Remember Your Card.

WE NEED YOUR HELP! PLEASE VOLUNTEER TO SELL TO A ROUTE NEAR YOU! If you're interested in

helping your community by selling memberships, we have short and long routes available.

**With your membership you have FREE access to the Edmonton Tool Library, and the Community Swim at Hardisty Pool from 1:15-2:45 Sundays.**

You can purchase memberships at any of the above places or Call Amy Cooper 780- 668-6836.

Adults/Family \$20 and seniors \$5.

## Sunday Strong

This class is outside next to the hall until it's too dark and cold then we will move inside the hall. If you are looking for a class that focuses on getting your whole body stronger this is your class. We will primarily be using dumbbells, bands, and kettlebells, with a longer mobility focused warm up, and a 20 min foam rolling and stretching finish. You can join at any time

but the next session runs Sept 8-Oct 27 no class Oct 14

Sundays 6:45-7:55 (note this is a 70min class)

Contact Lisa to register or with any questions.

Sundays \$80

Facebook.com/lisashortenfitness or email lisashortenfitness@gmail.com4)

## Parent and Me Program

Interested in running a Parent and Kid, fitness program? Have some parent and kid programming ideas?

Please share your ideas with our Programming Director: joshkott@gmail.com

## Mom and Me Fitness

This class is a mix of cardio and strength with a special focus on pelvic floor health. Kids and babies are welcome to come play, be in the stroller or be worn. Bring a yoga mat, water, and anything your kids need. People without kids are also welcome to join. You can join at any time. Next session starts Sept 9

Mondays from 930-1030am  
Contact Lisa to register or with any questions.

Mondays \$75 for 8 weeks or \$12 drop in

Facebook.com/lisashortenfitness or email lisashortenfitness@gmail.com

## Yoga at Gold Bar

Hatha and Yin Yoga at Gold Bar Community Hall, increase energy, strength and mobility. Improve posture, memory and overall wellness. Starting Sept 16 and 18 Monday's 11:00 am - 12:15 pm gentle Hatha yoga (no class on Thanksgiving Monday for the long weekend) Wednesday's 7:30 pm - 8:45 pm Hatha/

Yin passive works on deeper tissues for flexibility, relaxation.

\$10 per class

Join anytime first class is free

Drop in or register in advance, payments by cash, e transfer or cheque

Contact: Nancy\_conlin@hotmail.com also see Capilano Community League



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We are a parent co-operative not-for-profit organization. Our licensed program is a part of the government subsidy program.

Our program has been operating in the community for over 30 years.

**REGISTRATION IS OPEN For the 2024-2025 school year**

Learn more about the program or to register visit:  
[www.goldbarpreschool.com](http://www.goldbarpreschool.com)

Questions? Email:  
[goldbarpreschoolparents@gmail.com](mailto:goldbarpreschoolparents@gmail.com)





## Holyrood Community League Contacts

President - Chris	president@holyroodcommunity.org
Vice President - Nor'Ali	vicepresident@holyroodcommunity.org
Treasurer - Andrew	treasurer@holyroodcommunity.org
Secretary - Julie	secretary@holyroodcommunity.org
Programs - Kate	programs@holyroodcommunity.org
Sports & Fitness - <b>VACANT</b>	sports@holyroodcommunity.org
Memberships - Lisa	memberships@holyroodcommunity.org
Facilities & Grounds - Jeff	facilities@holyroodcommunity.org
Communications - Megan	communications@holyroodcommunity.org
Events - Elisa	elisa@holyroodcommunity.org
Engagement - Christine	christine@holyroodcommunity.org
Civics - Carmen	civics@holyroodcommunity.org
Holyrood Development Committee - Petro	hdc@holyroodcommunity.org
Community Garden - <b>VACANT</b>	garden@holyroodcommunity.org
Soccer - Richard	soccer@holyroodcommunity.org
Playgroup - Hailey	playgroup@holyroodcommunity.org
Casino - <b>VACANT</b>	casino@holyroodcommunity.org

holyroodcommunity.org
 @HolyroodCL
 Holyrood Community League

## Purchase memberships through [efcl.org/membership/](http://efcl.org/membership/)

**NEW TO HOLYROOD? SIGN UP FOR LEAGUE MEMBERSHIP ONLINE! Complimentary Memberships are available for newcomers to Holyrood!** Contact our Membership Director Lisa at [memberships@holyroodcommunity.org](mailto:memberships@holyroodcommunity.org), or scan the QR code to sign up for a new resident membership and our membership coordinator will drop off your card for you.



## THINGS TO DO IN OUR COMMUNITY

**1. COMMUNITY SWIM** is FREE with a valid community league membership (don't forget to bring it with you!) With Bonnie Doon pool now open again, Sunday swim has been changed from Hardisty back to Bonnie Doon.

**Saturdays 3:00 p.m. to 5:00 p.m.**  
 Commonwealth Recreation Centre  
**Sundays 4:15 p.m. to 5:45 p.m.**  
 Bonnie Doon Leisure Centre

**2. YOGA WITH BARB** Join our amazing yoga instructor Barb Thursdays from 7 to 8:15 pm at St Luke's Church starting September 18th until December 12th (total 13



classes). \$30 for a 3 class punch pass, or drop in for \$15 each class. The yoga poses are gentle and accessible for everyone. Bring a blanket, yoga mat, block and strap, and a water bottle. Email [barbayogaguide@gmail.com](mailto:barbayogaguide@gmail.com) for more information.

**3. TRANS AND QUEER SOBER MEETUP** Are you new to sobriety or recovery? Join us every second Tuesday at the Holyrood Rink Shack at 6:30pm to gather, share stories and connect in an informal, affirming and sober environment. For more information or questions, email: [makerof.this.and.that0@gmail.com](mailto:makerof.this.and.that0@gmail.com)



## Join Our Holyrood Community League Board

The board would not be what it is without the collective help of dedicated neighbours volunteering their time. Want to join our board? We're looking for someone just like you! Commitments include attending monthly meetings, which are an hour long, in addition to a small monthly time commitment. Workload is dependent on the role and could be anywhere from 1-4 hours a week. Please email [chris@holyroodcommunity.org](mailto:chris@holyroodcommunity.org) for more details on each position. We are also interested if you want to volunteer to help out at one of our events - just shoot us an email and let us know!

We are currently still looking to fill the following positions:

1. Sports and Fitness Director
2. Community Garden Chairperson
3. Casino Director

## Babysitters Wanted For Babysitters Registry

Certified babysitters are still needed in the community! Many families in the neighbourhood are looking for skilled, trustworthy babysitters. If you are a babysitter and are interested in getting your name on the registry, please fill out our google intake form using this QR code. Note: Providers under



age 18 need their parent's permission to be listed on the registry, so please have a parent included in the email and when filling out the initial application.

If you are in need of a babysitter, please contact [communications@holyroodcommunity.org](mailto:communications@holyroodcommunity.org) to be matched with a babysitter.

## HOLYROOD COMMUNITY PLAYGROUP

Join the Holyrood Community League Playgroup for weekly drop-in play for caregivers of preschool aged kids. Get your kiddos together and chat with a fellow neighbour through this informal playgroup!

Although this meeting takes place in a church, this is not a religious group. If it's smokey or raining out, bring your littles to the playgroup!

**When:** Thursday mornings, 9:00am – 11:00am



**Where:** Holyrood Community Church  
 9224 82 Street

## COMMUNITY RECONCILIATION INITIATIVES

We would love some community support as we continue to foster reconciliation and allyship. As we continue our second year of offering Indigenous workshops, events, and opportunities, we would love to hear from you! If you are interested in contributing, or have an idea

you would like to see in the community, please connect with coordinators Christine ([christine@holyroodcommunity.org](mailto:christine@holyroodcommunity.org)) or Nor'Ali ([norali@holyroodcommunity.org](mailto:norali@holyroodcommunity.org)). Be sure to keep an eye on our social media channels for upcoming events and workshops centred on reconciliation.





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inches & \$30.00 each.  
Author and I've Outgrown It Sale, Sunday, November  
24, 2024 (9:00 am – 12:30 pm), Sunday, November 24,  
2024. Tables are eight feet by 30 inches & \$25.00 each.

There are a limited number of tables, so reserve now.  
For more information, go to [www.cripsie.com](http://www.cripsie.com) for  
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- WINDOWS / DOORS
- BLINDS
- COUNTERTOPS
- CABINETS
- ROOFING
- SIDING

FREE  
Estimates

SHOWROOM - 780 652 1699

BARRY 825 474 3264    BRAD 780 271 0068    NICK 780 667 6789    GRAYSON 780 327 7777

SUPPLY & INSTALL PROFESSIONALS SERVING ALBERTA FOR OVER 14 YEARS



## Idylwylde Community League Board

President	David	president@idylwylde.org
Past-President	Kate	pastpresident@idylwylde.org
Vice President	Curtis	
Treasurer	Pat	treasurer@idylwylde.org
Secretary	Mick	secretary@idylwylde.org
Casino	Michelle	casino@idylwylde.org
Civics	<b>VACANT</b>	civics@idylwylde.org
Programming	Corrina	programs@idylwylde.org
Membership	Erin	membership@idylwylde.org
Garden	Christine	garden@idylwylde.org
Facilities	Lee	facilities@idylwylde.org
Social	<b>VACANT</b>	social@idylwylde.org
Publicity	Rachel	publicity@idylwylde.org
Grants	Scott	grants@idylwylde.org
SECLA	Chandler	seclarep@idylwylde.org
Website	Mick	web@idylwylde.org
Hall Rentals	Chris	rental@idylwylde.org
General Inquiries	780-466-7383	league@idylwylde.org



idylwylde.org



Idylwylde Community League

## Cheery Tomato Community Garden News

Well, it was a productive year at the garden but over far too soon, as per norm. The homemade trellis we erected to grow vertically managed to grow flowers, two kinds of beans and several squash varieties to everyone's delight, despite the month of cold winds that thwarted most growth. People of all ages came by to see what there was, and then came back to see if this or that grew. That's success!

Most people were respectful, friendly, and appreciative of the efforts made - it certainly attracted attention! We would love to bring some of nature's wonder to our community every year, but we also need to

make sure this space is a safe place for the participants and the plants. This year has also been a contest in that regard, so we are now looking into fencing the garden in, to make sure efforts aren't disrespected and the site is a safe place to work (and play).

If you are interested in becoming part of Idylwylde's (CheeryTomato) Community Garden, please contact the group at [garden@idylwylde.org](mailto:garden@idylwylde.org).

If you are interested in completing our 2024 Garden Survey, which includes wind guard and fencing initiatives, please visit our facebook page at [www.facebook.com/IdylwyldeCL](http://www.facebook.com/IdylwyldeCL).

## Community League Swims

Community swims are a great opportunity for the whole family to stay active during the cooler months and enjoy the facilities at our local recreation centres. All you have to do is show your community league membership card for a free swim.

**Bonnie Doon Leisure Centre**  
8648 81 St NW

Sundays, 4:15 p.m. - 5:45 p.m.

**Commonwealth Community Recreation Centre**

1100 Stadium Road  
Saturdays, 3:00pm - 5:00pm

## Community League Board Vacancies

We're still looking for a few people to fill our vacant board seats:

-**The Social Chair** helps generate ideas for social events that will bring together members of our community, looks after details necessary to run an event, recruits volunteers to assist with events, attends Board meetings when possible, and manages community notifications and signage.

-**The Civics Chair** is the liaison between the league, the EFCL, and the City of Edmonton to provide updates about our

community's needs. The Civics Chair is often invited to attend inter-league and City-led events to share community concerns and ideas about how we can make our neighbourhood and Edmonton an even better place to live.

-**The Vice-President** assists with our various events and chairs the meetings if the President is unable to.

If you have any questions or are interested in volunteering, please contact us at [league@idylwylde.org](mailto:league@idylwylde.org)

## Cartoon Cereal & Halloween Costume Upcycling

Hey kids! Bring an adult and come down to the Community Hall on Saturday, October 5, from 9 to 11:30 a.m. for our Cartoon Cereal and Halloween Costume Upcycling event. It's free and fun for the

whole family. Bring your own bowl for cereal, PJs optional, and enjoy some cartoons. Also bring your clean, gently used halloween costumes and swap for something new (to you!).

## Community League Memberships

Community League memberships are free for all community members that live in Idylwylde! Donations are always accepted from anyone who can give and associate memberships (if you don't

live in Idylwylde) will still cost the regular amount of \$20/year. Please contact our Membership Chair ([membership@idylwylde.org](mailto:membership@idylwylde.org)) with proof of residency in Idylwylde to get your membership today!

## Community Pub Nights

Come to Pub Night, make some new friends, and share time with your neighbours while enjoying some snacks and drinks. Pub Night takes place on the first

Thursday of every month.

We look forward to seeing everyone Thursday, August 1, and Thursday, Sept. 5 from 7:00 - 10:00 p.m. at the Community Hall.

## Monthly Community Meetings

Want to get involved? Join us for our next meeting. Our meetings are usually held the second Wednesday of the month at 7 p.m. at the Community League hall. Our next community meeting will be Wednesday, October 9, 2024, at 7:00 p.m.

## eNewsletter

Stay up to date with what's going on in the community by signing up for our email newsletter. Visit our website at [www.idylwylde.org](http://www.idylwylde.org) and enter your email in the 'Subscribe to our newsletter' box.

## Fall Programs

Join us for one of our fall programs. All abilities welcome. Free for Community League Members

**\*Nia**

Mondays, 7 - 8 p.m. | Sept. 16 - Oct. 7, Nov. 4 - Dec. 16

Nia® is a fusion fitness program that combines dance, martial arts, and mindfulness practices to condition your whole body, clear your mind, and make you feel good. Movement options are given for three intensity levels, making Nia® suitable for all ages and fitness levels.

Typically done barefoot, feel free to wear thin-soled footwear. Bring a yoga mat for more comfortable stretching on the floor during cool-down. Find more information at [fleurishmovement.com](http://fleurishmovement.com) or [nianow.com](http://nianow.com).

**\*Gentle Yoga with Dagmar**

Tuesdays, 6:30 to 7:30 p.m. | October 1 to December 3, 2024

Gentle Yoga is a gentler style of hatha yoga practice. It is offered at a slower pace with less intense positions and a focus on breathing. An ideal class for those new to yoga or looking for a restorative practice.



# Hey Wylde Kids!

Bring an adult & come to the Cartoon Cereal & Halloween Costume Upcycling!  
It's free and fun for the whole family.

Pick up a 2024-25 Community League Membership!



## MOVIE TIME



Bring your own bowl!  
(BYOB!)

PJ's  
Optional

Upcycle your clean, gently used costumes.

Idylwylde Hall

8631 - 81 Street NW

Saturday, October 5, 2024.



9 a.m. to 11:30 a.m. Cartoons start at 9:30 a.m.

For info. and to drop off costumes before the event,  
contact [grants@idylwylde.org](mailto:grants@idylwylde.org).

## HALLOWEEN COSTUME DONATION



ICL is looking for donations of gently used Halloween costumes to be upcycled for free during our two upcoming Halloween events. OCT 5th & 27th.

Contact [grants@idylwylde.org](mailto:grants@idylwylde.org) or drop them off at 8008 86ave NW on the front porch. THANKS!

Spots still available

### Fulton Afterschool Asociation

Spots available for children grades 1-6

### Fulton Afterschool at Hardisty

Spots available for kindergarten students who attend Hardisty School

- Children will need to provide their own lunches, however an afternoon snack is provided.
- Both non-profit programs are run by level 3 staff.
- Kindergarten children will be eligible for the affordability grant.

Please call 780-465-4383 ext 30

to inquirer and to enroll your kindergarten child

[www.communityleagueneews.com](http://www.communityleagueneews.com)



Please join us for a

Wylde Kids!

# HALLOWEEN PARTY



OCTOBER 27, 2-4PM



Wear your costumes!

Come for crafts, games, snacks, and lots of spooooky fun!

All ages welcome.

Idylwylde Community Hall - 8631 81 Street NW

## THANK YOU to our Casino Volunteers

A huge thank you to everyone who volunteered September 7 and 8 at the Idylwylde casino fundraiser. This event is a major fundraising event for the league and helps to fund many of the activities that we host throughout the year. We truly appreciate everyone who donated their time to ensure the League can continue to operate.

### VOLUNTEER RECOGNITION



**BRENT, MARCUS, & LEE**

Who worked hard and dedicated time fixing the rink fencing, so that the rink will be that much closer to being reopened!

**LEIA**

Who puts in extra time on top of cleaning inside and outside the hall. She can usually be found volunteering at events such as last years Halloween Party.

YOU MAKE OUR COMMUNITY GREAT!

## CONTACT US!

President	Vacant	Vacant
Past President	Irene	president@kenilworthcommunity.com
Vice President	Jon	vicepresident@kenilworthcommunity.com
Treasurer	Don	treasurer@kenilworthcommunity.com
Secretary	Dianne	secretary@kenilworthcommunity.com
Seniors Programs	Maren	connect@kenilworthcommunity.com
Bingo	Julia	please email President for direct information
Casino	Bonnie	please email President for direct information
Buildings/Grounds	Troy	grounds@kenilworthcommunity.com
Membership	Stephanie	membership@kenilworthcommunity.com
Men's Shed	Morris	mreid2057@gmail.com
Publicity	Rebecca	publicity@kenilworthcommunity.com
Rentals	Liz and Al	rentals@kenilworthcommunity.com
SECLA	Marshall	SECLA@kenilworthcommunity.com
Social	Janine	social@kenilworthcommunity.com
Youth Group	Elizabeth	youth@kenilworthcommunity.com

General inquiries & Publicity Requests (SEV & Website): [publicity@kenilworthcommunity.com](mailto:publicity@kenilworthcommunity.com)

Hall Rental requests: [rentals@kenilworthcommunity.com](mailto:rentals@kenilworthcommunity.com)

Keep Current on our website, [www.kenilworthcommunity.com](http://www.kenilworthcommunity.com), on our Facebook and Instagram!

## Hall Rental Rates

Kenilworth Community League has a beautiful facility. We hope you will consider Kenilworth Hall for your special events. Photos are available on our website, [www.kenilworthcommunity.com](http://www.kenilworthcommunity.com).

KCL Hall Rental Rates: (Seating 160)

**Members Non-Members**

Weekend (Fri.pm – Sun.pm)

\$450.00 \$550.00

Day Rate

\$300.00 \$385.00

Damage Deposit

\$250/day rate \$550/day rate

\$450/weekend \$550/weekend

**\*\*Third party insurance is now required for ALL hall rentals. Please ask the Rental Manager for more details. To book the hall, email [rentals@kenilworthcommunity.com](mailto:rentals@kenilworthcommunity.com). If email is unavailable, leave a message for Al @ 780-469-1711.**

## KCL Crib Club

KCL Crib Club starts on October 2, 2024, and finishes on May 7, 2025, meeting every Wednesday evening from 6:45 to 9:30 PM.

To become a member, have a community league membership from any com-

munity league and the cost to join the club is \$5.00 for the whole season. If you are a crib player and want to join as a full-time player or a sub, and require more information please call Liz @ 780-465-5188 or Lucy @780-466-9149.

## Kenilworth Community League Needs a President!

You (or you and another person, in a co-President role!) could be KCL's next President! The KCL president attends monthly KCL Meetings, checks emails regularly (minimum of 2x/week), has financial authority to approve invoice payments, supports KCL volunteer activities and events, is familiar with the KCL bylaw manual, ap-

plies for relevant grants, and supports the recruitment of KCL's volunteers.

Come join the amazing group of people that make up the Kenilworth Community League Executive!

Questions? Please reach out to Irene, KCL's Past President, at [president@kenilworthcommunity.com](mailto:president@kenilworthcommunity.com)

## Chili Supper Volunteers- Calling all creative minds!

KCL is seeking volunteers to collaborate in planning outdoor activities to accompany our annual chili supper event. The sleigh ride event will not be occurring

this year, so it's a perfect opportunity to try something new! If you can offer ideas and creative energy, please email [connect@kenilworthcommunity.com](mailto:connect@kenilworthcommunity.com)

## Scrapbooking/Cardmaking Sale

Saturday, October 19, 2024, from 9:30am to 1:00pm at the KCL Hall.

Cardstock, Designer paper, Stamps, Embossing Folders, Die Cuts, Punches,

Accents, Embellishments and much more. Concession on site. For more information, email [scrapbooking@kenilworthcommunity.com](mailto:scrapbooking@kenilworthcommunity.com) or call 780-469-1711.

## KCL Youth Group Events

KCL Youth was started near the end of Covid as a way to bring the youth of Kenilworth together, build friendships, have fun, give back to the community and let our community's youth know that YOU MATTER! All get together and events

are free for Kenilworth and surrounding neighbourhood youth.

For more information, please contact the KCL Youth Group at [youth@kenilworthcommunity.com](mailto:youth@kenilworthcommunity.com)

Stay tuned for upcoming events!

## Classy Crafty Creations Market

Saturday, November 9, 2024 from 9:30am to 3:30pm at the KCL Hall

Looking for vendors! This event is open to all crafters, artists and their creations. Tables

are 8 ft. x 30 inches, \$20.00 each. Limited number of tables so reserve now! For more information, email [classycm@kenilworthcommunity.com](mailto:classycm@kenilworthcommunity.com) or call 780-469-1711.




## Here to support your self-care, mental health and wellbeing.

Aimee specializes in counselling parents and educators.

Flexible appointments with daytime, evening and weekend availability located in the heart of Forest Heights.

Book an appointment today at [ordinaryliving.ca](http://ordinaryliving.ca)



**Ready to listen: Now accepting new clients**



## Swim Times

Your KCL Membership gives you access to community league swim times at:

Bonnie Doon (Saturdays 5 to 7pm),  
Commonwealth (Sunday 1 to 3pm),  
Hardisty Pools (Sunday 1:15 to 2:45pm)

## Kenilworth Community Memberships

2024-2025 memberships will be on sale soon! Please contact Stephanie at [membership@kenilworthcommunity.com](mailto:membership@kenilworthcommunity.com) for more information!

Online Renewal Link: <https://kenilworthcommunity.getcommunal.com/memberships>



**Kenilworth Community Hall**

**7104-87 Avenue**

**Saturday, October 19, 2024**

**9:30 to 1:00 p.m.**

Cardstock, Designer paper, Stamps,  
Die Cuts, Punches, Accents, Embellishments  
Embossing Folders, and much more...  
many great bargains  
to choose from to craft your own projects.

**Concession on site.**

For info email:

[scrapbooking@kenilworthcommunity.com](mailto:scrapbooking@kenilworthcommunity.com)

Phone: 780-469-1711

## Welcoming a Year of Growth and Community in Catholic Education

The new school year is in full swing, bringing excitement and renewed energy from our students, teachers, and Catholic school community. The Board of Trustees of Edmonton Catholic Schools extends a warm welcome to all students, families, staff, and community members. Together, our mission is to provide a high-quality Catholic education that fosters each student's spiritual, intellectual, and emotional development. This year, we remain committed to upholding the values of our Catholic identity while focusing on enhancing the learning experience for every student.

As Catholic Trustees, we are committed to ensuring that our schools continue to foster learning environments where students can grow spiritually, academically, and emotionally. Our dedicated administrators, teachers, and support staff work tirelessly to make this possible. Their unwavering commitment to nurturing student success in a safe and supportive setting is key to the strength of our schools.

Over the past few years, our schools have experienced consistent growth in student enrollment, reflecting the trust families

place in Edmonton Catholic Schools. This year, we expect our enrollment to be close to 50,000 students, as more families choose us for the well-rounded Catholic education we provide. In September, we opened a new school in honour of Father Michael McCaffery to meet the needs of our growing community. Over the next two years, we are excited to open two more schools—an elementary/junior high and a much-needed high school on the north side. We are incredibly grateful for these new spaces, as currently, 50% of ECSD schools are at or over capacity, with every available space being used for teaching, leaving few options for maintaining smaller class sizes.

Trustees are committed to providing modern, well-equipped learning spaces for our students, but the construction of new schools has not kept pace with Edmonton's population growth. We are grateful for the province's commitment to building new schools and adding modular classrooms to help accommodate our growing student body. Our Board and Division work closely with the Government of Alberta and the City of Edmonton to advocate for our Division's needs.

We have built strong relationships with provincial ministries to secure the best outcomes for Edmonton Catholic Schools.

Building new schools and adding modulars in growing communities is essential to ensuring families have access to high-quality Catholic education. While we are grateful for the province's ongoing support, advocacy for more funding and timely approvals will remain a key focus this year as we work to address overcrowding and expand educational opportunities for all students.

Alongside these efforts, we are also committed to celebrating and reinforcing the values that define our community. From October 19-25, 2024, Edmonton Catholic Schools will observe Catholic Education Week—a time to highlight the role of Catholic education in shaping our students' faith, values, and academic success. Throughout the week, schools across the Division will participate in activities that demon-



*ECSD Board of Trustees: From L - R: Trustee Laura Thibert, Trustee Alene Mutala, Board Chair Sandra Palazzo, Vice-chair Lisa Turchansky, Trustee Debbie Engel, Trustee Terry Harris*

strate our shared commitment to faith-based learning and community service. We encourage everyone to join us in celebrating this special week as we continue to honor our mission of providing exceptional education rooted in Catholic faith and tradition. We are grateful for the continued trust and partnership of our families and look forward to staying connected with you throughout the year. As we embrace another year of growth, learning, and community, we appreciate your ongoing support in helping us meet the needs of our students and families. Should you have any questions, please contact us at [boardoffice@ecsd.net](mailto:boardoffice@ecsd.net).

*Paid by Edmonton Catholic School Division*

## Bingo Volunteers Needed!

2024		2025	
June 2	September 6	January 12	May 16
June 28	October 20	February 13	June 1
July 27	November 27	March 27	July 25
August 26	December 14	April 8	

Revenues made through our gaming licenses are essential for KCL to operate effectively. Bingos fund monthly caretaking fees, hall repairs and maintenance, utilities, rink costs, capital purchases,

hall improvements, and much more. KCL needs volunteers for its upcoming bingos, located at Parkway Bingo Hall.

For more information, please email [president@kenilworthcommunity.com](mailto:president@kenilworthcommunity.com)

## Community Safety Data Portal

The Edmonton Police Service (EPS) has an information sharing platform designed to increase transparency, facilitate community engagement, and support the safety of citizens and the city. The Community Safety Data Portal offers access to comprehensive data including crime statistics and trends occurring in Edmonton. Visit <https://communitysafetydataportal.edmontonpolice.ca>





KEP Board Members:		
President	Kevin Richtscheid	president@kingedwardpark.org
Vice President	Donald Michaud	michaudr@gmail.com
Treasurer	Sylvia Shank	sacul@telus.net
Secretary	Renée Henthorne	wish2bee@yahoo.ca
Tennis Director and Membership Director	Wayne Alexander	walexander@shaw.ca
Hall rental & Maintenance Director	Nella Ferguson	king.ed.hall@gmail.com
Civic	-	
Volunteer	Tod Rudge	todrudge@gmail.com
SECLA Representative	Kaitlyn Wall	
Connect with us online:		
Twitter	@KingEdwardPark	
Facebook	<a href="https://www.facebook.com/kingedwardparkYEG/">https://www.facebook.com/kingedwardparkYEG/</a>	
Instagram	<a href="https://www.instagram.com/kingedwardpark/">https://www.instagram.com/kingedwardpark/</a>	
Website	<a href="https://www.kingedwardpark.org/">https://www.kingedwardpark.org/</a>	

## Zumba Dance Fitness Classes

Zumba is a Latin inspired dance fitness class that feels like a party! Zumba is suitable for all ages and abilities (children under 12 must be accompanied by a guardian).

Classes offered June 12 to Dec 18th

(No classes on the first Wednesday of the Month or July 24th).

Join instructor Tammy Clark on Wednesdays from 6:30 - 7:30 at the large hall (7708 - 85 St NW). Register by email at [king.ed.hall@gmail.com](mailto:king.ed.hall@gmail.com). Drop in \$10.

## Community League Membership

For just \$20 you can become a Community League Member. Your membership gets you:

- Free access to select pools during Community Swim times.

- Complimentary Edmonton Tool Library Membership (with proof of KEP League membership).

- Free skating at our outdoor rink on the corner of 81 Street and 81 Avenue. As well as many additional City of Edmonton indoor arenas.

- Free or discounted rates for commu-

nity recreation (Tennis, Yoga, Parent & Tot etc.)

- 10% off new annual, multi-admission, and continuous monthly passes at any City of Edmonton sports and fitness facility.

- Additional Benefits can be found at the Edmonton Community Leagues website.

Memberships are available at our Board meetings. Otherwise, feel free to give our Membership Director, Wayne, for more information! [walexander@shaw.ca](mailto:walexander@shaw.ca)

## YOGA at the Small Hall

Thursdays June 6 - August 29th from 6:30 - 7:30 at the small hall (8008 81 St NW).

Join us for a yoga class designed to promote relaxation and restore balance. This class integrated gentle yin postures

with specialized movement training to enhance mobility, flexibility, and overall well-being.

Drop in \$10 or \$5 for KEP members!!! You can also register by email at [king.ed.hall@gmail.com](mailto:king.ed.hall@gmail.com).

## King Edward Park Tennis Club is up and running!

Come join our tennis club. We are proud to have a fantastic set of tennis courts located at Duncan Innes Park, 8008 - 81 Street NW. The King Edward Park Tennis Club welcomes players of all levels and offers private and group lessons. Please note that a valid community league mem-

bership is required to join.

KEP resident annual membership: \$50 family, 25 single. Non King Edward park resident annual membership: \$75 family, \$50 single. Contact Wayne for more information! [walexander@shaw.ca](mailto:walexander@shaw.ca) or home phone 780 466 9265.

## Hall Rentals

In need of a space for a special event? Consider using one of King Edward Park's two halls for your functions!

The Large Hall, located at 7708 - 85 Street NW, offers a spacious venue with a stage, projector and screen (available for an additional fee), bar area with a stand-up fridge and small freezer, downstairs space, and kitchen facility.

The Small Hall, situated near the tennis courts and ice rink at 8008 - 81 Street NW, provides a cozy space with a stove for heating prepared food and a large sink for easy clean-up.

For more information on hall capacity and availability, please visit our website. To book a hall, contact [king.ed.hall@gmail.com](mailto:king.ed.hall@gmail.com).

## Family Movie Night

Don't miss out on King Edward Park's family movie nights! Stay updated on our social media or website ([https://www.kinged-](https://www.kingedwardpark.org/events)

[wardpark.org/events](https://www.kingedwardpark.org/events)) to find out about the next event! Admission is \$5 per family and includes popcorn at the concession.

## Contact us

We would love to hear from you! Whether you're a long-time resident or new to King Edward Park, we warmly welcome all community members to attend these meetings and actively participate in

shaping the future of our neighborhood. You can get in touch by coming to one of our monthly meetings or online at <https://www.kingedwardpark.org/contact>

## Volunteer With Us

If you're interested in helping our community league out, drop by one of our board meetings and see what we're all about or contact us at <https://www.kingedwardpark.org/contact>.



## Call for KEP Programing Input

Do you have a great idea for your community? Are you a skilled instructor that wants to start a program? We want to hear all about it and help to get it off the ground! The King Edward Park Community league invites you to contribute your ideas for programing.

Contact us by joining us at a meeting to share what kind of programming you would like to see

Or let us know via email what type of programing you would like to see, [president@kingedwardpark.org](mailto:president@kingedwardpark.org).



Tree pruning

Tree removal

Stump removal

Free assessments

info@citytree.ca 780-271-8733

\*Free deep root watering if you mention this ad\*



## Ottewell Community League Contacts

President	ottewell2212@gmail.com
Vice President	oclcrink2021@gmail.com
Secretary	oclsecretary1@gmail.com
Treasurer	ottewell.finance@gmail.com
Farmers Market Manager	oclfarmersmarket@gmail.com
OCL Social Media	ottewellmedia@gmail.com
OCL Engagement	oclengage@gmail.com
SEV Liaison	sevliaison@gmail.com
Big Bin	oclbigin@gmail.com
Bingo Director	oclbigo@gmail.com
Grants	oclgrants@gmail.com
Membership Director	oclconcerns@gmail.com
Playschool Director	jjmclean@hotmail.com
SECLA Rep	oclconcerns@gmail.com
Website Editor	oclwebpage@gmail.com

## OCL Social Media

- Stay inTouch with what's happening in your community!

\*Instagram: @ottewellcommunityleague

\*Facebook: Ottewell Community League

\*Monthly Newsletter: Subscribe at [www.ottewell.ca/newsletter](http://www.ottewell.ca/newsletter)

## What's Happening at the Hall

### Oktober Fest

Saturday October 19 - Grab a beer! Oktoberfest is here!

Pull on your lederhosen and oom-pa-pa your way over to Ottewell Hall on Saturday, October 19! This year's Oktoberfest party will feature live music courtesy of Sound Hole, a midnight lunch with lots of German favorites, a silent auction with an amazing selection of items, and prizes for the best Oktoberfest outfits. As always, Sea Change will be rolling out the barrels of beer! Doors open at 7 pm. Tickets are \$25 and include food and a free drink. To reserve your tickets email [oclcrink2021@gmail.com](mailto:oclcrink2021@gmail.com)

**October - Halloween** events will be hosted on our social media and website for updated information.

**Beeswax Candle Making** Workshop - Thursday, November 7th

Join us at 6:30pm with local beekeeper Stefan, who will be giving a one hour on

how wax is made by the bees in the hive, how they use it, and how we use it. Participants will have a hands-on experience dipping their own pair of beeswax taper candles. Cost is \$10 for OCL members, \$15 for non-member. Seats are limited!

RSVP your seat submitting an application at <https://forms.gle/HJJ-hRQ5LqQRA9rrr8> form and then send your payment by etransfer to [ottewell.finance@gmail.com](mailto:ottewell.finance@gmail.com) (use "beeswax" as the password) or cash at the Thursday OCL Farmers Market. Questions or for the link to the form, please contact Sandra at [oclconcerns@gmail.com](mailto:oclconcerns@gmail.com)

**November Holiday Market** - November 23 - Saturday from 10-3pm, our annual holiday market showcasing local makers and creators! The vendor application will be live on the [www.ottewell.ca](http://www.ottewell.ca) webpage on September 24, 2024, noon with a submission deadline of end of day October 4th. Mark your calendars!

## Ottewell Community Memberships

**OCL Membership - Renew today - 2023/2024 Term Expired August 31st!**

You can purchase the 2024/2025 membership term directly online, at the OCL Farmers Market, or at Anvil Coffee. Costs: Family \$25, Single \$10, Seniors \$5. Check these benefits! Download your new membership card online, go to Communal at <https://ocl.getcommunal.com> and then go LOGIN, and then print/save your card.

Find out more details about membership at [ottewell.ca](http://ottewell.ca)

If you are a local business and would like to provide Ottewell Community League members with a discount please email [oclconcerns@gmail.com](mailto:oclconcerns@gmail.com).

Holding a current membership card has its perks:

Access to the Edmonton Tool Library which provides affordable access to hand, power and garden tools. Located: Bellevue



Community Hall (north Entrance) 7308 - 112 Ave. Summer hours: Wednesdays 6-8pm and Saturdays 11am - 3pm. (Check their website for more info)

<https://edmontontoolibrary.weebly.com/>  
Red Swan Pizzeria Capilano 4964 98 Ave NW in Edmonton AB 780-250-7926 is offering 5% discount for current Ottewell Community League card holding members.



Planet Fitness Bonnie Doon 82 Ave and 83 St in Edmonton has an offer for current Ottewell Community League card holding members, call 780-809-7858 for details.



Anvil Coffee House - Located in Ottewell Plaza 6148 - 90 Ave in Edmonton is offering a 5% discount for current Ottewell Community League card holding members.



## Free Swim with OCL Membership - Additional Location for Sept 2024 to Aug 2025

Bring your current OCL membership to get in for free during these specific swim times!

Commonwealth Recreation Centre swim times (11000 Stadium Rd NW):

Select SATURDAYS from 3 pm to 5pm (starting Sept 2024 - Aug 2025)

**2024** ~ Sept 28; Oct 12, 19, 28; Nov 16, 23, 30; Dec 7, 14, 21, 28;

**2025** ~ Jan 4, 11, 18; Feb 1, 8, 15, 22; Mar 1, 8, 15, 22, 29; Apr 5, 12, 19, 26;

May 3, 10, 17, 24, 31; Jun 7, 28; Jul 5, 12, 19, 26; and Aug 2, 9, 16, 23.

Hardisty Changed Community Swim times (located at 10535 65 Street):

Every SUNDAY from 1pm - 3pm (no swim April 20th)

## Seeking Volunteers for Membership Coordinator & Social Media Coordinator

Got a knack for technology, people and have time to dedicate to your community? We've got two positions open in our league for a membership coordinator to look after the membership sales/renewals organization.

The social media coordinator would be responsible for creating/posting social media messages for league and community-

mind events on our social media accounts. This does require dedicated time during the week for posts, managing content, and responding to social media messages when required. Familiarity on social media usage/terminology is a requirement.

**Training and support is provided for both positions. Interested, please email [oclconcerns@gmail.com](mailto:oclconcerns@gmail.com)**

## Gazebo and Park at OCL

When playing at the park remember to take all your belongings home with you. If you are planning a special event at the park, please take your garbage home with you. Call 311 if you see overflowing garbage cans or graffiti. Our volunteers are maintaining the park area, the city doesn't attend the site weekly. Thank you for helping our park stay clean for all to enjoy!

## Got a Talent/Craft to Share With Your Community?

OCL is seeking to host a session during fall/winter season where you share/demonstrate your skills with the greater community like a collective kitchen, a

food program, make and take meals, craft night etc. Please forward your ideas with details to Sandra at oclconcerns@gmail.com.

## OCL Farmers Market

Changes to the 2024 Fall/Winter Season  
Ottewell Community Artisan Farmers Market

Currently Thursdays 4pm - 7pm until September 26th at the OCL parking lot (5920 93a Ave) Join us outdoors to shop for local produce, baking, handmade and homemade goods. Follow the Facebook and Instagram pages for the vendors and food trucks listing. Thank you for your continued support!

After September 26th, the market moves INDOORS, and the frequency will change to the 2nd Thursday of every month from 4pm to 7:30pm and be hosted on these dates

-October 10, 2024: SPOOK-tacular Hal-

loween Market (last outdoor market)

-November 14, 2024: Thank YOU! Market

-December 12, 2024: Holiday Fun Market

-January 9, 2025: Winter Wonderland Market

-February 13, 2025: Love Day Market

-March 13, 2025: Around the World Market

-April 10, 2025: Spring Fling Market

**Check out and follow us on Facebook and Instagram to learn more.**

**Facebook page** - @ottewellcommunityfarmersmarket

**Instagram** - @oclfarmersmarket

**Website** - ottewell.ca

## Ottewell Shredding Event

Saturday October 19 in the Parking Lot of the Community Hall.

From 9am to 1pm the cost to participate in this event - Maximum is 4 banker boxes per household for a cost of \$10, and Non Ottewell Community Members \$20.

Why only 4 banker boxes ?

Shredding Trucks on site will have limited capacity, so we've put a limit on individual entitlements to ensure as many members as possible can take advantage of this service.

What should not be included in my shredding

-NO non paper items

-NO Heavy Cardboard

-NO Binders

-NO Scribblers with coils

-NO Batteries or electronic media

-NO Hanging Folders

-NO Trash or PLASTIC Bags

-NO X-rays and FILMS

-NO Wet or Burnt Paper

All of these items can seriously damage the shredding machines

If you have any questions regarding this event, please call 780.245.5758 or email ottewell2212@gmail.com

## Neighborhood Empowerment Team Connection

Come visit the Neighborhood Empowerment Team for a safety resources hosted table. Connect with our team and discover valuable resources. Two dates!

Ottewell Community Hall 5920 93a Ave

NW on either

-Thursday, September 19, 2024 from 4pm-7pm (during the farmers market)

-Coffee with a Cop on Saturday, September 28, 2024 from 1pm (at the hall)

## Bingo Volunteers Needed!!

Are you interested in meeting some of your neighbours, getting your steps in and helping fundraise for the Community League?

We are looking for volunteers for upcoming bingos in the 2024/2025 season at Parkway Bingo Hall on 51 Ave.

**Upcoming bingos for 2024/25 season:**

Fall 2024

October 6

November 9

December 15

**Spring/Summer 2025**

March 3

May 11

June 7

Vouchers are offered which can go towards various extracurricular activities.

Contact oclbingo@gmail.com for more information.

## Harvest Completed at OCL Gardens !

The Community Garden boxes flourished over the summer and are now harvested. Big thank you to Pauline and the green thumbs in the community for their time and expertise!

## Ottewell Playschool

Now taking new registrations for Fall 2024!

Mornings are full - waitlist available, limited spots in the afternoon!

OCLP has operated within our community for over 50 years. Our program runs Monday, Wednesday mornings with an optional Thursday morning from mid-September to mid-June.

OCLP is also piloting a new extended play program on Monday and Wednesday afternoons for older preschool and kindergarten kids (4.5 - 6 yrs).



Ottewell Community League Playschool  
Hands on learning!

For more information on what we have to offer please go to our website [www.ottewell.ca/community/oclpayschool](http://www.ottewell.ca/community/oclpayschool) or email [oclp.school@gmail.com](mailto:oclp.school@gmail.com)

## Pickleball Season Closes

Thank you to the volunteers who came to set up and open the shack up to all those that wanted to enjoy the game! We

are grateful for the time you gave to the Ottewell Community.

See you in the spring

## Neighbourhood Renewal in Ottewell Community

The second year of Ottewell Neighbourhood Renewal construction project is underway. If you have any inquiries or concerns, please contact the Building Great Neighbourhoods team at 780-496-4055, 311 (online), or [buildingGreatNeighbourhoods@edmonton.ca](mailto:buildingGreatNeighbourhoods@edmonton.ca).

## Yoga

Join us Tuesdays at Ottewell Hall for ALL LEVELS yoga.

Together we will loosen the body, increase strength, reduce tension and take a few deeper breaths. No experience necessary.

9 sessions, Oct 8-Dec 17, 2024 Tuesdays from 7:30-8:30PM.

Investment; \$130.50 for current Ottewell Community League Members & \$153 for non-members.

To register or for more info, email [willalee@hotmail.com](mailto:willalee@hotmail.com) or message @wanderingmapleyoga on instagram.



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## SCL Leadership

Position	Name	Email
President	Anastasia	president@strathearncl.org
Vice President	Marina	vicepresident@strathearncl.org
Treasurer	Jingjie	treasurer@strathearncl.org
Secretary	Glynnis	secretary@strathearncl.org
Membership	Emily	membership@strathearncl.org
Buildings & Grounds Director	Evan	grounds@strathearncl.org
Rink Manager	Shawn	rink@strathearncl.org
Social Director	Pam	events@strathearncl.org
Communications Director	Christina	communications@strathearncl.org
Programs Director	Rebecca	programs@strathearncl.org
Garden Director	Marina	strathearn garden@gmail.com
Youth Director	Margot	n/a
Members at Large	Lindsay	n/a
Hall Rental Coordinator	Darrah	hall@strathearncl.org
Soccer Director	David	rec@strathearncl.org

Please contact president@strathearncl.org if interested in volunteering with our League!

## September 29: Sunny Sundays

Join us Sunday afternoon, September 29th for the last of 2024's Sunny Sundays - free back porch concerts for the community, hosted by singer-songwriter and Strathearn neighbour Kim Gates! In addition to sitting back and relaxing, perhaps with your picnic to munch on, and enjoying Kim's wonderful musical stylings that sunny afternoon, there will also be garden tours, games and maybe even cotton candy! Find all this family fun at the Strathearn Hall patio and park.

## October 4: Halloween Karaoke

Want to start your October off with some Halloween fun? Come join us for some festive (and spooky!) karaoke from 7-10 pm on Friday October 4 at the Strathearn Community Hall. This free event will provide snacks and will have drinks available for purchase.

## Other events to look forward to in October/November

Keep an eye on our Instagram and Facebook for more details:

**-October 20:** Harvest Dinner Potluck, 6 pm

**-November 1:** Day of the Dead themed Salsa dance lessons!

**-November 3:** High Tea for Youth, with live music!

## Need volunteers for our rink!

We're looking for volunteers to make and maintain rink ice this season. Please email president@strathearncl.org if you are interested.

## October 25: Halloween Trivia! (featuring Ralph's Fried Chicken)

Come with your friends, family, and neighbour for some fun games, food, drinks and new connections! Halloween Trivia will take place on Friday October 25 starting at 7 pm. Register your team of 4-6 players at trivia@strathearncl.org.

## New SCL membership cards now available!

Looking for a Strathearn Community League membership? Email membership@strathearncl.org.

The fastest way to get your num-

ber and start accessing membership benefits is through online purchase via Edmonton Federation of Community Leagues!

Memberships can also be purchased in person at Strathearn Heights Apartments and the Massage Therapy Supply Outlet.

## October 26: Pumpkin Carving

Come join us for family-friendly pumpkin carving from 12 - 2 pm on Saturday October 26! Pumpkins and tools provided, while supplies last!



**Greg  
Dunham**  
780-964-1469 (cell)  
gdunham@telus.net

Call  
**The Dunham Team**  
Today  
**780-466-0418**  
(Office)

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**Forest Heights:** Raised Bungalow 14.3m x 390m, total 558 m<sup>2</sup>, 3 Bedrooms upstairs, Self contained living space downstairs, Commons laundry/utility area, Double garage.



**Forest Heights:** Builder/Developer ALERT, 20.1m x 44.2m, total 887 m<sup>2</sup> lot, 3 Bedroom bungalow, 2 Bathrooms upstairs, rough-in for bathroom down. Pride of ownership throughout this property, Best garden in the area.



**Gold Bar:** 3 Bedrooms upstairs, original hardwood floors, 2 updated Bathrooms, fully fenced yard, GREAT VALUE.



**Ambleside:** 2 Bedrooms + Den, 2 Bathrooms (including ensuite), Upgraded kitchen and bathroom package, titled underground parking and storage locker.



**Millwoods Meyonohk:** High end finishings throughout, entire renovation 2018 including furnace, water on demand and all appliances. Shows 10 plus.



**Allendale:** Perfect university starter home. Modern kitchen, 2 newer 4 piece bathrooms, second kitchen space, separate laundry area. New interior paint & flooring



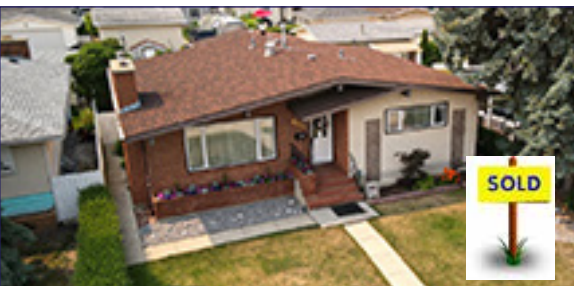
**Gold Bar:** Turnkey Home, fully renovated in 2017, open concept home, Hunter Douglas blinds, new sewer line 2015, fully fenced yard. Just move in.



**Capilano:** Beautiful curb appeal, everything has been updated over 25 years, from shingles to sewer line, inside and out. Features chef's kitchen, sunny vaulted family room and fantastic mature yard. JUST MOVE IN.



**Killarney:** Great entry level home. 1050 sq ft, 3 bedroom bungalow. Newer windows & shingles. Oversized double garage. Lot 16.5 x 36.6 = 603 M<sup>2</sup>



**Royal Gardens:** 1300 sq ft Open Beam Bungalow. Ensuite off the primary bedroom, updated kitchen & bathroom, 100 amp electrical panel. Double garage, Sunny west yard, across from bike path & tennis courts



**Wellington:** 1350 sq ft Bungalow (no additions). Possibility of 4 bedrooms upstairs. Updated roof & some windows & hot water tank. Nice mid block location. HANDYMAN SPECIAL



**LARKSPUR:** Great 2 bedroom unit, ensuite laundry, underground parking, bright open concept, big deck with gas barbecue hook-up.